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VOLUME 9 NUMBER 47

APRIL 30 - MAY 6, 2009



Adoptable pets . . . page 19

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Ford Fusion Hybrid — a new breed



Read Dave Stall's column on the 2010 Ford Fusion Hybrid on page 14.

What's new in theatres?



Read about
'The Soloist'
by Diana Saenger
and
'Fighting'
by Michael Black
in the Class Act
Entertainment
Section pages 10 & 11



Cajon Classic Cruise ready to roll



Don and Joan Minnick rolled down the streets of the Lakeside Western Days Parade last weekend. The Minnick's show their vintage vehicles at the Cajon Classic Cruise and visitors will be able to view them along with hundreds of others every Wednesday evening beginning May 13. Photo by Debbie Norman

The countdown is on for car enthusiasts — two weeks or 13 days from this week's printing, the 2009 Cajon Classic Cruise commences Wednesday, May 13, from 5 to 8 p.m. on Main Street in the heart of historic Downtown El Cajon.

The Cajon Classic Cruise is Southern California's largest weekly classic car show and admission is free. More than 500 classic, custom and hot rod cars valued at more than \$10 million will be showcased in a street festival setting every Wednesday evening through September 30. In addition, two special post-

season car shows will be held, including a Halloween Show on October 28, and a Holiday Car Show on December 9.

For more information, contact the El Cajon Community Development Corporation at (619) 401-8858, or visit www.downtownelcajon.com.

Note: The East County Gazette will once again be the 'Official Paper' of the Cajon Classic Cruise Car Show and will be there each week to bring you the latest 'happenings' in your community along with the car show news and winners. See everyone at the 'cruise!'

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Bits and pieces around East County

East County Letter Carriers help 'Stamp Out Hunger!'

On Saturday, May 9, join East County Letter Carriers, the National Association of Letter Carriers (NALC), United States Postal Service, AFL - CIO, United Way of America, Campbell Soup Company and Feeding America San Diego to help Stamp Out Hunger! in San Diego County. Stamp Out Hunger!, the annual National Association of Letter Carriers food drive is the nation's largest single-day food drive.

Residents throughout East County can leave a sturdy bag containing non-perishable food such as canned soup, canned vegetables, pasta, rice or cereal next to their mailbox prior to the time of regular delivery on May 9. Food items should be in non-breakable containers such as boxes and cans. Letter carriers will collect the food donation that day and deliver it to San Diego County's hungry. For residents who would prefer not to leave the food out or who have a post office box, food donations may be taken to your local post office.

"This is the largest one day food drive in the nation," said Gary McDonald, president and CEO of Feeding America San Diego. "Not only do letter carriers deliver our mail rain or shine - they play an incredibly active role in partnering with Feeding America food banks across the United States to end hunger."

Last year, letter carriers across the country collected a record total of more than 73.1 million pounds of food. However, during these hard economic times, more people than ever are relying on food banks to provide food for their table. A recent survey of Feeding America food bank members reported a 30 percent increase in requests for emergency food assistance. The reason cited for this dramatic increase in demand included rising cost of food, increasing unemployment and underemployment, cost of fuel and the burden of mortgage or rent costs.

"In these difficult economic times, hunger is an issue that must be addressed in every community across our country," said William H. Young, NALC president. "We see it daily out on our routes. That's why now more than ever before we need

everybody's help to make a real difference."

For more information about the annual Stamp Out Hunger! food drive in San Diego County, ask your letter carrier, contact the post office or visit www.helpstampthunger.com. For more information about Feeding America San Diego, to volunteer, make a donation or host a food drive, please visit www.FeedSanDiego.org or call (858) 452-FOOD (3663).

Established in July of 2007, Feeding America San Diego is San Diego County's largest distributor of donated food and the only Feeding America (formerly America's Second Harvest) affiliate in San Diego County. Feeding America San Diego's mission is "To feed the hungry; to advocate; to educate." For more information, please visit www.FeedSanDiego.org or call (858) 452-FOOD (3663).

FREE Legal Clinic

The Foothills Bar Association and the San Diego Public Law Library will present a free legal clinic on Friday, May 1, from 10 a.m. to 3 p.m. at 250 East Main Street, El Cajon in the East County Regional Center. The clinic's purpose is to provide you with general legal advice and referrals only.

The free legal clinic is a public

service event. Volunteer lawyers will not provide on-going representation.

7th Annual Wieghorst Western Heritage Days

Calling all talented artists, craft makers, exhibitors and vendors, The 7th Annual Wieghorst Western Heritage Days will be held Saturday and Sunday, June 6 and 7.

This is a celebration and exhibition of our Western heritage, primarily from 1700 through early 1900, geographically west of the Mississippi River, pioneered and settled by Native American Indians, trappers and mountain men, cowboys and vaqueros, prospectors and miners, cattle and sheep ranchers, railroaders, and the individuals who, along with their families, built and settled in the towns and cities along the Westward Trek.

If anyone has artwork or handicrafts that reflect the era of Westward expansion and settlement, or have products to sell or exhibits that depict the lives and experiences of the people who took part, or would like to help educate children and adults about that period in American history, we welcome applications. We'll have space for a variety of booths and exhibits, products and programs, sights and sounds.

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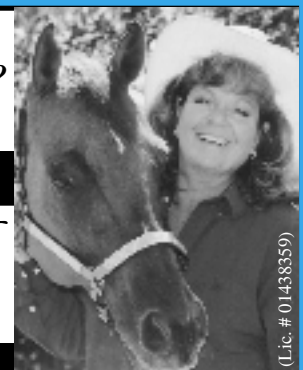
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SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —

Cinco de Mayo at Hacienda

Hacienda Casa Blanca Mexican Restaurant will be hosting a Cinco de Mayo weekend Friday, May 1 through Sunday May 3.

Enjoy the Mariachis and traditional Folklorico dancers from our local schools. Authentic artisans and mexican tradition will be found outside with homemade tortillas and wonderful margaritas.

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Police Chief Pat Sprecco

by Monica Zech
**City of El Cajon Public
Information Office**
**Special honors for El Cajon's
Police Chief**

Following the East County Chamber of Commerce First Friday Breakfast on Friday, May 1, at the Grossmont College Student Center, everyone is invited to attend a brief ceremony starting at 9 a.m. to honor El

Cajon Police Chief Pat Sprecco as the 2009 inductee into the Grossmont College *Walk of Fame*. Sheriff Bill Kolender will be making the presentation to Chief Sprecco. The *Walk of Fame*, located on campus in the Main Quad area, is a display of several bronze plaques embedded in concrete that feature the names of previous distinguished alumni. The Grossmont College Foundation began the *Walk of Fame* program in 1989, the 18 previous *Walk of Fame* recipients have included medical researchers, political advocates, artists, athletes and community leaders. Chief Sprecco was a 1976 graduate of Grossmont College with an associate degree in criminal justice administration. He was named Chief of Police in March of 2008.

Police Community Forum is scheduled For May 4

The El Cajon Police Department will hold their next community forum on Monday evening, May 4, 6 p.m. at the Ronald Reagan Community Center, located at 195 East Douglas Avenue. These meetings have been an innovative strategic approach to law enforcement that will ensure success in managing current and future challenges. Known as "The Project," it's an ethics based, team driven initiative designed to develop community partnerships in an effort to solve community problems – and reduce crime. A decrease in crime translates into a decrease in all costs associated with crime – including those faced by citizens, business, and government. Using this innovative approach will not only help decrease crime, but can help prevent crime as well, thereby improving the overall quality of life in the City of El Cajon. The community meeting will run from 6 to 7:30 p.m. Please visit the El Cajon Neighbors website at www.elcajonneighbors.org and sign up for our e-alert program, register to participate in blog

conversations, or view a new crime prevention video.

Crime Prevention Class for Apartment Managers in June

On June 9 the El Cajon Police Department will hold their next Crime Free Multi-Housing training program, a state-of-the-art crime prevention program designed to reduce crime, drugs, and gangs on apartment properties. Property owners, managers, leasing staff, maintenance personnel, and others in the management team are encouraged to attend this 8-hour training program. This free program is now in over 2000 cities throughout the United States and in seven different countries. The class will be held from 8 a.m. to 5 p.m. at the Ronald Reagan Community Center in El Cajon.

Newly certified participants that pass the yearly renewal Crime Prevention, Crime Prevention Through Environmental Design (CPTED) inspection for the CFMH program, will now be recognized at El Cajon City Council meetings. The Crime Free Multi-Housing Program consists of three training phases that are completed under the supervision of the El Cajon Police Department. The benefits of this program are reduced calls for service, a more stable tenant base, and it creates a sense of community for tenants living in an apartment environment. For more information or to register please call Samantha Hook at (619) 579-4227.

May 1 is First Friday Downtown

It's time for summer nights and enjoying our great California weather! Get out and make your First Fridays a blast in Downtown El Cajon - the place to be the First Friday of every month! From fun art classes to great dining specials, there is always something to enjoy with the family. To get a full list of what special deals

and activities are being offered this month visit the El Cajon Community Development Corporation website at www.downtownelcajon.com.

Join us for CERT Day Saturday, May 2 at Home Depot

Have you done anything to prepare yourself or your family for a possible disaster such as an earthquake or fire? Do you have a disaster supply kit at home, at your workplace, or in your car? Get started by stopping by our CERT Day event in El Cajon this Saturday, May 2, at the Home Depot in El Cajon located at 298 Fletcher Parkway. From 9 a.m. to 2 p.m. we'll have a booth with members of the East County CERT, Community Emergency Response Team, handing out free small disaster preparedness kits and a schedule of our next CERT academy starting on May 30. The Office Of Emergency Services, thanks to a grant provided by Allstate Insurance, is providing the kits.

Note: Other vendors will be there with additional tips and products designed to conserve water and energy, including San Diego Gas & Electric with a light bulb exchange booth. The lighting exchange and trade up to five incandescent light bulbs (75 watts or higher) for the same number of new, energy-efficient light bulbs. You can also trade up to two halogen lamps for two energy-efficient torchiere lamps combined value of over \$100. Bring your bulbs, lamps, a valid California ID, and a copy of your S.D.G. & E. bill with you to the event. While supplies last. Also ask about their energy-saving home improvement programs for income-qualified households. To learn more, call 1-800-411-7343.

Dust off that bike and get ready for Bike to Work Day

El Cajon's 10th Annual "Bike To Work Day is Friday" is

See EL CAJON BITS page 5

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— LOCAL NEWS & EVENTS —



Lakeside Round Up of events



The U.S. Postal Service has changed over the last 100 years. Pictured to the left is the newest "Segway" to the future of mail service. Pictured on the right was the Postal Service of 1917. See more photos of the parade on www.eastcountygazette.com

by Patt Bixby

Dates to remember

May 4: Lakeside Chamber of Commerce meeting. Open to the public, 6 p.m. at Community Center.

May 5: East County Property Owners Association Meeting, open to the public, 4 p.m. at the Lakeside Fire Protection offices at 12365 Parkside.

May 6: Lakeside Planning Group 7 p.m. at Community Center

May 7, 14, 21, & 28: Lakeside Farmers Market at Lindo Park

May 13: Design Review at 7 p.m. at the Lakeside Community Center

May 30: Riverview School International Fair

East County Community Action Coalition

The East County Community Action Coalition (ECCAC), which was officially formed in March 2009, has announced they already have over 1,500 groups and individuals signed up.

