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AUGUST 29 -SEPTEMBER 4, 2013

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#### What's new in theaters?

Ready to go to the movie theater but not sure what to see?

Check out the review on 'Closed Circuit'

on page 9







and

The Mortal Instruments: City of Bones

on page 9

by James Colt Harrison

Get the real scoop on movies right here in the Gazette!

## Viejas Bird Singers Gathering



**Traditional Dancers** 



Viejas Bird Singers lead by Ral Christman. Photo credits: Kathy Foster

n Saturday. Aug. 24 the Viejas Band of Kumeyaay Indians gathered for a day of traditional Peon games, Bird Singing and crowning of Miss Kumeyaay Nation. This year Destinee Morales from San Pasqual reservation was chosen. Miss Kummeyaay is chosen by her knowledge of tribal history and tribal dancing. Viejas has been hosting this event for the last 13 years.

Peon is a Native American game of the Indigenous tribes of Southern California. The ancient Native American gambling game is played with pieces of white and black bones, sticks and blankets. The history of the games dates back thousands of years.

Bird Song singers are a vital element in the Kumeyaay custom and tradition within the local Native American social structure. Early in life, potential singers are introduced to established lead singers. During these associations young singers are evaluated to determine: commitment, capacity to learn, and qualities essential to group singing as opposed to individual performance.



Miss Kumeyaay Destinee Morales





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## Business & Events

## Alpine Kiwanian receives regional award



Carol Lewis receives the Bert Shoemaker award from Alpine Kiwanis president Jim Cate. Photo Credit: Debbie Jackson

by Diana Saenger

arol Lewis, member of the Alpine Kiwanis Club, was recently awarded the Bert Shoemaker Award, established by the Golden Gate/Pacific Club in memory of its exceptional

member. The award is presented annually at the Cal - Nev - Ha (California, Nevada, Hawaii) District Convention to a Kiwanian who has best exemplified the spirit of Kiwanis.

Lewis has been a member of the Alpine Kiwanis Club

for seven years. She's won awards for being the editor of the Alpine Club's newsletter, "The Yodeler." Lewis is on the Club's Board of Directors and Foundation Board. She has coordinated or assisted with the Alpine Blood Drive; Relay for Life; Rady Children's Miracle Mile of Quarters; Vintage Alpine; and more.

Being very humble Lewis said about the award, "I don't know why I got it. My creed is When and Where...I'll be there!"

Herbert (Bert) O. Shoemaker, Sr., was a Charter Member of the Kiwanis Club of Golden Gate/Pacific (Division 17). He was one of those exceptional individuals for whom Kiwanis was a way of life, and he was quick to extol the virtues of being a Kiwanian to anyone with whom he came in contact. He had a record of perfect attendance for more than 55 years; participated in building four new clubs in Division 17; was active in club projects of every kind; brought innumerable new members into Kiwanis;

and avidly supported interclubbing, mid - year conferences, and District and International conventions. He participated in chartering in Europe with the first club chartered outside North America. He had the kind of enthusiasm that gave inspiration, encouragement, and direction to officers and members of his club and divi-

## **Rynearson becomes 1st Vice District Governor**

ary Rynearson was installed as 1st Vice District Governor or the Lions International District 4-L6 last Saturday evening at the Holiday Inn San Diego Bayside.

Rynearson had worked in the Chamber of Commerce industry for eight years (including the Alpine Chamber) and received "IOM" (Institute for Organizational Management) certification from the United States Chamber of Commerce in January of 2007.

She became a member of the Alpine Stagecoach Lions Club in 1998 and has served twice as Club President, Secretary, Treasurer and Tall Twisted. Mary later transferred to the Rancho Santee Lions Club.



(L-R) Jan Morse, Debbie Norman, Mary Rynearson and Roger Garay.

In 2008, Rynearson and husband Randy moved to the West Shores of the Salton Sea in Imperial Valley and formed the West Shores Lions Club. She had the honor of being Charter President.

Mary was joined by Alpine Stagecoach Lions Club members, Jan Morse, Debbie and Dave Norman and Roger Garay Saturday to honor her success.

In July, Debbie Norman was installed as the Alpine Stagecoach Lions Club President, Roger Garay as Vice President, Heidi Johnson as Secretary and Larry LaBrack as Treasurer.



## Alpine Stagecoach Lions





#### Alpine Viejas Western Days Parade

SUNDAY, SEPTEMBER 29, 2013 STEP OFF 2PM

#### **Parade Entry Application**

OUR THEME IS "BUILDING OUR DREAMS, PAST, PRESENT FUTURE" Please join us in celebrating Alpine Viejas Western Days 2013 with your participation in the Annual Alpine Stagecoach Lions Parade.

Entry Deadline is September 10th, 2013

Send completed Parade Entry to:
Alpine Stagecoach Lions Parade 2013 by mail:
P.O. Box 1983, Alpine, CA 91903.

Drop off: The Gazette office, 2157 Alpine Blvd., Alpine, CA 91901 Phone: (619) 800-2752.

To register online visit: AlpineDaysParade.com



Come enjoy chili taiting, classic cars, crafts, hot dogs, brats & peppers, ice cream, sodas, beer garden and live rock music!



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SHOP EAST COUNTY

## Local News & Events

## El Cajon highlights

by Monica Zech, City of El Cajon Public Information Officer

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www.elcajon100.com

#### Summer concert Thursday at Farmer's Market

on't forget, the El Cajon Famers' Market is every Thursday at the Prescott promenade - rain or shine! On Thursday, August 29, enjoy the last of the August Summer Harvest Festival Nights, featuring activities for children, live entertainment. and a chance to win fantastic. prizes! The live entertainment starts at 4 p.m. with the group 1,001 Nights playing Middle Eastern music at the Prescott Promenade, at 201 E. Main Street. It's great food, music and fun at the Farmers' Market!

## "Dinner & a Concert" Friday night

Don't miss dining and dancing with "Dinner & a Concert" at the Prescott Promenade! Join us this Friday, August 30, for modern Blues music by the group "Bill Magee Blues Band." These free concerts are located at 201 E. Main Street, from 6 to 8 p.m., and will continue Friday nights through September 27. On September 6, enjoy a Tom Petty musical tribute by the "Petty Breakers." For the full line-up of bands scheduled, please visit www. downtownelcajon.com, or call (619) 334-3000.

#### Cajon Classic Cruise car shows Wednesday night

The next car show theme is "Evolution of the Corvette" at the next Cajon Classic Cruise Car Show on Wednesday, Sept. 4! Festivities are on East Main Street between Magnolia and Claydelle Avenues, 5 to 8 p.m., at the Prescott Promenade in El Cajon. While looking at all the

amazing vehicles have dinner at any one of several great restaurants downtown. Car shows continue every Wednesday night through Sept. 25 and are hosted by the Downtown El Cajon Business Partners. For more detailed information, please visit www.downtownelcajon. com, or call (619) 334-3000.

## Babylon Day at the Promenade

Enjoy music and food at Babylon Day, Monday, Sept. 2, at the Prescott Promenade, located at 201 E. Main Street in Downtown El Cajon. This festive event is from 5 to 9 p.m. and is presented by the Chaldean American Association. Admission is free!

#### Art & Fashion

Friends of East County Arts, Inc. presents "Fashion Artistry" on Thursday Sept. 12, at the Ronald Reagan Community Center, at 195 East Douglas Avenue in El Cajon. Festivities begin with an 11 a.m. check-in,

silent auction, and an opportunity drawing at 12 p.m. The annual luncheon and fashion show will feature fashions by Draper's & Damon's and Chico's. The cost is \$65 per person. For reservations, please contact Margie Hartman at (619) 440-2449. Proceeds will go to support fine arts and artists in the East San Diego County area.

#### **Annual Chaldean Festival**

The 4th Annual Chaldean Festival will be held at Centennial Plaza on the weekend of September 14 and 15. This free family event will be held Saturday, from 4 p.m. to 10 p.m., and on Sunday from 1 to 10 p.m. Highlights include music, refreshments, display booths and games for the kids! Centennial Plaza is located at Rea Avenue and Sulzfeld Wav near El Cajon City Hall. This event is presented by the Chaldean American Institute and St. Michael's Aid Society.

#### Come to the next Antique Show in El Cajon

Stop by on Wednesday, Sept. 11, for the San Diego Antique & Collectible Show at the Ronald Reagan Community Center, 195 E. Douglas Avenue in El Cajon, from 12 p.m. to 4:30 p.m. Great collectibles including artwork, glassware, jewelry and more. Free parking and admission. For more information, call (619) 726-7933.

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## Don't miss the All Fore R.E.C. Golf Tournament

Golfers - register now for this fun event! The 15th Annual All Fore R.E.C. Golf Tournament, Dinner & Auction is Friday. Sept. 20, at the Sycuan Golf Resort. The Shotgun Start is at 12 p.m. This special event is presented by the City of El Cajon Recreation Department and Crest Kiwanis Club in support of recreational activities for East County youth. The deadline to register is Sept. 6. To register online for golf and/or dinner, please visit www.elcajonrec. org. For more information or sponsorship, please call (619) 441-1673.

#### **General Information**

#### New City Newsletter & Recreation Guide

The new 2013 Fall City Newsletter and Recreation Guide is now available! See the latest news of what's happening in our City and all the great programs offered by the City of El Cajon Recreation Department. Check out the full line of affordable classes at www.elcajonrec.org. For more information or to register, please call (619) 441-1516.

## Disaster Preparedness For Businesses

The San Diego East County Chamber of Commerce will be

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Frost, Co-Director of San Diego State University's Homeland Security Program. The topic is titled: "To Tweet or Not to Tweet? Decisions or Clueless?" Use of Social Media in Disasters. The breakfast begins at 7:15 a.m. at 195 E. Douglas Avenue in El Cajon. The cost is \$20 for members and \$25 for non-members. For more information or reservations, please call (619) 440-6161.

holding their September "First

Friday" Breakfast on September

6 at the Ronald Reagan Com-

munity Center. The special

guest speaker will be Dr. Eric

### Grandparents raising Grandchildren

Attend a free symposium on "Grandparents Raising Grandchildren" on Saturday, Sept. 7, from 9 a.m. to 2 p.m. at Meridian Baptist Church, located at 660 S. 3rd Street in El Cajon. Find local resources and support, and meet others with similar needs. Enjoy entertainment and free giveaways. Lunch and on-site childcare will be provided for pre-registered participants. To register, please call (855) 238-5978, or register online at www.211sandiego. org/grandparents.

