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VOLUME 9 NUMBER 40 **MARCH 12 - 18, 2009**



It's pageant time in East County. Read about Lakeside and Santee pageants on page 4 and Alpine pageant on page 6. Pictured above are the contestants for the Alpine Princess Pageant to be held Saturday, March 14. Photo by Kathy Foster

See Dave Stall's column on the Dodge Sprinter on page 11.



Read about 'Sunshine Cleaning' by Diana Saenger in the Class Act Entertainment section

The running of the goats



The community of Crest began their fight against wildfires with last Saturday's event, "The Running of the Goats." Photo by Debbie Norman

With fire season around the corner, residents of Crest are getting prepared — the "green" way! Devastated by the 2003 Cedar Fire, Crest has begun an integrated fuel reduction project with the

introduction of 250 goats to eat their way across a 150-acre fuel reduction project. This environmentally balanced project combines the goats, machines and manpower to reduce vegetation, which might otherwise play a role in another wildfire.

On Saturday, March 7, the Crest Firesafe Council sponsored "The Running of the Goats," event, which kicked off the fuel reduction project. Goats raced down a back road by South Lane Park, led by local boy scouts and herded into

a large field, where they began their feast.

The State of California has also began to use goats to thin undergrowth in areas where controlled burns are too risky

See FIRE PREVENTION page 2

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Fire prevention with goats...

Continued from page 1

or terrain is too difficult for humans to navigate, according to Tom Hoffman, chief of fire prevention for the California Department of Forestry and Fire Protection. They (the goats) love their job and need no prodding to eat their way through tasty undrebrush. All they require is water, supervision and portable fencing to keep them under control.

There are many reasons to use goats:

Goats are versatile. They can be used effectively in almost

any location or terrain type, especially in terrain too rocky or steep for human or machine clearing. Goat cleared areas are more fire resistant, and significantly more attractive appearances result.

Goats are one of the most cost effective brush and weed abatement resources per contracted area.

Goats are an environmentally friendly method for clearing areas containing endangered or sensitive vegetation and animal life. Thinning by goats is a natural method resulting in

a naturally balanced environment over the long term. Erosion from over-stripped recently cleared land is eliminated safely and effectively.

Goats are far less intrusive than mechanical clearing tools. The loud noise of heavy equipment is much more bothersome to resident than the quiet grazing of goats.

Goats are one of the most effective fire prevention tools available. Areas cleared or thinned by goats recover more naturally and resist wildfires giving fire crews the upper-

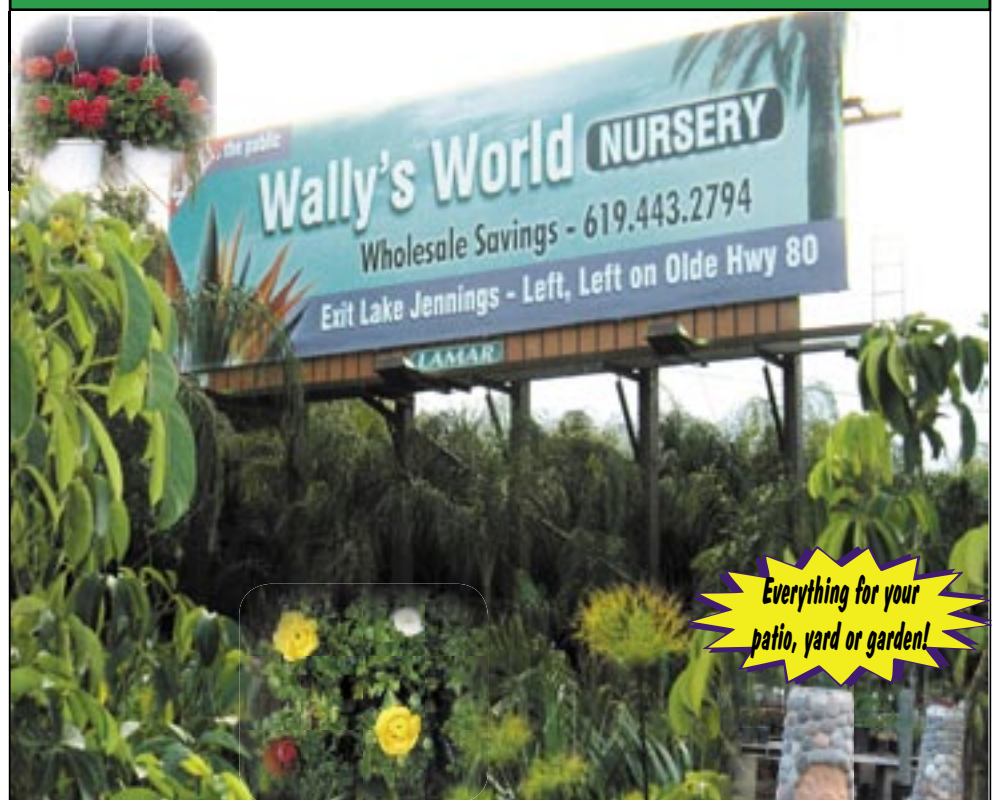
hand and protecting life and property.

Smokey Bear watch out. . . here come the goats!



Photo by Brent Norman

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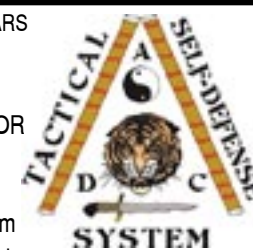
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SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —



Lakeside Round Up of events



2008 Teen Miss Lakeside Erica Cordes, 2009 Teen Miss Lakeside Chelsea Beyer, 2009 Miss Lakeside Kylene Parks, 2008 Miss Lakeside Anastasia Horning. Photo by Patt Bixby

Miss Lakeside Scholarship Pageant

On Saturday, March 7, family, friends and well wishers gathered at the Lakeside Community Center for the 47th Annual Miss Lakeside Scholarship and Teen Miss Lakeside Pageant.

Miss Lakeside 2008 Anastasia Horning and Teen Miss Lakeside 2008 Erica Cordes gave their farewell speeches before welcoming the 2009 Miss Lakeside Kylene Parks and Teen Miss Lakeside Chelsea Beyer. The runners up were #2 Amanda Sullivan, #1 Leanna Purcell for Miss Lakeside and #2 Anastasia Alm, #1 Janelle Wooster for Teen Miss Lakeside.

Dates to Remember

March 18: Lakeside Planning Group- Lakeside Community Center 7 p.m.

March 19: Lakeside Chamber of Commerce Mixer- Alpine Rock N Block 6 to 7:30

p.m. Wine and cheese mixer \$5 admission. 13288 Hwy 8 Business, El Cajon. RSVP 561-1031.

March 20-21: Woman's Club of Lakeside Quilt Show 10 a.m. to 4 p.m. Olde Community Church, 9906 Maine ave. Admission \$3.00 Door prizes, opportunity quilt drawing. Quilts- Second Hand Rose boutique- New crafts.

March 26: Supervisor Dianne Jacob Coffee with Constituents, Mario's Restaurant 8:30 to 10:30 a.m., 12441 Woodside Ave.

Farmers Market each Thursday 2 to 6 p.m., Vine St. and Lakeshore in Lakeside.

'Coffee with the Constituent'

Thursday, March 26 Supervisor Dianne Jacob is hosting an informal meeting "Coffee with the Constituent". This is an opportunity to share ideas, problems or concerns residents have regarding county government.

Santee/La Mesa Queens crowned



La Mesa Mayor, Art Madrid presenting Stephanie Packard and Katarina Schweitzer



Santee Mayor, Randy Voepel presenting Sierra Billock and Nicole Ehle

On Friday, March 6, the city of La Mesa and the city of Santee held one of their most grand traditions, the Miss La Mesa and Miss Santee Pageants. The programs have been a tradition in the cities since the late 1960's and is an outstanding mentoring program for young women. Honorable Mayors Art Madrid and Randy Voepel were in attendance to formally present Miss La Mesa 2009 Stephanie Packard, Miss La Mesa Teen 2009 Katarina

Schweitzer, Miss Santee 2009 Sierra Billock and Miss Santee Teen 2009 Nicole Ehle.

A total of 30 young women from the East County have entered the pageants in hopes of becoming their new city ambassadors. The contestants were scored on personal interview, speech, poise and personality, sportswear, evening gown and an on stage question. The winners will advance to the Miss Greater San Diego Pageant, the official preliminary to Miss California USA and Miss USA.

The results for the City of La Mesa were as follows:

Miss La Mesa 2009, Stephanie Packard, Miss La Mesa Teen 2009, Katarina Schweitzer

1st Runner up, Allison Williams, 1st Runner Up, Rosa Chavez-Frank

Miss Congeniality, Keilani Fite, 2nd Runner Up, Abby Lehto

Miss Photogenic, Stephanie Packard, Miss Congeniality, Danamarie Carter

Speech Award, Hope Rosemary, Miss Photogenic, Katarina Schweitzer

Interview Award, Allison Williams, Speech Award, Rosa Frank-Chavez

Essay Award, Hope Rosemary, Interview Award, Rosa Frank-Chavez

See SANTEE PAGEANT RESULTS page 6

by Patt Bixby Two-legged skunks

Two legged skunks have been taking plants right out of the ground at the Lakeside Historical Society and Olde Church on Maine Ave, said Nita, a Historical Society member and care taker of the grounds. Nita works hard to keep the grounds looking

beautiful and it's hurtful to see the damage.

For the past two years vandals have been taking plants. Mother's Day is a particularly busy day for the vandals who strip the rose bushes bare. If you see anyone taking plants please contact the Lakeside Historical society at 561-1886 or the Sheriff's Department at (619) 956-4000. Do not confront.

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— LOCAL NEWS & EVENTS —



El Cajon City Highlights

by Monica Zech
City of El Cajon Public
Information Office

Spring City Newsletter is here

The City of El Cajon Newsletter and Recreation Guide is now available at your local recreation centers, City Hall, and libraries. Keep your kids busy this spring and summer with all the great activities – there's something for all ages. In the newsletter section see updates on City projects and City services. Keep in mind the Spring Recreation Guide & City Newsletter will not be coming to your mailbox. Visit our website at www.ci.el-cajon.ca.us and look under "What's New" or again, pick-up a hard copy at any City facility.

