



Adoptable pets . . .page 19

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VOLUME 9 NUMBER 48

MAY 7-13, 2009

New auto may be collector's item



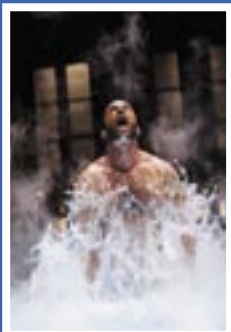
Read Dave Stall's column on the 2009 Pontiac G8 GPX on page 11.

Cajon Classic Cruise to open

Cruise down to Downtown El Cajon next Wednesday, May 13 and check out the Cajon Classic Cruise. Read page 10 for more details.



What's new in theatres?



'Terra'
 by Tamberly Donato
 in the Class Act
 Entertainment
 Section B

Read about
 'X Men Origins:
 Wolverine'
 by Diana Saenger
 and



Police Chief on 'Walk of Fame'



Congressman Duncan D. Hunter (left) delivered a proclamation to El Cajon Police Chief Pat Sprecco at the Grossmont College Foundation's recent Walk of Fame ceremony. Sprecco was the 19th inductee into the college's Walk of Fame, which is a display of bronze plaques, embedded in concrete on the steps of the library, that feature the names of distinguished Grossmont College alumni. Sprecco graduated from Grossmont in 1976, with an associate degree in criminal justice administration. As a Grossmont student, he worked for a brief time at the college as a campus security officer, and also was hired by the El Cajon P.D. to wash police vehicles. His career with the El Cajon Police Dept. spans 37 years. He has worked nearly every assignment in the Department. He was appointed chief in March 2008. Previous Walk of Fame honorees have included medical researchers, political advocates, artists, athletes and community leaders. Photo credit: Stephen Harvey Grossmont Photographer

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Bits and pieces around East County

East County Letter Carriers help 'Stamp Out Hunger' this Saturday

On Saturday, May 9, join East County Letter Carriers, the National Association of Letter Carriers (NALC), United States Postal Service, AFL-CIO, United Way of America, Campbell Soup Company and Feeding America San Diego to help Stamp Out Hunger! in San Diego County. Stamp Out Hunger!, the annual National Association of Letter Carriers food drive is the nation's largest single-day food drive.

Residents throughout East County can leave a sturdy bag containing non-perishable food such as canned soup, canned vegetables, pasta, rice or cereal next to their mailbox prior to the time of regular delivery on May 9. Food items should be in non-

breakable containers such as boxes and cans. Letter carriers will collect the food donation that day and deliver it to San Diego County's hungry. For residents who would prefer not to leave the food out or who have a post office box, food donations may be taken to your local post office.

For more information about the annual Stamp Out Hunger! food drive in San Diego County, ask your letter carrier, contact the post office or visit www.helpstamphunger.com. For more information about Feeding America San Diego, to volunteer, make a donation or host a food drive, please visit www.FeedSanDiego.org or call (858) 452-FOOD (3663).

Anderson fights to halt new septic fees

Gerry Giguere and his wife Kit live on a fixed income and don't want to lose their home over a new septic regulation.

"This is big-government insanity," said Gerry Giguere, whose home in rural east county requires a septic system and well.

California will soon impose a new fee of up to \$650 for all septic tank owners. The fees would pay for mandatory inspections of all septic tanks and could force many to pay for costly upgrades, angering rural property owners who rely on septic systems.

The new regulations provide no assistance for fixed income or low income families dependent on septic systems. The Giguere worry that they will not be able to afford essential living expenses.

"Just paying the inspection fee for my tank and well is going to cost \$650. That's not including the cost to drain the tank before inspection, and if they tell us to upgrade... it's going to be thousands. We can't afford that," said Giguere.

The Giguere and other septic owners in rural areas of San Diego County question the necessity of the mandatory inspections. "We've been drinking water from the well on our property for 23 years," said Kit Giguere. "We've had it tested and it's safe. I don't see why I have to pay to prove that to some state agency."

Assemblyman Joel Anderson (R-El Cajon) wasted no

time co-authoring a solution to this costly and unnecessary law. Assembly Bill 268 would repeal the onerous regulation signed into law by Governor Gray Davis in 2000.

"This is a classic example of bloated government run amok with a suffocating regulatory scheme," said Anderson. "With 11 percent unemployment, and families struggling to get by, the last thing anyone needs is another costly, redundant regulation from big state government."

The San Diego County Environmental Health Department estimates that there are between 80,000 and 100,000 septic systems in the county.

Anderson also points out that local water boards already monitor ground water quality and regulate when necessary. "I served on a local water district. I can tell you that locally controlled agencies already protect water quality effectively," he said.

ID Theft seminar

Spring Valley Chamber of Commerce in-conjunction with the ID Theft Resource Center is holding an ID theft seminar on Tuesday, May 12 from 6:30 - 7:30 p.m. at Mount Miguel Covenant Village, The Bailey Center, 325 Kempton Street, Spring Valley.

Find out how to decrease your chances of becoming its next victim. Who are these criminals, how do they steal your information and why is this dangerous? What are the pro-active steps you can take to protect yourself? What should you do if you are a victim of identity theft. Can you ever recover?

Also included in this FREE seminar will be free document shredding provided by Data Disposal of Spring Valley.

For more information, contact the Spring Valley Chamber of Commerce at (619) 670-9902.

Ramona Rodeo

Auditions will be held at the Ramona Outdoor Community Center Pavilion from 11 a.m. to 2 p.m. on Saturday, May 16. Anyone wishing to try out for singing the National Anthem before the rodeo should plan to sign up the day of the auditions. For further information please contact Alex Seidl at (760) 401-7055.

Saturday, May 30 Rodeo performance begins at 7:30 p.m. Gates open at 5:30 p.m.

Gates open on Sunday, May 31 at 9 a.m. for Cowboy Church in the hospitality area.

Challenged Children's Rodeo sponsored by Bernardo Winery and Santa Ysabel Resort and Casino starts at 9:30 a.m. Everyone is encourage everyone to come to this free event and cheer on our local Ramona and back country children with special needs and show them your support as they compete in different events with the help of our Cowboys and Royalty.

Sunday, May 31 from 9 a.m. to 1 p.m. there will be a car show sponsored by Palomar Bancorp / Susan Rizzie, Home Loan Consultant.

The event will be held at the Senior Center parking lot opposite the R.O.C.C. Anyone interested in participating contact Susan at (760) 390-7935. Stop by and cast a votes for the Best of Show and the People's Choice Awards. Winner's will be announced during the rodeo performance.

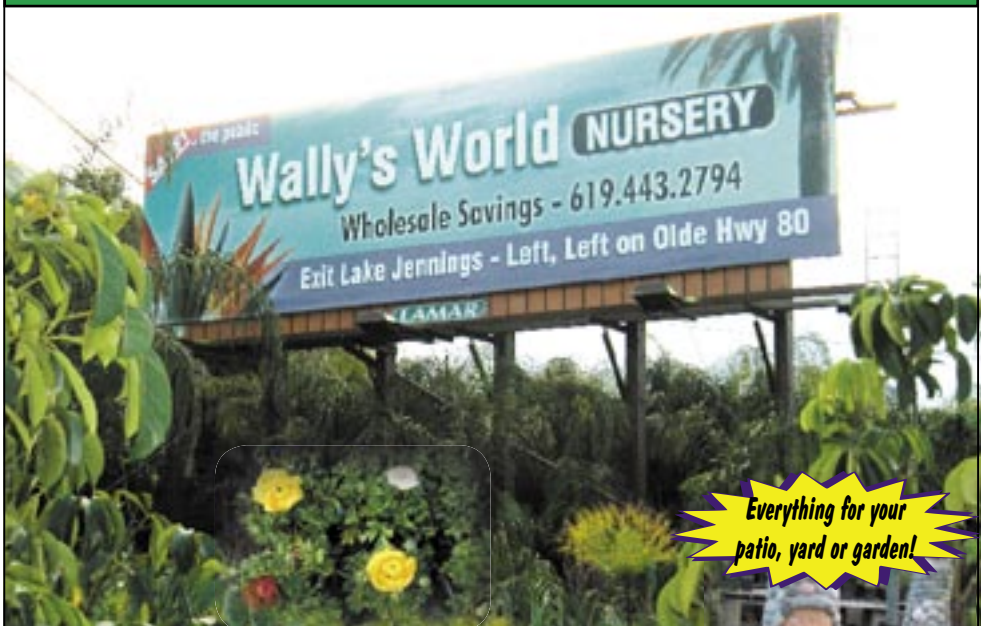
Sunday, May 31 from 1:30 to 3:30 p.m. Rodeo finals. Gates open at 12:30.

Search for America's Oldest Outstanding Worker

Nominations are now being accepted in the search for America's Oldest Worker. Sponsored by nonprofit Experience Works, the nation's largest training and employment organization for older workers, the search is part of a national effort to raise awareness about the contributions older individuals make in today's workplace and to break down barriers often associated with their employment.

Nominees must be 100 years of age or older, currently employed and working at least 20 hours each week for pay. The selected honoree for 2009 will receive public recognition and travel to Washington, D.C., in September to participate in a press conference and national recognition event. Additional information, including the nomination form, is available at www.experienceworks.org. The deadline for nominations is June 1, 2009.

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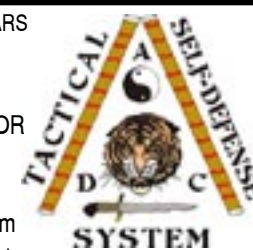
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— LOCAL NEWS & EVENTS —

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by Monica Zech
City of El Cajon Public
Information Office
Get ready for Bike to Work
Day

The City of El Cajon
is developing a new
Bicycle Master Plan

and we would like the help
of local cyclists. Your unique
perspective is important to us
in crafting a viable plan. Join
us for a Community Workshop
on Wednesday, May 20, from
6:30 to 8:30 p.m. at the City
Council Chambers located at
200 Civic Center Way. This
workshop will begin with an
overview of the project fol-
lowed by an open forum where
you can discuss your ideas or
concerns with the consultants
and review their initial plans.
You are also welcome to fill
out a project survey at: www.elcajonbmp.org. For more
information please call (619)
441-1651.

