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VOLUME 10 NUMBER 3 **JUNE 25 - JULY 1, 2009**

City officials break ground on Public Safety Center



(L to R) El Cajon Police Chief Pat Sprecco, City Manager Kathi Henry, Mayor Mark Lewis, Former Police Chief Jim Davis, Councilmembers Bob McClellan, Jillian Hanson-Cox, Bill Wells and Rodgers Smith, Chair of the Public Safety Facility Financing Oversight Committee. See story page 2. Photo by Monica Zech

(Right) Rendering of Public Safety Center.

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Local News & Events

City of El Cajon breaks ground on \$40 million Public Safety Center

Gafcon Inc., a leading San Diego-based construction management and consulting firm, announced that construction is now underway on a new \$40 million Public Safety Building for the City of El Cajon. An official groundbreaking ceremony was held Tuesday at the 5.7-acre site adjacent to City Hall at 100 Civic Center Way.

The project is being funded by Proposition O, a half-cent sales tax which was approved by El Cajon residents in November 2004. The 119,400-square-foot Public Safety Building will be a five-story structure with 212,750 square feet of parking integrated on three levels. The state-of-the-art facility will include administrative and operational space for all divisions, a joint police and fire emergency operations center, community meeting room, modern com-

munications center, indoor firing range, crime laboratory, property processing and storage area, short-term custody facility and central data center. The project is scheduled for completion in June 2011.

Participating in the groundbreaking ceremony were El Cajon's Honorable Mayor Mark Lewis, City Manager Kathi Henry, Police Chief Pat Sprecco, Retired Police Chief James Davis, and Public Safety Facility Finance Planning Oversight Committee Chair Rodgers Smith.

Gafcon was retained by the City in early 2006 to provide program management for the Public Safety Building. KMA Architecture & Engineering was selected as the primary architect and design began in summer 2006. The design and full Environmental Impact Report became finalized in late 2008. Ledcor Construction

was awarded the construction contract in March 2009.

The construction team includes KMA Architecture & Engineering, in partnership with McClaren, Wilson & Lawrie, architect, space planner, interior designer and mechanical engineer; Burkett & Wong Engineers, structural and civil engineers; Helix Environmental, environmental engineer; Geocon Inc., soils engineer; Wimmer, Yamada & Caughey, landscape architect; VSA & Associates, acoustical consultant; Brummitt Energy Associates, Title 24 consultant; IT Pathworx, IT consultant; and Rolf Jensen & Associates, fire protection engineer.

Founded in 1987 by Pam and Yehudi Gaffen, Gafcon Inc. is a leading development and construction management firm providing professional construction consulting, construction program manage-

ment, real estate economics consulting, design management and construction-related claims support. The company employs more than 150 construction project managers, architects, civil engineers, financial analysts, estimators, schedulers, quality inspectors and computer professionals. Gafcon maintains corporate headquarters in downtown San Diego, with branch offices in Irvine, Los Angeles and Oregon. For more information, visit www.gafcon.com.

Alley Cat Summer Fest

A consortium of El Cajon community art groups, museums, restaurants, and other downtown businesses is staging *Alley Cat Summer Fest 2009*, an incredible event to remember for 5,000+ local residents, on Friday, July 17, 4 p.m. – 9 p.m., and Saturday, July 18, 9 a.m. – 10 p.m., downtown El Cajon.

St. Madeleine Sophie's Center (SMSC), who is presenting the event, describes this festive weekend as a time when *El Cajon comes alive* with community spirit, support, and a collective focus on the pulse of any great city – its people, businesses, and amazing heart!

Alley Cat Summer Fest is one of SMSC's community-integrated art opportunities available to the adults with developmental disabilities who attend SMSC's *Sophie's Gallery*, which is supported in part by the *California State Council on Developmental Disabilities*.

This year's SMSC event will feature prominent artists, including a juried art show sponsored by *Friends of East County Arts, Inc.*, a classic car show, a job fair sponsored by the *El Cajon Career Center*, boutique vendors, a battle of the bands for teens, *Concerts on the Green* (Friday and Saturday), *Jr. Crew*, a *Kids Zone*, a beer garden sponsored by the *German American Club*, a special *Little and Large* presentation of jewelry and sculpture created by artists throughout San Diego, sponsored by the *San Diego Museum of Art* and *San Diego Visual Arts Network*, and much more. *Stay tuned at www.alleycatsummerfest.org.*

Bits and pieces

The Helix Water District has issued Level 2 Restrictions

Are you conserving water? Due to the water allocation cutback of eight percent from the San Diego County Water Authority, and the continuing regional water shortage, Helix Water District Board of Directors approved raising the Water Shortage to Level 2 and implementing mandatory watering restrictions as of July 1. The District requires customers to "Pick Three Days and Water Ten Minutes."

For more information on this and other Level 2 restrictions please visit www.hwd.com. Learn how to easily reduce your water usage by visiting www.20gallonchallenge.com or www.bewaterwise.com.

East County Vons stores named 'Top Fundraisers' by Easter Seals



(Left to right): El Cajon Vons store manager Rick Gere, Easter Seals Ambassador Veronica Espinosa and Easter Seals Director of Corporate Development Kim Footer

Two Vons stores in East County were named top fundraising stores during Safeway Inc.'s charity campaign to benefit people with disabilities in April. The Santee store raised more than \$13,000 during the month-long fundraiser. The El Cajon store at 13439 Camino Canada raised more than \$14,000 and was

the highest total in their district. Money raised directly benefits local people with disabilities at Easter Seals Southern California and their families through job training and employment, pre-school and after-school services, autism services, assistance for people to move out of institutions and into their own home, and services that help adults learn basic daily living and social skills. More than 280 stores throughout Southern California participated in the annual event where employees encourage customers to make contributions to Easter Seals at the check-out stand.

"The Santee Vons and the El Cajon Vons on Camino Canada consistently rank as top fundraising stores in San Diego County during the April fundraiser," says Mark Whitley, chief executive officer of Easter Seals Southern California. "We are very grateful to all employees and customers who participate, especially in the current challenging economy. Support from Vons stores is more important than ever to ensure our services continue without interruption to give people with disabilities greater independence."

"Thanks to our employees and loyal customers who helped make the campaign successful again this year," said Daymond Rice, Vons Director of Public Affairs and Government Relations. "Vons is a decades-long supporter of Easter Seals and we are proud of their work to help people with all disabilities gain independence."

Robin Senne and Caroline Oliver compete for Miss California Titles

Two young, East County residents are now in Fresno, preparing to compete for the 2010 Miss California State titles, Robin Senne, a Lakeside resident and recent graduate of El Capitan High School, is San Diego County's representative for the Miss California title, a preliminary pageant leading to the Miss America Pageant and Caroline Oliver, a resident of El Cajon, will be vying for the Miss California's Outstanding Teen title, a preliminary to the Miss America's Outstanding Teen pageant.

Landlords agree to pay \$18,000 to settle discrimination complaint

When Kanita Brawley tried to rent a Milwaukee area apartment for herself and her two children in April 2007, the property manager turned her down because the building's owners did not accept tenants with children.

Brawley had spent about two months searching for an apartment for herself and her daughters, who were 10 and 11 at the time. "When I finally found a decent place and then was told I couldn't get it because of my children, it was like a blow to my face," she said.

Brawley fought back, and she is very glad she did.

The Metropolitan Milwaukee Fair Housing Council sent a fair housing "tester" to the apartments. The tester was told the landlords didn't rent to families with children anymore.

Federal and Wisconsin state laws prohibit housing discrimination based on the presence of minor children, so the Metropolitan Milwaukee Fair Housing Council helped Brawley file complaints with government agencies. Because she filed and pursued these discrimination complaints, building owners Arnold and Rebecca Peltz must pay Brawley \$18,000 as settlement for refusing to rent an apartment to her family. The Peltzes and their property manager, Crystal Sahr, also agreed to undergo fair housing training to prevent future discrimination.

In California, it is illegal to refuse to rent or sell a home to someone based on the person's race, color, religion, sex, sexual preference, age, marital status, national origin, ancestry, physical or mental disability, familial status, or any other unreasonable or arbitrary category. When you seek to rent or buy an apartment, condominium or house, the owner (or the owner's agent) cannot refuse to deal with you solely because you are a woman, divorced or separated, living with someone to whom you are not married, or gay. With respect to housing agreements, a single person with children is entitled to the same treatment as a married couple with children.

If you have experienced discrimination in San Diego County, contact the Center for Social Advocacy at (619) 444-5700. The Center for Social Advocacy offers assistance with housing discrimination, harassment, and other tenant/landlord disputes, as well as information on immigration rights, and support and assistance to victims of discrimination in schools, hate crimes, labor exploitation, human trafficking, and immigration raids.

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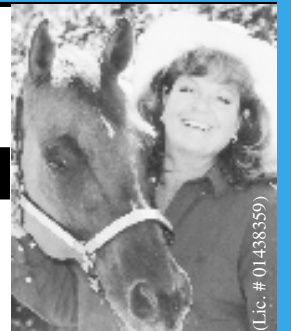
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El Cajon City Highlights

by Monica Zech

City of El Cajon 4th of July Fireworks

If you're making your 4th of July plans, the City of El Cajon will hold its annual 4th of July Picnic and Fireworks at Kennedy Park, located at 1675 East Madison Avenue. The picnic starts at 12 noon and the fireworks will begin at 9 p.m. Disabled parking will be available at the event. Parking is limited in the area so plan to arrive early. Please be careful and patient driving through this area, especially after the fireworks; and please watch for pedestrians and heavy traffic.

