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NOVEMBER 24-30, 2011



Mother Goose kicked off the holiday season last Sunday with her 65th Annual Mother Goose Parade. As loyal Mother Goose parade-goers know, it's not the holiday season until they see Santa Claus close the parade each year. This year hosted a reported 280,000 people in attendance. Pictured above is Santa with his helpers. Santa's horse and carriage was sponsored by the 2011 Mother Goose Parade co-title sponsors Westfield Parkway and the East County Gazette. Photo credit: Kathy Foster



Meet Ava and her friends
on page 23

INSIDE THIS ISSUE

Local	2-6
Inspiration	8
Health	9
Gift Guide	10
Movies	14
Puzzles	15
Legals.....	17-20
Classifieds	21
Kids Page.....	22
Best Friends	23



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Local News & Events

Viejas Casino's Celebrity Slot Tournament to raise money for the local Salvation Army

by Diana Saenger

A Celebrity Slot Tournament, several recognizable public figures and a good cause come together at 10:30 a.m. on November 28, 2011 at Viejas Casino in Alpine. In a traditional gesture of giving back that the Viejas Tribal Members are known for, 100 percent of the winnings will be donated to the local Salvation Army.

A wide range of celebrities will try their hand at lady luck as they play against each other with the total of all of their winnings presented in a check to the local Salvation Army on the spot after the excitement ends.

Headlining the players is *The Real Housewives of Orange County's* Gretchen Rossi. The actress grew up in La Crescenta, CA, and attended Baylor University in Waco,

Texas, where she earned a degree in Psychology and a minor in Family Studies and Child Development. She then pursued a career in real estate in South Orange County, CA. Her venture into TV took off when she joined the cast of *The Real Housewives of Orange County* as replacement for Season Two housewife Tammy Knickerbocker and Season Three cast member Quinn Fry. Rossi coincides her acting career with her make-up and handbag line. She has appeared in such TV shows as *Who Wants to Be a Millionaire*, *Gumball 3000*, *Undateable* and *The Real Housewives Confess: A Watch What Happens Special*.

Joining Rossi is **Bill Walton** a former NBA superstar, television sportscaster, and volunteer reader in United Way's reading campaign. **Randy Jones** is a former San Diego Padres Hall of Famer, prominent businessman, radio host, and young pitchers coach. **Paul Bloom** is a FOX 5 anchor and was a former KNSD anchor.

Heather Ford, a FOX 5 anchor/reporter, graduated from the University of Central Florida with a degree in Broadcast Journalism and Political Science. She worked in Orlando, FL at WESH as a news writer and producer, and is a member of the Triathlon Club of San Diego. **Dave Scott**, KUSI meteorologist for KUSI-TV, is a Grossmont High School graduate and earned a Bachelor of Science degree in Geosciences with an emphasis on Meteorology from MSU. He's a former host of the Jerry Lewis MDA & Helen Woodward telethons, and host and creator of *More of the Wild*.

Shawn Styles is a San Diego native who grew up in La Mesa and spent his summers at the La Jolla Shores, surfing and developing a keen interest in nature and the weather. His love of sports led to a career as a professional ski racer. He began doing snow reports for East Coast radio stations, then caught the TV wave to KGTV and is now covering weather at News 8.

Scott Kaplan – XX 1090 radio host, attended the University of Pittsburgh and became a first generation undrafted free agent kicker. He was in NFL training camps with the San Diego Chargers in 1993, the Detroit Lions in 1994, and the Chicago Bears in 1995. He's among the top 10 scoring all time at Pittsburgh, tied with Craig 'Ironhead' Heyward, and on the same all time scoring list that features Tony Dorsett. In 2002, Kaplan was inducted into the Western Pennsylvania Jewish Sports Hall of Fame. For the past six years he did sideline CBS' coverage of both college football and the NFL.

Isabel Cruz is chef/owner of Barrio Star in East Village and Isabel's Cantina in Pacific Beach.

There is limited seating at the tournament while supplies last. Viejas Casino is located at 5000 Willows Rd., Alpine, CA 91901 (I-8 at Willows Rd.)



Gretchen Rossi. Photo credit: courtesy

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Waste/Recycling service delayed by one day in observance of Thanksgiving Day

Waste Management of San Diego's commercial and curbside residential trash and recycling pick-up schedule will not operate on Thursday, November 24, 2011 in observance of Thanksgiving and will be delayed by one day the remainder of the week.