The mission of the ECCAC is to promote coordinated community action in matters of significance to communities in the East County.

As part of the ECCAC effort there will be a May 30 fundraiser in El Monte Valley. The *Save El Monte Valley* group is hosting the fundraising event at Hazy Meadows Ranch & Carriage Company in El Monte Valley from 2 to 6 p.m. The scenic valley of El Monte is Lakeside's last designated scenic corridor and is largely undeveloped due to strict building codes.

Highlights ...

Continued from page 4

May 15. This special day is designed to educate the public on using *alternative modes of transportation to conserve energy, such as bicycling or public transit*. It's also a great way to relieve stress and stay healthy. On May 15, stop by the El Cajon Pit Stop on East Main west of Claydelle Avenue (across the street from Prescott Promenade) between 6 a.m. and 9:30 a.m. to take a rest and enjoy some healthy refreshments. To register for Bike To Work Day visit www.ridelink.org or call 1-800-COMMUTE.

Bicycle Master Plan Community Workshop

Do you ride your bike in El Cajon? The City of El Cajon is developing a new Bicycle Master Plan and we would like the help of local cyclists. Your unique perspective is important to us in crafting a viable plan. Join us for a Community Workshop on Wednesday, May 20, from 6:30 to 8:30 p.m. at the City Council Chambers located at 200 Civic Center Way. This workshop will begin with an overview of the project followed by an open forum where you can discuss your ideas or concerns with the consultants and review their initial plans. You are also welcome to fill out a project survey at: www.elcajonbmp.org. For more information call (619) 441-1651.

Special Off Road event at Westfield Parkway

Westfield Parkway, along

with Motoworld of El Cajon, Express Performance, MIT Drive Train Specialists, and MT3 invite all of you "desert dudes and dirt divas" to come out for a one-day Off-Road Toy Expo, Saturday, May 16, 10 a.m. to 4 p.m. at Westfield Parkway shopping center, at 415 Parkway Plaza in El Cajon. This event will feature more than 25 vehicles including: Ford F-150s, ATVs, Wave runners, Jeeps, race vehicles, as well as displays by Airgas/Baja Pits and California Metals on display throughout the mall.

A special appearance by Kevin Kouzmanoff, Padres' third baseman, is planned near Play Town from 11 a.m. to 1 p.m. – so bring your camera. You can also check out the latest in adventure gear by Westfield Parkway retailers and learn about off road safety with the ATV Safety Institute, El Cajon Police and Fire Departments, and the San Diego Off Road Coalition.

A tax break on new cars

Most people who buy a new car after Feb. 16, can deduct the state and local sales taxes paid on up to \$49,500 of the car's cost.

If you have an event in the City of El Cajon that you would like to share, contact Monica Zech, Public Information Officer for the City of El Cajon, via email at mzech@ci.el-cajon.ca.us or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

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— LOCAL NEWS & EVENTS —

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Alpine Kiwanis

The 18th Annual Vintage Alpine wine tasting and food event on Sunday, May 3 at Summers Past Farms at 15602 Olde Highway 80 in East County. Tickets can be reserved early by going to the Alpine Kiwanis web site and click on Vintage Alpine.

Sage & Songbirds Festival

Alpine's biggest Festival just got bigger! And it's still all FREE.

The upcoming Sage & Songbirds Festival at Viejas Outlet Center, May 2-3, will be filled to capacity with some of

the best vendors and exhibitors in Southern California.

In addition, prizes for this year's opportunity drawings exceed the value of years past, with the grand prize of a 4-pack of tickets to Disneyland Park and Disney's California Adventure Park.

Also of interest will be live exhibits of all sorts of critters many new and others returning old favorites — including snakes, spiders, hummingbirds, owls, bees, butterflies and a 6-foot-long, black-throated monitor lizard.

Speakers on a variety of subjects will share their wisdom in an outdoor setting.

The ever-popular release of live butterflies will take place at noon, both days of the event.

The Sage & Songbirds Festi-

val is presented by CHIRP for Garden Wildlife, Inc., a local not-for-profit organization with focus on backyard habitats for birds and butterflies and sponsored by Viejas Outlet Center and San Diego Home/Garden Lifestyles Magazine. Additional sponsors include Rand Engineering, Richard and Vanessa Rusczyk and Norm and Esther Croteau.

Hours for the festival are 10 a.m. to 4 p.m. Sunday hours are 10 a.m. to 3 p.m. Admission is free.

For additional information, visit www.chirp.org or phone (619) 445-8352.

Garden tours

Are you looking for ideas to "spruce up" your garden or yard?

The 12th annual Sage and

Songbirds Garden Tours are set for May 1-3, spotlights five unique gardens, chock-full of plants, waterscapes, pathways, structures and other very interesting features.

This year's tour features four never-before-seen gardens and a fifth, very popular garden that was last on the tour in 2004. Admission to a bonus site — a raptor rehabilitation facility — is also included with ticket, for a total of 6 locations.

A garden tour ticket is valid from 10 a.m. to 4 p.m., May 1-3, and includes a map with directions to each home. The tour is self-guided, and visitors may stay as long as they would like at each site. Ticket-holders may visit each garden only once. Cost is \$15.

For additional information, visit www.chirp.org or phone (619) 445-8352.



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The Golden Acorn Casino is pleased to announce the
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has been scheduled for the following dates:

Friday, June 12, 2009 with set-up starting at 8:00am and ending at 3:00pm
Saturday, June 13, 2009 with set-up starting at 8:00am and ending at 3:00pm
Sunday, June 14, 2009 with set-up starting at 9:00am and ending at 3:00pm

The event will be held in the
Golden Acorn Casino's parking lot
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Booth rental is \$35.00 for all three days.
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May Senior Programs

Sharp Grossmont Hospital's

Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For more information, call (619) 740-4214. For other programs, call 1-800.

Help! I'm a caregiver

Find out about resources for family caregivers, placement options, support groups and more from Andrea Holmberg, of the Sharp Grossmont Senior Resource Center. This free class also covers emotional issues about caring for a loved one. Free. Thursday, May 7, 2 - 4 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa.

Registration required. Call 1-800-827-4277.

Stroke is a brain attack — Stroke smart education and screening

May is National Stroke Month. Dr. Sherry Braheny, neurologist, will discuss emergency treatment for stroke and ways to prevent a stroke at this free lecture. Lecture offered from 12 - 1 p.m. Free stroke screenings provided by the nurses of the Sharp Grossmont Hospital Stroke Center before and after the lecture. Thursday, May 14 at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277

East County Senior Health and Information Fair

Free health screenings, health and community resources available at the Santee Town Square Amphitheater, 9850 Mission Gorge Rd., Santee on Friday, May 15, 10 a.m. - 1 p.m. No reservations required. Sponsored by East County Senior Service Providers, Grossmont Healthcare District and Sharp Grossmont Hospital. For more information, call 619-464-0505.

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Learn about living with arthritis at the East County Arthritis Expo. This free expo, sponsored by Sharp Grossmont Hospital and the Arthritis Foundation, will feature guest speakers, information booths and free resources. No reservations required. Saturday, May 30, 9 a.m. - 12 noon at the Grossmont Healthcare District Conference Center and Herrick Library, 9001 Wakarusa St., La Mesa. For information call (619) 740-4214.

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Johnny's Mother looked out the window and noticed him "playing church" with their cat.

He had the cat sitting quietly and he was preaching to it. She smiled and went about her work.

A while later she heard loud meowing and hissing and ran back to the open window to see Johnny baptizing the cat in a tub of water.

She called out, "Johnny, stop that! The cat is afraid of water!"

Johnny looked up at her and said, "He should have thought about that before he joined my church!"

Have a funny joke to share with East County residents: e-mail to: editor@ecgazette.com or mail to: Gazette, P.O. Box 697, El Cajon, CA 92020

Dear Dr. Luauna Stines

Dear Dr. Luauna,



I am a Christian and have been married to the same man for 25 years. Throughout our marriage he has continually committed adultery, having different affairs with women. I have caught him several times (over five). I went to counseling and they asked me "What have you done to cause him to stray?" I searched my mind to think, "What could I have done?" I am at a loss, please help!

Cheated on in San Diego, CA

Dear Cheated on,

I'm sorry you have been through this terrible rejection and violation of your marriage. Twenty five years of being married to someone who has not been loyal, nor honors the marriage bed.

Your husband has violated God's principle of marriage. He has committed adultery, over and over, never counting the cost. The counselor who asked you what you were doing to cause your husband to stray...NEEDS TO FIND ANOTHER JOB!

A mate's lack of loyalty or unfaithfulness is not your fault. You must understand the times we live in, and consider yourself at great risk. AIDS and sexual transmitted diseases are at an all time high! God loves you more than you know. You are a daughter of God, he would never allow his children to be mistreated, rejected or taken for granted. You are valuable to Jesus! Your husband does not value your marriage commitment and he knows he can commit adultery and get away with it, until you realize your value he will make you his doormat. Do not allow him to play games with your mind, it is not you who have done the wrong, he has a problem with LUST. You are a treasure to the Lord!

Get out of this marriage, before it costs you your life...! Seek good Christian counseling! Jesus will give you the STRENGTH needed to walk out of this into a better life. Read these scriptures: (Isaiah 54:6; Isaiah 40:31; Isaiah 58:12)

Submit questions to: questions@drluauna.com

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www.drluauna.com

www.atouchfromabove.org

www.amothersstory-thebook.com

Dr. Luauna is an Evangelist. Following is a list of her ministry activities:

- **Television:** A weekly public access program airing from San Diego across to the east in Atlanta, GA.

- **Radio:** A daily international program in the Philippines, the area is a Muslim stronghold (Mindanao)

- **Mission America:** Preaching in our Revival Tent, Stadiums, Conference Centers and Hotels in every town and city across the United States, our homeland is our mission field.

- **Mission Africa:** We have a branch office and church in Malawi, Africa. Dr. Luauna trained a Malawian National as our Operations Director. We will also build a Bible University, there as well.

- **Christian University & Seminary:** In January 2009, A Touch From Above University & Seminary became fully accredited as a full gospel University to train up men and women to help us reach the world for Jesus.

- **Prayer Mountain & Local Church Services:** A place for Christians to get away and pray. Healing and Worship Services along with regular scheduled prayer meetings.

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— FOR HEALTH 'S SAKE —

Swine Influenza — know the facts

What is swine flu? Swine Influenza (swine flu) is a respiratory disease of pigs caused by type A influenza viruses. Outbreaks of swine flu happen regularly in pigs. People do not normally get swine flu, but human infections can and do happen. Most commonly, human cases of swine flu happen in people who are around pigs but it's possible for swine flu viruses to spread from person to person also.

Are there human infections with swine flu in the U.S.?

In late March and early April 2009, cases of human infection with swine influenza A (H1N1) viruses were first reported in Southern California and near San Antonio, Texas. CDC and local and state health agencies are working together to investigate this situation.

Is this swine flu virus contagious?

CDC has determined that this virus is contagious and is spreading from human to human. However, at this time, it not known how easily the virus spreads between people.

What are the signs and symptoms of swine flu in people?

The symptoms of swine flu in people are similar to the symptoms of regular human flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with swine flu. In the past, severe illness (pneumonia and respiratory failure) and deaths have been reported with swine flu infection in people. Like seasonal flu, swine flu may cause a worsening of underlying chronic medical conditions.

How serious is swine flu infection?

