



Meet Shanghi and his friends on page 19

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**What's new at the theaters?**

Check out the  
review on  
'And So It Goes'  
on page 11



and  
'Sex Tape'  
on page 9  
by Diana Saenger  
Get the latest scoop



on new movies right here in the Gazette!

**Mother Goose Parade countdown**



Only 17 weeks until  
the 68th Annual Mother  
Goose Parade!

# Turner's Outdoorsman comes to East County

*Newest of 18 stores opens in El Cajon*



Store visitors join Turner's staff and dignitaries in celebrating their ribbon cutting ceremony with the East County Chamber. Turners is located at 844 Jackman Street in El Cajon. (Upper corner) First customer at Turner's, Drum Macomber. Photo credit: Debbie Norman

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# Local News & Events

## Lakeside Roundup ...



**Venus Rodvold, Harry J. Spence Citizen of the Year recipient.**  
Photo credit: Patt Bixby

### by Patt Bixby Lakeside Chamber Installation of Officers

Over one hundred people attended the Lakeside Chamber of Commerce July 17 installation of officers and awards ceremony held at the Barona Resort and Casino Golf Center. The event honors those who donate their time to the service of the community in a variety of ways. The Chamber throughout the year holds monthly business mixers, the April Western Days Parade, Beans, Beer and Business, the annual Chili Cook Off and Spirit of Christmas. The volunteers get nothing in return except the satisfaction of

giving back to their community.

Dignitaries Senator Joel Anderson, 36<sup>th</sup> District Assemblyman Brian Jones, 71<sup>st</sup> District Michael Harrison representing Congressman Duncan Hunter and Mathew Perr representing County Supervisor Dianne Jacob were introduced followed by the presentation of awards.

Each year The Harry J. Spence Citizen of the Year award is given to honor a person who has dedicated their efforts to the development of the Lakeside and who has made outstanding contributions to the community. This year's award went to Venus Rodvold. Rodvold has volunteered in the Lakeside School District while

raising a family and working at the family business Alpine Rock and Block. Rodvold is all about giving back to the community. If there is a volunteer job to be done she's there. She spoke from the heart when she encouraged everyone to volunteer in the community. The community is what we make it Rodvold said. Thanks to Rodvold being the chair of the International Cultural Fair it has become one of the biggest events of the year. Rodvold thanked her family and husband Neil Rodvold for their support.

The Rick Smith Memorial Award is given to someone who exemplifies unselfish dedication and commitment to the community. The honor was given to Sam Walker. Walker taught Agriculture for years at El Capitan High School and most recently has served as president of the El Capitan Stadium Association.

Awards for the year went to Legislator of the year Assemblyman Brian Jones, Elected official of the Year Kevin Howe, Volunteer of the Year husband and wife Brooks and Kathy Boultes, Board Member of the Year Mike Anderson, Chamber

Member of the Year Daily Disposal, Community Leadership/Organization Lakeside Historical Society, Sponsor of the Year Lakeside Equipment Rental and Ambassador second year Dennis Di Vite.

Installation of officers by Senator Joel Anderson, President Robert Davila (Lakeside Equipment Rental, 1<sup>st</sup> Vice President Frank Hiliker (Hiliker's Ranch Fresh Eggs), 2<sup>nd</sup> Vice President Clint Morgan (7SA Church), Treasure/Secretary Kelly Baker (Barona Resort and Casino), Past President Neil Rodvold (Alpine Rock and Block)

### San Vicente Dam Project Dedication

The Vincente Dam Raise Dedication took place on July 16, 2014. Maureen Stapleton, General Manager of the San Diego County Water Authority introduced City of San Diego Mayor Kevin Faulconer and a number of city and state dignitaries. State Senator Joel Anderson, Assemblyman Brian Jones and County Supervisor Dianne Jacob complimented Lakeside and the East County for their part in this massive

**See SAN VICENTE page 6**



**County Supervisor Dianne Jacob speaks at the San Vicente Dam Dedication.** Photo credit: Patt Bixby



**Ramp for new marina.**

## Press Conference on July 18 updates community on sexual assault

by Diana Saenger

On Friday, July 18 the Alpine Sheriff's Station held an update on a former crime that was reported as a sexual assault by two men on a woman parked on the side of South Grade Road in Alpine.

The original report stated: It happened around 8 p.m. on Monday, July 7 in the 1200 block of South Grade Road. The victim told deputies she had pulled over on the side of the road when two men in a pick-up truck approached her. The victim was sexually assaulted. The victim described the suspects and their vehicle as follows: Suspect #1; Described as white man between 25 and 35 years old; 5'11", 170 pounds; shaved head; no facial hair; hazel eyes, wearing a white t-shirt, dark jeans, and black high-top shoes. He has several tattoos including devil horns on his head, flames on his neck and a skull on his arm.

Suspect #2; Described as a white man between 35 and 40 years old; 6'1", 200 pounds; brown hair combed and slicked back; brown eyes and patch of hair under his lower lip and wearing a black flat bill-style baseball cap turned backwards, a black leather "biker cut" vest over a white t-shirt, jeans and boots.

Suspect vehicle newer silver colored Ford Ranger, extra cab with a "Cali lift," oversized worn out tires, tinted windows and the front grill was spray painted black.

The local community network also released the press release which had Alpine residents on guard.

On July 18, the San Diego County Sheriff's Department released an updated press release that stated: The investigation is still ongoing; however, the victim's recollection of the incident now reveals the assault did not happen in the community of Alpine on Monday, July 7. Investigators are working to establish where the assault occurred and are now focusing on one attacker. While the case is still being actively investigated, the Alpine Sheriff's Station is confident in advising the community that the incident previously described did not take place and there is no danger to the community as a result.

A public forum took place on, July 18 at 11 a.m. at the Alpine Sheriff's Station. Lt. Mario Zermeno addressed a room of about 16-20, some who had questions and concerns as to why this first report was released and why the investigation took so long to establish it was not correct.

Lt. Mario Zermeno repeated several times they didn't know where it took place and they were being respectful of the victim who was still emotionally stressed. When one attendee asked why the local network continued to put out and change the initial report, he responded that they had checked with the owner several times to see where that information had been obtained, and he told those attending because of the free speech law, they could write what they want to regardless of its truth.

Another person inquired if the attack announced by a resident on the local network on July, 13 about a woman reportedly raped and brutally beaten in the Harbison Canyon area on June, 10, was possibility related to the recent one reported.

Sgt. Monica Sanchez, also attending the press conference, said it was the same one, and that there was only one. The victim had been confused where the attack happened.

Anyone with information about this case is urged to call Detective Dan Barnes at (619) 659-2612 or the Sheriff's Department non-emergency line at (858) 565-5200.

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## — LOCAL NEWS &amp; EVENTS —

# El Cajon highlights

by Monica Zech,  
City of El Cajon Public  
Information Officer

## Mark your calendar for 'National Night Out'

It's all about safety, Tuesday, Aug. 5, when the El Cajon Police Department hosts a National Night Out community event in the parking lot of the El Cajon Police Station located at 100 Civic Center Way, 5 to 8 p.m. Enjoy a wide variety of booths and displays from numerous organizations offering health and safety information with a

special emphasis on ways you can better protect your family, your home and your vehicle. Emergency vehicles and the El Cajon Police vintage police car will be on display. There will be a K-9 demonstration and kids can learn how to call 9-1-1. National Night Out is a nationwide event designed to bring community members together to take a stand against crime and drugs. For more information, call (619) 579-4227.

## Friday's Dinner & a Concert features classic funk, rock

## and soul

At the next Dinner & a Concert, enjoy the sounds of "Soul Persuaders" on Friday, July 25. This concert is from 6 to 8 p.m. at the Prescott Promenade, 201 E. Main Street. These free concerts continue through September 26. Arrive early and dine at one of the many fine restaurants in downtown El Cajon, then bring your receipt to the concert and enter to win a Taylor guitar - must be present to win. Concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at [www.downtownelcajon.com](http://www.downtownelcajon.com), or call (619) 334-3000.

## Cajon Classic Cruise Car shows are Wednesday nights

At the next Cajon Classic Cruise, the theme is "Camaro -vs- Mustang" on Wednesday, July 30. This event can be found on East Main Street between Magnolia and Claydelle Avenues, from 5 to 8 p.m. The 2014 Season of the Cajon Classic Car Shows will con-

tinue every Wednesday night through October 29 in the area of the Prescott Promenade in Downtown El Cajon, and are hosted by the Downtown El Cajon Business Partners. For more information, visit [www.downtownelcajon.com](http://www.downtownelcajon.com), or call (619) 334-3000.

## Don't miss a summer Movie in the Park at Renette Park

Bring a picnic and join us for Summer Movies In The Park, Friday, Aug. 8, featuring "How To Train Your Dragon!" The El Cajon Recreation Department will be offering this free summer movie at Renette Park beginning at dusk. Enjoy pre-event activities at 5:30 p.m. Renette Park is located at 935 Emerald Avenue in El Cajon. For information call (619) 441-1678.

## Reserve your tickets now for the Annual Haute with Heart Fashion Show

The 37<sup>th</sup> Annual St. Madeleine Sophie's Center's Haute with Heart Fashion Show is scheduled for Saturday, Aug. 16, from 10 a.m. to 2 p.m. at the Hilton San Diego Bay Front Hotel, located at 1 Park Boulevard in San Diego. Festivities include fabulous boutique shopping, traditional live and silent auctions, and opportunity drawings. Haute with Heart Fashion Show highlights professional models and community leaders dressed in the latest fashions on the runway.

Proceeds raised at our Fashion Show benefit the unique programs St. Madeleine Sophie's Center offers to over 400 adults with developmental disabilities (e.g. autism, Down syndrome, cerebral palsy). To contribute to the success of this Annual Fashion Show, consider becoming a Table Captain or Underwriter.

This event will also include a luncheon and free parking. Registration, silent auction and boutique shopping open at 10 a.m. For more information or tickets visit [www.stmsc.org](http://www.stmsc.org), or call (619) 442-5129, ext. 115.

## Support local youth and celebrate Stoney's birthday!

Help children in the East County as Stoney celebrates his 89<sup>th</sup> birthday! Reserve your tickets now for the Thursday, Aug. 21 fundraiser. This event, benefitting East County youth, will be 5:30 to 8:30 p.m. at Sycuan Resort, at 3007 Dehesa Road in El Cajon. The entry fee is \$25 per person and includes dinner and birthday cake. Enjoy great raffle prizes, as well as silent and live auction items. Visit [www.stoneyskids.org](http://www.stoneyskids.org) for more information.

## Women In Leadership annual luncheon is October 17

The East County Chamber of Commerce Annual Women in Leadership Luncheon will observe its 12th anniversary at Mission Valley's iconic Town and Country Resort Hotel on Friday, Oct. 17 from 11:30 a.m. to 2 p.m. The luncheon honors San Diego County women, recognized by their peers as exemplary leaders. This year, Patti Perez, SPHR, Attorney at Law, and founder and President of Puente Consulting APC, will headline the program. The event promises to be interesting and invigorating.

The Chamber is now accepting 2014 nominations in seven fields: Arts/Media/Culture; Business; Education/Academia; Hospitality; Government/Defense; Healthcare, and the Non-profit Sector. Nominees must be San Diego County residents and demonstrated exemplary character,

integrity and outstanding leadership, not only in their field, but in their community. Take the time to nominate someone who is deserving of this honor. Visit [www.eastcountychamber.org](http://www.eastcountychamber.org) to download a nomination form and to purchase tickets for the Leadership luncheon. The cost is \$70 per person. The Town & Country Hotel is located at 500 Hotel Circle North. For more information, contact the East County Chamber at (619) 440-6161.

## Tour the Knox House Museum

Learn more about the history of El Cajon by stopping by the Knox House Museum. Take a fascinating look at how the settlers lived in El Cajon during the years 1895 - 1912. The Knox House will be open every Saturday in July from 11 a.m. to 2 p.m. with free admission, and is located at 280 N. Magnolia Avenue in El Cajon. For more information, including scheduling a private tour for your group or school, please visit [www.elcajonhistory.org](http://www.elcajonhistory.org), or call (619) 444-3800.

## Wildfire awareness

Cal Fire (formerly known as the California Department of Forestry) has an excellent website to educate homeowners on creating "Defensible Space" when landscaping around their homes. Visit <http://www.ready-forwildfire.org/landscaping> for more information.

## Save water and money at home

Everyone needs to do their part to conserve water during the current drought conditions! Using water efficiently is a responsibility that comes along with the benefits of living in a beautiful warm climate. It will also help in lowering water bills! Visit <http://www.watersmartsd.org/> for water conservation tips.

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## Fixing up old furniture

Fixing up old furniture can save you hundreds, if not thousands of dollars. New furniture is often out of the price range for homeowners. Refurbishing thrift store and attic finds will help you save money and get the great look you want. Additionally, by fixing up old furniture you will be giving tired and worn pieces a new lease on life.

1. Make necessary repairs to the furniture. Fix wobbly legs and drawers. To repair furniture, you typically only need a hammer and small finish nails or screws and a screwdriver.

2. Remove doors and drawers from dressers, armoires and cabinets. Unscrew hinges from doors and set aside. Remove all hardware.

3. Decide if you are going to replace the hardware on the doors and drawers. If you decide to replace the hardware, check new hardware to make sure it will fit into the same holes. Fill old holes with wood putty if the new hardware will not fit. Allow the wood putty to dry completely.

4. Sand the furniture. Previously painted furniture should be sanded with #80 grit sandpaper; unpainted furniture can be sanded with #100 grit sandpaper. Sand the entire piece, then remove dust with a damp sponge.

5. Decide if you will paint or stain the piece of furniture. There are different steps involved in painting and staining.

See **FIXING UP OLD FURNITURE** page 6

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# Inspiration

## A year older, but not that much smarter

by Dr. Rev. James L. Snyder

I think I am in a rut. No matter how hard I work, I do not seem to be getting any further along in life. Could it be that somewhere in my past, I peaked and did not realize it? If so, I wish I knew about it so at least I could have the consolation that I have peaked.

This week I celebrate another birthday. This is a rut I am talking about. After all, I celebrate my birthday every year on the same day. The only reason I celebrate it on that day is because my mother said that was the day I was born. What if she lied about my birthday? After all, there is that issue with Santa Claus!