East County Youth Symphony Performing Saturday

On Saturday, May 9, at 7
p.m., the East County Youth
Symphony will be perform-
ing classical music at the Elk's
Lodge, located at 1400 East
Washington Avenue in El Ca-
jon. Admission is free!

Don't miss a special Off Road event at Westfield Parkway

Westfield Parkway, along
with Motoworld of El Cajon,
Express Performance, MIT
Drive Train Specialists, and
MT3 invite you to come out
for a special one-day Off-Road

Toy Expo, Saturday, May 16,
10 am to 4 pm at Westfield
Parkway shopping center, at
415 Parkway Plaza in El Cajon.
This event will feature more
than 25 vehicles including:
Ford F-150s, ATVs, Wave run-
ners, Jeeps, race vehicles, as
well as displays by Airgas/Baja
Pits and California Metals on
display throughout the mall.

A special appearance by
Kevin Kouzmanoff, Padres'
third baseman, is planned near
Play Town from 11 a.m. to 1
p.m. – so bring your camera.
You can also check out the
latest in adventure gear by
Westfield Parkway retailers
and learn about off road safety
with the ATV Safety Institute, El
Cajon Police and Fire Depart-
ments, and the San Diego Off
Road Coalition.

Concerts On The Green

Starting May 22, Concerts
On The Green are back at
Prescott Promenade from 6 to
8 p.m. at 211 East Main Street.
Kicking off the season will be
The Cat-illacs with Rock & Roll
music. Make it a perfect eve-
ning by coming by early and
dining at a nearby restaurant
downtown that has outdoor
seating, enjoy your meal and
the music! For a look at the full
calendar of exciting concerts
planned you can visit the El
Cajon Community Develop-
ment Corporation website at
www.downtownelcajon.com
or call (619) 401-8858.

Special Concert June 2 at the East County Performing Arts Center

The 36th Army Band will be
performing a free concert at
the El Cajon Performing Arts
Center on Tuesday, June 2
at 7 p.m. The Army Band is
based out of Ft. Huachuca,
Arizona, and travels to nu-
merous locations throughout
the Southwest. Support our
military and enjoy an evening
of wonderful music. The East

County Performing Arts Center
is located at 210 East Main
Street. Call (619) 440-2277 or
visit www.ecpaclive.com.

Antique Show in El Cajon

The San Diego Antique
and Collectibles show for this
month is planned for Wednes-
day, May 13 at the Ronald
Reagan Community Center,
at 195 East Douglas Avenue.
Hours are 2 to 7 p.m. Over
40 vendors take part in this fun
event. Most of the downtown
businesses have coupons for
free admission to this venue.
For more information, please
call (619) 441-9050.

Crime Prevention Class for Apartment Managers next month

On June 9 the El Cajon Po-
lice Department will hold their
next Crime Free Multi-Housing
training program, a state-
of-the-art crime prevention
program designed to reduce
crime, drugs, and gangs on
apartment properties. Prop-
erty owners, managers, leasing
staff, maintenance personnel,
and others in the management
team are encouraged to attend
this 8-hour training program.
This free and very successful
program is now in over 2000
cities throughout the United
States and in seven different
countries. The class will be
held from 8 a.m. to 5 p.m. at
the Ronald Reagan Commu-
nity Center in El Cajon.

Newly certified participants
that pass the yearly renewal
Crime Prevention, Crime Pre-
vention Through Environmen-
tal Design (CPTED) inspection
for the CFMH program, will
now be recognized at El Cajon
City Council meetings. The
Crime Free Multi-Housing
Program consists of three train-
ing phases that are completed
under the supervision of the
El Cajon Police Department.
The benefits of this program

See EL CAJON BITS page 5

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— LOCAL NEWS & EVENTS —



Lakeside Round Up of events

by Patt Bixby

Dates to remember

May 7, 14, 21, & 28: Lakeside Farmers Market at Lindo Park

May 13: Design Review at 7 p.m. at the Lakeside Community Center

May 30: Riverview School International Fair

Lakeside Union School District Board meeting

Tierra del Sol Middle School dance troop, under the direction of Kathy Saxter, entertained prior to the April school board meeting. The Pledge of Allegiance was led by eighth grade student Justin Florey. Following the Pledge of Allegiance, Principal Chris McDuffie introduced the boys lacrosse team who are currently undefeated.

Opened to the public, hearings to receive input on the Title VII Indian Education Formula Grant and the proposed transfer of categorical funds from the deferred maintenance fund to the restricted maintenance fund were held.

The board adopted a resolution permitting members of the California State Teachers Retirement System an amount equal to the actual present value cost of the additional service credit and a fee to cover administrative costs.

The board approved extended year (special education) summer school for infants preschool which will be held at Winter gardens from June 22 through July 16. Extended School year, grades 6-8 will be held at Lakeside Middle School and East County Academy of Learning from June 24 through July 28. Extended school year, grades 9-12 will be held at East County Academy of Learning from June 8 through July 14.

Deputy Superintendent Kamran Azimzadeh announced the sale of the Lakeside school district school bonds. The district should receive the first phase bond sale of \$21,833, 148.90 to begin the school bond projects in the next several weeks.

Superintendent Steve Hal-

faker reported enrollment is down slightly this month. Hal-faker congratulated the school board for their approval of foreign language opportunities in Lakeside.

Regular board meeting is 6 p.m., May 14 in the multipurpose room, District administrative center.

Santee Street Fair

The Santee Street Fair will be held Saturday, May 30 from 10 a.m. to 9 p.m. behind Trolley Square in Santee, Mission Gorge at Riverview Parkway (101 Civic Center Drive). Admission is free.

There will be live bands, entertainment, rides, crafts, vendor booths, food and beer gardens. Visitors will see the 65 foot Johnsonville Brat BBQ Grill

Outta Sync will perform on the main stage at 1:30 p.m.; the CoolRays at 3 p.m., Honky Tonk Kings at 5 p.m. and 80z All Stars at 7 p.m.

Bring some can goods for the Santee Food Bank.

For more information, contact the Santee Chamber of Commerce at (619) 449-6572 or stop by the office at 10315 Mission Gorge Road, Santee.

Highlights ...

Continued from page 4
are reduced calls for service, a more stable tenant base, and it creates a sense of community for tenants living in an apartment environment. For more information or to register please call Samantha Hook at (619) 579-4227.

Western Days the first weekend in June

The Olaf Wieghorst Museum's 7th Annual Western Heritage Days is set for June 6 and 7 along the 100 block of Rea Avenue in El Cajon. This fun family event is a celebration and exhibition of our Western Heritage. The weekend includes live Western music, lots of good food, Buffalo Soldiers with Western reenactments, a farmers market, artists and artisans, craft makers, a children's pavilion with a petting zoo, and storytellers. Hours are: 10 a.m. to 6 p.m. on Saturday, June 6, and 11 a.m. to 5 p.m. on Sunday, June 7. For more information call (619) 590-3431 or visit www.wieghorstmuseum.org.

Join the next Saturday Morning Neighborhood Clean Up

The public is invited to participate in a monthly Saturday morning neighborhood clean up day scheduled for Saturday, May 30, from 9:00 to 11:00 a.m. at West Palm and Millar Avenues, in Downtown El Cajon. The non-profit El Cajon Community Development Corporation will provide

the cleaning tools and you to supply the manpower. Morning refreshments will be provided. The El Cajon CDC will collect electronic waste such as computers, laptops, printers, cell phones, TVs, and batteries. San Diego Rescue Mission will collect your working electronics, furniture, household articles, baby items, or clothes (and remember, your donations are tax deductible!). "Spend a morning meeting your neighbors and making a difference," says Christina Burke, Community Development Coordinator for the El Cajon Community Development Corporation, which organizes the monthly neighborhood clean up. Spend your morning making a difference by working together. To register, or for more information, please call the El Cajon CDC office at (619) 401-8858 or visit www.downtownelcajon.com.

Conserving Water

The Helix Water District gave a special presentation to the El Cajon City Council at Tuesday's Council meeting called "Water Supply Shortage, New Water Rates and Water Rate Structure for Helix Water District." Representative Mark Weston talked about the importance of conserving water and asked that the public visit their website www.HWD.com for information on calculating your future water rates.

You can also visit www.20gallonchallenge.com or www.bewaterwise.com for more tips on ways you can conserve water.

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— LOCAL NEWS & EVENTS —

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Miss Alpine Pageants

The 41st annual Miss Alpine Pageant and Miss Alpine Teen Pageant was held Monday, May 4 at Viejas Casino, in the Dream-Catcher Showroom. Jackie Felix, Miss Alpine Teen 2008 and Lauren Watson, Miss Alpine 2008 passed their titles to Brooke Rangel, Miss Alpine Teen 2009 and Lacey O'Brien the new Miss Alpine for 2009.

Other awards included: Best Essay Awards: Lauren Petrucci and Christy Hundley; Most Photogenic Awards: Ashley Wells and Leslie Upton; Miss Congenialty Awards: Brooke Rangel and Leslie Upton. 1st runner-up to Miss Alpine Teen is Lauren Petrucci and mem-

bers of the Teen Court included: Sierra Adam, Ashley Wells and Amanda Hay. 1st runner-up to Miss Alpine is Leslie Upton, members of the Miss Alpine Court include: Victoria Van Gogh, Lauren Wells and Christy Hundley.

The pageant theme was the "Alpine Dolls" a rousing rock n roll theme, the evening's opening act was the Mayors of Sexy Town, a SKA band from El Capitan High School with featured vocalist Robin Senne, Miss San Diego 2009. The pageant was produced by Scholarship Productions USA, Inc.

For information regarding the Miss Alpine or Miss California State pageants please contact Mrs. Billie Sangster at (619) 390-0061.



2009 Miss Teen Alpine Brooke Rangel and Miss Alpine Lacey O'Brien. These girls will move on to the Miss California State Finals Pageant in October. Photo by Kathy Foster



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Sunday, June 14, with set-up starting at 9am and ending at 3pm

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For Health's Sake

Health bits, education, screenings and fairs

May Senior Programs

Sharp Grossmont Hospital's Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For more information, call (619) 740-4214. For other programs, call 1-800.

