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MAY 22-28, 2014



1	3					
Meet Bella and her friends on page 23						
har friand	c on no	TA 22				

INSIDE THIS ISSUE

What's new in the theaters?

Ready to go to the movie theater but not sure what to see?

Check out the review on **'Chef** on page 12 by James Colt Harrison

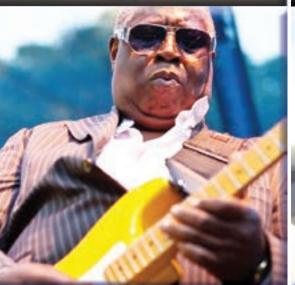
and



'Million Dollar Arm' on page 13 by Diana Saenger

Get the latest scoop on new movies right here in the Gazette!







Entertainment, static airplanes displays, aerial shows, jet car, aircraft and ground performances commemorating the 70th Anniversary of "D-Day," the WWII allied invasion of Normandy — all of this and more can be seen at the AirShow San Diego at Gillespie Field in El Cajon on Saturday and Sunday, June 7 & 8. See page 11 for more details.







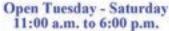
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EAST COUNTY

Local News & Events

El Cajon highlights

by Monica Zech, City of El Cajon Public Information Officer

Special El Cajon celebration planned For NASCAR Champion Jimmie Johnson

ark your calendar! The El Cajon City Council is recognizing El Cajon native Jimmie Johnson for his racing accomplishments and philanthropic contributions to the community on Tuesday, June 17, as he returns to El Cajon for this special celebration. The City is encouraging everyone to attend and show their support for one of NASCAR's biggest stars.

El Cajon Mayor Bill Wells, the City Council, Senator Joel Anderson and other local dignitaries will be honoring Johnson during a special ceremony beginning promptly at 11 a.m. local time. Additionally, portions of the event will be broadcast live on 101.5 KGB. Johnson continues to make his hometown proud. In 2013, he won his sixth NASCAR Sprint Cup Series championship, adding to a NASCAR record five championships in a row (2006-2010). At just 38, he is the youngest driver to win six titles. His 66 Sprint Cup wins since 2002 ties him for eighth on the all-time wins list.

Despite his extremely busy schedule, Johnson still visits San Diego each year, not only to see family, but to give back to the community through the Jimmie Johnson Foundation. To date, his Foundation has given more than \$6.5 million dollars to schools here in El Cajon and across the nation.

Come out and show your support of El Cajon's NASCAR superstar!

June 17, 11 a.m.-12 p.m. at the Centennial Plaza, 200 Civic Center Way $\label{eq:content}$

Note: Schedule subject to change.

Bike to Work Day rescheduled for May 30

Bike to Work Day will now take place on Friday, May 30, after SANDAG officials postponed the event planned for May 16 due to the recent wildfires. On the morning of May 30, join thousands of riders across the San Diego region and stop by pit stops around the county to pick up a free Bike to Work Day t-shirt and refuel with free snacks and plenty of encouragement.

Biking to work is a great way to save money, get fit, and be environmentally friendly. Stop by one of more than 90 pit stops conveniently located throughout the county on Bike to Work Day. In the City of El Cajon, the pit stop will be located at the Prescott Promenade, 201 E. Main Street, which is in the heart of downtown. Visit the Bike to

Work website for more pit stop updates and to find all the pit stops on your commute route.

For information about Bike to Work Day, visit www.icommutesd.com or call 511 and say "iCommute."

You can help build a playground in one day at Wells Park

The City of El Cajon needs volunteers to help with the assembly of a one-of-a-kind, customized playground at Wells Park on June 5 and June 7. The existing playground at Wells Park is in need of replacement. A new playground will provide youth with a new area to play and have fun!

The City of El Cajon, Foresters, Stoney's Kids, Boys & Girls Club of East County and Ka-BOOM! (a national non-profit organization that has built more than 2,400 playgrounds) have designed a customized playground for Wells Park, located at 1153 East Madison Avenue. The playground, funded primarily by Foresters, was created from personal drawings and local community members' input collected during a recent special design day on April 3. The input came from all ages, children through seniors.

The playground "building days" will take place on June 5 and June 7. Wells Park is located at 1153 East Madison

Avenue in El Cajon. If you would like to give back to your community, we are looking for those highly skilled in the area of construction for the June 5 prep day, and again for the June 7 build day. Hours will be from 8 a.m. to 5 p.m. on June 5, and on June 7, hours will be 8 a.m. to 2:30 p.m. If you can help, call (619) 873-1641. Volunteers must pre-register. 150 volunteers are needed!

Attend the next Friday night "Dinner & a Concert"

At the next "Dinner & a Concert" on Friday May 23, it's the music of "The Choice Entertainers!" Don't miss the fun music and dancing at the Prescott Promenade, Friday nights from 6 to 8 p.m. through September 26. The only two exceptions are June 13 and July 4, when concerts will be held on Thursday, June 12 & July 3, in conjunction with the Farmers' Market. Arrive early to dine at one of the many great restaurants downtown, or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at www. downtownelcajon.com, or call (619) 334-3000.

Special City Event – America on Main Street – June 14!

Join us for a family-friendly community festival called

ALL NOTARY

"America on Main Street." The event will be on Saturday, June 14, in Downtown El Cajon. This patriotic event is planned to coincide with the nationally recognized Flag Day and celebrate the American spirit through appreciation and respect of the many diverse, ethnic, and historical groups in the community. Additionally, there will be a special "Red, White & Blue" area saluting our military! Highlights also include two stages with live entertainment, American and ethnic food booths, a Ferris wheel, rides, arts, crafts, display booths, a petting zoo, a rock wall, a Fiesta de Futbol street soccer event, and so much more. It promises to be a day of fun and appreciation! This event will be located on East Main Street and Rea Avenue. between Magnolia and Claydelle Avenues, from 10 a.m. to 10 p.m.

*Volunteers are needed for this fun event! Please consider being a volunteer or community sponsor for this inaugural event. To learn more, call (619) 441-1762.

Cruise by the next Cajon Classic Cruise Car Show

The theme of the next car show on May 28 is "Fast & Furious" honoring the late Paul Walker & Roger Rodas on East Main Street between Magnolia and Claydelle Avenues, from 5 to 8 p.m. The 2014 Season of "Cajon Classic Cruise Car Shows" has begun and will continue every Wednesday night through October 29. These popular car shows are held in the area of the Prescott Promenade in the heart of Downtown El Cajon and are hosted by the Downtown El Cajon Business Partners. For more information, visit www.downtownelcajon.com or call (619) 334-3000.

The Olaf Wieghorst Museum & upcoming Fashion Show

Get your tickets for the Olaf Wieghorst Museum Fashion Show Luncheon scheduled for Saturday, May 31, from 11 a.m. to 2 p.m. at the Ronald Reagan Community Center. The fashions are by Drapers & Damons and Glamour Girlz Boutique. There will also be vendors and raffle prizes. The Ronald Reagan Community Center is located at 195 East Douglas Avenue. Tickets are \$38 per person. For more information, call (858) 386-2435.

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See HIGHLIGHTS page 5

— LOCAL NEWS & EVENTS —

Highlights ...

Continued from page 4

The museum honors accomplished artist Olaf Wieghorst, who lived in our community for over 40 years. Olaf was well-known for his magnificent art portrayals of the nineteenth century American West. You will also find his restored home next to the Center. Hours are Tuesday through Saturday, from 10 a.m. to 3 p.m. For more information, visit www. wieghorstmuseum.org, or call (619) 590-3431.

AirShow San Diego

The annual air show at Gillespie field will return in June, but with a new name, "AirShow San Diego." Scheduled for June 7 & 8, Air Group One's annual air show - formerly "Wings Over Gillespie" - will commemorate the 70th anniversary of "D-Day." Highlighting the invasion of Normandy, the show will feature the "D-Day Doll," a C-53 that actually flew three missions in the invasion. Other highlights include aerobatics, wing-walking demonstrations, along with other historic aircraft displays, military reenactments, paratroopers, and a mock battle with "Pyro." Amusements, rides, educational displays and a variety of food and beverages will be

available. Gates open at 9:00 a.m. and close at 4:00 p.m. at Gillespie Field, located at 1960 Joe Crosson Drive in El Cajon. AirShow San Diego is a fun family event with a FREE Kid's Zone and FREE parking. Tickets to this fun event start as low as \$8. For more details, visit www. ag1caf.org.

Stop by the Famous Knox House Museum

Take a trip back in history and stop by the Knox House Museum. See how settlers lived in El Cajon during the years 1895-1912. It will be open every Saturday in May, from 11 a.m. to 2 p.m. The Knox House Museum, with free admission, is located at 280 N. Magnolia Avenue, in El Cajon. For more information, including scheduling a private tour for your group or school, or becoming a member of the El Cajon Historical Society, visit www.elcajonhistory.org.

Relay for Life in El Cajon is May 31 at El Cajon Valley High School

Join us for the American Cancer Society Relay for Life of El Cajon and help people stay well and get well, to find cures and to fight back against cancer! The relay is set for the weekend of May 31 and June 1 at El Cajon Valley High School at 1035 E. Madison Avenue. Hours are from 9 a.m. Saturday to 9 a.m. Sunday. The Opening Ceremony is at 9 a.m. - bringing everyone together for a high-energy event kickoff to celebrate the lives of those who have battled cancer, to inspire hope by sharing recent accomplishments and progress, and to remind everyone that while we are winning this battle, fighting cancer is a year-round priority. The action we take represents what we are willing to do for ourselves, for our loved ones, and for our community to fight cancer year-round and to commit to saving lives. There will also be a Kids Zone with fun activities. Visit their website at www.RelayForLife.org/ ElCaionCA.

Pet Condos up for bid at Barkitecture 2014 at Parkway Plaza Mall

Join us for the 2nd Annual Barkitecture Auction Event, benefitting the ACES Foundation and the El Cajon Animal Shelter, on Sunday, June 1, 2014, from 5 to 7 p.m. at the Parkway Plaza Mall in El Cajon.

Note: Design and build a home fit for a dog, cat, or other household pet to be displayed with others in the 2nd Annual Barkitecture competition. The registration deadline is May 15 and limited to the first 20 entries. Register online and bring your creation to Parkway Plaza in El Cajon on Friday, May 23, 2014. Entries will be judged by a panel of judges and by the public. Barkitecture Animal Houses will be up for auction and you are invited to bid on a house for your pet!

This fun event will be located at O's American Kitchen, at 375 Parkway Plaza in El Cajon. Several V.I.P. guests have constructed a dog or cat house for this benefit, including El Cajon Police Chief Jim Redman and Heartland Fire & Rescue Chief Rick Sitta. These pet condos will be up for viewing from May 23rd through June 1st at the Parkway Plaza Mall, so stop by and vote for your favorite. Tickets for the event are \$25, which includes an auction number, appetizers, and beverages. To register or purchase tickets, visit www.acesfoundation.org and click on "Barkitecture." Tickets will also be available at the door. For more information, call (619) 561-3277.

A few spaces left for the next Disaster Preparedness Academy in June

Whether it's an earthquake or wildfire - register now for a free 2014 East County Community Emergency Response Team (CERT) disaster preparedness academy. Visit the website at www.heartlandfire.org for the full 2014 CERT schedule. Academies are scheduled to begin on June 28 and September 20. Each academy consists of six classes. Once the academy begins, classes are held every other Saturday, from 8:30 a.m. to 12:30 p.m. Space is still available if you would like to register for either academy. Call (619) 441-1737, and leave your name and best contact phone number.

Red Shoe Day is Thursday, June 26

The Ronald McDonald House Charities is holding their annual Red Shoe Day on Thursday, June 26, 6:30 to 9:30 a.m. Watch for volunteers standing on street corners throughout San Diego County, including El Cajon, holding a large RED shoe and collecting donations for Ronald McDonald House. Proceeds help in providing a home away from home for families with children being treated for serious, often life-threatening conditions. For more information, go to www. firstgiving.com/redshoeday.

See PETS page 7





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— LOCAL NEWS & EVENTS —

College for Kids signup starts at Cuyamaca College

Registration is now open for College for Kids, the popular summer enrichment program for elementary and middle-schoolers offered through the Grossmont-Cuyamaca Community College District's Continuing Education program.

The lazy days of summer are just weeks away, but if the program's high demand is any indication, East County youngsters aren't inclined to spend their months off in a perpetual fugue, planted in front of their TV sets.

The 8- to 14-year-olds have been clamoring for more classes, program administrators say, and this year, the district is responding in a big way.

Eighteen new classes have been added to the mix, all meeting four days a week between July 7-31. Fees range from \$60 to \$120. Since introduced during the '80s and

'90s, College for Kids based at Cuyamaca College has proven such a hit that this year, 39 different classes – the most ever -- promise fun and stimulation in a state-of-the-art learning environment.

Registration is currently open for the low-cost, mostly weeklong classes offered from 9 a.m. to noon and 1-4 p.m. Mondays through Thursdays. Featuring a wide variety of workshops in art, science, music, media and more, this summer's College for Kids includes a football camp for ages 8-11 and 12-14, along with new day camps for BMX, scooter and skateboard riders.

Reconfigured and updated to include technology-related offerings such as beginning to advanced videogame design and Photoshop, College for Kids has been expanded to also include classes in archaeology, geography, engineering and chemistry. With course titles

like "Wacky World of Chemistry," and "Dig It! Archaeology," the hands-on workshops are geared to make learning fun.

Digital Ocean Explorers is also new, and uses computer maps to teach students about the migrations of whales and sea turtles. A class taught at the Water Conservation Garden located on the Cuyamaca College campus, "Environmental Leaders: Butterfly Exploration and Tree Mapping," teaches kids how to identify and plant trees.

A career-exploration component of College for Kids returns this year as the Youth Boost Career Institute, free career exploration for incoming seventh- and eighth-graders interested in the fields of entrepreneurship, sustainable organic gardening and engineering. Funded by grants from the California Career Technical Education Pathways Initiative, the FREE career institute connects students with

industry experts assisting them on career-related projects. The entrepreneurship class, for example, will have students pitching business plans to potential investors in a setting modeled after television's "Shark Tank."

The four-week vocational workshop makes it possible for students, selected on the basis of a 50-word essay, to rotate through each of the career areas. As with all College for Kids offerings, the careereducation workshops will be led by a credentialed instructor. Additionally the middleschoolers will be mentored by high school students selected from a district-supported teacher-preparation program targeting seniors from Granite Hills, Grossmont and Mount Miguel high schools with career plans as teachers. With nearly 80students who enrolled in last summer's institute, class slots are expected to fill quickly. Students must submit a minimum 50-word essay signed by a teacher describing their interest in any of the three careers. The last day to submit an essay is June 6.

"Over the last couple of years, College for Kids has developed into this great niche program that has proven so popular, we have expanded it for spring break," said Erin Roberts-Hall, business developer for the district's Continuing Education and Workforce Training program, based at Cuyamaca College. "It was three years ago that the program really caught fire with the community. Last summer we were expecting about 200 kids, but we ended up with triple that number.'

Committed to addressing the educational needs of the community, the district also views College for Kids as an early orientation for Grossmont and Cuyamaca's future students.



A Glee! class offered through College for Kids explores movement, songs, music theory, and gives kids the opportunity to play "American Idol" on Wii.

"This is a truly wonderful way to introduce tomorrow's students and their families to our colleges by offering fun and enriching classes they can enjoy," said Chancellor Cindy L. Miles. "These learning opportunities may be just the spark to fire up a young student's interest in a career of the future."