Free CPR lessons

The American Red Cross will be holding their annual CPR Saturday on March 14, at the San Diego Concourse – Golden Hall, located at 202 C Street in San Diego. Hours are 7 a.m. to 1 p.m. Free adult CPR training for all ages, safety training for children ages five to eleven, and a blood drive will also be held. For more information call (858) 309-1369 or visit www.sdcrc.org.

El Cajon Mini Relay Rally

Don't miss the El Cajon Mini Relay Rally this Saturday, March 14 at the Cajon Valley School District's Board Room located at 750 East Main Street in El Cajon. It's from 9 a.m. to 1 p.m. Learn more about the El Cajon 2009 Relay For Life event taking place on June 6 and 7 at El Cajon High School, with proceeds to benefit the American Cancer Society.

There's help at the Homebuyers' Fair

Current or future homebuyers, you're invited to the San Diego County Association of Realtors' 4th Annual Homebuy-

ers' Fair planned for Saturday, March 21, from 9:30 a.m. to 1:30 p.m. at the Ronald Reagan Community Center, located at 195 East Douglas Avenue. For more information please call (619) 441-1673.

SPRITES Mother-Daughter event "Setting Sail"

Sprites of East County, a mother-daughter philanthropic organization, host "Setting Sail". The annual event includes a fashion show and silent auction on Saturday, March 21, 3:30 p.m. at the East County Performing Arts Center. Enjoy an opportunity drawing and silent auction items that include fine dining experiences, pamper baskets and theater tickets. At 5 p.m. guests are ushered in to see the fashion show featuring apparel from Fashion Valley stores. The entertainment continues with a dance review performed by SPRITES girls.

"This is our big fundraiser that supports the many philanthropies we support," said

Pamela Yeiser event committee chairperson. "As a group, we donated over 7,000 hours to organizations including Special Olympics, Head Start, CRASH, Boys and Girls Club, Horsemanship for the Handicapped, New Alternatives and many more East County organizations." Tickets to "Set Sail" are available for \$60 per ticket by calling (619) 491-0677. The East County Performing Arts Center is located at 210 East Main Street. For more information about the SPRITES organization, visit www.sprite-sofeastcounty.org.

Youth of the Year nominations being accepted

You still have until March 27, to send us your nomination for the City of El Cajon Teen Coalition's "Youth of the Year" Awards to recognize those who go above and beyond in serving their community either through their leadership abilities and/or their quality or level of community service in El Cajon. Leadership can be defined as

those individuals who consistently facilitate a team vision and help guide others towards success. Community service helps better the community through the value and impact of those served. Final awards will be based on dedication, commitment beyond what may be required by school, and demonstrated impact on the community.

Two awards will be given to eligible students each year: one award for a student currently at the middle school level (grades 6th – 8th), and the other for a student currently at the high school level (grades 9th – 12th). All nominations are reserved for youth who are residents of the City of El Cajon. Those chosen will be recognized and awarded for service accomplished within the calendar year previous to the nomination period. We are currently awarding work that has been accomplished between Jan. 1 and Dec. 31, 2008. Applications will be avail-

able at all schools with eligible participants, City of El Cajon Recreation Centers, and on the City's website at www.ci.el-cajon.ca.us. All applications must be received by March 27, 2009. For more information call Adam Tronerud at (619) 441-1674.

Annual Dance & Tumble recital is back

It's back! The City of El Cajon Recreation Department will hold their Annual Dance and Tumbling Recital at the East County Performing Arts Center on Sunday, March 22. Get your tickets now! This popular recital will showcase the talents of ages five through senior adult in tumbling, tap, jazz, cheer, hip-hop, lyrical and modern jazz. For over 20 years, this recital, "Dance and Tumble...Through The Decades!" will instill and support youth and their families with creative activities, commitment to learning, and constructive use of time! Tickets are just \$6 with proceeds going back to Recreation Department programs. Children 3 years old and younger are free as long as they can sit on a parent's lap. Proceeds from previous events helped in providing new dance floors at five recreation centers, new tumbling mats and lighting enhancements. For ticket information call (619) 588-4276. The box office is located at 1545 Pioneer Way; hours are Monday through Friday from 9 a.m. to 5 p.m.

Grand-Reopening of Harley Davidson in El Cajon

In El Cajon since 1954, El Cajon Harley Davidson, located at 621 El Cajon Boulevard, will hold a Grand Re-Opening

on Saturday, March 28 from 11 a.m. to 4 p.m. For the past three years, they have gone through a remodel and expansion process. In celebration, the dealership will have two live bands to entertain and plenty of food and plenty of fun activities.

Two Police events....Baker to Vegas Relay

Over 20 sworn and non-sworn El Cajon Police personnel, family and friends will be taking part in the 25th Annual Challenge Cup/Baker To Vegas Relay on March 14 and 15. When you add support staff and alternates for the runners, the team size is practically doubled. This 120-mile race is considered the largest law enforcement event of its kind in the World. The original ideals of the race continue to be: teamwork, camaraderie, physical fitness and competition. This is the 5th year the El Cajon Police will be sending a team, and the second year their team number will be "143" in memory of fellow Officer Chris Pietrzak who passed away in September of 2007. The public is invited to help raise funds for the team; t-shirts are available by calling (619) 441-5593.

Note: Please keep me informed of your community events by placing me on your mailing or email list. If you have an event in the City of El Cajon that you would like to share, please contact Monica Zech, Public Information Officer for the City of El Cajon, via email at mzech@ci.el-cajon.ca.us or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

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— LOCAL NEWS & EVENTS —



Alpine happenings ...

Alpine Pageants

The pageant theme this year is Alpines Chee-tah Girls, One World.

Join the 16th anniversary of the Alpine Princess Pageant, Saturday, March 14, 4:30 p.m. at the Alpine Elementary School.

Get on the map

The Alpine & Mountain Empire Chamber is now taking reservations for advertising

space on the new soon-to-be published 2008-2010 area map of Alpine and the communities of Descanso, Pine Valley and Campo. For more

information, see <http://intranet.alpinechamber.com>, or call or email Kelly@alpinechamber.sdcxmail.com.

St. Patrick's Day Dinner

Alpine Community Center is hosting a St. Patrick's Day corned Beef and Cabbage Supper on Wednesday, March 11 from 4 to 6 p.m. Join in the fun for a traditional supper and Irish ales. Tickets are on sale now. Adults are \$12, \$5 for kids. Alpine Community Center is located at 1820 Alpine Boulevard, Alpine. (619) 445-7730.

Free Monthly Family Fun Nights

Friday, March 27, 6 – 8 p.m. Free Monthly Family Fun Nights at the Mountain Empire Community Center, 976 Sheridan Road, Campo. For more information, call Carol Lewis at (619) 445-6200x165.

Youth Choir

Community Youth Choir (CYC) new session begins weekly singing classes on Tuesdays at 5:30 p.m. at Christ The King Episcopal Church, 1460 Midway Dr., Alpine, CA 91901. Recital is on April 3. Call Terri at (619) 723-0309 or 445-8968 or see www.ChristTheKingAlpine.org

On the cover:

Front: Little Miss Alpine 2008 Carlee Gliko and Junior Miss Alpine 2008 Haley Ford
Front row: Julia Jorgensen, Ashley Carter, Halle Sweiss, Karlee Dillion, Terra Crocker, Sydney Wright, Sierra Hayes, Noel Doren
Second row: Stephanie Spear, Jasmine Davis, Hannah Noetzel, Kylee Schwench, Madeline Heil, Sierra Rury, Sarah Shafer, Annika Wright
Back row: Dominique Markowicz, Nicole Gliko, Noelina Retz, Jamie Fortin, Ashley Wiley, Kayla Jorgensen, Alison Jones

Santee pageant results...

Continued from page 4
The results for the City of Santee were as follows:

Miss Santee 2009, Sierra Billock, Miss Santee Teen 2009, Nicole Ehlke
 1st Runner up, Kimberly Swank, 1st Runner Up, Taylor Shelton
 2nd Runner Up, Monique Edmond, 2nd Runner Up, Maria Maes
 Miss Congeniality, Rhawnie

Kelsch, 3rd Runner Up, Rebecca Hudson

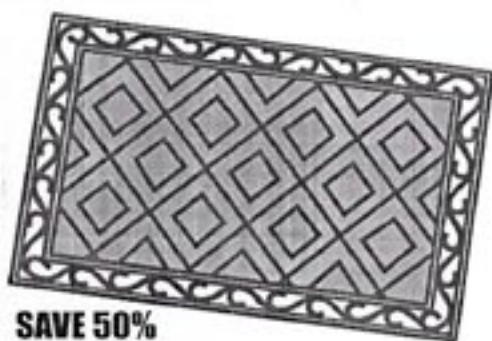
Miss Photogenic, Melissa Green, Miss Congeniality, Maria Maes

Speech Award, Rhawnie Kelsch, Miss Photogenic, Hannah Mueller

Essay Award, Victoria Heyne, Speech Award, Nicole Ehlke

Interview Award, Melissa Green, Essay Award, Nicole Ehlke

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For Health's Sake

What color is that migraine?



by Judy Callihan Warfield

Next time you experience a migraine headache, try asking yourself "what color is it"? In an article on Web MD Health

by Dr. Gary Vogin, he indicates that researchers have subjected hypnosis to the scrutiny of clinical trials and it has passed with flying colors!!! Hypnotherapy is a drug free method to soothe acute and chronic pain from surgery, cancer, medical procedures, old injuries, and most certainly headaches. The report published in The Lancet for April 29, 2000 offers compelling evidence for the powers of hypnosis in regards to pain reduction and management. They went on to say that hypnosis not only reduced pain, but also anxiety and blood pressure complications in patients undergoing

invasive medical procedures. Dr. Donald Lynch of Eastern Virginia School of Medicine who specializes in oncology indicates "hypnotherapy is simply a refined form of applied imagination" and has used hypnosis in his patients to alleviate pain, anxiety, and depression associated with cancer.

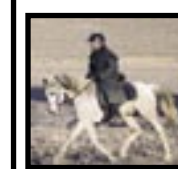
Hypnosis is not in opposition or in conflict with your prescribed medical protocol. In fact, any reputable hypnotherapist is bound by California law to work under a physician's referral for any issue that may have a medi-

cal origin. A lot of the most prestigious medical institutions are now recommending the use of hypnotherapy. The UCLA Pain Control Unit under the direction of Dr. David Bresler has written several books discussing how the mind can substantially reduce chronic pain.