Like seasonal flu, swine flu in humans can vary in severity from mild to severe. Between 2005 until January 2009, 12 human cases of swine flu were detected in the U.S. with no deaths occurring. However, swine flu infection can be serious. In September 1988, a previously healthy 32-year-old pregnant woman in Wisconsin was hospitalized for pneumonia after being infected with swine flu and died 8 days later. A swine flu outbreak in Fort Dix, New Jersey occurred in 1976 that caused more than 200

cases with serious illness in several people and one death.

How do you catch swine flu?

Spread of swine flu can occur in two ways:

- Through contact with infected pigs or environments contaminated with swine flu viruses.
- Through contact with a person with swine flu. Human-to-human spread of swine flu has been documented also and is thought to occur in the same way as seasonal flu. Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.

Are there medicines to treat swine flu?

Yes. CDC recommends the use of oseltamivir or zanamivir for the treatment and/or prevention of infection with these swine influenza viruses. Antiviral drugs are prescription medicines (pills, liquid or an inhaler) that fight against the flu by keeping flu viruses from reproducing in your body. If you get sick, antiviral drugs can make your illness milder and make you feel better faster. They may also prevent serious flu complications. For treatment, antiviral drugs work best if started soon after getting sick (within 2 days of symptoms).

How long can an infected person spread swine flu to others?

People with swine influenza virus infection should be considered potentially contagious as long as they are symptomatic and possible for up to 7 days following illness onset. Children, especially younger children, might potentially

be contagious for longer periods.

What can I do to protect myself from getting sick?

There is no vaccine available right now to protect against swine flu. There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses like influenza. Take these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Try to avoid close contact with sick people.
- If you get sick with influenza, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them. Avoid touching your eyes, nose or mouth. Germs spread this way.

What should I do if I get sick?

If you live in San Diego County or Imperial County California or Guadalupe County, Texas and become ill with influenza-like symptoms, including fever, body aches, runny nose, sore throat, nausea, or vomiting or diarrhea, you may want to contact your health care provider, particularly if you are worried about your symptoms. Your health care provider will determine whether influenza testing or treatment is needed.

If you are sick, you should stay home and avoid contact with other people as much as

possible to keep from spreading your illness to others.

If you become ill and experience any of the following warning signs, seek emergency medical care.

In children emergency warning signs that need urgent medical attention include:

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Fever with a rash

In adults, emergency warning signs that need urgent medical attention include:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting

Can I get swine influenza from eating or preparing pork?

No. Swine influenza viruses are not spread by food. You cannot get swine influenza from eating pork or pork products. Eating properly handled and cooked pork products is safe.



Health... Just Common Horse Sense

by Dr. Donald Adema

“Who is coughing his lung out in 2?” That is not a particularly good way to start a new patient relationship but it happens. And, on a busy day without any students to gather even more information to develop the best diagnostic tool, your history. But, we persevered.

The patient is actually rather important in a challenged world by our new leadership, so, performance standards were on alert. However, his infectious laugh and yet desperate questions soon put all appearance strategies away and off we went. (Already behind, a quick silent prayer for clarity went up.)

It turns out that stressors as a young child in school and in a nation that we abandoned and hence lost it's freedom led to trips to Geneva and adult medications to adjust gastritis when he had not yet entered puberty. An escape to our nation led to less stress but damage or scar tissue was in place. As medications failed and adult stressors entered the picture, breathing difficulties and infections became a constant. You would not believe the number of famous physicians and systems that have been accessed. Rescue medications abound and are changed often and a partial lung lobectomy almost was accomplished. “But, that was too much and when I went back a few months later they discovered that did not work anyway.” His intermittent cough was certainly disruptive. Occasional mold exposures and reflux pictures kept sneaking in the story of how the coughing could not be stopped and that the secretions are now thick and firm. Trips to other areas of the world had sometimes diminished the cough but never did it entirely go away. He is not an old man but fears he can no longer function at his present famous pace.

“Hey, when do I get to talk?” “Oh, am I acting like a doctor.” (Ouch!) With the lead now sort of in place, we went back to his childhood. It was pointed out that his GI tract and hence his immune system were not built and encouraged to function properly. To change the ph of the GI tract so dramatically alters critical digestion, limits the building blocks for your body and over challenges and under prepares your immune system for just daily function. So, it is all about your GI tract and not your lung. The lung is the secondary presentation although much more apparent. We will never repair anything unless the GI tract is balanced, non-inflamed and absorbing the good stuff. “You have spent years turning off the warning signals and not finding the cause.” The subsequent silence was deafening. “And, as a final observation, your adrenal activity is probably pretty much done.” That lead to a powerful coughing sequence.

It was not as difficult to send him home with a test list and net homework assignment. He fully understands the importance of knowledge and research before he implements a plan in his profession and was appreciative that there was no “hip shooting” after are first meeting. Everything stays the same until more is explained. Hey, kind of catchy. Stay tuned.

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Negativities aside 'The Soloist' is memorable

Review by Diana Saenger

Much like the reporter played by Russell Crowe in *State of Play*, Robert Downey Jr.'s Los Angeles Times columnist, Steve Lopez, also makes a difference in people's lives through his coverage in *The Soloist*. However, *State of Play* is fiction while *The Soloist* tells a real-life story and is based on a 2005 column and a 2008 book written by Lopez about a disturbed homeless man on the streets of L.A.

While questioning Nathaniel Anthony Ayres (Jamie Foxx) and watching him play a violin, Steve (Downey) discovers Nathaniel is a dropout from Juilliard. Steve stumbles through a conversation that has Nathaniel taking frequent breaks to vent about a statue of Beethoven in his space. Over the next few weeks, Steve will learn through their disjointed friendship that Nathaniel is mesmerized by

both Beethoven the man and his music.

Steve, facing a stalemate with his job and his marriage, welcomes the intrigue of finding out what makes the obviously mentally-ill Nathaniel tick and trying to help him get off the streets. This becomes an arduous task as Nathaniel is very happy with his life and where he's at "making music in the under-freeway tunnel."

The story of one man helping a less fortunate man is inspirational, especially when Steve's columns start an avalanche of support for Nathaniel with contributions flowing into the newspaper office. Even a cello, the instrument that Nathaniel was well on his way to becoming a success with at Juilliard, shows up. Steve then finds him a tutor to help reacquaint Nathaniel with the instrument.

The two leads in this film are

superb. The pure essence of *The Soloist* is that while trying to help Nathaniel pursue his passion of music and reconnect with his life, Steve rediscovers his own passion to live life to the fullest.

Susannah Grant (*Catch and Release*, *Erin Brockovich*) was excited to watch Foxx and Downey bring her screenplay to life. "For me, it was almost unnerving how completely Jamie embodied the experience of being Nathaniel without ever being an imitation. The way he captured the vulnerability Nathaniel carries out into the world each day was amazing to watch," Grant said. "And I loved the assuredness Robert brought to the character. The way you see Steve's heart open up bit by bit is really beautiful."

Downey is one of today's most gifted actors. There are moments in *The Soloist* when Steve is interacting with Na-



Robert Downey Jr., and Jamie Foxx star in *The Soloist*. Photo Credits: Francois Duhamel / Paramount Pictures

thaniel and he stops talking and just stares. There's an assumption that Steve doesn't quite know what he wants to say. That's when Downey verbalizes a simple line of dialogue that becomes so profound through his magic of subtle emotion, we're transformed.

Foxx is also amazing as a broken man who understands so much yet can't make sense of common things. Foxx is totally immersed in Nathaniel's world. He spent six intensive months learning advanced cello and violin techniques.

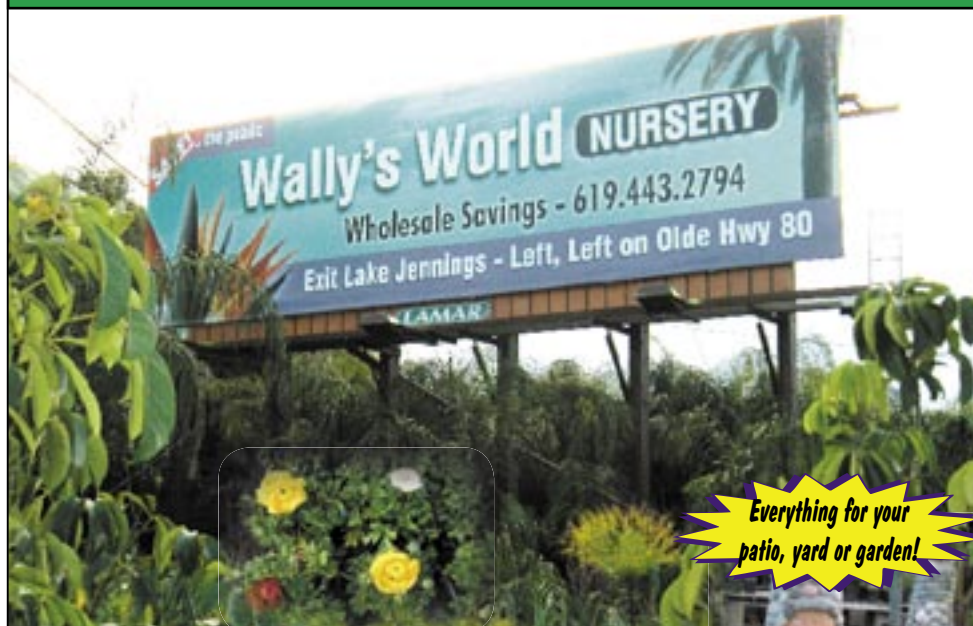
"It's so seldom you find a character captured with so many nuances and have ev-

erything work so well together on the page," Foxx said. "I thought it was amazing. It's a story about how trying to understand someone else's world can take you a long way in your own, and it's really a beautiful love story. It was tough because I had to try to submerge myself into the mind of a schizophrenic in order to really understand what Nathaniel's journey is all about. You have to kind of slip off the deep end a bit, and the biggest challenge was letting go."

It's too bad some elements of the film keep it from being extraordinary. Wright admitted he felt a passion for the

See 'SOLOIST' page 14

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‘Fighting’ — as bland as the title



Terrence Howard and Channing Tatum star in *Fighting*. Photo Credit: Phillip V. Caruso / Rogue Pictures

Review by Michael Black

Fighting looks and feels like a 1980s movie set in present day.

With its simple dialogue and improvised plot, I found the film occasionally entertaining but bland overall.

