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MAY 8-14, 2014



Meet Virgil and
is friends on page 19

#### What's new in the theaters?

Ready to go to the movie theater but not sure what to see?

**Check out the** review on 'The Amazing Spider Man 2 on page 11 by Diana Saenger



**INSIDE THIS ISSUE** Local .....2-5 Inspiration .....6 Health .....7 Calendar .....8 Community...... 9-10 Entertainment .. 11-12 Puzzles ......13 Legals..... 14-18

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# A dream comes true in Lakeside



San Diego County Supervisor Dianne Jacob (middle) joins others in the soft grand opening of Lakeside's Skate Park — a dream that has been the focus of many volunteers working hard for over five years to make this happen. See page 2 for full story. Photo credit: Patt Bixby



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Local News & Events

## Soft opening of Lakeside Skate Park

#### by Patt Bixby

akeside Skate Park soft opening and ribbon cutting drew hundreds of skaters on April 25. From the first meeting on June 21, 2009, the core group, later known as the Friends of the Lakeside Skate Park, made up their minds Lakeside would have its own skate park for the youth of the community.

There were hurdles along the way, but the group never gave up and the day arrived for the opening of the Park. Seeing the youth of Lakeside waiting at the edge of the skate park for the ribbon cutting and first ride, made the months of hard work worthwhile. One member of Friends of the Lakeside Skate Park, remarked "the day seemed surreal." Brian Albright, from County Parks and Recreation, told the crowd, "It's often said build it and they will come, but in Lakeside people said, we're already here; let's build it."

County Supervisor Diane Jacob said, "Lakeside has its own skate Park in the unincorporated area in a perfect location. This is an example of a community rallying around its youth. This is a home grown project."

Anton's Contractor Services were recognized for the quality project and the extensive use of local sub-contractors. Local subcontractor Bob's Crane Service donated 15 trees to replace the trees removed during construction of the skate park. Together Anton's Services and Bob's Crane Service planted



Skaters of all ages came out to enjoy the new skate park in Lakeside.



<sup>(619)</sup> 444-5774 Advertise in the paper everybody's reading! The East County Gazette  $12\ \text{Palm}$  trees and three Pepper trees.

Founding member of the Friends of the Lakeside Skate Park, Jerry Mosier said, ""The Lakeside Skate Park was designed to be an all wheels park. This is your skate park Lakeside."

Miki Vuckovich was present representing the Tony Hawk Foundation and told the crowd the Lakeside skate park is now one of 4,000 in the country. This puts Lakeside on the map.

The minute the ribbon was cut everyone with wheels hit the park.

State law, not County Parks and Recreation, or Friends of Lakeside Skate Park, set the regulations. Moiser suggested anyone with an issue regarding the regulations should contact their local legislator.

During the April 30 Coffee with Captain Event; Captain James Bovet of the Santee station fielded questions regarding the skate park. One of the concerns voiced about the enforcement of the park regulations was about the hours, like the skate park is being used as early as 6 and 7 a.m. when the park doesn't open until 9 a.m. Captain Bovet told the audience Skate Rules and Regulations will be strictly enforced by the Sheriffs, with tickets issued when necessary.

The official Grand Opening for the Lakeside Skate Park is scheduled for June 21, 2014.



Kids enjoying new skate park (above) as Bob's Crane Service donated 15 trees to replace trees removed during construction. Photo credits Patt Bixby



## **Viejas helps Granite Hills High School Phoenix Foundation**

The Phoenix Foundation at Granite Hills High School (GHHS)

was created four years ago to fulfill several goals: Volunteer within the community; job acquisition skills; active participation in GHHS functions; focus on development of an altruistic nature; educating students and others on how they can help the environment; and develop leadership skills and create a district-wide recycling program.

The Phoenix Foundation's purpose is to generate positive change for the foundation members, their high schools and communities. They do this by focusing on specific goals during their high school tenure. By the time the students graduate they should be prepared to immediately contribute to the workplace at the highest levels of productivity and contribute to the community and beyond as global citizens and wellrounded lifelong learners.

One example of the Foundation's aid came in the way of a special cart donated by Viejas for Granite Hills High School tech specialist Jim Heilchuck.

Shanoa Benjamin, a for-

mer GHHS alumni and past Phoenix Foundation President, along with her father, Viejas Councilmember Ernest "Chuka" Pingleton, presented Heilchuck with the cart to help him get around the school campus. Heilchuck suffers with a debilitating back injury which makes it difficult as the school's tech specialist to get around the districts largest campus.



(Left to right): Shanoa Benjamin, Past Phoenix Foundation President; Mike Fowler, Granite Hills High School Principal; Katie Vaughn, Phoenix Foundation President; Dan Neighbors, Phoenix Foundation Director; Taylor Wilson, Phoenix Foundation Vice-President; Ernest "Chuka" Pingleton, Viejas Councilmember; Jim Heilchuck, Granite Hills High School Tech Specialist. Photo credit: Kathy Foster





# El Cajon highlights -

by Monica Zech, City of El Cajon Public Information Officer

#### El Cajon celebration planned For NASCAR Champion Jimmie Johnson

The El Cajon City Council is recognizing El Cajon native Jimmie Johnson for his racing accomplishments and philanthropic contributions to the community on Tuesday, June 17, as he returns to El Cajon for this special celebration. The City is encouraging everyone to attend and show their support for one of NASCAR's biggest stars. El Cajon Mayor Bill Wells, the City Council, Senator Joel Anderson, and other local dignitaries will be honoring Johnson during a special ceremony beginning promptly at 11 a.m. local time. Additionally, portions of the event will be broadcast live on 101.5 KGB.

Johnson continues to make his hometown proud. In 2013, he won his sixth NASCAR Sprint Cup Series championship, adding to a NASCAR record five championships in a row (2006-2010). At just 38, he is the youngest driver to win six titles. His 66 Sprint Cup wins since 2002 ties him for eighth on the alltime wins list.

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Despite his extremely busy schedule, Johnson still visits San Diego each year, not only to see family, but to give back to the community through the Jimmie Johnson Foundation. To date, his Foundation has given more than \$6.5 million dollars to schools here in El Cajon and across the nation.

Come out and show your support of El Cajon's NASCAR superstar!

Date: June 17, 2014

Time: 11 a.m.-12 p.m. Location: Centennial Plaza, 200 Civic Center Way

Note: Schedule subject to change.

#### Special City Event - America on Main Street - coming in June

Join us for a family-friendly community festival called "America on Main Street." The event will be on Saturday, June 14, in Downtown El Cajon. This patriotic event is planned to coincide with the nationally recognized Flag Day and celebrate the American spirit through appreciation and respect of the many diverse, ethnic, and historical groups in the community. Additionally, there will be a special "Red, White & Blue" area saluting our military! Highlights also include two stages with live entertainment. American and ethnic food booths, a Ferris wheel, rides, arts, crafts, display booths, a petting zoo, a rock wall, and so much more. It promises to be a day of fun and appreciation! This event will be located on East Main Street and Rea Avenue, between Magnolia and Claydelle Avenues, from 10 a.m. to 10 p.m.

\*<u>Volunteers are needed</u> for this fun event! Please consider being a volunteer or community sponsor for this inaugural event. To learn more, call (619) 441-1762.

#### The 2014 Season of Friday night "Dinner & a Concert" has begun

Don't miss the next "Dinner & a Concert" at the Prescott Promenade! On Friday May 9th, it's the music of "Street Heart!" It's fun music and dancing on Friday nights, 6 to 8 p.m., through September 26. The only two exceptions are June 13 and July 4, when concerts will be held on Thursday, June 12 & July 3, in conjunction with the Farmers' Market. Arrive early to dine at one of the many great restaurants downtown, or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at

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<u>www.downtownelcajon.com,</u> or call (619) 334-3000.

### The Olaf Wieghorst Museum & upcoming Fashion Show

Get your tickets for the Olaf Wieghorst Museum Fashion Show Luncheon scheduled for Saturday, May 31 from 11 a.m. to 2 p.m. at the Ronald Reagan Community Center. The fashions are by Drapers & Damons and Glamour Girlz Boutique. There will also be vendors and raffle prizes. The Ronald Reagan Community Center is located at 195 East Douglas Avenue. Tickets are \$38 per person. For more information, call (858) 386-2435.

The museum honors accomplished artist Olaf Wieghorst, who lived in our community for over 40 years. Olaf was well-known for his magnificent art portrayals of the nineteenth century American West. You will also find his restored home next to the Center. Hours are Tuesday through Saturday, from 10 a.m. to 3 p.m. For more information, visit <u>www.wieghorstmuseum.org</u>, or call (619) 590-3431.

#### Cajon Classic Cruise Car Shows are back

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The 2014 Season of "Cajon Classic Cruise Car Shows" has begun and will continue every Wednesday night through October 29. The theme of the next car show on May 14 is "Snake & Mongoose DVD Release Party & Reunion." The car show is located on East Main Street between Magnolia

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and Claydelle Avenues, from 5 to 8 p.m. These popular car shows are held in the area of the Prescott Promenade in the heart of Downtown El Cajon and are hosted by the Downtown El Cajon Business Partners. For more information, visit <u>www.downtownelcajon.com</u> or call (619) 334-3000.

#### Gearing up for Bike to Work Day - May 16

Registration is now open for "Bike to Work Day!" Join thousands of San Diegans and cycle to work on Friday, May 16. Biking to work is a great way to save money, get fit, and be environmentally friendly. Register for Bike to Work Day and log your bike trips to be automatically entered to win one of many great prizes. In addition, every time you bike to work and log your trips in May, you will be entered into weekly prize drawings throughout Bike to Work Month. Stop by one of more than 90 pit stops conveniently located throughout the county on Bike to Work Day to pick up your FREE t-shirt, snacks, and plenty of encouragement. In the City of El Cajon, the "Pit Stop" will be located at the Prescott Promenade, 201 E. Main Street, which is in the heart of downtown. Visit the Bike to Work website for more pit stop updates and to find all the pit stops on your commute route. For information about Bike to Work Day, visit www.icommutesd.com or call 511 and say "iCommute."

#### The Annual HAWAIIANAIRES Golf Tournament is May 16

Register now and help support El Cajon's finest by playing a round of golf on Friday, May 16. The 19th HAWAIIANAIRES Golf event benefits the El Cajon Police Officers' Memorial Fund and is sponsored by the El Cajon Police Officers' Association. The tournament takes place at Cottonwood @ Rancho San Diego Golf Course, located at 3121 Willow Glen Road, in El Cajon. The entry Fee is \$100 per person. The entry fee includes: green fees, beverage carts, lunch, golf cart, door prizes, range balls, and a Carne Asada and Chicken Fajitas dinner. Registration begins at 11 a.m., with a shotgun start at 12 p.m. Proceed to the clubhouse immediately following the tournament for dinner, awards, an opportunity drawing and more. Dinner guests are more than welcome at \$20 per guest. Please have fees paid and forms in by May 2, to guarantee your reservation. Send checks payable



For more information, please call (619) 441-1756

### LOCAL NEWS & EVENTS

## Highlights ...

#### Continued from page 5

to: ECPOA, 1163 Broadway #106, El Cajon, CA 92021, Attn: Officer Tom Winslow. For more information call (858) 692-5298.