Stroke is a brain attack — Stroke smart education and screening

May is National Stroke Month. Dr. Sherry Braheny, neurologist, will discuss emer-

gency treatment for stroke and ways to prevent a stroke at this free lecture. Lecture offered from 12 – 1 p.m. Free stroke screenings provided by the nurses of the Sharp Grossmont Hospital Stroke Center before and after the lecture. Thursday, May 14 at the Grossmont HealthCare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277

East County Senior Health and Information Fair

Free health screenings, health and community resources available at the Santee Town Square Amphitheater, 9850 Mission Gorge Rd., Santee on Friday, May 15, 10 a.m. – 1 p.m. No reservations

required. Sponsored by East County Senior Service Providers, Grossmont HealthCare District and Sharp Grossmont Hospital. For more information, call 619-464-0505.

Celebrate Arthritis month

Learn about living with arthritis at the East County Arthritis Expo. This free expo, sponsored by Sharp Grossmont Hospital and the Arthritis Foundation, will feature guest speakers, information booths and free resources. No reservations required. Saturday, May 30, 9 a.m. – 12 noon at the Grossmont HealthCare District Conference Center and Herrick Library, 9001 Wakarusa St., La Mesa. For information call (619) 740-4214.

Project C.A.R.E. Community Action to reach the elderly

Project C.A.R.E. is a community effort enabling people who live alone to feel safe in remaining at home. Services include a daily computerized telephone call, Vial of Life, Safe Return and more. Call 740-4214 for details.

Chamber honors Grossmont Healthcare District

The San Diego East County Chamber of Commerce has honored the Grossmont Healthcare District (GHD) with the George Felix Volunteer of the Year Award. The award is named after the late La Mesa businessman and Chamber advocate who passed away in 2002, and was known for his community volunteerism.

The City of La Mesa has a public memorial to Felix located on a median at the corner of La Mesa Boulevard and University Avenue.

GHD, a public agency that supports many non-profit, health-related community programs and services in the East County, serves as landlord of Sharp Grossmont Hospital, including ownership of the property and buildings on behalf of East County taxpayers.

The District is governed by a five-member board of directors, each elected to four-year terms, who represent more than 500,000 people residing within the District's 750 square miles in San Diego's East County. GHD also operates the Dr. William C. Herrick Community Health Care Library, a public library specializing in health research information, located at 9001 Wakarusa St., La Mesa.

For more information about GHD, visit www.grossmonthealthcare.org.

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Dear Dr. Luauna Stines



Dear Dr. Luauna,

My sister and I are both Christians, she is constantly inviting me to her church. I believe you do not have to go to church to prove your love for God. I worship God in my own way at home, I spend time reading my Bible and praying. I spend time with my family, and the weekend is the only time I have off work, I wish she would understand my point of view, and respect my religious practices. Harassed in San Diego.

Dear Harassed,

Your sister is inviting you to church because she understands what the Bible says. Many Christians today, believe the same way you do; however, we must line up our beliefs to the Word of God. Honoring the Sabbath is one of the Ten Commandments, and the New Testament makes these laws even more clear. Matthew 22:36-37 "Teacher, which is the great commandment in the law?" Jesus said to him, "You shall love the LORD your God with all your heart, with all your soul, and with all your mind."

These commandments are not just laws and rules, Christians should follow them out of our love for the Lord. If we love Him, we will obey his Word. "Faith comes by hearing and hearing by the Word," going to church every Sunday will increase your faith in Christ Jesus, which benefits you and everyone in your sphere of influence.

Maybe you should ask yourself, what have you placed before God? You say you love God, but your actions prove otherwise! The Day of the Lord is approaching and the Bible is VERY clear, we must assemble together. The Bible clearly states in the days prior to the coming of the Lord many will make a habit of missing church. Read Matthew, the whole chapter of twenty five; you will see Jesus Himself spoke of your condition, 50 percent of the Christians will be ready when the trumpet sounds, the other 50 percent will be left behind. If you are sick and cannot make it to church this is understandable. But if you miss church for your own pleasure, ask yourself why? Will we try to fit God into our schedule or will we make our schedule fit around God? This is an age-old test; will you stay home from church to watch the game on your flat screen TV? Will you show your children, baseball games, hiking, desert camping, or your day is priority above God's day? Your sister loves you, and she is giving good advice. How do I know? Her advice comes straight from the Word of God! She is worried about your soul, and I must admit so I am I. Read these verses, (Exodus 20:8-11, Romans 10:17, Hebrews 10:25, Isaiah 58:11-14)

Submit questions to: questions@drluauna.com

Watch Dr. Luauna Stines Television Program in San Diego County, Cox Cable, Every Tuesday at 9 pm, Channel 18 & 23. (760) 780-6207

www.drluauna.com

www.atouchfromabove.org

www.amothersstory-thebook.com

Dr. Luauna is an Evangelist. Following is a list of her ministry activities:

- **Television:** A weekly public access program airing from San Diego across to the east in Atlanta, GA.
- **Radio:** A daily international program in the Philippines, the area is a Muslim stronghold (Mindanao)
- **Mission America:** Preaching in our Revival Tent, Stadiums, Conference Centers and Hotels in every town and city across the United States, our homeland is our mission field.
- **Mission Africa:** We have a branch office and church in Malawi, Africa. Dr. Luauna trained a Malawian National as our Operations Director. We will also build a Bible University, there as well.
- **Christian University & Seminary:** In January 2009, A Touch From Above University & Seminary became fully accredited as a full gospel University to train up men and women to help us reach the world for Jesus.
- **Prayer Mountain & Local Church Services:** A place for Christians to get away and pray. Healing and Worship Services along with regular scheduled prayer meetings.

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— FOR HEALTH 'S SAKE —

Are you living your best life?



by Judy Callihan Warfield

We have all heard this new phrase in all of the magazines and TV programs. It's a valuable question to ask yourself. In difficult times like these it is sometimes the best time to re-evaluate our lifestyles and recognize where positive changes are needed. A wise man once told me that some-

times when the worst thing happens it actually ends up being one of the best things. This may be difficult to recognize when you are in the middle of a job or home loss but how you are able to reframe the way you think about things will make a huge difference on your ultimate outcome. Sometimes a job loss opens the door to new unlimited opportunities and possibilities and actually frees you to open your mind to other occupations you may enjoy.

None of us enjoy when our business is slow, however, why not use the time to start that exercise program you've been putting off. This may be a good time to get involved with your community. Spend that extra time doing fun projects with your kids and spouse. This may be a good time to

reconnect with old friends or family members. When this economic downturn rights itself you will have more energy because you are on an established exercise program. Your new community involvement may provide new business contacts.

Focus on your goals and visions of how you would like your life to be and move forward with that. Just by taking small steps you will feel more empowered and less frustrated. This is also a great time to take stock of all of the things in your life to be

grateful for. Just making a list will probably put a smile back on your face. Don't become isolated, rather use this as an opportunity to reach out to others.

Judy Callihan Warfield is President of Success Hypnotherapy, Inc. located 4730 Palm Ave. #205, La Mesa, Ca. 91941 and can be reached at her office by calling (619) 303-8511 or email judy@successhypnotherapy.com. Further info is on web site www.successhypnotherapy.com or call for free telephone consultation.

Electrical fire major cause of home fires

The National Fire Protection Association (NFPA) is kicking off National Electrical Safety Month (May) by reminding the public to be aware of the risks associated with the use of electricity, and providing safety tips to assist individuals in taking steps to reduce the risk of experiencing a home electrical fire.

In recent years, an average of 53,000 home electrical fires have been reported per year. These fires resulted in an average of 500 deaths, 1,400 injuries, and \$1.5 billion in direct property damage per year. One of every seven home fires was an electrical fire. Any type of equipment that uses electricity may be involved in an electrical fire. Some type of electrical distribution equipment such as wiring, light switches, outlets, cords, and plugs or lighting equipment was involved in roughly half of the home electrical fires. There are also many home electrical fires involving air conditioners, fans, clothes dryers and appliances.

"Whether you are actively flipping a switch, inserting a plug, or simply enjoying all the electric-powered appliances in the home, the risk of fire may not be on your mind," said Lorraine Carli, NFPA's vice president of communications. "Most electrical fires can be easily avoided. The first step in preventing them is to be aware of the danger, the second is to learn the rules of fire safety and then put them into practice."

NFPA offers the following safety tips. To learn more about electrical safety, visit <http://www.nfpa.org/electrical-safetymonth>.

- Replace or repair loose or damaged cords on all electrical devices.

- Avoid running extension cords across doorways or under carpets.
- In homes with small children, unused wall sockets and extension-cord receptacles should have plastic safety covers.
- Consider having additional circuits or outlets added by a qualified electrician so you do not have to use extension cords.
- Follow the manufacturers' instructions for plugging an appliance into a receptacle outlet.
- Avoid overloading outlets. Plug only one high-wattage appliance into each receptacle outlet at a time.
- If outlets or switches feel warm, shut off the circuit and have them checked by an electrician.
- When possible, avoid the use of "cube taps" and other devices that allow the connection of multiple appliances into a single receptacle.
- Place lamps on level surfaces, away from things that can burn and use bulbs that match the lamp's recommended wattage.

Electrical fires tend to happen more frequently in older homes. The Fire Protection Research Foundation conducted the Residential Electrical System Aging Research Project (2008) to study how aging and installation quality of components in home electrical systems impact fire safety. The project involved harvesting from 30 homes from across the U.S. ranging in age from 30 to 110 years.

More information on hidden electrical hazards and a link to the Foundation's report are available at <http://www.nfpa.org/electricalsafetymonth>.



Health... Just Common Horse Sense

by Dr. Donald Adema

Most of our patients in the last week have expressed the tiresome politics by fear and subsequently medicine by fear. The swine news, H1N1 flu is a perfect example of fear based coverage and eventual control tactics. Many patients have asked, "How stupid do they think we are?" Others even commented that maybe some citizens are that stupid and then slip into the merits of the public school system. Have to corral those discussions in to stay on time.

The potential of a pandemic must always be observed and we have agencies that require many tax dollars to accomplish those tasks. They are the only people who should be contacted for consistent and accurate information. But no, hysteria reigns, schools are closed and the malls become a better potential infectious site. AARRGGHH!!

Consider this. Just a few months ago an objective journal on disease statistics presented a study on the influenza pandemic of 1918/1917. Bodies of victims were exhumed around the globe to determine the actual cause of death. As suspected by many physicians, the cause was a secondary pneumonia. Keep in mind that during that time we had no antibiotics or antiviral that could stop the lung process in a very weakened and dehydrated host. We have a plethora of them now and certainly can hook up an IV for fluids and other medications to stop the vomiting. We also have a growing number of immune boosters and even natural antibiotics. And, when necessary, we can isolate and slow down transmission with the aforementioned agencies in charge, not a politician.