Residential customers who receive Thursday service in the following cities, should place their bins out for pick-up on Friday, November 25:

- El Cajon
- Santee
- Communities in unincorporated San Diego County, including 4S Ranch, Lakeside, Spring Valley, Alpine and Jamul

The local Waste Management office will be closed on Thursday, November 24 with normal operations resuming on Friday, November 25.

The customer service center

will be closed on Thursday, November 24. Customer service is available at 1(866) WM-RECYCLE Monday through Wednesday and Friday from 7 a.m. to 5 p.m. and Saturday from 8 a.m. to noon.

Waste Management is the leading provider of comprehensive waste and environmental services in North America. For more information about recycling, visit www.wastemanagementsd.com.

Congratulations

The Winners of the East County Gazette Twilight Saga – Breaking Dawn Part I contest are:

Alexis Fernandez, Amber Ford, Janet Gaytan, James Rideout, Mary Jo Ypalado.

You may pick up your gift bag anytime next week Nov 28 - Dec 2 at 1130 Broadway, El Cajon. Office hours are 10 a.m. - 5 p.m. Monday - Thursday, 10 a.m. - 2 p.m. on Friday. Gazette office (619) 444-5774.

Pick up the weekly Gazette to read about movies, other contests and events going on in your neighborhood.

Thanks for your entry and have a wonderful Thanksgiving and Christmas
The Gazette staff

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SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —

El Cajon highlights —

by Monica Zech,
City of El Cajon Public
Information Officer

Please Note The City's Upcoming Holiday Schedule: Mark your calendars with the City of El Cajon office hours during November and December. November 24 & 25 – closed in observance of Thanksgiving.

December 23 through January 2 – an extended holiday closure for City offices. This includes City Hall, the Recreation Centers, the Public Works Yard and Fire Administration offices. Regular office hours will resume on Tuesday, January 3, 2012. Visit www.cityofelcajon.us for more details.

Safe holiday cooking & entertainment — Happy Thanksgiving

The Center for Disease Control (CDC) offers some excellent advice on safe cooking during the holidays, and year round. Visit

www.cdc.gov/features/turkey-time.com for safe cooking tips.

Holiday party honoring Stoney!

On Wednesday, Dec. 7, it's the annual Holiday Party & Auction at Viejas, raising funds toward the East County Toy & Food Drive. The event is from 6 to 9 p.m. at the Viejas Dreamcatcher Lounge. The Toy Drive is in support of the Salvation Army's annual Toy & Food Drive serving needy East County families this holiday season. Stoney's Kids Foundation is a major supporter of this event.

Help For The Holidays – The East County Toy & Food Drive now underway

Help those in need during the holidays by dropping off a new toy at any East County Fire Station, now until December 10. The deadline to register for help was November 23 – if you missed this deadline check with area churches

for the holiday help programs. For more ways you, or your organization or group can help those less fortunate during the holidays, visit www.salvation-armyelcajon.com, or stop by their office at 1011 E. Main Street to drop off toys and food. For more information, call (619) 440-4683, ext. 401.

El Cajon's Knox House Museum for the holidays

In December be sure to stop by the Knox Museum on Saturday, Dec. 3, for a Knox House Christmas! Enjoy sales of handmade crafts, homemade baked goods, new and gently used items such as lace, artwork, ornaments, plants; and see the antique police car and a live band! Free tours will be given from 11 a.m. to 2 p.m. The Knox House is located at 280 N. Magnolia Avenue. For more information visit www.elcajonhistory.org, or please call (619) 444-3800.

Parade of Lights Downtown

Get into the holiday spirit and stop by for the Parade of Lights on downtown Main Street in El Cajon, as part of the Cajon Classic Cruise Car Show, Wednesday, Dec. 7 from 5 to 8 p.m. See holiday decorated vehicles and businesses, and enjoy entertainment, great restaurants and vendors! For more information, call the Community Development Corporation at (619) 401-8858.

The public is invited to a Holiday Open House!

Senator Joel Anderson cordially invites you, your family and friends to a holiday Open House at the Ronald Reagan Community Center, located at 195 East Douglas Avenue, on Wednesday, Dec. 7, from 6 to 8 p.m. The holiday season is a time to reflect on the experiences of the past year. This open house will provide you with the opportunity to hear a 2011 legislative update...and provide your own thoughts and ideas. Enjoy great conversation, hors d'oeuvres and refreshments. This is paid for with private funds, not tax dollars. For more information, or to RSVP, call the California Senate District Office at (619) 596-3136.

Fire Truck Toy Parade!

