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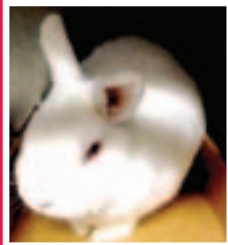
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**MARCH 27-  
APRIL 2, 2014**



Meet Spencer and  
his friends on page 19

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### What's new in the theaters?

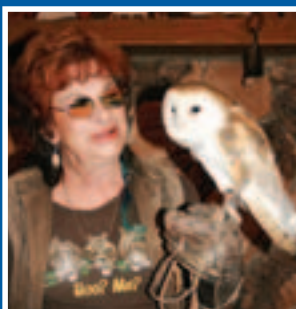
Ready to go to the movie  
theater but not sure what to see?

Check out the review  
on 'LunchBox'  
by Jean Lowerison  
on page 11



Get the latest scoop  
on new movies right  
here in the Gazette!

### Looking for something to do?

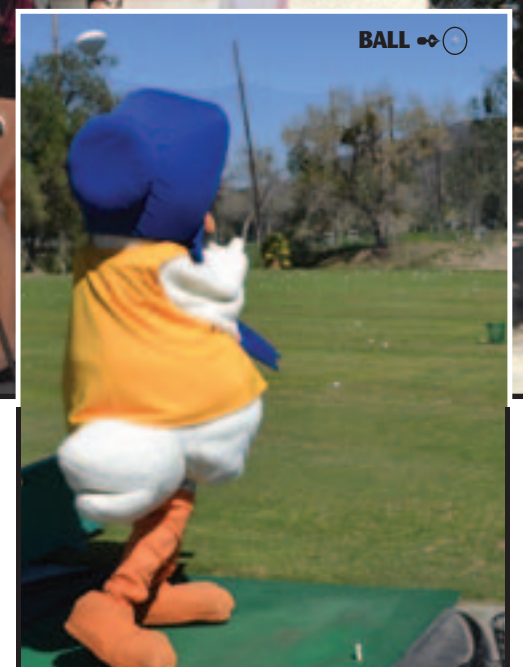


CHIRP Garden Club to host  
"Raptor Rap." Pictured  
is Nancy Conney of Sky  
Hunters Raptor Education &  
Rehabilitation with an owl  
as she talks about these  
amazing birds of prey. Read  
this and more on the Gazette  
calendar on page 9 or visit  
[www.eastcountyconnect.com](http://www.eastcountyconnect.com)

# Golf with the Goose



Mother Goose made a visit to Cottonwood Golf Club to speak with the cart girls and practice up on her game for her upcoming golf tournament on April 10. Mother Goose is still looking for golfers to come out and have fun with all her golf buddies. Only \$85 for 18 holes of golf, cart, free drinks from special booths on the course, dinner, entertainment, trophies and opportunity drawings. Sign up before April 1 to get the best price! Call the East County Gazette (619) 444-5774 or Christina at Cottonwood (619) 442-9891 x15 or fill out the form on page 11 and fax to (619-444-5779 or email [mggolf@ecgazette.com](mailto:mggolf@ecgazette.com). Pictured above is Brittany and Marissa with Mother Goose. Photo credit: Debbie Norman



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# Local News & Events

## Arbor Day Celebration at Hillside Park



(L-R) Councilmember Tony Ambrose, Mayor Bill Wells, and Councilmember Star Bales. Photo taken by Monica Zech.

The City of El Cajon celebrates the City's 17th year of receiving the Tree City USA award and our 25th Annual Arbor Day ceremony on Saturday, March 22nd! Festivities were held at Hillside Park, located at 840 Buena Terrace. El Cajon Mayor Bill Wells presented a proclamation in honor of Arbor Day and took part in a ceremonial tree planting,

along with Councilmembers Star Bales and Tony Ambrose.

Arbor Day is a nationally celebrated observance that encourages tree planting and care, recognizing that trees help to increase property values, enhance the economic vitality of business areas, clean the air and beautify our community. Also at the event, instructors and students from the Cuyamaca

College Ornamental Horticultural Department to help train volunteers on proper tree planting techniques before heading out to plant over 50 trees there at Hillside Park. The El Cajon Teen Coalition provided light refreshments during the event

and free tree seedlings were distributed by West Coast Arborists and San Diego Gas & Electric. Additionally, the San Diego Regional Urban Forests Council also provided an information booth. It was a perfect day for planting!

## Alpine Kiwanis host Annual 8th Grade Speech Contest

by Corinne Lewis

Each year the 8th graders from Joan MacQueen Middle School compose persuasive essays on a topic of their choice. The eight students presenting their essays to the Kiwanis Club of Alpine at their regular weekly meeting Saturday, March 22 were chosen out of a pool of approximately 300 of their peers.

Five anonymous judges in the audience gave each student a score based on the following ten categories:

- Thoughtful and challenging introduction
- Body language



Sydney Kerl Credit: Corrine Lewis

- Voice projection and enunciation
- Knowledge of material
- Consistent eye contact with the audience
- Well organized material
- Thoughtful and challenging conclusion
- Energetic presentation; Interesting content
- Ability to stay within the allotted time of 3-4 minutes

This year's contestants and their topics were:

- Devin Baldwin - Pollution
- Anthony Hallack - Video Games Don't Cause Violence
- Rhianna speck - Cyber Bullying
- Jack Stanrk - Social Media
- Quin Gould - space Exploration Funding
- Kylee Schwenck - The Happiness of Volunteering
- Sydney Kerl - Bullying Prevention
- Eden Mackinnon - The Fall of our Planet

While the votes were being tallied, Mackenzie Manns presented each contestant with a beautiful acknowledgement certificate from Senator Joel Anderson's Office.

The 2014 winner of the Joan MacQueen Speech Contest was Sydney Kerl.

The topics and presentations this year were outstanding and each and every student should be commended for their public speaking performance! Congratulations to the future leaders of our community!

## Lakeside's Roundup

by Patt Bixby

### Western Days Parade Program

The East County Gazette is the only official paper for the April 26 Lakeside Western days Parade. The Gazette will have a special insert dedicated to the Western Days Parade and 50<sup>th</sup> Anniversary of the Lakeside Rodeo. Place an ad at the Gazette's special rates and be part of this annual event. Papers will be handed out parade day in addition to the regular distribution. For ad rate information contact Patt Bixby at (619) 444-5774.

### Chamber Mixer

K's Discount Fashion, 12413 Woodside Ave. (next to Von's) hosted the March 20 Lakeside Chamber of Commerce Mixer. The twenty people who attended the mixer learned K's Discount carries new name brand shoes, purses, clothing and jewelry at discount prices. Stop by and check out the latest fashions while shopping locally.

The Lakeside Chamber of Commerce mixers are a fun and friendly way to network with other local businesses. Chamber mixers are the 3<sup>rd</sup> Thursdays of the month, members are \$5, \$10 for all others, the public is welcome. The next mixer will be April 17 hosted by the 7-11 on Riverford and "Big Dev's" Down Home BBQ and Catering Service. The mixer will be at 7-11 from 5:30 to 7:30 p.m.

### Scam

People posing as Water District employees have been going to homes in the Lakeside area asking to check water samples inside the home, Lakeside Water District employees do not do this. If you have any questions call the Lakeside Water District at (619) 443-3805

### A Day in the Park.

Saturday March 29 Run for the Arts 9 a.m. Lindo Lake Park. Following the Run for the Arts the 9<sup>th</sup> Annual "It's How We Live" free to the community festival 9 a.m. to 12 noon Lindo Lake Park (ball park)

### Corrections March 20-26 issue

New Fire Engine article photo should have been courtesy of Susan Conniry

## Students honored for Research

More than 375 of the best and brightest researchers from San Diego State University participated in the seventh annual Student Research Symposium.

Several local-area students were honored for their symposium entries which showcased their original research through presentations on a variety of topics from humor, animal rights and air pollution to marriage equality, bone health, mucus and bacteria.

Sumedha Weerasuriya, of La Mesa, was recognized with a President's Award for their presentation on Ultra-rapid manufacturing of nano scaled components.

Sierra Cronan, of La Mesa, was recognized with a Research Award for Diversity, Inclusion, and Social Justice for their presentation on I See Gay People: Resource Scarcity Leads to More Stringent Ingroup Boundary Formation.

Christopher Gunderson, of

El Cajon, was recognized with a Undergraduate Research Excellence Award for their presentation on Physical abuse and family instability predict behavior problems in children.

"Participating in the research process gives students the chance to get some real-world insight into potential careers, to forge close relationships with faculty mentors, to become more competitive for scholarships and fellowships and finally to reinforce the lessons learned in lectures," Jeffery continued.

Presentations were evaluated based on several criteria including the originality, significance and delivery of the research.

The top 10 researchers were honored with Presidential Awards and will go on to represent SDSU at the California State University Student Research Competition in May 2014.

For more information on SDSU's Student Research Symposium, visit <http://srs.sdsu.edu>.

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## — LOCAL NEWS &amp; EVENTS —

# El Cajon highlights

by Monica Zech,  
City of El Cajon Public  
Information Officer

## EVENTS

### El Cajon Farmer's Market celebrates one year anniversary

On Thursday, March 27 the El Cajon Farmers' Market celebrates its one year anniversary! To celebrate, there will be special vendors and live entertainment! So, be sure to make it! The Farmers' Market is held every Thursday at the Prescott Promenade, located at 201 E. Main Street. Hours are from 3 to 7 p.m. The Farmers' Market offers a wide variety of fresh, locally-grown fruits and vegetables, and fresh baked breads. Also, there are several vendors, an art show, and live music! For more information, please visit [www.elcajonfarmersmarket.org](http://www.elcajonfarmersmarket.org).

### The El Cajon Library Hosts Multicultural Family Fiesta On Saturday

The Downtown El Cajon Library, at 201 E. Lexington Avenue, will celebrate the vibrant cultural diversity of its community with the 5<sup>th</sup> Annual Multicultural Family Fiesta, on Saturday, March 29, from 12 to 3 p.m. The event will feature live entertainment, refreshments, crafts for kids, and displays from numerous community organizations. The Fiesta will also highlight the

county-wide kick-off of the national El Día de los Niños/El Día de los Libros (Day of the Child/Day of Books), a celebration of children's reading, with a free book for teens and children. The Fiesta is free of charge and the public is invited!

The entertainment line-up includes La Fiesta del Pueblo Ballet Folklorico dancers from Cajon Valley Middle School, led by teacher Juan Lopez; dancers and singers from St. Madeleine Sophie's Center; the award-winning Arabina Middle Eastern dancers starring founder "Dilek"; a demonstration by the El Cajon Police Department's K-9 police dog and officers, and firefighters from Heartland Fire & Rescue in El Cajon, will also be on hand to host tours of a fire engine. The Fiesta is sponsored by the San Diego County Library. If you are interested in having a community resource table, please contact Jenne Bergstrom at: [jenne.bergstrom@sdcounty.ca.gov](mailto:jenne.bergstrom@sdcounty.ca.gov). To volunteer or for more information, please contact Hildie Kraus at (619) 588-3718 or [hildie.kraus@sdcounty.ca.gov](mailto:hildie.kraus@sdcounty.ca.gov).

### Morning Glory Brunch is April 12

Don't miss St. Madeleine Sophie's Center's 16<sup>th</sup> Annual Morning Glory Brunch at St. Madeleine's beautiful organic garden. Over 500 people are expected to attend this fun-filled brunch on Saturday, April 12, from 10 a.m. – 2 p.m. on St. Madeleine's five-acre

campus, located at 2119 E. Madison Avenue, in El Cajon. Highlights include a variety of food, including assorted pastries and adult beverages from over 20 restaurants, live music, art and garden demonstrations, boutique shopping, silent auctions and more! To purchase tickets, or for more information, visit [www.stmsc.org](http://www.stmsc.org).

### Cajon Classic Cruise Car shows are back in April

See all the beautiful classic vehicles during the 2014 Season of Cajon Classic Cruise Car Shows every Wednesday night, starting April 23 and continuing through October 29. The first car show will involve a full street closure of East Main Street between Magnolia and Claydelle Avenues, from 5 to 8 p.m. This popular car show is held in the area of the Prescott Promenade in Downtown El Cajon and is hosted by the Downtown El Cajon Business Partners. For more information, visit [www.downtownelcajon.com](http://www.downtownelcajon.com) or call (619) 334-3000.

### Rotary 23rd Annual Charity Auction

On Friday, April 25, it's the Rotary Club of El Cajon Annual Charity Auction! This fun event will be held at Toyota of El Cajon, 956 Arnele Avenue, from 6 to 9 p.m. Festivities include great silent auction items & live auction, and foods from all over the world! Tickets are \$80 per person. For more information,

visit [www.elcajonrotaryfund-raiser.com](http://www.elcajonrotaryfund-raiser.com).

### National Prescription Drug Take-Back Day

On Saturday, April 26 from 10 a.m. to 2 p.m. the El Cajon Police Department, working in conjunction with the Drug Enforcement Administration, will be hosting a prescription drug drop off site in the parking lot of their police station, located at 100 Civic Center Way. The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. This effort is designed to prevent pill abuse and theft by getting rid of potentially dangerous, expired, unused or unwanted prescription drugs in a safe manner. Studies show that most teens who have abused prescription drugs get those drugs from their own homes or from the homes of friends. Bring your outdated, unused or unwanted prescription pills, ointments, or liquids; no questions asked! Go to [www.deadiversion.usdoj.gov](http://www.deadiversion.usdoj.gov) and click "Got Drugs?" for more drop off locations.

### Friday Night "Dinner & a Concert" season begins May 2

Don't miss the 2014 season of "Dinner & a Concert" at the Prescott Promenade! Enjoy great music and dancing Friday nights, 6 to 8 p.m., starting

May 2 through Sept. 26. With the exceptions of June 13 and July 4, when concerts will be held on Thursday, June 12 & July 3 with the Farmers' Market. Arrive early to dine at one of many great restaurants downtown, or bring your picnic and lawn chairs. These free concerts are located at 201 E. Main Street and are brought to you by the Downtown El Cajon Business Partners. See the full line-up of bands at [www.downtownelcajon.com](http://www.downtownelcajon.com), or call (619) 334-3000.

