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INSIDE THIS EDITION...



Meet Dottie and her friends on page 19!

Local 2-5
Business Directory .3
Inspirations.....6
Health7
Entertainment ..8-12
Legals..... 13-17
Classifieds 18
Best Friends 19

Check out the Gazette's
"Out and About in the County"
on page 4.

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What's new in
the theaters
and DVD?
Read about the
'Jurassic World'
and
'Me and Earl and a
Dying Girl'
on pages 10-11



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STATEMENT

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PARKWAY PLAZA

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LaDanian Tomlinson's number 21 to be retired

Number will be retired at November game



The San Diego Chargers announced they will be retiring LaDanian Tomlinson's number 21 and entering him into the Chargers' Hall of Fame at the San Diego Chargers' team facility in San Diego. Tomlinson's No. 21 will be retired during the team's November 22 Sunday night game against the Chiefs. He will join Lance Alworth, Dan Fouts and Junior Seau as Chargers players who have had their numbers retired by the franchise. Photo credit: Tom Walko

Local News & Events



Stand up, speak out and STOMP out bullying as a teen ambassador

Parkway Plaza and STOMP Out Bullying™ seek well-spoken El Cajon community teens to be role models against bullying

With 282,000 students physically attacked in secondary schools each month and up to 43 percent of students having been bullied while online, the issue of bullying is a very real reality for many children.

To help bring awareness to this disturbing trend, Parkway Plaza is partnering with the most influential anti-bullying organization in America, STOMP Out Bullying, and iHeartMedia, to find local teens to become Teen Ambassadors and speak out on this important issue throughout the summer.

This summer, selected El Cajon area Teen Ambassadors for STOMP Out Bullying will appear at and participate in Parkway Plaza's STOMP Out Bullying Kick-Off Event (Saturday, August 15) and Block Party (Saturday, August 29). They will speak at the event and interact with iHeartMedia DJs to raise awareness around the issue through social media.

To qualify, youth must be 13-24 years of age, have good grades, solid leadership skills, have public speaking experience such as being on the debate team or in their school's speech club, must stand up for others and are established student activists.

Teen Ambassadors are an important part of the STOMP Out Bullying team; they are peer leaders and have the abil-

ity to not only make a difference in the lives of others, but make a difference in their own communities as well. Please visit <http://bit.ly/1FW9JsK> to find more information and apply! Applications are due on July 6, 2015.

The leading, national anti-bullying and cyberbullying organization for kids and teens in the U.S. and is recognized as the most influential anti-bullying organization in the country. Created in 2005, it focuses on reducing and preventing bullying, cyberbullying, sexting and other digital abuse, educating against homophobia, racism and hatred, decreasing school absenteeism, and deterring violence in schools, online and in communities across the country. It teaches effective solutions on how to respond to all forms of bullying; as well

as educating kids and teens in school and online, providing help for those in need and at risk of suicide, raising awareness, peer mentoring programs in schools, public service announcements by noted celebrities, and social media campaigns. An additional focus educates parents on how to keep their children safe and responsible online. For more information visit Stomp Out Bullying's website, Facebook and Twitter.

Parkway Plaza is located at 415 Parkway Plaza in El Cajon, California. Hours are Monday – Saturday, 10 a.m. – 9 p.m., Sunday, 11 a.m. – 7 p.m. Restaurants and department store hours may vary. For more information, visit ShoppingParkwayPlaza.com or like us on Facebook or follow us on Twitter and Pinterest.

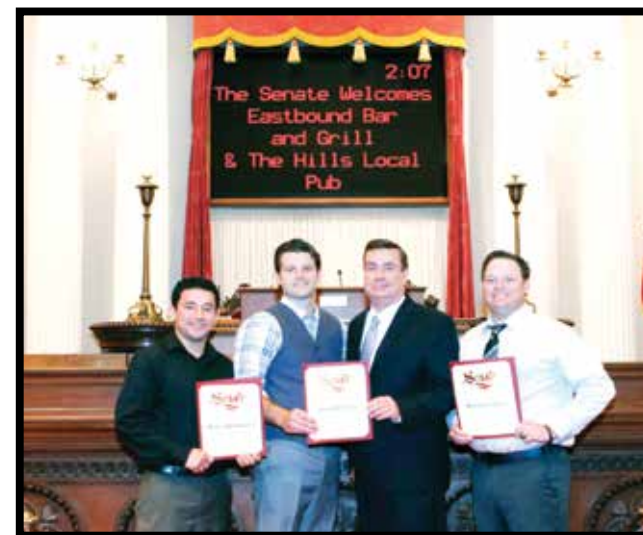
Senator Anderson's Corner

Local Eastbound Bar and Grill receives Distinguished California Small Business of the Year Award



Senator Anderson

by Braden Murphy
East County's Eastbound Bar and Grill owners travelled to Sacramento to receive an award recognizing their resounding success and achievement on California Small Business Day.



Eastbound Grill owners Jason Nichols, Marco Rodriguez and Ben Clevenger stand with Senator Joel Anderson in Sacramento, receiving their California Small Business of the Year award. Photo Credit: Walter Wallenborn

On June 11, owners Jason Nichols, Marco Rodriguez and Ben Clevenger took shelter from the ominous clouds and rain inside the Sacramento Convention Center to receive a special plaque from their representative state Senator Joel Anderson in front of over eighty state legislators.

"Jason, Marco and Ben are a fantastic example of the amazing talent that exists in my district, and the community service spirit that East County is known for. Everyone talks about how incredible their burgers are, but what I am most grateful for are their weekly fundraisers to support different causes in our community. Eastbound Bar & Grill is an East County treasure."

Eastbound was founded in 2010 by Nichols, Rodriguez and Clevenger, who were friends and played football together at El Capitan High School. Co-owner Jason Nichols reflected on the early struggles of running a small business noting that, "Running a business changes when you realize you have employees that depend on you to eat and pay rent."

Upcoming events involving Eastbound Bar and Grill include the Jimmie Johnson Golf Tournament supporting children and families in need, where they will donate their famous sliders, and the annual Boobie Palooza event supporting breast cancer awareness taking place this fall.

Additionally, every Monday night is community night where a wide variety of local organizations hold fundraisers and Eastbound and the Bar and Grill contributes a portion of their proceeds to the cause.

Located at 10053 Maine Avenue in Lakeside, Eastbound Bar and Grill provides an exciting atmosphere with a wide array of events aimed at involving the local community.

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SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —

Out and about in the County

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for more events!

June 19: Education Day at Airshow San Diego 2015 with a focus on Aviation related Science, Technology, Engineering, and Math (A-STEM). This "A-STEM" day is presented by Air Group One. There will be no scheduled air show flying on Education Day. Airshow San Diego is located at Gillespie Field, El Cajon. For more information, visit www.ag1caf.org

June 20: Boars and Brew. Lakeside's River Park Conservancy is introducing their first ever Boars and Brew event. Join the River Park in a beer stroll along the San Diego River from 4 - 8 p.m. (or until the boars and brew run out). The Boars and Brew event will highlight local breweries and traditional BBQ styles. Held along the section of the San Diego River that is managed by Lakeside's River Park Conservancy, the entry point for the event will be the Channel Road Trail Head in Lakeside, California. The admission ticket will include event entry, beer samples, and food. This will be a 21 years or older event and dogs on leashes are welcome. Our servers have the right to refuse to pour for those who may seem too intoxicated. For more information or to purchase a ticket, please visit our website at www.BoarsandBrew.weebly.com or contact Christina DeLeon, Event Coordinator, at Events@LakesideRiverPark.org or (619) 443-4770. We look forward to toasting clean water with locally crafted beer with our community!

June 20: CANCELLED Lakeside Chipping Day at Eucalyptus School planned for Saturday JUNE 20th has been canceled to do weather forecast temperature could be in the triple digits.

Lakeside Roundup

by Patt Bixby

Career Day in Lakeside

Lakeside VFW Post 5867, 12650 Lindo Lane Lakeside will be the site of Career Day June 26, 9 a.m. to 3 p.m. Career Day is an opportunity to meet company representatives seeking to hire along with career training opportunities. Dress business ready and bring copies of your resume, be prepared to interview.

Burgers will be available for \$5.

Any interested applicants email bgsrge@yahoo.com to reserve a spot.

Living History Days in Lakeside

More than 400 students attended the June 9, 10, 11 Living History Days in Lakeside. This was the 10th year the Lakeside Historical Society sponsored the history program.

Historical Society members, Museum committee members and volunteers helped 3rd grade students from schools in the Lakeside Union School District with activities and chores from days gone by.



Woman's Club member demonstrates how clothes were washed. Photo credit: Patt Bixby

See HISTORY DAYS page 10

June 20-21: AirShow San Diego is back for its 20th year and the line-up is more exciting than ever! With a P38 and a B25 on the roster and attendance records climbing it is a must-do event for aviation enthusiasts and San Diegans alike. AirShow San Diego commemorates the 70th anniversary of America's triumph in WWII, and Salutes our Veterans' devotion and sacrifice in all conflicts since 1945. AirShow San Diego is a once-a-year family event with amazing aircraft, a FREE Kid's Zone, amusements, rides, education displays, a variety of food and beverages, classic cars, plus a beer garden- insuring a wonderful weekend for all. Gates open 9 am to 4 pm at Gillespie Field in El Cajon and parking is only \$5.

This year's AirShow San Diego will feature a representative collection of aircraft and acts featuring our show headliner the "23 Skidoo," a P-38 Lightning that is marked with 9 victories. Many other historic aircraft will be flying and on ground display in addition to a mock battle with pyro. Other attractions include but aren't limited to:

- . Mock Dogfight with Pyro
- . Warbird rides available for purchase
- . Beer Garden featuring Craft Beers
- . Classic Cars
- . Over 70 Static Vintage, Antique, and WWII Aircraft
- . Over 60 Vendors offering Food, Services & More
- . Free Kids Zone
- . Parking only \$5!
- . Enter a Raffle to win a Warbird ride!
- . Free Shuttle from Gillespie Field Trolley Station (green line) to Main Gate.

Located on Gillespie Field in El Cajon, California, Air Group One formed as the "San Diego Squadron" of the CAF (Commemorative Air Force) in 1981. Two years later it was reformed as a CAF Wing and renamed "Air Group One." Air Group One is a purely volunteer-driven organization. The members and volunteers dedicate their efforts to a variety of local projects, such as the maintenance and restoration of WWII aircraft, memorial flyovers at special events, contribution of museum displays to educate the public, and providing support and presence at Southern California air shows. Air Group One presents monthly member and volunteer gatherings, youth educational events and symposiums as well as annual events, such as the highly-anticipated World War II air show, "AirShow San Diego" formerly Wings Over Gillespie. If anyone shares an interest in history, aviation and community outreach endeavors, join us. www.ag1caf.org

June 24: Noche de Salsa: Lakeside Branch Library is hosting a bilingual evening of fitness and healthy snacks at 6 p.m. Zumba (R) instructor Cheryl Weeks-Frey will get the whole family moving to salsa and other latin rhythms. Enjoy delicious salsa and chips during the break. This program will be conducted in Spanish and English. The Lakeside Branch Library is located at 9839 Vine St, Lakeside CA 92040. For more information call (619) 443-1811.

