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friends on page 19

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### What's new in theaters?

Ready to go to the movie theater  
but not sure what to see?

Check out the  
review on  
'Girl Most Likely'  
by  
James Colt Harrison  
on page 11



Get the real scoop on movies  
right here in the Gazette!

### Local history



Read about El Cajon's local history on page 5.

# Five-time league champions



The San Diego Force are once again champions of the Western Baseball Association Southern Division. After an amazing 2013 season, the Force have racked up 34 wins and only six losses. This is the fifth Championship title for the Force after winning 2008, 2009, 2011, 2012 and now 2013. The team heads to Wichita, KS this week for the NBC World Series. Pictured above is The Force Team including their bat boy Lucas Thomas from Santee standing next to Coach Allen (right). Small inset photo: Local dog runs out on field to offer "dinner" to the players. You can follow the Force on Facebook at SDForceBaseball or visit their web page at [www.leagelineup.com/sdforcebaseball](http://www.leagelineup.com/sdforcebaseball). Photo credit: Briana Thomas

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# Local News & Events

## Out and about in the County

**Through Aug. 29: Back to the 50's Car Show** is back on La Mesa Blvd between Acacia and Fourth Streets, in the heart of La Mesa Village. Participants arrive no earlier than 3:30 p.m. Winner will have a certificate placed on their vehicle by 7:30 p.m. Six trophies are awarded each night: four to cars, one to a motorcycle, and the La Mesa Police Department's Police Officer's Choice Award. Winners will proceed at 7:30 p.m. to the DJ's station, located on the North West corner of La Mesa Boulevard and Palm Avenue.

**Through Sept. 25: Cajon Classic Cruise** every Wednesday, more than 200 specialty, classic and unique cars will gather at Main and Magnolia in Downtown El Cajon for the Cajon Classic Cruise series. The Cajon Classic Cruise will be held from 5-8 p.m. and will feature a weekly theme. Visitors can view the best

theme cars, enjoy dinner and drink specials from local restaurants, play in bounce houses for the kids, and enjoy street vendors peddling delights including kettle corn and hot dogs. For more information, visit <http://downtownec.com/> or call (619) 334-3000.

**Through Sept. 27: "Dinner & a Concert"** is a weekly concert series hosted by Downtown El Cajon Business Partners and performed on the Prescott Promenade, which is surrounded by a variety of restaurants. Every Friday night from May 3-September 27, a different local band performs from 6-8 p.m., offering music from every genre. Concert-goers can also enter to win a Taylor guitar by simply picking up an entry form at any of the participating restaurants or at the concert. Guests who return forms at any of the concerts in will be entered as a semi-finalist and the winner will be chosen at the concert. Line-up is as follows:



**It's a go — Local officials and the public were informed at a meeting about the plans for the new Alpine Library to begin construction soon near the Alpine Community Center. Pictured above (L-R): Viejas Community Relations, Charlie Brown; Christine Connell, of Alpine Library Friends Association; San Diego County Deputy Director Donna Ohr; Alpine Librarian Elizabeth Newbould; San Diego County Supervisor Dianne Jacob. Photo Credit: Kathy Foster**

7/26 Next Generation, modern Bluegrass  
8/2 Danielle Tucker Band, modern Country  
8/9 Jones Revival, 70s Rock  
8/16 Lightning Train, traditional Country  
8/23 Back To The Garden, Woodstock Tribute  
8/30 Bill Magee Blues Band, modern Blues  
9/6 The Petty Breakers, Tom Petty Tribute  
9/13 Back to the Garden, Crosby Stills Nash and Young

**July 26-27: Pine Valley Days** - Friday Honky Tonk Kings 6-10 p.m. and Deep Pit BBQ 5-8 p.m. Saturday enjoy the parade at 9 a.m. and Events in the Park from 10 a.m. - 7 p.m. There will be live music, horseshoe tournament country market place, arts crafts and a chili cook off from 11 a.m. - 2 p.m. For more information visit [www.pinevalleydays.com](http://www.pinevalleydays.com)

**July 27: The Ultimate Dog Lovers Family Fun Event** that increases dog and cat adoption countywide. Enjoy yummy eats, music and special guests. Canines and their peeps can shop for unique pet products and much more. You might even find you new (BFF) Best Furry Friend! In San Diego 9 a.m. to 4 p.m. at Liberty Station/NTC Preble Field 2455 Cushing Road 92106. Contact: [www.doggiestreetfestival.org](http://www.doggiestreetfestival.org)

**July 29 - Aug. 4: The Hats Off to Dr. Seuss!** Exhibition will be coming to Southern California in a dual-exhibition presentation beginning in July in La Jolla, Ted Geisel's home, followed by San Diego – where the gallery founder Chuck Jones and Ted Geisel were life-long friends. In addition to the wonderful artwork which will be on display, visitors and collectors will also share in the stories between Ted Geisel and Chuck Jones. The two worked hand in hand on multiple occasions and it is quite extraordinary to be bringing Geisel's work to this gallery. The never-before-seen Suess hat collection will be exhibited this summer at Legends Gallery from July 19 through August 4 and Chuck Jones Gallery August 9 - 25. Alongside his little-known Secret Art, a series of estate-authorized works adapted from Ted Geisel's original drawings, paintings and sculpture will also be on display. The "Hats Off to Dr. Seuss" exhibition celebrates the 75th anniversary of Dr. Seuss's second book "The 500 Hats of Bartholomew Cubbins."

**Aug. 3-4: Relay for Life of Spring Valley**, Saturday 9 a.m. to Sunday 9 a.m. Monte Vista High School, 3230 Sweetwater Springs Blvd., Spring Valley. For more information, contact Lisa Stewart at (619) 456-7450.

**Aug. 18: "Witness to Gettysburg"** - The Alpine Historical Society invites the community to this special presentation, "Witness to Gettysburg." Miss Hattie Elizabeth Turner, played by Annette Hubbell, tells how a town of 2,400 citizens coped with 30,000 casualties following the epic battle of Gettysburg. Gettysburg was the most famous battle of the War Between the States, America's Civil War. Through Miss Turner, the story of a young woman who stayed to care for the wounded after the battle is told. What was

### U.N.I.T.Y

## Electronic Fundraiser

## Bring All Your Old Electronics!! :)

**Saturday, July 27 from 9:00 a.m. to 3:00 p.m.**

### Viejas Recreation Center

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TVs and Monitors (all shapes and sizes)
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- Please contact the Viejas Tribal Office (619) 445-3810 if you have any questions. Thank you.

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# SHOP EAST COUNTY



## — LOCAL NEWS &amp; EVENTS —

# El Cajon highlights

by Monica Zech,  
City of El Cajon Public  
Information Officer

**Your city for special events! —  
Celebrating 100 Years As A City!  
Visit [www.elcajon100.com](http://www.elcajon100.com)**

**The El Cajon Farmers' Market Continues Every Thursday at the Prescott Promenade from 3 to 7 p.m. Pick up a variety of fresh fruits, vegetables, flowers and more! Visit the Market's website at [www.ElCajonFarmersMarket.org](http://www.ElCajonFarmersMarket.org) to learn more.**

## Alternative Friday closures, holidays and Council meetings

**August 2, 16 & 30** - Next alternate Friday closures for El Cajon City offices. Please go to [www.cityofelcajon.us](http://www.cityofelcajon.us) for a full calendar of hours for City offices during 2013.

**August 27** - Next El Cajon City Council Meeting at 3 p.m. in the Council Chambers at 200 Civic Center Way. For

more information, and to view the full agenda online, please visit [www.cityofelcajon.us](http://www.cityofelcajon.us). Due to the Summer Schedule – there will not be a City Council Meeting on August 13.

## Night of Safety at National Night Out

On Tuesday, Aug. 6, the El Cajon Police Department will be holding a National Night Out community event in the parking lot of the El Cajon Police Station located at 100 Civic Center Way from 5 to 8 p.m. Enjoy a wide variety of booths and displays from numerous organizations offering health and safety information with a special emphasis on ways you can better protect your family, your home and your vehicle. Emergency vehicles will be on display and there will be a K-9 demonstration. For more information, call (619) 579-4227.

## FREE summer movies in the Park - August 9 in El Cajon

Join us Friday, Aug. 9 for Summer Movies in the Park! The El Cajon Recreation Department will be offering a free summer movie at Renette Park,

featuring the movie, "Cloudy With A Chance of Meatballs" beginning at dusk. Bring a picnic and enjoy pre-event activities at 5:30 p.m. Renette Park is located at 935 Emerald Avenue in El Cajon. For information, call (619) 441-1678.

## Plugged in East County Music Festival

Join us for *Plugged In East County*, a free music festival coming to Downtown El Cajon on Saturday, Sept. 21 from 2 – 8 p.m. at El Cajon's Prescott Promenade! Deering Banjo and Taylor Guitars are assisting as in-kind sponsors for this event showcasing the "Battle of the Bands." *Plugged In East County* will feature food vendors, gourmet food trucks, beer and wine gardens, an auction and an opportunity drawing. This exciting musical event was created by the Economic Team of the LEAD San Diego East County Chamber of Commerce Class of 2013. The Prescott Promenade is located at 201 East Main Street, between Magnolia and Claydelle Avenues. Proceeds from this event will benefit Noah Homes and St. Madeleine Sophie's Center, caring for adults with developmental disabilities in East County. For more information, visit [www.pluggedinEC.com](http://www.pluggedinEC.com), or call (619) 441-1673.

## Wednesday Night - Cajon Classic Cruise Car Shows

It's "Cajon Speed Week" at the next Cajon Classic Cruise Car Show on Wednesday, July 31! All the fun activity is on East Main Street between Magnolia and Claydelle Avenues, 5 to 8 p.m., at the Prescott Promenade in El Cajon. Join all the excitement and have dinner at any one of several great restaurants downtown. Car shows continue every Wednesday night through September 25 and are hosted by the Downtown El Cajon Business Partners. For more detailed information, visit [www.downtownelcajon.com](http://www.downtownelcajon.com), or call (619) 334-3000.

## "Dinner & a Concert" - Friday Nights

You can dine and then dance in Downtown El Cajon with "Dinner & a Concert!" Join us this Friday, July 26, for Modern Bluegrass music by the group "Next Generation." These free concerts take place at the Prescott Promenade, 201 E. Main Street, from 6 to 8 p.m., and will continue Friday nights through September 27. On August 2, enjoy Modern Country music by the "Daniel Tucker Band." For the full lineup of bands scheduled, visit [www.downtownelcajon.com](http://www.downtownelcajon.com), or call (619) 334-3000.

## Don't Miss Stoney's Birthday Bash!

Reserve your tickets now for Stoney's Kids Birthday Party scheduled for Thursday, August 15! This fundraiser benefiting East County youth is at 5:30 p.m. at Sycuan Resort, 3007 Dehesa Road, El Cajon. The entry fee is \$25 per person and includes dinner. Enjoy raffle prizes & auction items as we celebrate Stoney's 88th birthday! Visit [www.stoneyskids.net](http://www.stoneyskids.net) for more information.