If you hear sirens around the City on Saturday morning, December 10, don't be alarmed! It's the East County Toy & Food Drive's annual Fire Truck Toy Parade in El Cajon! Fire trucks from over a dozen agencies throughout the County will meet at El Cajon Fire Station 6, located at 100 E. Lexington Avenue, at 10 a.m. on Saturday, Dec. 10. Firefighters will be loading up their fire rigs with hundreds of toys donated by the public and by local fire associations in support of this annual event. The fire trucks will depart from the Lexington Avenue location at 11 a.m. and travel as a motorcade

down East Main Street, to Mollison Avenue, and Mollison Avenue to Broadway ending at the Target parking lot at Broadway and Graves. Once there, the toys will be turned over to Salvation Army volunteers. There will also be a live radio broadcast by KOGO News Radio inviting the public to donate toys or drop-off monetary donations from 9 a.m. to 12 p.m. You still have time to bring your new unwrapped toy to this event, or at your nearest fire station.

Military care packages

The City of El Cajon's Special Events Committee had huge success in its collection drive to obtain Care packages for military members serving overseas. "I am touched and overwhelmed with the outpouring of support for our military that we received not only from City employees, but also members of the El Cajon community," said Ron Luis Valles, co-coordinator and member of the special events committee. The seed for this campaign was planted from a conversation that took place between a City employee and a service member's parent mailing a Care package at the post office. The "They Serve Us, Let's Serve Them" campaign ran from September 11 to November 11. Donations were collected at several drop off locations throughout City offices and the El Cajon Federal Credit Union. Items received included heavy duty socks, snacks, personal hygiene items and DVDs and books. Monetary donations were also provided to cover postage expenses to mail the packages. Co-Coordinator Kimberly Dodson coordinated

the nominations for military members to receive the packages. Since there were numerous donations, she also worked with Camp Pendleton in adopting a local Marine Unit that was just deployed and will be spending the holidays overseas.

Included in the packages, will be a special poem written by a City employee who was inspired by the sacrifices from the military in protecting our country. Thank you to all who donated!

The El Cajon Antique Show is Dec. 14

Don't miss the December antique show in El Cajon on Wednesday, Dec. 14. See great collectibles, including jewelry, photos, artwork, dolls, textiles, dishes, pottery, and glassware. This event is held the second Wednesday of every month at the Ronald Reagan Community Center located at 195 East Douglas Avenue, from 1 to 5 p.m. Parking and admission are free and you can receive one free appraisal. Additional appraisals are \$5 each. There is also a military collectible expert on hand. For more information, or if you would like to be a vendor call (619) 887-8762.

If you have an event in the City of El Cajon that you would like to share, contact Monica Zech, Public Information Officer for the City of El Cajon, at (619) 441-1737 or via e-mail at mzech@cityofelcajon.us, or mail to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

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— COMMUNITY EVENTS —

Out and about in the County

Through Dec. 3: The Ramona Mainstage has upcoming events through Dec. 3. Currently scheduled are:

Christopher Titus - Dec. 3. The Ramona Mainstage has free parking, air conditioned and has food drinks and alcoholic drinks. Under 21 admitted with parent or guardian. The Mainstage is located at 626 Main Street, Ramona. (760) 789-7008.

Nov. 24: Thanksgiving Morning Shotgun at Cottonwood Golf Club, 3121 Willow Glen Drive, El Cajon. Entry fee of \$50 includes buffet breakfast, 8 a.m. shotgun tournament on The Lakes Course, green fee, cart and range balls. Call 442-9291 x3 to register.

Dec. 1: Cuyamaca College presents Kitka, an American women's vocal arts ensemble singing traditional Eastern European music rooted in the Balkans, Slavic and Caucasus regions. They are based in Oakland. They have a serious fan based among the folk and international community. Their "Wintersongs" tour begins in San Diego at Cuyamaca College. Listen to Kitka on their website at www.kitka.org

Dec. 3: Meet Pearl Harbor Survivor at Casa de Oro Library, 9805 Campo Road, #180. The library is hosting *Remembering Pearl Harbor Veterans*, an event in remembrance of Pearl Harbor veterans at 1 p.m. The event will include a presentation by Pearl Harbor survivor Stuart N. Hedley, an opportunity drawing to win an American Flag that flew over the White House, and refreshments courtesy of the Spring Valley Lions Club. The library will also be accepting donations of used eyeglasses and hearing aids. Event to include presentation, opportunity drawing, and refreshments. More info, contact branch staff at (619) 463-3236.