The College for Kids offerings run the gamut from the practical, with the Youth Boost Career Institute, to the creative, such as the Children's Theatre Workshop. Designed to help students discover their inner whimsy, the workshop is geared to improve speech, vocabulary, projection, confidence and social interaction through theater games, improvisation, singing, monologues, audition techniques and more.

Other classes include:

- Code Cracking for Kids, which teaches Morse code, code history and basic spy
- Babysitter Training: Become a certified, reliable babysitter by learning infant care skills, home safety, CPR, and first aid.
- Global Beats Drumming, which introduces kids to the conga, bongos and djembe,

- a skin-covered hand drum originating from West Africa.Glee! Explore movement,
- Glee! Explore movement, songs, music theory, and play "American Idol" on Wii.
- Rock Band: Perform rock music in a small group while learning song forms, pentatonic scales, power chords and improvisation.
- CSI: Forensics for Kids, which teaches how to process a crime scene, autopsy protocols and more.
- Golf for Beginners, which has a PGA golf pro providing students an understanding of the game, from etiquette to swing techniques.
- Public Speaking for Fun and School: Through games and exercises, learn the techniques to become comfortable in front of groups from an award-winning Toastmaster.
- Expressive Storytelling, in which students create stories and scenes in the moment with no script through improvisations and games.

For additional information, including online registration, go to http://www.cuyamaca.edu/cfk or contact the Continuing Education office at (619) 660-4350 or via email Cuyamaca.continuingEd@gcccd.edu. Cuyamaca College is located at 900 Rancho San Diego Parkway in Rancho San Diego.



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LOCAL NEWS & EVENTS

know.

California drought causes early wildfire season | Lakeside Round Up of Events —

The Burn Institute wants to remind evervone to have a wildfire evacuation plan in place!

alifornia is experiencing extreme drought conditions. The fires last week prove that we have a long wildfire season ahead. The Burn Institute would like to urge San Diego county residents to stop, think. prepare and practice a Wildfire evacuation plan.

List important items

• Keep sturdy boxes handy and make a list of important items you will need to take during an evacuation: prescriptions, medications, eyeglasses, important financial documents,

tax records, photos, jewelry, pets, pet food and leashes, child's favorite tov.

Prepare an emergency supply kit

• When fire threatens you won't have time to search for supplies. Have an Emergency Supply Kit ready to go and store your supplies in easyto-carry containers: three-day water supply (1 gallon per person per day), three-day food supply, change of clothing and shoes, blanket and sleeping bag, first aid kit, battery powered flashlight, radio and extra batteries.

Escape tips

- · Close all windows and doors in the house before you
- Leave exterior lights on to help firefighters find your

house through the smoke.

- Do not leave garden sprinklers on - it wastes critical water pressure.
- Park your vehicle facing out so you have the best visibility when you have to leave and drive with your headlights on.
- Designate one emergency meeting place outside the home and one outside the neighborhood where family members can meet.
- If fire overtakes you, you are much safer inside the car then out.

The keys to surviving a Wildfire are: Defensible Space, Defensible Homes and Evacuation

Planning. The Burn Insti-

tute offers a FREE 12-page "Living with Wildfire" Guide sponsored by SDG&E, which contains valuable and potentially life-saving information

that every homeowner should

For homeowners affected by the recent fires, the Burn Institute offers "The Red Guide to Recovery" a complete resource for rebuilding after a fire - free of charge.

Call the Burn Institute at (858) 541-2277 or visit the Burn Institute online at www. burninstitute.org to download a free copy in English or Spanish.

Pets ...

Continued from page 5 Thinking of adopting a new

We have a variety of dogs and cats to choose from at the El Cajon Animal Shelter. We work to protect and improve the lives of abused, abandoned, and homeless cats and dogs, and to place them in loving permanent homes.

If you are looking to adopt a pet, or have lost your pet, please stop by our shelter at 1275 N. Marshall Avenue and see the dogs and cats in our adoption center.

The shelter is open Tuesday through Saturday from 10 a.m. to 5 p.m. For more information, call us at (619) 441-1580.

For a few of the adoptable pets, see page 23.

by Patt Bixby

Eagle Burgmann opens new facility in Lakeside

🖚 agle Burgmann, one of the world's lead-■ing manufacturers of sealing products, has moved their Eagle Burgmann Expansion Joint Solutions plant to Lakeside. On May 14 they held a welcome to our Grand Opening at their Lakeside





plant at 10038 Marathon Parkway. Guests were provided guided tours of the new green facility. The plant has a big bay for large pieces, two 25 ton cranes, an x-ray room, pressure testing, and a large plate in the floor for parts which need to be locked down.

Eagle Burgmann has the know how in all fields of sealing technology including the oil and gas industry, pulp and paper industry and power plant technology. The company has sealing solutions to meet any challenge. By the end of May Eagle Burgmann's Lakeside facility plans to be solar powered.

Memorial Day V.F.W.

The 68th Annual Memorial Day Ceremony at the Lakeside V.F.W. Center-Smith V.F.W. Post 5867, 12560 Lindo Lane will be held Monday, May 26.

9 a.m.: Booths, Displays and Music. The Marine Corps Band.

11 a.m.: Memorial Day Ceremony.

12 p.m.: Reading of Names.

12 p.m.: \$5 lunch (Active Duty in uniform free.)

7 p.m.: Special Event- Candle Light Vigil.

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Inspiration

Why did God give us coffee?

by Dr. Rev. James L. Snyder

his week I came faceto-face with a genuine dilemma I had several meetings across town and for some reason I miscalculated and ended up with a 2-1/2hour gap between meetings. I hate to waste time, but if I drove back to my office. I would simply have to return to my meeting later and with the cost of gas these days, one cannot be too cautious.

You know gas is getting high when it costs more to fill up the car than the car is really worth. The most valuable thing in my car is in my gas tank, at least when it is filled.

I remedied the situation by stopping in a small coffee shop for cup of Joe. As far as I am concerned, there is no bad time to have a cup of coffee, in spite of the price. I ordered my coffee and when the waitress brought it to me, I began to think about coffee. Why did God give us coffee?

Then my mind went back to my grandfather, whose greatest gift to me was a love of coffee. Nobody loved coffee more. I remember one of his favorite quotes, "You can always tell a man by the coffee he drinks."

Anathema to my grandfather was the idea of instant coffee. No man, in his judgment, would ever drink anything of the kind. "If a man would drink instant coffee," my grandfather perked, "there's no telling what else he would do. Never trust a man who drinks instant

Making coffee was an art form to my grandfather. There was a right way and a wrong way to make coffee, and he always insisted on the right way. Of course, the right way was the way he made coffee.

In grandfather's kitchen was an old wood-burning cook stove. On this old-fashioned stove, my grandfather brewed his famous mud broth. He never allowed my grandmother to make the brew; it was his job, which he took seriously.

Once for his birthday, we all chipped in and bought him an electric coffee pot. I had never seen my grandfather so mad. When he saw what it was, he would not even take it out of

He had strong ideas about coffee and how it should be brewed and woe be to the person who contradicted his ideas.

Grandfather always kept a fire in the old wood cook stove and on the back of the stove he kept his coffee pot, a large 2-gallon pot — one of those old-fashioned percolators long since gone out of style. The coffee was always on, and no matter when you stopped in to see him, he always had "fresh" coffee brewing.

When I say, "fresh," I need to explain. Actually, the coffee was only fresh on Sunday. On Saturday night, he routinely emptied the coffee pot and prepared fresh coffee for Sunday morning.

He had an old coffee grinder and ground the coffee beans on Saturday night. He put some other things in the coffee, I have never figured out what. One thing I know he put in was a crushed eggshell. What it did to his coffee, I have no idea but grandfather was sure it was an important ingredient.

The freshly ground coffee beans were put in, the pot filled with fresh water and set on the back of the stove to slowly perk. This coffee would last the entire week. The coffee was so strong on Sunday that if it did not wake you in the morning, you were dead.

Keeping Pets Mentally and Emotionally at Ease

 When the family is stressed. most pets will feel it too. Bringing along their favorite blanket or tov can often help ease anxiety. There are also calming agents and products like the Thundershirt that can help.

 Ten minutes of thinking play can equal 45 minutes of active, outdoor play for pets. During stressful situations such as evacuations or storms, keep pets mentally stimulated and entertained with food puzzles. There are even puzzles for hamsters such as bedding that hamster's can sort by color

Make Evacuation Plans

· Do not leave pets behind during evacuations. Take all pets including birds, reptiles, hamsters, rabbits, etc. In case of an emergency evacuation, it is always a good idea to keep an extra harness in vehicles, as well as an emergency kit as an extra precaution. Also, make sure to keep a carrier and seatbelt harness for each pet in the car See LOSING PETS page 21

In fact, Cousin Ernie died on a Sunday afternoon, so my grandfather tells the story, and one sip of his black coffee roused him and he lived seven more years, which was unfortunate for grandfather, as he had to support him.

Before going to bed each evening my grandfather took care of his coffee. He would freshly grind a few coffee beans, sprinkle it on top of the old coffee grounds and then add a newly crushed eggshell. Then he would refill the coffee pot with water.

His coffee percolated 24/7 and by Saturday it was so strong you needed a half-cup of sugar just to drink one cup. It was thick enough to use as syrup on your pancakes, but so strong, it dissolved your pancakes before you could eat them.

My grandmother once tried washing the coffee pot. When my grandfather saw her, he became furious, "Never wash that coffee pot," he spouted, "you'll ruin its character and a coffee pot needs a lot of character to make good coffee.'

When my grandfather died, I looked at his old black coffee pot and discovered two things. One, the original color was blue. And two, although it was originally a 2-gallon pot, it only could take three quarts of water. The "character," so important to my grandfather, had built up so much over the years its capacity was diminished.

In pondering my grandfather, I thought about my Heavenly Father and His gifts. The Bible puts it this way; "Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning" (James 1:17 KJV.)

I really do not know why God gave us coffee, but I do know God's character is of such a nature that it never diminishes His ability to bless me each day.

James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamessnyder2@att. net or website www.jamessnyderministries.com.

Dear Dr. Luauna — **True friends**



Dear Readers.

Cometimes the hardest Sthing to do is pray? Let's take time and read how the disciples went to Jesus: Luke 11:1; And it came to pass, as He was praying in a certain place, when He ceased, that one of His disciples said to Him, " Lord, teach us to pray, as John also taught his disciples.

What did they see in Jesus' personal prayer life, which compelled the disciples to ask Jesus to teach them how to pray? Could it possibly be the after effect of Jesus' prayer? Did they notice after Jesus prayed, He was always in the right place at the right time. "John 4:6-29." This woman was an outcast, later she became the first woman evangelist; "The woman then left her water pot, went her way into the city, and said to the men, 'Come, and see a Man who told me all things that I ever did.

Jesus was in a massive crowd suddenly He hears one voice desperately crying out, a blind man named Bartimaeus. Mark 10:52; "Then Jesus said to him, "Go your way; your faith has made you well." Immediately he received his sight and followed Jesus on the road.

Prayer prepares us to do great things for God today. Jesus set the greatest example for prayer. Seven demons were cast out of a broken, hurting woman; Mary Magdalene in Luke 8:1-2. Prayer, to have the ability to see and hear the desperate cry of a father, whose son is demon possessed, Matthew 17:14-15; And when they had come to the multitude, a man came to Him, kneeling down to Him and saying, "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water." Lord casts the demon out after his disciples could not.

What was it in the Disciples that they couldn't cast those demons out? Unbelief! This is why learning how to pray is so very important in our Christian walk today. Day to day we see so many people in need. Jesus has called you and I, and He sent the Holy Spirit so we can be our Father's hands, feet and voice on earth today.

After Jesus spent time in prayer, we see Him preforming one miracle after another. In the middle of a meeting, He sees a people hungry, two fish a few loaves of bread somehow miraculously feed thousands, Matthew 14:17-20; And they said to Him, "We have here only five loaves and two fish. He said, "Bring them here to Me." Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So they all ate and were filled, and they took up twelve baskets full of the fragments

I'm excited about prayer! Do you want the Holy Spirit to use your life? Let's come together and learn how to pray. Join us every Friday night at A Touch From Above – Prayer Mountain at 7 p.m. 16145 Hwy 67, Ramona CA. 92065 Learn the wonderful power of PRAYER. Do you have children breaking your heart? Does your marriage need healing? Do you need a miracle in your life? We all need to learn how to pray. "Oh how the devil trembles when he sees the weakest Christian on his knees." You are so important, and I love vou dear reader.

I want to personally invite you Monday - Friday three times a day for corporate prayer, 6 a.m., 12 noon, and 5 p.m., Call: 1 (712) 432-3022 - Enter 754640. Every Sunday 8 a.m. 1210 AM KPRZ Radio. Podcast's are available on my website, free. Send me your prayer requests. Write; ATFA- Dr. Luauna Stines P.O. Box 2800, Ramona, CA 92065. Visit our website: www.atouchfromabove.org, and follow. To make Prayer Mountain reservations for overnight prayer call: (760) 315-1967. Follow me on Twitter, and Facebook.

In His Love & mine, Dr. Luauna

Avoid losing pets

Between the seven fires that took place in San Diego County, with more than 44.000 homes evacuated, it's important to also think about our furry family members and include them in emergency plans.

Tips to avoid losing pets

- Keep pets inside. A pet left outside in the elements can be injured or die, or can become easily lost.
- Keep current photographs of pets with important documents. If a pet is lost during a disaster, a sharp, recent photo can be used to make flyers.

• Keep an up-to-date identification tag securely fastened on pets. If a pet gets out or flees from a scary scene, this will greatly increase the chance they will be returned. Take this measure even for indoor cats. Use breakaway collars, and make sure cats can slip their head out if the collar gets caught on something. Having a cellular telephone number on a pets ID tag instead of a home number is recommended because if there is an evacuation. no one will be home to answer phone calls. Also consider getting microchip IDs for animals.



For Health's Sake

Building muscle — best protection against aging

f you want good health, a long life and to feel your best well into old age, the No. 1 most important thing vou can do is strength-training. says Dr. Brett Osborn, author of "Get Serious, A Neurosurgeon's Guide to Optimal Health and Fitness," www. <u>drbrettosborn.com</u>

"Our ability to fight off disease resides in our muscles," Dr. Osborn says. "The greatest thing you can do for your body is to build muscle.'

He cites a large, long-term study of nearly 9,000 men ages 20 to 80. After nearly 19 years, the men still living were those with the most muscular strength. (BMJ, formerly British Medical Journal, 2008).

Muscle is all protein - "nothing but good for you," Dr.

Fat, however, is an endocrine organ, meaning it releases hormones and other chemicals. When a person has excess fat, he or she also a disrupted flow of excess biochemicals, which can increase insulin resistance and boost risk factors for stroke and high blood pressure, among other problems.

"Increased cytokines, an immune system chemical, for example, are associated with increased risk for cardiovascular disease," Dr. Osborn says. "You're only as old as your arteries!

Strength-training has health benefits for everyone, he adds, no matter their size.

"Some fat is visceral fat – it's stored around the organs and it's even more dangerous than the fat you can see," he says. "People who look thin may actually be carrying around a lot of visceral fat.

So, what's the workout Dr. Osborn recommends?

