



and support the advertisers who make this possible!



SUBSCRIBE TODAY! CALL (619) 444-5774



VOLUME 15 NUMBER 46

Gazette Newspaper Group, LOCAL, STATE AND NATIONAL AWARD WINNING PUBLICATIONS, proudly serves El Cajon, Rancho San Diego, La Mesa, Spring Valley, Lemon Grove, Ramona, Santee, Lakeside, Alpine, Jamul and the Back Country

APRIL 10-16, 2014



Meet Ruby and her friends on page 19 **INSIDE THIS ISSUE** Local2-5

Inspiration6 Health7 Calendar8 Entertainment ... 9-11 Kid's Page 12 **Puzzles 13** Legals..... 14-17 Classifieds 18

What's new in the theaters?

Ready to go to the movie theater but not sure what to see?

Check out the review on 'Captain America' on page 10

and





"Goodbye World" on page 9

by Diana Saenger

Get the latest scoop on new movies right here in the Gazette!



Viejas Casino and Resort opened what is believed to be the first-ever bingo hall in a shopping mall. The new Viejas Bingo opened with a ribbon cutting and sneak peak at the new facilities, at the east end of the Viejas Outlets, for invited guests on Friday, April 4. To read full story, see page 11. Pictured above: Ribbon cutting, crowd gathering in line for bingo, Chris Kelly General Manager, Anthony Pico - Tribal Chairman, Mother Goose with Robert Scheid - Vice President of Community & Public Relations. Photo credits: Debbie Norman

KICK START YOUR BUSINESS!

We will work with your budget....

Call us and see how easy and affordable it can be!

(619) **444-5774**





MC. Amex & Discover

The Comic Book Store

(Serving El Cajon and East County)

Open Tuesday - Saturday 11:00 a.m. to 6:00 p.m.

\$2.00 OFF on any \$5.00

Purchase (This coupon expires April 17, 2014) (limit 1 per day; <u>no other discounts apply</u>)

1081 Broadway, El Cajon, CA 92021 We accept Visa, 619-966-9030 karl@the comic bookstore.sdcox mail.com



Local News & Events

Lakeside: Where the West is still alive Lakeside's Roundup



Clubs like 'Hole in the Wall Gang' and 'Alpine Outlaws' reenact the old west era. Photo credit: Debbie Norman

oin the Lakeside Chamber of Commerce for the 49th Annual Lakeside Western Days Parade on Saturday, April 26 at 9:35 a.m. along Woodside and Maine. This year's parade theme is Lakeside: Where the West is Still Alive and celebrates the Lakeside Rodeo's 50th anniversary. For more information about the parade or the Chamber, please visit www. lakesidechamber.org.

This year's parade Grand Marshal is the El Capitan Stadium Association, for 50 years of organizing the Lakeside rodeo. The Association selected long-time volunteer Don Hickle to be its representative in the parade. Hickle has been an active member of the Lakeside community for the past 38

uears. He began in 1976 bu joining Toyon 4-H, the El Capitan Stadium/Lakeside Rodeo Association and the Lakeside Optimist Club. He continues to be an active member in both the Optimist and Stadium Association groups today. Some of his other achievements include Scout Master of Lakeside's Troop 45 and four years as president of the Lakeside Chamber of Commerce. He was recently awarded "2013 Good Scout of the Year" by the Boy Scouts of America, San Diego-Imperial Council.

"The Chamber is thrilled to be hosting its 49th Annual Western Days Parade," said Kathy Kassel, executive director, Lakeside Chamber of Commerce. "And we are honored to celebrate the Lakeside

Rodeo's 50th anniversary! The West is truly still alive in Lakeside and I hope that everyone will join us for this wonderful, fun, family-friendly tradition of the Western Days Parade."

The parade will be filled with a wide variety of antique and classic cars, bands and entertainment from local schools, floats representing local businesses and organizations, clowns and of course – cowboys and cowgirls!

"Grab your lawn chair, a water bottle and your cowboy hat, find a location on Woodside or Maine Avenue and enjoy the sights and sounds of Lakeside. Get there early for best viewing spots!" added Kassel.

The 49th Annual Lakeside Western Days Parade is

sponsored by Patriot General Engineering, SDG&E, Sentry Property Management Corp and Hertz Insurance Agency, Inc. The Chamber anticipates a large crowd at the parade. Streets surrounding the parade route will be closed one hour prior to the start of the parade.

Founded in 1951, the Lakeside Chamber of Commerce is organized for the purpose of developing, promoting and protecting the commercial, industrial, professional, agricultural and civic interests of Lakeside and its surrounding areas. For more information on becoming a member, go to www.lakesidechamber. org, "like" us on Facebook at https://www.facebook.com/ pages/Lakeside-Chamberof-Commerce/85001421679 or follow us on Twitter @ lakesidechamber.



'Granny' protects the stagecoach through the Lakeside Parade.

Photo credit: Debbie Norman









Senator Joel Anderson (front row center) and his wife, Kate (second row with sunglasses) joined John Zawis, Habitat for Humanity (back row left) and "Team Anderson" volunteers.

by Patt Bixby

Senator Joel Anderson and staff work at Habitat for Humanity during volunteer month

Senator Joel Anderson, his wife Kate, Staff members along with volunteers from Habitat for Humanity spent Saturday April 5 working on the Habitat Humanity Lakeside Community Project "Building for the Brave." The four homes located on the corner of Lakeshore Dr. and Channel Rd. will all be ADA compliant. Each home will have special needs bathrooms downstairs along with the master bedroom, upstairs there will be two bedrooms.

Volunteers from "Team Anderson" worked throughout the four homes with a number of them including the Senator cutting and placing pavers for the patio. The ten volunteers along with the Habitat for Humanity foreman and long time volunteer John Zawis worked from 8:30 a.m. to 3:30 p.m.

Senator Anderson said "They put their lives on the line for our country" and he wants to give back to the Veterans who gave so much for our country.

Veterans are going through a selection process now, income, the ability to payback the 0% loan are some of the criteria being looked at for the selection.

The Lakeside project began in June 2013, by September volunteers were coming and a May 31 2014 has been set for a dedication.



Lakeside Library Art and Poetry Festival Lakeside family enjoys the day at the Lakeside Library Art and Poetry Festival, Kevin Roche holding Angelina and David Roche. Photo credits: Patt Bixby



BUSINESS & PROFESSIONAL DIRECTORY

It's always best to know who you're dealing with — these local people are your neighbors — they're always here to help you!









CHAPTER 7 & 13 BANKRUPTCY

✓ DEBT NEGOTIATION ✓ FREE CONSULTATIONS

Law Offices of Adam B. Arnold 2552 Fletcher Pkwy #A, El Cajon. CA 92020

619-599-3303

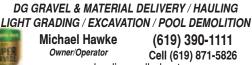
www.ababkfirm.com



M&M BOBCAT SERVICE

12 YARD DUMP TRUCK - S160 BOBCAT

500 LB. CONCRETE BREAKER



Cell (619) 871-5826 www.mmhaulingandbobcat.com





WORK GUARANTEED!

STAMP. COLORED OR STANDARD **DRIVEWAYS & PATIOS**

32 years experience — Licensed Call Ray Tatlock

(619) 447-1497 www.drivewayspecialist.net VISA/MASTERCARD ACCEPTED



BBB.



- Water Leaks
- Water Heaters
- Gas Lines

Liability Insured

Free Estimates

License #832949

- Drain & Sewer Cleaning
- Garbage Disposals
- Hydro Jetting
- Sewer Camera Inspection
 Water and Drain Repipes

(619) 569-3808 Lic #971234

Over 17 Years

in **East County**

Ye Olde Fix-It Service Shoppe **Consignment Services or Service Estimate-Free** Specializing in Black Hills Gold & Silver **Custom Gold Smithing Your Gold or Ours - Ringing Sizing** • Watch batteries • Watches • Jewelry • Clock repair **WATCH** Inspection **BATTERY**

9773 Maine Ave, Lakeside • 619634-8389

On Line Bookkeeping & Tax Service Think outside the block this year. Schedule your tax appointment with us now! We are Enrolled Agents - The Ultimate Tax Experts (619) 445-5523 2065 Arnold Way Suite 103, Alpine www.olbts.com



SERVING ALL OF SAN DIEGO ~ 24 YEARS IN BUSINESS

Min. \$5

619-757-0692 SE HABLA ESPAÑOL

better results

Business Directory Special! Purchase 8 weeks — get 4 weeks FREE!

CALL FOR DETAILS (619) 444-5774

http://bidforspecialkids.org

THIS IS A CHARITY AUCTION SITE **GET YOUR F-R-E-E BID NUMBER** AND BID ON ALL KINDS OF **GOOD THINGS, AND HELP SUPPORT**

T.E.A.C.H "INTEGRITY SINCE 1997

619-596-2025



SHOP EAST COUNTY

LOCAL NEWS & EVENTS-

El Cajon highlights

by Monica Zech, City of El Cajon Public **Information Officer Volunteers needed for** 'America on Main Street'

oin us for this familyfriendly community festival called "America

On Main Street," Saturday, June 14, in Downtown El Cajon. This patriotic event is planned to coincide with the nationally recognized Flag Day, to celebrate the American spirit through appreciation and respect of the many diverse ethnic and historical groups in

the community, and a special Red, White & Blue area saluting our military! Highlights also include two stages with live entertainment, American and ethnic food booths, a Ferris wheel, rides, arts, crafts, display booths, a petting zoo, a rock wall, and so much more. It promises to be a day of fun and appreciation! This fun event will be located on East Main Street and Rea Avenue, between Magnolia and Claydelle Avenues, from 10 a.m. to 10 p.m.

*Consider being a volunteer or community sponsor for this inaugural event! For more information, call (619) 441-1762.

Morning Glory Brunch is this weekend

Have you gotten your tickets vet? Don't miss St. Madeleine Sophie's Center's 16th Annual tions and more! www.stmsc.org.

Morning Glory Brunch at St Madeleine's beautiful organic garden. Over 500 people are expected to attend this fun-filled brunch on Saturday, April 12, from 10 a.m. - 2 p.m. on St. Madeleine's five-acre campus, located at 2119 E. Madison Avenue, in El Cajon, Highlights include a variety of food, including assorted pastries and beverages from over 20 vendors, live music & entertainment on multiple stages, cooking demonstrations, art and garden demonstrations, boutique shopping, silent auc-General admission is \$60, children 7-12 are \$25, and children 0 to 6 are free. To purchase tickets, or for more information, call (619) 442-5129, ext. 115, or visit

Gearing up for the Cajon **Classic Cruise Car Shows**

See all the amazing classic vehicles during the 2014 Season of Cajon Classic Cruise Car Shows every Wednesday night, starting April 23 and continuing through October 29. The first car show will involve a full street closure of East Main Street between Magnolia and Claydelle Avenues, from 5 to 8 p.m. This popular car show is held in the area of the Prescott Promenade in Downtown El Cajon and is hosted by the Downtown El Cajon Business Partners. For more information, visit www. downtownelcajon.com or call (619) 334-3000.

Rotary's 23rd Annual Charity Auction coming soon

On Friday, April 25, it's the Rotary Club of El Cajon Annual Charity Auction! This fun event will be held at Toyota of El Cajon, 956 Arnele Avenue, from 6 to 9 p.m. Festivities include great silent auction items & live auction, and foods from all over the world! Tickets are \$80 per person or \$600 for a table of eight. For more information, visit www.elcajonrotaryfundraiser.com.

National Prescription Drug Take-Back Day

A great time to clear out the clutter in your medicine cabinet. On Saturday, April 26 from 10 a.m. to 2 p.m. the El Cajon Police Department, working

in conjunction with the Drug Enforcement Administration, will be hosting a prescription drug drop off site in the parking lot of their police station, located at 100 Civic Center Way. The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. This effort is designed to prevent pill abuse and theft by getting rid of potentially dangerous, expired, unused or unwanted prescription drugs in a safe manner. Studies show that most teens who have abused prescription drugs get those drugs from their own homes or from the homes of friends. Bring your outdated, unused or unwanted prescription pills, ointments, or liquids; no questions asked! Go to www.deadiversion.usdoj.gov and click "Got Drugs?" for more drop off locations.

East County Garden Tour is April 26

Friends of East County Arts, Inc. presents its 19th Annual Garden Tour on Saturday, April 26, 2014 from 9 a.m. to 3 p.m. Six spectacular gardens will offer an amazing variety of settings and each garden is lovingly planned and cared for by its owner.

Included in this year's tour

- Recreated gardens of suc Recreated gardens of suc Settings culents and water-wise settings
- Gardens of colorful plants, nature habitats, peaceful respites, unique "corners" and beautiful views
- •An African-themed explosion of colorful characters and drought-tolerant plants
- •The 2 Acre St. Madeleine Sophie's Organic Garden and nursery, which sells many wonderful plants
- "Applecrate" vendors offering delightful crafts and garden creations for purchase

Friends of East County Arts, Inc. is a non-profit, philanthropic organization focused on further development and growth of the performing and fine arts in the Greater East County. To date, Friends of East County Arts, Inc. has contributed more than \$600,000.00 to art-based programs in the community. All monies collected from this event will benefit these types of programs.