See 'FIGHTING' page 12

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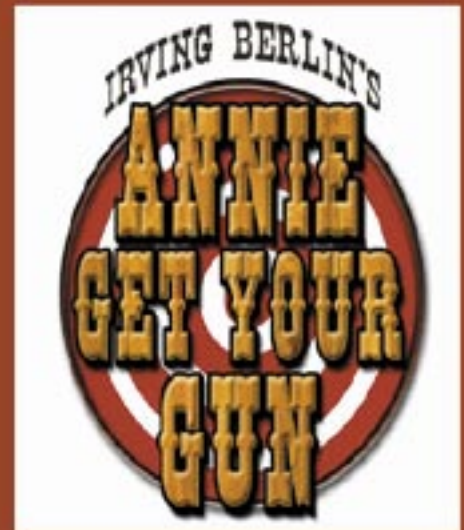
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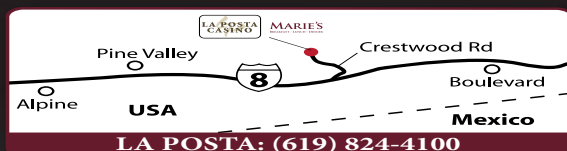
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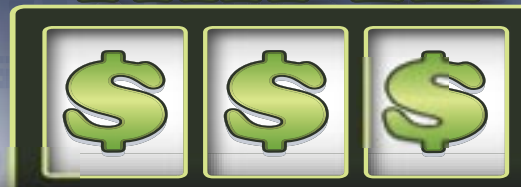


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22 Jeweled headdress

25 Chemical compound

26 Affray

27 One behind another

29 Christmas

31 Young woman

32 All

36 Intensify

39 Petite

40 Lucky numbers

43 Hair curler

45 Enamel

46 Land mass

47 Dined

48 Hold

50 Shoe leather

54 Tailor

55 Cow speak

56 Kellogg's waffles

57 Married woman

58 ___bon (sweet treat)

59 Beamed
- 6 Prayer ending

7 Hotel

8 Brief expression

9 Whipped dairy food

10 Creator of Sherlock Holmes

11 Operate

19 Visualizations

21 Grave

22 Dull

23 Note of debt

24 Leather worker's tool

25 Loafers

28 Doze

30 Adam's garden

33 Night bird

34 Ball holder

35 She

37 Lay to rest

38 Sounds

40 Hiccup

41 Diner

42 Scenes

44 Giggle

46 After awhile

49 Date

51 Self-esteem

52 Put on

53 Compass point



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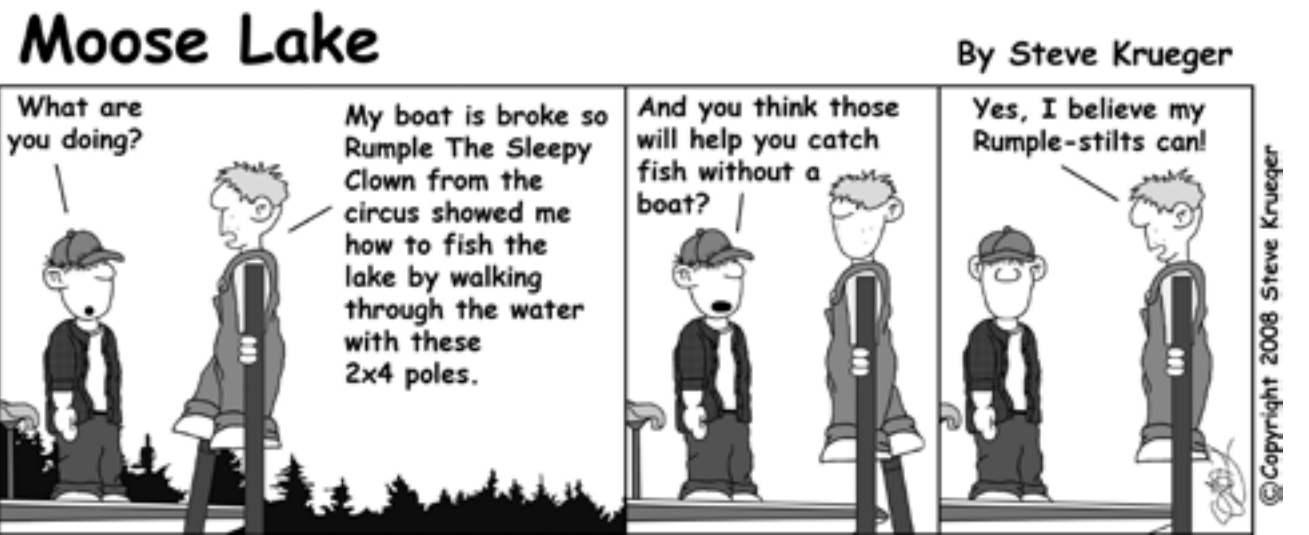
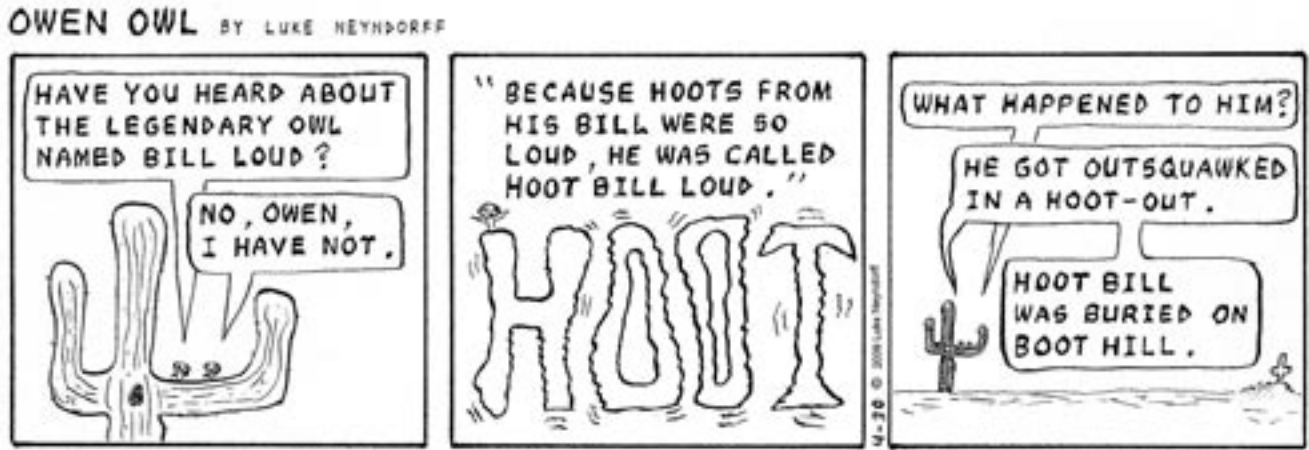
- Down
- 1 Accountant

2 Movie star Taylor

3 Colony insect

4 One's place

5 Thief



'Fighting' ...

Continued from page 11

Shawn MacArthur (Channing Tatum) is struggling to make a living as a New York street vendor. When he gets into an argument over selling counterfeit merchandise, it ends up in a fight. Harvey Boarden (Terrence Howard) notices Shawn's raw ability to fight and approaches him to enter the underground world of street fighting.

At first Shawn agrees, only to make a quick buck. In his first fight he surprises Harvey with a victory win. Shawn gets a piece of the prize money and naturally wants more. Harvey lines up the fights, the prize money increases to astonishing amounts offering Harvey a chance to make the big bucks. Problems arise when Harvey decides to bet against Shawn on the fight, but Shawn refuses to throw a fight; it's against everything he stands for.

Tatum is fairly new to the silver screen and because he shows potential, his role in *Fighting* won't end his career. Tatum will appear in the upcoming G.I. Joe, which hopefully will give him the scope he needs to expand his acting chops.

Oscar-nominated Howard (*Hustle & Flow*) has been

around since the early 1990s and *Fighting* adds another notch in his movie belt of good performances. Despite a lacking plot, Howard plays Harvey as a genuine hustler who thinks Harvey is a joke but adds nothing stellar to the film.

Even with some shining performances, the film is bland and unoriginal. *Fighting* is a poor mix of *Rocky* and *Lionheart* with an added romantic scene starring the attractive Zulay Henao, all which leaves little hope for a good box office.

REEL FACTS

The Soloist
Studio: Paramount Pictures
Gazette Rating: B+
MPAA: "PG-13" for violence, drug use and strong language
Who Should Go: Robert Downey Jr., and Jamie Foxx fans

Fighting
Studio: Rogue Pictures
Gazette Grade: C
MPAA: "PG-13" for intense fight sequences, a sex scene and brief strong language.
Who Should Go: Terrence Howard fans

MOTORSPORTS

Chargers speak English for first pick

by Chuck Karaszia

With their 16'th selection, the San Diego Chargers chose outside linebacker Larry English as their first pick in the 2009 NFL Draft.

Who is he and where is he from?

At (6-2, 256) the four-year starter from Northern Illinois University, was a two-time recipient of the Vern Smith Leadership Award given to the top player in the Mid America Conference. Known as a quarterback 'killer' and a backfield 'disruptor', English finished his college career with 31.5 sacks and 63 tackles for loss.

Joining an already talent laden linebacker corps of Shawne Merriman, Shaun Phillips, Jyles Tucker and Antwan Applewhite the Chargers now have three quality designated pass rushers on the same squad, something not seen in San Diego in quite some time.

"He is a pass rusher (who is) physical, competitive with a nasty streak who runs all over the field," said Chargers General Manager A.J. Smith describing the Chargers number one pick.

The selection of English surprised everyone on draft day. Even the broadcast teams covering the event appeared shocked. English was not on anybody's list of first round draft eligible rookies... except A.J. Smith's.

Like pulling a rabbit out of his hat, the Chargers General Manager has a knack of finding talent where others can't.

Explaining his reasoning for his first draft choice selection A.J. responded. "The decision was defense. We need to do a better job and stop these passing assaults or we're not going to go where we need to go. We got to bring the heat. It makes the back end better (secondary)."

"We need to put Shawne Merriman on one side, Larry English on the other side, and Shaun Phillips. We got all these things we are thinking about and it would be absolutely wonderful if it takes place."

With an emphasis on the future A.J. spoke, "I'm a big worry wart. I worry about everything. I don't know if people are going to be here or not. I don't know if they are going to get hurt. We have somebody behind Shawne Merriman. If it doesn't work out with Shawne (last year of current contract), we can turn to this guy, so there is a B plan. It just works that way. I'm hoping that everyone is healthy, excited, and ready to go. We have to go to those backup scenarios. We have another pass rusher."

Larry English is a likeable guy who worked his way up to the top in a smaller program.

Describing himself and his current situation he said, "I grew up in a normal middle-class family. My father worked on computers and my mother worked in sales. I had a supportive family that made me the kind of person I am today. There was no silver spoon in my mouth. I was blessed, but at the same time my family had to work for everything we got. I think it instilled a lot of characteristics in me to look at life in the same light. If you put in the time and commitment, then it will pay off the best for you.

"I had committed to Northern Illinois. At that point it was a team on the rise and had come off a great season. I thought it was a good fit for me just from the standpoint of the players and coaches. I'm happy with the decision (to play there). It worked out great for me.

"I've watched plenty of tape of the Chargers defense. It couldn't have been a better fit. I'm so happy with them making a decision to go with me. It's a blessing and I'm excited to get started. I'm not exactly sure how everything is going to play out. All I know is I'm here to work hard.

"One of the things I am most excited about is getting to come in with two experienced guys, (Merriman and Phillips) and getting to learn all the things they can pass on to me. I'm here to help the team any way I'm asked.

"I think going through this process (getting drafted, contract negotiations), the money obviously is a plus, but the thing that is more important

to me is to be a successful football player, winning football games, and being a monster on the field. That's what makes me happy."

Only time will tell if this dominant player in the lower level of college will be a success in the NFL.

Here is a list of the other players the Chargers selected in the NFL draft.

Third round, pick 78...Louis Vazquez, G, Texas Tech (6-5, 325)

Fourth round, pick 113...Vaughn Martin, DL, Western Ontario (6-3, 331)

Fourth round, pick 133...Tyrone Green, C, Auburn (6-1, 305)

Fourth round, pick 134...Gartrell Johnson, RB, Colorado State (6-0, 225)

Fifth round, pick 148...Brandon Hughes, CB, Oregon State (5-10, 182)

Sixth round, pick 189...Kevin Ellison, S, USC (6-1, 227)

Seventh round, pick 224...Demitrius Byrd, WR, LSU, (6-0, 199)

San Diego signed 18 undrafted free agents Monday including another linebacker David Beckwith, LSU, (6-4,

304), a converted defensive lineman.