#### Register now for the FREE Disaster Preparedness Classes

We still have space available for our last CERT disaster preparedness academy for 2013, scheduled to begin Saturday, Sept. 21. Any missed classes can be made up during one of the following academies in 2014. Our East County Community Emergency Response Team (CERT) disaster preparedness academy is all about being prepared for a disaster, such as an earthquake, wildfire or house fire. Visit our website at www.heartlandfire.org to see the full schedule. Once an academy begins, classes are held every other Saturday, from 8:30 a.m. to 12:30 p.m. Classes are taught by members of Heartland Fire & Rescue and Santee Fire departments. If you would like to register, please call (619) 441-1737. Note: For information on preparing for a disaster now, please visit www. readysandiego.org.

## Women in Leadership now seeking 2013 nominations

The East County Chamber annual Women In Leadership Luncheon celebrates 11 years on Friday, Nov. 1, from 11:30

See HIGHLIGHTS page 5

## Keep your eyes on the water, and SAVE A LIFE!

Every year, there are over 800 preventable drownings. <u>YOU</u> can make a difference by becoming a **WATER WATCHER**.

*Join us in taking the pledge to prevent drownings:* 

- I pledge to actively watch the water. Should I need to leave I will have another adult take over my duties as water watcher.
- 2. I will assure that rescue equipment is easily accessible, including a phone for emergency use.
- I will make sure all gates are latched, doors locked, pool alarms are on and functioning creating at least two barriers to the pool, spa or water.
- 4. I will make sure that when I leave the water, a child can not return without my knowledge
- 5. I will learn CPR and emergency procedures in case of a near drowning.

The El Cajon Professional Firefighters and Heartland Fire Rescue, thank you!





rs.net www.heartlandfire.org



#### — LOCAL NEWS & EVENTS−

## Highlights ...

#### Continued from page 4

a.m. to 2 p.m., at the Town and Country Resort Hotel in Mission Valley. The Chamber is now accepting 2013 nominations in six fields: Arts/Media/Culture, Business, Education/Academia, Government/Defense, Healthcare and the Nonprofit Sector. Nominees must be San Diego County residents and have demonstrated exemplary character, integrity and outstanding leadership.

The deadline for submissions to the East County Chamber is Aug. 31, 2013. If you have questions, or would like a nomination form emailed to you, please contact Event Director Jane Moore at (619) 440-6161.

#### Stop by the Knox House Museum

Learn more about the history of El Cajon during our Centennial year by stopping by the Knox House Museum. It's a fascinating look at what life was like in El Cajon during the years 1895-1912. The Knox House will be open every Saturday in September from 11 a.m. to 2 p.m. with free admission. The Knox Museum is located at 280 N. Magnolia Avenue in El Cajon. For more information, including scheduling a private tour for your group or school, please visit www.elcajonhistory.org, or call (619) 444-3800.

#### Volunteers In El Cajon - We'd Like To Honor You!

As the City of El Cajon continues to celebrate 100 years of incorporation, we would like to honor those who volunteer in our community through the  $100\,Hours\,Honoring\,100\,Years$ Volunteer Program. During this Centennial Year, as we reflect on our rich City history, it is important to recognize that it is the people who make El Cajon The Valley of Opportunity, including our volunteers. The 100 Hours Honoring 100 Years Volunteer Program was developed to provide an opportunity for El Cajon residents and others involved in the community to be recognized for their service in honor of El Cajon's Centennial. Through this volunteer program, the City will recognize the volunteer service performed in the El Cajon community during the Centennial year (November 2012 through November 2013). All are invited to participate, whether as an individual, or in a group on behalf of an organization, community group, or business. Find out more by visiting the Centennial website, www.elcajon100.com, under "Participate" and download the forms. Completed forms will be accepted throughout the vear: however, all forms must be completed and delivered. or post-marked, by December 10. For more information, call (619) 441-5549.

Celebrating 100 years as a city

Don't forget, you are welcome to share your memories and photos of growing up in El Cajon on our Centennial website at www.elcajon100.com. Also on the Centennial website, you will see photos and a video from the November 12, 2012, event! Join us as we celebrate the people of El Cajon – it is the people that make our City The Valley of Opportunity!

## Drivers please be extra alert as children head back to school

Walk, bike, drive safely now and in the coming weeks students are heading back to school. The El Cajon Police Department encourages both children and adults to remain extra cautious, not only during the coming weeks, but every month throughout the year. It's important to remind your kids how important their safety is to you and that they need to stay alert as they travel to and from school. Drivers, especially those in school zones, need to also do their part to observe posted speed limits and watch for children. Let's do all we can

to make our roadways safer!

If you have an event in the City of El Cajon that you would like to share, send it to: Monica

Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020, or via e-mail at mzech@cityofelcajon.us

## Keeping kids safe

by Patt Bixby

State Senator Joel Anderson and District Attorney Bonnie Dumanis joined together for a public safety town hall meeting at West Hills High School in Santee. Dumanis said the community plays an important role in helping law enforcement to protect public safety and Town Hall meetings are



Senator Joel Anderson and District Attorney Bonnie Dumanis. Photo credit: Patt Bixby

a great way to provide information to concerned citizens and families. Nearly two hundred people listened to a panel of law enforcement experts share the latest information and strategies to protect children.

The San Diego Highway Patrol, San Diego County Sheriff's Department, San Diego probation Department, El Cajon Police and La Mesa police gave expert advice and listened to community concerns. A panel member told the audience the average age when children are offered cigarettes, alcohol, marijuana, and heroin is in Middle School. Heroine is cheap and easy to get. Be involved and check cell phones, children's rooms and instagrams. Protect your children from their own bad decisions.

There are signs to recognize these decisions -- a change in behavior, change in sleep patterns, abnormal color of the skin, hygiene and change in speech.

Driving and texting is a deadly combination. If one beer is consumed; three hours later it will register on a test. Bullying is a power imbalance. You are your children's most important advocate.

The DA's office is very aware of Human Trafficking. Gangs join together to force young girls into prostitution.

Tell your kids to walk in groups and watch each other's back.

Senator Anderson and Dumanis consider children a top priority. Senator Anderson flew in from Sacramento to attend the meeting. He has introduced a number of bills in Sacramento to protect the children of California. "Public safety is important. We don't want to wait until something horrible happens," Anderson said.

Dumanis is in charge of the second largest District Attorney's office in the State of California, which serves 4,000 square-miles compiled of about three million residents. The D.A.'s office fills out about 40,000 cases a year and maintains a 9490 felony conviction rate.



## Centennial Moment: Plans to build City Hall in 1953



Below is an excerpt from a brochure published in 1961 in honor of the City's 50th anniversary of incorporation: "50 Years of Progress." The brochure chronicles events in the City by each year, from incorporation in 1912, through present day, at that time, in 1961. This Centennial moment focuses specifically on the year 1953

Plans for the first City Hall, built for the specific purpose to house the City government offices, were accepted by the Planning Commission and approved by the City Council. The entire exterior and interior design was to conform to the recently constructed Police-Fire Department buildings. The Riha Construction Company was awarded the contract for the building of the structure at 270 Highland Avenue.

The City acquired a new fire truck, with the purchase price being split between the City and the Federal Government. To make the Fire Department more efficient, Street Department employees were trained to assist the regular firemen in case of big fires.

The first Mother Goose Grand Ball was held this year, with considerable success.

The picture here was taken

in the mid-fifties. Main Street and Magnolia Avenue has now become the heart of a bustling and busy community. A special census of the City showed that 11,097 people were living within the City limits, almost 4,000 more than had been counted in a special census in 1952, and 6,000 more than were here in 1950. El Cajon could no longer be called a community, it was now a City.

For more El Cajon history, visit www.elcajonhistory.org. For Centennial updates and current information, visit www.elcajon100.com. Photo is courtesy of the El Cajon Historical Society.



## Inspiration

## Some mysteries are tough to solve

by Dr. Rev. James L. Snyder

or my wife's birthday, I surprised her with round trip tickets to her family reunion in upper New York State. Out of courtesy to her, I elected not to include myself in her little vacation.

One difference between men and women, or maybe I should say husbands and wives, is the notion of cleanliness. Wives have the idea that cleanliness is next to godliness. If true, ours is the godliest house on the planet. Even God must wipe his feet before coming into our home.

If godliness is related to happiness, then I am in heaven when I am in the midst of hodgepodge — the podgier the better.

Along about Friday afternoon I was absolutely in heaven. The house was a complete wreck and I could not have been happier.

I was about ready to take

a shower when I noticed the soap and shampoo in my shower were gone. I knew reserves are somewhere in our house but for the life of me; I could not put my fingers on any of it.

Notwithstanding, and I was standing in my birthday suit, I needed to take a shower. Then a brilliant idea struck me. Since my wife has not been home all week, the shampoo and soap in her shower should be in great supply.

One thing I noticed in my wife's shower was the variety of bottles. Not wearing my glasses, I could not read the labels on any of them.

I turned on the shower, adjusted the water temperature and began my shower. I reached for the nearest bottle, which I assumed was shampoo. After dousing my hair with a generous portion, I began scrubbing my head. I noticed, however, no suds. I grabbed another bottle and repeated the procedure with

the same results.

I remember thinking to myself, what does my wife do with all these bottles in her shower that do not do anything? Nevertheless, in a moment I forgot the whole incident, stepped out of her shower and toweled off.

I made a cup of coffee and settled into my easy chair to watch a little television. As I sat there, I noticed a strange fragrance. This is the difference between men and women. A man enjoys strange smells. A woman, on the other hand, enjoys fragrant aromas.

I got up and walked around the house looking for a bowl of fruit. No matter what room I was in, I could smell the fruit. It was the strangest thing I ever experienced.

Then something hit me right between the eyes. The fruity bouquet was coming from me!

I took several healthy sniffs and discovered I smelled like

a bowl of fruit. I could not understand this phenomenon. Then I remember the bottles in my wife's shower.

I went back to investigate and discovered my wife had bottles of fruity concoctions of every variety.

A verse from the Bible came to mind. "But I have all, and abound: I am full, having received of Epaphroditus the things which were sent from you, an odour of a sweet smell, a sacrifice acceptable, well pleasing to God." (Philippians 4:18 KJV.)

The only fragrance worth dwelling on is a life well pleasing to God.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail <a href="mailto:jamessnyder2@att.net">jamessnyder2@att.net</a>. His web site is www.jamessnyderministries.com.



## Dear Dr. Luauna — Metamorphosis a transformation



Dear Readers.

Walking outside the other morning I noticed my first butterfly this year. It had beautiful, amazing, bright yellow colors in all different shades, with black lines so carefully lining its wings. I watched this butterfly fly from one tree to another, graceful and free as it flew through the air high above the trees, higher

and higher until it was out of sight.

Thinking about that butterfly in its beginning stage, made me smile. It's fuzzy little body with what seemed like a million legs. Its colors looking like a little blob. Barely making it across the sidewalk in hopes that no one would step on it, taking what seems like a lifetime it finally makes it to the bottom of a tree trunk. Can you imagine the view from the caterpillar's eyes as it looks up from the bottom of that tree? How big that tree must have seemed? Making its way up that tree with its hundreds of little tiny legs, trying not to trip over one another or slip and fall off, it inches its way up to a branch high above the ground. On its way up to that branch, it hopes that some bird doesn't take notice of it and decide to have him as a meal.