Dr. Martin Rossman's books discuss hypnosis and guided imagery as a valuable tool to combat pain. Dr. John Sarno encourages patients to use this method in combating chronic pain, specifically back pain.

There are many different techniques that are used and taught to clients to combat pain. Stress management is also a necessary tool that clients find helpful in bringing all of their mental resources into focus. Breaking down the many components of the pain is a very helpful path. Another popular method to reduce pain is thru "dialing down" the level of pain. Glove anesthesia is another very effective technique.

Perhaps it is now time to rid yourself of those debilitating migraine headaches? Because hypnotherapy is an effective, rapid, and drug free method, I would ask the question "WHAT ARE YOU WAITING FOR?"



Health... Just Common Horse Sense

by Dr. Donald Adema

As the last article implied, my head is fairly exploding with strategies for better health and prevention. However, before I set off I must share with you a patient interaction that brought my staff and I back to the realities of life and daily living.

When wandering through various extended care facilities and board and care sites, I often wonder which of the elderly patients were placed to no longer be a bother or were placed because they required more care than a family could provide. And, if they were placed, was it after a family agonized over their deficiencies in keeping mom or dad home. Their tears are not unfamiliar to my office or hospice team.

It was the later description that stopped the office team on a busy day. A noble family will be bringing dad home to die in familiar territory with a horse or two close by. A hospice team will gallup in as the care calvary and enfold the patient and family with strong yet gentle support. Comfort measures will be put in place and constantly reviewed and fine tuned. He will look over his meadow and stable.

No matter the preventative health strategy that is in place, we will all leave this place. May it be to God with family at your side.

For questions or comments for Dr. Adema, please write to Horse Sense Questions, C/O Adema Family Medicine, 10201 Mission Gorge Road, Santee, CA 92071.

Judy Callihan Warfield is President of Success Hypnotherapy, Inc. located 4730 Palm Ave. #205, La Mesa, Ca. 91941 and can be reached at her office by calling (619) 303-8511 or email judy@successhypnotherapy.com

Laughter is the Best Medicine

Last Rites

An Irish priest was transferred to Texas. Father O'Malley rose from his bed one morning. It was a fine spring day in his new Texas mission parish. He walked to the window of his bedroom to get a deep breath of the beautiful day outside. He then noticed there was a jackass lying dead in the middle of his front lawn.

He promptly called the local police station. "Good morning. This is Sergeant Jones. How might I help you?"

"And the best of the day to yourself. This is Father O'Malley at St. Ann's Catholic Church. There's a jackass lying dead in me front lawn and would ye be so kind as to send a couple o'yer lads to take care of the matter?"

Sergeant Jones, considering himself to be quite a wit, replied with a smirk, "Well now Father, it was always my impression that you people took care of the last rites!"

There was dead silence on the line for a long moment, Father O'Malley then replied: "Aye, 'tis certainly true; but we are also obliged to notify the next of kin."



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Class Act Entertainment

Want to have dinner with Robert Osborne?



Robert Osborne. Photo credit: courtesy A.M.P.A.S.

Robert Osborne, the noted primetime host of Turner Classic Movies (TCM), gets more comments from movie fans than any other film personality on television. With his gentle manner, vast knowledge of both films and their stars, it's easy to see why he's an incredible host of TCM. Fans of Osborne or classic films have a fantastic opportunity to win screening passes and dinner back stage with Osborne at the Fifth Annual Robert Osborne Classic Film Festival at Grady College of Journalism and Mass Communication at the University of Georgia in Athens, GA, March 19 -22.

For the four-day festival the 2,000-seat Classic Center theatre will be transformed into a world-class movie palace with the installation of a 60-foot motion picture screen and state-of-the-art 35mm projection and sound systems. Most prints will be pristine archival 35mm prints from many of the major studios. Each year's lineup of films and special quests is always first rate, and this year is no exception. Films this year include: *Goldfinger*, *E.T.*, *The Godfather*, *Funny Girl*, *Sunset Boulevard*, *Rear Window*, *King Kong* and *For Your Consideration*.

Osborne, also a columnist for *The Hollywood Reporter*, said he picked the eight films that will be shown because, "They represent the breadth and variety of classic cinema from the 1930's to the 2000's."

Osborne and his co-host Fred Willard will speak with each guest prior to each film's screening, and discuss elements of that particular film, as well as take questions from the audience. This year's guests are equally exciting and include Guy Hamilton, Director, *Goldfinger*; Tom Brown, Vice President of original productions for

Turner Classic Movies, *King Kong*; James C. Katz, Producer and Film Restoration, *Rear Window*; Fred Willard, Festival Co-Host, *Funny Girl*; Michael Hitchcock,

Actor, *For Your Consideration*; Alan Rode, Film Noir Historian & Specialist, *Sunset Boulevard*; Talia Shire, Actress, *The Godfather*; and Cloris Leachman, Actress,

Guest for *Funny Girl* & *E.T. The Extra Terrestrial*.

Airline fares are extremely competitive at the moment and Athens, Georgia is a lovely city

to visit this time of year. The Robert Osborne Classic Film Festival Film gets raves every year as an informative, relaxing and fun event. Film critic, roving film historian and festival panel-

ist Diana Saenger is giving away two sets of screening passes and dinners with Osborne at the festival on her website. Visit www.classicmovieguide.com for more details.

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— CLASS ACT ENTERTAINMENT —

'Sunshine Cleaning' — a surprisingly sweet melodrama



Amy Adams and Emily Blunt star in *Sunshine Cleaning*. Photo credit: Lacey Terrell/Overture Films

Review by Diana Saenger

Sunshine Cleaning, a simple story with unexpected surprises, is filled with reality by the performances of Amy Adams, Emily Blunt and Alan Arkin. In this film about a dysfunctional family, it's the quirky tone and simplistic direction by Christine Jeffs (*Sylvia*) that makes the movie work.

Rose Lorkowski (Adams)

should have a better life. She's a single mom working as a maid in the homes of those who were her peers when she was the most popular girl in high school. Instead of being married to her high school sweetheart and school quarterback Mac (Steve Zhan), she meets the married Mac at a local hotel for a quickie whenever he can break free from his job as one of the small town's police officers.

Too busy to worry about her future, Rose instead has to take care of her 7-year-old son, Oscar (Jason Spevack), who always seems to get into trouble at school. Rose also has to rein in her out-of-control, tattooed and prickly sister Norah (Blunt).

When Rose is offered a cleaning job at a new house, she opens her eyes concerning how sad her life really is. The home belongs to Rose's old school chum who invites her to a baby shower with some of their former friends. Although Rose is excited to finally "fit in," the situation only accentuates the mundane aspects of her life. After Rose runs into Mac's

wife (Mary Lynn Rajsak) who tells her she knows about the affair, Rose understands she's basically a loser.

he's not quite as caustic, and his noble desire to do good by his fractured daughters shines through all his bizarre efforts.

A chance to start a better job arises when Rose and her sister begin Sunshine Cleaning, a business cleaning up crime scenes. Unaware of the protocol or environmental rules involved, the girls plunge

head on into cleaning up blood and other elements left behind once the yellow tape gets taken down. Her ignorance of the law presents even more obstacles for Rose.

The story is about more than what one sees on the screen. The underlying theme concerns how two sisters overcome the tragic death of their mother while helping their father (Arkin) move on with his life, and making their own dreary lives better.

While the theme is understated, it's highlighted by screenwriter Megan Holley's quirky humor as illustrated mostly through the characters portrayed by Arkin and Blunt - with Adams the re-bouncer of their mirth. Arkin appears like a shadow of the character he won the Best Supporting Actor Oscar for in *Little Miss Sunshine*. In *Sunshine Cleaning*,

Blunt stands out far differently than she did in *The Devil Wears Prada*. More than a snide, jealous woman, Blunt presents Norah as a troubled and defiant teen on the outside but a needy and wounded soul on the inside. Adams (*Miss Pettigrew Lives for a Day*) immerses herself in every role she plays as her Oscar nominations for both *Doubt* and *Junebug* validate. As Rose, she carries the weight of the world on her shoulder while sloughing off the torpedoes of failure like they're balloons.

"I really could identify with wanting to be more than you are, in a different place than you were born into, to sort of elevate your status in the world," Adams said. "That's something I think a lot of people identify with."

In the supporting cast, Clifton Collins Jr., as a somewhat mentor to Rose, and Jason Spevack, as Oscar, add interesting elements to the story.

Sunshine Cleaning is a slice-of-life entertainment offering both humor and heartbreaking melodrama.

REEL FACTS

Sunshine Cleaning

Studio: Overture Films

Gazette Grade: B

MPAA: "R" for language, disturbing images, some sexuality and drug use

Who Should Go: fans of this cast

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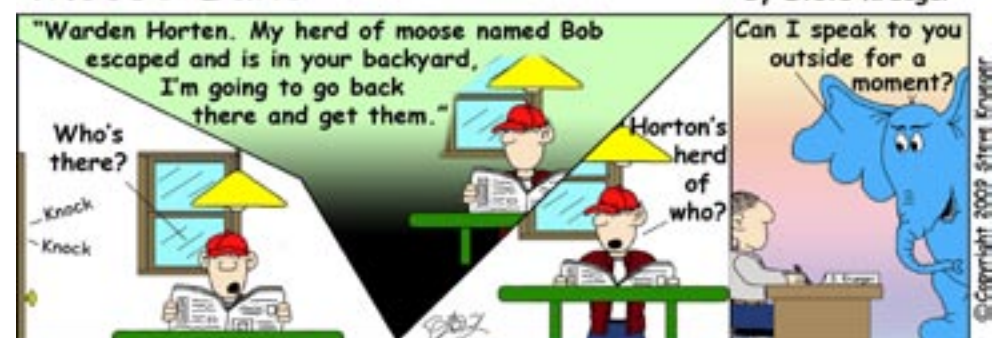
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MOTOR AND SPORTS

Dodge Sprinter, the answer for large families



by Dave Stall

Got a big family? Maybe a small church or a tour business? Then you need passenger space and the Sprinter by Dodge may be just your cup of tea.