#### Around The World is the theme for The Cajon Valley Jamboree in May

Mark your calendar for Holy Trinity's Cajon Valley Jamboree being held on Friday, May 16, from 5 - 10 p.m., Saturday, May 17, from 9 a.m. - 10 p.m., and Sunday, May 18, from 9 a.m. - 5 p.m. This promises to be a weekend of adventure as they explore cultures from around the world. Experience customs, food, clothes, and activities from many foreign lands for a spectacular multi-cultural event! Additionally, there will be local merchants, auctions, raffles, games, rides, food and more! For over 50 years the Jamboree has been a recognized event throughout our community, attended by over 10,000 people from all over

San Diego County. Holy Trinity Church is located at 405 Ballard Street in El Cajon, between Washington Avenue and East Main Street. For more information call (619) 444-7529 or visit www.cajonvalleyjamboree. com

#### Arab American Festival

The Arab American Festival is set for May 17 & 18 in Centennial Plaza in Downtown El Cajon from 4 to 10 p.m. For more information, visit www.ArabAmericanFestival.com

#### **El Cajon Valley Lions Club** presents their Annual **Gunsmoke Casino Night**

The El Cajon Valley Host Lions Club will combine their fundraising efforts this year with the Winchester Widows, who will help them present their 4th Annual Casino Night on May 17 at 6 p.m. at the Ronald Reagan Community Center, 195 East Douglas Avenue, in El Cajon. Enjoy an old western saloon, complete with Western Mu-

Healthy,

safe fun

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fair

sic, food, and the Winchester Widows. "Gunsmoke IV" will feature a variety of gaming tables, a silent auction, and a 50/50 drawing.

Entry tickets are \$65 each or 2 for \$120. Sponsorships are also available starting at \$100 up to \$1,000. Included in the ticket price are \$200 in chips, heavy hors d'oeuvres and complimentary beverage. Proceeds will be used to fund the Lions Club student eye glass program that provides free eye tests to needy students in the East County, and free glasses if they need them. Proceeds will also support the Challenge Ranch, which is a ten acre ranch in Dehesa Valley that provides opportunities for under-privileged children through horseback riding. For more information, please contact Chairperson Mercy Walters at (619) 465-6258.

#### Take a fascinating trip to the Famous Knox House Museum

Take a trip back in history and stop by the Knox House Museum. See how settlers lived in El Cajon during the years 1895-1912. It will be open every Saturday in May, from 11 a.m. to 2 p.m. The Knox House Museum, with free admission, is located at 280 N. Magnolia Avenue, in Fl Cajon. For more information, including scheduling a private tour for your group or school, or becoming a member of the El Cajon Historical Society, visit www.elcajonhistory.org

### Pet Condos up for bid at Barkitecture 2014 at

Join us for the 2<sup>nd</sup> Annual Barkitecture Auction Event, benefitting the ACES Foundation and the El Caion Animal Shelter, on Sunday, June 1 from 5 to 7 p.m. at the Parkway Plaza Mall in El Caion.

This fun event will be located at O's American Kitchen, at 375 Parkway Plaza in El Cajon. Several V.I.P. guests have constructed a dog or cat house for this benefit, including El Cajon Police Chief Jim Redman and Heartland Fire & Rescue Chief Rick Sitta. These pet condos will be up for viewing from May 23 through June 1 at the Parkway Plaza Mall, so stop by and vote for your favorite. Tickets for the event are \$25, which includes an auction number, appetizers, and beverages. Additionally, you can register to build an entry by May 15. To register or purchase tickets, visit www.acesfoundation.org and click on "Barkitecture." Tickets will also be available at the door. For more information,

## Parkway Plaza Mall

**Exercise activities** were enjoyed by all ages.

**F**ree activities for everyone made the 2<sup>nd</sup> Annual Farragut Circle Health & Safety Fair exciting on Saturday, May 3. in El Caion!

Free health screenings, exercise activities, dozens of agencies, safety information, giveaways and more marked the event, presented by the Neighbor-to Neighbor Program of the First Presbyterian Church at 500 Farragut Circle.

Mother Goose of the El Cajon Mother Goose Parade waddled around greeting people. Laura of the "Jeff & Jer" radio program chatted with everyone at the KyXy 96.5 radio booth.

Children potted free plants and made CD disc animals at the Circle Community Garden. Youngsters also worked out on the Scouting 320 obstacle

course, had their faces painted and took home free books and Kiwanis Club bike helmets!



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## Lakeside Roundup of events

by Patt Bixby

Western Days Parade he 49th Lakeside Western Days Parade "Where the West is Still Alive" was a resounding success. Senator Joel Anderson, who participated in the parade, said "Under the leadership of President Neil Rodvold, the Lakeside Chambers Board of Directors and staff did an amazing job putting this event together to honor our western heritage and celebrate their community's tremendously positive impact on our region and our state. It's an honor to serve the people of Lakeside in the Senate."

The Lakeside Historical Society out did themselves selling 199 breakfasts which included ham and eggs, hash browns, biscuits and sausage gravy still only \$5. The Chamber is already looking forward to next year's 50th anniversary of the Lakeside Western Days Parade.

#### PARADE WINNERS

Commercial: Daily Disposal Service County: Supporting the Lakeside Skate Park Youth: Lakeside Chamber of Commerce Band: Tierra Del Sol Marching Band Musical: Lakeside Middle School Choir Music Program Color: Al Bahr Shriners Grand Marshal: Lakeside Historical Society



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## Inspiration

Would anybody want to

Rev. James L. Snyder is pas-

tor of the Family of God Fellow-

ship, P.O. Box 831313. Ocala.

FL 34483. He lives with his

wife, Martha, in Silver Springs

Shores, Call him at 1-866-552-

2543 or e-mail jamessnyder2@

att.net or website www.james-

snuderministries.com.

buy a box of 48 Mother's Day

cards, cheap?

## My Mother's Day card quandary

by Dr. Rev. James L. Snyder nother year has gone by and I find myself facing the same quandary I faced last year. I was hoping somehow this year would be different, but, alas, it is not. Many people complain about how fast things are changing, I complain about those things that do not change at all.

Interestingly, the things you want to change refuse to do so and the things you want to stay the same never do. I wish someone would figure out how to reverse this tedious trend of life. I have worked on it but to no success.

Now we have on our hands tremendous pressure to purchase a yearly Mother's Day card. When it comes to card buying, I simply do not know where to go. Oh, I know where to get them; I simply do not know which one to purchase.

One year I tried to remedy my Mother's Day card-buying dilemma by buying a box of 50 cards that were on sale right after Mother's Day. I thought I had hit the mother lode, so to speak.

The first year I presented my Mother's Day card to my wife and she gave me all kinds of smiles and hugs. I was relieved to have solved a big problem in my home. I now could rest and focus on solving other problems in my life, of which there are many.

It was the second year that kicked me in the teeth.

As usual, that year, I presented my wife with her Mother's Day card. Trust me; I was not fully geared up for the response I got. I was expecting smiles and hugs like the year before. What I got was a glare and a shrug.

She looked at me and said something I shall never forget. "Isn't this the same card you gave me last year?"

Apparently, good protocol rules out giving the same card two years in a row. Who knew? I didn't.

This brings me to the second part of my quandary.

When did it become necessary for husbands to buy their wives Mother's Day cards?

It starts out rather innocently enough as most things do. Then, in my opinion, it gets out of hand.

When the children start coming into the home it is quite natural, because they are too young to make such important decisions, for the father to buy the Mother's Day card on behalf of the children.

I gave my wife her first Mother's Day card. She was so excited. Because she was excited, so was I. This is where the whole nonsense starts.

What I want to know is when do husbands stop buying Mother's Day cards for their wives? Looking back over my experience, I can see no way where I can opt out of this annual event. When do the

## **National Mobility Awareness Month**

National Mobility Awareness Month partners and members are passionate about their involvement in the National Mobility Awareness Month. With their generosity, we will be giving away 2014 Custom Wheelchair Accessible Vehicles in hopes to raise awareness and show that there are mobility solutions available for people with disabilities.

The Gazette was made aware of Santee resident Dan Warnock and his need for one of these vehicles. We decided to share his story with you last week. The response was amazing. Dan received several thousand votes since our last print. There is still time to vote and/or vote again. Visit East County Gazette Facebook to read his story and vote! Or copy and paste the link below to log onto the Mobility Awareness Month website. Last day to vote is Friday, May 9 at midnight.

#### Vote for Dan Warnock - Santee, CA in the 2014 National Mobility Awareness Month Local Hero contest

http://www.mobilityawarenessmonth.com/entrant/dan-warnocksantee-ca/! children take control of this yearly responsibility?

In spite of my quandary, it is important to honor both fathers and mothers.

"Honour thy father and mother; (which is the first commandment with promise;) That it may be well with thee, and thou mayest live long on the earth" (Ephesians 6:2-3).

## I Hate Mother's Day

#### by Pam Young

I'm a mother and there's something that's always bugged me about Mother's Day. I think every day should be Mother's Day. After all, we moms work 365 days a year for no pay. I guess what really bugs me is I think Mother's day is just a way for card, candy and flower companies to make money. I've also heard Mother's Day is the biggest money-maker for the restaurant business. I'm all for private enterprise, I just want family and friends to appreciate moms every day. Don't just think about her on May 11. Maybe you could buy 12 Mother's Day cards and give your mom a card once a month! Or take her out to eat at least once a month in celebration of her sacrifice.

I happened to have been born the day before Mother's Day, and the next day my mom got her breakfast delivered in the hospital with a little card that said, "Happy Mother's Day." Since I was her first child, it was the first time she'd been addressed as Mother. It's a big deal!

Should we mome be grateful to have one day a year set aside for us? Of course we should, but really mome, the world will never be able to thank us for what we do. In *Sidetracked Home Executives: from pigpen to paradise* I wrote a poem for mome. I imagined what a column in the classified ads for "Help Wanted" would read.

#### Help Wanted

We are hiring mothers and we need them right away You must be filled with love and vow that you will stay and stay and stay

You must appreciate a flower when it's given without a stem And marvel at an ugly rock as if it were a gem

You must possess a wealth of joy, be wise, controlled, alert Have management ability and make a good dessert

Have expertise in finance and a flair for decorating Knowledge of psychiatry and Band-Aid applicating

Willing to accommodate pet relationships Detective skills in cases like the missing chocolate chips

Qualified and competent in diplomatic circles Adolescent counseling, in short, performing miracles

Adept at kissing boo boos and using rocking chairs Capable of handling community affairs

A magician in the kitchen with a pound of hamburger An ability to touch a cheek and know its temperature

If you think that you can qualify and you've had experience And understand completely that you make the difference

Between a world that's filled with fear and a world that's full of joy Call us now, we want you to be in our employ

Thank you to all the moms of the world for what you do. I hope you wear the name well. I have a special place in my heart See MOTHER'S DAY page 7

### Dear Dr. Luauna — A Mother — no charge





A mother's job is never done, most of the time, her job goes unnoticed. I want to share with you the words of a mother and her little boy from a song I heard over 20 years ago, by Shirley Caesar.

"The little boy came into the kitchen, one evening, while his mother was fixing supper and he handed her a piece of

paper, he had been writing on, and after wiping her hands on an apron, she took it in her hands and she read it and this is what it said: For mowing the yard, \$5, and for making up my own bed this week, \$1. For going to the store, 50 cents, and playing with little brother while you went shopping, 25 cents. Taking out the trash, \$1, and for getting a good report card, \$5, and for raking the yard, \$2, total owed, \$14.75.

Well, momma looked at the little boy standing there and expecting money, a thousand memories flashed through momma's mind. So she picked up a pen and turned the paper over and this is what she wrote:

For the 9 months I carried you, growing inside me, no charge. For the nights I sat up with you, doctored you, and prayed for you, no charge. For the time and the tears and the costs through the years, there is no charge. When you add it all up the full cost of my love is no charge. For the nights filled with gray, and the worries ahead, no charge, for the advice and the knowledge, the costs of your college, no charge. For the toys, food and clothes and for wiping your nose there's no charge son. When you add it all up, the full cost of my love, is no charge."

