

The wait is over — Chargers' football season is here

Chargers defeat Dallas 27-7 in first preseason game



San Diego Chargers Wide Receiver Dontrelle Inman (15) makes a 70-yard-touchdown reception as San Diego defeated Dallas 27-7 at Qualcomm Stadium See full story page 12. Photo credit: Tom Walko

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SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —

El Cajon highlights

by Monica Zech,
City of El Cajon Public
Information Officer

El Cajon Police Citizen's Academy begins in September

The El Cajon Police Department is now accepting applications for the next 2014 Citizen's Police Academy. The Citizen's Police Academy is a ten-week program that allows members of the community to learn how their police department functions. Students attending these weekly classes will see presentations from various divisions within the Police Department and participate in hands-on exercises, such as conducting traffic stops, dusting for fingerprints, and a firearms simulation.

The academy will begin on Wednesday, Sept. 3 and conclude with a graduation ceremony on Wednesday, Nov. 5. Classes will be held every Wednesday, from 6 to 8:30

p.m. at the El Cajon Police Station, in the Community Room, located at 100 Civic Center Way. Although everyone is encouraged to apply, residents and business people within the City of El Cajon will be given top priority. Applicants must be 18 years of age or older. A total of 25 students will be accepted on a first come, first served basis, pending a background check and approval. Applicants will be notified of their application status via mail by Aug. 22, 2014. An application for the Citizen's Police Academy can be downloaded at www.elcajonneighbors.org. If you are unable to download the application, they will be available at the front counter of the Police Department or one can be mailed to you. Applications must be dropped off or mailed to: El Cajon Police Department, 100 Civic Center Way, El Cajon, CA 92020. Emailed applications will not be accepted. Applications will be taken in the order received and all applications received after the first 25

will be placed on a waiting list. If you have any questions or need an application, contact Police Services Officer Samantha Scheurn at (619) 579-4227.

It's country music at the next Dinner & a Concert on Friday

At the next Dinner & a Concert, it's classic country music with "Lightning Train" on Friday, Aug. 15. This concert is from 6 to 8 p.m. at the Prescott Promenade, 201 E. Main Street. These free concerts continue through September 26. Arrive early and dine at one of the many fine restaurants in downtown El Cajon, then bring your receipt to the concert and enter to win a Taylor guitar - must be present to win. Concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at www.downtownelcajon.com, or call (619) 334-3000.

Wednesday night Cajon Classic Cruise Car Shows continue

Next week, it's "T-Buckets Galore" at the Cajon Classic Cruise car show on Wednesday, Aug. 20. See these classic cars on East Main Street between Magnolia and Claydelle Avenues, from 5 to 8 p.m. The 2014 Season of the Cajon Classic Car Shows will continue every Wednesday night through October 29 in the area of the Prescott Promenade in Downtown El Cajon, and are hosted by the Downtown

El Cajon Business Partners. For more information, visit www.downtownelcajon.com, or call (619) 334-3000.

Free community workshops on lowering your energy bills

If you are looking for ways to lower your energy bills and make your home more energy-efficient, you may be interested in attending "Home Energy Upgrade Workshops" at the Renette Park Community Center on Wednesday, Aug. 20, from 6 to 7:30 p.m. Renette Center is located at 935 S. Emerald Avenue in El Cajon. Experts from the non-profit California Center for Sustainable Energy will provide an educational presentation on home energy upgrades and incentives. To register, go to www.energycenter.org/aug20.

Get your tickets for the Haute with Heart Fashion Show on Saturday

The 37th Annual St. Madeleine Sophie's Center's Haute with Heart Fashion Show is scheduled for this coming Saturday, Aug. 16, from 10 a.m. to 2 p.m. at the Hilton San Diego Bay Front Hotel, located at 1 Park Boulevard in San Diego. Support St. Madeleine's students and the Performing and Fine Arts programs with an afternoon of "Fashion on Pointe." Event highlights include fabulous boutique shopping, traditional live and silent auctions, and opportunity drawings along with a delicious luncheon.

Proceeds raised at this event benefit all the wonderful programs St. Madeleine Sophie's Center offers to over 400 adults with developmental disabilities (e.g. autism, Down syndrome, cerebral palsy). This event will also include free parking. Registration, silent auction and boutique shopping open at 10

a.m. For more information or tickets, visit www.stmsc.org, or call (619) 442-5129, ext. 115.

Stop by the Storm Water Booth at Wells Park

On Thursday, Aug. 21, from 9 to 11 a.m., the City of El Cajon Storm Water Division will have an informational booth at Wells Park with tips for dog owners on how to properly clean-up and dispose of pet waste to help keep our parks, streets and waterways clean. Wells Park is located at 1153 E. Madison Avenue and the booth will be near the dog park area. City staff will be handing out free dog collar waste bags and pet waste scoopers. For more information, visit the Storm Water link at www.ci-el-cajon.ca.us/dept/works/stormwater.html or call (619) 441-1653.

Support local youth and celebrate Stoney's Birthday!

Help children in the East County as Stoney celebrates his 89th birthday! Reserve your tickets now for the Thursday, Aug. 21 fundraiser. This event, benefitting East County youth, will be 5:30 to 8:30 p.m. at Sycuan Resort, at 3007 Dehesa Road in El Cajon. The entry fee is \$25 per person and includes dinner and birthday cake. Enjoy great raffle prizes, as well as silent and live auction items. Visit www.stoneyskids.org for more information.

Join the Club! It's the All Fore R.E.C. Golf Tournament

Golfers! The 16th Annual All Fore R.E.C. Golf Tournament, Dinner & Auction, is Friday, Oct. 3, at Sycuan Golf Resort, 3007 Dehesa Road. The Shotgun Start is at 12 p.m. This event is presented by the City of El Cajon Recreation Department and Crest Kiwanis Club. All proceeds directly

support activities that develop youth and provide positive choices through youth activity scholarships, youth sports, recreation classes and after-school programs. To register online for golf and/or dinner, visit www.elcajonrec.org. For more information or sponsorship, please call (619) 441-1673. Register now for this fun event!

Nominations being accepted for Women In Leadership Luncheon

The East County Chamber of Commerce Annual Women in Leadership Luncheon will observe its 12th anniversary at Mission Valley's Town and Country Resort Hotel on Friday, Oct. 17, from 11:30 a.m. to 2 p.m. The luncheon honors San Diego County women, recognized by their peers as exemplary leaders. This year, Patti Perez, SPHR, Attorney at Law, and founder and President of Puente Consulting APC, will headline the program.

The Chamber is now accepting 2014 nominations in seven fields: Arts/Media/Culture; Business; Education/Academia; Hospitality; Government/Defense; Healthcare, and the Non-profit Sector. Nominees must be San Diego County residents and have demonstrated exemplary character, integrity and outstanding leadership, not only in their field, but in their community. Please take the time to nominate someone who is deserving of this honor. Visit www.eastcountychamber.org to download a nomination form and/or to purchase tickets for the Leadership luncheon.

The cost is \$70 per person. The Town & Country Hotel is located at 500 Hotel Circle North. For more information, contact the East County Chamber at (619) 440-6161.

See **DISASTER CLASSES** page 5

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The Crest-Dehesa-Granite Hills-Harbison Canyon Planning Group is accepting applications for two vacant seats in the Harbison Canyon subregion.

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Disaster Classes ...

Continued from page 5

Are your prepared – enroll in FREE Disaster Preparedness Classes

Are you and your family prepared for an earthquake, wildfire or house fire? If not, register now for our next free East County Community Emergency Response Team (CERT) Academy! We hold three academies per year and we still have space in our last CERT Academy of 2014 that begins September 20. Once an academy begins, classes are held every other Saturday from 8:30 a.m. to 12:30 p.m. To see the full schedule of classes, please visit www.heartlandfire.org. Classes are taught by members of Heartland Fire & Rescue and Santee Fire Departments. To register, call (619) 441-1737.

*Note: For information on preparing for a disaster now, visit www.readysandiego.org.

When it's hot – here's a great way to stay cool!

There are more than 100 Cool Zones throughout the County for people to use during hot days to stay cool and lower their energy bills. To find a site near you, go to www.CoolZones.org or call (800) 510-2020 and press "6."

San Diego Gas & Electric also offers this helpful map of Cool Zones around the county:

<http://www.sdge.com/tools/summer/coolzones>.

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Inspiration

Two words that changed my life

by Dr. Rev. James L. Snyder

This week is a hallmark in the lives of the Gracious Mistress of the Parsonage and me. Forty-three years ago this week, we began a journey that has just become better with each year. That is the benefit of marrying up.

Getting married was not something I had put together. Very few men put together their wedding plans. After all, that is why we get married.

It came to me rather suddenly. I was at Bible college and one morning one of the guys in the dorm said to me, "Congratulations. I just heard the good news."

I smiled and nodded my head thinking about my plans for the day. I had no idea what he was talking about and at the time I did not have the time to ask him what he was talking about.

Everybody I met that morning was congratulating me and telling me how happy they were for me. Soon I was beginning to wonder what in the world was going on. I did not have any test in any my classes yesterday so it could not be anything like that. I do not play the lottery so I could not have won the lottery. I could not think of anything I did

yesterday that would cause all of this congratulatory remarks in my direction.

Finally, when I had about as much as I could take, I asked somebody, "What is everybody congratulating me for?"

The person that I queried looked at me, broke out in laughter and said, "Man, you got to be kidding!" Then he turned around, walking away laughing every step of the way.

I went to my class, found my seat and got situated then one of the young ladies passed by, patted me on the shoulder and said, "I am so happy for you and I think it is a wonderful thing. And I know you are going to be happy for the rest of your life."

Well, I had had it. I looked at her and very firmly said, "What are you so happy about?"

"Your wedding," she said laughing, "you're getting married."

"Oh," I said, nodding my head. "Thank you very much."

Then what she said dawned on me. I looked at her and said, "I'm getting what?"

"Silly boy," she said, laugh-

ing hysterically, "it's all over campus so it must be true."

I then had to think about this situation I was in. Everybody on the campus knew I was getting married, except me. Was I still sleeping? Was this just a dream I am having?

I began to think about the events the preceding evening, and remembered a little conversation I had with the girl I was now supposed to be getting married to. In the course of our conversation, as I remembered it at the time, she said something to the effect, "Wouldn't it be great to get married?"

As I recalled the conversation, I nodded my head and said something to the effect, "Yea, I guess it would be." That was the end of the conversation as far as I was concerned, but the beginning of an ongoing conversation as far as someone else was concerned.

Why is it that the groom-to-be is always the last one to know?

Then I asked one of the girls in the hallway, "When am I getting married?" At the time, I did not have the foggiest idea.

She turned away laughing

and muttering to herself something to the effect that I had a really good sense of humor. Believe me, I was not laughing.

As it turned out, me and the young lady I was to be married to, were engaged to be married and, I do not want to pry into this point very much, the wedding dress already purchased."

As it turned out, it was the best thing that ever happened to me. Looking back over life, most of the good things that have happened to me were never of my doing. I'm convinced that is the way God works. If you are doing what you want to do, you are probably not doing what God wants you to do. At least I have developed that philosophy to this point of my life.

Some things in life I am rather good at planning, a wedding not being one of them; not even close.

After all these years, I can still remember that wonderful day when the Gracious Mistress of the Parsonage and I were united in holy matrimony. Our wedding was rather simple and the focus point of the wedding was the wedding vows. When I said, "I do" it clinched the deal and I was married and I have been doing it ever since.

I have said many words in my life, and written thousands and thousands of words, but the most important words that have changed my life were those words, "I do."

The Bible has a lot to say about marriage and husbands and wives. "Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing. Husbands, love your wives, even as Christ also loved the church, and gave himself for it" (Ephesians 5:24-25).

There are some empty words that we use every day but every once in a while we say a word or two that fills our life with joy unspeakable and full of glory.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jameessnyder2@att.net. His web site is www.jameessnyderministries.com.