Days later it makes it to the branch, and just waits, something begins to happen. In time, it's hanging from that branch, only this time its tiny, fuzzy body starts to change, wrapped in a hard little shell type membrane it hangs for what may seem forever. Through the wind, rain, and hot sun, its dark, yet something is happening inside of that cocoon. A metamorphosis, a transformation, this once little fuzzy worm looking creature with hundreds of legs, is now in a transformation station. Hidden away in that cocoon something wonderful is happening. A miracle working power, amazing to the human mind, and yet a gift from above is happening inside that dark, cocoon.

A miracle change and it takes time, one must never speed up the process. If human hands try to help and open up that cocoon ahead of time it dies. Development, change, and transformation is taking place in that cocoon even though you can't see it with your human eyes, and it must work its way through the process even if it's painful and long. When the time is right, this little guy wiggles, struggles, and pushes its way out until, little by little the cocoon is open all the way. In the struggle what we don't see is it's building its little muscles, and forming those wings. He is preparing for takeoff. Once the whole process is done one will see that once fuzzy, little million legged worm-like creature become a beautiful, amazing butterfly, flying high above the sky. Looking down and maybe even thinking, the pain was worth it all.

Are you going through a transformation? Is God trying to help you change your life? Is it painful right now? Trapped in a dark place, does height seem too hard to achieve? Take one little step at a time. Pray! Ask the One who created you in His image to give you the strength to be all He created you for

He's the architect and holds the blueprints to our lives. Surrender! And in time you will soar like an eagle. Isaiah 40:31; "But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles. They shall run and not be weary; they shall walk and not faint."

Join us for a Sunday Church service 10 a.m. A Touch From Above – Prayer Mountain, 16145 Hwy 67, Ramona, CA 92065. Radio Sunday 9 a.m. 1210 AM-KPRZ. Visit my website; www.atouchfromabove.org, and friend me on Facebook. Over 60 sermons are available on YouTube; Dr. Lyange Stings

Bring your prayer team up to the Prayer Mountain. Touch heaven from your knees. Call for information; (760) 315-1967. Email: pastorluauna@atouchfromabove.org

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## For Realth's Sake

## Five ways to stay slim while indulging

ith the recent declaration from the American Medical Association that obesity now should be considered a disease, the United States officially becomes an even more afflicted union. Obesity, which affects 78 million adults and 12 million children, causes a plethora of other illnesses, including cardiac disease and diabetes.

"It's clear that a really fun-

damental paradigm shift in lifestyle is needed for an enormous swath of the U.S. population – but there are also Americans who have already reshaped their eating and exercise habits, and they're looking to not only maintain their health, but also take it to

the next level," says Dr. Susie Rockway, a veteran nutritional and biochemical expert in the U.S. health industry. "These are often busy, pro-Massage (herapi Moments of Serenity Jessica Hogue off any massage

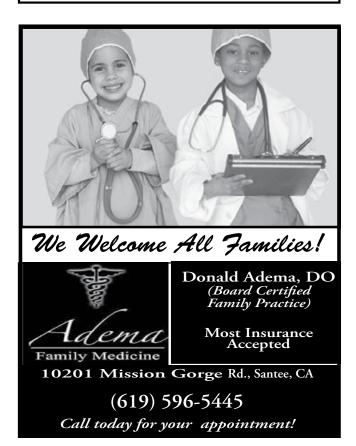
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fessional people who make an effort to eat healthy with most meals and make time throughout the workweek to move their body and get their blood pumping."

Still, they also want to be able to enjoy an indulgent meal every once in a while birthdays, family barbecues or date night with the spouse. Dr. Rockway offers tips for people who want to maintain their weight while still enjoying the occasional burger, chicken wing or greasy pizza slice:

- Food diary: So, nine times out of 10 you eat healthy, eh? That may not really be true, but a food diary can help clear up any confusion. How much fattening mayo was used to make that tuna salad? If you've sworn off meat, are you getting enough protein and are you eating too many carbohydrates? What kind of carbs are they? Are you eating a diverse diet that provides all the necessary nutrients? A food diary will help challenge your assumptions and make you more aware of everything you're eating, how much and where you might make healthy adjustments.
  - Stay hydrated: Whether

workouts or you're consuming too much salt or too many caffeinated beverages, which act as a diuretic, doctors and researchers believe as manu as 75 percent of Americans experience dehydration throughout the day. Dehydration can make you confuse thirst for hunger, cause fatigue and a fuzzy memory.

• Lineatabs www.lineatabs. com: This meal supplement has been popular in Europe for 11 years and recently became available in the United States. Lineatabs contains Solusitan, an all-natural fatbinding complex. Unlike other fat-binding supplements, Lineatabs dissolve in water to become an effervescent citrus flavored beverage that users consume before or while eating a fatty meal. Since the dietary fibers in Lineatabs are dispersed in water are not compressed into a tablet. they're immediately available to bind with fats, turning them into an indigestible liquid mass. The tabs are perfect for people who follow a healthy diet but occasionally eat a greasy-fatty meal. The ingredients in Lineatabs are clinically proven to help reduce body weight, in combination with a calorie-re-

maintain healthy cholesterol levels. Additionally, Lineatabs encourages hydration, as it makes you drink more water.

- Relaxation: If you're always on the go, chances are you may be suffering from excessive stress, which according to the American Journal of Epidemiology, raises levels of cortisol, a hormone that can make you feel hungry. Stress can also make busy people more prone to comfort eating, including excessive amounts and foods filled with fat, sugar and salt. Consider breathing techniques, yoga or meditation for handling a busy schedule.
- Slightly increase/mix-up cardio: It's easy to get into a routine in your workout. After a certain point, however, your body gets used to the exercise and you get less of a workout.

You don't have to drastically alter things though; increasing the incline on your treadmill by just 5 percent can help you lose 15 percent more calories during your walk/jog/run. If you want more muscle definition, consider trading a walk for a shorter jog, or a jog for a shorter sprint.

Dr. Susie Rockway, Ph.D., C.N.S., is a veteran nutritional and biochemical expert and is a multi-decade industry expert. She has worked for multiple companies in executive capacities, including as an executive director of product development, a director of research, and a manager for science developing health and wellness products, where she communicated nutrition and new science updates to consumers. She has also designed testing strategies for clinical efficacy studies.

#### Laughter is the Best Medicine

#### Wrong boots

Ateacher was helping one of her kindergarten students put his boots on. He asked for help and she could see why. With her pulling and him pushing, the boots still didn't want to go on. When the second boot was on, she had worked up a sweat. She almost whimpered when the little boy said, "Teacher, they're on the wrong feet."

She looked, and sure enough, they were. It wasn't any easier pulling the boots off than it was putting them on. She managed to keep her cool as together they worked to get the boots back on - this time on the right feet.

He then announced, "These aren't mu boots."

She bit her tongue rather than get right in his face and scream, 'Why didn't you say so?" like she wanted to do. Once again she struggled to help him pull the ill-fitting boots off.

He then said, "They're my brother's boots. My Mom made me wear them.'

She didn't know if she should laugh or cry. She than mustered up the grace to wrestle the boots onto his feet again.

She said, "Now, where are

He said, "I stuffed them in the toes of my boots...'

Have a funny joke or anecdote you would like to share with others? Send them to: jokes@ecgazette.com. Include your name and city of residence so the Gazette may give



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## At the Movies

## 'Closed Circuit' - lacks follow through, good acting and suspense



Eric Bana and Rachael Hall star in Closed Circuit. Photo Credit: Jay Maidment /Focus Features

Review by Diana Saenger

fter so many explosive and let's-kill-as-manyas-we-can, movies this year I was ready for a good mystery. John Crowley's Closed Circuit seemed promising. Unfortunately, just taking a rest in the dark, quiet theater was more rewarding than this international suspense thriller.

In London, a busy outdoor market place has delivery trucks coming and going. When one driver seems to ignore a warning by a man in the crowd that he's too close to the merchandise, the driver ignores him. Seconds later the truck explodes and many die.

Farroukh Erdogan (Denis Moschitto) is the Turkish terrorist bomber accused of the action. That the English legal system is very different than ours becomes painfully clear in this drawn out, boring plot.

a lawyer as we call them) a solicitor and a barrister. However, because the government has evidence so secret that neither the solicitor nor barrister will see, Erdogan is assigned a special advocate – actually, two

What the officials don't know is that the advocates, Claudia Simmons-Howe (Rebecca Hall) and Martin Rose (Eric Bana) are former lovers. They are not allowed to speak to each other or share information as both tru to clear this man as the bomber. Talk about confusing!

When Claudia uncovers some key information that might clear Erdogan she tries to keep to the stipulations of not discussing the case with Martin. Yet, even though there is as much chemistry between the two as an ice cube and a blow dryer, they do secretly get together often and question their relationship.

maze's to get through there's another element that blurs the plot even more. It's the Attornev General (Jim Broadbent) who assigned the advocates to the case. His instructions are more warnings than advice and soon have Martin and Claudia are in fear of their own lives. Julia Stiles is a New York Times reporter who seems thrown in for name talent because her character never seems to fit in this plot.

The idea of Closed Circuit might have been a better movie if not for a humdrum script and direction that clearly missed the mark. The talents of Bana, Hall and Stiles are clearly wasted as written for these characters. There isn't one minute of Claudia and Martin's quiet face to face meeting that I believed they were ever romantically involved. Stiles character slips in and out of the film and never makes an impact. The

only character that delivers any kind of intrigue in Closed Circuit is Broadbent. But one

interesting character does not make a movie, and this one is a real vawner.

### 'The Mortal Instruments: City of Bones' delivers the action

Review by James Colt Harrison

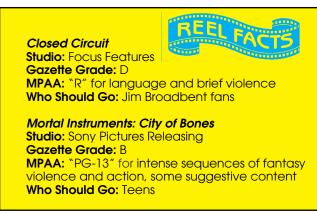
Darkness has become a favorite theme of modern movies. The darker the better it seems. Demons, dragons, witches, werewolves, vampires and bats seem to be all the rage in today's movies. Whatever happened to happy movies with Munchkins and dancing flowers? Movies have darkened and so have the plots. No more colorful gardens of singing plants. What we have now are wild monsters jumping out from behind the scenery to scare the daylights out of you. And scared you get in director Harald Zwarts' spectacular

version of the hit book series The Mortal Instruments: City of Bones.

Author Cassandra Clare (born Judith Rumelt in 1973 in Tehran to American parents) has written a series of adultfantasy books that have sold in the millions. This is the first movie version of her books, and there promises to be more. That could be scarier than the books.