You see dear readers, the cost of real love, is NO CHARGE.

Take time out and let your mother know how much you love her. Now, I know some reading this today may not have a good mother, forgive her. And you decide to become a great mother yourself.

All through the Bible we see mothers, good, and bad. All around us today we see good and bad mothers also; some have abandoned or abused their children. But for the most part, you find great mothers, single mothers who work so hard to hold up both ends of the responsibility of a household, because of an abandoned father. Look around and be a blessing to someone this weekend. Remember, Jesus loved His mother, and made sure even in the last moments of His life on earth, she was taken care of.

John 19:26-28; "When Jesus therefore saw His mother, and the disciple whom He loved standing by, He said to His mother, "Woman, behold your son!" Then He said to the disciple, "Behold your mother!" And from that hour that disciple took her to his own home. After this, Jesus, knowing that all things were now accomplished, that the Scripture might be fulfilled, said, "I thirst!"

Many great mothers are forgotten, and placed away, and seldom visited. Today I want to ask my readers, look around, find a mother who may have been long forgotten. Give her a big Happy Mother's Day, hug and a smile. To all my readers who are mothers, "Happy Mother's DAY!" from me.

A reminder, Friday night for the entire month of May, I will be sharing on the topic of lust. Have you been a victim of lust? Please come at 7 p.m. at A Touch From Above Prayer Mountain. There is nothing too hard for God. You don't have be a prisoner of the shame, the disgrace and bondage of this evil, called lust in every form. There is freedom! The class is free, we will receive a free will offering at the end. It is free, you don't have to pay one penny.

To Write: ATFA-Dr. Luauna Stines P.O. Box 2800, Ramona, CA 92065 and visit my website: www.atouchfromabove.org For Prayer Mountain reservations: (760) 315-1967. Follow me on Twitter and Facebook. Join us for Church Services at the Prayer Mountain, Friday at 7 p.m. & Sunday at 10 a.m.

## For Health's Sake

## The right (and wrong) times of day to drink coffee — they are not what you think

's vour first waking thought in the morning Come to me, baby! Soon you're rolling over and reaching for your longtime love, that warm and fragrant cup of coffee. You know that you can count on its trusty shot of caffeine to rev you up and get you started on your busy day. Except: The early hours of the morning generally are not the best time of day for a

caffeine boost—which means that many people are drinking their coffee all wrong.

It's a question of chronopharmacology, or how drugs (including caffeine) interact with our natural biologic rhythms, I heard from internist and endocrinologist Joseph J. Pinzone, MD, CEO and medical director of Amai Medical & Wellness in Santa Monica

### Laughter is the Best Medicine

#### I fish on Friday

A fter 40 years of marriage, a husband and wife came for counseling. The wife went into a tirade, listing every problem they had ever had in the years they had been married. On and on and on, she went: neglect, lack of intimacy, emptiness, loneliness, feeling unloved and unlovable, an entire laundry list of unmet needs she had endured.

Finally, the therapist got up, walked around the desk and after asking the wife to stand, he embraced and kissed her, long and passionately, as her husband watched - with a raised eyebrow. The woman shut up, and quietly sat down as though in a daze.

The therapist turned to the husband and said, "This is what your wife needs at least 3 times a week. Can you do this?"

"Well, I can drop her off here on Mondays and Wednesdays, but on Friday I fish!"

Submitted by Steve Davis of El Cajon

Have a funny joke you'd like to share with the Gazette readers? Send to: jokes@ecgazette.com or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021. Remember to add your name and city you live in so we may give credit.

and assistant clinical professor of medicine at the David Geffen School of Medicine at the University of California, Los Angeles. Here's what Dr. Pinzone thinks you really ought to be doing and why-but don't worry, you don't have to give up your beloved joe ...

#### The Cortisol/Caffeine connection

A primary effect of caffeine is to trigger the release of the hormone cortisol, which is related to a number of functions, including alertness and the stress response. The more cortisol that's circulating in your system, the more energized and awake you feel. But: Cortisol levels naturally rise first thing in the morning (typically between 6 a.m. and 8 a.m., depending on an individual's sleep/wake cycle). "Your body doesn't really need the caffeine at that point because cortisol levels are already rising as you're waking up," said Dr. Pinzone.

Then why do so many people crave coffee before their feet even hit the floor? It's more a matter of habit than chronobiology. People think that the coffee is revving them up because its first-thing-inthe-morning consumption happens to coincide with the body's natural cortisol surge. But biochemically, the caffeine is redundant at that point and what's more, by consuming caffeine when it's not really needed, your body builds up tolerance to it, diminishing its ability to provide that longedfor energy jolt.

Cortisol levels do not remain consistent throughout the day. After the early-morning rise, cortisol dips in midmorning... peaks again around midday... falls again ... rises once more between 4 and 6 p.m...and then ebbs before bedtime.

What this means, coffeewise.

· For maximum energyboosting impact, delay your first cup of java until the midmorning cortisol slump starts to sap your stamina, typically at around 10 a.m., Dr. Pinzone suggested.

• Then, instead of having another cup with lunch, wait until your midafternoon energy dip, which for many people occurs at around 2 p.m. A cup of coffee then could help you power through the rest of your workday.

• As for the evening drop in cortisol, you probably are best off just letting it happen. After all, it's helping your body prepare for sleep, and caffeine at that point could interfere with your slumber. But go ahead and experiment if you want to, Dr. Pinzone said — if you enjoy an evening burst of energy and are still able to sleep just fine, a dinnertime cup (or half-cup) of coffee could be OK for you.

Lots more great reasons to drink coffee: A well-timed energy boost is not the only advantage of drinking coffee.

To learn about the beverage's many other benefits, read "How Coffee Makes You Happier and Healthier.<sup>3</sup>

Source: Joseph J. Pinzone, MD, MBA, internist and endocrinologist, CEO and medical director, Amai Medical & Wellness, Santa Monica, California, and assistant clinical professor of medicine, David Geffen School of Medicine, University of California, Los Angeles. He is a Fellow of the American College of Physicians and author of Fireballs in My Eucharist: Fight Cancer Smarter (Cureiocity). MedAmai.com

## Mother's Day ...

**Continued from page 6** for single moms, probably because I was one and I know how hard that was. If you know a single mom, praise her, pamper her, help in any way you can.

I remember being on The 700 Club and telling Jackie Mitchem, the talent coordinator, about how hard it was being a single mom and she said, "I'm a single mom too and one day I prayed, 'Lord I can't be father and mother to Jeff' (my son) and the sweetest thought came to me. 'I didn't call you to be father and mother to Jeff, you be the mother and I'll be the father."

Okay, okay, HAPPY MOTHER'S DAY!

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### IN THE COMMUNITY —

#### **MAY 8, 2014**

# ut and about in the Cou

Through Oct. 24: "Cruz'n the Lakes" car show gears up for an exciting new season. Every week all makes models and years of automotive history cruise into Santee Lakes Park Lake #1 for a weekly car show entitled, "Cruz'n the Lakes." The 2014 runs through Friday, Oct. 24. Participants arrive for showtime at 3 p.m. every Friday afternoon and finishing each Friday evening at park closing when the sun goes down. "Cruz'n the Lakes" car show is free to attend, however there is a small car fee to enter the park. Santee Lakes Park is also a private park and therefore adult beverages are allowed.

Through May 15: United Way's Book Drive, providing bilingual summer reading for economically disadvantaged San Diego children up to age eight. This year's books have a double benefit by helping kids focus on healthy eating: "Growing Vegetable Soup"/ "A Sembrar Sopa de Verduras" and "Farmers Market"/ "Día de Mercado." The drive culminates on United Way's annual Day of Action, Saturday, June 21, when 100 volunteers will begin packing books and writing notes to kids. Youngsters throughout the county will receive their own book, a bookmark with an inspirational note and bilingual reading tips for their parents. Books will be distributed through approximately 25 locations across San Diego County that serve kids and their families. The book drive is sponsored by Boyer Moving & Storage, Cal Water, GEICO, Pratt & Whitney Aeropower, San Diego County Regional Airport Authority and the Women's Leadership Council of United Way. The general public and local businesses are encouraged to spread the word via social media by visiting www.facebook.com/unitedwaysd and www.twitter.com/liveunitedsd, #iliveunited.



Through May 30: A dual exhibit of pieces by photographer Rhett L. Beck is being hosted by the Lemon Grove Library, 3001 School Lane. The two exhibits are the Vaqueros and the Latitude 13 exhibit. The Vagueros exhibit features photographs of children and families, taken in California, Kentucky and Peru. Latitude 13 features photographs from Peru - not the standard postcard images of that country's Inca ruins, but scenes of a living people, living today. Rhett L. Beck is a native of Los Angeles who has lived in Kentucky for over twenty years; his photography is in collections in both states. His work has appeared in solo and group exhibitions in Kentucky, and he is the artist/author of Burying Monkeys: A Photographic Journey through the Old Crow & Old Taylor Distilleries (Broadstone Books, 2012). This is his first solo exhibition in California. For more information on the Rhett L. Beck dual photography exhibit, please contact the Lemon Grove Library at (619) 463-9819 (619) 463-9819 Free.

May 14: Speechcraft - The Mount Helix Toastmasters presents Speechcraft - a four-week program to promote public speaking skills. Participatns have the opportunity to present speeches and improve other speaking skills. Speechcraft will be held from 7-9 p.m. at the Otay Water District HQ, 2553 Sweetwater Springs Blvd., Spring Valley, CA 91978. Space is limited. RSVP James Comeau (619) 567-6222, JimC@JamesComeau.net or Dr. Larry Pawl (619) 672-6936.

May 17: Gambling and Carousing in an Old West Saloon complete with Western Music, food and The Winchester Widows. "Gunsmoke IV" will feature all the different gaming tables you enjoy plus a silent auction and a 50/50 drawing. The final chip winners will have a choice of prizes in a Chinese Raffle including a camera, wine cooler and weekend trips plus much more. Entry tickets are \$65 each or 2 for \$120. Sponsorships are available starting at \$100 for a Bronze.Silent Auction gifts or coupons are also in need. Included in the ticket price are \$200 in chips, free heavy hors d'oeuvres and complimentary beer or wine. Proceeds will be used by the Lions Club to fund their Student eye glass program that provides free eye tests to needy students in the East County and free glasses if they need them.

The Widows support Challenge Ranch, which is a  $10\,\mathrm{acre}\,\mathrm{ranch}$ in Dehesa Valley that provides opportunities for under-privileged



children through horse back riding. Contact Chairman Mercy Walters at (619) 465-6258 for more information.

May 18: Benedetti & Svoboda, guitar duo featuring: Contemporary, flamenco classical music. 4 p.m. Doors open at 3:30 at the Lakeside Community Presbyterian Church, 9908 Channel Road, Lakeside, (619) 443-1021. Concert is free, donations are appreciated.

May 24: The 2<sup>nd</sup> annual Alpine Community Center and Knights of Columbus Car Show This is more than a vintage auto display. In addition to showcasing the wide variety of extraordinary vehicles, there's a day's worth of activities planned. Morning begins with a pancake, egg, and sausage breakfast prepared by the Knights of Columbus, served from 6 a.m. until 9 a.m, and a taco lunch will be available from 11a.m. until 2 p.m.

A diverse vendor area will feature selections of interests from arts and crafts, car related items, and information booths about local organizations. The Kiwanis Club and the Knights of Columbus will also jointly man a bone- marrow registration booth, signing up volunteers who wish to join the national donor registry. Here's a chance to possibly save someone's life.