- "Back to basics," he says. "These five exercises are the pillars of a solid training regime."
- The squat is a full-body exercise; it's the basic movement around which all training should be centered. Heavy squats generate a robust hormonal response as numerous muscular structures are traumatized during the movement (even your biceps). Standing erect with a heavy load on your back and then repeatedly squatting down will stress your body inordinately - in a good way -- forcing it to grow more muscle.
- · The overhead press primarily activates the shoulders, arm extenders and chest. Lower body musculature is also activated as it counters the downward force of the dumbbell supported by the trainee. From the planted feet into the hands, force is transmitted through the skeletal system, stabilized by numerous muscular structures, most importantly the lower back.

hamstrings, buttocks, lumbar extensors and quadriceps, essentially the large muscles of your backside and the front of your thighs. As power is transferred from the lower body into the bar through the upper body conduit, upper back muscles are also stressed, contrasting with the squat, which is supported by the hands. Deadlifts are considered by some to be the most complete training exercise.

- targets the chest, shoulders and triceps; it's the most popular among weightlifters, and it's very simple – trainees push the barbell off the lower chest until the arms are straight. This motion stresses not only the entire upper body, but also the lower body, which serves a stabilizing function. This provides a big hormonal response and plenty of bang for your buck.
 - The pull-up / chin-up

stress upper body musculature into the body. A pull-up is done when hands gripping over the bar; a chin-up is where hands are gripping under the bar. Nine out of 10 people cannot do this exercise because most simply haven't put in the effort. It's also been called a "man's exercise, which is nonsense,3 he says. There are no genderspecific exercises. Women. too, should aspire to enjoy the health benefits entailed with this pillar.

"There are no secrets to a strong and healthier body; hard work is required for the body that will remain vital and strong at any age," Osborn says. "Always practice proper form and safety. Otherwise, the result will be the opposite of your goal, an injury.

About Dr. Brett Osborn Brett Osborn is a New York University-trained, board-certified neurological surgeon with a secondary certification in anti-aging and regenerative medicine, Diplomate; American Bard of Neurological Surgery, Diplomate; American Academy of Anti-Aging Medicine. He holds a CSCS honorarium from the National Strength and Conditioning Association.

Dr. Osborn specializes in scientifically based nutrition and exercise as a means to achieve optimal health and preventing

He is the author "Get Serious, A Neurosurgeon's Guide to Optimal Health and Fitness,' www.drbrettosborn.com

Laughter is the Best Medicine

Born a cow

Jewish man moved into a Catholic neighborhood. Every A Jewish man moved into a Camone negative field by heaving steaks. they're eating fish, the Jewish man is outside barbecuing steaks. So the Catholics work on the Jew to convert him to Catholicism. Finally, after many threats and much pleading, the Catholics succeed.

They take the Jewish man to a priest who sprinkles holy water on the him and says, "Born a Jew, Raised a Jew, Now a Catholic." The Catholics are ecstatic. No more delicious, but maddening smells every Friday evening

The next Friday evening, the scent of barbecue wafts through the neighbourhood. The Catholics all rush to the Jewish man's house to remind him of his new diet. They see him standing over the cooking steak. He is sprinkling water on the meat and saying, "Born a cow, Raised a cow, Now a fish.

Have a funny joke you'd like to share with the Gazette readers? Send to: jokes@ecgazette.com or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021. Remember to add your name and city you live in so we may give credit.

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IN THE COMMUNITY

ut and about in the Cou

Through Oct. 24: "Cruz'n the Lakes" car show gears up for an exciting new season. Every week all makes models and years of automotive history cruise into Santee Lakes Park Lake #1 for a weekly car show entitled, "Cruz'n the Lakes." The 2014 runs through Friday, Oct. 24. Participants arrive for showtime at 3 p.m. every Friday afternoon and finishing each Friday evening at park closing when the sun goes down. "Cruz'n the Lakes" car show is free to attend, however there is a small car fee to enter the park. Santee Lakes Park is also a private park and therefore adult beverages are allowed.

Through June 21: United Way's Book Drive, providing bilingual summer reading for economically disadvantaged San Diego children up to age eight. This year's books have a double benefit by helping kids focus on healthy eating: "Growing Vegetable Soup"/ "A Sembrar Sopa de Verduras" and "Farmers Market"/ "Día de Mercado." The drive culminates on United Way's annual Day of Action, Saturday, June 21, when 100 volunteers will begin packing books and writing notes to kids. Youngsters throughout the county will receive their own book, a bookmark with an inspirational note and bilingual reading tips for their parents. Books will be distributed through approximately 25 locations across San Diego County that serve kids and their families. The book drive is sponsored by Boyer Moving & Storage, Cal Water, GEICO, Pratt & Whitney Aeropower, San Diego County Regional Airport Authority and the Women's Leadership Council of United Way. The general public and local businesses are encouraged to spread the word via social media by visiting www.facebook.com/unitedwaysd and <u>www.twitter.com/liveunitedsd</u>, #iliveunited.



Through May 30: A dual exhibit of pieces by photographer Rhett L. Beck is being hosted by the Lemon Grove Library, 3001 School Lane. The two exhibits are the Vaqueros and the Latitude 13 exhibit. The Vaqueros exhibit features photographs of children and families, taken in California, Kentucky and Peru. Latitude 13 features photographs from Peru - not the standard postcard images of that country's Inca ruins, but scenes of a living people, living today. Rhett L. Beck is a native of Los Angeles who has lived in Kentucky for over twenty years; his photography is in collections in both states. His work has appeared in solo and group exhibitions in Kentucky, and he is the artist/author of Burying Monkeys: A Photographic Journey through the Old Crow & Old Taylor Distilleries (Broadstone Books, 2012). This is his first solo exhibition in California. For more information on the Rhett L. Beck dual photography exhibit, please contact the Lemon Grove Library at (619) 463-9819 (619) 463-9819 Free.

Through September 26: "Dinner & a Concert" at the Prescott Promenade! Every Friday, It's fun music and dancing from 6 to 8 p.m. The only two exceptions are June 13 and July 4, when concerts will be held on Thursday, June 12 & July 3, in conjunction with the Farmers' Market. Arrive early to dine at one of the many great restaurants downtown, or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at www.downtownelcajon.com, or call (619) 334-3000.

May 24: The 2nd annual Alpine Community Center and Knights of Columbus Car Show This is more than a vintage auto display. In addition to showcasing the wide variety of extraordinary vehicles, there's a day's worth of activities planned. Morning begins with a pancake, egg, and sausage breakfast prepared by the Knights of Columbus, served from 6 a.m. until 9 a.m, and a taco lunch will be available from 11a.m. until 2 p.m.

A diverse vendor area will feature selections of interests from arts and crafts, car related items, and information booths about local organizations. The Kiwanis Club and the Knights of Columbus will also jointly man a bone-marrow registration booth, signing up volunteers who wish to join the national donor registry. Here's a chance to possibly save someone's life.



Well-known hot rod artist Mark Lueck will be in attendance and available to autograph his art work or other items you may wish to have him sign. He has designed the t-shirts and logos for our car shows for the past two years. Also, Duane Mayer, the shop manager for famed hot car builder on Boyd Coddington's TV reality show "American Hot Rods," will be at the event. Come get inside information and stories about Boyd and his TV show. Duane now runs his own shop, American Hot Rods Inc., in Anaheim CA and it is the premier Southern California hot rod facility.

Throughout the day, we will have opportunity drawings worth thousands of dollars, including overnight golf packages, free dinners, and many more items. Anyone who has an interest in admiring classic cars, shouldn't miss this fun family event!

May 31: The El Cajon Elks Lodge will have its annual parking lot sale on Saturday at 7 a.m. and ends at 1 p.m. Elk members can reserve a space to sell items for \$25: Elk guests may also reserve a space for \$35. Tables, shade and electricity are not provided. Items you do not sell must be taken with you at closing. For more information, contact Nancy at (619) 985-5295.

June 7-8: Air Group One Air Show San Diego - at Gillespie Field, El Cajon. Gates open at 9 a.m. to 4 p.m. both Saturday and Sunday. Advance tickets & Air Show updates at: ag1caf.org Air show will feature aircraft and performances commemorating the 70th Anniversary of D-Day. C-53 'D-Day Doll' that flew three missions in the D-Day invasion, P-47 Thunderbolt, P-51 Mustange "Cadillac of the skies" plus other historic aircraft both flying and on the ground, mock battle with "Pyro," free KidsZone.

Visit www.eastcountyconnect.com

Car Club Council announces upcoming car shows

24: Alpine 2014 Community Center and KoC Car Show

8am to 2 p.m. – More Info

28: Cajon Classic Cruise, Fast & Furious

31: Stars & Stripes – Hugs From Home" Grape Day Park Escondido - 9 a.m. to 3 p.m. - info: 1 (760) 743-5223 / (619) 857-7272

3: San Diego Car Club Council Meeting - 7 p.m.

4: Cajon Classic Cruise, Salute to the Military

6 - 7: 7th annual friends of Steve McQueen Car & Motorcycle show - Chino Hills

7: "Poway Cruisers" In and Out Car Show – 11 a.m. to 2 p.m. – Poway

7: El Camino Wildcat Foundation 2nd Annual Car Show 10 a.m. – 2 p.m. El Camino High School 400 Rancho Del Oro Oceanside, CA 92057.

8: Pick Up Limited Fords & Freinds Picnic – Escondido – 9 a.m. – 3 p.m. (760) 789-2155

11: Cajon Classic Cruise, Bike Nite

15: "Mission Beach Centennial Father's day Cruise to Belmont Park" 10 a.m. - 3 p.m. – Limited space – For more info call Charger Steve (760) 440-0896

18: Cajon Classic Cruise, Funny Cars & Friends

21: 2nd Annual Living Hope Church Car Show – 9 a.m. to 1 p.m. – 9455 Los Coaches Rd. Lakeside, Ca 92040 – No entry fees. **22:** Car Show On The Bay - MCRD - info at (619) 524-

5240

25: Cajon Classic Cruise, Charger Steve's Starz Carz

2: Cajon Classic Cruise, American Muscle

4: 9th annual Wheels of Freedom Car Show - Web Park Rancho Bernardo 9 a.m. - 2 p.m. for details george.cowman@powaycruisers.com

5: In & Out Burger car show - Poway 11 a.m. to 2 p.m.

9: Cajon Classic Cruise, Extreme Horsepower

16: Off Road Madness - Full street closure

— IN THE COMMUNITY —

AirShow San Diego to feature a music concert Saturday, June 7

Plan to Commemorate the 70th Anniversary of D-Day at AirShow San Diego, June 7 & 8 at Gillespie Field



Saturday afternoon concert is included with your AirShow ticket, or you may purchase a Concert ticket senaratelu.

Come dressed in your best 1940's attire and dance in the AirShow San Diego Dance contest!

Featured bands are:

Gypsy Swing Cats 3 - 4:15 p.m.

The San Diego based Gypsy Swing Cats perform an energetic, innovated blend of Swing, Jazz and Blues. Their music merges Gypsy melodies and rhuthms, with



the influences of American Jazz reminiscent of Paris in the 1930's: cool, charming and classy. The music of the Gypsy Swing Cats is thoroughly modern infused with the wild, mysteriously free and exciting Gypsy flavors.

Costumed Dance Contest begins at 4:30 and ends at 5:45 p.m.

Sweethearts of Swing with High Society 4:30pm - 5:45pm

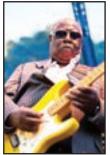


The Sweethearts of Swing are a fresh, exciting trio of singers who have captured the unique stule and harmonies of the Andrew Sisters from the era of the thirties and forties and brought it to the

21st Century. The three ladies. Janet Hammer. Shelley Smith. and Kim Royster genuinely have a good time on stage and that transcends to their audience. Their authentic swingin' sound is sure to knock you right off your feet.

Bill Magee Blues Band 6 - 7 p.m.

Jimi Hendrix was playing as Jimmy James...when Willie (Bill) Magee met, befriended and eventually joined up with Hendrix to form the band "Jimmy James and the Flames." In 1967, Hendrix went to England, and Magee took his newly formed band, the"Kansas City Playboys" on a tour around Europe.



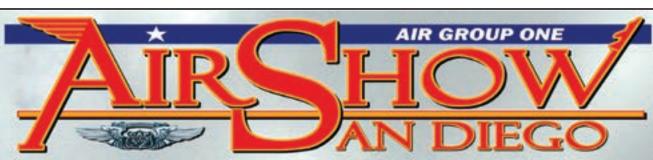
The rest is history...now after a brief hiatus Bill Magee has felt the pull of the blues once again and come out of retirement. Catch a performance of his and see the best of Southern Blues

Nowadays, Bill Magee is one of San Diego, California's busiest working musicians. He can be seen around the greater San Diego Area on a regular basis and throughout the Southwest and beyond!

Plan to Commemorate the 70th Anniversary of D-Day at AirShow San Diego, June 7 & 8 at Gillespie Field

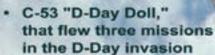
2014 "AirShow San Diego" on June 7 & 8 will feature a collection of aircraft and performances commemorating the 70th Anniversary of "D-Day," the WWII allied invasion of Normandy

Our show headliner will be the "D-Day Doll," a C-53 that actually flew three missions in the D-Day invasion plus representative P-51 Mustangs and P-47 Thunderbolt aircraft that were crucial in obtaining and maintaining air supremacy before, during and after D-Day and the duration of the liberation of Europe in World War Two.



June 7 & 8, 2014 at Gillespie Field, El Cajon, CA Gates open 9 am to 4 pm, both Saturday and Sunday Advance tickets & AirShow updates at: a g 1 c a f . o r g

FEATURING aircraft and performers commemorating the 70th Anniversary of D-Day



- P-47 Thunderbolt
- Focke-Wulf FW-190
- P-51 Mustang "Cadillac of the Skies"

PLUS

Other historic aircraft both flying and on ground

- **Red Eagles Formation Team**
- Military re-enactors, paratroopers
- Mock battle with "Pyro"
- **FREE KidsZone**
- **FREE Parking**
- Food & beverages
- Beer Garden and Music
- **Educational displays**
- John Collver's War Dog T6/SNJ aerobatics and new this year, a race with jet car "Smok-n-Thunder."















— ENTERTAINMENT -

'Chef' — good cast, very entertaining

Review by James Colt Harrison

hef is the kind of movie that makes one want to run out and eat until they collapse. Why? Because the scenes showing dinners being made, salads tossed and deserts consumed are so beautifully photographed by cinematographer Kramer Morgenthau (The Game of Thrones, Thor:The Dark World) that one's glands will be salivating before they can stagger to the concession stand for sustenance.

Chef Gordon Ramsey has nothing on Chef Casper (Jon Favreau), a Miami-born Latino now living in Los Angeles. He's the head chef at a restaurant owned by Riva, a very controlling and obstinate man. Played by Dustin Hoffman, Riva is ultimately funny and maddening when he refuses to follow Chef Casper's suggestions to modernize the menu and make things for the current health-conscious patron.

Sultry manager Molly (Scarlett Johansson) offers support and a little bit of a love interest. Feeling his ideas are being ignored and his integrity stepped upon, Casper blows up, storms out of the kitchen and quits. This event can serve as opening a gateway to more adventures in the culinary world or it can lead to disaster.

Casper uses his firing as an opportunity to do what he has always wanted to do with his cooking skills – go out on his own and be his own boss. He returns to his hometown and Cuban community of Miami. There he connects with his ex-wife Inez, the voluptuous Sofia Vergara.

Casper and Inez team up with best friend Martin (John Leguizamo) to launch a food truck. Casper also wants to show his young son Percy (Emjay Anthony, No Ordinary Hero: The SuperDeafy Movie) the ropes of being a chef. Casper is totally happy because he can cook his be-

loved native food and also new concoctions he knows will be a success with the public. The film becomes a road trip for the boys, now joined by pal Tony (Bobby Cannavale) from the old restaurant.