Beautiful little Clary is confused as to who she is and why she has powers nobody else has. Clary is played by newcomer Lily Collins, daughter of musician Phil Collins. So that

See CITY OF BONES page 10







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#### — AT THE MOVIES—

## 'City of Bones' ...

#### Continued from page 9

none of her real-life friends at high school know she is in the movie, she wears two fuzzy black caterpillars above her eyes. She gives a close impersonation of Groucho Marx.

Really bad guys come in and kidnap Clary's mother and wreck the place for good measure. They rip out walls, throw doors through windows, and turn over old-fashioned davenports. This shows us that her mother Jocelyn (played by the beautiful Lena Headley, who looks younger than her daughter) put up a good fight and probably has a Black Belt in the closet.

Interestingly set in modern day New York, the picture is much brighter and lighter than most "horror" pictures. Clary meets the dashingly handsome blond hunk Jace (Jamie Campbell Bower). He explains she is a Shadowhunter, and

a descendant of warriors who are here to protect the human race from demons. Voila! Clary is now special and can follow every word of Jace because he's hot and tall and can wear leather pants like nobody else and get away with it. Besides, he was in other hit movies such as *Harry Potter* and all those incessant Twilight sagas.

Jace shows Clary the way to the Downworld, populated by demons, vampires and warlocks, all of which she must learn to fight off without messing up her hair. Fights break out and demons are stabbed and mysteriously turn to dust. Clary

is thrown around on her head, and bounces back with her Beyonce Knowles foundation that has nary a scratch. Somehow she has been transformed into a black leather-wearing Miley Cyrus clone, but she still looks fetching.

Clary relies on Simon (Robert Sheehan), her best friend forever. He's somewhat nerdy but transforms into a handsome curly-haired dude when he takes off his glasses (just like Superman!). He's hopelessly in love with Clary but she can't see him for cellophane. She opts for the dangerous bad **See "CITY OF BONES" page 13** 



Jamie Campbell Bower and Lily Collins star in *The Mortal Instruments: City of Bones.* Photo Credit: Rafy / Sony Pictures Releasing





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#### — IN THE COMMUNITY -

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## Out and about in the County

Through Sept. 25: Cajon Classic Cruise every Wednesday, more than 200 specialty, classic and unique cars will gather at Main and Magnolia in Downtown El Cajon for the Cajon Classic Cruise series. The Cajon Classic Cruise will be held from 5-8 p.m. and will feature a weekly theme. Visitors can view the best theme cars, enjoy dinner and drink specials from local restaurants, play in bounce houses for the kids, and enjoy street vendors peddling delights including kettle corn and hot dogs. For more information, visit http://downtownec.com/ or call (619) 334-3000.

**Through Sept. 27: "Dinner & a Concert"** is a weekly concert series hosted by Downtown El Cajon Business Partners and performed on the Prescott Promenade, which is surrounded by a variety of restaurants. Every Friday night from May 3-September 27, a different local band performs from 6-8 p.m., offering music from every genre. Concert-goers can also enter to win a Taylor guitar by simply picking up an entry form at any of the participating restaurants or at the concert. Guests who return forms at any of the concerts in will be entered as a semi-finalist and the winner will be chosen at the concert. Line-up is as follows:



8/30 Bill Magee Blues Band, modern Blues 9/6 The Petty Breakers, Tom Petty Tribute 9/13 Back to the Garden, Crosby Stills Nash and Young

**Sept. 18:** Cottonwood Cart Girls Golf Tournament. Enjoy a complete program of special events, 18 holes of golf (scramble), free drinks, raffles, games, dinner/awards banquet in the pavillion. Proceeds will go to Mother Goose Parade Scholarship program. Cost is just \$70 per player. Call Brittany (619) 592-1617 or Cristina at (619) 442-9891 ext. 15 for more details or to sign up.

**Sept. 21: Delightful Dolls of Southern California** is having a doll show & sale with everything from teddy bears to vintage doll clothing to beautiful antique dolls. There will be over 60 dealers with their amazing. One of the most eclectic shows in Southern California. Saturday 10 a.m. to 3 p.m. at Al Bahr Temple, 5440 Kearney Mesa Rd., San Diego, CA 92111.

Sept. 27-29 & Oct. 4-6: Join us for Oktoberfest in El Cajon! The German American Societies of San Diego, Inc., hosts its traditional Oktoberfest Come and enjoy authentic German food, such as bratwurst, ox-on-the-spit, potato salad, potato pancakes, sauerkraut, red cabbage and a variety of German pastries. The band, the Guggenbach-Buam, joins us from Baden-Württemberg, Germany. These talented, fine musicians dress in traditional clothing, and play a variety of German music, just as you would hear in the beer gardens in Bavaria.

**Sept. 29: Alpine Viejas Western Days Parade** will step off on Alpine Blvd. at 2 p.m. Enjoy the day watching horses, floats, bands, clowns, classic cars and more parading down Alpine Blvd. At the end of the parade, turn into the Alpine Creek Shopping Center for a car show and craft fair. For more information visit: http://alpinedaysparade.com

Oct. 3: Shriner's Camp fund raising event, hosted by the

Mother Goose Parade Association and Viejas Resort and

**Casino.** This event will be held in the DreamCatcher from 5 - 8 p.m. Thursday evening. The Legends will be performing, the dance floor will be open, food and drinks. All proceeds will go to the Shriner's fund to rebuild their camp which burned down this past month. For more information or to purchase tickets, call(619) 442-8712 or Debbie at (619) 444-5774.

#### Chargers win one in pre-season

#### by Chuck Karazsia

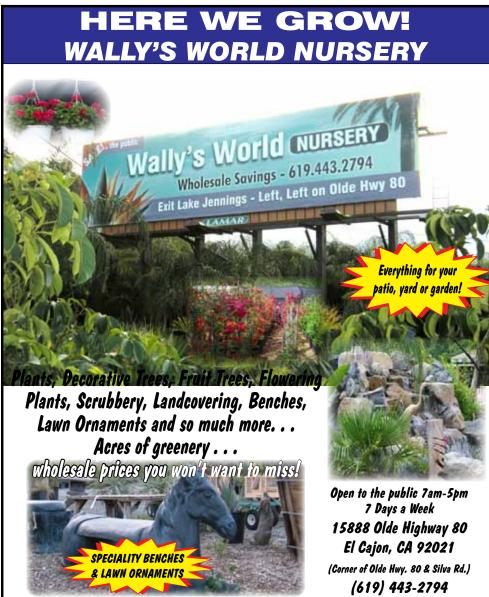
The San Diego Chargers improved their exhibition record (1-2) after defeating the Arizona Cardinals 24-7.

Obviously pleased about the performance of his players last Saturday evening in Tempe, head coach Mike McCoy said, "That's what this business is all about; it's about winning football games."

In the third game of the exhibition where the starters play more minutes than any of the four, San Diego gained ground. Executing better than in the first two games, the Chargers were even with the Cardinals in give-away, take-aways, with both sides giving the ball away twice.

Setting the tempo early was Chargers special teams play. Darrell Stuckey blocked a punt setting the Bolts up with great field position on the 35-yard line. Kicker Nick Novack missed a 51-yard field goal (wide left). After the punt block, the Bolts special teams blocked a field goal, and returned a punt 47-yards. All of this occurred in the first half of play.

The Chargers offensive line, an Achilles heel in the last few seasons in 32 pass attempts in Tempe, gave up only one quarterback sack. That's attributed to better blocking, and a balanced running attack. The Bolts number one offense unit behind Rivers outscored the Cardinals on lengthy drives executing mistake free drives — 12 plays, 92-yards, 14 plays 73 yards, 7plays, 70-yards.





## Puzzles & Fun

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#### **ACROSS**

- 1. Aladdin's hang-out
- 6. Dear one
- 9. Frosh, next year
- 13. Single-cell protozoan
- 14. Similar to ostrich but in Australia
- 15. Dugout vessel
- 16. Wealthy one who made fortune in Orient

- 17. Dashboard acronym
- 18. Bring upon oneself
- 19. \*Eat
- 21. \*To kick this is to expire
- 23. \*Busy as a
- 24. Female version of #6 Across in England
- 25. Mountain basin
- 28. Forbidden fruit, e.g.
- 30. Ready to be assembled
- 35. \*Let it down and relax 37. Femme fatale
- 39. Give a speech
- 40. Beige

**OUTZKIRTS** By: David & Doreen Dotson

- 41. Often goes with "flowed"
- 43. This of a circle equals pi
  - times r squared
- 44. Moved on runners
  - 46. Length of earth's orbit
  - 47. Diagnostic test
  - 48. Strep throat organ

  - 50. Bayonet wound
  - 52. Typographer's measurement units
  - 53. Retained
  - 55. shot
  - 57. \*Flatter someone, or \_ one up

#### 60. Croquet hitter

- 63. Joseph Stalin's sidekick
- 64. \*Do you have one in the hole?
- 66. Org. symbols
- 68. Admiral's group
- 69. "You're it" game
- 70. Grind down
- 71. Happy
- 72. About when one will arrive
- 73. Biter in the ring

#### **DOWN**

- 1. Embargo
- 2. Asian nurse
- 3. Asian domesticated ox
- 4. Mushroom maker
- 5. Rectangular groove joint
- 7. Mischief-maker
- 8. "Dancing with the Stars" number
- 9. \*It did this like a stone
- 10. \*Shame on you for fooling me
- 11. Sad grimace
- 12. \_\_\_ Royal Highness
- 15. Famous Roman orator
- 20. Depart
- 22. Strike caller
- 24. Most foolish
- 25. \*Boasters beat this
- 26. Mad one
- 27 Rice wine
- 29. \*Don't throw this out with bathwater
- 31. "-zoic" periods
- 32. Travesty
- 33. It included Mr. T
- 34. \*Spill them to reveal a secret
- 36. Regrets
- 38. Bog deposit
- 42. \*\_\_\_\_ queen
- 45. Dictator's order
- 49. A Spike \_\_\_\_joint
- 51. \*Bite this to endure an unpleas-
- ant situation
- 54. Blabber
- 56. \*No guts, no \_
- 57. \*Saving device
- 58. Carbamide
- 59. \*Happens to your tongue when speechless?
- 60. Huge or large
- 61. The conscious mind, pl.
- 62. One of many errands 63. Roald Dahl's "The
- 65. \*Tongue stealer
- 67. John McCain, e.g.

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## "City of Bones" ...

#### Continued from page 10

boy, Jace. Being a loyal friend, Simon and Clary help each other when things get rough. However, in an interview with Hollywood.com, Collins explained her romantic situation: "I didn't want Clary just to be a girl between two guys; I wanted her to propel the story forward, and not allow the romance to define her."

British actor Jonathan Rhys Meyers, still in tip-top shape, comes in for a few flashy scenes as Valentine, the baddy. He chews up the scenery as only a classically trained stage actor can do. But we don't hate him even though he's evil. We marvel

that he can be as flexible as he is while being squeezed like a grape press in those tight, but gorgeous, costumes.