I cannot prove one way or the other that I was born on a particular day because knowing what I do know now it is very easy to manipulate paperwork and birth certificates. It might be old age, but I just do not trust anybody about anything these days. I do not even trust myself.

In the early days of my life, my parents told a few things that have proven not exactly true. I would not say they were lying to me they were just protecting me from the gruesomeness of truth.

I mentioned Santa Claus. The thing that irks me about Santa Claus is that now that I

am older and have children and grandchildren I am supposed to be Santa Claus. Who in the world made up that rule?

Then there is the whole issue about the tooth fairy. It took me a long time to figure out that the tooth fairy did not really exist. Several times I extracted teeth ahead of time in order to get some cash from the tooth fairy. I frequently questioned why the tooth fairy was so stingy with his giving until I figured out that the tooth fairy was none other than my father, known for his closed cash policy.

Growing up in Pennsylvania one of the big factors had to do with Punxsutawney Phil. It took me a long time to figure out that that little rodent was not who my parents said he was. If he was who they said he was, he sure was not very good at predicting the future.

A lot of things my parents told me turned out not to be true, so why should I put a lot of stock in believing that my birthday is the exact day I was born?

According to them, I get to celebrate my birthday one day out of the year and a specific day that I believe they picked out. Now what I want to know is, why can't I pick my own birthday? After all, it is MY birthday!

While I am on that subject, why can't I celebrate my birthday whenever I want to, why can't I celebrate my birthday every month? After all, nobody gets tired of eating birthday cake.

Now that I am older (I am not quite sure how old I really am because I am not sure my parents were exactly forthcoming in telling me the year I was born) what am I supposed to do?

Personally, I would like to establish a set of rules associated with "my birthday." I do not care what other people do about their birthday, it is my birthday and I should be able to set the rules.

I think the first rule I would establish is, there should be no "surprise" birthday parties. If it is my birthday, I know when it is. If it is my birthday, I should be in charge of planning the party. After all, I know what I would like.

Who in the world started putting birthday candles on a birthday cake. I have been to several birthday parties and watched the "birthday boy" blow out those candles. After seeing him blow out those candles, I had no desire to eat the cake subjected to his spit-laden breath. After all, germs and I are not amigos.

Do not let this get around, but when there are candles on my birthday cake, I make sure

my tongue is well lubricated before I start blowing out those candles. After all, I love to share.

Another rule I would like to put in place has to do with birthday presents. It seems quite hypocritical for somebody to go out and buy a birthday present, wrap it up in fancy birthday wrapping paper and then bring it to me so that I can unwrap that paper to get to the birthday present.

If I am going to have birthday presents I think I should be the one to buy those presents. Everybody who wants me to celebrate my birthday could slip me a fiver and let me go out and buy what I really want. Nobody knows what I want better than I do.

Finally, I think if it is my birthday and I am celebrating it, I should get to pick what year I am celebrating.

Good old King Solomon had it right when he wrote, "The glory of young men is their strength: and the beauty of old men is the grey head" (Proverbs 20:29).

You are only young once but you can be old for a very long time. I am learning to live with it.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. Call him at 1-866-552-2543 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net)

## Fixing up old furniture ...

Continued from page 5

6. Prime the piece if you are painting. Use a paintbrush to spread a thin coat of primer and allow it to dry for 2-4 hours. Apply 2-3 coats of latex paint. Wait for each coat to dry before applying the next one. Once the old furniture is entirely painted, let it dry for several days before use.

7. Apply wood stain to furniture that is going to be stained. Use a paintbrush to apply the stain and wipe away

the extra with a dry rag. Wait for it to dry and then apply a coat of polyurethane. Let the polyurethane dry and apply a second coat.

8. Reupholster simple items like dining chair cushions. Simply remove the seat, cut a piece of material to fit and staple it into place over the cushion. Replace the seat.

9. Replace hardware on dressers and cabinets with new hardware.

## San Vicente ...

Continued from page 2

undertaking. The total project cost is \$416 million.

Local contractors and subcontractors worked on the dam project which now reaches 337 feet. Work began in June 2009. In 2011 the first layers of the roller-compacted concrete was placed. In 2014 the project was completed and the refill began. By late 2014 the marina will be completed.

Depending on the water supply availability the marina is expected to reopen in 2017. Those in attendance watched as the refill chute aqueduct was opened to water which cascaded into San Vicente. The water was transported through the new pipeline some 25 miles away.

The San Vicente Dam in Lakeside the largest water storage project in San Diego County history has been owned and operated by San Diego City since it was built in 1943. Those who built the dam in 1943 had the foresight to allow for a future add-on to the size of the 90,000 acre feet dam. The project has added 152,000 acre feet of water storage capacity. The fill will take two to three years.

The community of Lakeside, home to the San Vicente Dam, was well represented at the dedication with leaders from the Chamber of Commerce, Historical Society, Planning Group, Design Review and Lakeside Water District in attendance

## Dear Dr. Luauna — Let this cup pass



Dear Readers,

Allow me to share with you something every one of us must learn in life. We start on the road going full speed ahead, almost unstoppable at times and then all of a sudden, "BAM." We are stopped right in our tracks. When I think about these mighty disciples, Peter comes to my mind in, Matthew 26:35;

Peter said to Jesus, "Even if I have to die with You, I will not deny You!" How many times have we said, "Lord, I will serve you, stand for you, and never deny You?" Looking back over your life, you found yourself in a situation almost baffling to your own mind. How did this happen?

Like Peter, who suddenly finds himself in a courtyard, when a little servant girl yells out, "Aren't you one of His disciples?" Three times Peter denies Jesus. Or like King David, a man whose heart is after God, yet, finds himself in a terrible place standing before the Prophet Nathan, guilty of murder and sexual immorality.

How could this happen? It happens every day. We must guard our hearts, be on watch 24/7, over our soul, our natural desires can get us in BIG trouble, trouble, which can last a lifetime. Yes, we can find forgiveness, but we must understand even though we find forgiveness, we can leave a terrible trail of destruction behind.

The young boy who decides to have sex outside of marriage is suddenly diagnosed with AIDS. Or the young girl who had sex outside of marriage, finds herself alone, afraid, and now pregnant. The man, who decides he's bored with his marriage and steps out to have an affair, only to find himself in the divorce court. Losing his children and the wife he had loved for over 20 years. Later, she is standing at an altar to marry another man who will love the wife he thought was not valuable enough to stay loyal or worth loving. Now loved by another man, the new husband will tuck in his children at night, read them their bedtime story and watch them grow up instead of him.

In our life, there are times that are hard, I call it a garden experience. Our Christian walk can be challenged by this world and our flesh. Fight the good fight of faith. Hold your course, don't give in. Jesus set the greatest example in Matthew 26:38-39; Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me." He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will."

We must fight through to do the *will* of the Father. When we give into our will, there is no victory, and many others end up paying the price for our choices. King David! Yes, he did find forgiveness, but the baby died, the woman he decided to sleep with, her husband, Uriah was innocently killed, and the sword never left King David's home, generations later. Yes, Peter found forgiveness, and I thank God every day that we can go before His throne of *grace* in a time of trouble and temptation.

But maybe we should fight through our battles at the start, and not give in to them, "Not my will Father, but Your will be done." The price of giving in to our fleshly wants and desires always leave a trail of broken lives behind us. Count the cost before you make such a hasty decision.

Join me on Radio, Sundays 8 a.m. 1210 AM KPRZ – San Diego, CA. Dr. Luauna Stines, P.O. Box 2800, Ramona, CA 92065. [www.atouchfromabove.org](http://www.atouchfromabove.org) Prayer Mountain reservations (760) 315-1967. Follow me on Twitter, and Facebook. Order my new book:

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In His Love & mine, Dr. Luauna

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# For Health's Sake

## Elephant in the Boardroom ... how depression and stress are killing productivity

In a hypercompetitive global economy, organizations must be "on" 24/7. Yet this scramble for perpetual performance is taking a harsh toll on employees. They relentlessly push to get ahead and stay ahead—working longer days, emailing after hours, taking fewer vacations—often with little acknowledgment for their efforts. The result is a workforce that's not just disengaged (Gallup's 2013 State of the American Workplace report revealed that 70 percent of U.S. employees fall into this category), but also stressed and depressed.

And here's the irony, says Graeme Cowan: The constant hustle aimed at increasing productivity and profitability actually decreases both.

"The mental and emotional state of today's workforce is abysmal," says Cowan, a survivor of depression and author of *Back from the Brink: True Stories and Practical Help for Overcoming Depression and Bipolar Disorder* (New Harbinger Publications, Inc., 2014, ISBN: 978-1-608-82856-2, \$16.95, [www.IAmBackFromTheBrink.com](http://www.IAmBackFromTheBrink.com)). "And since there's a stigma around mental health issues, people aren't seeking help. In fact, despite depression and stress disorders being the biggest source of lost productivity, my research shows that 86 percent of those afflicted would rather suffer in silence. That's very bad news for employers, who may have a big portion of their workforce struggling along at reduced capacity."

Cowan, who is Australian, knows the ravages of depression firsthand. After spending most of his life as a senior executive with organizations like Johnson & Johnson and A.T. Kearney, he suffered a mental

breakdown, culminating in a suicide attempt. It was then that he began to wonder how widespread and impactful a problem workplace depression really is.

Turns out the problem is quite costly indeed. A study recently published by the Journal of the American Medical Association found that depressed workers experienced more health-related productivity losses than those without depression—costing employers \$44 billion.

A big part of the problem is a phenomenon called presenteeism—meaning that people are physically at work but not engaged and certainly not fully functioning. In fact, the JAMA study found that presenteeism accounts for greater losses in productivity among depressed workers than does absenteeism.

"The loss in productivity caused by depression is extremely difficult to track because it manifests via poor performance," notes Cowan. "But companies that don't address the elephant in the boardroom will suffer—even if they don't know they're suffering at all."

Here are just a few of Cowan's recommendations for leaders seeking to help depressed employees:

Be proactive about helping employees treat depression. Cowan recommends providing employees with workplace resources—including a mental health policy, wellness program, and intranet materials—to help them take action to deal with their illness. Whether available via an organization's intranet or downloadable in the form of a smartphone app, these resources must be both practical and evidence-based. To accommodate different learning styles, multimedia delivery would

be optimal. Companies could also assemble a panel or list of suitable mental health professionals whom employees can feel comfortable going to when they need assistance.

"A big regret for depressed individuals is that they didn't get an accurate diagnosis and treatment plan earlier," says Cowan. "There is a stigma around depression that discourages people from getting treatment. But when companies emphasize the importance of treating these issues, they help destigmatize them, which will lead to more people's getting the help they need more quickly."

Know how to recognize the signs of depression. Of course, a key step in providing employees with the care and support they need is knowing what signs indicate they may be suffering from depression. If a normally reliable employee starts calling in sick more than usual, missing deadlines or meetings, looks tired or overwhelmed, or has a decrease in overall performance, they could be depressed.

"Employers, managers, and coworkers should also keep an eye out for changes in temperament," notes Cowan. "For example, maybe an employee was well known for greeting you and other coworkers each morning or making friendly conversation during work breaks, but now goes straight to his desk or spends his breaks alone or surfing the Internet. These could each be signs that depression has taken hold and certainly indicate it might be time to check in with them and see how they're doing."

Teach managers and team members how to ask "Are you okay?" Fifty-one percent of employees believe that the most effective way to address harmful stress is "speaking to someone at work." "This creates a compelling case to increase the will and skill of managers and team

members to ask 'Are you okay?' and encourage the stressed employee to take action," says Cowan. "I recommend a four-step process to building trust and helping someone you are concerned about. First, break the ice. The best ice breaker? Simply ask 'Are you okay?' Next, listen without judgment. Then, encourage action. And finally, follow up."

"Many managers are paralyzed by the fear of saying the wrong thing and opt for saying nothing instead. I guarantee that if you approach the conversation with a genuine effort to 'put yourself in their shoes,' your intent will be felt and appreciated. Compassion or emotional support plays an essential role in recovering from depression. Employees say that when a supervisor or coworker shows they care about them as a person, it is the biggest predictor of recovery and return to productivity."

Make sure their work fits their strengths. Engaged employees, doing work they're good at, are happy employees. Companies can help prevent workplace depression by making sure employees are satisfied with their work. And where depression already exists, Cowan says helping the employee get back to doing fulfilling work will help them recover.

"Through my own work in recruitment, outplacement, and career planning, I know that a large percentage of employees aren't in the right role, and this will often have a detrimental impact on their mental health," notes Cowan. "Employees achieve the greatest fulfillment from work when they're using their strengths. Tom Rath's (Gallup, Inc.) book *Strengths Based Leadership* finds that employees who use their top five strengths on a daily basis are 600 percent more likely to be engaged at work and 300 percent more likely to be satisfied with their lives."

"Martin Seligman in his book *Flourish* provides numerous case studies highlighting how recovery from mental illness can be enhanced by coaching people using their strengths. And of course, ensuring your employees are doing work that is truly engaging and that they actually like to do is great for companies, too. Not only will employees be more productive, but their work will be of a greater quality."

Provide ways for employees to get exercise. One of the common symptoms of depression is fatigue and an overactive mind and underactive body. According to the Mayo Clinic, a 30-minute brisk walk improves your mood 2, 4, 8, and 12 hours later compared to those who don't exercise.

"A great way for companies to play a role here is to offer physical and mental wellness programs," says Cowan. "Em-

ployees with a positive mood are 31 percent more productive, sell 37 percent more, and are 300 percent more creative. The productivity benefit that could flow from a program that builds employee physical and mental well-being is almost self-evident, especially in light of exercise's being judged so important for recovery." "If a virus or other illness was running rampant through your workforce, you wouldn't sit back and do nothing while employees called in sick or sat at their desks unable to do their jobs," says Cowan. "More than likely, you'd find ways to help your employees get well as soon as possible. That's why it doesn't make sense for employers to ignore the hold that depression has on so many of their employees. It's time to get this elephant out of our boardrooms. Companies that recognize the importance of helping their employees get the mental health care they need will reap huge benefits."