So, how about washing your hands, covering your mouth when coughing, do not put your finger in your mouth, nose, or eyes, and don't kiss pigs. (Sorry Trish, could not resist it.) How about staying at home when symptoms meet the criteria and using other forms of communication. There is an 800 number to gather the latest. Better yet, how about boosting up your immune system with natural antiviral and start power loading the antioxidants. Remember fluids needed to avoid dehydration are not DR. PEPPER, espresso lattes, or iced tea. Keep the good filtered water going. Now this is the may be the most difficult preventative measure for our present time, rest. If your body is not renewed, it can not fight or repair. Stay tuned.

Laughter is the Best Medicine

Dog story

A guy is driving around the back woods of Montana and he sees a sign in front of a broken down shanty-style house: 'Talking Dog For Sale.' He rings the bell and the owner appears and tells him the dog is in the backyard.

The guy goes into the backyard and sees a nice looking Labrador retriever sitting there.

'You talk?' he asks.

'Yep,' the Lab replies.

After the guy recovers from the shock of hearing a dog talk, he says 'So, what's your story?'

The Lab looks up and says, 'Well, I discovered that I could talk when I was pretty young. I wanted to help the government, so I told the CIA. In no time at all they had me jetting from country to country, sitting in rooms with spies and world leaders, because no one figured a dog would be eavesdropping.'

'I was one of their most valuable spies for eight years running. But the jetting around really tired me out, and I knew I wasn't getting any younger so I decided to settle down. I signed up for a job at the airport to do some undercover security, wandering near suspicious characters and listening in. I uncovered some incredible dealings and was awarded a batch of medals.'

'I got married, had a mess of puppies, and now I'm just retired.'

The guy is amazed. He goes back in and asks the owner what he wants for the dog.

'Ten dollars,' the guy says.

'Ten dollars? This dog is amazing! Why on earth are you selling him so cheap?'

'Because he's a liar. He never did any of that stuff.'

Have a funny joke to share with East County residents: e-mail to: editor@ecgazette.com or mail to: Gazette, P.O. Box 697, El Cajon, CA 92020



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MOTOR AND SPORTS

Start your engines — Cajon Classic Cruise opens next Wednesday

The 2009 Cajon Classic Cruise, Southern California's largest weekly classic car show, commences Wednesday, May 13, from 5 to 8 p.m. on Main Street in the heart of historic Downtown El Cajon. Admission is free to the Cajon Classic Cruise car show featuring more than 500 classic, custom and hot rod cars valued at more than \$10 million in a street festival setting every Wednesday evening through Sept. 30. In addition, two special post-season car shows will be held, including a Halloween Show on Oct. 28, and a Holiday Car Show on Dec. 9.

The Cajon Classic Cruise is centered on East Main Street at Prescott Promenade, just east of intersection of Main & Magnolia in the heart of Downtown El Cajon. Spreading out over several blocks, thousands of spectators each week stroll El Cajon's booming Historic Downtown District while enjoying the cars, the action, restaurants, street vendors, food, DJs, and live entertainment presented amid a vibrant small town atmosphere.

Presented by the non-profit El Cajon Community Development Corporation, the

Cajon Classic Cruise 2009 Season Schedule:

May 13:	Opening Night (road closure)
May 20:	Hall of Flames
May 27:	Willy's
June 3:	Monster Truck Mania
June 10:	Too Cool
June 17:	Speed Week
June 24:	T-Buckets Galore
July 1:	Stars and Stripes
July 8:	OFF Road Madness (road closure)
July 15:	NASCAR
July 22:	Bike Nite
July 29:	Starz Cars
August 5:	National Nite Out (road closure)
August 12:	Funny Car Frenzy
August 19:	Revisit the Horseless Carriage
August 26:	Convertible Nite
September 2:	British Invasion
September 9:	Trucks, Trucks, Trucks
September 16:	Woody — Surf's Up!
September 23:	Thunder on Main (road closure)
September 30:	Closing Night (road closure)
October 28:	Trunk or Treat (road closure)
December 9:	Parade of Lights

Cajon Classic Cruise offers new attractions each week, including great bands, dance and costume contests, specialty and race cars, parades, special salutes and theme parties. Themed events include NASCAR, Thunder on Main, Hall of Flames, Speed

Night and many more. Cajon Classic Cruise will also feature special entertainment, raffles, and much, much more...don't miss a single week! Sponsors include Sycuan Resort & Casino and Toyota of El Cajon.

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Pontiac, another casualty of the economy puts out a fine auto — 2009 Pontiac G8 GXP

by Dave Stall

Pontiac is another casualty of a miss run business, in my opinion. The folks running Pontiac were not car enthusiasts but replaced by "bean counters." All that mattered to them was the bottom line, how much money can they make with sub standard products. They went to Australia to see if the U.S. would except a five year old platform — the Holden, well I guess not.

I loved Pontiac, a car with luxury and styling but tough enough to beat one on the track if one got out of line. But as of 2010 it will be gone with Plymouth, De Soto, Packard and a lot of other marques worth talking about.

But enough negativity lets talk about the Pontiac G8 GXP.

Want a little luxury and a whole lot of horsepower?



Pontiac G8 GXP. Photos by Dave Stall

The G8 GXP might be just what the doctor ordered. My tester was from John Hine Pontiac and I appreciate the fact they let me have it for test purposes. I can get cars from the manufacturer, but I want what my readers buy.

The G8 GXP came with a standard 6.0-liter V8 pumping out 415v horsepower and 415 pounds foot of torque, pretty impressive. My tester came with a six speed manual

transmission which is an option, go figure. The standard transmission is a six speed automatic, which is okay, but with this kind of car I like to shift! This automobile can only achieve 13 miles per gallon in the city and 20 on the open road, but what would you expect with a 400 plus horsepower engine in a car that weighs around 4,000 pounds? (No actual weight for the six speed manual.)

See PONTIAC page 12



Steering column and dash of the Pontiac G8 GXP.

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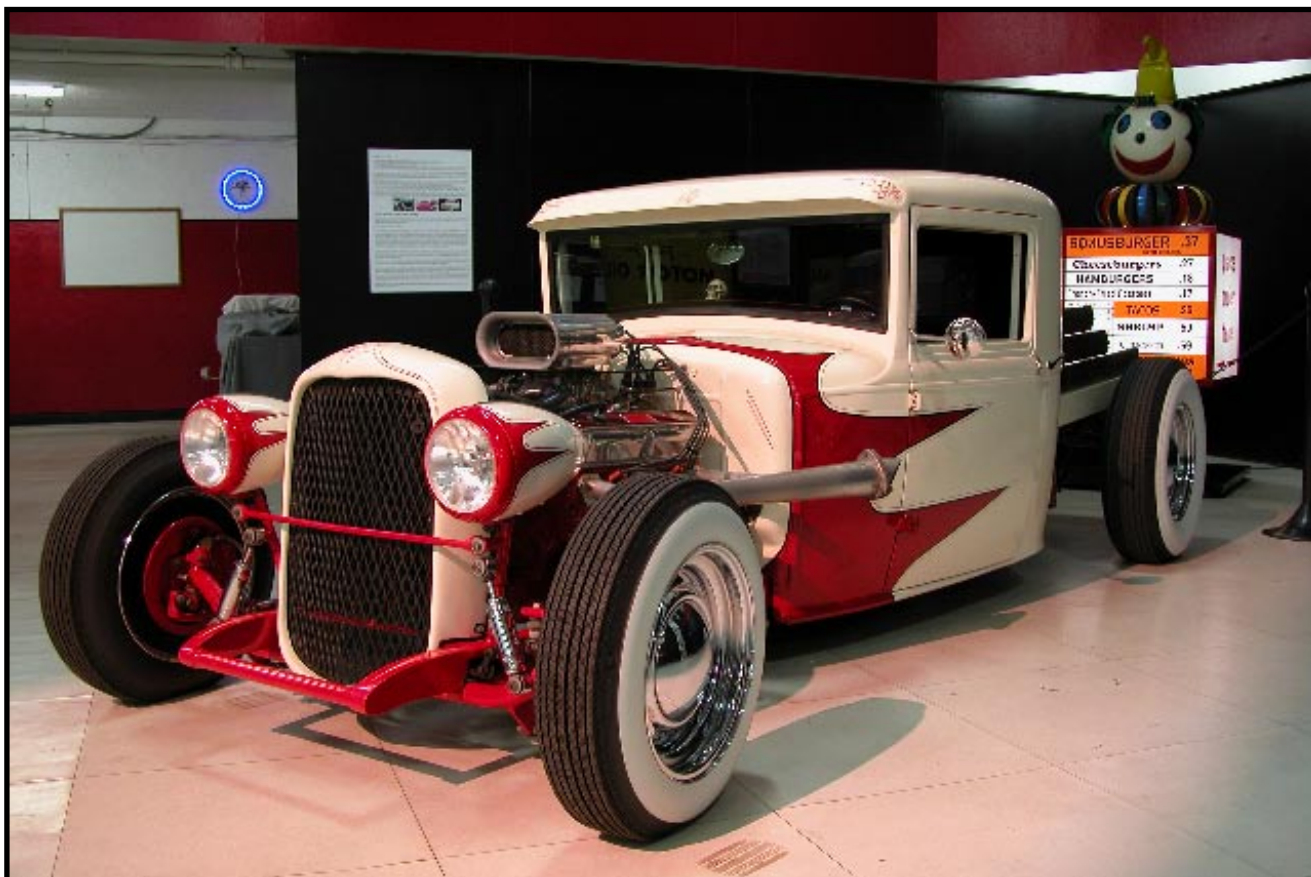
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— MOTORANDSPORTS —

Hot Rods Then and Now



Example of vintage hot rod on display at the San Diego Automotive Museum. Photo courtest of San Diego Auto Museum.

Two stunning examples of hot rods are on display at the San Diego Automotive Museum production since 1908 and there were hundreds of thousands of these ubiquitous little cars on the roads and in garages. There were many other manufacturers in America and from Europe, but the Model T was clearly the cheapest and therefore the most common.