### Mark Your Calendar For America on Main Street - June 14

Join us for a fun, family-friendly community festival event called "America On Main Street," Saturday, June 14, in Downtown El Cajon. This patriotic event is planned to coincide with the nationally recognized Flag Day and celebrate the American spirit through appreciation and respect of the many diverse ethnic and historical groups in the community, and a special Red, White & Blue area saluting our military! Highlights also include two stages with live entertainment, American and ethnic food booths, a Ferris wheel, rides, arts, crafts, display booths, a petting zoo, a rock wall, and so much more. This fun event will be located on East Main Street and Rea Avenue, between Magnolia and Claydelle Avenues, from 10 a.m. to 10 p.m. For more information, call (619) 441-1762. Please call if you would like to volunteer for this fun event, or be a community sponsor!

registration has begun! The City Guide has been mailed to thousands of El Cajon residents, but you can always find it online at [www.elcajonrec.org](http://www.elcajonrec.org). Or pick up a copy at one of our local recreation centers and libraries. Register now before classes fill up. For more information, call (619) 441-1516.

### Visit the famous Knox House Museum

Stop by the Knox House Museum and see how settlers lived in El Cajon during the years 1895-1912! It will be open every Saturday in March and April, from 11 a.m. to 2 p.m. The Knox House Museum, with free admission, is located at 280 N. Magnolia Avenue in El Cajon. For more information, including scheduling a private tour for your group or school, visit [www.elcajonhistory.org](http://www.elcajonhistory.org).

### Olaf Wieghorst Museum a must see

Don't miss the Olaf Wieghorst Museum and Western Heritage Center in Downtown El Cajon. The museum honors accomplished artist Olaf Wieghorst, who lived in our community for over 40 years. Olaf was well-known for his magnificent art portrayals of the nineteenth century American West. You will also find his restored home next to the Center. Hours are Tuesday through Saturday, from 10 a.m. to 3 p.m. and the Museum is located at 131 Rea Avenue. For more information visit [www.wieghorstmuseum.org](http://www.wieghorstmuseum.org), or call (619) 590-3431.

### DMV Office In El Cajon To Close For Remodel In April

•All DMV Offices will be closed Monday, March 31, 2014, in observance of Cesar Chavez Day.

•The El Cajon field office will close at 5 p.m. on Friday, April 25, 2014. The office is scheduled to reopen October 2014. Customers are advised to visit the San Diego, San Diego Clairemont, Poway, Chula Vista, or San Ysidro field office for any of their DMV inquiries, or visit [www.dmv.ca.gov](http://www.dmv.ca.gov).

### City reminders

**March 28 and April 11 & 25:** Alternate Friday closures for El Cajon City offices. Please go to [www.cityofelcajon.us](http://www.cityofelcajon.us) for a full calendar of hours for City offices during 2014.

**April 8 & 22:** El Cajon City Council Meetings are at 3 and 7 p.m., as needed in the Council Chambers at 200 Civic Center Way.

### Spring 2014 El Cajon City News & Guide To Recreation

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# Inspiration

## A wonderful chocolate fantasy

by Dr. Rev. James L. Snyder

**W**ithin the confines of our blissful domicile, an ongoing controversy has all but come to an end. I like it when things are solved and I happen to be right. This time I was right. After all, if it is on TV it must be right!

Controversies are not really that bad unless somebody is a sore loser. Nobody likes a whiner or a sore loser. Of course, I have come close many times to be a sore loser. Fortunately, I have chosen to be just a loser. It makes for quietness in the home, if you know what I mean.

For as long as the Gracious Mistress of the Parsonage and Yours Truly have been married the one reoccurring controversy

is in the state of chocolate in our home. According to one side, chocolate is bad and shall not be brought into this house.

The other side, and I am not stating exactly which side I am on, says the chocolate is delightful and wonderful and should be a regular consumption item in the house.

No matter how eloquently I presented my case, the house rules were simply this; no chocolate in our mansion.

This has caused me a great deal of pain in trying to smuggle in the delicacy without getting caught. Apparently, someone in our house can smell chocolate 13 blocks down the street.

I tried some experimental

strategy in this area. On my wife's birthday, I would always get her a chocolate cake with chocolate icing and then have 13 candles on it. For several years, all she could focus on were the 13 candles. I love it when a plan comes together.

Finally, she caught on and that plan had to be trashed.

One of the busiest times around the parsonage is Thanksgiving. All of the family in the area comes in for a delicious dinner as well as several friends who have nowhere else to go. On these occasions, I go out of my way and order a large chocolate cake with chocolate icing with a miniature turkey on the top. Everybody is focused on that miniature turkey.

After a few years someone in the house caught on to my plan, kept the turkey, but threw out everything underneath that turkey. As she was doing so, she looked at me with one of those looks.

Back to the drawing board again.

I did have some reprieve when the grandchildren were visiting. Everybody knows grandchildren love chocolate and need chocolate to boost their energy level. For some reason, Grandma knew exactly when the children had consumed chocolate of any amount.

"You do not have chocolate," grandma would scowl at the grandchildren, "do you?"

As all good grandchildren do, they looked at grandma with chocolate all over their phase and said as cute as possible, "Oh, no grandma." It took a lot of practice for me to get them to that point of thespian excellence. I usually awarded them with another piece of chocolate, of course behind grandma's back.

I cannot tell all of the pain and agony I have gone through in this area of chocolate. Then, some medical research geek solved all of my problems in this area of chocolate.

According to some medical research, there is something in dark chocolate that is beneficial to our health. I do not know the details, but that is all I needed to know to bring my case to our home.

I knew I had to present this

in a manner that would be irresistible to my wife. She is big on healthy eating. Every time we eat there is so much green on my plate that I am not sure if I am eating grass or what! She calls them vegetables; I have other names for them, which cannot be published.

I knew I had to make the initial presentation a great presentation. Chocolate just would not do and I needed to come up with some kind of medical name. Then it suddenly struck me. I knew exactly how I could present it.

I purchased some special chocolate, dark chocolate that is, to bring home and make the presentation. As soon as I got into the house, the question reverberated throughout the halls.

"You do not have chocolate, do you?"

It was the question I was waiting for. I have heard this question for as long as we have been married. I never knew quite how to deal with that question, until now.

"No, my dear," I said parsing my words very carefully, "this is Medical Chocolate." I presented it to her with the biggest smile I could slap on my face.

Before she could respond to that presentation, I began explaining to her all of the medical and health benefits to chocolate. I quoted the doctor who claimed chocolate had some mysterious and wonderful medicinal properties unnoticed before now.

It is hard to argue with a doctor even one on TV. Before she could respond, I presented her with a piece of this ravishingly delicious dark chocolate.

I was rather proud of myself and I was reminded of what old King Solomon said in the Old Testament. "Where the word of a king is, there is power: and who may say unto him, What doest thou?" (Ecclesiastes 8:4).

Not every word is good and trustworthy; but every word of God can be trusted and has the power to lift me up into the heavens and delightful worship and praise.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. His web site is [www.jamessnyderministries.com](http://www.jamessnyderministries.com).

## Dear Dr. Luauna — Treasures in Heaven



Dear Readers,

**F**unny how we see something, it sparks a desire, and we purchase it. For a moment we are excited with whatever captured our hearts then after a while the thing just sits, gathers dust, and in time it ends up in a yard sale or you give it away.

Someone asked me, "Dr. Luauna, why do you do what you do?" I smile and bring out

a copy of my book, "A Mother's Story" I give it to them as a gift and answer, "Read this and you will know why I do what I do." After they read my book, they come back and say, "Boy, you sure did go through some really hard times." I do what I do because someone shared God's love with me when I was broken, hurting and in need of a miracle in my life.

When I see someone hurting, a single mother, dad or someone who is angry, I know something is missing inside. I know something triggered that anger. When I look out into this old world I can see many broken people in need of Jesus. Jesus told us something so powerful in, Matthew 6:19; "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for your selves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal." All we can take when we leave this old world behind are people. Yet how will they know if we don't share God's love with them?

No one is beyond repair; God's love can penetrate into the hardest heart! How do I know? Well, read my book, "A Mother's Story" by Dr. Luauna Stines, it's available on Kindle Part One & Part Two for a total of \$3.99 I keep the price very low for one reason. So those who can't afford it in paperback can read it through Kindle. On my website: [atouchfromabove.org](http://atouchfromabove.org) you can purchase my book, "A Mother's Story", God has used my book to touch those in need of Jesus. Single mother, betrayal, death, drugs, children, brokenness, cancer, they list goes on and on.

The most important thing I share in my book is the key to your victory! Victory is possible! No matter what has happened in your life, Jesus can heal, and He's waiting for you to just say, "Yes Lord, I can't do this, I need Your help!" I'm walking proof of a God who can take the least likely. I'm God's treasure and a walking miracle of God's love and grace.

If you have more than one person you would like to share my book, "A Mother's Story" with, let me know. If you need more than one book, I will give you a special price. Call my assistant Beverly 1 (760) 315-1967. Years ago someone asked if I would please send my book into the prison to her young daughter doing 10 years behind bars. What a beautiful surprise a few Sundays ago, the young mother now out of prison came to visit a Sunday service at the Prayer Mountain. Her mother shared how her daughter received my book and how it touched her daughter. She gave her heart to Jesus inside those prison walls. Today she is a Christian, taking care of her two beautiful kids. The young mother shared with me tears running down her face, how throughout the years she read my book over and over again when she was feeling down and discouraged. She shared, "Your book, 'A Mother's Story,' helped me grow in JESUS. It helped me have hope. If God did that for you, then He can do it for me!"

Reader, YOU are God's treasure too, I love you! Nothing is too hard for JESUS.

Write: ATFA-Dr. Luauna Stines, P.O. Box 2800, Ramona, CA 92065 Visit my website: [www.atouchfromabove.org](http://www.atouchfromabove.org) For Prayer Mountain reservations: 760-315-1967. Follow me on Twitter and Facebook. Join me for Sunday Morning Service 10 a.m. A Touch From Above -Prayer Mountain 16145 Hwy 67 Ramona, CA 92065, also listen 1210 AM -KPRZ Sunday 8 a.m.

In His Love & mine, Dr. Luauna Stines

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# For Health's Sake

## Wacky weather leads to early allergy attacks

The rollercoaster weather of record low temps and sudden warm spells is catching allergy sufferers off guard this year and could lead to a severe spring allergy season. In between cold snaps, warm weather snuck in, and trees released pollen at higher levels and earlier than usual – leaving allergy sufferers unprotected. That's why sufferers are flocking to local urgent cares like AFC/Doctors Express for a desperate dose of quick allergy relief.

"More and more people come in thinking they have a cold, but in many cases it's an early allergy attack – even if they've never had allergies before," says Dr. Bruce Irwin, founder of American Family Care and AFC/Doctors Express, a national chain of urgent care centers with a local office in our area. "When it got warm and the pollen was released, it was too late for allergy sufferers to protect themselves, even when the weather got cold again. The erratic weather caught many allergy sufferers off-guard, and we're treating a lot of them!"

### ABCDs of Allergies

## Laughter is the Best Medicine

### Ten signs your an internet geek

10. When filling out your driver's license application you give your IP address.
9. You no longer ask prospective dates what their sign is, instead your line is "Hi, what's your URL?"
8. Instead of calling you to dinner, your spouse sends e-mail.
7. You're amazed to find out spam is a food.
6. You "ping" people to see if they're awake, "finger" them to find out how they are, and "AYT" them to make sure they're listening to you.
5. You search the Net endlessly hoping to win every silly free T-shirt contest.
4. You introduce your wife as "my lady@home.wife" and refer to your children as "client applications".
3. At social functions you introduce your husband as "my domain server".
2. After winning the office super bowl pool you blurt out, "I feel so colon-right parentheses!"

And the number one sign you are an Internet Geek:

1. Two Words: "Pizza's Here!"

Have a funny joke you'd like to share with the Gazette readers? Send to: [jokes@ecgazette.com](mailto:jokes@ecgazette.com) or mail to: East County Gazette c/o Jokes, P.O. Box 697, El Cajon, CA 92021. Remember to add your name and city you live in so we may give credit.

### Allergized America

- Some 40 million Americans have indoor/outdoor allergies. The most common triggers are tree, grass and weed pollen; mold spores, dust mite and cockroach allergens; and cat, dog and rodent dander.
- The Asthma and Allergy Foundation of America reports allergies account for more than 17 million outpatient office visits each year – primarily in spring and fall.
- You can develop allergies at any age. You're most likely to develop allergies if there is a history of allergies in your family. "Studies show the average wait time to see a specialist is 20 days. People have busy lives. These allergy attacks that caught them off guard, make people miserable, and they want immediate relief," says Dr. Irwin. "That's why urgent cares like ours that are open seven days a week are becoming the go-to solution for allergy care."

### Beware of Symptoms - Is it an Allergy or a Cold? Allergy Symptoms:

- Red, itchy, watery eyes – common colds don't cause eye irritation.
- Sneezing – can be cold-

related but is usually triggered by an allergy

- Dark circles under eyes

### Cold Symptoms:

- Only lasts a week – allergy symptoms can persist until you take medicine
- Fever – allergies don't cause a fever
- Aches and pains – allergy sufferers may feel weak, but aches and pains are typically signs of a cold

### Children Suffer Long term

- Approximately 40 percent of children in the U.S. suffer from allergies.
- Nasal congestion can lead to sleepless nights for kids, resulting in fatigue and poor performance at school.
- Congestion can also lead to mouth-breathing in kids, causing dental problems.
- Untreated allergies can lead to ear and sinus infections.

### Don't let your guard down

- If you've been outside, take a shower before you go to bed and change into fresh clothes so you don't bring pollen onto your sheets that may have clung to your skin, hair or clothes.
- Limit outdoor activity to late afternoon – pollen counts are highest in the morning.
- It's best to go outside after a good rain, which helps clear pollen from the air.
- Keep car and home windows closed and opt for air

condition at night to keep pollen out.

- Change your bedding and pillow covers often.
- Use a vacuum with a HEPA filter

Sources: Mayo Clinic, American College of Asthma, Allergy and Immunology, Asthma and Allergy Foundation of America, Parents Magazine

About American Family Care: American Family Care is the second largest privately owned urgent care operator in the country. D. Bruce Irwin, M.D. founded the company in 1982 in Hoover, Ala., with a business model of "putting the patient first." The clinics are designed, equipped and staffed to provide accessible primary care, urgent care, minor emergency treatment and occupational medicine. AFC clinics use a high-tech, high-touch approach to medical care, with digital x-rays, laboratories and medication dispensing available on-site. AFC also offers a Specialty Clinic (general surgery), WeighToLive, and U-Save Pharmacy at many of its clinics. In 2013, AFC acquired Doctors Express, the largest national urgent care franchise. By the end of 2014, AFC will operate more than 160 facilities in 26 states, providing care to more than a million patients.

For more information, visit [www.americanfamilycare.com](http://www.americanfamilycare.com).