## Coming Soon! Haute with Heart Fashion Show is August 17

This year will mark the 36th Anniversary of St. Madeleine Sophie's Center's Haute with Heart Fashion Show. This year's festivities are scheduled for Saturday, Aug. 17 from 10 a.m. to 2 p.m. at the Hilton San Diego Bay Front Hotel, One



**Graduates of apartment managers from the Police Department's Crime Free Multi Housing program. They were acknowledged at Tuesday's City Council meeting. For those who would like more information on this important program, please call (619) 579-4227. Pictured above with graduates is (right) El Cajon Police Chief Jim Redman, next to Chief Redman is Samantha Scheurn who the instructor, and (left) is Captain Jeff Arvan. Photo credit: Monica Zech**

Park Boulevard in San Diego and include fabulous boutique shopping, traditional live and silent auctions, and opportunity drawings. "Sophisticated Rhythms" is the theme for this year's event, with proceeds to benefit the programs St. Madeleine Sophie's Center offers to over 400 adults with developmental disabilities. This event will also include a luncheon and free parking. Registration, silent auction and boutique shopping open at 10 a.m. For more information or tickets, visit [www.stmsc.org](http://www.stmsc.org) or call (619) 442-5129.

## ACES Foundation Partners with Macy's for 8th Annual "Shop For A Cause"

Macy's helps local charities raise funds and awareness for important causes! Macy's department store has announced it will partner with ACES (El Cajon Animal Center for Education and Services) Foundation to invite customers to participate in Macy's 8th annual national "Shop For A Cause" charity shopping event on August 24, 2013. Customers can purchase shopping passes from ACES Foundation now. Macy's "Shop For A Cause" is a unique one-day-only shopping event created to support local charities' fundraising efforts, which has helped raised more than \$46 million for charities across the country since 2006. Macy's has provided ACES Foundation with shopping passes to sell for \$5 each. ACES Foundation will keep 100 percent of every shopping pass it sells. The more ACES Foundation sells, the more money it will raise! By purchasing a shopping pass from ACES Foundation, customers support ACES assisting the El Cajon Animal Shelter while enjoying a day of spectacular discounts, entertainment and

special events at Macy's. Pass holders will receive special discounts on most regular, sale and clearance purchases all day, but some exclusions apply. To purchase a shopping pass from ACES, contact them via email at [email@acesfoundation.org](mailto:email@acesfoundation.org), or look for ACES volunteers at events around town. For more information about Macy's "Shop For A Cause," visit [www.macys.com/shopforacause](http://www.macys.com/shopforacause).

## Lake Jennings open every Day in July!

Enjoy hiking, fishing, camping and picnicking at Lake Jennings every day during July! See all the great things, such as discounts and special events, that Lake Jennings has to offer by visiting [www.lakejennings.org/news](http://www.lakejennings.org/news). The lake is open Sunday through Thursday from 5:30 a.m. to 8:30 p.m., and Friday and Saturday, from 5:30 a.m. to 12 midnight. Lake Jennings is located off Interstate 8 in Lakeside. Exit I-8 at Lake Jennings Park Road and go north one mile, and make a right on Harritt Road.

## Microenterprise Family Childcare Program for refugees

Do you love working with children? Do you want to stay home and be your own boss? There is a FREE Child-care Training Program just for you. Over 400 students have completed this training and a majority are running successful businesses in San Diego.

- Learn how to establish a licensed and quality childcare business

- Learn about nutrition, positive discipline and creative educational activities

**See HIGHLIGHTS page 5**

## Keep your eyes on the water, and SAVE A LIFE!

Every year, there are over 800 preventable drownings. **YOU** can make a difference by becoming a **WATER WATCHER**.

Join us in taking the pledge to prevent drownings:

1. I pledge to actively watch the water. Should I need to leave I will have another adult take over my duties as water watcher.
2. I will assure that rescue equipment is easily accessible, including a phone for emergency use.
3. I will make sure all gates are latched, doors locked, pool alarms are on and functioning - creating at least two barriers to the pool, spa or water.
4. I will make sure that when I leave the water, a child can not return without my knowledge
5. I will learn CPR and emergency procedures in case of a near drowning.

The El Cajon Professional Firefighters  
and Heartland Fire Rescue, thank you!



[www.elcajonfirefighters.net](http://www.elcajonfirefighters.net)



[www.heartlandfire.org](http://www.heartlandfire.org)



## — LOCAL NEWS &amp; EVENTS —

# Highlights . . .

## Continued from page 4

- Apply for materials worth \$700 or more for your child-care home
- Receive a Southwestern College Certificate of Completion
- Must be a Refugee or Asylee and living in the U.S. 5 years or less
- Class Dates: Aug. 12 to Sept. 27, 2013 – (Call the number below for the class location)
- Schedule: Monday – Friday, 9 a.m. - 1 p.m.

You must attend the Informational Session on Thursday, July 25, in order to apply. The session is from 4 to 5 p.m. at the East County Career Center, located at 924 E. Main Street in El Cajon. To register, call (619) 216-6672.

## Sign up now for fun summer recreation programs

It's not too late to register for the City of El Cajon Recreation Department's summer programs! Enjoy a variety of

programs such as basketball, indoor soccer, swim lessons, Tiny Tots, art, dance, Karate, Tae Kwon Do, plus a variety of day camps all summer long. Check out the full line-up of affordable activities at [www.elcajonrec.org](http://www.elcajonrec.org). For more information or to register, call (619) 441-1516.

## Sign up for Art Camp

Art Camp is an exciting, fun-filled adventure designed with creative kids in mind. This

camp blends the very best of our Arts & Crafts program into a wonderful week of creative experiences everyone will enjoy. We will make toys, games & gadgets, design our own camp shirt, paint, play games, explore fine arts, make new friends and have a fantastic fun-filled week. On Friday, we will have an art exhibit and a "Banana Split Bash" for family and friends. For more information, call (619) 441-1674. Register online at [www.elcajonrec.org](http://www.elcajonrec.org).

Camps are from July 29 - Aug. 2 at the Renette Community Center, 935 Emerald Ave, El Cajon. Camp hours are Monday - Friday, 9 a.m. - 12 p.m. Course: #20569. Ages are 5 - 12. Fee is \$85. Resident fee is \$70.

## Swimming lessons offered at Fletcher Hills Pool

We still have space available for swimming lessons at our beautiful Fletcher Hills Pool! We offer group lessons for ages 18 months to 12 years, private lessons for all ages, and a non-competitive swim team. All of our instructors are American Red Cross certified Water Safety Instructors. Lessons are offered all summer long. You can register at Fletcher Hills Center and Pool, 2345 Center Place in El Cajon, or register online at [www.elcajonrec.org](http://www.elcajonrec.org). For more information, please contact Heather Birchard at (619) 441-1672.

## Visit A Cool Zone & stay cool

Beat the heat and save on energy costs by going to a local Cool Zone! Cool Zones are designated air-conditioned buildings easily identifiable by a light blue Polar Bear Cool Zone logo. There are more than 100 locations throughout San Diego County in libraries, indoor malls and senior centers (like the Downtown El Cajon Library and the Westfield Parkway Mall). The Cool Zones website provides a list of places to go that are air-conditioned when the weather is extremely hot as a way to stay cool and save on energy costs. Please make sure pets are safe. Be sure they have cool shade and plenty of water and remember temperatures in a vehicle can rise dramatically, quickly causing serious injuries, even death. **NEVER** leave babies, children, the elderly or your pets in a vehicle - not even for a moment. For more information on Cool Zones, call (800) 510-2020 and press "6", or visit [www.CoolZones.org](http://www.CoolZones.org).

## We'd like to honor those who volunteer in our city

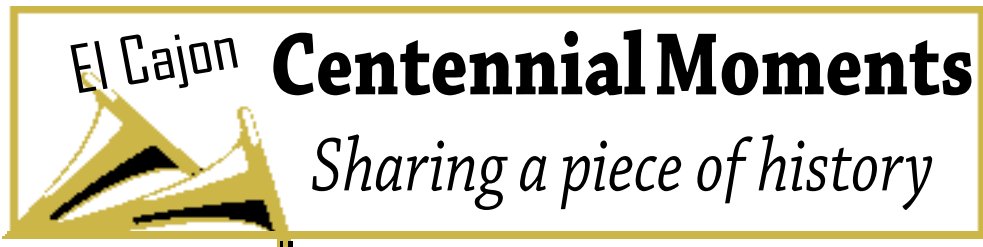
As the City of El Cajon continues to celebrate 100 years of incorporation, we would like to honor those who volunteer in our community through the 100 Hours Honoring 100 Years Volunteer Program. During this Centennial Year as we reflect on our rich City history, it is important to recognize that it is the people who make El Cajon the "Valley of Opportunity," including our volunteers. The 100 Hours Honoring 100 Years Volunteer Program was developed to provide an opportunity for El Cajon residents and others involved in the community to be recognized for their service in honor of El Cajon's Centennial. Through this volunteer program, the City will recognize the volunteer service performed in the El Cajon community during the Centennial year (November 2012 through November 2013). All are invited to participate, whether as an individual, or in a group on behalf of an organization, community group, or business. Visit the

Centennial website, [www.elcajon100.com](http://www.elcajon100.com), under "Participate" and download the forms. Completed forms will be accepted throughout the year; however, all forms must be completed and delivered, or post-marked, by December 10, 2013. For more information, call (619) 441-5549.

## Celebrating 100 Years as a City

Don't forget, you are welcome to share your memories and photos of growing up in El Cajon on our Centennial website at [www.elcajon100.com](http://www.elcajon100.com). Also on the Centennial website, you will see photos and a video from the November 12, 2012, event! Join us as we celebrate the people of El Cajon - it is the people that make our City The Valley of Opportunity!

If you have an event in the City of El Cajon that you would like to share, please send it to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020, or via e-mail at [mzech@cityofelcajon.us](mailto:mzech@cityofelcajon.us).



## Centennial Moment: City mail delivery started in 1943



Knox House on Magnolia in El Cajon.

Below is an excerpt from a brochure published in 1961 in honor of the City's 50th anniversary of incorporation: "50 Years of Progress." The brochure chronicles events in the City by each year, from incorporation in 1912, through present day, at that time, in 1961. This Centennial moment focuses specifically on the year 1943.

The citizens of El Cajon petitioned Postmaster Jackson C. Roether to initiate City delivery throughout the City, Bostonia and several other areas in the vicinity. Roether took the matter up with officials and was able to establish three routes. Route 1 would cover Bostonia and the north side of Main Street. Route 2 was to be

that area covered by the business area as well as several side streets. Then there was Route 3 which covered most of the area south of Main Street, from Pierce Street to the west and out to South Second Street to the east. This picture is of the Knox House Museum, which at one time served as the first post office.

In additional activity: The post of Police Chief was still being changed rapidly. Rex Huffman was offered \$175 a month for the job, but he had hardly settled in the job when he received a much better offer from the County Sheriff's office, and resigned. Fred A. Parrott took over the job at \$200 a month.

The City Council petitioned the Federal Government for a sum of \$7,000 grant under WPA for the construction of the County Library along with City and County offices.

A new fire house was authorized at a cost of \$3,800, provided the money could be partly made up by contributions. The structure was built on South Orange Street.

Photo is courtesy of Public Information Officer Monica Zech. For more information on El Cajon history, visit the Historical Society's website at [www.elcajonhistory.org](http://www.elcajonhistory.org) or the City's Centennial website at [www.elcajon100.com](http://www.elcajon100.com).

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## — LOCAL NEWS &amp; EVENTS —

# Alpine radio station 'The Mountain 107.9' gets power increase from the FCC



Alpine's community radio station 107.9 The Mountain received word from the Federal Communications Commission in Washington Friday night that their request to double the output power of the station had been granted.

