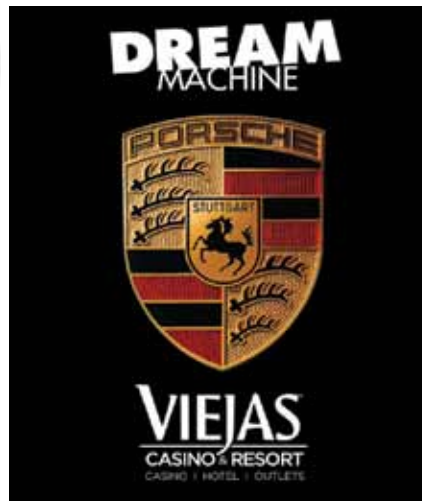




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NUMBER 29**

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## Chargers improve record 6-7



San Diego Chargers Wide Receiver Keenan Allen (13) stretches for a touchdown during the NFL game between the San Diego Chargers and the New York Giants at Qualcomm Stadium. Read story on page 14. Photo credit: Tom Walko



Meet Wally and his  
friends on page 23

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### What's new in the theaters!

The rush is on to see the end of  
the year movies!

Check out  
'Out of the Furnace'  
on page 12  
by  
Diana Saenger



Get the real scoop on movies  
right here in  
the Gazette!

### Looking for something to do?



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"Out and About in the County"  
for local events  
on page 11  
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CAREY HART  
BROC TICKLE  
JOSH WILL**

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- 2:30 – 3:00 First Round of Whip
- 3:00 – 3:20 HD Freestyle Demo By Wheelies
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# SHOP EAST COUNTY



# Local News & Events

## Lakeside's Roundup of Events —

by Patt Bixby



**Santa and Mrs. Claus speaks with 6-year-old Avery and 11-week-old Rowen. Photo credit: Patt Bixby**

### Spirit of Christmas

After months of working to make the Lakeside Spirit of Christmas the best one yet, the Lakeside Chamber of Commerce regrets the disappointment by the vendors, partners and children by having to cancel the street part of the event due to weather. However, neither rain nor snow can keep Santa away. As 5 p.m. neared, Santa was seen walking down Maine Avenue along with Mrs. Clause and Santa's helpers. They arrived at the court yard of the historical society, where a beautiful Christmas tree stood.



Lakeside Firefighters were standing ready to light the tree. As Santa stood by the tree, the rain had stopped, the tree was lit and everyone cheered as the lights came on.



**Santa & Mrs. Claus with firefighter / paramedic: Josh Raczka and Fire Captain Ian Lowe.**

Santa crossed the street to the Montessori Pre-School where he listened as excited children lined up to tell Santa how good they have been and what they wished for Christmas.

### Santa's Mailbox

Santa's Special Mailbox just for the North Pole is located at the Lakeside Historical Society, inside the courtyard on the Maine Avenue. Enclose a self addressed stamped envelope to receive a letter from Santa just for you.

The mailbox will be on site until Dec. 24. Merry Christmas!

### Holiday Home Tour

Rain on Dec. 7 couldn't dampen the spirit of Lakeside residents who attended the Lakeside Historical Society's Holiday Home Tour of local homes. Visitors enjoyed the beautiful decorations and view from atop Rattlesnake Mountain at the Stokes home.

Moreno Valley was the next destination. First was the Frizzel's, three homes on 12.5 acres. The homestead cabin is decorated in period furnishings, a home built in 1916, which was moved to its current location in 1957 and a cedar rebuild that was modeled after the Veterinary Clinic on Maine Ave. Beautiful Clydesdales live in the barn.

Next came the Hodgkinson home AKA "Magic Moments Private Event Estate." The inspiration for the intriguing property was inspired by the late Thomas Kinkadee's painting "The Garden Prayer." A gazebo much like the Kinkadee painting is the main focal point of the property. The property is available for private events.

The fourth home in Eucalyptus Hills was the home of the Cunningshams, which was beautifully decorated for Christmas.

Each year the chairperson for the Holiday Home Tour searches Lakeside for unique, fun and creative homes to tour. For the past several years, Chairperson Coleen Owens has found some of the little known treasures of Lakeside. Anyone interested in showcasing their home, contact Coleen at the Historical Society.

## Warren-Walker Middle School receives award

The SeaPerch team, led by Science teacher, Mr. Hunter Pashkow, has been granted a \$600 INCOSE STEM award for 2013 for use in the development of a Warren-Walker Middle School SeaPerch program.

SeaPerch is an innovative underwater robotics program that equips teachers and students with the resources they need to build an underwater Remotely Operated Vehicle (ROV). Students build the ROV from a kit comprised of low-cost, easily accessible parts, following a curriculum that teaches basic engineering and science concepts with a marine engineering theme. The SeaPerch Program provides students with the opportunity to learn about robotics, engineering, science, and mathematics (STEM) while building an underwater ROV as part of a science and engineering technology curriculum. Throughout the project, students will learn engineering concepts, prob-

lem solving, teamwork, and technical applications.

The students will work in teams to build a ROV and compete against other SeaPerch teams county-wide. Competition day there will be three competition events: two pool events (an obstacle course and object transfer event), and a poster presentation. Good Luck SeaPerch Gulls! We can't wait to see what you build!

Warren-Walker School offer Prekindergarten through eighth grade programs in San Diego since 1932. Warren-Walker School is known for its accelerated academic curriculum, strong character education and its commitment to its mission to challenge our students to think, learn, create, communicate, and develop to their highest and fullest potentials while preparing them for success in academically demanding high schools.

Congratulations Warren-Walker Middle School SeaPerch Club team!

## 26th Annual Taste of Santee

December 5 the Union Bank in Santee was packed with people enjoying the 26<sup>th</sup> Annual Taste of Santee hosted by Union Bank and the Santee Chamber of Commerce.

Those who attended brought a new unwrapped toy or a non perishable food item.



**People enjoyed the 'Taste of Santee.' Photo credit: Patt Bixby**

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## — LOCAL NEWS &amp; EVENTS —

# El Cajon highlights

by Monica Zech,  
City of El Cajon Public  
Information Officer

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## Shop & dine local during the holidays in Downtown El Cajon

**D**on't forget that small business areas, like Downtown El Cajon, are great places to shop for those special holiday gifts and to dine...and at the same time support local small businesses! When buying from local businesses you support local jobs while providing unique gifts for your friends and family. Avoid the hectic crowds and fighting for parking spaces, shop in your neighborhood. Small businesses are considered the foundation of any City's economy. Consider shopping locally at neighborhood businesses, not only during the holidays, but throughout the year. For lunch or dinner, the City has several excellent restaurants for your dining pleasure!

## East County Toy & Food Drive – helping those in need!

Join this special event to help brighten the holidays for families in need! The Salvation Army will be holding the 38th Annual East County Toy & Food Drive. Your last day to apply for help is this coming Saturday, Dec. 7, from 9 a.m. to 12 p.m. and from 1:30 p.m. to 3 p.m. at the Salvation Army offices, located at 1011 E. Main Street in El Cajon. Toys are for children ages 12 and under. Space is limited. You must appear in person to apply. No applications will be processed without all of the verifications requested. The East County Toy and Food Drive is one of the oldest and largest toy and food drives in San Diego County. Food and toy distribution for pre-registered families in need is scheduled to begin on Wednesday, Dec. 18. For more information, visit [www.salvationarmyelcajon.com](http://www.salvationarmyelcajon.com) or call (619) 440-4683, ext. 401 for more details.

Donations are welcome! Don't forget, you, your group or company are welcome to drop off toy and food donations at the Salvation Army office, or come to the live radio station remote on December 14. Clear Channel's Newsradio 600 KOGO-AM and KISS-FM 95.7 will have a live

broadcast from 9 a.m. to 12 p.m. at the Target store parking lot located at 250 Broadway in El Cajon. Throughout the morning, the public is invited to donate money and toys and have the opportunity to participate in a live broadcast hosted by KOGO's LaDonna Harvey, Cal Walker and Cliff Albert. Adding to the fun - don't miss the Fire Truck Toy Parade! Fire trucks from Heartland Fire and Rescue will be joined by other fire trucks from other East County fire stations for a Fire Truck Toy Parade. The fire trucks, loaded with toys, will be arriving at the Target parking lot at approximately 11:15 a.m.

## Lions deliver Christmas baskets

Helping those in need, the El Cajon Valley Host Lions Club will deliver 100 Christmas food baskets on December 21 starting at 7 a.m. Each year for the past 26 years the Lions Club has delivered food baskets to the needy of East County. Donated food will be divided up into identical baskets for delivery by the Lions and Leo's Club of El Cajon High School. Each basket will contain a 15 pound turkey, various canned goods, milk, bread, cereal, noodles, rice, apples, eggs, cheese, cookies, soup, celery, stuffing mix and much more. This annual tradition began in 1967 when the Lions delivered food to 25 families. That number grew to 33 by 1998 and last year they delivered to 44 families and 15 more were picked up. The Salvation Army provides the list of families in need based on criteria that they have used for years. Anyone wishing to donate food, call (619) 504-0583.

## The Olaf Wieghorst Museum Juried Art Show continues

See the works of some of San Diego County's most talented and promising landscape artists on exhibit in a juried art show sponsored by the California Art Club (CAC) and hosted by the Olaf Wieghorst Museum. Landscapes of the West opened October 8 and runs through January 11, 2014, at the museum's downtown El Cajon location at 131 Rea Avenue. El Cajon's Olaf Wieghorst Museum is dedicated to preserving America's western heritage. It houses the works of Olaf Wieghorst, an internationally recognized western artist whose paintings have been praised and acquired by royalty, presidents and celebrities. Born in Denmark, the self-taught artist immigrated to the United States and eventually

settled in El Cajon. His restored ranch house is a local landmark and sits on museum property. The Olaf Wieghorst Museum is open Tuesday through Saturday from 10 a.m. to 3 p.m. The museum is closed on Sundays and Mondays. To learn more about the museum, visit [www.wieghorstmuseum.org](http://www.wieghorstmuseum.org). For more information about the California Art Club, visit [www.californiaartclub.org](http://www.californiaartclub.org).

## San Diego East County Chamber Activity

Join the San Diego East County Chamber's Annual Installation Dinner at "Allen Airways Flying Museum" at Gillespie Field Airport. On Saturday, January 25, 2014, with special guest emcee SD Padres, Mark Grant. Enjoy a live and silent auction, dinner, board installation and much more! Mark your calendars now for an evening filled with fun and entertainment! This is also your opportunity to nominate your favorite business or organization for one of the special recognition awards for Business of the Year and Community Service Awards! Call (619) 440-6161 for more information.

## 2013 El Cajon Citizen of the Year Nominations are now open

Each year El Cajon's Civic, Service and Fraternal Organizations select the El Cajon Citizen of the Year, choosing someone who contributes to the City of El Cajon through volunteer civic and community service. This award is for volunteer (un-paid) service to the community which benefits the city and residents of El Cajon. Applicants for El Cajon Citizen of the Year are not required to live within the City of El Cajon, but must live in the East County Area. Nominations should be made on the basis of unpaid volunteer civic and community activities in El Cajon. Any person actively seeking public political office during the time of the selection process will be automatically disqualified as a nominee for Citizen of the Year. Anyone may be nominated, but only those that meet the guidelines for nomination will be considered. To request an application please call (619) 442-5313. The deadline for submittal of the completed nomination package for your nominee is December 20, 2013, at 4 p.m. The 2013 El Cajon Citizen of the Year and all nominees will be honored at a luncheon on Feb. 10, 2014, at the Ronald

Reagan Community Center. Please join us in the celebration of community service by making your nomination and honoring all those who serve our city.

## Application now being accepted for City of El Cajon Commissions & Committees

The City of El Cajon City Council announces it is accepting applications for vacancies and term expirations on City of El Cajon Commissions/Committees. The application filing period is from Dec. 11, through Jan. 16, 2014, at 5:30 p.m. Interviews and appointments will be held on Jan. 28, 2014, at 7 p.m. in the Council Chambers, 200 Civic Center Way, El Cajon, CA 92020.

## Commissions and Com- mittee openings are as follows:

Personnel Commission - one vacancy for a four-year term expiring Jan. 31, 2018.

Planning Commission - one vacancy for a four-year term expiring Jan. 31, 2018.

Public Safety Facility Financing Oversight Committee - one vacancy for an unexpired term ending Jan. 31, 2015.

Veterans' Commission - one vacancy for a four-year term expiring Jan. 31, 2018.

Applications are available in the City Clerk's Office, First Floor of City Hall, located at 200 Civic Center Way, El Cajon, CA 92020. Downloadable, interactive application forms are available on the City website at [www.cityofelcajon.us](http://www.cityofelcajon.us). See "City Commission Openings" under the "What's New" section of the home page. Please note City Hall offices will be closed from Dec. 24 through Jan. 1, 2014, and will reopen at 7:30 a.m. Thursday, Jan. 2, 2014. For further information please call the City Clerk's Office: (619) 441-1763.

## City Recreation Guide available online

The winter edition of the City of El Cajon Guide to Recreation is now available! See all the wonderful programs offered by the City of El Cajon Recreation Department at [www.elcajonrec.org](http://www.elcajonrec.org). For more information or to register, please call (619) 441-1516.