Note: All City offices will be closed on Friday, July 3, in observance of Independence Day (July 4).

Groundbreaking for El Cajon Public Safety Center

El Cajon City officials gathered on Tuesday morning, June 23rd, for the groundbreaking of the new Public Safety Center. This event was made possible by the generous support of the people who call El Cajon their home. Their foresight in approving Proposition O in November 2004, to fund the Public Safety Center project, will create a community treasure for decades to come. The building will be 119,400 square feet with 212,750 square feet of parking garage, which will be located on 5.7 acres at 100 Civic Center Way, adjacent to City Hall.

The Public Safety Center will be a state-of-the-art facility comprised of a joint police/fire Emergency Operations Center, community meeting room, modern communications center, expanded jail, and an indoor firing range. The center will house all police operations in one location for the first time in many years and will facilitate enhanced public service for our community. To watch the progress of this 24 month project visit the City's website at www.ci.el-cajon.ca.us.

El Cajon honors retiring Assistant City Manager/Director of Finance

At Tuesday's El Cajon City Council meeting, Mayor Mark Lewis and Councilmembers presented a special commendation to retiring Assistant City Manager and Director of Finance Michael Shelton after 14 years of service to the City. Mr. Shelton was honored for his commitment and accomplishments during his 30 years of public service, with 28 years influencing the financial vitality of several California cities, including El Cajon. Mike graduated from Brigham Young University with a Masters in Public Administration. It was acknowledged that his analytical abilities and foresight

in planning sound financial concepts have helped to sustain this community. During his tenure, he has produced numerous financial reports that have garnered distinguished awards, from organizations such as the Government Finance Officers Association and the California Society of Municipal Finance Officers; including but not limited to Excellence in Operational Budgeting, Capital Budgeting, Budget Innovation, Public Communications and Outstanding Financial Reporting. Under Mike's leadership, the City received the Achievement of Excellence in Procurement Awards from the National Purchasing Institute. He is highly esteemed by his colleagues and professional associates. We were very fortunate to have been represented so capably by a man of his caliber. Congratulations to Michael Shelton on a very successful career with the City of El Cajon and we wish him a long and happy retirement with his family.

Lend A Hand and E-Waste Collection event In June

Help clean up our neighborhood and clean out that garage or storage unit, too. The El Cajon Community Development Corporation is holding their June Lend A Hand event this Saturday, June 27, from 9 to 11 a.m. on East Douglas Avenue, between Magnolia Avenue and Claydelle Avenue. Come and have some "Fun in Downtown El Cajon" for two hours on Saturday with El Cajon residents, business owners, and community-minded individuals as they come together to remove trash and graffiti. The event will also feature a Going Green Special E-waste Day! Electronic Recyclers International will also be there from 8 a.m. to 3 p.m. to collect your e-waste, including cell phones, batteries, computers, televisions, and laptops. The CDC has also partnered with the San Diego Rescue Mission. They will be collecting

any discarded usable items, including your working electronics, furniture, household articles, baby items, or clothes. Remember, your donations are tax deductible. Thank you for helping us improve the quality of life in Downtown El Cajon! Call the CDC at (619) 401-8858 for more information on this exciting event.

Alley Cat Summer Fest

Have you noticed the signs throughout downtown for a special event in July? It's the Annual Alley Cat Summer Fest Art Walk being held July 17th and 18th. This fun event will feature prominent artists, entertainment, sidewalk vendors, live music, a classic car show, a motorcycle run, and even a job fair. Returning this year will be the juried art show sponsored by Friends of East County Arts, Inc. Enjoy delicious food, beautiful artwork, and a special presentation of jewelry and sculpture sponsored by the San Diego Museum of Art and San Diego Visual Arts Network. This is a family fun event with something for everyone. Proceeds benefit Sophie's Art Gallery and Public Art. For more information call (619) 422-5129 or visit their website at www.alleycatartfest.org.

Help save the Mother Goose Parade - Be a sponsor

Did you go to the Mother Goose Parade as you were growing up? The 63rd Annual Mother Goose Parade may not happen on Nov. 22, 2009, without your support if additional funding is not acquired. With the current state of the economy, the usual funding is not coming in as in the past. The Mother Goose Parade Association is asking for the public's help by being a parade sponsor or by making a personal donation to the Mother Goose Parade Association, P.O. Box 1155, El Cajon, CA 92022. For information on sponsorships, call (619) 444-8712.

— LOCAL NEWS & EVENTS —



Lakeside Round Up of events

by Patt Bixby

Joint effort to eliminate illegal campsites



Trash removed from illegal campsites. Photo by Patt Bixby

A joint effort spearheaded by the Sheriff's Department in conjunction with Cal Trans and the Lakeside Fire Department cleared approximately 30 acres of land off Old Hwy 80 near Amelia Dr. in unincorporated El Cajon.

The Sheriff's Department has received complaints from neighbors that transients had set up illegal camp sites on a mesa above a hill overlooking Lakeside and El Cajon. The eight camp sites, which were located within close proximity to homes and a mobile home park, had fire pits used to burn a variety of items. Lakeside Fire Marshall Greg Schreiner said there were all the ingredients for a fire disaster. The fire pits could have easily ignited brush fires which would have spread to nearby homes.

Corporal Tim Johnson and Corporal Amber Leavitt, who have taken the lead, have chosen to be pro-active by being problem solvers instead of waiting for an incident. The Corporals are working hard with the community to address problems before they get out of hand. Johnson and Leavitt notified the transients the area was to be cleared out on Wednesday, June 17. Caltrans (who now has the area posted "No Trespassing or Dumping"), County inmates and Sheriffs all descended on the area early in the morn-

ing and found the camp sites vacant. Truck load after truck load of trash and brush was hauled down the steep hill. The camp sites which were little more than natural habitat forts for one or two people stood empty of litter which had included old rugs, a baker's rack, step stools, liquor bottles and some evidence of drug use. For over seven hours inmates and sheriff's worked side by side to clear out what had become a dangerous situation.

Sergeant Chris May with the community policing unit said he is proud of the work Corporal Johnson and Leavitt have done in the community. As Sergeant May headed toward another camp site he said this is one of the largest areas we have cleaned out but it won't be the last.

The Sheriff's Department patrols from unincorporated El Cajon, to the base of Alpine, Lakeside and up Wild-Cat Canyon to Barona.

Annual Living Museum

Lakeside Historical Society hosted the 3rd Annual Living Museum June 16, 17 & 18. Event Organizer, Barbara DeYoung said 200 students from



Enda Couts from the Lakeside Historical Society helped students milk a wooden cow at the Historical Society's 3rd Annual Living Museum. Photo by Patt Bixby

the Lakeside school District attended the three day event. The hands on living museum allowed students to milk a wooden cow which simulated a real cow with a working udder, type on an old fashioned typewriter, and braid cloth for a braided rug.

Students in third grade learn about their own local history as part of their curriculum. Lakeside students are fortunate to have the Lakeside Living Museum to reinforce what they have learned in school.

There were 11 stations showing different aspects of life in Lakeside many years ago. The Living Museum is a community

effort with many local residents taking part in the three day event. Lifelong resident Cliff Northcote brought farm equipment which had been in his family for many years. Other exhibits included: a chicken plucker, hand wringer, washing machine and sewing machines from the early 1900's.

Members of the Lakeside Historical Society helped make the event such a big success.

The Lakeside Historical Society Museum is open 11 a.m. to 3 p.m. on Saturdays. Stop by and learn more about Lakeside history.

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Alpine happenings ...

'The Tale of Despereaux' the next Movie in the Park at Viejas

by Diana Saenger

Tuesdays in the Park' features another exciting film this Tuesday, June 30 when the big screen in the concert area at Viejas Outlet Center features the movie *The Tale of Despereaux*, the third in the line-up of this summer's Movies in the Park.

"What are you a mouse or man?" That's the question the tiny Despereaux (voiced

by Matthew Broderick) must answer to his friends and family when he goes against normal mouse behavior.

Despereaux is smaller than most mice, has big floppy ears, and he's adorable. He has the heart of a nun, the mind of an explorer and the courage of a man. His village of mice whisper that he doesn't even flinch when a cat comes near. Come to park, bring your friends and find out what kind of trouble this adventurous mouse gets himself into and if he can get out!

The Universal film is rated "PG," runs 94 minutes and begins at sundown. But come



Kids show off the posters they received from the East County Gazette at the Viejas Outlet Center's 'Movies in the Park.' Photo by Kathy Foster

early for free giveaways and to enjoy the new Farmer's Market at Viejas Center. Every Tuesday, Viejas is proud to pres-

ent the farmer's market that runs through August 25, and feature fresh produce, plants
See MOVIES page 16

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Staying Fabulous in Your 40s

Sharp Grossmont Hospital hosts a seminar for women in or approaching their 40s. A gynecologic specialist addresses topics such as heart health, hormone therapy, diabetes, and gynecologic conditions. Snacks and beverages will be provided.