The funny situations add laughs to a thoroughly enjoyable and warm film. There is heart and laughter in Favreau's story. Some of the events seem familiar, but a road trip, that is also a bonding vehicle for the guys and the son, is a classic comic device in films. Favreau has a very comic manner about himself as well as an endearing, cuddly sort of way of acting. Women will want to pamper him. Not only is he appealing as a character, but we are reminded he is the talented man who also wrote the script.

Vergara is a beautiful woman who is now making a name for herself in American films and television. Born in Colombia, she conquered the Hollywood ladder not only by her charms, but because she is genuinely a



Emjay Anthony, John Leguizamo, Jon Favreau and Sofia Vergara star in *Chef.* Photo Credit: Open Road Films

very funny actress. She's sort of a modern-day version of forties Brazilian bombshell Carmen Miranda. She's proving herself in another comedy this year, Fading Gigolo.

Leguizamo is equally entertaining as usual, and Anthony does a great job as Casper's son. Robert Downey Jr. has a very small and mostly insignificant role in the film.

Although he is nothing like

Gordon Ramsey, Favreau must have been inspired by the Master Chef and his troubles

shown on his popular television shows. The film is great



Chef

Studio: Open Road Films

Gazette Grade: A-

MPAA: "R" for language, including some suggestive references

Who Should Go: Those who like good comedies.

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- -Made to Order Waffle Station

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Community gardeners and their children eat healthier diets than do non-gardening families.

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For information, or if you are interested in having your own garden space, email <u>CircleGardenEC@aol.com</u> or call 619-442-2583

Circle Community Garden is sponsored by the First Presbyterian Church of El Cajon's Neighbor-to-Neighbor program and St. Alban's Episcopal Church.

— ENTERTAINMENT —

'Million Dollar Arm' is a grand slam

Review by Diana Saenger ports agents do not have an easy road. They must find the best players, get them on a team, put up with their demands, help keep them fit and hopefully employed. In Million Dollar Arm JB Bernstein (Jon Hamm) is looking for the next best player for baseball. He and his cronie, Ray (Alan Arkin) line up fast pitchers in town after town, with little luck in finding a superstar.

While watching TV one day JB lands on a channel where young boys in India are playing cricket. His eyes zoom in as the boys throw one fast ball after another. He travels to India and begins a competition called "The Million Dollar Arm" and turns it into a reality show.

Unfamiliar with the language and customs in India, JB comes upon Amit (Pitobash Tripathy), a funny, willing-to-learn-anything, go-to guy who becomes JB's right-hand man. JB also finds a business partner in India, Aash (Aasif Mandvi).

When 1000's of boys across India have thrown their best, two finalists are selected to go back to America. Dinesh (Madhur Mittal, *Slumdog Millionaire*) and Rinku (Suraj Sharma, *Life of Pi*) are fish out

Million Dollar Arm
Studio: Disney Enterprises
Gazette Grade: B+
MPAA: "PG" for mild
language and some
suggestive content

Who Should Go: sports

fans and those who like

good stories

of water in the United States, and they know nothing about baseball.

JB had plans for them to stay somewhere else but when they get thrown out of the hotel, his nurturing neighbor and tenant Brenda (Lake Bell), also a medical student, tells JB he needs to let them stay in his house.

At first it's like putting a whale in a kiddie pool, but once the boys fall in love with pizza, everything else eventually works itself out. Now if only JB can get the results he wants out of the two boys' pitching arms. At one point he brings in Tom House with Bill Paxton playing the real life distinctive coach and former big league pitcher at USC, who teaches the boys how to properly throw the ball.

The cast here does a great job. Hamm easily rides the roller-coaster of JB's life – big agent, broke agent, friends with his tenant, interested in his tenant, bad advisor to the boys, humble advisor to the boys. What he teaches the two boys

is amazing but what *he* learns from the ordeal is priceless.

Bell holds her own as Brenda, a look-out-the-window tenant until she sees wrongs she can help JB right. Arkin's role is small, but he always enchants with every character he portrays.

Pitobash Tripathy, Madhur Mittal, and Suraj Sharma are perfect as three chickens snagged out of the barn yard, settled into a town with buildings taller to them than the sky and dealing with a man on a mission, who is missing the big picture.

Director Craig Gillespie said Sharma and Mittal also served as unofficial Indian ambassadors and technical advisors. "The boys were so dedicated to their roles and were great about keeping us in check, as far as what was plausible and believable in terms of Indian culture. They were the gatekeepers. They were always so focused and honest and brought so much more to their characters."



Madhur Mittal, Suraj Sharma, Jon Hamm and Pitobash Tripathy star in *Million Dollar Arm* Photo Credit: Ron Phillips / Disney Enterprises

Million Dollar Arm is based on a true story and Tom Mc-Carthy has written a funny, engaging and heart-warming script. It's a great film for sports fans and families, and stay through the credits; lots of fun

things here.

"We are huge fans of Tom's," said producer Gordon Gray. "We had always loved Win Win, The Station Agent; and The Visitor is one of my favorite movies. Going out to Tom was like reaching for the stars. So when we heard he was interested, it was great news."

Solution is for puzzle on page 15







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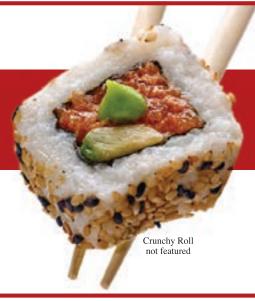
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Sports & Events



Photo courtesy of Getty Images

or most people, there is typically one main motivator for wanting to get in shape for the warmer weather months — they want to fit into the smaller, more revealing clothing of the season.

Whether it's a new swimsuit they'd like to purchase in a smaller size or they just want last year's shorts to fit more comfortably, getting a beach-ready body can often seem unattainable. But summer

boasts an abundance of outdoor activities that take away the "chore" of getting in shape. Focus on the fun of the season, and before you know it, you will be fitting into your favorite summer wardrobe staples.

"Now that the weather is warmer, people are outside training more," said KT Tape Founder Jim Jenson. "It is important to have the proper training gear and equipment to avoid injury."

Go take a hike

Nothing allows you to take in the peace and tranquility of nature more than a long hike. This summer, incorporate many long hikes into your weekly routine and build up your endurance with this beneficial cardio exercise. Check with your county and state parks for trails and expand on your hiking skills, advancing in difficulty levels and length as the season progresses.

What it works: Hiking engages the quadriceps, hamstrings, calves and gluts. This activity also strengthens your abdominal core, especially while carrying a heavy pack.

Break a sweat, courtside

All you need to increase your heart rate is a basketball and an empty court at the local park or school playground. Practice shooting, normal dribbling, dribbling while doing sit-ups and dribbling behind the back of your legs. Make it a weekly event to gather for a game with friends and you'll forget you are even working out.

What it works: Basketball can be a full-body workout, but it mainly targets your triceps, shoulders, biceps and pectoral muscles.

Go for a swim

While the summer days often bring about occasions to relax by the pool, there's no reason not to jump right in. Take refuge from the sun's heat and burn calories at the same time by swimming. This exercise is a top choice for those with physical limitations or who find simple cardio activities — such as walking, hiking or jogging — difficult or painful.

What it works: Swimming works all major muscles groups, especially the shoulders, abdominals, legs, hips and back.

When the weather warms up and spending hours at the gym sounds less appealing, give a few of these fun activities a try. For more fitness tips, visit www.elivingtoday.com.

Take care of your muscles

By engaging in a workout routine, you've already proven that you care for your body. But do you have a care plan for the muscles that take you to your next level of fitness? Here are some ways to keep those hard working muscles in top shape so you can give it your all at every workout.

Warm up and cool down

Regardless of the sport or activity you pursue, it's always best to ease into it slowly and build your endurance as you go. Warming up can include light jogging, walking or performing the activity at a very slow pace. At the end of your routine, be sure to lightly stretch out each major muscle group you worked.

Have a backup plan

In case of injury, always have a reliable pain relief and support product on hand, such as KT Tape, an elastic sports and fitness tape designed for muscle, ligament and tendon pain relief and support. It's lightweight, comfortable to wear and can be used on many common injuries, such as lower back pain, knee pain, shin splints and tennis elbow. For more information, visit www.kttape.com.

Listen to your body

If you should experience any sharp or sudden pains while exercising, don't ignore the warning signs. Working out through the pain may make a small injury much worse. As a general rule, if it feels wrong, stop the workout.

Engage in various activities

A body involved in different exercises will call on different muscle groups. This type of cross training prevents overly stressing one area of muscle.

Allow the body to rest

In order to achieve the maximum benefit of your workout, your muscles need proper nourishment. This means sleep is extremely important, but it also means resting for a few days in between workouts. A proper rest period will give muscles time to heal.

Today's trends in fitness

For those who long for a little variety in their fitness routine, here are some new trends taking shape — for indoors and outdoors — that may be just what you need to take your fitness to the next level.

Body weight training

This new trend in fitness works by using your own body weight as resistance, which can help you shape muscles, tone, increase flexibility and ultimately, burn fat.

High intensity interval training

This routine is great for those who are short on time, requiring extreme exertion in short intervals followed by a shorter recovery time.

Yoga by air

Yoga's newest offering is called aerial or antigravity yoga, which combines classic yoga moves with acrobatics; all while being suspended in the air from a hammock.

(Family Features)





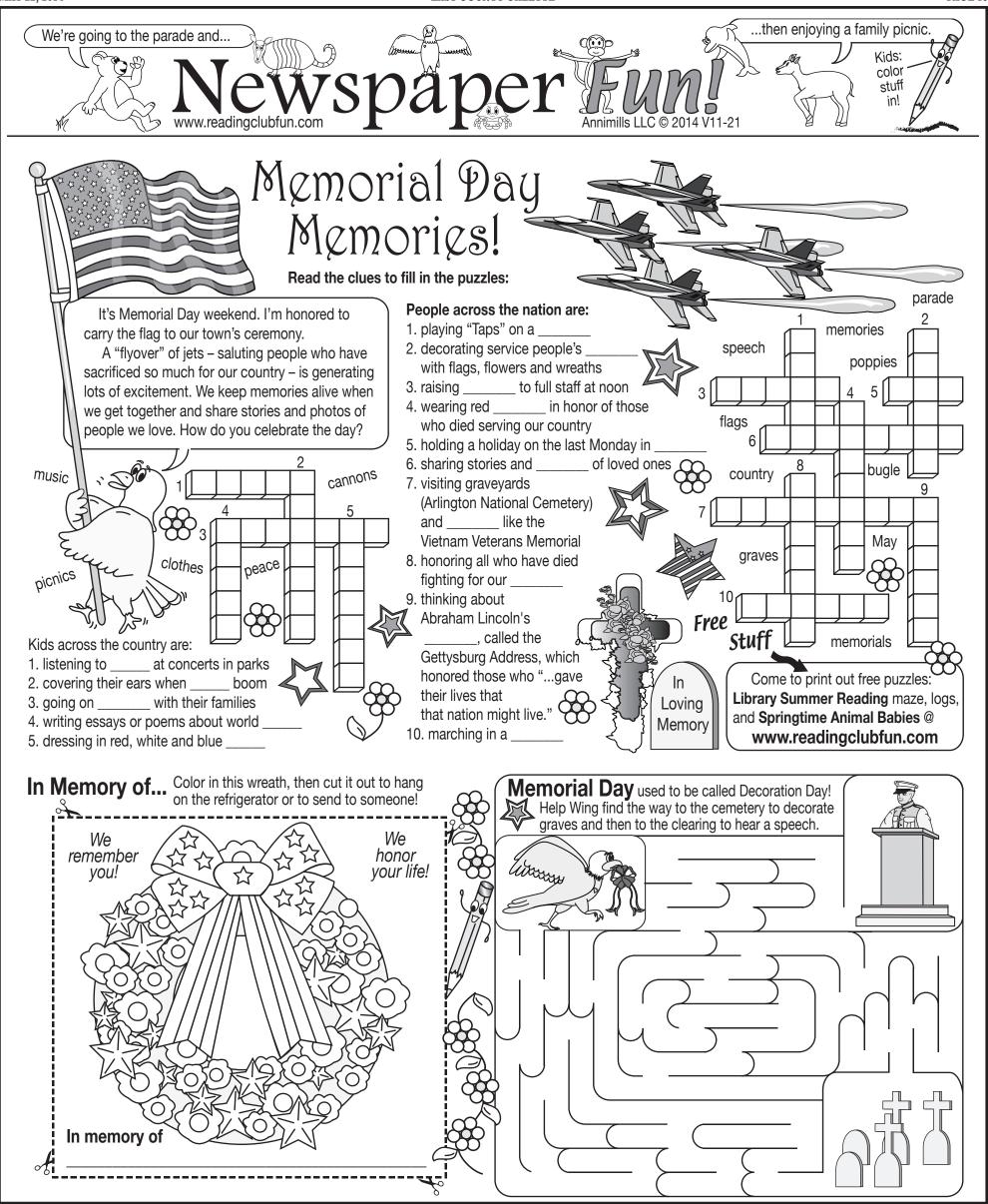
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THEME: Ball Games

ACROSS

- 1. Similar to but smaller than giraffe
- 6. OB-GYN test
- 9. Cry like a baby
- 13. Howard Hughes was one, among other things
- 14. Biochemistry abbr.
- 15. Luau greeting
- 16. Maker of premium electric vehicles
- 17. It's hot in some people?

- 18. Sega hedgehog
- 19. *Tennis return
- 21. *Game of goals
- 23. Yang's opposite
- 24. Michelin product
- 25. Fluffy accessory
- 28. *Batting _
- 30. A group or set of 9 or IX
- 35. Tolkien creatures
- 37. "Sixteen
- ___," song 39. Allegro or lento
- 40. Paper holder
- 41. Deserving of respect?
- 43. Orange peel, e.g.