### Laughter is the Best Medicine

#### Phone call

A young businessman had just started his own firm. He'd rented a beautiful office and had it furnished with antiques. Sitting there, he saw a man come into the outer office. Wishing to appear busy, the businessman picked up the phone and started to pretend he had a big deal working. He threw huge figures around and made giant commitments. Finally, he hung up and asked the visitor, "Can I help you?"

The man said, "Sure. I've come to install the phone".

Have a funny joke you'd like to share with the Gazette readers? Send to: [jokes@ecgazette.com](mailto:jokes@ecgazette.com) or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021. Remember to add your name and city you live in so we may give credit.

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## — IN THE COMMUNITY —

Visit: [www.eastcountyconnect.com](http://www.eastcountyconnect.com) for more events

# Out and about in the County

**Through Oct. 24: “Cruz’n the Lakes”** car show gears up for an exciting new season. Every week all makes models and years of automotive history cruise into Santee Lakes Park Lake #1 for a weekly car show entitled, “Cruz’n the Lakes.” The 2014 runs through Friday, Oct. 24. Participants arrive for showtime at 3 p.m. every Friday afternoon and finishing each Friday evening at park closing when the sun goes down. “Cruz’n the Lakes” car show is free to attend, however there is a small car fee to enter the park. Santee Lakes Park is also a private park and therefore adult beverages are allowed.

**Through September 26: “Dinner & a Concert” at the Prescott Promenade!** Every Friday, It’s fun music and dancing from 6 to 8 p.m. The only two exceptions are June 13 and July 4, when concerts will be held on Thursday, June 12 & July 3, in conjunction with the Farmers’ Market. Arrive early to dine at one of the many great restaurants downtown, or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at [www.downtownelcajon.com](http://www.downtownelcajon.com), or call (619) 334-3000.

**Through Sept. 27: Helping Women Help Themselves** (HWHT) is a non-profit organization created to provide education and on-going business support to women that are currently operating or thinking about starting their own micro-business.

In collaboration with Bank of America, HWHT will be hosting 3-hour micro-business seminars at select San Diego County Library branches.

The following seminars will be presented in English:

Saturday, July 26: 10 a.m.-1 p.m., Casa de Oro, 9805 Campo Road #180

Saturday, Sept. 13: 10 a.m.-1 p.m., Santee, 9225 Carlton Hills Blvd #17

Saturday, Sept. 27: 10 a.m.-1 p.m., Poway, 13137 Poway Road

The following seminars will be presented in Spanish:

Friday, June 27: 10:30 a.m.-1:30 p.m., Spring Valley, 836 Kempton Street

Saturday, July 26: 10 a.m.-1 p.m., Casa de Oro, 9805 Campo Road #180

Saturday, Aug. 9: 10 a.m. - 1 p.m., Vista, 700 Eucalyptus Ave

“The logo development, the advice, the general support and belief in what I am doing has been amazing,” said Autumn B., a resident of Encinitas who attended a seminar.

In addition to the seminar, participants will receive a free Micro-Business Manual which will provide an overview of topics such as knowing your resources, developing a strategy, getting the correct permits, and much more. Participants will also have access to on-going business support, including one-on-one business consultation, logo development, and other graphic arts services all free of charge.

To register for the seminars or to learn more about the seminar details, contact Sandra Raygoza at [Sandra@hwht.org](mailto:Sandra@hwht.org). Registration is also available at the participating library locations. For more information on San Diego County Library, visit [www.sdcl.org](http://www.sdcl.org).

**Aug. 15: Legends Comedy Club** coming to East County San Diego. Rising Legends Entertainment and Oaks Bar & Grill present San Diego County’s newest and East County’s only comedy club. The new club called “Legends Comedy Club” will be located inside Oaks Bar & Grill at the Carlton Oaks Golf & Resort (9200 Inwood Dr., Santee, CA 92071).

Starting Friday August 15, Legends Comedy Club will be bringing affordable laughs with nationally touring comedians and local favorites every Friday and Saturday night at 9:30 p.m.

Kicking off its grand opening weekend will be the hard-hitting, phenomenally funny, Jen Kober, from “The Mindy Project,” “Anger Management,” “Grudge Match,” and “American Reunion.”

Tickets will start at \$15 and may be purchased online at [www.legendcomedyclub.com](http://www.legendcomedyclub.com). For details, contact Brandon Young at (619) 606-0996 or via email at [legendcomedyclub@gmail.com](mailto:legendcomedyclub@gmail.com).

\*Ages 18+

**Sept. 5-6: San Diego Militaria Collectibles Show** featuring unique items from all time periods and countries. Insignia, patches, wings, badges, uniforms, gear, artwork and much more. No firearms or ammo allowed at this event. Great for the entire family, as well as the advanced and beginner collector. Hosted by ASMIC (American Society of Military Insignia Collectors - a non profit organization). Town and Country Resort Convention Center at 500 Hotel Circle N in San Diego (Mission Valley area). Friday, Sept. 5 12 - 5 p.m. and Saturday, Sept. 6, 8:30 a.m. - 5 p.m. Admission \$7. Check out [www.asmic.org](http://www.asmic.org) for information about the ASMIC organization - we hope you will join us!

**Oct. 11 - 12: Art Glass Guild Annual Fall Show/Sale in Balboa Park** from 10 a.m. to 5 p.m. both days Handmade Art Glass by local artists, functional, decorative and jewelry. Meet over 30 juried artists plus live music, food and hands on demonstrations for children and adults. <http://artglassguild.com> or (619) 702-8006.

## ONGOING

**Saturdays: Old-time Scenic Train Rides.** Bring the whole family for a pleasant, leisurely vintage train ride through San Diego’s scenic east-county mountains from Campo to Tunnel #4 and return. Beginning June 21, the non-profit Pacific Southwest Railway Museum will provide two trains each Saturday through August 30, departing the historic Campo train station at 5 p.m. and 7 p.m. Reservations are not required for this 12-mile, 1-hour scenic journey. Kids (5 or younger), free; 6 - 12, \$5; adults (13+), \$15; seniors (65+), \$12. Admission and museum tour included. Air-conditioned gift store, snacks and cold beverages, ice cream. Picnic area, free parking, wheelchair-friendly. Grounds open at noon. 40 acres of vintage train exhibits. For an added thrill, check out the “Cab Ride,” an opportunity to ride up on the locomotive with the engineer and blow the horn for the road crossings. Listen to the radio conversation between the engineer and his crew. Watch as he carefully and smoothly eases the train down the mountain, following the twists and turns of Campo Creek. Up to two persons may ride in each direction. Some restrictions apply. Reservations are required at [www.psr.org](http://www.psr.org). Find us at 750 Depot St., Campo (near Highway 94 & Forrest Gate Rd.). Information: (619) 465-PSRM. (NOTE: museum will also be open on Sundays 10 a.m. - 3 p.m. through August but no trains will run). All aboard!

**Saturdays: The Lakeside Museum** is open every Saturday from 10 a.m. until 2 p.m. or by appointment. Many antiques were donated by Lakeside pioneer families. The museum is located next door to the Historical Society’s Olde Community Church, 9906 Maine Avenue. Call the History Center for more information at (619) 561-1886.

**Sundays: Julian Doves & Desperados** (weather permitting) 1 p.m., 2 p.m., 3 p.m.: Historic comedy skits located at the stage area between Cabbages & Kings and the Julian Market & Deli. For more information contact Krisie at (760) 765-1857.

**Wednesdays: Santee Farmer’s Market** from 3 to 7 p.m. on Pathways Church parking lot, 9638 Carlton Hills Blvd., Santee.

**Thursdays: New Home School Loaning Library**, from 7 – 8:30 p.m. at the Community Church of San Diego, 7811 Mission Gorge Rd San Diego CA 92120. For more info, to make a donation or an appointment (619) 583-8200.

## Who will be the next Queen?

**Don’t miss out on this chance to be the Queen of the Mother Goose Parade! Act now!**



### QUEEN'S CONTEST / SCHOLARSHIP AND LEADERSHIP PROGRAM For Young Women In San Diego County 2014-2015

- PLEASE TYPE OR PRINT CLEARLY
- PLEASE KEEP A COPY FOR YOUR RECORDS
- ATTACH A COPY OF YOUR LATEST SCHOOL PROGRESS REPORT

Legal Name of Applicant: \_\_\_\_\_

Nickname of Applicant: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Your E-Mail Address: \_\_\_\_\_

High School Attending: \_\_\_\_\_ Current Grade Level: \_\_\_\_\_

Have you participated in the Contest/Program before? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, what year(s): \_\_\_\_\_

Parent(s)/Guardian(s) Name(s): \_\_\_\_\_

Parent's Work or Call: \_\_\_\_\_

Parent's E-Mail Address: \_\_\_\_\_

I agree that I am qualified for the Queen's Contest/Scholarship and Leadership Program of the Mother Goose Parade Association based on the following rules and regulations established for the contest/program. I agree to abide by the rules and obligations set forth by the Mother Goose Board of Directors. I agree that failure to comply with these rules and obligations will result in forfeiture of participation and title, along with any and all prizes and scholarships.

1. I will be a full-time high school student in San Diego County at the time I participate in November 2014.
2. I currently hold a 3.0 GPA or better and will continue to hold this requirement.
3. I am female, single, never have been married, never have given birth to a child or have been a mother, and I am of good moral character.
4. I have not been convicted of a crime of moral turpitude.
5. I have not appeared nude or semi-nude in any photo, movie, video, publication, website, or event and will not appear in such during my participation and during the year reigning as Mother Goose Queen or in the Royal Court.
6. Fabrication of any information on the entry form will disqualify me from the further participation in the program.
7. I am aware that I will be required to provide my own wardrobe for the contest and any other activities of the program.
8. I will participate in all workshops for self-betterment, unless other arrangements have been made with the Board of Directors.
9. All appearances as Mother Goose Queen or in the Royal Court must be approved by the Mother Goose Parade Board of Directors.

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Print Parent's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_



## — ENTERTAINMENT —

# Behind the scenes at Cygnet



Artistic Director Sean Murray

By Diana Saenger

Many playgoers that attend theatrical productions rarely know how much goes on behind the scenes. Putting a show together can take months or even years. Cygnet Theater in Old Town, under the guidance of Artistic Director Sean Murray, has gained a reputation for its entertaining and gripping shows.

This past week Cygnet offered a chance to the public to come in and meet the creative team putting on their new play *Pageant*. The show has been around for years, even previously performed by some of the Cygnet team. Bill Russell and Frank Kelly wrote the book and lyrics for the show. Albert Evans created the music. Don Lemaster is the music director at Cygnet who worked on this show.

Sitting in the audience it was hard not to miss the beautiful pink portal with its embossed gold letters *Glamouresse* – which in the musical is – a beauty product company supporting the pageant. What's really amusing about this show is that all the beauty queens are males.

Murray began by introducing his team. "I had in mind when designing this set to focus on characters not camp, and basically how beauty is sometimes

forced on women," he said. "How to create this show, which has played on Broadway, in the small space we have was a challenge."

James Vasquez, the director and choreographer, also directed the previous show.

"I saw the show three times in New York," Vasquez said. "I decided then I would never do it, I'd make an ugly woman. The fun I see in this play is the expressing of originality. I say let your freak flag fly. I've always been a fan of underdogs. These are talented actors, we have a great design team, and the costumes are brilliant. One of the dresses has 70 yards of organza."

Sean Fanning, a scenic designer and resident artist of Cygnet is responsible for the charming set design for *pageant*. "I started sketching different designs," he said. "I looked at a lot of videos to get some ideas. I knew I wanted something serious not tacky, so I was fortunate when we got the portal arch, beautifully made with tuck and roll."

Peter Herman was in charge of wigs and makeup. "I had to use some old tricks in order to soften up the male faces, especially their eyes and coordinate them with their costumes," Herman said. "That was a very big challenge because we have many different colored lights and every time a costume is under one light, the effects will color the dress different, so if the actor steps three feet sideways or back, the color can change again."

The lighting designer is Michelle Caron. "I had a lot of things to think about," she said. "My first was, what do they want a pageant to look like? Most people that watch TV pageants

expect the girls to look like those on TV shows of today like, *The Voice* or *American Idol*? So I had to figure out what look they would relate to. And then there was the challenge of I have to make different ones for each individual contestant. Were they to be dressed for glamour or their talent, and with the lighting I have to figure out where they move on the stage and when. I also had to light up the podiums on both sides of the stage where the girls do TV promos for the *Glamouresse* products."

A musical requires an expert sound designer. Cygnet's resident artist and sound designer is Matt Lescault-Wood. "One of my biggest challenges," he said, "was where to put the mic's. Since there were so many costume changes but nobody had hats, I mostly had to work with hairpieces. One of the elements I was excited about was the piped in music we had which we developed to sound like a real band in the back of the theater on the stage."

One of the most intense jobs in this play, especially since males are playing girls, were the costumes. Shirley Pearson is a costume designer and Cygnet resident artist, who started talking to Gregg Barnes, an American costume designer

for stage and film, and two-time Tony Award winner, a year ago.

"I started with ideas of original designs and then would size or shape and try to figure out what works for each character. That was a real challenge for men who need to look like women. My two assistants and I would have frequent meetings to go over things. The men have to wear Spanx under their attire through the entire show."

All of this work cumulated into a great and wonderful show where the actors Max Cadillac (Miss Industrial Northeast), Ryan Fahey (Miss Bible Belt), Luke Harvey Jacobs (Miss West Coast), David McBean, (Miss Deep South), Charles Osborne (Miss Texas) and Connor Tibbs (Miss Great Plains) not only looked exquisite, but sang and dance well and gave the audience a laugh a minute.

*Pageant* runs now - August 31, 2014, at Cygnet Theatre Company, Old Town Stage, 4040 Twigg Street, San Diego. Tickets start at \$37, Discounts for seniors, students and military.

Call (619) 337-1525 or visit <http://www.cygnettheatre.com/>



Murray, Sean Fanning, Peter Herman, Michelle Caron, Matt Lescault-Wood, James Vasquez, Shirley Pearson Photo credit: Kathy Foster

Ryan Fahey, Charles Osborne, Conor Tibbs, David McBean, Max Cadillac, Luke Harvey Jacobs in *Pageant*: Photo Credit: Daren Scott

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— ENTERTAINMENT —

# ‘Sex Tape’ is dull, bad and worse

**Review by Diana Saenger**  
Some people enjoy porn, others disdain it. No matter which boat one floats in, watching *Sex Tape* feels like a sinking ship. It's not quick porn but borderline and watching two people, Annie (Cameron Diaz) and Jay (Jason Segal) nearly

sex themselves to death even after they're married is not fun, entertaining or believable.