This event takes place on Monday, July 6, from 6 to 7 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa Street, La Mesa 91942. Free to the public. Seating is limited and registration is required. Please register at 1-800-82 SHARP (1-800-827-4277), or visit www.sharp.com/grossmont.

Project C.A.R.E. Community Action to Reach the Elderly

Project C.A.R.E. is a community effort enabling people who live alone to feel safe in remaining at home. Services include a daily computerized telephone call, Vial of Life, Safe Return and more. Call (619) 740-4214 for details.

East County's Healthcare Leader

What are the leaders of Sharp HealthCare and Sharp Grossmont Hospital doing to ensure clinical excellence in this current economic environment? How will proposed budget cuts impact care? Learn about services, upgraded facilities and plans for Grossmont's future. Friday, July 24, 9 to 10 a.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa.

This free presentation includes a continental breakfast at 8:30 a.m. provided compliments of Grossmont Hospital Foundation. Reservation required. Call 1-800-827-4277.

Hearing Help Workshop Are digital hearing aids for everyone?

This free workshop, presented by an audiologist, will help those who are struggling with hearing loss to understand the advancements in digital hearing aid technology. Monday July 27, 11 a.m. - 12 noon at the Grossmont Healthcare District, Conference Center,

9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277.

Free blood pressure screening

No appointment necessary. Open to the public. For information, call (619) 740-4214.

Sharp Grossmont Hospital Brier Patch Campus, Senior Resource Center, 9000 Wakarusa, La Mesa on Tuesday, July 7, 9:30 - 10:30 a.m.

Lemon Grove invites families to 'Stay Active, Stay Engaged'

Many area schools close their doors and lock the gates when the last day of school arrives. But Lemon Grove School District's Wellness Team says summer time is an opportunity to keep their families engaged and active. Community leaders are holding a Community Wellness Fair this Friday, June 26 from 6:30 to 8 p.m. at the Lemon Grove Recreation Center, 3131 School Lane behind Henry's Market in the heart of town.

Rick Oser, principal of Golden Avenue Elementary feels that community partnerships and family involvement is key to children's early development and success in school. "As financial resources continue to become more limited, it is critical that schools reach out with community partnerships to help shape our students' and families' lives.

is an example of community partnerships at its best. Community-minded organizations, have been able to pool resources and personnel to make this amazing community event possible. The good news is that even after the event has passed, the community partnerships will continue."

Among the many community resources being showcased this week, are the library's lunch and learn summer program; the city's Nutrition Services department will be promoting their free summer lunch program for kids ages two through 18. Family fitness demonstrations will be given by Tae Kwon Do, and several community groups will be present, among them: the American Cancer Society, La Maestra Family Clinic, the San Miguel Fire Department, and the Girl Scouts.

For more information, please contact Rick Oser, (619) 825-5663.

The "Lemon Grove Stay Active, Stay Engaged" event



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Laughter is the Best Medicine

Embarrassing medical exams

1. A man comes into the ER and yells, "My wife's going to have her baby in the cab!" I grabbed my stuff, rushed out to the cab, lifted the lady's dress, and began to take off her underwear. Suddenly I noticed that there were several cabs ---and I was in the wrong one.

Submitted by Dr. Mark MacDonald, San Francisco

2. At the beginning of my shift I placed a stethoscope on an elderly and slightly deaf female patient's anterior chest wall. "Big breaths," I instructed. "Yes, they used to be," replied the patient.

Submitted by Dr. Richard Byrnes, Seattle, WA

3. One day I told a Wife that her husband had died of a massive myocardial infarct. Not more than five minutes later, I heard her reporting to the rest of the family that he had died of a "massive internal fart."

Submitted by Dr. Susan Steinberg

4. During a patient's two week follow-up appointment with his cardiologist, he informed me, his doctor, that he was having trouble with one of his medications. "Which one?" I asked. "The patch, the Nurse told me to put on a new one every six hours and now I'm running out of places to put it!" I had him quickly undress and discovered what I hoped I wouldn't see. Yes, the man had over fifty patches on his body! Now, the instructions include removal of the old patch before applying a new one.

Submitted by Dr. Rebecca St. Clair, Norfolk, VA

5. While acquainting myself with a new elderly patient, I asked, "How long have you been bedridden?" After a look of complete confusion she answered. "Why, not for about twenty years - when my husband was alive."

Submitted by Dr. Steven Swanson-Corvallis, OR

6. I was performing rounds at the hospital one morning and while checking up on a woman I asked, "So how's your breakfast this morning?"

"It's very good, except for the Kentucky Jelly. I can't seem to get used to the taste" the patient replied. I then asked to see the jelly and the woman produced a foil packet labeled "KY Jelly."

Submitted by Dr. Leonard Kransdorf, Detroit, MI

7. A nurse was on duty in the Emergency Room when a young woman with purple hair styled into a punk rocker Mohawk, sporting a variety of tattoos, and wearing strange clothing, entered. It was quickly determined that the patient had acute appendicitis, so she was scheduled for immediate surgery. When she was completely disrobed on the operating table, the staff noticed that her pubic hair had been dyed green, and above it there was a tattoo that read, "Keep off the grass."

Once the surgery was completed, the surgeon wrote a short note on the patient's dressing, which said, "Sorry, had to mow the lawn."

Submitted by RN no name

AND the best for last.....

8. As a new, young MD doing his residency, I was quite embarrassed when performing female pelvic exams. To cover my embarrassment I had unconsciously formed a habit of whistling softly.

The middle-aged lady upon whom I was performing this exam suddenly burst out laughing and further embarrassing me. I looked up from my work and sheepishly said, "I'm sorry. Was I tickling you?"

She replied, "No doctor, but the song you were whistling was, "I wish I was an Oscar Meyer Wiener."

Dr. wouldn't submit his name

Have a funny joke to share with East County residents: e-mail to: editor@ecgazette.com or mail to: Gazette, P.O. Box 697, El Cajon, CA 92020

Class Act Dining & Entertainment

Pfeiffer perfect at ageless beauty in 'Chéri'

Review by Diana Saenger

It's been some time since a truly seductive romance has appeared on the big screen, so the arrival of *Chéri*, starring Michelle Pfeiffer and Rupert Friend, has much to live up to. Director Stephen Frears re-teamed with screenwriter Christopher Hampton, his partner on *Dangerous Liaisons*, for this adaptation of two novels by Colette de l'Académie Goncourt. While the story seems somewhat dry and occasionally plods along, Pfeiffer and Friend make up for those flaws by creating a passionate sexual chemistry on screen.

Pfeiffer plays Léa de Lonval, a Parisian courtesan in the early 20th century. A short opening vignette reveals that courtesans were women who used their potent combination

of sex and politics to influence powerful men and advance their own places in society. Today they would be referred to as high-priced call girls.

Léa, who has done very well for herself with this lifestyle, begins thinking of retiring when her friend and noted gossip, Charlotte Peloux (Kathy Bates), presents her with a challenge. Charlotte is annoyed because her son, lovingly nicknamed Chéri, has become irritable and restless, and may be in need of an exciting older woman's charms.

What begins as a one-on-one flirtatious conversation in the garden between Léa and Chéri turns into a ravenous six-year affair with Léa not only supporting her new lover but equating his skills to a Masters in Lovemaking. They shut the world out around them and

satisfy their own needs — he to mature, she to stay young.

Just when life seems perfect, Léa learns that Charlotte now wants more for her son — marriage and children. She pairs him off with Edmee (Felicity Jones), a youthful and innocent girl from a prominent family.

Surprised to discover she had fallen in love with Chéri, Léa feels devastated when he gets married. She boards up her house and heads for the seashore in hopes of finding a new lover. Ultimately, she and Chéri discover their affair was unrivaled, and they long to be together again. A craving that surely would come with great turmoil, but has that ever stood in the way of an obsessive attraction?

The fact that the plots of Co-



Michelle Pfeiffer and Rupert Friend star in *Chéri*. Photo credit: Bruno Calvo / Miramax

lette's books, *Chéri*, published in 1920 and *The Last of Chéri* in 1926, can still hold their charm in today's world speaks volumes about the obsessive power of sex, beauty and youth. Pfeiffer's (*Stardust*) ability to still bring grown men to their knees with adoration — and make 20-year-olds envious of her beauty — proves she's the perfect choice for this role.

Because Frears had previously worked with Pfeiffer on *Dangerous Liaisons* (1988), he knew she would "fill the shoes of an actress who could deftly hit notes of humor, intelligence and pathos all in one fell swoop." According to Frears, Pfeiffer "was upsetting in *Dangerous Liaisons* and she's upsetting in a different way as Léa. She's unnerving, as though being that beautiful contains its own tragic quality, and that is what I wanted...a beautiful woman facing the reality of aging and Michelle is one of the most beautiful women in the world."

While the story seems to flounder when Léa and Chéri are apart, that's the time which provides insight into Léa's realization about her own life.

"It's only when this young beautiful boy Chéri comes into her life that she completely

loses her perspective and falls prey to her heart for the first time in her life," Pfeiffer said. "Love has never happened for her and she's always accepted that, yet now she's grappling with the aging process and she feels that this is her one last chance."