Tickets for the 19th Annual Garden Tour are \$15 in ad-

See HAPPENINGS page 9



NOTICE OF JOINT PUBLIC HEARING FOR TRANSFER OF PROPERTIES AND RELATED AGREEMENTS BETWEEN THE CITY OF EL CAJON, AS SUCCESSOR IN INTEREST TO THE EL CAJON REDEVELOPMENT AGENCY, AND THE CITY OF EL CAJON AND EL CAJON HOUSING AUTHORITY

On April 22, 2014, at 3:00 p.m., or soon thereafter as the matter may be heard, in the City Council Chambers, El Cajon City Hall, located at 200 Civic Center Way, El Cajon, California, the City Council of the City of El Cajon will hold a public hearing to consider the transfer of properties and related agreements between the City of El Cajon (as successor in interest to the El Cajon Redevelopment Agency) and the City of El Cajon and the El Cajon Housing Authority, for governmental purposes. The properties to be transferred are identified as follows:

Site #	Parcel #	Site Address Description	# Acres	From – Grantor	To – Grantee	Current Use	Tenant
3	488-083-27-00	149 Rea Avenue, El Cajon, CA 92020	0.50	City of El Cajon as Successor Agency to the former El Cajon Redevelopment Agency	o the former El Cajon		Wieghorst Museum
4	488-211-21-00	201 E. Main Street; Prescott Promenade			Municipal Park	Mangia Bene (portion); Clear Channel (billboard)	
5	488-212-19-00	Vacated alley adjacent to Lexington Avenue Sr. Apartments and 275 E. Douglas.	0.18	City of El Cajon as Successor Agency to the former El Cajon Redevelopment Agency	gency to the former El Cajon		N/A
6	488-212-20-00	Municipal Facilities; adjacent to Community Center Parking Lot, Library, and Fire Station 6	0.16	City of El Cajon as Successor Agency to the former El Cajon Redevelopment Agency	City of El Cajon	Municipal Facility	N/A
7	488-212-22-00	Public Parking Lot for Senior Housing and Municipal Facilities: Community Center, adj. to Lexington Sr. Apts.	0.91	City of El Cajon as Successor Agency to the former El Cajon Redevelopment Agency	El Cajon Housing Authority	Public Parking for Municipal Facilities and Senior Housing	N/A
8	488-072-38-00	Improved parking lot for Municipal Facilities	1.10	City of El Cajon as Successor Agency to the former El Cajon Redevelopment Agency	City of El Cajon	Public Parking for Municipal Facilities	N/A

The proposed transfers of property are prepared pursuant to California Health and Safety Code Section 34181(a) and are identified in the Amended Long Range Property Management Plan approved by the Successor Agency on March 11, 2014, its Oversight Board on January 15, 2014, and California Department of Finance on February 21, 2014. The Amended Long Range Property Management Plan is available for public inspection at the City Clerk's Office, at the above address, during office hours (7:30 a.m. to 5:30 p.m., Monday through Thursday, and alternate Fridays).

Further information concerning this matter may also be obtained by contacting Majed Al-Ghafry, Assistant City Manager, at (619) 441-1710. If you challenge the transfers in court, you may be limited to raising only those issues which you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council prior to the public hearing. The City of El Cajon is endeavoring to be in total compliance with the Americans with Disabilities Act. If you require assistance or auxiliary aids in order to participate at this public hearing, please contact the City Clerk at (619) 441-1763 in advance of the meeting. East County Gazette - GIE030790 04/03/2014



The VA loan program is a flexible solution designed to make homeownership more affordable for you.

PROGRAM HIGHLIGHTS

- VA Jumbo Up to \$1,000,000
- No monthly MI
- VA NO-NO to \$546,250 Sales Price
- Great Rates





Chris Wiley

Branch Manager

NMLS #: 240137

(619) 722-1303 cwiley@primeres.com

2124 Arnold Way • Alpine, CA 91901

22 Years of VA Experience



PRMI NMLS: 3094. PRMI is an Equal Housing Lender. DISCLAIMER: Some products and services may not be available in all states. Credit and collateral are subject to approval. Terms and conditions apply. This is not a commitment to lend. Programs, rates, terms and conditions are subject to change without notice.

Licensed by the Department of Corporations under the California Residential Mortgage Lending Act #4130403.

Inspiration

Why I am happy to pay taxes

by Dr. Rev. James L. Snyder
ast week I was getting
along just fine. Things
were being accomplished and I was rather enjoying myself. Dutifully, I was
checking off item after item on
my "to-do-list." I love it when a
plan comes together. However,
at the top of my exuberance,
the Gracious Mistress of the
Parsonage stopped me dead in
my tracks with a query.

She is quite famous, or is it infamous, for pulling these kinds of things on Yours Truly. She has a question for just about every event. Most of her questions are beyond answering, at least for me.

For instance, when we are

traveling, she will wait for the right moment and then put to me this query. "Do you know where you're going?"

A variety of ways to answer that question immediately suggests itself, not all of which would endear me to her. However, to be honest, and who doesn't want to be honest these days, the answer to that question is usually a mumbled "No."

Just as we get into the car and get ready to go, she asks another question. "Do you have everything you need?"

Invariably, I do not, and have to go back into the house and pick up what I left behind.

I could do my own Left Behind series.

Then there is the all time favorite question. "Does this dress make me look fat?"

Just between you and me, one of these times, I am going to answer, "No, Honey, it's not the dress making you look fat." I am saving that one for a deathbed confession.

However, this past week when I was flying high, she dropped me dead in my tracks with another question. "Have you filed our income tax yet?"

It was at that moment my whole world came crashing down. I had not even given it a first thought, let alone a second thought. Why is it, although income tax filing day comes every year on the same day I always forget? I am getting either senile or moving towards going into politics. I am hoping for the former.

Of all the things I love doing in this world, and there are plenty, paying my income tax each year does not rate number one. Do not get me wrong, I really enjoy shelling out my hard-earned money and sending it to politicians to invest in one of their pork projects.

Every time I have a little extra cash in my pocket, I always wonder what that happy crowd in Washington DC could do with it. Usually I am tempted to send it to them along with a little note that says, "Spend it with my compliments."

To be quite honest, there are few things I enjoy more than filing my income tax each year.

One would be calling the telephone company to straighten out my telephone bill. This is good for an entire day of delightful conversation with idiots. Every time I think my life cannot get any lower and drabber than it is, I simply pick up the telephone and call customer service at my friendly telephone company. Within three minutes, (after I had been put on hold for 27 minutes) I recognize exactly how wonderful my life truly is.

Probably the most magnificent thing about calling customer service is that you know somebody's going to get it all screwed up and you will have the pleasure of doing it all over again next week. A

wonderful ongoing relationship that is priceless.

Another activity I enjoyed doing more than filing my income tax is spending five whole days in bed with the flu. Nothing could be more delightfully entertaining.

Just think of it, five whole days to luxuriate in your bed and not have to get up and do a thing. Talk about a vacation! What with the sneezing and coughing, and your nose running like the mighty Mississippi, and your head thumping like an African bongo drum, what more could a person ask for?

If somebody calls for you during that time all your wife has to say is, "He's in bed with the flu." Everybody understands that. Of course, if she said you are just in bed, people would not accept that and think a little poorly of you.

But if you have diarrhea along with the flu, that is spectacular. Not only do you get to lie in bed, but also you get a little exercise, jumping up and running to the bathroom every 3 1/2 seconds. The side benefit of this is you lose some weight during that week.

One more thing slightly more exciting than filing your income taxes, is poking yourselves in the eye. I must confess this a favorite of mine because every time I do it, I learn new dance steps. Alas, when the swelling dies down I cannot remember those dance steps.

Therefore, paying my income tax each year is included in some of my favorite activities

Even Jesus got into the discussion of paying taxes. When queried on this subject he replied, "Render to Caesar the things that are Caesar's, and to God the things that are God's" (Mark 12:17).

When I think of all the money wasted in our country, especially by our government, I grieve. Someone once said, "Money in the hands of a fool always goes for foolish things."

How a person spends his or her money reveals a lot about that person.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. His web site is www.jamessnyderministries.com.

Dear Dr. Luauna — Trouble on all sides



Dear Readers,

o you ever feel like you have trouble on all sides? Feel like no matter what you do you are being tossed from one side to another. It's like the storm of life just keeps coming at you. Let me share a great story with you, there were these really tough, rough men who were so used to the sea, and for them passing through a storm was the norm. One

day they decided to cross over to the other side of the sea, a pretty simple task, so they thought! It was dark, cloudy and the rain was fierce. The wind started up and the boat began to rock back and forth, a victim of the wind. This night storm paralyzed them with fear.

These strong men, like so many of us allowed this storm to shake them up a bit and fear gripped their hearts. Then can you imagine looking out to sea in this condition in a dark night with wind blowing strong, and suddenly they see something or someone coming towards them, walking on the sea? Panic set in! They thought it was a ghost.

John 6:16-21; "Now when evening came, His disciples went down to the sea, got into the boat, and went over the sea toward Capernaum. And it was already dark, and Jesus had not come to them. Then the sea arose because a great wind was blowing. So when they rowed about three or four miles, they saw Jesus walking on the sea and drawing near the boat; and they were afraid. But He said to them, "It is I; do not be afraid." Then they willingly received Him into the boat, and immediately the boat was at the land where they were going."

Sometimes life can be a storm with darkness all around us, and we may feel like we have no one or no solution to our problem. Can I share with you today; JESUS is one who walks on the storm tossed sea. He brings comfort to a troubled sea, and commands the wind to be still.

Has life been giving you lemons? Jesus knows how to make lemonade, sweet, and delicious. Why don't you stop for a moment and ask JESUS to help your storm tossed life. Nothing is too hard for Him, after all, He created all the heavens and the earth in six days. Do you really think your problem is too big for Him? I mean after all, He did throw the stars up in the sky and told them to hang up there on nothing and they did. He gave the sea's their boundaries and told the sun and moon when and how to shine. I think God is pretty awesome. Jesus loves you! But do you love Him? Is your life founded on the Rock? Jesus is the Rock of Ages.

When we build our life (house) on the foundation of the Lord, the wind can and will come, sometimes so strong, but don't worry, you will have the strength to keep standing. Matthew 7:24-25; "Therefore whosoever hears these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock: And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock."

Don't keep your eyes on the storm of life or the circumstances around you; keep your eyes fixed upon Jesus.

I just want to say, thank you for all those who have said they read my weekly column, you are a treasure and a gift. God bless you today in all you do. I wanted to also let you know on my website I have podcasts that are free for you to download, share with your friends.

To Write: ATFA-Dr. Luauna Stines P.O. Box 2800, Ramona, CA 92065 and visit my website: www.atouchfromabove.org For Prayer Mountain reservations: 760-315-1967. Follow me on Twitter and Facebook. Join us for a Friday night service at the Prayer Mountain at 7:00 p.m.

In His Love & mine, Dr. Luauna Stines

This Odd and Wonderous Calling: A Conversation with Martin Copenhaver

ver wonder what it's like to be a minister? To be "called" and on call 24/7? To live life under a microscope? To deal with the challenges of the job? To celebrate its joys?

Here's your chance to find out, to ask questions, to ponder the story, adventures, trials and rewards of someone who's been there, done that and is still proud to wear the t-shirt (and the collar).



At 2 p.m. on Sunday, May 4, the Rev. Martin Copenhaver, pastor, President-elect of Andover-Newton Theological Seminary and award-winning author of books on the Christian faith and life, among them (with the Rev. Lillian Daniel) This Odd and Wondrous Calling: The Public and Private Lives of Two Ministers, will take an up close and personal look at "A Life of Service." The conversation will take place in the sanctuary of the United Church of Christ of La Mesa (UCCLM), 5940 Kelton Avenue, La Mesa, CA 91942 (619) 464-1519, (619) 464-1519. Event is free. www.ucclm.org). All are welcome. Reservations are needed: RSVP to roni@ucclm.org.

SEE IT HERE? BUY IT HERE! KEEP US HERE!

Check out our "New Advertiser Special" Call us and see how easy and affordable it can be!

Advertise in the paper everyone's reading!

(619) **444-5774**



For Realth's Sake

Three ways to get healthier from the inside out | Health bits....

eart health should be a year-round consideration for anybody looking to lead a healthy life. While that may sound like a daunting task, better heart health can be possible with a few steps in the right direction.

Iconic television, stage and screen actor, Tony Danza, makes his health a top priority, even when facing a busy schedule. Danza, who knows the importance of diet, exercise and "doing good to feel good," offers his go-to tips for fitting health and wellness into your dailu lifestule:

• Turn Your Daily Habits

Into Exercise. Most people know that exercise, in addition to a healthy diet, also plays a key role in bettering your overall health. However, many people have trouble fitting exercise into their busy schedule or think they have to look to costly private training options to see results. What most don't realize is fitting in exercise can be as easy and cost-efficient as taking the stairs instead of the elevator or going for a walk on vour lunch break.

Encourage others, like your friends or family, to join you on these mini exercise sessions. Having a support system of people who are looking for ways to be healthier can help provide motivation to keep going on your journey to better health

• Get Your Fiber Up. Fiber is a crucial component to our diet, but most Americans are not getting the recommended daily amount of 25 to 38 grams of fiber, according to the American Dietetic Association. Many people know that fiber can help promote digestive health, but few know that it can also promote heart health.

Diets low in saturated fat and cholesterol that include seven grams of soluble fiber per day from psyllium husk, as in Metamucil, may reduce the risk of heart disease by lowering cholesterol. One adult dose of Metamucil has at least 2.1 grams of this soluble fiber.

"Metamucil has been an important part of my health regimen for over 20 years. It's a simple way to get multiple health benefits and an extra fiber boost since it can be hard to get all the fiber you need from food alone," says Danza.

• Do Good; Feel Good. Overall health and wellness also comes from how you feel about yourself as an individual. Danza makes giving back to the community a regular practice and lists it among his healthy habits.



Photo credit: (c) dejangasparin Fotolia.com

"Giving back is good for the soul and really warms the heart. You will be amazed to see how much you do for yourself as a person, when you are helping and giving back to others," says Danza.

More tips and information on healthy living is available at Metamucil's Facebook Fan page at www.Facebook.com/ Metamucil.