- 44. New York's
- 46. German female title
 - 47. Small amount of residue
 - 48. Like "Odyssey"
 - 50. Doctrines
 - 52. Sigma Alpha Epsilon
 - 53. *Mark left by hit by pitch
 - 55. Degree type, pl.
 - 57. *Court contest
 - 60. *Kevin Durant's target
 - 63. Battle royal
 - 64. Rock in a drink
 - 66. Equestrian's attire
 - 68. Torn down

- 69. Scheduled to arrive
- 70. Make amends
- 71. Iditarod ride
- 72. Always, in verse
- 73. A gossip, Yiddish

- 1. Make a choice
- 2. Capital of Ukraine
- 3. "The Sun ___ Rises"
- 4. Tom Sawver's aunt
- 5. Right-leaning character 6. Elizabeth Gilbert's
- "Eat, ____, Love" 7. Tropical American cuckoo
- 8. Zoroastrian
- 9. Coalition
- 10 First-class
- 11. Blender sound
- 12. Varnish ingredient
- 15. *Legal blocked shot, when basketball is on its
- 20. Related on the mother's side
- 22. Miner's bounty
- 24. Found on a vine
- 25. *Ball game of Italian origin
- 26. Lowest deck
- 27. Raspberry drupelets
- 29. *Happy Gilmore's game
- 31. Dork 32. Middle Eastern V.I.P.'s
- 33. Sleeper's woe
- 34. *Avoid the ball
- 36. Design detail
- 38. Sinbad's seven
- 42. Cuban dance
- 45. Showed a sign of sleepiness
- 49. Oahu greeting gift
- 51. Move sideways
- 54. Digression
- 56. Winter glider
- 57. Blue hue
- 58. "If all fails ..."
- 59. Versus want?
- 60. *Drunk at the old ballgame
- 61. Verv dark black
- 62. Windshield option
- 63. ___ Robinson
- 65. *Pool tool
- 67. "High" drink

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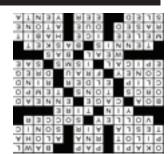
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FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-012265

FICTITIOUS BUSINESS NAME(S): a.)Awesome Brows b.)Zeal Jewelry Located at: 2522 Jamacha Road Suite 103, El

This business is conducted by: A Corporation

The first day of business was: 4/21/2014
This business is hereby registered by the following: 1.Shivam & Shivangi Inc. 792 North Mollison Ave #21, El Cajon, CA, 92021 This statement was filed with Recorder/County Clerk of San Diego County on May 1, 2014

East County Gazette- GIE030790 5/8, 5/15, 5/22, 5/29 2014

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME(S): Impact Sign Solutions Located at: 9308 Mesa Vista Avenue, La

Mesa, CA, 91941 This business is conducted by: An Individual

The first day of business was: 5/12/2009 This business is hereby registered by the following: 1.Bruce T. Heinzez 9308 Mesa Vista

Ave. La Mesa. CA. 91941 This statement was filed with Recorder/County Clerk of San Diego County on May 2, 2014 East County Gazette- GIE030790 5/8, 5/15, 5/22, 5/29 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO 2014-011778 FICTITIOUS BUSINESS NAME(S): Sport Clips

Located at: 10121 Quail Canyon Rd, El Cajon, CA, 92021

This business is conducted by: A Limited Liability Company The business has not vet started

This business is hereby registered by the following: 1.K.A. Bowers LLC, 10121 Quail Canvon Rd. El Caion, CA, 92021

This statement was filed with Recorder/County Clerk of San Diego County on April 25, 2014 East County Gazette- GIE030790 5/8, 5/15, 5/22, 5/29 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011284 FICTITIOUS BUSINESS NAME(S): Princess

Revolution

Located at: 377 Lucy Lane, El Cajon, CA. 92021

This business is conducted by: An Individual The first day of business was: 4/22/2014
This business is hereby registered by the following: 1.Raguel M. Ramirez 377 Lucy Lane, El Caion, CA, 92021

This statement was filed with Recorder/County Clerk of San Diego County on April 22, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

ORIGINAL FILE NO. 2013-012266 FILE NO. 2014-012053

The following person(s) has/have abandoned the use of the fictitious business name: T&R White Associates

The Fictitious Business Name Statemen was filed on April 24, 2013, in the County of San Diego.

7787 Tommy St #3. San Diego, CA, 92119 This business is abandoned by: 1. Thaddeus G. White 7787 Tommy St #3, San Diego, CA, 92119 2, Rose T White 7787 Tommy St #3, San Diego, CA, 92119
THIS STATEMENT WAS FILED WITH THE COLINTY OF ERK-BECORDER OF SAN DIEGO COUNTY ON April 29, 2014

East County Gazette GIE 030790 5/8, 5/15, 5/22, 5/29 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-011298
FICTITIOUS BUSINESS NAME(S): EZ Pour Drinks

Located at: 8522 Rhone Road, Santee, CA. 92071

This business is conducted by: An Individual The first day of business was: 6/1/2009

This business is hereby registered by the following: 1.Tracy Lyn Lawler 8522 Rhone Road, Santee, CA, 92071

This statement was filed with Recorder/County Clerk of San Diego County on April 22, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011613

FICTITIOUS BUSINESS NAME(S): San Diego Cylinder Heads

Located at: 215 Denny Way #C, El Cajon,

This business is conducted by: A Married The business has not yet started

This business is hereby registered by the following: 1.David J. Arce 8726 Granite House Lane, Santee, CA, 92071 2, Sandy Arce 8726 Granite House Lane, Santee, CA, 92071
This statement was filed with Recorder/County

Clerk of San Diego County on April 24, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013285

FICTITIOUS BUSINESS NAME(S): Superior Metal Works

Located at: 2360 Prince Edward Court, El Caion CA 92019

This business is conducted by: A Limited Liability Company

The business has not yet started This business is hereby registered by the following: 1.Superior Metal Works LLC 2360 Prince Edward Ct, El Cajon, CA, 92019 This statement was filed with Recorder/County Clerk of San Diego County on May 12, 2014 East County Gazette- GIE030790

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011197

5/15, 5/22, 5/29, 6/5 2014

FICTITIOUS BUSINESS NAME(S): 1 Call Flood Services Located at: 1496 Fayette St, El Cajon, CA,

92020 This business is conducted by: A Limited

Partnership The business has not yet started This business is hereby registered by the following: 1.Doran Ford 105 Scenic Dr, El Cajon, CA. 92021 2.Shawn Bush 8404 Protea Dr

Lakeside, CA, 92040 This statement was filed with Recorder/County Clerk of San Diego County on April 21, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013446

FICTITIOUS BUSINESS NAME(S): La Jolla Fence

Located at: 11521 Fuerte Farms Rd. El Caion.

This business is conducted by: An Individual The first day of business was: 5/1/1990 This business is hereby registered by the following: 1.James M. Goggin 11521 Fuerte Farms Rd, El Cajon, CA, 92020

This statement was filed with Recorder/County Clerk of San Diego County on May 13, 2014 East County Gazette- GIE030790 5/22. 5/29. 6/5. 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011789

FICTITIOUS BUSINESS NAME(S): Alex-

Located at: 4011 Abbotts End Ct, Spring Valley, CA, 91977

This business is conducted by: An Individual The business has not yet started

This business is hereby registered by the following: 1.Alexandra Marie Scavo 4011 Abbotts End Ct, Spring Valley, CA, 91977 This statement was filed with Recorder/County Clerk of San Diego County on April 25, 2014 East County Gazette- GIE030790 5/15, 5/22, 5/29, 6/5 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013007 FICTITIOUS BUSINESS NAME(S): All Phases

Outdoor Living
Located at: 10706 Holly Meadows Dr Unit D,

Santee CA 92071

This business is conducted by: A Corporation The business has not yet started

This business is hereby registered by the following: 1.Ryan L. Quinn Enterprises 10706 Holly Meadows Dr. Unit D. Santee, CA, 92071 s statement was filed with Recorder/County Clerk of San Diego County on May 8, 2014

East County Gazette- GIE030790 5/15, 5/22, 5/29, 6/5 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-012615

FICTITIOUS BUSINESS NAME(S): Airplantcompany.com

Located at: 505 San Pasqual Valley Rd, Escondido, CA, 92027

This business is conducted by: An Individual The first day of business was: 5/1/2014
This business is hereby registered by the following: 1.Corey Mann 505 San Pasqual Valley Rd, Escondido, CA, 92027

This statement was filed with Recorder/ County Clerk of San Diego County on May

East County Gazette- GIE030790 5/22, 5/29, 6/5, 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013145

FICTITIOUS BUSINESS NAME(S): Asian Foot Massage Spa

Located at: 9723 Campo Road, Spring Valley, CA 91977 This business is conducted by: An Individual

The business has not vet started This business is hereby registered by the following: 1.Sally Yan Lei 11658 Avenida

This statement was filed with Recorder/Cour Clerk of San Diego County on May 09, 2014 East County Gazette- GIE030790 5/22, 5/29, 6/5, 6/12 2014

Anacapa, El Caion, CA, 92019

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013821 FICTITIOUS BUSINESS NAME(S): Axis

Church

Located at:2760 Burgener Blvd., San Diego, CA, 92110 This business is conducted by: A Corporation

The first day of business was: 9/25/2013 This business is hereby registered by the following: 1.San Diego Branch Church 2760 Burgener Blvd., San Diego, CA, 92110 This statement was filed with Recorder/ County Clerk of San Diego County on May 19.2014

East County Gazette- GIE030790 5/22, 5/29, 6/5, 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-010788

FICTITIOUS BUSINESS NAME(S): Holistic Located at: 9051 Mira Mesa Blvd. #261808, San Diego, CA, 92196

This business is conducted by: A Corporation The business has not yet started

This business is hereby registered by the following: 1.San Diego Holistic Health 9051 Mira Mesa Blvd. #261808, San Diego, CA, 92196 This statement was filed with Recorder/County Clerk of San Diego County on April 16, 2014 East County Gazette- GIE030790 5/22, 5/29, 6/5, 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-012623

FICTITIOUS BUSINESS NAME(S): a.) Individualized Learning b.) Individualized Learning Center

Located at: 11622 El Camino Real, Suite 100, San Diego, CA, 92130 This business is conducted by: An Individual

The first day of business was: 4/11/2014 This business is hereby registered by the following: 1.Amy Mecklenborg 639 Stratford Court Apt.15, Del Mar. CA, 92014

ement was filed with Recorder/Cou Clerk of San Diego County on May 05, 2014 East County Gazette- GIE030790 5/22. 5/29. 6/5. 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-012934 FICTITIOUS BUSINESS NAME(S): a.)Ufit

Clothing b.)You Fit Clothing Located at: 2191 Main St unit #226, San Diego, CA, 92113

This business is conducted by: A General Partnership

The business has not yet started This business is hereby registered by the following: 1.Rami Alsayeq 16205 Stone Bridge Pkwy, Apt #214, San Diego, CA, 92131 2. Rogelio Chavez 702 Oak Branch Dr. Encinitas, CA, 92024

This statement was filed with Recorder/County Clerk of San Diego County on May 07, 2014
East County Gazette- GIE030790 5/22. 5/29. 6/5. 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011462

FICTITIOUS BUSINESS NAME(S): New Century Buffet Located at: 868 Jackman St. El Cajon, CA.

92020

This business is conducted by: A Corporation The business has not yet started This business is hereby registered by the

following: 1.Ting Buffet Inc., 868 Jackman St, El Cajon, CA, 92020 This statement was filed with Recorder/County Clerk of San Diego County on April 23, 2014

East County Gazette- GIE030790

5/22, 5/29, 6/5, 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011238

FICTITIOUS BUSINESS NAME(S): The Located at: 9223 Bellagio Rd. Santee. CA.

92071 This business is conducted by: A Married

Couple The first day of business was: 9/1/2008 This business is hereby registered by the following: 1.Joel Tracy Bush 9223 Bellagio rd, Santee, CA, 92071 2. Laura Lynn 9223

Bellagio Rd. Santee, CA, 92071 This statement was filed with Recorder/County Clerk of San Diego County on April 21, 2014 East County Gazette- GIE030790

5/22, 5/29, 6/5, 6/12 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006967

FICTITIOUS BUSINESS NAME(S): a.) The Dyno Shop b.)TDS Auto Sales c.)Santee Car Care d.)Santee Auto Care

Located at: 10042 Prospect Ave, Santee, CA 92071

This business is conducted by: A Corporation The first day of business was 01/01/1971 This business is hereby registered by the following: 1.The Dyno Shop, Inc. 10042 Prospect Ave. Santee CA. 92071

This statement was filed with Recorder/Co Clerk of San Diego County on March 12, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

ORIGINAL FILE NO. 2013-012266 FILE NO. 2012-029611

The following person(s) has/have abandoned the use of the fictitious business name: West Shore Property Management The Fictitious Business Name State ment was filed on November 9 2012, in the County of San Diego 1380 Garnet Ave #E301, San Diego, CA 92109

This business is abandoned by: 1. Tiger Claw II LLC 3500 S. Dupont Hwy, Dover, DE, 19901.

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON May 1, 2014

East County Gazette GIE 030790 5/8, 5/15, 5/22, 5/29 2014

NOTICE OF PUBLIC SALE OF PER-SONAL PROPERTY

Notice is herby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on (June 4th 2014) at (11:30am) at the Extra Space Storage facility at:

Site Name Extra Space Storage Site Address: 10115 Mission Gorge Rd Santee, CA 92071

Site Phone # 619 562-0101 The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes

and appliances. (List Tenant names here) Richard Redfern April Dunlap, Amanda Henderson, Jonathan Eckis, Michael Hazard, William Leigh, Stephen Weissinger.
Purchases must be made with cash only and

paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage refuses the right to bid. Sale is subject to adjournment.

> East County Gazette-GIE030790 5/15. 5/22 2014

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00012276-CU-PT-CTL

IN THE MATTER OF THE APPLICATION ANGEL NAZAR SHLEMOON & ADDAI NAZAR SHLEMOON & ALEXANDER NAZAR SHLEMOON FOR CHANGE OF NAME PETITIONER: NAZAR NANO & SAFANA JEBOU ON BEHALF OF MINORS FOR CHANGES OF NAME FROM: ANGEL NAZAR SHLEMOON

TO: ANGEL NAZAR NANO FROM: ADDAI NAZAR SHLEMOON TO: ADDAI NAZAR NANO

FROM: ALEXANDER NAZAR SHLEMOON TO: ALEXANDER NAZAR NANO

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101. on JUNE 06, 2014 at 8:30 a.m. IN DEPT C-46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRII 22 2014

East County Gazette – GIE030790 5/1, 5/8, 5/15, 5/22 2014

ORDER TO SHOW CAUSE FOR **CHANGE OF NAME**

CASE NO.37-2014-00011999-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF JOOD HISHAM ALI FOR CHANGE OF NAME PETITIONER: HISHAM HUSSIAN & ZAINAB ABBAS ON BEHALF OF MINOR FOR CHANGES OF NAME

FROM: JOOD HISHAM ALI

TO: JOOD HISHAM AL-SHAIKHLI THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY SAN DIEGO CA 92101 on JUNE 06, 2014 at 8:30 a.m. IN DEPT 64) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 18, 2014

East County Gazette - GIE030790 5/1, 5/8, 5/15, 5/22 2014

FICTITIOUS BUSINESS NAME

STATEMENTNO. 2014-011880
FICTITIOUS BUSINESS NAME(S): White Gorilla Media Located at: 3518 46th Street, San Diego,

CA, 92105 This business is conducted by: A Limited

Liability Company
The first day of business was: 9/08/2010 This business is hereby registered by the following: 1.White Gorilla Media, LLC 3518 46th

street, San Diego, CA, 92105 This statement was filed with Recorder/Cou Clerk of San Diego County on April 28, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

ORDER TO SHOW CAUSE FOR

CHANGE OF NAME
CASE NO.37-2014-00012884-CU-PT-CTL IN THE MATTER OF THE APPLICATION OLGA SACHENKOVA FOR CHANGE OF NAME

PETITIONER: OLGA SACHENKOVA FOR CHANGE OF NAME

FROM: OLGA SACHENKOVA TO: ELAREA T. KAVELL

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO. SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on JUNE 13, 2014 at 8:30 a.m. IN DEPT C-46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON APRIL 25, 2014. East County Gazette - GIE030790

5/8, 5/15, 5/22, 5/29 2014

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2014-00011164-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF BREENA SENA BONALES-CONROY FOR CHANGE OF NAME

PETITIONER: COLLEEN CONROY ON BEHALF OF MINOR CHILD FOR CHANGE OF NAME

FROM: BREENA SENA BONALES-CONROY TO: BREENA SENA CONBOY

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on MAY 30, 2014 at 9:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition

without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

should not be granted. If no written objection

is timely filed, the court may grant the petition

CLERK OF THE SUPERIOR COURT ON APRIL 14, 2014. East County Gazette - GIE030790 5/8, 5/15, 5/22, 5/29 2014

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2011-015581

FILE NO. 2014-012861 The following person(s) has/have aban doned the use of the fictitious business name: Takken's Shoes The Fictitious Business Name Statement

was filed on May 26, 2011, in the County of San Diego. 200E. Via Rancho Pkwy #287, Escondido,