At first, Friend comes off a tad sheepish as Chéri, but eventually he fills the shoes of this character well. He certainly broadens the range of his talents, having more recently played Prince Albert in the historical romance of *The Young Victoria* and the intriguing Lieutenant Kotler in *The Boy in the Striped Pajamas*.

Bates (*Revolutionary Road*) fits the role of the scheming Charlotte as if it were written for her. Jones continues the innocence of the era she exhibited in *Brideshead Revisited*, but as Edmee in *Chéri*, she also demonstrates a calculated maturity in patience as she waits for the her new husband to recognize her worth.

Chéri is enhanced by gorgeous costumes by Consolata Boyle and beautiful cinematography by Darius Khondji (*The Interrupter*, *Wimbledon*), but it's the tension and vulnerability of the love affair that fuels the film.

'Year One' — please, no year two

Review by Michael Black

Year One reminded me of two other comedies. *The History of the World, Part 1* directed by Mel Brooks and Monty Python's *Life of Brian*, directed by Terry Jones. The big difference between those films is that *Year One* is not funny. It tries to be a Mel Brooks knock off mixed with Monty Python humor set behind two inept sexually frustrated cave-men, Zed (Jack Black) and Oh (Michael Cera).

Zed is the worst hunter of the tribe. Oh is not allowed to hunt and is forced to be a fruit gatherer with the women. The two are the least popular in the tribe and are desperate to impress two women they admire — Maya (June Raphael) and Eema (Juno Temple). Zed decides to take a bite of the forbidden fruit from the tree of knowledge of good and evil to gain godly power to become more popular. This results in his expulsion from the tribe for not understanding the word forbidden. Oh, joins him and together they set out to discover a variety of new people and places, "supposedly" biblical in nature.

They meet Cain (David Cross) and Abel (Paul Rudd), the first and second sons of Adam (Harold Ramis - who



Jack Black, Michael Cera, Christopher Mintz-Plasse and Hank Azaria star in *Year One*. Photo Credit: Suzanne Hanover, SMPSP / Columbia Pictures

also directs) and Eve (Rhoda Griffiths). Cain murders Abel and tries to blame it on Zed and Oh. They meet both Abraham (Hank Azaria), patriarch of Jews, Christians, and Muslims, and his son Issac (Christopher Mintz-Plasse). Maya and Eema get captured by Roman soldiers and Zed and Oh must somehow rescue them and not die in the process.

Jack Black overacts every scene as usual, and it's a shame that such a talented comedic actor agrees to star in such dribble as this. Cera is the same character as in his previous roles in *Superbad* and *Extreme Movie*, a timid man

who gets tongue tied whenever women are around.

The least funniest character in the entire movie is Oliver Platt (*Kinsey*, *Casanova*) as the High Priest who does a scene involving a picture of oil and the Priest hairy chest. Again another wasted great talent. Olivia Wilde as Princess Inanna is obviously only here to provide visual stimulus.

Year One focuses most of its time on visual sight gags, toilet humor and ridiculing the Bible, and is unfunny, degrading, repulsive and not worth seeing even if they paid you to go see it.

Chéri

Studio: Miramax
Gazette Grade: B +
MPAA: "R" some sexual content and brief drug use.
Who Should Go: Pfeiffer and historical romance fans

Year One

Studio: Columbia Pictures
Gazette Grade: F+
MPAA: "PG-13" for crude and sexual content throughout, brief strong language and comic violence.
Who should go: Jack Black die hard fans who have no taste

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(Left) El Cajon CDC's Best of Show Winner: David Gonzales and his 1951 Mercury



(Right) The East County Gazette's Motorcycle Winner: Bruce Field and his Honda

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MOTORSPORTS

2010 Toyota Prius Hybrid V Model

by Dave Stall

I have driven the 2010 Honda Insight and now the 2010 Toyota Prius. So, which one would I choose to put in my garage? Before I answer that let's talk about the Prius.

My model was your typical five door hatch back with a 1.8-liter dual overhead camshaft, 16 valve variable valve timing intelligence (VVT-i), four cylinder engine that burns gasoline. With the help of the Hybrid Synergy Drive System one could expect 51 miles per

gallon in the city and 48 miles to the gallon on the open road. That is probably the most important part of this car review, but wait there is more.

Yes, one can put four adults in the Prius with no problem, there is a lot of storage space for all the grocery getters and it keeps up with traffic and is easy on the eyes.

But I had a few issues that come with driving a hybrid. Some are hybrid characteristics and others are Toyotas own design. For example, the power is low unless one really stands on the gas, which should not be done — no problem with doing it, just isn't environmentally correct. Then there is the, "Is the engine running or not?" Look for the ready light on the dash. Next is the hesitation at freeway speeds, as if the Prius is looking for the correct speed to be in. The Honda did this as well.

Toyota has loaded this car up with more bells and whistles than Honda — that is good and bad. The good is if one likes bells and whistles great, if not, it is a down side.

For example Toyota has this safety system that only works when the cruise control is engaged. What happens is when the cruise control is engaged a screen pops up and it shows three bars on the dash. The bars relate to the distance between the vehicle and the vehicle in front of you. The distance can be adjusted, but can not be turned off as long as the cruise control is on. This is great for tailgaters, it will not let the driver tailgate, the car actually slows down, but my question is, if it slows down as

quickly as it did for me did the brake lights come on? I decided to call Toyota and spoke with a product consultant who stated yes the brake lights will come on if the Dynamic Radar Cruise Control System detects a potential collision or if the Prius de-accelerates at a rate of speed that could cause a rear end accident. I'm not fond of this feature but I feel it is necessary and the driver needs to accept this system to help save lives and keep accidents to a minimum.

The only other complaint I had is it rained last week and the rear wiper only cleaned the top glass of a two-tier-glass hatch, which left the bottom glass dirty, not a big deal but a little annoying.

So, to answer the question I posed at the beginning of this road test, which one would I want in my garage? Even though it is more technical than I like, I would take the Toyota over the Honda. I feel Toyota is ahead of Honda by a year or two, but hey make your own choice.

One last complaint, and this is to the State Government. Issue HOV stickers to all Hybrid vehicles!



2010 Prius Hybrid. Photos by Dave Stall



Dash and controls of the 2010 Prius.

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Bumper-To-Bumper with Dave Stall

Dave: My husband is 89 and has always loved our cars, they have never been to a car wash and our 1998 Passat looks brand new, even though he is unable to drive anymore, he has taught me how to wash and put air in the tires. It has 64,000 miles on it and I hope I will have it forever... I love it. Do you have any suggestions as to how to get tire marks off our driveway, I know it isn't really a car question, but thought you would perhaps have an idea. AJ.

AJ: Go down to your nearest Parts Store, (NAPA, Kragen, etc) they will have a driveway cleaner you can purchase. A home remedy is little Clorox and water and a strong scrub brush. You can always go to my website and see all the information I have to offer, www.davestall.com.

Dave: Question, I have a 2003 Toyota Camry and want to have my windows tinted. What is legal and will it interfere with the antenna in the rear window and will it create a problem for night driving? Any drawbacks at all? Elaine.

Elaine: Window tinting is legal on all windows except the driver and passenger door glass. Most tint shops will still do the driver and passenger glass but you take full responsibility for any tickets you may incur. I have heard a doctor can give you a prescription if you have difficulties driving in bright sunlight but I wouldn't try it unless you have a medical issue. If installed properly the radio antenna will work just fine. Drawbacks: Depending on the shade of tint you choose will depend on night vision, the other drawback is if you leave your rear window defroster on to long it will burn through the tint. I had bought a car with illegal tint on the driver and passenger window and I hated to drive it at night, I removed the tint and it made a big difference.

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-013267
FICTITIOUS BUSINESS NAME(S): Prime Edison
Located at: 831 Laffey Lane, El Cajon, CA 92021
This business is conducted by: A General Partnership
The first day of business was: May 4, 2009
This business is hereby registered by the following: 1. Frank J. Hickey 831 Laffey Lane, El Cajon, CA 92021; 2. Dona Hall 831 Laffey Lane, El Cajon, CA 92021; 3. Jeff Hall 831 Laffey Lane, El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 04, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-017481
FICTITIOUS BUSINESS NAME(S): Karsh Real Estate
Located at: 1931 Vereda Ct., El Cajon, CA 92019
This business is conducted by: An Individual
The first day of business was: June 1, 2009
This business is hereby registered by the following: 1. Kenneth H. Karsh 1931 Vereda Ct., El Cajon, CA 92019
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 12, 2009.
East County Gazette- GIE030790
6/25, 7/02, 7/09, 7/16, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-017587
FICTITIOUS BUSINESS NAME(S): MYTLISTODAY
Located at: 310 Sun Court, El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: January 1, 2009
This business is hereby registered by the following: 1. Quinn Adler 310 Sun Court, El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 15, 2009.
East County Gazette- GIE030790
6/25, 7/02, 7/09, 7/16, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-017807
FICTITIOUS BUSINESS NAME(S): TS Ranch
Located at: 8668 Dent Ct., San Diego, CA 92119
This business is conducted by: General Partnership
The first day of business was: July 13, 2004
This business is hereby registered by the following: 1. Greg Spounias 8668 Dent Ct., San Diego, CA 92119; 2. James P. Tzavaras 11672 Caminito Corriente, San Diego, CA 92128
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 16, 2009.
East County Gazette- GIE030790
6/25, 7/02, 7/09, 7/16, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016668
FICTITIOUS BUSINESS NAME(S): True Lawn Care, Inc.
Located at: 9820 Maine Ave., Lakeside, CA 92040
This business is conducted by: A Corporation
The first day of business was: May 1, 1989
This business is hereby registered by the following: 1. True Lawn Care, Inc. 9820 Maine Ave., Lakeside, CA 92040
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 04, 2009.
East County Gazette- GIE030790
6/25, 7/02, 7/09, 7/16, 2009