Station manager Chris Torrick stated "This is one of sev-

eral steps we have in mind to better serve Alpine and San Diego's East County with local radio, not something off a satellite dish from New York."

107.9 The Mountain is a non-profit community radio station which features a variety of hit music with local talk featuring subjects like sports, health and wellness, comedy, local music and arts specialty music shows and politics.

Most recently the station welcomed former DGTV 10 San

Diego Anchor Bree Walker to the station. Walker is hosting a show on the last Saturday of the month, which is broadcast live from the station's Alpine studios on Arnold Way. In addition to the FM signal, the station can be streamed at [www.themountainfm.com](http://www.themountainfm.com). It is also available on all smartphones and tablets with a download

of the free 'Tunein Radio' application.

The station prepared in advance for the increase with having the necessary equipment on hand and stated that as of late Sunday night, the upgrade was complete and that 107.9 The Mountain was broadcasting at its newly authorized power.

## Level Pay Plan can help SDG&E customers

Every summer [San Diego Gas & Electric](http://www.sdgandelectric.com) (SDG&E) customers Sam and Sabrina Butler know their electricity bill is going to go up. The Poway residents are grateful to have air conditioning but they were always bracing for the higher summer bills that came with running the system. That was, until they discovered the level payment plan billing option which allows for monthly payments to be spread equally throughout the year.

"The level payment plan helped us to stop worrying about having to save extra money to pay that summer bill," said Sabrina. "As budget-conscious parents raising two kids, it has given us peace of mind and a more predictable monthly bill so that we can use our air conditioning without having to be surprised when the bill comes."

The level payment plan option is available to all SDG&E customers. Upon signing up, SDG&E will project a customer's monthly energy bill

based on the average dollar amount of the last 12 bills. Even if energy usage goes up or down, level pay plan customers will pay the same amount each month for the first three months. Adjustments are then made to the monthly payment amount every three months based on actual energy use, but the total energy cost for 12 months is the same whether or not a customer opts in to the level pay option.

"More than 30,000 customers take advantage of the level pay plan option," said Caroline Winn, vice president of customer services for SDG&E. "This is one example of SDG&E's commitment to provide energy options for our customers and support them when they need help paying their bill or simply to make their lives easier."

Customers can [enroll online](http://www.sdgandelectric.com/LPP) at [www.sdgandelectric.com/LPP](http://www.sdgandelectric.com/LPP) for the level payment plan or by calling SDG&E at 1-800-411-SDGE (7343). Additional bill assistance programs are also available at [www.sdgandelectric.com](http://www.sdgandelectric.com).

Customers who do see a spike in their bills during the summer as a result of their cooling system can also look at new technology to help them reduce their energy use, further reducing costs. For example, new smart thermostats can be controlled from a smart phone so customers can turn on their air conditioning before they arrive home. By doing this, the house cools down at a slower pace and the system doesn't have to work as hard – and uses less electricity.

Additionally, customers can learn more about how their home uses energy and view hourly usage by logging onto [My Account](http://www.sdgandelectric.com/MyAccount) to view their own energy data and set up a personalized energy savings plan for their homes and businesses.

## Lakeside's Roundup of Events —

by Patt Bixby

### County Water Authority news

The San Diego County Water Authority, in partnership with the City of San Diego, is purposing a major hydro-electrical power project at San Vicente Reservoir to boost the regions' local energy supply now that the San Onofre Nuclear Generating Station is permanently offline.

The initial assessment is expected to cost less than \$150,000, and to be completed next spring. Construction likely would take at least five years. The proposed project at San Vicente is expected to generate between 240 and 500 megawatts, depending on the location of the upper reservoir, projected price differences between peak power and off-peak power, operational constraints and other factors.

The proposed pump storage project could generate up to 500 megawatts, enough power for approximately 325,000 homes. It would require the construction of a small reservoir in the hills above San Vicente along with other facilities.

The County Water Authority act was amended by the state legislature in 1999, enabling the agency to enter the wholesale markets for electricity and gas. It also allowed the Water Authority to sell hydroelectric power generated by the agencies water delivery system to any retail electric provider.

Information for this article was provided by the San Diego County Water Authority.

## Community events ...

### Continued from page 2

life like? What happens after a major battle? The story is gathered from real people and real experiences.

The "Witness to Gettysburg" will be held from 2 – 3:45 p.m. on Sunday, Aug. 18 at the Alpine Woman's Club, 2156 Alpine Blvd. Refreshments will be served during a 15 minute intermission. No lunch will be served. This presentation is not appropriate for very young children. Donation: \$8. RSVP at [info@alpinehistory.org](mailto:info@alpinehistory.org) or (619) 445-2544.

One hundred-fifty years ago, Gen. Robert E. Lee led his 75,000-man Army of Northern Virginia into Pennsylvania. After three days of intense battle, Gen. George Meade and his 90,000 Army of the Potomac prevailed.

Join us for the historical en-enactment story of what happens after a major Civil War battle.

**Aug. 16 Summer Movies in the Park 'The Croods'** at Pine Valley County Park, 22810 Old Highway 80, Pine Valley. Movies begin at dusk. For more information call (619) 473-8558 or visit [www.summermoviesinthepark.com](http://www.summermoviesinthepark.com).

**Aug. 20: Mother Goose dinner at Antique Row Cafe.** Enjoy a nice dinner at Antique Row on Tuesday from 5 - 8 p.m. and help support the Mother Goose Parade, a non-profit organization with an all volunteer staff. For more information contact Antique Row Cafe at (619) 442-8770 or the Mother Goose Parade at (619) 444-8712.

**Aug. 23: Exclusive Lions Tigers & Bears Food & Wine event** from 2-6 p.m. Nancy Steward from PRP International & Chef Drew have joined together to present this wonderful day of food, wine and fun! The day will include appetizers, dinner, dessert and a structured wine pairing as well as a visit with the animals. Must be 21 years of age. \$95 per person. Limited tickets are available for LTB members only. For reservations, please call (619) 659-8078, option 2.

**Aug. 27: Sheriff's Lakeside Community Forum.** The Santee Sheriff's Station is hosting a community forum at the Lakeside Community Center in Lakeside. They are looking forward to hearing ideas and developing an action plan. Hear from Captain Lisa Miller, Sheriff's Deputies, Crime Prevention Specialists, Lakeside Fire Department, County Animal Control, CASA (Communities Against Substance Abuse) and the Lakeside Planning Group.

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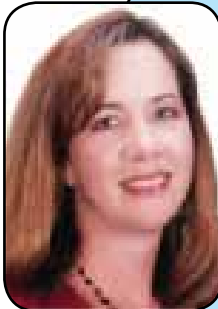
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# Inspiration

## The age long query: Who am I?

by Dr. Rev. James L. Snyder

Last week I was tootling along without a care in the world. Actually, I did have several cares but I was ignoring them as much as possible. My basic philosophy is this, the more you ignore something the less you have to deal with it. This, however, does not apply to the Gracious Mistress of the Parsonage.

Experience has taught me one lesson concerning women, especially wives. They will not stand to be ignored, particularly by their husbands. I have learned the less attention I pay to my wife the more I pay in other areas of life, if you know what I mean.

So, ignoring the cares I had last week, I was caught off guard when I received a letter from my credit card company. This was no friendly, "how are you," kind of a letter. Nor was it a cheery birthday greeting. I cannot tell you how many times I have reminded them of my birthday but to date they have not picked up on my hint.

The ominous letter I did receive informed me that along with millions of other customers my identity had been stolen.

The letter went on to assure me I had nothing to worry about and they had the situation well in hand.

That is easy for them to say. They know who they are but what about me? When I got the letter I ran to my bathroom and looking into my mirror — nothing! My identity was indeed gone.

I assure you I will worry until I get to the bottom of this. I will not rest until I know exactly who I am and my identity is fully restored. Of course, there is one problem here. What if when I do recover my identity I don't like myself? Can I exchange it or get my money back?

For some reason the personal information of millions of people had been lost or stolen from the security of my credit card company, which begs the question, how secured is my personal information?

While I am in the begging mood, another question comes to mind. If someone has stolen my identity, who in the world am I? And, how do I reclaim my identity?

As a young person whenever

my mother was upset with me about something I had done or did not do, she would always look at me and ask, "Who do you think you are?"

If anybody in the world should know who I am it would be my mother. And if she was wrestling with the same question I was wrestling with, how in the world could I ever come to grips with my personal identity?

It is hard enough discovering who you are without somebody casting dispersions upon that very thing. Perhaps my mother and I could work together in solving this problem. After all, two heads are better than one, unless one does not know who he is.

I have spent years trying to find myself. Once I thought I found myself but it turned out to be an old pair of socks I lost three years prior.

My problem is compounded by this one thing, I did not really know who I was before my identity was stolen. I had my suspicions, of course. However, somewhere in the back of my mind, I really could not come to grips with who I really was in this world.

In the course of time, (actually it was a four-course lunch) I have come to several conclusions.

First, I am a man. What kind of a man, is anyone's guess this point. The truth is that at the root of everything I am, I am a man.

Second, I am a husband. This, of course, is the most baffling of my identity. What it means to be a husband differs from wife to wife. Fortunately, for me, I have only one wife, but even her idea of a husband changes from one moment to the next. I am never sure what she expects of me as a husband. Once I thought I had it all figured out but someone, I am not mentioning any names, changed the rules.

Third, I am a father. As a father, my role consists of bank-rolling the childhood adventures of my children; financing their higher education career, hoping they get married before my money runs out. To this day, I am not sure if I made it or not.

Fourth, I am a grandfather. This is the most well defined role I have. The great thing about being a grandfather is, nobody expects much from us. Our role is covertly to help our grandchildren make the lives of their parents as tempestuous as possible. Revenge is sweet when laced with jellybeans. Sugar highs are a grandfather's best retaliation.

The most important thing about my identity quest is, I am a Christian. This undergirds everything else I may or may not be. My Christianity is the foundation upon which everything else is built.

I take comfort in the Bible; "These things have I written unto you that believe on the name of the Son of God; that ye may know that ye have eternal life, and that ye may believe on the name of the Son of God." (1 John 5:13 KJV).

When my identity is rooted in believing in Jesus Christ, everything else in my life falls into place.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net). His web site is [www.jamesnsnyderministries.com](http://www.jamesnsnyderministries.com).

## Dear Dr. Luauna — Murmuring



Dear Readers,

Allow me to share how mischief began in the outskirts among a mixed multitude, and how a great danger lies in the followers. Let me also remind you of the great need to guard the entrance of our lives, family, workplace and churches against this all too familiar problem. It's called grumbling, discontentment, and ungrateful complaining. These are grievous offences against our most gracious God.

A dissatisfied spirit causes displeasure to everything around us, including the Lord. The case where men complained towards God is much worse. To murmur since we deserve no good at His hands, but in fact man deserves the very reverse. Psalm 103:10; "He has not dealt with us according to our sins, nor punished us according to our iniquities."

It's easy for one to forget the blessings around them. Like the children of Israel, God heard their cry and brought them out of bondage. Yet in we find in Numbers 11:1-15; "Now when the people complained, it displeased the Lord; for the Lord heard it, and His anger was aroused..."

Pick up a Bible and read the entire story; it's very powerful. The evil lusting that attends the complaining proves its injurious character. I Corinthians 10:10; "nor complain, as some of them also complained, and were destroyed by the destroyer."