## Christmas tree pick up

Waste Management will be providing free pick up of Christmas trees from residential customers in El Cajon for

a two week service period following the Christmas holiday. These collections dates start on Monday, Dec. 30, 2013 and run through Friday, Jan. 10, 2014. Trees should be set put at the normal location for waste removal services. Only natural trees (no ornamental or artificial trees, or any with decorations or foreign substances such as ornaments, tinsel, debris or support stands) will be accepted. For more information call (619) 596-5100.

## City reminders

**Dec. 12:** The El Cajon Farmers' Market continues every Thursday at the Prescott Promenade from 3 to 7 p.m. The El Cajon Farmers' Market continues every Thursday from 3 to 7 p.m. at the Prescott Promenade, 201 East Main Street. The Farmers' Market offers a wide variety of fresh, locally-grown fruits and vegetables! For more information, please visit [www.elcajonfarmersmarket.org](http://www.elcajonfarmersmarket.org).

**Dec. 20 and Jan. 3, 17 & 31:** Alternate Friday closures for El Cajon City offices. Please go to [www.cityofelcajon.us](http://www.cityofelcajon.us) for a full calendar of hours for City offices during 2013 & 2014.

**Dec. 24 through Jan. 1:** City offices will be closed in observance of the Holiday Season and New Year's Day.

January 14 & 28 - The El Cajon City Council Meetings are at 3 p.m., and 7 p.m. as needed. Council meetings are held in the Council Chambers at 200 Civic Center Way. For more information, and to view the full agenda online, please visit [www.cityofelcajon.us](http://www.cityofelcajon.us).

## Employment with the City Of El Cajon

Are you interested in working for the City? The City of El Cajon posts all of its open, competitive job opportunities on its website: [www.cityofelcajon.us](http://www.cityofelcajon.us). For more information, please call (619) 441-1736.

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# For Health's Sake

## Why the Holiday Grind may be damaging your teeth

The holiday season seems to start earlier and earlier each year which, for many people, means longer and longer periods of heightened stress, say integrated health specialists Dr. Michael Gelb and Dr. Howard Hindin.

"For many people, stress causes teeth grinding – bruxism – during the day or while they're asleep at night and it's not as innocuous as it sounds. It not only wears down the enamel of the teeth, it can cause headaches, muscle pain and disrupted sleep, which leads to daytime drowsiness and irritability," says Dr. Hindin of the Hindin Center for Whole Health Dentistry ([www.hindin-center.com](http://www.hindin-center.com)), who partners with Dr. Gelb in tackling chronic disease with multidisciplinary approaches.

"Bruxism is the third most frequent abnormal sleep behavior – sleep talking and sleep walking are other examples -- and the No. 1 reason patients come to my clinic, even though they're often not aware they're grinding," says Dr. Gelb of The Gelb Center in New York ([www.gelbcenter.com](http://www.gelbcenter.com)), a holistic dentist known worldwide for pioneering in-

tegrative treatments. "Stress is generally the cause of daytime teeth grinding, which is an involuntary clenching of the jaws. But great joy can be a cause, too. Nighttime grinding can have many causes – or no clear cause at all."

Drs. Hindin and Gelb share some of the causes of teeth grinding and what people can do about it:

- 1 in 4 people with obstructive sleep apnea are bruxers: Like nighttime teeth grinding, people with sleep apnea are often unaware they have a problem, so if the grinding leads to a diagnosis of sleep apnea, it could save the person's life. People with untreated sleep apnea can stop breathing hundreds of times a night. Those with severe cases are 46 percent more likely to die prematurely, according to a study published in 2009 in PLOS Medicine journal.

"Your doctor or dentist should explore the possibility of obstructive sleep apnea as a potential cause of your bruxism," says Dr. Hindin.

- Caffeine, alcohol, cigarette smoking and hypertension are all linked to increased incidence of bruxism: People

who have a drink before they go to bed and people who ingest caffeine are more likely to be teeth grinders, with the likelihood increasing the more a person consumes. Cigarette smoking and high blood pressure are also associated with teeth grinding, as are certain drugs used to treat depression.

- Nighttime dental guards are just one option for treatment: Depending on the cause of the bruxism, there are a variety of treatment options, ranging from dental guards to botox injections to anti-anxiety medications. "To effectively address the problem, the cause needs to be diagnosed if possible and treated," says Dr. Gelb. "Bruxism can cause irreversible damage to your teeth, TMJ disorders and other problems and, as Dr. Hindin pointed out, it can be a sign of a more serious underlying problem, so it shouldn't be ignored."

But that doesn't mean that everyone who grinds is in for a hefty medical bill. "For some people, treatment may be as simple as a \$10 night guard purchased at the drug store – although a custom-fitted night guard is best."

Dr. Michael Gelb is an innovator in airway, breathing, sleep, and painful TMJ disor-

ders pioneering Airway Centric. He has studied early intervention for sleep disordered breathing (SDB) specializing in how it relates to fatigue, focus, pain and the effects all of these can have on family health. Dr. Gelb received his D.D.S. degree from Columbia University School of Dental and Oral Surgery and his M.S. degree from SUNY at Buffalo School of Dental Medicine. He is the former Director of the TMJ and Orofacial Pain Program at the NYU College of Dentistry and is currently Clinical Professor in the Department of Oral Medicine and Pathology at the NYU College of Dentistry. He is a co-inventor of the NORAD, or Nocturnal Oral Airway Dilator appliance that reduces snoring by positioning the patient's tongue and jaw so that airways stay open.

Dr. Howard Hindin is trained in all aspects of general dentistry. Since the 1990s, his practice has also focused on cosmetic dentistry, temporomandibular joint disorders and craniofacial pain. He is a graduate of New York University College of Dentistry. An acknowledged pioneer in the relationship between dental issues and whole body health, Dr. Hindin is President (2000-present) of the Foundation for the Advancement of Innovative Medicine (FAIM).

## CDPH offers food safety tips for holiday feasts

With the holiday season fast approaching, California Department of Public Health (CDPH) Director and State Health Officer Dr. Ron Chapman today reminded consumers about the importance of safe food handling to prevent foodborne illness.

"Bacteria such as Salmonella, E. coli, and others can be present in foods, such as meat and poultry, and can cause illness due to insufficient cooking, inadequate cooling and improper food handling practices," Chapman said. "Properly prepared and handled foods can assure us all a safe meal every day of the year."

According to the federal Centers for Disease Control and Prevention, 48 million illnesses, 128,000 hospitalizations, and 3,000 deaths annually in the United States are related to foodborne diseases.

Foodborne diseases can be prevented by simple safety steps in the kitchen. Wash hands with soap and warm water before and after food preparation, and especially after handling raw foods. Clean all work surfaces, utensils and dishes with hot soapy water and rinse with hot water after each use. Be sure to cook foods thoroughly and to refrigerate adequately between meals. Consumers can find more information about [food safety tips](#) on the CDPH's website.

Bacteria such as Salmonella and E. coli O157:H7 are responsible for many foodborne illnesses, caused by eating contaminated foods. Contamination usually occurs as a result of poor food handling practices at the farms, factories, restaurants or homes.

Symptoms of foodborne disease include fever, abdominal cramps, and diarrhea which may be bloody. Most infected people recover from foodborne illnesses within a week. Some, however, may develop complications that require hospitalization. Young children, the elderly, pregnant women, and persons with a weakened immune system are at highest risk for potentially life-threatening complication.

Additional resources for information on food safety include the Federal Food and Drug Administration Food Information line at 1-888-SAFEFOOD (1-888-723-3366) and the U.S. Department of Agriculture Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854). Consumers can also access the national Partnership for Food Safety Education's ["Fight BAC" \(bacteria\) Web page](#).



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God told them the stairway to Heaven was 1000 steps, and on every 5th step He'd tell them a joke. But, they must not laugh or else they couldn't enter heaven.

The brunette went first and started laughing on the 65th step, so she could not enter Heaven.

The redhead went next and started laughing on the 320th step, so she could not enter Heaven either.

Then, it was the blonde's turn. When she got to the 999th step, she started laughing.

"Why are you laughing?" God asked. "I didn't tell a joke."

"I know," the blonde replied. "I just got the first one."

Have a funny joke you'd like to share? Email it to: [jokes@ec-gazette.com](mailto:jokes@ec-gazette.com). Please submit your name and community in which you live so we may give you credit.



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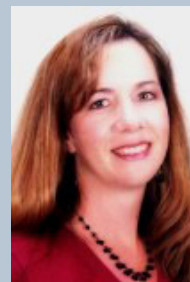
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# Inspiration

## My Christmas cheer drama

by Dr. Rev. James L. Snyder

I enjoy being cheerful and Christmas time is a special time to be cheerful and I try my best to live up to it. Occasionally, the Gracious Mistress of the Parsonage will suggest I am going a little too far.

During the rest of the year I stay out of shopping malls as much as possible. During the Christmas season, I want to go to the shopping mall and walk around without any purchases to make. I like watching people spend their money on things they do not need and for people they may not like.

I like to give cheer more than anything else. Actually, it is the only thing I can afford. And so I will send my cheerfulness into cheer bankruptcy. Whatever that may be.

The Christmas season has never been a time for me to spend excessive amounts of money. I leave all that to my wife. She knows how to shop and she begins her Christmas shopping right around February. I could never figure that out. When I buy a gift for someone, I want to hand it to

them right then. She has the discipline to buy Christmas gifts months ahead of time.

Something happened this past week that brought all of my cheerfulness to an abrupt halt.

I had just come from the mall where I was making fun of people scurrying around trying to find the latest bargain. It is a little strange to me that when people get a gift for somebody they look for a bargain.

When I got home, I sat down in my recliner reminiscing about the day and then I did something I do not normally do. I took out my wallet to clean it. This is something I do at least once a year.

Sometimes I get cards in my wallet that have expired or are no longer valid. No sense in having things in your wallet that you do not need or cannot use. Several cards had expired and so into the trashcan they went.

You can tell a lot about a person by the things in his wallet. My wife, on the other hand, carries a purse. I will not be caught dead looking

in that purse. In fact, I would be dead if caught looking. I am not sure what she has in her purse and I do not want to know what she has in there. I love living.

A man's wallet is a little different. He has things in there that are rather practical. There will be a driver's license, a Social Security card, insurance card, not to mention credit cards. Everything he needs to get through a week with plenty of cheerfulness on the side.

Going through my wallet this time I found something that shocked me to the core of my being. There in my wallet, folded up rather neatly and tucked in a corner, was a \$50 bill. I cannot tell you the last time I saw a \$50 bill. How it got there, I will never know.

My father always had a folded \$50 bill in his wallet for emergencies. I am not my father.

Ordinarily, you would think finding \$50 in your wallet would be a moment of rejoicing. Not so here.

It is towards the end of the year, all gifts are purchased for Christmas and all bills are paid. I like to pay ahead of time just to make sure the bills are being paid. And so there was nothing that needed to be paid at that time.

Life has taught me several lessons and one in particular. If you find extra money it means some disaster is about to befall. Usually the catastrophe that happens costs more than the money you find. I found \$50 and so it is reasonable to believe that the catastrophe facing me will cost \$100.

I did not know if I should mention this to my wife. It is not that we are superstitious, we have just live life long enough to know what comes around goes around and what goes up usually comes down.

What is going to happen now? What is going to go wrong? What in the house is going to fall apart?

Then my dilemma was solved.

My wife came into the room and said, "I was wondering," and she was stammering a little bit as she said it. "I was wondering if perhaps we could take the grandchildren out for Christmas lunch tomorrow. I know it costs a lot, but I think they would enjoy it."

I smiled and she looked at me a little quizzically and asked, "What are you smiling about?"

It was then I pulled out of my wallet the neatly folded \$50 bill and waved it in her direction and said, "I think Christmas lunch with the grandchildren tomorrow would be a fantastic idea."

Some people worry about what they do not have. I worry about what I have to make sure I am using it in the best possible manner.

"It is a good thing to give thanks unto the LORD, and to sing praises unto thy name, O most High" (Psalms 92:1).

I am thankful for what I have but I am also thankful for what I do not have. Nothing takes the place of a contented heart and my contentment rests in the Lord Jesus Christ. I need nothing more.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. E-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net). His web site is [www.jamesnsnyderministries.com](http://www.jamesnsnyderministries.com).

## Dear Dr. Luauna — It's Christmas time

Dear Readers,



I love Christmas time, the lights, the songs, and the smiles on the little faces as they walk through the stores. The cool morning breeze, the hot apple cider, and eggnog. We pull out our warm sweaters and extra blankets, and our boots are pulled out from the back of the closet to keep our feet all warm.

I love Christmas time.

But may I share with you, dear readers, many years ago; there was a time when I didn't like Christmas at all. I was broken, hurting, a single mother raising two children, my husband had been killed, and I was fighting cancer. Looking back, I had nothing to be joyous about. What was this Christmas stuff all about?

Then one day someone told me about the baby, born in the manger in a little town called Bethlehem. Who was this child? Why was He any different than any other child? Why was there a star shining brightly that night more than any other night? Why did three wise men follow the star to where this baby was born in a simple stable, bringing gifts of gold, myrrh and frankincense? What was it about this child that caused a king to fear, and demand all children two years and younger be killed?