## CDPH warns consumers not to eat certain Nunes Farms products due to undeclared allergens

Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer, today warned consumers with certain allergies not to eat nine varieties of Nunes Farms products due to undeclared milk or soy allergens:

### Undeclared Milk:

Spicy Cocktail Almonds; 1.5 oz., 5 oz., 8 oz., 10 oz.  
Maui Onion Almonds California Crunchies; 5 oz. and 10 oz.  
Tangy Tomato BBQ Almonds California Crunchies; 1.5 oz., 5.0 oz., 10 oz.  
Crunchie Munchies Barbeque; .5 oz. and 6.0 oz.  
Crunchie Munchies Fiesta Crunch; 2.5 oz. and 6.0 oz.

### Undeclared Soy:

Chocolate Dipped Caramel Chews; 2.5 oz.  
Mixed Caramel Chews; 3 oz. and 6.5 oz.  
Almond Caramel Chews; 6.5 oz.  
English Toffee; 8 oz.

Product [labels](#) may be viewed on the CDPH website.

Nunes Farms has issued a recall notice and is notifying consumers not to eat the products if they have allergy sensitivities. Consumers that have the recalled products should return them to the place of purchase. The recall was initiated after CDPH identified the labeling omission during a routine inspection of the facility. These products were distributed nationwide. No illnesses have been reported at this time.

People who have an allergy or severe sensitivity to milk or soy run the risk of a life-threatening allergic reaction, anaphylaxis, that requires immediate medical attention should they consume these products. Consumers who have experienced allergic reaction after consuming any of these products should contact their health care provider. Anyone observing the products being offered for sale is encouraged to call CDPH toll-free complaint line at (800) 495-3232 (800) 495-3232 FREE.

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# Sports and Events

## Aztecs march to the Sweet Sixteen

by Chuck Karaszia

**F**or the second time in school history, the San Diego State men's basketball team is heading to Anaheim where they will compete in the NCAA Sweet Sixteen tournament.

Left out in the pre-season polls, and picked to finish fourth in the conference, San Diego State was thought to be in a rebuilding year after losing three of their starters from the previous season.

No one suspected (except Head Coach Steve Fisher and his squad) that this 2014 Aztecs team may be the best to ever wear their red and black on a basketball court. In 2011 Fisher guided SDSU to the school's first Sweet Sixteen.

Twenty-five years ago Fisher led the famous Michigan "Fab-Five" to a national championship. Now, with 500 wins under his belt in San Diego, Fisher, along with his staff, may be doing the best coaching of his career and is hopeful history can repeat itself.

Destroying North Dakota State 63-44 in Seattle, Wash-

ington on Saturday to get to the next round of Sixteen, the Aztecs were the slight favorite to win the game. However, many doubted they would make it through the second round. The performance they displayed against the Bisons erased any doubt this Aztecs team belongs in the typical way they've been winning games, with a dominant defense and timely scoring.

"You got to fight, claw, and scratch, find a way to win no matter who you're playing. We did that," said Aztecs head coach Steve Fisher.

Leading the nation in scoring, North Dakota State shot a blistering 51 percent during the year. It was Aztecs defensive domination that smothered ND's shooter on every attempt and holding the Bisons to only 39 percent and 44-points, both season low totals for them. San Diego cleaned up on the boards out rebounding ND State 38-27.

A driving force all season for SDSU, senior guard Xavier Thames averaged (16.9 ppg.) Leading the team with his second highest scoring performance of the season Saturday,

Thames had the hot hand. Similar to the way Jordan dominated defenses, the Aztecs cleared out the lanes, gave the ball to Thames, and let him do his thing, which he did to the tune of 30-points. After a short late season slump Thames has again found his shooting touch at the right time, in time for the post-season NCAA tournament.

This is not a one man Aztecs basketball team. From top to bottom they are complete, and can attack from every position providing Fisher with more depth than ever before. They are also an intelligent squad, coached very well in the concepts of the game, from which the players have done an excellent job of grasping from week to week.

They have given Fisher a lot of options. Strong on the boards, especially on the offensive side is senior forward Josh Davis. Physically, the Tulane transfer is a relentless rebounder.

Dwayne Polee II, unused earlier in the season, has come on like a gang buster scoring in double digits. With his speed, agility, and quick hands, Polee also is a master of the zone defense creating opponent turnovers. Junior forward JJ O'Brien can also score. Against Arizona in the second regular season game O'Brien scored 19 against the number one Wildcat defense.

Senior forward Josh Davis is a relentless rebounding machine who averaged 10 rebounds a game. He is especially effective collaring the

offensive board. Contributing players Skylar Spencer, Winston Shephard, Matt Shirley and the rest of the bench have provided quality minutes, a tremendous help to the team.

The Aztecs travel to Anaheim to compete in the next round "Sweet Sixteen" of the NCAA Tournament. San Diego State has fared well at the Honda Center a place they beat UCLA last year and Marquette earlier in the season.

"You get into rarified air. You're approaching the top of the mountain. That's the way it should be," commented Fisher.

"Arizona was ranked number one in the country probably longer than anybody before Florida overtook them. We've played them before. We know how good they are. We know what they did to hurt us, but we feel we're better in a lot of things."

It will be like a home game for the red and black traveling just up the freeway. Aztecs fans will be loud and proud as they cheer for their team, led by the infamous "Show". Look for their crazy humorous antics as they go all out to help secure a victory for their team as they will get tremendously loud with creativity.

The fourth seeded Aztecs play the number one seed Arizona in a rematch from early in the season, a closely contested game which the Wildcats won by nine-points. This will be a true test for SDSU.

Tipoff is scheduled for approximately 7:15 p.m. Thursday.

## Car Club Council announces upcoming car shows

### March

**30:** Deer Park Car Show 29013 Champagne Blvd Escondido more info at [www.caddysd.com](http://www.caddysd.com)

### April

**1:** San Diego Car Club Council Meeting – 7 p.m.

**4:** Cruisin Grand Starts – Escondido

**5:** "Poway Cruisers" In and Out Car Show – 11 a.m. to 2 p.m. – Poway

**11 – 13:** Concourse De Elegance At La Jolla Cove (619) 233-5008

**12:** Fourth annual Jamul Kiwanis "hot Roddin & Chili Cook-off – all year vehicles welcome – info (619) 723-6856

**12:** The Navy's "All Hands" Car Show – Naval Base San Diego, pre-register with Bill Wells (619) 556-7008

**23:** Opening Night for The Cajon Classic Cruise (street Closure) 5 – 8 p.m. (will run thru October 29) Main & Magnolia

**26:** Alpine Community Center and KOC Car Show – 8 a.m. – 2 p.m. – More info (619) 722-1464

**27:** Happening XVI – Bates Nut Farm – More Info – Mark (760) 221-6869

### May

**3:** "Poway Cruisers" In and Out Car Show – 11 a.m. to 2 p.m. – Poway

**3 – 2:** Annual John Pickle Car Show – Chula Vista – 111 North Second 8am

**6:** San Diego Car Club Council Meeting – 7 p.m.

**9 – 11:** The Streak at Campland on the Bay, San Diego - info at (619) 838-2014 or [bobharry@cox.net](mailto:bobharry@cox.net)

**17:** MNCC's Run To The Hills – Pine Valley (619) 440-6168

**17:** May Ride Car Show Biggs Harley Davidson – 1040 Los Vallecitos – San Marcos

**18:** BMW Car Show at Spanish Landing

**18:** Plastic Fantastic – Embarcadero Park North (Seaport Village) [www.ncocc.com](http://www.ncocc.com) more info at [streetrodsncv@aol.com](mailto:streetrodsncv@aol.com)

**24:** Alpine 2014 Community Center and KoC Car Show – 8am to 2 p.m. – More Info

**31:** "Stars & Stripes – Hugs From Home" Grape Day Park – Escondido – 9 a.m. to 3 p.m. – info: 1 (760) 743-5223 or (619) 857-7272

### June

**3rd:** San Diego Car Club Council Meeting – 7 p.m.

**6th and 7th:** 7th annual friends of Steve McQueen Car & Motorcycle show – Chino Hills

**7th – "Poway Cruisers" In and Out Car Show – 11AM to 2PM – Poway**

**7th – El Camino Wildcat Foundation 2nd Annual Car Show 10 a.m. – 2p.m. El Camino High School 400 Rancho Del Oro Oceanside, CA 92057 – click here for flyer**

**8th – Pick Up Limited Fords & Freinds Picnic – Escondido – 9am – 3pm 760-789-2155**

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## — IN THE COMMUNITY —

# Out and about in the County

**March 29: Multi-cultural family fiesta** at the El Cajon Library from 12 to 3 p.m. This event will have refreshments, author visits, crafts, information fair, and more! This fun family event will be located at 201 E. Douglas Avenue in El Cajon. If you're interested in having a community resource table, contact Jenne Bergstrom at: [jenne.bergstrom@sdcounty.ca.gov](mailto:jenne.bergstrom@sdcounty.ca.gov). To volunteer or for more information, contact Hildie Kraus at (619) 588-3708 or [hildie.kraus@sdcounty.ca.gov](mailto:hildie.kraus@sdcounty.ca.gov).

**March 29: 48th Annual Children's Ball** at the Boys & Girls Clubs of East County at 6 p.m. at the U.S. Grant Hotel. Guests will enjoy the ambiance of our cocktail lounge complete with combo, designer drinks, silent auction, three grand drawing prizes and the ever famous seafood buffet. In addition admission includes; dinner, a live auction, dancing and an opportunity to meet some very special Club Members.

This special event honors Ron & Mary Alice Brady for their commitment to build The Brady Family Clubhouse & Teen Center and improving the lives of the children in La Mesa. "It's better to build kids than try to mend adults" is not only Mr. Brady's mantra, but has inspired the theme of this year's Children's Ball; Building a Better Future.

This event is sponsored by long-time BGCEC supporters and friends Conrad Prebys and Debbie Turner, Sharp Grossmont Hospital and the Viejas Band of Kumeyaay Indians.

This event enables the Clubs to meet the financial demands to provide programs and activities for the 3,000 plus children served annually at the organization's five club sites.

As a former Club member, San Diego business owner and BGCEC Board Member John Eppstein acknowledges and appreciates the impact the Clubs had on his life; "I grew up in each of the clubhouses in the East County. As a kid, the Clubs gave me a place to go where everyone that worked there was a positive role model and taught me many of the values I have today. As an adult I am so fortunate to give back to the Clubs, with my personal experience I can honestly say that the Boys & Girls Clubs of East County make's a huge impact on the lives of the kids they serve." To register for the 48th Annual Children's Ball, visit [www.BGCEC.org](http://www.BGCEC.org) or call (619) 440-1600, (619) 440-1600 FREE.

**March 29: Join the Lakeside Union School District and the Lakeside PTA Council for the 16th annual Run for the Arts.** Run for the Arts is a jog-a-thon/2 mile race, fun run/walk around Lindo Lake. After the race, participants will enjoy delicious food by provided by the Lakeside Optimist, an arts festival, student art/performance showcase and a health fair with prizes and raffle sponsored by Parks and Recreation of San Diego County. All proceeds will benefit the award winning L-E-A-P arts education program in Lakeside District schools that provides artists-in-residence programs, field trips to view artistic performances and arts assemblies. Registration begins at 8 a.m. and the run/walk starts at 9 a.m. at Lindo Lake Park, 12660 Lindo Lane, Lakeside.

**April 2: CHIRP Garden Club to host "Raptor Rap"** with live owls. Special guests will be featured at the upcoming meeting of CHIRP Garden Club, set for 6:30 p.m. at Alpine Community Center. A Barn Owl, Kestrel and Screech Owl will accompany Nancy Conney of Sky Hunters Raptor Education & Rehabilitation as she talks about these amazing birds of prey. The program is titled "Raptor Rap." Conney will discuss what the birds eat, and how long they live. Those in attendance will learn what to do and what NOT to do if they find a sick, injured or orphaned bird, and the laws we have which protect all wildlife. A special discussion will take place regarding barn owl boxes. The meeting is free and open to the public. For more information, phone CHIRP at (619) 445-8352 or email [info@chirp.org](mailto:info@chirp.org).

**April 4-Oct. 24: "Cruz'n the Lakes"** car show gears up for an exciting new season. Every week all makes models and years of automotive history cruise into Santee Lakes Park and Lake #1 for a weekly car show entitled, "Cruz'n the Lakes." The 2014 season begins Friday, April 4 and runs through Friday, Oct. 24. Participants arrive for showtime at 3 p.m. every Friday afternoon and finishing each Friday evening at park closing when the sun goes down. "Cruz'n the Lakes" car show is free to attend, however there is a small car fee to enter the park. Santee Lakes Park is also a private park and therefore adult beverages are allowed.

**April 4-May 30: A dual exhibit of pieces by photographer Rhett L. Beck** is being hosted by the Lemon Grove Library, 3001 School Lane. The two exhibits are the Vaqueros and the

Latitude 13 exhibit. An opening reception will be held on Friday, April 4 from 4:30 to 5:30 p.m. and feature an art talk by exhibit curator Larry Moore and a world music flute performance by Adrienne Nims. The Vaqueros exhibit features photographs of children and families, taken in California, Kentucky and Peru. Latitude 13 features photographs from Peru – not the standard postcard images of that country's Inca ruins, but scenes of a living people, living today. Rhett L. Beck is a native of Los Angeles who has lived in Kentucky for over twenty years; his photography is in collections in both states. Rhett L. Beck is a native of Los Angeles who has lived in Kentucky for over twenty years; his photography is in collections in both states. His work has appeared in solo and group exhibitions in Kentucky, and he is the artist/author of Burying Monkeys: A Photographic Journey through the Old Crow & Old Taylor Distilleries (Broadstone Books, 2012). This is his first solo exhibition in California. For more information on the Rhett L. Beck dual photography exhibit, please contact the Lemon Grove Library at (619) 463-9819 (619) 463-9819 FREE.

**April 5: 2nd Annual Lakeside Rodeo Golf Tournament** will be held at Cottonwood Golf Club, 3121 Willow Glen Drive, El Cajon. Proceeds from the four-person scramble tournament will benefit scholarships for students in Lakeside. Entry fee is \$125 per player. Entry fee includes green fee, cart, range balls, and dinner. Registration begins at 11:30 a.m. with a shotgun start at 1 p.m. Call (619) 219-0346 for more information.