CASE NUMBER 37-2008-00102662-CU-PA-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): EDWARD CURIONE, DAVE WHIPPLE SHEET METAL INC., and DOES 1 through 25. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): PERRY LONG AND CARRIE LONG You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contact-ing your local court or county bar association. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): SUPERIOR COURT OF CALIFORNIA, San Diego County, 250 E. Main St., cA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Joseph A. Howell (Bar #140710) Law Offices of Joseph A. Howell, 7855 Ivanhoe Ave., Suite 408, La Jolla, CA 92037. (858) 459-2603.Date: (Fecha) Dec. 31, 2008 Clerk (Secretario, D.R., Deputy (Adjunto)

East County Gazette GIE030790
June 18, 25, July 2, 9, 2009

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016970
FICTITIOUS BUSINESS NAME(S): Sage Management Group
Located at: 8030 La Mesa Blvd. #114, La Mesa, CA 91941
This business is conducted by: A Limited Liability Company
The business has not yet started.
This business is hereby registered by the following: 1 Sage Management Group, LLC 8030 La Mesa Blvd. #114, La Mesa, CA 91941
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 08, 2009
East County Gazette- GIE030790
6/18, 6/25, 7/02, 7/09, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015764
FICTITIOUS BUSINESS NAME(S): AD HOC BYTE
Located at: 1124 Las Flores Dr., Carlsbad, CA 92008
This business is conducted by: An Individual
The first day of business was: May 1, 2009
This business is hereby registered by the following: 1. Alaa Muqaitash 1124 Las Flores Dr., Carlsbad, CA 92008
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 28, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015636
FICTITIOUS BUSINESS NAME(S): US Express Co.
Located at: 16955 Manresa Ct., San Diego, CA 92128
This business is conducted by: A General Partnership
The business has not yet started.
This business is hereby registered by the following: 1. Ali Eskandar 16955 Manresa Ct., San Diego, CA 92128 2. Mohammad Karim Eskandar 13617 El Mar Ave., Poway, CA 92064
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 27, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015502
FICTITIOUS BUSINESS NAME(S): Native Spirit Soul Colors
Located at: 111 Wintercreek Pl., Santee, CA 92071
This business is conducted by: Husband and Wife
The first day of business was: January 1, 2009
This business is hereby registered by the following: 1. Louis V. LaChusa II 111 Wintercreek Pl., Santee, CA 92071; 2. Debra LaChusa 111 Wintercreek Pl., Santee, CA 92071
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 26, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015445
FICTITIOUS BUSINESS NAME(S): a.) CASA Marieta's b.) CASA Marieta's Alpine
Located at: 2806 Alpine Blvd., Alpine, CA 91901
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: 1. MAFA Restaurant Inc. 1283 E. Main St. Suite 110, El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 26, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015349
FICTITIOUS BUSINESS NAME(S): Daniels Distributing
Located at: 8030 Deerfield St., San Diego, CA 92120
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Daniel Garcia 8030 Deerfield St., San Diego, CA 92120
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 22, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-013757
FICTITIOUS BUSINESS NAME(S): Max IP Services
Located at: 4561 Dickey Dr., La Mesa, CA 91941
This business is conducted by: An Individual
The first day of business was: May 1, 2009
This business is hereby registered by the following: 1. Max J Kreifeldt 4561 Dickey Dr., La Mesa, CA 91941
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 07, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

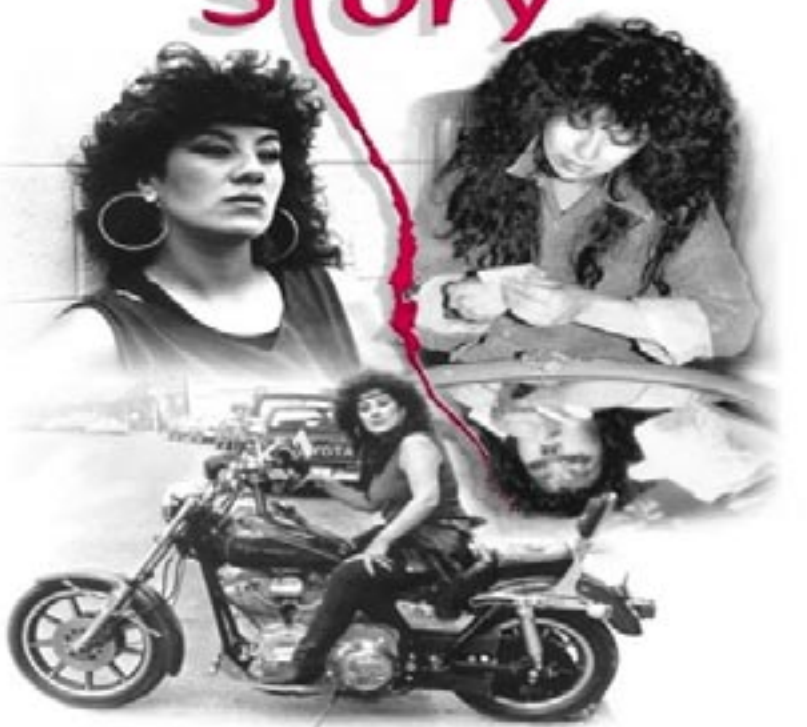
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FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015155
FICTITIOUS BUSINESS NAME(S): Wholesale Guns Inc.
Located at: 10769 Woodside Ave., #206, Santee, CA 92071
This business is conducted by: A Corporation
The first day of business was: May 5, 2007
This business is hereby registered by the following: Wholesale Guns Inc. 10769 Woodside Ave., #206, Santee, CA 92071
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 21, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-014678
FICTITIOUS BUSINESS NAME(S): Perfect Switch
Located at: 2686 Carriagedale Row, La Jolla, CA 92037
This business is conducted by: A Corporation
The first day of business was: May 13, 2009
This business is hereby registered by the following: 1. Stolper International, Inc. 2686 Carriagedale Row, La Jolla, CA 92037
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 18, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015477
FICTITIOUS BUSINESS NAME(S): Many Men
Located at: 12905 Mapleview #57, Lakeside, CA 92040
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Michael Couture 12905 Mapleview #57, Lakeside, CA 92040
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 26, 2009.
East County Gazette- GIE030790
6/04, 6/11, 6/18, 6/25, 2009