Dec. 4: Christmas in Alpine Holiday Home Tour. The Alpine Woman's Club will hold its Seventh Annual Christmas in Alpine Holiday Home Tour on Sunday from 10 a.m. to 4 p.m. You will have an opportunity to stroll through four stunning homes which will be exquisitely decorated for the holidays. Also visit the new Queen of Angles Catholic Church and enjoy food and refreshments at 4pm at the Historic Town Hall. Tickets for the Home Tour are \$25 and can be purchased by mailing a check to the Alpine Woman's Club P.O. Box 231 Alpine CA 91903. You can pick up your tickets at the Woman's Club starting at 9:30am the day of the event at 2156 Alpine Blvd. There will be an opportunity drawing for a \$500 cash prize. Tickets will be sold the day of the event and at all of the homes. The winner does not need to be present to win. Proceeds benefit the Alpine Woman's Club Scholarship, Preservation and Education Foundation, a 501 (c) 3 corporation and helps to maintain the historic Town Hall. Donations are tax deductible as allowed by law. For further information please email carletteanderson@aol.com

Dec. 7 - Holiday Parade of Lights, Cajon Classic Cruise 5 to 8 p.m. on Main Street and Magnolia Avenue in downtown El Cajon. Tune to Downtown El Cajon Radio FM 104.1 during the show. For more information call the El Cajon CDC at (619) 401-8858.

Dec. 7: Angel Tree Golf Tournament will be held at Cottonwood Golf Club, 3121 Willow Glen Drive, El Cajon. Proceeds from the four-person scramble tournament will be used to purchase family Holiday dinner boxes (a complete holiday dinner with all the fixings) from the San Diego Healthy SHARE Food Program. The toys and dinner boxes will be given to struggling families in and around the Santee Community. Last year, more than 50 families with children requested assistance with food and gifts for Christmas. Entry fee is \$49 plus the donation of an unwrapped toy. The fee includes green free, cart, range balls, prizes and dinner. Registration begins at 8 a.m. with a shotgun start at 10 p.m. Contact Jay Szczublewski at (619) 599-6810.

Dec. 8: The Friends of East County Arts, Inc. are presenting their Annual Holiday Tea, at 12:30 p.m. at the Ronald Reagan Community Center, 195 East Douglas Av., El Cajon. Celebrate friendships with the warmest and most intimate of celebrations. Harpist Mair Rathburn will perform. Enjoy champagne and mimosas, view delightful holiday table decor and take a chance on our wonderful raffle opportunities. Be ready for their grand surprise!

Dec. 9: Pacific Men's Chorale Presents Christmas Concert at UCCLM "Jubilate Deo..." Shout with joy to God." Heeding the opening charge of Psalm 65, the celebrated songsters of the Pacific Men's Chorale will share the glorious music of Christmas in a concert in the sanctuary of the United Church of Christ of La Mesa (UCCLM) at 7 p.m. Directed by Christopher Allen and accompanied by Valerie Victor, they will sing such beloved favorites as "Adeste Fideles," "Bring a Torch, Jeanette Isabella," "Enatus Est Emmanuel," "On This Shining Night," "Silver Bells," "Still, Still, Still" and "Some Children See Him." Come, celebrate the season with them. Bring your family, neighbors and friends. The church is located at 5940 Kelton Avenue, La Mesa, CA 91942 (619-464-1519, www.ucclm.org). A freewill offering will be collected.

Dec. 16-18: "A Christmas Tabernacle" The true meaning and spirit of Christmas will come alive this December with *A Christmas Tabernacle*. This family-friendly Christmas event celebrates the true Christmas season in its inaugural festival 11 a.m. to 8 p.m., at NTC Liberty Station. Daily admission ranges from \$12-\$18, with multi-day passes also available. Tickets

are available at www.AChristmasTabernacle.com and at the door. Activities for the Whole Family — A Christmas Tabernacle will feature a wide range of activities and entertainment for family members of all ages, including 100+ specialty-goods vendors; a food court; a living nativity scene with actors, music and live animals; Santa's Village with live reindeer, a sledding snow hill, and hands-on activities; a themed Christmas tree area with uniquely decorated trees; and a fun zone complete with games, inflatables and attractions. Continuous Entertainment on Two Stages. For more information about A Christmas Tabernacle, including, sponsorship, vendor opportunities and tickets, contact Linda Lopez, Managing Director at Linda@AChristmasTabernacle.com or 619-754-9508. www.AChristmasTabernacle.com.