Director Zwart keeps the action moving along and throws in some humor and plenty of scary scenes for those who love getting jolted out of their seats. It's a rather likeable film, filled with wonderful production values and imaginative costume designs. Leaving the credibility meter at home, the film is 130 minutes of shear entertainment. The cast is young, shows great potential and getting their feet wet taking on leading roles. The Mortal Instruments: City of Bones is a non-stressing, way to pass the time.







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#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-020732

FICTITIOUS BUSINESS NAME(S): Hummus Located at: 4884 Newport Ave., San Diego,

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This business is hereby registered by the following: Anita Razzouki Rd., El Caion, CA 92019

This statement was filed with Recorder County Clerk of San Diego County on July

> East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022819

FICTITIOUS BUSINESS NAME(S): San Diego Events Company Located at: 9171 Towne Centre Dr., Suite 180, San Diego, CA 92122

This business is conducted by: An Individual The first day of business was: July 4, 2012 This business is hereby registered by the following: Doris May Dunkel 9171 Towns Centre Dr., Suite 180, San Diego, CA 92122 This statement was filed with Recorder/ County Clerk of San Diego County on August 07, 2013.

East County Gazette- GIE030790 8/22, 8/29, 9/05, 9/12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-019833

FICTITIOUS BUSINESS NAME(S): a.) Toussaint Academy San Diego b.) Toussaint Academy c.) Toussaint Academy of San Diego d.) Toussaint Academy of the Arts and Sciences

Located at: 1404 5th, San Diego, CA 92101 This business is conducted by: A Corporation The first day of business was: January 17, 2013

This business is hereby registered by the following: St. Vincent de Paul Village Inc. 3350 E St., San Diego, CA 92102 California

This statement was filed with Recorder County Clerk of San Diego County on July 09 2013

East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-021285 FICTITIOUS BUSINESS NAME(S): O.K.

Located at: 8438 Tommy Dr., San Diego, CA 92119

This business is conducted by: An Indi-The business has not yet started.

This business is hereby registered by the following: Wai Kenng Cheng 8438 Tommy Dr., San Diego, CA 92119

This statement was filed with Recorder County Clerk of San Diego County on July

East County Gazette- GIE030790 8/01, 8/08, 8/15, 8/22, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO 2013-022330

FICTITIOUS BUSINESS NAME(S): Debra

Cohen Ed Therapy Located at: 3336 Willard St., San Diego, CA 92122 This business is conducted by: A Corporation

The first day of business was: January 1,

This business is hereby registered by the following: High Tide Enterprises 3336 Willard St., San Diego, CA 92122 California

This statement was filed with Recorder County Clerk of San Diego County on August 02, 2013.

East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2013-021122
FICTITIOUS BUSINESS NAME(S): Accurate Grading & Demolition

Located at: 1262 Greenfield Dr., El Cajon, CA 92021

This business is conducted by: An Individual The first day of business was: July 22, 2013 This business is hereby registered by the following: 1. Kameron Askey 1262 Greenfield Dr., El Cajon, CA 92021 This statement was filed with Recorder/

County Clerk of San Diego County on July 23, 2013,

East County Gazette- GIE030790 8/15. 8/22. 8/29. 9/05. 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022822

FICTITIOUS BUSINESS NAME(S): Shell Creek Publishing

Located at: 11702 Johnson Lake Rd., Lakeside, CA 92040

This business is conducted by: A Married Couple

The business has not yet started.

This business is hereby registered by the following: 1. Tamara S. Harpster 11702 Johnson Lake Rd Lakeside CA 92040

John M. Harpster 11702 Johnson Lake Rd., Lakeside, CA 92040 This statement was filed with Recorder

County Clerk of San Diego County on August

East County Gazette- GIE030790 8/22, 8/29, 9/05, 9/12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-023112

FICTITIOUS BUSINESS NAME(S): Unite Located at: 450 N. Pierce St., El Cajon, CA 92020

This business is conducted by: An Individual The business has not yet started.

This business is hereby registered by the following: Christopher J. Leeper 494 El Monte Rd., El Cajon, CA 92020

This statement was filed with Recorder/ County Clerk of San Diego County on August 09. 2013.

East County Gazette- GIE030790 8/22, 8/29, 9/05, 9/12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-021506

FICTITIOUS BUSINESS NAME(S): Gondorff and Sons

Located at: 125 S. Marshall Ave., El Cajon, CA 92020

This business is conducted by: An Individual The business has not yet started.

This business is hereby registered by the following: Niccolo Piscatelli 1399 Ninth Ave. #1507, San Diego, CA 92101

This statement was filed with Recorder/ County Clerk of San Diego County on July 26, 2013,

East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2013-019947 FICTITIOUS BUSINESS NAME(S): KM Garage Door Services
Located at: 8615 Fletcher Pkwy #416, La

Mesa. CA 91942 This business is conducted by: An Individual

The first day of business was: July 10, 2013 This business is hereby registered by the following: Katherine Lynn Mulhollen 8615 Fletcher Pkwy #416, La Mesa, CA 91942 This statement was filed with Recorder/ County Clerk of San Diego County on July 10.2013

> East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### FICTITIOUS BUSINESS NAME STATE-MENT NO. 2013-022790

FICTITIOUS BUSINESS NAME(S): Angelinamark2012

Located at: 338 W. Lexington #107, El Cajon, CA 92020

This business is conducted by: An Individual The first day of business was: August 7, 2013 This business is hereby registered by the following: Audy Dakhy 1073 Estes St. Apt. 103, Fl Caion, CA 92020

This statement was filed with Recorder County Clerk of San Diego County on August

> Fast County Gazette- GIF030790 8/29, 9/05, 9/12, 9/19, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-024445

FICTITIOUS BUSINESS NAME(S): Kim's Country Granola

Located at: 8407 Fresno Ave., La Mesa, CA

This business is conducted by: An Individual The first day of business was: August 23, 2013

This business is hereby registered by the following: Kimberly Marie Cox 8407 Fresno Ave., La Mesa, CA 91941
This statement was filed with Recorder/

County Clerk of San Diego County on August

East County Gazette- GIE030790 8/29, 9/05, 9/12, 9/19, 2013

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2013-021886
FICTITIOUS BUSINESS NAME(S): Created X Culture

Located at: 1787 Hampton Ct., Bonita, CA 91902

This business is conducted by: An Individual The business has not yet started.
This business is hereby registered by the fol-

lowing: Samuel Lira Jr. 1787 Hampton Ct., Bonita, CA 91902 This statement was filed with Recorder/ County Clerk of San Diego County on July

East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME

30. 2013.

STATEMENT NO. 2013-021386 FICTITIOUS BUSINESS NAME(S): King Enterprises Located at: 2840 Fletcher Pkwy #309, El Ca-

This business is conducted by: A Married

The first day of business was: Januarv 1.

This business is hereby registered by the following: 1. Tim King 2840 Fletcher Pkwy

#309, El Cajon, CA 92020 2. Heather King 2840 Fletcher Pkwy #309, El Cajon, CA 92020

This statement was filed with Recorder/ County Clerk of San Diego County on July 25, 2013.

East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-019788

FICTITIOUS BUSINESS NAME(S): a.) North Graphics b.) Sailing Graphics Located at: 2525 1/2 Shelter Island Drive, San

Diego, CA 92106 This business is conducted by: A Limited Liability Company

The first day of business was: May 1, 2013
This business is hereby registered by the following: North Sails Group LLC 125 Old Gate Lane, Milford, CT 06460

Delaware This statement was filed with Recorder/ County Clerk of San Diego County on July

> East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-021955

FICTITIOUS BUSINESS NAME(S): a.) Preece Enterprises b.) Darrell Seafood Sales c.) Darrell Commercial Fishing
Located at: 12092 Sterling Hill Lane, Lake-

side. CA 92040 This business is conducted by: An Individual The business has not yet started.

This business is hereby registered by the following: Darrell L. Preece 12092 Sterling Hill Lane, Lakeside, CA 92040

This statement was filed with Recorder/ County Clerk of San Diego County on July 31 2013

East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-023432

FICTITIOUS BUSINESS NAME(S): Ideal Construction Located at: 1186 Dawnridge Ave., El Cajon,

This business is conducted by: A Married

Couple The first day of business was January 1.

This business is hereby registered by the folwing: 1. Eric Wilson 1186 Dawnridge Ave., El Cajon, CA 92021

2. Paula Wilson 1186 Dawnridge Ave., El Caion, CA 92021 This statement was filed with Recorder/ County Clerk of San Diego County on August

East County Gazette- GIE030790

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022501

FICTITIOUS BUSINESS NAME(S): a.) P&V Photographer b.) P&V Located at: 338 W. Lexington #206, 207, El

Cajon, CA 92020 This business is conducted by: An Individual The first day of business was: August 5,

2013 This business is hereby registered by the following: Bahaa Keryakus 1415 E. Lexington #145, El Cajon, CA 92019 This statement was filed with Recorder/ County Clerk of San Diego County on

August 05, 2013.

East County Gazette- GIE030790 8/29, 9/05, 9/12, 9/19, 2013

#### NOTICE OF PETITION TO ADMINISTER ESTATE OF ERNEST GENESIS PERO, JR. CASE NO. 37-2013-00062722-PR-PW-CTL

(IMAGED FILE) To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: ERNEST GENESIS PERO, JR. A Petition for Probate has been filed by DOR-ETHA PERO in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that DO-RETHA PERO be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval Before taking certain very important actions. however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on SEP 19 2013 at 1:30 P.M. in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge

Bradley Building. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appear

ance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk Attorney for Petitioner: Don V. Zoellner, ESQ #99214, Preston Estate Planning, APLC, 12396 World Trade Drive, Suite 301, Diego, CA 92128, Telephone: 858-675-4040 8/29, 9/5, 9/12/13 CNS-2526676#

#### 8/22, 8/29, 9/05, 9/12, 2013

FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-021272 FICTITIOUS BUSINESS NAME(S): Lincoln Home Solutions Located at: 9248 Ellenbee Rd., Santee, CA 92071

This business is conducted by: An Individual

The business has not yet started.

This business is hereby registered by the following: Ian Lockwood 9248 Ellenbee Rd., Santee, This statement was filed with Recorder/County Clerk of San Diego County on July 24, 2013.