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-017025
 FICTITIOUS BUSINESS NAME(S): Hot Rod Junkie
 Located at: 2102 Jarama Ct., El Cajon, CA 92019
 This business is conducted by: Husband & Wife
 The business has not yet started.
 This business is hereby registered by the following: 1. Paul Aiken 2102 Jarama Ct., El Cajon, CA 92019 2. Kris Aiken 2102 Jarama Ct., El Cajon, CA 92019
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 09, 2009
 East County Gazette- GIE030790 6/18, 6/25, 7/02, 7/09, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-017078
 FICTITIOUS BUSINESS NAME(S): Wallenstein Jones & Associates
 Located at: 12190 Cuyamaca College Drive E. #1505, El Cajon, CA 92019
 This business is conducted by: An Individual
 The first day of business was: June 9, 2009
 This business is hereby registered by the following:
 Marie Hilaire 12190 Cuyamaca College Drive E. #1505, El Cajon, CA 92019
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 09, 2009
 East County Gazette- GIE030790 6/18, 6/25, 7/02, 7/09, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015838
 FICTITIOUS BUSINESS NAME(S): a.) 1&1 Design b.) 1&1 Studio
 Located at: 8565 Summerdale Rd. #224, San Diego, CA 92126
 This business is conducted by: An Individual
 The business has not yet started.
 This business is hereby registered by the following: 1. Yinghui Feng 8565 Summerdale Rd. #224, San Diego, CA 92126
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 28, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016612
 FICTITIOUS BUSINESS NAME(S): One On One Realty
 Located at: 917 Kempton St., Spring valley, CA 91977
 This business is conducted by: An Individual
 The business has not yet started.
 This business is hereby registered by the following: 1. Arlene P. Tangalin 917 Kempton St., Spring valley, CA 91977
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 04, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016755
 FICTITIOUS BUSINESS NAME(S): SD Quality Care
 Located at: 11386 Westonhill Dr., San Diego, CA 92126
 This business is conducted by: An Individual
 The business has not yet started.
 This business is hereby registered by the following: Katherine Newcomb 11386 Westonhill Dr., San Diego, CA 92126
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 05, 2009
 East County Gazette- GIE030790 6/18, 6/25, 7/02, 7/09, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015342
 FICTITIOUS BUSINESS NAME(S): Spa House
 Located at: 2730 Isham Springs Ct., Spring valley, CA 91977
 This business is conducted by: An Individual
 The first day of business was: May 22, 2009
 This business is hereby registered by the following: 1. Angela Hunt 2730 Isham Springs Ct., Spring valley, CA 91977
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 22, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016293
 FICTITIOUS BUSINESS NAME(S): Anchor Funding Inc Escrow, Anchor Funding Inc Escrow Division
 Located at: 3750 Convo St. #320, San Diego, CA 92111
 This business is conducted by: A Corporation
 The first day of business was: May 22, 2009
 This business is hereby registered by the following: 1. Anchor Funding Inc 3750 Convo St. #320, San Diego, CA 92111
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 02, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016398
 FICTITIOUS BUSINESS NAME(S): Jonopal, Inc.
 Located at: 830 Broadway Unit 26, El Cajon, CA 92021
 This business is conducted by: A Corporation
 The business has not yet started.
 This business is hereby registered by the following: 1. Jonopal, Inc. 830 Broadway Unit 26, El Cajon, CA 92021
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 02, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016276
 FICTITIOUS BUSINESS NAME(S): a.) CDA Natural Stone and Tile b.) CDA Interiors
 Located at: 14235 Jennings Vista Trail, Lakeside, CA 92040
 This business is conducted by: An Individual
 The first day of business was: June 1, 2009
 This business is hereby registered by the following: Jesse Stockmoe 14235 Jennings Vista Trail, Lakeside, CA 92040
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 02, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016053
 FICTITIOUS BUSINESS NAME(S): JAJOVO Enterprise
 Located at: 1465 E. Lexington Ave. #1B, El Cajon, CA 92019
 This business is conducted by: An Individual
 The business has not yet started.
 This business is hereby registered by the following:
 Eric J. Vogt 1465 E. Lexington Ave. #1B, El Cajon, CA 92019
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 29, 2009
 East County Gazette- GIE030790 6/18, 6/25, 7/02, 7/09, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016624
 FICTITIOUS BUSINESS NAME(S): a.) American Loan Modification Group b.) American Loan Mod Group
 Located at: 1660 Hotel Circle North, Ste. 700, San Diego, CA 92108
 This business is conducted by: A Corporation
 The business has not yet started.
 This business is hereby registered by the following: 1. Axis Finance, Inc. 7040 Avenida Encinas #104-271, Carlsbad, CA 92011
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 04, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-015792
 FICTITIOUS BUSINESS NAME(S): a.) AMHP b.) AMHP NAMI San Diego Rep Payee for Social Security Beneficiaries
 Located at: 4480 30th St., San Diego, CA 92116
 This business is conducted by: A Corporation
 The first day of business was: January 1, 1993
 This business is hereby registered by the following: National Alliance on Mental Illness- San Diego (NAMI San Diego) 4480 30th St., San Diego, CA 92116
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 28, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-014512
 FICTITIOUS BUSINESS NAME(S): Babi's Bakery
 Located at: 910 E. Washington Ave., El Cajon, CA 92020
 This business is conducted by: A General Partnership
 The business has not yet started.
 This business is hereby registered by the following: 1. Shawn Doud 610 S. Mollison Ave. #D, El Cajon, CA 92020; 2. Giorgi Naom 3073 Golf Crest Ridge Rd., El Cajon, CA 92019
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 14, 2009.
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-014751
 FICTITIOUS BUSINESS NAME(S): GET 2 IT PROPERTY SOLUTIONS
 Located at: 874 Galapago St., Spring Valley, CA 91977
 This business is conducted by: An Individual
 The first day of business was: May 18, 2009
 This business is hereby registered by the following: 1. Doris Avery 874 Galapago St., Spring Valley, CA 91977
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on May 18, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016645
 FICTITIOUS BUSINESS NAME(S): Crossfit Pride
 Located at: 1991 Friendship Dr., Ste. E, El Cajon, CA 92020
 This business is conducted by: An Individual
 The first day of business was: June 1, 2009
 This business is hereby registered by the following: Caren Ross 1991 Friendship Dr., Ste. E, El Cajon, CA 92020
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 04, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-016304
 FICTITIOUS BUSINESS NAME(S): a.) East County Performance Workshop b.) Swap King Performance
 Located at: 2883 Buena Vista Ave., Lemon Grove, CA 91945
 This business is conducted by: An Individual
 The first day of business was: June 1, 2007
 This business is hereby registered by the following: 1. Shire Cain 2883 Buena Vista Ave., Lemon Grove, CA 91945
 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on June 02, 2009
 East County Gazette- GIE030790 6/11, 6/18, 6/25, 7/02 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00066920-CU-PT-EC
 IN THE MATTER OF THE APPLICATION OF: ZINA TOMA RAMIREZ ON BEHALF OF RICARDO VICENTE RAMIREZ FOR CHANGE OF NAME PETITIONER: ZINA TOMA RAMIREZ ON BEHALF OF RICARDO VICENTE RAMIREZ HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
 RICARDO VICENTE RAMIREZ
 TO: GIOVANNI VICENTE RAMIREZ
 THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department E-15, on JULY 29, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
 IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
 THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MAY 29, 2009.
 East County Gazette – GIE030790 6/11, 6/18, 6/25, 7/02, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00067033-CU-PT-EC
 IN THE MATTER OF THE APPLICATION OF: TRAVIS PRESTON JAY FOR CHANGE OF NAME PETITIONER: TRAVIS PRESTON JAY HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
 TRAVIS PRESTON JAY
 TO: TRAVIS PRESTON HUGHES
 THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department E-14, on JULY 15, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
 IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
 THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 04, 2009.
 East County Gazette – GIE030790 6/11, 6/18, 6/25, 7/02, 2009

Dear Dr. Luauna Stines



Dear Dr. Luauna,
I have been following your column and I like your straight answers to the questions. I am a business woman, I have accomplished my goals that I have set and I am only 38 years old. Goals, owning a very nice home, and I am financially set for the rest of my life. Although I have everything I need, I ask myself, "Is this it?" My life is still empty even though I have everything. I would like to know more about Jesus. Can you direct me? What steps to take, or the right church, etc? Signed Empty in La Jolla, CA.

Answer: Dear Empty in La Jolla,

You are a miracle! Some people live their whole life without recognizing life is truly incomplete without the Master! We are all created in the image of God and called to worship the Lord, but the human nature of man has a tendency to fill their void with material things. There is a powerful scripture in the Bible which says, Matthew 16:26, "For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?"

I am very proud of you; I have always shared with my children, the two greatest decisions you will make in your life are salvation through Christ Jesus and who you choose to marry. For you to come to this place in your life, in your 30's is truly a miracle. Salvation is the greatest gift. Let me bring you to Jesus, say this prayer with me and mean it with all your heart, "Jesus, I know I have done wrong in my life and I have not followed your Word, I need you to please forgive me of my sins, I ask you to be Lord of my life, I know you died to save sinners, and I am one. This day, in the name of Jesus I commit my life to you. Amen"

Now, what you do after you have said that little prayer is very important! For you to continue your growth in the Lord, you will need a good Bible, a *New International Version* or *New King James Version*, begin to read in the *New Testament* starting in the book of John. Also, you must come to church, your Christian walk is like a plant, you must water your soul with the Word of God, through Church, and good fellowship. Please call if you need more information, this is the beginning of the rest of your life, welcome to the Kingdom of God! You are special!

Submit questions to: questions@drluauna.com

Watch Dr. Luauna Stines Television Program in San Diego County, Cox Cable, Every Tuesday at 9 pm, Channel 18 & 23. (760) 780-6207

www.drluauna.com

www.atouchfromabove.org

www.amothersstory-thebook.com

Dr. Luauna is an Evangelist. Following is a list of her ministry activities:

- **Television:** A weekly public access program airing from San Diego across to the east in Atlanta, GA.
- **Radio:** A daily international program in the Philippines, the area is a Muslim stronghold (Mindanao)
- **Mission America:** Preaching in our Revival Tent, Stadiums, Conference Centers and Hotels in every town and city across the United States, our homeland is our mission field.
- **Mission Africa:** We have a branch office and church in Malawi, Africa. Dr. Luauna trained a Malawian National as our Operations Director. We will also build a Bible University, there as well.
- **Christian University & Seminary:** In January 2009, A Touch From Above University & Seminary became fully accredited as a full gospel University to train up men and women to help us reach the world for Jesus.
- **Prayer Mountain & Local Church Services:** A place for Christians to get away and pray. Healing and Worship Services along with regular scheduled prayer meetings.