The Sprinter I tested was the 170-inch wheel base, which is the longest they make or one can opt for the smaller version that is a 144-inch wheel base. Single or dual wheels in the rear are available for added stability especially if with the Sprinter with the tall ceiling

that is over six feet tall. My test van had single rear wheels and the high roof worked just fine, although I did get into a little wind in Alpine but had no problem.

There is one engine to choose from — a 3.0-liter V6

that burns diesel. Expect fuel mileage around the 20's, which isn't bad and with a 25 gallon fuel tank, there is a range in the 600 mile area. I must admit the V6 was a little under powered but manageable.

See **SPRINTER** page 12



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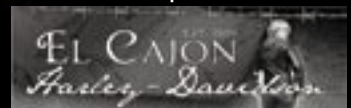
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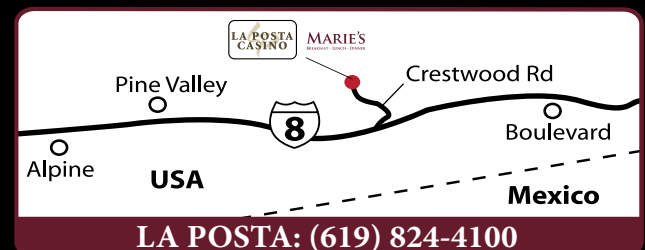


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— MOTORandSPORTS —

Dodge Sprinter ...

Continued from page 11

There are a lot of standard creature comforts like A/C front and rear, AM/FM/CD, power windows and door locks and power heated mirrors. The driver and passenger seats were very comfortable with air

ride adjustments for those long trips. Sliding passenger side door that was pretty big but it slid on its tracks as if it didn't weigh a thing. The seating layout worked great for unloading and loading passengers (I was going to head out to Viejas and

see if I could make a buck or two hauling gamblers but no takers, must have been the lack of decals!)

The first row of seating held three, the second row held three and the third row held four passengers for a total of 10 plus the passenger and driver. Rear air was available and the windows were well tinted with a great view. The rear doors opened barn-style and you had enough room in the back for luggage for 12 and there was a nice step to help passengers into the rear of the Sprinter and plenty of lights to help guide the way.

Safety was a concern for Dodge so they added traction control, air bags up front,

Latch-Ready Child Seat Anchor System, Adaptive Electronic Stability Program, heavy duty stabilizer bar up front, power rack and pinion steering, and a emergency exit window.

My tester came with a lot of extras that brought it from a base price of \$47,220 to a whopping \$63,365 plus tax and license. But I can state that Rancho Dodge in Kearny Mesa has over 100 units in stock and they will do what they can to put one in your garage or driveway. Talk with Doug Wilson and he will sharpen his pencil, just tell him "Dave sent you"!

Got a question for Dave? Go to www.davestall.com or call him at (760) 715-5507

Bumper-to-Bumper with Dave Stall

Dave: I have heard you talk on your radio show on KCBQ AM 1170 about putting a transmission oil cooler on a vehicle that will be used for excessive towing. I didn't hear where you should put the cooler. I tow a Bob Cat and the truck I use is a 2007 Ford F-350. I have checked my transmission fluid a couple of times and the fluid is pretty dark. The truck only has 23,443 miles on it. I'm going to do a transmission service (not a flush, I listen) and install a transmission cooler. Keep up the great work! Len, El Cajon.

Len: Thanks for the kind words. If your truck didn't come with a cooler (it should have) you will want to install the cooler at the transmission lines that go up to the radiator, which is the stock cooler, don't eliminate the radiator from the system. Cool water from the radiator helps keep your transmission cooler and helps eliminate wear and tear. I would also put in a transmission temperature gauge, cut into the hot side of the cooler line so you will get an accurate reading on how hot the transmission gets during towing and climbing hills.



Got a car question or comment? Contact Dave at www.davestall.com



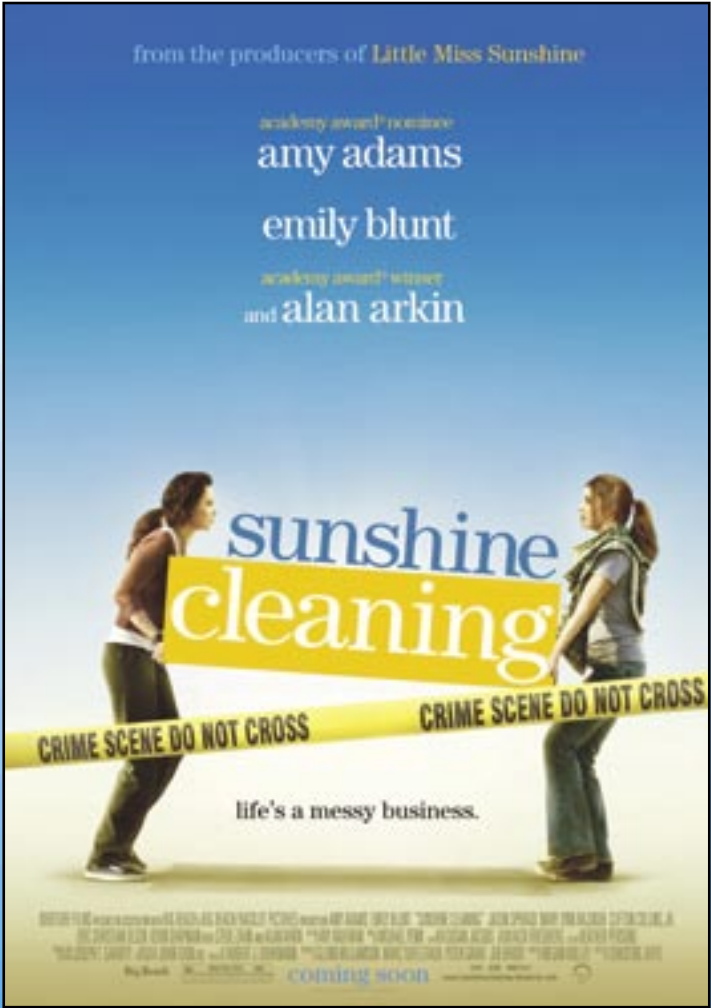
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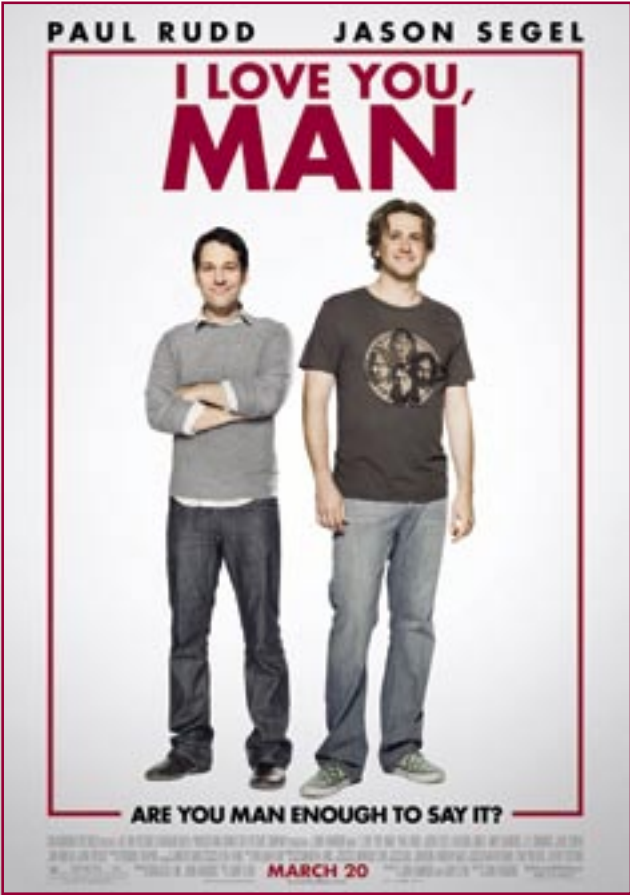
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IN THEATRES MARCH 20




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IN THEATRES MARCH 20
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— MOTORandSPORTS—

Joiner is the Junior Seau Foundation 2009 Legend of the Year



Dan Fouts with old friend Charlie Joiner. Photo by Chuck Karazsia

by Chuck Karazsia

When Junior Seau announced that former San Diego

Charger, NFL Hall-of-Famer Charlie Joiner would be honored at the 2009 Junior Seau Foundation Legend of the Year 17th annual

Celebrity Golf Classic, NFL legends and sports celebrities clamored to show their respect and support by attending this event for the former veteran receiver and current San Diego Chargers receivers coach.

In Junior Seau's own words, "Charlie Joiner serves as an example to all of us. Charlie was Don Coryell's most precise receiver and a standout player in the NFL for almost two decades."

For 17 years the Junior Seau Foundation has given to the youth of San Diego funding and ongoing support for a variety of programs and scholarships. This includes child

abuse prevention, drug and alcohol awareness, and anti-juvenile delinquency efforts combined with complimentary educational and recreational programs.

Kicking off the three-day Junior Seau Foundation Celebrity Golf Classic last Saturday, a Legends Party held at SEAU'S the Restaurant. Open to the public guests mingled with sports stars and celebrities, enjoying the delicious cuisine and drink from San Diego's finest restaurants, entertained by the Viejas Enterprise Virtual Casino.

Dinner and Auction were held on Sunday at the La Costa Resort & Spa honoring the

legend Charlie Joiner attended by hundreds.

The event concluded on Monday with the 17th annual Junior Seau Celebrity Golf Tournament pairing NFL celebrities with individual and corporate sponsors.

Those in attendance at the 3-day event were Dan Fouts, Drew Brees, Matt Cassel, Tedy Bruschi, Stephen Cooper, Kellen Winslow, Greg Lloyd, Tim Brown, Warren Moon, Rodney Harrison, Natrone Means, Marcus Allen, Norv Turner, David Wells, Quentin Jammer, Mike Scifres, Lorenzo Neal, John Lynch, and Jim Laslavick

California Prep-Football

Player of the Year from Cathedral High School Tyler Gaffney also was in attendance at the dinner.

Major sponsors included Fujitsu, Toshiba America, Mercedes-Benz of Escondido, Nordstrom, EDCO, Wells Fargo, Dowling & Yahnke, San Diego County Toyota Dealers, DC Shoes, ALM Window and Door. American Airlines providing air travel for the celebrities.