This child, called Jesus, or Immanuel which means, "God with us," was born of a virgin, He came to earth for one purpose, God's love. John 3:16; "For God so loved the world that He gave His only begotten Son, (Jesus, also known as Immanuel), that whoever believes in Him should not perish but have everlasting life." This baby grew up, became a man, healed the sick, fed the hungry, and brought freedom to the demon possessed. For thirty three years Jesus touched the hearts of thousands of men and women, healed the broken-hearted, brought hope and did only good.

Then it was time for the total plan of God to unfold. Jesus, now a man, went to a Cross, suffered, died and rose again on the third day. WHY? He was born the Lamb of God, who would take away the sins of the world. He made a way for mankind to be born again and have eternal life. Freedom from sin and darkness would come to those who would come to Him by faith. Forgiveness through the Cross, He was a gift to mankind that night, born in a manger. He conquered death, Hell and the Grave at the cross.

I love Christmas time, but it's more than the lights, it's more than "Happy Holidays," the Christmas songs, apple cider, or gifts under a Christmas tree. Christmas is the greatest love story ever. Jesus is still healing and saving today. Ask Jesus to forgive you of your sins, and bring you the greatest gift of all, eternal life. Don't get caught up in the shopping, and craziness of the season. Say this prayer today: "Jesus, I know I have not taken time to know You, please make Yourself real to me. I come by faith, and ask you to forgive me of my sins. Help me to know You more and help me to love you with all my heart. Help me to know what Christmas is truly about. In Jesus' Name, Amen."

Are you looking that will touch the heart of someone you love? Purchase my book: A Mother's Story by Dr. Luauna Stines on my website for only \$12.95. This is my story, a true story of God's love & grace to touch a single mother that was so broken and hurting.

Join me Monday – Friday at 9 p.m. - 1210 AM KPRZ radio. You can also listen live at [kprz.com](http://kprz.com) click Listen Live. Send me your prayer request ATFA P.O. Box 2800 Ramona, CA 92065 [www.atouchfromabove.org](http://www.atouchfromabove.org)

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S e e m o r e o n p a g e 11.

**CLASS ACT**  
DINING & ENTERTAINMENT GUIDE

SECTION B TO THE EAST COUNTY GAZETTE VOL. 15, NO. 29, DECEMBER 12, 2013



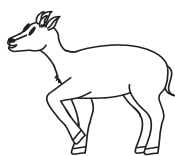
We used tree branches and berries...

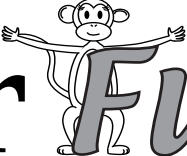


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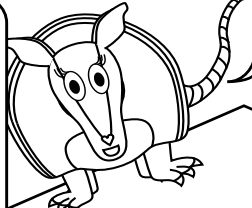
...to decorate. Then we made ornaments



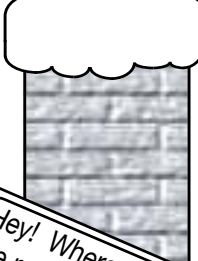


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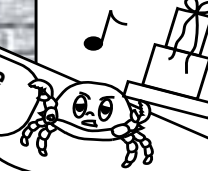
I finished decorating my burrow and tunnel areas. Now, I just have to finish putting the ornaments and lights on my prickly pear cactus... carefully, of course... ha ha ha ha!



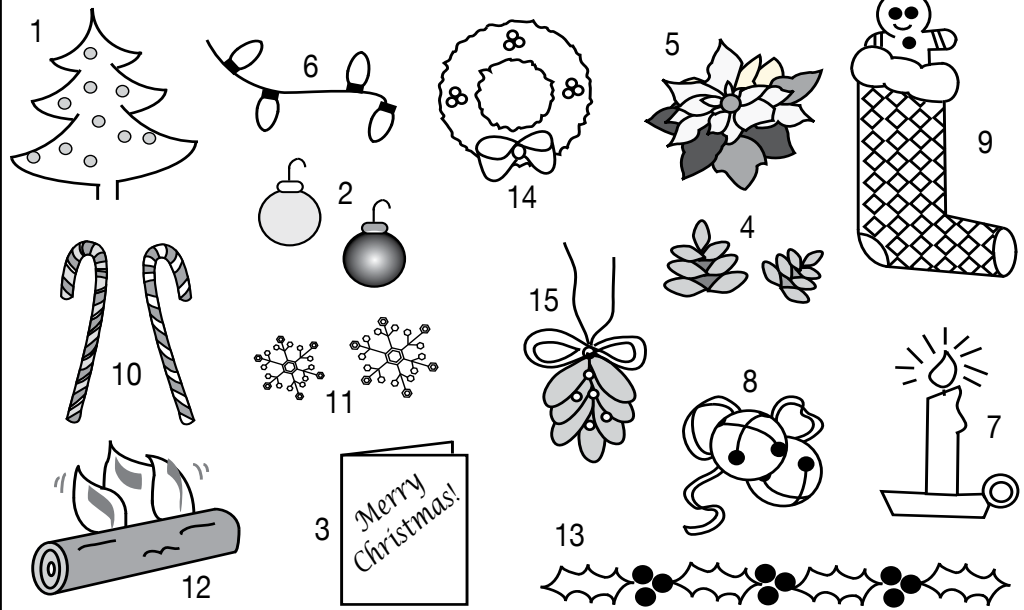
I love to visit up North when it snows!



Hey! Where are the reindeer?




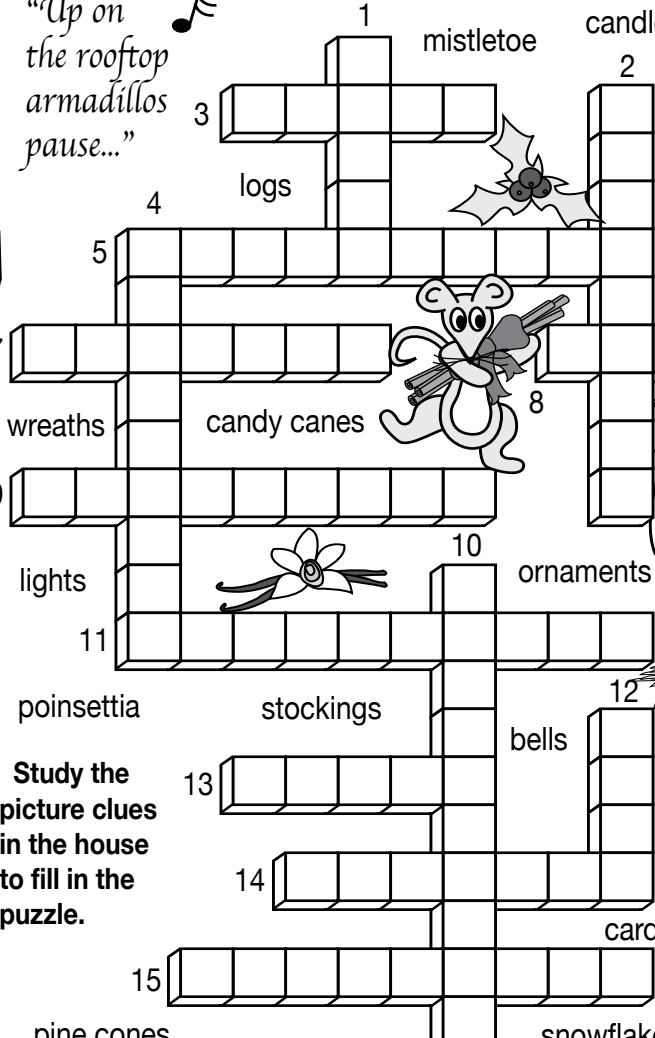
Every year families "Deck the halls with..." everything that has special meaning for them. Our ancestors brought many decorating customs to America from their homelands. Over the years many other people, delighted with the different decorations, have adopted them for their homes too! Today you can see many families adding their special touches using:




## 'Deck The Halls With...'

"Up on the rooftop armadillos pause..."






Study the picture clues in the house to fill in the puzzle.

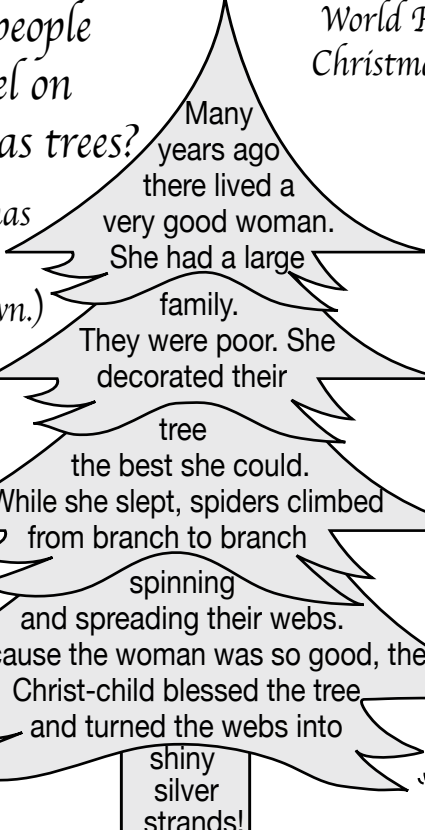


### Why do people put tinsel on Christmas trees?

(A Christmas legend handed down...)

Many years ago there lived a very good woman. She had a large family. They were poor. She decorated their tree the best she could. While she slept, spiders climbed from branch to branch spinning and spreading their webs. Because the woman was so good, the Christ-child blessed the tree and turned the webs into shiny silver strands!







### World Famous Christmas Tree

This year's world-famous Christmas tree in Rockefeller Center in New York City comes from Connecticut. It is a 76-foot tall, 47-foot wide, 12-ton Norway Spruce. The Rockefeller Center tree has been put up since 1931. The first tree was only 20 feet tall and decorated by workers with strings of cranberries, paper and even tin cans. Today the giant tree is decorated with 40,000 LED lights powered by solar panels that are on a nearby rooftop.

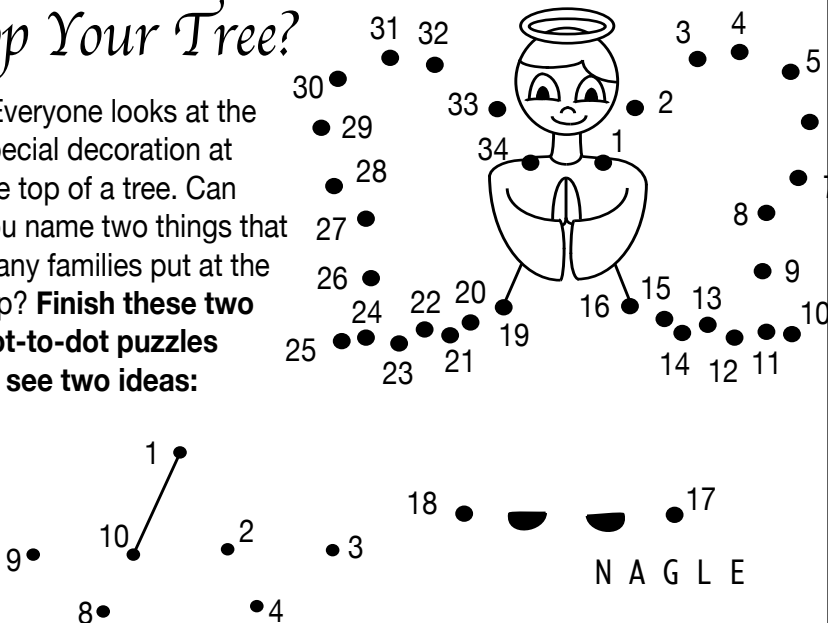
I love all of these decorations!





### How Do You Top Your Tree?

Everyone looks at the special decoration at the top of a tree. Can you name two things that many families put at the top? **Finish these two dot-to-dot puzzles to see two ideas:**



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Come to print out free puzzles: Customs Around the World, new holiday bookmarks, "G" is for... @ [www.readingclubfun.com](http://www.readingclubfun.com)



## — IN THE COMMUNITY —

# Out and about in the County

**Through Dec. 21: Santa Trains.** Join us on our exciting annual journey to the North Pole aboard the festive North Pole Limited, an honest-to-gosh old-time train, in the mountains of East County. Once on board, enjoy hot chocolate, cookies, Christmas carols, and a visit with Santa and his elves during the 90-minute ride. Trains depart Campo depot, 750 Depot St., Campo on Friday evenings at 7 p.m. and Saturdays at 5 & 7 p.m. through Dec. 21st. \$20 - \$50. Under 2, free. Free parking. Gift store. Space is limited. Reservations and information: [www.psrn.org](http://www.psrn.org). E-mail: [reservations@psrn.org](mailto:reservations@psrn.org).