There are many ways to work healthy routines into your daily life. (StatePoint)

1,000's of potential customers could have been reading your ad right now! Don't delay another minute, call today (619) 444-5774

Relaxation for the Family Caregiver

This is a free two-hour workshop designed to provide caregivers with essential tools for self care and relaxation. Learn simple techniques to manage caregiver burnout, increase relaxation and promote healing. This program includes lecture, demonstration and experiential learning. Please dress comfortably. Presented by Lisa Goodman, Integrative Care Coordinator, Sharp HospiceCare on Friday, April 11 from 10 a.m. to 12 p.m. at the Grossmont Healthcare District's Herrick Library, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277 or register online at www.sharp.com.

Aging parents: When and how to help

Learn about the physical, social and emotional changes in your aging parents from Martha Ranon, Director of Education for Southern Caregiver Resource Center. Explore ways to respond to the physical, emotional, and financial warning signs and how to hold a family meeting. This free program is Monday, April 14, 10-11:30 a.m. at the Grossmont HealthCare District Conference Center, 9001 Wakarusa St., La Mesa. Reservation required. Call 1-800-827-4277 or register online at www.sharp.com

Advance Care Planning

Have you thought about what medical decisions you would want honored if you were unable to speak for yourself? Have you thought about who the best person would be to speak on your behalf? Advance care planning is a process designed to assess your personal beliefs, values, and health care goals so that you can make these important decisions with more comfort and ease. This seminar will provide an overview of the ACP process, basic tools to help define your own health care choices, and communication tips you can use to help start the conversation with your loved ones. This free program is presented by Colleen Linnertz, Advance Care Planning Facilitator for Sharp Health-Care on Friday, April 16 from 6 to 7:30 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Reservation required. Call 1-800-827-4277 or register online at www.sharp.com

Free blood pressure screening

No appointment necessary. Open to the public. For information, call (619) 740-4214.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, April 18, 9:30 to 11 a.m.

Laughter is the Best Medicine

What?

What is it that is never in fashion and never out of date?

When is a piece of wood like a king?

What is the difference between a cat and a match?

What house weighs the least?

Answers:

4. A lighthouse. 3. A cat lights on its feet and a match lights on its head. 2. When it is a ruler. I. The letter T

Submitted by Mary Ann Harrington El Cajon

Have a funny joke you'd like to share with the Gazette readers? Send to: jokes@ecgazette.com or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021. Remember to add your name and city you live in so we may give credit.





Traditional Acupuncture & Oriental Acupressure get one Achieve healing by licensed Acupuncturist traditional Chinese medicine. Allergy, stress, insomnia, pain control, lack of energy, work injury, car accident! Fift Certificates Available



Oriental Acupressure \$40/HOUR Foot Massage - \$20/HOUR Combo Massage - \$25/Hour



Healing the natural way ... SPECIAL

Acupuncture for Beauty \$15/PER TREATMENT

Hair Renewal (herbal) \$15/PER TREATMENT

Spring Acupuncture Spa 450 Fletcher Parkway, #206-207, El Cajon, CA 92020

(619) 588-2888

— IN THE COMMUNITY —

Out and about in the County

April 4-Oct. 24: "Cruz'n the Lakes" car show gears up for an exciting new season. Every week all makes models and years of automotive history cruise into Santee Lakes Park and Lake #1 for a weekly car show entitled, "Cruz'n the Lakes." The 2014 season begins Friday, April 4 and runs through Friday, Oct. 24. Participants arrive for showtime at 3 p.m. every Friday afternoon and finishing each Friday evening at park closing when the sun goes down. "Cruz'n the Lakes" car show is free to attend, however there is a small car fee to enter the park. Santee Lakes Park is also a private park and therefore adult beverages are allowed.

April 4-May 30: A dual exhibit of pieces by photographer Rhett L. Beck is being hosted by the Lemon Grove Library, 3001 School Lane. The two exhibits are the Vaqueros and the Latitude 13 exhibit. An opening reception will be held on Friday, April 4 from 4:30 to 5:30 p.m. and feature an art talk by exhibit curator Larry Moore and a world music flute performance by Adrienne Nims. The Vaqueros exhibit features photographs of children and families, taken in California, Kentucky and Peru. Latitude 13 features photographs from Peru – not the standard postcard images of that country's Inca ruins, but scenes of a living people, living today. Rhett L. Beck is a native of Los Angeles who has lived in Kentucky for over twenty years; his photography is in collections in both states. His work has appeared in solo and group exhibitions in Kentucky, and he is the artist/author of Burying Monkeys: A Photographic Journey through the Old Crow &

Old Taylor Distilleries (Broadstone Books, 2012). This is his first

solo exhibition in California. For more information on the Rhett L.

Beck dual photography exhibit, please contact the Lemon Grove

Library at (619) 463-9819 (619) 463-9819 Free.

April 12: St. Madeleine Sophie's Center's 16th Annual Morning Glory Brunch at St Madeleine's beautiful organic garden. Over 500 people are expected to attend this fun-filled brunch from 10 a.m. – 2 p.m. on St. Madeleine's five-acre campus, located at 2119 E. Madison Avenue, in El Cajon. Highlights include a variety of food, including assorted pastries and adult beverages, from over 20 restaurants, live music, art and garden demonstrations, boutique shopping, silent auctions and more! To purchase tickets, or for more information, visit www.stmsc.org.

CWILE COMPUTER REPAIR

LOW COST COMPUTER REPAIR

Monthly Special: \$49.00
Virus Removal & System Tune Up

619-322-4298

April 20: Alpine Kiwanis will host its 60th Annual Easter Breakfast from 7 to 11:30 am, at the Alpine Elementary School, 1850 Alpine Boulevard, in Alpine. Youngsters can dye eggs, decorate cookies, hunt for plastic eggs filled with rewards and hang out with the Easter Bunny. Everyone is invited to hop on over to enjoy pancakes, sausage, eggs and more—all while benefitting local charities and events sponsored by Kiwanis. Tickets are available for a \$5 donation for adults and \$2 for children 12 and younger. For more information, go to www.alpinekiwanis.org.

Alpine Kiwanis President Brent Wolf said the annual Easter morning community tradition was started in 1954 by Carmelo Manuele, who was then the club's president. Manuele joined the new foothills Kiwanis club in 1951, 13 days after it started. Always busy, the Kiwanis Club of Alpine is the third largest one in the California-Nevada-Hawaii Kiwanis district. Its 130+ members are known for their dedicated community service.

April 26: The 2014 Lakeside Western Day's Parade has been set. This year's theme is 'Lakeside; Where the West is Still Alive,' celebrating the Lakeside Rodeo's 50th Anniversary. Parade applications are available online after and can be proceessed online. www.lakesidechamber.org. Call or email the chamber for more information (619) 561-1031 or info@lakesidechamber.org

May 2-4: Sage & Songbirds Garden Tour early bird tickets are now available at special discount rates. The 17th annual event is set for May 2-4, 2014, and features 5 private Alpine home gardens plus two bonus sites. Regular ticket price is \$20, Gardens are open from 10 a.m. to 4 p.m. daily, and the ticket is valid all 3 days. A map is included with ticket for the self-guided tour.

Spectacular water features, sensational succulents, sprawling natives, a lush but low-water jungle, and a veggie garden that could feed an army...just some of what will be found on this year's tour.

All 5 gardens on tour are owner-designed, and this is the debut showing of each site. (None have ever before been featured on this or any other garden tour.)

Tickets may be purchased online or via U.S. mail.

To order tickets by mail, please send check or money order, payable to CHIRP, to CHIRP, PO Box 532, Alpine, CA 91903. To order tickets online, or for more information, please visit www.chirp.org. For additional questions, phone CHIRP at (619) 445-8352 (619) 445-8352 FREE .

May 4: 24th Annual Vintage Alpine fundraiser to be held from 1 – 4 p.m., on May 4 by the nonprofit Kiwanis Club of Alpine Foundation, Inc. This amazing "Wine Experience in the Country" will take place within the lovely gardens of Summers Past Farms at 15602 Olde Highway 80. Attendees will be sampling premium wines from California and around the world, and will also taste the best that restaurants offer throughout San Diego County. Relaxing live music and a silent auction are also featured at the event. Tickets are \$60 and \$70 at the door. The event includes live music in a garden setting, a silent auction, and opportunities to meet wine and food specialists. "Vintage Alpine attendees often get to chat with people they haven't seen in years," said event Chairman Richard Higgins. "It's a very good time, and a good way to raise

money for community needs." All proceeds from the annual wine, beer and food tasting are used to provide services and programs for children in the San Diego area. To learn more about Vintage Alpine and the Kiwanis Club of Alpine, www.VintageAlpine.org. No one under 21 will be admitted.

May 3 – 14: Annual El Cajon Valley High School Athletic Fundraising Tournament will be held at Cottonwood Golf Club, 3121 Willow Glen Drive, El Cajon. Proceeds from the four-person scramble tournament will benefit athletic programs at El Cajon Valley High School . Entry fee is \$100 per player. Entry fee includes green fee, cart, range balls, and lunch. Shotgun start at 8 a.m. Call Cece Elliott at (619) 401-4726 for more information.

May 4: Tanner Askey Washington DC Fundraiser Golf Tournament will be held at Cottonwood Golf Club, 3121 Willow Glen Drive, El Cajon. Proceeds from the four-person scramble tournament will benefit Tanner Askey's spring break trip with his school in 2015 to our nation's capital and New York City. Entry fee is \$90 per player. Entry fee includes green fee, cart, range balls, and dinner. Registration begins at 11 a.m. with a shotgun start at noon. Call (619) 247-9201 for more information.

May 6: Forest Volunteer Opportunity "Calling all emptynesters, people who love the mountains and would like to get out of town for a day on the weekends!" Learn about volunteer opportunities in the Cleveland National Forest's Laguna Mountains at our Annual Orientation from 7 to 9 p.m. hosted by the Laguna Mountain Volunteer Association. The many volunteer opportunities include trail maintenance, volunteering in the Visitor Center, trash pickup, interpretive programs (nature walks, campfire programs), habitat restoration, the Trail Interpretive Program (TIPS), and more. The event will be held at the Boys & Girls Club, 1171 E. Madison Ave., El Cajon, CA 92021. Refreshments will be served. Training will follow on May 10, 2014 at the Red Tailed Roost on Sunrise Highway, Mt. Laguna. For more info, details and directions, contact Sandra at (858) 642-1864 or email <a href="weekengless:wee

May 17: Gambling and Carousing in an Old West Saloon complete with Western Music, food and The Winchester Widows. "Gunsmoke IV" will feature all the different gaming tables you

enjoy plus a silent auction and a 50/50 drawing. The final chip winners will have a choice of prizes in a Chinese Raffle including a camera, wine cooler and weekend trips plus much more. Entry tickets are \$65 each or 2 for \$120. Sponsorships are available starting at \$100 for a Bronze. Silent Auction gifts or coupons are also in need. Included in the ticket price are \$200 in chips, free heavy hors d'oeuvres and complimentary beer or wine. Proceeds will be used by the Lions Club to fund their Student eye glass program that provides free eye tests to needy students in the East County and free glasses if they need them.

The Widows support Challenge Ranch, which is a 10 acre ranch in Dehesa Valley that provides opportunities for under-privileged children through horse back riding. Contact Chairman Mercy Walters at (619) 465-6258 for more information.

Visit www.eastcountyconnect.com

MOST FOR YOUR MONEY SEPTIC SERVICE

PUMPING & CLEANING ELECTRONIC LOCATING OPERATION STATUS REPORT

<u>AL MAX SANITATION</u>

1-800-404-6480 TOLL FREE 619-562-5540

35 YRS. EXPERIENCE LICENSED & BONDED

BEST PEOPLE + BEST EQUIP AND KNOW HOW = BEST JOB

THOUSANDS OF PEOPLE COULD BE READING YOUR AD RIGHT NOW! ADVERTISE TODAY!

ENTERTAINMENT —

'Goodbye World' takes a serious look at our future

Review by Diana Saenger t's clear we're living in a new generation when friends are gathered together as the world may be ending and one responds "Starbucks" when asked what it is they will miss most.

A group of friends have grown up together and for several years gone their separate ways. James (Adrian Grenier, Entourage) and Lilv Palmer (Kerry Bishe, Argo) have created their own refuge from whatever might happen. Living with their adorable daughter Hannah (McKenna Grace), their happy home

Continued from page 4

vance or \$18 at any garden site

the day of the tour. You may

contact Christy Klock at (619)

442-8515 for advanced tickets,

or visit their website at www.

friendsofecarts.org, where you

can also browse beautiful pic-

Cuyamaca College invites

you to join them at their

sixth annual "Coyote Mu-

sic Festival" which will take

place on the campus Grand

tures from last year's tour.

The Coyote Music Festival

coming soon

Happenings ...

is also a well-stocked supply house of food, water, medicine, weapons and energy sources.

On a very normal day a mass text message begins to appear on phones with the words "Goodbye World." Many have no idea what that means until the news begins to broadcast that the Nation is under a cyber-attack, and phones quit working, broadcasts cease and electric power is out many

Only moments before all of this happened the Palmer's friends arrived for a surprise visit. Nick (Ben McKenzie,

26 from 12 to 4 p.m. The

festival features seven bands

of up-and-coming local tal-

ent that will showcase all-

original music compositions.

These home-grown singer-

songwriters will perform a

variety of genres, including

acoustic, rock, folk and pop.

Enjoy an afternoon listening

to some great music while

relaxing under the sun at

this casual, park-like setting.

The event is free and open to

the public with plenty of free

parking. Visit www.facebook.

com/coyotemusicfestival or

www.coyotemusicfest.com

Southland) is a former business partner of James and arrives with his girlfriend Becku (Caroline Dhavernas, Hollvwoodland). Ben and Lily used to be a couple, and while it's not a problem immediately, it will be a pivotal point in the film when real danger arrives.

By now the entire world is freaking out so the foursome's other friends also show up at the Palmers. Benji (Mark Webber, Save the Date) is a political radical. Laura (Gaby Hoffmann, Field of Dreams) is a political insider wounded by scandal. Kid Cudi (Scott Mescudi, How to Make It in America.) is a hyper-intelligent computer programmer who may be involved with the catastrophes that are happening.