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— LEGAL NOTICES —


ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00067056-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: SALAM SHAMEL HABABA FOR CHANGE OF NAME PETITIONER: SALAM SHAMEL HABABA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
SALAM SHAMEL HABABA
TO:
SALAM SHAMEL HABBABA
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department 15, on August 5, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 05, 2009.
East County Gazette – GIE030790
6/18, 6/25, 7/02, 7/09, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00067055-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: VANESSA MARY HABABA FOR CHANGE OF NAME PETITIONER: VANESSA MARY HABABA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
VANESSA MARY HABABA
TO:
VANESSA MARY HABBABA
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department 15, on August 5, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 05, 2009.
East County Gazette – GIE030790
6/18, 6/25, 7/02, 7/09, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00067058-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: MARTIN SHAMEL HABABA FOR CHANGE OF NAME PETITIONER: MARTIN SHAMEL HABABA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
MARTIN SHAMEL HABABA
TO:
MARTIN SHAMEL HABBABA
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department 15, on August 5, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 05, 2009.
East County Gazette – GIE030790
6/18, 6/25, 7/02, 7/09, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00067057-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: GHAYDAA SHAMEL HABABA FOR CHANGE OF NAME PETITIONER: GHAYDAA SHAMEL HABABA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
GHAYDAA SHAMEL HABABA
TO:
GHAYDAA GORHIS HABBABA
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department 15, on August 5, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 05, 2009.
East County Gazette – GIE030790
6/18, 6/25, 7/02, 7/09, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00067177-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: TAMMI MCCALL ON BEHALF OF MINOR CHRISTIAN JAMES COOKS JR. FOR CHANGE OF NAME PETITIONER: TAMMI MCCALL ON BEHALF OF MINOR CHRISTIAN JAMES COOKS JR. HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
CHRISTIAN JAMES COOKS JR.
TO:
AIDEN JAMES YUSUF
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department 15, on August 12, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 10, 2009.
East County Gazette – GIE030790
6/18, 6/25, 7/02, 7/09, 2009


Following is a summary of an Ordinance adopted at the Joint Meeting of the City Council/Redevelopment Agency of the City of El Cajon on June 23, 2009. Full text is available in the City Clerk's Office, 200 East Main Street, El Cajon, California.

ORDINANCE NO. 4930

AN ORDINANCE REPEALING CHAPTERS 13.16, 13.20, 13.24, AND 13.28 OF THE EL CAJON MUNICIPAL CODE AND ADDING NEW CHAPTERS 13.16, 13.20, 13.24, 13.28, 13.37, AND 13.38 TO THE EL CAJON MUNICIPAL CODE RELATED TO SEWERS AND SEWAGE DISPOSAL

This ordinance amends chapters of the El Cajon Municipal Code regarding the operation, maintenance, and use of the City's sanitary sewer system. The chapters being amended provide regulations for connection to the sanitary sewer system, and regulates the use of the system by the public. This ordinance is to update those regulations contained in the El Cajon Municipal Code as required by the State Water Resources Control Board, San Diego Region, Order #2206-0003-DQW.

This ordinance would implement regulatory authority to accomplish the following: (1) control infiltration and connections from inflow sources, including satellite systems; (2) require that sewers and connections be properly designed and constructed; (3) ensure proper installation, testing, and inspection of new and rehabilitated sewers (such as new or rehabilitated collector sewers and new or rehabilitated service laterals); (4) limit fats, oils and greases and other debris that may cause blockages in the sewage collection system; and (5) implement the general and specific prohibitions of the national pretreatment program under 40 CFR 403.4.

This ordinance would also (1) further regulate food-serving establishments to minimize the release of fats, oils and grease into the sanitary sewer and storm water runoff, (2) further restrict substances that are discharged into the sewer systems and building sewers, (3) require video inspection and repair of private sewer systems and building sewers, and (4) make it a crime for the citizens of El Cajon to fail to report a sewer spill.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at an Adjourned Regular Joint City Council/Redevelopment Agency Meeting held this 23rd day of June, 2009, by the following vote to wit:

AYES:	Lewis, Hanson-Cox, Kendrick, McClellan, Wells
NOES:	None
ABSENT:	None
DISQUALIFY:	None

MARK LEWIS
Mayor of the City of El Cajon

ATTEST:

KATHIE RUTLEDGE, CMC
City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4930 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Adjourned Regular Joint Meeting of the City Council/Redevelopment Agency on the 23rd day of June, 2009.

East County Gazette- GIE030790
06/25/09

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The bid specifications contained in the Vehicle Bid Form provide in detail the District's requirements for the vehicle. Vehicle Bid Forms are available by contacting The Lakeside Union School District in person or writing at 12335 Woodside Ave, Lakeside, CA, 92040, or by email request to tsalz@sdcoe.net.

East County Gazette- GIE030790
6/18, 6/25, 2009

In re the Matter of: William O. Kobusch, Deceased and Trustor of The William O. Kobusch Revocable Trust Declaration of Trust dated January 17, 1991

Case No. 37-2009-00151673-PR-NC-CTL

Notice is hereby given to the creditors and contingent creditors of above-named decedent, that all persons having claims against the decedent are required to file said claim with the Superior Court, at 1409 Fourth avenue, San Diego, CA 92101, and mail or deliver a copy to Pamela K. Kobusch, as Trustee of the trust dated January 17, 1991, wherein the decedent was the Trustor, in care of Ron H. Oberndorfer, Esq., 5464 Grossmont Center Drive, 3rd Floor, La Mesa, California 91942, within the later of four months after June 19, 2009, or, if notice is mailed or personally delivered to you, 30 days after the date of this notice is mailed or personally delivered to you, or you must petition to file a late claim as provided in Section 19103 of the Probate Code. A claim form may be obtained from the court clerk. For your protection, you are encouraged to file your claim be certified mail, with return receipt requested.

Dated: June 9, 2009

RON H. OBERNDORFER, ATTORNEY
FOR PAMELA K. KOBUSCH, TRUSTEE

East County Gazette- GIE030790
6/18, 6/25, 7/02, 7/09, 2009

.....

Movies ...



**‘The Tale of Despereaux’.
Photo credit: Universal Pictures**

Continued from page 6

and specialty items from local vendors from 3:30-7:30 p.m. The movies and the farmer's market are free.

Movies in the Park schedule:

July 7 – IGOR

July 14 – Madagascar 2
Escape Africa

July 21 – Hotel for Dogs

July 28 – Surf's Up

August 4 – The Ant Bully

August 11 – Harry Potter and the Sorcerer's Stone

**To place your legal ad call
(619) 444-5774**

Our Best Friends

Should dog go through the door last ... ask a trainer

by Nan Arthur, CPDT

Dear Trainer:

My friend, who thinks he knows everything about dogs, says that letting my dog go out the door before me is allowing my dog to dominate me by being her "doorwoman." My friend also tells me I should no longer play tug-a-war with my dog for the same reason, since my dog "wins" a lot when we play. I consider my dog a nice, well adjusted dog that enjoys playing tug and I just don't see her turning into some crazed dog because we play together. My dog is 2 years old and a pit bull/lab mix. She is spayed and I have had her since she was 8 weeks old. What do you think; are these myths or should I change how I treat

my dog?
Signed,
Myth Buster

Dear Myth,

Within any blanket statement about dogs, there seems to be some truth, and the two situations you bring up are both good topics to look at and discover where, exactly the truth lies. Let's look at these common concerns and a few more from a behavior standpoint so you can discover just where your own dog falls on the continuum.

A dog that pushes through the door first is being dominant

Many dogs are allowed to go through a door before their humans and the majority of them are normal and well

adjusted dogs. However, dogs that push through the door first, slamming past people or other dogs in the process are often overly excited dogs that have not been trained to wait! Alone, this is rude behavior and is considered a training deficit, and for some dogs even bully-like behavior. For dogs that are lacking basic manners, the best solution is to teach them that waiting until released (whether the person goes out first or not) will result in rewards and keep the dog calmer and more focused overall.

You can never play tug-of-war with a dog because it will make your dog dominant

There are a bunch of agility dog trainers, not to mention Customs and Bomb Dog

trainers that would be sorely disappointed if that were true! Playing tug with their dogs is their dog's paycheck for a job well done! It is fine to play tug-of-war with a dog that is trained to stop playing when you ask. Teaching dogs the tug-of-war rules early in their puppyhood, insures a good habit when they reach adulthood. Dogs that are allowed to escalate the play to the point of over-the-top arousal can be dangerous for dogs that have little impulse control that sometimes leads to dogs biting due to the arousal.

To learn how to play properly with your dog there are several books and DVD's that explain the process. Play with Your Dog, by Pat Miller, Play Together, Stay Together, by Patricia McConnell and Karen London, are two new titles that, among others, can be found at: www.dogwise.com and include fun ways to play with your dog while building a good relationship, not a confrontation.

Other behaviors that are often cited as dominance are usually very normal dog behaviors and should be considered as that. If a behavior is unwanted, training and behavior modification should be the first step to eliminating unwanted behaviors. Let's look at some of the others that are common myths:

A dog that urinates in the house in front of the owner is trying to show his or her dominance.

A dog that urinates in the house, in front of the owner is not housetrained, has a medical condition or is suffering from undue stress and feels a need to mark. Each of these areas should be carefully looked at, and sometimes require professional help if prevention and management are not helping. Talking to your veterinarian about conducting a urinalysis is the first step to any house training issue. If that is all clear, re-house training and possibly behavior modification are the next steps.

You should never let dogs sleep in your bed or they will feel equal or higher than you in rank

You can allow dogs to sleep with you if your dog understands he/she will have to get off the bed if you ask. Training your dog, using positive reinforcement methods, will teach your dog to happily give up his space when asked. Many people create problems with their dogs by pushing or forcing them from the bed or furniture. Not only is that rude, it can make dogs defensive if they are constantly pushed around, when a simple training game that teaches them to get on and off things would be so much simpler.