June 27: Father Joe's Villages is calling all sports enthusiasts and challenge- minded individuals to go vertical at

its TOWERthon on Saturday from 7:30 a.m. to 11 a.m. The 4th Annual TOWERthon, sponsored by the Grainger Foundation, will take place at 550 Corporate Center. The event proceeds will benefit the homeless youth of Father Joe's Villages' Toussaint Academy. Appropriate for most ages and abilities, the event challenges participants to move skyward up 20 flights in one of downtown San Diego's most attractive and environmentally friendly skyscrapers.

"TOWERthon's 20-story vertical challenge is the ideal combination of fundraising, physical fitness and active fun," said Deacon Jim Vargas, Father Joe's Villages' president and CEO. "We're especially thankful to San Diego's endurance athletes and running clubs for their support of the region's homeless youth through their participation in this pulse- and elevation-raising event."

The TOWERthon is a professionally timed endurance event provides opportunity for both competitive runners and non-competitive walkers, with separate staircases for each category. A designated, ELITE-participant start time will provide competitive climbers a clear path in the stairwell. To assure the health, safety and hydration of all participants, aid stations will be strategically placed along the course routes in both stairwells. Elevators are available for emergencies and to return to ground level at the completion of the event.

Proceeds from the event will support Toussaint Academy San Diego, a haven for homeless and at-risk teens since 1992. At Toussaint, teens live and learn in a supportive group setting, gaining the life skills necessary to graduate high school and become self-sufficient, successful young adults.

The 550 Corporate Center is located at 550 West C Street, San Diego, CA 92101. For more information on the event and to register, visit www.TOWERthon.com.

July 4: Annual Fourth of July Celebration & Fireworks at Kennedy Park.

Come celebrate Independence Day with numerous games, musical entertainment and fireworks at the City of El Cajon's Fourth of July Celebration! On Saturday, July 4, the El Cajon Recreation Department will once again have a celebration event at Kennedy Park, located at 1675 East Madison Avenue in El Cajon.

The following is a brief list of activities throughout the day:

- 1 - 8 p.m. - Carnival games, an inflatable, a Kiddie Train, and skate park
- 2 - 6 p.m. - Free crafts and family games
- 3 - 9 p.m. - Two live bands
- 9 p.m. - Fireworks show with synchronized music

If you don't bring your own picnic, or if you run out of food, vendors will be selling food, starting at 12 noon. General parking is limited, so plan to arrive early and carpool. The City of El Cajon and Waste Management will treat spectators to an elaborate fireworks display beginning at 9 p.m. At that time, the El Cajon Police Department will begin street closures to control traffic. The closures will take place for approximately 45 minutes, or until excessive traffic subsides. This is designed to help disperse the large amount of vehicles that will be leaving the area. The City thanks Waste Management for generously partnering with El Cajon to provide these spectacular fireworks. For more information, call Kennedy Recreation Center at (619) 441-1676.

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— LOCAL NEWS & EVENTS —

El Cajon highlights

by Monica Zech, Public Information Officer for the City of El Cajon

Volunteers unite to build a playground at Bill Beck Park

Thank you for the tremendous response, we now have all the volunteers needed for another successful build of a customized KaBOOM! playground! The big build is this coming Saturday, June 20, at Bill Beck Park located at 543 N. Pierce Street. The City of El Cajon, Foresters, Stoney's Kids, the El Cajon Kiwanis Club and KaBOOM! have designed this customized playground for the park, and 200 volunteers will build it in one day! June 18 is prep day and June 20 will be the actual build day with a ribbon cutting scheduled for 2:30 p.m. Hours will be from 8 a.m. to 2:30 p.m. for both days. The City is also installing a new adult outdoor fitness area at Bill Beck Park. For more information, call (619) 873-1641.

Enjoy 80's Rock And Roll At The Next Dinner & a Concert

At Friday's Dinner & a Concert in Downtown El Cajon, Friday, June 19, it's Laguna playing classic rock. Don't miss a moment of the 2015 season of "Dinner & a Concert" at the Prescott Promenade! Enjoy great music and dancing on Friday nights, 6:00 p.m. to 8:00 p.m., now through September 25. Arrive early to dine at one of many great restaurants downtown or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at www.downtownelcajon.com or call (619) 334-3000.

Celebrate Father's Day at this weekend's Air Show at Gillespie Field

Don't miss AirShow San Diego (formerly Wings Over Gillespie) this Father's Day weekend, June 20 & 21, at Gillespie Field Airport. This year's air show will feature a collection of aircraft and activities to commemorate the 70th anniversary of the end of WWII. See historic aircraft displays, military reenactments, a free Kid's Zone and more. Gates open at 9 a.m. and close at 5 p.m. at Gillespie Field, located at 1960 Joe Crosson Drive in El Cajon. For more details and tickets, please visit www.ag1caf.org.

The Next Cajon Classic Cruise Car Show ss June 24

The theme of the next Classic Cruise night, June 24, is a "Bike Nite." See an array of bikes and classic vehicles during the 2015 season of "Cajon Classic Cruise Car Shows." Car shows are every Wednesday night through October 28. They occur on East Main Street, between Magnolia and Claydelle Avenues, from 5 to 8 p.m. This popular car show is held in the area of the Prescott Promenade, and is hosted by the Downtown El Cajon Business Partners. For more information, please visit www.cajonclassiccruise.org or call (619) 334-3000.

Red Shoe Day is Thursday, June 25

The Ronald McDonald House Charities is holding their annual Red Shoe Day on Thursday, June 25, 6:30 to 9:30 a.m. Watch for volunteers standing on street corners throughout San Diego County, including El Cajon, holding a large RED shoe and collecting donations for Ronald McDonald House. Proceeds help in providing a home away from home for families with children being treated for serious, often life-threatening conditions. For more information, go to www.redshoedaysd.com.

It's "An Evening In The Tropics" with the El Cajon Rotary

Coming soon! The Rotary Club of El Cajon presents "An Evening in the Tropics" on Saturday, June 27, from 5 to 10 p.m. at the Water Conservation Garden on the campus of Cuyamaca College. Enjoy a tropical paradise, with South Sea island music, dancers, delicious food, special desserts and some fabulous silent auction items. Tickets are \$80 each. For more information, please call (858) 408-1404, or visit www.elcajonrotary.org.

A chance to display your artistic talents

Local artists are encouraged to share their talent at this year's Bountiful Art Show. Hosted by St. Madeleine Sophie's Center, an El Cajon-based center serving over 400 adults with developmental disabilities through innovative programs, the annual juried exhibition is open to all San Diego County regional artists. The deadline to submit artwork is Tuesday, June 30. Artists are allowed to submit up to five pieces of original and for-sale work, no

reproduction prints will be accepted. Media acceptable for submission include works on paper, paintings, photography, mixed media, jewelry, sculpture, wall sculpture, printmaking and fiber arts. Artwork should not exceed 60 inches vertically or horizontally and must be suitable for family-friendly viewing. Up to \$1000 in cash prizes are available for winners, along with a solo exhibition for the first-place entry. Applicants may submit artwork electronically to sophiesgallery@stmsc.org in jpg format along with electronic application form. The electronic file should not exceed 600 KB. Artists can submit up to five artworks for consideration at \$25 for one image, \$35 for two, \$45 for three, \$55 for four and \$65 for five. Entry fee checks are to be submitted to Sophie's Gallery & Gift Shop, 109 Rea Avenue, El Cajon, CA 92020, made out to Sophie's Gallery. To pay with a credit card, call Sophie's Gallery at (619) 593-2205.

Attend the opening reception to be held on Friday, August 7, from 5 to 8 p.m. at Sophie's Gallery in El Cajon. This free art show will run from August 7 - 31, 2015. For more information, visit www.stmsc.org or find Sophie's Gallery on Facebook. St. Madeleine Sophie's Center serves 400+ adults with developmental disabilities, through nationally recognized, innovative programs.

It's The Fourth of July Celebration & Fireworks

Celebrate Independence Day with numerous games, musical entertainment and fireworks at the City of El Cajon's Fourth of July Celebration! On Saturday, July 4th, the El Cajon Recreation Department will once again have a celebration event at Kennedy Park, located at 1675 East Madison Avenue in El Cajon.

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tors to an elaborate fireworks display beginning at 9 p.m. At that time, the El Cajon Police Department will begin street closures to control traffic. The closures will take place for approximately 45 minutes, or until excessive traffic subsides. This is designed to help disperse the large amount of vehicles that will be leaving the area. The City thanks Waste Management for generously partnering with El Cajon to provide these spectacular fireworks. For more information, call Kennedy Recreation Center at (619) 441-1676.

4th of July safety reminder:

Heartland Fire Chief Rick Sitta reminds everyone to leave fireworks to the professionals. Fireworks are not only dangerous, they are also illegal in San Diego County due to our dry brush conditions.

In addition, if you live in the area of fireworks and have pets, especially dogs, please make sure they are inside in a safe, quiet room of the house. Dogs can become frightened and jump fences. Make sure your pets have up to date licenses and/or are micro-chipped. If your pet gets loose check your local animal shelter. Have a safe and happy 4th of July!

El Cajon's Summer Recreation Guide is now available

The City of El Cajon Recreation Guide is available online at www.elcajonrec.org. Pick up a copy at any of the El Cajon recreation centers, local libraries and in the lobbies of City Hall and the El Cajon Police Station. Summer classes are very popular - register now before classes fill up! For more information, call (619) 441-1516.

Register now for free Disaster Preparedness Classes

Be prepared for the next earthquake or wildfire, register now for the final 2015 East County Community Emergency Response Team (CERT) disaster preparedness academy scheduled to begin on September 19. (The June 13 academy is now full.) These classes are free - but what you will learn is priceless! Visit the East County CERT website at www.heartlandfire.org for a look at the full 2015 CERT schedule. Each academy consists of six classes. Once the academy begins, classes are held every other Saturday, from 8:30 a.m. to 12:30 p.m. If you would like to register, call (619) 441-1737, and leave your name and best contact phone number.

Heartland Fire & Rescue receives highest rating possible for Fire Protection Services

Several months ago, the Heartland Fire & Rescue Department, which provides fire and emergency medical services to the cities of El Cajon, La Mesa, and Lemon Grove, voluntarily requested an external evaluation of the department's services and capabilities by the Insurance Services Office (ISO). As a result, Heartland Fire & Rescue received a Class 1 rating from the ISO, which is the highest score a fire protection community can receive. The agency was previously at Class 2.



The Insurance Services Office evaluates fire protection efforts in cities and districts throughout the country. They rate agencies on a scale of 1-10, with 1 being the best. The ratings are calculated on multiple factors, such as the Fire Department itself, the water supply system, and the dispatch center.

"There are only two Class 1 ratings in San Diego County and Heartland Fire & Rescue is one of them," said Chief Rick Sitta. "As a matter of fact, there just 97 Class 1 ratings out of 47,000 fire agencies in the United States. So, it is extremely rare for a fire agency to receive this kind of recognition." Moreover, Heartland Fire & Rescue is now one of ten fire agencies with a Class 1 rating in the entire State of California.

Chief Rick Sitta noted that this rating is a result of a team effort. "It's not just the Fire Department receiving the rating," he said, "it's a reflection of the teamwork between us, the 9-1-1 Heartland Fire Dispatch Center, the water utility company, and the Cities of El Cajon, La Mesa and Lemon Grove."

This rating is also good news for homeowners in El Cajon, La Mesa and Lemon Grove. Residents could start saving money on fire insurance premium rates once this rating goes into effect on September 1, 2015.

Sitta added, "This rating demonstrates to the citizens we serve that their Fire Department is able to provide the highest level of fire suppression and community risk reduction for protection in our communities, and according to ISO, may also save our citizens some money on insurance premiums."