**April 5: The opening of the Dorcas E. Utter Memorial Butterfly Pavilion at its Butterfly Festival** at 9 a.m. -3 p.m. at the Water Conservation Garden. The 644-square-foot pavilion, also known as a vivarium, houses six species of butterflies native or endemic to southern California and the drought-tolerant plants that the butterflies draw nectar from or lay eggs on. The model ecosystem, the first of its kind in East County, will offer educational opportunities for thousands of children and adults annually, helping them learn about plant and animal relationships, the butterfly lifecycle and the importance of butterflies in the ecosystem, and how they can nurture and observe butterflies in their personal gardens. Tours inside the pavilion will be offered daily during butterfly season which runs approximately late March to October.

The Butterfly Festival, created as an opening celebration for the butterfly pavilion, offers a days-worth of family-friendly activities focused on exploring butterflies, and provides resources for visitors to support butterfly populations, whose numbers are suffering due to urban sprawl and habitat destruction. Activities planned for the day include:

- Tours inside the Butterfly Pavilion
- Butterfly-habitat plant sale
- Butterfly-habitat design consultations and presentations by experts
- Pollinator Parade with [Ms. SmartyPlants™](http://www.MsSmartyPlants.com) and Story Time with Miss Metamorphosis
- Butterfly Discovery Lab in partnership with the [San Diego Natural History Museum](http://www.SanDiegoNaturalHistoryMuseum.org)

Children are encouraged to dress as a caterpillar or their favorite winged pollinator-bee, butterfly, bird, beetle, or bat- for the Pollinator Parade which begins at 11am. Food, entertainment, kids' craft activities and unique gift items on sale by local artisans are also planned for the day. A complete program is at [www.thegarden.org/butterfly](http://www.thegarden.org/butterfly). Admission to the Butterfly Festival is \$5 (18+ years) and \$1 (3-17 years). Water Conservation Garden members and young children get in free, with ample free parking for all.

**April 6: East County Youth Symphony** will be performing at the Presbyterian Church, 9908 Channel Road, Lakeside at 4 p.m. Doors open at 3:30 p.m. Free admission, donations appreciated. Call (619) 443-1021 for more information.

**April 10: Mother Goose Annual Golf Classic** will be held at Cottonwood Golf Club. Shotgun start at 12 noon. Sign-ups before March 30 will be \$80/person, after March 30 \$100/person. This includes 18 holes of golf, cart, dinner and trophies for 'Closest to the Pin,' 'Best Putter,' and top two teams! To sign up call Mother Goose office at (619) 444-8712 or the Gazette office at (619) 444-5774.

**April 12: St. Madeleine Sophie's Center's 16th Annual Morning Glory Brunch** at St Madeleine's beautiful organic garden. Over 500 people are expected to attend this fun-filled

brunch from 10 a.m. – 2 p.m. on St. Madeleine's five-acre campus, located at 2119 E. Madison Avenue, in El Cajon. Highlights include a variety of food, including assorted pastries and adult beverages, from over 20 restaurants, live music, art and garden demonstrations, boutique shopping, silent auctions and more! To purchase tickets, or for more information, visit [www.stmsc.org](http://www.stmsc.org).

**April 20: Alpine Kiwanis will host its 60th Annual Easter Breakfast** from 7 to 11:30 am, at the Alpine Elementary School, 1850 Alpine Boulevard, in Alpine. Youngsters can dye eggs, decorate cookies, hunt for plastic eggs filled with rewards and hang out with the Easter Bunny. Everyone is invited to hop on over to enjoy pancakes, sausage, eggs and more—all while benefitting local charities and events sponsored by Kiwanis. Tickets are available for a \$5 donation for adults and \$2 for children 12 and younger. For more information, go to [www.alpinekiwanis.org](http://www.alpinekiwanis.org).

Alpine Kiwanis President Brent Wolf said the annual Easter morning community tradition was started in 1954 by Carmelo Manuele, who was then the club's president. Manuele joined the new foothills Kiwanis club in 1951, 13 days after it started. Always busy, the Kiwanis Club of Alpine is the third largest one in the California-Nevada-Hawaii Kiwanis district. Its 130+ members are known for their dedicated community service.

**April 26: The 2014 Lakeside Western Day's Parade** has been set. This year's theme is 'Lakeside; Where the West is Still Alive,' celebrating the Lakeside Rodeo's 50th Anniversary. Parade applications are available online after and can be processed online. [www.lakesidechamber.org](http://www.lakesidechamber.org). Call or email the chamber for more information (619) 561-1031 or [info@lakesidechamber.org](mailto:info@lakesidechamber.org)

Read more at [www.eastcountyconnect.com](http://www.eastcountyconnect.com)

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Sunday:	Lasagna.....	\$10.45

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## — ENTERTAINMENT —

# 'Getting it Write' and 'Long Rifle' highlight this month's book reviews



## 'Getting It Write; A Screenwriting Career'

Written by Lee Zahavi Jesup

So many people have stories running around in their head that they are sure would make good movies. That journey from brain to screen, however, is a long journey that requires a lot of work and patience. Writing a screenplay is the jumping off point after days of plotting

and planning but still a long way to a sale.

No longer does the process include shipping one's 120 pages of precious work in candy box to an agent. Lee Zahavi Jessup learned as she grew up on movie sets starting at age 11 that antics such as this are long gone. She's now a career coach eager to guide wannabe screenwriters on their way to success. Her credits in film include film production, post production, film development and working with several related film-seeking companies.

In this book Jessup answers many questions writers want to know like; Do I have to live in Los Angeles?; Am I too old?; Do I have to do everything?

"Defining the Writer" is one of the key chapters that is a must read before attempting to begin a screenplay. Here she defines the differences between film and TV writers, those with only one story to tell, writers

on assignment and more. All is very insightful information.

Jessup is also savvy enough to mention what time of the year to submit work, comments on release and legal forms, who to approach and advice on how to sustain a career.

With current up to date information *Getting It Write* will serve anyone writing a screenplay whether a newbie or seasoned writer looking for success. The book also includes references to other books about screenwriting published by Michael Wiese Productions.

- Published by Michael Wiese Productions, 2014
- Softcover
- ISBN-10: 1615931759
- ISBN-13: 978-1615931750
- 166 pages
- \$14.95

## 'Lone Rifle; A Sniper's Story in Iraq and Afghanistan'

Written by Joe LeBleu

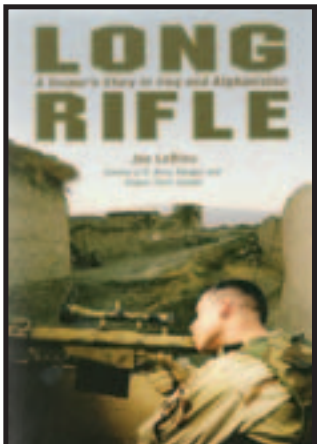
Officially done with his military service, everything changed for Joe LeBleu the day he stood watching the ruins of the World Trade Center on 9/11. He returned to service, a dutiful citizen and son, acknowledging his own father who served in the U.S. Air force.

It was his time as a sniper in Iraq and Afghanistan that earned him the nick name of Long Rifle. LeBleu's story is one that could be told by so many. He paints vivid pictures of attending funerals of comrades, and how the love of his wife and family sustained him in the darkest days. He de-

scribes his long days in sniper school as if they were a battle between will power, common sense and acceptance.

In his details of many missions LeBleu lets it all out; the actions, the danger and even his thoughts, such as "No one ever won a war by shoveling piles of money at the enemy—and the Iraq War is stone-cold proof of that in our time."

This book will appeal to anyone interested in reading details about the U.S. occupation in Iraq and Afghanistan, but also bear witness to the effects these actions have on those who serve – some that may never be reversed.



- Published by Lyons Press
- Softcover
- ISBN-13: 978-1-59921-440-5
- 225 pages
- \$16.95

## Sycuan Live and Up Close Theatre offers diverse entertainment

by Diana Saenger

Summer days and lazy nights are perfect to wind one's way to the Sycuan's Live and Up Close Theatre. That's where visitors will discover top-notch entertainment in a great theatre environment with groups from country, pop, jazz and more. Two upcoming shows are listed below but check out the link to the theatre's huge schedule (listed below). Patrons must be 21 and over to attend concerts.

**Mark Chesnutt – Sunday, April. 3, 6:p.m.**

Mark Chesnutt is an American Country Music Singer who began his career in the 1980's with the release of his album *Doing My Country Thing*. Over the years he's had more than 30 singles on the U. S. Billboard's Hot Country Songs



Mark Chesnutt

Chart. Chesnutt's 1996 *Great Hits* album achieved RIAA platinum certification in the United States. His latest album in 2012, *Live From the Big D* was released on Chesnutt's own record label Nada Dinero Records.

Tickets: \$40 / \$50  
No ticket fees!

See **LIVE AND UP CLOSE** page 11

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Friday 11am - 2am  
Saturday 8am - 2am  
Sunday 8am - 10pm  
Monday - Thursday, **food service available in bar until 10pm.**  
Friday - Sunday, **food service available in bar until 11pm.**

**AlpineCreekCenter.com**



## — ENTERTAINMENT —

# 'The Lunchbox' — thoughtful meditation on what matters in life



Irrfan Khan stars in *The Lunchbox*. Photo Credit: Sony Pictures Classics

Review by Jean Lowerison

A mistaken delivery leads to an unexpected culinary and epistolary connection in Mumbai in Ritesh Batra's *The Lunchbox*. Disaffected housewife Ila (Nimrat Kaur), with cooking advice from "Auntie" upstairs, prepares an especially tasty lunch for husband Rajeev (Nakul Vaidz) — who works in a big downtown office building — in hopes of rekindling the lost spark in their marriage.

Mumbai has squads of delivery men called Dabbawallahs who pick up and deliver lunchboxes to the city's workers. We are told that Harvard University, in a study of the system, concluded that only one in a million lunchboxes is delivered to the wrong person.

Ila's lunch for Rajeev is that one, and it goes to Saajan (Irrfan Khan), a lonely widower on the verge of retirement. Surprised when Rajeev doesn't

even mention it, Ila guesses the problem and puts a note in the next day's lunchbox. Thus begins a touching pen pal friendship that will threaten a few realities.

Far from the colorful, even flashy world of Bollywood musicals, *The Lunchbox* uses the teeming humanity of its Mumbai background — such as crowded trains with straphangers standing cheek-to-jowl — to emphasize how alone one can feel in a crowd.

At home, Saajan's only "company" is glimpsed through the window of a neighboring apartment, where a voluble family sits down to dinner each night. And at work, Saajan feels he's being shoved out when his boss brings his replacement — Shaikh (Nawazuddin Siddiqui) — for training. Saajan is put off by the relentlessly sunny disposition of this orphan who has made his own way, and tries to ignore him.

Khan is a standout in this fine cast, Siddiqui a fine foil as the almost too-smiley catalyst who will eventually be a party to some much-needed changes. Kaur is excellent as the ignored

wife, lonely in her own way and longing for connection.

In its quiet way, *The Lunchbox* offers a thoughtful meditation on what matters in life.



**The Lunchbox**

**Studio:** Sony Pictures Classics

**Gazette Grade:** B+

**MPAA:** "PG" for thematic material and smoking.

**Who Should Go:** Romantics at heart

## Live and Up Close ...

Continued from page 10



**Chubby Checker. Photos:** courtesy

**Chubby Checker — Saturday, April. 26, 8:p.m.**

Who hasn't heard of the legend that formed a street corner harmony group when he was only 11-years-old. Checker learned to play the piano and began entertain-

ing at local schools. When he got a job at a produce market, his boss began letting Chubby sing over the loud speaker. That led to an introduction to Dick Clark, an appearance on this TV show, and in 1959 record "The Twist." By the 1960s Checker was everywhere, TV, radio, record labels. In the 1980s he branched out as a businessman with his own line of snack foods. In 2011 Checker celebrated the 50<sup>th</sup> anniversary of "The Twist" and he hasn't stopped yet!

Tickets: \$40 / \$50  
No ticket fees!

Tickets are on sale now online at [Sycuan.com](http://Sycuan.com) or at the Live and Up Close ticket office inside the casino. Sycuan Casino is located at 5469 Casino Way, El Cajon, CA 92019.

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**Christina Liska 619-442-9891 x 15 or [cliska@cottonwoodgolf.com](mailto:cliska@cottonwoodgolf.com)**  
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# Newspaper Fun!

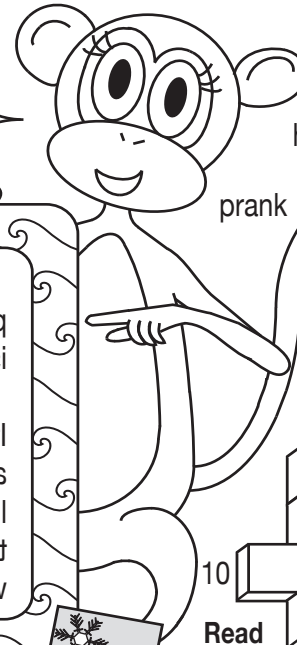
I love thinking up harmless, funny jokes to tease my brother, Chitter, on April Fool's Day. To read this letter about April Fool's Day, hold this up to a mirror! Then, read the rest below.

April Fool's Day is a time of fun. People like to play harmless jokes and pranks. One favorite trick is to point out something that is not really there! April Fool's Day used to be called All Fool's Day. It is thought to have started in France. A long time ago, March 21st was the date of the New Year. A little over a week of parties and fun followed. On the last day of the festivities, April 1st, formal visits were bid and gifts exchanged.

In the 16th century, the Gregorian calendar was introduced. March 21st was no longer New Year's Day and April 1st was no longer the right day to visit and give gifts.

News traveled slowly in those times, so many people kept April 1st as the last big day of the holiday season. Many others refused to change their ways. People who clung to the old ways were called April Fools.

Today, on April 1st, you might hear people call out, "Poisson d'Avril!" They have fooled someone and are calling him or her an April fish. That person took the "bait" and was easily "caught." April Fool's Day is a time to share some laughter with friends and family.



What! Snow in April? No way...  
tulips maybe.