The plot is impossible, and there's no chemistry between these two actors. Add in that Annie wants to please what might be her new boss (Rob Lowe) so bad; she agrees to snort cocaine. When the couple drag their two small children along as they break into a business; that was it for me. Every minute I spent in the theatre watching this film was a regretful waste of time.

**Photo right: Jason Segal and Cameron Diaz star in *Sex Tape***

**Photo Credit: Claire Folger / Sony Pictures Entertainment**



REEL FACTS

**Sex Tape**  
Studio: Columbia  
Gazette Grade: D-  
MPAA: Rated "R" for strong sexual content, nudity, language and some drug use

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"Men cook for pleasure and showmanship -- not just for practicality -- which explains why they are so attracted to the grill, but indoors there are plenty of occasions to play with knives, fire and flavor," says bestselling cookbook author and award winning food writer, Steven Raichlen.

Raichlen's new book "Man Made Meals: The Essential Cookbook for Guys," teaches men to navigate the kitchen with confidence, style and tenacity. He operates under the principle that whether you're frying an egg, building a quesadilla, or putting together a four-course meal, using quality ingredients and proper techniques can make or break a meal.

And with just a bit of knowledge, men can stop relying on takeout or someone else for homemade cooking. Whether single or married, in college or retired, on a budget or on the board of directors, learning the way around a kitchen can help you eat well and you can even show off while doing it!

Give this flavorful recipe -- that you can eat with your hands -- a try!

### Finger Burner Lamb Chops:

#### Ingredients

- 2 1/2 pounds small lamb rib chops, cut 1/2 inch thick
- Coarse salt (kosher or sea) and cracked or freshly ground black peppercorns
- 1 tablespoon hot red pepper flakes, or to taste
- 3 cloves garlic, peeled and minced
- 3 tablespoons finely chopped fresh rosemary
- 1 to 4 tablespoons extra virgin olive oil, depending on the cooking method
- Lemon wedges, for serving

#### Directions

- Arrange the lamb chops in a single layer on a baking sheet. Generously season one side with salt and pepper and half of the hot pepper flakes, minced garlic, and rosemary. Drizzle two tablespoons of olive oil over the chops and pat the ingredients onto the meat with your fin-



**Photo credit: (c) Lucy Schaeffer Photography**

gertips. Turn and repeat on the second side. Marinate in the refrigerator for about 20 minutes.

- Heat one tablespoon extra virgin olive oil in a large cast-iron skillet or on a plancha over high heat until shimmering. Add the lamb chops in a single layer (work in batches as needed) and cook until well-browned on the bottom, about three minutes. Turn and cook until well-browned and the meat is cooked through or to taste, about three minutes for medium.

- Place the chops on a platter and encourage everyone to pick them up and eat the meat straight from the bone. Serve with lemon wedges for squeezing and plenty of napkins.

(StatePoint)

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— ENTERTAINMENT —

# A curmudgeon finds humanity in “And So It Goes”



Michael Douglas and Diane Keaton star in “And So It Goes.” Photo Credit: Clay Enos / Clarius Entertainment

Review by Diana Saenger

**M**oviegoers often benefit when a film boasts more than one genre. Such is the case with *And So It Goes*, co-starring Michael Douglas and Diane Keaton. It’s somewhat of a romance as well as a little bit of a comedy, plus a story about family and reconnecting with yourself and life.

Oren Little (Douglas) appears to be going through some hard times. He’s lost his wife, his son is going to jail, and Oren must deal with getting rid of their huge beautiful family home. He often sits in the kitchen when prospective buyers are coming by – and maybe tries too hard. When he understands what ethnic group will be coming,

he changes the photo in the frame on a counter of people representing that ethnic group.

Meanwhile, Oren is a real estate broker also living in and running La Shangri-La. It’s a small complex with a few renters that Oren continues to anger when he parks his car up front where no one else can park. This means those renters have to walk a distance with kids and shopping items to get to their apartments.

Next door to Oren is Leah (Diane Keaton), a lounge singer who finds her landlord obnoxious, rude, and stuck in his own depressed world.

Oren gets little sympathy from anyone except fellow realtor Claire (Frances Stern-

hagen), whose age and life experiences are preceded by her sharp wit and quick tongue when Oren asks for advice. Sternhagen’s role may be small but she steals half the thunder in this film and is responsible for many of the laughs.

A bombshell drops on Oren when his son Luke (Scott Shepherd) announces he has to go back to jail, and he needs Oren to take care of his eight-year-old granddaughter, Sarah (Sterling Jerins). Oren refuses, but Luke returns later when Oren is gone. He leaves a note and Sarah with Leah.

After a near meltdown, Leah informs Oren that he has no choice in the matter and she will pitch in and help. That turns into Sarah spending the

first night at Leah’s and forming an instant bond with her.

Director Rob Reiner has entertained movie fans for years with simple plots about love, romance, family and always laughable moments. A TV writer, producer, actor turned big screen developer, he has delivered funny and poignant films such as *A Few Good Men*, *The Princess Bride*, *When Harry Met Sally*, *The Bucket List* and more.

“*And So It Goes*,” Reiner says, follows his formulaic movie approach.

“I basically make the same movie over and over again. The woman is always more advanced and more developed and emotionally stable. And the man is like an idiot running around, trying to figure it all out, until he realizes that he should be with the woman.

And so it is with *And So It Goes*.”

In this latest Reiner film, Leah seems very lonely even with Sarah around. Maybe Oren has entered her life at just the right time, if she can get him to see reality and step up to his obligations. Meanwhile, Oren becomes super impressed with her vocal talents and assures her he can find her a much better paying job if she’ll take a chance on him.

Keaton performs her role with the same charm and

comedic abilities she brings to every funny movie, and she’s also a wonderful singer. She’s delightful in this film. Douglas, as Oren, is at first a curmudgeon mostly for authentic reasons, and there are moments when you just want to slap him and say deal with it. But slowly you can see him melt as Sarah warms her way into his life, maybe even leaving a little room for Leah.

I enjoyed *And So It Goes* – especially watching iconic actors who can still bring a smile to our faces and a little touch of humanity to our hearts.



**And So It Goes**

**Studio:** Clarius Entertainment

**Gazette Grade:** B

**MPAA:** “PG-13” for some sexual references and drug elements

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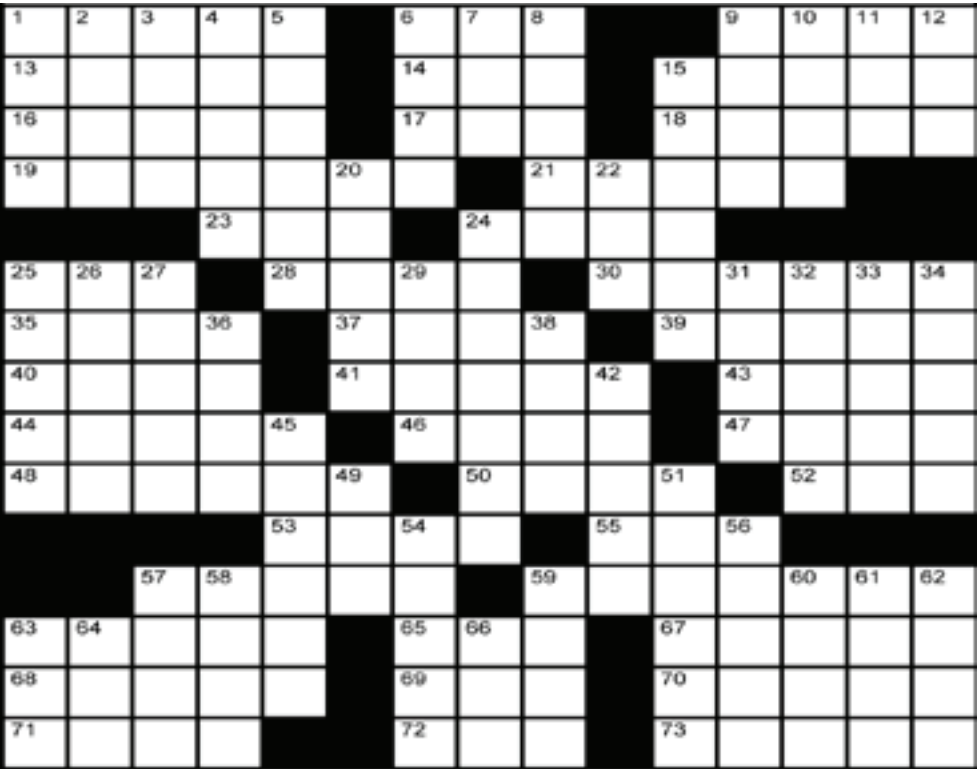
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THEME: MORE VILLAINS

ACROSS

- 1. Shrub or tree especially common in Africa
- 6. "Toy Story" child antagonist
- 9. "That was close!"
- 13. \_\_\_\_-\_\_\_\_la
- 14. \*He confronted Jafar in Disney's "Aladdin"
- 15. This one should beware
- 16. Asteraceae flower
- 17. Presidential election month
- 18. State indirectly
- 19. \*Cuckoo's nest guardian

- 21. Open-mouthed
- 23. Fa follower
- 24. December stone
- 25. Fitting
- 28. Embarkation location
- 30. "The Exorcist" possessor
- 35. Brooding
- 37. Last word in radio transmission
- 39. Flax plant fabric
- 40. Calcium oxide
- 41. \*He's evil in "the Jungle Book"
- 43. Penpoints
- 44. Hipbone-related
- 46. Like the White Rabbit

- 47. \_\_\_\_ Crawley, The Countess of Grantham
- 48. The enlightened one
- 50. Post-deductions amount
- 52. "Uh-uh"
- 53. To a remarkable degree, in U.K.
- 55. \_\_\_\_ or decaf
- 57. Right-hand page
- 59. "Seven" sadist
- 63. Floorboard sound
- 65. \_\_\_\_ Beta Kappa
- 67. Spacious
- 68. Ancient
- 69. Bro or sis
- 70. Amnion, pl.

- 71. "\_\_\_\_" all work out"
- 72. \*All about her
- 73. Egg holders

DOWN

- 1. "The first \_\_\_\_ I see tonight"
- 2. "Major" animal
- 3. \*He played a sociopath in "The Talented Mr. Ripley"
- 4. Smart \_\_\_\_\_. pl.
- 5. Drive-in employee
- 6. Sometimes used for timing
- 7. U.N. labor agency
- 8. Parlor piece
- 9. Shoe option
- 10. Sensational promotion
- 11. Moray \_\_\_\_
- 12. Kind of humor
- 15. With two axes
- 20. Poet T.S.
- 22. To swindle or cheat
- 24. Kitchen herb
- 25. Wing it
- 26. WWI French soldier
- 27. Abnormally distended, especially by fluids
- 29. \*Funny and a Dr.
- 31. Dietary mineral
- 32. "For better or worse"?
- 33. Camouflaged equine
- 34. Take back what one said
- 36. Decode letters
- 38. Network of nerves
- 42. Old but in
- 45. \*No ordinary doll
- 49. Aardvark's meal morsel
- 51. Ali Khamenei's capital
- 54. Bush thicket
- 56. Lawn ornament
- 57. Bona fide
- 58. \*Voice of Darth Vader, James \_\_\_\_ Jones
- 59. Be compatible
- 60. Cheadle and Rickles
- 61. Bypass
- 62. Unfledged or nestling hawk
- 63. Fraternity letter
- 64. Process of decay
- 66. It destroys helper T cells

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			1			4		
7				9	4			8
4	2							
	4				7		8	6
8				1				5
1	3		4				7	
							6	9
6			3	5				1
		7			9			

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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**Looking Back at World War I**  
100th Anniversary of the end of the war

How Did Animals Help the Soldiers?

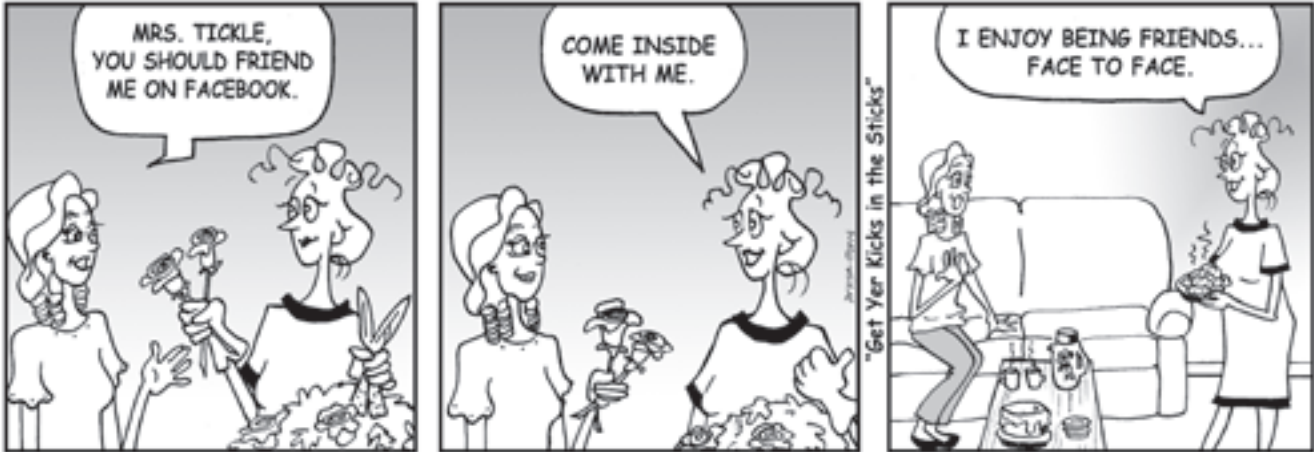
- 1. Unleash the dog
- 2. Weigh in the bag
- 3. Scented fabric
- 4. Socks
- 5. Socks
- 6. Socks
- 7. Socks

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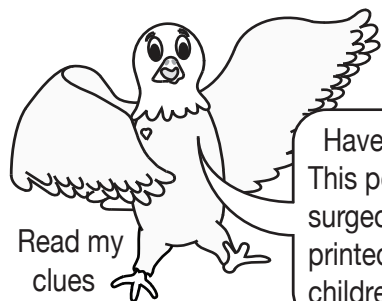


# Newspaper Fun!

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...that involved countries all over the world.