Chief Sitta and a representative from ISO proudly announced the new Class 1 rating during a special presentation to the City Councils of El Cajon and La Mesa at their June 9, 2015, meetings. It will also be presented to the Lemon Grove City Council at their meeting on June 16, 2015.

"We have an agency full of proud firefighters who are dedicated to providing the best Fire and Emergency Medical services to their communities. This Class 1 recognition is a badge of honor that they worked hard to achieve and they will undoubtedly strive to maintain the Class 1 rating for years to come," Chief Sitta stated.

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Inspiration

Where have all the Fathers gone?

by Dr. James L. Snyder

Around this time of the year, my thoughts wander back to my father. He has been gone quite a spell but his memory lingers. I often wonder what he would think of what is happening in our world today if he were to come back.

I grew up with a father who believed in being the father. I confess he was not always right all the time, but what he said was law in our house. That is, of course, unless his wife contradicted him. Then it was time for us kids to seek sanctuary outside where we could not hear what was going on.

I cannot help but believe that some of the problems we are having in our society today would not be such a problem if we had fathers. How many families are there where children grow up not knowing their father? No wonder they have no respect for authority.

Although my father was not a very well educated person, he knew how to use the Board of Education on the Seat of Learning for all of us children.

Some of the stuff he did back in "the day," would bring him some real legal problems today.

For example. My father believed he had the right to be judge, jury and executioner concerning the things in his children's life, with no appeal to a higher authority.

In the kitchen hanging next to the door to go outside was a very interesting parenting tool, at least in my father's eyes. It was a paddle with a religious inscription, "I Need Thee Every Hour." The inscription was quite true to the reality of life in our home.

Spanking was a routine exercise in our home. My father had the idea that if you were in trouble in school you were also in trouble at home. He had this fantastic idea that the teacher was right and I was wrong. I guess he knew me and that I could take a little bit of truth and spin it into a lie. I wonder who I learned that from?

Several times I got in trouble at school, which involved a spanking down at the principal's office. The first time this happened, I well remember walking into the kitchen and

saw my father standing there holding in his hand that infamous paddle. Within a few moments, the paddle was doing its duty and I was doing the "paddle dance."

After the paddling, my father sat down with me and said, "Okay, what trouble did you get into at school requiring the principal to paddle you?"

I wished he had asked me before the paddling, because now I had no incentive whatsoever to lie. Looking back, maybe that was the whole purpose of the paddling.

I well remember one time out in the backyard, I did something requiring parental action. My father looked at me and said, "Go get me a switch. You need to be taught a lesson."

At the time, I thought it was funny, however, after the fact I could see no humor whatsoever in it. I went to get the "switch," according to my father's instructions and came back with a twig. I thought it was funny, but my father had no sense of humor about this. In a few moments, my sense of humor evaporated because

my father went and got a switch, which is a whole lot different from a twig, just ask my backside.

Ruminating over these things, I tried to figure out how many spankings I actually got during my lifetime. Let me just say, it was significant. It taught me respect for authority.

I wonder if some of these young people getting into trouble today ever had a spanking? Of course, today that is completely against PC. My father did not believe in PC, but he did believe emphatically in BS (Back Side). I think if parents today would focus more on BS than PC, things might be a lot different.

Today, people think those old-fashioned spankings represent cruel and unusual punishment. However, if you look at this generation that has not had an old-fashioned spanking, I think the evidence speaks for itself.

To spank or not to spank, that is the dilemma today. Most gravitate towards the "not to spank" aspect unaware that they are creating a lot of damage for the next generation.

I must say that my father was not too much interested in what we call "love" today. He was more interested in respecting authority. In fact, as I think about this, when you are respecting authority you are exhibiting love. People today do not know how to love because they do not know how to respect authority.

I think if some of these youngsters could spend a week with my father and his infamous "paddle" they would grow to respect authority. Unfortunately, there is no authority figure in most homes today. Even those homes that have fathers are coerced into believing the father has no real significance in the family.

All I can do is to quote a famous psychologist, "How's that working?"

Well, how is that working?

The wisest man in the world, Solomon, said, "For whom the LORD loveth he correcteth; even as a father the son in whom he delighteth" (Proverbs 3:12).

True love always corrects that which is wrong, especially in the person they love.

Dear Dr. Luauna — Amazing God & amazing people



Dear Readers,

Thank you so much for your time every week. I know you're busy as a bee, but I wanted to write and share all the GREAT things that have been happening. The Holy Spirit opened a building, right in the toughest area of San Diego, Logan Heights, also known as Barrio Logan. Its right in the heart of the city, six blocks away are the millionaires, and six blocks on the other side are gangs and the poor. (I just love it!)

We worked very hard, fixed up the building, outside and inside; a little TLC goes a long way, the doors have been opened almost seven months now. I love walking all around the area, meeting new people and inviting them out to a church service. The Holy Spirit is filling the house, and every service people are coming to Jesus. Both the rich and the poor, I have three services a week, Sunday morning at 10 a.m., Wednesday and Friday at 7 p.m. On Sundays, I start with my first service on radio at 8 a.m., on 1210 KPRZ. Then off to the church for the 10 am service.

We fixed up a stage, so we can reach people with drama productions and musical plays, I just love to write and direct plays, and at our first production 70 people gave their heart to Jesus. What a joy!

We just had our first A Touch From Above - Women of Worth - Conference, June 13, and had 81 amazing women attend. I'm so excited to see all the plans the Holy Spirit will unfold and do in the very heart of San Diego. We have cast out MANY seeds, and have been faithful for many years; it's time for our harvest.

Every week we are growing, to God be all the glory. We are watching the Holy Spirit bless the labor of our hands and feet. He is bringing in many broken and hurting men and women. Gang members are coming to Jesus! The rich doctors are coming to Jesus; lawyers are coming to Jesus, and what a privilege we get to be a part of expanding His Kingdom.

I love you, and I'm so happy to be a part of every one of your lives as you are truly a part of mine. I pray for you, my Dear Readers. You are important, and I know many go through hard times, and wonder God, "Are you there?" Yes, He is right there, I pray for you every day. I want to thank you, Readers for believing in our team; A Touch From Above, and for reading my column every week. You are amazing, and I do love you!

Please write to me, and send me your personal prayer request, our team will lift up your need in prayer. Dr. Luauna P.O. Box 2800, Ramona, CA 92065, we are here to serve you. If you would like to know more about me, and our ministry, please visit my website: ATouchFromAbove.org, and I would be so honored to have you as my friend on Facebook, I share every day a little message, let's keep in touch with each other : DrLuauna Stines, and our other Facebook Page is: A Touch From Above-Prayer Mountain. Again, Thank you so much for taking your time out to read this AMAZING little newspaper, it reaches the heart of San Diego, CA, to the beautiful little country town of Julian.

I want to leave you today with a little verse: Psalm 31:1-4 In You, O Lord, I put my trust; Let me never be ashamed; Deliver me in Your righteousness. Bow down Your ear to me, deliver me speedily; be my rock of refuge, a fortress of defense to save me. For You are my rock and my fortress; therefore, for Your name's sake, lead me and guide me. Pull me out of the net which they have secretly laid for me, for You are my strength.

God bless you, Dear Reader, and again, thank you!

In His Love & mine,
Dr. Luauna Stines



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For Health's Sake

Skin Cancer Foundation shares summer sun protection tips

Summer is right around the corner, and families will spend more time outdoors. Exposure to the sun's harmful ultraviolet (UV) rays increases the risk of skin cancer, which is why proper sun protection is essential. In fact, the sun's UV rays are responsible for about 90 percent of nonmelanoma skin cancers and 86 percent of melanomas.

"Exposure to UV radiation is directly linked to all three forms of skin cancer," said Perry Robins, MD, president of The Skin Cancer Foundation. "By adopting good sun safety habits families can enjoy summer outdoor activities without increasing their skin cancer risk."

Laughter is the Best Medicine

Mary

Sam called his wife and said to her in a weak voice, "Hey baby, I was driving to a coffee shop to meet Mary when all of a sudden, a stray dog came in the way. I tried to steer left to avoid running it down, but the car skidded due to high speed, rolled over and almost ran off the cliff. The car was hanging nose down over the cliff, as I looked down fearing impending death. I just managed to climb out of the car and save my life, just before the car fell over the cliff crashing thousands of feet below and was blown into smithereens."

Sam continued, "I was taken to a hospital. I have a broken leg, broken jaw, dislocated shoulder and several injuries on my head."

There was silence on the phone, then the wife asked, "Who is Mary?"

Have a funny joke you'd like to share with the Gazette readers? Send to: jokes@ecgazette.com or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021.

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The Skin Cancer Foundation offers the following tips to help families enjoy a sun-safe summer:

At the beach

- Use a broad spectrum sunscreen daily. For extended outdoor activity, use a water-resistant broad spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher. Reapply every two hours or after swimming or excessive sweating.

- Cover up with clothing. Look for high-UPF (Ultraviolet Protection Factor) swim shirts or rash guards, and choose bathing suits that cover more skin, like one-piece suits and long trunks. Make sure to apply and reapply sunscreen to exposed areas of the skin not covered by fabric. To help avoid missing spots apply sunscreen before putting on your bathing suit. When shopping for high-UPF clothing, look for The Skin Cancer Foundation's Seal of Recommendation.

- Avoid tanning. There is no such thing as a safe tan, because tanning itself is caused by DNA damage to the skin. In addition to increasing skin cancer risk, tanning also leads to premature skin aging, including wrinkles, leathery skin and age spots.

At summer camp

- Remind kids to seek the shade. Advise kids to play in

shaded areas to limit UV exposure. Check with counselors to see if there are adequate places for campers to seek shade during outdoor activities taking place between 10 AM and 4 PM, when UV rays are most intense.

- Dress kids in sun-protective clothing. For optimal protection from the sun, send kids to camp in sun-protective clothing. Look for tightly woven or knit, dark- or bright-colored fabrics, which offer the best protection. Don't forget wide-brimmed hats and wraparound, UV-blocking sunglasses.

- Practice sunscreen application beforehand. Teach children to apply 1 ounce (2 tablespoons, or about the size of a golf ball) of sunscreen to all exposed areas 30 minutes before outdoor activities. Remind them to cover easily missed areas such as the back of the neck and tops of the ears. If camp rules allow, ask counselors to help children reapply sunscreen every two hours, or after swimming or excessive sweating.

On the road

- Treat your vehicle to window film. Car windows don't provide complete sun protection. Though UVB radiation is effectively blocked by glass, more than 60 percent of UVA radiation can pass through windows. UV-protective film,



also known as window film, blocks out up to 99.9 percent of UV radiation. If you have window film installed, remember that it protects you only when the windows are closed. When shopping for window film, check to see if the product has The Skin Cancer Foundation's Seal of Recommendation.

- Drivers beware. Nearly 53 percent of skin cancers in the US occur on the left, or drivers' side of the body. Don't forget to apply sunscreen, particularly when spending extended time in a car that has no window film.

Additional skin cancer prevention tips

- Do not burn. At any age, a person's risk for melanoma doubles if he or she has ever had five or more sunburns.

- Keep newborns out of the sun. Sunscreen should be used on babies over the age of six months.

SHARP SENIOR PROGRAMS

The Senior Resource Center at Sharp Grossmont Hospital offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For more information, call (619) 740-4214. For other programs, call 1-800-827-4277 or visit our web site at www.sharp.com.