## Surely You Jest!

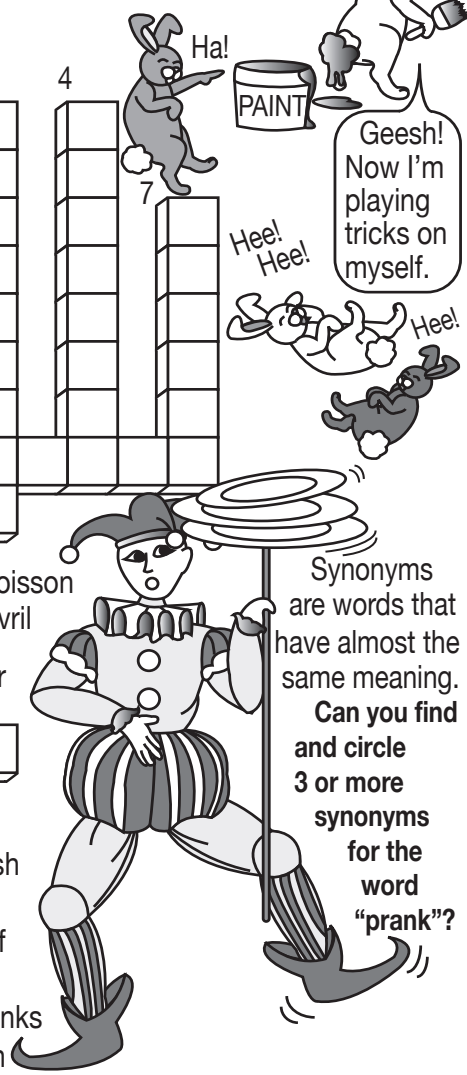
April Fool's Day Fun

harmless  
prank  
Gregorian  
April  
king  
travel  
laughter  
New Year  
France  
un poisson d'Avril  
jester

Read the clues to fill in the crossword:

- hurting no one
- trick, jest
- new calendar that replaced old one
- chuckling
- April Fool's Day
- country where custom may have started
- a jester might \_\_\_\_\_ around to entertain crowds
- court jester would entertain him

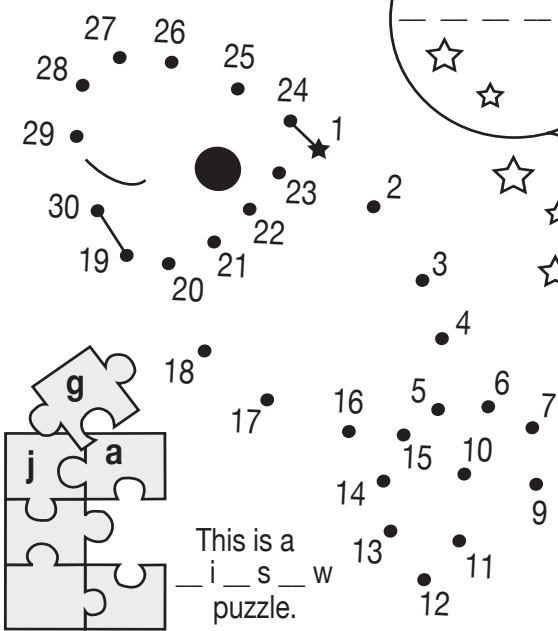
1. hurting no one  
2. trick, jest  
3. new calendar that replaced old one  
4. chuckling  
5. April Fool's Day  
6. country where custom may have started  
7. a jester might \_\_\_\_\_ around to entertain crowds  
8. court jester would entertain him



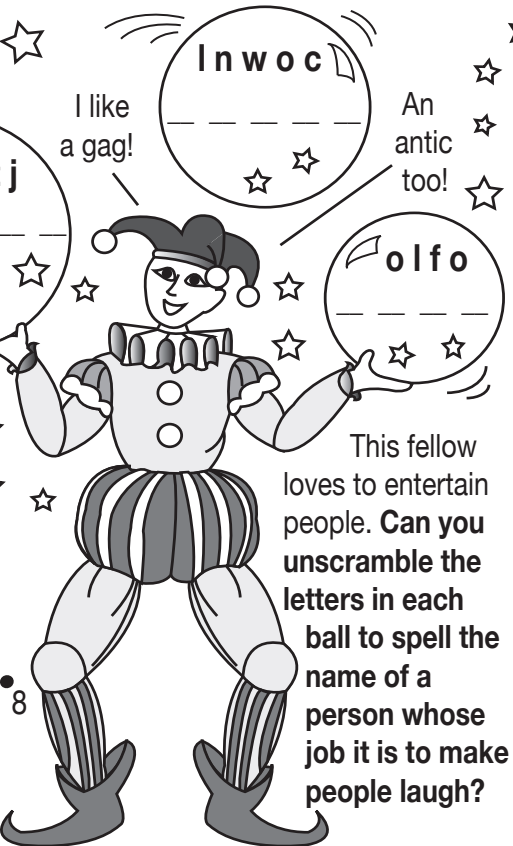
Synonyms are words that have almost the same meaning. Can you find and circle 3 or more synonyms for the word "prank"?

## Easily Caught!

What takes the bait and is easily caught? Connect the dots to find out:



This is a \_\_\_\_\_ puzzle.



This fellow loves to entertain people. Can you unscramble the letters in each ball to spell the name of a person whose job it is to make people laugh?

## Puzzles & Fun Words

A puzzle may be solved by thinking it out. Can you find and circle the different kinds of puzzles and fun words below?

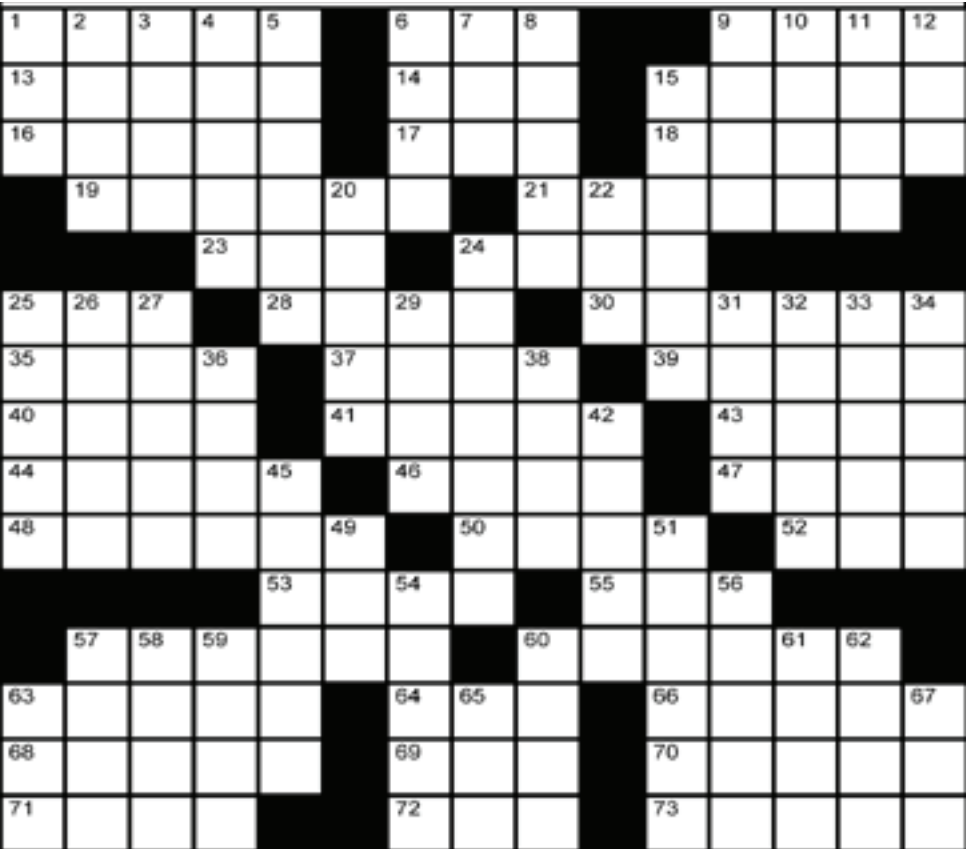
C C D R G F U T X J P I H S P R Z M I  
O W O S Z D Q X T F E W O V K J I A C  
L G N I W Y J B L Y W L B U N T C Z O  
O R P R A C T I C A L J O K E B B E M  
R D G Y U Q L O F P L U E R L P R T E  
I P J E S T O H O J F W A P Q B A T D  
N R Q H S O T J K A R N F S R T I U Y  
F I I D T A C R O S S W O R D C N P G  
C J N D M E B R B M V O N P J I T I D  
U C E Z D D I N R X P Q R Y O H E H P  
D C M H K L P S K E U G M O K G A G K  
Y W I Z V Q E E W G N A J X E M S T V  
J R B W O R D S E A R C H I N T E T A  
P F J I G S A W P R A N K W C I R I M

- |      |                |      |          |           |
|------|----------------|------|----------|-----------|
| pun  | word search    | joke | prank    | jigsaw    |
| gag  | brain teaser   | math | riddle   | comedy    |
| jest | practical joke | maze | color-in | crossword |



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THEME: FAMOUS INVENTORS

ACROSS

1. Wanderer
6. Equinox mo.
9. \*Healing sign or picket line crosser
13. Rossini’s offering
14. Big-headedness
15. Wilderness Road trailblazer
16. Show opposition
17. “High” drink
18. What Pinocchio was doing?
19. \*To alter or coins

21. \*Shape where A=a2 or town gathering place
23. Romanian money
24. Small ornamental case
25. Make lacework
28. Applies makeup, e.g.
30. In R.E.M. stage
35. \*Regrets or streets in Paris
37. Giant kettles
39. What helicopter parents do
40. Eurasian mountain range
41. Anemic-looking
43. Delhi dress
44. \_\_\_\_\_ congestion
46. Arid

47. Children’s author \_\_\_\_\_ Blyton
48. “Not my brother’s \_\_\_\_\_”
50. Small mountain lake
52. \*Seat of a bishop or to regularly date
53. London subway
55. Variable, abbr.
57. Follows teeter
60. \*Far away or couch potato’s controller
63. Star bursts
64. \*To take drugs or to employ for a purpose
66. Nail salon board
68. \*Where happy person walks or

- Jimmy Fallon works
69. Definite article
70. Rental agreement
71. \*Good or water source
72. Long fish
73. Yesteryears

DOWN

1. Affirmative action
2. Oil group
3. “Breaking Bad” product
4. “He’s \_\_\_\_\_ nowhere man” (The Beatles)
5. Repaired by stitching
6. Dole
7. Sensitive subject?
8. \_\_\_\_\_ beef
9. Miso bean
10. Coconut fiber
11. “Green Gables” girl
12. “Don’t make me \_\_\_\_!”
15. Resembling ocean’s color
20. Jelly fruit
22. In so far as
24. Another spelling for aesthete
25. \*Elephant’s appendage or luggage
26. Saints’ lights
27. Badger and bug
29. \*Fish or Chaliapin’s voice
31. Fail to win
32. Famous restaurateur Bob
33. Bone-chilling
34. \*Deadly sin or pack of lions
36. Lover’s blow?
38. Evening in Italy
42. \*Audacity or bundle of axons
45. \*Infamous scarlet symbol or word from home
49. Part of Parisian address
51. That is to say
54. Beastly person
56. Young Montague
57. Voice quality
58. Like West Wing’s office
59. \*One side of a coin or a spy
60. \*Spool of film or lively dance
61. \*Product of lacrimation or a rip
62. Gaelic
63. Right away
65. Mother, sister or daughter
67. Word for a nod

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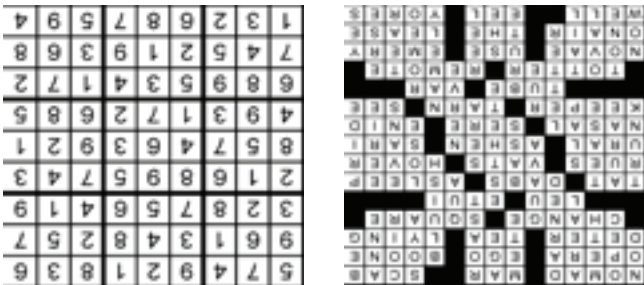
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							4	1	
	1	6						4	
		7	4		3	9			
	9					6	8		
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	3	2	6						