East County Gazette- GIE030790 8/15. 8/22. 8/29. 9/05. 2013

#### NOTICE TO CREDITORS OF BULK SALE (SECS. 6101-6111 U.C.C.)

Escrow No. 107-032996 Notice is hereby given to the creditors of Salene Enterprises. Inc., a California Corporation ("Seller"), whose business address

is 12402 Woodside Avenue, Lakeside, CA

92040 that a bulk sale is about to be made to Kasav Esho ("Buver"), whose address is 1905 Corona Vista, El Cajon, CA 92019. The property to be transferred is located at 12402 Woodside Avenue, City of Lakeside, County of San Diego, State of California. Said property is described as: the business trade name leasehold improvements, goodwill, inventory, underground storage tanks, furnitures, fixtures and equipment of the busi-

92040 The bulk sale will be consummated on or after September 18, 2013, at The Heritage Escrow Company, pursuant to Division 6 of

ness known as Spirit Auto Center and located

at: 12402 Woodside Avenue, Lakeside, CA

the California Code This bulk sale is subject to Section 6106.2 of the California Commercial Code. ALL CLAIMS TO BE SENT C/O The Heritage Escrow Company, 107-032996, 2550 Fifth Avenue, Suite 136, San Diego CA 93103. The last date for filing claims shall be September 17 2013

So far as known to Buyer, all business names and addresses used by Seller for the three years last past, if different from the above,

Date: August 2, 2013 Buyer: By: /s/ Kasay Esho CNS-2526787#

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2013-00058443-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF JULIA BAKER (aka JULIA COOK) on behalf of minor GAVIN THOMAS BAKER

FOR CHANGE OF NAME PETITIONER: JULIA BAKER (aka JULIA COOK) on behalf of minor GAVIN THOMAS BAKER HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: GAVIN THOMAS BAKER TO: GAVIN THOMAS COOK-BAKER THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 W BROADWAY SAN DIEGO CA 92101. on SEPTEMBER 06, 2013 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant

the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON

JULY 22, 2013 East County Gazette - GIE030790 8/08. 8/15, 8/22, 8/29, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-023365

FICTITIOUS BUSINESS NAME(S): Nationwide Inspection Services Inc. b.) Hellenic Construction Company c.)Organic Faith Farms d.) American Photographic Services e.) Psychologistonline.com Located at: 7670 Opportunity Rd. #206, San

Diego, CA 92111 This business is conducted by: A Corporation The first day of business was: January 7

This business is hereby registered by the following: Nationwide Inspection Services Inc. 7670 Opportunity Rd. #206, San Diego, CA

This statement was filed with Recorder, County Clerk of San Diego County on August 12, 2013.

East County Gazette- GIE030790 8/22, 8/29, 9/05, 9/12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022647

FICTITIOUS BUSINESS NAME(S): Assist 2 Sell Woodson Realty Located at: 8274 La Mesa Blvd., La Mesa

CA 91942 This business is conducted by: A Corporation The first day of business was: May 19, 2003 This business is hereby registered by the following: Woodson Realty Inc 8274 La Mesa

This statement was filed with Recorder County Clerk of San Diego County on August

Blvd La Mesa CA 91942

East County Gazette- GIE030790 8/08, 8/15, 8/22, 8/29, 2013

#### NOTICE OF PETITION TO ADMINISTER **ESTATE OF DONNA LOUISE THILL AKA** DONNA L. THILL AKA DONNA THILL CASE NO. 37-2013-00061846-PR-PW-CTL ROA #: 1 (IMAGED FILE)

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate or both, of: DONNA LOUISE THILL AKA

DONNA L. THILL AKA DONNA THILL Petition for Probate has been filed by GREGORY S. THILL in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that GREGORY S. THILL be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer

the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions. however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 9/19/2013 at 1:30 PM in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.
If you object to the granting of the petition,

you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the

California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner: Craig Lambourne, Esq., 8166 La Mesa Blvd., La Mesa, CA 91942, Telephone: 619/698-1788 8/15 8/22 8/29/13

EAST COUNTY GAZETTE

**Need to run a Fictitious Business** Name Statement? Name Change? Summons? We have the best prices in town! Call us today! (619) 444-5774

#### — LEGAL NOTICES —

APN: 399-320-30-00 T.S. No. 1378485-NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED NOTICE OF TRUSTEE'S IMPORTANT NOTICE TO PROP FRTY OWNER: YOU ARE IN DEFAULT UN-DER A DEED OF TRUST, DATED 2/21/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANA-TION OF THE NATURE OF THE PROCEED-ING AGAINST YOU, YOU SHOULD CON-TACT A LAWYER On 9/19/2013 at 10:00 AM, Clear Recon Corp., as duly appointed trustee under and pursuant to Deed of Trust recorded 2/28/2007, as Instrument No. 2007-0134238, of Official Records in the office of the County Recorder of San Diego County, State of CALI-FORNIA executed by: JIMMY M. LINDSLEY AND DOROTHY J. LINDSLEY, HUSBAND AND WIFE AS TO AN UNDIVIDED 50% IN-TEREST AND JAMES LINDSLEY AND JEN-NIFFER LINDSLEY, HUSBAND AND WIFE AS TO AN UNDIVIDED 50% INTEREST AS JOINT\* WILL SELL AT PUBLIC AUC-TION TO HIGHEST BIDDER FOR CASH CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR EED. ERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: IN THE AREA IN THE FRONT OF At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: COMPLETELY DESCRIBED IN SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 818 HARBISON CANYON ROAD EL CA-JON, CA 92019 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable esticosts, expenses and advances at the time of the initial publication of the Notice of Sale is: \$159,937.96 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO POTENTIAL OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 29240 of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed and if applicable the rescheduled time and date for the sale of

this property, you may call (714) 573-1965 or visit this Internet Web site WWW.PRIORITY-POSTING.COM, using the file number assigned to this case 1378485-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (714) 573-1965 Date: 8/15/2013 Clear Recon Corp. Authorized Signature 4375 Jutland Drive Suite 200 San Diego, California 92117 P1056088 8/29 9/5 09/12/2013

Trustee Sale No. 26851CA Title Order No. 1424021 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 06-25-2007, UNLESS YOU TAKE ACTION TO PROTECT YOUR P ERTY, IT MAY BE SOLD AT A PUBLIC SALE YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAW-YER, On 09-10-2013 at 10:00 A.M., MERID IAN FORECLOSURE SERVICE f/k/a MTDS INC., A CALIFORNIA CORPORATION DBA MERIDIAN TRUST DEED SERVICE as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 07-03-2007 Book , Page , Instrument 2007-0446921 of official records in the Office of the Recorder of SAN DIEGO County, California, executed by: BLIDY DUOLIE AND VERONICA DUOLIE HUSBAND AND WIFE AS JOINT TENANTS as Trustor, MORTGAGE ELECTRONIC REG-ISTRATION SYSTEMS, INC., AS NOMINEE FOR IMPAC FUNDING CORPORATION DBA IMPAC LENDING GROUP, as Beneficiary, will sell at public auction sale to the highest cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without convenant or warranty, expressed or implied, regarding title, possesssion, or encumbrances, to pay the remaining principal sum of the notes (s) secured by the Deed of Trust, interest thereon estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below The amount may be greater on the day of sale. Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CA-JON, CA Legal Description: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The street address and other common designation of the real property purported as: 1746 NORTH 2ND STREET, EL CAJON, CA 92021 APN Number: 388-271-26-00 Amount of un paid balance and other charges:\$398,289.15 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien. you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself.
Placing the highest bid at trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you

may call (714) 573-1965 or visit this Internet Web site WWW. PRIORITYPOSTING.COM, using the file number assigned to this case 26851CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone inmation or on the Internet Web site. In addition, the borrower on the loan shall be sent a n notice if the sale has been postponed for at least ten (10) business days. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrect ness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is" DATE: 08-14-2013 MERIDIAN FORECLO-SURE SERVICE f/k/a MTDS, INC., FORNIA CORPORATION DRA MERIDIAN TRUST DEED SERVICE 3 SAN JOAQUIN PLAZA, SUITE 215, NEWPORT BEACH, CA 92660 Sales Line: (714) 573-1965 OR (702) 586-4500 JESSE J. FERNANDEZ, PUBLI-CATION LEAD MERIDIAN FORECLOSURE SERVICE IS ASSISTING THE BENEFICIARY TO COLLECT A DEBT AND ANY INFORMA-TION OBTAINED WILL BE USED FOR THAT PURPOSE P1055305 8/15 8/22 08/29/2013

NOTICE OF TRUSTEE'S SALE TS No. CA-13-559776-JB Order No.: 130086056-CA-GTI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/9/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee.
The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s) advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT
TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): STEPHEN L. WHITSON AND MARGARET ST. CLAIR WHITSON, HUSBAND AND WIFE, AS JOINT TENANTS Recorded: 8/15/2005 as Instrument No. 2005-0698947 of Official Records in the office of the Recorder of SAN DIEGO County, Date of Sale: 9/12/2013 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$505,607.64 The purported property address is: 2363
WINDMILL VIEW ROAD, EL CAJON, CA sor's Parcel No.: 386-470-28-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you

and to the public, as a courtesy to those not

present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http:// www.qualityloan.com , using the file number ed to this foreclosure by the Trustee CA-13-559776-JB . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. If no street address or other common designation is shown directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication o this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Cornoration 2141 5th Avenu San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www. qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan S Corp. TS No.: CA-13-559776-JB IDSPub #0054258 8/22/2013 8/29/2013 9/5/2013

DATED 5/4/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan associa or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY
MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): GERMAN
O ACUNA, A SINGLE MAN Recorded: 5/15/2006 as Instrument No. 2006-0342602 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 9/12/2013 at 10:00:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$308,961.52 The purported property address is: 1380 EAST WASHINGTON AVENUE #19W, EL CAJON CA 92019 Assessor's Parcel No.: 511-260 82-01 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property en, you should understand that there are risk involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee

NOTICE OF TRUSTEE'S SALE TS No. CA

12-493462-AB Order No.: 1421491 YOU ARE

IN DEFAULT UNDER A DEED OF TRUST

auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence. priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http:// www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-12-493462-AB . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee. and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the of your credit obligations. THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www. lityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service TS No.: CA-12-493462-AB IDSPub #0054596 8/22/2013 8/29/2013 9/5/2013

Title Order No . 95504999 Trustee Sale 2013-1887 Reference No. 5080-No. 3 PRADD APN No. 487-130-14-44 NOTICE OF TRUSTEE'S SALE UNDER A NOTICE OF A NOTICE OF DELINQUENT ASSESSMENT AND CLAIM OF LIEN YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT DATED 4/24/2012 UNI ESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU. YOU SHOULD CONTACT A LAWYER. Notice is hereby given that on 9/12/2013 at 10:00 AM S.B.S. LIEN SERVICES As the duly appointed Trustee under and pursuant to Notice of Delinquent Assessment, recorded on April 30, 2012 as Document No. 2012-0252292 Book Page of Official Records in the office of the Recorder of San Diego County California, the purported owner(s) of said property is (are): YVONNE HORNE-PRADD WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable the time of sale in lawful money of the