Junior Seau established the Junior Seau Foundation in 1992 to raise money to inspire young people to tackle the challenges of life with enthusiasm, hope, and dignity, the same characteristics as the host himself.



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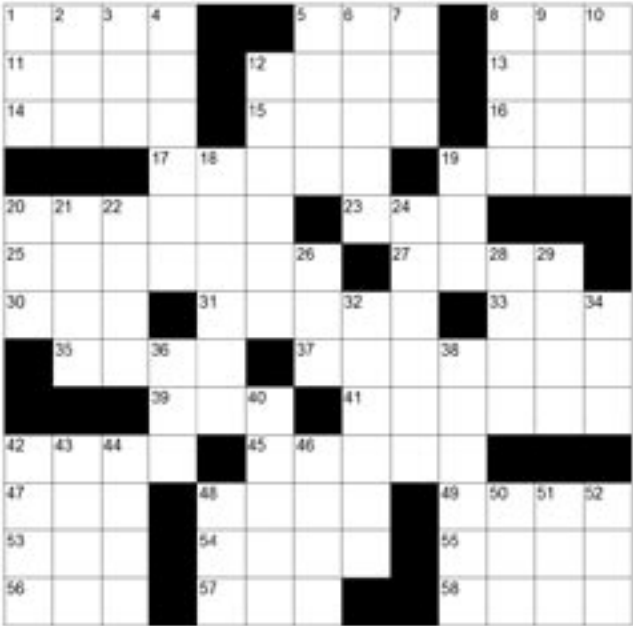
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- Across
- 1 Belch

5 Vase

8 Hoopla

11 Freudian selves

12 Afloat

13 Distress call

14 Those people

15 Puff

16 Infirm

17 Line of work

19 World organization

20 Bends

23 Weep

25 Of gigantic size

27 Speed contest

30 Flightless bird

31 Approximate date

33 Extremity

35 South American nation

37 Relating to satire

39 Affirmative

41 Sharp angled path

42 Stake

45 Firm

47 Contend

48 Not this

49 Chancy
- Down
- 1 Stake

2 Good grief!

3 Caviar

4 Insane person

5 U.S. Air Force

6 Relaxes

7 Slumber

8 Continent

9 Dimwit

10 Capital of Norway

12 Tennis player Andre

18 Save

19 BB association

20 Whiz

21 Frolic

22 Indication

24 Talker

26 Tax agency

28 Russian Marx

29 Canal

32 Plebes

34 Metric weight unit

36 Seed bread

38 Kindle

40 Wan

42 Eager

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44 Seethe

46 Fib

48 Decade

50 Driving hazard

51 Last day of the wk.

52 Affirmative

CRYPTOGRAM

Decode the message by finding each substitute letter or symbol.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2009-00064235-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF:
KAMARAN PASHA ON BEHALF OF MINORS
CONNIE HUSSAIN, KAVIE HUSSAIN AND
ARI HUSSAIN FOR CHANGE OF NAME
PETITIONER: KAMARAN PASHA ON
BEHALF OF MINORS CONNIE HUSSAIN,
KAVIE HUSSAIN AND ARI HUSSAIN HAS
FILED FOR AN ORDER TO CHANGE NAME
FROM:

CONNIE HUSSAIN
TO: CONNIE PASHA
AND
KAVIE HUSSAIN
TO: KAVIE PASHA
AND
ARI HUSSAIN
TO: ARI PASHA

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on APRIL 22, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON FEBRUARY 19, 2009.

East County Gazette – GIE030790
2/26, 3/05, 3/12, 3/19 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-004138

FICTITIOUS BUSINESS NAME(S): a.)
Mistress Quinn's b.) MQ Company
Located at: 234 Jamacha Rd. #1, EL Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Anita J. Farrar 234 Jamacha Rd. #1, El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 09, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-004774

FICTITIOUS BUSINESS NAME(S): Global Ocean Design
Located at: 4438 Mt. Henry ave., San Diego, CA 92117
This business is conducted by: An Individual
The first day of business was: February 16, 2009
This business is hereby registered by the following: Michelle Hardy 4438 Mt. Henry Ave., San Diego, CA 92117
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 17, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005024

FICTITIOUS BUSINESS NAME(S):
MyShoppingTown
Located at: 11317 Big Cone Dr., Lakeside, CA 92040
This business is conducted by: Husband and Wife
The first day of business was: January 1, 2009
This business is hereby registered by the following: 1. Amparo Ruiz 11317 Big Cone dr., Lakeside, CA 92040; 2. Edwin R. Johnson 11317 Big Cone Drive, Lakeside, CA 92040
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 11, 2009.
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-007369

FICTITIOUS BUSINESS NAME(S): Alpine Gifts
Located at: 160 Scottford Dr., El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: March 10, 2009
This business is hereby registered by the following: Patrick B. Wolff 160 Scottford Dr., El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 11, 2009.
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-004512

FICTITIOUS BUSINESS NAME(S): Dapper Jay's Barber Shop and Hot Shaves
Located at: 8886 La Mesa Blvd., La Mesa, CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Raymond Decandia 5372 Snarthmore Street, La Mesa, CA 91942
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 12, 2009.

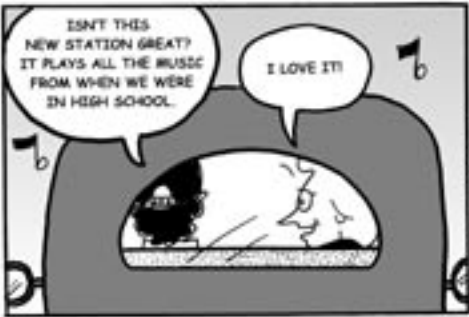
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

COMIC CORNER

OUTZKIRTS

By: David & Doreen Dosson

OUTZKIRTS.BIZ



OWEN OWL

BY LUKE REYNOLDS



Capitol South

By William Warren



LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00064464-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: MICHELLE MARIE DIAZ ON BEHALF OF MINORS SAMANTHA CHRISTINE STRAMAT AND JASMINE MARIE STRAMAT FOR CHANGE OF NAME PETITIONER: MICHELLE MARIE DIAZ ON BEHALF OF MINORS SAMANTHA CHRISTINE STRATMAT AND JASMINE MARIE STRATMAT HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
SAMANTHA CHRISTINE STRAMAT
TO:
SAMANTHA CHRISTINE DIAZ
AND
JASMINE MARIE STRAMAT
TO: JASMINE MARIE DIAZ
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., ELCAJON, CA92020. Department 15, on April 29, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON February 26, 2009.
East County Gazette – GIE030790
3/5, 3/12, 3/19, 3/26 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00064613-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: ANDREA MARTINS ON BEHALF OF MINORS JOSEPH ALBERTO CHAVERRO AND JOSHUA BRADLEY CHAVERRO FOR CHANGE OF NAME PETITIONER: ANDREA MARTINS ON BEHALF OF MINORS JOSEPH ALBERTO CHAVERRO AND JOSHUA BRADLEY CHAVERRO HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
JOSEPH ALBERTO CHAVERRO
TO:
JOSEPH ESTEBAN MARTINS
AND
JOSHUA BRADLEY CHAVERRO
TO:
JOSHUA BRADLEY MARTINS
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., ELCAJON, CA92020. (Department 14, on May 13, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 6, 2009.
East County Gazette – GIE030790
3/12, 3/19, 3/26, 4/02 2009

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ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00064252-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: BACH YEN HO ON BEHALF OF MINOR THUY AN THI NGUYEN FOR CHANGE OF NAME PETITIONER: BACH YEN HO ON BEHALF OF MINOR THUY AN THI NGUYEN HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
THUY AN THI NGUYEN
TO:
ANNALIE NGUYEN
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., ELCAJON, CA92020. Department 15, on April 29, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON February 20, 2009.
East County Gazette – GIE030790
3/5, 3/12, 3/19, 3/26 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00064347-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: SHIRLYNN NICOLE NATHAN FOR CHANGE OF NAME PETITIONER: SHIRLYNN NICOLE NATHAN HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
SHIRLYNN NICOLE NATHAN
TO:
SHIRLYNN NICOLE GRANT
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., ELCAJON, CA92020. (Department 14, on April 22, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON FEBRUARY 25, 2009.
East County Gazette – GIE030790
3/12, 3/19, 3/26, 4/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005509
FICTITIOUS BUSINESS NAME(S): B.D.T. Inc.
Located at: 2833 Larkin Place, San Diego, CA 92123
This business is conducted by: A Corporation
The first day of business was: February 19, 2009
This business is hereby registered by the following: B.D.T. Inc. 2833 Larkin Place, San Diego, CA 92123
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 23, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00064437-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: DIANA LOPEZ DE VILLEGAS FOR CHANGE OF NAME PETITIONER: DIANA LOPEZ DE VILLEGAS HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
DIANA LOPEZ DE VILLEGAS
TO:
DIANA LOPEZ VILLEGAS
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., ELCAJON, CA92020. (Department 15, on April 29, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 2, 2009.
East County Gazette – GIE030790
3/12, 3/19, 3/26, 4/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-004007
FICTITIOUS BUSINESS NAME(S): DLS
Located at: 802 Grand Ave., Spring Valley, CA 91977
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Dwayne Compton 1829 K Ave. #1, National City, CA 91950
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 09, 2009.
East County Gazette- GIE030790
2/19, 2/26, 3/05, 3/12 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-006010
FICTITIOUS BUSINESS NAME(S): Paul's Car Care
Located at: 552 La Presa Ave., Spring Valley, CA 91977
This business is conducted by: An Individual
The first day of business was: December 12, 1995
This business is hereby registered by the following: Paul M. Damberger 7407 Central Ave., Lemon Grove, CA 91945
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 26, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-006814
FICTITIOUS BUSINESS NAME(S): Signature Hair Design
Located at: 2478 Fletcher Parkway, El Cajon, CA 92020
This business is conducted by: General Partnership
The first day of business was: August 11, 1994
This business is hereby registered by the following: 1. Nawal Sekla 2478 Fletcher Parkway, El Cajon, CA 92020; 2. Tony Sekla 2478 Fletcher Parkway, El Cajon, CA 92020; 3. Christopher Baslios 2478 Fletcher Parkway, El Cajon, CA 92020
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 05, 2009
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005258
FICTITIOUS BUSINESS NAME(S): Holiday House Liquor
Located at: 4206 Bonita Rd., Bonita, CA 91902
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: IHKA, Inc. 4206 Bonita Rd., Bonita, CA 91902
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 20, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-003516
FICTITIOUS BUSINESS NAME(S): Solana Taxi
Located at: 772 Jamacha Rd. #112, El Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Michael Lam 772 Jamacha Rd. #112, El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 03, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005208
FICTITIOUS BUSINESS NAME(S): Moniz Pizza and Pasta
Located at: 235 Town Center Parkway Ste. C, Santee, CA 92071
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Maide Martinez 2183 Falmounth, El Cajon, CA 92020
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 19, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

Following is a summary of an Ordinance introduced at the Joint Meeting of the City Council/Redevelopment Agency of the City of El Cajon on March 10, 2009. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. _____

AN ORDINANCE AMENDING REGULATIONS IN TITLE 17 OF THE EL CAJON MUNICIPAL CODE PERTAINING TO BLOOD PLASMA CENTERS.