Dec. 18: UCCLM Presents "Tapestry of Light" - A Celtic Christmas Celebration. The Chancel Choir of the United Church of Christ of La Mesa (UCCLM) invites you to rejoice with them in the music of Christmas — traditional carols from the British Isles, angelic acclamations and delicate lullabies woven together with the scriptures and stories of the season into the wondrous "Tapestry of Light," a cantata by Joseph M. Martin. A Celtic consort of flute, violin, cello, percussion and piano will accompany the vocal ensemble. "Tapestry" will be presented at the 11 a.m. service. All are welcome. UCCLM, an Open and Affirming Congregation, is located at 5940 Kelton Avenue, La Mesa, CA 91942 (619) 464-1519, www.ucclm.org).

Dec. 24: Christmas Week Services at the United Church of Christ of La Mesa (UCCLM) 7 p.m. Christmas Eve - Come... Worship with us...Celebrate with us...Await the coming Babe of Bethlehem with us...A coffee and cookies gathering will follow. 10 a.m. Christmas Day...Share the beauty and warmth of this season of joy as we celebrate the birth of Jesus. Everyone welcome! UCCLM, an Open & Affirming Congregation, is located at 5940 Kelton Avenue, La Mesa, CA 91942 (619-464-1519, www.ucclm.org).

ONGOING

Wednesdays: Santee Farmer's Market from 3 to 7 p.m. on Mission Gorge, 10445 Mission Gorge

Tuesdays: Spring Valley Certified Farmers' Market will be held every Tuesday 3 to 7 p.m. Farmers' Market will be located at the old Spring Valley Elementary School campus, 3845 Spring Drive, Spring Valley, 91777. Contact Spring Valley Chamber of Commerce for more information (619) 670-9902.

Fridays: La Mesa Farmers Market 3 to 6 p.m. in Allison Ave. parking lot, East of Spring Street.

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Inspiration

After Thanksgiving feasting comes the loafing

Rev. James L. Snyder

Not long after I'm seated with family and friends around the Thanksgiving table, I'm seated in my chair and cannot move. I won't say eat too much, I usually do, but I just won't say it.

Why is it on Thanksgiving we give ourselves permission to gorge ourselves to the point of semi-consciousness? The difference between consciousness and semi-consciousness is that with semi-consciousness you feel like you have been run over by a semi-truck.

Of course, a great thing about Thanksgiving is the fabulous dinner spread, surrounded by family and friends. It is truly a time to give thanks to God for the manifold blessings he has showered on us throughout the year. Although there have been a few drought times during the past year, God's showers of blessing always came at the right time.

diet-challenged person. Nothing is more challenging to me than my diet. And of this in particular I am most grateful for Thanksgiving. It is the one day of the year I can toss caution to the wind (which is the only exercise I get on Thanksgiving) and forget my diet carefully supervised by the Gracious Mistress of the Parsonage.

It is not that I take advantage of the situation ... okay, so I do take advantage of the situation. However, that is the glorious aspect of holidays like Thanksgiving. The person, me in particular, can get away with things that the rest of the year would be impossible. And I'm not just thinking of that second piece of pumpkin pie.

The second great thing about Thanksgiving is the day after. The business community refers to this day as Black Friday. They mean, of course, it is a day when they turn their ledger from red to black.

ping frenzy associated with the day after Thanksgiving should be congratulated and offered the Nobel Peace Prize. Black Friday in our home is when my wife and our daughters leave the house early in the morning to spend the entire day shopping and I get the opportunity to black out for the entire day. If I may say so, it is a glorious day of loafing.

The feast like we usually have on Thanksgiving Day requires at least one full day of concentrating and allowing the meal to digest, no matter how long it takes. The older I get the longer it takes my digestive system to complete its work. My philosophy is, don't rush the process.

I'm all for cooperation. I believe this world would get along much better if everybody would just cooperate. I set the example by cooperating with my digestive system for the entire day.

I have found the best way to assist my digestive system is to spend the day loafing. And I have managed to bring loafing to a finely developed art. It has taken years for me to get to this point of expertise. Throughout the years, I have developed the finesse associated with total loafing that should be recorded somewhere.

My expertise in this area is most remarkable for the simple fact that I only get to practice this one day out of the year. I can assure you that one day is intensely devoted to the strenuous activity of loafing.

If you promise not to let this get back to you know who, I do get in an odd day every now and again to practice for

this day. Nobody can reach the pinnacle of success I have on this matter without some kind of practice throughout the year. I am completely devoted to my art, as any other artist would be.