**Through Dec. 31: Ripley's Believe It or Not!** returns to San Diego for the first time in nearly 80 years—new one-of-a-kind special exhibition at the San Diego Air & Space Museum opens Friday. Exhibit explores the weird and wacky world of Ripley - a real-life Indiana Jones. This is the first time a Ripley's exhibition has been to San Diego since the California Pacific International Exposition in 1935, the same year the Museum's Ford Building was built. The Ripley's Believe It or Not! Museum, in collaboration with the San Diego Air & Space Museum, created this special exhibition specifically for San Diego. This exhibition is the only one of its kind in the world. For over 40 years, Robert Ripley - a real-life Indiana Jones - traveled the world collecting the unbelievable and the inexplicable. His vast collections, praised as "amazing," "ludicrously strange," and "extremely amusing" are on display at the Museum for visitors to see. The Ripley's Believe It or Not! special exhibition is a self-guided, self-paced interactive tour that is fun for the whole family and allows guests to fully enjoy San Diego's most bizarre attraction. Admission to Ripley's Believe It or Not! is only \$5 (with general admission) and includes entrance to the general Museum galleries. For more information and pricing call (619) 234-8291 or visit [www.sandiegairandspace.org](http://www.sandiegairandspace.org).

**Through Jan. 5, 2014: Southern California's Largest Outdoor Ice Rink.** The Viejas Outlets Center presents ice skating for the public on a 10,000-square-foot ice rink larger than Rockefeller Center's. A towering holiday tree, entertainment and extended holiday shopping hours at Viejas Outlets. Rates of \$14 per adult and \$12 per child age 12 and under include skates. Located across from the Viejas Casino at 5005 Willows Rd., Alpine. Call (619) 659-2070 or visit [www.viejasonlinecenter.com](http://www.viejasonlinecenter.com) for times and details.

**Dec. 12 -13: 5-8 p.m. Annual Pine Valley Santa House.** Free. Santa Claus will again see all the community's good little boys and girls in the shopping center parking lot at the Pine Valley Club House at 28890 Old Highway 80, downtown Pine Valley. Presented by the Mountain Empire Men's Club, there will be pictures with Santa, cookies and hot chocolate. Call (619) 473-8065 or visit [www.mountainempiremensclub.org](http://www.mountainempiremensclub.org) for more information.

**Dec. 12 -13: 6-8 p.m. Christmas Carol Sing-A-Long. Free.** The Pine Valley Community Church and Mountain Empire Men's Club presents songs of the season, a bonfire, hot chocolate, cookies and more next to the church in the Mountain Market/PVCC parking lot, 28890 Old Highway 80, downtown Pine Valley. Call (619) 473-8065 or visit [www.mountainempiremensclub.org](http://www.mountainempiremensclub.org).

**Dec. 12: 1-5 p.m. Southern Indian Health Council's 8th Annual Winter Festival.** Free. Enjoy Christmas music, tasty treats and have your picture taken with Santa. Everyone welcome! Alpine Clinic, Senior Room, Southern Indian Health Council, 4058 Willows Road, Alpine. Call (619) 445-1188 or visit [www.sihc.org](http://www.sihc.org).

**Dec. 14: Barona Cultural Center and Museum's annual Holiday Kid's Craft Class.** Children ages 5 to 11 are invited to join the museum staff for an afternoon of snacks and crafts on Saturday, December 14 from 10:30 a.m. until noon. Participants will create a unique holiday ornament using traditional gourds and contemporary decorations in this fun, interactive class. The craft class will take place in the Barona Community Room of the Barona Cultural Center and Museum located at 1095 Barona Road in Lakeside. It is \$5 for the general public and free to Barona tribal members. Space is limited so RSVP to 619-443-7003 ext 219.

**Dec. 14: 10 a.m.-3 p.m. Christmas in Alpine Home Tour.** Presented by the Alpine Woman's Club, stroll through five stunning country estates decorated for the holidays, visit a beautiful Alpine country church and enjoy surprise stops. Benefit for club scholarships and Historic Town Hall maintenance. Afternoon refreshments and surprise gifts for tour attendees at Woman's Club/Historic Town Hall. Prizes include \$500 cash opportunity drawing ---- one ticket for \$5, six for \$20. Tour cost is \$30. Purchase tickets on tour day at the Alpine Woman's Club, 2156 Alpine Blvd., Alpine. Call KC at (619) 445-5799 or e-mail [Ldygala@cox.net](mailto:Ldygala@cox.net) for details.

**Dec. 14: 11 a.m.-2 p.m. Build a Gingerbread House.** Come build a gingerbread house while Christmas caroling. Admission is free. Building a gingerbread house costs \$20. Crafts, baked goods, souvenirs, letters to Santa and hot dogs available for sale. Part of the proceeds go to Shadow Hills Elementary School in Alpine. Christ the King Episcopal Church, 1460 Midway Drive, Alpine. Call (619) 445-3419 or visit [www.christthekingalpine.org](http://www.christthekingalpine.org) for information or to buy tickets online.

**Dec. 14: 11:30 a.m. A Cowgirl Christmas Tea.** Open to the public and sponsored by the United Methodist Women of Chapel of the Hills, this fund raiser to help buy Christmas gifts and dinner baskets for needy local families rustles up lunch at high noon. Great gift baskets, buy beautiful Guatemalan wearable art and jewelry. The local Pony Tales charms with cowgirl songs of the Old West. \$10 cost per person. Descanso Town Hall at 24536 Viejas Grade Road in Descanso. Call (619) 445-3823 for details and to RSVP. Saturday, 12/14, 5-8 p.m. ---- "1st Annual Pine Valley Christmas Celebration." With the Pine Valley Improvement Club and the Mountain Empire Men's Club as co-sponsors, enjoy a community spaghetti dinner, silent auction, bake sale, vendors and entertainment from the Pine Valley and Descanso schools. Christmas Tree Lighting and Parade of Lights, 7 p.m. Santa will make an appearance. Charge for dinner to be determined. Pine Valley Club House, 28890 Old Highway 80, Pine Valley. Call (619) 473-8065 or visit [www.pinevalleycal.org](http://www.pinevalleycal.org) for information.

**Dec. 15: Behold the Star!** UCCLM's Chancel Choir Presents

## Student ceramicists showcase their pottery at Grossmont College



Prof. Jeff Irwin admires pitcher by student Leanne Ludvik, at right.

(Right) Student Brandon Brusky shows three sculptures, from left: Ode to Dr. Seuss, Chess Bishop, and Madonna and Child.



Read full story on page 20.

the Music of Lloyd Larson.cFaith has been defined as a journey from darkness to light – the hope of a Messiah to come in the Old Testament, the star-lit arrival of the Christ Child in the New, the renewed hope of Christmas as we celebrate that birth, the promise of life enriched as we walk with God. At 1000 a.m. Sunday, Dec. 15, 2013, the Chancel Choir of the United Church of Christ of La Mesa (UCCLM) will present Lloyd Larson's cantata, "Behold the Star!" We invite you to share with us this musical celebration of the Christmas story.cUCCLM is located at 5940 Kelton Avenue, La Mesa, CA 91942 (619) 464-1519, [www.ucclm.org](http://www.ucclm.org). We're an open and affirming congregation: everyone is welcome!

See OUT AND ABOUT page 12



1347 Tavern Road, Alpine, CA 91901

### Shopping & Services

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Saturday 10am - 5pm  
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## — ENTERTAINMENT —

# 'Out of the furnace' — has no fire

Review by Diana Saenger

Eventually co-write Scott Cooper has experienced a log of heat that comes out of a furnace, because his film 'Out of the Furnace' does start off nicely with some great kindling — like an all-star cast — but all the heat slowly burns out leaving a cold hump of over-used ash.

Christian Bale portrays Russell Baze who is worried about his younger brother Rodney Jr. (Casey Affleck). They live in a North Eastern, economically-depressed area where it's basically work the coal mines or nothing. When Russell lands in prison, baby brother does what he likes best -- which since returning from a tour of military service -- is get into trouble.

There's the drugs, lack of money which leads him to taking up bare-knuckle boxing and getting beat to near death many times. Woody Harrelson plays a psycho backwoods crime boss who everyone but Casey knows better than to approach and especially double cross.

A very fine cast including Forest Whitaker as a cop (never feels like one) his girlfriend and Russell's ex, played by Zoe Saldana and Sam Shepard as an uncle who is supposed to set the boys straight but lacks courage.

The film is grim, unpleasant, and gets more depressing every minute and without a reasonable good ending. The Los Angeles Times and The Hollywood Reporter pigeon-holed it as a box-office bomb.



You won't see Sam Shepard and Christian Bale laughing like this in *Out of the Furnace*. Photo Credit: Lionsgate



**Out of the Furnace**

**Studio:** Lionsgate

**Gazette Grade:** D

**MPAA:** "R" for strong violence, language and drug content

**Who Should Go:** Few

## Out and about ...

Continued from page 11

**Dec. 20: Noon Christmas Dinner** Sponsored by the Mountain Empire-Campo Kiwanis, dinner is free for seniors aged 60 and older, \$6 for anyone under 60. Reservations required by Dec. 10. Santa Claus might drop in on this tasty holiday event, provided through the Senior Nutrition Program at the Mountain Empire Community Center, 976 Sheridan Road in Campo. Call (619) 478-5109 to make reservations.

**Dec. 24: 7 p.m. Christmas Eve Candlelight Communion Service.** Everyone is welcome to share the joy and peace of the Christmas season at the Intermountain Lutheran Church at 28880 Old Highway 80 in Pine Valley. Phone (619) 473-9620 or visit [www.intermountainlutheranchurch.org](http://www.intermountainlutheranchurch.org) for information.

**Jan. 10: Beginning Square Dance Classes** First week is FREE subsequent classes are \$5. We dance in the hall behind Lakeside Presbyterian Church, 9908 Channel Rd, Lakeside, CA 92040 every Friday. Singles, couples, welcome. Children over 8 are welcome with a parent. Class begins at 6:30 every Friday. Wear comfortable shoes. Refreshments served. Contact Carol at (619) 463-0543 for more information.

### ONGOING

**Thursdays: The Moonlight Serenade Orchestra** plays for dining and dancing every Thursday 7-9:30 p.m. \$10 Cover Charge at the El Cajon Elks Lodge, 1400 East Washington Ave. Take 1-8 to the 2nd street exit in El Cajon & go south [www.themso.com](http://www.themso.com)

**Saturdays: The Lakeside Museum** is open every Saturday from 10 a.m. until 2 p.m. or by appointment. Many antiques were donated by Lakeside pioneer families. The museum is located next door to the Historical Society's Olde Community Church, 9906 Maine Avenue. Call the History Center for more information at (619) 561-1886.

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## — ENTERTAINMENT —

# DVD stocking stuffers for movie fans

by Diana Saenger

Who doesn't like to check out for a while watching a movie? DVDs are a way to do-it-your way, save some money and see them again and again. Here are some samples of what's out or available in the next few weeks, and there's something for everyone.

## KIDS



There are many DVD offerings for kids. **Monsters University** was one of my favorites this year. Disney Pixar did what they do best with this hilarious story of how two mismatched monsters meet and become lifelong friends. There's barely a moment kids and adults won't be laughing. College-bound Mike Wazowski

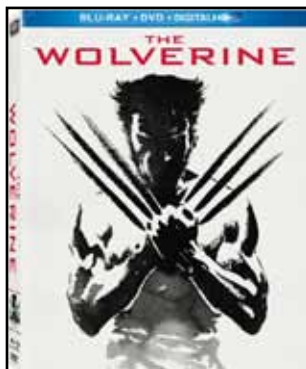
(Billy Crystal) always dreamed of becoming a Scarer and the best place for that is at Monsters University (MU). He meets old friends --James P. Sullivan, "Sulley" (John Goodman) -- and new ones to Goodman. He has some great times and some not so great but Mike learns some lessons that are good examples for all ages to think about. The story has heart. Disney - Rated "PG."



In **Despicable ME 2** ex-supervillain GRU is trying to adjust to family life and become an honest businessman. He's also dating and thinking about getting married to Lucy. Then Margo, Edith and Agnes would finally have a mother. Gru gets involved in a secret spy deal which causes lots of intrigue, but the girls provide adorable situations and laughs

throughout the story. Universal - Rated "PG."

## FANS OF HUGH JACKMAN



Calling all women and Wolverine fans! Hugh Jackman returns as **The Wolverine** and faces his ultimate nemesis in an action packed life-or-death battle that takes him to modern day Japan. Vulnerable for the first time and pushed to his limits, Logan confronts not only lethal samurai steel but also his inner struggle against his own immortality; an epic fight that will leave him forever changed. 20th Century Fox Rated "PG-13."

Hugh Jackman also scored big with his performance in **Prisoners**. From the moment the trailers of **Prisoners** hit the airwaves the intrigue about the film built. Children kidnapped, an evil person on the loose,



a crazed dad that would do "anything" to find his daughter and an excellent cast propelled **Prisoners** to a good box-office opening. Very intense. Warner Bros. Rated "R."

## YOUNG ADULTS



**One Direction - This is Us** follows the lives of the five members of the boy band. It

contains live concert footage from London's O2 Arena, and footage from their lives pre- and post-X Factor appearance. Amidst the lively song fests, the film gives insight into the preparation for the band's concerts and a glimpse of what it is like to be One Direction. Columbia TriStar Rated "PG."

## SPECTACULAR FAMILY FILM



Mary Poppins 50th anniversary DVD is out and is a must own for all who saw the show as a youngster and anyone who wants to sit with their children and grandchildren and experience that pleasure all over again. Everyone knows and loves to sing along with

songs such as "Spoonful of Sugar," and "Chim-Chim-Cheree." No one could have played these roles better than Julie Andrews as Mary Poppins, and Dick Van Dyke as Bert the Chimney Sweep. Andrews won an Academy Award for her role. Watch the DVD and go see the new movie "Saving Mr. Banks," the true story of how Walt Disney wanted to make the book into a film and what he had to go through to do it. Walt Disney Studios Rated "G."