This ordinance amends Title 17 of the El Cajon Municipal Code, which regulates the uses of properties within specific zones, by removing blood plasma centers as a use permitted within the General Commercial (C-2) Zone, and by adding blood plasma centers as permitted within the Office Professional (O-P) Zone with a conditional use permit. This ordinance also provides that blood plasma centers in the O-P Zone will not be allowed in the area governed by Specific Plan 182, and further requires that any blood plasma center in the O-P Zone must be located on a property having frontage on a primary thoroughfare.

East County Gazette- GIE030790
03/12/09

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005771
FICTITIOUS BUSINESS NAME(S): High Expectations
Located at: 1644 Cerca Blanca Place, #B, El Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Beau D. Simi 1644 Cerca Blanca Pl., El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 25, 2009.
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005036
FICTITIOUS BUSINESS NAME(S): The Image Shaper
Located at: 669 Jamacha Rd., El Cajon, CA 92019
This business is conducted by: An Individual
The first day of business was: February 16, 1994
This business is hereby registered by the following: 1. Mary Kitchel 911 Estes St., El Cajon, CA 92020
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 18, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005098
FICTITIOUS BUSINESS NAME(S): San Diego XRAY
Located at: 9127 Chesapeake Dr., San Diego, CA 92123
This business is conducted by: A Corporation
The first day of business was: November 1, 1981
This business is hereby registered by the following: San Diego XRAY Inc. 9127 Chesapeake Dr., San Diego, CA 92123
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 19, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005272
FICTITIOUS BUSINESS NAME(S): a.)...and so much more b.) Sew Cal Cuties
Located at: 13280 Hwy 8 Bus., El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Pamela Joy 13280 Hwy 8 Bus., El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 20, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-004462
FICTITIOUS BUSINESS NAME(S): Custom Wiring Electrical Services
Located at: 667 Ellen Lane, El Cajon, CA 92019
This business is conducted by: An Individual
The first day of business was: May 17, 2007
This business is hereby registered by the following:
Brian Messenger 667 Ellen Lane, El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on MARCH 12, 2009.
East County Gazette- GIE030790
2/19, 2/26, 3/05, 3/12 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-003939
FICTITIOUS BUSINESS NAME(S): Rosebud Army-Navy Surplus II
Located at: 642 Hollister St., San Diego, CA 92154
This business is conducted by: General Partnership
The first day of business was: February 6, 2009
This business is hereby registered by the following: 1. Maria R. Evans 3864 Aveinda Palo Verde, Bonita, CA 91902; 2. Marsha Gonzalez 1833 Brabham St., El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 06, 2009.
East County Gazette- GIE030790
2/19, 2/26, 3/05, 3/12 2009

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2008-012584 FILE NO. 2009-004900

The following person(s) has/have abandoned the use of the fictitious business name: Action Towing
The Fictitious Business Name Statement was filed on April 15, 2008, in the County of San Diego.
Action Towing 9120 Olive Dr., Spring Valley, CA 91977
This business was conducted by: 1. Robert Glyn Kelleher 229 Fiesta Lane, El Cajon, CA 92019; 2. Doris Jean Kelleher 229 Fiesta Lane, EL Cajon, CA 92019
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON February 18, 2009
East County Gazette GIE 030790
2/26, 3/05, 3/12, 3/19, 2009

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2008-028063 FILE NO. 2009-004564

The following person(s) has/have abandoned the use of the fictitious business name: Protect El Cajon's Future, Yes on Proposition J
The Fictitious Business Name Statement was filed on September 03, 2008, in the County of San Diego.
Protect El Cajon's Future, Yes on Proposition J 1910 Fernbrook Court, El Cajon, CA 92019
This business was conducted by: 1. Stanley L. Palm 1910 Fernbrook Court, El Cajon, CA92019
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON February 12, 2009
East County Gazette GIE 030790
2/26, 3/05, 3/12, 3/19, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-004901
FICTITIOUS BUSINESS NAME(S): Action Towing
Located at: 9106 Olive Dr., Spring Valley, CA 91977
This business is conducted by: An Individual
The first day of business was: February 18, 2009
This business is hereby registered by the following: Karen Benjamin 3526 Quail View St., Spring Valley, CA 91977
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 18, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005088
FICTITIOUS BUSINESS NAME(S): a.) Arnel G Real Estate & Home Loans b.) Arnel G & Associates
Located at: 557 Skyview St., El Cajon, CA 92020
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Arnel Guanzon 557 Skyview St., El Cajon, CA 92020
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 19, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-005261
FICTITIOUS BUSINESS NAME(S): Bel Air Market
Located at: 4473 Logan Ave., San Diego, CA 92113
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: Bel Air Market, Inc. 4473 Logan Ave., San Diego, CA 92113
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on February 20, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

— LEGAL NOTICES —

ORDINANCE NO. 4926

AN ORDINANCE APPROVING ZONE RECLASSIFICATION NO. 2294 REZONING PROPERTY LOCATED AT 1335 GREENFIELD DRIVE FROM R-2-R ZONE TO PRD – LOW ZONE.

Whereas, the City Council held a public hearing on **February 26, 2008** to consider Zone Reclassification No. 2294 in which it was requested that the property at 1335 Greenfield Drive (APN: 484-120-019) be rezoned from R-2-R zone to PRD – Low zone in order to allow the development of a new six lot single-family planned residential development; and

Whereas, the City Council approved the rezoning request, subject to pre-conditions being completed prior to the first ordinance reading; and

Whereas, the applicant has complied with all pre-conditions required for Zone Reclassification No. 2294, as modified by the City Council.

The City Council of the City of El Cajon does hereby ordain as follows:

SECTION 1. The proposed project is exempt from the California Environmental Quality Act (CEQA) under Section 15332 (Class 32 – Infill Development) of CEQA Guidelines.

SECTION 2. The proposed rezoning request, while less than one acre in size, is adjacent to other property zoned PRD-Low and together they create a PRD District of more than one acre in size.

SECTION 3. Changing the zoning on the property from the R-2-R zone to the PRD – Low zone is in the public necessity and convenience and general welfare because this infill property is a narrow lot with limited frontage on a public street and the PRD zone will allow the property to be developed with a for-sale housing product with a less traditional, more innovative site plan reflective of the constraints of this property shape, than would be allowed without the zoning change.

SECTION 4. The proposed PRD zoning designation permits single-family developments, which is consistent with the General Plan land use designation of Low Density Residential (3-10 du / ac) applicable to this property.

SECTION 5. The City Council hereby REZONES Assessor's Parcel 484-120-019 to PRD – Low.

SECTION 6. This ordinance shall become effective thirty (30) days following its passage and adoption.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Redevelopment Agency Meeting held this 10th day of March, 2009, by the following vote to wit:

AYES: Lewis, Hanson-Cox, Kendrick, McClellan, Wells

NOES: None

ABSENT: None

DISQUALIFY: None

MARK LEWIS

Mayor of the City of El Cajon.

ATTEST:

KATHIE RUTLEDGE, CMC

City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4926 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Redevelopment Agency on the 10th day of March, 2009.

/s/ Kathie Rutledge, CMC, City Clerk

East County Gazette- GIE030790 03/12/09

TO PLACE YOUR LEGAL AD CALL (619) 444-5774

Ordinance No. 4927

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON AMENDING CHAPTER 15.86 BY ADDING SECTION 15.86.060 REQUIRING THE DESIGNATION OF VERY HIGH FIRE HAZARD SEVERITY ZONES AND WILDLAND URBAN INTERFACE AREAS.

THE CITY COUNCIL OF THE CITY OF EL CAJON DOES HEREBY ORDAIN AS FOLLOWS:

SECTION 1: Section 15.86.060 is hereby added to Chapter 15.86 of the El Cajon Municipal Code to read as follows:

15.86.060. Designation of Very High Fire Hazard Severity Zone in Local Responsibility Areas.

The City of El Cajon hereby designates Very High Fire Hazard Severity Zones and Wildland Urban Interface Areas within its jurisdictional boundaries pursuant to California Government Code Section 51179. The Very High Fire Hazard Severity Zones and Wildland Urban Interface Areas designated by this ordinance are designated on a map titled El Cajon Fire Hazard Severity Zones, dated January 27, 2009, and retained on file at the Fire Department Administrative Office and the Building and Fire Safety Division in El Cajon City Hall. This map is intended to supersede other maps previously adopted by the City of El Cajon designating high fire hazard areas.

SECTION 2. Pursuant to California Government Code Section 51179(g), the City of El Cajon shall post a notice at the office of the county recorder, county assessor, and county planning agency identifying the Fire Department Administrative Office and the Building and Fire Safety Division in El Cajon City Hall as the location of the map entitled El Cajon Fire Hazard Severity Zones. If the City of El Cajon amends the map, the notice shall instead identify the location of the amended map.

SECTION 3. This ordinance shall be effective thirty days following its passage and adoption.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Redevelopment Agency Meeting held this 10th day of March, 2009, by the following vote to wit:

AYES: Lewis, Hanson-Cox, Kendrick, McClellan, Wells

NOES: None

ABSENT: None

DISQUALIFY: None

MARK LEWIS

Mayor of the City of El Cajon.