You should never feed your dog before you eat, or if it is an intra-dog issue, always feed the "dominate" dog first

These are two of the silliest myths out there if you really think about what is being said

See MYTHS page 19



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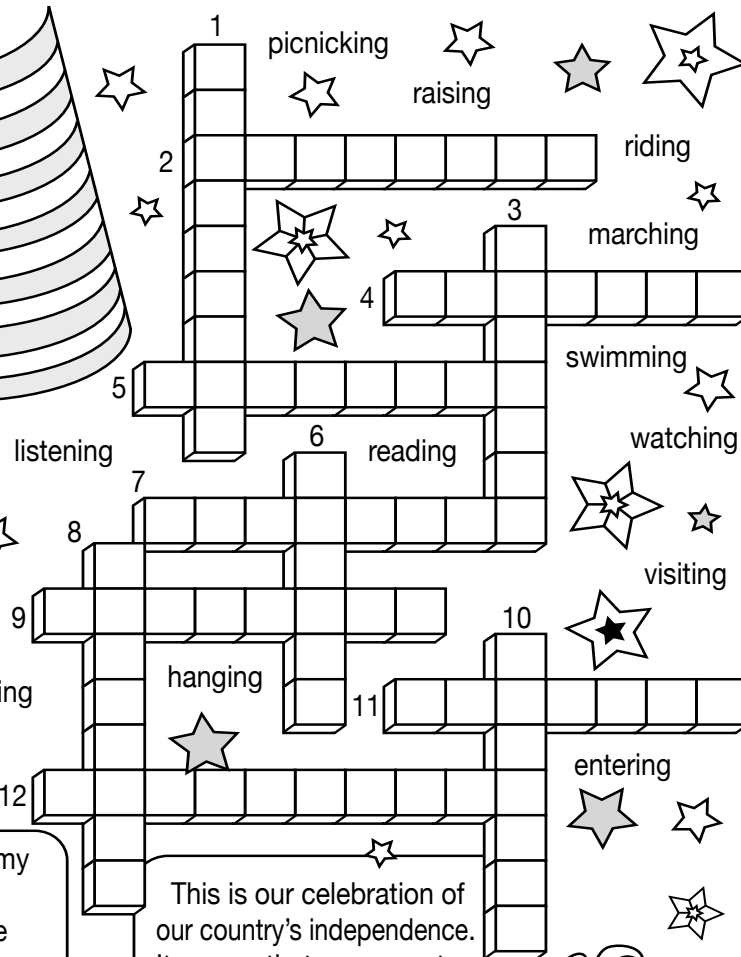
Free entry forms are on our website.

Happy Fourth of July, Everyone!

How are Americans celebrating the Fourth of July? What are you doing? **Can you fill in the puzzle with the first word of each clue below to find out some ways in which we are celebrating?**

- _____ to speeches of freedom
- _____ to cool off
- _____ red, white and blue bunting from buildings
- _____ the Declaration of Independence
- _____ a pie-eating contest
- _____ decorated bicycles
- _____ places, battlefields and buildings where people fought for liberty
- _____ in the parade
- _____ fireworks light up the sky
- _____ patriotic songs
- _____ our country's flag
- _____ with your family and friends

Help me find and circle all the words that begin with the letter 'f' on this page!



I love decorating my bicycle and riding it in the parade. I love eating hotdogs and watermelon. And the fireworks are so cool! But, what is all the celebration really about?

This is our celebration of our country's independence. It means that we are not controlled by other countries. We are free. That's why we also call the Fourth of July **Independence Day**.

Myths ...

Continued from page 18

in these statements. Dogs are unable to figure out the time schedule of human meals in relationship to their meals, and it would be impossible to always feed them after you ate and have it make any sense to the dog. A good example is, if you eat lunch first, and then feed your dog, would she then think she ate first because you later have dinner? Dogs just don't think this way.

The same goes for feeding what people call their "high-ranking" dog first when there is more than one dog in the home. This is also misguided as many people identify one of their dogs as the "Alpha" dog, when in fact, many of those dogs are usually just spoiled and bossy and feeding them first supports them being rude and pushy with other dogs.

Teaching dogs to wait their

turn, no matter which dog, or human is going to eat first makes more sense to the dog and teaches polite behavior that all dogs should learn.

So there you have it; some of the more common myths dispelled. Dogs are just dogs being dogs. Plain and simple, it is our job as their companions to help them with things like understanding household boundaries and teaching them what we do want from them. Good leadership has to do with teaching and guiding and if you are a good leader for your dog you will never need words like "dominance."

Good luck and do thank your friend for bringing up such a good topic.

Nan Arthur,
CDBC, CPDT, KPACTP
and Faculty

www.wholedogtraining.com

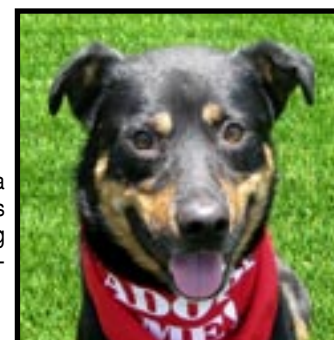
ADOPT-A-PET

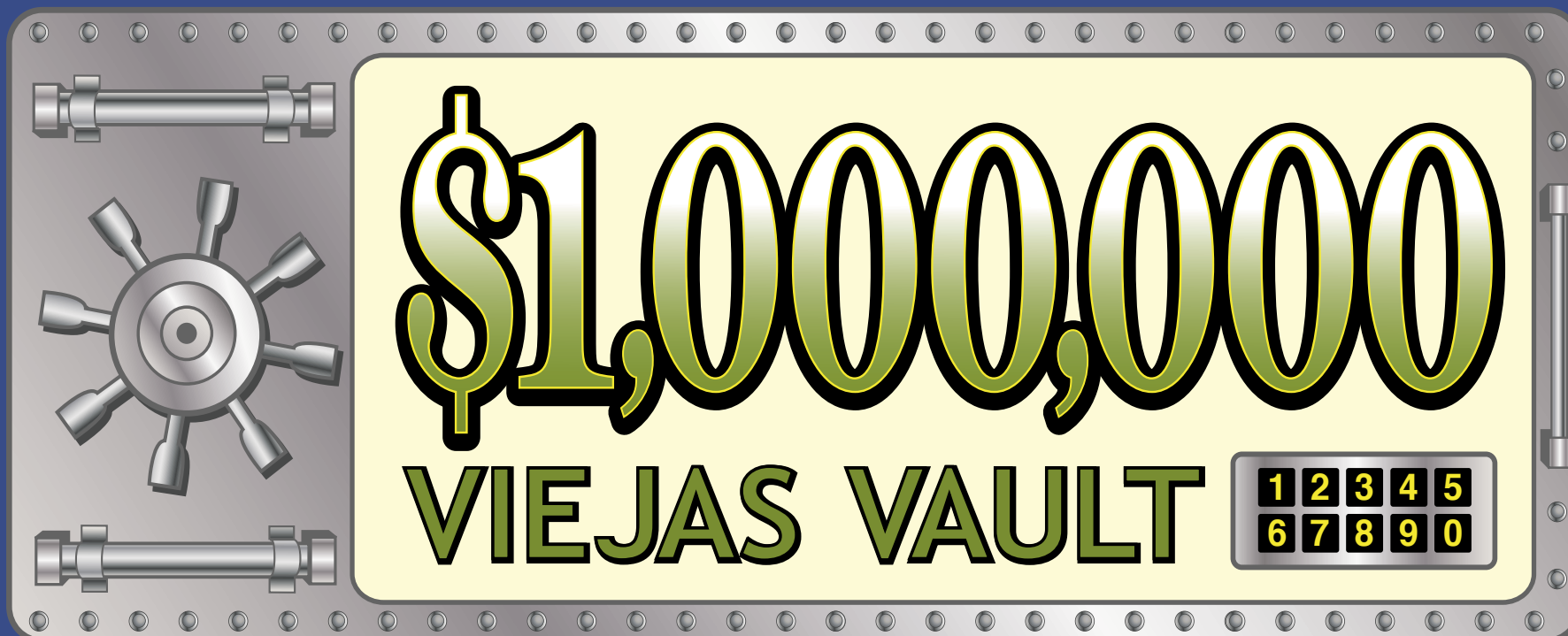
Brandy is a 3-year old Siberian Husky mix. She is 41 pounds of love! Brandy is friendly, smart, and loves to be near you. She needs a home with a secure yard to keep her safe. This sweet, easy-going girl is available for adoption through the FOCAS (Friends of County Animal Shelters www.focas-sandiego.org) rescue program. To arrange a meeting, call (858) 205-9974.



Amber is an orange and white 7 pound domestic short hair cat, less than one year old. A severe injury to a hind leg resulted in amputation. She's still quick, even with just 3 legs! Amber loves to play with toys, snuggle in your lap and enjoys lots of attention. She is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). For more information, or to arrange a meeting, call (619) 685-3536.

Floyd is a great looking 3-year old Doberman mix. This boy weighs a very manageable 41 pounds and has a warm, easy-going personality. He knows "sit" and he's very gentle. He loves to play and to give kisses. Floyd's ideal home will be a calm household with a family that will help him build confidence while he receives training and socialization. To learn more about Floyd, contact FOCAS (Friends of County Animal Shelters www.focas-sandiego.org) at (858) 205-9974.





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