At first it's like a fun family reunion. They eat, play games, drink way too much wine and partake in a lot of pot smoking. When a few of them go to a small local store they discover a band of bikers has taken it over and there's little food left and one tomato will cost \$40. Other neighbors come seeking food and are in desperately need of medicine, to which James refuses — worried his own family will run out.

Things begin to get testy among the friends as they realize that are not the same as they were, and often do not share the same opinions. The situation turns really dangerous when two soldiers show up pushing their guns around and threatening James if he doesn't give them what they

According to Director Denis Henry Hennelly, his screenplay co-written by Sarah Adina Smith, the story is what, "happens between the cataclusmic event and the trials of survival that come with the new world. It's where we find out who's going to make it and who's going to become that skeleton the heroes find at the side of the road. This movie is not about the dire straits of postapocalyptic survival; it's about the mini-apocalypses of broken friendships, strained marriages, and shattered dreams. Whether or not we experience societal collapse in our lifetimes, we will experience these.

Although Goodbye World has some elements I didn't find appealing, I found it an interesting look at our world and how much we depend on "things" instead of people. The cast were all great in making their characters feel authentic, and good or bad in their relationships, they help to remind us all, it's humans, not things, that create profound differences in each of our lives.



Adrian Grenier and star Kerry Bishe in Goodbye World Photo credit: Jeff Bollman / Samuel Goldwyn Films / Phase 4 Films



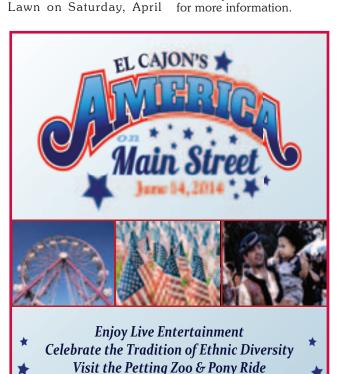
Goodbye World

Studio: Samuel Goldwyn Films / Phase 4 Films

Gazette Grade: C+

MPAA: "Not-rated

Who Should Go: Those who enjoy films like



Ride the Ferris Wheel & Climb the Rock Wall

Salute our Veterans

and so much more

Join us for a fun-filled event Saturday, June 14

Downtown El Cajon, 10 am - 10 pm

For more information, please call (619) 441-1756

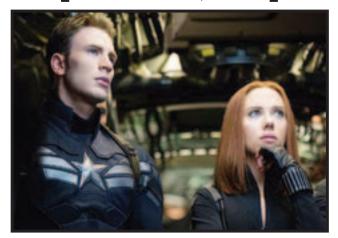




Open 7 Days 11 am

— ENTERTAINMENT

Super fun, super exciting Captain America is back



Chris Evans and Scarlett Johanason star in Captain America: The Winter Soldier Photo Credit: Marvel /Sony Pictures

Review by Diana Saenger

nper heroes are super pecause they have an undeniable guarantee of returning to the big screen again and again. That's why the expectation for Captain America: The Winter Soldier resulted in a \$96.2 million opening weekend.

Fans could not wait for the franchise to continue - and with Chris Evans back as Steve Rogers, aka Captain America. The film and Evans do not disappoint in this fullspeed-ahead thriller/ action-

adventure, which follows up the last Avengers' film.

Rogers thought he would get a nice break by rejoining a normal lifestyle. Wrong! That's because the world-wide protection agency S.H.I.E.L.D needs his help. Rogers can't say no, for his abilities can make a difference between life and death.

Working with Commander Nick Fury (Samuel L. Jackson) and fellow Avenger Black Widow (Scarlett Johansson), plans are set in motion. Things happen so quickly, Rogers has some uneasy feelings that he may not be told the truth by his colleagues. But how could he question S.H.I.E.L.D., especially under the leadership of Alexander Pierce (Robert Redford)?

Yet when Rogers discovers that S.H.I.E.L.D. has built three massive flying warships equipped with amazing power as well as functions capable of ending or controlling anyone or everything, he sees problems ahead.

Soon Captain America flies, jumps, soars on his motorcycle and engages with enemies all the while his stealthy and iconic shield is constantly in motion, leaving many to wonder, "How does that shield keep coming back to him?'

The production couldn't be any more spectacular. Trent Opaloch's (Elysium, District 9) cinematography is incredible. The special effects are amazing and the pacing of screenwriters' Christopher Markus and Stephen McFeely (based on the comic book by Joe Simon and Jack Kirby) script definitely packs more actions, betrayals, danger, what-ifs, wows and

surprises than many similar

Much of the credit for the film's success also goes to its incredible cast. Evans has handled his role perfectly since film one, and now that the tension/stunts have reached new heights, he's even more suited for this role.

"He's extremely vigilant about the truthfulness of his performance," said co-director Joe Russo about Evans. "What I think is almost impossible to convey about Steve Rogers, which I think Chris does amazingly well, is he layers the character with a combination of machismo and morality. He's made the character very complex.

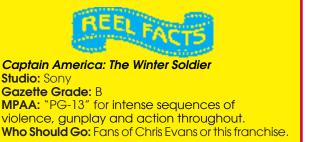
Jackson and Redford do good jobs in keeping their characters' true agendas under wrap. Sebastian Stan returns as the infamous assassin Bucky Barnes/ Winter Soldier and provides excellent suspense involving who will survive the duel (between him and Captain America) to end or save the world.

Two great female actresses

bring a nice perspective to the story. Since I first interviewed 14-year-old Scarlett Johansson for The Horse Whisperer, she has continued to grow and excel as an actress. She has the character of the Black Widow nailed yet seems open to discovering new things about humanity. Emily Van Camp, one of the reasons TV's Revenge remains a highranker, joins this outstanding cast as S.H.I.E.L.D.'s Agent 13. Just like on the TV show, her character is not afraid to speak up about the truth or to challenge superiors such as Pierce.

Along with all its intense anxiety, Captain America: The Winter Soldier includes some fun and humor, especially between Rogers and his colleague Sam Wilson aka Falcon (Anthony Mackie). Sam is an ex vet, a great friend and seeker of good. The wit between these two characters offers moments of relief from the action. For example, when Evans asks "How do we know the bad guys from the good guys," Sam responds, "If they are shooting at you, they are the bad guys.

Overall, this offering is enjoyable on several levels. It's not necessary to have seen the other films with Captain America, but potential viewers might check out reviews of those movies in order to understand some of the basic elements of the franchise. And of course, it continues on with Captain America 3 in 2016.

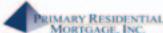














ENTERTAINMENT

Viejas Casino & Resort Opens New Bingo Hall at Viejas Outlets



Tribal Chairman Anthony Pico.

by Diana Saenger

hat is believed to be California's first-ever bingo hall to be located in a shopping center opened at Vieias Outlets east of San Diego. The new Viejas Bingo opened on April 4 with a ribbon cutting and sneak peak at the new facilities for invited guests. The hall opened to the general public at 10 a.m. on Saturday April 5.

Viejas Bingo is located in the recently evacuated Anna's Linens (it moved to the west end of the Outlets) on the east end of Outlets, directly across the street from Viejas Casino & Resort. Featuring a 6,000 square foot bingo floor with 400 seats, dedicated smoking and non-smoking areas, valet parking, bingo guests

are also excited for the return of the popular Viejas Bingo Snack Bar!

Speeding game play along, includes the traditional paper sheets and daubers, however guests can also choose from portable hand-held electronic bingo tablets and flat screen monitors that allow them to play up to 500 bingo games at a time

In addition, the new Viejas Bingo features a dedicated 1,000 square foot area with a selection of popular slot

Viejas has continued to be ahead of the curve since its early days. The first Viejas Bingo facility opened in 1977 at the Ma Tar Awa RV Park on the Viejas Reservation. In 1994, Viejas Bingo was moved to a location inside the Viejas Casino building, and in 2000 a new structure was built on the east side of Viejas Casino to house the growing bingo operation. That structure was demolished to make way for the new four-diamond Viejas Hotel, which opened in March 2012 and Viejas Bingo was moved inside Viejas Casino.

A line around the building turned up early to gain an entrance into the new Bingo room after the official ribbon cutting. First in line were three women who have played Bingo every day at Vieias including Hayat Mannth (for 20 years), Julie Wagner (for 15 years) and Brenda Chanc (for 12 years).



New bingo hall.

dent of Community and Public Relations, welcomed those in attendance. "It's an honor to see friends, supporters and business partners from all over the county of San Diego, the Imperial Valley and other counties as well. That tells us about the tentacles that come out from an enterprise like this with benefits that go both ways in the community financially and otherwise.'

Attending were the Viejas

Tribal Chairman Anthony Pico. Vice Chairman Ceta Welch and the Viejas Tribal Council members: Treasurer Sam "Qui Qui" Brown, Raymond Bear Cuero, Adrian Brown, and Ernest "Chuka" Pingleton.

Chairman Anthony Pico explained how this change came to be. "We are responding to what our guests want, more room, a snack bar, and no smoke to walk through before getting to their seats. In aboriginal times quests services were

very important to us, and my elders told us whenever other tribes would come through we would always make sure they had a place to stay, rest and get provisions before moving on. That's why we continue those traditions; it's part of our genetics. We're grateful you are here, and please keep coming back, because in our hearts we really enjoy being of service.'

General Manager of the Viejas Casino & Resort Chris Kelly, who has worked at the Casino for 15 years, said, "I was amazed when I went to a Bingo session at how well the players kept track of the games with their dabbers and different packs. It was impressive and the Bingo players here know what I'm talking about. With each move of the Bingo Hall each guest came along for the ride so today is about saying Thank You and showing that by giving our guests a new space. Our goal as a business is to be the best in our market and that means giving our guests the best service, products, amenities and team members. We are committed



General Manager Chris Kelly. **Photo credits: Debbie Norman**

to bringing the best casino resort experience to San Diego today, tomorrow and for years

To celebrate the opening of the new Viejas Bingo at Viejas Outlets, there will be more than \$45,000 awarded in April and a chance to win one of two new FIAT 500s.



Havat Mannth. Julie Wagner and Brenda Chanc.







New Location!

One Day Only! Admission!

- •butterfly release @ 2pm
- •birds-of-prey & hummingbirds
- snakes, lizards, & spiders
- educational seminars
- •art and craft vendors



Free



Garden Tour

May 2-4, 2014 • 10am - 4pm

- •5 Private Home Gardens
- Public Habitat Garden and Plant Sale -open to the public May 2-3, 9am - 4pm
- •Sky Hunters Birds-of-Prey Rehab Facility

Tickets \$20/person

Valid May 2-4, 2014 • 10am - 4pm

One entry per garden.

Go to www.chirp.org to order tickets and for more

Information and Tickets: www.chirp.org • 619-445-8352



I love the season of spring with the warmer temperatures, flowers and green, green grass. People go..

> ..outside and work in their yards, hike in the parks, walk pets,

roads and trails again. Which spring sports and activities do you like to do? You can join a team to play baseball or softball. Fishing, skateboarding and kite flying are all fun to do with family or friends. There's something for everyone –

and bicycle and run on the

Read the clues to fill in the crossword puzzle.

This sport is played with (or done using):

1. nets on the end of long sticks, special face masks and a ball

so spring up and get going!

- 2. ropes and harnesses to keep you from falling
- 3. bats, leather gloves and balls on a diamond
- 4. a large pool of water with a ball and 2 goals
- 5. long clubs, balls, large grass area that has sand and water traps
- 6. a ball that the player can only touch with his or her feet and kicks into a large netted goal
- 7. megaphone, pom poms; this sport really gets the crowd going
- 8. fast inline skating, people like to do jumps and tricks
- 9. balls (larger than baseballs), bats and leather gloves on a diamond
- 10. a good pair of running shoes, hurdles, whistles
- 11. a large net and a racquet; the ball bounces very easily
- 12. rods and lures; relaxing sport; some people do it in winter on lake ice

Spring Up and Out!

Spring Sports & Activities

lacrosse

tennis

softball

11

cheerleading



Check your local parks and recreation department to see what is offered for outdoor fun!

soccer

golf

Come to print out free puzzles: Spring Sports word search, reading log and certificate set and our Dairy, Grains and Meat Group puzzle @ www.readingclubfun.com

Free



Can you find and circle these

spring sports and activities?

I'm picking up sticks and raking old leaves to clean the yard before Dad has to mow the first spring grass.

Here are some other spring activities that people are doing. Maybe there is one that you would like to try or help with.

More Springtime Sports & Activities

12

fishing

6

9

to Go!

Find these too!

museums zoos parks

aquariums

playgrounds amusement parks picnics arboretums

An *arboretum* is like a park – full of nice trees, shrubs and flowers.



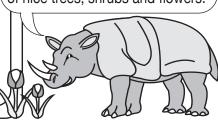
badminton

inline skating

gardening roller skating camping

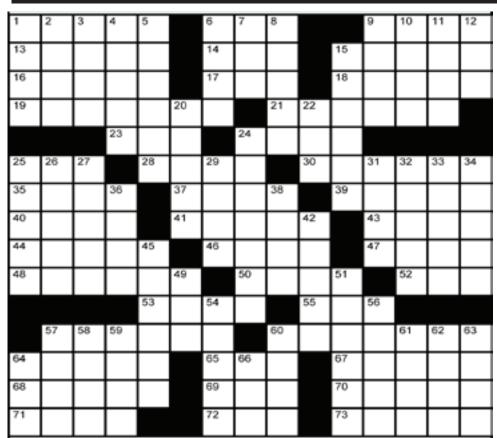
bird watching yard work bicycling

TUMSBPF YSZDHOTDO INGYDTL QGOONMISU Y C LI H S Z R M YΑE OVBPM I M D A B R Τ A F BFQRZZG SROLLERSKATINGRVZDRI N T PARKSYAYOWZNC PARKSSQBHRUUHLUMCN Ι NGNEUHAQGJC ΙK CNQI Z A HΥ AMР ΙN G L YINGKIT S Ι ΒF L Ε L GARDENINGMUSEUMSV 0 IRROCKCLIMBINGOYLMBKRWIIT NINLINESKATINGKSLYDIBQKNH G P N Y F J V T F K B Q Q S C F I S H I N G M L



Puzzles & Fun

CROSSWORD



Make the Switch to Dish Today and Save Up´To **50**%

Call Now and Ask How!