Dear Dr. Luauna — Touching Heaven



Dear Friends,

There is hope, let me share with about a woman who was barren for many years, she cried out and God heard her prayers and blessed her with children. A woman who had a blood disease went to many doctors spending all her monies and only grew worse, she cried out and God heard her cry and healed her body. A father whose son had

seizures from the time he was very young, the father was so broken watching his son only grow worse, he cried out and his son was healed.

Three Hebrew boys, Shadrach, Meshach and Abednego being greatly persecuted for their faith were thrown into a fiery furnace. They cried out in prayer, God heard and delivered them from the fire. A Hebrew governor, Daniel, in the Babylonian empire was thrown into a den full of hungry lions because of a plot to get him to renounce his faith. He cried out to the Lord, every day, and while in the lion's den, God sent angels to shut the mouths of the lions. A woman bowed over for many years with a bone disease or arthritis, she was in great pain, embarrassed by her condition, she cried out and Jesus healed her.

A wife broken by the betrayal of her husband cried out, and Jesus healed their marriage of 25 years. A father broken from his son's sudden death by a drunk driver, he cried out to Jesus and found comfort. A mother cried out to Jesus for her daughter 17 years of age bound by heroin, Jesus heard her cry and delivered her daughter. A man who wept before Jesus for the deliverance of his wife's alcohol problem and restoration of their home found freedom and now a home healed by God's amazing grace.

A father and mother cried out night and day at the hospital for their son, only 7 years old, his fall from a ladder to a cement floor. His brain was filling with blood, from the Doctor's report, "It is most likely he will be like a vegetable," Jesus heard their prayers, and today he is a young man now married.

These are just a few stories of the power of prayer! Dear Readers, are you going through something that seems impossible? I can write a book about thousands of answered prayers. Nothing is too hard for Jesus. While looking at that great big moon the other night, I thought about how amazing our God is. Can you hang the moon up on nothing? Our God did. Can you give the seas their boundaries? Our God did.

As Christians, when we die, we should never find on our gravestone these words etched: "You didn't ask." Matthew 7:7; "Ask and it will be given to you; seek, and you will find; knock and it will be opened to you." Jesus is just a prayer away!

I have worked for many years with thousands of people, seeing so many needs I started a foundation called, A Touch From Above, which includes a Prayer Mountain. Twenty-five beautiful acres set apart for prayer, you can change your circumstance, set time aside, come and pray, it is a place just for you! Jesus is the same yesterday, today and forever and nothing is too hard for him. Psalm 3:1-4; "Lord, how they have increased who trouble me! Many are they who rise up against me, many are they who say of me, 'There is no help for him in God.' But You, O Lord, are a shield for me, My glory and the One who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill."

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In His Love & mine, Dr. Luauna

Order your signed copy today: 760-315-1967



Luke 13:16

So ought not this woman, being a daughter of Abraham, whom Satan has bound—think of it—for eighteen years, be loosed from this bond on the Sabbath?"

Dr. Luauna Stines

A Woman Called of God — The Tangled Web has taken a long time to come to print; it's a very difficult story to share. This is my personal journey. I bare my soul with the hope of helping millions of other women to take courage, and to remove the invisible "burqa," of religious tradition and prejudice, both of which hold many women in chains in the Christian church today.

*"Changing the world,
one soul at a time"*

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A Woman Called of God The Tangled web Dr. Luauna Stines



**A Woman
Called of
God**

**The Tangled Web
Dr. Luauna Stines**

For Health's Sake

Robin Williams' apparent suicide and its relation to depression & addiction

This past week, Robin Williams passed away of an apparent suicide. As we remember the many amazing ways in which he enriched media and culture with his comedy and acting, we should also take a look at what drove Robin's actions to his untimely death.

Robin identified as an alcoholic early in life, all the way back to his days in his hometown. As he gained celebrity status, he also came to battle with cocaine addiction. His drug and alcohol abuse

ran rampant until the death of John Belushi — also from drug addiction — in 1982, after which Robin said he remained sober for 20 years. In 2006, Robin entered rehab for drinking, and sought treatment again as recently as June of this year. Questions that come to mind to all of us:

Why did this happen, especially to someone who seems to have had everything? Alcoholism and drug addiction, as well as mood issues such as depression have genetic, physical, and

environmental triggers. There is no one single cause. A core precept of alcohol recovery is that alcoholism is a disease; you are always in recovery, never cured.

Did no one see the kind of place Robin was in? He did go into treatment multiple times. This highlights the importance not only of communicating regularly and deeply with our loved ones, but being able to identify signs and symptoms that indicate the need for care. Related to this, it is critical to have a full

continuum of care: from 24/7 help in inpatient or residential treatment environments for crises and acute situations and aftercare programs that offer ongoing support and maintain recovery.

How did the addiction and depression issues interrelate? There is concept in mental health treatment of "co-occurring disorders." A person can have depression or anxiety issues from a young age, or develop them later in life as a result of a traumatic event. Some men and women

then turn to drug abuse as a coping mechanism. That is why modern treatment focuses on addressing all elements of a person's mental health, to get at the root of the original issues. Treating only the addiction without the mental health component leads to higher rates of relapse.

Robin himself, in a 2009 interview, said he had previously failed to confront the core issues at the root of his addictions, contributing to his own return to rehab.

All mental health and addiction treatment programs offer free, confidential screenings that you should take advantage of if you feel even the slightest need, and will help you find the most appropriate care for yourself or your loved one. Inpatient programs also offer immediate services for

those battling with suicidal ideations.

This is a reminder to everyone to remember to communicate with their loved ones regularly, and seek professional care and support when it may be needed.

Pacific Grove Hospital is a leading treatment center in Riverside, specializing in mental health and addiction treatment for adults and seniors. Their main focus is to provide the highest quality care for all individuals that walk through the door. They provide multiple levels of care to meet their patients' needs including psychiatric inpatient, chemical dependency inpatient, intensive outpatient (IOP), partial hospitalization (PHP) and specialty groups for alumni and family. Their goal is to create happier, healthier lives for all those in need.

Survey reveals top 10 depression treatments

When one thinks of depression treatments, odds are, their mind immediately goes to medication. After all, it's difficult to watch TV for more than 30 minutes without seeing a commercial advocating the life-improving benefits of one pharmaceutical or another. And certainly, medication is a common, very visible, and often quite effective treatment for depression.

However it may be surprised to learn that in a survey of 4,064 people who have lived with depression or bipolar disorder, most respondents didn't rate medication among the most effective treatments that contributed to their recovery. In fact, the highest-rating medication came in at number 23!

"While the 'most effective' treatment regimen for depres-

sion is different for each patient, it's clear that a multipronged approach that goes beyond 'just' medication often works best," says Graeme Cowan, who conducted the aforementioned survey and is the author of *Back from the Brink: True Stories and Practical Help for Overcoming Depression and Bipolar Disorder* (New Harbinger Publications, Inc., 2014, ISBN: 978-1-608-82856-2, \$16.95, www.IAmBackFromTheBrink.com).

"Unfortunately, patients may not receive that information from their healthcare provider(s)—depression recovery research is heavily biased toward areas where more money can be made, with minimal attention to lifestyle and alternate approaches. And to further complicate the situation, doctors and counselors

often rely on the tools they're familiar with. If someone's holding a hammer, everything looks like a nail."

Cowan's interest in exploring a wider range of depression treatments stems from his own experience. In *Back from the Brink*, he tells the story of his multiple suicide attempts and five-year episode of severe depression. The book is filled with real stories of hope and healing, information about treatment options and medication, and tools for putting the book's lessons into practice. With a foreword by Glenn Close, the book also features interviews with people from all walks of life, including former U.S. Representative Patrick Kennedy, Google's Director of Public Policy Bob Boorstin, former NFL player Greg Montgomery, and more. A free excerpt from the book, which contains Cowan's full research results, can be downloaded from www.IAmBackFromTheBrink.com.

"My approach to recovery became extremely holistic," Cowan shares. "It involved dietary changes, meditation, exercise, intimacy with others, fulfilling work that relied on my strengths, therapy, and more—yes, including medication. While I would never discount the value and effectiveness of medication in treating many cases of depression, I do want others to know that there's much more you can do to control this disease than just getting prescriptions refilled."

Here, Cowan shines a light on 10 of the most effective depression treatments (out

of 60 total options) from his 4,064-person survey:


1. Emotional support from a psychiatrist and/or psychologist. Interestingly, the reassurance and support from mental health professionals was rated more important than the specific treatment they provided.

"I know that during my horrendous five-year depressive episode, the reassurance and support of my psychiatrist, Dr. Fisher, was paramount," Cowan shares. "This finding highlights the importance of having a good relationship with your clinician. In fact, scientific literature indicates that the quality of the relationship between clinician and patient is the best predictor of a successful outcome. So if you don't sense your professional cares about you and your recovery, no matter how technically brilliant he or she is, I recommend finding another."

2. Peer support groups. These groups are run by people who have all lived with depression, bipolar disorder, or anxiety. The members are at different stages of recovery and encourage each other to take small steps each week that assist in recovery.

"I helped run Bounce, a support group for people with mood disorders, for eight years," says Cowan. "The main benefit members reported was meeting people who really understood what they were experiencing. Like me, they learned that suffering in

See DEPRESSION page 10



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Wanted

A group of elementary school students were on a field trip to the local police station. Several of the children were fascinated by the wanted posters on the wall.

Little Billy raised his hand and asked the police officer giving them the tour who the people on the wall were.

"Those are pictures of criminals we are looking for," answered the policeman. "We call those wanted posters."

Little Billy looked puzzled. His hand shot back up into the air. "Well," he wondered, "why didn't you just keep them when you took their picture?"

Have a funny joke you'd like to share with the Gazette readers? Send to: jokes@ecgazette.com or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021. Remember to add your name and city you live in so we may give credit.

[illegible]

Out and about in the County

Through Oct. 24: "Cruz'n the Lakes" car show gears up for an exciting new season. Every week all makes models and years of automotive history cruise into Santee Lakes Park Lake #1 for a weekly car show entitled, "Cruz'n the Lakes." The 2014 runs through Friday, Oct. 24. Participants arrive for showtime at 3 p.m. every Friday afternoon and finishing each Friday evening at park closing when the sun goes down. "Cruz'n the Lakes" car show is free to attend, however there is a small car fee to enter the park. Santee Lakes Park is also a private park and therefore adult beverages are allowed.

Through September 26: "Dinner & a Concert" at the Prescott Promenade! Every Friday, It's fun music and dancing from 6 to 8 p.m. Arrive early to dine at one of the many great restaurants downtown, or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at www.downtownelcajon.com, or call (619) 334-3000.

Through Dec. 7: Modern Square Dance Class. Dance with Sundown Dancers! Free introductory classes Sept. 7, 14, 5-7 p.m.

Class on Sundays 5-7 p.m. Sept. 21 through Dec. 7, \$75. La Mesa Senior Enrichment Center, 8450 La Mesa Blvd., La Mesa No special clothing required. www.SundownSquares.blogspot.com

Aug. 15: Legends Comedy Club coming to East County San Diego. Rising Legends Entertainment and Oaks Bar & Grill present San Diego County's newest and East County's only comedy club. The new club called "Legends Comedy Club" will be located inside Oaks Bar & Grill at the Carlton Oaks Golf & Resort (9200 Inwood Dr., Santee, CA 92071).

Legends Comedy Club will be bringing affordable laughs with nationally touring comedians and local favorites every Friday and Saturday night at 9:30 p.m.