The Chargers will hold a mini-camp this weekend.

Usually open to the public, the camp will be closed to the public due to a water break on the practice facility.

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— MOTORSandSPORTS —

2010 Ford Fusion Hybrid

by Dave Stall

I met with Praveen Cheriyan Hybrid PMT & Program Leader of the Hybrid Program at Ford Motor Company and he brought a 2010 Ford Fusion Hybrid for me to drive around San Diego and get a feel for what could possibly be the Hybrid of the future. But wait, the Fusion Hybrid is in showrooms as I write this review. The only problem is that there are none in the showrooms! It seems



12V receptacle. Photos by Dave Stall

80 percent of all 2010 Fusions ordered from the dealers are Hybrid and they can't keep them in the dealerships.

So no one will think I'm on Ford's payroll because of the positive response to the Fusion Hybrid, I have been involved in alternative fuel vehicles for years. Thirty days in an EV-1, plus many hours in every kind of hybrid built. But I have to admit, Ford hit the bull's eye with the 2010 Ford Fusion. I feel what Ford did right was listen to the consumer and built a car we could all use.

Ford has tried to address all the negative feeling hybrids have set in our minds, sluggish, rattle, clunk and bump on the road, very harsh ride and what we call in the industry, "motor boating" which is on acceleration the engine revs



Ford Fusion Hybrid. Photos by Dave Stall

and the car moves out slowly then the engine drops down when the car gets up to speed, very annoying! By building an Electronically Controlled Continuously Variable Transmission the acceleration and deceleration is spot on with regenerative braking system to help in the fuel mileage, stopping and the results is less wear on your brake pads.

The Fusion is a mid-size four door sedan able to handle five full size adults and still gets fuel mileage in the upper 40's. One feature that is pretty cool is the ability to run up to 47 miles per hour on the electric motor and if one lets off the gas pedal, it will maintain that speed with out pushing on the pedal, which is why you get better mileage in town than on the open road. EPA numbers are 41 city and 36 highway. The gas engine is unique as it was built as a partner to the hybrid system, a 2.5-liter Atkinson inline 4-cylinder engine that doesn't need oil changes until 10,000 miles.

Into cool gauges that will tell what is going on under the hood? Well Ford has listened again and put in four different dash clusters, Inform, Enlighten, Engage and Empower. A different source of information at the touch of a finger from a little information to more than is needed. If there is a bush or small tree on the dash that is a good thing, drive smart and the tree flourishes, stand on the gas pedal and the leaves will drop and lets the driver know he/she is killing the environment. The gauge packages are called SmartGauge and EcoGuide

and because it is a Hybrid that has a 110-volt receptacle at the base of the dash.

How did it drive? Like a regular Fusion but with the ability to go over 700 miles on a tank of fuel. Last week a team of engineers at Ford Motor Company took a Fusion Hybrid and drove it 1,000 miles on one tank of gas! Talk about raising the bar for the competition. This test was done in Washington DC on city streets, of course no A/C even though the Fusion system is an electric A/C system which cuts down on fuel consumption. The Fusion Hybrid is based on the Fusion SE model so you get a lot for your money; \$27,270 plus tax and license is your starting price for a very well equipped four door sedan.

I was very impressed with my test drive and the technical advances Ford has made in this segment, the competition should take a closer look at the 2010 Ford Fusion Hybrid, and I think they are!

Got a question or comment for Dave? Go to www.daves-tall.com

Dad's Garage has moved

Dad's Garage has moved to a new location in Lemon Grove. The new facility is bigger and better not to mention... it has a more central location for East County. Check out their new location on May 2 from 10 a.m. to 2 p.m. They'll be having an open house featuring a 50's style soda shoppe for the day. Great music, great food, great treats.



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THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:

Various household goods and personal [property such as wood chairs, microwave, table, bookcase, pictures, hamper, metal chairs, cartons with unknown clothes, kitchenware, linens, books.
Names: Mario Alvarez
Amount Due: \$2,646.25
Lot#: S1393
Dated at: El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:

Various items of household goods and personal effects such as a kitchenware, dishes and glasses, linens, stereo, television, TV stand, queen bed, and a folding table.
Names: Mike Adams
Eric Swinson
Amount Due: \$2,283.75
Lot #: 41782
Dated at: El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:

Various items of household goods and personal effects such as dining room table & 5 chairs, end tables, bookcase, dresser & mirror, headboard, carpet, microwave, cart, suitcase, large misc. carton, sofa chair, ET center.
Names: Brian Merkle
Amount Due: \$928.00
Lot#: 60063
Dated at: El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

'Soloist' ...

Continued from page 10

real Lamp Community, the skid row area for the homeless in Los Angeles. There are too many scenes – day, night, riot, overhead – of this area. I wanted more of the characters in the film finding their own ground. Also, many instances occur when the sound track offers only loud jumbled voices that feel disconnected from the movie.

Presumably Director Joe Wright (*Atonement*) wanted moviegoers to really understand what it was like in the mind of a schizophrenic. Several scenes show the entire screen covered with weird psychedelic colors, and the sounds resemble something akin to a '60s movie. This was not only extremely annoying; it pulled me away from the power of the film. Wright should have realized he didn't need contrivances to get the story across. He already had the superb best to accomplish this: Robert Downey Jr. and Jamie Foxx.

Large Bridal business put in storage, Display cabinets, spiral racks, 3 desks, desk hutch, desk return, artificial trees, 28 chairs, entertainment center, many bookcases, 3 loveseats, file cabinets, many, many pictures and wall décor, bar table, bar stools, tables, rugs, media cabinet, nightstands, 2 sofa tables, coat rack, china cabinet, podium, 10 glass table lamps, pot rack, 3 arm chairs, 2 coffee tables, glass desk, patio table, end table, O.S. lounge, wall shelves and wall table. Many cartons containing tux's, wedding dresses, wedding supplies, glassware & vases for wedding receptions, floral wedding supplies, ribbon, kitchenware, many items to put together wedding and reception productions. Furniture is very nice, high end.

NAMES OF PERSONS AND LOT NUMBERS OF THE STORAGE PROPERTY TO BE SOLD:

Names: CD Lawler
The Bridal Concept
Amount Due: \$21,761.41
Lot#: 60758
Dated at: El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

THE FOLLOWING IS A BRIEF DESCRIPTION OF THE STORAGE PROPERTY TO BE SOLD:

Various items of used household goods and personal effects such as dining room table & 5 chairs, end tables, bookcase, dresser & mirror, headboard, carpet, microwave, cart, suitcase, large misc. carton, sofa chair, ET center.
Names: Brian Merkle
Amount Due: \$928.00
Lot#: 60063
Dated at: El Cajon, CA 92020
By Mark Keller/President
March 20, 2009
Tel No. 619-258-9990

East County Gazette- GIE037090
April 30, May 7, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010747

FICTITIOUS BUSINESS NAME(S): Hair Galleria
Located at: 943 Turquoise St., San Diego, CA 92109
This business is conducted by: An Individual
The first day of business was: July 19, 1995
This business is hereby registered by the following: Cindy Close 1228 Law St., San Diego, CA 92109
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 10, 2009.

East County Gazette- GIE037090
4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012056

FICTITIOUS BUSINESS NAME(S): Solar Windward Photographic
Located at: 5173 Waring Rd. Ste. 509, San Diego, CA 92120
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Erik Hepler 4746 Choctaw Dr., San Diego, CA 92115
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 22, 2009
East County Gazette- GIE037090
4/30, 5/07, 5/14, 5/21, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012080

FICTITIOUS BUSINESS NAME(S): STOSI
Located at: 4700 Williamsburg Lane, #402, La Mesa, CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Shirlynn Nicole Grant 4700 Williamsburg Lane, #402, La Mesa, CA 91941
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 22, 2009
East County Gazette- GIE037090
4/30, 5/07, 5/14, 5/21, 2009

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LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

NOTICE OF PETITION TO ADMINISTER ESTATE OF SIDNEY BRUCE CHAPMAN. CASE NUMBER: 37-2009-00151239-PR-PW-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of SIDNEY BRUCE CHAPMAN. A PETITION FOR PROBATE has been filed by RICHARD D. CHAPMAN in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that RICHARD D. CHAPMAN be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, to be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: MAY 07, 2009 AT 9:00 A.M. IN DEPT. PC-1 LOCATED AT 1409 FOURTH AVE., 3RD FLOOR, SAN DIEGO, CA 92101 Probate Division. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner BLAINE R. PHIPPS 7777 ALVARADO RD., SUITE 266, LA MESA, CA 91941 (619) 741-5460 EAST COUNTY GAZETTE –GIE030790 April 16, 23, 30 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010172 FICTITIOUS BUSINESS NAME(S): a.) DasaRacing.com b.) Dasa Racing Located at: 9625 Mission Gorge Rd., Suite B2 #365, Santee, CA 92071 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Steve Engle 8558 Paseo De Los Castillos, Santee, CA 92071 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 06, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010468 FICTITIOUS BUSINESS NAME(S): Global Floor Covering Located at: 1835 E. Main St. #9, El Cajon, CA 92021 This business is conducted by: An Individual The first day of business was: June 19, 2000 This business is hereby registered by the following: 1. Kenneth Ray Mecseji 1835 E. Main St., #9, El Cajon, CA 92021 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 07, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