CA. 92025-8012 This business is abandoned by: 1. T and B Boots, Inc., 670 Marsh St., San

Luis Obispo, CA, 93401
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON May 7, 2014

East County Gazette GIE 030790 5/22, 5/29, 6/5, 6/12 2014

— LEGAL NOTICES —

APN: 398-431-23-00 TS No: CA05004066-13-1 TO No: 00207326 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED April 27, 2005 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANA TION OF THE NATURE OF THE PROCEED-INGS AGAINST YOU. YOU SHOULD CON-TACT A LAWYER. On June 16, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on May 3, 2005 as Instrument No. 2005-0368607 of official records in the Office of the Recorder of San Diego County, California, executed by FLORENCE R. PETERS, A WIDOW, as Trustor(s), in favor of PACIFIC REVERSE MORTGAGE, INC. / DBA FINAN-CIAL HERITAGE as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: SEE EXHIBIT
"A" ATTACHED HERETO AND MADE A PART HEREOF EXHIBIT "A" THE LAND RE-FERRED TO HEREIN BELOW IS SITUATED IN THE COUNTY OF SAN DIEGO. STATE OF CALIFORNIA, AND IS DESCRIBED AS FOLLOWS: PARCEL 1: THAT PORTION OF LOT 4 IN BLOCK 41 OF THE SUBDIVISION OF THE "S" TRACT IN RANCHO EL CAJON, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA ACCORDING TO MAP THEREOF, RECORDED IN BOOK 170, PAGE 71 OF DEEDS, DESCRIBED AS FOL LOWS: COMMENCING AT THE INTERSECTION OF THE CENTERLINE OF THAT CERTAIN 40.00 FOOT EASEMENT FOR COUNTY HIGHWAY KNOWN AS ROAD SURVEY NO. 868 AS DESCRIBED IN DEED TO THE COUNTY OF SAN DIEGO, RE-CORDED SEPTEMBER 4, 1941 IN BOOK 1226, PAGE 381 OF OFFICIAL RECORDS WITH THE NORTHWESTERLY LINE OF RECORD OF SURVEY MAP NO. 2229, FILED IN THE OFFICE OF THE COUNTY RE-CORDER OF SAID SAN DIEGO COUNTY JULY 18, 1949, SAID INTERSECTION BEING A POINT ON THE NORTHWESTERLY LINE OF LAND DESCRIBED IN DEED TO JAMES A MCNULTY ET UX RECORDED FEBRU-ARY 10, 1953 IN BOOK 4743, PAGE 89 OF OFFICIAL RECORDS; THENCE ALONG THE NORTHWESTERLY LINE OF SAID MC NULTY'S LAND NORTH 69°01'00" EAST 319.63 FEET TO THE MOST WESTERLY CORNER OF LAND DESCRIBED IN DEED TO JAMES ANDREW MCNULTY, JR., ET UX, RECORDED JULY 17, 1959 IN BOOK 7776 PAGE 397 OF OFFICIAL RECORDS; THENCE ALONG THE SOUTH WESTERLY LINE OF SAID LAND, SOUTH 20°59'00' EAST, 100.00 FEET TO A POINT HEREIN AFTER REFERRED TO AS POINT "A" THENCE CONTINUING ALONG SAID SOUTHWESTERLY LINE SOUTH 20°59'00 EAST, 20.00 FEET: THENCE NORTH 69°01'00" EAST, 60.00 FEET TO THE TRUE POINT OF BEGINNING: THENCE CONTINU ING NORTH 69°01'00" EAST, 60.00 FEET THENCE SOUTH 20°59'00" EAST, 120.00 FFFT: THENCE SOUTH 69°01'00"WEST 60.00 FEET TO AN INTERSECTION WITH A LINE WHICH BEARS SOUTH 20°59'00" EAST FROM THE TRUE POINT OF BEGINNING THENCE NORTH 20°59'00" WEST, 120.00 FEET TO THE TRUE POINT OF BEGIN-NING. PARCEL 2: AN EASEMENT FOR ROAD AND PUBLIC UTILITY PURPOSES 40.00 FEET IN WIDTH LYING WITHIN LOT 4 IN BLOCK 41 OF THE SUBDIVISION OF THE "S" TRACT IN RANCHO EL CAJON, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF, RECORDED IN BOOK 170, PAGE 71 OF DEEDS, THE NORTHERLY AND EASTERLY LINES OF SAID EASEMENT BEING DESCRIBED AS FOLLOWS: COM-MENCING AT SAID POINT "A" MENTIONED HEREINABOVE IN PARCEL 1: THENCE NORTH 69°01'00"EAST TO AN INTERSECTION WITH THE WESTERLY LINE OF THE RIGHT OF WAY OF THE SAN DIEGO FI UME COMPANY AND THE TRUE POINT OF BE-GINNING; THENCE RETRACTING SOUTH 69°01'00" WEST TO SAID POINT "A" THENCE CONTINUING SOUTH 69°01'00 WEST TO AN INTERSECTION WITH THE SOUTHEASTERLY PROLONGATION OF THE NORTHEASTERLY LINE OF SAID ROAD SURVEY NO. 86B:THENCE ALONG SAID PROLONGATION NORTH 24°39'30' WEST TO AN INTERSECTION WITH THE

NORTHWESTERLY LINE OF SAID MC-NULTY'S LAND FIRST REFERRED TO IN PARCEL 1 HEREINABOVE AS RECORDED IN SAID BOOK 4743, PAGE 89 OF OFFICIAL RECORDS. THE SOUTHERLY LINE OF SAID FASEMENT TO BE PROLONGED OR SHORTENED SO AS TO TERMINATE IN THE WESTERLY LINE OF SAID RIGHT OF WAY OF THE SAN DIEGO FLUME COMPANY AND THE WESTERLY LINE OF SAID EASE. MENT TO BE PROLONGED OR SHORT-SO AS TO TERMINATE IN SAID NORTHWESTERLY LINE OF MCNULTY'S LAND RECORDED IN SAID BOOK 4743 PAGE 89 OF OFFICIAL RECORDS. EXCEPT: ING THEREFROM THAT PORTION LYING WITHIN THE HEREINABOVE DESCRIBED PARCEL 1.ALSO EXCEPTING THEREFROM ALL THAT PORTION THEREOF LYING NORTHWESTERLY OF THE SOUTHEAST-ERLY LINE OF CALIFORNIA STATE HIGH-WAY XI-SD-12-C AS DESCRIBED IN DEED TO STATE OF CALIFORNIA RECORDED FEBRUARY 26, 1963 AS DOCUMENT NO 33137 OF OFFICIAL RECORDS. The property heretofore described is being sold "as is" The street address and other common designation nation, if any, of the real property described above is purported to be: 13731 Ridge Hill Road, El Cajon, CA 92021 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$339,224.62 (Estimated). However, prepayment premiums accrued interest and advances will increase figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property of-fered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien not on the property itself. Placing the highest bid at a Trustee auction does not auto cally entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insur-ance company, either of which may charge you a fee for this information. If you consult ither of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573

1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case CA05004066-13-1 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be re-flected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: May 8, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA05004066-13-1 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting com FOR AUTOMATED SALES INFOR-MATION PLEASE CALL: Priority Posting and Publishing at 714-573-1965 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE, P1094033 5/15, 5/22, 05/29/2014

APN: 492-031-13-00 TS No: CA08002283-13-

1 TO No: 1568589 NOTICE OF TRUSTEE'S

SALE YOU ARE IN DEFAULT UNDER A

DEED OF TRUST DATED January 5, 2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLA-NATION OF THE NATURE OF THE PRO-CEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER On June 23 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Caion, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on January 14, 2009 as Instrument No. 2009-0017853 of official records in the Office of the Recorder of San Diego County California, executed by JERRY WAYNE MOREY AND JOANNE DENISE MOREY HUSBAND AND WIFE AS JOINT TENANTS, as Trustor(s), in favor of MORTGAGE ELEC-TRONIC REGISTRATION SYSTEMS, INC. as nominee for COUNTRYWIDE BANK, FSB as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF EXHIBIT "A" THE WEST 60 FEET OF THE EAST 210 FEET OF THE NORTHERLY 130 FEET OF LOT 10 IN BLOCK 2 OF THE SUBDIVISION OF TRACTS E & F OF RANCHO EL CAJON. ACCORDING TO MAP THEREOF NO. 750, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY MAY 6, 1873. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 625 W WASHINGTON AVE. EL CAJON. CA 92020-4929 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designa-tion, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$296,941.97 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered

for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason. the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall ve no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08002283-13-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: May 1, 2014

MTC Financial Inc. dba Trustee Corps TS No. CA08002283-13-1 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Amy Lemus, Autorized Signatory SALE INFORMATION CANDE OBTAINED ON LINE AT www.priorityposting.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Priority Posting and Publishing at 714-573-1965 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P1093026 5/8. 5/15. 05/22/2014

APN: 651-160-31-00 TS No: CA08002015-13-1 TO No: 1558488 NOTICE OF TRUST-'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED September 22 2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER On June 12, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on September 28, 2007 as Instrument No. 2007-0632954 of official records in the Office of the Recorder of San Diego County, California, executed by LAURA B. STOKKING, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRA TION SYSTEMS, INC. as nominee for WILMINGTON FINANCE INC. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 24005 HARTLEY HILL ROAD, POTRERO, CA 91963 The undersigned Trustee disclaims any liability for

any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$467,066.84 (Estimated). However prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings asso-ciation or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in Californ other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds neld on account by the property receiver if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioff, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postpone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if ap-plicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08002015-13-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: May 9, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA08002015-13-1 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www. priorityposting.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Priority Posting and Publishing at 714-573-1965 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE, P1094258 5/15 5/22. 05/29/2014

NOTICE OF TRUSTEE'S SALE File No. 7037.77656 Title Order No. 5484153 MIN No. 1004247-1000702729-5 APN 586-284-09-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/08/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROP-ERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): Oliver Torres, a single man and Blanca Andrade, a single woman as joint tenants Recorded: 11/20/07, as Instrument No. 2007-0728350 and modified by Agreement recorded on 03/15/2010 as Instrumen #2010-0126868, of Official Records of SAN DIEGO County, California. Date of Sale: 06/04/14 at 10:30 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main Street, El Cajon, CA The purported property address is: 8242 WATERVIEW COURT, SPRING VALLEY CA 91977 Assessors Parcel No. 586-284-09-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs expenses and advances at the time of the initial publication of the Notice of Sale is \$377.378.78. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTEN-TIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien.

If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www. USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7037.77656. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: May 2. to attend the scheduled sale. Date: May 2, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Bonita Salazar, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE FILE# 7037.77656: 5/15/2014.5/22/2014.5/29/2014

NOTICE OF TRUSTEE'S SALE TS No. CA-08-186191-ED Order No.: E839599 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/25/2007, UNLESS YOU TAKE AC-TION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association. or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encum brances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust. interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): RAYMOND H. KEPPLE. AN UNMARRIED MAN Recorded: 4/30/2007 as Instrument No. 2007-0293508 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 6/5/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$1,952,093.14 The purported property address is: 15596 SLEEPY CREEK RD, EL CAJON, CA 92021 Assessor's Parcel No.: 396-220-32 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO** PROPERTY OWNER: The sale date sho on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www. qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-08-186191-ED . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the success ful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If

you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations, QUALITY MAY BE ONSIDERED A DEBT COLLECTOR AT TEMPTING TO COLLECT A DEBT AND ANY INFORMATION ORTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS .: CA-08-186191-ED IDSPub #0065975 5/15/2014 5/22/2014 5/29/2014

NOTICE OF TRUSTEE'S SALE TS No. CA. 10-342787-RM Order No.: 100087789-CA-GTO YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/21/2005. UN LESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANA-TION OF THE NATURE OF THE PROCEED-ING AGAINST YOU. YOU SHOULD CON-TACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrance es, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TO TAL AMOUNT DUE. Trustor(s): KELLY LYNN SORICHETTI, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY Recorded: 7/1/2005 as Instrument No. 2005-0557745 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 6/12/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$627,835.65 The purported property address is: 613W WASH-INGTON AVE, EL CAJON, CA 92020 Assessor's Parcel No.: 492-031-14-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidde at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clea title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for inregarding the trustee's sale or visit

com , using the file number assigned to this foreclosure by the Trustee: CA-10-342787-RM . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previ-ously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obli-gations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COL-LECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PUR-POSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-10-342787-RM IDSPub #0066195 5/22/2014 5/29/2014 6/5/2014

this Internet Web site http://www.qualityloan.

NOTICE TO CREDITORS OF BULK SALE (UCC 6101 et seq. and B & P 24074 et seq.) Escrow No. 6870-CVVB

(1) Notice is hereby given that to creditors of the within named Seller that a bulk sale is about to be made of the assets described

(2) The name(s) and business address(es)

of the Seller are: Eric L. Austin and Lisa Butler 546 Grand Ave., Spring Valley, CA 91977

(3) The location in California of the chief executive office of the Seller is: 546 Grand Ave., Spring Valley, CA 91977. Same as above (4) The name(s) and business address(es) of the Buver are:

Christopher Barbary and Hilaria Barbary 275 S. Worthington Sp. #31, Spring Valley, CA 91977

(5) The location and general description of the assets to be sold business, trade name, lease, goodwill, furniture, fixtures and equipment and Transfer on ON-SALE BEER AND WINE-PUBLIC PREMISES LICENSE NUMBER 42-351964 of that certain business known as Eric's Bar located at: 546 Grand Ave., Spring Valley, CA 91977

(6) The anticipated date of the bulk sale is June 16, 2014 at the office of Eaton Escrow Inc., 9340 Fuerte Drive Suite 210, La Mesa, CA 91941, Escrow No. 6870-CVB, Escrow Officer: Cay Boone

(7) Claims may be filed with same as "6" above. CLAIMS WILL BE ACCEPTED UNTIL ESCROW HOLDER IS NOTIFIED BY THE DEPARTMENT OF ALCOHOLIC BEVER AGE CONTROL OF THE TRANSFER OF THE PERMANENT ALCOHOLIC BEVER-AGE LICENSE TO THE BUYER.