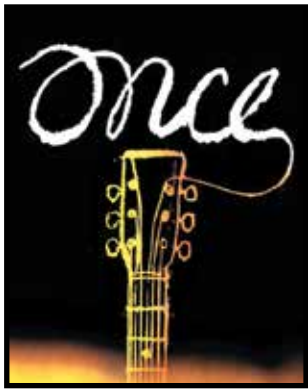
Kicking off its grand opening weekend will be the hard-hitting, phenomenally funny, Jen Kober, from "The Mindy Project," "Anger Management," "Grudge Match," and "American Reunion." Tickets will start at \$15 and may be purchased online at www.legendscomedyclub.com. For details, contact Brandon Young at (619) 606-0996 or via email at legendscomedyclub@gmail.com. *Ages 18+

Aug. 23: Charity for Hope Introduces Inaugural Golf

Tournament at Sycuan Casino. [Charity for Hope](http://CharityforHope.com), a multipurpose nonprofit, introduces its first-ever Industry Charity Golf Tournament on Saturday at [Sycuan Golf Resort](http://SycuanGolfResort.com), 3007 Dehesa Road, El Cajon, CA 92019. The event will benefit existing nonprofit charitable organizations, including but not limited to: orphanages, hospitals, disaster relief foundations, educational funds for the less advantaged. The golf tournament will include a 2-person scramble, lunch and awards reception with dinner. It will also feature many on course contests. The title sponsor of Charity for Hope's Industry Charity Golf Tournament is [Coastal Valley Insurance](http://CoastalValleyInsurance.com).

Sponsors for the Industry Charity Golf Tournament are still needed. For more information on sponsorship packages visit, CharityforHope.com/Golf or call (972) 896-5692.

Award-winning 'Once' arrives in San Diego



Stuart Ward and Dani de Waal star in *Once*. Photo credit: courtesy

Preview by Diana Saenger

ONCE, winner of eight Tony Awards including Best Musical and winner of the 2013 Grammy Award for Best Musical Theater Album, will play The San Diego Civic Theatre for a limited engagement from August 12-17, 2014. The show was also named Best Musical by the New York Drama Critics' Circle, Drama

Desk, Drama League, Outer Critics Circle and Lucille Lortel Awards, is currently running on Broadway at the Bernard B. Jacobs Theatre.

ONCE is the celebrated new musical based on the Academy Award-winning film. It's the story of an Irish musician and a Czech immigrant drawn together by their shared love of music. Over the course of one fateful week, their unexpected friendship and collaboration evolves into a powerful but complicated romance, heightened by the raw emotion of the songs they create together. Brought to the stage by an award-winning team of visionary artists and featuring an ensemble cast of gifted actor/musicians, ONCE is a musical celebration of life and love: thrilling in its originality, daring in its honesty... and unforgettable in every way.

Portraying the lead roles are Stuart Ward as 'Guy' and Dani

de Waal as 'Girl.' ONCE features the Academy Award-winning music and lyrics of Glen Hansard and Markéta Irglová, and a book by award-winning Irish playwright & screenwriter, Enda Walsh (Penelope, The New Electric Ballroom). Direction is by the acclaimed Scottish director of Black Watch, John Tiffany. Movement is by Steven Hoggett (Black Watch, American Idiot) and music supervision and orchestrations by Martin Lowe (Mamma Mia!). The set and costume design are by five-time Tony Award-winner Bob Crowley (The Coast of Utopia, Mary Poppins), lighting design is by Tony winner Natasha Katz (Aida, The Coast of Utopia), and sound design is by Clive Goodwin.

The Oscar winning independent Irish film ONCE was made for \$150,000. Shot in 17 days, it went on to gross \$20M worldwide becoming a critically acclaimed international

smash. It stars Glen Hansard, from the popular Irish Rock band The Frames, and Markéta Irglová. Glen and Markéta won the 2007 Academy Award for Best Original song for "Falling Slowly," the Los Angeles Film Critics Award for Best Music, and the soundtrack was nominated for two Grammy Awards.

ONCE is produced by Barbara Broccoli, John N. Hart Jr., Patrick Milling Smith, Frederick Zollo, Brian Carmody, Michael G. Wilson, Orin Wolf and Executive Producer Robert Cole, in association with New York Theatre Workshop.

THEATER - TO GO

Who: *Once*

When: Aug. 12 - 17

Where: Broadway San Diego, Civic Theatre Ticket Office, 3rd & B Street, downtown San Diego

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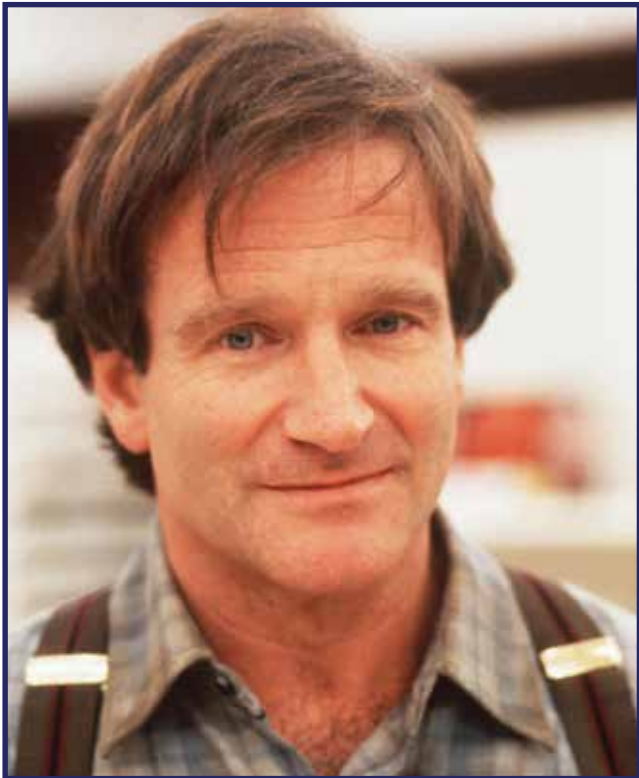
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— ENTERTAINMENT —

Commentary on Robin Williams



Robin Williams in *Jumanji*. Photo credit: TriStar Pictures

by Diana Saenger

I've been fortunate to be able to interview 100s of movie stars for my ongoing career of 20+ years. Williams was among that group. The news of his passing – and particular in the way it may have happened, dims all the lights on the theater marquees.

Preparing to interview Robin didn't take much time because every interview was a show in which he performed but evaded most questions about the film he was there to talk about. Every journalist walked away with blank note pads but aching sides from laughing.

His red carpet of work could

have encircled the world. Who from the late 1970s could forget his ingenious improvisation in *Mork & Mindy*? Or his amazing part that earned him an Academy Award in *Good Will Hunting*. Who didn't see *Mrs. Doubtfire* and not yearn to see it again? Many will never forget the wild loud voice over the radio greeting soldiers with *Good Morning Vietnam*? In *The Dead Poet's Society* his performance made an impact of movie watchers for years to come. We loved him with Whoopi Goldberg

and Billy Crystal in HBO's Comedy Central, where many of us learned he had a comic genius sense of humor.

One personal memory for me stands out. I was in San Francisco to cover the film *Jumanji*. Several of us critics were waiting for Williams to come into the room. I stepped out to make a restroom call and he was heading down the corridor towards me. I turned around to go back inside the room as he came up behind me laughing and saying "I know where

you were heading." He began to push me through the door while rubbing my stomach and his hands ran up and down my arms. My colleagues looked our way with wide eyes. I quickly disengaged from him and took my seat. Fortunately, we then had the famous Robin Williams comedy show and the focus was off of me.

Williams could play any part and bring his own identity to the role. He was a popular guest on late night shows because he was a one-man show when

avoiding the host's questions, but they loved it. His quiet moments were few, but he helped many causes including victims of 9/11, educational events, Doctors Without Borders, St. Jude Children's Research Hospital, Dogs Deserve Better and many more. He had four films still in production; no word yet if they will be released.

Robin Williams' shoes will go unfilled, but our hearts and minds will forever be full of memories of the entertainment legacy he left us.

Most effective depression treatments ...

Continued from page 7

silence just doesn't work. And many even reported that the emotional support and insight they received from the group was the most important element of their recovery."

3. Moderate and vigorous exercise. In this survey, moderate exercise was defined as 30 minutes of brisk walking four to six days per week, or the equivalent. Vigorous exercise was defined as running for 30 minutes four to six days per week, or the equivalent.

"The fact that exercise placed so highly as a treatment option isn't surprising," Cowan comments. "Research shows that a 20-minute brisk walk,

or the equivalent, significantly improves mood for up to 12 hours. Exercise also boosts energy, confidence, and perception of sexual desirability. Remember, you can't control the slings and arrows that come your way each day, but you can control your habits—including whether or not you're active."

4. Other psychotherapy. Cowan's survey defined "other psychotherapy" as "involving a process whereby the therapist helps you explore and resolve issues related to past experiences and/or your personality style."

"The causes of depression can often be traced to personality and aspects of social functioning in areas like work, relationships, and other social roles," he explains. "The goal is to understand how these factors are operating in the patient's current life situation and how they are involved in his or her depression."

5. Fulfilling work—paid or voluntary. This surprising finding reinforces a study by Gallup, which revealed that work is essential to our well-being. In fact, people with high career well-being are twice as likely to be thriving in their lives overall.

"My 15 years of experience in recruitment, outplacement, and career management fully confirm this finding," Cowan comments. "And it's important to note that when it comes to the psychological benefits of fulfilling work, a paycheck doesn't matter. In fact, an important component of my own recovery was volunteer work. The important thing is to utilize your inherent strengths. This will boost your self-esteem, give you a reason to get out of bed, and help you make fulfilling connections with others."

6. Counseling. This type of therapy is not about exploring unresolved themes; instead, it's

a practical process in which the counselor may take an educational approach.

"Counseling involves you and the counselor discussing strategies for dealing better with day-to-day life," says Cowan. "Often, that will include exploring specific problems with which you're dealing and identifying preferred solutions."

7. Emotional support from family and friends. Even if you're reluctant to discuss how you're feeling with those closest to you (and many, many people are due to depression's undeserved stigma), chances are, they've noticed changes in your mood and demeanor and would like to play a larger role in supporting you.

"Even though loved ones often feel that they are pushed away by the depressed person, this result highlights how essential their compassion and care actually are," Cowan notes. "In my experience, the vast majority of people react with genuine compassion (and often, relief!) when a loved one asks for help. And again, I simply can't overstate the value of not isolating yourself and of receiving support."

8. A good night's sleep. One of the common symptoms of depression is early wakening or a disturbance to normal sleep patterns. And for people who are depressed, getting a good night's sleep can feel like hitting the reset button.

"Regular exercise, diet, and tools like meditation can help you to experience a better night's sleep," Cowan comments. "However, you may need to seek professional help to address this issue. When I was in an acute stage of my illness, the medication that helped me to sleep was a godsend after spending so many nights staring at the ceiling."

9. Cognitive behavioral therapy (CBT). People who are suffering from depression often have an ongoing negative view of themselves and the world around them. Whether they are in the midst of a depressive episode or not, many or all of their experiences are distorted by a negative filter.

"Cognitive behavioral therapy, which is normally conducted by a psychologist, focuses on changing those negative thought patterns," explains Cowan. "It shows people how their thinking affects their moods and teaches them to think less negatively about life and about themselves. Usually, it involves doing structured homework tasks."

10. Reducing intake of alcohol and other non-prescription drugs. Many people with depression self-medicate with alcohol and other illicit drugs in order to alleviate symptoms.

"Ironically, while there can be short-term relief, excessive consumption of these drugs is ultimately unhelpful, and will spark many more problems than it solves," Cowan states.

"After trying 23 different medications, my personal view is that they can ease symptoms, but they aren't the key to long-term well-being," Cowan concludes. "So while I'm glad medication is on the survey, I'm also glad that the survey results confirm how essential it is to consider other lifestyle and treatment options."

"If you or someone you love is battling depression, I encourage you to take a holistic view of treating depression. When you integrate medicine, therapy, and lifestyle changes, you increase your odds of experiencing recovery."

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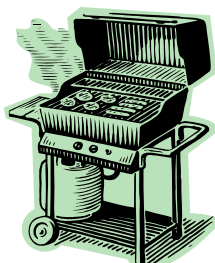
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— ENTERTAINMENT —

'The Hundred-Foot Journey' — charm and humor



Charlotte Le Bon and Manish Dayal star in *The Hundred-Foot Journey*. Photo credit: Francois Duhamel / DreamWorks II Distribution Co., LLC

by Diana Saenger

Movies that are so entertaining they earn a rousing round of applause from the moviegoers at the end and much buzz about the movie as they walk out, are hard to come by. Such was the experience as I left the *The Hundred-Foot Journey*.