ATTEST:

KATHIE RUTLEDGE, CMC

City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4927 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Redevelopment Agency on the 10th day of March, 2009.

/s/ Kathie Rutledge, CMC, City Clerk

East County Gazette- GIE030790 03/12/09

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-002610

FICTITIOUS BUSINESS NAME(S): Kanani Properties

Located at: 6712 Waterman Ct., San Diego, CA 92111


This business is conducted by: An Individual

The first day of business was: February 15, 2009

This business is hereby registered by the following: Diana Lee Hollinger 6712 Waterman Ct., San Diego, CA 92111

This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on January 27, 2009.

East County Gazette- GIE030790 3/5, 3/12, 3/19, 3/26, 2009



CITY OF EL CAJON

PUBLIC NOTICE

FIVE-YEAR CONSOLIDATED PLAN FOR FISCAL YEARS 2009-2010 THROUGH 2013-2014 AND ONE-YEAR ACTION PLAN FOR FISCAL YEAR 2009-2010 – PROJECTS RECOMMENDED FOR FEDERAL FUNDS REALLOCATION OF PRIOR YEAR CDBG AND HOME FUNDS NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the El Cajon City Council held a public hearing to accept and consider public testimony regarding the Five-Year Consolidated Plan and to allocate Community Development Block Grant (CDBG) and HOME Investment Partnership Program funds on Tuesday, February 24, 2009, at 7:00 P.M. in the El Cajon Council Chambers at 200 Civic Center Way, El Cajon, CA 92020. The public hearing was continued to Tuesday, April 14, 2009, at 3:00 P.M. at the Council Chambers. CDBG and HOME grants are funded by the U.S. Department of Housing and Urban Development (HUD).

The 2009-2014 Consolidated Plan (CP) document represents the City of El Cajon's effort in fulfilling the requirements under the federal Community Planning and Development (CPD) regulations for the HUD-funded grants. Key components of the document include a comprehensive housing and community development needs assessment and a five-year strategic plan that addresses the identified needs. A draft of the document will be available for public review and comment beginning March 12, 2009.

For fiscal year 2009-2010, the City of El Cajon anticipates receiving \$1,234,525 in CDBG funds and \$759,051 in HOME funds. An additional \$902,547 of unallocated prior year CDBG and \$477,271 of HOME funds is also available for allocation at this time. The CDBG funds must be utilized to meet one of three national objectives to qualify for funding: 1) benefit 70% low and moderate income persons in the community; 2) aid in the elimination of slum and blight; or 3) meet other community development needs having a particular urgency because existing conditions pose a serious threat. HOME funds may be used "to provide incentives to develop and support affordable rental housing and homeownership affordability through the acquisition..., new construction, reconstruction, or rehabilitation...with suitable amenities, including real property acquisition, site improvement, conversion, demolition and other expenses...and to provide for the payment of reasonable administrative and planning costs; and to provide for the payment of operating expenses of community housing development organizations (CHDOs) – 24 CFR 92.205(a). Each participating jurisdiction must set aside 15% of their HOME entitlement for CHDOs.

Projects for the 2009-10 fiscal years are presented in the following format:

Proj. No.	Agency Name Agency Address Agency City/State/Zip Code (only if NOT in El Cajon) Project Site Address Brief description of project.	Type of project and project eligibility according to 24 CFR section as shown. National priority met, per 24 CFR section as shown and type of allocation (loan/grant/CHDO set-aside funds).	Amount allocated. Project Title
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The following projects were tentatively approved at the February 24, 2009, public hearing and will be confirmed at the April 14, 2009 public hearing, subject to receipt of confirmation of the grant amounts from HUD:

Proposed CDBG Projects for FY 2009-10

C0701	City of El Cajon site N/A Loan repayment for construction loan for new fire station.	19F – Repayments of Section 108 Loan 570.201(a)&(c) – Capital expenditure loan repayment L/M Area 24 CFR 570.208(a)(2)(A)	\$197,089 Fire Station 8 Replacement
C0702	City of El Cajon site N/A Loan repayment for new ladder truck for Fire Department.	19F – Repayments of Section 108 Loan 570.201(a)&(c) – Capital expenditure loan repayment L/M Area 24 CFR 570.208(a)(2)(A)	\$87,846 Ladder Truck Replacement
C0704	City of El Cajon, 200 Civic Center Way, 410 S First St., 1430 E Lexington Ave., 1285 E Washington Ave, 716 S Second St., 1313 E Main St., 212 S Second St., 1174 E Main St., 1345 E Madison and 1440 S Orange Ave. Housing rehabilitation loans for mobile homes in eligible parks.	14A – Rehabilitation: Single Unit Residential and 14H – Rehabilitation Administration 570.202(a)(5) Capital expenditure loans L/M Clientele 24 CFR 570.208(a)(2)(B)	\$250,000 Mobile Home Rehabilitation
C0901	Chase Avenue Clinic 1111 W. Chase Avenue Installation of playground equipment for children of clients waiting for appointment at their medical clinic.	03P – Parks/Recreational Facilities 570.201© – Capital expenditure grant L/M Clientele 24 CFR 570.208(a)(2)(A)	\$70,000 Chase Ave. Clinic Improvements
C0902	City of El Cajon 200 Civic Center Way 935 S Emerald Replace exterior wood and paint, clean and seal brick exterior, and refurbish center and gym interior.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$250,000 Renette Center Improvements
C0903	City of El Cajon 200 Civic Center Way Phase II of City's ADA Plan, Identify and Prioritize ADA requirements, installation of ADA curb ramps throughout city.	03 – Public Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.207(a)(1)	\$390,053 ADA Transitional
C0904	City of El Cajon 200 Civic Center Way 935 S Emerald Replace leaking, built-up roof-remove and install new standing metal seam roof.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$250,000 Renette Center Roof & Tile Replacement
C0911	City of El Cajon 200 Civic Center Way 1153 E. Madison Community policing activities.	05I – Crime Awareness 570.201(e) – Public Services grant L/M Area 24 CFR 570.208(a)(1)(i)	\$88,179 Community Policing

EL CAJON PUBLIC NOTICE CONTINUED ON PAGE 17

— LEGAL NOTICES —

CITY OF EL CAJON PUBLIC NOTICE FIVE-YEAR CONSOLIDATED PLAN FOR FISCAL YEARS 2009-2010 THROUGH 2013-2014 CONT.			
CADMIN	City of El Cajon 200 Civic Center Way Administration of the CDBG program.	21A – General Program Administration 24 CFR 570.206 grant	\$212,386 CDBG Administration
C0715	Center for Social Advocacy 1068 Broadway and various locations citywide. Fair housing activities.	21D – Fair Housing Activities 24 CFR 570.206 grant	\$34,519 Fair Housing Activities
C0905	City of El Cajon 200 Civic Center Way City Hall and Council Chambers ADA Improvements	03 – Public Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.207(a)(1)	\$120,000 City Hall & Council Chambers ADA Improvements
C0906	City of El Cajon 200 Civic Center Way 935 S. Emerald Remove and replace uneven and defective concrete in courtyard at Renette Park.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$90,000 Renette Park Courtyard Refurbishment
C0907	Crisis House 1034 North Magnolia Avenue Homeless Services Homeless assistance and vouchers	03T – Homeless 570.201 (e) – Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$40,000 Crisis House Homeless Prevention
C0908	Meals-On-Wheels 1488 Pioneer Way #4 Provide meals to elderly and disabled.	05A – Senior services 570.201 (e) Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$7,000 Meals-on- Wheels-El Cajon
C0909	Set Free Baptist Fellowship of San Diego 1527 E. Main Street Homeless Services Homeless assistance and vouchers	03T – Homeless 570.201 (e) – Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$50,000 Emergency Voucher Program
Proposed HOME Projects for FY 2009-10			
H0715	Center for Social Advocacy 1068 Broadway and various locations citywide. Fair housing activities.	21D – Fair Housing Activities 24 CFR 570.206 grant	\$11,506 Fair Housing Activities
HADMIN	City of El Cajon 200 Civic Center Way Administration of the HOME program.	21A – General Program Administration 24 CFR 92.207 grant	\$64,399 HOME Administration
H0818	El Cajon Community Development Corp. 168 E Main St. Funds to be used to acquire, rehabilitate, and sell to low-income first-time homebuyers.	13 – Direct Homeownership Assistance 92.205 – Required CHDO Set-Aside - grant to agency, then loaned to eligible homebuyers	\$113,858 CHDO Set- Aside
H0717	El Cajon Community Development Corp. 168 E Main St. Operating support for the housing component of this organization (CHDO).	21I – Funding of CHDO Operating Costs 24 CFR 92.208 – grant	\$37,952 ECCDC Operational Support
H0719	City of El Cajon 200 Civic Center Way Various locations throughout the City. First-Time Homebuyer Program.	06R – Downpayment Assistance 24 CFR 92.254 – loans	\$265,667 First-Time Homebuyer Program
H0910	City of El Cajon 200 Civic Center Way Provide First-Time Homebuyer Program assistance for newly built units on Ballantyne St.	06R – Downpayment Assistance 24 CFR 92.254 – loans	\$477,271 First-Time Homebuyer Program for Weiland Project- Ballantyne St.
H0720	City of El Cajon 200 Civic Center Way Various locations throughout the City. Loan for rehabilitation of single family and mobile homes.	14A – Rehabilitation: Single Unit Residential 24 CFR 92.205(d) loans	\$265,669 Rehab Loan Programs
The draft versions of the Five-Year Consolidated Plan and the One-Year Action Plan will be available for public review for a 30-day period beginning March 12, 2009. On April 14, 2009, at 3:00 p.m., in the City Council Chambers at 200 Civic Center Way, El Cajon, a public hearing will be conducted by the El Cajon City Council. Public testimony pertaining to either document will be heard, and final adoption of the Five-Year Consolidated Plan and One-Year Action Plan will occur at that time. On May 15, 2009, these documents will be submitted to the U.S. Department of Housing and Urban Development for final review and approval, incorporating all comments. In addition, reallocation of CDBG funds from prior year projects and programs may occur. Comments and requests for additional information may be directed to Xavier Velasco, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020, (619) 441-1786. <div>East County Gazette- GIE030790 03/12, 03/19, 03/26/09</div>			