Read my clues about WWI.

## Looking Back at World War I

Have you ever heard of the poem "In Flanders Fields"? This poem was written during World War I by a field surgeon named John McCrae. Published in poetry books, printed many times in newspapers and memorized by children, it has become a famous war memorial poem.

100th Anniversary of the start of the war

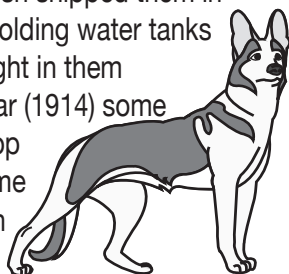


In Flanders fields the poppies blow  
Between the crosses, row by row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard among the guns below.

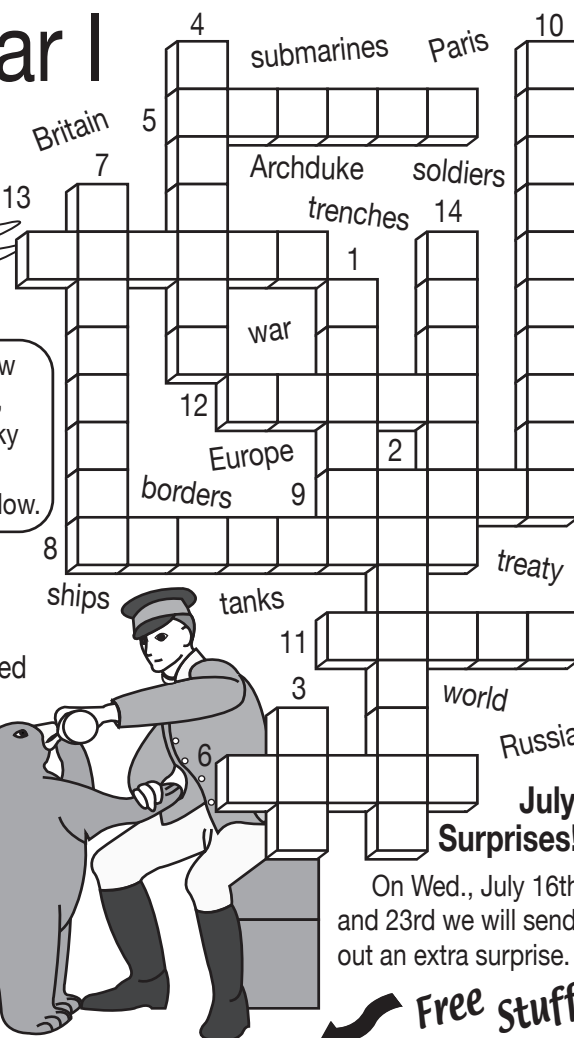
**In Flanders Fields**  
By John McCrae  
(First Stanza)

### Fill in the crossword.

1. in 1914, people in the small country of Serbia (in \_\_\_\_\_) did not want the Emperor of the large nation of Austria-Hungary to their north to rule their country
2. when the Austrian-Hungarian \_\_\_\_\_ Franz Ferdinand and his wife visited Serbia, they were killed while riding in their carriage
3. this was seen as an act of \_\_\_\_\_ and the countries of Bulgaria, Italy, Germany and the Ottoman Empire sided with Austria-Hungary (Italy later switched sides)
4. France, Great \_\_\_\_\_ and Russia lined up with Serbia
5. at the beginning of the war, \_\_\_\_\_ had the largest army in the world and sent the most soldiers
6. \_\_\_\_\_ were used for the first time during this war; at first called 'land ships'; the British shipped them in crates that were supposed to be holding water tanks
7. soldiers dug \_\_\_\_\_; lived and fought in them
8. during the first Christmas of the war (1914) some \_\_\_\_\_ on both sides agreed to stop fighting; they sang songs, gave some small gifts of food – and some even took part in a football game



9. France built a fake city of \_\_\_\_\_ hoping to confuse enemy fighter pilots
10. the U.S. joined in WWI (1917) after Germany's \_\_\_\_\_ sank American ships and Germany tried to get Mexico to side with them by promising land that Mexico had lost to the U.S. earlier
11. German U-Boats sank over 5,000 \_\_\_\_\_
12. this was the first war fought by countries all over the \_\_\_\_\_ and was so terrible people felt that it must be the "War to End All Wars"
13. at the end of WWI (1919), Germany, Austria and Turkey had to sign a \_\_\_\_\_ giving up their colonies (lands they had taken over)
14. new \_\_\_\_\_ were drawn, some countries added land, some new countries were created too – the map of Europe changed largely to the one we see today

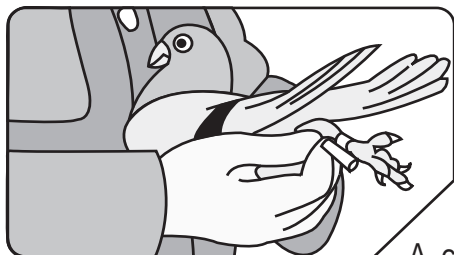


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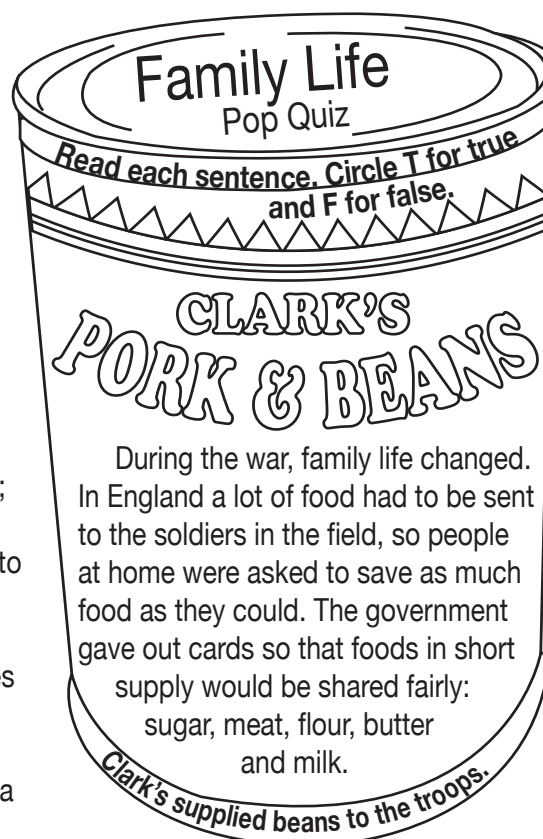
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## How Did Animals Help the Soldiers?



During the course of World War I, animals helped the soldiers in many ways. Some were mascots and cheered up the troops. Some animals saved soldiers' lives. **Can you match each to how it was known to help the soldiers?**

1. Jimmy the donkey
  2. Winnipeg the bear
  3. Sergeant Stubby (dog)
  4. horses
  5. terriers
  6. pigeons
  7. German shepherds
- A. carried soldiers, pulled wagons
  - B. born on French battlefield (1916); lifted hoof in salute; carried supplies and injured soldiers
  - C. brought overseas by American soldier; smelled gas and alerted soldiers, saving lives; thought to be the greatest war dog of all time
  - D. worked for Red Cross; went onto battlefields to reach wounded men; used to guard soldiers
  - E. trained to kill rats in the trenches; were called "ratters"; saved troops from bites and diseases
  - F. flew with messages; very dependable, and information they carried saved lives
  - G. black bear cub brought overseas from Canada as a mascot, donated to the London Zoo



1. A lot of men went to war so women filled their jobs.  
T F
2. With Moms working in factories, many children grew up without a parent home all day.  
T F
3. Boy and Girl Scouts of America handed out pamphlets on how to buy candy to support the soldiers.  
T F
4. Dried foods kept a long time so demand rose for them.  
T F
5. When people went to see a movie, a film 'news' reel would be shown first.  
T F



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**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017107**  
FICTITIOUS BUSINESS NAME(S): a.)Frosty Burger b.)Frosty Burgers  
Located at: 28823 Old Highway 80, Pine Valley, CA, CA, 91962  
This business is conducted by: A Limited Liability Company  
The business has not yet started  
This business is hereby registered by the following: 1.Social Impact Products LLC 3855 Avocado Blvd, Suite 160, La Mesa, CA, 91941  
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FICTITIOUS BUSINESS NAME(S): B&B Liquor and Tobacco  
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This business is conducted by: Co-Partners  
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FICTITIOUS BUSINESS NAME(S): a.)Buildin Bridges b.)Buildin Bridges Records  
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East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018210**  
FICTITIOUS BUSINESS NAME(S): A and A Real Estate Services  
Located at: 10040 Vine St., Lakeside, CA, 92040  
This business is conducted by: An Individual  
The first day of business was: 08/01/2009  
This business is hereby registered by the following: 1.Angela Andrews 9312 Los Cochese Rd., Lakeside, CA, 92071  
This statement was filed with Recorder/County Clerk of San Diego County on July 07, 2014  
East County Gazette- GIE030790 7/17, 7/24, 7/31, 8/7 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018373**  
FICTITIOUS BUSINESS NAME(S): Honest-1 Auto Care  
Located at: 7375 Jackson Dr. STE C, San Diego, CA, 92119  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1.John Sterne Enterprises 13274 Caminito Mar Villa, Del Mar, CA, 92014  
This statement was filed with Recorder/County Clerk of San Diego County on July 08, 2014  
East County Gazette- GIE030790 7/17, 7/24, 7/31, 8/7 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017300**  
FICTITIOUS BUSINESS NAME(S): Cosmetic Laser Dermatology  
Located at: 9339 Genesee Avenue Suite 300, San Diego, CA, 92121  
This business is conducted by: A Corporation  
The first day of business was: 06/26/2002  
This business is hereby registered by the following: 1.Dermatology/Cosmetic Laser Medical Associates of La Jolla, Inc. 9339 Genesee Avenue, Suite 300, San Diego, CA, 92121  
This statement was filed with Recorder/County Clerk of San Diego County on June 24, 2014  
East County Gazette- GIE030790 7/3, 7/10, 7/17, 7/24 2014

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**

**ORIGINAL FILE NO. 2014-009280 FILE NO. 2014-017792**

The following person(s) has/have abandoned the use of the fictitious business name: Global Brokerage Solutions  
The Fictitious Business Name Statement was filed on April 02, 2014, in the County of San Diego.  
339 W. Park Ave, El Cajon, CA, 92020  
This business is abandoned by: 1. Martin Urueta Jr. 339 Park W. Park Ave, El Cajon, CA, 92020 2. Laura Urueta 339 W. Park Ave, El Cajon, CA, 92020  
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON June 30, 2014  
East County Gazette GIE 030790 7/3, 7/10, 7/17, 7/24 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018138**  
FICTITIOUS BUSINESS NAME(S): BusyBox  
Located at: 2045 Flying Hills Ct., El Cajon, CA, 92020  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1.Sara Ratliff 2045 Flying Hills Ct, El Cajon, CA, 92020  
This statement was filed with Recorder/County Clerk of San Diego County on July 03, 2014  
East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017884**  
FICTITIOUS BUSINESS NAME(S): CEDCO CONSTRUCTION  
Located at: 31836 Bobritt Road, Bonsall, CA, 92003  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1.William T. Davis 6720 W. Serene Ave, Las Vegas, NV, 89139  
This statement was filed with Recorder/County Clerk of San Diego County on July 01, 2014  
East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018507**  
FICTITIOUS BUSINESS NAME(S): Tierra Del Sol Holdings  
Located at: 10504 Flora Azalea Ct, Santee, CA, 92071  
This business is conducted by: A General Partnership  
The first day of business was: 08/05/2004  
This business is hereby registered by the following: 1.Helene M. Deisher 10504 Flora Azalea Ct, Santee, CA, 92071 2.Evelyn L. Schwarz 10504 Flora Azalea Ct, Santee, CA, 92071  
This statement was filed with Recorder/County Clerk of San Diego County on July 09, 2014  
East County Gazette- GIE030790 7/17, 7/24, 7/31, 8/7 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018095**  
FICTITIOUS BUSINESS NAME(S): Rhombus  
Located at:16945 Platinum Pl., Lakeside, CA, 92040  
This business is conducted by: A Married Couple  
The first day of business was: 05/20/2014  
This business is hereby registered by the following: 1.Julie Hayden 16945 Platinum Pl, Lakeside, CA, 92040 2.Raymond D. Hayden IV 16945 Platinum Pl., Lakeside, CA, 92040  
This statement was filed with Recorder/County Clerk of San Diego County on July 03, 2014  
East County Gazette- GIE030790 7/17, 7/24, 7/31, 8/7 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018240**  
FICTITIOUS BUSINESS NAME(S): Zensational Spa  
Located at: 6156 Mission Gorge Rd Ste C, San Diego, CA, 92120  
This business is conducted by: A Corporation  
The first day of business was: 07/01/14  
This business is hereby registered by the following: 1.Clear Products Inc. 6156 Mission Gorge Rd, Ste C, San Diego, CA, 92120  
This statement was filed with Recorder/County Clerk of San Diego County on July 07, 2014  
East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017699**  
FICTITIOUS BUSINESS NAME(S): Lost Kawz Lifestyle  
Located at: 808 Woodside Lane, Encinitas, CA, 92024  
This business is conducted by: An Individual  
The first day of business was: 06/01/2013  
This business is hereby registered by the following: 1.Katharine Webster 808 Woodside Lane, Encinitas, CA, 92024  
This statement was filed with Recorder/County Clerk of San Diego County on June 27, 2014  
East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017635**  
FICTITIOUS BUSINESS NAME(S): a.)King Limo Service b.)California Limo Service  
Located at: 8031 Winter Gardens Blvd. #32, El Cajon, CA, 92021  
This business is conducted by: A General Partnership  
The business has not yet started  
This business is hereby registered by the following: 1.Sinan Abraham 8031 Winter Gardens Blvd. #32, El Cajon, CA, 92021 2.Naseer Yago 8031 Winter Gardens Blvd. #32, El Cajon, CA, 92021  
This statement was filed with Recorder/County Clerk of San Diego County on June 27, 2014  
East County Gazette- GIE030790 7/3, 7/10, 7/17, 7/24 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-016400**  
FICTITIOUS BUSINESS NAME(S): Lake Lindo Grill  
Located at: 12128 Woodside Ave, Lakeside, CA, 92040  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1.Yalda Sidiqi 452 N. Twin Oaks Valley Rd, Apt E., San Marcos, CA, 92069  
This statement was filed with Recorder/County Clerk of San Diego County on June 16, 2014  
East County Gazette- GIE030790 7/3, 7/10, 7/17, 7/24 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017631**  
FICTITIOUS BUSINESS NAME(S): New Beginning Independent Living  
Located at:1670 Whitestone Rd., Spring Valley, CA, 91977  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1.Betty Cockerham 1670 Whitestone Rd., Spring Valley, CA, 91977  
This statement was filed with Recorder/County Clerk of San Diego County on June 27, 2014  
East County Gazette- GIE030790 7/3, 7/10, 7/17, 7/24 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017791**  
FICTITIOUS BUSINESS NAME(S): Global Brokerage Solutions  
Located at: 339 W. Park Ave, El Cajon, CA, 92020  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1.Martin Urueta Jr. 339 W. Park Ave, El Cajon, CA, 92020  
This statement was filed with Recorder/County Clerk of San Diego County on June 30, 2014  
East County Gazette- GIE030790 7/3, 7/10, 7/17, 7/24 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-019000**  
FICTITIOUS BUSINESS NAME(S): Finest City Garage Doors  
Located at:12745 Castle Court Drive, Lakeside, CA, 92040  
This business is conducted by: Co-Partners  
The first day of business was: 07/13/2014  
This business is hereby registered by the following: 1.Troy Gray 12745 Castle Court Drive, Lakeside, CA, 92040 2.Aura Yelverton 12745 Castle Court Drive, Lakeside, CA, 92040  
This statement was filed with Recorder/County Clerk of San Diego County on July 15, 2014  
East County Gazette- GIE030790 7/17, 7/24, 7/31, 8/7 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017357**  
FICTITIOUS BUSINESS NAME(S): Quality Life Choices  
Located at: 13907 Wildcat Canyon Rd, Lakeside, CA, 92040  
This business is conducted by: An Individual  
The first day of business was: 09/01/2007  
This business is hereby registered by the following: 1.Mallory Lynn Bellante 13907 Wildcat Canyon Rd, Lakeside, CA, 92040  
This statement was filed with Recorder/County Clerk of San Diego County on June 25, 2014  
East County Gazette- GIE030790 7/17, 7/24, 7/31, 8/7 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-018215**  
FICTITIOUS BUSINESS NAME(S): Mucho Aloha Beer Company  
Located at: 8385 Miramar Mall Rd, San Diego, CA, 92121  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1.Rey Knight 8750 Villa La Jolla Dr #68, La Jolla, CA, 92037  
This statement was filed with Recorder/County Clerk of San Diego County on June 07, 2014  
East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-017601**  
FICTITIOUS BUSINESS NAME(S): Direct Cremation  
Located at: 4666 ½ Mercury Street, San Diego, CA, 92111  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1.Bayview Service Group 192 Commerce Dr., Perris, CA, 92571  
This statement was filed with Recorder/County Clerk of San Diego County on June 27, 2014  
East County Gazette- GIE030790 7/10, 7/17, 7/24, 7/31 2014

**STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME File No. 2014-017806 Original File No. 2011-031896**

The following person(s) has/have withdrawn as general partner(s) from the partnership under the fictitious business name: Debtor Track  
The Fictitious Business Name Statement for the Partnership was filed on November 15, 2011 in the County of San Diego, and assigned file # 2011-031896  
Kelly Hairgrove 7918 El Cajon Blvd N-340, La Mesa, CA, 91942  
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON June 30, 2014  
The East County Gazette 7/17, 7/24, 7/31, 8/7, 2014

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00023716-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF SAMAR ISMAEEL JAMEEL FOR CHANGE OF NAME  
PETITIONER: ISMAEEL YADAGO, HANAA SHAIA ON BEHALF OF MINOR FOR CHANGE OF NAME  
FROM: SAMAR ISMAEEL JAMEEL TO: SAMAR ISMAEEL YADAGO  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on AUGUST 29, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 24, 2014.  
East County Gazette – GIE030790 7/24, 7/31, 8/7, 8/14 2014

**STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME File No. 2014-017809 Original File No. 2010-004842**  
The following person(s) has/have withdrawn as general partner(s) from the partnership under the fictitious business name: a.)Debtor Trak b.)On Trak c.)On Trak Research  
The Fictitious Business Name Statement for the Partnership was filed on February 19, 2010 in the County of San Diego, and assigned file # 2010-004842  
Kelly Hairgrove 7918 El Cajon Blvd N-340, La Mesa, CA, 91942  
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON June 30, 2014  
The East County Gazette 7/17, 7/24, 7/31, 8/7, 2014

**TO PLACE YOUR AD CALL 619-444-5774**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00016955-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF COURTNEY LEE McILRATH & ISABELLA ROSE RUSHTON FOR CHANGES OF NAME  
PETITIONER COURTNEY McILRATH & ON BEHALF OF MINOR FOR CHANGE OF NAME FROM: COURTNEY LEE McILRATH TO: COURTNEY LEE MEZA  
FROM: ISABELLA ROSE RUSHTON TO: ISABELLA ROSE MEZA

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on August 29, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 18, 2014.  
East County Gazette – GIE030790 7/24, 7/31, 8/7, 8/14 2014

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00023707-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF HANNAH LORRAINE REILLY FOR CHANGE OF NAME  
PETITIONER: EMILY L. CLARK & JOSEPH M. CLARK ON BEHALF OF MINOR FOR CHANGE OF FROM: HANNAH LORRAINE REILLY TO: HANNAH LORRAINE CLARK  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on September 5, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 24, 2014.  
East County Gazette – GIE030790 7/24, 7/31, 8/7, 8/14 2014

**STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME File No. 2014-017809 Original File No. 2010-004842**

The following person(s) has/have withdrawn as general partner(s) from the partnership under the fictitious business name: a.)Debtor Trak b.)On Trak c.)On Trak Research  
The Fictitious Business Name Statement for the Partnership was filed on February 19, 2010 in the County of San Diego, and assigned file # 2010-004842  
Kelly Hairgrove 7918 El Cajon Blvd N-340, La Mesa, CA, 91942  
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON June 30, 2014  
The East County Gazette 7/17, 7/24, 7/31, 8/7, 2014



# LEGAL NOTICES

NOTICE OF TRUSTEE'S SALE File No. 7042.13436 Title Order No. NXCA-0136796 MIN No. 10010980000668864 APN 378-372-09-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/02/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): GREGORY S MITCHELL AND LYNN M MITCHELL, HUSBAND AND WIFE, AS JOINT TENANTS Recorded: 07/05/07, as Instrument No. 2007-0449151, of Official Records of SAN DIEGO County, California. Date of Sale: 08/13/14 at 10:30 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main Street, El Cajon, CA The purported property address is: 10226 KERRIGAN STREET, SANTEE, CA 92071 Assessors Parcel No. 378-372-09-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$520,069.75. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site [www.USA-Foreclosure.com](http://www.USA-Foreclosure.com) or [www.Auction.com](http://www.Auction.com) using the file number assigned to this case 7042.13436. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: July 16, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Candice Yoo, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: [www.USA-Foreclosure.com](http://www.USA-Foreclosure.com) or [www.Auction.com](http://www.Auction.com) Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7042.13436: 07/24/2014 14/07/31/2014,08/07/2014

Trustee Sale No. 14-001142 CXE Title Order No. 02-14011557 APN 518-102-64-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/24/06. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 08/01/14 at 9:00 am, Aztec Foreclosure Corporation as the duly appointed Trustee under and pursuant to the power of sale contained in that certain Deed of Trust executed by Irene Hanaii, and Farid Y Hanaii, Wife and Husband as Joint Tenants, as Trustor(s), in favor of Mortgage Electronic Registration Systems, Inc., solely as Nominee for America's Wholesale Lender, a New York Corporation, as Beneficiary, Recorded on 08/01/06 in Instrument No. 2006-0543978 of official records in the Office of the county recorder of SAN DIEGO County, California; DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE FOR HOLDERS OF THE GSAA HOME EQUITY TRUST 2006-17 ASSET-BACKED CERTIFICATES SERIES 2006-17, as the current Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state), East County Regional Center, 250 E. Main Street, Entrance of the East County Regional Center, El Cajon, CA 92020, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described as: 2046 ASPEN LANE, EL CAJON, CA 92019 The property heretofore described is being sold "as is". The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$856,844.97 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: July 1, 2014 Robbie Weaver Assistant Secretary & Assistant Vice President 20 Pacifica, Suite 1460 Irvine, CA 92618 Phone: (877) 257-0717 or (602) 638-5700 Fax: (602) 638-5748 [www.aztectrustee.com](http://www.aztectrustee.com) NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned

to this case 14-001142. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. [www.Auction.com](http://www.Auction.com) or call (800) 280-2832 Or Aztec Foreclosure Corporation (877) 257-0717 [www.aztectrustee.com](http://www.aztectrustee.com) P1102033 7/10, 7/17, 07/24/2014

APN: 606-041-36-00 TS No: CA05000534-14-1-FT To: 11-0084201-02 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED December 27, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On August 29, 2014 at 09:00 AM, Entrance of the East County Regional Center at East County Regional Center, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on January 11, 2007 as Instrument No. 2007-0023820 of official records in the Office of the Recorder of San Diego County, California, executed by RAMON GOMEZ AND ELENA GOMEZ, HUSBAND AND WIFE, AND MIRIAM GOMEZ, A SINGLE WOMAN, ALL AS JOINT TENANTS, as Trustor(s), BANK OF AMERICA, N.A as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 29578 PRIMROSE DRIVE, CAMPO, CA 91906 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$539,380.71 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these

resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address [www.Auction.com](http://www.Auction.com) for information regarding the sale of this property, using the file number assigned to this case, CA05000534-14-1-FT. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: July 11, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA05000534-14-1-FT 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT [www.Auction.com](http://www.Auction.com) FOR AUTOMATED SALES INFORMATION PLEASE CALL: AUCTION.COM at 800.280.2832 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P103410 7/17, 7/24, 07/31/2014

NOTICE OF TRUSTEE'S SALE TS No. CA-14-617298-JP Order No.: 140062444-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/13/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): BENHUR M. EVANGELISTA AND EDITHA D. EVANGELISTA, HUSBAND AND WIFE, AS JOINT TENANTS Recorded: 7/28/2005 as Instrument No. 2005-0644665 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 8/14/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$431,297.50 The purported property address is: 421 LA CRESTA HEIGHTS RD, EL CAJON, CA 92021 Assessor's Parcel No.: 401-110-46-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage

or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-617298-JP. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-617298-JP IDSPub #0068585 7/24/2014 7/31/2014 8/7/2014

NOTICE OF TRUSTEE'S SALE TS No. CA-13-603746-JP Order No.: 130247993-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/31/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): ROGER D DANIELS AND SHELLIE L DANIELS, HUSBAND AND WIFE AND STEVEN W. DICKENSON, AN UNMARRIED MAN, ALL AS JOINT TENANTS Recorded: 2/8/2005 as Instrument No. 2005-0105278 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 8/29/2014 at 9:00 AM Place of Sale: At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$633,070.13 The purported property address is: 1894 JASMINE STREET, EL CAJON, CA

92021 Assessor's Parcel No.: 400-432-09-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-13-603746-JP. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-603746-JP IDSPub #0068542 7/24/2014 7/31/2014 8/7/2014

**Notice of sale of Abandoned Property**  
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at:  
ACE SELF STORAGE  
573 Raleigh Avenue  
El Cajon, CA 92020  
(619) 440-7867

By competitive bidding will sell, on July 30th 2014 at 3:30 PM or after. The following properties: miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:  
H009 Letecia Alvarez  
A011 Sharon Macko  
F029 Maureen Whitehouse  
H080 Chris Riley  
East County Gazette- GIE030790  
July 17, 24, 2014



## — LEGAL NOTICES —

**NOTICE OF PETITION  
TO ADMINISTER  
ESTATE OF  
MALVINA S. TOTAH  
CASE NO. 37-2014-00022309-PR-LA-CTL  
ROA #: 1  
(IMAGED FILE)**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: MALVINA S. TOTAH  
A Petition for Probate has been filed by JACK S. TOTAH in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that JACK S. TOTAH be appointed as personal representative to administer the estate of the decedent.  
The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 8-21-14 at 1:30 P.M. in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Paul W. Smith, Esq., 314 South Melrose Drive, Suite 101, Vista, CA 92081, Telephone: (760) 724-5684

7/17, 7/24, 7/31/14

CNS-2643887#

EAST COUNTY GAZETTE

### SALE

Mobilehome lien sale on August 7, 2014, at 11:00 AM. 12250 Vista del Cajon Road #24, El Cajon, CA 92021. Sold as pull-out. Lien sale on account for BARBARA NELSON; USE CREDIT UNION. Mobilehome sold in "as is" condition. The successful bidder shall be responsible for all costs, fees, and/or penalties incurred in or associated with transferring title of the listed mobilehome into his/her/its name. In addition, the successful bidder may be liable to the State of California for any lien attached to the listed mobilehome provided for in Section 18116.1 of the California Health and Safety Code. Sale does not include any items of personal property that may be located in or about the mobilehome at the time of sale. Names published per Commercial Code §§ 7206 & 7210. View coach at 9:00 AM on date of sale. ABAMEX Auctioneers, Bond No. MS 273-80-15.

7/17, 7/24/14

CNS-2641369#

EAST COUNTY GAZETTE

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

**CASE NO.37-2014-00022256-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF WISSAM FIRAS ASMAROU & VERA FIRAS ASMAROU & BAHRA FIRAS ASMAROU FOR CHANGES OF NAME  
PETITIONER: FRANK A. ASMAROU & WAFIA S.ASMAROU ON BEHALF OF MINORS FOR CHANGES OF NAME

FROM: WISSAM FIRAS ASMAROU

TO: WISSAM FRANK ASMAROU

FROM: VERA FIRAS ASMAROU

TO: VERA FRANK ASMAROU

FROM: BAHRA FIRAS ASMAROU

TO: BAHRA FRANK ASMAROU

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL COURT, 220 W. BROADWAY, SAN DIEGO, CA, 92101 on August 22, 2014 at 9:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 7, 2014.