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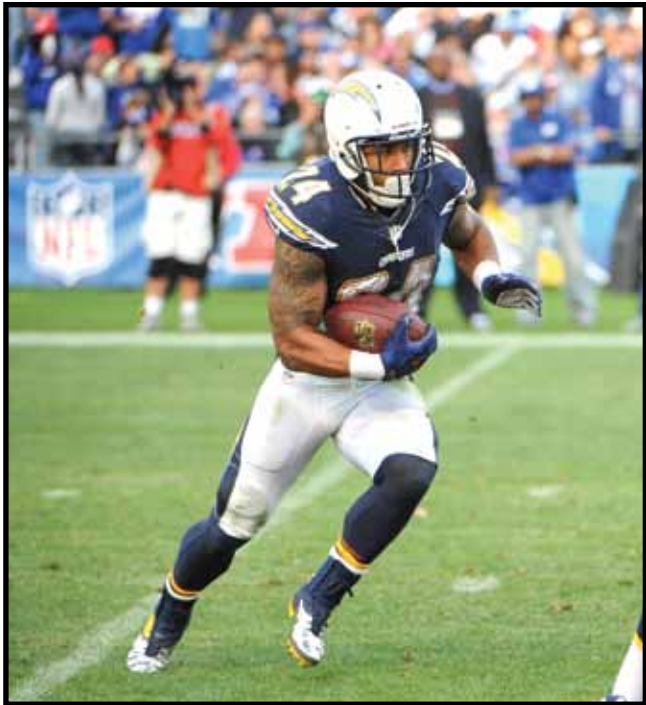
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# MOTOR<sub>AND</sub>SPORTS

## Chargers topple Giants 37-14



**San Diego Chargers Running Back Ryan Mathews (24) gained 103 yards on 29 carries and scored a touchdown during the NFL game between the San Diego Chargers and the New York Giants at Qualcomm Stadium. Photo credit: Tom Walko**

**by Chuck Karaszia**  
**T**he San Diego Chargers are still alive after improving their record to (6-7) in a win both teams needed badly and sending Eli Manning and the New York Giants packing in a must-win, no-contest matchup eliminating them from the playoffs.

The blue-and-gold Chargers victory came from contributions in all three phases of the game (offense, defense, and special teams.)

Into the home stretch of the season, the Bolts got a much-needed impressive win. It could be the spark igniting the Chargers into playoff contention as they vie for that coveted sixth and last Wild-Card spot. Three games are left to go in the regular season.

"Overall it was a great team performance in all three phases -- defense, early on creating three outs and turnovers," said

Chargers head coach Mike McCoy. "The offense acquired 14 points early from two of the turnovers. Special teams and coverage units have continued to be outstanding."

After the debacle last week against the Bengals, the Chargers came out strong on Sunday, dominating the trenches on both sides of the line of scrimmage.

Charging out to a 24-0 half-time lead, the Bolts offense controlled the game from the outset. Rivers threw three touchdown passes (Allen 43, and 4-yards) (Woodhead 6-yards) in the first half and the Chargers never looked back. With help from the Bolts "D"-their lead never shrank to less than 17 points in the second half.

The Bolts set the tempo in a dominating, defensive display by making life miserable for the New York Giants quarterback to the delight of Chargers fans. Fittingly, the game ended on a Shareece Wright interception (first career) of a Eli Manning pass.

Linebacker Donald Butler also had an earlier pick. The Chargers recorded two sacks on Eli (K.Reyes (1), Liuget/T.Kaiser 1/2 ea). ILB Donald Butler had



**San Diego Chargers Defensive End Lawrence Guy (71) applies pressure to New York Giants Quarterback Eli Manning (10) during the NFL game between the San Diego Chargers and the New York Giants. Photo credit: Tom Walko**

a key INT. Both OLB's Melvin Ingram and Jarrett Johnson returned to the lineup after injuries, with Ingram seeing his first action this season in a limited role. Both sparked the Bolts "D-line" front seven.

With Ingram back in the lineup McCoy said, "Obviously it gives us more depth. It puts a heck of an athlete on the field who has a potential to be a game breaker for us. You want your young guys making plays."

On his 32'nd birthday, quarterback Philip Rivers came to play and was amazing completing 21 of 28 passes for 249-yards 3 TD's, 0 INT, QB rating : 137.4. Under his direction the Chargers were able to convert 10 of 13 third downs.

Rivers targeted rookie wide-out Keenan Allen three times. Two went for touchdowns (first multi TD game). Allen finished with 59-yards receiving. Antonio Gates had four receptions all critical first half/ first downs for 50 yds.

The Chargers ran the ball twenty-five times in a game, with Ryan Mathews accounted for 102-of them on a career high 29 carries. He also caught three passes (32-yds).

The Bolts ran the ball 40 times pounding out 144-yards.

Danny Woodhead continues to provide quality at his position gaining 42-yards on 7 carries (6.0 avg.) He also caught four passes for 52-yards, including a touchdown.

Chargers punter Mike Scifres pinned the opponent inside the 20-yard line for the 24'th time this season, which leads the NFL.

On a short "Manning-Week" the Chargers have a travel day Wednesday then collide with Peyton Manning and the high-flying Denver Broncos Thursday in the mile high city. Another pivotal game the Chargers have to win in order to remain in playoff contention.

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70. Vasily Alekseyev's weight
71. \_\_\_\_ a cold
72. Finish
73. Investment

DOWN

1. "Sad to say..."
2. Campus military org.
3. Last name in fashion
4. Lowest deck
5. Load again
6. Italian money, 1861-2002
7. Bauxite, e.g.
8. Blooper
9. Smoothie berry
10. \*Popular tinsel material in 20th Century
11. Bohemian
12. Biochemistry abbr.
15. Arm decoration
20. \$1,000
22. Matterhorn, e.g.
24. Sully
25. \*Holiday cake filler
26. "No \_\_\_\_"
27. \*Hot serving, archaic
29. Hard work
31. Sales force
32. Intestinal obstruction
33. Rocks at mountain base
34. \*Gingerbread sculpture
36. Sold in bars
38. Supernatural life force
42. Stitch again
45. \*Hanukkah's eight
49. \*Rudolph's Clarice, e.g.
51. Slaps
54. HI, e.g.
56. Without illumination
57. \_\_\_\_ gin fizz
58. Campaign worker
59. College girl
60. Warm-hearted
61. "J'accuse" author
62. Run \_\_\_\_
63. Cathedral area
64. \*Holiday shelf watcher
66. A Bobbsey twin

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81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

THEME: NAME HOLIDAY TRADITIONS

ACROSS

1. Fire or passion

6. \*Yule firewood

9. Winston Churchill's "\_\_\_\_ Country"

13. France's longest river

14. 401(k) alternative

15. Squirrel's stash

16. Wake Island, e.g.

17. Official

18. Indian restaurant yogurt staple

19. \*Cratchit's boss

21. \*Typical holiday guests

23. Duffer's goal

24. \*\*Go \_\_\_\_ it on the Mountain"

25. Prime time ruler

28. It can be crunched

30. Pass on

35. Caught outside?

37. "Cheers" regular

39. Ma Bell, e.g.

40. Backward arrow command

41. Iraqi money

43. Andean land

44. Utopian

46. Drawn in sand

47. Petitions

48. Sluggish

50. Back talk

52. "Comprende?"

53. "Geel"

55. Flightless and down under

57. Potpourri bag

60. \*Pan-African celebration

64. Sober Ness

65. Tropical American cuckoo

67. Walk clumsily

68. Mother \_\_\_\_, pl.

69. Summer glow

70. Vasily Alekseyev's weight

71. \_\_\_\_ a cold

72. Finish

73. Investment

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This business is conducted by: A General  
Partnership  
The first day of business was: November 1,  
2013  
This business is hereby registered by the  
following: 1. Bryan J. Mathy 1343 H St., Ra-  
mona, CA 92065  
2. Ronald G. Kampmueller Jr. 472 Hart Drive,  
El Cajon, CA 92021  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-032919**  
FICTITIOUS BUSINESS NAME(S): El Cajon  
Meineke LLC dba Meineke Car Care Center  
Located at: 830 N. 2<sup>nd</sup> St., El Cajon, CA  
92021  
This business is conducted by: A Limited Li-  
ability Company  
The business has not yet started.  
This business is hereby registered by the fol-  
lowing: 1. El Cajon Meineke LLC 830 N. 2<sup>nd</sup>  
St., El Cajon, CA 92021  
This statement was filed with Recorder/  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-031930**  
FICTITIOUS BUSINESS NAME(S): Protégé  
Framing  
Located at: 9484 Mission Park Place, San-  
tee, CA 92071  
This business is conducted by: A Corporation  
The business has not yet started.  
This business is hereby registered by the  
following: 1. Protégé Construction Inc. 9484  
Mission Park Place, Santee, CA 92071  
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vember 13, 2013.  
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12/05, 12/12, 12/19, 12/26, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-033242**  
FICTITIOUS BUSINESS NAME(S): BAS  
Meditrans  
Located at: 1136 Broadway, El Cajon, CA  
92021  
This business is conducted by: A Corporation  
The business has not yet started.  
This business is hereby registered by the  
following: 1. Balboa Ambulance Service Inc.  
1136 Broadway, El Cajon, CA 92021  
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12/05, 12/12, 12/19, 12/26, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-033178**  
FICTITIOUS BUSINESS NAME(S): Maria's  
Pizza  
Located at: 1341 E. Valley Pkway, Escon-  
dido, CA 92125  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the fol-  
lowing: 1. Assaf Najem 1642 Birdsong Pl., El  
Cajon, CA 92021  
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12/05, 12/12, 12/19, 12/26, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-032770**  
FICTITIOUS BUSINESS NAME(S): Hundred Caliber  
Located at: 8935 Lakeview Rd., Lakeside, CA 92040  
This business is conducted by: An Individual  
The first day of business was: Jan. 1, 2010  
This business is hereby registered by the following: 1. Bradley Craighead 8935 Lakeview Rd.,  
Lakeside, CA 92040  
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2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-032228**  
FICTITIOUS BUSINESS NAME(S): PK En-  
terprises  
Located at: 9624 W. Hartland Circle, Santee,  
CA 92071  
This business is conducted by: Co-Partners  
The business has not yet started.  
This business is hereby registered by the fol-  
lowing: 1. Lisa G. Mallow 9624 W. Hartland  
Circle, Santee, CA 92071  
2. Branden Tintiangco 9624 W. Hartland  
Circle, Santee, CA 92071  
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STATEMENT NO. 2013-032131**  
FICTITIOUS BUSINESS NAME(S): SOFOS  
Located at: 4689 Convoy St., Suite 100, San  
Diego, CA 92111  
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The first day of business was: October 1,  
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This business is hereby registered by the fol-  
lowing: 1. Yi-Ju Chen 3868 La Jolla Village  
Dr., La Jolla, CA 92037  
This statement was filed with Recorder/  
County Clerk of San Diego County on No-  
vember 14, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-031846**  
FICTITIOUS BUSINESS NAME(S): TLC  
Cleaners & Coin Laundry  
Located at: 412 W. Chase Ave., El Cajon,  
CA 92020  
This business is conducted by: An Individual  
The first day of business was: September  
15, 1997  
This business is hereby registered by the  
following: 1. Kathryn A. Malkemus 9236  
Shadow Hill Rd., Santee, CA 92071  
This statement was filed with Recorder/  
County Clerk of San Diego County on No-  
vember 12, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-032776**  
FICTITIOUS BUSINESS NAME(S): Helpstar  
Auto Sale  
Located at: 1281 Greenfield Dr. Ste. #F, El  
Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the fol-  
lowing: 1. Abdullah Asadi 1281 Greenfield Dr.  
Ste. #F, El Cajon, CA 92021  
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vember 21, 2013.  
East County Gazette- GIE030790  
11/28, 12/05, 12/12, 12/19, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-032315**  
FICTITIOUS BUSINESS NAME(S): a.) Rebel  
Realty b.) Sold Another Home  
Located at: 1255 Hayden Lane, El Cajon,  
CA 92021  
This business is conducted by: A Corporation  
The first day of business was: August 29,  
2009  
This business is hereby registered by the  
following: 1. Rebel Realty, Inc. 1255 Hayden  
Lane, El Cajon, CA 92021  
This statement was filed with Recorder/  
County Clerk of San Diego County on No-  
vember 16, 2013.  
East County Gazette- GIE030790  
12/05, 12/12, 12/19, 12/26, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-032922**  
FICTITIOUS BUSINESS NAME(S): KMB In-  
vestments LLC  
Located at: 4105 Rising Star Court, La Mesa,  
CA 91941  
This business is conducted by: An Individual  
The first day of business was: January 1,  
2013  
This business is hereby registered by the fol-  
lowing: 1. Kimberley Billings 4105 Rising Star  
Court, La Mesa, CA 91941  
This statement was filed with Recorder/  
County Clerk of San Diego County on No-  
vember 22, 2013.  
East County Gazette- GIE030790  
11/28, 12/05, 12/12, 12/19, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-031013**  
FICTITIOUS BUSINESS NAME(S): COLE'S  
CLASSROOM  
Located at: 5598 Brunswick Ave., San Diego,  
CA 92120  
This business is conducted by: An Individual  
The first day of business was: October 15,  
2013  
This Business is hereby registered by the fol-  
lowing: Cole Joseph Humphus, 5598 Bruns-  
wick Ave., San Diego, CA 92120  
This statement was filed with Recorder/  
County Clerk of San Diego County on Octo-  
ber 31, 2013.  
East County Gazette- GIE030790  
11/28, 12/05, 12/12, 12/19, 2013