This movie covers many genres including travel, competition, disappointments, success, friendship and family bonding. The story begins in India where a loving family exists in a country of chaos, under development, little opportunity and a minimal food supply.

When the family suffers a tragedy, the Kadam patriarch, Papa (Om Puri), decides to take what's left of the family to

a place where the family can exist in peace and harmony on their creative traits. They make the long journey to France — because that's where their Van breaks down — where Papa expects to open their own restaurant. After a short search they find the perfect rundown building. The problem is it's only a few hundred feet across the road from Madame Mallory's (Helen Mirren) award-winning French restaurant, Le Saule Pleureur.

As Papa keeps the family busy cleaning and remodeling their new restaurant Maison Mumbai; Madame Mallory keeps busy bugging the Mayor (Michel Blanc) to stop the building of the restaurant across the street because of various violations. However the mayor finds that hard to do because he's fallen in love

with the families Indian food, especially the dishes made by Papa's son Hassan (Manish Dayal). He's become a very talented Indian cook from learning his mother's recipes.

Hassan loves cooking, but he's also become fascinated by one of Madame's chefs, Marquerite (Charlotte Le Bon). Soon she and Hassan are spending time together riding bikes and searching for mushrooms, as each has the respect for the other's cooking talents.

Although they are totally different, Papa has his eye on Madame Mallory. Every stunt she tries to pull on them as she sees customers filling their chairs, doesn't stop Papa from dreaming. He already knows dreams can come true.

The cat and mouse plot of

the story is nothing extraordinary, yet manages to have some memorable moments like when Hassan is still fed by his mother's passion and words she once said to him, "To cook you must kill. You cook to make ghosts." I found all of the food elements highly interesting, but the movie is about more than food.

The French countryside is the perfect place for romance and Le Bon and Dayal portray their characters the way they do their popular food dishes. Begin with something simple, add a dash of spicy mystery ingredients, let it settle, than move ahead.

The admirable Mirren needs little effort to cement both the good and bad in her character. Dayal, who has made some feature films and many TV appearances, really shines here

creating a character who is romantic, passionate about his trade and loyal to his family.

Equally impressive is Om Puri. He's appeared in more than 250 films, mostly Indian films, but displays a diverse talent here that both humors and entertains.

The film is based on Richard C. Morais's novel. With a screenplay by Steven Knight, Director Lasse Hallström continues to make something

special out of a simple story. He brought engaging films such as *Chocolat*, *The Cider House Rules* (one of my favorites) *What's Eating Gilbert Grape*, *Salmon Fishing in the Yemen* and many more to the big screen.

The Hundred-Foot Journey, aided by the beautiful cinematography by Linus Sandgren (*American Hustle*) is a film many will remember the next day and advise their friends to see.



The Hundred-Foot Journey

Studio: Walt Disney Studios Motion Pictures

Gazette Grade: B+

MPAA: "PG" for thematic elements, some violence, language and brief sensuality.

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Chargers' football wait is over

by Chuck Karaszia

On a perfect night for football, and the first pre-season game of 2014, the San Diego Chargers destroyed the visiting Dallas Cowboys 27-7 to the delight of a sold out crowd at Qualcomm Stadium.

In a clean game that was fun to watch, the hometown fans were pumped as the Chargers looked impressive churning out points while holding the visitors to just seven. The Bolts bench players clearly out-performed the Cowboys bench by giving a superb overall effort.

Restricting most of their starters from playing, (Rivers made just 13-plays. This was an exhibition of second and third stringers (players 41 to 53) competing for backup roles, trying to leave an impression with the fans, coaches and staff in an attempt to solidify



San Diego Chargers Quarterback Phillip Rivers (17) poses with members of the United States Navy prior to the NFL pre-season game between the San Diego Chargers and the Dallas Cowboys. Photo credit: Tom Walko

every position on the team by providing depth for a championship run.

There are a lot of cool names on the Chargers roster to identify. We became acquainted with Seyi Ajirotutu whose pass catching and special-teams play ignited the team. He is battling for a spot on the roster. Throw in the names of LB Jerry Attaochu and free-agent DE Ricky Tjong-A-Tjoe, fans have some interesting names to pronounce but hopefully will remember their positive performances.

Chargers Head Coach Mike McCoy said about the pre-season, "We move guy's around so they get an opportunity to play the best. One of the goals is to see whether the young players are going to make that jump. You want to see the younger or newer players on the team make that next step. You tell the veterans they have to prove themselves every year. We're looking for the best 53."

Also interesting to fans on Thursday were the performances by 2014 seventh-round pick rookie WR Tevin Reese and free agent WR Dontrille Inman who played in the Canadian League. The speedster scored on a long pass catch and run in the game last week.

Branden Oliver, the free-agent rookie at 5'8", 208 lb., resembles former Chargers running back Darren Sproles. Oliver showed both speed, agility and power running for 64-yards on 7-carries, a whopping 9.1-yard average in the contest.

On their first offensive series

– with Rivers at the helm (4-for-4 passing) – methodically moved the ball down the field setting up Ryan Mathews for a touchdown run at the goal line. The Bolts' running back made it into the opponent's end zone but lost the ball en-route fumbling as it was punched away and recovered by the Cowboys to the chagrin of Chargers fans.

Collectively, the Chargers trio of quarterbacks (Rivers, Clemens, and Sorensen) completed 12-of-14 passes for 243-yards, 1-TD, throwing no interceptions.

Without the players in the trenches on the line-of-scrimage the game of football would be non-existent. The Bolts 2'nd and 3'rd team BIGS opened up gaping holes in the Cowboys defensive line and did not allow any sacks of their QB trio, giving them time to throw the ball.

The Chargers defense, led by last year's free agent LB Reggie Walker, made six tackles and shared in a sack of the Dallas quarterback. The Bolts D got to the Cowboys quarterbacks

twice in the game on sacks and also recovered a couple of forced fumbles. BIGS, with a constant quarterback pass rush, allowed the corners and defensive secondary easier coverage of the opposing receivers.

Chargers special teams performed well. Safety Darrell Stuckey relishes the opportunity of being the first man downfield tackling on punt and kick coverage.

As with a new season, come new rule changes. Most notably the referees are clamping down on eliminating defensive secondary 'mauling' of receivers on pass coverage.

First year Chargers Offensive Coordinator Frank Reich, for the first time, called plays on the sideline to the quarterback without a niche.

Next up, the Seattle Seahawks in Washington. This will be a good test for San Diego as last seasons Super Bowl winners have much more depth than the Cowboys. Temperature for game time Friday is expected to be 90 degrees with no rain in the forecast.



San Diego Chargers Running Back Donald Brown (34) escapes the grasp of Dallas Cowboys Defensive End Martez Wilson (56) on a running play. Photo credit: Tom Walko

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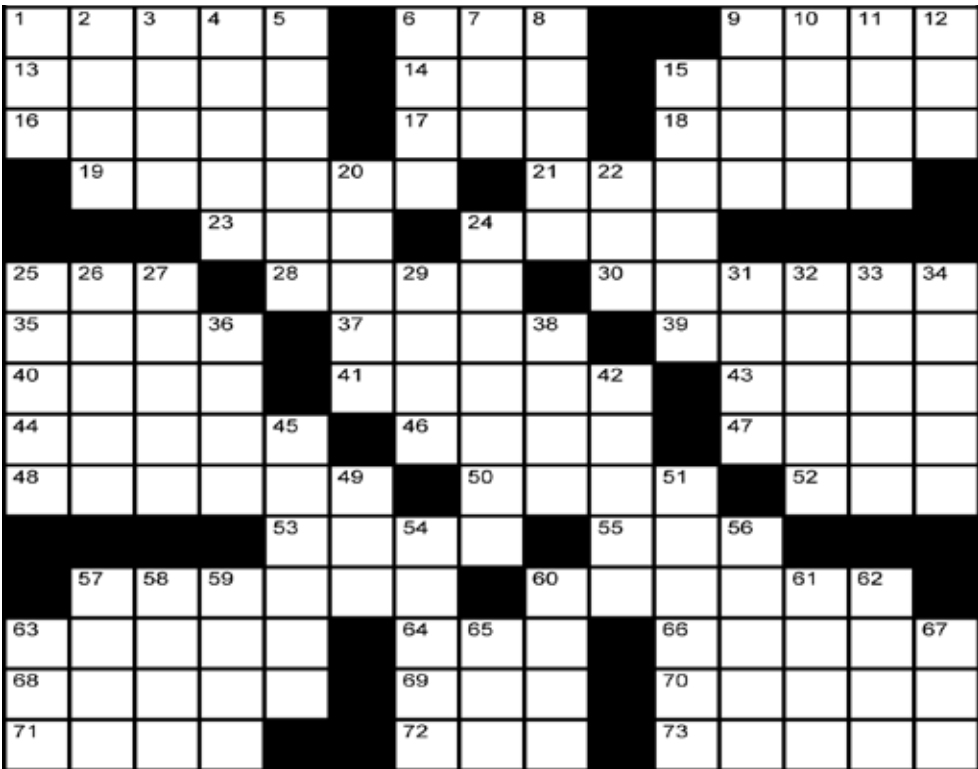
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7. Spanish river
8. Pond buildup
9. Genealogist's creation
10. *De facto capital of Switzerland
11. Anisette, for short
12. Campaigned
15. Olsen or Judd, e.g.
20. ___ circle
22. Feather glue
24. Has
25. **Gangnam Style" capital
26. Love intensely
27. Ubiquitous ground songbird
29. Slap on
31. Sainly glow
32. Crème de la crème
33. Inscribed pillar
34. *Capital of Vietnam
36. Russian autocrat
38. Not permanent
42. *Riyadh is the capital of ___ Arabia
45. *His bunker was in Berlin
49. Hawaiian dish
51. Dr. Atkins' follower, e.g.
54. Grind teeth
56. Animal catcher
57. Fender blemish
58. As far as
59. Car onomatopoeia
60. Wedding day promises
61. ___ tide
62. Additionally
63. *They drink a lot of it in London
65. Wow!
67. Exercise group

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1. TV's Donald Draper, e.g.

6. ___ of Good Feelings

9. Type of ski lift

13. *Yellow cheese eaten in Amsterdam?