East County Gazette – GIE030790

7/24, 7/31, 8/7, 8/14 2014

NOTICE OF TRUSTEE'S SALE TS No. CA-14-612334-JB Order No.: 8404502 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/10/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): THOMAS R. WATSON, A MARRIED MAN Recorded: 5/22/2012 as Instrument No. 2012-0297193 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 8/7/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$348,080.86 The purported property address is: 739 BROCKTON STREET, EL CAJON, CA 92020 Assessor's Parcel No.: 481-150-42-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-612334-JB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse

against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-612334-JB IDSPub #0068088 7/17/2014 7/24/2014 7/31/2014

NOTICE OF TRUSTEE'S SALE T.S. No.: 2014-CA006760 Loan No. XXX3782 Order No. 5918926 APN: 609-180-02, 609-180-03, 609-180-12, 609-180-13, 609-180-14, 609-180-15, 609-180-25, 609-180-26, 609-181-07, 609-181-08, 609-181-09 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/13/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor: SPRING MOUNTAIN RANCH, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY AND PACIFIC MERCANTILE BANK, as Beneficiary Duly Appointed Trustee: R.E.F.S. Inc., A California Corporation Recorded: 07/26/2006, as Instrument No. 2006-0527711, in Book n/a, Page n/a, of Official Records in the office of the Recorder of San Diego County, California. Date of Sale: 08/14/2014 at 10:30 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$4,447,720.40 Street Address or other common designation of real property: VACANT LAND: DIRECTIONS MAY BE OBTAINED BY WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY: C/O R.E.F.S. 9070 IRVINE CENTER DRIVE, SUITE 120, IRVINE, CA 92618; WITHIN 10 DAYS FROM THE FIRST PUBLICATION OF THIS NOTICE. VACANT LAND LOCATED AT RANCHO FINISTIERRA PHASE 1 STAGECOACH SPRINGS ROAD AND GREAT BLUE HERON WAY, PINE VALLEY, CA 91962 AKA 25113 GREAT BLUE HERON WY, PINE VALLEY CA, 91962, 35533 STAGECOACH SPRINGS ROAD AND 35935 STAGECOACH SPRINGS RD, PINE VALLEY, CA 91962 APN: 609-180-02, 609-180-03, 609-180-12, 609-180-13, 609-180-14, 609-180-15, 609-180-25, 609-180-26, 609-181-07, 609-181-08, 609-181-09 Legal Description: PARCEL A: Lots 2, 3, 21, 22, 23, 65, 66, 67, 68, 78 and 79 of County of San Diego Tract No. 4995-1, in the County of San Diego, State of California, according to Map thereof No. 13673, filed in the San Diego County Records Office, November 2, 1998. Excepting therefrom all the coal and other minerals together with the right to prospect for, mine and remove the same as reserved by the United States of America, in Patent No.

1059842, recorded December 27, 1933, in Book 252, Page 404 of Official Records. Also excepting therefrom all coal and minerals as reserved in the Patent to Leonard Louis Farley recorded March 29, 1927 in Book 14, Page 450 of Patents. Reserving therefrom a non-exclusive easement for road purposes, ingress and egress and public utilities for the benefit of the estate holders of "County of San Diego Tract No. 4995-1" Map No. 13673, over, under, along and across said Street Lots 86, 87, 88, 91, 93, 101 & 103 of County of San Diego Tract No. 4995-1, in the County of San Diego, State of California, according to Map thereof No. 13673, filed in the San Diego County records Office, November 2, 1998. PARCEL B: A non-exclusive easement for road purposes, ingress and egress and public utilities over, under along and across Street Lots 86 through 103, inclusive, of County of San Diego Tract No. 4995-1, in the County of San Diego, State of California, according to Map thereof No. 13673, filed in the San Diego County records Office, November 2, 1998. The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. The property herein is being sold "AS IS". The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a Written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or visit this Internet Web site [www.USA-Foreclosure.com](http://www.USA-Foreclosure.com), using the file number assigned to this case 2014-CA006760. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If you would like additional copies of this summary, you may obtain them by calling (949) 474-7337. If the trustee is unable to convey title for any reason, the successful bidder(s) sole and exclusive remedy shall be the return of monies paid to the trustee and successful bidder(s) will have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: 7/16/2014 R.E.F.S. Inc., A California Corporation, Gabrielle Leach, Senior Trustee Officer R.E.F.S. INC. A CALIFORNIA CORPORATION IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. FEI # 1064.244895 PUB DATES: 07/24/2014, 07/31/2014, 08/07/2014



### CITY OF EL CAJON

#### NOTICE OF PUBLIC HEARING

The El Cajon Planning Commission will hold a public hearing at 7:00 p.m., **Tuesday, August 5, 2014** in Council Chambers, 200 Civic Center Way, El Cajon, CA,

And the El Cajon City Council will hold a public hearing at 7:00 p.m., **Tuesday, August 12, 2014** in City Council Chambers, 200 Civic Center Way, El Cajon, CA for the following item:

**AMENDMENT TO TITLE 17 (ZONING CODE) AND SPECIFIC PLAN NO. 182 – SECONDHAND STORES AND ALTERNATIVE LENDING.** The Planning Commission will be presented with proposed code amendments to Title 17 (Zoning) and Specific Plan No. 182 affecting pawnshops, gold and jewelry buying stores, electronic stores and kiosks, and alternative lending services. The City Council will be presented with the Planning Commission's Title 17 and Specific Plan No. 182 recommendations.

**AMENDMENT TO TITLE 5 – SPECIAL OPERATIONS LICENSES.** The City Council will be presented with proposed code amendments to Title 5 (Business Licenses and Regulations) affecting businesses which require a Special Operation License to operate.

The public is invited to attend and participate in these public hearings. The agenda reports for this project will be available 72 hours prior to the Planning Commission meeting at [www.ci.el-cajon.ca.us/dept/cpmm/planning/agendas.aspx](http://www.ci.el-cajon.ca.us/dept/cpmm/planning/agendas.aspx) and the City Council at <http://www.ci.el-cajon.ca.us/council/agendas.aspx>. To download a copy, click the current agenda – full version link, then the agenda item. In an effort to reduce the City's carbon footprint, paper copies will not be at the public hearings, but will be available at the Planning Division and City Clerk counters upon request.

If you challenge the matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Commission at, or prior to, the public hearing. The City of El Cajon encourages the participation of disabled individuals in the services, activities, and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the public hearing should contact the Planning Division at 619.441.1742. More information about planning and zoning in El Cajon is available at [www.ci.el-cajon.ca.us/dept/comm/planning.html](http://www.ci.el-cajon.ca.us/dept/comm/planning.html).

If you have any questions, or wish any additional information, please contact MELISSA DEVINE at 619.441.1742 or via email at [mdevine@cityofelcajon.us](mailto:mdevine@cityofelcajon.us) and reference "2nd hand" in the subject line.

Melissa Devine  
Senior Planner  
Community Development

East County Gazette- GIE030790  
07/24/14

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LEGAL NOTICES



Following is a summary of an Ordinance introduced at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on July 22, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. \_\_\_\_

**AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING SECTION 5.30.010 OF CHAPTER 5.30 AND SECTION 5.72.110 OF CHAPTER 5.72 OF TITLE 5 OF THE EL CAJON MUNICIPAL CODE AND ADDING NEW SECTIONS 5.30.010 AND 5.72.110 TO TITLE 5 OF THE EL CAJON MUNICIPAL CODE**

This proposed ordinance repeals currently adopted Section 5.30.010 of Chapter 5.30 of the El Cajon Municipal Code, which pertains to the licensing and regulation of tobacco paraphernalia establishments, and adds a new Section 5.30.010 to Chapter 5.30 of the El Cajon Municipal Code, in order to add electronic vapor devices, electronic vapor inhalation substance products, and hookah pipes to those items already included in the definition of "Tobacco paraphernalia"; and repeals Section 5.72.110 of Chapter 5.72 of the El Cajon Municipal Code, which pertains to the regulation of alcohol and tobacco-free dances, and adds a new Section 5.72.110 to Chapter 5.72 of the El Cajon Municipal Code, in order to include the use, sale, consumption or distribution of electronic vapor devices with the existing prohibited sales, on the premises of such dances.

This ordinance, along with proposed ordinances amending El Cajon Municipal Code Titles 17 (Zoning) and Title 8 (Health and Safety) is intended to equate the use and sale of electronic vapor devices and electronic vapor inhalation substances with tobacco and tobacco-related products. These amendments are intended to make it clear that smoking any product, plant or otherwise, is prohibited.

The El Cajon City Council will hold a public hearing and consider adoption of Ordinance No. \_\_\_\_ at the regularly scheduled meeting of August 12, 2014. This ordinance becomes effective 30 days after passage.

East County Gazette- GIE030790  
07/24/14

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME  
CASE NO.37-2014-00022037-CU-PT-CTL  
IN THE MATTER OF THE APPLICATION OF DUSTIN WYMAN KEZERIAN FOR CHANGE OF NAME PETITIONER: KASSIE KEZERIAN ON BEHALF OF MINOR FOR CHANGE OF  
FROM: DUSTIN WYMAN KEZERIAN  
TO: DUSTIN KEZERIAN**

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on August 22, 2014 at 8:30 a.m. IN DEPT. C 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 3, 2014.

East County Gazette – GIE030790 — 7/10, 7/17, 7/24, 7/31 2014



Following is a summary of an Ordinance introduced at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on July 22, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. \_\_\_\_

**AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING SECTIONS 8.32.010 AND 8.32.020 OF CHAPTER 8.32, AND ADDING NEW SECTIONS 8.32.010 AND 8.32.020 TO CHAPTER 8.32; AND REPEALING SECTION 8.33.010 OF CHAPTER 8.33, AND ADDING A NEW SECTION 8.33.010 TO CHAPTER 8.33, ALL TO TITLE 8 OF THE EL CAJON MUNICIPAL CODE**

This proposed ordinance repeals currently adopted Sections 8.32.010, and 8.32.020, of Chapter 8.32, which pertains to the regulation of second-hand smoke in public places, and adds new Sections 8.32.010 and 8.32.020 to Chapter 8.32, in order to include electronic vapor devices, electronic vapor inhalation substances, electronic vapor inhalation substance products, and hookahs to those items already included in the definitions and purpose sections, and refines and expands existing definitions in these sections to ensure these products and substances are included, along with tobacco and tobacco products, in the second-hand smoke prohibitions of this Chapter; repeals Section 8.33.010 of Chapter 8.33, which regulates the licensure of tobacco retailers, and adds a new Section 8.33.010 to Chapter 8.33 of the El Cajon Municipal Code, in order to include electronic vapor devices, electronic vapor inhalation substance products, electronic vapor device retailers, and hookahs to the list of items in the definitions sections, and refines and adds to existing definitions in this Chapter to ensure inclusion of these items in the types of products subject to the City's tobacco licensure requirements.

This ordinance, along with proposed ordinances amending El Cajon Municipal Code Title 5 (Business and Regulations) and Title 17 (Zoning) is intended to equate the use and sale of electronic vapor devices and electronic vapor inhalation substances with tobacco and tobacco-related products. These amendments are intended to make it clear that smoking any product, plant or otherwise, is prohibited.

The El Cajon City Council will hold a public hearing and consider adoption of Ordinance No. \_\_\_\_ at the regularly scheduled meeting of August 12, 2014. This ordinance becomes effective 30 days after passage.

East County Gazette- GIE030790  
07/24/14

**NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY**

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on (August 6th 2014) at (11:30am) at the Extra Space Storage facility at:  
Site Name Extra Space Storage  
Site Address: 10115 Mission Gorge Rd San-tee, CA 92071  
Site Phone # 619 562-0101  
The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes and appliances.  
( List Tenant names here) Mack Ingram, Jessie Chacon, Jonathon Eckis, Angelica Wilson, Janyne Figueroa, and Leah Avery. Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage refuses the right to bid. Sale is subject to adjournment.

East County Gazette GIE-030790  
July 17th, July 24th, 2014



Following is a summary of an Ordinance introduced at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on July 22, 2014. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO. \_\_\_\_

**AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING CHAPTER 17.240, AND ADDING A NEW CHAPTER 17.240; REPEALING SECTION 17.210.100 OF CHAPTER 17.210, AND ADDING A NEW SECTION 17.210.100 TO CHAPTER 17.210; AND REPEALING SECTION 17.145.150 OF CHAPTER 17.145, AND ADDING A NEW SECTION 17.145.150 TO CHAPTER 17.145; ALL TO TITLE 17 OF THE EL CAJON MUNICIPAL CODE**

This proposed ordinance repeals currently adopted Chapter 17.240 of the El Cajon Municipal Code, which regulates the location and operation of retail purveyors of tobacco and tobacco products in the City of El Cajon, and adds a new Chapter 17.240, which regulates the location and operation of retail purveyors of tobacco and tobacco products, electronic vapor devices, electronic vapor inhalation substances, hookahs, and electronic/vapor substance inhalation shops, and prohibits hookah lounges and electronic/vapor substance inhalation lounges in the City; repeals Section 17.210.100 of Chapter 17.210 of the El Cajon Municipal Code, which pertains to operational standards applicable to new, modified, or redeveloped off-sale alcoholic beverage sales activities, and adds a new Section 17.210.100 to Chapter 17.210 of the El Cajon Municipal Code which adds a provision regarding signage advertising electronic vapor devices, substances, and hookahs, being sold or offered for use on the premises, along with the other sign regulations related to tobacco and tobacco products; and repeals Section 17.145.150 of Chapter 17.145 of the El Cajon Municipal Code, which is the Commercial Land Use Table, and adds a new Section 17.145.150 to Chapter 17.145 of the El Cajon Municipal Code, which adds "electronic/vapor substance inhalation shops" to the commercial use specified as "Tobacco and smoke shop," along with all other commercial uses currently described in Section 17.145.150.