In case someone gets the wrong idea about all of this, let me assure you that loafing has certain health benefits. Of course, if I am caught practicing my loafing when my wife has instructed me to do some things around the house, it has an adverse effect on my health. The key here is to practice loafing when your wife is out of the house shopping the entire day, which is why Black Friday was invented.

It is a proven fact that most of the people in our country today are overworked and totally stressed out by their lives. In spite of all the technology available to us, we are a nation that has forgotten how to rest.

Years ago in our country, when we were more Christian than we are today, we set aside Sunday as the day of rest. That has completely gone by the wayside as we became a culture of 24/7 activity. The only solution all our experts have come up with is to pop a pill and keep on going.

A friend of mine has a marvelous saying, "Either come apart and rest a while, or you will simply come apart." I like that.

Jesus said something similar. "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." (Matthew 11:28-30 KJV.)

We have learned how to feast and our buffet table is loaded with goodies. Perhaps it would be a good time to take some time to rest and let our soul settle and digest the rich blessings of god.

The Rev. James L. Snyder is pastor of the Family of God Fellowship. He can be contacted by e-mail at jamesnyder2@att.net. The church Web site is www.whatafellowship.com.

Rev. Snyder is host of the weekly radio program, Sunday Joy, heard at 9:30 a.m., on WOCA 1370 AM.

Dear Dr. Luauna

Dear Readers,



Many people ask me, "Why hasn't God answered my prayers?" Prayer is effective when we understand our position. God created the universe. He is the Redeemer and the Creator. He created the heavens and the earth, all things on the earth and under the sea. He created man out of the dust of the earth. He created, and breathed life into our nostrils so we became

a living being.

Since man was created by God, his life has not been his own, but His. The Creator owns everything He has created. Although man rebelled against God, He sent Jesus to shed His blood and go to the cross to purchase all who will believe, repent and walk by faith. God Almighty is the purchaser and owns all that He has purchased. Therefore, I am a two-fold possession of God by creation and redemption.

I have no sovereign power over myself, my life, my present, or my future. My Heavenly Father has absolute power and right over me. Hence, I will lead a life of absolute obedience and submission, following every direction He gives me. Pray and know your position. Not my will Lord, but Your will, lead me Lord, for your way is perfect.

When we understand our position with God: We confess our faith and determine right action before God.

Then God can promote us.

We then can have total devotion to God.

We get rid of human-centered thoughts, and commit our ways completely to our Heavenly Father.

By committing our life completely to Him, we confess that God decided our present, and future and what is good or bad for us.

This becomes a place of humility and dedication to GOD.

We confess He is our Shepherd, and we are His sheep:

God is a good Shepherd; one thing we have to know is the sheep belong to the Shepherd and the Shepherd is owner of His sheep.

The Shepherd has the responsibility and the right to lead; He takes care of, feeds, raises, and protects His sheep.

The sheep should follow and lean on the Shepherd for total care and protection.

Psalm 23:1-6, "The Lord is my shepherd; I shall not want." This whole Psalm is so powerful, it shows us that King David, a mighty warrior, knew his true position and by allowing God to be His shepherd there was absolute reassurance that no matter what he went through, God was going to take care of everything – his needs, comfort, peace of mind, protection from His enemies, eternal life and so much more. Your great Shepherd wants to lead you into His perfect pleasing will, let go and let God this holiday season.

Please tune into my radio program on KPRZ A.M. 1210 on Sundays at 7 a.m., or join us for church service, A Touch From Above Prayer Mountain, 16145 Hwy 67, Ramona, CA, Sundays at 10 a.m. Our television program airs on Tuesdays at 9 p.m. on Cox Cable Channel 18 & 23 and Wednesdays on Time Warner at 5 p.m. on Channel 19. I would love to hear from you, please send me an e-mail: drluauna@atouchfromabove.org.

questions@drluauna.com

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Thanksgiving Day is for the

Whoever invented the shop-



Joanne Eleanor Thomas Bilyeu age 83 passed away Nov. 14 from lung cancer. She was with her daughter in Colorado at her passing. Born in Port Huron, Michigan where she grew up till age 14. Her family then moved in 1942 to Texas where her father worked at Camp Swift. Moving to San Diego in 1945. She was employed at Fed Mart many years as a Sales Audit bookkeeper and retiring from Big Bear supermarket. She moved to El Cajon in 1974 and lived 37 years in her home there.

Her brother John E. Thomas preceded her in death. She is survived by her sister Virginia M. Curry and brother Lawrence S. Thomas, her daughter Debbie and husband Tom Berg, daughter Lauri and her husband John Pich and her son Clyde Bilyeu, 7 grandchildren and 6 great-grandchildren, as well as her companion "Lucky" her Labrador.