By about 1914, there were 14 million Model Ts in use, more than all other manufacturers combined. By the end of the production run, the number exceeded 15 million. By the 1920s, the cost of a new Ford T was at \$300 or below – about \$3,400 in inflation adjusted dollars today.

Regular hours for the museum are 10 a.m. to 5 p.m.

(the last admission at 4:30 p.m.) The museum is closed Thanksgiving, Christmas, and New Year's Day.

Admission prices are as follows: \$8 for adults, \$6 for seniors (65 and over), \$6 active duty military with ID, \$5 students with ID, \$4 children ages 6 – 15. Children under the age of 6 are admitted free of charge. The museum is free to all San Diego County residents

and military with ID on the 4th Tuesday of each month.

The museum is located at 2080 Pan American Plaza, Balboa Park. Phone (619) 231-2886. Website is <http://www.sdautomuseum.org>.

The San Diego Automotive Museum receives funding from the City of San Diego through the Commission for Arts and Culture.

Bumper-To-Bumper with Dave Stall

Dave: How hard would it be to convert my 1989 Ford pickup to an all electric vehicle? Where would I go to get good advise and maybe some help installing the system? Chad, El Cajon.

Chad: The first thing I would do is contact the Electric Vehicle Association here in San Diego. They are a great bunch of folks all trying to make a difference. There are classes to teach you how to convert your car, truck or motorcycle. They meet the last Tuesday of each month at 7 p.m. at the Regional Transportation Center at I-15 and El Cajon Blvd. There you will meet all the key players in San Diego County.

Dave: I have been looking for a new car and noticed that there are not many cars painted yellow. Is that because yellow fades? My Dad always told me to stay away from red and yellow cars because the paint is bad and will fade quickly. Unfortunately I like yellow but as I look around there are not that many to choose from. Would it hurt the value if I bought a new car, say a white one and paint it yellow. I think I know your answer because everyone I mentioned it to said I was crazy. Look forward to your response, Dezzi, Lakeside.

Dezzi: I would not say you're crazy just enthusiastic about yellow! If you bought a new car and had it painted yellow, yes you would lose a certain amount of trade in value down the road, but what you need to think about is how much are you willing to pay to change the color. You could go the cheap route around \$500 or a paint job that could cost from \$1,500 to \$5,000 depending on the vehicle. Yellow under the hood, trunk and door jams will send the price sky high. I would recommend finding the car you like and can afford, call the dealer and ask a salesman to see if it comes in the yellow you like, you may luck out. Last but not least you could buy an old Yellow Taxi Cab and save a bundle of money!

Dave: In 1971 I owned a 1969 Plymouth Roadrunner; I traded it in for my first Toyota. I have been driving Toyota's ever since. As most of us know from that era, the government wanted car manufactures to raise there E.P.A. Standard and said the same thing they are now about alternative fuels. In 37 years really nothing has changed. In fact we went back to building bigger SUV's, and nothing has been done about alternative fuels. Even more so we are more dependant on foreign fuel. We haven't built any refineries in California since the 70's which would of lowered the price of gas. We built the Alaska pipeline, which everyone thought would lower the price of fuel, and we wouldn't be dependant on foreign fuel. What has happened?

In reference to my Subject in 1980 Toyota started selling the Toyota Starlet which had an EPA of 50 + miles per gallon. I believe in 1983 was the last time they stopped importing them in to the U.S.A. Can you find out, and tell us why? The technology we have made since the 70's there is no reason why we don't have cars with that rating. Thank You. Phil, San Diego.

Phil: Let me start with the first part of your question, in the 70's when we had fuel shortages the oil barons noted that when we were sitting in fuel lines fighting amongst ourselves, we were not fighting over price (I think fuel was around \$1.50) but what they noticed was we were fighting over the fact there was no fuel. So the oil barons decided to keep the tanks full of fuel and they figured we would pay any price as long as the tanks were full and we the driving public wasn't inconvenienced! Wala!

Last summer gas climbed to \$4-plus! It has dropped a little today but it will start climbing again soon. We have done little to complain or change our driving habits (I had a Toyota Prius pass me doing 90 miles per hour last week) so the price will continue to climb, just wait.

Why build oil refineries? The oil barons are perfectly happy with today's oil situation, (Look at Exxon's profit sheet), they're not spending hardly any money on technology or maintenance and we keep paying. In their minds with the money their making, if it is not broken why fix it. As far as the Toyota Starlet, yes all the manufacturers have the technology to bring back a 50 mile per gallon vehicle but as long as the EPA only requires small increases in fuel mileage why bother plus the Starlet didn't get the clean air numbers out of its tail pipe. It was a little under powered for our driving styles as well (I had a carbureted version of the Starlet and the last year of production it went Fuel Injection) so the Starlet went away along with a lot of other fuel efficient vehicles. It is a sad commentary when we are at the mercy of the oil barons, but what would you do if you were a part of the oil baron club making billions of dollars daily? What if you found oil in your back yard and you decided to sell it to the public? Would you drop your prices and give money back to the driving community?

Got a car question or comment? www.davestall.com

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Pontiac ...

Continued from page 11

The interior is pleasant and functional with all the gauges one would need, comfortable seating for all occupants since this is a five passenger family car with oomph! This vehicle has all the creature comforts. But for \$41,590 and that includes a \$1,700 guzzler tax, if I want a hot rod and I'm willing to put high test gas in it to keep it running strong, why should I pay for an additional tax?

What didn't I like? Years ago, I had a 1968 Road Runner and all the money was in the drive train. Although I'm not saying the G8 is that bad, it did me remind me of that car. But if throaty exhaust sounds are desired along with a piece of history, the G8 GXP might be the perfect car.

Got a car question or comment? Contact Dave at www.davestall.com

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LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010958
FICTITIOUS BUSINESS NAME(S): RDC Detailing
Located at: 10065 Silva Rd., El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Richard D. Cheatham 10065 Silva Rd., El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 13, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012866
FICTITIOUS BUSINESS NAME(S): RDC Construction
Located at: 10065 Silva Rd., El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Richard D. Cheatham 10065 Silva Rd., El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 29, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012993
FICTITIOUS BUSINESS NAME(S): Mundi Design
Located at: 1136 Garnet Ave., San Diego, CA 92109
This business is conducted by: A Corporation
The first day of business was: April 30, 2005
This business is hereby registered by the following: Fredy Palma, Inc., 5786 Tex Street, La Mesa, CA 91942
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 30, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2008-032632 FILE NO. 2009-010089
The following person(s) has/have abandoned the use of the fictitious business name: Freeman Outfitters
The Fictitious Business Name Statement was filed on October 14, 2008, in the County of San Diego.
Freeman Outfitters 1611 H Street, Ramona, CA 92065
This business was conducted by: 1. Brian Freeman 1611 H Street, Ramona, CA 92065 2. Julie Freeman 1611 H Street, Ramona, CA 92065
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON April 03, 2009
East County Gazette GIE 030790 5/7, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010091
FICTITIOUS BUSINESS NAME(S): Freeman Outfitters
Located at: 1611 H Street, Ramona, CA 92065
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: Freeman Outfitters, Inc. 1611 H Street, Ramona, CA 92065
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 09, 2009.
East County Gazette- GIE030790 5/7, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012604
FICTITIOUS BUSINESS NAME(S): Harvest Moon
Located at: 986 Coleen Ct., El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: George W. Lyon 986 Coleen Ct., El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 27, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010548
FICTITIOUS BUSINESS NAME(S): Major's Camp Fleur De Lis
Located at: 15638 Broad Oaks Rd., El Cajon, CA, 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Sandra Major 15638 Broad Oaks Rd., El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 08, 2009.
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012992
FICTITIOUS BUSINESS NAME(S): Latin Trader
Located at: 740 5th Ave., San Diego, CA 92101
This business is conducted by: A Corporation
The first day of business was: April 1, 2009
This business is hereby registered by the following: Fredy Palma, Inc., 5786 Tex Street, La Mesa, CA 91942
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 30, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012080
FICTITIOUS BUSINESS NAME(S): STOSI
Located at: 4700 Williamsburg Lane, #402, La Mesa, CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Shirlynn Nicole Grant 4700 Williamsburg Lane, #402, La Mesa, CA 91941
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 22, 2009
East County Gazette- GIE030790 4/30, 5/07, 5/14, 5/21, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010747
FICTITIOUS BUSINESS NAME(S): Hair Galleria
Located at: 943 Turquoise St., San Diego, CA 92109
This business is conducted by: An Individual
The first day of business was: July 19, 1995
This business is hereby registered by the following: Cindy Close 1228 Law St., San Diego, CA 92109
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 10, 2009.
East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010683
FICTITIOUS BUSINESS NAME(S): a.) Coral Sea Charters b.) Charterboat Coral Sea
Located at: 2838 Garrison St., San Diego, CA 92106
This business is conducted by: Husband & Wife
The business has not yet started.
This business is hereby registered by the following: 1. Michael J. Pritchard 10445 Mast Blvd. #33, Santee, CA 92071; 2. Melody L. Pritchard 10445 Mast Blvd., #33, Santee, CA 92071
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 09, 2009.
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012998
FICTITIOUS BUSINESS NAME(S): G.M. Tractor Service
Located at: 4575 Panorama Dr., La Mesa, CA 91941
This business is conducted by: An Individual
The first day of business was: February 5, 1982
This business is hereby registered by the following: Greg Allen Mazzone 4575 Panorama Dr., La Mesa, CA 91941
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 30, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010468
FICTITIOUS BUSINESS NAME(S): Global Floor Covering
Located at: 1835 E. Main St. #9, El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: June 19, 2000
This business is hereby registered by the following: 1. Kenneth Ray Mecseji 1835 E. Main St., #9, El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 07, 2009.
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010929
FICTITIOUS BUSINESS NAME(S): ZenBi Salon and Spa
Located at: 11975 Carmel Mountain Rd., Suite 602, San Diego, CA 92128
This business is conducted by: A Corporation
The first day of business was: September 15, 2008
This business is hereby registered by the following: 1. Zen-Bi Salons Inc. 11975 Carmel Mountain Rd., Suite 602, San Diego, CA 92128
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 13, 2009
East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010562
FICTITIOUS BUSINESS NAME(S): Maqna Printing
Located at: 1283 E. Main St., #102, El Cajon, CA 92021
This business is conducted by: Husband & Wife
The business has not yet started.
This business is hereby registered by the following: 1. Haydar Karim 1415 E. Lexington Ave. #160, El Cajon, CA 92019; 2. Muna Thamer 1415 E. Lexington Ave. #160, El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 08, 2009.
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-013113
FICTITIOUS BUSINESS NAME(S): Bee's Flowers
Located at: 9395 Harritt Rd. #253, Lakeside, CA 92040
This business is conducted by: A General Partnership
The business has not yet started.
This business is hereby registered by the following: 1. Breanna K Roland 9395 Harritt Rd. #253, Lakeside, CA 92040 2. Brenda Kay Roland 9395 Harritt Rd. #253, Lakeside, CA 92040
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 01, 2009.
East County Gazette- GIE030790 5/07, 5/14, 5/21, 5/28, 2009

In accordance with the provisions of the California Commercial code, Sections 7201-7210, there being due and unpaid storage for which the North Park Transfer & storage, Inc. holds as a lien as Warehouseman on the goods hereinafter described and due notice having been given to parties known to own or claim and interest therein and the time specified in such notice for payment on such charges having expired, notice is hereby given that the goods will be sold at public auction at: H&M Goodies Family Auction, 130 E. 8th St., National City, CA 91950, County of San Diego, State of California, on the 13th day of May 2009 at 4:30 PM.