1-800-318-5121 Call 7 days a week 8am - 11pm EST Promo Code: MB0113

FREE PREMIUM MOVIE CHANNELS* For 3 months. **∰•WTIME**. starz



*Offer subject to change based on premium channel availability

THEME: GARDENING 101

ACROSS

- 1. Torah expert
- 6. Chain letters
- 9. Barred bed
- 13. Shoelace tip
- 14. *First gardening mo.?
- 15. Unit of money in Poland
- 16. Abdul or Zahn
- 17. White House Dwight
- 18. Big dipper
- 19. *Climber support

- 23 Afflict
- 24. Lick
- 25. "Be quiet!"
- 28. "Ta-ta!" in Italy
- 30. *Cross between varieties
- 35. Church sound
- 37. Mojito, _ ___ drink
- 39. Wintry mix
- 40. Norse capital
- 41. Brightest star in Cygnus
- 43. Approximately, two words
- 44. Japanese port
- 46. Slash mark

OUTZKIRTS By: David & Doreen Dotson

- 48. House cat, e.g.
- 50. Greek H's
- 52. *Special Hawaiian flowers form this garland
- 53. Getting warm
- 55. "Street" in Italy
- 57. Hang a banner, e.g. 60. *Refuse turned fertilizer
- 64. Ancient assembly area
- 65. Unagi
- 67. Like outside-of-mainstream art
- 68. Relating to aquarium scum
- 69. Shaq ruq

- 71. Short of "history"
- 72. Sophomore's grade
- 73. Dog-____ book

DOWN

- 1. Feeling great delight
- 2. Lab culture
- 3. *Like many Gentians or **Delphiniums**
- 4. Swan of "Twilight"
- 5. Emphatic, in print
- 6. Honoree's spot
- 7. *Short for nitrogen, phosphorous,
- potassium 8. Thin mountain ridge
- 9. Old-fashioned bathtub foot
- 10. *What gardener did to riding lawn mower
- 11. It will, contraction
- 12. "So long!"
- 15. Plural of #15 Across
- 20. Homeric epic
- 22. Rally repeater
- 24. Club enforcer
- 25. Tina Fey/Amy Poehler schtick,
- 26. "Siddhartha" author
- 27. Conforming to dietary laws for Muslims
- 29. Greek god of war
- 31. Soak some ink
- 32. Opposite of urban
- 33. Question in dispute
- 34. Hindu garment
- 36. Mischievous Norse deity
- 38. *What Venus Flytrap eats
- 42. Opera house exclamation
- 45. *One-time plant
- 49. Poetic "always"
- 51. "He fights like a lion," e.g.
- 54. Warn or arouse
- 56. Sleeper's woe
- 57. Wrinkly fruit
- 58. Wooden pegs
- 59. Short for brotherhood
- 60. Family group
- 61. *The corpse flower is famous for its bad one
- 62. Cosine's buddy
- 63. ____ up a golf ball, past tense
- 64. "I see!"

SODUKO

you could save 28%

Call 1-866-929-9071 to see how much you could save on car insurance.

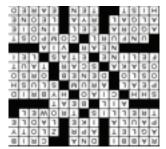
esurance

7								
			1				8	3
9		1			7	4		
		5		8			9	
5			8					
2	1						5	8
					6			4
	5			7		2		
		4	6			9		1
6	3				1			

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD & SODUKO SOLUTIONS

	9	L	8	ļ	Þ	6	5	ε	9
	ŀ	3	6	9	2	9	4	7	8
	9	*	Z	8	L	ε	6	9	Į.
	Þ	L	ε	9	9	S	8	6	L
ľ	8	S	9	Þ	6	L	3	ŀ	2
	6	2	L	3	ŀ	8	9	Þ	s
	L	6	ŀ	2	8	Þ	9	9	3
	2	9	4	L	3	9	Į.	8	6
	ε	8	9	6	9	Į.	L	Z	4



47. Drawn tight 70. "Spaghetti Western" maker 21. *Tiny garden shovel 66. *Potato bud Sergio







SPRING AHEAD!

Spring Advertising Specials! Buy 8 weeks - get 4 free!

> Call us and see how affordable it can be!

> > (619) 444-5774

Advertise in the paper everybody's reading! The East County Gazette



LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007327

FICTITIOUS BUSINESS NAME(S): AI Iraqi Meat Market and Restaurant Located at: 1174 Broadway unit H101, El

Cajon, CA, 92021

This business is conducted by: An Individual The business has not yet started
This business is hereby registered by the

following: 1. Mohammed Jawad 549 Graves Ave #4, El Cajon, CA 92020

This statement was filed with Recorder/County Clerk of San Diego County on March 14, 2014 East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007041

FICTITIOUS BUSINESS NAME(S): AsFour

Located at: 8740 Echo Dr. La Mesa, CA, 91941 This business is conducted by: A Married

The business has not yet started

This business is hereby registered by the following: 1. Tareq Salah AsFour 8740 Echo Dr., La Mesa, CA, 91941 2. Laura AsFour 8740 Echo Dr., La Mesa, CA, 91941
This statement was filed with Recorder/County

Clerk of San Diego County on March 12, 2014 East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006381 FICTITIOUS BUSINESS NAME(S): Amethyst

Moon Located at: 8329 La Mesa Blvd, La Mesa,

CA 91942 This business is conducted by: A Corporation

The business has not yet started

This business is hereby registered by the following: 1. Favro Inc 1587 D Lyons Valley Rd, Jamul, CA, 91935

This statement was filed with Recorder/County Clerk of San Diego County on March 06, 2014 East County Gazette- GIE030790 3/20. 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007474

FICTITIOUS BUSINESS NAME(S): Golden Empire Realty
Located at: 7644 Seattle Dr, La Mesa, CA,

91941

This business is conducted by: A Corporation The business has not vet started

This business is hereby registered by the following: 1. Java Real Estate Services INC 7644 Seattle Dr. La Mesa, CA, 91941

This statement was filed with Recorder/County Clerk of San Diego County on March 17, 2014. East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-006958
FICTITIOUS BUSINESS NAME(S): Road Runner Beep Beep Located at: 260 E Bradley, El Cajon, CA,

92021

This business is conducted by: An Individual The first day of business was 03/11/2014 This business is hereby registered by the following: 1.Ed Friedman 260 E. Bradley, El Cajon, CA, 92021 This statement was filed with Recorder/County

Clerk of San Diego County on March 11, 2014 East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007285

FICTITIOUS BUSINESS NAME(S): Style Corner

Located at: 716 McClure Street, El Caion. CA 92021

This business is conducted by: An Individual The first day of business was 03/10/2009 This business is hereby registered by the fol-lowing: 1.Nayana D. Goonatilaka 716 McClure Street, El Caion, CA, 92021

ment was filed with Recorder/County Clerk of San Diego County on March 14, 2014 East County Gazette- GIF030790 4/3, 4/10, 4/17, 4/24 2014

> **Need to run a Fictitious Business** Name Statement? Name Change? Summons? We have the best prices in town!

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005529

FICTITIOUS BUSINESS NAME(S): a)Handicap Bath Solutions b.)Handicap Bath Solution Located at: 9130 Gramercy Drive unit 307, San Diego, CA, 92123

This business is conducted by: An Individual The business has not yet started
This business is hereby registered by the fol-

lowing: 1. Michael Ervin Lyons 9130 Gramercy Drive unit 307, San Diego, CA, 92123
This statement was filed with Recorder/

County Clerk of San Diego County on Febru-

East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006759

FICTITIOUS BUSINESS NAME(S): a.)Ciel Bleu Day Spa b.)Le Reve Every Bride's Dream Wedding Located at: 3065 Rosecrans Place Suite 105,

San Diego, CA, 92110

This business is conducted by: A Limited

Liability Company
The business has not yet started

This business is hereby registered by the following: 1. Le Reve Every Bride's Dream Wedding LLC 12323 Calle Albara Unit 4, El Caion, CA, 92019

nt was filed with Recorder/County Clerk of San Diego County on March 10, 2014. East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007189

FICTITIOUS BUSINESS NAME(S): Threading by Aneta

Located at: 5430 Clairemont Mesa blvd, San Diego, CA, 92117 This business is conducted by: An Individual

The business has not yet started

This business is hereby registered by the following: 1.Aneta Andarus 493 Birchwood Lane, El Cajon, CA, 92021 ement was filed with Recorder/County

Clerk of San Diego County on March 13, 2014. East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006803

FICTITIOUS BUSINESS NAME(S): Ottavios Italian Restaurant

Located at: 12440 Woodside Ave, Lakeside, CA, 92040

This business is conducted by: A Corporation

The business has not yet started
This business is hereby registered by the following: 1. Gianni & Sal Inc., 12440 Woodside Ave, Lakeside, CA, 92040

This statement was filed with Recorder/County Clerk of San Diego County on March 10, 2014.
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007164 FICTITIOUS BUSINESS NAME(S): San Diego

Linen Rentals

Located at: 1009 S. Mollison Ave, El Cajon, CA. 92020

This business is conducted by: An Individual The business has not yet started

This business is hereby registered by the following: 1. Rosa Maria Shammas 1009 S. Mollison Ave, El Cajon, CA, 92020

This statement was filed with Recorder/County Clerk of San Diego County on March 13, 2014 East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-004832

FICTITIOUS BUSINESS NAME(S): Medical Logistics International

Located at: 9880 N. Magnolia Ave. Santee. CA 92071

This business is conducted by: A Individual The first day of business was: 02/20/2014 This business is hereby registered by the following: 1. Odette Pidermann 9880 N. Magnolia Ave #244-155. Santee. CA. 92071

This statement was filed with Recorder/ County Clerk of San Diego County on February 20, 2014

East County Gazette- GIE030790 3/20 3/27 4/3 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005110 FICTITIOUS BUSINESS NAME(S): Island

Located at: 1206 Tenth St, Coronado, CA,

92118

This business is conducted by: A Married Couple

The first day of business was: 04/01/1997 This business is hereby registered by the following: 1. Robyn Robledo 12 Bridgetown Bend, Coronado, CA, 92118 2. Victor Robledo 12 Bridgetown Bend, Coronado, CA, 92118 This statement was filed with Recorder/ County Clerk of San Diego County on Februarv 22. 2014.

East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007313

FICTITIOUS BUSINESS NAME(S): Clear Located at: 1325 Clove St. El Caion. CA.

This business is conducted by: A General

Partnership The business has not yet started

This business is hereby registered by the following: 1. Jonathan Gutierrez-Hernandez 1325 Clove St, El Cajon, CA, 92021 2.Gerardo Ibarra Hernandez 1325 Clove St. El Caion.

This statement was filed with Recorder/County Clerk of San Diego County on March 14, 2014. East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007722

FICTITIOUS BUSINESS NAME(S): Stick to your guns

Located at: 7659 Mission Gorge Road #89 This business is conducted by: A Married Couple

The business has not vet started This business is hereby registered by the following: 1.Mark Steven Foster 7659 Mission Gorge Road #89, San Diego, CA, 92120 2.Julie Anne Foster 7659 Mission Gorge Road #89. San Diego. CA, 92120

This statement was filed with Recorder/County Clerk of San Diego County on March 18, 2014. East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005857

FICTITIOUS BUSINESS NAME(S): Janpro Cleaning Systems Located at: 1200 Grand Ave. Spring Valley.

This business is conducted by: An Individual

The first day of business was 12/01/2007
This business is hereby registered by the following: 1.Peter E. Nelson 1200 Grand Ave, Spring Valley, CA, 91977

This statement was filed with Recorder/ County Clerk of San Diego County on Februarv 28, 2014

East County Gazette- GIE030790 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-008955
FICTITIOUS BUSINESS NAME(S): Green Team Genetics

Located at: 9644 Winter Gardens Blvd #5, Lakeside, CA, 92040 This business is conducted by: An Individual

The business has not yet started
This business is hereby registered by the following: 1.David Peabody 9644 Winter Gardens Blvd, Lakeside, CA, 92040

This statement was filed with Recorder/County Clerk of San Diego County on March 28, 2014 East County Gazette- GIE030790 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007511

FICTITIOUS BUSINESS NAME(S): Jumper's I FDs

Located at: 9656 Marilla Dr #44, Lakeside, CA, 92040

This business is conducted by: An Individual The first day of business was: 8/15/2012 This business is hereby registered by the following: 1.Christopher Smith 9656 Marilla Dr #44, Lakeside, CA, 92040

This statement was filed with Recorder/County Clerk of San Diego County on March 17, 2014.
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007430

FICTITIOUS BUSINESS NAME(S): Giving For A Purpose, Inc.

Located at: 2215 Willow Glen Drive, El Cajon. CA, 92019 This business is conducted by: A Corporation

The business has not yet started
This business is hereby registered by the following: 1. Giving For A Purpose, Inc. 2215 Willow Glen Drive, El Cajon, CA, 92019 This statement was filed with Recorder/County Clerk of San Diego County on March 17, 2014

East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

STATEMENT NO. 2014-007961 FICTITIOUS BUSINESS NAME(S): So Cali Kids Photography Located at: 4609 Bancroft Dr., La Mesa,

FICTITIOUS BUSINESS NAME

CA. 91941 This business is conducted by: An Individual

The business has not vet started This business is hereby registered by the fol-lowing: 1.Penny Oracion 4609 Bancroft Dr, La Mesa. CA. 91941

This statement was filed with Recorder/County Clerk of San Diego County on March 20, 2014 East County Gazette- GIE030790 3/27, 4/3 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-008639 FICTITIOUS BUSINESS NAME(S): 18/8 Fine Men's Salons

Located at: 10543 4S Commons Dr. #176. San Diego, CA, 92127 This business is conducted by: A Corporation

The business has not yet started
This business is hereby registered by the following: 1.Blue Arbor 30, Inc. 37 Mandria, Newport Coast, CA, 92657

This statement was filed with Recorder/County Clerk of San Diego County on March 26, 2014 East County Gazette- GIE030790 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-008967

FICTITIOUS BUSINESS NAME(S): Vacation Located at: 500 Mulgrew St, El Cajon, CA.