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007327**  
FICTITIOUS BUSINESS NAME(S): Al Iraqi Meat Market and Restaurant  
Located at: 1174 Broadway unit H101, El Cajon, CA, 92021  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1. Mohammed Jawad 549 Graves Ave #4, El Cajon, CA 92020  
This statement was filed with Recorder/County Clerk of San Diego County on March 14, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007041**  
FICTITIOUS BUSINESS NAME(S): AsFour Truckin  
Located at: 8740 Echo Dr, La Mesa, CA, 91941  
This business is conducted by: A Married Couple  
The business has not yet started  
This business is hereby registered by the following: 1. Tareq Salah AsFour 8740 Echo Dr., La Mesa, CA, 91941 2. Laura AsFour 8740 Echo Dr., La Mesa, CA, 91941  
This statement was filed with Recorder/County Clerk of San Diego County on March 12, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-006381**  
FICTITIOUS BUSINESS NAME(S): Amethyst Moon  
Located at: 8329 La Mesa Blvd, La Mesa, CA, 91942  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1. Favro Inc 1587 D Lyons Valley Rd, Jamul, CA, 91935  
This statement was filed with Recorder/County Clerk of San Diego County on March 06, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007474**  
FICTITIOUS BUSINESS NAME(S): Golden Empire Realty  
Located at: 7644 Seattle Dr, La Mesa, CA, 91941  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1. Java Real Estate Services INC 7644 Seattle Dr, La Mesa, CA, 91941  
This statement was filed with Recorder/County Clerk of San Diego County on March 17, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005262**  
FICTITIOUS BUSINESS NAME(S): Narrative Images  
Located at: 4521 Normandie Pl, La Mesa, CA, 91942  
This business is conducted by: A Married Couple  
The first day of business was 07/15/2006  
This business is hereby registered by the following: 1. Richard Unis 4521 Normandie Pl, La Mesa, CA, 91942 2. Bernadette Lorraine Johnston 4521 Normandie Pl, La Mesa, CA, 91942  
This statement was filed with Recorder/County Clerk of San Diego County on February 24, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-006913**  
FICTITIOUS BUSINESS NAME(S): Tiger Landscaping & General Clean Ups Tree Removes  
Located at: 822 S. Orange Ave Apt A, El Cajon, CA, 92020  
This business is conducted by: An Individual  
The first day of business was: 03/11/2014  
This business is hereby registered by the following: 1. Filemon Hernandez 822 S. Orange Ave, Apt A, El Cajon, CA, 92020  
This statement was filed with Recorder/County Clerk of San Diego County on March 11, 2014.  
East County Gazette- GIE030790 3/13, 3/20, 3/27, 4/3 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005139**  
FICTITIOUS BUSINESS NAME(S): a.) BlueScapes Pools b.) BlueScapes Pool & Spa Construction  
Located at: 1367 Coker Way, El Cajon, CA, 92021  
This business is conducted by: An Individual  
The first day of business was: 02/24/2014  
This business is hereby registered by the following: 1. Ana Gabriela Franco 1367 Coker Way, El Cajon, CA, 92021 2. Valente Hernandez 1367 Coker Way, El Cajon, CA, 92021  
This statement was filed with Recorder/County Clerk of San Diego County on February 24, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-006759**  
FICTITIOUS BUSINESS NAME(S): a.) Ciel Bleu Day Spa b.) Le Reve Every Bride's Dream Wedding  
Located at: 3065 Rosecrans Place Suite 105, San Diego, CA, 92110  
This business is conducted by: A Limited Liability Company  
The business has not yet started  
This business is hereby registered by the following: 1. Le Reve Every Bride's Dream Wedding LLC 12323 Calle Albara Unite 4, El Cajon, CA, 92019  
This statement was filed with Recorder/County Clerk of San Diego County on March 10, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005784**  
FICTITIOUS BUSINESS NAME(S): Fit2BeU  
Located at: 13046 Julian Ave, Lakeside, CA, 92040  
This business is conducted by: An Individual  
The first day of business was: 12/07/2013  
This business is hereby registered by the following: 1. Vernon W. Wengeler 13046 Julian Ave, Lakeside, CA, 92040  
This statement was filed with Recorder/County Clerk of San Diego County on February 28, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005743**  
FICTITIOUS BUSINESS NAME(S): Juan's Hair Salon  
Located at: 500 Broadway Suite A, El Cajon, CA, 92021  
This business is conducted by: An Individual  
The first day of business was: 05/04/1999  
This business is hereby registered by the following: 1. Juan Silva 500 Broadway Suite A, El Cajon, CA, 92021  
This statement was filed with Recorder/County Clerk of San Diego County on February 27, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007164**  
FICTITIOUS BUSINESS NAME(S): San Diego Linen Rentals  
Located at: 1009 S. Mollison Ave, El Cajon, CA, 92020  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1. Rosa Maria Shammas 1009 S. Mollison Ave, El Cajon, CA, 92020  
This statement was filed with Recorder/County Clerk of San Diego County on March 13, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-004832**  
FICTITIOUS BUSINESS NAME(S): Medical Logistics International  
Located at: 9880 N. Magnolia Ave, Santee, CA, 92071  
This business is conducted by: A Individual  
The first day of business was: 02/20/2014  
This business is hereby registered by the following: 1. Odette Pidermann 9880 N. Magnolia Ave #244-155, Santee, CA, 92071  
This statement was filed with Recorder/County Clerk of San Diego County on February 20, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005529**  
FICTITIOUS BUSINESS NAME(S): a.) Handicap Bath Solutions b.) Handicap Bath Solution  
Located at: 9130 Gramercy Drive unit 307, San Diego, CA, 92123  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1. Michael Ervin Lyons 9130 Gramercy Drive unit 307, San Diego, CA, 92123  
This statement was filed with Recorder/County Clerk of San Diego County on February 26, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005345**  
FICTITIOUS BUSINESS NAME(S): Clockwork Productions  
Located at: 5995 Dandridge Lane, Suite 121, San Diego, CA, 92115  
This business is conducted by: An individual  
The first day of business was: 2/25/2014  
This business is hereby registered by the following: 1. Eric James Shanower 5995 Dandridge Lane, Suite 121, San Diego, CA, 92115  
This statement was filed with Recorder/County Clerk of San Diego County on February 25, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005110**  
FICTITIOUS BUSINESS NAME(S): Island Tumble  
Located at: 1206 Tenth St, Coronado, CA, 92118  
This business is conducted by: A Married Couple  
The first day of business was: 04/01/1997  
This business is hereby registered by the following: 1. Robyn Robledo 12 Bridgetown Bend, Coronado, CA, 92118 2. Victor Robledo 12 Bridgetown Bend, Coronado, CA, 92118  
This statement was filed with Recorder/County Clerk of San Diego County on February 22, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007313**  
FICTITIOUS BUSINESS NAME(S): Clear View Detail Service  
Located at: 1325 Clove St, El Cajon, CA, 92021  
This business is conducted by: A General Partnership  
The business has not yet started  
This business is hereby registered by the following: 1. Jonathan Gutierrez-Hernandez 1325 Clove St, El Cajon, CA, 92021 2. Gerardo Ibarra Hernandez 1325 Clove St, El Cajon, CA, 92021  
This statement was filed with Recorder/County Clerk of San Diego County on March 14, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-006803**  
FICTITIOUS BUSINESS NAME(S): Ottavios Italian Restaurant  
Located at: 12440 Woodside Ave, Lakeside, CA, 92040  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1. Gianni & Sal Inc., 12440 Woodside Ave, Lakeside, CA, 92040  
This statement was filed with Recorder/County Clerk of San Diego County on March 10, 2014.  
East County Gazette- GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005520**  
FICTITIOUS BUSINESS NAME(S): a.) Mike&Michelle Rodriguez, Authorized Matco Tools Distributor b.) Tipsn Chix  
Located at: 10326 Orozco rd, San Diego, CA, 92124  
This business is conducted by: A Corporation  
The first day of business was: 01/13/2014  
This business is hereby registered by the following: 1. NCDNC Enterprises, Inc. 10326 Orozco Rd, San Diego, CA, 92124  
This statement was filed with Recorder/County Clerk of San Diego County on February 26, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**NOTICE OF ENFORCEMENT OF  
WAREHOUSE LIEN**  
The mobilehome located at 13460 Hwy. 8 Business, Space 98, Lakeside, CA 92040 aka 13460 Old Hwy. 8 Bus., Sp. 98, Lakeside, CA 92040, within Pana-Rama Mobile Estates ("Community") and more particularly described as a Manufacturer/Tradename: FLAMINGO; Serial Number: 1266053; Decal No.: AAZ2044, is subject to a Warehouse Lien pursuant to Civil Code Section 798.56a. This lien is hereby being enforced and the mobilehome may not be removed from the Community until the lien is cured.  
On January 6, 2014 the Community served a Three Day Notice to Pay Rent or Quit, a Three Day Notice to Perform Covenants or Quit and a Sixty Day Notice to Terminate Possession of Premises on the residents of the mobilehome, Sarah E. Lunsford and Edna Jean Dreier, due to their failure to timely pay the space rent. All occupants vacated the premises, but the mobilehome remains on the premises.  
The total amount of the lien through March 6, 2014 is \$5,264.96. Said amount increases on a daily basis at the rate of \$25.46 per day plus actual utilities consumed.  
THE MOBILEHOME WILL BE SOLD BY AUCTION UNDER THE FOLLOWING TERMS: April 11, 2014 at 1:00 P.M., at 13460 Hwy. 8 Business, Space 98, Lakeside, CA 92040 aka 13460 Old Hwy. 8 Bus., Sp. 98, Lakeside, CA 92040. Sale of the mobilehome will go to the highest bidder. Home to be sold "as is, with any and all faults." Any further restrictions and/or conditions shall be provided at the time of the auction prior to the sale of the mobilehome. If you intend to bid at the sale, please contact Attorney Tamara M. Cross at (619) 296-0567, 3170 Fourth Avenue, Suite 200, San Diego, CA 92103 for the minimum bid at least two days prior to sale date. Please note: In order for you to be permitted to bid at the sale, you must be in possession of cash or a cashier's check equal to at least the minimum opening bid.  
3/20, 3/27/14  
CNS-2600332#  
EAST COUNTY GAZETTE

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007511**  
FICTITIOUS BUSINESS NAME(S): Jumper's LEDs  
Located at: 9656 Marilla Dr #44, Lakeside, CA, 92040  
This business is conducted by: An Individual  
The first day of business was: 8/15/2012  
This business is hereby registered by the following: 1. Christopher Smith 9656 Marilla Dr #44, Lakeside, CA, 92040  
This statement was filed with Recorder/County Clerk of San Diego County on March 17, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007430**  
FICTITIOUS BUSINESS NAME(S): Giving For A Purpose, Inc.  
Located at: 2215 Willow Glen Drive, El Cajon, CA, 92019  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1. Giving For A Purpose, Inc. 2215 Willow Glen Drive, El Cajon, CA, 92019  
This statement was filed with Recorder/County Clerk of San Diego County on March 17, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-006958**  
FICTITIOUS BUSINESS NAME(S): Road Runner Beep Beep  
Located at: 260 E Bradley, El Cajon, CA, 92021  
This business is conducted by: An Individual  
The first day of business was 03/11/2014  
This business is hereby registered by the following: 1. Ed Friedman 260 E. Bradley, El Cajon, CA, 92021  
This statement was filed with Recorder/County Clerk of San Diego County on March 11, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007961**  
FICTITIOUS BUSINESS NAME(S): So Cali Kids Photography  
Located at: 4609 Bancroft Dr., La Mesa, CA, 91941  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1. Penny Oracion 4609 Bancroft Dr, La Mesa, CA, 91941  
This statement was filed with Recorder/County Clerk of San Diego County on March 20, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
CASE NO.37-2014-00006244-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF MAGGIE ANN NAJOR FOR CHANGES OF NAME PETITIONER: MAGGIE ANN NAJOR FOR AN ORDER TO CHANGE NAME FROM: MAGGIE ANN NAJOR TO: MAGGIE ANN RABAN  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, SAN DIEGO SUPERIOR COURT, CIVIL DIVISION, 330 WEST BROADWAY, SAN DIEGO, CA, 92101, on MAY 2, 2014 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 12, 2014.  
East County Gazette – GIE030790 3/20, 3/27, 4/3, 4/10 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-007722**  
FICTITIOUS BUSINESS NAME(S): Stick to your guns  
Located at: 7659 Mission Gorge Road #89  
This business is conducted by: A Married Couple  
The business has not yet started  
This business is hereby registered by the following: 1. Mark Steven Foster 7659 Mission Gorge Road #89, San Diego, CA, 92120 2. Julie Anne Foster 7659 Mission Gorge Road #89, San Diego, CA, 92120  
This statement was filed with Recorder/County Clerk of San Diego County on March 18, 2014.  
East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-003826**  
FICTITIOUS BUSINESS NAME(S): Nicky Rottens Bar & Burger Joint  
Located at: 3773 Willow Glenn Dr, El Cajon, CA, 92019  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1. NR Ventures East, Inc. 2009 Corte Madera, Alpine, CA, 91901  
This statement was filed with Recorder/County Clerk of San Diego County on February 10, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005286**  
FICTITIOUS BUSINESS NAME(S): Munn and Associates  
Located at: 5858 Mt. Alifan Dr, #203, San Diego, CA, 92111  
This business is conducted by: A General Partnership  
The business has not yet started  
This business is hereby registered by the following: 1. Roy C. Rawers 3292 Towser St. San Diego, CA, 92123 2. Monica G. Cashiota-Munn 4509 Bambuthg Place, San Diego, CA, 92117  
This statement was filed with Recorder/County Clerk of San Diego County on February 25, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005284**  
FICTITIOUS BUSINESS NAME(S): Santee Family Optometry  
Located at: 9349 Mission Gorge Rd, Suite#114, Santee, CA, 92071  
This business is conducted by: A Corporation  
The first day of business was: 7/6/09  
This business is hereby registered by the following: 1. Smit A. Patel, O.D. 2. Irene Gendelman, O.D., Apoc 9349 Mission Gorge Rd, Suite#114, Santee CA, 92071  
This statement was filed with Recorder/County Clerk of San Diego County on February 25, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005814**  
FICTITIOUS BUSINESS NAME(S): The Essence  
Located at: 1235 Helix Street, Spring Valley, CA, 91977  
This business is conducted by: An Individual  
The business has not yet started  
This business is hereby registered by the following: 1. Phillip Varela 1235 Helix Street, Spring Valley, CA, 91977  
This statement was filed with Recorder/County Clerk of San Diego County on February 28, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005872**  
FICTITIOUS BUSINESS NAME(S): La Mesa Mexican Market  
Located at: 6190 Jackson Dr, La Mesa, CA, 91942  
This business is conducted by: A General Partnership  
The business has not yet started  
This business is hereby registered by the following: 1. Juan M. Duarte 6190 Jackson Dr, La Mesa, CA, 91942 2. Carlos R. Munguia 6190 Jackson Dr, La Mesa, CA, 91942  
This statement was filed with Recorder/County Clerk of San Diego County on February 28, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005556**  
FICTITIOUS BUSINESS NAME(S): a.) Bay-view Crematory and Burial Services b.) Mayer Mortuary  
Located at: 2859 Adams Avenue, San Diego, CA, 92116  
This business is conducted by: A Corporation  
The business has not yet started  
This business is hereby registered by the following: 1. Bayview Service Group, Inc. 2859 Adams Avenue, San Diego, CA, 92116  
This statement was filed with Recorder/County Clerk of San Diego County on February 26, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2014-005291**  
FICTITIOUS BUSINESS NAME(S): AM Import  
Located at: 861 Sixth Ave 135, San Diego, CA, 92101  
This business is conducted by: An Individual  
The first day of business was: 02/25/2014  
This business is hereby registered by the following: 1. James M. Wilbur 4635 Exbury Court, San Diego, CA, 92130  
This statement was filed with Recorder/County Clerk of San Diego County on February 25, 2014.  
East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

**Need to run a Fictitious Business Name Statement?  
Name Change? Summons?  
We have the best prices in town!  
Call us today! <sup>(619)</sup> 444-5774**



## — LEGAL NOTICES —

T.S. No. 13-25837 APN: 410-200-09-00  
**NOTICE OF TRUSTEE'S SALE**  
 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/21/2013. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: PAUL T. HODGE, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY Duly Appointed Trustee: LAW OFFICES OF LES ZIEVE Deed of Trust recorded 5/28/2013 as Instrument No. 2013-0331273 in book , page of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 4/10/2014 at 10:30 AM Place of Sale:: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA 92020. Estimated amount of unpaid balance and other charges: \$273,708.71 Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 29313 PASEO DEL TERRENO PINE VALLEY, CA 91962

Described as follows:  
**AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST**  
 A.P.N #: 410-200-09-00

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:**  
 The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site [www.elitepostandpub.com](http://www.elitepostandpub.com), using the file number assigned to this

case 13-25837. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: 3/17/2014 Law Offices of Les Zieve, as Trustee, 30 Corporate Park, Suite 450 Irvine, CA 92606

For Non-Automated Sale Information, call: (714) 848-7920

For Sale Information: (714) 848-9272 [www.elitepostandpub.com](http://www.elitepostandpub.com)

Christine O'Brien, Trustee Sale Officer  
**THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE.** EPP 9345 3/20, 3/27, 4/3/2014.