Well-known hot rod artist Mark Lueck will be in attendance and available to autograph his art work or other items you may wish to have him sign. He has designed the t-shirts and logos for our car shows for the past two years. Also, Duane Mayer, the shop manager for famed hot car builder on Boyd Coddington's TV reality show "American Hot Rods," will be at the event. Come get inside information and stories about Boyd and his TV show. Duane now runs his own shop, American Hot Rods Inc., in Anaheim CA and it is the premier Southern California hot rod facility.

Throughout the day, we will have opportunity drawings worth thousands of dollars, including overnight golf packages, free dinners, and many more items. Anyone who has an interest in admiring classic cars, shouldn't miss this fun family event!

June 7-8: Air Group One Air Show San Diego - at Gillespie Field, El Cajon. Gates open at 9 a.m. to 4 p.m. both Saturday and Sunday. Advance tickets & Air Show updates at: ag1caf.org Air show will feature aircraft and performances commenorating the 70th Anniversary of D-Day. C-53 'D-Day Doll' that flew three missions in the D-Day invasion, P-47 Thunderbolt, P-51 Mustange "Cadillac of the skies" plus other historic aircraft both flying and on the ground, mock battle with"Pyro," free KidsZone.

June 23: Heartland Swim Association, East County's premier swim club, has opened registration for its popular Summer League program which will be held at 10 locations beginning June 23. A special incentive is being offered for paid registrations received by May 17.

Heartland Summer League is designed for swimmers of all abilities from the ages of 6 to 18. Practices are held three days a week with competitive swim meets held on three weekends in July. The Summer League culminates in an All-Team Championship Meet at Granite Hills High School on August 2 & 3.

"For East County families, this is the best bargain of the summer," said Pat Tope, President of Heartland Swim Association.He added, "The Heartland summer program is easy on a family's budget and provides a safe, healthy activity for children and it makes summer that much more enjoyable for everyone.'

Team locations include: El Cajon High School, El Capitan High School, Grossmont High School, La Mesa Municipal, Monte Vista High School, Montgomery Middle School, Santana High School, Steele Canyon High School, Valhalla High School, and West Hills High School.

Paid registrations received by May 18 will be entered into a drawing for a free week of Watersports Camp at the Mission Bay Aquatic Center. The cost for the Heartland Summer League program is \$195.Families with multiple swimmers are entitled to a discounted price of \$185 for the 2nd swimmer and \$155 for each additional swimmer.

Information about the 2014 Heartland Summer League Practice Schedule and registration forms can be found on the Heartland Swim Association website at www.HeartlandSwim.org. Visit www.eastcountyconnect.com

#### **IN THE COMMUNITY -**

## **AirShow San Diego** — June 7-8

and invited aircraft (subject to change): P-51, P-47, SNJ, FM-2, NA-50, C-53 Sky Trooper "D-Day Doll," 99's flight team, ASTREA helicopters, D-Day Airborne Troopers parachute team, return performances by John Collver SNJ "War Dog," the "Red Eagles Formation Team."

This year the show is adding the famous "Smoke-N-Thunder" Jet Car. A mock battle with "Pyro" will be flown both days.  $50^{+}$  additional and rare aircraft will be on ground display along with assortment of organization booths plus plenty of food and beverage options to choose from.

D-Day Doll: At dawn on D-Day June 6, 1944 the D-Day Veteran, featured aircraft at "AirShow San Diego" took the 101st Airborne into Normandy. Flying three missions over

eturn engagement June 6th and 7th she became a seasoned combat veteran. Later missions included airborne drops in Holland, flying in supplies at Bastogne during the Battle of the Bulge, and in the final airborne drop at the Rhine River.

> Following the war she has had many civilian missions until her assignment to the Inland Empire Wing of the CAF where she has been restored back to military configuration and serves as a flying historical museum and will be a featured attraction of "AirShow San Diego" for 2014.

> Douglas Aircraft in Santa Monica California developed the C-53 from its famous DC-3 airliner at the request of the Army Air corps to fill the need for a paratroop carrier. 403 were built of all versions. S/N 42- 68830 was one of 159 "D" models and came





off the assembly line on July 6, 1943. Most C-53's assigned to the USAF trained with the 101st Airborne Screaming Eagles) and the 82nd Airborne (All-American) which will be represented by re-enactors at "AirShow San Diego" for 2014.



**Red Eagles Formation Team** 



EAST COUNTY GAZETTE

### IN THE COMMUNITY-

## Create it and they will come

By Diana Saenger n Sunday May 14, Summers Past Farm once again filled up with 100s of people attending the Alpine Kiwanis' 24th Annual Vintage Alpine event.

The fundraiser has become a huge not-to-miss event as

attendee's sample wineries' premium wines from California, and the World, taste the best from restaurants throughout the County and explore the gardens of Summers Past Farms.

Along with tasting everything from pasta to Mexican

dishes and delicious deserts, attendees stroll through table after table for wine tasting while pleasant music is presented by different musicians.

Ask those who feel lucky and they are there to inspect the extensive Silent Auction. The proceeds help support projects for perfect attendance in the elementary schools, sponsorship of Scout troops, equipment

Photos by

Diana Saengei & Kathy Foster for youth sports activities, an East County Special Olympics Track and Field event, and much more.

Vintage Alpine began in 1990 and is now one of the largest events of its kind in San Diego County. Each year, more than 500 people of discerning taste from all over the Southwest attend this upscale event.



Kiwanian Carol Lewis welcomes everyone to Vintage Alpine



Mr. and Mrs. Chris Wiley.



**Kiwanians Dave and Janet Truax** 



La Carreta with good treats





**Rock Canyon Vineyards** 

**SPECIAL OFFER Free Eyebrow Wax** with any Facial Treatment. See Stacy for details. First time customers only. One coupon per customer. No substitutions. No cash value. Some restrictions apply. See Studio B for details. Expires 5/31/14.



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#### MAY 8, 2014

### EAST COUNTY GAZETTE

## Dull web of repetition in new 'Spider-man'

#### Interview by Diana Saenger

uper heroes have fascinated fans for decades, so when they went from comic books to films the potential fell at the feet of filmmakers. The latest to hit the big screen is Marvel's The Amazing Spider-Man 2 with Andrew Garfield returning as the great and surprising Spider-Man.

After a little catch up on how Peter Parker, aka Spider-Man, lost his parents, the action begins. Parker is always a quick costume change away from imminent rescues, and in New York City there is always someone to rescue.

Those unfamiliar with the Spider-Man legacy might enjoy the slow move into the real heart of this story, including all about the Parker family, the spider that started everything, and how Peter came to live with his aunt and uncle. Aunt May, now a widow, shares her home with Peter. Fights about who will do his laundry aside, it seems nice to see Peter show genuine affection for his aunt, played superbly by Sally Field. However, Spider-Man fans want action plus new adventures, and this movie lacks some in those areas.

Max Dillon (Jamie Foxx), who works for Oscorp – the company ahead of others in scientific discoveries – gets injured in a serious accident. When he comes into contact with electricity in this accident, Max becomes "Electro" and sets out to destroy everyone at Oscorp who treated him badly as well as the citizens of New York City. Spider-Man is also on that list.

Meanwhile, Spider-Man's romance with Gwen Stacy (Emma Stone) has reached a fever pitch. He wants her to stay out of harm's way but can't seem to be away from her for very long. She's the same, trying not to interfere with his Spider-Man duties and even agreeing that maybe they should break up. That's hard to imagine, since they can't keep their hands off of each other. But Parker thinks he sees the image of her deceased father at times warning him not to let his daughter get hurt.

Parker's old friend and at times foe, Harry Osborn (Dane DeHaan), finally appears, and the two share some fun time together while skipping rocks across the water. Like the bounce in the stones hitting rough points through the water, so does the relationship between the two when Harry once again sees Spider-Man as the enemy.

The 3-D action is fun but the story doesn't seem to offer



Jamie Foxx and Andrew Garfield star in *The Amazing Spider-Man 2*. Photo credit: Niko Tavernise / Columbia Pictures

much new. The plot is revved up with romance which might make girls happy but has the males turning up their noses. Performances are mostly fine, with Foxx leading the pack with this villainous attitude. Garfield seemed to put little effort into the believability of his character, but then again, the comic book rules and changes are scarce in these

in the Pavilion and Spring Gardens

Die-hard fans appear split on whether to see this film or not. My advice? Go and make up your own mind.

films.



MPAA: "PG-13" for sequences of sci-fi action/violence Who Should Go: Die-hard fans ready for another episode

### Do you enjoy gardening and have no space?



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Circle Community Garden brings community together in order to grow nutritionally rich vegetables affordably.

It is a wonderful way to meet others in the community for social times if that is what you are looking for, gives you a chance to work outside and get beneficial exercise, is a great way to teach children where food comes from and to learn to work the soil, provides a means of meeting others in the community.

Community gardeners and their children eat healthier diets than do non-gardening families.

Exposure to being outside and gardening reduces stress and increases a sense of wellness and belonging.

The garden is located at 476 Highland Avenue, El Cajon 92020

For information, or if you are interested in having your own garden space, email <u>CircleGardenEC@aol.com</u> or call 619-442-2583

Circle Community Garden is sponsored by the First Presbyterian Church of El Cajon's Neighbor-to-Neighbor program and St. Alban's Episcopal Church.



\*Tax and gratuity are not included in above pricing. Parties of 8 or more are subject to an automatic 18% gratuity and state sales tax, even if requesting separate checks. Garden seating is subject to availability and weather conditions. This is special event pricing therefore no other offers, discounts, or coupons will be accepted. Due to the seasonality of local fresh ingredients all menu items are subject to change. Reservations are encouraged and please specify oif you prefer pavilion or outdoor garden seating at the time of placing your reservation. 619.442.9891x22

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#### MAY 8, 2014

#### ENTERTAINMENT

#### **Spotlight on community** Theatre

Previews by Diana Saenger

ime to grab a seat! Whether one's pleasure is concerts, plays, movies or entertainment events taking time to catch a breath and relax is a valuable asset in today's busy world.

**Broadway San Diego** Will run The Book Of Mormon, winner of nine Tony Awards including Best Musical, May 27 - June 8. The plot centers on two young Mormon missionaries sent to a remote village in northern Uganda, where a brutal warlord is threatening the local popula-

tion. Naïve and optimistic, the two missionaries try to share the Book Of Mormon, one of their scriptures - which only one of them has read - but have trouble connecting with the locals, who are more worried about war, famine, poverty and AIDS more than about religion. For more information



visit www.broadwaysd.com or

**Cygnet Theater Company** 

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22, 2014 at Cygnet Theatre in

Old Town is The Mother \*\*\*

with the Hat by Stephen Adly

call calling (619) 564-3011.

Dog and Pony reveals Mags 28 - June 28. For more information call (619) 23-GLOBE, or www.oldglobe.org





A little bit of spice, a little bit of tang, and a whole lot of delicious is what you'll taste when you try Elsa Dreyer's Pasta Salad with a Twist. This recipe is also flexible enough to allow for the substitution of other veggies that you may have on hand. A BBQ must, See step-by-step photos of Elsa's recipe plus thousands more from home cooks nationwide www.justapinch.com/pastasalad

chances to win! Enjoy and remember, use "just



- · Cook pasta per instructions on the package. Drain and let cool. Do
- In a saucepan, combine ketchup, vinegar, sugar, olive oil, curry
- Bring to a boil and cook for 10 minutes on medium heat. Let
- · Combine peppers and onion with pasta. Pour ketchup mixture
- Mix well, cover and refrigerate
- Serve at room temperature.