United States, by cash, a cashier's check drawn by a State or National bank, a check drawn by a state of federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.): At the entrance to the East County Regional Center by 250 E. Main Street, El Cajon, CA. All right, title and interest under Notice of Delinquent Assessment in the property situated in said County, as more fully described on the above referenced assessment lien. The street address and other common designation, if any, of the real property described above is ported to be: 294 CHAMBERS ST #45\_FL CAJON, CA 92020 The undersigned trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied regarding title, possession or encumbrances, to pay the remaining principal sum due under said Notice of Delinquent Assessment, with interest thereon, as provided in said notice. advances, if any, estimated fees, charges and expenses of the Trustee, to-wit: \$9,850.08 accrued interest and additional advances, if any, will increase this figure prior to sale. The claimant THE PARK LANE TOWN HOMES MANAGEMENT ASSOCIATION under said Notice of Delinquent Assessment heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien. you should understand that there are invovled in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call FOR SALES INFORMATION, PLEASE CALL (714)573-1965 or LOG ONTO or visit this Internet Web site www.priorityposting.com using the file number assigned to this case 2013-1887. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site The best way to verify postponement information is to attend the scheduled sale. THE PROPERTY IS BEING SOLD SUBJECT TO THE NINETY DAY RIGHT OF REDEMPTION CONTAINED IN CIVIL CODE SECTION 1367.4(C) (4). PLEASE NOTE THAT WE ARE A DEBT COLLECTOR AND ARE ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. FOR SALES INFORMATION PLEASE CALL (714) 573-1965 or LOG ONTO www. priorityposting.com. Date: 8/14/2013 S.B.S. Lien Services, 31194 La Baya Drive, Suite 106 Westlake Village, CA 91362 Annissa Young, Trustee Sale Officer WE ARE ATTEMPTING TO COLLECT A DEBT. AND ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. P1056276 8/22, 8/29, 09/05/2013

#### — LEGAL NOTICES -

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-024380

FICTITIOUS BUSINESS NAME(S): JRG Diamond and Demolition

Located at: 7965 Silverton Ave. Suite 1310, San Diego, CA 92126

This business is conducted by: A General Partnership

The first day of business was: August 22, 2013

This business is hereby registered by the fol-lowing: 1. Onofre Garza 7965 Silverton Ave. Suite 1310, San Diego, CA 92126
2. David VonNers 3065 Rosecrans Pl. #108,

San Diego, CA 92110

This statement was filed with Recorder/ County Clerk of San Diego County on August 22, 2013.

> East County Gazette- GIE030790 8/29, 9/05, 9/12, 9/19, 2013

#### NOTICE TO CREDITORS OF BULK SALE (SECS, 6104, 6105 U. C. C.) ESCROW NO.: 137099P-CG

NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s) and business address(es) of the seller(s) is/are:

David Tran and Rong Min Wu, 2990 Jamacha Rd., #148, El Caion, CA 92019

Doing business as: Hong Kong City

All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: None. The location in California of the chief executive office of the Seller(s) is: Same as above. The name(s) and business address of the buver(s) is/are:

Susanna Hongbing Rees, 2990 Jamacha Rd., #148, El Cajon, CA 92019

The assets being sold are generally described as: business, goodwill, furniture, fixtures, equipment and leasehold interest and are located at: "Hong Kong City" 2990 Jamacha Rd., #148, El Cajon, CA 92019
The bulk sale is intended to be consummated

at the office of:

Allison-McCloskey Escrow Company, 4820 El Cajon Boulevard, San Diego, CA 92115-4695 and the anticipated sale date is 9-3-13.

This bulk sale is not subject to California Uniform Commercial Code Section 6106.2, but rather to Section 24074 of the Business and Professions Code.

The name and address of the person with

whom claims may be filed is:

Allison-McCloskey Escrow Company 4820 El Cajon Boulevard, San Diego, CA 92115-4695 and the last day for filing claims by any creditor shall be 8-30-13 which is the business day before the anticipated sale date specified

Dated: 08/05/13 Buyer's Signature By: /s/ Susanna Hongbing Rees 8/15/13 CNS-2519786# EAST COUNTY

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022950

FICTITIOUS BUSINESS NAME(S): DPKM Ventures LLC

Located at: 2527 Dortmund Pl., Alpine, CA 91901

This business is conducted by: A Limited Liability Company

The first day of business was: April 22, 2013 This business is hereby registered by the following: DPKM Ventures LLC 2527 Dortmund Pl., Alpine, CA 91901

This statement was filed with Recorder County Clerk of San Diego County on August 08 2013

East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022869

FICTITIOUS BUSINESS NAME(S): P.S. by Kelly Located at: 225 Lento Lane, El Cajon, CA

92021

This business is conducted by: An Individual

The business has not vet started.

This business is hereby registered by the fol-lowing: Kelly D. McKelvey 225 Lento Lane, El Caion, CA 92021

This statement was filed with Recorder/ County Clerk of San Diego County on August

> East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is herby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on (September 11th 2013) at (1:00pm) at the Extra Space Storage facility at:

Site Name Extra Space Storage Site Address: 10115 Mission Gorge Rd Santee CA 92071

Site Phone # 619 562-0101

The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes and appliances.

(List Tenant names here) Christina Wrobles-Susan Kelly , Chans Milstead , Justin McDonald

Justin Coomes , Ted Logan , Cora Reeder Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage refuses the right to bid. Sale is subject to adjournment. 8/22 8/29/13

CNS-2523510#

#### EAST COUNTY GAZETTE

Instrument number 2007-0719-689 notice if trustees sale you are in default under a deed of trust dated August 31, 2007. Unless you take action to protect your property it may be sold at public sale. If you need an explanation of the nature of the proceedings against you, you should contact a lawyer. On September 6, 2013 at 10:00am at the entrance to the east county regional center by statue, 250 E Main street, El Cajon, California 92020 Michael Johns as trustee, as the dually appointed trustee, under and persuiant to power of sale contained in that certain deed of trust recorded on August 31, 2007 instru-ment number 2007-0719-689 and that said deed of trust. The street address and other common designation, if any, of the real property described is purported to be 711-715 W Chase ave El Cajon, California 92019 the under signed trustee disclaims any liability for any incorrectness for the street address and any other common designation, if any, shown herein. Said sale will be made with out covenant or warrantee, express or implied, regarding title, possession, encumbrances, to pay the remaining principal sum secured by said deed of trust with interest their on, as provided and said note, advances if any, under the term of deed of trust, estimated fees charges and expenses of the trustee and of the trusts created by said deed of trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated cost, expenses and advances at the time of the initial publication of this notice of trustees sale is estimated to be \$513,000,00 (estimated) provided however, prepayment premiums, accrued interests and advances will increase this figure prior to sale. Beneficiarbid at said sale may include all or part of set amount. In addition to cash, the trustee will accept a cashiers check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, saving association or savings bank specified in section 5102 of the California financial code authorized to do business in California, or other such funds as may be acceptable to the trustee. East County Gazette 030790 8/15, 8/22, 8/29

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-023680

FICTITIOUS BUSINESS NAME(S): Preferred Cremation and Burial

Located at: 6527 University Ave., San Diego, CA 92115 This business is conducted by: An Individual

The first day of business was: January 1,

This business is hereby registered by the following: Mark A. Jenkins 2472 56th St., San, Diego, CA 92115 This statement was filed with Recorder/

County Clerk of San Diego County on August 15, 2013. East County Gazette- GIE030790

8/22, 8/29, 9/05, 9/12, 2013

#### Notice of sale of Abandoned Property

Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Located at:

> Ace Your Storage Place 573 Raleigh Avenue El Cajon, CA 92020 (619) 440-7867

By competitive bidding will sell, on September 4th 2013 at 9:00 AM or after. The following properties: miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

H032 NEWKIRK, VERONICA A014 JOHNSON, STEPHAN B015 BAKER, WILLIE C021 BRADLEY, TRAVIS C022 BRADLEY, TRAVIS C023 JOHNSON , CLAUDE G013 SOUTH, WILLIAM D026 JOHNSON, STEPHAN B021 FERGUSON, BRIAN

East County Gazette GIE030790 8/22,

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2013-00063225-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF NAGHAM Y. ALSHEIKH FOR CHANGE OF NAME

PETITIONER: NAGHAM Y. ALSHEIKH HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: NAGHAM Y. ALSHEIKH TO: MELODY Y. ALSHEIKH
THE COURT ORDERS that all persons interested

in this matter shall appear before this court (San Diego Superior Court, 220 W. BROADWAY, SAN DIEGO, CA 92101, on OCTOBER 04, 2013 at 8:30 a.m. IN DEPT 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy

of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 19, 2013.

East County Gazette - GIE030790 8/22, 8/29, 9/05, 9/12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022960

FICTITIOUS BUSINESS NAME(S): tangled arms publishing Located at: 6736 Cavite Ct., San Diego, CA

92120 This business is conducted by: An Individual

The business has not yet started. This business is hereby registered by the following: Edwin J. Slivinski 6736 Cavite Ct.,

San Diego, CA 92120 This statement was filed with Recorder County Clerk of San Diego County on August 08, 2013.

East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-024087

FICTITIOUS BUSINESS NAME(S): Cheer 'em Up Chair Massage Co. Located at: 9757 Marilla Dr. #204, Lakeside, CA 92040

This business is conducted by: An Individual

The first day of business was: August 20, 2013

This business is hereby registered by the following: Tracie Renee Fortney 9757 Marilla Dr. #204, Lakeside, CA 92040

This statement was filed with Recorder/County Clerk of San Diego County on August 20, 2013. East County Gazette- GIE030790 8/22, 8/29, 9/05, 9/12, 2013



#### ORDINANCE NO. 4992

AN ORDINANCE REPEALING SECTION 2.24.420 OF CHAPTER 2.24 AND ADDING A NEW SECTION 2.24.420 TO CHAPTER 2.24 OF THE EL CAJON MUNICIPAL CODE RELATED TO THE EL CAJON VETERANS' COMMISSION

THE CITY COUNCIL OF THE CITY OF EL CAJON DOES ORDAIN AS FOLLOWS:

SECTION 1. Section 2.24 420 of Chapter 2.24 of the El Cajon Cajon Municipal Code is hereby repealed.

SECTION 2. A new Section 2.24.420 of Chapter 2.24 of the El Cajon Municipal Code is hereby added to read as follows:

#### 2.24.420. Membership-Residency and

A. The veterans' commission shall consist of five members. No fewer than four members must be residents of the city at the time of applying for the commission and who shall continue to reside in the city during their term of office. The fifth member may be a non-resident provided, however, that the non-resident member is at all times qualified as set forth in subsection B. below.