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For Health's Sake

Cooking main cause of house fires

The kitchen is the place where family and friends love to gather, but it is also the setting of more fires than any other room in the house.

Cooking is the number one cause of home fires in this country and during the holidays, the American Red Cross wants

everyone to be aware of steps they should take to avoid a fire while cooking.

Start by not wearing loose clothing or dangling sleeves while cooking. Never leave cooking food unattended – stay in the kitchen when frying, grilling or broiling food. If you must leave the kitchen for even

a short period of time, turn off the stove. Other safety steps include:

- Check your food regularly while cooking and remain in the home while cooking. Use a timer to remind yourself that the stove or oven is on.

- Keep the kids away from the cooking area. Enforce a "kid-free zone" and make them stay at least three feet away from the stove.

- Keep anything that can catch fire – pot holders, oven mitts, wooden utensils, paper or plastic bags, food packaging, and towels or curtains—away from your stove, oven or any other appliance in the kitchen that generates heat.

- Clean cooking surfaces on a regular basis to prevent grease buildup.

- Consider purchasing a fire extinguisher to keep in your kitchen. Contact your local fire department to take training on the proper use of extinguishers.

- Always check the kitchen before going to bed or leaving the home to make sure all stoves, ovens, and small appliances are turned off.

- Install a smoke alarm near your kitchen, on each level of your home, near sleeping areas, and inside and outside bedrooms if you sleep with doors closed. Use the test button to check it each month. Replace all batteries at least once a year.

The Red Cross responded to more than 62,960 home fires during the 2011 fiscal year. House fires are the worst

disaster threat to families in the United States. To learn how to prevent a fire in your home and how to keep members of your household safe, you can download The Red Cross Fire Prevention and Safety Checklist. Downloadable fact sheets are also available at www.redcross.org on how to be fire safe over the holidays, how to avoid home heating fires, candle safety, proper use of smoke alarms and teaching your children what to do in the event of a fire.

The American Red Cross is not a government agency and relies on the generosity of the American people to provide our programs and services. The San Diego/Imperial Counties Chapter is the most trusted community service organization in education, preparation and response to natural disasters and human emergencies. With the public's ongoing support we provide lifesaving preparedness training; disaster relief services; 24-hour emergency services to deployed military personnel and their families; and nutritional counseling through our Women, Infants and Children (WIC) program.

For more information about or to support the chapter please contact (858) 309-1200 or visit www.sdcrc.org.

Laughter is the Best Medicine

Turkey legs

A turkey farmer was always experimenting with breeding to perfect a better turkey. His family was fond of the leg portion for dinner and there were never enough legs for everyone. After many frustrating attempts, the farmer was relating the results of his efforts to his friends at the general store get together.

"Well I finally did it! I bred a turkey that has 6 legs!"

They all asked the farmer how it tasted.

"I don't know" said the farmer. "I never could catch the darn thing!"

Happy Thanksgiving from your friends at the East County Gazette!

Have a funny joke, story or anecdote you would like to share? Write to Jokes: East County Gazette, P.O. Box 697, El Cajon, CA 92022 or write to www.jokes@ecgazette.com

Avoid wild mushrooms, State Public Health Director warns

With seasonal rains promoting the growth of wild mushrooms, Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and State Public Health Officer, today reminded consumers that collecting and eating wild mushrooms can cause serious illness and even death.

"It is very difficult to distinguish which mushrooms are dangerous and which are safe to eat. Therefore, we recommend that wild mushrooms not be eaten unless they have been carefully examined and determined to be edible by a mushroom expert," Chapman said.

Wild mushroom poisoning continues to cause disease, hospitalization and death among California residents. According to the California Poison Control System (CPCS), 1,748 cases of mushroom ingestion were reported statewide in 2009-2010. Among those cases:

- Two individuals died.
- Ten individuals suffered a major health outcome, such as liver failure leading to coma and/or a liver transplant, or kidney failure requiring dialysis.
- 964 were children under six years of age. These incidents usually involved the child's eating a small amount of a mushroom growing in yards or neighborhood parks.
- 948 individuals were treated at a health care facility.
- 19 were admitted to an intensive care unit.

The most serious illnesses and deaths have been linked primarily to mushrooms known to cause liver damage, including *Amanita ocreata*, or "destroying angel," and *Amanita phalloides*, also known as the "death cap." These and other poisonous mushrooms grow in some parts of California year-round, but are most commonly found during fall, late winter or spring.