14. No amount

15. *Rome's Colosseum

16. *You use it to find your way to world capitals

17. Maltese or Havanese, e.g.

18. European finch

19. Blood infection

21. *Plato's home

23. "The Joy Luck Club" author

24. Sound of bells

25. Maple syrup precursor

28. Computer application command

30. Old material, presented anew

35. Blue pencil mark

37. "___ of Eden"

39. WWII conference site

40. ___-a-daisy

41. Maneuvers

43. Bank claim

44. ___ Heep of "David Copperfield"

46. Church sanctuary

47. *Nobel Peace Prize capital

48. Talk rapidly and angrily

50. Mr. Potato Head?

52. Mai ___

53. Duds

55. Bad-mouth

57. *U2's Bono owns a hotel here

60. *Home to many great composers

63. Conical tent

64. Gone by

66. Chinese weight units

68. Keyboard key

69. Make a seam

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**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019552**
FICTITIOUS BUSINESS NAME(S): Adams Boxing
Located at: 3267 Ivanhoe Ranch Rd, El Cajon, CA, 91935
This business is conducted by: An Individual
The business has not yet started
This business is hereby registered by the following: 1.Carlos Adams 3267 Ivanhoe Ranch Rd, El Cajon, CA, 91935
This statement was filed with Recorder/County Clerk of San Diego County on July 21, 2014
East County Gazette- GIE030790
7/24, 7/31, 8/7, 8/14 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-016868**
FICTITIOUS BUSINESS NAME(S): Como La Flor Halos
Located at: 7538 Westbrook Ave., San Diego, CA, 92139
This business is conducted by: An Individual
The first day of business was: 06/19/2014
This business is hereby registered by the following: 1.Kathy V. Ramos 7538 Westbrook Ave., San Diego, CA, 92139
This statement was filed with Recorder/County Clerk of San Diego County on June 19, 2014
East County Gazette- GIE030790
7/24, 7/31, 8/7, 8/14 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019106**
FICTITIOUS BUSINESS NAME(S): Golden Fountain Apartments
Located at: 1040 E. Washington Ave., El Cajon, CA, 92020
This business is conducted by: A Trust
The business has not yet started
This business is hereby registered by the following: 1.John Edward Grooms, Trustee of the Grooms Family Trust 1650 Fuerte Knolls Lane, El Cajon, CA, 92020 2.Cynthia Ann Grooms, Trustee of the Grooms Family Trust 1650 Fuerte Knolls Lane, El Cajon, CA, 92020
This statement was filed with Recorder/County Clerk of San Diego County on July 16, 2014
East County Gazette- GIE030790
7/24, 7/31, 8/7, 8/14 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019564**
FICTITIOUS BUSINESS NAME(S): THE A TEAM
Located at: 10620 Treena St, San Diego, CA, 92131
This business is conducted by: A Corporation
The business has not yet started
This business is hereby registered by the following: 1.Apex Marketing, Inc. 10620 Treena St, San Diego, CA, 92131
This statement was filed with Recorder/County Clerk of San Diego County on July 21, 2014
East County Gazette- GIE030790
7/31, 8/7, 8/14, 8/21 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-020448**
FICTITIOUS BUSINESS NAME(S): Hartwell Auto Works
Located at: 11641 Riverside Dr. #104, Lakeside, CA, 92040
This business is conducted by: A General Partnership
The business has not yet started:
This business is hereby registered by the following: 1.Edwin E. Hartwell III 267 Sunnybrook Ln., El Cajon, CA, 92021 2.Galin R. Crist 267 Sunnybrook Ln., El Cajon, CA, 92021
This statement was filed with Recorder/County Clerk of San Diego County on July 30, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-020709**
FICTITIOUS BUSINESS NAME(S): E&K Nursery
Located at: 1317 Washington Street, Ramona, CA, 92065
This business is conducted by: A Married Couple
The first day of business was: 07/01/1978
This business is hereby registered by the following: 1.Eldon V. Mahan 1317 Washington Street, Ramona, CA, 92065 2.Karen K. Mahan 1317 Washington Street, Ramona, CA, 92065
This statement was filed with Recorder/County Clerk of San Diego County on August 01, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019752**
FICTITIOUS BUSINESS NAME(S): Collins Courier Service
Located at: 12616 Lakeshore Dr., Lakeside, CA, 92040
This business is conducted by: An Individual
The business has not yet started
This business is hereby registered by the following: 1.Kevin Patrick Collins 12616 Lakeshore Dr, Lakeside, CA, 92040
This statement was filed with Recorder/County Clerk of San Diego County on July 23, 2014
East County Gazette- GIE030790
7/31, 8/7, 8/14, 8/21 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019685**
FICTITIOUS BUSINESS NAME(S): Moreno Concrete Pumping
Located at: 5757 Cumberland St., San Diego, CA, 92139
This business is conducted by: An Individual
The business has not yet started:
This business is hereby registered by the following: 1.Jose J. Moreno 1384 Roxanne Dr., El Cajon, CA, 92021
This statement was filed with Recorder/County Clerk of San Diego County on July 22, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-017933**
FICTITIOUS BUSINESS NAME(S): California Sentiments
Located at: 1778 E. Chase Ave., El Cajon, CA, 92020
This business is conducted by: A Corporation
The business has not yet started:
This business is hereby registered by the following: 1.D&T Clyde Inc., 1778 E. Chase Ave., El Cajon, CA, 92020
This statement was filed with Recorder/County Clerk of San Diego County on July 01, 2014
East County Gazette- GIE030790
7/31, 8/7, 8/14, 8/21 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019138**
FICTITIOUS BUSINESS NAME(S): Recon Techs San Diego
Located at: 9645 Ramsgate Way, Santee, CA, 92071
This business is conducted by: An Individual
The first day of business was: 07/16/2014
This business is hereby registered by the following: 1.Brett Berry 9645 Ramsgate Way, Santee, CA, 92071
This statement was filed with Recorder/County Clerk of San Diego County on July 16, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-020185**
FICTITIOUS BUSINESS NAME(S): El Rancho
Located at: 8001 Mission Gorge Rd, Santee, CA, 92071
This business is conducted by: An Individual
The first day of business was: 07/26/2014
This business is hereby registered by the following: 1.Robert B. Ryan 1474 Idaho Ave, Escondido, CA, 92071
This statement was filed with Recorder/County Clerk of San Diego County on July 28, 2014
East County Gazette- GIE030790
7/31, 8/7, 8/14, 8/21 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-017851**
FICTITIOUS BUSINESS NAME(S): iDesign-Media
Located at: 2650 Jamacha Rd #147-133, El Cajon, CA, 92019
This business is conducted by: A General Partnership
The first day of business was: 05/28/2009
This business is hereby registered by the following: 1.Ellie Kolahzadeh 2650 Jamacha Rd #147-133, El Cajon, CA, 92019 2. Cain M. Gillis 2650 Jamacha Rd #147-133, El Cajon, CA, 92019
This statement was filed with Recorder/County Clerk of San Diego County on July 01, 2014
East County Gazette- GIE030790
7/31, 8/7, 8/14, 8/21 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-020793**
FICTITIOUS BUSINESS NAME(S): Brothers' Giant Pizza
Located at: 6690 Mission Gorge Rd #1, San Diego, CA, 92120
This business is conducted by: An Individual
The business has not yet started
This business is hereby registered by the following: 1.Mario Cholagh 1162. N Cuyamaca St. #2, El Cajon, CA, 92020
This statement was filed with Recorder/County Clerk of San Diego County on August 04, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019466**
FICTITIOUS BUSINESS NAME(S): Western Elite Transport
Located at: 10115 Timberlane Way, Santee, CA, 92071
This business is conducted by: An Individual
The business has not yet started:
This business is hereby registered by the following: 1.Joseph Rodriguez 10115 Timberlane Way, Santee, CA, 92071
This statement was filed with Recorder/County Clerk of San Diego County on July 18, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-018676**
FICTITIOUS BUSINESS NAME(S): Purposeful Ingredients with Erica
Located at: 3557 Via Palma, La Mesa, CA, 91941
This business is conducted by: An Individual
The first day of business was: 06/01/2014
This business is hereby registered by the following: 1.Erica Yenter 3557 Via Palma, La Mesa, CA, 91941
This statement was filed with Recorder/County Clerk of San Diego County on July 10, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-021398**
FICTITIOUS BUSINESS NAME(S): The Copper Feather
Located at: 9506 Galston Dr., Santee, CA, 92071
This business is conducted by: An Individual
The first day of business was: 02/21/2014
This business is hereby registered by the following: 1.Amy E. Telléz 9506 Galston Dr, Santee, CA, 92071
This statement was filed with Recorder/County Clerk of San Diego County on August 08, 2014
East County Gazette- GIE030790
8/14, 8/21, 8/28, 9/4 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-021664**
FICTITIOUS BUSINESS NAME(S): Vast Money Entertainment
Located at: 7614 Shadyglade Ln, San Diego, CA, 92114
This business is conducted by: An Individual
The first day of business was: 07/23/2014
This business is hereby registered by the following: 1.Vincent Lee Webb Jr. 7614 Shadyglade Ln, San Diego, CA, 92114
This statement was filed with Recorder/County Clerk of San Diego County on August 12, 2014
East County Gazette- GIE030790
8/14, 8/21, 8/28, 9/4 2014

Notice of sale of Abandoned Property
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code
Ace Self Storage
Located at: 11852 Campo Road
Spring Valley, CA 91978
(619) 670-1100

Will sell, by competitive bidding, on AUGUST 26, 2014 at 2:00PM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:
B2001 TOBEE MICHELLE ESPINOZA
C1024 CHARLES MICHAEL HARVEY
C2070 ARI STROM & HOLLY RICKER
C2105 CHRIS LAVERDIERE
C2014 TERI MCILRATH &STEVE BULTEZ
East County Gazette- GIE030790
8/7, 8/14, 2014

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2014-00025332-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF NGUYEN ANH THU HUYNH & HUYNH ANH THI NGUYEN FOR CHANGES OF NAME
PETITIONER: ANTHONY JOHN EGIDI & THI HONG THAM NGUYEN ON BEHALF OF MINORS FOR CHANGES OF NAME
FROM: NGUYEN ANH THU HUYNH
TO: ANNA THU EGIDI
FROM: HUYNH ANH THI NGUYEN
TO: TIANA EGIDI

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on September 12, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 30, 2014.
East County Gazette – GIE030790
8/7, 8/14, 8/21, 8/28 2014

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2014-00019025-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF MARY GAZALA HERMEZ & MIRNA WARINA HERMEZ FOR CHANGES OF NAME
PETITIONER: GEORGE HERMEZ & NAJAT DANYAL ON BEHALF OF MINORS FOR CHANGES OF NAME
FROM: MARY GAZALA HERMEZ
TO: MARY GEORGE HERMEZ
FROM: MIRNA WARINA HERMEZ
TO: MIRNA GEORGE HERMEZ
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 330 W. BROADWAY, SAN DIEGO, CA, 92101 on September 05, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 1, 2014.
East County Gazette – GIE030790
8/7, 8/14, 8/21, 8/28 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-019615**
FICTITIOUS BUSINESS NAME(S): Tech Focus Solutions
Located at:1275 Marline Avenue, El Cajon, CA, 92021
This business is conducted by: An Individual
The first day of business was: 07/21/2014
This business is hereby registered by the following: 1.Darren Blake Swagerty 1275 Marline Ave, El Cajon, CA, 92021
This statement was filed with Recorder/County Clerk of San Diego County on July 21, 2014
East County Gazette- GIE030790
8/14, 8/21, 8/28, 9/4 2014

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2014-00023707-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF HANNAH LORRAINE REILLY FOR CHANGE OF NAME
PETITIONER: EMILY L. CLARK & JOSEPH M. CLARK ON BEHALF OF MINOR FOR CHANGE OF
FROM: HANNAH LORRAINE REILLY
TO: HANNAH LORRAINE CLARK
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on September 5, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 14, 2014.
East County Gazette – GIE030790
7/24, 7/31, 8/7, 8/14 2014

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2014-00023716-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF SAMAR ISMAEEL JAMEEL FOR CHANGE OF NAME
PETITIONER: ISMAEEL YADAGO, HANAA SHAIA ON BEHALF OF MINOR FOR CHANGE OF NAME
FROM: SAMAR ISMAEEL JAMEEL
TO: SAMAR ISMAEEL YADAGO
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on AUGUST 29, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 14, 2014.
East County Gazette – GIE030790
7/24, 7/31, 8/7, 8/14 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-021452**
FICTITIOUS BUSINESS NAME(S): MAS Star Trucking
Located at: 3245 University Ave Suite #1502, San Diego, CA, 92104
This business is conducted by: A Limited Liability Company
The first day of business was: 08/01/2014
This business is hereby registered by the following: 1.MAS Star Trucking, LLC 3245 University Ave Suite #1502, San Diego, CA, 92104
This statement was filed with Recorder/County Clerk of San Diego County on August 11, 2014
East County Gazette- GIE030790
8/14, 8/21, 8/28, 9/4 2014

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2014-00016955-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF COURTNEY LEE MCILRATH & ISABELLA ROSE RUSHTON FOR CHANGES OF NAME
PETITIONER COURTNEY MCILRATH & ON BEHALF OF MINOR FOR CHANGE OF NAME
FROM: COURTNEY LEE MCILRATH
TO: COURTNEY LEE MEZA
FROM: ISABELLA ROSE RUSHTON
TO: ISABELLA ROSE MEZA
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on August 29, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 18, 2014.
East County Gazette – GIE030790
7/24, 7/31, 8/7, 8/14 2014