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:
Various household goods and personal [property such as wood chairs, microwave, table, bookcase, pictures, hamper, metal chairs, cartons with unknown clothes, kitchenware, linens, books.
NAMES OF PERSONS AND LOT NUMBERS OF THE STORAGE PROPERTY TO BE SOLD:
Names: Mario Alvarez
Amount Due: \$2,646.25
Lot#: S1393
Dated at : El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:
Various items of household goods and personal effects such as a kitchenware, dishes and glasses, linens, stereo, television, TV stand, queen bed, and a folding table.
NAMES OF PERSONS AND LOT NUMBERS OF THE STORAGE PROPERTY TO BE SOLD:
Names: Mike Adams
Eric Swinson
Amount Due: \$2,283.75
Lot #: 41782
Dated at : El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:
Large Bridal business put in storage, Display cabinets, spiral racks, 3 desks, desk hutch, desk return, artificial trees, 28 chairs, entertainment center, many bookcases, 3 loveseats, file cabinets, many, many pictures and wall décor, bar table, bar stools, tables, rugs, media cabinet, nightstands, 2 sofa tables, coat rack, china cabinet, podium, 10 glass table lamps, pot rack, 3 arm chairs, 2 coffee tables, glass desk, patio table, end table, O.S. lounge, wall shelves and wall table. Many cartons containing tux's, wedding dresses, wedding supplies, glassware & vases for wedding receptions, floral wedding supplies, ribbon, kitchenware, many items to put together wedding and reception productions. Furniture is very nice, high end.
NAMES OF PERSONS AND LOT NUMBERS OF THE STORAGE PROPERTY TO BE SOLD:
Names: CD Lawler
The Bridal Concept
Amount Due: \$21,761.41
Lot#: 60758
Dated at : El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:
Various items of used household goods and personal effects such as dining room table & 5 chairs, end tables, bookcase, dresser & mirror, headboard, carpet, microwave, cart, suitcase, large misc. carton, sofa chair. ET center.
NAMES OF PERSONS AND LOT NUMBERS OF THE STORAGE PROPERTY TO BE SOLD:
Names: Brian Merkle
Amount Due: \$928.00
Lot#: 60063

Dated at : El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

East County Gazette- GIE030790
April 30, May 7, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00066266-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: ROBERTO MODESTO MOREL FOR CHANGE OF NAME PETITIONER: ROBERTO MODESTO MOREL HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
ROBERTO MODESTO MOREL TO: ROBERTO CRUZ CASTILLO
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department E-15, on JUNE 24, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 30, 2009.
East County Gazette – GIE030790 5/07, 5/14, 5/21, 5/28, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00065525-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: VIRGINIA WARNER ON BEHALF OF MINOR KYLE DAVID EVANS FOR CHANGE OF NAME PETITIONER: VIRGINIA WARNER ON BEHALF OF MINOR KYLE DAVID EVANS HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
KYLE DAVID EVANS TO: KYLE GABRIEL WARNER
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on JUNE 10, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 13, 2009.
East County Gazette – GIE030790 5/07, 5/14, 5/21, 5/28, 2009

TO PLACE YOUR LEGAL AD CALL (619) 444-5774

Vacancy in the Crest-Dehesa-Granite Hills-Harbison Canyon Subregional Planning Group

Applications are now being accepted for the vacant seat # 6 in the Dehesa area.

The applicant must be a registered voter and live in the Dehesa community. The seat is number six of a fifteen member group and expires on December 31, 2010.

Applications may be obtained by calling the chairman, Wally Riggs at 619-442-4612, or by contacting the Planning Group at wrplanning@aol.com.

Completed applications may be returned to the chairman at P.O. Box 21489, El Cajon, Ca. 92021-1489, or by attending the next meeting.

Applicants must plan to attend the next meeting on May 11, 2009 at 7:00 P.M. at the Dehesa Volunteer Fire Station, 5425 Dehesa Road, Dehesa.

The Planning Group will recommend an applicant, and final appointment will be made by the County Board of Supervisors.

Chairman
Wally Riggs
(619) 442-4612
wrplanning@aol.com

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**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-008521**
FICTITIOUS BUSINESS NAME(S): a.)
East County Gazette b.) Alpine Gazette c.)
El Cajon Gazette d.) Alpine Gazette e.) La
Mesa Gazette
Located at: 201 S. Sunshine Ave., El Cajon,
CA 92020
This business is conducted by: Husband
and Wife
The first day of business was: July 1, 2000
This business is hereby registered by the
following: 1. Deborah Norman, El Cajon,
CA 92021; 2. David Norman, El Cajon, CA
92021
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on March 20, 2009
East County Gazette- GIE030790
4/16, 4/23, 4/30, 5/07, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-010881**
FICTITIOUS BUSINESS NAME(S):
Signature Real Estate and Loans
Located at: 124 West Main Street, Suite
200, El Cajon, CA 92020
This business is conducted by: A
Corporation
The first day of business was: April 1, 2009
This business is hereby registered by the
following: 1. Southern California AMHB,
Inc. 124 W. Main St. Suite 200, El Cajon,
CA 92020
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 10, 2009
East County Gazette- GIE030790
4/16, 4/23, 4/30, 5/07, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-010158**
FICTITIOUS BUSINESS NAME(S): a.)
Highway 67 Truck Dismantler b.) Quality
Auto & Truck Recycling
Located at: 12650 Hwy 67, Lakeside, CA
92040
This business is conducted by: An Individual
The first day of business was: March 1,
1999
This business is hereby registered by the
following: 1. Manuel Morrow 12650 Hwy 67,
Lakeside, CA 92040
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 06, 2009
East County Gazette- GIE030790
4/23, 4/30, 5/07, 5/14, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-012064**
FICTITIOUS BUSINESS NAME(S):
Proffintink
Located at: 406 9th Ave. Ste. 313, San
Diego, CA 92101
This business is conducted by: An Individual
The first day of business was: January 1,
1995
This business is hereby registered by the
following: 1. Craig V. Castanos CPA 406 9th
Ave. Ste. 313, San Diego, CA 92101
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 22, 2009
East County Gazette- GIE030790
4/30, 5/07, 5/14, 5/21, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-011102**
FICTITIOUS BUSINESS NAME(S): a.)
Rancho Catering b.) Rancho Catering
Consultants
Located at: 7204 San Miguel Ave., Lemon
Grove, CA 91945
This business is conducted by: Husband
and Wife
The first day of business was: April 1, 2009
This business is hereby registered by the
following: 1. Pete J. Brown 7204 San
Miguel ave., Lemon Grove, CA 91945
2. Nancy S. Brown 7204 San Miguel Ave.,
Lemon Grove, CA 91945
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 14, 2009.
East County Gazette- GIE030790
4/23, 4/30, 5/07, 5/14, 2009


**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-009356**
FICTITIOUS BUSINESS NAME(S): Urban
Interface
Located at: 4050 Georgia St., San Diego,
CA 92103
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: 1. Daniel Leonard 4050 Georgia
St., San Diego, CA 92103
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on March 27, 2009.
East County Gazette- GIE030790
4/23, 4/30, 5/07, 5/14, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-008953**
FICTITIOUS BUSINESS NAME(S): Lighting
& More By Michelle B
Located at: 5142 Pearlman Way, San Diego,
CA 92130
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by
the following: a.) Michelle Benatar
5142 Pearlman Way, San Diego, CA 92130
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on March 25, 2009.
East County Gazette- GIE030790
4/23, 4/30, 5/07, 5/14, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-010701**
FICTITIOUS BUSINESS NAME(S): a.) Spirit
of Christmas b.) Vox Nobili
Located at: 5643 Limerick Ave., San Diego,
CA 92117
This business is conducted by: An Individual
The first day of business was: January 31,
2007
This business is hereby registered by the
following: 1. Susan Carol Abernethy 5643
Limerick Ave., San Diego, CA 92117
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 09, 2009
East County Gazette- GIE030790
4/16, 4/23, 4/30, 5/07, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-012136**
FICTITIOUS BUSINESS NAME(S): a.) Bible
Bee b.) National Bible Bee
Located at: 1161 East Main St., Suite 205,
El Cajon, CA 92021
This business is conducted by: A
Corporation
The business has not yet started.
This business is hereby registered by the
following:
Shelby Kennedy Foundation, Inc. 1161 East
Main St., Suite 205, El Cajon, CA 92021
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 22, 2009
East County Gazette- GIE030790
4/30, 5/07, 5/14, 5/21, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-012289**
FICTITIOUS BUSINESS NAME(S): a.) San
Diego Festival Music b.) San Diego Festival
Strings c.) Festival Trio d.) Festival Strings
e.) Festival Quartet f.) Festival Orchestra g.)
San Diego Festival Orchestra h.) Festival
Music i.) San Diego Festival Quartet j.) San
Diego Festival Trio
Located at: 10760 Itzamna Rd., La Mesa,
CA 91941
This business is conducted by: Husband
and Wife
The first day of business was: January 1,
1975
This business is hereby registered by the
following: 1. Mary Karo 10760 Itzamna
Rd., La Mesa, CA 91941; 2. Steve Karo
10760 Itzamna Rd., La Mesa, CA 91941
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on April 23, 2009.
East County Gazette- GIE030790
4/30, 5/07, 5/14, 5/21, 2009



CITY OF EL CAJON

PUBLIC NOTICE

FIVE-YEAR CONSOLIDATED PLAN FOR FISCAL YEARS 2009-2010 THROUGH 2013-2014
AND
ONE-YEAR ACTION PLAN FOR FISCAL YEAR 2009-10

NOTICE IS HEREBY GIVEN that the El Cajon City Council held two public hearings to accept and consider public testimony regarding the allocation of funds from the Community Development Block Grant (CDBG) program and the HOME Investment Partnership funds on **Tuesday, February 24, 2009, at 7:00 p.m.**, and on **Tuesday, April 14, 2009, at 3:00 p.m.**, in the El Cajon Council Chambers at 200 Civic Center Way, El Cajon, CA 92020. CDBG and HOME grants are funded by the U.S. Department of Housing and Urban Development (HUD).