This ordinance, along with proposed ordinances amending El Cajon Municipal Code Titles 5 (Business and Regulations) and Title 8 (Health and Safety) is intended to equate the use and sale of electronic vapor devices and electronic vapor inhalation substances with tobacco and tobacco-related products. These amendments are intended to make it clear that smoking any product, plant or otherwise, is prohibited.

The El Cajon City Council will hold a public hearing and consider adoption of Ordinance No. \_\_\_\_ at the regularly scheduled meeting of August 12, 2014. This ordinance becomes effective 30 days after passage.

East County Gazette- GIE030790  
07/24/14

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code  
Located at: Ace Self Storage  
9672 Winter Gardens Blvd  
Lakeside, CA 92040  
(619) 443-9779  
Will sell, by competitive bidding, on August 6 2014 @ 8:30 AM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:  
Carline Banegas A0001  
Paul Ford BU140  
Kelly Matzenauer B0043  
Edward Castro C0074  
Christina or Bryan Porteous DU027  
Lisa Smith B0055

East County Gazette-GIE030790  
July 24, 31, 2014



**CITY OF EL CAJON  
NOTICE INVITING SEALED BIDS**

**PUBLIC PROJECT:  
Intersection Improvements at Second Street and East Madison Avenue**

**Bid No. 012-15  
Public Works Job No. PW3482  
Drawing No. 13674**

**BIDS MUST BE RECEIVED BEFORE:  
2:00 p.m. on August 26, 2014**

**BIDS TO BE OPENED AT:  
2:00 p.m. on August 26, 2014**

**PLACE OF RECEIPT OF BIDS:  
City Hall  
1st Floor, Lobby Counter  
200 Civic Center Way  
El Cajon, CA 92020**

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website [www.cityofelcajon.us](http://www.cityofelcajon.us) or obtained at the office of the Purchasing Agent for a fee of \$10.00 (plus \$5.60 postage if mailing is requested). This amount is not refundable.

A pre-bid conference will be held on August 7, 2014 at 10:00 a.m. at El Cajon City Hall, 200 Civic Center Way, 5th floor conference room. Particulars relative to work requirements will be discussed. City of El Cajon Personnel involved in this project will be present to answer pertinent inquiries. The pre-bid conference is not mandatory.

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations, are available from the DIR website at [www.dir.ca.gov/DLSR/PWD/index.htm](http://www.dir.ca.gov/DLSR/PWD/index.htm). Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code.

The Contractor shall provide the City with a signed and notarized non-collusion affidavit.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids. The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the

bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter  
Purchasing Agent  
July 24, 2014  
East County Gazette- GIE030790  
07/24/14, 07/31/14



**CITY OF EL CAJON  
NOTICE INVITING SEALED BIDS**

**PUBLIC PROJECT:  
Upgrade Traffic Signals  
On North Second Street and Jamacha Road  
  
Federal-Aid Highway Safety Improvement Program 5211(028)  
Engineering Job No. PW3493  
Bid No. 013-15**

**BIDS MUST BE RECEIVED BEFORE:  
2:00 p.m. on September 3, 2014**

**BIDS TO BE OPENED AT:  
2:00 p.m. on September 3, 2014**

**PLACE OF RECEIPT OF BIDS:  
City Hall  
1st Floor, Lobby Counter  
200 Civic Center Way  
El Cajon, CA 92020**

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be downloaded from the City website [www.cityofelcajon.us](http://www.cityofelcajon.us) or obtained at the office of the Purchasing Agent for a fee of \$6.00 (plus \$5.60 postage if mailing is requested). This amount is not refundable.

A pre-bid conference will not be held.

The plans and specifications show general information only. It shall be the bidder's responsibility to examine the project site(s) in order to determine the exact existing conditions, and the character and extent of the work to be performed. The bidder's omission or failure to visit the project site and acquaint itself with existing conditions shall in no way relieve the successful bidder from obligations with respect to the Contract. Submission of a bid shall be prima facie evidence of the bidder's compliance with this requirement.

Copies of the general prevailing wage rate of per diem wages, as determined by the California Director of Industrial Relations and by the U.S. Department of Labor Statistics, are available from the websites of the respective agencies. Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

The Contractor and its subcontractors shall pay minimum labor wage rates as follows:

**a) California General Prevailing Wage Rates**  
In accordance with the provisions of Section 1773 of the California Labor Code, the City Council of the City of El Cajon has ascertained the general prevailing rate of wages as determined by the Director of the Department of Industrial Relations applicable to the work to be done as listed in the California Department of Transportation publication entitled general Prevailing Wage Rates, dated March 1, 1994

which is on file in the office of the City Clerk.

Future effective wage rates which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication. Current determinations are available online at [www.dir.ca.gov/DLSR/PWD/index.htm](http://www.dir.ca.gov/DLSR/PWD/index.htm).

Any contractor who is awarded the contract and intends to use a craft or classification not shown on the general prevailing wage determinations, may be required to pay the wage rate of that craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

or  
**b) Federal Minimum Wages**  
Federal minimum wage rates for this project as predetermined by the U.S. Secretary of Labor are set forth in the Special Provisions. Current determinations are available online at [www.wdol.gov/dba.aspx](http://www.wdol.gov/dba.aspx).

If there is a difference between the Federal minimum wage rates predetermined by the U.S. Secretary of Labor and the prevailing wage rates determined by the City of El Cajon for a similar classification of labor, the Contractor and its subcontractors shall pay not less than the higher wage rate.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code.

The Contractor shall provide the City with a signed and notarized non-collusion affidavit.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

In all contracts subject to this part where federal funds are involved, no bid submitted shall be invalidated by the failure of the bidder to be licensed in accordance with the laws of this state. However, at the time the contract is awarded, the contractor shall be properly licensed in accordance with the laws of this state. The first payment for work or material under any contract shall not be made unless and until the Registrar of Contractors verifies to the agency that the records of the Contractors State License Board indicate that the contractor was properly licensed at the time the contract was awarded. Any bidder or contractor not so licensed shall be subject to all legal penalties imposed by law, including, but not limited to, any appropriate disciplinary action by the Contractors State License Board. Failure of the bidder to obtain proper and adequate licensing for an award of a contract shall constitute a failure to execute the contract and shall result in the forfeiture of the security of the bidder.

**Disadvantage Business Enterprise (DBE): This project is subject to Title 49 CFR 26.13(b). The DBE (Race Conscious) goal for this project is 10.62 %.**

/s/ Dede Porter  
Purchasing Agent  
East County Gazette- GIE030790  
07/24/14, 07/31/14



# Classified Ads

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generations  
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We are looking for:

1. Someone who likes landscaping and has prior knowledge and experience in the field. YOU MUST HAVE EXPERIENCE TO APPLY!!!
2. Has a own reliable transportation with valid drivers license, along with a clean driving record. No DUI's will be excepted! Must provide driving record from dmv at your expense.
3. Able to drive stick shift.
4. Able to lift 65 lbs on occasion.
5. Able to meet for a FACE TO FACE interview in ALPINE after we have contacted you.
6. Shop location is in ALPINE where you will drive to everyday there is work!!

Contact us at 619-722-1773 to set up  
interview time & day. Please forward  
your RESUME with work experience  
timelines & 3 references to [Michelle@DCL4U.com](mailto:Michelle@DCL4U.com).

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CLASSIFIEDS  
WORK!  
PLACE YOUR  
AD TODAY!  
CALL  
(619) 444-5774**

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Interviewing for an on-site dog trainer -  
bring references and credentials.  
Call 619-562-2208 ask for Marty

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4 Chrome Custom Rims 22"x9.5" - 5x5"  
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**(619) 444-5774**

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who responds:  
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**The East County Gazette**



## EAST COUNTY GAZETTE

Phone (619) 444-5774 • Fax: (619) 444-5779

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**Entertainment Editor: Diana Saenger**

**Office Manager: Brice Gaudette Administrative Assistant: Briana Thomas**  
**Distribution Manager: Dave Norman**

**Photographers: Tom Walko, Kenny Radcliffe**

**Writers: Patt Bixby, Diana Saenger, Chuck Karaszia, Kenny Radcliffe**

**Advertising: Brice Gaudette, Debbie Norman, Patt Bixby**

**Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon), Dr. Luauna Stines**

**Cartoonists: David & Doreen Dotson**

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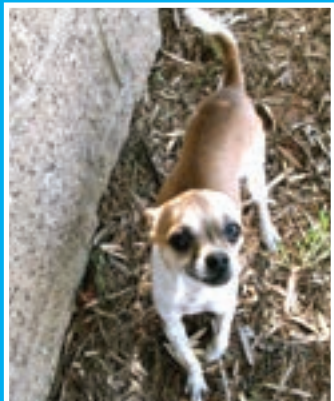
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# Our Best Friends

## Pet of the Week



**Shanghai's Story...**  
"Who's the tiny fellow at the El Cajon Animal Shelter who will steal your heart? It's me, SHANGHAI. Nice to meet you! I'm a four-year-old Chihuahua fellow, and I love to be held. I'm very small and very sweet, so you'll probably want to take me just about everywhere you go. I'd be a loving and

cherished family pet, and I get along well with other dogs. I guess it's true that good things come in small packages. The shelter staff is fairly certain that I've already been house trained, but I might need a refresher course when I get to my new home. I'd probably be well-suited to apartment or condo living. I sure hope you'll come visit me so you can see what a truly wonderful little guy I am. They have a really nice play yard here at the shelter, so we can spend some time getting to know each other. I have so much love to give, and I think that will be apparent when you look into my warm and gentle eyes. I hope to see you very soon! Love, Shanghai" Kennel #11

## Give a pet a forever-home — Stop by the El Cajon Animal Shelter



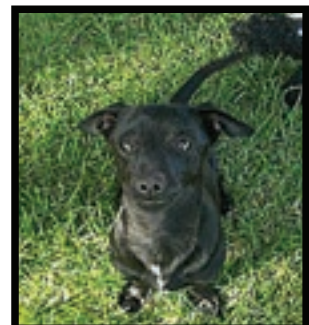
**Shotzie, 4-year-old male Pit Bull mix. Kennel #2**



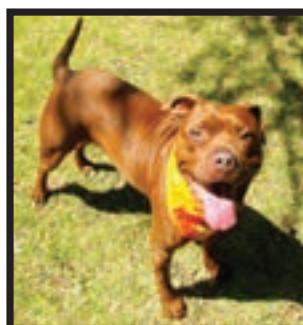
**Bella, 5-year-old Shepherd mix female. Kennel #47.**



**Anna Belle, young Whippet/Boxer young female mix. ID 17562**



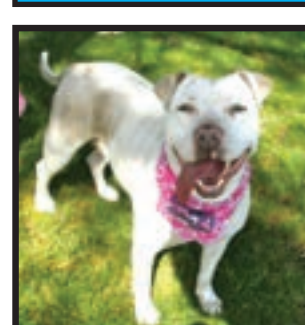
**Pee Wee, 3-year-old male Chihuahua/Dachshund mix. Kennel #61**



**Ruby, 4-year-old Pit Bull female. Kennel #18**



**J.R., 9-month-old male Jack Russell Terrier mix. Kennel #53**



**Poppy, 3-year-old Shar Pei/Pit Bull mix female. Kennel #46**

The El Cajon Animal Shelter is located at  
**1275 N. Marshall,  
El Cajon,  
(619) 441-1580.**

Hours are Tuesday  
through Saturday  
10 a.m. to 5 p.m.

## Tips for safe boating with your pets

**W**ith boating season in high gear it's a good time for a little refresher on pet friendly boating to ensure your little one is safe. Before hitting the high seas with your pet it's important to plan ahead and always keep the best interests of your four-legged friend in mind. Boating with your pet can be a wonderful and bonding experience or a not so pleasant one. It's all a function of proper planning and preparation.

Be sure to take these necessary provisions to ensure that your pet's boat cruise is a happy and safe one.

•**Identification Tag:** Make sure your pet has a collar with an identification tag. Include contact information, marina address and slip number.

•**Familiarization with the Boat:** It is best to gradually introduce your pet to your boat and the water. Let your pet explore the boat while it is docked before going out on the water. Turn on the engine and let them get used to its sound, smell, and feel while the boat is docked. Then, take your pet out on small cruises and gradually build up to longer cruise.

•**Safe & Easy Boat Access:** Provide a special pet ramp for your pet to get on

and off the boat. This not only includes from the dock to the boat but also from the water to the boat. Pets weigh much more wet than dry and it can be very difficult to lift them back into your boat after a swim.

•**Flotation Device:** A personal flotation device (a.k.a. pet life jacket) can also ensure safety while on the water. Not all pets can swim (including some dogs). Even if your pet is a good swimmer, getting tossed overboard can put any animal into a panic. In addition, your pet could suffer from exhaustion or hypothermia. Many pets also fall into the water from the dock or while trying to get from the dock to the boat. Having your pet equipped with a flotation device with a lifting handle makes retrieving your pet much easier and safer. Help your pet get used to the PFD by first practicing at home for short periods of time. Start by putting the PFD on your pet and let them walk around with it on. The next step is to let your pet swim with it on for a short period. It's a new experience for your pet so it's important for them to get used to it before the boat trip.

•**Proper Hydration & Staying Cool:** Pets do not sweat, so keep an eye out for heavy panting or drool and a rapid heart beat. Protect pets

from heat by providing some shade on the boat, providing plenty of water and keeping the deck cool to protect paw pads. Bring along a pet travel bowl and fresh water. It is critical to hydrate pets before they get into the water. Otherwise, they will drink the natural water and may get sick.

•**Going Potty:** A big challenge of boating with your pet is making provisions so that they can go to the bathroom. Bringing along your cat's litter box and securing it inside the cabin is a good solution for your feline friends. Dogs, however, are a bigger challenge. If your boat trip does not allow for regular land stops for your dog to do their business, then provisions must be made so that they can relieve themselves on the boat. A portable dog potty that simulates grass is an excellent solution.

•**Health Records:** If your boating destination is a marina or place that you're not familiar with, be sure to bring along a copy of vaccination and health records. Some places may require proof of immunization before letting pets explore on land.

•**Call Ahead:** While most marinas and parks welcome pets, there are some that aren't pet friendly. Be sure to call ahead before arriving on shore.

Wishing you and your pet safe and happy travels on the water this season!

(TripsWithPets.com)

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