Free blood pressure screening

Have your blood pressure checked by a registered nurse. No appointment necessary. Open to the public. For information, call (619) 740-4214.

Sharp Grossmont Senior Resource Center, 9000 Wakarusa, La Mesa, Tues., July 7, 9:30 to 11 a.m.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, July 17, 9:30 to 11 a.m. College Avenue Senior Center, 4855 College Ave., San Diego, Tues. July 21, 11:30 a.m. to 12:30 p.m.

Prevent a Fractured Future: Exercise for Better Bones

Kristin Schulz, Sharp Grossmont physical therapist, discusses osteoporosis and the benefits of maintaining good posture to improve your health. Also learn the benefits of bone specific exercises and how to incorporate fitness into your life to improve bone health across your lifespan. Wednesday, July 8, 3:15 to 4:15 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277 or register online at www.sharp.com

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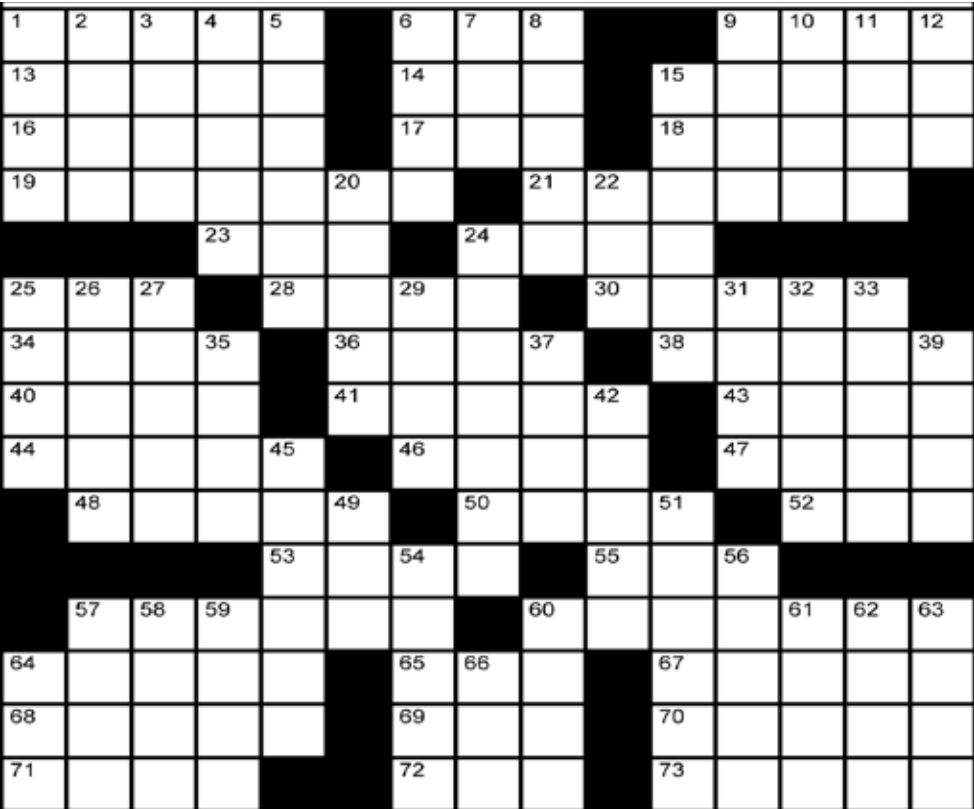
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70. Perfume obtained from flowers
71. Fail to mention
72. Compass reading
73. Unifying idea

- DOWN**
1. Ballistic missile, acr.
2. Symphony member
3. CCCP
4. Looks like
5. Imbue with soul
6. Curtis, to friends
7. *July birthday celebrant
8. Pace of music
9. Kind of cola
10. “_____ Lang Syne”
11. Highlands hillside
12. Dog command
15. Highly addictive narcotic
20. Clingy one
22. Wood-shaping tool
24. John Deere product
25. *Liberty _____
26. Type A, e.g.
27. Intimate
29. Unfledged hawk
31. Auctioneer’s quantities
32. Vienna Boys’ group
33. Popular foliage plant
35. Place at an angle
37. Indian lentil staple
39. “*_____ in the course of human events...”
42. Cherokee or Hopi, e.g.
45. In a foolhardy manner
49. Wade’s opponent
51. One tritely familiar
54. Copious
56. *Washington had wooden ones?
57. Famous boxing promoter
58. Inconclusive
59. Reason to cram
60. Fatalist’s future
61. _____ of interest
62. Sandler or Arkin
63. Greek muse’s strings
64. Exclamation of surprise
66. *Number of amendments in The Bill of Rights

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THEME: 4TH OF JULY

- ACROSS**
1. Cursor control
6. Director’s cry
9. Yellow rides
13. “A Doll’s House” playwright
14. Put into service
15. Alluring maiden
16. Thorny stems
17. Ewe’s mate
18. “Bravo! Bravo!”, e.g.
19. *First state added after 13 colonies

21. *July 4th Main Street tradition
23. Famous T-Rex
24. _____ list
25. U.K. broadcaster
28. Suggestive look
30. Nada
34. Building extensions at right angle to main building
36. Two of a kind
38. “No way, _____”
40. “_____ but don’t touch”
41. For cruising in style
43. Silly talk or writing, British
44. *Britain in the Revolutionary War
46. *State representative
47. Web _____
48. Type of flask
50. Hodgepodge
52. Akira Kurosawa’s 1985 drama
53. Fly like an eagle
55. Club alternative
57. “*The Star-Spangled Banner”
60. *Type of holiday
64. Architectural projection
65. School group
67. Intoxicating
68. Disreputable woman
69. “_____ My People Go”

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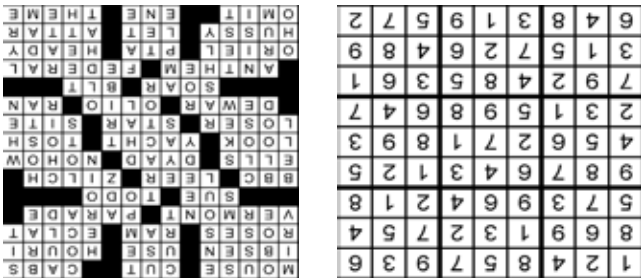
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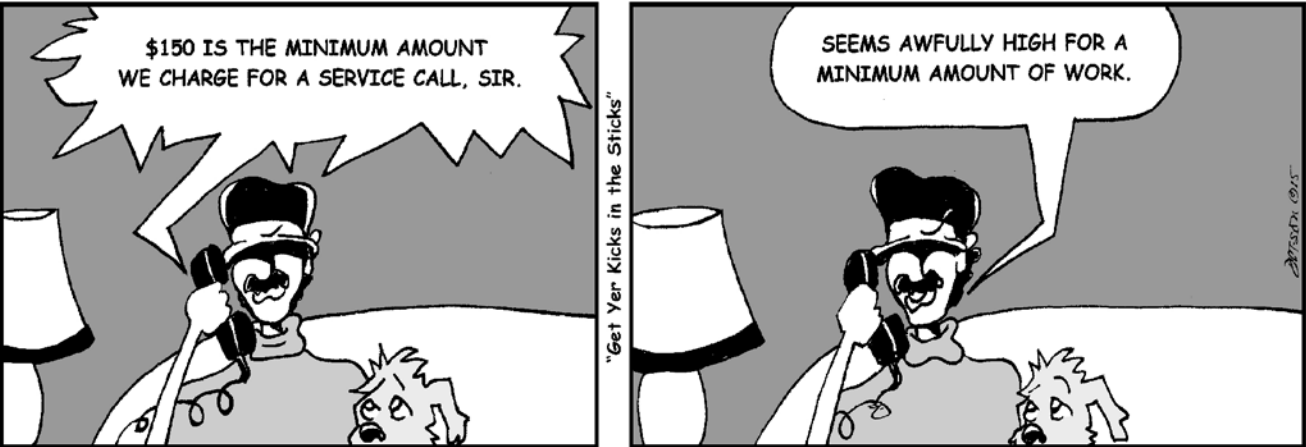
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— ENTERTAINMENT —

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Preview by Diana Saenger



JULY 3, 4 & 5, 7:30PM - Star Spangled Pops

Pops goes the Fourth! Join us for the most patriotic party in San Diego: a Symphony celebration from Stars and Stripes Forever to God Bless the U.S.A. with conductor Bill Conti, American Idol and Chula Vista native Jessica Sanchez, and fireworks!



JULY 9, 7:30PM - Pokémon: Symphonic Evolutions

Brought to life by the San Diego Symphony Orchestra accompanied by exciting visuals on giant screens, *Pokémon: Symphonic Evolutions* will take audiences of all ages on a powerful musical retrospective through the popular video game franchise's most memorable melodies.



JULY 11, 8PM - Star Trek Into Darkness

Star Trek's bigger, badder 2013 sequel, *Star Trek Into Darkness* comes to Summer Pops. Captain Kirk (Chris Pine)

and his Enterprise crew match wits with Khan (Benedict Cumberbatch) as the San Diego Symphony Orchestra performs Michael Giacchino's heart-pounding film score *LIVE*. [Meet Star Trek Michael Giacchino before the screening!](#)



JULY 17 & 18 7:30PM - Big Bad Voodoo Daddy

This joint is jumpin'! Swing... Jazz... Dixieland. Big Bad Voodoo Daddy does it all. With their cool attitude, big band sound and high energy, BBVD is sure to shake things up. Put on your dancing shoes!



JULY 24 & 25 7:30PM - Divas of Disco with Radiance

The fabulous ladies of Radiance return saluting Donna Summer, Gloria Gaynor, The Pointer Sisters and more. Ladies and gentlemen: Let's dance!



JULY 26, 8PM - WARNER BROS. PRESENTS: Bugs Bunny at the Symphony II

Bugs Bunny at the Symphony II celebrates the world's

favorite classic Looney Tunes, projected on the big screen, while the San Diego Symphony Orchestra performs their exhilarating, original Carl Stall-ing scores *LIVE*! Conducted by George Daugherty, created by George Daugherty & David Ka Lik Wong. *Note: Bugs Bunny at the Symphony II is in Ultimate Friday and Encore Friday series.*

JULY 24 7:30PM - Acura/ELS Presents Ben Folds

Between a successful solo career as singer/songwriter and his star turns leading *Ben Folds Five*, the man himself has become an alternative pop/rock legend. A classy, cutting edge night at the Summer Pops.

JULY 31 & AUGUST 1, 8 p.m. - Hooray for Hollywood!

Music and movies will go hand in hand as Summer Pops presents an evening devoted



to the magic of film. Carefully chosen clips from dozens of silver screen treasures (think



Star Wars, *James Bond*, *Psycho*) will be accompanied by beloved soundtrack gems.

For tickets or more information about these shows visit www.sandiegosymphony.org/tickets-events/2015-16-season/summerpops/

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— ENTERTAINMENT / AT THE MOVIES —

'Jurassic World' loaded with scary thrills and excitement



Ty Simpkins and Nick Robinson star in *Jurassic World*. Photo credit: Chuck Zlotnick / Universal Pictures/ Amblin Entertainment/ Legendary Pictures

by James Colt Harrison

Wow! Is this film exciting and scary? You bet! It seems the fourth film in the *Jurassic Park* series is the best of the lot. After seeing dinosaurs galore in all the other films, one would think boredom might set in, but that is not the case. Director Colin Trevorrow (*Safety Not Guaranteed*) has written a slam-bang script with long-time partner Derek Connolly, Rick Jaffa and Amanda Silver. Together they have injected humor, fright, breath-taking adventure, and science fiction into a ball-of-fire movie.