APN: 492-490-53-13 T.S. No. 1371775-1 **NOTICE OF TRUSTEE'S SALE** IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 7/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 4/10/2014 at 10:00 AM, Clear Recon Corp., as duly appointed trustee under and pursuant to Deed of Trust recorded 7/27/2005, as Instrument No. 2005-0638561, in Book XX, Page XX, of Official Records in the office of the County Recorder of San Diego County, State of CALIFORNIA executed by: CLINE M. CHAPMAN, AN UNMARRIED MAN. WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: **AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST** The street address and other common designation, if any, of the real property described above is purported to be: 451 W CHASE AVE #4B (AKA 477 WEST CHASE AVENUE) EL CAJON, CA 92020 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$126,932.22 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county

recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 573-1965 or visit this Internet Web site [WWW.PRIORITYPOSTING.COM](http://WWW.PRIORITYPOSTING.COM), using the file number assigned to this case 1371775-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. **FOR SALES INFORMATION:** (714) 573-1965 Date: 3/10/2014 Date Executed: Clear Recon Corp., Authorized Signature Clear Recon Corp. 4375 Jutland Drive Suite 200 San Diego, California 92117 P1086042 3/20, 3/27, 04/03/2014

APN: 506-020-68-54 TS No: CA09004262-12-2 To No: 5911097 **NOTICE OF TRUSTEE'S SALE** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED December 13, 2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On April 14, 2014 at 09:00 AM, Auction.com Room at Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive, San Diego, CA 92101, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on December 20, 2007 as Instrument No. 2007-0784559 and that said Deed of Trust was modified by Modification Agreement recorded on July 30, 2012 as Instrument Number 2012-0441152 of official records in the Office of the Recorder of San Diego County, California, executed by MARIE W. HILAIRE, A SINGLE WOMAN, as Trustor(s), MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. as nominee for PMC BANCORP as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: **AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST** The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 12190 CUYAMACA COLLEGE DRIVE EAST NO.1505, EL CAJON, CA 92019 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$338,045.13 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of

the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address [www.Auction.com](http://www.Auction.com) for information regarding the sale of this property, using the file number assigned to this case, CA09004262-12-2. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: March 14, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA09004262-12-2 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Lupe Tabita, Authorized Signatory **SALE INFORMATION CAN BE OBTAINED ONLINE AT** [www.Auction.com](http://www.Auction.com) **FOR AUTOMATED SALES INFORMATION PLEASE CALL:** AUCTION.COM at 800.280.2832 MTC Financial Inc. dba Trustee Corps **MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.** P1086832 3/20, 3/27, 04/03/2014

APN: 651-160-33-00 TS No: CA08001523-13-1 To No: 1533695 **NOTICE OF TRUSTEE'S SALE** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED December 12, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On April 22, 2014 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on December 14, 2006 as Instrument No. 2006-0887675 of official records in the Office of the Recorder of San Diego County, California, executed by HERBERT E. BATTER AND MAUREEN L. BATTER, HUSBAND AND WIFE J/T, as Trustor(s), in favor of HOUSEHOLD FINANCE CORPORATION OF CALIFORNIA as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: **AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST** The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real

property described above is purported to be: 24024 HARTLEY HILL RD, POTRERO, CA 91963 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$378,797.78 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08001523-13-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: March 19, 2014 MTC Financial Inc. dba Trustee Corps TS No. CA08001523-13-1 17100 Gillette Ave Irvine, CA 92614 949-252-8300 Lupe Tabita, Authorized Signatory **SALE INFORMATION CAN BE OBTAINED ON LINE AT** [www.priorityposting.com](http://www.priorityposting.com) **FOR AUTOMATED SALES INFORMATION PLEASE CALL:** Priority Posting and Publishing at 714-573-1965 MTC Financial Inc. dba Trustee Corps **MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.** P1087398 3/27, 4/3, 04/10/2014



### NOTICE INVITING SEALED BIDS

**PUBLIC PROJECT:**  
**GRAFFITI ABATEMENT SERVICES**  
**BID NO. 001-15**

**BIDS MUST BE RECEIVED BEFORE:**  
**2:00 p.m. on April 22, 2014**

**BIDS TO BE OPENED AT:**  
**2:00 p.m. on April 22, 2014**

**PLACE OF RECEIPT OF BIDS:**  
**City Hall**  
**1st Floor, Lobby Counter**  
**200 Civic Center Way**  
**El Cajon, CA 92020**

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Purchasing Agent, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website [www.cityofelcajon.us](http://www.cityofelcajon.us) or obtained at the office of the Purchasing Agent for a fee of \$5.00 (plus \$3.50 postage if mailing is requested). This amount is not refundable.

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations, are available from the DIR website at [www.dir.ca.gov/DLSR/PWD/index.htm](http://www.dir.ca.gov/DLSR/PWD/index.htm) Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

The Contractor shall provide the City with a signed and notarized non-collusion affidavit.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter  
 Purchasing Agent  
 March 27, 2014

EAST COUNTY GAZETTE GIE030790  
 03/27/14, 04/03/14

**Need to run a Fictitious Business Name Statement?**

**Name Change? Summons?**

**We have the best prices in town!**

**Call us today! <sup>(619)</sup> 444-5774**



— LEGAL NOTICES —

SUMMONS – UNIFORM PARENTAGE- PETITION FOR CUSTODY AND SUPPORT

NOTICE TO RESPONDENT (Name):  
Aviso a Demandado (Nombre):  
ALBERT A. COTA

YOU ARE BEING SUED.  
Lo estan demandando.

PETITIONER'S NAME IS:  
EL NOMBRE DEL DEMANDANTE ES:  
BLANCA A. ALVAREZ  
CASE NUMBER (Número del Caso):  
ED90922

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response to Petition to establish Parental Custody and Support of Minor Children (form FL-220) at the court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. Usted tiene 30 DÍAS CALENDARIOS después de recibir oficialmente esta citación judicial y petición, para completar y presentar su formulario de Respuesta (Response form FL-220) ante la corte. Una carta o una llamada telefónica no le ofrecerá protección. Si usted no presenta su Repuesta a tiempo, la corte puede expedir órdenes que afecten su matrimonio, su propiedad y que ordenen que usted pague mantención, honorarios de abogado y las costas. Si no puede pagar las costas por la presentación de la demanda, pida al actuario de la corte que le dé un formulario de exoneración de las mismas (Wavier of Court Fees and Costs). Si desea obtener consejo legal, comuníquese de inmediato con un abogado. NOTICE The restraining orders on the back are effective against both mother and father until the petition is dismissed, a judgement is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. AVISO Las prohibiciones judiciales que aparecen al reverso de esta citación son efectivas para ambos conyuges, madre el esposo como la esposa, hasta que le petición sea rechazada, se dicte una decisión final o la corte expida instrucciones adicionales. Dichas prohibiciones pueden hacerse cumpliren cualquier parte de California por cualquier agente del orden público que las haya recibido o que haya visto una copia de ellas. The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, 250 East Maine Street El Cajon, CA 92020 East County

The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): DOLORES CONTRERAS BOYD CONTRERAS, APC 402 W. Broadway, Suite 1500 San Diego, CA, 92101 DATE: JUL 12, 2013 619-238-5657 Clerk, by (Actuario) B. Fuller Deputy (Delegado) Pub. March 6, 13, 20, 27 2014 Published in EAST COUNTY GAZETTE

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005556

FICTITIOUS BUSINESS NAME(S): a.) Bayview Crematory and Burial Services b.) Mayer Mortuary Located at: 2859 Adams Avenue, San Diego, CA, 92116

This business is conducted by: A Corporation The business has not yet started This business is hereby registered by the following: 1. Bayview Service Group, Inc. 2859 Adams Avenue, San Diego, CA, 92116 This statement was filed with Recorder/ County Clerk of San Diego County on February 26, 2014.

East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

NOTICE OF TRUSTEE'S SALE TS No. CA-13-603388-CL Order No.: 130245207-CA-API YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/21/1988. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): SCOTT ALAN YEREBECK, A SINGLE MAN Recorded: 3/22/1988 as Instrument No. 88 130074 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 4/17/2014 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$39,754.78 The purported property address is: 1351 EMERALD AVE, EL CAJON, CA 92020 Assessor's Parcel No.: 492-580-45-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com , using the file number assigned to this foreclosure by the Trustee: CA-13-603388-CL . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the

Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-603388-CL IDSPub #0063628 3/27/2014 4/3/2014 4/10/2014

NOTICE OF TRUSTEE'S SALE TS No. CA-13-561216-BF Order No.: 130103165-CA-API YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/9/2002. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JOSEPH D. TORRES AND ANA C. TORRES, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 7/15/2002 as Instrument No. 2002-0592533 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 4/21/2014 at 9:00 AM Place of Sale: At the Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive, San Diego, CA 92101, in the Auction.com Room Amount of unpaid balance and other charges: \$136,437.37 The purported property address is: 38526 HIGH HORSE HILL, BOULEVARD, CA 91905 Assessor's Parcel No.: 609-172-16-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com , using the file number assigned to this

foreclosure by the Trustee: CA-13-561216-BF . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-561216-BF IDSPub #0063849 3/27/2014 4/3/2014 4/10/2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006184

FICTITIOUS BUSINESS NAME(S): JDub Networks Located at: 5989 Dwight St, San Diego, CA, 92105 This business is conducted by: A General Partnership The first day of business was:9/15/13 This business is hereby registered by the following: 1. Jaime Weber 5989 Dwight St, San Diego, CA, 92105 2.Andrew Weber 5989 Dwight St, San Diego, CA, 92105 This statement was filed with Recorder/ County Clerk of San Diego County on March 4, 2014.

East County Gazette- GIE030790 3/13, 3/20, 3/27, 4/3 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005125

FICTITIOUS BUSINESS NAME(S): Cali Flowers Located at: 2383 Fletcher Pkwy, El Cajon, CA, 92020 This business is conducted by: An Individual The business has not yet started This business is hereby registered by the following: 1. Jose Luis Fuentes 637 Santa Fe Dr, Encinitas, CA, 92024 This statement was filed with Recorder/ County Clerk of San Diego County on February 24, 2014.

East County Gazette- GIE030790 3/13, 3/20, 3/27, 4/3 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006005

FICTITIOUS BUSINESS NAME(S): S&H Properties Located at: 1370 Broadway, El Cajon, CA, 92021 This business is conducted by: A General Partnership The business has not yet started This business is hereby registered by the following: 1. Ross Healey 14423 Sespe Pl, Poway, CA, 92064 2.Robert J Schoen 108 Landale, El Cajon, CA, 92019 This statement was filed with Recorder/County Clerk of San Diego County on March 3, 2014.

East County Gazette- GIE030790 3/13, 3/20, 3/27, 4/3 2014

NOTICE OF TRUSTEE'S SALE File No. 8520.20158 Title Order No. NXCA-0122732 MIN No. APN 576-541-01-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/14/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): John J Gay, a single man Recorded: 08/22/07, as Instrument No. 2007-0559428, of Official Records of SAN DIEGO County, California. Date of Sale: 04/16/14 at 10:00 AM Place of Sale: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South., San Diego, CA The purported property address is: 7505 HUGHES STREET, LEMON GROVE, CA 91945 Assessors Parcel No. 576-541-01-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$347,086.64. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www. Auction.com using the file number assigned to this case 8520.20158. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: March 17, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Melissa Myers, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. File # 8520.20158: 3/27/2014,4/3/2014,4/10/2014

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2011-01814601 FILE NO. 2014-005598

The following person(s) has/have abandoned the use of the fictitious business name: Giant Pizza King #13

The Fictitious Business Name Statement was filed on JUNE 22, 2011, in the County of San Diego.

1029 Elkeltton Blvd, Spring Valley, CA, 91977 This business is abandoned by:

1. Louis Pizaa Inc 1029 Elkeltton Blvd, Spring Valley, CA, 91977

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON February 27, 2014

East County Gazette GIE 030790 3/6, 3/13, 3/20, 3/27 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-004639

FICTITIOUS BUSINESS NAME(S): Oatganic Nutrition Company Located at: 5840 Hardy Ave Apt 1, San Diego, CA, 92115

This business is conducted by: A General Partnership

The business has not yet started

This business is hereby registered by the following: 1.Joshua Hafez Palmer 5840 Hardy Ave Apt 1, San Diego, CA, 92115 2.Tanisha Marie Peden 5775 Baja Dr. San Diego, CA, 92115 3.Alison Yen Tong Kon 4837 Fairport Way, San Diego, CA, 92130 4.Theodore Sutcliffe 1110 Felspar St, San Diego, CA, 92109 5.Daniel James Norwood 3950 Saint Agnes Ct., San Diego, CA, 92130

This statement was filed with Recorder/ County Clerk of San Diego County on February 19, 2014.

East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005343

FICTITIOUS BUSINESS NAME(S): Oz Con International- Winkie Convention Located at: 5995 Dandridge Lane, Suite 121, San Diego, CA, 92115

This business is conducted by: An individual

The first day of business was: 1/1/2014

This business is hereby registered by the following: 1. David H. Maxine 5995 Dandridge Lane, Suite 121, San Diego, CA, 92115

This statement was filed with Recorder/ County Clerk of San Diego County on February 25, 2014.

East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-004287

FICTITIOUS BUSINESS NAME(S): Szenbridge Associates

Located at: 10057 Conejo Place, Santee, CA, 92071

This business is conducted by: An Individual

The business has not yet started

This business is hereby registered by the following: 1. Karina L. Szenderski 10057 Conejo Place, Santee, CA, 92071

This statement was filed with Recorder/ County Clerk of San Diego County on February 13, 2014.

East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-004639

FICTITIOUS BUSINESS NAME(S): Oatganic Nutrition Company

Located at: 5840 Hardy Ave Apt 1, San Diego, CA, 92115

This business is conducted by: A General Partnership

The business has not yet started

This business is hereby registered by the following: 1.Joshua Hafez Palmer 5840 Hardy Ave Apt 1, San Diego, CA, 92115 2.Tanisha Marie Peden 5775 Baja Dr. San Diego, CA, 92115 3.Alison Yen Tong Kon 4837 Fairport Way, San Diego, CA, 92130 4.Theodore Sutcliffe 1110 Felspar St, San Diego, CA, 92109 5.Daniel James Norwood 3950 Saint Agnes Ct., San Diego, CA, 92130

This statement was filed with Recorder/ County Clerk of San Diego County on February 19, 2014.