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2014-00024354-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF EVEN NAZAR KORKEES & ESTIVAN NAZAR KORKEES FOR CHANGES OF NAME
PETITIONER: NAZAR AYRAMIA & HEATHER POLIZA ON BEHALF OF MINORS FOR CHANGES OF NAME
FROM: EVEN NAZAR KORKEES
TO: EVEN NAZAR AYRAMIA
FROM: ESTIVAN NAZAR KORKEES
TO: ESTIVAN NAZAR AYRAMIA
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on September 05, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 22, 2014.
East County Gazette – GIE030790
7/31, 8/7, 8/14, 8/21 2014

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2014-020428**
FICTITIOUS BUSINESS NAME(S): Sunrise Peak
Located at: 4724 Austin Dr., San Diego, CA, 92115
This business is conducted by: An Individual
The first day of business was: 07/01/2014
This business is hereby registered by the following: 1.Elizabeth A. Mitchell 4724 Austin Dr., San Diego, CA, 92115
This statement was filed with Recorder/County Clerk of San Diego County on July 30, 2014
East County Gazette- GIE030790
8/7, 8/14, 8/21, 8/28 2014

LEGAL NOTICES

LOAN: 0314 OTHER: 05812411 FILE:7949 JAN A.P. NUMBER 654-100-33-00 Multi language summary will be attached to the mailings and postings. NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED March 6, 2003, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that STATEWIDE RECONVEYANCE GROUP INC., DBA STATEWIDE FORECLOSURE SERVICES, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by RODOLFO REYES AND ELMA A. REYES, HUSBAND AND WIFE AS JOINT TENANTS Recorded on 04/11/2003 as Instrument No. 2003-0414679 in Book Page of Official records in the office of the County Recorder of SAN DIEGO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 01/07/2011 in Book, Page, as Instrument No. 2011-0014598 of said Official Records, WILL SELL on 09/04/2014 at AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE 250 E. MAIN STREET EL CAJON, CA at 10:00 A.M. AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. Declaration pursuant to applicable provisions of the California civil code, including section 2923.5 et seq, was recorded with the Notice of Default referenced above. The Lender has declared that all due diligence and compliance has been met. The property address and other common designation, if any, of the real property described above is purported to be: 29075 HIGHWAY 94 CAMPO, CA The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of initial publication of the Notice of Sale is: \$228,290.54 In addition to cash, the Trustee will accept a cashier's check drawn on a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. Dated: 08/05/2014 STATEWIDE RECONVEYANCE GROUP INC., as said Trustee DBA STATEWIDE FORECLOSURE SERVICES 809 BOWSPRIT RD., #105 CHULA VISTA, CA, 91914 (619)466-6530 www.priorityposting.com (714)573-1965 By: JANET (EDWARDS) JUAREZ TRUSTEE SALE OFFICER As required by law, you are hereby notified that a negative credit record may be submitted to a credit reporting agency, by the Lender, should you fail to fulfill the terms of your credit obligations. If you have previously been discharged through a bankruptcy, you may have been released of personal liability for this loan, in which case, this notice is intended to exercise the note holder's rights against their real and/or personal property as applicable. Sale information may be obtained, when available, at www.statewiderecon.com. For the most accurate and up to date information, you must attend the sale. Hold harmless applied to Statewide, its employees and/or agents. Said sale will be made in an "as is" condition. Sale funds must be in cashier's check(s) payable to Statewide. Should the Trustee deem they are unable to convey Title, for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no other recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the funds paid. The Purchaser shall

have no further recourse against the Lender/ Mortgage Holder and/or the Trustee. We are assisting the Lender in the collection of a debt and any information obtained, whether received orally or in writing, may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are, or may be, responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy, to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, call (619) 466-6530 or fax 619-698-4912 or visit the internet website at www.statewiderecon.com for information regarding the sale of this property, using the file number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet web site. The best way to determine sale results and/or postponement information is to attend the scheduled sale. P1107261 8/14, 8/21, 08/28/2014

APN: 606-058-03-00 AND 606-058-04-00 TS No: CA01000105-14 TO No: 95304444 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED October 4, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 8, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, Special Default Services, Inc., as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on October 21, 2005 as Instrument No. 2005-0916299 of official records in the Office of the Recorder of San Diego County, California, executed by EDWARD WILLIAM BUSTIN III, A SINGLE MAN, as Trustor(s), FIRST FRANKLIN A DIVISION OF NAT CITY BANK OF IN as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: PARCEL A: LOTS 14 AND 15, BLOCK J OF LAKE MORENA OAK SHORES UNIT NO.2, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 2320, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, JUNE 18, 1946. PARCEL B: LOT 16, BLOCK J, OF LAKE MORENA OAK SHORES UNIT NO.2, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 2320, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, JUNE 18, 1946. ASSESSOR'S PARCEL NUMBERS: 606-058-03-00 AND 606-058-04-00 The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 29563 LILIC DRIVE, CAMPO, CA 91906 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the

remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$108,419.47 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address on the previous page for information regarding the sale of this property, using the file number assigned to this case, CA01000105-14. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 8/6/2014 Special Default Services, Inc., as Duly Appointed Successor Trustee TS No. CA01000105-14 17272 Red Hill Avenue Irvine, CA 92614, (844) 706-4182 Lisa Rohrbacher, Trustee Sales Officer SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Priority Posting and Publishing at 714-573-1965 SPECIAL DEFAULT SERVICES, INC. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P1107263 8/14, 8/21, 08/28/2014

APN: 481-322-01-00 TS No: CA05000803-14-1-FT TO No: 6174980 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED January 9, 2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU

SHOULD CONTACT A LAWYER. On September 2, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on January 15, 2004, as Instrument No. 2004-0032542, of official records in the Office of the Recorder of San Diego County, California, executed by JAMES WEISMANN, A MARRIED MAN AS HIS SOLE & SEPARATE PROPERTY, as Trustor(s), in favor of COUNTRYWIDE HOME LOANS, INC. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 2687 LITTLETON ROAD, EL CAJON, CA 92020 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$95,332.06 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number

assigned to this case, CA05000803-14-1-FT. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: July 29, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA05000803-14-1-FT 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Priority Posting and Publishing At 714-573-1965 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P1106000 8/7, 8/14, 08/21/2014

T.S. No. 14-28170 APN: 514-370-04-30 Loan Number: 0265314 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/14/2000. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the herein-after described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: LARRY DEAN BRATTON, AN UN-MARRIED MAN Duly Appointed Trustee: LAW OFFICES OF LES ZIEVE Deed of Trust recorded 3/22/2000 as Instrument No. 2000-0145451 in book, page of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 8/28/2014 at 10:30 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA 92020

Estimated amount of unpaid balance and other charges: \$109,252.46 Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 917 AMISTAD CT B EL CAJON, CA 92019 Described as follows: As more fully described in said Deed of Trust A.P.N #: 514-370-04-30

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can

receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com, using the file number assigned to this case 14-28170. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: 8/4/2014 Law Offices of Les Zieve, as Trustee 30 Corporate Park, Suite 450 Irvine, CA 92606 For Non-Automated Sale Information, call: (714) 848-7920 For Sale Information: (714) 848-9272 www.elitepostandpub.com THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE. EPP 9849 East County Gazette-GIE030790 8/7, 8/14, 8/21/2014.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2014-00026537-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF FRANCE SADEER BUTRUS & YOUSIF SADEER BUTRUS & SAVYO SADEER BUTRUS & CHRISTINA MARY YOUNUS FOR CHANGES OF NAME
PETITIONER: SADEER BUTRUS KOZA & SUSAN JOUSIF KOZA ON BEHALF OF MINORS FOR CHANGES OF NAME
FROM: FRANCE SADEER BUTRUS TO: FRANCE SADEER KOZA
FROM: YOUSIF SADEER BUTRUS TO: YOUSIF SADEER KOZA
FROM: SAVYO SADEER BUTRUS TO: SAVYO SADEER KOZA
FROM: CHRISTINA MARY YOUNUS TO: CHRISTINA SADEER KOZA

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on September 26, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 08, 2014.

East County Gazette - GIE030790 8/14, 8/21, 8/28, 9/4 2014

Need to run a Fictitious Business Name Statement? Name Change? Summons? We have the best prices in town! Call us today! (619) 444-5774

LEGAL NOTICES

NOTICE OF TRUSTEE'S SALE TS No. CA-13-589405-JP Order No.: 130167641-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/28/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JOHN EASTLICK AND DORIS E EASTLICK, HUSBAND AND WIFE, AS JOINT TENANTS Recorded: 4/6/2006 as Instrument No. 2006-0237164 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 8/21/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$747,528.99 The purported property address is: 500 LA CRESTA BOULEVARD, EL CAJON, CA 92021-3812 Legal Description: Please be advised that the legal description set forth on the Deed of Trust is in error. The legal description of the property secured by the Deed of Trust is more properly set forth and made part of Exhibit "A" as attached hereto. Assessor's Parcel No.: 401-130-44-00 Parcel 1: That portion of lot 1 in section 34, township 15 south, range 1 east, san bernardino meridian, in the county of san diego, state of california, according to official plat thereof, described as follows: Beginning at the most northerly corner of said lot 1; thence along the northwesterly line of said lot 1, south 50° 50' 10" west, 232.76 feet; thence south 36° 11' 26" east, 196.37 feet to a line which is parallel with and 20.00 feet at right angles northwesterly of the southeasterly line of land described in parcel 1 in deed to robert j. krell, et ux, recorded september 18, 1964 as file No. 170866, official records; thence at right angles to said southeasterly line south 51° 06' 20" east 20.00 feet to the southeasterly line of said krell's land; thence along the southeasterly line north 38° 53' 40" east, 67.00 feet to the easterly line of said section 34; thence along said easterly line north 01° 29' 00" east 265.98 feet to the point of beginning. Parcel 1A: A right of way for road purposes over and across a strip of loan 40.00 feet in width lying within lots 1 and 2 in section 34, township 15 south, range 1 east, san bernardino meridian, in the county of san diego, state of california, according to official plat thereof, as said easement is described in parcel 2 in deed to robert j. krell, et ux, recorded september 18, 1964 as file No. 170866, official records. Parcel 2: That portion of land lying between the southeasterly lines of lot 48 of the subdivision of the "S" tract of rancho el cajon, in the county of san diego, state of california, according to map thereof filed in the office of the county recorder of san diego county, state of california, in book 170, page 71 of deeds, as said southeasterly lines are established and shown on record of surveys No's. 3321, recorded on march 17, 1954 as document No. 34241; and 8013, recorded on july 10, 1975 as file No. 75-178665, described as follows: Beginning at the intersection of the east line of section 34, township 15 south, range 1 east, san bernardino meridian, according to official plat thereof, and the southeasterly line of said lot 48 as said southeasterly line is shown on sheet 12 of 15 sheets of said record of survey No. 8013; thence south 1° 06' 38" west, along said east line of section 34, 153.10 feet to the axle shown on said record of survey

No's. 8013 and 3321; thence south 50° 50' 10" west, 232.76 feet along the southeasterly line of said lot 48 as said southeasterly line is shown on said record of survey No. 3321, said southeasterly line also being the northwesterly line of that land described in parcel 1 in deed to thomas L. eastlick, et al, recorded on december 17, 1968 as file No. 220786, to the most westerly point of said thomas L. eastlick land; thence north 36° 11' 26" west, 103.00 feet to the southeasterly line of said lot 48 as said southeasterly line is shown on said record of survey No. 8013; thence north 48° 23' 23" east, along the southeasterly line, 326.69 feet to the point of beginning. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-13-589405-JP. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-589405-JP IDSPub #0068990 7/31/2014 8/7/2014 8/14/2014

APN: 488-310-18-00 TS No: CA09000444-11-3 TO No: 8346827 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED December 27, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 12, 2014 at 09:00 AM, Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on January 4, 2006 as Instrument No. 2006-0003509 of official records in the Office of the Recorder of San Diego County, California, executed by JOHN KING A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, as Trustor(s), WASHINGTON MUTUAL BANK, FA as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 610 PRESCOTT AVENUE, EL CAJON, CA 92020 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$330,248.31 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale

date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address www.Auction.com for information regarding the sale of this property, using the file number assigned to this case, CA09000444-11-3. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: August 7, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA09000444-11-3 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: AUCTION.COM at 800.280.2832 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P1107481 8/14, 8/21, 08/28/2014