Chris Pratt, the most likeable and funny actor in films, brings charm and laughs to his role as Owen Grady, the Velociraptor trainer for the Jurassic World adventure park. Muscled up like a Navy SEAL (which he played in *Zero Dark Thirty*) with a sense of humor, Pratt has shot to overnight fame to become a mega star with his appearance in the world-wide smash film *Guardians of the Galaxy*. So he is up to playing the leading man and tough guy in *Jurassic World*.

The plot serves as the connecting bolts between action scenes. The action merges with

the frights, and the frights lead to laughs. So it all works to the audience's advantage. Director Trevorrow never lets a minute lapse without scaring the pants off the audience or giving them a thrilling, take-your-breath-away encounter with the bad, really bad, dinosaurs. This time the Godzilla of all Dinosaurs is one that has been cooked up by the park's geneticists and has the new designation of Indominus rex. He/ she / it /? is a real badass to end all such designations.

So what is the purpose of all the genetic engineering going on at the park? It's merely to

draw in more customers to the Costa Rican island that now houses Jurassic World. Big dinosaur means big box office according to Claire Dearing (the stunning Bryce Dallas Howard, real-life daughter of director Ron Howard) who is the park operations manager. With her two nephews visiting the park (Nick Robinson and Ty Simpkins) she feels confident they will get a thrill out of the attractions. The new park is owned by Simon Masrani (Irfan Khan), and an on-site member of the staff is Grady (Pratt). They all pitch in with Barry (Omar Sy) and Dr. Henry Wu (B.D. Wong, the only actor to return to the series) to overlook the animals.

There always has to be a bad guy for us to hate and that onerous task falls to actor Vincent D' Onofrio as Hoskins, head of security operations of an outside firm. His intentions are definitely not ideas that win the Nobel Peace Prize, and he is certainly a fly in the ointment who serves to give Grady something to do in the pugilistic arena.

We can't give enough praise to Industrial Light and Magic and Legacy Effects (formerly Stan Winston Studios) for all of the special effects in creating the animatronic dino-

saur. Cinematographer John Schwartzman has beautifully captured all the nuances of the 3D cameras. It is some of the best 3D and most effective seen this year.

All the plot manipulations are not what audiences really go to see the movie for, and that is action, action, action! All of the whiz-bang scenes are tolerable because they are relieved by Pratt's winning personality and humorous take on just about every disaster one can imagine. Move over Stallone and Schwarzenegger-- your replacement is al-

ready here! It's humor, fright, breath-taking adventure, and science fiction creates a ball-of-fire movie.



Jurassic World
Studio: Universal Pictures
Gazette Grade: A -
MPAA Rating: "PG-13 for intense sequences of science-fiction violence and peril
Who Should Go: Fans of the Original film, kids over 10.

History Days ...



Students are taught about tools of 'yesteryear.' Photo credit: Patt Bixby

Continued from page 4

Hands on activities included button-on-a-string, cow milking, antique engines, braiding, button sewing, wash tub laundry and other traditions from the 1900s.

One student exclaimed this is more fun than the zoo. Teachers were pleased with the interest the students showed in Lakeside history.

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— ENTERTAINMENT / AT THE MOVIES —

'Me and Earl and The Dying Girl' has heart and gloom



Olivia Cooke and Thomas Mann star in *Me and Earl and The Dying Girl*. Photo credit: Anne Marie Fox / Fox Searchlight Pictures

Review by Diana Saenger

Me and Earl and The Dying Girl hit theaters this weekend already boasting accolades having won the Audience Award and the Grand Jury Prize at this year's Sundance Film Festival. The film is yet another story of a teen afflicted with a disease and the response of those around her.

What could be a ho-hum reaction to this movie instead captures some true emotions and reactions that are credited because the filmmakers – director Alfonso Gomez-Rejon and screenwriter, Jesse Andrews (adaptation of his novel) – took a different approach to this story.

Greg (Thomas Mann) is a high school senior definitely walking through life to his own

beat. He's learned how to communicate at school by fast short phrases and zipping by so as not to engage and let someone in on his take on life. His best friend is Earl (RJ Cyler), and they've been friends for years. Rather than spend their time in trying to pick up girls, the boys have been making their own home video movies that are as quirky as they are. Greg actually starts the film as a narrator explaining things that could have just as easily been done through performance.

her begin to fade away. He's as self-deprecating as she is so they create a bond mostly around pillows (have to see it to understand.) When things get tough Greg and Earl bring their home parity movies for her to see, which delights her.

The parents in the film are just as quirky as the teens. Greg's dad is a professor who at home wears his bathrobe all the time and carries around a cat. Finally, the idea to make a film for Rachael surfaces, although throughout the film the narrator (Greg) reminds the audience that Rachael does not die. Greg gets so frustrated in trying to make something special for her; it falls apart at every endeavor.

The films' comedy and real raw emotion comes across fine,

but could have been better had we not had the narrator telling us things. Professional writers preach that you "show a story" you don't "tell" a story. Every time I heard Greg trying to explain something to the audience it took away my focus. He did very well in other scenes; I got it, the silliness overshadowing his insecurity.

I can't say I really enjoyed *Me and Earl and The Dying Girl* or that I disliked it. I appreciated the acting by teen leads Mann, Cooke and Cyler, but wouldn't recommend this for anyone under 12. Seriously

though, I don't like the title, and I think we've had enough of movies about teens dying.



Me and Earl and The Dying Girl
Studio: Fox Searchlight Pictures
Gazette Grade: C
MPAA Rating: "PG-13 for sexual content, drug material, language and some thematic elements
Who Should Go: Movie fans who enjoy eccentric characters

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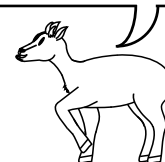
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...just being together is enough fun!



Kids:
color
stuff
in!



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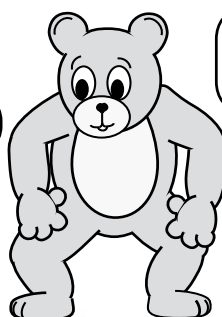
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A Celebration of Father's Day

Score!

Go-carts next!

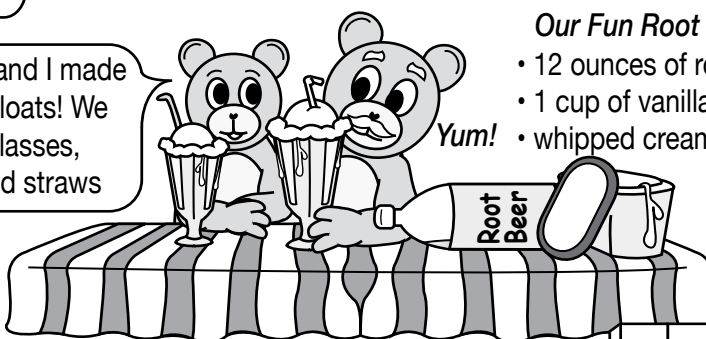


He beat me at
my own game!

Gramps and I made root beer floats! We used tall glasses, spoons and straws

**Can you fill
in the crossword
puzzle with some
of our activities?**

Yum!



Our Fun Root Beer Float Recipe

- 12 ounces of root beer
- 1 cup of vanilla ice cream
- whipped cream and cherries!

training

reading

Dad and I like action

1. _____ baseball
2. _____ a tree fort
3. _____ pinball and video games
4. _____ about our feelings
5. _____ ideas for my school project
6. _____ breakfast for Mom

7. _____ *The One and Only Ivan*
8. _____ the soapbox car we built
9. _____ our dog to obey
10. _____ in the river for supper
11. _____ the new movie *Inside Out*
12. _____ root beer floats

Every Dad has
to guide his kids
first as a Father.

Follow the color key and fill in the puzzle to see what else is nice for a Dad and his kids to be.

Color Key

B = Blue

Y = Yellow

Dad and I are reading *The Indian in the Cupboard*.

Dad and I are also:



B	Y	Y	Y	B	Y	Y	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	B	Y	Y	Y	B	Y	Y	Y	B	Y	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	Y	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	B	Y	Y	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	B	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	Y	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	B	Y	B
B	Y	B	B	B	Y	B	Y	B	B	Y	B	B	Y	B	B	B	Y	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	Y	B	Y	B	Y	B	Y	B	B	B	Y	B
B	Y	Y	B	B	Y	Y	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	B	Y	B	B	Y	Y	B	B	Y	B	B	Y	B	Y	B	Y	B	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	Y	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	Y	B
B	Y	B	B	B	Y	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	B	B	Y	B	B	Y	B	B	B	Y	B	B	Y	B	Y	B	Y	B	B	B	Y	B	B	B
B	Y	B	B	B	Y	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	Y	Y	Y	B	Y	Y	Y	B	Y	B	B	Y	B	Y	Y	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	$\begin{smallmatrix} B \\ Y \end{smallmatrix}$	Y	$\begin{smallmatrix} Y \\ B \end{smallmatrix}$	B	Y	B

Dad Was a Kid Once, Too!

- wore canvas sneakers
- gave pinches for “cooties”
- rode “wheelies” on bikes
- never had a calculator to do math
 - pinball games
- secret forts
- comic books
- played army
- drive-in theaters
- traded cards
- shot marbles

It may be hard to believe but, yes, your Dad once climbed trees. Below are things that Dads or Grandads had, used or did when they were kids! **Find and circle the underlined parts:**

What are those?

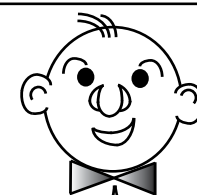
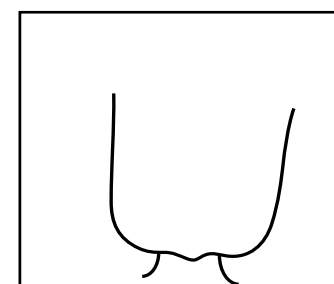
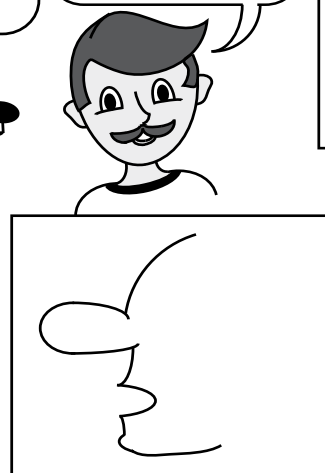
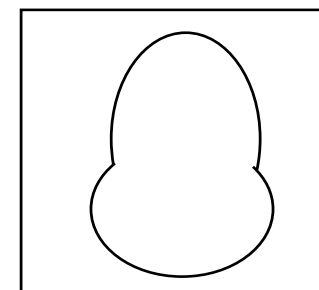
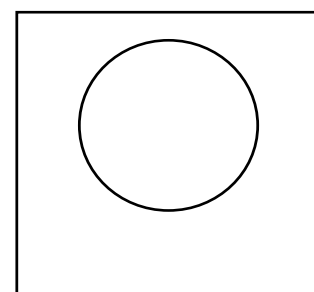
I think they are beach balls!

Yes! I am a rather handsome dude, if I may say so myself.