**FICTITIOUS BUSINESS  
NAME STATEMENT NO. 2013-031403**  
FICTITIOUS BUSINESS NAME(S): Red-  
wood Insurance Agency  
Located at: 1979 Ocean View Blvd., San Di-  
ego, CA 92113  
This business is conducted by: An Individual  
The first day of business was: November 5,  
2013  
This business is hereby registered by the  
following: 1. Thomas Everett Welsh 1979  
Ocean View Blvd., San Diego, CA 92113  
This statement was filed with Recorder/  
County Clerk of San Diego County on No-  
vember 05, 2013.  
East County Gazette- GIE030790  
12/05, 12/12, 12/19, 12/26, 2013

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
**CASE NO.37-2013-00075905-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION  
OF WILLIAM RAYMOND CLEAVER FOR  
CHANGES OF NAME  
PETITIONER: WILLIAM RAYMOND CLEA-  
VER FOR AN ORDER TO CHANGE NAME  
FROM: WILLIAM RAYMOND CLEAVER  
TO: LIAM MONROE DEAN  
THE COURT ORDERS that all persons in-  
terested  
in this matter shall appear before this court  
(San Diego Superior Court, 220 W. BROAD-  
WAY, SAN DIEGO, CA 92101, on JANUARY  
10, 2014 at 8:30 a.m. IN DEPT. 52) to show  
cause, if any, why the petition for change of  
name should not be granted. Any person ob-  
jecting to the name changes described above  
must file a written objection that includes the  
reasons for the objection at least two court  
days before the matter is scheduled to be  
heard and must appear at the hearing to  
show cause why the petition should not be  
granted. If no written objection is timely filed,  
the court may grant the petition without a  
hearing.  
IT IS FURTHER ORDERED that a copy of  
this ORDER TO SHOW CAUSE be published  
in the East County Gazette, a newspaper of  
general circulation published in this county,  
at least once a week for four successive weeks  
prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE  
CLERK OF THE SUPERIOR COURT ON  
NOVEMBER 15, 2013.  
East County Gazette – GIE030790  
12/12, 12/19, 12/26, 2013 1/02, 2014

**Need to run a Fictitious Business  
Name Statement?  
Name Change? Summons?  
We have the best prices in town!  
Call us today! (619) 444-5774**

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
**CASE NO.37-2013-00075383-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF  
Maria Estela Hernandez FOR CHANGES OF  
NAME PETITIONER: Maria Estela Hernan-  
dez FOR AN ORDER TO CHANGE NAME  
FROM: Maria Estela Hernandez  
TO: Maria Estela Castillejos

THE COURT ORDERS that all persons in-  
terested in this matter shall appear before  
this court (San Diego Superior Court, 220 W.  
BROADWAY, SAN DIEGO, CA 92101, on  
DECEMBER 27, 2013 at 8:30 a.m. IN DEPT.  
46) to show cause, if any, why the petition  
for change of name should not be granted.  
Any person objecting to the name changes  
described above must file a written objection  
that includes the reasons for the objection  
at least two court days before the matter is  
scheduled to be heard and must appear at  
the hearing to show cause why the petition  
should not be granted. If no written objection  
is timely filed, the court may grant the petition  
without a hearing.  
IT IS FURTHER ORDERED that a copy of  
this ORDER TO SHOW CAUSE be published  
in the East County Gazette, a newspaper of  
general circulation published in this county,  
at least once a week for four successive weeks  
prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE  
CLERK OF THE SUPERIOR COURT ON  
NOVEMBER 14, 2013.  
East County Gazette – GIE030790  
11/21, 11/28, 12/05, 12/12, 2013

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
**CASE NO.37-2013-00069105-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF  
Khalid Poulis and Fadia Alkhurie on behalf of  
minor Milad Khalid Poulis FOR CHANGES  
OF NAME PETITIONER: Khalid Poulis and  
Fadia Alkhurie on behalf of minor Milad Kha-  
lid Poulis FOR AN ORDER TO CHANGE NAME

FROM: Milad Khalid Poulis  
TO: Michael Khalid Alkhurie  
THE COURT ORDERS that all persons in-  
terested in this matter shall appear before  
this court (San Diego Superior Court, 220 W.  
BROADWAY, SAN DIEGO, CA 92101, on  
DECEMBER 13, 2013 at 8:30 a.m. IN DEPT.  
52) to show cause, if any, why the petition  
for change of name should not be granted.  
Any person objecting to the name changes  
described above must file a written objection  
that includes the reasons for the objection  
at least two court days before the matter is  
scheduled to be heard and must appear at  
the hearing to show cause why the petition  
should not be granted. If no written objection  
is timely filed, the court may grant the petition  
without a hearing.  
IT IS FURTHER ORDERED that a copy of  
this ORDER TO SHOW CAUSE be published  
in the East County Gazette, a newspaper of  
general circulation published in this county,  
at least once a week for four successive weeks  
prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE  
CLERK OF THE SUPERIOR COURT ON  
NOVEMBER 15, 2013.  
East County Gazette – GIE030790  
11/21, 11/28, 12/05, 12/12, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-031408**  
FICTITIOUS BUSINESS NAME(S): Flash  
Auto Detailing  
Located at: 1238 N. Second St., El Cajon,  
CA 92021  
This business is conducted by: A Married  
Couple  
The first day of business was: September  
28, 1997  
This business is hereby registered by the fol-  
lowing: 1. Ciro Luviano Frutis 1238 N. Sec-  
ond St., El Cajon, CA 92021  
2. Maria Cruz Maya 1238 N. Second St., El  
Cajon, CA 92021  
This statement was filed with Recorder/  
County Clerk of San Diego County on No-  
vember 05, 2013.  
East County Gazette- GIE030790  
12/05, 12/12, 12/19, 12/26, 2013

**NOTICE TO CREDITORS OF BULK SALE  
AND OF INTENTION TO TRANSFER  
ALCOHOLIC BEVERAGE LICENSE  
(U.C.C. 6101 et seq.  
and B & P 24073 et seq.)  
Escrow No. 137413-TQ**

Notice is hereby given that a bulk sale of  
assets and a transfer of alcoholic beverage  
license is about to be made.  
The names, Social Security or Federal Tax  
numbers, and addresses of the Seller/Li-  
censee are:  
LAI KWAN CHEUNG and CHAN KWOK BUI,  
500 Broadway, Ste. D, El Cajon, CA 92021  
The Business is known as: KING HOUSE  
HAWAIIAN BARBECUE AND SUSHI  
The names Social Security or Federal Tax  
numbers, and addresses of the Buyer/Trans-  
feree are:  
GUI Y. LI, 6912 Ruby Lane, Lemon Grove,  
CA 91945  
As listed by the Seller/Licensee, all other  
business names and addresses used by the  
Seller/Licensee within three years before the  
date such list was sent or delivered to the  
Buyer/Transferee are:  
None  
The assets to be sold are described in  
general as: ALL ASSETS, TANGIBLE AND  
INTANGIBLE, GOODWILL, LEASE, LEASE-  
HOLD IMPROVEMENTS, A.B.C. LICENSE  
AND ALL FURNITURE, FIXTURES AND  
EQUIPMENT and are located at: 500 Broad-  
way, Ste. D, El Cajon, CA 92021  
The kind of license to be transferred is: 41  
ON SALE BEER AND WINE EATING PLACE  
NUMBER 468296 now issued for the prem-  
ises located at: 500 Broadway, Ste. D, El  
Cajon, CA 92021  
The anticipated date of the sale/transfer is  
February 5, 2014 at the office of Quality Es-  
crow, Inc., 3636 Camino Del Rio North, Suite  
200, San Diego, CA 92108.  
The amount of the purchase price or consid-  
eration in connection with the transfer of the  
license and business, including the estimated  
inventory, is the sum of \$65,000.00, which  
consists of the following:  
Description GOODWILL, Amount \$35,000.00  
LEASE Amount \$20,000.00  
A.B.C. License Amount \$5,000.00  
Furniture, Fixtures and Equipment, Amount  
\$5,000.00  
It has been agreed between the Seller/Li-  
censee and the intended Buyer/Transferee,  
as required by Sec. 24073 of the Business  
and Professions Code, that the consideration  
for the transfer of the business and license  
is to be paid only after the transfer has been  
approved by the Department of Alcoholic  
Beverage Control.  
Dated: November 25, 2013  
S/ GUI Y. LI  
12/12/13  
CNS-2566513#  
EAST COUNTY GAZETTE

NOTICE OF TRUSTEE'S SALE File No.  
7777.18246 Title Order No. 120180057  
MIN No. APN 488-243-19-00 YOU ARE  
IN DEFAULT UNDER A DEED OF TRUST,  
DATED 05/04/05. UNLESS YOU TAKE AC-  
TION TO PROTECT YOUR PROPERTY,  
IT MAY BE SOLD AT A PUBLIC SALE.  
IF YOU NEED AN EXPLANATION OF THE  
NATURE OF THE PROCEEDING AGAINST  
YOU, YOU SHOULD CONTACT A LAW-  
YER. A public auction sale to the highest  
bidder for cash, cashier's check drawn on a  
state or national bank, check drawn by state  
or federal credit union, or a check drawn by  
a state or federal savings and loan associa-  
tion, or savings association, or savings bank  
specified in §5102 to the Financial code and  
authorized to do business in this state, will  
be held by duly appointed trustee. The sale  
will be made, but without covenant or war-  
ranty, expressed or implied, regarding title,  
possession, or encumbrances, to satisfy the  
obligation secured by said Deed of Trust. The  
undersigned Trustee disclaims any liability  
for any incorrectness of the property address  
or other common designation, if any, shown  
herein. Trustor(s): Adam M Novrit and Olivia  
S Novrit, husband and wife, as joint tenants  
Recorded: 05/19/05, as Instrument No. 2005-  
0423256 and modified by agreement recorded  
9/2/2010 as instrument No. 2010-0462798, of  
Official Records of San Diego County, Califor-  
nia. Date of Sale: 12/18/13 at 10 AM Place  
of Sale: On the grounds of the Scottish Rite  
Event Center, located at 1895 Camino Del  
Rio South., San Diego, CA The purported

property address is: 453 TAFT AVENUE, EL  
CAJON, CA 92020 Assessors Parcel No.  
488-243-19-00 The total amount of the  
unpaid balance of the obligation secured  
by the property to be sold and reasonable  
estimated costs, expenses and advances at  
the time of the initial publication of the Notice  
of Sale is \$455,486.16. If the sale is set aside  
for any reason, the purchaser at the sale shall  
be entitled only to a return of the deposit paid,  
plus interest. The purchaser shall have no  
further recourse against the beneficiary, the  
Trustor or the trustee. NOTICE TO POTEN-  
TIAL BIDDERS: If you are considering bidding  
on this property lien, you should understand  
that there are risks involved in bidding at a  
trustee auction. You will be bidding on a lien,  
not on the property itself. Placing the highest  
bid at a trustee auction does not automatically  
entitle you to free and clear ownership of the  
property. You should also be aware that the  
lien being auctioned off may be a junior lien.  
If you are the highest bidder at the auction,  
you are or may be responsible for paying off  
all liens senior to the lien being auctioned off,  
before you can receive clear title to the prop-  
erty. You are encouraged to investigate the  
existence, priority and size of outstanding liens  
that may exist on this property by contacting  
the county recorder's office or a title insurance  
company, either of which may charge you a  
fee for this information. If you consult either of  
these resources, you should be aware that the  
same lender may hold more than one mort-  
gage or deed of trust on the property. NO-  
TICE TO PROPERTY OWNER: The sale date  
shown on this notice of sale may be postponed  
one or more times by the mortgagee, benefi-  
ciary, trustee, or a court, pursuant to Section  
2924g of the California Civil Code. The law  
requires that information about trustee sale  
postponements be made available to you and  
to the public, as a courtesy to those not pres-  
ent at the sale. If you wish to learn whether  
your sale date has been postponed, and if  
applicable, the rescheduled time and date for  
the sale of this property, you may call 877-  
484-9942 or 800-280-2832 or visit this Internet  
Web site www.USA-Foreclosure.com or www.  
Auction.com using the file number assigned to  
this case 7777.18246. Information about post-  
ponements that are very short in duration or  
that occur close in time to the scheduled sale  
may not immediately be reflected in the tele-  
phone information or on the Internet Web site.  
The best way to verify postponement informa-  
tion is to attend the scheduled sale. Date: No-  
vember 12, 2013 NORTHWEST TRUSTEE  
SERVICES, INC., as Trustee Melissa  
Myers, Authorized Signatory 1241 E. Dyer  
Road, Suite 250, Santa Ana, CA 92705 866-  
387-6987 Sale Info website: www.USA-Fore-  
closure.com or www.Auction.com Automated  
Sales Line: 877-484-9942 or 800-280-2832  
Reinstatement and Pay-Off Requests: 866-  
387-NWTS THIS OFFICE IS ATTEMPTING  
TO COLLECT A DEBT AND ANY INFORMA-  
TION OBTAINED WILL BE USED FOR THAT  
PURPOSE. ORDER # 7777.18246: 11/28/20  
13,12/05/2013,12/12/2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-033877**  
FICTITIOUS BUSINESS NAME(S): Awe-  
some Brows  
Located at: 2522 Jamacha Road, Suite 103,  
El Cajon, CA 92019  
This business is conducted by: A Corporation  
The business has not yet started.  
This business is hereby registered by the fol-  
lowing: 1. Shivam & Shivangi Inc. 792 North  
Mollison Ave. #21, El Cajon, CA 92021  
This statement was filed with Recorder/  
County Clerk of San Diego County on De-  
cember 05, 2013.  
East County Gazette- GIE030790  
12/12, 12/19, 12/26, 2013 1/02, 2014