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHARLOTTE R. CASE CASE NO. 37-2014-00019363-PR-LA-CTL ROA # 10 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: CHARLOTTE R. CASE A Petition for Probate has been filed by KIMBERLY CORNETTO in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that KATHERINE MCDANIEL be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.Auction.com using the file number assigned to this case 7042.13707. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: July 30, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7042.13707: 08/07/2014 08/14/2014,08/21/2014

A hearing on the petition will be held in this court on September 2, 2014 at 11:00 a.m. in Dept. PC-1 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner/Attorney for Petitioner: Suzanne P. Nicholl; The Law Office of Suzanne P. Nicholl, 5151 Shoreham Place, Suite 200, San Diego, CA 92122, Telephone: (619) 793-7569 7/31, 8/7, 8/14/14 CNS-2648956# EAST COUNTY GAZETTE

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(619) 444-5774

NOTICE OF TRUSTEE'S SALE File No. 7042.13707 Title Order No. NXCA-0139992 MIN No. 1000157-0005720548-2 APN 397-030-50-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/10/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): STEVEN S DURBROW, AND SUSAN A DURBROW, HUSBAND AND WIFE AS COMMUNITY PROPERTY Recorded: 09/26/05, as Instrument No. 2005-0828477 and Modified by Agreement Recorded on 9/19/2011 as Instrument No. 2011-0484780, of Official Records of SAN DIEGO County, California. Date of Sale: 08/27/14 at 10:30 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main Street, El Cajon, CA The purported property address is: 9208 LOS COCHES RD, LAKESIDE, CA 92040 Assessors Parcel No. 397-030-50-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$494,690.18. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.Auction.com using the file number assigned to this case 7042.13707. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: July 30, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7042.13707: 08/07/2014 08/14/2014,08/21/2014

NOTICE OF TRUSTEE'S SALE File No. 7042.13620 Title Order No. NXCA-0138729 APN 480-310-12-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/19/02. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): ANNETTE M. MONTOYA, A SINGLE WOMAN AND PAUL D. FOX, AN UNMARRIED MAN Recorded: 07/29/02, as Instrument No. 2002-0632412, of Official Records of SAN DIEGO County, California. Date of Sale: 08/27/14 at 10:30 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main Street, El Cajon, CA The purported property address is: 7422 IDA STREET, LEMON GROVE, CA 91945 Assessors Parcel No. 480-310-12-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$24,317.67. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.Auction.com using the file number assigned to this case 7042.13620. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: July 24, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Candice Yoo, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7042.13620: 08/07/2014,08/14/2014,08/21/2014

LEGAL NOTICES

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2014-00022256-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF WISSAM FIRAS ASMAROU & VERA FIRAS ASMAROU & BAHRRA FIRAS ASMAROU FOR CHANGES OF NAME
PETITIONER: FRANK A. ASMAROU & WAFSA.S.ASMAROU ON BEHALF OF MINORS FOR CHANGES OF NAME

FROM: WISSAM FIRAS ASMAROU
TO: WISSAM FRANK ASMAROU
FROM: VERA FIRAS ASMAROU
TO: VERA FRANK ASMAROU
FROM: BAHRRA FIRAS ASMAROU
TO: BAHRRA FRANK ASMAROU
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on August 22, 2014 at 9:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 7, 2014.

East County Gazette – GIE030790
7/24, 7/31, 8/7, 8/14 2014

CASE NUMBER LACV038648
STATE OF IOWA JUDICIARY- DALLAS COUNTY-NOTICE TO DEFENDANTS: (AVISO AL DEMANDADO): MATTIA & ASSOCIATES, INC., GEORGE MATTIA and ROY NICKERSON.
PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): CARL DAVIS.

You are notified that a Petition has been filed in the office of the Clerk for this Court naming you as the Defendant in this action. The name and address of the Plaintiff's attorney is David A. Morse, whose address is 1010 Insurance Exchange Building, 505 Fifth Avenue, Des Moines, Iowa 50309. The attorney's phone number is 515-243-7600 and fax number is 515-243-0583. You must serve a motion or answer within TWENTY (20) days after service of this Original Notice upon you, and within a reasonable time thereafter file your motion or answer with the Clerk of Court for DALLAS County, at the County Courthouse in Adel, Iowa. If you do not, judgment by default may be rendered against you for the relief demanded in the Petition. If you require the assistance of auxiliary aids or services to participate in court because of a disability, immediately call your district ADA coordinator at 515-286-3394 (If you are hearing impaired, call Relay Iowa TTY at 1-800-735-2942). THIS CASE HAS BEEN FILED IN A COUNTY THAT USES ELECTRONIC FILING. Therefore, unless the attached Petition and Original Notice contains a hearing date for your appearance, or unless you obtain an exemption from the court, you must file your Appearance and Answer electronically. You must register through the Iowa Judicial Branch website at <http://www.iowacourts.state.ia.us/Efile> and obtain a log in and password for the purposes of filing and viewing documents on your case and of receiving service and notices from the court. FOR GENERAL RULES AND INFORMATION ON ELECTRONIC FILING, REFER TO THE IOWA COURT RULES CHAPTER 16 PERTAINING TO THE USE OF THE ELECTRONIC DOCUMENT MANAGEMENT SYSTEM: <http://www.iowacourts.state.ia.us/Efile> and obtain a log in and password for the purposes of filing and viewing documents on your case and of receiving service and notices from the court. FOR GENERAL RULES AND INFORMATION ON ELECTRONIC FILING, REFER TO THE IOWA COURT RULES CHAPTER 16: <http://www.iowacourts.state.ia.us/Efile> Date: (Fecha) July 29, 2014. East County Gazette GIE030790 July 31, August 7, 14, 2014.

TO PLACE YOUR LEGAL AD CALL (619) 444-5774



Following is a summary of an Ordinance introduced at a public hearing held at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 12, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. ____

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING SECTION 17.105.020 AND ADDING A NEW SECTION 17.105.020 TO CHAPTER 17.105; REPEALING SECTION 17.110.020 AND ADDING A NEW SECTION 17.110.020 TO CHAPTER 17.110; REPEALING SECTION 17.145.150 AND ADDING A NEW SECTION 17.145.150 TO CHAPTER 17.145; ADDING A NEW SECTION 17.225.200 TO CHAPTER 17.225; AND ADDING A NEW CHAPTER 17.250; ALL TO TITLE 17 OF THE EL CAJON MUNICIPAL CODE

This ordinance, along with a proposed ordinance amending El Cajon Municipal Code Title 5 (Business and Regulations), is intended to address the secondary effects from the unregulated establishment of pawn shops, alternative lending establishments, secondhand merchandise stores and kiosks through the application of land use regulations including spatial standards, permit and license requirements, and ensure that pawnbrokers and secondhand dealers operate in a manner that reduces the traffic of stolen merchandise.

This proposed ordinance makes amendments to Title 17 of the El Cajon Municipal Code (the Zoning Code) to regulate pawn shops, alternative lending establishments, secondhand merchandise stores and kiosks in El Cajon. The ordinance modifies the definitions of "kiosk" and "stand" to include those located indoors, and adds a new Section 17.105.020 amending and eliminating the definition of "secondhand merchandise," all through the amendment of Section 17.105.020 of Chapter 17.105 of the Zoning Code; it amends Section 17.110.020 of Chapter 17.110 of the Zoning Code, which pertains to use classifications, by adding use classifications for alternative lending, pawn shops, secondhand stores and kiosks, and thrift or resale stores; it amends Section 17.145.150 of Chapter 17.145 of the Zoning Code (the Commercial Land Use Table) by adding alternative lending uses and by characterizing electronics sales as electronic retail sales; it clarifies firearms and ammunition sales to mean new and resale sales of those items; it adds the alternatives of "store" and "kiosk" to the secondhand merchandise use category; it includes buying of gold, precious metals, gemstones, jewelry, or electronics in this use category; it adds the term "resale shop" to the thrift shop use category; it adds a new Section 17.225.200 to Chapter 17.225 of the Zoning Code to regulate the location of businesses engaged in alternative lending in the city of El Cajon; and it adds a new Chapter 17.250 to the Zoning Code to regulate the location and operation of businesses engaging in the purchase of secondhand merchandise or taking in secondhand merchandise for pawn in the city of El Cajon.

East County Gazette- GIE030790
08/14/14

Notice of sale of Abandoned Property
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at:
ACE SELF STORAGE
573 Raleigh Avenue
El Cajon, CA 92020
(619) 440-7867

By competitive bidding will sell, on August 18th 2014 at 2:30 PM or after. The following properties: miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:
H009 Letecia Alvarez
A011 Sharon Macko
B017 Tiffany Farias
D083/82 Kelly Medlen
B033 Rebecca Lachappa
East County Gazette -GIE030790
8/7, 8/14, 2014



Following is a summary of Ordinance No. 5010 adopted at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 12, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. 5010

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING SECTION 5.30.010 OF CHAPTER 5.30 AND SECTION 5.72.110 OF CHAPTER 5.72 OF TITLE 5 OF THE EL CAJON MUNICIPAL CODE AND ADDING NEW SECTIONS 5.30.010 AND 5.72.110 TO TITLE 5 OF THE EL CAJON MUNICIPAL CODE

This proposed ordinance repeals currently adopted Section 5.30.010 of Chapter 5.30 of the El Cajon Municipal Code, which pertains to the licensing and regulation of tobacco paraphernalia establishments, and adds a new Section 5.30.010 to Chapter 5.30 of the El Cajon Municipal Code, in order to add electronic vapor devices, electronic vapor inhalation substance products, and hookah pipes to those items already included in the definition of "Tobacco paraphernalia"; and repeals Section 5.72.110 of Chapter 5.72 of the El Cajon Municipal Code, which pertains to the regulation of alcohol and tobacco-free dances, and adds a new Section 5.72.110 to Chapter 5.72 of the El Cajon Municipal Code, in order to include the use, sale, consumption or distribution of electronic vapor devices with the existing prohibited sales, on the premises of such dances.

This ordinance, along with proposed ordinances amending El Cajon Municipal Code Titles 17 (Zoning) and Title 8 (Health and Safety) is intended to equate the use and sale of electronic vapor devices and electronic vapor inhalation substances with tobacco and tobacco-related products. These amendments are intended to make it clear that smoking any product, plant or otherwise, is prohibited.

At the public hearing held at the regularly scheduled Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on July 22, 2014, Ordinance No. 5010 was introduced. A second reading was held at the regularly scheduled meeting of August 12, 2014, and Ordinance No. 5010 was adopted. This ordinance becomes effective 30 days after passage.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency Meeting held this 12th day of August 2014, by the following vote to wit:

AYES: Ambrose, Bales, Kendrick, McClellan, Wells
NOES: None
ABSENT: None
DISQUALIFY:None

BILL WELLS
Mayor of the City of El Cajon

ATTEST:
BELINDA A. HAWLEY, CMC
City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 5010 of the Ordinances of the City of El Cajon, California, as adopted by the City Council/Housing Authority/Successor Agency to the Redevelopment Agency on the 12th day of August 2014.