(8) This bulk sale is not subject to California Uniform Commercial Code Section 6106.2, but is subject to Section 24074 of the Business and Professions Code

(9) Listed by the Seller, all other business names and address used by the Seller within three years before the date such list was sent of delivered to the Buyer are: "None"

Dated: May 1, 2014 S/ Christopher Barbary Hilaria Barbary CNS-2623663# EAST COUNTY GAZETTE

NOTICE TO CREDITORS OF BULK SALE (Secs 6104 6105 U.C.C.) Escrow No. 138829P-CG NOTICE IS HEREBY GIVEN that a bulk sale

is about to be made of the assets described below. The name(s) and business address(es) of the seller(s) isare:

Blu Flayme, Inc., a California Corporation, 3515 Sweetwater Springs Blvd., Suites 3-4, Spring Valley, CA 91978

Doing business as: Blu Flayme Cafe All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: None The location in California of the chief executive office of the seller(s) is: Same as above

The name(s) and business address of the

SSMM LLC, a California Limited Liability Company, 3515 Sweetwater Springs Blvd., Suites 3-4, Spring Valley, CA 91978

The assets to be sold are described in general as BUSINESS GOODWILL FURNITURE FIXTURES, EQUIPMENT, LEASEHOLD IMPROVEMENTS, AND INVENTORY OF STOCK IN TRADE and are located at: "Blu Flayme Cafe", 3515 Sweetwater Springs Blvd., Suites 3-4 Spring Valley, CA 91978

The bulk sale is intended to be consummated at the office of: Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard. San Diego, CA 92115-4695 and the anticipated sale date is 6/10/14

This bulk sale is not subject to California Uniform Commercial Code Section 6106.2. The name and address of the person with whom claims may be filed is: Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard, San Diego, CA 92115-4695, and the last date for filing claims by any creditor shall be 6/9/14, which is the business day before the nticipated sale date specified above. Dated: 5/5/14

Buyer's Signature SSMM, LLC, a California Limited Liability Company By: /s/ Berwan Saour, Member

By: /s/ Sarmad Yousif, Member/CEO 5/22/14 CNS-2625002# EAST COUNTY GAZETTE

NOTICE OF ENFORCEMENT OF WARE-HOUSE LIEN The mobilehome located at 10800 Woodside

Ave., Sp. 101, Santee, CA 92071, within Mission Del Magnolia Mobilehome Park ("Community") and more particularly described as a Manufacturer/Tradename: SKYLINE/ HOMETTE: Serial Number: MC2632: Decal No.: AAJ7503, is subject to a Warehouse Lien pursuant to Civil Code Section 798.56a. This lien is hereby being enforced and the mobilehome may not be removed from the Community until the lien is cured.

On December 5, 2013 the Community served a combined Three Day Notice to Pay Rent or Quit and Notice of Termination on the homeowners, Barbara Severe and Gertrude Trembley, due to their failure to timely pay the space rent. An Unlawful Detainer action was filed and a Judgment for possession of the premises was issued to the Community April 7, 2014. A sheriff lockout occurred on April 30, 2014 and all occupants vacated the Premises, but the mobilehome remains on the space and unpaid storage rent is accruing. The total amount of the lien through May 2. 2014 is \$1.044.52. Said amount increase a daily basis at the rate of \$22.26 per day plus actual utilities consumed.

THE MOBILEHOME WILL BE SOLD BY AUCTION UNDER THE FOLLOWING TERMS: June 13, 2014 at 11:00 A.M., at 10800 Woodside Ave., Sp. 101, Santee, CA 92071. Sale of the mobilehome will go to the highest bidder. Home to be sold "as is, with any and all faults." Any further restrictions and/or conditions shall be provided at the time of the auction prior to the sale of the mobilehome. If you intend to bid at the sale, please contact Attorney Tamara M. Cross at (619) 296-0567, 3170 Fourth Avenue, Suite 200, San Diego, CA 92103 for the minimum bid at least two days prior to sale date. Please note: In order for you to be permitted to bid at the sale, you must be in possession of cash or a cashier's check equal to at least the minimum opening bid. 5/22. 5/29/14

CNS-2622700# EAST COUNTY GAZETTE



CITY OF EL CAJON

NOTICE INVITING SEALED BIDS

PUBLIC PROJECT: Street Resurfacing 2014 Engineering Job No. PW3490 Bid No. 008-15

BIDS MUST BE RECEIVED BEFORE: 2:00 p.m. on June 18, 2014

> BIDS TO BE OPENED AT: 2:00 p.m. on June 18, 2014

PLACE OF RECEIPT OF BIDS: City Hall

1st Floor, Lobby Counter 200 Civic Center Way El Cajon, CA 92020

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website www. cityofelcajon.us or obtained at the office of the Purchasing Agent for a fee of \$15.00 (plus \$5.32 postage if mailing is requested). This amount is not refundable.

A pre-bid conference will be held on May 29, 2014 at 10:00 a.m. at City Hall, 5th floor Particulars relative to work requirements will be discussed. City of El Cajon Personnel involved in this project will be present to answer pertinent inquiries. Interested contractors are invited, but not required to

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations (DIR), are available from the DIR website at www.dir.ca.gov/ DLSR/PWD/index.htm Any successful bidder who intends to use a craft or classification not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for hide

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code

The Contractor shall provide the City with a

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code

/s/ Dede Porter Purchasing Agent May 15, 2014

East County Gazette- GIE030790 05/15/14, 05/22/14

NOTICE OF PETITION TO ADMINISTER **FSTATE OF** JANE ROEBUCK COMBS, AKA JANE R. COMBS CASE NO. 37-2014-00012926-PR-PL-CTL ROA #: 1 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate or both, of: JANE ROEBUCK COMBS, AKA JANE R. COMBS

A Petition for Probate has been filed by JANA COMBS BOWLES in the Superior Court of

California, County of SAN DIEGO.
The Petition for Probate requests tha CLAUDIA POWELL be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 06/03/2014 at 11:00 am in Dept. PC-1 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or persona delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledge able in California law

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Timothy G. Riley/ Hughes & Pizzuto, APC, 401 B Street, Suite 2400, San Diego, CA 92101, Telephone: (619) 239-1211 5/8, 5/15, 5/22/14

EAST COUNTY GAZETTE

Need to run a **Fictitious Business** Name Statement? Name Change? **Summons?** We have the best prices in town! Call us today!

Trustee Sale No. 14438 Loan No. DE LARA Title Order No. 95507681 APN 596-062-13-00 TRA No. 79013 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT AT TACHED* 注:本文件包含一「信息摘要 참」 사항: 본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMA-SYON SA DOKUMENTONG ITO NA NAKAL-AKIP L₇U Ý: KÈM THEO ĐÂY LÀ B₇N TRÌNH BÂY TÔM L_{IT}C V_I THÔNG TIN TRONG TÂI LI_IU NÂY *PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCU-MENT BUT ONLY TO THE COPIES PRO-VIDED TO THE TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/17/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU YOU SHOULD CONTACT A LAWYER. On 06/05/2014 at 10:00AM, ACTION FORECLO-SURE SERVICES, INC., A CALIFORNIA CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on July 18, 2007 as Document No 2007–0480054 of official records in the Office of the Recorder of San Diego County, California, executed by: MARTHA DE LARA A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE 250 E. MAIN STREET, EL CAJON, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: SEE ATTACHED EXHIBIT A Order No.: 95507681 Custome Reference: 14438 Guarantee No.: 9550768 EXHIBIT A LEGAL DESCRIPTION THE LAND REFERRED TO HEREIN BELOW IS SITU ATED IN THE COUNTY OF SAN DIEGO STATE OF CALIFORNIA AND IS DESCRIBED AS FOLLOWS: PARCEL 1: THAT PORTION OF THE EAST HALF OF LOT 7 IN SECTION 4 TOWNSHIP 17 SOUTH BANGE 1 FAST SAN BERNARDINO MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALI-FORNIA, ACCORDING TO THE OFFICIAL PLAT THEREOF, DESCRIBED AS FOLLOWS BEGINNING AT A POINT ON THE SOUTH LINE OF SAID LOT 7 WHICH IS SOUTH 86°42'43" WEST, 220 FEET FROM THE SOUTHEAST CORNER THEREOF; THENCE NORTH 5º08'48" EAST, 100 FEET, THENCE NORTH 61º30' WEST, 158.02 FEET; THENCE NORTH 19°30' WEST, 55.90 FEET TO THE NORTH LINE OF LAND DESCRIBED IN DEED TO J.J. STEWART, ET UX. RECORDED OCTOBER 10, 1963 AS INSTRUMENT NO 181165 OF OFFICIAL RECORDS; THENCE WESTERLY ALONG SAID NORTH LINE, 48.69 FEET TO THE NORTHEAST CORNER OF LAND DESCRIBED IN DEED TO JOHN S TOCKTROP, ET UX, RECORDED NOVEMBER 10, 1971 AS INSTRUMENT NO. 260940 OF OFFICIAL RECORDS: THENCE SOUTHERLY FEET TO THE SOUTH LINE OF SAID LOT 7 THENCE ALONG SAID SOUTH LINE, NORTH 86°42'43" EAST, 275.40 FEET TO THE POINT OF BEGINNING PARCEL 2: AN EASEMENT FOR ROAD AND UTILITY PUR-POSES 50 FEET WIDE ACROSS A PORTION OF SAID LOT 7. THE CENTER LINE OF SAID EASEMENT BEING DESCRIBED AS F LOWS: BEGINNING AT THE SOUTHEAST CORNER OF LOT 7 OF SAID SECTION 4; THENCE ALONG THE SOUTH LINE OF SAID LOT 7. SOUTH 86º23'00" WEST. 620.02 FEET TO THE TRUE POINT OF BEGINNING THENCE LEAVING SAID LINE, NORTH 36º30'00" WEST, 44.69 FEET TO THE BE GINNING OF A TANGENT 100 FOOT RADIUS CURVE CONCAVE FASTERLY THENCE NORTHERLY ALONG SAID CURVE THROUGH A CENTRAL ANGLE OF 41°22'04", AN ARC DISTANCE OF 72 20 FEFT: THENCE TAN-GENT TO SAID CURVE, NORTH 04°52'04" EAST, 86.44 FEET TO THE BEGINNING OF A TANGENT 110 FOOT RADIUS CURVE CONCAVE EASTERLY; THENCE NORTH-

EASTERLY ALONG SAID CURVE THROUGH A CENTRAL ANGLE OF 43°59'25", AN ARC DISTANCE OF 84.46 FEET; THENCE TAN-GENT TO SAID CURVE NORTH 48°51'29' EAST, 21.46 FEET TO THE BEGINNING OF A TANGENT 110 FOOT RADIUS CURVE, CON-CAVE SOUTHERLY; THENCE EASTERLY ALONG SAID CURVE THROUGH A CENTRAL ANGLE OF 58º44'29". AN ARC DISTANCE OF 112.78 FEET; THENCE TANGENT TO SAID CURVE, SOUTH 72º24'02" EAST, 532.29 FEET, EXCEPTING THAT PORTION WITHIN PARCEL 1 ABOVE. PARCEL 3: AN EASEMENT FOR INGRESS AND EGRESS FOR ROAD PURPOSES OVER, ALONG AND ACROSS A STRIP OF LAND 30.00 FEET IN WIDTH, LYING WITHIN LOT 10 IN SECTION 4. TOWNSHIP 17 SOUTH, RANGE 1 EAST, SAN BER-NARDINO MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, AC-CORDING TO THE OFFICIAL PUT THEREOF, THE CENTER LINE OF SAID STRIP BEING DESCRIBED AS FOLLOWS: BEGINNING AT THE NORTHWESTERLY CORNER OF THE EAST HALF OF LOT 10: THENCE SOUTH-ERLY ALONG THE WESTERLY LINE OF SAID EAST HALF OF LOT 10, BEING ALONG A LINE PARALLEL WITH THE EASTERLY LINE OF SAID LOT 10 TO THE INTERSECTION WITH THE NORTHEASTERLY LINE OF THE 60.00 FOOT RIGHT OF WAY FOR A COUNTY ROAD, AS DESCRIBED IN DEED TO THE COUNTY OF SAN DIEGO, RECORDED JULY 10, 1928 IN BOOK 1479, PAGE 482 OF DEEDS, RE CORDS OF SAID SAN DIEGO COUNTY; THE EASTERLY AND WESTERLY LINE OF SAID 30.00 FOOT STRIP TO BE SHORTENED OR PROLONGED SO AS TO BEGIN IN THE NORTHERLY LINE OF SAID LOT 10 AND TERMINATE IN SAID NORTHEASTERLY LINE OF SAID COUNTY ROAD HEREINABOVE REFERRED TO. Assessor's Parcel Number 596-062-13-00 The property heretofore described is being sold "as is". The street address and other common designation, if any of the real property described above is purported to be: 3119 VISTA DIEGO ROAD, JAMUL, CA 91935. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) se cured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust estimated fees charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$145,771.03 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation, NOTICE TO POTENTIAL BIDDERS: f you are considering bidding on this prop erty lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction. you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee beneficiary trustee or a court rsuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the re-

scheduled time and date for the sale of this property, you may call (619) 704-1090 or visit this Internet Web site www.priorityposting com using the file number assigned to this case 14438. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postpone information is to attend the scheduled sale 5/12/14 ACTION FORECLOSURE SERVICES 7839 UNIVERSITY AVENUE SUITE 21 LA MESA, CA 91942 (619) 704-1090 Sale Information Line: (714)573–1965 or priorityposting.com JAMES M ALLEN, CHIFF FINANCIAL OFFICER P1094484 5/15 5/22, 05/29/2014

NOTICE OF TRUSTEE'S SALE TS No. CA

14-612655-BF Order No.: 140031551-CA-API YOU ARE IN DEFAULT UNDER A DEED

OF TRUST DATED 6/30/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION
OF THE NATURE OF THE PROCEEDING AGAINST YOU YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan associa-tion, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JERRY N SCHWARTZ, A SINGLE PERSON Recorded: 10/9/2003 as Instrument No. 2003 1244943 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 6/13/2014 at 9:00 AM Place of Sale: At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid bal ance and other charges: \$269,505.91 The purported property address is: 1223 VISTA DEL MONTE DR, EL CAJON, CA 92020 Assessor's Parcel No.: 493-280-24-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the Cali fornia Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site http://www.gualityloan. com , using the file number assigned to this foreclosure by the Trustee: CA-14-612655-BF . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone

best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obli-gations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COL LECT A DEBT AND ANY INFORMATION
OBTAINED WILL BE USED FOR THAT PUR-POSE. Date: Quality Loan Service Corpora-tion 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: http://www.gualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-612655-BF IDSPub #0066237 5/22/2014 5/29/2014 6/5/2014

information or on the Internet Web site. The

NOTICE OF TRUSTEE'S SALE TS No. CA-14-609392-JP Order No.: 140005568-CA-MAI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/7/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROP-FRTY IT MAY BE SOLD AT A PUBLIC SALE YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s). advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): BYRON R PATRICK, AN UNMARRIED MAN Recorded: 6/14/2006 as Instrument No. 2006-0422086 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 6/12/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Caion. CA 92020 Amount of unpaid balance and other charges: \$468,228,68 The purported property address is: 942 HARRY ST, EL CAJON, CA 92020 Assessor's Parcel No.: 493-253-08-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this

sources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether you sale date has been postponed, and, if appli cable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www. qualityloan.com, using the file number assigned to this foreclosure by the Trustee CA-14-609392-JP . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postpone ment information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. If no street address or othe common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first pub lication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive rem edy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy. you may have been released of personal li ability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COL LECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PUR-POSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to http://www.gualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loar Service Corp. TS No.: CA-14-609392-JF

information. If you consult either of these re-

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00014919-CU-PT-CTL

IDSPub #0066254 5/22/2014 5/29/2014

6/5/2014

IN THE MATTER OF THE APPLICATION OF WISSAL F. ASMAROU FOR CHANGE OF NAME PETITIONERWAFA S. ASMAROU & FIRAS A. ASMAROU ON BEHALF OF MINOR FOR CHANGES OF NAME

FROM: WISSAL F. ASMAROU TO: VERA F. ASMAROU

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO. SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on June 27, 2014 at 9:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at pentitation for the control of the control of the least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON MAY 12, 2014.

Fast County Gazette - GIF030790 5/15, 5/22, 5/29, 6/5 2014

ORDER TO SHOW CAUSE FOR

CHANGE OF NAME

CASE NO.37-2014-00012318-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF EVEN SHELIK FOR CHANGE OF NAME PETITIONER: WASSIM POLIS & RANA HERMEZ ON BEHALF OF MINOR FOR CHANGES OF NAME FROM: EVEN SHELIK

TO: EVEN POLIS
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO. SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on JUNE 06, 2014 at 8:30 a.m. IN DEPT C-46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 22, 2014.