Submitted by: Elsa Dreyer, Ventura, CA (pop. 112,300) www.justapinch.com/pastasalad

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EAST COUNTY GAZETTE

ORDER TO SHOW CAUSE FOR

CHANGE OF NAME CASE NO.37-2014-00011804-CU-PT-CTL

IN THE MATTER OF THE APPLICATION

PETITIONER: IMAN SEEPO & LOUIS SEEPO

ON BEHALF OF MINOR CHILDREN FOR

FROM: LINA KAREEM

TO: LINA SEEPO

FROM'LYDYA KAREEM

THE COURT ORDERS that all persons inter-

ested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA,

COUNTY OF SAN DIEGO, SAN DIEGO

SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101,

on JUNE 06, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition

for change of name should not be granted.

Any person objecting to the name changes

described above must file a written objection

that includes the reasons for the objection

at least two court days before the matter is

scheduled to be heard and must appear at

the hearing to show cause why the petition should not be granted. If no written objection

is timely filed, the court may grant the petition

without a hearing. IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published

in the East County Gazette, a newspaper of

general circulation published in this county. at

least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2014-00011164-CU-PT-CTL

IN THE MATTER OF THE APPLICATION OF

BREENA SENA BONALES-CONROY FOR

PETITIONER: COLLEEN CONROY ON

BEHALF OF MINOR CHILD FOR CHANGE

FROM: BREENA SENA BONALES-CONROY

THE COURT ORDERS that all persons

in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA,

COUNTY OF SAN DIEGO, SAN DIEGO

SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101,

on MAY 30, 2014 at 9:30 a.m. IN DEPT. 46) to show cause, if any, why the petition

for change of name should not be granted.

Any person objecting to the name changes

described above must file a written objection

that includes the reasons for the objection

at least two court days before the matter is

scheduled to be heard and must appear at

the hearing to show cause why the petition

should not be granted. If no written objection

is timely filed, the court may grant the petition

without a hearing. IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published

in the East County Gazette, a newspaper of

general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-009953 FICTITIOUS BUSINESS NAME(S): Taste

Located at: 2512 Jamacha Rd Suite 602, El

This business is conducted by: A Corporation

This business is hereby registered by the fol-

lowing: 1.H.S.W Brothers Inc, 2678 Sawgrass

This statement was filed with Recorder/County

Clerk of San Diego County on April 08, 2014

East County Gazette- GIE030790

4/17, 4/24, 5/1, 5/8 2014

The first day of business was: 4/8/2014

East County Gazette - GIE030790

5/8, 5/15, 5/22, 5/29 2014

APRIL 14, 2014.

of Italy RSD

Cajon, CA, 92019

St, El Cajon, CA, 92019

TO: BREENA SENA CONBOY

East County Gazette – GIE030790 4/24, 5/1, 5/8, 5/15 2014

MAY 8, 2014

CHANGE OF NAME

OF NAME

interested

TO:LYDYA SEEPO

OF

CHANGES OF NAME

CHANGES OF NAME

LINA KAREEM & LYDYA KAREEM FOR

## LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-012265 FICTITIOUS BUSINESS NAME(S): a.)Awe-

some Brows b )Zeal Jewelry Located at: 2522 Jamacha Road Suite 103, El Caion. CA. 92019

This business is conducted by: A Corporation The first day of business was: 4/21/2014 This business is hereby registered by the fol-lowing: 1.Shivam & Shivangi Inc. 792 North Mollison Ave #21, El Cajon, CA, 92021 This statement was filed with Recorder/County

Clerk of San Diego County on May 1, 2014 East County Gazette- GIE030790 5/8. 5/15. 5/22. 5/29 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-012525

FICTITIOUS BUSINESS NAME(S): Impact Sign Solutions

Located at: 9308 Mesa Vista Avenue, La Mesa, CA, 91941 This business is conducted by: An Individual

The first day of business was: 5/12/2009 This business is hereby registered by the following: 1.Bruce T. Heinzez 9308 Mesa Vista Ave, La Mesa, CA, 91941 This statement was filed with Recorder/County

Clerk of San Diego County on May 2, 2014 East County Gazette- GIE030790 5/8, 5/15, 5/22, 5/29 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011778

FICTITIOUS BUSINESS NAME(S): Sport Clips Located at: 10121 Quail Canyon Rd, El Cajon,

CA, 92021 This business is conducted by: A Limited

Liability Company The business has not yet started

This business is hereby registered by the following: 1.K.A. Bowers LLC, 10121 Quail Canyon Rd, El Cajon, CA, 92021 This statement was filed with Recorder/County

Clerk of San Diego County on April 25, 2014 East County Gazette- GIE030790 5/8. 5/15. 5/22. 5/29 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-009790

FICTITIOUS BUSINESS NAME(S): M&L Premier Wireless #2 Located at: 4771 University Ave. San Diego.

CA 92105 This business is conducted by: An Individual

The business has not yet started This business is hereby registered by the following: 1.Martin Flores 3842 Thorn St, San Diego, CA. 92105

This statement was filed with Recorder/Count Clerk of San Diego County on April 07, 2014

East County Gazette- GIE030790 4/17, 4/24, 5/1, 5/8 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-010311

FICTITIOUS BUSINESS NAME(S): a.) Cypress Independent Living of La Mesa b.) Cypress Independent Living Located at: 4847 Cypress Rd, La Mesa,

CA, 91942 This business is conducted by: A Corporation

The first day of business was: 4/2/2013 This business is hereby registered by the following: 1.Legacy Senior Living Inc. 9645 Alto Drive, La Mesa, CA, 91941

This statement was filed with Recorder/County Clerk of San Diego County on March 19, 2014 East County Gazette- GIE030790 4/17, 4/24, 5/1, 5/8 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-010326

Installers

92020

FICTITIOUS BUSINESS NAME(S): Moonlight Located at: 880 Chase Ave, El Cajon, CA Partnership

This business is conducted by: An individual The first day of business was: 1/1/2014

This business is hereby registered by the following: 1.Duane A Roberts 880 Chase Ave, El Cajon, CA, 92020

This statement was filed with Recorder/County Clerk of San Diego County on April 11, 2014 East County Gazette- GIE030790 4/24, 5/1, 5/8, 5/15 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-008489 FICTITIOUS BUSINESS NAME(S): Superior

Metal Works Located at: 2360 Prince Edward Court, El Caion, CA, 92019

This business is conducted by: An Individual The business has not yet started This business is hereby registered by the fol-lowing: 1.Evan J. Sullivan 2360 Prince Edward Court, El Cajon, CA, 92019

This statement was filed with Recorder/County Clerk of San Diego County on March 25, 2014 East County Gazette- GIE030790

#### FICTITIOUS BUSINESS NAME

5/8, 5/15, 5/22, 5/29 2014

STATEMENT NO. 2014-010958 FICTITIOUS BUSINESS NAME(S): a.)Alpha Dental h )Alfa Dental

Located at: 4276 54th PI, Suite D, San Diego, CA. 92115 This business is conducted by: A Corporation

The first day of business was: 3/29/2010 This business is hereby registered by the fol-lowing: 1.Roy J. Vegter A Dental Corporation 4276 54<sup>th</sup> Pl, Suite D, San Diego, CA, 92115 This statement was filed with Recorder/County

Clerk of San Diego County on April 17, 2014 East County Gazette- GIE030790 4/24, 5/1, 5/8, 5/15 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-010743

FICTITIOUS BUSINESS NAME(S): Jimmy's Waterworks Located at: 9415 Carlton Oaks Dr. Unit A,

Santee CA 92071 This business is conducted by: An Individual The business has not vet started

This business is hereby registered by the following: 1.James R. Tavernese Jr. 9415 Carlton Oaks Dr. Unit A. Santee, CA. 92071 This statement was filed with Recorder County Clerk of San Diego County on April 16.2014

East County Gazette- GIE030790 4/24. 5/1. 5/8. 5/15 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-008985

FICTITIOUS BUSINESS NAME(S): a.)7 Lotus School of Acrobatic Arts b.)7 Lotus School of Healing Arts Located at: 1277 N. Cuyamaca St. #C, El Caion, CA, 92020

This business is conducted by: An Individual The first day of business was: 8/25/2013 This business is hereby registered by the following: 1.Victoria Love 1631 Eastside Rd, FL Caion CA 92020

nt was filed with Recorder/County Clerk of San Diego County on March 28, 2014 East County Gazette- GIE030790 4/24, 5/1, 5/8, 5/15 2014

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-007849 FICTITIOUS BUSINESS NAME(S): TC Motors Located at: 1136 Broadway Ste 103, El Cajon CA, 92021

This business is conducted by: A Limited Liability Company The first day of business was: 3/12/2014

This business is hereby registered by the following: 1.Dino Capital Group, LLC. 10124 Quail Canvon Rd. El Caion, CA. 92021 This statement was filed with Recorder/County Clerk of San Diego County on March 19, 2014 East County Gazette- GIE030790

4/17, 4/24, 5/1, 5/8 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-010226

FICTITIOUS BUSINESS NAME(S): Urban Cab

Located at: 7926 Winter View Ct, El Cajon, CA, 92021

This business is conducted by: A General

The business has not yet started This business is hereby registered by the following: 1.Bassam Elias 7926 Winter View Ct, El Cajon, CA, 92021 2.Badir Elias 7926 Winter View Ct, El Cajon, CA, 92021

This statement was filed with Recorder/County Clerk of San Diego County on April 10, 2014 East County Gazette- GIE030790

4/17, 4/24, 5/1, 5/8 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-010688

FICTITIOUS BUSINESS NAME(S): TMB **Professional Services** Located at: 3705 Orion Drive. La Mesa

CA, 91941 This business is conducted by: An Individual

The business is conducted by. An individual The business has not yet started This business is hereby registered by the following: 1.Tina M. Brennan 3705 Orion Drive, La Mesa, CA, 91941 This statement was filed with Recorder/County

Clerk of San Diego County on April 15, 2014 East County Gazette- GIE030790 4/24, 5/1, 5/8, 5/15 2014

### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-009870 FICTITIOUS BUSINESS NAME(S): JB Design Services

Located at: 2066 Pierce Court, El Cajon, CA. 92019

This business is conducted by: An Individual The first day of business was: 4/7/2014 This business is hereby registered by the fol-lowing: 1.John Bommer 2066 Pierce Court, El Cajon, CA, 92019

This statement was filed with Recorder/County Clerk of San Diego County on April 07, 2014 East County Gazette- GIE030790 4/24, 5/1, 5/8, 5/15 2014

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-011197 FICTITIOUS BUSINESS NAME(S): 1 Call

Flood Services Located at: 1496 Favette St. El Caion, CA.

92020 This business is conducted by: A Limited Partnership

The business has not yet started This business is hereby registered by the following: 1 Doran Ford 105 Scenic Dr. El Caion CA, 92021 2.Shawn Bush 8404 Protea Dr, Lakeside, CA, 92040

This statement was filed with Recorder/Count Clerk of San Diego County on April 21, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-011298 FICTITIOUS BUSINESS NAME(S): EZ

Pour Drinks Located at: 8522 Rhone Road, Santee, CA. 92071

This business is conducted by: An Individual The first day of business was: 6/1/2009 This business is hereby registered by the fol-lowing: 1.Tracy Lyn Lawler 8522 Rhone Road, Santee, CA, 92071

ment was filed with Recorder/Count Thic ctata Clerk of San Diego County on April 22, 2014 East County Gazette- GIE030790

5/1, 5/8, 5/15, 5/22 2014

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-011284

FICTITIOUS BUSINESS NAME(S): Princess Revolution

Located at: 377 Lucy Lane, El Caion, CA. 92021 This business is conducted by: An Individual

The first day of business was: 4/22/2014 This business is hereby registered by the following: 1.Raguel M. Ramirez 377 Lucy Lane, El Cajon, CA, 92021

This statement was filed with Recorder/County Clerk of San Diego County on April 22, 2014 East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-011037 FICTITIOUS BUSINESS NAME(S): Precision Auto Glass & Repairs, Inc.