F	C	V	T	U	H	J	K	N	M	A	R	B	L	E	S
B	O	L	H	D	S	K	O	O	B	C	I	M	O	C	T
K	D	R	I	V	E	I	N	T	H	E	A	T	E	R	S
A	D	G	T	K	J	U	Y	H	B	G	F	R	D	S	I
R	M	J	H	S	B	I	K	E	S	K	H	D	R	E	H
M	L	P	O	I	U	H	Y	T	G	R	F	U	S	H	B
Y	R	O	T	A	L	U	C	L	A	C	H	D	I	C	A
B	I	U	Y	T	F	E	S	A	Q	O	R	G	H	N	T
M	K	J	S	E	M	A	G	D	R	A	O	B	K	I	K
S	N	E	A	K	E	R	S	J	C	L	P	O	J	P	F
K	J	N	Y	F	R	E	D	L	L	A	B	N	I	P	O

Draw a Dad or Grandfather

Every Dad and Grandfather is different! Each has his own style! **Finish these pictures to show some Dads and Grandfathers.** Think about: eyes, eyebrows, ears, mouths, noses, hair styles, and extras like glasses, hats or ties.



Yes, he gets his good looks from me!

LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

Trustee Sale No. : 00000004649711 Title Order No.: 140181804 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/16/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 10/06/2003 as Instrument No. 2003-1229450 of official records in the office of the County Recorder of SAN DIEGO County, State of CALIFORNIA. EXECUTED BY: JAMES LAGOMITZIS AND CHRISTOS LAGOMITZIS AND GEORGIA LAGOMITZIS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 06/26/2015 TIME OF SALE: 9:00 AM PLACE OF SALE: EAST COUNTY REGIONAL CENTER, 250 E. MAIN STREET, EL CAJON, CA 92020. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 962 TEATRO CIRCLE, EL CAJON, CALIFORNIA 92021 APN#: 507-270-44-10 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$275,337.26. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this property, using the file number assigned to this case 00000004649711. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately

be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AUCTION.COM, LLC 2 ONE MAUCHLY IRVINE, CA 92618 800-280-2832 www.auction.com BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP as Trustee Dated: 05/28/2015 NPP0248752 To: EAST COUNTY GAZETTE 06/04/2015, 06/11/2015, 06/18/2015

T.S. No.: 9411-8729 TSG Order No.: 00286180 A.P.N.: 514-450-40-25 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/31/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 07/19/2006 as Document No.: 2006-0506455, Book No.: na, Page No.: na, of Official Records in the office of the Recorder of San Diego County, California, executed by: SHARON K. YODER AKA SHARON K. TROTTER, A SINGLE WOMAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the attached legal description. Sale Date & Time: 07/06/2015 at 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA. The street address and other common designation, if any, of the real property described above is purported to be: 1474 GUSTAVO ST UNIT E, EL CAJON, CA 92019 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$274,693.90 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this property, using the file number assigned to this case 00000004649711. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately

be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. NBS Default Services, LLC, Nicole Rodriguez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. LEGAL DESCRIPTION THE LAND REFERRED TO HEREIN BELOW IS SITUATED IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, AND IS DESCRIBED AS FOLLOWS: A CONDOMINIUM COMPRISED OF: PARCEL 1: AN UNDIVIDED 1/85TH INTEREST IN AND TO LOT 40 OF WINDRIDGE HILLS UNIT NO. 2, IN THE CITY OF EL CAJON, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 8983, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, SEPTEMBER 25, 1978., EXCEPTING THEREFROM LIVING UNITS 1 TO 85, INCLUSIVE, AS SHOWN ON THAT CERTAIN CONDOMINIUM PLAN ENTITLED "MOUNTAIN VIEW VILLAGE PHASE 1" RECORDED MARCH 5, 1979 AS FILE NO. 79-093268 AND RE-RECORDED JANUARY 31, 1980 AS FILE NO. 80-036814, BOTH OF OFFICIAL RECORDS AND AS DEFINED IN THE DECLARATION OF COVENANTS, CONDITIONS AND RESTRICTIONS RECORDED MARCH 5, 1979 AS FILE NO. 79-093269 OF OFFICIAL RECORDS. PARCEL 2: UNIT 25, AS SHOWN ON THAT CERTAIN CONDOMINIUM PLAN REFERRED TO IN PARCEL 1 ABOVE. PARCEL 3: THE EXCLUSIVE RIGHT TO USE THE CORRESPONDINGLY NUMBERED GARAGES, PATIOS, BALCONIES AND OPEN PARKING SPACES AS SET FORTH ON THAT CERTAIN CONDOMINIUM PLAN REFERRED TO IN PARCEL 1 ABOVE. NPP0248847 To: EAST COUNTY GAZETTE 06/04/2015, 06/11/2015, 06/18/2015

T.S. No.: 9551-1663 TSG Order No.: 140073669-CA-MAI A.P.N.: 497-260-02-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 07/28/2005 as Document No.: 2005-0639598, of Official Records in the office of the Recorder of San Diego County, California, executed by: CRAIG HOWARD JOHNSON AND PAMELA ANN JOHNSON, HUSBAND AND WIFE, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan

association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 07/06/2015 at 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA. The street address and other common designation, if any, of the real property described above is purported to be: 1668 AVENIDA CHERYLITA, EL CAJON, CA 92020-7749 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$379,825.43 (Estimated) as of 06/26/2015. Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9551-1663. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. NBS Default Services, LLC, Vanessa Gomez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0249578 To: EAST COUNTY GAZETTE 06/11/2015, 06/18/2015, 06/25/2015

NOTICE OF TRUSTEE'S SALE TS No. CA-14-648024-BF Order No.: 140784639-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/18/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): LOUIS COOPER AND LISA MARIE COOPER, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 5/25/2006 as Instrument No. 2006-0372134 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 6/25/2015 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$263,875.83 The purported property address is: 891 JAMACHA RD, #10, EL CAJON, CA 92019 Assessor's Parcel No.: 514-310-17-10 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-14-648024-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale

shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-648024-BF ID-SPub #0083693 6/4/2015 6/11/2015 6/18/2015

NOTICE TO CREDITORS OF BULK SALE (UCC 6101 et seq. and B&P 24074 et seq.) Escrow No. 107-035354

NOTICE IS HEREBY GIVEN that a Bulk Sale is about to be made. The name(s) and business address(es) of the Seller(s) is/are: NEC ALPINE ENTERPRISES, INC., a California corporation, 1347 Tavern Road, Ste C1 28B, Alpine, CA 91901 Doing Business as: AHI SUSHI & GRILL All other business name(s) and address(es) used by the Seller(s) within three years as stated by the Seller(s) is/are: NONE The location in California of the chief executive office of the Seller is: Same as above The name(s) and address(es) of the Buyer(s) is/are: CHUONG HUU TRIEU, 3404 Robin Street, San Diego, CA 92115 The location and general description of the assets to be sold are the furniture, fixtures and equipment, inventory of stock, leasehold interest, leasehold improvements, goodwill, covenant not to compete, telephone and fax numbers, government licenses and permits, employee lists and information and transfer of ON-SALE BEER AND WINE - EATING PLACE LICENSE, License No. 21-503037 of that certain business known as AHI SUSHI & GRILL located at: 1347 Tavern Road, Ste C1 28B, Alpine, CA 91901. The Bulk Sale and transfer of the Alcoholic Beverage License is intended to be consummated at the office of: The Heritage Escrow Company, 2550 Fifth Avenue, Suite 136, San Diego CA 92103, and the anticipated date of sale/transfer is 7/20/15. The Bulk Sale IS NOT subject to California Uniform Commercial Code Section 6106.2, but is subject to Section 24074 of the Business and Professions Code. Claims will be accepted until Escrow Holder is notified by the Department of Alcoholic Beverage Control of the transfer of the permanent Alcoholic Beverage License to the Buyer.

As required by Sec. 24073 of the Business and Professions Code, it has been agreed between the Seller and the Buyer that the consideration for transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control. Dated: May 14, 2015 /s/ CHUONG HUU TRIEU 6/18/15 CANS-2762444# EAST COUNTY GAZETTE

FICTITIOUS BUSINESS NAME STATEMENT NO. 2015-015207

FICTITIOUS BUSINESS NAME(S): Promontory Home Health Located At: 225 West Madison Avenue, Suite 3, El Cajon, CA, 92020 This business is conducted by: A Limited Liability Company The first day of business was: 06/01/2015 This business is hereby registered by the following: 1.Promontory Home Health SD, LLC 225 West Madison Avenue, El Cajon, CA, 92020 This statement was filed with Recorder/County Clerk of San Diego County on June 08, 2015 East County Gazette- GIE030790 6/18, 6/25, 7/2, 7/9 2015

— LEGAL NOTICES —

TSG No.: 12-02395713-T TS No.: CA1400262194 FHA/VA/PMI No.: APN: 398-463-11-00 Property Address: 8427 CORDIAL ROAD EL CAJON, CA 92021 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/24/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 06/24/2015 at 10:00 A.M., VERIPRISE PROCESSING SOLUTIONS LLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 12/02/2004, as Instrument No. 2004-1138218, in book NA, page 21337, of Official Records in the office of the County Recorder of SAN DIEGO County, State of California, executed by: MARTIN ROMANO AND BONNIE ROMANO, HUSBAND AND WIFE, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA. All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 398-463-11-00 The street address and other common designation, if any, of the real property described above is purported to be: 8427 CORDIAL ROAD, EL CAJON, CA 92021 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$585,833.37. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web <http://search.nationwide-posting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA1400262194 Information about postponements that are very short in duration or that

occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: VERIPRISE PROCESSING SOLUTIONS LLC 750 Hwy 121 BYP STE 100 Lewisville, TX 75067 VERIPRISE PROCESSING SOLUTIONS LLC IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE Signature Printed Named FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0248452 To: EAST COUNTY GAZETTE 06/04/2015, 06/11/2015, 06/18/2015

APN: 514-432-06-00 TS No.: CA09000015-15-1 TO No.: 95306960 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED August 16, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On July 24, 2015 at 09:00 AM, Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on August 23, 2006 as Instrument No. 2006-0602486 of official records in the Office of the Recorder of San Diego County, California, executed by DOUGLAS P NAPIERALSKI AND, NICOLE NAPIERALSKI, HUSBAND AND WIFE, AND, JUDITH D NAPIERALSKI, A WIDOW, ALL AS JOINT TENANTS, as Trustor(s), in favor of WASHINGTON MUTUAL BANK, FA as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1448 JETHROW WAY, EL CAJON, CA 92019 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$388,244.66 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you

to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address www.Auction.com for information regarding the sale of this property, using the file number assigned to this case, CA09000015-15-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: June 4, 2015 MTC Financial Inc. dba Trustee Corps TS No. CA09000015-15-1 17100 Gillette Ave, Irvine, CA 92614 949-252-8300 TDD: 866-660-4288 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Auction.com at 800.280.2832 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. ORDER NO. CA15-001642-1, PUB DATES: 06/18/2015, 06/25/2015, 07/02/2015

APN: 400-240-25-00 T.S. No. 012079-CA NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 8/30/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 7/9/2015 at 10:30 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 9/7/2006, as Instrument No. 2006-0637507, in Book N/A, Page 9540, of Official Records in the office of the County Recorder of San Diego County, State of CALIFORNIA executed by: RAFAEL H OSEGUEDA, AND CARMY S DE LA MORA OSEGUEDA, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA 92020 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: PARCEL 2 OF PARCEL MAP NO. 6155, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, JANUARY 12, 1977 AS FILE NO. 77-282284 OF OFFICIAL RECORDS. The street address and other common designation, if any, of the real property described above is purported to be: 12545 JACKSON HILL DR EL CAJON, CA 92021-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or

implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$704,688.12 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 012079-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 Publish: 6/18/2015, 6/25/2015, 7/2/2015