HUD requires that any jurisdiction receiving CDBG and HOME funds to complete a five-year document outlining the needs of the community and establishing goals to meet those needs. The Five-Year Consolidated Plan satisfies the statutory requirements for these programs. The City is required to update this plan for Fiscal Years 2009 - 2014. Additionally, the City is required to prepare a one-year action plan describing the activities that will be completed during Fiscal Year 2009-10 to meet a portion of the goals established in the five-year plan.

The primary purpose of the Consolidated Plan is to develop a plan for addressing the needs for lower income groups who are the intended beneficiaries of the HUD formula programs. The CDBG funds must be utilized to meet one of three national objectives to qualify for funding: 1) benefit 70% low and moderate income persons in the community; 2) aid in the elimination of slum and blight; or 3) meet other community development needs having a particular urgency because existing conditions pose a serious threat. HOME funds may be used "to provide incentives to develop and support affordable rental housing and homeownership affordability through the acquisition, new construction, reconstruction, or rehabilitation with suitable amenities, including real property acquisition, site improvement, conversion, demolition and other expenses." It may also be used to provide for the payment of reasonable administrative and planning costs, and to provide for the payment of operating expenses of community housing development organizations (CHDO's) – 24 CFR 92.205(a)." Each participating jurisdiction must set aside 15% of their HOME entitlement for CHDO's. The El Cajon City Council took these tentative actions at the February 24, 2009, public hearing: allocated \$1,234,525 of anticipated CDBG funds, and \$759,051 of anticipated HOME funds. In addition the City Council also allocated \$902,547 of unallocated prior year CDBG and \$477,271 of HOME funds. Preliminary allocations were made and are subject to public review. The projects and programs below reflect those allocations made at the April 14, 2009, public hearing.

The Five-Year Consolidated Plan outlines programs anticipated for 2009-14 and the One-Year Action Plan 2009-10 is the document that provides details of the projects and programs funded through CDBG and HOME funds for Fiscal Year 2009-10. Both plans were available for public review beginning March 12, 2009, for an extended time period through April 14, 2009. This notice only contains new funding and new projects. Projects that□

Projects for the 2009-10 fiscal year are presented in the following format:

Proj. No.	Agency Name Agency Address Agency City/State/Zip Code (only if NOT in El Cajon) Project Site Address Brief description of project.	Type of project and project eligibility according to 24 CFR section as shown. National priority met, per 24 CFR section as shown and type of allocation (loan/grant/CHDO set-aside funds).	Amount allocated. Project Title
The following projects were tentatively approved at the February 24, 2009, public hearing and confirmed at the April 14, 2009, public hearing, subject to receipt of confirmation of the grant amounts from HUD:			
Proposed Projects for FY 2009-10 CDBG PROJECTS			
C0701	City of El Cajon site N/A Loan repayment for construction loan for new fire station.	19F – Repayments of Section 108 Loan 570.201(a)&(c) – Capital expenditure loan repayment L/M Area 24 CFR 570.208(a)(2)(A)	\$197,089 Fire Station 8 Replacement
C0702	City of El Cajon site N/A Loan repayment for new ladder truck for Fire Department.	19F – Repayments of Section 108 Loan 570.201(a)&(c) – Capital expenditure loan repayment L/M Area 24 CFR 570.208(a)(2)(A)	\$87,846 Ladder Truck Replacement

City of El Cajon Public Notice Five-Year Consolidated Plan for Fiscal Year 2009-2010 Continued on page 13

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2009-00065972-CU-PT-EC
IN THE MATTER OF THE APPLICATION
OF: LARRY DONELL HOLLWOUTH FOR
CHANGE OF NAME PETITIONER: LARRY
DONELL HOLLWOUTH HAS FILED FOR AN
ORDER TO CHANGE NAME FROM:
LARRY DONELL HOLLWOUTH
TO:
LARRY DONELL HOLLINGSWORTH, SR.
THE COURT ORDERS that all persons
interested in this matter shall appear before
this court (San Diego Superior Court, East
County Division, 250 E. Main St., El Cajon,
CA 92020. Department E-15, 4th Floor on June
17, 2009 at 8:30 a.m.) to show cause, if any,
why the petition for change of name should
not be granted.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published
in the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
APRIL 22, 2009.
East County Gazette – GIE030790
4/30, 5/07, 5/14, 5/21, 2009

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2009-00065688-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF:
EUGENA KAY MARKS FOR CHANGE OF
NAME PETITIONER: EUGENA KAY MARKS
HAS FILED FOR AN ORDER TO CHANGE
NAME FROM:
EUGENA KAY MARKS
TO:
GINA KAY MARKS
THE COURT ORDERS that all persons
interested in this matter shall appear before this
court (San Diego Superior Court, East County
Division, 250 E. Main St., El Cajon, CA 92020.
Department 15, on June 17, 2009 at 8:30 a.m.)
to show cause, if any, why the petition for
change of name should not be granted.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published
in the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
MAY 7, 2009.
East County Gazette – GIE030790
4/30, 5/07, 5/14, 5/21, 2009

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2009-00065809-CU-PT-EC
IN THE MATTER OF THE APPLICATION
OF: MELANIE ANN MILLA TORRES FOR
CHANGE OF NAME PETITIONER: MELANIE
ANN MILLA TORRES HAS FILED FOR AN
ORDER TO CHANGE NAME FROM:
MELANIE ANN MILLA TORRES
TO:
MELANIE ANN MILLA THORSEN
THE COURT ORDERS that all persons
interested in this matter shall appear before
this court (San Diego Superior Court, East
County Division, 250 E. Main St., El Cajon,
CA 92020. Department E-15, on June 10,
2009 at 8:30 a.m.) to show cause, if any,
why the petition for change of name should
not be granted.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published
in the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
APRIL 24, 2009.
East County Gazette – GIE030790
4/30, 5/07, 5/14, 5/21, 2009

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City of El Cajon Public Notice Five-Year Consolidated Plan for Fiscal Year 2009-2010 Continued			
C0704	City of El Cajon 200 Civic Center Way, 410 S First St, 1430 E Lexington Ave., 1285 E Washington Ave., 716 S Second St., 1313 E Main St., 212 S Second St., 1174 E Main St., 1345 E Madison and 1440 S Orange Ave. Housing rehabilitation loans for mobile homes in eligible parks.	14A – Rehabilitation: Single Unit Residential and 14H – Rehabilitation Administration 570.202(a)(5) Capital expenditure loans L/M Clientele 24 CFR 570.208(a)(2)(B)	\$250,000 Mobile Home Rehabilitation
C0901	Chase Ave. Clinic 1111 W. Chase Ave. Installation of playground equipment for children of clients waiting for appointment at their medical clinic.	03P – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Clientele 24 CFR 570.208(a)(2)(A)	\$70,000 Chase Ave. Clinic Improvements
C0902	City of El Cajon 200 Civic Center Way 935 S Emerald Replace exterior wood and paint, clean and seal brick exterior, and refurbish center and gym interior.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$250,000 Renette Center Improvements
C0903	City of El Cajon 200 Civic Center Way Phase II of City's ADA Plan, Identify and Prioritize ADA requirements, installation of ADA curb ramps throughout city.	03 – Public Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.207(a)(1)	\$390,053 ADA Transitional
C0904	City of El Cajon 200 Civic Center Way 935 S Emerald Replace leaking, built-up roof-remove and install new standing metal seam roof.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$250,000 Renette Center Roof & Tile Replacement
C0911	City of El Cajon 200 Civic Center Way 1153 E. Madison Community policing activities.	05I – Crime Awareness 570.201(e) – Public Services grant L/M Area 24 CFR 570.208(a)(1)(i)	\$88,179 Community Policing
CADMIN	City of El Cajon 200 Civic Center Way Administration of the CDBG program.	21A – General Program Administration 24 CFR 570.206 grant	\$212,386 CDBG Administration
C0715	Center for Social Advocacy 1068 Broadway and various locations citywide Fair housing activities.	21D – Fair Housing Activities 24 CFR 570.206 grant	\$34,519 Fair Housing Activities
C0905	City of El Cajon 200 Civic Center Way City Hall and Council Chambers ADA Improvements	03 – Public Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.207(a)(1)	\$120,000 City Hall & Council Chambers ADA Improvements
C0906	City of El Cajon 200 Civic Center Way 935 S. Emerald Remove and replace uneven and defective concrete in courtyard at Renette Park	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$90,000 Renette Park Courtyard Refurbishment
C0907	Crisis House 1034 North magnolia Avenue Homeless Services Homeless assistance and vouchers	03T – Homeless 570.201 (e) – Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$40,000 Crisis House Homeless Prevention
C0908	Meals-On-Wheels 1488 Pioneer Way #4 Provide meals to elderly and disabled.	05A – Senior services 570.201 (e) Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$7,000 Meals-on-Wheels-El Cajon
C0909	Set Free Baptist Fellowship of San Diego 1527 E. Main Street Homeless Services Homeless assistance and vouchers	03T – Homeless 570.201 (e) – Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$50,000 Emergency Voucher Program
Proposed HOME Projects for FY 2009-10			
H0715	Center for Social Advocacy 1068 Broadway and various locations citywide Fair housing activities.	21D – Fair Housing Activities 24 CFR 570.206 grant	\$11,508 Fair Housing Activities
HADMIN	City of El Cajon 200 Civic Center Way Administration of the HOME program.	21A – General Program Administration 24 CFR 92.207 grant	\$84,399 HOME Administration
H0912	El Cajon Community Development Corporation 168 E Main St Funds to be used to acquire, rehabilitate, and sell to low-income first-time homebuyers.	13 – Direct Homeownership Assistance 92.205 – Required CHDO Set-Aside - grant to agency, then loaned to eligible homebuyers	\$113,858 CHDO Set-Aside
H0717	El Cajon Community Development Corporation 168 E Main St Operating support for the housing component of this organization (CHDO).	21I – Funding of CHDO Operating Costs 24 CFR 92.208 – grant	\$37,952 ECCDC Operational Support
H0719	City of El Cajon 200 Civic Center Way Various locations First Time Homebuyer Program.	05R – Downpayment Assistance 24 CFR 92.254 – loans	\$265,667 1st Time Homebuyer Program
H0910	City of El Cajon 200 Civic Center Way Provide First Time Homebuyer Program assistance for newly built units at Ballantyne St.	05R – Downpayment Assistance 24 CFR 92.254 – loans	\$477,271 1st Time Homebuyer Program for Weiland Project-Ballantyne St.
H0720	City of El Cajon 200 Civic Center Way Various locations throughout the City Loan for rehabilitation of single family and mobile homes.	14A – Rehabilitation: Single Unit Residential 24 CFR 92.205(d) loans	\$265,669 Rehab Loan Programs