Located at: 825 Energy Way, Chula Vista, CA 91911

This business is conducted by: A Corporation The business has not yet started

This business is hereby registered by the following: 1.Precision Auto Glass & Repair, Inc. 825 Energy Way, Chula Vista, CA, 91911 This statement was filed with Recorder/County Clerk of San Diego County on April 18, 2014 East County Gazette- GIE030790 4/24, 5/1, 5/8, 5/15 2014

#### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2013-012266

FILE NO. 2014-012053

The following person(s) has/have aban

doned the use of the fictitious business

The Fictitious Business Name Statement

was filed on April 24, 2013, in the County of

San Diego. 7787 Tommy St #3, San Diego, CA, 92119

This business is abandoned by: 1. Thaddeus G. White 7787 Tommy St #3, San Diego, CA, 92119 2. Rose T White 7787

Tommy St #3, San Diego, CA, 92119 THIS STATEMENT WAS FILED WITH THE

COUNTY CLERK-RECORDER OF SAN

STATEMENT OF ABANDONMENT OF

USE OF FICTITIOUS BUSINESS NAME

ORIGINAL FILE NO. 2013-012266

FILE NO. 2012-029611

The following person(s) has/have aban-doned the use of the fictitious business

name: West Shore Property Management

The Fictitious Business Name State-

ment was filed on November 9,

2012, in the County of San Diego. 1380 Garnet Ave #E301, San Diego, CA,

This business is abandoned by:

1. Tiger Claw II LLC 3500 S. Dupont Hwy,

THIS STATEMENT WAS FILED WITH THE

COUNTY CLERK-RECORDER OF SAN

DIEGO COUNTY ON May 1, 2014 East County Gazette GIE 030790

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-010226

FICTITIOUS BUSINESS NAME(S): Urban

Located at: 7926 Winter View Ct. El Caion.

This business is conducted by: A General

This business is hereby registered by the

following: 1.Bassam Elias 7926 Winter View

Ct, El Cajon, CA, 92021 2.Badir Elias 7926

This statement was filed with Recorder/County

Clerk of San Diego County on April 10, 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-009893 FICTITIOUS BUSINESS NAME(S): Already

Located at: 22348 Japatul Lane, Alpine

This business is conducted by: A Married

following: 1.Arron James Rivenburgh 22348

Japatul Lane, Alpine, CA, 91901 2.Stephenie Lynn Rivenburgh 22348 Japatul Lane, Alpine,

Clerk of San Diego County on April 08, 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-011613

FICTITIOUS BUSINESS NAME(S): San Diego

Located at: 215 Denny Way #C, El Cajon,

This business is conducted by: A Married

This business is hereby registered by the fol-lowing: 1.David J. Arce 8726 Granite House

Lane, Santee, CA, 92071 2. Sandy Arce 8726

Clerk of San Diego County on April 24, 2014

East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

Granite House Lane, Santee, CA, 92071 This statement was filed with Recorder/County

The business has not yet started

ement was filed with Recorder/County

East County Gazette- GIE030790 4/17, 4/24, 5/1, 5/8 2014

The first day of business was: 1/17/2014 This business is hereby registered by

East County Gazette- GIE030790

4/17, 4/24, 5/1, 5/8 2014

The business has not yet started

Winter View Ct. El Caion, CA. 92021

5/8, 5/15, 5/22, 5/29 2014

92109

Cab

CA 92021

Partnership

There Handyman

CA. 91901

CA. 91901

Cylinder Heads

CA, 92020

Couple

This state

Couple

Dover, DE, 19901.

East County Gazette GIE 030790

5/8, 5/15, 5/22, 5/29 2014

DIEGO COUNTY ON April 29, 2014

name: T&B White Associates

ORDER TO SHOW CAUSE FOR

CHANGE OF NAME CASE NO.37-2014-00012276-CU-PT-CTL

IN THE MATTER OF THE APPLICATION

OF ANGEL NAZAR SHLEMOON & ADDAI NAZAR SHLEMOON & ALEXANDER NAZAR

PETITIONER: NAZAR NANO & SAFANA

JEBOU ON BEHALF OF MINORS FOR

TO' ANGEL NAZAB NANO

FROM: ADDAI NAZAR SHLEMOON

TO: ADDAI NAZAR NANO

FROM: ALEXANDER NAZAR SHI EMOON

TO: ALEXANDER NAZAR NANO

THE COURT ORDERS that all persons inter-

ested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA,

COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330

WEST BROADWAY, SAN DIEGO, CA, 92101

on JUNE 06, 2014 at 8:30 a.m. IN DEPT

C-46) to show cause, if any, why the petition

for change of name should not be granted.

Any person objecting to the name changes

described above must file a written objection

that includes the reasons for the objection

at least two court days before the matter is

scheduled to be heard and must appear at

the hearing to show cause why the petition

should not be granted. If no written objection

is timely filed, the court may grant the petition

without a hearing. IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of

general circulation published in this county, at least once a week for four successive weeks

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2014-00011999-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF

JOOD HISHAM ALL FOR CHANGE OF NAME

PETITIONER: HISHAM HUSSIAN & ZAINAB

ABBAS ON BEHALF OF MINOR FOR

FROM: JOOD HISHAM ALI

TO: JOOD HISHAM AL-SHAIKHLI

THE COURT ORDERS that all persons inter-ested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA,

COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330

WEST BROADWAY, SAN DIEGO, CA, 92101

on JUNE 06, 2014 at 8:30 a.m. IN DEPT

64) to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes

described above must file a written objection that includes the reasons for the objection

at least two court days before the matter is

scheduled to be heard and must appear at

the hearing to show cause why the petition

should not be granted. If no written objection is timely filed, the court may grant the petition

IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published

in the East County Gazette, a newspaper of

general circulation published in this county, at

least once a week for four successive weeks

THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON

FICTITIOUS BUSINESS NAME

STATEMENTNO. 2014-011880 FICTITIOUS BUSINESS NAME(S): White

Located at: 3518 46th Street, San Diego,

This business is conducted by: A Limited

This business is hereby registered by the fol-lowing: 1.White Gorilla Media, LLC 3518 46<sup>th</sup>

street, San Diego, CA, 92105 This statement was filed with Recorder/County

Clerk of San Diego County on April 28, 2014

East County Gazette- GIE030790 5/1, 5/8, 5/15, 5/22 2014

The first day of business was: 9/08/2010

East County Gazette - GIE030790

5/1, 5/8, 5/15, 5/22 2014

prior to the day of the hearing

without a hearing.

APRIL 18, 2014.

Gorilla Media

CA, 92105

Liability Company

East County Gazette – GIE030790 5/1, 5/8, 5/15, 5/22 2014

prior to the day of the hearing.

APRII 22 2014

CHANGES OF NAME

CHANGES OF NAME FROM: ANGEL NAZAR SHLEMOON

SHI FMOON FOR CHANGE OF NAME

MAY 8, 2014

### – LEGAL NOTICES –

NOTICE OF TRUSTEE'S SALE TS No. CA-13-604484-JP Order No.: 130303186-CA-MALYOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/7/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROP ERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER A public auction sale to the highest bidder for cash, cashier's check drawn on a state or na tional bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or sav ings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the re-maining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust. interest thereon, fees, charges and nses of the Trustee for the total amo (at the time of the initial publication of the No tice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): HECTOR SALDANA AND LOURDES SALDANA, HUSBAND AND WIFE, AS COMMUNITY PROPERTY Recorded: 9/13/2006 as Instrument No. 2006 0653088 of Official Records in the office of the Recorder of SAN DIEGO County, Cali fornia: Date of Sale: 5/15/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, FL Caion, CA 92020 Amount of unpaid balance and other charges: \$601,681.88 The purported property address is: 518 ROSELLE AVENUE, EL CAJON, CA 92021 Assessor's Parcel No.: 489-111-04-00 NO-TICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, prior-ity, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if appli-cable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www. qualityloan.com , using the file number assigned to this foreclosure by the Trustee: CA-13-604484-JP . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postpone ment information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first pub-lication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive rem-edy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse

against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previ ously been discharged through bankruptcy you may have been released of personal li ability for this loan in which case this letter is ided to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obli-gations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COL LECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PUR-POSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to http://www.gualityloan.com Reinstate Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-604484-JP IDSPub #0064711 4/24/2014 5/1/2014 5/8/2014

Trustee Sale No. 127633-11 Loan No. 884349 Title Order No. 13-07188-DF APN 511-490-11-00 TBA No. NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/25/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 05/15/2014 at 10:00 AM MORTGAGE LENDER SERVICES, INC. as the duly appointed Trustee under and pursuant to Deed of Trust recorded on 04/02/2008 as Document No. 2008-0171195 of official records in the Office of the Becorder of San Diego County, California, executed by: MARIAN L. CAMPBELL, AS TRUSTEE OR THE SUC-CESSOR TRUSTEES UNDER THE MARIAN L. CAMPBELL TRUST DATED 01/02/2001, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) at the entrance to the East County Regional Center by statue 250 E Main Street El Caion CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: Lot 41 of Garden Village Unit No. 1, according to Map No. 5078, filed in the office of the County Recorder November 13, 1962. The property heretofore described is being sold "as is". The street ad-dress and other common designation, if any, of the real property described above is purported to be: 793 ELLEN LANE, EL CAJON, CA 92019. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$310,634.23 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence,

exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage of deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpor ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 or visit this Internet Web site <u>www.priorityposting</u>. <u>com</u>, using the file number assigned to this case 127633-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on he Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: April 15, 2014 MORTGAGE LENDER SERVICES, INC. 81 Blue Ravine Road, Suite 100 Folsom. CA 95630 (916) 962-3453 Sale Information Line: (714) 573-1965 or www.priorityposting. com Tara Campbell, Sr. Trustee Sale Officer MORTGAGE LENDER SERVICES, INC. MAY BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, P1090940 4/24, 5/1, 05/08/2014

priority, and size of outstanding liens that may

Trustee Sale No. 14434 Loan No. Title Order No. 95507478 APN 612-140-47-00 TRA No. 91051 NO-TICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCU-MENT ATTACHED\* 注 : 本文件包 含一个信息摘要 참고사항: 본 첨부문 서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCU-MENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKU-MENTONG ITO NA NAKALAKIP LIU Ý: KÈM THEO ĐÂY LÀ BIN TRÌNH BÀY TÓM LINC VI THÔNG TIN TRONG TÀI LINU NÀY \*PURSU-ANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/16/2008. UN-LESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PRO-CEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 05/22/2014 at 10:00AM, ACTION FORECLOSURE SERVICES, INC A CALIFORNIA CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust Re-corded on June 5, 2008 as document #2008-0303597 of official records in the Office of the Recorder of San Diego County, California, executed by: ENDERS ADVENTURES INC A CALIFORNIA CORPORATION, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BID-DER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA, all right. now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: LOTS 9, 10 AND