92019 This business is conducted by: An Individual The first day of business was 03/28/14
This business is hereby registered by the

following: 1.Evan Meyer 500 Mulgrew St, El Cajon, ČA, 92019 This statement was filed with Recorder County Clerk of San Diego County on March

> East County Gazette- GIE030790 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006038

FICTITIOUS BUSINESS NAME(S): Westcoastile

Located at: 1159 N. Mollison Ave, El Cajon CA, 92021

This business is conducted by: An Individual The first day of business was 02/22/2002
This business is hereby registered by the following: 1.Edward James Shepherd 1159 N. on Ave, El Cajon, CA, 92021

This statement was filed with Recorder/County Clerk of San Diego County on March 3, 2014 East County Gazette- GIE030790 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005262

FICTITIOUS BUSINESS NAME(S): Narrative Images Located at: 4521 Normandie PI, La Mesa, CA. 91942

This business is conducted by: A Married Couple

The first day of business was 07/15/2006 This business is hereby registered by the following: 1.Richard Unis 4521 Normandie Pl. La Mesa, CA, 91942 2.Bernadette Lorraine John ston 4521 Normandie Pl, La Mesa, CA, 91942 This statement was filed with Recorder County Clerk of San Diego County on February 24, 2014.

East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

40

CITY OF EL CAJON

NOTICE INVITING SEALED BIDS

PUBLIC PROJECT: Preventive Maintenance and Emergency Repairs to Stationary Generators

BIDS MUST BE RECEIVED BEFORE: 2:00 p.m. on May 8, 2014

> BIDS TO BE OPENED AT: 2:00 p.m. on May 8, 2014

PLACE OF RECEIPT OF BIDS City Hall 1st Floor, Lobby Counte 200 Civic Center Way

El Caion, CA 92020

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Purchasing Agent, in accordance with which said work shall be done. A copy of said specifications and bid forms may be downloaded from the City website www.cityofelcajon.us or obtained at the office of the Purchasing Agent for a fee of \$5.00 (plus \$3.00 postage if mailing is requested). This amount is not refundable.

A mandatory pre-bid conference and job-site walk-through will be held on April 22, 2014 at 10:00 a.m. at City Hall. 200 Civic Center Way, El Cajon, CA 92021, then proceeding to the following locations, in this order: Police Headquarters, 100 Civic Center Way; Fire Station #6, 100 East Lexington Avenue: Fire Station #8, 1470 East Madison Avenue: Fleet Maintenance Facility, 1060 Vernon Way; and Fire Station #9, 1301 North Marshall Avenue. Attendees are expected to drive their personal vehicles to all sites and must sign in at all sites. Particulars relative to work requirements will be discussed. City of El Caion personnel involved in this project will be present to answer pertinent inquiries. The pre-bid conference is mandatory for all prime contractors and optional for subcontractors.

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations, are available from the DIR website at www.dir.ca.gov/DLSR/PWD/index htm. Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code

The Contractor shall provide the City with a signed and notarized non-collusion affidavit.

Bids shall be delivered to the Purchasing Agent

at the 1st floor Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accord-ance with the provisions of Division 3. Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter Purchasing Agent April 3. 2014

EAST COUNTY GAZETTE GIE030790 04/03/14. 04/10/14

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2014-00006244-CU-PT-CTL

IN THE MATTER OF THE APPLICATION OF MAGGIE ANN NAJOR FOR CHANGES OF NAME PETITIONER: MAGGIE ANN NAJOR FOR AN ORDER TO CHANGE NAME FROM: MAGGIE ANN NAJOR TO: MAGGIE ANN RABAN

THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIFGO. SAN DIEGO SUPERIOR COURT, CIVII DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on MAY 2, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON MARCH 12, 2014. East County Gazette - GIF030790

3/20, 3/27, 4/3, 4/10 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-006716 FICTITIOUS BUSINESS NAME(S): Lab Management Network Inc. Located at: 30636 Rolling Hills Dr. Valley

Center CA 92082

This business is conducted by: A Corporation The first day of business was 02/28/2014 This business is hereby registered by the following: 1.Lab Management Network Inc. 30636 Rolling Hills Dr, Valley Center, CA,

This statement was filed with Recorder/County Clerk of San Diego County on March 10, 2014 East County Gazette- GIE030790 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-008709
FICTITIOUS BUSINESS NAME(S): Mie's Spa Located at: 11326 Village Ridge Rd, San Diego, CA, 92131

This business is conducted by: An Individual The first day of business was 01/01/2013 This business is hereby registered by the following: 1.Mie Michael 11326 Village Ridge Rd, San Diego, CA, 92131

This statement was filed with Recorder/County Clerk of San Diego County on March 26, 2014 East County Gazette- GIE030790

4/3, 4/10, 4/17, 4/24 2014

Call us today! (619) 444-5774

LEGAL NOTICES

APN: 651-160-33-00 TS No: CA08001523-13-1 TO No: 1533695 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED December 12. 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On April 22, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on December 14, 2006 as iment No. 2006-0887675 of official records in the Office of the Recorder of San Diego County, California, executed by HERBERT E. BATTERN AND MAUREEN L. BATTERN, HUSBAND AND WIFE J/T, as Trustor(s), in favor of HOUSEHOLD FINANCE CORPO-RATION OF CALIFORNIA as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain properly situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 24024 HARTLEY HILL RD, POTRERO, CA 91963 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied regarding title, possession, or encumbrances to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$378,797.78 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee. Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable,

the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08001523-13-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to att the scheduled sale. Date: March 19, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA08001523-13-1 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Lupe Tabita, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting. com FOR AUTOMATED SALES INFORMA TION PLEASE CALL: Priority Posting and Publishing at 714-573-1965 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT.

ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P1087398 3/27, 4/3, 04/10/2014

NOTICE OF TRUSTEE'S SALE No. 7037.104944 Title Order No. NXCA-0127893 MIN No. 100013800878066428 APN 474-450-06-00 YOU ARE IN DE-FAULT UNDER A DEED OF TRUST, DATED 09/19/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty expressed or implied, regarding title, pos session, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): DANIEL HERNANDEZ AND VIRGINIA HERNANDEZ, HUSBAND AND WIFE Recorded: 10/05/05, as Instrument No. 2005-0864504, of Official Records of SAN DIEGO County, California. Date of Sale: 05/09/14 at 9:00 AM Place of Sale: Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive, San Diego, CA The purported property address is: 7046 WAITE DRIVE, LA MESA, CA 91941 Assessors Parcel No. 474-450-06-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial pub lication of the Notice of Sale is \$446.215.31 If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being ioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be

made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www. USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7037,104944. Information about postpone ments that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: April 3, 2014 NORTHWEST TRUSTEE SER-VICES, INC., as Trustee Bonita Salazar, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclo-sure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 nent and Pay-Off Requests: 866-THIS OFFICE IS ATTEMPT-ING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. File # 7037.104944: 4/10/2014,4/17/2014,4/24/2014

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2014-00009145-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF STEVEN DANTE DUMAS FOR CHANGES

PETITIONER: STEVEN DANTE DUMAS FOR AN ORDER TO CHANGE NAME FROM: STEVEN DANTE DUMAS

TO: DANTE DUMAS
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 220 WEST BROADWAY, SAN DIEGO, CA, 92101. on MAY 23, 2014 at 8:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON

> East County Gazette - GIE030790 4/10, 4/17, 4/24, 5/1 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-009328

FICTITIOUS BUSINESS NAME(S): a.)At Home Finance b.)Home At Last Realty c.)At Home Properties

Located at: 6855 Monte Verde Drive, San Diego, CA, 92119

This business is conducted by: An Individual The first day of business was: 3/23/1999

This business is hereby registered by the following: 1.Abraham Waiche 6855 Monte Verde Drive, San Diego, CA, 92119 This statement was filed with Recorder/County

Clerk of San Diego County on April 02, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-009280
FICTITIOUS BUSINESS NAME(S): Global Brokerage Solutions at: 339 W Park Avenue, El Cajon,

This business is conducted by: A Married The business has not vet started

This business is hereby registered by the following: 1.Martin Urueta Jr. 339 W Park Avenue, El Cajon, CA, 92020 2. Laura Urueta 339 W Park Avenue, El Cajon, CA, 92020 This statement was filed with Recorder/County

Clerk of San Diego County on April 02, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

NOTICE OF PUBLIC LIEN SALE

Mobilehome lien sale on April 28, 2014, at 1:00 PM. 1174 East Main Street #57, El Cajon, CA 92021. Lien sale on account for LINDA CLINE; ESTATE OF LINDA CLINE: THOMAS CLINE: ROBERT J. RUHLE; ESTATE OF ROBERT J. RUHLE; SAFARI MOBILE LODGE; SAN DIEGO COUNTY PUBLIC ADMINISTRA-TOR. Mobilehome sold in "as is" condition. The successful bidder shall be responsible for all costs, fees, and/or penalties incurred in or associated with transferring title of the listed mobilehome into his/her/its name. In addition, the successful bidder may be liable to the State of California for any lien attached to the listed mobilehome provided for in Section 18116.1 of the California Health and Safety Code. Sale does not include any items of personal property that may be located in or about the mobilehome at the time of sale. Names published per Commercial Code §§ 7206 & 7210. View coach at 11:00 AM on date of sale. ABAMEX Auctioneers, Bond No.

CNS-2605177# EAST COUNTY GAZETTE

STATEMENT NO. 2014-009585 FICTITIOUS BUSINESS NAME(S): KOH Located at: 10830 Via Las Mayas #A, San Diego, CA, 92129 This business is conducted by: An Individual The first day of business was 9/1/2013
This business is hereby registered by following: 1. Tarig Kohgadai 10830 Via Las Mayas #A, San Diego, CA, 92129
This statement was filed with Recorder/County Clerk of San Diego County on April 03, 2014

MS 273-80-15. 4/10, 4/17/14

4/10, 4/17, 4/24, 5/1 2014 FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-006442 FICTITIOUS BUSINESS NAME(S): Dreamcatcher Entertainment

Located at: 1065 E. Washington Ave #F, El Cajon, CA, 92020 This business is conducted by: An Individual

The first day of business was 01/10/2014
This business is hereby registered by the following: 1 Deanne Gooden 1065 F. Washington Ave #F, El Cajon, CA, 92020 This statement was filed with Recorder/County

Clerk of San Diego County on March 06, 2014 4/3, 4/10, 4/17, 4/24 2014

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME(S): Peak San Diego Realty

Located at: 10539 Queen Ave, La Mesa, CA. 91941

This business is conducted by: A Corporation The business has not yet started

This business is hereby registered by the following: 1.Peak Property Management & Realty, Inc. 10539 Queen Ave, La Mesa,

This statement was filed with Recorder/County Clerk of San Diego County on April 02, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

Need to run a Fictitious Business Name Statement? Name Change? **Summons?**

We have the best prices in town!

Call us today! ⁽⁶¹⁹⁾ 444-5774

CREST/DEHESA/GRANITE HILLS/HARBISON CANYON

SUBREGIONAL PLANNING GROUP

P. O. Box 21489, El Cajon, CA 92021-1489 www.crestplanning.org

PRELIMINARY AGENDA/PUBLIC NOTICE

DATE: Monday, April 14, 2014,

TIME: 7 p.m.

PLACE: CREST COMMUNITY ASSOCIATION BUILDING, 113 NORTH PARK DRIVE, El Cajon California

A. CALL TO ORDER

B. ROLL CALL

C. PLEDGE OF ALLEGIANCE

D. APPROVAL OF MINUTES for the meeting of February 10, 2014

E. PUBLIC COMMUNICATION: An opportunity for members of the public and Planning Group to speak on items within the jurisdiction of the Planning Group and not on the Agenda. Time limit 3 minutes; no discussion, no vote.

F. ACTION ITEMS

1. None

G. GROUP BUSINESS

- 1. Announcements and correspondence received.
 - a. Speed limit posting on Harbison Canyon Road
 - b. Other
- 2. Expense reimbursement request.
 - a. Approval: P.O. Box reimbursement \$128.00 (Riggs).
 - b. Cca Meeting Room \$300.00
- Subcommittee reports.
 - a. PLDO (Bowen).
- Meeting update: May 12, 2014 DEHESA SCHOOL, 4612 Dehesa Road, El Cajon, 92019

None**Planning Group Members**

2. Pat Ulm Crest: 1. Judy Bowen 3. Ralph Slagill 4. Karla Caroll Dehesa: Lorraine Walls 6. Herb Krickhahn 7. Wally Riggs 8. Bill Bretz 9. Mary Manning 13. Phil Hertel Harbison Cvn. 12. Jeff Myrick Jack Vandover Jason Harris 14. Bryan Underwood Granite Hills Vacant

Final agenda will be posted at Old Ironside Park, 326 Harbison Canyon road, 72 hours prior to meeting.