Workplaces are easily torn down, and the morale shattered when one person is ungrateful, and has bad character. Divorce comes by murmuring, and homes are torn apart. The dissatisfied spirit fancies it would find pleasure in the things denied it. God gave manna from heaven to the children of Israel, but they sighed for fish, cucumbers, melons, onions, etc. To set an imaginary value upon that which we don't have is foolish, childish, and pettish. It's injurious to ourselves and prevents our enjoying what we already have.

Murmuring is slanderous towards God, and ungrateful to Him. It leads to rebellion, falsehood, envy, and all manner of evil. A dissatisfied spirit finds no pleasure for itself, even when its wish is fulfilled. Psalm 103:15; "And He gave them their request, but sent leanness into their soul." Read; Numbers 11:20.

Never forget what Jesus did at the cross, love Him. Don't lust for what you don't have, and don't allow another to pull you into their unsatisfied, ungrateful spirit. A dissatisfied spirit shows that the mind needs regulating. We need to understand the divine Grace of God. So our thoughts can come in order, we must keep our thoughts and affections in their proper places. Hebrews 13:5; "Let your conduct be without covetousness; be content with such things as you have."

For He Himself has said, "I will never leave you nor forsake you." Proverbs 30:8; "Remove falsehood and lies far from me; Give me neither poverty nor riches— Feed me with the food allotted to me." And concerning earthly things which may be lacking, fully resign. First and most eagerly desire God! Psalm 62:2; "He only is my rock and my salvation; He is my defense; I shall not be greatly moved." Everything we truly need to make us happy comes in Jesus; He alone can make us truly happy, no matter the circumstances.

We can tell our bosses we're grateful they hired us or thank our husbands and wives for marrying us. Let our pastors know how happy we are for their faithfulness to God and ourselves. Don't allow anyone to tear down our homes, families, workplaces or churches. When they start to pull us in remember this powerful true story; Caesar prepared a great feast for his nobles and his military force. Enraged by the foul weather, he commanded his military force to shoot arrows towards the heavens to kill Jupiter, their Chief God. In doing so, many of his own men were killed as the arrows returned on their own heads. Let's always remember when we murmur and shoot arrows towards God, they turn back on our own head.

Join us for a Sunday Church service 10 a.m. A Touch From Above – Prayer Mountain, 16145 Hwy 67, Ramona, CA 92065. TURN on your radio Sunday 9 a.m. 1210 AM-KPRZ. Visit my website; [www.atouchfromabove.org](http://www.atouchfromabove.org) Friend me on Facebook, and over 60 sermons available on YouTube; Dr. Luauna Stines. Bring your prayer team to the Prayer Mountain. Touch heaven from your knees. Call for information; (760) 315-1967. Email: [pastorluauna@atouchfromabove.org](mailto:pastorluauna@atouchfromabove.org)

## Answering our yearning to belong

by Rev. Sharon Connors,  
Unity of El Cajon

When I was in the 8<sup>th</sup> grade, my friends and I formed a "club." We called ourselves the Pink Ladies. We all got matching jackets—grey wool with pink collars with our name in bright pink on the back. We were answering our yearning to belong to some group of friendship. The thing is—that yearning never goes away. Why? Because we are made for community. It doesn't matter how old we are or what our spiritual tradition. We all want to belong.

There are "clubs" all over the world whose members are brought together out of some common interest and purpose. Still at the core of all

is the yearning to belong. The yearning can never be authentically answered, though, if one group makes another wrong. The call spoken by Spiritual Teachers across traditions is that we are all one at the core. We come from the same Divine Substance.

I had a conversation this morning with a CEO who wanted help in responding to a letter from a very disgruntled constituent. His first reaction was to defend his position and to show in no uncertain terms how the author of that inflammatory letter was wrong. It's so humanly natural to do that. But, it only separates and expands the perceived distance and disagreement. My CEO friend observed how

fragmented his organization seems with contentiousness and that this mirrors what's going on nationally and globally. It sure does!

If we are going to grow up spiritually and ever see peace on earth, we have got to stop making people wrong. We have got to take responsibility for our own thoughts, for our own angers that become resentments that put up walls between people and groups. We have got to find ways to communicate in ways that heal rather than divide. Remember Michael Jackson's song "Man In The Mirror?" He sang, "I'm talking to the man in the mirror. I'm asking him to change his ways."

Polarity is a human experience — light/dark, open/closed, hot/cold, good/bad, right/wrong. Twenty first, grown-up spiritual thinking calls for us to integrate all the polarity into a solution that works for everyone. The One God, known by many names, would want nothing less. It could begin right here in El Cajon.

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# For Health's Sake

## Turn your balcony into an edible garden

Improvements in container gardening equipment and techniques have cleared the way for even the most "brown thumb" city dwellers, and anyone without a yard, to grow their own groceries.

"There's nothing to stop anyone who wants a garden from having one," says Roy Joulus,

CEO of Greenbo, [www.greenbo.co](http://www.greenbo.co), a company that designs award-winning innovative products for urban gardening including the new Greenbo XL flowerbox.

"Plants add a great deal to our quality of life — from cleaning the air we breathe to keeping us in touch with na-

ture. Fresh, home-grown herbs and vegetables not only taste so much better than supermarket produce, they're convenient, and you know exactly where they came from and what was used, or not used, on them."

While hydroponic and vertical gardening systems have been developed to maximize the yield in small spaces, Joulus says starting a balcony garden needn't cost much. Start with the right materials and choose plants that are right for your conditions, and you'll soon be eating from the pots on your porch.

He offers these tips especially for balcony gardeners:

Plant the right plants for the amount of sunlight you have — most herbs and vegetables require six to eight hours of direct sunlight a day. So what do you do if you have just one balcony and it doesn't get that much sun?

• Choose edibles that can take partial sun/shade (three to six hours of sun in the morning or early afternoon) or light shade (two to three hours of direct sun or lightly shaded all day.)

Some partial shade herbs: cilantro and parsley (both prefer cooler weather); dill, bee balm, spearmint, chamomile. Some light shade herbs: garlic chives, peppermint, rosemary. Some partial or light shade veggies: lettuce, broccoli, green onion, collards, cabbage, peas, carrots, strawberries, beans, sweet potatoes.

• Remember, pale-colored surfaces increase the light your plants receive. Plants in regions with short growing seasons usually need the full six to eight hours of light per day.

Choose the right pots:  
• Bigger pots require less water and are less likely to blow  
**See GARDEN page 16**

### Laughter is the Best Medicine

#### Helpful cow

A man was driving down a country road in the middle of dairy farm country when his car stalled. He got out and raised the hood.

A brown and white cow slowly lumbered from the pasture over to the car and stuck her head under the hood beside the man.

After a moment the cow looked at the man and said, "Looks like a bad carburetor to me." Then she walked back into the field and resumed her grazing.

Amazed, the man walked back to the farmhouse he had just passed, where he met a farmer. "Hey, mister, is that your cow in the field?" he asked.

The farmer replied, "The brown and white one? Yep, that's old Bessie."

The man then said, "Well my car's broken down, and

she just said, 'Looks like a bad carburetor to me.'"

The farmer shook his head and said, "Don't mind old Bessie, son. She don't know a thing about cars."

Have a funny joke or anecdote you would like to share with others? Send them to: [jokes@ecgazette.com](mailto:jokes@ecgazette.com). Include your name and city of residence so the Gazette may give credit.



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# At the Movies

## Interviews with filmmaker and killer whale trainer in 'Blackfish'



Samantha Berg, Dean Gomersall, Carol Ray and Jeffrey Ventre whale watching. Photo Credit: Gabriela Cowperthwaite/ Magnolia Pictures/CNN Films

Interviews by Diana Saenger

**G**abriela Cowperthwaite, a documentary filmmaker, has spent more than 12 years directing, producing and writing documentary programs for television networks including ESPN, National Geographic, Animal Planet, Discovery and History. She became interested in the whales in captivity in 2010 when renowned SeaWorld trainer, Dawn Brancheau, was killed by Tilikum, a 12,000 pound orca.

*Blackfish* unveils the orca's extraordinary nature, the species' cruel treatment in captivity over the last four decades, and the growing disillusionment of workers who were misled and endangered by the highly profitable sea-park industry. When you see grown men cry because of what part they have played in the whales' captivity – it's almost heart-breaking. Cowperthwaite and ex-SeaWorld-trainer Samantha Berg, agreed to an interview about the documentary and situation of the captivity of the whales.

**Q:** How did you first get interested in this idea?

**GC:** I heard about Dawn Brancheau being killed by a killer whale. It was a tragic event I needed to understand. I started reading about it and realized there was so much more about the story than I anticipated.

**Q:** I understand you had just taken your kids to SeaWorld and felt something was not right about this report, correct?

**CG:** Yes, I began to peel back the onion and continued to learn things that were revelatory and that began to form the narrative of the film.

**Q:** Were the other trainers eager to speak about their experiences?

**GC:** They were a little hesitant to participate in a documentary because it's a controversial subject. But others were ready to go forward.

**Q:** Samantha, were you hesitant about getting involved in the documentary?

**SB:** Until February, 2010 it never occurred to me to get involved in anything like this, but after Dawn Brancheau was killed, it was what had me unpack my entire experience at SeaWorld and start to think about what I actually knew.

**Q:** Were you surprised at what you discovered or finally put together?

**SB:** After finding out more about what killer whales' lives were like out in the wild in talking to journalists and scientists and whale activists, I began to understand that I had to tell my story.

**Q:** As a trainer, you had some firsthand knowledge of things, correct?

**SB:** Yes, because I was one of a few people who was at Shamu Stadium when Tilikum arrived at SeaWorld Orlando in 1992 after killing Keltie Byrne at Sealand of the Pacific in Victoria, British Columbia in 1991. I knew how management characterized that accident, and then I found out what actually happened. So I had to speak out; I really didn't have a choice.

**Q:** When you took this job were you informed about any danger by supervisors or management?

**SB:** I was hired in February of 1990 so Tilikum was not an issue back then. There had been more than 30 accidents in the SeaWorld parks between killer whales and trainers and I wasn't informed about any of them. I started at age 20 and was gung-ho and excited about the job. There was a part of me that didn't want to see these animals as anything but cute and cuddly, and I never thought my life was in danger. When I look now, the information the company provided to us about the animals wasn't complete. It's partly the trainers not wanting to know and management characterizing things in a particular way. Even today, I don't think some of the trainers realize how dangerous this job is.

**Q:** From watching this film and your unwavering passion and often sadness; I wondered what kept you going on this journey?

**GC:** Once I learned the truth; my mandate was to tell the truth. I felt I had no other choice. I wasn't looking to "stick it to the man." I almost pushed back against that because I felt



Cinematographer Jonathan Ingalls and Director Gabriela Cowperthwaite on the set of *Blackfish*. Photo Credit: Gabriela Cowperthwaite/ Magnolia Pictures/CNN Films

it would be anti-corporation, or my approach might not be as educational or important. In some ways I tried not to tell the story, but the more I peeled back the onion, I knew this was something people needed to know. As a mother who took her kids to SeaWorld, I felt I would have liked this information before going there.

park. It surprised us when we put everything on the table of what we knew and didn't know. The corporate culture was that the Holy Grail is to get in the water with killer whales. And it was clear; in order to get to that place...you didn't talk about things. And frequently when accidents did happen, the trainers were blamed.