/s/
Belinda A. Hawley, CMC, City Clerk
East County Gazette- GIE030790
08/14/14



Following is a summary of Ordinance No. 5011 adopted at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 12, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. 5011

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING SECTIONS 8.32.010 AND 8.32.020 OF CHAPTER 8.32, AND ADDING NEW SECTIONS 8.32.010 AND 8.32.020 TO CHAPTER 8.32; AND REPEALING SECTION 8.33.010 OF CHAPTER 8.33, AND ADDING A NEW SECTION 8.33.010 TO CHAPTER 8.33, ALL TO TITLE 8 OF THE EL CAJON MUNICIPAL CODE

This proposed ordinance repeals currently adopted Sections 8.32.010, and 8.32.020, of Chapter 8.32, which pertains to the regulation of second-hand smoke in public places, and adds new Sections 8.32.010 and 8.32.020 to Chapter 8.32, in order to include electronic vapor devices, electronic vapor inhalation substances, electronic vapor inhalation substance products, and hookahs to those items already included in the definitions and purpose sections, and refines and expands existing definitions in these sections to ensure these products and substances are included, along with tobacco and tobacco products, in the second-hand smoke prohibitions of this Chapter; repeals Section 8.33.010 of Chapter 8.33, which regulates the licensure of tobacco retailers, and adds a new Section 8.33.010 to Chapter 8.33 of the El Cajon Municipal Code, in order to include electronic vapor devices, electronic vapor inhalation substance products, electronic vapor device retailers, and hookahs to the list of items in the definitions sections, and refines and adds to existing definitions in this Chapter to ensure inclusion of these items in the types of products subject to the City's tobacco licensure requirements.

This ordinance, along with proposed ordinances amending El Cajon Municipal Code Title 5 (Business and Regulations) and Title 17 (Zoning) is intended to equate the use and sale of electronic vapor devices and electronic vapor inhalation substances with tobacco and tobacco-related products. These amendments are intended to make it clear that smoking any product, plant or otherwise, is prohibited.

At the public hearing held at the regularly scheduled Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on July 22, 2014, Ordinance No. 5011 was introduced. A second reading was held at the regularly scheduled meeting of August 12, 2014, and Ordinance No. 5011 was adopted. This ordinance becomes effective 30 days after passage.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency Meeting held this 12th day of August 2014, by the following vote to wit:

AYES: Ambrose, Bales, Kendrick, McClellan, Wells
NOES: None
ABSENT: None
DISQUALIFY:None

BILL WELLS
Mayor of the City of El Cajon
ATTEST:
BELINDA A. HAWLEY, CMC
City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 5011 of the Ordinances of the City of El Cajon, California, as adopted by the City Council/Housing Authority/Successor Agency to the Redevelopment Agency on the 12th day of August 2014.

/s/
Belinda A. Hawley, CMC, City Clerk
East County Gazette- GIE030790
08/14/14



CITY OF EL CAJON

Following is a summary of an Ordinance introduced at a public hearing held at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 12, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. ____

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING CHAPTERS 5.16 AND 5.48 AND ADDING NEW CHAPTERS 5.16 AND 5.48 TO TITLE 5 OF THE EL CAJON MUNICIPAL CODE

This ordinance, along with a proposed ordinance amending El Cajon Municipal Code Title 17 (Zoning), is intended to address the secondary effects from unregulated establishment of such uses by controlling the location and the overall number of pawn shops, alternative lending establishments, secondhand merchandise stores and kiosks through the application of land use regulations, including spatial standards, permit and license requirements, and ensure that pawnbrokers and secondhand dealers operate in a manner that reduces the traffic of stolen merchandise.

This proposed ordinance makes amendments to Chapter 5.16 of Title 5 of the El Cajon Municipal Code, which pertains to issuance of a special operation license by (1) modifying the definition of secondhand businesses to include kiosks for purposes of requiring a special operation license; (2) giving the city manager approval authority for the special operation license with availability of appeal to the city council; (3) providing that if an application is denied, the applicant will not be able to reapply for 12 months; and (4) giving the city manager suspension, revocation and enforcement authority regarding special operation licenses. This proposed ordinance also amends Chapter 5.48 of Title 5 of the El Cajon Municipal Code, which pertains to pawnbrokers and secondhand stores, by adding a statement of purpose for the regulations contained in Chapter 5.48; adding definitions of pawnbrokers, secondhand dealers and tangible personal property; setting requirements for hours of operation; and creating requirements for recordkeeping and compliance with applicable laws.

East County Gazette- GIE030790
08/14/14



Following is a summary of an Ordinance No. 5012 adopted at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 12, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. 5012

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING CHAPTER 17.240, AND ADDING A NEW CHAPTER 17.240; REPEALING SECTION 17.210.100 OF CHAPTER 17.210, AND ADDING A NEW SECTION 17.210.100 TO CHAPTER 17.210; AND REPEALING SECTION 17.145.150 OF CHAPTER 17.145, AND ADDING A NEW SECTION 17.145.150 TO CHAPTER 17.145; ALL TO TITLE 17 OF THE EL CAJON MUNICIPAL CODE

This proposed ordinance repeals currently adopted Chapter 17.240 of the El Cajon Municipal Code, which regulates the location and operation of retail purveyors of tobacco and tobacco products in the City of El Cajon, and adds a new Chapter 17.240, which regulates the location and operation of retail purveyors of tobacco and tobacco products, electronic vapor devices, electronic vapor inhalation substances, hookahs, and electronic/vapor substance inhalation shops, and prohibits hookah lounges and electronic/

vapor substance inhalation lounges in the City; repeals Section 17.210.100 of Chapter 17.210 of the El Cajon Municipal Code, which pertains to operational standards applicable to new, modified, or redevelped off-sale alcoholic beverage sales activities, and adds a new Section 17.210.100 to Chapter 17.210 of the El Cajon Municipal Code which adds a provision regarding signage advertising electronic vapor devices, substances, and hookahs, being sold or offered for use on the premises, along with the other sign regulations related to tobacco and tobacco products; and repeals Section 17.145.150 of Chapter 17.145 of the El Cajon Municipal Code, which is the Commercial Land Use Table, and adds a new Section 17.145.150 to Chapter 17.145 of the El Cajon Municipal Code, which adds "electronic/vapor substance inhalation shops" to the commercial use specified as "Tobacco and smoke shop," along with all other commercial uses currently described in Section 17.145.150.

This ordinance, along with proposed ordinances amending El Cajon Municipal Code Titles 5 (Business and Regulations) and Title 8 (Health and Safety) is intended to equate the use and sale of electronic vapor devices and electronic vapor inhalation substances with tobacco and tobacco-related products. These amendments are intended to make it clear that smoking any product, plant or otherwise, is prohibited.

At the public hearing held at the regularly scheduled Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on July 22, 2014, Ordinance No. 5012 was introduced. A second reading was held at the regularly scheduled meeting of August 12, 2014, and Ordinance No. 5012 was adopted. This ordinance becomes effective 30 days after passage.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency Meeting held this 12th day of August 2014, by the following vote to wit:

AYES: Ambrose, Bales, Kendrick, McClellan, Wells
NOES: None
ABSENT: None
DISQUALIFY:None

BILL WELLS
Mayor of the City of El Cajon

ATTEST:
BELINDA A. HAWLEY,CMC
City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 5012 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Housing Authority/Successor Agency to the Redevelopment Agency on the 12th day of August 2014.

/s/
Belinda A. Hawley, CMC, City Clerk

East County Gazette- GIE030790
08/14/14

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08/14/14

LEGAL NOTICES

**NOTICE OF PETITION TO ADMINISTER ESTATE OF
 LARRY R. BRIDGEWATER AKA LARRY ROY BRIDGEWATER
 CASE NO. 37-2014-00024367-PR-PW-CTL ROA #: 1 (IMAGED FILE)**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: LARRY R. BRIDGEWATER AKA LARRY ROY BRIDGEWATER

A Petition for Probate has been filed by GARY R. PRIESTER in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that GARY R. PRIESTER be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on August 28, 2014 at 1:30 PM in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Miranda C. Franks, 3322 Sweetwater Springs Blvd., Suite 201, Spring Valley, CA 91977, Telephone: 619-660-0520
 7/31, 8/7, 8/14/14
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1130 Broadway, El Cajon, CA 92021

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Office Manager: Brice Gaudette **Administrative Assistant:** Briana Thomas
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Advertising: Brice Gaudette, Debbie Norman, Patt Bixby
Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon), Dr. Luauna Stines
Cartoonists: David & Doreen Dotson

The Gazette is Published each Thursday as a commercial, free-enterprise newspaper.

The opinions and views published herein are those of the writers and not the publishers or advertisers. Advertisements designed by the Gazette are property of the Gazette and are not to be used in other publications without written consent of publisher. Deadlines for advertising and press releases are Friday at two.

Send in your letters and opinions to:

Editor, East County Gazette, P.O. Box 697, El Cajon, CA 92022

or e-mail us at: editor@ecgazette.com

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The East County Gazette adjudication number: GIE030790. March 10, 2006.
www.eastcountygazette.com

Our Best Friends

Pet of the Week



"Who's one of the sweetest and gentlest dogs around? It's me, CARMINE. I'm a two-year-old terrier with a calm and loving disposition, so I get along well with everyone. I'd be a wonderful family pet, and an excellent house dog. I get along well with other dogs, and I'm very respectful. I've already been house trained, and I'd

probably do well in either a house or an apartment. I enjoy going for casual walks, and I love to cuddle. Won't you come visit me at the El Cajon Animal Shelter? We can spend some time in the nice play yard that they have here. I think that once you look into my beautiful brown eyes, and hold me in your arms, you'll be hooked. It would be so nice to find my forever home as soon as possible. I have so much love to give, and I know we can make each other very happy. I hope to see you soon! Love, Carmine" Kennel #56

More About Carmine

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Shotzie, 4-year-old male Pit Bull mix. Kennel #2



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Onyx, 3-year-old Labrador/Chow mix. Kennel #28



Ruby, 4-year-old Pit Bull female. Kennel #18



Sparky, 1-year-old Spaniel mix male. Kennel #61



Willy Nilly, Orange Domestic Shorthair kitten. ID#18010

The El Cajon Animal Shelter is located at 1275 N. Marshall, El Cajon, (619) 441-1580.

Hours are Tuesday through Saturday 10 a.m. to 5 p.m.

Seniors with pets: The untapped pet travel market

More and more people are traveling with their pets these days, and businesses are taking notice. Pet friendly business practices are popping up all over, from banks who open their doors to both pets and people, to restaurants with special doggie menus, to pet friendly hotels that offer their canine guests a specially crafted welcome basket.

When businesses consider the demographics of those who might be traveling with pets, they should take care to keep a significant group in mind - seniors.

According to the Federal Census Bureau, in 2012 there were 43 million seniors living in the United States in 2012. That number is expected to double by 2050.

Sixty-two percent of households in the United States had at least one pet in 2012. While there aren't specific statistics available on how many of those households are comprised of seniors, it's safe to say that a healthy number of seniors do have one or more pets.

With no children left to care for at home, seniors often treat their pets as surrogate children, pampering them, doting on them, and bringing them along as pet travel companions.

Because seniors are often retired with grown children, many tend to have extra time on their hands. This means they can take lengthier trips and travel farther than those who are committed to work schedules or tending to the needs of growing families.

With no children in the home to support and fewer living expenses, many seniors have extra money to spend on hobbies and other activities, including leisure travel. They're also willing to spend money indulging their favorite four-legged companions.

These factors together make seniors an important and often under served potential client base for pet friendly businesses. There are a number of things businesses can do to earn the patronage and loyalty of seniors, including:

Loyalty programs

Stores, hotels and restaurants can create pet-centric loyalty programs that encourage repeat business. Pet stores can offer seniors progressive discounts, reward cards, or drawings for prizes or merchandise. Hotels can offer free nights for multiple visits with pets. And restaurants can promote offer a free appetizer and free doggie treats to seniors who bring their pets.

Discounts

Hotel discounts (or waived

hotel pet fees) for seniors, senior discounts on pet merchandise, and meal discounts for seniors who visit restaurants with their pets are all excellent ways for businesses to build loyalty among older patrons.

Pet friendly partnerships

Reaching out to other pet friendly or pet-centric businesses to form partnerships - a hotel partnering with a doggie spa to offer discounts and added amenities, for example -- can be win-win for everyone. Seniors can have access to more products and services at better prices, while both businesses receive more exposure and the opportunity to build loyalty among senior customers.

With more Baby Boomers reaching senior status all the time, and more people in general traveling with and catering to their pets, there are plenty of opportunities for businesses to serve the valuable, and sometimes overlooked senior demographic. They just have to find creative ways to roll out the welcome wagon.

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