Vice-chairman Wally Riggs

(619) 442-4612 wrplanning@aol.com (619) 659-9675 harris@nautilus.com

LEGAL NOTICES

CASE NUMBER 37-2013-00064498-CU-BC-CTL SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): ANDREAS ROSE, AN INDIVIDUAL; DOES 1-20 inclusive.. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE) AMERICAN EXPRESS BANK, FSB, A FED-ERAL SAVINGS BANK. NOTICE! You have been sued. This court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default. and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away If you do not know an attorney, you may want to call an attorney referral service. If you can-not afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settle ment or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov). en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero v bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov.selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO:Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen, sobre caulquier recuperacion de \$10,000 o mas dr valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derencho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso. The name and address of the court is: (El nombre y direccion de la corte es): Superior

Court of California, County of San Diego 330 West Broadway, San Diego, CA, 92101. The name, address and telephone number of plaintiff's attorney, or plaintiff without an at-torney is: (El nombre, la direccion y el numero de telefono del abogado del demandante. o del demandante que no tiene abogado, es): Lina M. Michael. Michael & Associates, PC 555 St. Charles Drive, Suite 204, Thousand Oaks, CA, 91360 Date: (Fecha) August 28, 2013. Clerk (Secretario) By: V. Navarrette. Deputy Clerk (Adjunto) East County Gazette GIE030790 March 27, April 3, 10, 17 2014.

NOTICE OF TRUSTEE'S SALE TS No. CA-13-603388-CL Order No.: 130245207-CA-API YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/21/1988. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank speci fied in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, posses sion, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below.

The amount may be greater on the day of sale, BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.
Trustor(s): SCOTT ALAN YEREBECK, A SINGLE MAN Recorded: 3/22/1988 as Instrument No. 88 130074 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 4/17/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges \$39,754.78 The purported property address is: 1351 EMERALD AVE, EL CAJON, CA 92020 Assessor's Parcel No.: 492-580-45-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien. you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 fo information regarding the trustee's sale or visit this Internet Web site http://www.gualityloan. com , using the file number assigned to this foreclosure by the Trustee: CA-13-603388-CL . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement informa-tion is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other com mon designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the

Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DERT AND ANY INFORMATION ORTAINED WILL BE USED FOR THAT PURPOSE Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www. qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-603388-CL IDSPub #0063628 3/27/2014 4/3/2014 4/10/2014

NOTICE OF TRUSTEE'S SALE TS No. CA-13-561216-BF Order No.: 130103165-CA-API YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/9/2002. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC . IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest hidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, posses sion, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances. under the terms of the Deed of Trust, inte thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE Trustor(s): JOSEPH D. TORRES AND ANA C.
TORRES, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 7/15/2002 as Instrument No. 2002-0592533 of Official Records in the office of the Recorder of SAN DIEGO County California; Date of Sale: 4/21/2014 at 9:00 AM Place of Sale: At the Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive San Diego, CA 92101, in the Auction.com Room Amount of unpaid balance and other charges: \$136,437.37 The purported property address is: 38526 HIGH HORSE HILL, BOULEVARD, CA 91905 Assessor's Parcel No.: 609-172-16-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site http://www.gualityloan com , using the file number assigned to this

foreclosure by the Trustee: CA-13-561216-BF Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A
DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: http://www. qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-561216-BF IDSPub #0063849 3/27/2014 4/3/2014 4/10/2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-008493 FICTITIOUS BUSINESS NAME(S): Escondido

Alliance/Alianza Escondido Located at: 28580 Mtn. Meadow Rd, Escon

dido. CA. 92026 This business is conducted by: An Individual The business has not yet started

This business is hereby registered by the following: 1.Nina Deerfield 28580 Mtn. Meadow Road, Escondido, CA, 92026

This statement was filed with Recorder/County Clerk of San Diego County on March 25, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the

business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at:

ACE SELF STORAGE 573 Raleigh Avenue El Cajon, CA 92020 (619) 440-7867

By competitive bidding will sell, on April 9th 2014 at 9:30 AM or after. The following properties: miscellaneous personal items, household miscellaneous miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

H072 Lisa Hayes H065 Kenneth Lewis D004 Anthony Alderete F005 Elizabeth Wolf E002 Kevin Evans

East County Gazette-GIE030790 3/27, 4/3 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-008311 FICTITIOUS BUSINESS NAME(S): Jeira

Handyman & Maintenance Located at: 4967 Auburn Dr, San Diego,

CA. 92105 This business is conducted by: A Married Couple

The first day of business was: 3/24/2014 This business is hereby registered by the following: 1.Juan Carlos Quintero 4967 Auburn Dr, San Diego, CA, 92105 2.Erika G. Quintero 4967 Auburn Dr, San Diego, CA, 92105

This statement was filed with Recorder/County Clerk of San Diego County on March 24, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

NOTICE OF TRUSTEE'S SALE File No 8520.20158 Title Order No. NXCA-0122732 MIN No. APN 576-541-01-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/14/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): John J Gay, a single man Recorded: 08/22/07, as Instrument No 2007-0559428, of Official Records of SAN DIEGO County, California. Date of Sale: 04/16/14 at 10:00 AM Place of Sale: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South. San Diego, CA The purported property address is: 7505 HUGHES STREET, LEMON GROVE, CA 91945 Assessors Parcel No. 576-541-01-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$347,086.64. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTEN-TIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www. Auction.com using the file number assigned to this case 8520,20158. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postpone ment information is to attend the scheduled sale. Date: March 17, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Melissa Myers, Authorized Signatory 124 E. Dver Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website www.USA-Foreclosure.com or www.Auction. com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL

BE USED FOR THAT PURPOSE. File #

8520.20158: 3/27/2014,4/3/2014,4/10/2014

NOTICE OF PETITION TO ADMINISTER ESTATE OF PHYLLIS HOPE LEWIS CASE NO. 37-2014-00008529-PR-PL-CTL (IMAGED FILE)

To all heirs, he eneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: PHYLLIS HOPE LEWIS

A Petition for Probate has been filed by ROBERT F. LEWIS in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that ROB-ERT F. LEWIS be appointed as personal representative to administer the estate of the decedent

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not

grant the authority.
A hearing on the petition will be held in this court on 05/01/2014 at 01:30 pm in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250, A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Merrianne E. Dean Esq., The Dean Law Group. A.P.L.C., 3990 Old Town Avenue, Suite C-303, San Diego, CA 92110, Telephone: 619-232-8377

> CNS-2605178# EAST COUNTY GAZETTE

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-009319 FICTITIOUS BUSINESS NAME(S): Vine Ripe Market

Located at: 8191 Fletcher Parkway, La Mesa, CA. 91942

This business is conducted by: A Corporation

The business has not yet started

This business is hereby registered by the following: 1.Vine Mesa, Inc. 1283 E. Main Street Ste 212, El Cajon, CA, 92021

This statement was filed with Recorder/County Clerk of San Diego County on April 02, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006872

FICTITIOUS BUSINESS NAME(S): Unlimited Controls & Instrumentation

Located at: 294 Chambers St #17, Fl Caion.

This business is conducted by: An Individual The first day of business was 03/11/2014
This business is hereby registered by the following: 1. Omar Perez Landeros 294 Chambers St. unit 17, El Cajon, CA, 92020 This statement was filed with Recorder/County Clerk of San Diego County on March 11, 2014 East County Gazette- GIE030790

3/27, 4/3, 4/10, 4/17 2014

- LEGAL NOTICES —

NOTICE OF TRUSTEE'S SALE File No. 7042.12869 Title Order No. NXCA-0125941 MIN No. 1001337-0003423074-1 390-08-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/14/08. UN LESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash. cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings a sociation, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but vithout covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): Carol Moreno, Trustee of the Henry W. Moreno and Carol E Moreno Living Trust UDT dated February 26, 1993 Recorded: 11/25/08, as Instrument No. 2008-0608524 of Official Records of SAN DIEGO County, California. Date of Sale: 04/23/14 at 10:00 AM Place of Sale: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South, San Diego, CA The purported property address is: 1333 MANOR DR, EL CAJON, CA 92021 Assessors Parcel No. 388-390-08-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable the time of the initial publication of the Notice of Sale is \$197.871.33. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee.
NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same sources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postnone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www Auction.com using the file number assigned to this case 7042.12869. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postpone ment information is to attend the scheduled sale. Date: March 21, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website www.USA-Foreclosure.com or www.Auctio com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. File # 7042.12869: 4/3/2014.4/10/2014.4/17/2014

Trustee Sale No. 13-520452 CXE Title Order No. 8388466 APN 606-092-12-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/10/09 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLA NATION OF THE NATURE OF THE PRO CEEDINGS AGAINST YOU. YOU SHOULD CONTACT A LAWYER. On 05/09/14 at 9:00 am, Aztec Foreclosure Corporation as the duly appointed Trustee under and pursuant to the ver of sale contained in that certain Deed of Trust executed by Rory Wallace and Ashley Wallace, Husband and Wife, as Trustor(s), in favor of Mortgage Electronic Registration Systems, Inc., solely as Nominee for Evergreen Moneysource Mortgage Company, A Washington Corporation., as Beneficiary, Recorded on 11/18/09 in Instrument No. 2009-0642883 of official records in the Office of the county recorder of SAN DIEGO County, California; Nationstar Mortgage LLC, as the current Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state of federal credit union, or a check drawn by a state or federal savings and loan association savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive, Auction.com Room, San Diego, CA 92101, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described as: 29956 OAK DRIVE, CAMPO, CA 91906 The property heretofore described is being sold "as is". LOT 30 AND 31 OF LAKE MORENO VILLAGE, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORD-ING TO MAP THEREOF NO. 2383. FILED IN OF SAN DIEGO COUNTY, FEBRUARY 27. 1947. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied. regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$151,295,21 (Estimated good through 5/1/14) Accrued interest and additional advances, if any, will increase this figure prior to sale. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 3-14-14 Elaine Malone Assistant Secretary & Assistant Vice President Aztec Foreclosure Corporation 6 Venture, Suite 305 Irvine, CA 92618 Phone: (877) 257-0717 or (602) 638-5700 Fax: (602) 638-5748 www aztectrustee.com NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property.
You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the prop-erty. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned to this case 13-520452. Information about postponements that are very short in duration or that

occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. www.Auction.com or call (800) 280-2832 Or Aztec Foreclosure Corporation (877) 257-0717 www.aztectrustee com P1086944 4/3, 4/10, 04/17/2014

NOTICE OF TRUSTEE'S SALE TS No. CA-

13-600500-JB Order No.: 8368090 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/25/2008 UNI ESS YOU TAKE AC-TION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER, A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encum-brances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust. with interest and late charges thereon, provided in the note(s), advances, under the terms of the Deed of Trust interest thereon. fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale, BENEFI-CIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): THOMAS SHARP AND KATHRYN A. SHARP. HUSBAND AND WIFE AS JOINT TENANTS Recorded: 7/31/2008 as Instrument No. 2008-0410740 of Official Records in the office of the Recorder of SAN DIEGO County, California: Date of Sale: 4/24/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Caion, CA 92020 Amount of unpaid balance and other charges: \$236,199.45 purported property address is: 1229 VICTOR AVE, EL CAJON, CA 92021 Assessor's Parcel No.: 483-102-27-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the prop erty. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence. priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan. com, using the file number assigned to this foreclosure by the Trustee: CA-13-600500-JB Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee

is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A
DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE, Date: Quality Loan Service Corporation 2141 5th Av enue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan. com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-600500-JB IDSPub #0064229 4/3/2014 4/10/2014 4/17/2014

NOTICE OF TRUSTEE'S SALE File No. 7042.12773 Title Order No. NXCA-0125335 MIN No. 100024200008975555 APN 475-151-06 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/22/05. UN-LESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EX-PLANATION OF THE NATURE OF THE PRO-CEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): JUAN GOMEZ. A MAR-RIED MAN AS HIS SILE AND SEPARATE PROPERTY Recorded: 08/11/05, as Instrument No. 2005-0686398, of Official Records of SAN DIEGO County, California. Date of Sale: 04/23/14 at 10:00 AM Place of Sale: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South, San Diego, CA The purported property address is: 7380 ORIEN AVE, LA MESA, CA 91941 Assessors Parcel No. 475-151-06 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$404,581.15. If the sale is set aside for any reason, the pur-chaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction.
You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this informa-tion. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROP-ERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that

information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www. USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7042.12773. Information about postpone ments that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: March 25 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS OFFICE IS ATTEMPTING TO COLLECT A
DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. File # 7042.12773: 4/3/2014,4/10/2014,4/17/2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-009370

FICTITIOUS BUSINESS NAME(S): Papen hausen Lopez Investigations

Located at: 3675 Ruffin Road, Suite 225, San Diego, CA, 92123

This business is conducted by: A General Partnership

The first day of business was: 4/1/2012

This business is hereby registered by the following: 1.Bill Papenhausen 3675 Ruffin Road, #225, San Diego, CA, 92123 1.Manny Lonez 3675 Ruffin Road, #225, San Diego

This statement was filed with Recorder/County Clerk of San Diego County on April 02, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2014-009585
FICTITIOUS BUSINESS NAME(S): a.) The Dyno Shop b.)TDS Auto Sales c.)Santee Car

Located at: 10042 Prospect Ave, Santee, CA. 92071

This business is conducted by: A Corporation

The first day of business was 01/01/1971 This business is hereby registered by the following: 1.The Dyno Shop, Inc. 10042 Prospect Ave. Santee CA. 92071

This statement was filed with Recorder/County Clerk of San Diego County on March 12, 2014 East County Gazette- GIE030790 4/10, 4/17, 4/24, 5/1 2014





NOTICE OF PUBLIC HEARING

The El Cajon City Council will hold a Public Hearing on Tuesday, April 22, 2014, at 3:00 p.m. in the Council Chambers at 200 Civic Center Way, El Cajon, to consider the

Adoption of 2014 Five (5) Year Regional Transportation Improvement Program (RTIP) for the City of El Cajon

The proposed program is available for review in the City Clerk's Office at City Hall, 200 Civic Center Way, El Cajon, For questions, please contact Mario Sanchez at (619) 441 1653.