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-034076**  
FICTITIOUS BUSINESS NAME(S): a.) OK  
Print b.) OK Printing  
Located at: 140 W. Park Ave., Suite 162, El  
Cajon, CA 92020  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the fol-  
lowing: 1. Akbar Amirzadeh Irani 140 W. Park  
Ave., Suite 162, El Cajon, CA 92020  
This statement was filed with Recorder/  
County Clerk of San Diego County on De-  
cember 09, 2013.  
East County Gazette- GIE030790  
12/12, 12/19, 12/26, 2013 1/02, 2014



# — LEGAL NOTICES —

APN: 399-370-27-00 T.S. No. 004283-CA NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 2/26/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 1/3/2014 at 9:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 3/4/2003, as Instrument No. 2003-0242130, in Book XX, Page XX, of Official Records in the office of the County Recorder of San Diego County, State of CALIFORNIA executed by: DAVID J LADNIER, A SINGLE MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: IN THE AREA IN THE FRONT OF AUCTION. COM ROOM, SHERATON SAN DIEGO HOTEL & MARINA, 1380 HARBOR ISLAND DRIVE, SAN DIEGO, CA 92101 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: COMPLETELY DESCRIBED IN SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 1010 HARBISON CANYON ROAD EL CAJON, CA 92019 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$117,108.71 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a

title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 004283-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 280-2832 Date: 12/2/2013 CLEAR RECON CORP., Authorized Signature CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117 P1072586 12/5, 12/12, 12/19/2013

NOTICE OF TRUSTEE'S SALE TS No. CA-13-586892-CL Order No.: 1479949 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/4/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): FRITZ SALOMON AND MONIQUE SALOMON HUSBAND AND WIFE Recorded: 2/14/2005 as Instrument No. 2005-0121317 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 12/26/2013 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$222,068.66 The purported property address is: 1654 MURRAY AVE, EL CAJON, CA 92020 Assessor's Parcel No.: 486-520-17-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a

title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-13-586892-CL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-13-586892-CL IDSPub #0059079 12/5/2013 12/12/2013 12/19/2013

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 13CA00589-1 Order No. 13-06794-DF APN: 464-620-19-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/05/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 2, 2014 at 10:00 AM, RSM&A Foreclosure Services, LLC as the duly appointed Trustee under and pursuant to Deed of Trust Recorded August 12, 2008 as Document Number: 2008-0430439 of official records in the Office of the Recorder of San Diego County, California, executed by: ANNA MARIE REILLY AND RALPH K. IRVINE, WIFE AND HUSBAND AS JOINT TENANTS as Trustor, World Alliance Financial Corp., as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) at the following location: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South, San Diego, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: Legal descrip-

tion as more fully described in said deed of trust. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 7700 Parkway Drive #39, La Mesa, CA 91942. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$244,393.75 (Estimated) \*Accrued interest and additional advances, if any, will increase this figure prior to sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 277-4845 or visit this Internet Web Site www.USA-foreclosure.com, using the file number, 13CA00589-1, assigned to this case. Information about postponements that are very short duration or that occur close in time to the scheduled sale may not be immediately reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 12/04/2013 RSM&A Foreclosure Services, LLC 43252 Woodward Ave, Suite 180 Bloomfield Hills, CA 48302 (805) 804-5616 For specific information on sales including bid amounts call (714) 277-4845. Kimberly A. Karas, Authorized Agent of RSM&A Foreclosures Services, LLC FEI#1045.244980 12/12/2013, 12/19/2013, 12/26/2013

APN# 514-442-10-00 Address 1243 AVOCADO SUMMIT DRIVE EL CAJON, CA 92019 NOTICE OF TRUSTEE'S SALE Trustee's Sale No. 05-PF-126262 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/25/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 2, 2014, at 10:00 AM, AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, in the City of EL CAJON, County of SAN DIEGO, State of CALIFORNIA, REGIONAL SERVICE CORPORATION, a California corporation, as duly appointed Trustee under that certain Deed of Trust executed by KELLY T BORUSZEWSKI AND HEIDI A BORUSZEWSKI, HUSBAND AND WIFE,

as Trustors, recorded on 6/1/2005, as Instrument No. 2005-0459658, of Official Records in the office of the Recorder of SAN DIEGO County, State of CALIFORNIA, under the power of sale therein contained, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, for cash, or cashier's check (payable at the time of sale in lawful money of the United States) without warranty express or implied as to title, use, possession or encumbrances, all right, title and interest conveyed to and now held by it as such Trustee, in and to the following described property situated in the aforesaid County and State, to-wit: TAX PARCEL NO. 514-442-10-00 From information which the Trustee deems reliable, but for which Trustee makes no representation or warranty, the street address or other common designation of the above described property is purported to be 1243 AVOCADO SUMMIT DRIVE, EL CAJON, CA 92019. Said property is being sold for the purpose of paying the obligations secured by said Deed of Trust, including fees and expenses of sale. The total amount of the unpaid principal balance, interest thereon, together with reasonably estimated costs, expenses and advances at the time of the initial publication of the Notice of Trustee's Sale is \$504,306.60. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-542-2550 for information regarding the trustee's sale or visit this Internet Web site www.rtrustee.com, using the file number assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. In compliance with California Civil Code 2923.5(c), the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one or more of the following methods: by telephone, by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting or the borrower has surrendered the property to the mortgagee, trustee, beneficiary, or authorized agent and that the compliance with Civil Code Section 2923.5 was made at least thirty (30) days prior to the date of this Notice of Sale. Dated: 12/2/2013 REGIONAL SERVICE CORPORATION, Trustee By MELANIE BEAMAN, AUTHORIZED AGENT Agent for Trustee: PRIORITY POSTING & PUBLISHING 17501 IRVINE BLVD, SUITE #1 TUSTIN, CA 92780 Telephone Number: (800) 542-2550 Sale Information: (714) 573-1965 or http://www.rtrustee.com P1073974 12/12, 12/19, 12/26/2013

NOTICE OF TRUSTEE'S SALE File No. 7777.18246 Title Order No. 120180057 MIN No. APN 488-243-19-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/04/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): Adam M Novrit and Olivia S Novrit, husband and wife, as joint tenants Recorded: 05/19/05, as Instrument No. 2005-0423256 and modified by agreement recorded 9/2/2010 as instrument No. 2010-0462798, of Official Records of San Diego County, California. Date of Sale: 12/18/13 at 10 AM Place of Sale: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South., San Diego, CA The purported property address is: 453 TAFT AVENUE, EL CAJON, CA 92020 Assessors Parcel No. 488-243-19-00 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$455,486.16. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7777.18246. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: November 12, 2013 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Melissa Myers, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. ORDER # 7777.18246: 11/28/20 13,12/05/2013,12/12/2013



## — LEGAL NOTICES —

**NOTICE OF TRUSTEE'S SALE** File No. 7042.11202 Title Order No. NXCA-0110130 MIN No. 10011206569655537 APN 488-262-54-04 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/04/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): LUPE LANDAZURI, A SINGLE WOMAN Recorded: 05/11/05, as Instrument No. 2005-0400175, of Official Records of SAN DIEGO County, California. Date of Sale: 01/02/14 at 10:00 AM Place of Sale: On the grounds of the Scottish Rite Event Center, located at 1895 Camino Del Rio South, San Diego, CA The purported property address is: 440 SOUTH ANZA STREET, EL CAJON, CA 92020 Assessors Parcel No. 488-262-54-04 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$195,679.54. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site [www.USA-Foreclosure.com](http://www.USA-Foreclosure.com) or [www.Auction.com](http://www.Auction.com) using the file number assigned to this case 7042.11202. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: November 27, 2013 **NORTHWEST TRUSTEE SERVICES, INC.**, as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: [www.USA-Foreclosure.com](http://www.USA-Foreclosure.com) or [www.Auction.com](http://www.Auction.com) Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. ORDER # 7042.11202: 12/12/2013, 12/19/2013, 12/26/2013



### CITY OF EL CAJON NOTIFICATION TO INTERESTED CONTRACTORS

#### REQUEST FOR QUALIFICATIONS

**PROJECT:**  
**JOHNSON AVENUE SEWER RELIEF  
PROJECT**  
**ENGINEERING JOB NO. WW3250**  
**RFQ No. 012-14**

**Responses must be received before:**  
**2:00 p.m. on January 24, 2014**

**Delivery Location:**  
**City of El Cajon**  
**200 Civic Center Way**  
**El Cajon, CA 92020**  
**ATTN: Purchasing, 5th floor**

NOTICE IS HEREBY GIVEN that the City of El Cajon, California, will receive sealed envelopes before the time and date set forth above as follows:

Submit one (1) original and three (3) copies of your responses to the Pre-qualification Questionnaire to the City of El Cajon Purchasing Division at the address stated above.

Responses shall be submitted in a sealed envelope or package clearly marked on the exterior with "Confidential", "PRE-QUAL CITY OF EL CAJON JOHNSON AVENUE SEWER RELIEF PROJECT", and the name and address of the contractor/submitter prior to **2:00 p.m. on January 24, 2014**.

**Mandatory Pre-Submittal Meeting:** Interested Contractors who desire to submit responses to this RFQ must attend a pre-submittal meeting to discuss any questions related to this notice. Any Contractors who do not attend the mandatory pre-submittal meeting will be disqualified from consideration. The mandatory pre-submittal meeting will be held at El Cajon City Hall, 200 Civic Center Way, 5th Floor Conference Room, on January 6, 2014, at 2:00 p.m. Following successful prequalification, the steps leading to contract award are summarized as follows:

- City issues Request for Bid Proposals to Pre-qualified Contractors
- Mandatory pre-bid meeting.
- Bid submittal before the established deadline.
- Public opening of bids.
- Evaluation of bids.
- Contract award.

Contractors shall assume full responsibility for timely delivery at the location designated for receipt of Pre-qualification Questionnaires. Oral, telephonic, facsimile, telegraphic or E-mailed Prequalification Questionnaires are invalid and will not be accepted. **No pre-qualification questionnaires will be accepted after the due date and time.**

**Questions and requests for clarification related** to definition or interpretation of this RFQ must be requested in writing by e-mail and received on or before 5:00 p.m., January 10, 2014, to allow an Addendum to this RFQ to be posted in a timely manner. These questions must be submitted in writing by e-mail to:

City of El Cajon Purchasing Agent  
[dporter@cityofelcagon.us](mailto:dporter@cityofelcagon.us)

Oral explanation or instructions shall not be considered binding on behalf of the City. Any modification to this qualification package will be issued by the City as a written addendum.

**NOTE:** This solicitation is available for download from the City's Internet site at: <http://www.planetbids.com/portal/portal.cfm>

- Scroll to the Project Title: Johnson Avenue Sewer Relief Project RFQ
- Follow the instructions for downloading

Only registered contractors who have provided an email will be notified of the availability of any addenda. It is still the Contractor's responsibility to check for addenda.

**SUBMITTALS AND QUALIFICATION**  
**The City reserves the right to withdraw** this pre-qualification requirement at any time without prior notice. Further, the City makes

no representations that any contract will be awarded to any contractor responding to this pre-qualification. The City expressly reserves the right to reject any and all responses and to deem any and all vendors as non-responsive to this qualification. The City expressly reserves the right to waive any minor irregularities, and, at its sole option, may request clarification and/or additional information from one or more potential vendors without obligating itself to request such additional information from all potential vendors.

**The City shall not be liable** for any pre-qualification expenses incurred by any submitter/Contractor. The City shall be held harmless and free from any and all liability, claims, or expenses whatsoever incurred by, or on behalf of, any person or organization responding to this RFQ.

No prior, current, or post award verbal conversation or agreement(s) with any officer, agent, or employee of the City shall affect or modify any terms or obligations of this qualification, or any contract resulting from this procurement.

#### APPEAL PROCEDURES

The list of prequalified Contractors under the Construction Bidder Pre-qualification Questionnaire will be posted on the website. Any prospective Contractor who failed to qualify may appeal the City's decision as instructed in the RFQ.