NOTICE OF TRUSTEE'S SALE TS No. CA-14-619032-JP Order No.: 1619424 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/1/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): CAROL W STEVENS AND MORAG STEVENS HUSBAND AND WIFE Recorded: 3/10/2006 as Instrument No. 2006-0166120 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 7/10/2015 at 9:00 AM Place

of Sale: At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$201,779.73 The purported property address is: 15935 SPRING OAKS RD #133, EL CAJON, CA 92021 Assessor's Parcel No.: 773-960-55-27 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-619032-JP. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext.5318 Quality Loan Service Corp. TS No.: CA-14-619032-JP IDSPub #0084998 6/18/2015 6/25/2015 7/2/2015

FICTITIOUS BUSINESS NAME STATEMENT NO. 2015-015358
FICTITIOUS BUSINESS NAME(S): Aqua Tech Backflow Testing
Located At: 957 Gray Dr., El Cajon, CA, 92020
This business is conducted by: An Individual
The first day of business was: 06/08/2015
This business is hereby registered by the following: 1.Randall Roberts 957 Gray Dr., El Cajon, CA, 92020
This statement was filed with Recorder/County Clerk of San Diego County on June 09, 2015
East County Gazette- GIE030790
6/18, 6/25, 7/2, 7/9 2015

NOTICE TO CREDITORS OF BULK SALE (Secs. 6104, 6105 U.C.C.) Escrow No. 139900P-CG
NOTICE IS HEREBY GIVEN that a bulk sale is about to be made of the assets described below. The name(s) and business address(es) of the seller(s) is/are:
Premier Gourmet, LLC a California Limited Liability Company, 6062 Lake Murray Blvd Ste 105, La Mesa, CA 91942
Doing business as: Chtaura
All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: NONE
The location in California of the chief executive office of the seller(s) is: SAME AS ABOVE
The name(s) and business address of the buyer(s) is/are:
Queen's Way, Inc, a California Corporation, 6062 Lake Murray Blvd Ste 105, La Mesa, CA 91942
The assets being sold are generally described as: Business, Goodwill, Furniture, Fixtures, Equipment, and Inventory of Stock in Trade and are located at: "Chtaura" 6062 Lake Murray Blvd Ste 105 La Mesa, CA. 91942
The bulk sale is intended to be consummated at the office of: Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard, San Diego, CA 92115-4695 and the anticipated sale date is 7-7-15.
This bulk sale is not subject to California Uniform Commercial Code Section 6106.2. The name and address of the person with whom claims may be filed is: Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard, San Diego, CA 92115-4695, and the last date for filing claims by any creditor shall be 7-6-15, which is the business day before the anticipated sale date specified above.
Dated: 05/14/15
Buyer's Signature
Queen's Way, Inc, a California Corporation
By: S/ Laith Hawa, President
6/18/15
CNS-2762731#
EAST COUNTY GAZETTE

FICTITIOUS BUSINESS NAME STATEMENT NO. 2015-015256
FICTITIOUS BUSINESS NAME(S): Craft Tacos
Located At: 2601 Mercury Drive, Lemon Grove, CA, 91945
This business is conducted by: A Joint Venture
The business has not yet started
This business is hereby registered by the following: 1.Nathan Sellers 2601 Mercury Drive, Lemon Grove, CA, 91945 2.Leticia Sellers 2601 Mercury Drive, Lemon Grove, CA, 91945 3.Armando Salazar 2601 Mercury Drive, Lemon Grove, CA, 91945
This statement was filed with Recorder/County Clerk of San Diego County on June 09, 2015
East County Gazette- GIE030790
6/18, 6/25, 7/2, 7/9 2015

FICTITIOUS BUSINESS NAME STATEMENT NO. 2015-013701
FICTITIOUS BUSINESS NAME(S): a.)Sons of Anachronism b.)Proposterous c.)Green Grass-hopper Gardening d.)Bornhorst And Mayrose
Located At: 5660 Dehesa Rd, El Cajon, CA, 92019
This business is conducted by: An Individual
The first day of business was: 05/22/2015
This business is hereby registered by the following: 1.James J. Secord II 5660 Dehesa Rd, El Cajon, CA, 92019
This statement was filed with Recorder/County Clerk of San Diego County on May 22, 2015
East County Gazette- GIE030790
6/18, 6/25, 7/2, 7/9 2015

NEED TO PLACE A LEGAL NOTICE? CALL (619) 444-5774

BEST PRICES IN TOWN!

— LEGAL NOTICES —

NOTICE OF PETITION
TO ADMINISTER
ESTATE OF
WALTER D. DOTSETH
CASE NO. 37-2015-00018625-PR-PW-CTL
ROA #: 1
(IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: WALTER D. DOTSETH

A Petition for Probate has been filed by MICHAEL A. DOTSETH in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that MICHAEL A. DOTSETH be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 8-06-2015 at 1:30 pm in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: David L. Hickson, Esq., Hickson, Kipnis & Barnes, LLP, 11975 El Camino Real, Suite 200, San Diego, CA 92130, Telephone: 858-457-1100 6/11, 6/18, 6/25/15 CNS-2761286#

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
CASE NO.37-2015-00017807-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF
JESSICA ALLEN THAMER FOR CHANGE OF
NAME PETITIONER: ELHAM YONAN ALLEN
FRANSO ON BEHALF OF MINOR FOR
CHANGE OF NAME

FROM: JESSICA ALLEN THAMER
TO: JESSICA ALLEN FRANSO

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, 220 West Broadway, San Diego, CA, 92101 on July 10, 2015 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON May 28, 2015.

East County Gazette – GIE030790
6/11, 6/18, 6/25, 7/2 2015

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
CASE NO.37-2015-00016985-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF
JOYLAN ESTTAIFAN RAMMO FOR CHANGE
OF NAME PETITIONER: JOYLAN ESTTAIFAN
RAMMO FOR CHANGE OF NAME

FROM: JOYLAN ESTTAIFAN RAMMO
TO: JOLYAN ESTTAIFAN RAMMO

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, 220 West Broadway, San Diego, CA, 92101 on July 10, 2015 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON May 21, 2015.

East County Gazette – GIE030790
6/11, 6/18, 6/25, 7/2 2015

NOTICE OF PETITION
TO ADMINISTER
ESTATE OF
BUERNICE MARIAN HOBERG
CASE NO. 37-2015-00018098-PR-PW-CTL
ROA #: 1
(IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: BUERNICE MARIAN HOBERG

A Petition for Probate has been filed by MARILYN E. SELVIG in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that MARILYN E. SELVIG be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 7/7/2015 at 11:00 AM in Dept. PC1 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: D. Robert Dieringer, 4364 Bonita Rd., 461, Bonita, CA 91902, Telephone: 619-235-4357 6/11, 6/18, 6/25/15 CNS-2760416# EAST COUNTY GAZETTE

NOTICE OF PETITION
TO ADMINISTER
ESTATE OF
PHYLLIS IRENE PRODZINSKI
CASE NO. 37-2015-00000915-PR-LA-CTL
ROA #: 37
(IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: PHYLLIS IRENE PRODZINSKI

A Petition for Probate has been filed by TODD PRODZINSKI in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that TINA SENTENO be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on July 30, 2015 at 1:30 p.m. in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Merrienne E. Dean, Esq., The Dean Law Group, A.P.L.C., 3990 Old Town Avenue, Suite C-303, San Diego, CA 92110, Telephone: 619-232-8377 6/11, 6/18, 6/25/15 CNS-2761117#

EAST COUNTY GAZETTE

NOTICE OF SALE OF ABANDONED
PROPERTY

Pursuant to Sections 21701-21715 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code Located at:

LOCK & HOLD STORAGE
13670 Hwy. 8 Business
Lakeside, CA 92040
(619) 443-0960

Well sell by competitive bidding on Monday, June 22, 2015 @ 10:00 a.m. or after. The following properties: Misc. personal items, misc. household, misc. tools, tool chests, misc. furniture. There is a \$50.00 refundable cleaning deposit on all units.

A005/C025 KING, MARY &
AH09 TONYA KORNHEISER
AH25 FONDLEONCINI, COURTNEY
B012 IRVIN, CURTIS
BH03 WILKES, PAMELA
BHO8 MCGLONE, SARAH DANIELLE
BH11 VELASCO, JAVIER
CO17 EDMUNSON, JOHN
CO27 WRIGHT, GREG
CH12 WATSON, DAVID
CH15 MCCURLY, SUSAN
CH51 PEREZ, FERNANDO
DH11 CAVANAUGH, SEAN
DH22 FORD, MELANIE
DH25 BOWLER, NATHANIEL
E039 JOHNSON, CHERLY LYNN
EH41 HARRELL, MICHELE S.
EH66 BROZOWSKI, TRAVIS
DEAN, BOBBIE JEAN

Payment must be paid for at the time of purchase in "CASH ONLY". All purchased items sold as is, where is and must be removed at the time of sale. Sale subject to cancellation in the event of settlement between owner and obligated party.

East County Gazette- GIE030790
06/18/2015

Notice of sale of Abandoned Property

Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at: ACE SELF STORAGE
573 Raleigh Avenue
El Cajon, CA 92020
(619) 440-7867

By competitive bidding will sell, on July 8th 2015 at 9:30 AM or after.

The following properties: miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

F016 David Robinson
E009 Richard Harries
C015 Wendy E Dunn
H031 Timothy C Rowe/Gionis Xanthi
William K Ritch
West Coast Auctions State license bla
6401382
760-724-0423

East County Gazette- GIE030790
6/18, 6/25, 2015

SUMMONS (Family Law) NOTICE TO
RESPONDENT (Name):

Aviso al Demandado (Nombre): MONICA
MATTHEWS (aka MONICA SANDEZ
ESPINOZA)

YOU HAVE BEEN SUED.
Lo han demandando. PETITIONER'S
NAME IS: NOMBRE DEL DEMANDANTE:
FLOYD E. MATTHEWS, JR.

CASE NUMBER (Número del Caso):
ED 95795

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpca.org), or by contacting your local county bar association. Tiene 30 DÍAS DE CALENDARIOS después de haber recibido la entrega legal de esta Citación y petición, para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica o una audiencia de la corte no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales.

Para asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar a un abogado en el centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpca.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both Spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO-LAS ORDENES DE RESTRICCION SE ENCUENTRAN EN LA PAGINA 2: Las ordenes

de restricció'n estan en vigencia en cuanto a ambos conyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte de otras ordenes. Cualquier agencia del orden publico que haya recibido o visto una copia de estas ordenes puede hacerlas acatar en cualquier lugar de California.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

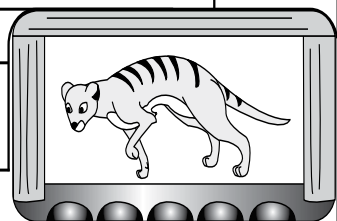
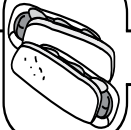
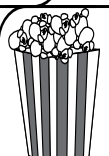
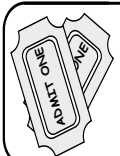
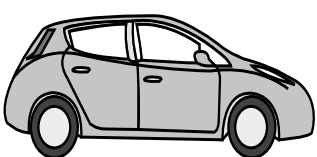
EXENCION DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte.