12 IN BLOCK 6, OF WITCHER'S WHITE STAR SUBDIVISION, IN THE COUNTY OF SAN DIEGO STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 2198, FILED IN THE OFFICE OF THE COUNTY RE-CORDER OF SAN DIEGO COUNTY ON APRIL 27, 1932. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 2134 DOROTHY AVENUE, BOULEVARD, CA 91905. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, posses-sion, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$54,989.13 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO PO-TENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paving off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (619) 704-1090 or visit this Internet Web site www. priorityposting.com, using the file number assigned to this case 14434. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale 4/24/14 ACTION FORECLOSURE SERVICES, INC, 7839 UNIVERSITY AVENUE SUITE 211 LA MESA, CA 91942 (619) 704-1090 Sale Information Line: (714)573-1965 or www.pri-orityposting.com JAMES M ALLEN, JR., CHIEF FINANCIAL OFFICER P1092188 5/1, 5/8, 05/15/2014

NOTICE OF TRUSTEE'S SALE TS No. CA 12-507969-CT Order No.: 1161507 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/2/2005. UNLESS YOU TAKE AC TION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or na tional bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and au thorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, posses sion, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances under the terms of the Deed of Trust, inter est thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): ROBERT C. WELLES, JR., AN UNMARRIED MAN Recorded: 8/10/2005 as Instrument No. 2005-0680867 of Officia Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 5/22/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$383,954.57 The purported property address is: 359 LACRESTA HEIGHTS ROAD EL CAJON, CA 92021 Assessor's Parcel No. 401-110-81-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary. trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone ments be made available to you and to the public, as a courtesy to those not present a the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or vis-it this Internet Web site http://www.qualityloan. com , using the file number assigned to this foreclosure by the Trustee: CA-12-507969-CT . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Truste disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street ad dress or other common designation is shown directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and ex clusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If

you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR AT-TEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan. com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-12-507969-CT IDSPub #0065268 5/1/2014 5/8/2014 5/15/2014

#### STATE OF CALIFORNIA COUNTY OF SAN DIEGO In re:

#### The Aston Living Trust BY: Lura Lee Aston, Decedent NOTICE TO CREDITORS (PROB C \$19050)

CASE #: NONE Notice is hereby given to the credi- tors and contingent creditors of the above-named decedent that all persons having claims against the decedent are required to mail or deliver a copy to Robert A. Aston, trustee of the Aston Living Trust 2001 Trust dated January 25, 2001, of which the Decedent was the Trustor, at 11355 Posthill Rd. Lakeside, CA 92040, within the later of 4 months after date of first publica- tion of notice to creditors or, if notice is mailed or personally deliv- ered to you, 60 days after the date of this notice is mailed or person- ally delivered to you, or you must

#### es. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.

petition to file a late claim as pro-vided in

Probate Code §19103. A claim form may be obtained from the court clerk, Probate Servic-

Date: Trustee Robert A. Aston 11355 Posthill Rd. Lakeside, CA 92040 (619)894-0409 Pub. Jan 28, 29, Feb 4 -00117723

> East County Gazette -GIE030790 4/24, 5/1, 5/8 2014

#### NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY Notice is herby given that the undersigned

will sell, to satisfy lien of the owner, at public sale by competitive bidding on (May 15th 2014) at (9:30a.m.) at the Benedict Ave Storage Site Name Benedict Ave Stoarge Site Address: 847 Benedict Ave. El Cajon. CA. 92020 Site Phone # 619-440-2375 The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes and appliances List Tenant names here) Edward Bone Rhonda Lee, Rebecca LaChappa, Ernie Talmanglo, Kenneth Peck, Timothy Hill, Ryan Bramley, Farouk Haddad, Patrick Davis. Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Benedict Ave Storage refuses the right to bid. Sale is subject to adjournment. Bond#142295787

East County Gazette GIE030790 May 1, 8 2014

Need to run a Fictitious Business Name Statement? Name Change? Summons? We have the best prices in town! Call us today! <sup>(619)</sup> 444-5774 APN: 492-031-13-00 TS No: CA08002283-13-

NOTICE OF PETITION

TO ADMINISTER ESTATE OF

JUNE ANNETTE BERRING CASE NO. 37-2014-00008899

BOA #: 10

(IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent

creditors, and persons who may otherwise be interested in the will or estate, or both, of:

JUNE ANNETTE BERRING, JUNE A. BER-

RING, JUNE BERRING A Petition for Probate has been filed by KARLA

C. MORRIS in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that KARLA

C. MORRIS be appointed as personal rep-resentative to administer the estate of the

The Petition requests authority to administer

the estate under the Independent Administra-

tion of Estates Act. (This authority will allow the personal representative to take many actions

without obtaining court approval. Before taking

certain very important actions, however, the personal representative will be required to give

notice to interested persons unless they have

waived notice or consented to the proposed

action.) The independent administration

authority will be granted unless an interested person files an objection to the petition and

shows good cause why the court should not

grant the authority. A hearing on the petition will be held in this

court on 06/05/2014 at 1:30 PM in Dept. PC-2

located at 1409 4th Avenue, San Diego, CA

92101-3105 Central Division/Madge Bradley

If you object to the granting of the petition, you

should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance

may be in person or by your attorney. If you are a creditor or a contingent creditor

of the decedent, you must file your claim with

the court and mail a copy to the personal rep-

resentative appointed by the court within the

later of either (1) four months from the date of first issuance of letters to a general personal

representative, as defined in section 58(b) of

the California Probate Code, or (2) 60 days

from the date of mailing or personal delivery

to you of a notice under section 9052 of the

Other California statutes and legal authority

may affect your rights as a creditor. You may want to consult with an attorney knowledge-

You may examine the file kept by the court. If you are a person interested in the estate, you

may file with the court a Request for Special

Notice (form DE-154) of the filing of an inven-

tory and appraisal of estate assets or of any

petition or account as provided in Probate Code section 1250. A Request for Special

Notice form is available from the court clerk.

Attorney for Petitioner: Rosemary Meagher-Leonard, SBN: 93436, 4456 Florida Street,

San Diego, CA 92116, Telephone: (619) 295-8705 5/8, 5/15, 5/22/14

lifornia Probate Code.

able in California law.

CNS-2619593#

EAST COUNTY GAZETTE

decedent.

Building.

### **LEGAL NOTICES**

Be: Creditor Association: JAMACHA GREENS HOMEOWNERS ASSOCIATION

Property Owner(s):LARRY DEAN BRATTON Property Address: 917 AMISTAD COURT, UNIT #B. EL CAJON, CA 92019

Mailing Address 3364 S. MEADOW VIEW LANE, (if different) WASHINGTON, UT 84780-4904 MASSIE BERMAN, APC IS ACTING IN THE FUNCTION OF A DEBT COLLECTOR ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE

NOTICE OF TRUSTEES SALE OF REAL PROPERTY YOU ARE IN DEFAULT UNDER A NOTICE OF ASSESSMENT LIEN (CIVIL CODE SEC-TION 1367) DATED APRIL 3, 2013. UN-LESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLA-NATION OF THE NATURE OF THE PRO-CEEDING AGAINST YOU, YOU SHOULD CONSULT A LAWYER.

NOTICE IS HEREBY GIVEN that at 9:00 a.m. on Friday, May 23, 2014, on the public sidewalk in front of the offices of MASSIE BERMAN, 3588 4th Avenue, San Diego, California 92103. MASSIE BERMAN as Trustee. or Successor Trustee or Substituted Trustee of that certain Notice of Delinquent Assessment/Lien (Civil Code Section 1367) which was caused to be recorded by JAMACHA GREENS HOMEOWNERS ASSOCIATION, ("Creditor Association") pursuant to the au-thority of Civil Code Section 1367 in order to secure obligations in favor of the Creditor Association, which was recorded on APRIL 3, 2013, as Instrument No. 2013-0209928 of Official Records in the Office of the Recorder of San Diego County, California, and pursuant to that certain Notice of Default and Elec tion to Sell recorded on OCTOBER 25, 2013. as Instrument No. 2013-0639186 of Official Records of said County, will sell at public auction, under the power of sale conferred by Civil Code Section 1367, to the highest bidder for cash in lawful money of the United States of America, on the public sidewalk in front of the offices of Massie Berman. APC 3588 4th Avenue, Suite 200, San Diego, CA, 92103, County of San Diego, State of California, all that right, title and interest in the prop-erty situated in said County and State which is legally described in the legal description attached hereto as Exhibit "A." Street address or other common designation

of Property to be sold: 917 Amistad Court. Unit #B, El Cajon, CA 92019 Name and address of Creditor Association at

whose request the sale is being conducted: JAMACHA GREENS HOMEOWNERS

ASSOCIATION c/o Massie Berman, APC 3588 Fourth Avenue, Suite 200 San Diego, California 92103

(619) 260-9010 During regular business hours current sale

information may be obtained by calling (619) 260-9010. The status of a sale can be obtained during non-business hours at either: www.massieberman.com or by calling

(619) 260-9010 x.4. Directions to and a detailed description of the above-entitled real property may be obtained by requesting the same in writing to the above-named beneficiary ("Creditor As-sociation") within ten (10) days from the first publication of this notice. Said sale will be made without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the unpaid balance currently due and owing under the aforesaid Notice of Delinguent Assessment and/or late fees, costs of collection (including attorneys fee), and interest, which said Owner is obli-

gated to pay Creditor Association under Civil Code Section 1366, and fees, charges, and expenses of the Trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, vou should understand that there are risks volved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are en-couraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company,

either of which may charge you a fee for this

information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or

deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the telephone number for information regarding the trustee's sale. using the file number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to at tend the scheduled sale. The total amount of the unpaid balance of the obligation secured by the Property to be sold and reasonable estimated costs, expenses and advances at the time of initial publication of the Notice of Sale is \$8,416.48 for the delinquent assessments,

A NON JUDICIAL FORECLOSURE BY AN ASSOCIATION TO COLLECT UPON AN ASSOCIATION TO COLLECT OPON A DEBT FOR DELINQUENT ASSESS-MENT SHALL BE SUBJECT TO A RIGHT OF REDEMPTION. THE REDEMPTION PERIOD WITHIN WHICH THE SEPARATE INTEREST MAY BE REDEEMED FROM A FORDOLOUDE ON LINDERD FOR MA FORECLOSURE SALE UNDER THIS PARA GRAPH ENDS 90 DAYS AFTER THE SALE IN ADDITION TO THE REQUIREMENTS OF SECTION 2924(f), A NOTICE OF SALE IN CONNECTION WITH AN ASSOCIATION'S FORECLOSURE OF A SEPARATE INTER-EST IN A COMMON INTEREST DEVELOP-MENT SHALL INCLUDE A STATEMENT THAT THE PROPERTY IS BEING SOLD SUBJECT TO THE RIGHT OF REDEMP-TION CREATED IN THIS PARAGRAPH.