SUMMONS – UNIFORM PARENTAGE-PETITION FOR CUSTODY AND SUPPORT **NOTICE TO RESPONDENT (Name):** **Aviso a Demandado (Nombre):** **Oliver Bonilla Sotelo** **YOU ARE BEING SUED.** **Lo estan demandando.** **PETITIONER'S NAME IS:** **EL NOMBRE DEL DEMANDANTE ES:** **Alexis Martin** **CASE NUMBER (Número del Caso):** **DS37661** You have **30 CALENDAR DAYS** after this Summons and Petition are served on you to file a *Response to Petition to establish Parental Custody and Support of Minor Children* (form FL-220) at the court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. Usted tiene **30 DÍAS CALENDARIOS** después de recibir oficialmente esta citación judicial y petición, para completar y presentar su formulario de Respuesta (Response form FL-220) ante la corte. Una carta o una llamada telefónica no le ofrecerá protección. Si usted no presenta su Repuesta a tiempo, la corte puede expedir órdenes que afecten su matrimonio, su propiedad y que ordenen que usted pague mantención, honorarios de abogado y las costas. Si no puede pagar las costas por la presentación de la demanda, pida al actuario de la corte que le dé un formulario de exoneración de las mismas (Waiver of Court Fees and Costs). Si desea obtener consejo legal, comuníquese de inmediato con un abogado. NOTICE The restraining orders on the back are effective against both mother and father until the petition is dismissed, a judgement is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. AVISO Las prohibiciones judiciales que aparecen al reverso de esta citación son efectivas para ambos conyuges, madre el esposo como la esposa, hasta que le petición sea rechazada, se dicte una decisión final o la corte expida instrucciones adicionales. Dichas prohibiciones pueden hacerse cumpliren cualquier parte de California por cualquier agente del orden público que las haya recibido o que haya visto una copia de ellas. The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, 500 Third Avenue Chula Vista, CA 91910 South Bay The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Brian Cochran, CFLS 8550 La Mesa Boulevard La Mesa, CA 91941 DATE: AUG 21, 2008 619-461-5000 Clerk, by (Actuario) N. DORIA Deputy (Delegado) EAST COUNTY GAZETTE –GIE030790 April 16, 23, 30, May 7 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010548 FICTITIOUS BUSINESS NAME(S): Major's Camp Fleur De Lis Located at: 15638 Broad Oaks Rd., El Cajon, CA, 92021 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Sandra Major 15638 Broad Oaks Rd., El Cajon, CA 92021 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 08, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME **CASE NO.37-2009-00064235-CU-PT-EC** IN THE MATTER OF THE APPLICATION OF: KAMARAN PASHA ON BEHALF OF MINORS AHMED HUSSAIN, CONNIE HUSSAIN, KAVIE HUSSAIN AND ARI HUSSAIN FOR CHANGE OF NAME PETITIONER: KAMARAN PASHA ON BEHALF OF MINORS AHMED HUSSAIN, CONNIE HUSSAIN, KAVIE HUSSAIN AND ARI HUSSAIN HAS FILED FOR AN ORDER TO CHANGE NAME FROM: AHMED HUSSAIN TO: AHMED PASHA AND CONNIE HUSSAIN TO: CONNIE PASHA AND KAVIE HUSSAIN TO: KAVIE PASHA AND ARI HUSSAIN TO: ARI PASHA THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on JUNE 17, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 17, 2009. East County Gazette – GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010683 FICTITIOUS BUSINESS NAME(S): a.) Coral Sea Charters b.) Charterboat Coral Sea Located at: 2838 Garrison St., San Diego, CA 92106 This business is conducted by: Husband & Wife The business has not yet started. This business is hereby registered by the following: 1. Michael J. Pritchard 10445 Mast Blvd. #33, Santee, CA 92071; 2. Melody L. Pritchard 10445 Mast Blvd., #33, Santee, CA 92071 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 09, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010831 FICTITIOUS BUSINESS NAME(S): 316 IT Solutions Located at: 8842 Winter Gardens Blvd., Lakeside, CA 92040 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Lucas Leach 8842 Winter Gardens Blvd., Lakeside, CA 92040 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 10, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

TO PLACE YOUR LEGAL AD CALL (619) 444-5774

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-007089 FICTITIOUS BUSINESS NAME(S): Mountain View Vending Located at: 8756 Rumson Drive, Santee, CA 92071 This business is conducted by: Husband and Wife The business has not yet started. This business is hereby registered by the following: 1. Brett Daugherty 8756 Rumson Drive, Santee, CA 92071; 2. Tammy Daugherty 8756 Rumson Drive, Santee, CA 92071 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 09, 2009. East County Gazette- GIE030790 4/09, 4/16, 4/23, 4/30, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010748 FICTITIOUS BUSINESS NAME(S): Chocolate Haus Located at: 947 Turquoise St., San Diego, CA 92109 This business is conducted by: Husband and Wife The first day of business was: April 13, 2004 This business is hereby registered by the following: 1. Cindy Close 1228 Law St., San Diego, CA 92109; 2. Pete Close 1228 Law St., San Diego, CA 92109 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 10, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-009523 FICTITIOUS BUSINESS NAME(S): A V King Located at: 2708 Lake Pointe Dr. #110, Spring Valley, CA 91977 This business is conducted by: Husband and Wife The business has not yet started. This business is hereby registered by the following: 1. Fady S. Hermez 2708 Lake Ponte Dr. #110, Spring Valley, CA 91977; 2. Annette M. Hermez 2708 Lake Pointe Dr. #110, Spring Valley, CA 91977 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 30, 2009. East County Gazette- GIE030790 4/09, 4/16, 4/23, 4/30, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-009602 FICTITIOUS BUSINESS NAME(S): a.) The Dyno Shop b.) TDS Auto Sales c.) Santee Car Care d.) Santee Auto Care Located at: 10042 Prospect Ave., Santee, CA 92071 This business is conducted by: A Corporation The business has not yet started. This business is hereby registered by the following: The Dyno Shop Inc. 10042 Prospect ave., Santee, CA 92071 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 01, 2009. East County Gazette- GIE030790 4/09, 4/16, 4/23, 4/30, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010009 FICTITIOUS BUSINESS NAME(S): John's Painting Located at: 9269 Village Glen Drive, #125, San Diego, CA 92123 This business is conducted by: Husband & Wife The first day of business was: April 3, 2009 This business is hereby registered by the following: 1. John S. Park 9269 Village Glen Drive, #125, San Diego, CA 92123; 2. Susan R. Park 9269 Village Glen Drive, #125, San Diego, CA 92123 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 03, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010562 FICTITIOUS BUSINESS NAME(S): Maqna Printing Located at: 1283 E. Main St., #102, El Cajon, CA 92021 This business is conducted by: Husband & Wife The business has not yet started. This business is hereby registered by the following: 1. Haydar Karim 1415 E. Lexington Ave. #160, El Cajon, CA 92019; 2. Muna Thamer 1415 E. Lexington Ave. #160, El Cajon, CA 92019 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 08, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-011261 FICTITIOUS BUSINESS NAME(S): Blackwood Distributing Located at: 14423 Bond Ct., El Cajon, CA 92021 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. William Bale 14423 Bond Ct., El Cajon, CA 92021 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 15, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-008953 FICTITIOUS BUSINESS NAME(S): Lighting & More By Michelle B Located at: 5142 Pearlman Way, San Diego, CA 92130 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: a.) Michelle Benatar 5142 Pearlman Way, San Diego, CA 92130 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 25, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010885 FICTITIOUS BUSINESS NAME(S): a.) Real Estate Financial Consulting b.) REF Consulting Located at: 550 S. Graves, Unit 2, El Cajon, CA 92020 This business is conducted by: A General Partnership The business has not yet started. This business is hereby registered by the following: a.) Daniel William Maes Jr. 550 S. Graves, Unit 2, El Cajon, CA 92020; b.) Valerie Renee Maes 550 S. Graves, Unit 2, El Cajon, CA 92020; c.) Felessia la Shelle Jordan 839 Woodrow Ave., San Diego, CA 92114 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 11, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-008443 FICTITIOUS BUSINESS NAME(S): a.) Notary Signing Agents of San Diego b.) NSA of San Diego Located at: 2652 Brown Dr., El Cajon, CA 92020 This business is conducted by: Husband & Wife The business has not yet started. This business is hereby registered by the following: 1. Patricia McCormick 2652 Brown Dr., El Cajon, CA 92020; 2. Kevin T. McCormick 2652 Brown Dr., El Cajon, CA 92020 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 19, 2009. East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-011205 FICTITIOUS BUSINESS NAME(S): Next Level Basketball Located at: 11360 Unit A Via Rancho San Diego, El Cajon, CA 92019 This business is conducted by: An Individual The first day of business was: March 23, 3009 This business is hereby registered by the following: Thaddeus Brown 11360 Unit A Via Rancho San Diego, El Cajon, CA 92019 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 14, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-008630 FICTITIOUS BUSINESS NAME(S): Visualize Graphics Located at: 2781 Citronella Ave., Lemon Grove, CA 91945 This business is conducted by: Husband and Wife The first day of business was: March 1, 2009 This business is hereby registered by the following: 1. Monika Anderson 2781 Citronella Ave., Lemon Grove, CA 91945; 2. Kurt Anderson 2781 Citronella Ave., Lemon Grove, CA 91945 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 23, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010929 FICTITIOUS BUSINESS NAME(S): ZenBi Salon and Spa Located at: 11975 Carmel Mountain Rd., Suite 602, San Diego, CA 92128 This business is conducted by: A Corporation The first day of business was: September 15, 2008 This business is hereby registered by the following: 1. Zen-Bi Salons Inc. 11975 Carmel Mountain Rd., Suite 602, San Diego, CA 92128 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 13, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-009356 FICTITIOUS BUSINESS NAME(S): Urban Interface Located at: 4050 Georgia St., San Diego, CA 92103 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Daniel Leonard 4050 Georgia St., San Diego, CA 92103 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 27, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010945 FICTITIOUS BUSINESS NAME(S): Santee Family Optometry, Inc. Located at: 9349 Mission Gorge Rd., Suite 114, Santee, CA 92071 This business is conducted by: A Corporation The business has not yet started. This business is hereby registered by the following: 1. Patelman Optometric Corporation 2062 McCloud River Road, Chula Vista, CA 91913 This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 13, 2009. East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-008521
FICTITIOUS BUSINESS NAME(S): a.) East County Gazette b.) Alpine Gazette c.) El Cajon Gazette d.) Alpine Gazette e.) La Mesa Gazette
Located at: 201 S. Sunshine Ave., El Cajon, CA 92020
This business is conducted by: Husband and Wife
The first day of business was: July 1, 2000
This business is hereby registered by the following: 1. Deborah Norman, El Cajon, CA 92021; 2. David Norman, El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 20, 2009
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010881
FICTITIOUS BUSINESS NAME(S): Signature Real Estate and Loans
Located at: 124 West Main Street, Suite 200, El Cajon, CA 92020
This business is conducted by: A Corporation
The first day of business was: April 1, 2009
This business is hereby registered by the following: 1. Southern California AMHB, Inc. 124 W. Main St. Suite 200, El Cajon, CA 92020
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 10, 2009
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010158
FICTITIOUS BUSINESS NAME(S): a.) Highway 67 Truck Dismantler b.) Quality Auto & Truck Recycling
Located at: 12650 Hwy 67, Lakeside, CA 92040
This business is conducted by: An Individual
The first day of business was: March 1, 1999
This business is hereby registered by the following: 1. Manuel Morrow 12650 Hwy 67, Lakeside, CA 92040
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 06, 2009
East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012064
FICTITIOUS BUSINESS NAME(S): Profitlink
Located at: 406 9th Ave. Ste. 313, San Diego, CA 92101
This business is conducted by: An Individual
The first day of business was: January 1, 1995
This business is hereby registered by the following: 1. Craig V. Castanos CPA 406 9th Ave. Ste. 313, San Diego, CA 92101
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 22, 2009
East County Gazette- GIE030790 4/30, 5/07, 5/14, 5/21, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-011102
FICTITIOUS BUSINESS NAME(S): a.) Rancho Catering b.) Rancho Catering Consultants
Located at: 7204 San Miguel Ave., Lemon Grove, CA 91945
This business is conducted by: Husband and Wife
The first day of business was: April 1, 2009
This business is hereby registered by the following: 1. Pete J. Brown 7204 San Miguel ave., Lemon Grove, CA 91945 2. Nancy S. Brown 7204 San Miguel Ave., Lemon Grove, CA 91945
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 14, 2009.
East County Gazette- GIE030790 4/23, 4/30, 5/07, 5/14, 2009


FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-009485
FICTITIOUS BUSINESS NAME(S): Sunshine Landscape
Located at: 10036 Maine Ave., Lakeside, CA 92040
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: 1. DJB Properties, Inc 10036 Maine Ave., Lakeside, CA 92040 Nevada
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on March 30, 2009.
East County Gazette- GIE030790 4/09, 4/16, 4/23, 4/30, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-008138
FICTITIOUS BUSINESS NAME(S): Integridoc
Located at: 2406 B Street Unit 1A, San Diego, CA, 92130
This business is conducted by: An Individual
The first day of business was: March 12, 2009.
This business is hereby registered by the following: 1. Danielle Solberg, 2406 B Street, Unit 1A, San Diego, CA 92130
This statement was filed with the Recorder/ County Clerk of San Diego County on March 17, 2009. East County Gazette- GIE030790 4/09, 4/16, 4/23, 4/30, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-010701
FICTITIOUS BUSINESS NAME(S): a.) Spirit of Christmas b.) Vox Nobili
Located at: 5643 Limerick Ave., San Diego, CA 92117
This business is conducted by: An Individual
The first day of business was: January 31, 2007
This business is hereby registered by the following: 1. Susan Carol Abernethy 5643 Limerick Ave., San Diego, CA 92117
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 09, 2009
East County Gazette- GIE030790 4/16, 4/23, 4/30, 5/07, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012136
FICTITIOUS BUSINESS NAME(S): a.) Bible Bee b.) National Bible Bee
Located at: 1161 East Main St., Suite 205, El Cajon, CA 92021
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: Shelby Kennedy Foundation, Inc. 1161 East Main St., Suite 205, El Cajon, CA 92021
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 22, 2009
East County Gazette- GIE030790 4/30, 5/07, 5/14, 5/21, 2009

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012289
FICTITIOUS BUSINESS NAME(S): a.) San Diego Festival Music b.) San Diego Festival Strings c.) Festival Trio d.) Festival Strings e.) Festival Quartet f.) Festival Orchestra g.) San Diego Festival Orchestra h.) Festival Music i.) San Diego Festival Quartet j.) San Diego Festival Trio
Located at: 10760 Itzamna Rd., La Mesa, CA 91941
This business is conducted by: Husband and Wife
The first day of business was: January 1, 1975
This business is hereby registered by the following: 1. Mary Karo 10760 Itzamna Rd., La Mesa, CA 91941; 2. Steve Karo 10760 Itzamna Rd., La Mesa, CA 91941
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 23, 2009.
East County Gazette- GIE030790 4/30, 5/07, 5/14, 5/21, 2009



CITY OF EL CAJON

PUBLIC NOTICE

FIVE-YEAR CONSOLIDATED PLAN FOR FISCAL YEARS 2009-2010 THROUGH 2013-2014 AND ONE-YEAR ACTION PLAN FOR FISCAL YEAR 2009-10

NOTICE IS HEREBY GIVEN that the El Cajon City Council held two public hearings to accept and consider public testimony regarding the allocation of funds from the Community Development Block Grant (CDBG) program and the HOME Investment Partnership funds on **Tuesday, February 24, 2009, at 7:00 p.m.**, and on **Tuesday, April 14, 2009, at 3:00 p.m.**, in the El Cajon Council Chambers at 200 Civic Center Way, El Cajon, CA 92020. CDBG and HOME grants are funded by the U.S. Department of Housing and Urban Development (HUD).

HUD requires that any jurisdiction receiving CDBG and HOME funds to complete a five-year document outlining the needs of the community and establishing goals to meet those needs. The Five-Year Consolidated Plan satisfies the statutory requirements for these programs. The City is required to update this plan for Fiscal Years 2009 - 2014. Additionally, the City is required to prepare a one-year action plan describing the activities that will be completed during Fiscal Year 2009-10 to meet a portion of the goals established in the five-year plan.

The primary purpose of the Consolidated Plan is to develop a plan for addressing the needs for lower income groups who are the intended beneficiaries of the HUD formula programs. The CDBG funds must be utilized to meet one of three national objectives to qualify for funding: 1) benefit 70% low and moderate income persons in the community; 2) aid in the elimination of slum and blight; or 3) meet other community development needs having a particular urgency because existing conditions pose a serious threat. HOME funds may be used "to provide incentives to develop and support affordable rental housing and homeownership affordability through the acquisition, new construction, reconstruction, or rehabilitation with suitable amenities, including real property acquisition, site improvement, conversion, demolition and other expenses." It may also be used to provide for the payment of reasonable administrative and planning costs, and to provide for the payment of operating expenses of community housing development organizations (CHDO's) – 24 CFR 92.205(a)." Each participating jurisdiction must set aside 15% of their HOME entitlement for CHDO's. The El Cajon City Council took these tentative actions at the February 24, 2009, public hearing: allocated \$1,234,525 of anticipated CDBG funds, and \$759,051 of anticipated HOME funds. In addition the City Council also allocated \$902,547 of unallocated prior year CDBG and \$477,271 of HOME funds. Preliminary allocations were made and are subject to public review. The projects and programs below reflect those allocations made at the April 14, 2009, public hearing.

The Five-Year Consolidated Plan outlines programs anticipated for 2009-14 and the One-Year Action Plan 2009-10 is the document that provides details of the projects and programs funded through CDBG and HOME funds for Fiscal Year 2009-10. Both plans were available for public review beginning March 12, 2009, for an extended time period through April 14, 2009. This notice only contains new funding and new projects. Projects that□

Projects for the 2009-10 fiscal year are presented in the following format:

Proj. No.	Agency Name Agency Address Agency City/State/Zip Code (only if NOT in El Cajon) Project Site Address Brief description of project.	Type of project and project eligibility according to 24 CFR section as shown. National priority met, per 24 CFR section as shown and type of allocation (loan/grant/CHDO set-aside funds).	Amount allocated. Project Title
The following projects were tentatively approved at the February 24, 2009, public hearing and confirmed at the April 14, 2009, public hearing, subject to receipt of confirmation of the grant amounts from HUD:			
Proposed Projects for FY 2009-10 CDBG PROJECTS			
C0701	City of El Cajon site N/A Loan repayment for construction loan for new fire station.	19F – Repayments of Section 108 Loan 570.201(a)&(c) – Capital expenditure loan repayment L/M Area 24 CFR 570.208(a)(2)(A)	\$197,089 Fire Station 8 Replacement
C0702	City of El Cajon site N/A Loan repayment for new ladder truck for Fire Department.	19F – Repayments of Section 108 Loan 570.201(a)&(c) – Capital expenditure loan repayment L/M Area 24 CFR 570.208(a)(2)(A)	\$87,846 Ladder Truck Replacement

City of El Cajon Public Notice Five-Year Consolidated Plan for Fiscal Year 2009-2010 Continued on page 13

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00065972-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: LARRY DONELL HOLLWOUTH FOR CHANGE OF NAME PETITIONER: LARRY DONELL HOLLWOUTH HAS FILED FOR AN ORDER TO CHANGE NAME FROM: LARRY DONELL HOLLWOUTH TO:
LARRY DONELL HOLLINGSWORTH, SR. THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department E-15, 4th Floor on June 17, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 22, 2009.
East County Gazette – GIE030790 4/30, 5/07, 5/14, 5/21, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00065688-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: EUGENA KAY MARKS FOR CHANGE OF NAME PETITIONER: EUGENA KAY MARKS HAS FILED FOR AN ORDER TO CHANGE NAME FROM: EUGENA KAY MARKS TO:
GINA KAY MARKS THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department 15, on June 17, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 16, 2009.
East County Gazette – GIE030790 4/30, 5/07, 5/14, 5/21, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2009-00065809-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: MELANIE ANN MILLA TORRES FOR CHANGE OF NAME PETITIONER: MELANIE ANN MILLA TORRES HAS FILED FOR AN ORDER TO CHANGE NAME FROM: MELANIE ANN MILLA TORRES TO:
MELANIE ANN MILLA THORSEN THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, East County Division, 250 E. Main St., El Cajon, CA 92020. Department E-15, on June 10, 2009 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 24, 2009.
East County Gazette – GIE030790 4/30, 5/07, 5/14, 5/21, 2009


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City of El Cajon Public Notice Five-Year Consolidated Plan for Fiscal Year 2009-2010 Continued			
C0704	City of El Cajon 200 Civic Center Way, 410 S First St, 1430 E Lexington Ave., 1285 E Washington Ave., 716 S Second St., 1313 E Main St., 212 S Second St., 1174 E Main St., 1345 E Madison and 1440 S Orange Ave. Housing rehabilitation loans for mobile homes in eligible parks.	14A – Rehabilitation: Single Unit Residential and 14H – Rehabilitation Administration 570.202(a)(5) Capital expenditure loans L/M Clientele 24 CFR 570.208(a)(2)(B)	\$250,000 Mobile Home Rehabilitation
C0901	Chase Ave. Clinic 1111 W. Chase Ave. Installation of playground equipment for children of clients waiting for appointment at their medical clinic.	03P – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Clientele 24 CFR 570.208(a)(2)(A)	\$70,000 Chase Ave. Clinic Improvements
C0902	City of El Cajon 200 Civic Center Way 935 S Emerald Replace exterior wood and paint, clean and seal brick exterior, and refurbish center and gym interior.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$250,000 Renette Center Improvements
C0903	City of El Cajon 200 Civic Center Way Phase II of City's ADA Plan. Identify and Prioritize ADA requirements, installation of ADA curb ramps throughout city.	03 – Public Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.207(a)(1)	\$390,053 ADA Transitional
C0904	City of El Cajon 200 Civic Center Way 935 S Emerald Replace leaking, built-up roof-remove and install new standing metal seam roof.	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$250,000 Renette Center Roof & Tile Replacement
C0911	City of El Cajon 200 Civic Center Way 1153 E. Madison Community policing activities.	05I – Crime Awareness 570.201(e) – Public Services grant L/M Area 24 CFR 570.208(a)(1)(i)	\$88,179 Community Policing
CADMIN	City of El Cajon 200 Civic Center Way Administration of the CDBG program.	21A – General Program Administration 24 CFR 570.206 grant	\$212,386 CDBG Administration
C0715	Center for Social Advocacy 1068 Broadway and various locations citywide Fair housing activities.	21D – Fair Housing Activities 24 CFR 570.206 grant	\$34,519 Fair Housing Activities
C0905	City of El Cajon 200 Civic Center Way City Hall and Council Chambers ADA Improvements	03 – Public Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.207(a)(1)	\$120,000 City Hall & Council Chambers ADA Improvements
C0906	City of El Cajon 200 Civic Center Way 935 S. Emerald Remove and replace uneven and defective concrete in courtyard at Renette Park	03F – Parks/Recreational Facilities 570.201(c) – Capital expenditure grant L/M Area 24 CFR 570.208(a)(2)(A)	\$90,000 Renette Park Courtyard Refurbishment
C0907	Crisis House 1034 North magnolia Avenue Homeless Services Homeless assistance and vouchers	03T – Homeless 570.201 (e) – Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$40,000 Crisis House Homeless Prevention
C0908	Meals-On-Wheels 1488 Pioneer Way #4 Provide meals to elderly and disabled.	05A – Senior services 570.201 (e) Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$7,000 Meals-on-Wheels-El Cajon
C0909	Set Free Baptist Fellowship of San Diego 1527 E. Main Street Homeless Services Homeless assistance and vouchers	03T – Homeless 570.201 (e) – Public Services grant Limited Clientele 24 CFR 570.208 (a)(2)(i)(A)	\$50,000 Emergency Voucher Program
Proposed HOME Projects for FY 2009-10			
H0715	Center for Social Advocacy 1068 Broadway and various locations citywide Fair housing activities.	21D – Fair Housing Activities 24 CFR 570.206 grant	\$11,508 Fair Housing Activities
HADMIN	City of El Cajon 200 Civic Center Way Administration of the HOME program.	21A – General Program Administration 24 CFR 92.207 grant	\$84,399 HOME Administration
H0912	El Cajon Community Development Corporation 168 E Main St Funds to be used to acquire, rehabilitate, and sell to low-income first-time homebuyers.	13 – Direct Homeownership Assistance 92.205 – Required CHDO Set-Aside - grant to agency, then loaned to eligible homebuyers	\$113,858 CHDO Set-Aside
H0717	El Cajon Community Development Corporation 168 E Main St Operating support for the housing component of this organization (CHDO).	21I – Funding of CHDO Operating Costs 24 CFR 92.208 – grant	\$37,952 ECCDC Operational Support
H0719	City of El Cajon 200 Civic Center Way Various locations First Time Homebuyer Program.	05R – Downpayment Assistance 24 CFR 92.254 – loans	\$265,667 1st Time Homebuyer Program
H0910	City of El Cajon 200 Civic Center Way Provide First Time Homebuyer Program assistance for newly built units at Ballantyne St.	05R – Downpayment Assistance 24 CFR 92.254 – loans	\$477,271 1st Time Homebuyer Program for Weiland Project-Ballantyne St.
H0720	City of El Cajon 200 Civic Center Way Various locations throughout the City Loan for rehabilitation of single family and mobile homes.	14A – Rehabilitation: Single Unit Residential 24 CFR 92.205(d) loans	\$265,669 Rehab Loan Programs
Comments and requests for additional information may be directed to Xavier Velasco, Redevelopment and Housing Department, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020, (619) 441-1710.			