B In order to have a broad representation of the various military veterans' issues and groups in the city, three members of the commission must be honorably discharged from the armed services, and an active member of one of the following veterans aroups:

1. American Legion, Post 303

2. Veterans of Foreign Wars, Post 2275 3. Navy Fleet Reserve Association, Branch 47 4. AMVETS, Post 17

5. Marine Corps League Detachment, Post

C. In addition to the members designated in subsection B of this section, one member of the commission must be honorably discharged from the armed services, but need not be an active member of a veterans' group identified in subsection B

D. In addition to the members designated in subsections B and C of this section, one member of the commission must be an active member of a veterans' group identified in subsection B. and further must have been in active service or a reservist with the armed forces at any time within the past ten (10) years prior to appointment.

SECTION 3. This ordinance shall become effective thirty (30) days following its passage and adoption.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency Meeting held this 27th day of August, 2013, by the following vote to wit:

AYES: Lewis, Ambrose, McClellan, Wells

NOES: None ABSENT: Kendrick DISQUALIFY:None

MARK LEWIS

Mayor of the City of El Cajon

ATTEST:

KATHIE RUTLEDGE, CMC

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4992 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/ Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on the 27th day of August, 2013.

/s/ Kathie Rutledge, CMC, City Clerk

East County Gazette- GIE030790



#### NOTICE OF PUBLIC HEARING

The FL Caion City Council will hold a public hearing at 7:00 p.m., Tuesday, September 10. 2013 in Council Chambers, 200 Civic Center Way, El Cajon, CA for the following

SHADOW MOUNTAIN COMMUNITY CHURCH - SPECIFIC PLAN NO. 523, as submitted by Shadow Mountain Community Church, Inc., requesting to remove existing college facilities, construct a three-story multi-use building and add additional parking spaces on the church's East campus; inclusion of a previously approved master plan into this specific plan; the deletion of Specific Plan No. 301; and the revocation of Conditional Use Permit No. 1985. The subject properties are addressed as 2000 and 2075 East Madison Avenue, and 2100 Greenfield Drive. This project is subject to environmental review and includes a proposed addendum to certified Final Environmental Impact Report No. 77.

On August 12, 2013, the Planning Commission adopted Resolution Nos. 10729, 10730, 10731 and 10732, in its recommendation of approval to the City Council for the proposed project.

The public is invited to attend and participate in this public hearing. The agenda report for this project will be available 72 hours prior to the meeting at http://www.ci.el-cajon.ca.us/ council/agendas.aspx. To download a copy, click the current agenda – full version link, and then scroll to the agenda item.

If you challenge this matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in correspondence delivered to the Council at, or prior to, the public hearing. The City of El Cajon encourages the participation of disabled individuals in the services activities, and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the public hearing should contact the City Clerk's Office at 619-441-1763 More information about planning and zoning in El Cajon is available at www.ci.elcaion.ca.us/dept/comm/planning.html.

East County Gazette- GIE030790 08/29/13



Following is a summary of an Ordinance introduced at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 27, 2013. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO.

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON REPEALING CHAPTER 17.210 OF TITLE 17 OF THE EL CAJON MUNICIPAL CODE AND ADDING A NEW CHAPTER 17.210 OF TITLE 17 OF THE EL CAJON MUNICIPAL CODE.

This ordinance repeals currently adopted Chapter 17.210 of the El Cajon Municipal Code. which sets forth requirements applicable to the establishment and conduct of alcohol sales in the City of El Cajon and adds a new Chapter 17.210 which sets forth more comprehensive regulations, standards and procedures applicable to alcohol sales activities and the establishment and conduct of alcohol sales in the City in order to protect the general health. safety, and welfare of the residents of the City, to prevent nuisance activities where alcoholic beverage sales occur, and to address the secondary effects of such nuisance activities.

This ordinance continues to require land use permits for newly established alcoholic beverage sales activities, provides standards for the operation of new and existing alcoholic beverage sales establishments, confers deemed approved status for all existing

permitted conditionally permitted and legal nonconforming off-sale alcoholic beverage sales activities not already meeting the newlyadopted standards, sets forth grounds for the modification, revocation and termination of conditional use permits and deemed approved status for establishments violating this ordinance, and provides a hearing process to review violations of the standards contained in this chapter.

This ordinance alone does not allow or permit alcoholic beverage sales activities, but only applies to these activities where otherwise allowed or permitted within an involved applicable zoning district. The provisions of this ordinance are intended to complement the state of California alcohol-related laws. The ordinance does not replace or usurp any powers vested in the California Department of Alcoholic Beverage Control.

The El Cajon City Council will hold a public hearing and consider adoption of Ordinance at the regularly scheduled meeting of September 10, 2013. This ordinance becomes effective 30 days after passage.

> East County Gazette- GIE030790 08/29/13



Following is a summary of an Ordinance introduced at the Joint Meeting of the City Council/Housing Authority/Successor Agency to the El Cajon Redevelopment Agency on August 27, 2013. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California.

ORDINANCE NO.

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CAJON
AMENDING TITLE 17 OF THE EL CAJON MUNICIPAL CODE TO REPEAL SECTION 17.75.020 OF CHAPTER 17.75 AND SECTION 17.145.150 OF CHAPTER 17.145, TITLE 17; AND ADDING A NEW SECTION 17.75.020 OF CHAPTER 17.75 AND A NEW SECTION 17.145.150 OF CHAPTER 17.145. TITLE 17 ALLOWING TEMPORARY OFF-SITE STORAGE OF NEW AND LISED VEHICLES FOR AUTOMOBILE DEALERS OPERATING IN THE CITY OF EL CAJON ON SITES NOT LESS

THAN TWO (2) ACRES IN SIZE.

This ordinance revises various sections in Title 17 of the City of El Cajon Municipal Code, commonly referred to as the El Caion Zoning Code. The revisions are to allow the temporary storage of excess inventory of new and used automobiles owned by dealerships located in El Cajon that sell vehicles from property of at least two (2) acres in size. The off-site storage of new and used vehicles from the dealership's stock may be located in the O-P (Office Professional), C-G (General Commercial), C-R (Regional Commercial), C-M (Heavy Commercial-Light Manufacturing), and the M (Manufacturing) zones with a temporary use permit. The Zoning Code provides that a temporary use permit may be issued by the Director of Community Services.

The El Cajon City Council will hold a public hearing and consider adoption of Ordinance No.\_\_\_\_ at the regularly scheduled meeting of September 10, 2013. This ordinance becomes effective 30 days after passage.

East County Gazette- GIE030790

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**MORE LEGAL NOTICES ON PAGE 18** 



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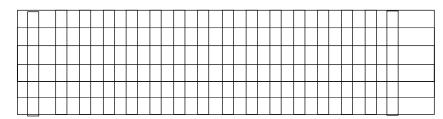
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#### **LEGAL NOTICES**

NOTICE OF PETITION TO ADMINISTER ESTATE OF PAULINE E. TAYLOR CASE NUMBER: 37-2013-00063068-PR-PW-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may or both of PAULINE E. TAYLOR. PAULINE TAYLOR. A PETITION FOR PROBATE has been filed by DOROTHY L. KLOTZ in the Superior Court of California, County of San Diego. THE PETITION FOR PRO-BATE requests that DOROTHY L. KLOTZ be appointed as personal representative to

administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.(This authority will allow the personal representative to take many actions without obtaining court approval Before taking certain very important actions. however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A
HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: SEP-TEMBER 17, 2013 IN DEPT, PC-1 AT 11:00 AM LOCATED AT 1409 FOURTH AVE. SAN DIEGO, CA 92101 PROBATE, IE YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the

court before the hearing. Your appearance

may be in person or by your attorney. IF YOU

ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal

representative appointed by the court within

four months from the date of first issuance

of letters as provided in Probate Code section 9100. The time for filing claims will not

expire before four months from the hearing

date noticed above. YOU MAY EXAMINE

the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Penelope A. Farmer Ward, Brown & Farmer APLC 5520 Wellesley St., Suite 204, La Mesa, CA 91942-4401 (619) 461-6511 EAST COUNTY GAZETTE -GIE030790 Aug. 29, Sept. 5, 12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-019661

FICTITIOUS BUSINESS NAME(S): MUKHTATZADA INC DBA EMPÌRE AUTO **GROUP** 

Located at: 7658 University Ave., La Mesa

This business is conducted by: A

The first day of business was: June 8, 2013 This business is hereby registered by the following: Abdul Mukhtarzada 7658 University Ave., La Mesa, CA 91942 This statement was filed with Recorder/ County Clerk of San Diego County on July 08, 2013.

East County Gazette- GIE030790 8/22, 8/29, 9/05, 9/12, 2013

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-022545

FICTITIOUS BUSINESS NAME(S): Zeke's Shave Ice

Located at: 11732 Jonny Lane, San Diego, CA 92126 This business is conducted by: A Married

The business has not yet started

This business is hereby registered by the following: 1. Christopher Panaligan Clanor 11732 Jonny Lane, San Diego, CA 92126 2. Eder-Lisa Dayrit Clanor 11732 Jonny

Lane, San Diego, CA 92126 This statement was filed with Recorder County Clerk of San Diego County on August

> East County Gazette- GIE030790 8/15, 8/22, 8/29, 9/05, 2013

#### Notice of sale of Abandoned Property

Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code Ace Your Storage Place

Located at: 9672 Winter Gardens Blvd Lakeside, CA 92040 (619) 443-9779

Will sell, by competitive bidding, on September 4 2013 at 8:30 AM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

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East County Gazette GIE030790 8/22. 8/29, 2013

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## COUNTY GAZETTE

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## Our Best Friends

## Give a pet a forever-home — Stop by the El Cajon Animal Shelter

The El Cajon Animal Shelter is located at 1275 N. Marshall, El Cajon, (619) 441-1580.

Hours are Tuesday through **Saturday** 10 a.m. to 5 p.m.



Ollie, 8-month-old Pit Bull Terrier male, ID#15949



Chow m female, ID#16160



Boots, 1-year-old Labrador Retriever/Pit Bull Terrier male. ID# 15915



Prissy, 10-month-old Terrier mix female ID# 15906



**Bolt, 10-month-old Pit Bull** mix. ID#1519



Rodney, 1-year-old Chihuahua mix male Pet ID:16040



Hoover, 4-year-old Terrier mix male. ID#15767

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play yard, and I enjoy going for walks. I'm a smart dog, so I bet you could teach me all sorts of fun tricks. I'd want a yard in my new home, and I'd need a daily walk so I could get my exercise and spend time with you. I need to be in an adult home, and I'd want to be the only dog in my new home. The shelter staff is fairly certain that I've been house trained, but they're still watching me to be sure. If you want a loyal dog and a good buddy, then I'm your dog. Won't you please come visit me at the El Cajon Animal Shelter so we can get better acquainted? Let's hang out in the play yard so you can feel my soft fur and look into my sweet face. It will also give me a chance to show-off my excellent fetching skills! Please hurry on over! Love, Rosie" Kennel #51 ID#15959

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**Shadow, Domestic Medium** Hair female. ID#15382



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Bo, 6-year-old Akita mix male. Pet ID:16068





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