The public is invited to attend and participate in this public hearing. Please call the City Clerk's Office at (619) 441-1763, if you have any questions regarding this notice of hearing. If you challenge the matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written ondence delivered to the City Clerk at, or prior to, the public hearing.

The City of El Cajon encourages the participation of disabled individuals in the services, activities and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the City Council meetings should contact the City Clerk's Office at (619)

Belinda A. Hawley, CMC

EAST COUNTY GAZETTE GIE030790



NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that on April 22.

2014, a public hearing will be held with respect to the proposed participation by the City of El Cajon in the CaliforniaFIRST Program of the California Statewide Com Development Authority, the Figtree Program of the California Enterprise Development Authority, and the Hero Program of the Western Riverside Council of Governments. Participation in the CaliforniaFIRST, Figtree, and Hero Programs will enable property owners to finance renewable energy, energy efficiency and water efficiency improvements on their property through the levy of contractual assessments pursuant to Chapter 29 of Division 7 of the Streets & Highways Code ("Chapter 29") and the issuance of improvement bonds under the Improvement Bond Act of 1915 (Streets and Highways Code Sections 8500 and following) upon the security of the unpaid contractual assessments. Chapter 29 provides that assessments may be levied under its provisions only with the free and willing consent of the owner of each lot or parcel on which an assessment is levied at the

The hearing will commence at 3:00 PM on April 22, 2014, or as soon thereafter as the matter can be heard, and will be held in the City Council Chambers at 200 Civic Center Way, El Cajon, California. Interested persons wishing to express their views on the participation in the programs and the financing of renewable energy, energy efficiency and water efficiency improvements as described above will be given an opportunity to do so at the public hearing or may, prior to the time of the hearing. submit written comments to City of El Cajo 200 Civic Center Way, El Cajon, CA 92020. Attention: Anthony Shute

Dated: April 10, 2014 CITY OF EL CAJON

Belinda Hawley

City Clerk
EAST COUNTY GAZETTE GIE030790
04/10/14

Classified Ads

→On Wheels

EALS

NEW! ONE TIME PRICE!

NOW ADVERTISE YOUR
AUTOMOBILE

FOR A ONE TIME FEE OF \$25

AND IT WILL RUN AS LONG AS IT TAKES TO SELL IT! (up to 1 year)

(3 lines plus photo, extra lines \$2 ea. Private parties only, no dealerships)



2007 Ford F150 XL regular cab auto air V6 engine 58,000 miles original owner excellent condition \$12,950 (760)746-7209



1985 Ford Tempo. Runs great, 4 cyls std. trans, 1K, good transportation vehicle. 619-562-2252



1993 Cadillac Fleetwood 115,000 Miles, ex. shape smogged & licensed 619-697-1015



2000 Chrysler Seabring JXI Convertible. Gold Exterior/Black Interior All Leather Seats. 95,400 Miles 3,000 or Best Offer 619-201-3367



Hwy Miles. New Tires, Headliner.
2 tone tan paint. Engine & Body Solid Smogged & ready to go show it off! \$3,900 (619) 448-6979

2006 Chrysler Pacifica Touring Low 91,200 Miles. Blue Exterior/Gray Interior. Fully Loaded. Moon Roof/P Seats/3 Row Seats/Alloy Rims 6.500 Or Best Offer 619-201-3367



2005 Kia Amanti Low 99,800 Miles Pearl White Exterior/Cream Interior Fully Loaded/Sun Roof/Leather Seats Heated Seats/AC/DVD/MP3/PSeats 6,500 Or Best Offer 619-201-3367

DJ's FOR Parties

Jump'n Jack Flash Mobile Music Now booking Parties & Events and Class Reunions for the classes of 1954 /64/74/84/94 & 2004 "Radio Personality" Jump'n Jack Flash at your event!! Call: 619-857-7272

GARAGE/YARD SALE

Multi-Family Carport Sale. Sat-Sun. 4/6 8am-1pm Safari Mobile Lodge 1174 E. Main St. El Cajon behind the U-Haul Look for signs inside park.

HELP Wanted

We are a Landscaping Construction and Maintenance company that has been in business for over 10 years!! We are looking for an employee to fill the laborer position. Please read the list below BEFORE contacting us for an interview:

We are looking for:

- 1. Someone who likes landscaping and has prior knowledge and experience in the field. YOU MUST HAVE EXPERIENCE TO APPLY!!!
- 2. Has a own reliable transportation with valid drivers license, along with a clean driving record. No DUI's will be excepted! Must provide driving record from dmv at your expense.
- Able to drive stick shift.
- 4. Able to lift 65 lbs on occasion.
- 5. Able to meet for a FACE TO FACE interview in ALPINE after we have contacted you.
- 6. Shop location is in ALPINE where you will drive to everyday there is work!!

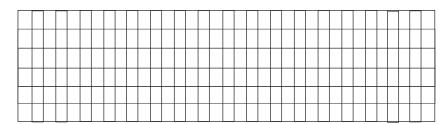
Contact us at 619-722-1773 to set up interview time & day. Please forward your RESUME with work experience timelines & 3 references to Michelle@DCL4U.com.

Looking for a great income or need to supplement your current income?
Join the Legal Shield team and begin your financial freedom! Help people obtain the legal help they need and deserve for a small monthly fee. Easy to sell, great commission and opportunity to build your own team!
Call today! (619) 445-4613
or email: deborah87@legalshield.com

CLASSIFIED ADS

BEST BUY IN TOWN!

Place your Classified Ad with the Gazette for only \$5.00 for three lines. (Approximately 35 characters per line) -- \$2.00 per line after the first three. LOST AND FOUND ADS ARE FREE!



PRIVATE PARTY ADS ONLY Fill out this form and send it with your check/money order to: The Gazette, P.O. Box 697., El Cajon, CA 92022 (Remember photos are only \$5 extra!)

Call for Business Rates (619) 444-5774

MISCELLANEOUS FOR SALE



Bassett Dining Room Set \$1800 8 chairs, 2 leaves, Table, & 2 piece China Cabinet Excellent condition, table top needs refinishing,

REAL ESTATE

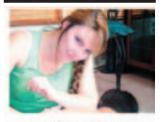
Want out of your Real Estate? Let me take over your payments. I can make your next month's payment. Call Steve at (619)972-1010

REAL ESTATE FOR SALE/LEASE Drive-Thru Restaurant, 1275 Broadway/2nd (Next to CUS) \$995,000 Sale or \$4,000 Lease. 2,000sq ft+Outside Dinning. Equipment ready to open! Agt (619)220-6888 (24/7) Richard Sells



LAKESIDE, 3BR/2BTH, 1,542sqft NEW roof, appliances, flooring, move-in ready, \$439,500, MOTIVATED SELLER Call 619-335-5514

SERVICES OFFERED



BETTER THAN MASSAGE IMMEDIATE RESULTS for all types of pain imple stress to serious chronic body issues. Call NOW for Results you've hoped for! 20+ years experience 619-267-PAIN (7246) Debra

GAZETTE CLASSIFIEDS WORK! PLACE YOUR AD TODAY CALL (619) 444-5774

The East County Gazette is looking for

Advertising Account Representatives

If you like:

- Working your own hours
 - Talking with people
- Helping local businesses succeed give us a call.

We are looking for you! Call (619) 444-5774

The newspaper everyone's reading!

EAST GAZETTE

Phone (619) 444-5774 • Fax: (619) 444-5779

www.eastcountygazette.com 1130 Broadway, El Cajon, CA 92021

Publishers: Debbie and Dave Norman
Entertainment Editor: Diana Saenger
Office Manager: Brice Gaudette Administrative Assistant: Briana Thomas
Distribution Manager: Dave Norman

Photographers: Tom Walko, Kenny Radcliffe Writers: Patt Bixby, Diana Saenger, Chuck Karazsia, Kenny Radcliffe Advertising: Briana Thomas, Lionel Talaro, Patt Bixby Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon), Dr. Luauna Stines Cartoonists: David & Doreen Dotson

The Gazette is Published each Thursday as a commercial, free-enterprise newspaper.

The opinions and views published herein are those of the writers and not the publishers or advertisers. Advertisements designed by the Gazette are property of the Gazette and are not to be used in other publications without written consent of publisher. Deadlines for advertising and press releases are Friday at two.

Send in your letters and opinions to: Editor, East County Gazette, P.O. Box 697, El Cajon, CA 92022 or e-mail us at: editor@ecgazette.com

The East County Gazette is an adjudicated newspaper of general circulation by the Superior Court of the State of California, San Diego County

and the El Cajon Judicial District.

The East County Gazette adjudication number: GIE030790. March 10, 2006.

www.eastcountygazette.com

Our Best Friends

Pet of the Week



"Howdy, folks! My name is RUBY, and I'm a loving and friendly fouryear-old Pit Bull with a beautiful red coat. I want more than anything to be with a kind-hearted person. I enjoy going on walks and chasing after toys, and I'll never turn down a belly rub. You should see my face when I get a tummy rub. I look

like I'm in heaven! I'd like to be in a home with adults or older kids, and I'd need to be the only dog in my new home. I'd also need to have a yard in my new home, along with a soft and snuggly dog bed in the house. I've already been house trained, and I can sit on command. I'll want to please you, so I'll try really hard to learn whatever you'd like to teach me. I sure hope you'll come visit me. The El Cajon Animal Shelter has a really nice play yard where we can get better acquainted, and I think you'll see what a special girl I am. Please come by soon! Love, Ruby" Kennel #18

Give a pet a forever-home — Stop by the El Cajon Animal Shelter



Brandon. 6-year-old Lhasa Apso mix male. Kennel #53.



Dottie, 1-1/2-year-old Cattle Dog/Pit Bull mix female. Kennel #23



Scarlet, 1-vear-old Cattle Dog & Pit Bull Terrier mix female. Kennel #24

Marsh, 5-year-old Tabby

Point short hair mix.

Open 7 Davs

A Week



Luke, 1-vear-old Pit Bull Boxer mix. Male Kennel #62



Ciera, 6-yer-old Chow mix female. Kennel #5

FEED & SUPPL

SPRING HAS ARRIVED!

Are you working on your garden or

\$9.75 per bale

The El Cajon Animal Shelter is located at 1275 N. Marshall. El Cajon, (619) 441-1580. **Hours are Tuesday** through Saturday 10 a.m. to 5 p.m.



Bobbie, 6-year-old Boxer female. Kennel #50.

Delivery

Available

Annual Heartworm checkups keeps 'Spring' in inpets' steps

npring means many things to dogs and their owners. It's time for longer walks and the shared exhilaration of playing "fetch" on the lawn. Even muddy feet from spring rains can be a pleasure.

For many pets and their owners, spring is also a time to visit the veterinarian for an annual heartworm check-up.

Veterinarian and American Heartworm Society President Dr. Stephen Jones offers answers to common questions about this spring ritual.

• My veterinarian is recommending a heartworm test, but my dog was just tested a year ago. Why does he need a test again so soon?

Your dog should have an annual heartworm test to determine if he became infected during the previous season.

It takes months before a dog with heartworm will test positive. So testing annually — usually at the time the prescription for his heartworm medication is being renewed – makes sense.

As with many diseases, the earlier heartworm can be diagnosed, the better the chances he will recover. If heartworm disease in a dog goes undetected and untreated, the worms can cause progressive and potentially fatal damage to his arteries, heart and lungs.

• If my dog is on continuous heartworm prevention, why does he need to be tested?

Annual testing ensures his prevention program is working. Heartworm medications are highly effective, but dogs can still become infected.

Why? A common reason is simple forgetfulness. Missing just one dose of a monthly medication, or administering it late, can leave a dog unprotected. Even if you do everything right and on time, it's no guarantee.

Some dogs spit out their heartworm pills when their owners aren't looking. Dogs have also been known to vomit heartworm pills or rub off a topical medication. Whatever the cause of missing or delaying a dose, any of these mishaps can put your dog at risk of heartworm infection

• Do my cats need heartworm protection too?

Like dogs, cats get heartworm disease. And while cats are not as easily infected as dogs, it only takes one or two heartworms to make a cat very sick. That's why the American Heartworm Society recommends year-round heartworm prevention for both dogs and cats.

Because heartworm disease in cats may or may not involve infection with adult worms. the diagnosis can be challeng-

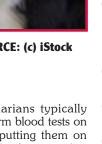


PHOTO SOURCE: (c) iStock

ing. Veterinarians typically run heartworm blood tests on cats before putting them on medication the first time, but later rely on such procedures as chest x-ray or ultrasound to confirm diagnoses.

More information about heartworm disease and its prevention can be found at www. HeartwormSociety.org.

Spring, summer, winter or fall — your pets need yearround prevention to keep them healthy and free of deadly heartworms. Seeing your veterinarian for an annual heartworm check-up is one of the best moves you can make to keep the spring in your pet's (StatePoint)



doing some landscaping? We have #2 grade, 9 foot Railroad Ties available for just \$13.99 each How about straw for erosion control or mulch?

> **Custom Leather Work by Marty Barnard**

> Now offering saddle cleaning and minor repairs, done on site!

619.562.2208

10845 Woodside Ave. • Santee, CA 92071 Open Mon.-Fri. 8:30am-6:00pm Sat. 8:30am-5pm • Sun. 10am-4pm





Saturday & Sunday, April 19 & 20 • 10am-9pm

Enjoy The Buffet's incredible Weekend Menu PLUS traditional Easter favorites including...

\$29.99

- Herb Marinated Leg of Lamb
- Pork Loin with Maple-Honey-Pecan Glaze
- Grilled Chicken Breast with Green Mole
- Omelet Station
- Pickled Herring Salad

- Pickled Deviled Eggs
- Bulgar Wheat Salad
- Roasted Spring Root Vegetables
- Au Gratin Potato
- Hot Cross Buns
- Challah Bread

Specialty Easter Dessert Bar Featuring:

White & Milk Chocolate Fountain