LEGAL NOTICES



NOTICE OF PUBLIC HEARING

Expenditure Plan for State Citizens' Option for Public Safety (CA-COPS) Funding

NOTICE IS HEREBY GIVEN that on **Tuesday, May 12, 2009**, the City of El Cajon will hold a public hearing at **3:00 p.m. in the City Council Chambers** located at 200 Civic Center Way, El Cajon, California, to consider:

A request from the Chief of Police to approve the Expenditure Plan for State Citizens' Option for Public Safety (CA-COPS) 2008-2009 Funding for professional services, training, technology, and equipment.


The public is invited to attend and participate in this public hearing. Please call the City Clerk's Office (441 1763) if you have any questions regarding this notice of hearing. If you challenge the matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the City Clerk at, or prior to, the public hearing.

The City of El Cajon encourages the participation of disabled individuals in the services, activities, and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the City Council meetings should contact the City Clerk's Office at 441 1763.

KATHIE J. RUTLEDGE, CMC, CITY CLERK OF THE CITY OF EL CAJON
619-441-1763 / 619-441-1542 (TDD –Hearing Impaired)

East County Gazette- GIE030790
04/30/09

NOTICE OF PETITION TO ADMINISTER ESTATE OF FRANCES S. LUJAN. CASE NUMBER: 37-2009-00151354-PR-LA-CTL
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of FRANCES S. LUJAN, A/K/A FRANCES SERRANO LUJAN, A/K/A FRANCES LUJAN. A PETITION FOR PROBATE has been filed by YOLANDA LORRAINE ADLER in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that YOLANDA LORRAINE ADLER be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: JUNE 04, 2009 AT 9:00 A.M. IN DEPT. PC-1 LOCATED AT 1409 FOURTH AVE., 3RD FLOOR, SAN DIEGO, CA 92101 Probate Division. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner Anna M. Camarena 3460 Marron Rd., Ste. 103-159, Oceanside, CA 92056 (760) 207-4458



NOTICE OF PUBLIC HEARING
CITY OF EL CAJON
HOMELESSNESS PREVENTION AND RAPID RE-HOUSING PROGRAM GRANT UNDER THE AMERICAN RECOVERY AND REINVESTMENT ACT OF 2009

The City of El Cajon invites citizens to comment on the draft substantial amendment to the City of El Cajon (City) Fiscal Year 2008-2009 (FY08-09) Action Plan/Consolidated Plan (ConPlan).

The City has prepared an amendment to the City's FY08-09 Action Plan which is available for review on the internet or at City designated locations. Subsequent to approval by the City Council, the amendment will create activities to be funded pursuant to the U.S. Department of Housing and Urban Development (HUD) guidelines for the "Homelessness Prevention and Rapid Re-Housing Program (HPRP)" that is part of the American Recovery and Reinvestment Act of 2009.

Under Title XII of the American Recovery and Reinvestment Act of 2009 ("Recovery Act") Congress has designated \$512,686 for the City of El Cajon, to provide financial assistance and services to either prevent individuals and families from becoming homeless or help those who are experiencing homelessness to be quickly re-housed and stabilized. These funds will be used to provide temporary financial assistance and housing relocation and stabilization services to individuals and families who are homeless or would be homeless but for this assistance. The funds are not intended to provide long-term support. Activities will be limited to short-term rental assistance, medium-term rental assistance, security deposits, utility deposits, utility payments, moving cost assistance, and motel and hotel vouchers. No program participant will be allowed to receive more than 18 months of assistance.

NOTICE IS HEREBY GIVEN that a public hearing will be held at **3:00 p.m. on Tuesday, May 12, 2009**, in the City Council Chambers located at 200 Civic Center Way, El Cajon. The purpose of the public hearing is to provide El Cajon citizens with the opportunity to voice their opinions on, and participate in a discussion of the amendment to the City's annual action plan to use Recovery Act funds.

Public input is welcome and encouraged on the proposed use of Recovery Act funds. Citizens may participate in written form prior to the public hearing or orally during the hearing. Written comments must be submitted to the Redevelopment and Housing Department no later than **5:00 p.m., on May 11, 2009**. All comments and/or other inquiries should be forwarded to: Recovery Act Program, Redevelopment and Housing Department, 200 Civic Center Way, El Cajon, CA 92020 or (619) 441-1710.

East County Gazette- GIE030790
04/30, 5/07/09

TO PLACE YOUR LEGAL AD
CALL (619) 444-5774

FICTITIOUS BUSINESS NAME STATEMENT NO. 2009-012643
FICTITIOUS BUSINESS NAME(S): Centric Transmission
Located at: 1265 Greenfield Dr., El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: June 1, 1999
This business is hereby registered by the following:
Jose A. Reynolds 447 Casselman St., #A, Chula Vista, CA 91910
This statement was filed with Gregory J. Smith Recorder/County Clerk of San Diego County on April 28, 2009.

East County Gazette- GIE030790
4/30, 5/07, 5/14, 5/21, 2009

East County Gazette- GIE030790 — April 16, 23, 30, and May 7

Our Best Friends

Dog hates me ... ask a trainer

by Nan Arthur,
CDBC, CPDT, KPA CTP

Dear Trainer,
I have a 3 month old Min Pin that, well let's just say I've scared the "you know what" out of him due to my frustration. And as one would expect, he is very scared of me. I've recognized the err of my ways and am striving to make things right. I'm completely ashamed that I've made my little buddy this way and who right now wants little to do with me. When I pick him up, he shivers, and when I take him for a walk, he only tries to get away from me and I have to drag him to get him to follow. My question is, is there hope for me to regain any semblance of forgiveness or trust from my dog? He is quite content around my wife and kids and tolerates me when they're around. Thanks for your help and insight. Please forgive me for my wrong doing. I love my little buddy. I just hope that at some point he might love me back.

Signed,
Hang Dog, Dog Owner

Dear Hang Dog,

Thank you for your honesty and candor; it's not easy to admit one's wrong doing, and I'm glad you are looking to make amends and set things right with your puppy.

First, make sure your dog is eating a high-end food without

grains, if you are not already doing this. This helps dogs calm down from the inside. This will go for all treats as well.

Next, I would recommend that you back off a bit on trying to hold, pet and walk your dog. Right now, he really doesn't have any reason to enjoy being with you—as evidenced by his shaking and having to "drag" him on walks. What is happening is that you are confirming to your dog that you really "don't get it," even though he is "telling" you with his actions that he is not comfortable.

So, what you really need to do is teach him that you are really very important in his life and that he really shouldn't be fearful of you.

What to work on

The first thing you will need is to build trust between you and your dog. You can do this via classical conditioning, which means pairing good things with your presence.

You will want to start with enough distance between and the dog where your dog isn't going to growl or shake when you walk in the room. As soon as you walk into the area where the dog is, begin giving your dog several really good food rewards such as tiny pieces of chicken, just for looking at you when you enter, tossing the treats if needed. Do that a

number of times until you can see that your dog is anticipating the reward when walk in. Your dog will be learning that when you are around, wonderful things happen, but when you leaves the treats go away.

After 10-20 sessions at this level, (take a few days) move a little closer to your dog and give your dog several high-value rewards again. It's important to avoid making direct eye contact with your dog so your dog doesn't feel any pressure to acknowledge your presence. Stay at this level a number of sessions, moving a tiny bit closer each round that you train. Strive to move close enough to your dog (without any growling, so go slow) that you are able to start handing your dog the food rewards. This might take a few weeks since this has been traumatic, so be patient. Once you are able to hand treats to your dog, begin to make brief eye contact as you hand the treats. This will help him learn that eye contact is part of this.

When you are able to get close enough to your dog to sit down near him, it should be without any pressure to interact with you. It will be important that your dog learns that you are not going to talk, lean over, pet or interact with him, just sit near and give him food rewards. This allows your dog the opportunity to initiate the interaction and with that, feel

more confident that nothing bad is going to happen. As he becomes more comfortable with you near, you can then begin to reach out to him, but still offering him a food treat after he allows a tiny bit of contact with you. Don't over do, just look for one small touch, and then remove your hand and reward him for that.

Be sure to take lots of little breaks in-between training so your dog can process all of this, however, if you see that your dog is concerned at any point, go back to an easier level and do that part until your dog has a stronger association.

I would also recommend

that you hand feed your dog his meals. Sit in a chair and place his bowl on the floor near you, and drop his food in, one piece at a time. Don't talk to him or try to touch him, just allow him to eat one piece of food at a time. The more you control the things that are really important to him, the more he will realize that you are not so bad after all.

Per walks, I would recommend that your wife takes the leash and you come along with really good food treats (very high value, such as chicken) and any time your dog is not pulling you drop a treat on the ground for him to find. This will teach him that walking near you

is okay and results in rewards. I hope this helps with your problem, but if you are still having trouble after working on this, please contact a good positive reinforcement behavior trainer to help you work through all the steps and figure out what else your dog might need. You can find Certified trainers at: <http://www.karenpryoracademy.com/find-a-trainer> and Certified Behavior Consultants at: www.iabc.org

Nan Arthur,
CDBC, CPDT, KPA CTP
Author of the upcoming book by Dog Wise Publishing: *Chill out Fido, How to Calm your Dog.*
www.wholedogtraining.com

ADOPT-A-PET



Pepper, an 8-year old Beagle mix is 33-pounds of sweetness! Her puppy-like behavior is endearing. She loves to play, enjoys attention, is easy-going, and has plenty of spring in her step. Pepper is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). If you want a gentle, affectionate, wonderful dog, call us about Pepper: (619) 788-7880.



Aubree is everything you'd want in a dog; gentle and friendly, smart and pretty! She is four years old, and is a 60-pound Shepherd mix. Aubree loves to have her ears rubbed, and takes treats gently. She is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). For more information, please call 619-788-7880.



Goliath is an affectionate 2-year old Labrador/Pit Bull mix. This big boy weighs 71 pounds, loves to play, and walks well on leash. Goliath is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). He knows "sit" and is ready for a patient adopter who will continue his training. Information: (619) 788-7880.



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