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-006660**
FICTITIOUS BUSINESS NAME(S): Veso's
Chilcare
Located at: 1275 Redwood Ave., El Cajon,
CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: 1. Martha Vega 1275 Redwood
Ave., El Cajon, CA 92019
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on March 04, 2009
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-006537**
FICTITIOUS BUSINESS NAME(S): La Mesa
Holistic Massage
Located at: 8356 B2 Allison Ave., La Mesa,
CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: 1. Mary P. DeLuca 11355 Canyon
Park Dr., Santee, CA 92071
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on March 03, 2009
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-006452**
FICTITIOUS BUSINESS NAME(S): San
Diego County Curb Service
Located at: 9978 Kika Court #7811, San
Diego, CA 92129
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: 1. David Schaefer 9978 Kika Court
#7811, San Diego, CA 92129
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on March 03, 2009
East County Gazette- GIE030790
3/12, 3/19, 3/26, 4/02, 2009

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-006012**
FICTITIOUS BUSINESS NAME(S): a.) RHA
Security Services b.) Bob's Produce
Located at: 1463 San Altos Place, Lemon
Grove, CA 91945
This business is conducted by: An Individual
The first day of business was: January 1,
2001
This business is hereby registered by the
following: Robert Henry Adams 1463 San
Altos Place, Lemon Grove, CA 91945
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on February 26, 2009.
East County Gazette- GIE030790
3/5, 3/12, 3/19, 3/26, 2009

NOTICE OF PUBLIC HEARING

The El Cajon City Council will hold a Public
Hearing on **March 24, 2009, at 3:00 p.m.** in
the Council Chambers at 200 Civic Center
Way, El Cajon, to consider the following:

**Amendment to the Five-Year Regional
Transportation Improvement Program
(2006 RTIP), Fiscal Year 2006-2011,
Addition of Projects for the City of El
Cajon.**

The proposed Amendment is available
for review in the City Clerk's Office at City
Hall, 200 Civic Center Way, El Cajon. For
questions, please contact Dennis Davies at
441-1753.

The public is invited to attend and participate
in this public hearing. Please call the City
Clerk's Office (441-1763) if you have any
questions regarding this notice of hearing.
If you challenge the matter in court, you
may be limited to raising only those issues
you or someone else raised at the public
hearing described in this notice or in written
correspondence delivered to the City Clerk
at, or prior to, the public hearing.

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-005092**
FICTITIOUS BUSINESS NAME(S): Interiors
By Bann
Located at: 10471 Moorpark St., Spring
Valley, CA 91978
This business is conducted by: Husband
and Wife
The business has not yet started.
This business is hereby registered by the
following: 1. Bann Attiq 10471 Moorpark
St., Spring valley, CA 91978; 2. Roger Attiq
10471 Moorpark St., Spring Valley, CA
91978
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on February 19, 2009.
East County Gazette- GIE030790
2/26, 3/05, 3/12, 3/19, 2009

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2009-00064176-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF:
CASEY PATRICK REILLY FOR CHANGE
OF NAME PETITIONER: CASEY PATRICK
REILLY HAS FILED FOR AN ORDER TO
CHANGE NAME FROM:
CASEY PATRICK REILLY
TO:
CASEY PATRICK BILODEAU
THE COURT ORDERS that all persons
interested in this matter shall appear before
this court (San Diego Superior Court, 250 E.
MAIN ST., EL CAJON, CA 92020. Department
14, on April 01, 2009 at 8:30 a.m.) to show
cause, if any, why the petition for change
of name should not be granted. Any person
objecting to the name changes described
above must file a written objection that
includes the reasons for the objection at least
two court days before the matter is scheduled
to be heard and must appear at the hearing
to show cause why the petition should not
be granted. If no written objection is timely
filed, the court may grant the petition without
a hearing.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published in
the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
February 18, 2009.
East County Gazette – GIE030790
3/5, 3/12, 3/19, 3/26 2009

Kathie J. Rutledge, CMC
CITY CLERK

East County Gazette- GIE030790
03/12/09

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2009-004761**
FICTITIOUS BUSINESS NAME(S): The
Lord Agency
Located at: 3930 Denver Dr., La Mesa,
CA 91941
This business is conducted by: Limited
Partnership
The first day of business was: February
17, 2009
This business is hereby registered by the
following: 1. Jennifer Lord 3930 Denver
Dr., La Mesa, CA 91941; 2. Scott Lord
3930 Denver Dr., La Mesa, CA 91941
This statement was filed with Gregory J.
Smith Recorder/County Clerk of San Diego
County on February 17, 2009
East County Gazette- GIE030790
2/19, 2/26, 3/5, 3/12 2009

Public Notice
Lakeside Union School District
Transportation Department
Sale/Auction

1977 Ford van
(2) 1979 Ford trucks
1975 Chevy dump truck
1974 Chevy food truck
(3) 1977 International 1700 Loadstar buses
1979 Chevy G-30 van
1983 Chevy G-30 step van
1976 M-20 tractor
Snapper mower

The sale/auction will take place on
March 26, 2009
10:00 a.m.
Lakeside Union School District
Transportation Department
9707 Marilla Dr., Lakeside, CA 92040

Our Best Friends

Therapy dog ... ask a trainer - part 1

by Nan Arthur,
CDBC, CPDT, KPA CTP

Dear Trainer,
How do I get my dog involved in therapy work? My dog is so gentle and sweet and loves everyone that she meets, and I think she would be really good at helping to cheer people up that are sick or in extended care facilities. Any time I don't feel well, my dog will just come and sit near me and it makes me feel much better.

Signed,
Healing dog mom

Dear Healing,

Your dog sounds really sweet and you might be right, your dog might be a good candidate for therapy work.

The first step for your dog becoming a therapy dog will be to get her ready to take the Canine Good Citizen test. Once you have your certificate in hand, you can query different groups, such as the Helen Woodward's, or the San Diego Humane Society's Pet Assisted Therapy department for more specific goals that they require. You can also look directly at different hospitals, such as Kaiser where they have their own program. You will likely have to have your dog do other testing per each organization, so do call them for their ground rules.

So you are familiar with the Canine Good Citizen program, read through the following which are the requirements per the American Kennel Club for

dogs to pass the test. This will help you recognise your dog's strengths and deficits so you can go to work on the things that you will need to have in place before taking the CGC test.

CGC Test Items:

Before taking the Canine Good Citizen test, owners will sign the *Responsible Dog Owners Pledge*. We believe that responsible dog ownership is a key part of the CGC concept and by signing the pledge; owners agree to take care of their dog's health needs, safety, exercise, training and quality of life. Owners also agree to show responsibility by doing things such as cleaning up after their dogs in public places and never letting dogs infringe on the rights of others.

After signing the Responsible Dog Owners Pledge, owners and their dogs are ready to take the CGC Test. Items on the Canine Good Citizen Test include:

Test 1: Accepting a friendly stranger

This test demonstrates that the dog will allow a friendly stranger to approach it and speak to the handler in a natural, everyday situation. The evaluator walks up to the dog and handler and greets the handler in a friendly manner, ignoring the dog. The evaluator and handler shake hands and exchange pleasantries. The dog must show no sign of resentment or shyness, and must not break position or try to go to the evaluator.

Test 2: Sitting politely for petting

This test demonstrates that the dog will allow a friendly stranger to touch it while it is out with its handler. With the dog sitting at the handler's side, to begin the exercise, the evaluator pets the dog on the head and body. The handler may talk to his or her dog throughout the exercise. The dog may stand in place as it is petted. The dog must not show shyness or resentment.

Test 3: Appearance and grooming

This practical test demonstrates that the dog will welcome being groomed and examined and will permit someone, such as a veterinarian, groomer or friend of the owner, to do so. It also demonstrates the owner's care, concern and sense of responsibility. The evaluator inspects the dog to determine if it is clean and groomed. The dog must appear to be in healthy condition (i.e., proper weight, clean, healthy and alert). The handler should supply the comb or brush commonly used on the dog. The evaluator then softly combs or brushes the dog, and in a natural manner, lightly examines the ears and gently picks up each front foot. It is not necessary for the dog to hold a specific position during the examination, and the handler may talk to the dog, praise it and give encouragement throughout.

Test 4: Out for a walk (walking on a loose lead)

This test demonstrates that

the handler is in control of the dog. The dog may be on either side of the handler. The dog's position should leave no doubt that the dog is attentive to the handler and is responding to the handler's movements and changes of direction. The dog need not be perfectly aligned with the handler and need not sit when the handler stops. The evaluator may use a pre-plotted course or may direct the handler/dog team by issuing instructions or commands. In either case, there should be

a right turn, left turn, and an about turn with at least one stop in between and another at the end. The handler may talk to the dog along the way, praise the dog, or give cues in a normal tone of voice. The handler may sit the dog at the halts if desired.

Test 5: Walking through a crowd

This test demonstrates that the dog can move about politely in pedestrian traffic and is under control in public places. The dog and handler walk

around and pass close to several people (at least three). The dog may show some interest in the strangers but should continue to walk with the handler, without evidence of over-exuberance, shyness or resentment. The handler may talk to the dog and encourage or praise the dog throughout the test. The dog should not jump on people in the crowd or strain on the leash.

Read Part 2 next week, Thursday, March 19.



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ADOPT-A-PET



Torry is a 2-yr old brown Pit Bull mix. He's a handsome 40 pounds of sociability and sweetness. Torry enjoys playing rowdy with dogs and gently with people. His perfect adopter will find ways to channel Torry's energy with games, exercise, and positive obedience training. This great dog is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). Information: 619-788-7880.



This cute, petite girl is 8-yr old Skyla. She's a 31-pound brindle Pit Bull mix; friendly and easy-going. Skyla has come through a rough patch, which left her without her ears. She enjoys having her back scratched, and has a super-sweet personality. Skyla knows "sit" and loves to get treats for a job well done. She walks well on leash, and would be thrilled to accompany you on lots of walks. Skyla is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). Information: 619-788-7880.

THREE WAYS TO GET *Lucky* AT VIEJAS!



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- Viejas is giving away \$320,000 in Instant Bonuses March 1-31.
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Play Slots, Win Prizes, Keep Your Points!

- Play slots March 1-31 for a chance to win baseball caps, hooded sweatshirts, iPod speaker systems, Garmin portable GPS and Hornblower cruises!



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