East County Gazette - GIE030790 5/1, 5/8, 5/15, 5/22 2014

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2014-00014722-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF ANJEL GORKIS & MARYAM GORKIS & ANDRINA GORKIS & DONOVAN AYRAMYA FOR CHANGES OF NAME PETITIONER: IHSAN AYRAMIA & ANITA

AYRAMIA ON BEHALF OF MINORS FOR CHANGES OF NAME

FROM: ANJEL GORKIS TO: AMJEL AYRAMIA FROM: MARYAM GORKIS TO: MARYAM AYRAMIA FROM: DONOVAN AYRAMYA TO: DONOVAN AYRAMIA
THE COURT ORDERS that all persons

interested in this matter shall appear before this court (SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA 92101, on July 11, 2014 at 9:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON MAY 9, 2014

East County Gazette - GIE030790 5/15, 5/22, 5/29, 6/5 2014

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2013-034344 FILE NO. 2014-013196

The following person(s) has/have abandoned the use of the fictitious business name: Pink Team Dago
The Fictitious Business Name Statement was filed on December 11, 2013, in the County of San Diego. 13254 Lakeshore Dr, Lakeside, CA, 92040 This business is abandoned by 1. Jennifer Harris 13254 Lakeshore Dr. Lakeside, CA, 92040 2, Jacqueline Dr., Lanesiue, CA, 92040 2. Jacqueline Nyegaard 13254 Lakeshore Dr., Lakeside, CA, 92040 THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON May 9, 2014

East County Gazette GIE 030790

5/15, 5/22, 5/29, 6/5 2014

ORDER TO SHOW CAUSE FOR

CHANGE OF NAME
CASE NO.37-2014-00015772-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF MERON SHABA & MARKO SHABA & MATHYO SHABA FOR CHANGES OF NAME PETITIONER: MANHAL SHABA CHOLAGH & ANWAR YOUSIF CHOLAGH ON BEHALF OF MINORS FOR CHANGES OF NAME

FROM: MERON SHARA TO: MERON CHOLAGH FROM:MARKO SHABA TO: MARKO CHOLAGH FROM: MATHYO SHABA TO:MATHYO CHOLAGH

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION 330 WEST BROADWAY, SAN DIEGO, CA 92101, on July 11, 2014 at 9:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON MAY 19, 2014

East County Gazette - GIE030790 5/22, 5/29, 6/5, 6/12 2014

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00014393-CU-PT-CTL

IN THE MATTER OF THE APPLICATION OF KERSTEEN YAKOOB & TAMARAH YA-KOOB & NAWRES YAKOOB FOR CHANGE

PETITIONER: SAAD SHAMOON & BATOOL HANNA ON BEHALF OF MINORS FOR CHANGES OF NAME

FROM: KERSTEEN YAKOOB TO: KERSTEEN SHAMOON FROM: TAMARAH YAKOOB TO: TAMARAH SHAMOON FROM: NAWRES YAKOOB TO: NAWRES SHAMOON

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA. COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA. 92101. on June 20, 2014 at 8:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON

East County Gazette - GIE030790 5/15, 5/22, 5/29, 6/5 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013285

FICTITIOUS BUSINESS NAME(S): Superio

Metal Works Located at: 2360 Prince Edward Court, El

Cajon, CA, 92019 This business is conducted by: A Limited

The business has not yet started This business is hereby registered by the

following: 1.Superior Metal Works LLC 2360 Prince Edward Ct, El Cajon, CA, 92019 This statement was filed with Recorder/County

Clerk of San Diego County on May 12, 2014 5/15, 5/22, 5/29, 6/5 2014

ORDER TO SHOW CAUSE FOR

CHANGE OF NAME

CASE NO.37-2014-00014398-CU-PT-CTL

IN THE MATTER OF THE APPLICATION OF NICHOLAS JAMES PANTELL FOR CHANGE

PETITIONER: NICHOLAS PANTELL FOR

CHANGE OF NAME FROM: NICHOLAS JAMES PANTELL TO: NICHOLAS MICHAEL PREMO

THE COURT ORDERS that all persons inter ested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO. SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on June 20, 2014 at 8:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON

Fast County Gazette - GIF030790 5/22, 5/29, 6/5, 6/12 2014

ORDER TO SHOW CAUSE FOR **CHANGE OF NAME**

CASE NO.37-2014-00014382-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF VERUON KHAIRI & VALDEZ KHAIRI FOR HANGE OF NAME

PETITIONER: FIRAS BAHOO & DALYA BAHOO ON BEHALF OF MINORS FOR

FROM: VERUON KHAIRI TO: VERON BAHOO FROM: VALDEZ KHAIRI TO: VALDEZ BAHOO

THE COURT ORDERS that all persons inter ested in this matter shall appear before this COURT (SUPERIOR COURT OF CAUTEORNIA COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101. on June 20, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON

East County Gazette - GIE030790 5/15, 5/22, 5/29, 6/5 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-013289

FICTITIOUS BUSINESS NAME(S): Gordon General Contracting

Located at: 12222 Woodside Avenue #162, Lakeside, CA, 92040

This business is conducted by: An Individual The business is conducted by Arrindividual The business has not yet started
This business is hereby registered by the

following: 1.Eric Gordon 12008 Wintercrest Dr. #121, Lakeside, CA, 92040

This statement was filed with Recorder/County Clerk of San Diego County on May 12, 2014
East County Gazette- GIE030790 5/15, 5/22, 5/29, 6/5 2014

NOTICE OF PETITION ESTATE OF JUNE ANNETTE BERRING CASE NO. 37-2014-00008899 ROA #: 10 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: JUNE ANNETTE BERRING, JUNE A. BER-RING. JUNE BERRING

A Petition for Probate has been filed by KARLA C. MORRIS in the Superior Court of California, County of SAN DIEGO.

Petition for Probate requests that KARLA C. MORRIS be appointed as personal representative to administer the estate of the

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not

grant the authority.

A hearing on the petition will be held in this court on 06/05/2014 at 1:30 PM in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley

Building.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal deliv to you of a notice under section 9052 of the California Probate Code.

may affect your rights as a creditor. You may want to consult with an attorney knowledge able in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk Attorney for Petitioner: Rosemary Meagher-Leonard, SBN: 93436, 4456 Florida Stre San Diego, CA 92116, Telephone: (619) 295-8705

CNS-2619593# EAST COUNTY GAZETTE

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the siness and professions code, section 2328 of the commercial code and section

535 of the penal code Located at: Ace Self Storage 9672 Winter Gardens Blvd Lakeside, CA 92040 (619) 443-9779

Will sell, by competitive bidding, on June 4 2014 @ 8:30 AM or after .The follow-ing properties: Miscellaneous personal items household miscellaneous, miscellaneous construction materials, tools, motorcycle and

miscellaneous vehicle parts: Carline Banegas A0001 Katherine Wishnick AU027 Lisa Smith B0055 Christina Brown BU051 Paul Ford BU140 Carline Banegas C0010 Cristina Jimenez CU039 Rehekah e Mckillin, CLI054 Brian Hayden DU002 Christina or Bryan Porteous DU027 Deanna Christine Thatcher DU051

William k Ritch West coast auctions State license bla 6401382 760-724-0423

East County Gazette- GIE030790

Notice of sale of Abandoned Propert Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section

535 of the penal code Located at: ACE SELF STORAGE 573 Raleigh Avenue El Cajon, CA 92020 (619) 440-7867

By competitive bidding will sell, on June 4th 2014 at 9:30 AM or after. The following properties: miscellaneous personal items household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts

H009 Letecia Alvarez C052 Richard Echols H056 Brent Hollingworth
East County Gazette-GIE030790 5/22, 5/29, 2014

NOTICE OF PUBLIC SALE OF PER-SONAL PROPERTY

Notice is herby given that the undersigned will sell, to satisfy lien of the owner, at pubsale by competitive bidding on (June 4th 2014) at (11:30am) at the Extra Space Stor-

age facility at: Site Name Extra Space Storage Site Address: 10115 Mission Gorge Rd Santee, CA 92071

Site Phone # 619 562-0101 The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes

and appliances.
(List Tenant names here) Richard Redfern, April Dunlap, Amanda Henderson, Jonathan Eckis, Michael Hazard, William Leigh, Stephen Weissinger.

Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage refuses the right to bid. Sale is subject to adjournment

East County Gazette-GIE030790 5/15, 5/22 2014

Need to run a Fictitious Business Name Statement? Name Change? Summons? We have the best prices in town! Call us today! (619) 444-5774

Losing pets ...

Continued from page 8

to ensure safe transportation of pets. Put the pet's name along with the pet parent's name and phone number on the crate or habitat that the pet will be transported in. This will ensure someone can reach pet parents that are separated from their animal. If transporting small animals, birds, or reptiles and their habitats, this may require additional attention and care to help decrease chances of stressinduced illness and death. It is important to keep pets from different species as separate as possible and maintain the best possible hygiene in order to decrease disease transmission.

- When transporting animals, park or move the car close to the house and ensure the car is warmed up before putting an animal inside. When using a carrier to transport a pet, cover the carrier for transport to and from the car to help prevent exposure to the elements, but remove the cover once in the car for better ventilation. Plan travel routes in advance so animals are taken directly to intended destinations and take the animal inside the new location first prior to bringing in any other item.
- · As a precaution, make advance arrangements by checking with a veterinarian,

local animal hospital, kennel or shelter to see if dogs or other pets can be boarded during a disaster. Be prepared to submit current medical records. Pooch Hotel in Mission Valley is currently offering boarding for pets who have been evacuated from their homes, as well as boarding for pets of firefighters and first responders who are on call 24 hours a day and unable to care for pets at the moment.

 Make sure to have a pet "emergency kit" on hand. This waterproof bag should include pet food and dishes, bottled water, treats, a can opener, medications, potty pads, paper towels and cleaning supplies, copies of pets' medical records (in a waterproof container), tous, leashes, harnesses, collars, current photos and contact numbers. It's also important to have a pet's regular medications. Keeping familiar beds and blankets in the emergency kit can help put pets at emotionally at ease if they are evacuated to an unfamiliar location. For cats. also pack disposable litter pans. litter and a scoop. For small animals, reptiles and fish, be sure to include extra bedding or substrate. Always have at least one week's supply of water in storage for animals. If the drinking water gets contaminated in a disaster, it's not safe for people



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2005 Kia Amanti Low 99,800 Miles Pearl White Exterior/Cream Interior Fully Loaded/Sun Roof/Leather Seats Seats/AC/DVD/MP3/PSeats 6.500 Or Best Offer (619) 201-3367



2002 Chevrolet Silverado 1500 LS V8 5.3 Liter 4WD Clean Title Fully Loaded Paid Registration Good Conditioned (619) 312-2697 or (619) 201-3367

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Jump'n Jack Flash Mobile Music Now booking Parties & Events and Class Reunions for the classes of 1954 /64/74/84/94 & 2004 "Radio Personality" Jump'n Jack Flash at your event!! Call: 619-857-7272

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HELP WANTED

bring references and credentials. Call 619-562-2208 ask for Marty

We are a Landscaping Construction and Maintenance company that has been in business for over 10 years!! We are looking for an employee to fill the laborer position. Please read the list below BEFORE contacting us for

We are looking for:

- 1. Someone who likes landscaping and has prior knowledge and experience in the field. YOU MUST HAVE EXPERIENCE TO APPLY!!!
- 2. Has a own reliable transportation with valid drivers license, along with a clean driving record. No DUI's will be excepted! Must provide driving record from dmv at your expense.
- 3. Able to drive stick shift.
- 4. Able to lift 65 lbs on occasion.
- 5. Able to meet for a FACE TO FACE interview in ALPINE after we have contacted you.
- 6. Shop location is in ALPINE where you will drive to everyday there is work!!

Contact us at 619-722-1773 to set up interview time & day. Please forward your RESUME with work experience timelines & 3 references to Michelle@

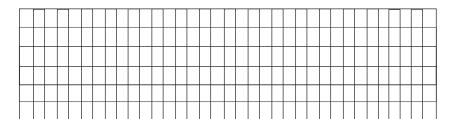
SERVICES OFFERED

FXCHANGE - Senior Female to cook-clean-garden-etc. for free rent in tobacco free home. Cell (843) 291-9283.

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ADS ONLY

Fill out this form and send it with your check/money order to: The Gazette, P.O. Box 697., El Cajon, CA 92022 (Remember photos are only \$5 extra!)

Call for **Business Rates** (619) 444-5774

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COUNTY GAZET

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Send in your letters and opinions to: Editor, East County Gazette, P.O. Box 697, El Cajon, CA 92022 or e-mail us at: editor@ecgazette.com

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our Best Friends

Pet of the Week



"Are you looking for a very friendly pooch that loves people? Well, you've found me! My name is BELLA, and I'm a five-year-old Shepherd mix sweetheart who's sure to find my way into your heart. My owners had to move to a new home that doesn't allow pets, so now I'm looking for a new loving person or family to call my own. I'm a big girl, but that doesn't stop me from rolling

onto my back for a belly rub at a moment's notice. A happy girl like me would be a great family pet, plus I get along well with other dogs. I'm a very clever girl, and I know "sit" and "down." I've already been house trained, too. Everyone agrees that I'm a dog with a heart of gold who just wants to be loved. I enjoy going for walks, and I'd like to have a yard in my new home. Being with my family will be my priority, so I'd like to be able to stay indoors most of the time. I sure hope you'll come visit me at the El Cajon Animal Shelter so we can get to know each other better. They have a really nice play yard here where we can hang out for awhile and enjoy our time together. It would be so great if you decide that I'm the right dog for you, because I'm ready to start my new life. I hope you'll stop by soon! Love, Bella" Kennel #47

Give a pet a forever-home — Stop by the El Cajon Animal Shelter



Brandon. 6-year-old Lhasa Apso mix male. Kennel #53.



Mickey, 5-1/2-years-old red & white Domestic Shorthair. Kennel #125.



Luke, 1-year-old Pit Bull Boxer mix, Male Kennel #62



Dottie, 1-1/2-year-old Cattle Dog/Pit Bull mix female. Kennel #23.

The El Caion Animal Shelter is located at 1275 N. Marshall. El Cajon, (619) 441-1580.

> **Hours are Tuesday** through Saturday 10 a.m. to 5 p.m.



Bobbie. 6-vear-old Boxer female. Kennel #50.



Lambert, 5-and-1/2-year-old Boxer male. Kennel #49



Ruby, 4-year-old Pit Bull female. Kennel #18



Delivery Available

Sunday, June 1, 2014, 5 – 7 p.m. at O's American Kitchen Parkway Plaza - El Cajon, California

Barkitecture Bash



Join the Aces Foundation - El Cajon Animal Shelter for a Special Auction Event. Barkitecture Animal Houses will be up for Auction, and you are invited to join in the fun, and bid on a House for your Pet!

- Tickets are \$25 and include Auction Number and Appetizers, Wine or Beer.
- Animal Houses will be displayed from Friday, May 23 – June 1, 2014 at Parkway
- A panel of honorary judges will select winners in Most Unique, Most High Tech, Most Environmentally "Green" for dog, cat and other pets. The public will vote for the "People's Choice"



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Buy Your Tickets Online at: www.acesfoundation.org or use your Smart Phone and scan the Q-R Code to right to be taken directly to website. Aces Foundation - 501 c 3 #20-2773358









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