> East County Gazette-GIE030790 4/24 5/1 5/8 2014

### **Need to run a Fictitious Business** Name **Statement?** Name **Change? Summons**? We have the best prices in town! **Call us**

today! (619) 444-5774

1 TO No: 1568589 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED January 5, 2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLA-NATION OF THE NATURE OF THE PRO-CEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On June 23, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on January 14, 2009 as Instrument No. 2009-0017853 of official records in the Office of the Recorder of San Diego County, California, executed by JERRY WAYNE MOREY, AND JOANNE DENISE MOREY, HUSBAND AND WIFE AS JOINT TENANTS. as Trustor(s), in favor of MORTGAGE ELEC-TRONIC REGISTRATION SYSTEMS, INC. as nominee for COUNTRYWIDE BANK, FSB as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said Sounty, California describing the land therein as: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF EXHIBIT "A" THE WEST 60 FEET OF THE EAST 210 FEET OF THE NORTHERLY 130 FEET OF LOT 10 IN BLOCK 2 OF THE SUBDIVISION OF TRACTS E & F OF RANCHO EL CAJON, ACCORDING TO MAP THEREOF NO. 750, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, MAY 6, 1873. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 625 W WASHINGTON AVE, EL CAJON, CA 92020-4929 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$296,941.97 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstand-ing liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you

consult either of these resources, you should

be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The ale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08002283-13-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: May 1, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA08002283-13-1 17100 Gillette Ave Irvine. CA 92614 949-252-8300 Amy Lemus, Autho-rized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.prioritypost

ing.com FOR AUTOMATED SALES INFOR-MATION PLEASE CALL: Priority Posting and Publishing at 714-573-1965 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE P1093026 5/8 5/15 05/22/2014

#### NOTICE TO CREDITORS OF BULK SALE (Secs. 6104, 6105 U.C.C.)

Escrow No. 138682P-CG NOTICE IS HEREBY GIVEN that a bulk sale is about to be made of the assets described below. The name(s) and business address(es) of the seller(s) isare Azhar Hamama and Mark Naim Hamam 8909 Winter Gardens Blvd., Lakeside, CA

92040 Doing business as: Lakeside Discount Liquor & Market

All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: None The location in California of the chief execu-tive office of the seller(s) is: Same as above The name(s) and business address of the buyer(s) is/are:

Shaoka Inc., a California Corporation, 8909 Winter Gardens Blvd., Lakeside, CA 92040 The assets being sold are general described as: BUSINESS, TRADE NAME, GOOD-WILL, COVENANT NOT TO COMPETE, LEASEHOLD INTEREST, LEASEHOLD IMPROVEMENTS, FURNITURE, FIXTURES EQUIPMENT, AND INVENTORY OF STOCK IN TRADE and are located at: "I akeside Discount Liquor & Market" 8909 Winter Gardens Blvd., Lakeside, CA 92040

The bulk sale is intended to be consummated at the office of: Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard, San Diego, CA 92115-4695 and the anticipated sale date is 5/27/14.

This bulk sale is not subject to California Uniform Commercial Code Section 6106.2, but rather to Section 24074 of the Business and Professions Code. The name and address of the person

with whom claims may be filed is: Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard, San Diego, CA 92115-4695, and the last date for filing claims by any creditor shall be 5/23/14, which is the business day before the anticipated sale date specified above. Dated: 4/24/14 Buyer's Signature

Shaoka Inc., a California Corporation By: /s/ Mufeed Yousif, President/Secretary By: /s/ Wassim Alisha, Vice president 5/8/14 CNS-2618036#

EAST COUNTY GAZETTE Need to run a Fictitious **Business Name** Statement?

**Summons**? We have the best prices in town! Call us today! (619) 444-5774

Name Change?

#### NOTICE OF PETITION TO ADMINISTER ESTATE OF JANE ROEBUCK COMBS, AKA JANE R. COMBS CASE NO. 37-2014-00012926-PR-PL-CTL

ROA #: 1 (IMAGED FILE)

To all heirs, beneficiaries, creditors, con-tingent creditors, and persons who may otherwise be interested in the will or estate or both, of: JANE ROEBUCK COMBS, AKA JANE R. COMBS

A Petition for Probate has been filed by JANA COMBS BOWLES in the Superior Court of California, County of SAN DIEGO. The Petition for Probate requests that CLAUDIA POWELL be appointed as personal

representative to administer the estate of the decedent. The Petition requests the decedent's will and

codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this

court on 06/03/2014 at 11:00 am in Dept. PC-1 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building. If you object to the granting of the petition, you

should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor

of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledge able in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Timothy G. Riley/ Hughes & Pizzuto, APC, 401 B Street, Suite 2400, San Diego, CA 92101, Telephone (619) 239-1211 5/8, 5/15, 5/22/14 CNS-2618823#

EAST COUNTY GAZETTE

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

IN THE MATTER OF THE APPLICATION OF EVEN SHELIK FOR CHANGE OF NAME PETITIONER: WASSIM POLIS & RANA HERMEZ ON BEHALF OF MINOR FOR CHANGES OF NAME

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on JUNE 06, 2014 at 8:30 a.m. IN DEPT. C-46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 22, 2014.

East County Gazette - GIE030790 5/1, 5/8, 5/15, 5/22 2014

CASE NO.37-2014-00012318-CU-PT-CTL

FROM: EVEN SHELIK

TO: EVEN POLIS

#### GAZETTE

#### PAGE 17

### **LEGAL NOTICES**

NOTICE OF PETITION TO ADMINISTE ESTATE OF PRENTICE WAYNE THOMAS CASE NO. 37-2014-00010933-PR-LA-CTL

#### ROA #: 1 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: PRENTICE WAYNE THOMAS. PRENTICE

W. THOMAS, PRENTICE THOMAS A Petition for Probate has been filed by JO-ANNA WHITSON-THOMAS in the Superio Court of California, County of SAN DIEGO The Petition for Probate requests that JO ANNA WHITSON-THOMAS be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval Before taking certain very important actions however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 05/22/2014 at 1:30 PM in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance

may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledge able in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Rosemary Meagher-Leonard SBN: 93436, 4456 Florida Street, San Diego, CA 92116, Telephone: (619) 295-8705 5/1, 5/8, 5/15/14

CNS-2617155# EAST COUNTY GAZETTE

#### NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID ALBERT LOGAN, AKA DAVID A. LOGAN, AND AS DAVID LOGAN CASE NO. 37-2014-00012175-PR-PW-CTL

ROA #: 1 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DAVID ALBERT LOGAN, AKA DAVID A. LOGAN, AND AS DAVID LOGAN A Petition for Probate has been filed by MARIE SEAGREN HAYES in the Superior Court of

California, County of SAN DIEGO. The Petition for Probate requests that MARIE SEAGREN HAYES be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 05/29/2014 at 01:30 pm in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledge able in California law. You may examine the file kept by the court. If

you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Gerald S. Mulder & Brian Cochran, 8550 La Mesa Blvd, La Mesa CA 91942-9558, Telephone: (619) 461-5000 5/1, 5/8, 5/15/14 CNS-2615089# EAST COUNTY GAZETTE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00012884-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF OLGA SACHENKOVA FOR CHANGE OF NAME

PETITIONER: OLGA SACHENKOVA FOR CHANGE OF NAME

FROM: OLGA SACHENKOVA TO: ELAREA T. KAVELL

THE COURT ORDERS that all persons inter-ested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on JUNE 13, 2014 at 8:30 a.m. IN DEPT. C-46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 25, 2014 East County Gazette - GIE030790

5/8, 5/15, 5/22, 5/29 2014



Lawn mowers out.... goats in. These goats have been traveling East County keeping vegetation down before the fire season. Photo credit: Diana Saenger

#### **CREST/DEHESA/GRANITE HILLS/HARBISON CANYON** SUBREGIONAL PLANNING GROUP P. O. Box 21489, El Cajon, CA 92021-1489

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#### REVISED **PRELIMINARY AGENDA/PUBLIC NOTICE**

DATE: Monday, May 12, 2014, TIME: 7 p.m.

PLACE: DEHESA SCHOOL LIBRARY 4612 Dehesa Road, El Cajon California

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. APPROVAL OF MINUTES for the meeting of April 14, 2014
- E. PUBLIC COMMUNICATION: An opportunity for members of the public and Planning Group to speak on items within the jurisdiction of the Planning Group and not on the Agenda. Time limit 3 minutes; no discussion, no vote.
- F. ACTION ITEMS
  - 1. Presentation of conceptual project at Dehesa Road and Granite Hills Road - no action
  - Discussion and presentation to prioritize maintenance projects and roadway improvement in Plan Area.

#### G. GROUP BUSINESS

- 1. Announcements and correspondence received.
  - Distribution of material reference Viejas expansion of hotel.
  - b. Presentation by Sycuan representative. (Cody Martinez)
- 2. Expense reimbursement request
- a. None
- Subcommittee reports.
- a. None
- Meeting update: May 9, 2014 4
- DEHESA SCHOOL, 4612 Dehesa Road, El Cajon, 92019

NonePlanning Group Members

Tioner famming Group Members						
Crest:	1. Judy Bowen	2. Pat Ulm	<ol> <li>Ralph Slagill</li> </ol>	<ol> <li>Karla Caroll</li> </ol>		
Dehesa:	5. Lorraine Walls	<ol><li>Herb Krickhahn</li></ol>	7. Wally Riggs	8. Bill Bretz		
Harbison Cyn.	9. Mary Manning	10. Jack Vandover	11. Jason Harris	12. Jeff Myrick		
Granite Hills	13. Phil Hertel	14. Bryan Underwood	15. Vacant			
		•				
Final agenda will be posted at Crest Community Associaton, 72 hours prior to meeting.						
Chairman	Vice-chairman					

Wally Riggs Jason Harris (619) 442-4612 (619) 659-9675 harris@nautilus.com wrplanning@aol.com

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PAGE 18

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#### www.eastcountygazette.com 1130 Broadway, El Cajon, CA 92021

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2. Has a own reliable transportation with valid drivers license, along with a clean driving record. No DUI's will be excepted! Must provide driving record from dmv at your expense. 3. Able to drive stick shift.

5. Able to meet for a FACE TO FACE interview in ALPINE after we have contacted you.

6. Shop location is in ALPINE where you will drive to everyday there is work!!

Contact us at 619-722-1773 to set up interview time & day. Please forward your RESUME with work experience timelines & 3 references to Michelle@

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Do you want to sell your art, iewelry, or other items??? The PTA is selling rental spaces to local vendors for \$15. If you have any questions or would like to reserve a rental space, please call Kresta @ 619-473-1078 or email us at pydescanso@yahoo.com. Thanks to fundraisers such as this one, the PTA is able to fund assemblies, field trips, classroom supplies, playground equipment, an Art Docent Program, running club, school dances and much more for

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#### Pet of the Week



"Hi there! My name is VIRGIL, and I'm an alert and lively **Miniature Pinscher** (a "Min Pin") with personality to spare. I'm eight years old and full of spirit. I really enjoy my daily walks, and I like to snuggle with somebody that

loves me. If you've got a lap, then I'm there. It takes a little while for me to get to know a new person, but once I develop that trust, I will be your devoted pal for life. I get along nicely with other dogs, and I'd do best in an adult home. You'll be pleased to know that I've been house trained, and you'll also be happy to hear that as a "Super Senior" MY ADOPTION FEE IS JUST \$30. My adoption fee includes my microchip, plus I've already been neutered and I'm up-to-date on my shots. That's a pretty good bargain for a special little guy like me! I sure hope you'll come visit me soon at the El Cajon Animal Shelter so we can spend some time getting better acquainted in the shelter's nice play yard. Just ask one of our helpful staff. I'll be waiting for you, so please come soon. Love, Virgil" Kennel #32

## Give a pet a forever-home — Stop by the El Cajon Animal Shelter



Brandon. 6-year-old Lhasa Apso mix male. Kennel #53.

Lambert, 5-and-1/2-year-old

Boxer male. Kennel #49



Mickey, 5-1/2-years-old red & white Domestic Shorthair. Kennel #125.



Luke, 1-year-old Pit Bull Boxer mix, Male Kennel #62



Dottie, 1-1/2-year-old Cattle Dog/Pit Bull mix female. Kennel #23.

The El Caion Animal Shelter is located at 1275 N. Marshall. El Cajon, (619) 441-1580. **Hours are Tuesday** through Saturday 10 a.m. to 5 p.m.



**Bobbie. 6-vear-old Boxer** female. Kennel #50.

and and and

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