**Q:** What kind of response are you finding about the film?

**GC:** I'm hoping if people stumble across the information in a fact-filled story about Tilikum's life that they come out of it feeling the same way I did. It took me two years to get over the shock and revelation; and I give audiences 80 minutes. The first reaction I'm getting is shock. SeaWorld is on everyone's bucket list. So I get everything from, where can I find out more, to what can we do to change it?

**Q:** What do you suggest about changes?

**GC:** We encourage SeaWorld to stop their killer whale breeding program. Also, to turn the entertainment program into rehab and relief. One alternative is a sea pen which is a net in a cordoned off cove to semi-retire the whales now in captivity. They can't be immediately released into the ocean they don't know how to eat, live, fish or find their own food. They are also hyped up on antibiotics and would not survive. But SeaWorld could still make money on this and still provide a more dignified life for the whales. I look towards a future where we don't have animals as entertainment.

To read the review of *Blackfish* check the Gazette Archives on June 27, 2013 or <http://www.reviewexpress.com/review.php?rv=1377>



Blackfish - Tilikum

**Q:** Has SeaWorld commented on this documentary?

**GC:** There was an 8-point accusation taking issue with some of the facts in the film, which in our opinion are indisputable. But we're excited the dragon is out of the den for those who could not talk about this for 40 years. I'm happy that now we can engage in the discussion.

**Q:** I was really touched by the footage of so many trainers now coming forth against the captivity of the animals. Did that make it easier for you Samantha to take a stand?

**SB:** Four of us in the film worked together in the 1990s and had similar experiences. But it wasn't until we got together after Dawn was killed that we realized there were so many things we saw individually that we didn't talk about. In the movie, Carole Ray talked about seeing the first baby Shamu being separated from its mom. Even though I worked there with Carole, I never knew that story, and why she left the

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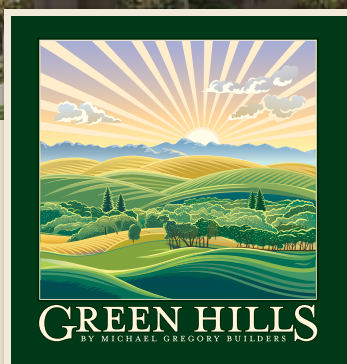


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## — AT THE MOVIES —

# Mother and daughter hash it out in 'Girl Most Likely'



Kristen Wiig and Annette Bening star in *Girl Most Likely*. Nicole Rivelli / Lionsgate/Roadside Attractions

**Review by James Colt Harrison**

**K**risten Wiig has made quite a name for herself on television, delighting audiences with her unique brand of comedy. She's now expanding her talents to include motion pictures. Screenwriter Michelle Morgan has tailored the script to Wiig's unique delivery and acting chops.

Imogene (Wiig) is a young woman who has a talent for writing. She grew up in a humble home on the Jersey Shore with mom Zelda (Annette Bening). Imogene's background is extremely humble, but the literary scene in New York is more tempting, and she wholeheartedly makes efforts to join it. She has had some minor success and feels she has what it takes to become a good writer.

She has one problem, however, that does not speed her career along. Her confidence is shot and she struggles with her lack of ambition. Wiig can make depression look funny as well as sad. She does that in scenes that make us laugh at her predicament and then get tears worrying over her failures. And there are times we want to smack her upside the noggin' and say the classic Cher line, "Snap out of it!"

Someone you do not want to smack is Bening as Wiig's modern mother. Her every appearance on screen is a light beam of joy and talent personified. Bening has been nominated for an Oscar® and should have a dozen of them on her mantle.

As Imogene's mother, she's addicted to gambling and playing the field with much younger men. Matt Dillon shows up in her bed as George, and it's apparent he's her current "boy-toy." Imogene is not exactly surprised, but she doesn't approve of mom acting like a teen-ager.

Lots of laughs here with Dillon; who usually plays a dim bulb. This reviewer has always liked Dillon and feels he deserves bigger and more comedy parts in the future.

*Glee* star Darren Criss adds some youth to the film as Lee. He's renting Imogene's old bedroom at the beach cottage. He brings some maleness to the household; a commodity sorely needed in Imogene's disintegrating life. In order to take advantage of Criss' musical abilities, Lee works at a dive nightclub in town. With every song he sings and dance he performs, Criss lights up the screen and may have to take Gene Kelly's place in the movies! He's that good.

The film is a breath of fresh ocean air in this summer of blockbusters. It may not be the funniest or the cleverest comedy this year, but it is a welcome look at a family that may have more, and funnier, problems than us.



**Girl Most Likely**

**Studio:** Lionsgate/Roadside Attractions

**Gazette Grade:** B

**MPAA:** "PG-13" for sexual content and language

**Who Should Go:** older teens



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# Motor and Sports



Sid S. with his red 2006 custom built bike

## 'Back to the 50's' car show La Mesa



Noel H. and a candy red 1940 Mercury coupe

The 'Back to the Fifties' car show is each Thursday night from 4 -8 p.m. in the downtown village area of La Mesa with over a hundred cars and bikes featured along with 'Back to the Fifties' music and plenty of great restaurants to choose from. Great fun for the whole family!

Photos by Randy Stone

'Jumping Jack Flash' Leary shown presenting the awards.



Alejandro I. with a black 1958 Cadillac Fleetwood



Sharon F. along with her family and their orange 1972 Pontiac Ventura II



Gary B. and his blue 1960 Plymouth Fury

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## Cars-4-a-Cause



Cars-4-a-Cause car show was held at the Elks in El Cajon last Sunday to raise money to help a long time volunteer at the El Cajon Cruise show and member of the East County Cruisers Car Club, Mike Venancio. Mike has had a very serious hip injury for many years and recently has barely been able to walk. Money raised will help Mike get medical attention. The Elk's lodge donated their facility providing breakfast and lunch for all the car show attendees. Renee Aon, owner of the 7-eleven store at Los Coches Road and Old Highway 80 sponsors a car show once a month promoting and raising money for special charities. She has helped many charity organizations including MADD, The Cancer Society and Rady Children's Hospital. A special thank you to all the sponsors, car owners, attendees and especially the Elks. Photo credits: Randy Stone



## — MOTORANDSPORTS —

# Chargers Training Camp underway

## DATE PRACTICE TIME LOCATION

July 25, 9:30-11:30 a.m. Chargers Park  
 July 26, 3-5 p.m. Chargers Park  
 July 27, 9:30-11:30 a.m. Chargers Park  
 July 28, 3-5 p.m. - Chargers Instameet Chargers Park  
 July 31, 3-5 p.m. - Open to invited Season Ticket Holders only  
 Chargers Park  
 Aug. 1, 9:30-11:30 a.m. Chargers Park  
 Aug. 2, 3-5 p.m. - Open to invited Season Ticket Holders only  
 Chargers Park  
 Aug. 3, 10:55-12:50 p.m. - FanFest presented by Bud Light  
 Qualcomm Stadium  
 Aug. 5, 3-5 p.m. Chargers Park  
 Aug. 10, 9:30-11:30 Chargers Park  
 Aug. 12, 3-5 p.m. Chargers Park  
 Aug. 17, 9:30-11:30 a.m. Chargers Park

\*All dates/times subject to change.

General information for fans visiting Training Camp

## Robles and Spinks headline San Diego Fights

by **Chuck Karaszia**  
**R**eturning to the Four Points Sheraton Hotel in Kearny Mesa, Bobby D Presents features another great night of live boxing in the popular series "San Diego Fights" on Thursday, July 25.

Returning to the ring, southpaw junior welterweight Emmanuel "Renegade" Robles is looking to improve upon his unblemished (8-0, 4 KO's) record quickly ascending up in the rankings.

Robles' last outing came in April when he defeated a rough and tough Joshua Marks in what was to be six rounds of boxing. Delivering hard chopping body shots early, Robles' strategy paid off as he unmercifully hammered Marks middle, slowing the speedy opponent down considerably and eventually knocking him into submission in the fourth round.

"Marks hits very hard and was a lot quicker than I thought," admitted Robles afterward.

Bobby De Phillippi has seen a lot of fighters in his time. Dedicated to bringing the best live boxing to San Diego - as he has for many years - this man knows talent. He obviously sees a talented fighter in Robles the "Renegade."

Satisfied with his up and coming boxers' performance in the last outing, Bobby D Commented, "Emmanuel convincingly passed the test we laid out for him. He is now ready for the next level. I have told the match-maker to find one of the gate keepers of that next level."

Even training three hours a day, seven days a week as is customary, not yet knowing who his still to be named opponent in the upcoming fight is, Robles doesn't really care.

"My job is to train and not worry about my next opponent," Robles said.

A talent laden undercard awaiting boxing fans features the return of undefeated Leon "Third Generation" Spinks (5-0, 2KO's). Inherited from his grandfather Leon, Champion's blood flows in Spinks veins great uncle Michael, and uncle Cory. All three held the title of world champion.

Jonathan "Johnny Boy" Quiroz, the pride of Oceanside, will bring a (5-1, 2KO's) record into the ring. His aggressive style makes this flyweight fighter a fan favorite.

Also, local amateur standout Priest Smalls will make his much anticipated San Diego debut.

In a special attraction Dallas bred Maurice "Might Mo" Hooker (9-0, 7KO's) will tape up his gloves for what is to be expected exciting action.

One more bout will be added to complete a talent-laden undercard in another great night of boxing action.

All ages are welcome. Doors open at 6:30 p.m. First fight is 7:30 p.m. Tickets start at \$35.

For more information and to purchase tickets visit [www.SanDiegoFights.com](http://www.SanDiegoFights.com), or call (619) 420-8866.

For all open weekend practices, fan parking will be available on Murphy Canyon Road and in the Kearny Mesa Business Center, located just south of Chargers Park. During weekday practices, parking is available ONLY on Murphy Canyon Road. Gates will open one hour before the start of practice.

Bleacher seating will be available at Chargers Park, however fans are welcome to bring folding chairs to sit on the pavement surrounding the practice fields. Coolers with food, water and soft drinks also are permitted, however cigarettes and alcoholic beverages are not allowed on the property at Chargers Park at any time. Fans may also bring their own cameras, however video cameras and long-lens cameras are not allowed.

Other items not permitted at Chargers Park during Training Camp include: pets (other than service dogs), weapons, chains, stun guns, mace & peppers spray, water guns, fireworks, frisbees, sports balls, beach balls or other inflatable objects, laser pointers, flammable objects, musical instruments or noise making devices and boomerangs.

The Chargers Team Store will be open for all public practices and selling the latest team merchandise and apparel, including the new Nike team jerseys, at Chargers Park. There will be a concession stand selling hot and cold food, water and soft drinks. The Charger Girls also will be making appearances.



San Diego Chargers 6'-9" 300 lb. Tackle King David Dunlap V (77), poses with fans on day three of the Chargers mini camp at the San Diego Chargers Training Facility.



San Diego Charger Linebacker Larry English (52) signs a football for a fan after the last day of Mini Camp at Chargers Park.