The name and address of the court is: (El nombre y dirección de la corte son): SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO
250 EAST MAIN STREET, EL CAJON, CA 92020

The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Garrison Klueck, CFLS

LAW & Mediation Offices of Garrison Klueck, APC
7777 Alvarado Road; Suite 413 La Mesa, CA 91942 (619) 448-6500
DATE: April 8, 2015
CLERK: S. Evosevich, Deputy
East County Gazette-GIE030790 6/11, 6/18, 6/25, 7/2 2015

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Topping the Day Off!

Forest's family is ending Dad's special day with a trip to the movies.
Help them find their way, pick up tickets, popcorn and hot dogs.

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— LEGAL NOTICES —

APN: 481-322-01-00 TS No: CA05000803-14-1 TO No: 6174980 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED January 9, 2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On July 24, 2015 at 09:00 AM, Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on January 15, 2004 as Instrument No. 2004-0032542 of official records in the Office of the Recorder of San Diego County, California, executed by JAMES WEISMANN, a MARRIED MAN AS HIS SOLE & SEPARATE PROPERTY, as Trustor(s), in favor of COUNTRYWIDE HOME LOANS, INC. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 2687 LITTLETON ROAD, EL CAJON, CA 92020 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$109,681.06 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee

Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address www.Auction.com for information regarding the sale of this property, using the file number assigned to this case, CA05000803-14-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: June 12, 2015 MTC Financial Inc. dba Trustee Corps TS No. CA05000803-14-1 17100 Gillette Ave, Irvine, CA 92614 949-252-8300 TDD: 866-660-4288 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Auction.com at 800.280.2832 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. Order No. CA15-001768-1, Pub Dates 06/18/2015, 06/25/2015, 07/02/2015

Notice of sale of Abandoned Property
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code
Located at: Ace Self Storage
9672 Winter Gardens Blvd
Lakeside, CA 92040
(619) 443-9779
Will sell, by competitive bidding, on July 8, 2015 @ 8:30 AM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:
Chrystal Ann Robertson BU041
Lauren Marie Russell BU091
Nancy M Goodknight C0030
Rita Eloise Bertrand C0048
Maria c Macias- Rodriguez or Gilbert m Diaz CU086
William K Ritch
West Coast Auctions
State license bla 6401382
760-724-0423
East County Gazette-GIE030790
6/18, 6/25, 2015

FICTITIOUS BUSINESS NAME STATEMENT NO. 2015-014852
FICTITIOUS BUSINESS NAME(S): a.)Nalu Moku Surf Company b.)Ancestry Charts
Located At: 8550 Costa Verde Blvd #5402, San Diego, CA, 92122
This business is conducted by: An Individual
The business has not yet started
This business is hereby registered by the following: 1.Jamie Gromek 8550 Costa Verde Blvd #5402, San Diego, CA, 92122
This statement was filed with Recorder/ County Clerk of San Diego County on June 04, 2015
East County Gazette- GIE030790
6/18, 6/25, 7/2, 7/9 2015

FICTITIOUS BUSINESS NAME STATEMENT NO. 2015-014626
FICTITIOUS BUSINESS NAME(S): Juniper Landscape Company
Located At:10638 Prospect Ave., Santee, CA, 92071
This business is conducted by: A Corporation
The business has not yet started
This business is hereby registered by the following: 1.Cryns Enterprises, Inc. 10638 Prospect Ave, Santee, CA, 92071
This statement was filed with Recorder/County Clerk of San Diego County on June 03, 2015
East County Gazette- GIE030790
6/18, 6/25, 7/2, 7/9 2015

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This Father's Day: Tips to balance family and work life

Professional obligations and family commitments can be at odds -- particularly for those who hold leadership positions or possess jobs with long hours. And many people learn that the hard way.

"At one point, I became quite one-dimensional. It was all work and I had little time for family or other activities," says Charles D. Morgan, CEO of PrivacyStar, who served as CEO of Acxiom Corporation from 1972 to 2008, overseeing the pioneering database marketing services and technology provider's growth from 25 employees to 7,000.

Morgan, a serial entrepreneur, reveals his work-life balance struggles in his new memoir, "Matters of Life and Data: The Remarkable Journey of a Big Data Visionary Whose Work Impacted Millions (Including You)."

While working at his first job at IBM as a systems engineer, Morgan was called back just a few days into his honeymoon due to an urgent office matter, marking the beginning of an all-consuming career. Despite ups and downs in both the professional and personal arenas, he eventually hammered out a successful career and a peaceful family life. In time for Father's Day, Morgan is sharing some insights into the eternal challenge of striking the balance between competing interests.

- While you may feel compelled to be involved in every aspect of the business, delegating tasks to the people who can do a better job than you can will benefit both you and the company. So know your strengths and weaknesses for better time management.

- Find systems that simplify operations and make things happen faster, even if it means rocking the boat. For example, when titles were eliminated at Acxiom, the cultural shift didn't make everyone happy, but in the end, the company became more efficient and flexible, giving everyone more time at the end of the day.

- No matter what you are wrestling with at work, be available for your children during the day. Make sure your kids know that they are important to you. Attend their recitals and ball games and find hob-

bies that you can share with them. Be reachable as much as possible.

More information about the book can be found at www.mattersoflifeanddata.com.

Father's Day is the perfect opportunity for those struggling with the work-life balance to think about how to streamline work to make more time for family.

(StatePoint)

NOTICE OF REGULAR MEETING / PRELIMINARY AGENDA

Thursday, July 25, 2015 / 6:00 P.M.

**Alpine Community Center,
1830 Alpine Boulevard, Alpine, CA 91901**

Archived Agendas & Minutes

<http://www.sdcounty.ca.gov/pds/Groups/Alpine.html>

County Planning & Sponsor Groups -

<http://www.sdcounty.ca.gov/pds/CommunityGroups.html>

- A. Call to Order
- B. Invocation / Pledge of Allegiance
- C. Roll Call of Members
- D. Approval of Minutes / Correspondence / Announcements

1. Approval of Minutes

i May 28, 2015 meeting - Meeting Minutes

2. ACPG Statement: The Alpine Community Planning Group was formed for the purpose of advising and assisting the Director of Planning, the Zoning Administrator, the Planning Commission and the Board of Supervisors in the preparation, amendment and implementation of community and sub-regional plans. The Alpine Community Planning Group is an advisory body only.

E. Open Discussion: Opportunity for members of the public to speak to the ACPG on any subject matter within the ACPG's jurisdiction that is not on the posted agenda.

F. Prioritization of this Meeting's Agenda Items

G. Organized / Special Presentations

1. The owner of a property at 1250 Tavern Road has previously received for a Minor Use Permit from the County of San Diego to develop a car wash on that site. The owner has requested a time extension for its Minor Use Permit (MUP12-019TE). The group will make a recommendation on the Time Extension request. **Presentation, Discussion & Action.**
2. Chris Brown will make an informational presentation on behalf of NextEra Energy regarding an energy project in East County that will include work in the general Alpine area. **Presentation, Discussion & Action.**

H. Group Business:

1. Subcommittee Chairs to submit list of subcommittee members for approval. **Discussion & Action.**

I. Consent Calendar

J. Subcommittee Reports (including Alpine Design Review Board)

K. Officer Reports

L. Open Discussion 2 (if necessary)

M. Request for Agenda Items for Upcoming Agendas

N. Approval of Expenses / Expenditures

O. Announcement of Meetings:

1. Alpine Community Planning Group – July 23, 2015
2. ACPG Subcommittees – TBD
3. Planning Commission – July 17, 2015
4. Board of Supervisors – July 21 and 22, 2015

P. Adjournment of Meeting

Group Member Email List-Serve
*membership in this email list-serve is optional for group members
acpg-members@googlegroups.com

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travislyonacpg@gmail.com

Jim Easterling - Vice Chairman
alpjim@cox.net

Leslie Perricone - Secretary
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Glenda Archer
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Kippy Thomas
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John Whalen
bonniewhelen@cox.net

Best Friends

Give a pet a forever-home — Stop by the El Cajon Animal Shelter



Rookie, one-year-old Siberian Husky male. Kennel #47



Thor, 6-month-old Pit Bull Bull mix male. Kennel #4.



Mr. Bowser, 4-year-old Beagle male. Kennel #6.



Boston, 2-year-old Mastiff/Pit Bull mix male. Kennel #46



Hero, 2-year-old Labrador/Boxer mix male. Kennel #23



Shannon, 8-year-old Long-Haired Dachshund mix female. Kennel #29



Annabelle, 2-year-old Domestic Medium Hair female. Kennel #121



Jacks, one-year-old Shepherd mix male. Kennel #50

Pet of the Week — Dottie



Dottie is a friendly and affectionate kitty who was brought to our shelter because her owner moved to a new home where pets are not allowed. Dottie is about four years old, and she's destined to be a cherished member of the family. Please visit her at the El Cajon Animal Shelter, kennel #123, in the cat room. Pet ID: 20009
Dottie is: House trained • Spayed/Neutered • Current on vaccinations, micro chipped, adoption fee \$80.00

El Cajon Animal Shelter is located at 1275 N. Marshall, El Cajon, (619) 441-1580
Hours are Tuesday through Saturday 10 a.m. to 5 p.m.

How to put the brakes on car sickness - Part 2

Repeat from last week + Part 2

With summer travel right around the corner, many of us plan on hitting the road with our pooches for a little summer fun.

Queasiness in the car is not just a human problem. Dogs and puppies do sometimes experience motion sickness on car rides. Unfortunately, car sickness can make any kind of pet travel a distressing ordeal for both dogs and their families.

There are several causes of car sickness in dogs and puppies. The most common include:

Part 2 begins

2. Reconditioning For dogs who have negative associations with riding in cars, reconditioning could be the answer. Reconditioning does take time and patience, but it really can help relax your dog.

- Drive in a different vehicle. Your dog might associate a specific vehicle with unpleasant memories.

- Take short car trips to places your dog enjoys. This will replace negative associations with positive ones.

- Gradually acclimate your dog to the car. Start by sitting with your dog in the car while the engine is off each day for a few days. When he seems

comfortable, let it idle. Once he is used to that, drive slowly around the block. Gradually progress to longer and longer trips until your dog seems comfortable driving anywhere.

- Offer your dog treats, or offer him a special toy that's just for car rides. This will make the car a fun and rewarding place to be.

3. Medication While motion sickness can be helped in natural ways for some dogs, there are cases in which medications is the only option. There are both over-the-counter and prescription medications available, including:

- Anti-nausea drugs: reduce nausea and vomiting.

- Antihistamines: lessen motion sickness, reduce drooling, and calm nerves.

- Phenothiazine: reduces vomiting and helps sedate the dog.

Caution: Always discuss any medications you plan to give your pet with your veterinarian to ensure that your dog is healthy enough to take them, will be given the correct dosage, and won't suffer any adverse effects.

4. Holistic Approach Holistic treatments are another way to go for dog parents. They really can be effective, and are worth trying. Some common



Stop car sickness

holistic choices include:

- Ginger. Ginger is used to treat nausea. Try giving your dog ginger snap cookies or ginger pills at least 30 minutes before travel.

- Peppermint, chamomile and horehound naturally help calm the stomach and nerves of your dog. These are available in pills and teas.

- Massage can help soothe and relax your pet before you travel.

As with other medications, always discuss any holistic remedies you plan to give your pet with your vet to ensure that it's appropriate and the dosage is correct.

In short, with some patience, training, or the right medications or holistic treatments, you and your dog will be able to ride safely and happily together anywhere you need to go!

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