Comments and requests for additional information may be directed to Xavier Velasco, Redevelopment and Housing Department, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020, (619) 441-1710.

LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010009

FICTITIOUS BUSINESS NAME(S): John's Painting

Located at: 9269 Village Glen Drive, #125, San Diego, CA 92123

This business is conducted by: Husband & Wife

The first day of business was: April 3, 2009

This business is hereby registered by the following: 1. John S. Park 9269 Village Glen Drive, #125, San Diego, CA 92123; 2. Susan R. Park 9269 Village Glen Drive, #125, San Diego, CA 92123

This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 03, 2009.

East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-008630

FICTITIOUS BUSINESS NAME(S): Visualize Graphics

Located at: 2781 Citronella Ave., Lemon Grove, CA 91945

This business is conducted by: Husband and Wife

The first day of business was: March 1, 2009

This business is hereby registered by the following: 1. Monika Anderson 2781 Citronella Ave., Lemon Grove, CA 91945; 2. Kurt Anderson 2781 Citronella Ave., Lemon Grove, CA 91945

This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 23, 2009.

East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

NOTICE OF PUBLIC HEARING CITY OF EL CAJON HOMELESSNESS PREVENTION AND RAPID RE-HOUSING PROGRAM GRANT UNDER THE AMERICAN RECOVERY AND REINVESTMENT ACT OF 2009

The City of El Cajon invites citizens to comment on the draft substantial amendment to the City of El Cajon (City) Fiscal Year 2008-2009 (FY08-09) Action Plan/Consolidated Plan (ConPlan).

The City has prepared an amendment to the City's FY08-09 Action Plan which is available for review on the internet or at City designated locations. Subsequent to approval by the City Council, the amendment will create activities to be funded pursuant to the U.S. Department of Housing and Urban Development (HUD) guidelines for the "Homelessness Prevention and Rapid Re-Housing Program (HPRP)" that is part of the American Recovery and Reinvestment Act of 2009.

Under Title XII of the American Recovery and Reinvestment Act of 2009 ("Recovery Act") Congress has designated \$512,686 for the City of El Cajon, to provide financial assistance and services to either prevent individuals and families from becoming homeless or help those who are experiencing homelessness to be quickly re-housed and stabilized. These funds will be used to provide temporary financial assistance and housing relocation and stabilization services to individuals and families who are homeless or would be homeless but for this assistance. The funds are not intended to provide long-term support. Activities will be limited to short-term rental assistance, medium-term rental assistance, security deposits, utility deposits, utility payments, moving cost assistance, and motel and hotel vouchers. No program participant will be allowed to receive more than 18 months of assistance.

NOTICE IS HEREBY GIVEN that a public hearing will be held at 3:00 p.m. on Tuesday, May 12, 2009, in the City Council Chambers located at 200 Civic Center Way, El Cajon. The purpose of the public hearing is to provide El Cajon citizens with the opportunity to voice their opinions on, and participate in a discussion of the amendment to the City's annual action plan to use Recovery Act funds.

Public input is welcome and encouraged on the proposed use of Recovery Act funds. Citizens may participate in written form prior to the public hearing or orally during the hearing. Written comments must be submitted to the Redevelopment and Housing Department no later than 5:00 p.m., on May 11, 2009. All comments and/or other inquiries should be forwarded to: Recovery Act Program, Redevelopment and Housing Department, 200 Civic Center Way, El Cajon, CA 92020 or (619) 441-1710.

East County Gazette- GIE030790 04/30, 5/07/09

TO PLACE YOUR LEGAL AD CALL (619) 444-5774

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012643

FICTITIOUS BUSINESS NAME(S): Centric Transmission

Located at: 1265 Greenfield Dr., El Cajon, CA 92021

This business is conducted by: An Individual

The first day of business was: June 1, 1999

This business is hereby registered by the following: Jose A. Reynolds 447 Casselman St., #A, Chula Vista, CA 91910

This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 28, 2009.

East County Gazette- GIE030790 4/30, 5/07, 5/14, 5/21, 2009

East County Gazette- GIE030790 — April 16, 23, 30, and May 7

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- Step-by-step training exercises that deal with the most

common situations where dogs tend to have trouble staying calm. **BONUS!** Trouble-shooting human training errors.

What experts are saying about Nan Arthur's *Chill Out Fido!*

The book applies to all areas of training, from family life (e.g., polite leash walking, being handled by veterinarian) to dog sports. The basic premise is that excessive stress interferes with learning and performance, and any dog can become excessively stressed at times. The training exercises are well chosen, appropriately ordered, and build on each other. Even a beginning dog owner should be able to teach the dog the basic essentials. Professional trainers will find

the book useful as a template for teaching a beginning dog training course. — Dani Weinberg, Ph.D., CDBC, author of *Teaching People, Teaching Dogs*

Nan Arthur addresses the real life needs of regular people and the dogs they love. Whether your dog jumps all over, barks like a maniac, or pulls on the leash like a freight train, *Chill Out Fido!* is here to confidently say it doesn't have to be that way. Whatever you've tried in the past, you haven't tried this. *Chill Out Fido!* provides a step-by-step guide to uncovering what makes your dog act wild and crazy and, most importantly, sets out the tools you need to rebuild a foundation of calm, attentive

behavior. Both you and your dog will breathe a sigh of relief! — Madeline Gabriel, CPDT, Former Manager of Behavior and Training, San Diego Humane Society and SPCA

Distributed by: Dogwise Publishing, Ingram, B&T, First Stone Publishing in the UK

Intended Audience: Dog trainers, behaviorists, pet dog owners

Link to Excerpt: http://www.dogwise.com/authpub/chillout-fido_excerpt.pdf

Nan Arthur, CDBC, CPDT, KPACTP has been involved in the behavior and training field for more than 15 years with dogs and over 20 with cats.

Nan started her own business, Whole Dog Training, after 4 years with the San Diego Humane Society. Nan lives in El Cajon with her husband Mike and their two children Sashie and Tiffanie. They are also pet parents to Pepper, Goldie, and Austin (dogs) and Billy Jean, and Kelby, (cats).

Chill Out Fido! How to Calm Your Dog

Author: Nan Arthur
Contact: dogmomca@cox.net

Price: \$15.95 Binding: Paperback, 6" x 9", 200 pages, Indexed

ISBN: 978-1-929242-63-4
Available: Immediately Item #DTB1061

Contact: Kristy Allen, kristya@dogwise.com, 800-776-2665 x 124, fx 509-662-7233

Paws to celebrate a magical evening

The North County Humane Society (NCHS) & SPCA is set for a magical evening of giving back to homeless animals by celebrating them at the 3rd Annual PAWS to Celebrate gala fundraiser on Saturday, May 9 at Paradise Gardens in Oceanside.

The black-tie optional event will feature a VIP reception, silent auction, dinner, and live music from Blackbird Jazztet - perfect for dancing under the stars. Guests will be enticed to compete for fun and exciting live and silent auction items that will draw the attention of many. For the fashion conscience, a pair of Michael Kors sunglasses; the sun lovers can enjoy a two night stay at the Sheraton Maui; the athletic will get in shape with yoga classes; and for the Mexican food lovers, meals from Rubios.

"This gala gives our supporters the chance to come together and make a difference in the lives of animals," said Julie Bank, executive director, North County Humane Society & SPCA. "It is a special way for the community to rally round a very special cause while enjoying themselves."

With Mother's Day on the horizon, PAWS to Celebrate is a great way "celebrate" mothers with a special gift from the auction or an enchanted evening out for a good cause.

"We have taken the best of the best from the past PAWS to Celebrate Events and be-

lieve everyone will enjoy this great outdoor venue with live entertainment for this wonderful cause", said Linda Christie, event chair.

The VIP reception takes place from 5 - 5:45 p.m., followed by a silent auction from 6 - 7:30 p.m., with dinner being served at 7:30 p.m. VIP tickets cost \$175 and include a hosted reception with complimentary beer, wine, champagne and hors d'oeuvres; plus a special preview of the silent auction items. Regular tickets cost \$125.

Anyone interested in pur-

ADOPT-A-PET



Molly, with her beautiful face and expressive eyes, is pure sweetness. She is a 50-pound, 2-year old, Vizsla/Hound mix. Molly loves to snuggle, enjoys outings, and is highly intelligent. She'll do best in a home with older children (12+) or adults. Molly is being fostered in a private home as part of the FOCAS (Friends of County Animal Shelters www.focas-sandiego.org) rescue program. To arrange a meeting, call (858) 205-9974. Her \$150 adoption fee includes microchip, license, vaccinations, and spay.

Pepper, an 8-year old Beagle mix is 33-pounds of sweetness! Her puppy-like behavior is endearing. She loves to play, enjoys attention, is easy-going, and has plenty of spring in her step. Pepper is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). If you want a gentle, affectionate, wonderful dog, call us about Pepper: (619) 788-7880.



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