East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014



LEGAL NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAN ZEIDMAN CASE NO. 37-2012-00152716-PR-LA-CTL ROA #: 101 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the lost will or estate, or both, of: DAN ZEIDMAN A Petition for Probate has been filed by Summer Vicknair in the Superior Court of California, County of SAN DIEGO. The Petition for Probate requests that Cynthia Chihak be appointed as personal representative to administer the estate of the decedent. The Petition requests the decedent's lost will and codicils, if any, be admitted to probate. The lost will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on April 10, 2014 at 1:30 pm in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Randall A Miller SBN 116036 Shawn Shaffie SBN 262002 Miller LLP, 515 South Flower Street Suite 2150 Los Angeles, CA 90071, Telephone: 800-720-2126 3/13, 3/20, 3/27/14 CNS-2597657# EAST COUNTY GAZETTE

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-004908 FICTITIOUS BUSINESS NAME(S): Wild Grafico Located at: 8209 Lemon Ave #7, La Mesa, CA, 91941 This business is conducted by: An Individual The first day of business was 02/20/2014 This business is hereby registered by the following: 1. Lionel Talaro 8209 Lemon Ave #7, La Mesa, CA, 91941 This statement was filed with Recorder/County Clerk of San Diego County on February 21, 2014. East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-005570 FICTITIOUS BUSINESS NAME(S): Perfect Stitch Custom Upholstery Located at: 12041 Rockrest rd, Lakeside, CA, 92040 This business is conducted by: An Individual The business has not yet started This business is hereby registered by the following: 1. Joe Fermin Barruza 8729 Graves Ave 1F, Santee, CA, 92071 This statement was filed with Recorder/County Clerk of San Diego County on February 26, 2014. East County Gazette- GIE030790 3/6, 3/13, 3/20, 3/27 2014

CASE NUMBER 37-2013-00064498-CU-BC-CTL SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO):ANDREAS ROSE, AN INDIVIDUAL; DOES 1-20 inclusive.. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): AMERICAN EXPRESS BANK, FSB, A FEDERAL SAVINGS BANK. NOTICE! You have been sued. This court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO:Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen, sobre cualquier recuperacion de \$10,000 o mas dr valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derencho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 330 West Broadway, San Diego, CA, 92101. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Lina M. Michael. Michael & Associates, PC 555 St. Charles Drive, Suite 204, Thousand Oaks, CA, 91360 Date: (Fecha) August 28, 2013. Clerk (Secretario) By: V. Navarrette, Deputy Clerk (Adjunto) East County Gazette GIE030790 March 27, April 3, 10, 17 2014.

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at: ACE SELF STORAGE 573 Raleigh Avenue El Cajon, CA 92020 (619) 440-7867 By competitive bidding will sell, on April 9th 2014 at 9:30 AM or after. The following properties: miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts: H072 Lisa Hayes H065 Kenneth Lewis D004 Anthony Alderete F005 Elizabeth Wolf E002 Kevin Evans East County Gazette-GIE030790 3/27, 4/3 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006872 FICTITIOUS BUSINESS NAME(S): Unlimited Controls & Instrumentation Located at: 294 Chambers St #17, El Cajon, CA, 92020 This business is conducted by: An Individual The first day of business was 03/11/2014 This business is hereby registered by the following: 1. Omar Perez Landeros 294 Chambers St. unit 17, El Cajon, CA, 92020 This statement was filed with Recorder/County Clerk of San Diego County on March 11, 2014. East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006557 FICTITIOUS BUSINESS NAME(S): a.)SEO Operator b.)JUMW Marketing Located at: 12379 Via Hacienda, El Cajon, CA, 92019 This business is conducted by: An Individual The first day of business was: 01/01/2014 This business is hereby registered by the following: 1. Yezen Haddad 12379 Via Hacienda, El Cajon, CA, 92019 This statement was filed with Recorder/County Clerk of San Diego County on March 07, 2014. East County Gazette- GIE030790 3/13, 3/20, 3/27, 4/3 2014

NOTICE TO CREDITORS OF BULK SALE (SECS. 6101-6111 U.C.C.) Escrow No. 107-033762 Notice is hereby given to the creditors of Ashok K. Ghosh and Fatim Ghosh ("Seller"), whose business address is 2959 Jamacha Road, Sute B, El Cajon, CA 92019 that a bulk sale is about to be made to Jordan's Restaurant Group II, Inc., a California corporation and Kusay Kalasho Yousif ("Buyer"), whose address is 3755 Avocado Blvd. #244, La Mesa, CA 91941. The property to be transferred is located at 2959 Jamacha Road, Sute B, City of El Cajon, County of San Diego, State of California. Said property is described as: ALL INVENTORY, STOCK IN TRADE, FIXTURES, EQUIPMENT, AND GOODWILL OF THE BUSINESS KNOWN AS Juice Blend and located at 2959 Jamacha Road, Sute B, El Cajon, CA 92019. The bulk sale will be consummated on or after April 15, 2014, at The Heritage Escrow Company, 2550 Fifth Avenue, Suite 136, San Diego CA 93103 pursuant to Division 6 of the California Code. This bulk sale is subject to Section 6106.2 of the California Commercial Code. ALL CLAIMS TO BE SENT C/O The Heritage Escrow Company, 107-033762, 2550 Fifth Avenue, Suite 136, San Diego CA 93103. The last date for filing claims shall be April 14, 2014. So far as known to Buyer, all business names and addresses used by Seller for the three years last past, if different from the above, are: NONE Date: March 14, 2014 Buyer: Jordan's Restaurant Group II, Inc., a California corporation By:/s/ Kusay Kalasho Yousif By: /s/ Kusay Kalasho Yousif, President 3/27/14 CNS-2604204# EAST COUNTY GAZETTE

Need to run a Fictitious Business Name Statement? Name Change? Summons? We have the best prices in town! Call us today! (619) 444-5774

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at: Ace Self Storage 9672 Winter Gardens Blvd Lakeside, CA 92040 (619) 443-9779 Will sell, by competitive bidding, on April 9 2014 @ 8:30 AM or after .The follow-ing properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts: A0001 Carline Banegas AU048 Monica Larios B0055 Lisa Smith BU029 Jeannette Rodriguez BU072 Fred Tow BU140 Paul Ford C0010 Carline Banegas C0012 Fred Tow CU005 Rhonda Kern DU027 Christina or Bryan Porteous William k Ritch West coast auctions State license bla 6401382 760-724-0423 East County Gazette GIE-030790 March 27, April 3 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-007189 FICTITIOUS BUSINESS NAME(S): Threading by Aneta Located at: 5430 Clairemont Mesa blvd, San Diego, CA, 92117 This business is conducted by: An Individual The business has not yet started This business is hereby registered by the following: 1.Aneta Andarus 493 Birchwood Lane, El Cajon, CA, 92021 This statement was filed with Recorder/County Clerk of San Diego County on March 13, 2014. East County Gazette- GIE030790 3/27, 4/3, 4/10, 4/17 2014

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY Notice is herby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on (April 16th 2014) at (3:00pm) at the Extra Space Storage facility at: Site Name Extra Space Storage Site Address: 10115 Mission Gorge Rd Santee, CA 92071 Site Phone # 619 562-0101 The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes and appliances. ( List Tenant names here) Mary Plant, Dee Johnson, Rudy Madrigal, Michael Hazard, William Leigh, Sheroya Wiggan, Karac Peterson, Aaron Fortner. Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage refuses the right to bid. Sale is subject to adjournment. East County Gazette-GIE030790 March 27th, April 3th, 2014

FICTITIOUS BUSINESS NAME STATEMENT NO. 2014-006249 FICTITIOUS BUSINESS NAME(S): a.)The Grinder b.)DiGangi's Grinder #1 Located at: 1300 N. 2nd St, El Cajon, CA, 92021 This business is conducted by: An Individual The first day of business was:7/3/63 This business is hereby registered by the following: 1. Margaret Ann Helt 2041 Garrison Way, El Cajon, CA, 92019 This statement was filed with Recorder/County Clerk of San Diego County on March 5, 2014. East County Gazette- GIE030790 3/13, 3/20, 3/27, 4/3 2014



NOTICE OF PUBLIC HEARING

The El Cajon City Council will hold a Public Hearing on April 8, 2014, at 3:00 p.m. in the Council Chambers at 200 Civic Center Way, El Cajon, to consider the following:

Fee Adjustment for the Transportation Uniform Mitigation Fee Program in accordance with El Cajon Ordinance No. 4912 and San Diego Association of Government's (SANDAG) TRANSNET Ordinance.

The information regarding the proposed fee increase is available for review in the City Clerk's Office at City Hall, 200 Civic Center Way, El Cajon. For questions, please contact Dennis Davies at (619) 441-1653.

The public is invited to attend and participate in this public hearing. Please call the City Clerk's Office (619) 441-1763 if you have any questions regarding this notice of hearing. If you challenge the matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the City Clerk at, or prior to, the public hearing.

The City of El Cajon encourages the participation of disabled individuals in the services, activities and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the City Council meetings should contact the City Clerk's Office at (619) 441-1763.

Belinda A. Hawley, CMC CITY CLERK EAST COUNTY GAZETTE GIE030790 03/27/14

Regular Meeting Announcement LAKESIDE COMMUNITY PLANNING GROUP 1st Wednesday of Every Month (except Holidays) Open House – 6:00 to 6:30 pm Regular Meeting— 6:30 to 9:00 pm Lakeside Community Center 9841 Vine Street, Lakeside CA 92040 For agenda notices visit our website at www.lcpvg.weebly.com or the Lakeside Historical Society's Community Board or email us at lakesidecpg@gmail.com

To place your legal ad stop by our office — 1130 Broadway, El Cajon JUST ONE STOP! — WE FILE WITH THE COUNTY AND SEND YOU A COPY! or call (619)444-5774 ONCE YOU STOP BY OUR OFFICE, YOU'RE DONE!



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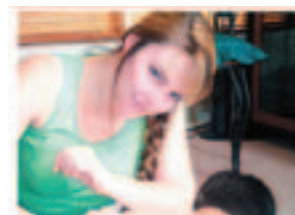
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# EAST COUNTY GAZETTE

**1130 Broadway, El Cajon, CA 92021**

The East County Gazette adjudication number: GLE030790. March 10, 2006.  
www.eastcountygazette.com

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# Our Best Friends

## Pet of the Week



Spencer, a stunning white dwarf/mix bunny! Pink eyes, pure white, yes an adult albino little fuzzy male! Spence is as cute as a fluff of cotton! Spencer had to be given up due to his owners moving. Spencer is very friendly! Spencer likes people, likes attention, has good manners, and is a very healthy bunny. Spencer has a sweet personality. Come meet Spencer in #114 to see if you have found your forever friend! Spencer is neutered and microchipped. Adoption fee \$5.00

## Give a pet a forever-home — Stop by the El Cajon Animal Shelter



**Kiki, 4-1/2-year-old Orange Tabby male. Cage #103**



**Scarlet, 1-year-old Cattle Dog & Pit Bull Terrier mix female. Kennel #24**



**Luke, 1-year-old Pit Bull Boxer mix, Male Kennel #62**



**Dottie, 1-1/2-year-old Cattle Dog/Pit Bull mix female. Kennel #23.**



**Jeff, 6-year-old Dachshund mix. Kennel #31**



**Lola, 10-year-old Terrier/Miniature Poodle blend. Kennel #55**



**Nancy, 2-year-old Pit Bull Terrier / Coonhound mix. Kennel #46**

The El Cajon Animal Shelter is located at 1275 N. Marshall, El Cajon, (619) 441-1580.

Hours are Tuesday through Saturday 10 a.m. to 5 p.m.

## Dangers of dogs riding in PU truck beds

You may see it quite often as you're driving around town: dogs riding in the back of trucks. You might even know someone who does it. Why not? It seems so convenient to just load your dog up in the back and take them with you.

According to the Humane Society of the United States, 100,000 dogs are killed each year in accidents involving riding in truck beds. In addition, veterinarians see numerous cases of dogs being injured because they jumped out or were thrown from the bed of a pickup truck. If these dogs are lucky enough to still be alive, broken legs and joint injuries are among the most common types of damage that they sustain and often result in amputation. There are many dangers of having your four-legged friend loose in the bed of a truck while you're ramming the roads.

### Eye, ear & nose damage

This may not have even occurred to you, since dogs always have a tendency to stick their heads out the window of a moving vehicle to smell all of those new smells on the open road. But being in the open air traveling at high speeds (whether their head is out the window or they're in the back of the truck) can likely cause damage to the delicate parts of their face. The swirling of the air currents in the bed of a pickup truck can cause dirt, debris and insects to become lodged in the dog's eyes, ears, and nose.

### Being ejected from the truck

We've all had to slam on our brakes while we're driving at some point; it's inevitable. Now imagine slamming on your brakes while your beloved dog is in the truck bed. He's going to get a serious jolt and it's possible that he could fly right out of the bed and into the road. You also run the risk of getting into an accident while you're traveling with your precious cargo which could also force him out of the bed. And if you think that securing him with a rope or chain is any better, you're wrong. There have been cases where dogs were thrown out of the back of the truck while still attached and being dragged on the road while the owner is still driving. Talk about a nightmare situation.

### Jumping ship

Even if you don't slam on your brakes or get into an accident, your dog may have plans of their own. Does your dog get easily distracted by squirrels, dogs, or other animals? Who's to say they're not going to willingly jump out in order to better investigate a situation? How long would it take you to realize they are gone? How will you be able to protect her from getting hit by other cars or straying too far away while you're in the driver's seat?

### What are the Laws?

In February of 2009, Senator Norman Stone Jr.'s bill to ban riding around with dogs in truck beds was defeated on the Senate 30-17. Although the bill was passed by the House unanimously in 2008, some Senators questioned whether or not it was a real problem. Others worried that farmers

would be unable to ride with their dogs, leading to a lot of unhappy dogs.

There are, however, a number of individual states that have banned this type of pet travel and other states have bills pending.

### What's the alternative?

Even though it's not against the law in all 50 states, traveling with dogs in the bed of your pickup trucks should never be an option. The Humane Society of the US notes that they don't know of any brand of harness that is safe for the back of the truck. It's best to have the dog in the cab with you, and if it's an extended cab, the dog should be restrained in the back and away from the windshield. For trucks, pet travel crates, pet safety belts, and pet car seats are the safest bets. If none of these are available to you at the time you're taking your truck (or any vehicle), consider keeping your dog safe at home.

### About TripsWithPets.com

TripsWithPets.com is the #1 online resource for pet travel. Named best pet travel site by Consumer Reports, TripsWithPets.com's mission is to offer resources that ensure pets are welcome, happy, and safe while traveling. The website features a directory of pet friendly hotels and accommodations across the United States and Canada, as well as airline & car rental pet policies; pet friendly restaurants, beaches, and events; a user-friendly route search option; pet travel tips; pet travel supplies; and other pet travel resources.

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