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Sunday:	Lasagna .....	\$10.45

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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-018266**  
FICTITIOUS BUSINESS NAME(S): Lyla Bleu  
Located at: 1757 The Woods Dr., El Cajon, CA 92019  
This business is conducted by: An Individual  
The business had not yet started.  
This business is hereby registered by the following: Lori L. Johnson 1757 The Woods Dr., El Cajon, CA 92019  
This statement was filed with Recorder/ County Clerk of San Diego County on June 21, 2013.  
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7/4, 7/11, 7/18, 7/25, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-018874**  
FICTITIOUS BUSINESS NAME(S): Quick Plumbing  
Located at: 1692 N. Mollison Ave., El Cajon, CA 92021  
This business is conducted by: An Individual  
The first day of business was: May 1, 2001  
This business is hereby registered by the following: Jaime Ventura 1692 N. Mollison Ave., El Cajon, CA 92021  
This statement was filed with Recorder/ County Clerk of San Diego County on June 28, 2013.  
East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019292**  
FICTITIOUS BUSINESS NAME(S): a.) Silvercrest Realty Group b.) Alliance Group c.) Alliance Group Real Estate Services d.) Alliance Group Builder Services e.) San Diego Short Sale Experts  
Located at: 3131 Camino Del Rio N 1420, San Diego, CA 92108  
This business is conducted by: A Corporation  
The first day of business was: August 28, 2009  
This business is hereby registered by the following: Alliance Group Financial Services 3131 Camino Del Rio N 1420, San Diego, CA 92108  
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7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-018346**  
FICTITIOUS BUSINESS NAME(S): a.) Jones Executive Services b.) JES  
Located at: 5630 Amaya Dr. Unit 83, La Mesa, CA 91942  
This business is conducted by: A Corporation  
The first day of business was: January 1, 2013  
This business is hereby registered by the following: Jones Executive Services, Inc. 5630 Amaya Dr. Unit 83, La Mesa, CA 91942  
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7/4, 7/11, 7/18, 7/25, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019133**  
FICTITIOUS BUSINESS NAME(S): a.) Donny's Hot Dogs b.) Hot Rod Hot Dogs  
Located at: 9962 Prospect Ave. E, Santee, CA 92071  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Donald Nanos 310 E. Bradley Ave. #70, El Cajon, CA 92021  
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**FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-018772**  
FICTITIOUS BUSINESS NAME(S): Scottco Plumbing  
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This business is conducted by: An Individual  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-017702**  
FICTITIOUS BUSINESS NAME(S): a.) Alx4 b.) Alx4pets c.)Alx4Dogs d.) Alx4Music e.) Alx4Doberman  
Located at: 356 Alpine Heights Rd., Alpine, CA 91901  
This business is conducted by: An Individual  
The first day of business was: June 17, 2013  
This business is hereby registered by the following: Alexander R. Yankopoulos 356 Alpine Heights Rd., Alpine, CA 91901  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-016475**  
FICTITIOUS BUSINESS NAME(S): Butcher's Brewing  
Located at: 9962 Prospect Ave. Ste. E, Santee, CA 92071  
This business is conducted by: A Limited Liability Company  
The first day of business was: May 1, 2013  
This business is hereby registered by the following: Butcher's Fine Ales, LLC 9962 Prospect Ave. Ste. E, Santee, CA 92071  
This statement was filed with Recorder/ County Clerk of San Diego County on June 05, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019335**  
FICTITIOUS BUSINESS NAME(S): Drywall Commander  
Located at: 2242 Peach Tree Ln., Spring Valley, CA 91977  
This business is conducted by: An Individual  
The first day of business was: June 8, 1978  
This business is hereby registered by the following: Tyson Yaddow 2242 Peach Tree Ln., Spring Valley, CA 91977  
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7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-016717**  
FICTITIOUS BUSINESS NAME(S): PCSJ Bello Inc dba Pasta For You  
Located at: 1285 E. Washington Ave., El Cajon, CA 92019  
This business is conducted by: A Corporation  
The business has not yet started.  
This business is hereby registered by the following: PCSJ Bello Inc. 1285 E. Washington Ave. #92, El Cajon, CA 92019  
This statement was filed with Recorder/ County Clerk of San Diego County on June 06, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-018916**  
FICTITIOUS BUSINESS NAME(S): Arias Waterproofing  
Located at: 437 East Park Ave. #110, El Cajon, CA 92020  
This business is conducted by: An Individual  
The first day of business was: June 5, 2007  
This business is hereby registered by the following: German V. Arias 437 East Park Ave. #110, El Cajon, CA 92020  
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**FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-017844**  
FICTITIOUS BUSINESS NAME(S): West Mobile Services  
Located at: 14603 El Monte Rd., Lakeside, CA 92040  
This business is conducted by: An Individual  
The first day of business was: June 11, 2013  
This business is hereby registered by the following: James West 14603 El Monte Rd., Lakeside, CA 92040  
This statement was filed with Recorder/ County Clerk of San Diego County on June 18, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-02000**  
FICTITIOUS BUSINESS NAME(S): Jose's Curios hand crafts  
Located at: 6205 University Ave., San Diego, CA 92115  
This business is conducted by: A Married Couple  
The business has not yet started.  
This business is hereby registered by the following: 1. Araceli Chavez 25275 Potrero Valley Rd., Potrero, CA 91963  
2. Jose' Preciado 25275 Potrero Valley Rd., Potrero, CA 91963  
This statement was filed with Recorder/ County Clerk of San Diego County on July 11, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019617**  
FICTITIOUS BUSINESS NAME(S): The Market Place  
Located at: 3515 University Ave., San Diego, CA 92104  
This business is conducted by: An Individual  
The first day of business was: June 19, 1977  
This business is hereby registered by the following: Amir Z. Oram 9649 Palomino Ridge Dr., El Cajon, CA 92021  
This statement was filed with Recorder/ County Clerk of San Diego County on July 08, 2013.  
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7/18, 7/25, 8/01, 8/08, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019307**  
FICTITIOUS BUSINESS NAME(S):Verona Bistro  
Located at: 1784-1786 E. Main St., El Cajon, CA 92021  
This business is conducted by: A Limited Liability Company  
The business has not yet started.  
This business is hereby registered by the following: VR Bistro LLC 8515 Chloe Ave. #143, La Mesa, CA 91942  
This statement was filed with Recorder/ County Clerk of San Diego County on July 03, 2013.  
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**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-017075**  
FICTITIOUS BUSINESS NAME(S): Chavez Jr. Hauling & Lawns  
Located at: 1604 Poinciana Dr., El Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Ceasar Chavez 1604 Poinciana Dr., El Cajon, CA 92021  
This statement was filed with Recorder/ County Clerk of San Diego County on June 11, 2013.  
East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019578**  
FICTITIOUS BUSINESS NAME(S): TM Towing  
Located at: 605 W. Lexington Ave., El Cajon, CA 92020  
This business is conducted by: A Corporation  
The first day of business was: June 10, 2013  
This business is hereby registered by the following: Tyma Inc. 303 S. Mollison Ave. #4, El Cajon, CA 92020  
This statement was filed with Recorder/ County Clerk of San Diego County on July 08, 2013.  
East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-017844**  
FICTITIOUS BUSINESS NAME(S): West Mobile Services  
Located at: 14603 El Monte Rd., Lakeside, CA 92040  
This business is conducted by: An Individual  
The first day of business was: June 11, 2013  
This business is hereby registered by the following: James West 14603 El Monte Rd., Lakeside, CA 92040  
This statement was filed with Recorder/ County Clerk of San Diego County on June 18, 2013.  
East County Gazette- GIE030790  
7/25, 8/01, 8/08, 8/15, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-020031**  
FICTITIOUS BUSINESS NAME(S): California Connections  
Located at: 15682 Suite A Olde Hwy 80, El Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Mateo Bartelle 15682 Suite A Olde Hwy 80, El Cajon, CA 92021  
This statement was filed with Recorder/ County Clerk of San Diego County on July 11, 2013.  
East County Gazette- GIE030790  
7/18, 7/25, 8/01, 8/08, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019576**  
FICTITIOUS BUSINESS NAME(S): Tommy and Brother Auto Sale  
Located at: 28914 Old Hwy 101, Pine Valley, CA 91962  
This business is conducted by: A Corporation  
The first day of business was: May 20, 2002  
This business is hereby registered by the following: Tyma Inc. 303 S. Mollison Ave. #4, El Cajon, CA 92020  
This statement was filed with Recorder/ County Clerk of San Diego County on July 08, 2013.  
East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENTNO. 2013-017830**  
FICTITIOUS BUSINESS NAME(S): Mister Wister  
Located at: 9298 Wister Dr., La Mesa, CA 91941  
This business is conducted by: An Individual  
The first day of business was: June 18, 2013  
This business is hereby registered by the following: Bryce A. Montgomery 9298 Wister Dr., La Mesa, CA 91941  
This statement was filed with Recorder/ County Clerk of San Diego County on June 18, 2013.  
East County Gazette- GIE030790  
7/18, 7/25, 8/01, 8/08, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENTNO. 2013-019275**  
FICTITIOUS BUSINESS NAME(S): Veteran restoration and construction  
Located at: 1890 Wolviston Way, San Diego, CA 92154  
This business is conducted by: An Individual  
The first day of business was: July 3, 2013  
This business is hereby registered by the following: Felix Valdez 1890 Wolviston Way, San Diego, CA 92154  
This statement was filed with Recorder/ County Clerk of San Diego County on July 03, 2013.  
East County Gazette- GIE030790  
7/18, 7/25, 8/01, 8/08, 2013

**NOTICE OF PUBLIC SALE OF  
PERSONAL PROPERTY**  
Notice is herby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on (August 14th 2013) at (1:00pm) at the Extra Space Storage facility at:  
Site Name Extra Space Storage  
Site Address: 10115 Mission Gorge Rd Santee, CA 92071  
Site Phone # 619 562-0101  
The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes and appliances.  
(List Tenant names here) Melanie Cruz , Carmen Clayborn, Michael Richmond, Marisela Castillo, Ben Harris Marshall III, Brett Marrs, Tobee Espinoza, Abel Hernandez, Mary Plant, Laura Wall, Jessie Chacon, Sam Kelly, Susan Trowbridge, Sue Trowbridge  
Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage refuses the right to bid. Sale is subject to adjournment.  
7/25, 8/1/13  
CNS-2510150#  
EAST COUNTY GAZETTE

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
**CASE NO.37-2013-00054837-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF STEVIE ALEXANDER MARQUEZ FOR CHANGE OF NAME PETITIONER: STEVIE ALEXANDER MARQUEZ HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: STEVIE ALEXANDER MARQUEZ  
TO: ALEXANDER GAIVS ZESAFI  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BRAODWAY, SAN DIEGO, CA 92101, on AUGUST 09, 2013 at 8:30 a.m. IN DEPT. 46) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 26, 2013.  
East County Gazette – GIE030790  
7/04, 7/11, 7/18, 7/25, 2013

**NOTICE OF SALE OF ABANDONED  
PROPERTY**  
Notice is hereby given that under and pursuant to the Government Code Section 6066 and California Civil Code section 1988(b) and any other applicable CA Statutes, that the items of property listed below is believed to be abandoned by Donnella R. Goodwin and all other owners, occupants, partners, tenants and/or subtenants and addresses located at 905 W. Main St. El Cajon, CA 92020. Items will be sold at a Public Auction by The Loan Company of San Diego  
To be offered in Bulk and or Bulk Lots at a competitive bid sale to be held at a Public Auction on:  
Thursday, August 1, 2013 at 10:00 am.  
Located at: 905 W. Main Street, El Cajon, CA 92020  
Items to be sold are to include but not limited to:  
1 couch, 1 coffee table, 2 round end tables, 1 vacuum, Files, telephones, File boxes, Desks, Coffeemaker, Desk Chairs, Small chairs, 8 Filing Cabinets, 1 computer monitor, 1 message table,  
1 wheelchair, Room dividers/screens, Extension cords, printer/fax machine, 1 lamp, Misc. office equipment, 1 couch, 9 filing cabinets, 2 desks, 4 desk chairs, 1 refrigerator, 1 microwave, 3 bookcases/shelving units, 1 paper shredder, telephones, Office equipment and supplies, 2 desk, 1 large filing cabinet, 1 whirlpool tub and equipment, 1 treadmill, 1 water cooler and supplies, 1 large weight set, physical therapy items, 2 stationary bicycles, 12 massage tables, 1 wheel chair, Small chairs, Rugs, Telephones, Brooms/cleaning equipment, Towels, pillows and linens, refrigerator, shelving units, Office equipment, Pictures frames and decorative items, 3 desks, 2 computers and/or monitors, 1 bookcase, misc. items  
FISCHER AUCTION CO. INC  
(619) 590-2828/Bond # 0434294  
Terms & Pictures @ www.facauctions.com  
7/18, 7/25/13  
CNS-2508741#  
EAST COUNTY GAZETTE