#### DUTY TO INQUIRE

Should Contractors find discrepancies or omissions in the Questionnaire, or should there be any doubt as to meaning, the Contractors shall at once notify the Purchasing Agent in writing by e-mail only. Should it be found by the City that the point in question is not clearly and fully set forth, an Addendum will be made available through the City's Website. The City will not be responsible for any oral instructions nor for any written materials provided by any person other than the Purchasing Agent.

#### DISCLAIMER

-This qualification does not commit the City to establish a list of qualified Construction firms, to pay costs incurred in the preparation of a response, or to procure or contract for any services.

The City reserves the right to accept or reject any or all Pre-qualification Questions received as a result of this qualification, or to seek clarification with any qualified source or to cancel in part or in its entirety this qualification if it is in the best interest of the City.

#### PROPRIETARY INFORMATION

All Construction Bidder Pre-qualification Questionnaires will become the property of the City.

/S/Dede Porter  
Purchasing Agent  
December 12, 2013

EAST COUNTY GAZETTE GIE030790  
11/14/13, 11/19/13

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-031732

FICTITIOUS BUSINESS NAME(S): Farisara heating and air conditioning  
Located at: 11452 Via Rancho San Diego #199, El Cajon, CA 92019  
This business is conducted by: An Individual  
The first day of business was: November 8, 2013  
This business is hereby registered by the following: 1. Farisara 11452 Via Rancho San Diego #199, El Cajon, CA 92019  
This statement was filed with Recorder/County Clerk of San Diego County on November 08, 2013.

East County Gazette- GIE030790  
11/21, 11/28, 12/05, 12/12, 2013

**Need to run a Fictitious  
Business Name  
Statement?  
Name Change?  
Summons?**

**We have the best prices in  
town!**

**Call us today!**  
**(619) 444-5774**

#### NOTICE TO CREDITORS OF BULK SALE (SECS. 6101-6111 U.C.C.) Escrow No. 107-033454

Notice is hereby given to the creditors of THE HINTON GROUP, INC., a California corporation ("Seller"), whose business address is 1998 E. Chase Avenue, El Cajon, CA 92020, that a bulk sale is about to be made to PATRICK MONAHAN ("Buyer"), whose address is 1932 Boulders Road, Alpine, CA 92119. The property to be transferred is located at 1998 E. Chase Avenue, City of El Cajon, County of San Diego, State of California. Said property is described as: all of the machinery, furniture, fixtures, equipment, leasehold improvements, all customer/client lists, all trademarks, patents, logos, copyrights, intellectual rights, telephone numbers, fax telephone numbers, email addresses, URL addresses vendor list, catalogs, goodwill, covenant not to compete, franchise agreements, distribution rights, employee list, computer and customer software, websites and trade name of the business known as BEDROCK BOULDERS & LANDSCAPE PRODUCTS and located at 1998 E. Chase Avenue, El Cajon, California 92020. The bulk sale will be consummated on or after December 31, 2013, at The Heritage Escrow Company, 2550 Fifth Avenue, Suite 136, San Diego CA 93103 pursuant to Division 6 of the California Code.

This bulk sale is subject to Section 6106.2 of the California Commercial Code. ALL CLAIMS TO BE SENT C/O The Heritage Escrow Company, 107-033454, 2550 Fifth Avenue, Suite 136, San Diego CA 93103. The last date for filing claims shall be December 30, 2013.

So far as known to Buyer, all business names and addresses used by Seller for the three years last past, if different from the above, are: None

Date: December 9, 2013

Buyer:

By:/s/ Patrick Monahan

12/12/13

CNS-2567055#

EAST COUNTY GAZETTE

# SEE IT HERE? BUY IT HERE? KEEP US HERE?

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## — LOCAL NEWS &amp; EVENTS —

# Student ceramicists showcase their pottery at Grossmont College

For ceramic students, the outdoor exhibit on Grossmont College's Main Quad on Tuesday, Dec. 3, was an opportunity to test how well their work would be accepted in the market place. For passersby the exhibit was a chance to purchase some one-of-a-kind holiday gifts.

Brandon Brusky, a Navy veteran, had among his works for sale a multicolored Ode to Dr. Seuss, an abstract Madonna and Child, and a large, abstract chess bishop.

Instructor Jeff Irwin praised each of these works as being "loose, gestural, and having a certain boldness that other works might not have." He said they were in "very strong contrast to some of the other students' work that is very delicate."

While he is not certain that he could make a full-time living from making ceramics, Brusky said he is convinced that it could be a lucrative, and pleasant, way to make supplemental income. He has supported himself as a cook for many years.

His Ode to Dr. Seuss was a multicolored sculpture, which Brusky designed as a vehicle to try out different varieties and hues of glaze. The Madonna and Child started with the union of a little pot and a big pot. To make the head for the larger pot he tipped yet an-

other pot at a precarious angle. The components of the bishop came from the potter's wheel, and then Brusky fashioned its face by hand.

A table away was art work by student Andi Duke, who said she likes to make her pieces in "really pleasant shapes – round and curvy, kind of like a woman."

She said she often compares her pots to "sexy ladies – I really like the curviness. I am trying to get that in my work, with a lot of colors."

Rather than being a sculpture of a woman that might sit on a shelf or lodge in a breakfront, Duke prefers that her pieces have functionality, such as a vase, a plate or a cup. "I think the best part about pottery is that it is not art that sits on your wall for you to look at, but is art that you can interact with every day," she said.

Like Brusky, she believes ceramics will be a supplemental income source for her. She also is learning American Sign Language with the expectation that someday she might teach art in a class for deaf children.

Examining Duke's work, Professor Irwin commented, "she is throwing very functional forms, but they have a sense of softness, a roundness, and a feminine characteristic." Turning a cup over in his hands, he added. "They have

this feminine aspect, very light, very thin."

He also expressed pleasure over designs of butterflies that Duke had transferred to the inside of a cup.

A few more tables away, another ceramic caught Irwin's eye – a pitcher that was covered with little pads, such as one might see on the tentacle of an octopus. In fact, said the student ceramicist, Leanne Ludvik, the design was inspired by a sea anemone, which can have the same kind of bumps on its body.

"Most of my works are sea-life related," she said. "I had the idea for a long time, but I hadn't decided what shape I wanted to put it into. For a while I was thinking a round shape to emulate the shape of the animal, but then I made this pitcher. I decided the effect would be more interesting on a shape like this than on a round shape."

So she "squished" down little pads of clay and added them in columnar fashions around the pitcher. "I really like the radial symmetry of it," she said. "It has a nice flow."

The pitcher is subtly painted in such pastel colors as green, yellow and orange, Irwin noted. Breaking up the design is a white horizontal ring—which Irwin agreed made the piece even more interesting.

"This piece goes beyond being a pitcher," Irwin said approvingly of the work. "She took the idea of a pitcher and added all this detail, symbolism, and gave all this attention to detail. I want to pick it up, examine it, feel it, and I really want to spend time with it."

Ludvik has taken classes in painting and sculpture, "and I still love painting—I like to incorporate it into my work." A friend suggested they take a ceramics course together "so I did it for fun, and now I am into it!"

For all three students, deciding which of their pieces to sell proved a difficult task. Brusky said he left at home a ceramic turtle that he made, so there would be no chance to sell it. Duke said that it is very hard to give up some of her pieces – especially "those that I've just made or just finished. I need some time with them before I let them go." Likewise, Ludvik said about the pitcher that Irwin was praising, "a big part of me does not want to sell it, but it would be a nice thing to let things go, I guess."

The professor said that besides teaching technique to students, "we want them to try to figure out what their style is, what they relate to in terms of form, color, volume and mass, and really analyze that, look at it, and try to develop their own unique visions."

## 2013 El Cajon Citizen of the Year nominations are now open

Each year El Cajon's Civic, Service and Fraternal Organizations select the El Cajon "Citizen of the Year" from many people who contribution to El Cajon through volunteer civic and community service.

This award is for volunteer (un-paid) service to the community which benefits the city and residents of El Cajon. Applicants for El Cajon Citizen of the Year need not live within the city limits of El Cajon but must live in the East County Area.

Nominations should be on the basis of volunteer civic and community activities in El Cajon. That portion of the nominees civic and community activities for which he or she has received compensation will not be considered by the Selection Committee in determining the Citizen of the Year. Any Person actively seeking public political office during the time of the selection process will be automatically disqualified as a nominee for Citizen of the Year.

Anyone may nominate anyone that meets the guidelines for nomination.

To request an application call Drum Macomber at (619) 442 5313

The deadline for submittal of the completed nomination package for your nominee is Dec. 20, 2013 at 4 p.m.

The 2013 El Cajon Citizen of the Year and all nominees will be honored at a luncheon on February 10, 2013 at the Ronald Reagan Community Center.

Join us in the celebration of community service by making your nomination and honoring all those who serve our city.

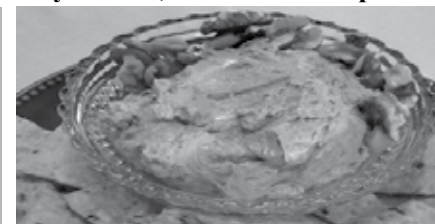
## Just a Pinch

Sharing Hometown Recipes, Cooking Tips and Coupons

By Janet Tharpe

### Guaranteed Party Favorite, Moscato Cheese Spread

"This is a nice munchie before dinner!"



Start the holiday season off right by making Michelle Koletar/Mertz's Moscato Cheese Spread for your next gathering. The gorgonzola cheese really gets your attention, and the tasty wine keeps you coming back for more! Serve this along side crackers and you have a guaranteed crowd pleaser.

See step-by-step photos of Michelle's recipe plus thousands more from home cooks nationwide at:

[www.justapinch.com/moscato](http://www.justapinch.com/moscato)

You'll also find a meal planner, coupons and chances to win! Enjoy and remember, use "just a pinch"...

-Janet

### Moscato Cheese Spread

#### What You Need

8 oz cream cheese, softened  
1/4 c gorgonzola cheese  
1/4 c grated white cheddar  
2-3 tbsp moscato wine (or use a dry white, if you prefer)  
1/4 cup, chopped walnuts  
1 tbsp paprika

#### Directions

• Mix the cream cheese & gorgonzola.  
• Add cheddar & mix again.  
• Stir in the wine. It will now be very easy to mix! Add more/less wine to your taste. I usually go with 3 tbsp, but you may want to start with

2 tbsp and keep going from there.  
• Add the walnuts & paprika. Stir well.  
• Layer onto a pretty plate. Garnish with additional crushed walnuts, and, if you like, some grape halves.

Submitted by: Michelle Koletar/Mertz, Harrisburg, PA (Pop. 49,528)  
[www.justapinch.com/moscato](http://www.justapinch.com/moscato)

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# Our Best Friends

## Pet of the Week



"Are you looking for a sweet and loving lap dog who wants to snuggle? Somebody who will be loyal to you, and keep you warm at night? I think you just found him! It's me, WALLY. I'm a two-year-old Long Haired Chihuahua mix, and everyone agrees that I'm a wonderful little dog. I play nicely with other dogs (I'm

very respectful), and I enjoy going for walks. I have a mellow and sensitive nature, so I'd want to be in an adult home. I'm a good boy, and I deserve a lot of love and affection. I promise to be your best friend and your loyal companion. The shelter staff isn't sure yet if I've been house trained, but I promise to do my best if you'll be patient with me and show me what to do. I sure hope you'll come visit me soon at the El Cajon Animal Shelter. We can spend some time getting to know each other better in the great play yard that they have here. Won't you come soon? I'd love to have a new loving home for the holidays. Love, Wally" Kennel #10

*Bring home your new best friend today!*

## Give a pet a forever-home — Stop by the El Cajon Animal Shelter



Vicky, 1-year-old  
Pit Bull Terrier Mix, Female  
Kennel #3



Rosie, 4-year-old  
Australian Cattle Dog mix  
female ID#15959

The El Cajon Animal Shelter is  
located at  
**1275 N. Marshall, El Cajon,**  
**(619) 441-1580.**

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10 a.m. to 5 p.m.



Roxanne, 1-year-old  
Pointer & Pit Bull Terrier Mix  
Female, Kennel #24



Fluffy, 3-year-old  
Domestic Long Hair  
Female, cage #112



Mercedes, six-year-old  
Pit Bull Terrier female  
Kennel 64



BiBi, 2-years-old  
Pit Bull Terrier, Female  
Kennel #20



Marley, 1-year-old  
Pit Bull Terrier Mix, Female  
Kennel #19



Annie, 1-year-old  
Pit Bull Terrier mix  
Female, Kennel #46



Arthur, one-and a half-year-old  
Australian Cattle Dog  
(Blue Heeler), Male



Bo, 6-year-old Akita mix  
male. Pet ID:16068



Holly, 9-month-old  
Chihuahua Mix, Female  
Kennel #16

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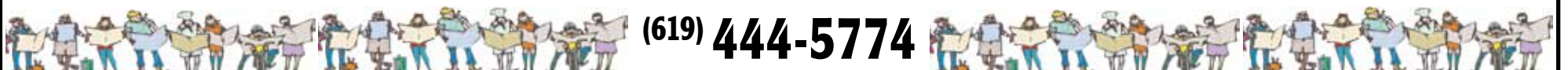


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