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-018679**  
FICTITIOUS BUSINESS NAME(S): DRMK/ UR  
Located at: 1185 Persimmon Ave. #7, El Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Mewafak Raifo 1185 Persimmon Ave. #7, El Cajon, CA 92021  
This statement was filed with Recorder/ County Clerk of San Diego County on June 26, 2013.  
East County Gazette- GIE030790  
7/4, 7/11, 7/18, 7/25, 2013

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
**CASE NO.37-2013-00056176-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF JAKE ZACHARY BRYANT FOR CHANGE OF NAME  
PETITIONER: JAKE ZACHARY BRYANT HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: JAKE ZACHARY BRYANT  
TO: ANDREW JACOB THOMAS  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BRAODWAY, SAN DIEGO, CA 92101, on AUGUST 23, 2013 at 8:30 a.m. IN DEPT. 52) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 05, 2013.  
East County Gazette – GIE030790  
7/18, 7/25, 8/01, 8/08, 2013

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**  
**CASE NO.37-2013-00054628-CU-PT-CTL**  
IN THE MATTER OF THE APPLICATION OF XAN YVONNE SALAS FOR CHANGE OF NAME  
PETITIONER: XAN YVONNE SALAS HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: XAN YVONNE SALAS  
TO: XAN YVONNE GILLIGAN  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BRAODWAY, SAN DIEGO, CA 92101, on AUGUST 09, 2013 at 8:30 a.m. IN DEPT. 52) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 25, 2013.  
East County Gazette – GIE030790  
7/04, 7/11, 7/18, 7/25, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-020971**  
FICTITIOUS BUSINESS NAME(S): San Diego Airport Luggage Storage  
Located at: 1516 W. Redwood St., Suite 112, San Diego, CA 92101  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Ludmila Jaaniste 4126 Manzanita Drv, San Diego, CA 92105  
This statement was filed with Recorder/ County Clerk of San Diego County on July 22, 2013.  
East County Gazette- GIE030790  
7/25, 8/01, 8/08, 8/15, 2013

**Need to run a Fictitious Business  
Name Statement?  
Name Change? Summons?  
We have the best prices in town!  
Call us today! (619) 444-5774**



— LEGAL NOTICES —

T.S. No. 12-4404-11 Loan No. 0600266027 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALA: MAY-ROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKAL-AKIP L-U Y: KÈM THEO ĐẦY LÀ B-N TRINH BÀY TÒM L-U C V-L THÔNG TIN TRONG TÀI LI-U NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/3/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: FREDERICK J HELM III, A MARRIED MAN Duly Appointed Trustee: THE WOLF FIRM, A LAW CORPORATION Recorded 1/11/2005 as Instrument No. 2005-0027039 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 8/8/2013 at 10:00 AM Place of Sale: At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges:

\$363,164.98, estimated Street Address or other common designation of real property: 1769 BERRYDALE STREET, EL CAJON, CA A.P.N.: 388-161-14-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 573-1965 or visit this Internet Web site www.priorityposting.com, using the file number assigned to this case 12-4404-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/10/2013 THE WOLF FIRM, A LAW CORPORATION 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (714) 573-1965 www.priorityposting.com Frank Escalera, Team Lead P1049711 7/18, 7/25, 08/01/2013

Trustee Sale No.: 20130169801834 Title Order No.: 130050238 FHA/VA/PMI No.: 044-461417 6 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/15/2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEx West, L.L.C., as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 10/19/2009 as Instrument No. 2009-0576919 of official records in the office of the County Recorder of SAN DIEGO County, State of CALIFORNIA. EXECUTED BY: ANNA MARIA GARDNER, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/09/2013 TIME OF SALE: 9:00 AM PLACE OF SALE: SHERATON SAN DIEGO HOTEL & MARINA 1380 HARBOR ISLAND DRIVE SAN DIEGO, CA 92101. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 2616 ALPINE BOULEVARD UNIT #25, ALPINE, CALIFORNIA 91901 APN#: 403-310-28-25 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$156,022.46. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear

title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this property, using the file number assigned to this case 20130169801834. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AUCTION.COM, LLC ONE MAUCHLY IRVINE, CA 92618 800-280-2832 www.auction.com NDEx West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEx West, L.L.C. as Trustee Dated: 06/24/2013 P1047092 7/11, 7/18, 07/25/2013

T.S. No. 13-0395-11 Loan No. 0707328308 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 本文件包含一信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKAP L-U Y: KÈM THEO ĐẦY LÀ B-N TRINH BÀY TÒM L-U C V-L THÔNG TIN TRONG TÀI LI-U NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d) (1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/23/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE

NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: LOU ANNE WIGGS, AN UNMARRIED WOMAN Duly Appointed Trustee: THE WOLF FIRM, A LAW CORPORATION Recorded 10/05/2005 as Instrument No. 2005-0862874 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 8/1/2013 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$418,238.30, estimated Street Address or other common designation of real property: 3322 RANCHO MIGUEL ROAD, JAMUL, CA 91935 A.P.N.: 519-250-01-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 573-1965 or visit this Internet Web site www.priorityposting.com, using the file number assigned to this case 13-0395-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/1/2013 THE WOLF FIRM, A LAW CORPORATION 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (714) 573-1965 www.priorityposting.com, Frank Escalera, Team Lead P1048298 7/11, 7/18, 07/25/2013

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2013-018906**  
FICTITIOUS BUSINESS NAME(S): WMD Racing Fabrication  
Located at: 1352 Somermont Dr., El Cajon, CA 92021  
This business is conducted by: A General Partnership  
The first day of business was: June 1, 2013  
This business is hereby registered by the following: 1. Robert A. Amato 1352 Somermont Dr., El Cajon, CA 92021  
2. Claudia Amato 1352 Somermont Dr., El Cajon, CA 92021  
This statement was filed with Recorder/ County Clerk of San Diego County on June 28, 2013.  
East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

**Garden ...**  
**Continued from page 9**  
over on high-rise balconies where the winds can be fierce. Terra cotta allows moisture to escape fairly quickly, which is helpful for people who like to water a lot. Non-porous plastic or glazed pots hold water longer and are better for windy balconies, where soil dries out quickly. Use brightly colored containers to add style and visual interest to your garden.  
• Most vegetable plants require even watering – don't let them dry out completely and don't keep them soggy. Apply water directly to the soil.  
• Make sure your containers have drainage holes or a drainage system. If they have an attached tray to catch excess water, don't allow the plants' roots to sit in the water, which promotes rot and fungus. Either empty the tray regularly, or use a design that holds the water away from the roots.

Use the right dirt:  
• It's important to use dirt that allows for good drainage. Most edible plants don't like to sit in wet dirt, and soil without good drainage tends to become compacted – a difficult medium for plants that like to stretch their roots out. You can buy a sterile soilless potting mix, a soil-based potting mix, or mix up your own batch using 1 part compost, 1 part perlite and 1 part potting soil.  
• Don't use garden soil or top soil, which won't allow adequate drainage.  
• On windy balconies, top-dress your container with small rocks to keep the soil from drying out so quickly.

Joulus offers one more tip for high-rise dwellers: Rely on self-pollinating plants, or plants that don't need pollination by insects, unless you're willing to hand-pollinate.

"You likely won't see many bees buzzing around the 40th story," he says.

Don't worry about pollination for root vegetables, like carrots and potatoes. Some self-pollinators include beans, peas, tomatoes and peppers.

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— LEGAL NOTICES —

**NOTICE OF PETITION  
TO ADMINISTER  
ESTATE OF  
ALICE H. PATTERSON  
CASE NO. 37-2013-00055407-PR-PW-CTL  
ROA #: 1  
(IMAGED FILE)**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: ALICE H. PATTERSON  
A Petition for Probate has been filed by JEFFREY E. PATTERSON in the Superior Court of California, County of SAN DIEGO.

The Petition for Probate requests that JEFFREY E. PATTERSON be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on AUG 15 2013 at 1:30 P.M. in Dept. PC-2 located at 1409 4th Avenue, San Diego, CA 92101-3105 Central Division/Madge Bradley Building.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner/Attorney for Petitioner: Stefani B. Lenett, Esq. of Weber & Lenett, LLP, 2366 Front Street, San Diego, CA 92101, Telephone: (619) 260-0662  
7/11, 7/18, 7/25/13  
CNS-2506913#

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019578**

FICTITIOUS BUSINESS NAME(S): TM Towing  
Located at: 605 W. Lexington Ave., El Cajon, CA 92020

This business is conducted by: A Corporation  
The first day of business was: June 10, 2013  
This business is hereby registered by the following: Tyma Inc. 303 S. Mollison Ave. #4, El Cajon, CA 92020

This statement was filed with Recorder/County Clerk of San Diego County on July 08, 2013.

East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-019576**

FICTITIOUS BUSINESS NAME(S): Tommy and Brother Auto Sale  
Located at: 28914 Old Hwy 101, Pine Valley, CA 91962

This business is conducted by: A Corporation  
The first day of business was: May 20, 2002  
This business is hereby registered by the following: Tyma Inc. 303 S. Mollison Ave. #4, El Cajon, CA 92020

This statement was filed with Recorder/County Clerk of San Diego County on July 08, 2013.

East County Gazette- GIE030790  
7/11, 7/18, 7/25, 8/01, 2013

Notice of Trustee's Sale TS # 028-013536 Order # 7999421 Loan # NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED [PURSUANT TO CIVIL CODE Section 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/26/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor(s): KEN D. OFFENBACH AND TRACY C. OFFENBACH, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 4/5/2004 as Instrument No. 2004-0280797 of Official Records in the office of the Recorder of San Diego County, California; Date of Sale: 8/15/2013 at 10:30AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$169,480.12 The purported property address is: 29828 MORENA VIEW DRIVE CAMPO, CA 91906 Legal Description: LOTS 123,124 AND 125 OF LAKE MORENA VIEWS, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 2318, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, MAY 28,1946. Assessors Parcel No.: 606-086-23/606-086-18 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of

this property, you may call the telephone number listed below as "Sale Line" or visit the Internet Web site listed below, using the Trustee Sale number (TS #) assigned to this case. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/17/2013 UTLS DEFAULT SERVICES, LLC Dana Rosas, Assistant Vice President Post Office Box 5899 Irvine, CA 92616 (949) 885-1050 Sale Line: (714) 730-2727 www.lpsasap.com Reinstatement Line: (949)885-1050 A-4402569 07/25/2013, 08/01/2013, 08/08/2013

T.S. No.: 1306259CA Loan No.: 394805 A.P.N.: 404-254-19-00 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE SECTION 2923.3(a), THE SUMMARY OF INFORMATION REFERENCED BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPY PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/16/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: RITA C. LOUGHRIN-SACCO, AN UNMARRIED WOMAN, Duly Appointed Trustee: Seaside Trustee Inc., Recorded 1/23/2007, as Instrument No. 2007-0048023, in book XX, page, XX of Official Records in the office of the Recorder of SAN DIEGO County, California. Date of Sale: 8/15/2013 Time: 10:30 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN STREET, EL CAJON, CA Amount of unpaid balance and other charges: \$515,762.16. Street Address or other common designation of real property: 1411 BIG RED RD, ALPINE, CA 91901. A.P.N.: 404-254-19-00. As required by California Civil Code Section 2923.5, the current beneficiary has declared to Seaside Trustee Inc, the original trustee, the duly appointed substituted trustee, or acting as agent for the trustee, that the requirements of said section has been met by one or more of the following: 1. Borrower was contacted to assess their financial situation and to explore the options for the borrower to avoid foreclosure. 2. The borrower has surrendered the property to the mortgagee, trustee, beneficiary or authorized agent. 3. Due diligence to contact the borrower was made as required by said Section 2923.5 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to

free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (855)986-9342, or visit this Internet Web site www.superiordefault.com using the file number assigned to this case 1306259CA . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/18/2013. Trustee Sales Information: 855-986-9342, www.superiordefault.com Seaside Trustee Inc., P.O. Box 2676, Ventura, CA 93014. By: Carlos M. Olmos, Office Clerk. (07/25/13, 08/01/13, 08/08/13, SDI-5363)

**Notice of sale of  
Abandoned Property**

Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code  
Located at: Ace Your Storage Place  
573 Raleigh Avenue  
El Cajon, CA 92020  
(619) 440-7867

Will sell, by competitive bidding, on August 7, 2013 9:30 AM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

H023 DeBorah Hogg  
H069 Socrates Torres  
H033 Veronica Newkirk  
C020 Marco Galindo  
H080 Chris Riley  
C021/C022 Travis Bradley  
H047 Charles Yarbrough  
A013 Ralph Bellamy  
B015 Willie Baker  
C031 Ana Montano  
B043 Fred Gonzales  
D034 Ron Pennock  
A014/D026 Stephan Johnson

William K. Ritch  
West coast auctions State License  
bla 6401382 (760)724-0423  
East County Gazette GIE030790  
7/25, 8/01, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-020786  
FICTITIOUS BUSINESS NAME(S): AREAA GLOBAL**

Located at: 5963 La Place Court Suite 314, Carlsbad, CA 92008

This business is conducted by: A Corporation

The first day of business was: November 27, 2012

This business is hereby registered by the following: Areaa International 5963 La Place Court Suite 314, Carlsbad, CA 92008 Corporation-California

This statement was filed with Recorder/County Clerk of San Diego County on July 19, 2013.

East County Gazette- GIE030790  
7/25, 8/01, 8/08, 8/15, 2013

**Notice of sale of  
Abandoned Property**

Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code  
Located at: Ace Your Storage Place  
9672 Winter Gardens Blvd  
Lakeside, CA 92040  
(619) 443-9779

Will sell, by competitive bidding, on August 7 2013 8:30 AM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

Boo64 Mary Starkey,  
Bu065 Diane Duval,  
Bu100 Trina Barnett,  
Bu130 Gina Licari,  
Bu133 Michele Englehart,  
C0025 Stanley Hayter,III ,  
C0027 Donald or Michele Peltier,  
C0054 Jack Tufts,  
Cu099 Julie Ray,  
Du076 Christina Porteous,  
Du076 Irving Mcfarlin

William k Ritch  
West coast auctions State license  
bla 6401382  
760-724-0423  
East County Gazette GIE030790  
7/25, 8/01, 2013

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME**

**CASE NO.37-2013-00052114-CU-PT-NC**  
IN THE MATTER OF THE APPLICATION OF KRISTINE HELEN GARABEDIAN on behalf of minor JONAH CHRISTOPHER GARABEDIAN FOR CHANGE OF NAME  
PETITIONER: KRISTINE HELEN GARABEDIAN on behalf of minor JONAH CHRISTOPHER GARABEDIAN HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: JONAH CHRISTOPHER GARABEDIAN  
TO: JONAH CHRISTOPH WOLF

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 325 S. MELROSE DRIVE, VISTA, CA 92081, on AUGUST 20, 2013 at 8:30 a.m. IN DEPT. 26) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 24, 2013.

East County Gazette – GIE030790

7/25, 8/01, 8/08, 8/15, 2013

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-021026**

FICTITIOUS BUSINESS NAME(S): le crumbs of paris  
Located at: 584 Granite Cove, El Cajon, CA 92021

This business is conducted by: An Individual  
The first day of business was: July 22, 2013  
This business is hereby registered by the following: Nora Haidao 584 Granite Cove, El Cajon, CA 92021

This statement was filed with Recorder/County Clerk of San Diego County on July 22, 2013.

East County Gazette- GIE030790  
7/25, 8/01, 8/08, 8/15, 2013

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**NOTICE TO CREDITORS  
OF BULK SALE  
(SECS. 6104, 6105 U. C. C.)  
ESCROW NO.: 135958P-CG**

NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s) and business address(es) of the seller(s) is/are: Nick Yousif Kenaya, 8725 Broadway, La Mesa, CA 91941

Doing business as: Viking Liquor  
All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: NONE

The location in California of the chief executive office of the Seller(s) is: Same as above  
The name(s) and business address of the buyer(s) is/are:

Gemes Odesh, 8725 Broadway, La Mesa, CA 91941

The assets being sold are generally described as: Business, trade name, goodwill, furniture, fixtures, equipment, leasehold interest, telephone number, fax number, website, advertisement, and inventory of stock in trade and are located at: Viking Liquor, 8725 Broadway, La Mesa, CA 91941

The bulk sale is intended to be consummated at the office of: Allison-McCloskey Escrow Company 4820 El Cajon Boulevard, San Diego, CA 92115-4695 and the anticipated sale date is 8-12-13

This bulk sale IS NOT subject to California Uniform Commercial Code Section 6106.2.

The name and address of the person with whom claims may be filed is: Allison-McCloskey Escrow Company 4820 El Cajon Boulevard, San Diego, CA 92115-4695 and the last day for filing claims by any creditor shall be 8-9-13 which is the business day before the anticipated sale date specified above.

Dated: 07/11/13  
Buyer's Signature  
By: /s/ Gemes Odesh  
7/25/13  
CNS-2511794#  
EAST COUNTY GAZETTE

**NOTICE TO CREDITORS  
OF BULK SALE  
(SECS. 6101-6111 U.C.C.)  
Escrow No. 107-032797**

Notice is hereby given to the creditors of S.D.A.R Inc., a California corporation ("Seller"), whose business address is 12550 Vigilante Road, Lakeside CA 92040 that a bulk sale is about to be made to U. A. Recovery Services, Inc., a California corporation ("Buyer"), whose address is 3323 San Fernando Road, Los Angeles CA 90065.

The property to be transferred is located at 12550 Vigilante Road, City of Lakeside , County of San Diego , State of California. Said property is described as: the furniture, fixtures and equipment, inventory of stock, leasehold interest, leasehold improvements, goodwill, covenant not to compete, and the trade name of the business known as San Diego Auto Recovery (SDAR) and located at 12550 Vigilante Road, Lakeside CA 92040. The bulk sale will be consummated on or after 8/12/13, at The Heritage Escrow Company, 2550 Fifth Avenue, Suite 136, San Diego CA 93103 pursuant to Division 6 of the California Code.

This bulk sale is subject to Section 6106.2 of the California Commercial Code. ALL CLAIMS TO BE SENT C/O The Heritage Escrow Company, 107-032797, 2550 Fifth Avenue, Suite 136, San Diego CA 93103.

The last date for filing claims shall be 8/9/13. So far as known to Buyer, all business names and addresses used by Seller for the three years last past, if different from the above, are: NONE

Date: June 19, 2013 Buyer: U. A. Recovery Services, Inc., a California corporation By:/s/ Tim Johnson, President  
7/25/13  
CNS-2511782#  
EAST COUNTY GAZETTE

**FICTITIOUS BUSINESS NAME  
STATEMENT NO. 2013-020187**

FICTITIOUS BUSINESS NAME(S): Heav-enly Hands Massage Therapy  
Located at: 10305 Ashwood St. #1, Lakeside, CA 92040

This business is conducted by: An Individual  
The business has not yet started.

This business is hereby registered by the following: Emily Jackson 10305 Ashwood St. #1, Lakeside, CA 92040

This statement was filed with Recorder/County Clerk of San Diego County on July 12, 2013.

East County Gazette- GIE030790  
7/25, 8/01, 8/08, 8/15, 2013



# DEALS

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Trinity, 4-year-old Pit Bull Terrier female. ID#14247



Paulie, 6-year-old Poodle male. ID#15663



MauMau, Domestic Short Hair male. ID# 15569



Shadow, Domestic Medium Hair female. ID#15382



Boots, 1-year-old Labrador Retriever/Pit Bull Terrier male. ID# 15915



Matty, 5-year-old Lhasa Apso male. ID#15953



Clara Belle, 8-year-old Brussels Griffonmix female. ID #15165

Kittens, Domestic Short Hair mix. ID#28321



Prissy, 10-month-old Terrier mix female ID# 15906



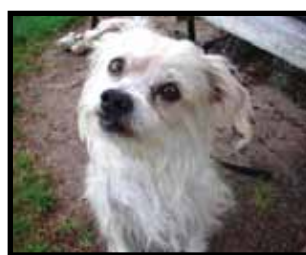
Johnson, 3-year-old Lhasa Apso male. ID#15955



Bentley, Himalayan male. ID#15636



Bolt, 10-month-old Pit Bull mix. ID#1519



Hoover, 4-year-old Terrier mix male. ID#15767

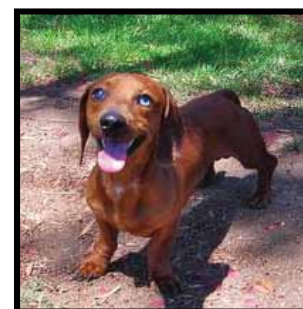


### Pet of the Week

Say "howdy" to Hazel, who's quite the charming little tortoiseshell pussycat. She's sweet and friendly, just hopin' to find that fur-ever person to love and be loved by. Her dark coat has mostly subtle tortie markings, which stand out on that cute little puss of her's, along with those fantastic greenish-gold eyes. You can just see

how she's just longing for a happy, purr-manent home. And does she know how to pose! Come and meet her, she's in cage #101. She'd be happy to meet ya! Pet ID: 1573

Dash, 5-year-old Dashund male. ID#15788



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## EAST COUNTY GAZETTE

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Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon), Dr. Luauna Stines

Cartoonists: David & Doreen Dotson

Advertising: Briana Thomas, Patt Bixby, Kathleen Edwards, Kathy Foster

The Gazette is Published each Thursday as a commercial, free-enterprise newspaper. The opinions and views published herein are those of the writers and not the publishers or advertisers. Advertisements designed by the Gazette are property of the Gazette and are not to be used in other publications without written consent of publisher. Deadlines for advertising and press releases are Friday at two.

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Editor, East County Gazette, P.O. Box 697, El Cajon, CA 92022  
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