Eating poisonous mushrooms can cause abdominal pain, cramping, vomiting, diarrhea, liver damage and death. Individuals who develop symptoms after eating wild mushrooms should seek immediate medical attention. Likewise, individuals with symptoms, or their treating health care providers, should immediately contact the CPCS at 1-800-222-1222.

Local mycological societies offer educational resources about mushroom identification, and may be able to help individuals identify whether mushrooms they have picked are safe or not. For more information about mycological societies in California, please visit <http://www.namyco.org/clubs/index.html>.

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— GAZETTE GIFT GUIDE —

Find shopping solutions in the Gazette Gift Guide

Time is quickly slipping away so take a look at these offerings for that special gift. There is something unique for everyone. Check out all of our guides each week at www.eastcountygazette.com

Gifts For Kids

Prep & Landing DVD – is an adorable holiday story



about a high-tech team of elves who ensure homes around the world are properly prepared for Santa's visit. After working for a tireless 227 years, Wayne, an elf, (voiced by Dave Foley) is upset he doesn't receive an expected promotion. He's partnered with an idealistic rookie elf, Lanny (voiced by Derek Richardson), to execute a special Christmas Eve mission. While on their journey the two encounter challenges that push them to their limits and threaten Christmas for children around the world. In the end, the elves work together to guide Santa through a raging snowstorm in order to save Christmas. *Prep & Landing* first debuted in 2009 as ABC TV's first animated television special produced by Walt Disney Animation Studios. The DVD has some fun bonus features as well. SRP is available at video retailers. For info, visit www.Disney.com/PrepAndLanding.



BabbaBox – is a brand new kit delivered to homes every month with physical materials plus know-how content to really engage with kids. It's a theme-based box with activities, knowledge, and experiences that encompass ways kids ages 3-6 love to learn! In early 2012, the boxes will be available for each individual year/age group. It's collaborated by doctors, nannies, physical therapists and teachers to figure out what children should be learning and comprehending at every age level. BabbaBox cuts out the prep time/guess work for busy parents by providing educational, fun activities are age appropriate. Subscriptions start at just \$29.99/month; got to www.babbaco.com for more info.

Beethoven's Christmas Adventure DVD

– 'Tis the season to celebrate with everyone's favorite St. Bernard, Beethoven, in an all-new, heartwarming holiday adventure



where the hilarious canine speaks for the first time! When Henry the elf (Kyle Massey) flees the North Pole with Santa's sleigh and his magical bag of toys, he crash-lands the precious cargo in a suburban neighborhood tree. But when the bag ends up in the wrong hands, it's up to heroic Beethoven and his teenage pal, Mason (Munro Chambers) to rescue Henry, fetch Santa's toys and save Christmas for children everywhere. Featuring an all-star cast, including Tom Arnold as the voice of Beethoven, it's a barking good time for the whole family!

Gifts For Him & Her



Heat Therapy Massager – is one of the 'hottest' gifts of the year. The Wahl Heat Therapy Massager combines heat therapy with nine Home Physical Therapy Attachments to create a customized massage for relieving all-around aches and muscle tension. The Massager has three heat settings, a 9-foot cord for optimal use, and a zippered storage case that holds everything you need - no more losing attachments. Variable intensity plus a turbo setting allows users to dial in during use. MSRP is \$39.99 and can be found at Walgreens and www.wahlhomeproducts.com

Dogs Rule Travel Tumbler



– is not only perfect for dog lovers, but also gives back to those shelter dogs in need. The Pedigree Foundation offers affordable (and cute!) *'Dogs Rule'* gear – from baseball caps to t-shirts to collars/leashes. And, a portion of all proceeds goes to help shelter dogs find loving homes. More than four million dogs end up in shelters

and breed rescue organizations every year, and nearly half of them never find a place to call home. The Pedigree Foundation aims to help these dogs through grants to 501(c)(3) shelters and rescue groups, and by encouraging dog adoption. You can help order some of these tumblers for gifts. SRP is \$4.99 and can be found at www.dogsrulegear.com

Jishaku – is a patent-pending, portable strategy game like chess or checkers that can be played anywhere – the kitchen or the beach. But unlike chess, there is an element of surprise when the magnets jump out of position, without warning. Surprise – then laughs – follow as two or more players try to beat force fields with strategic thinking plus careful and precise handling of the game's magnetic stones. The unpredictability of Jishaku turns any get-together into a party! Age 14 and up. SRP is \$19.95. A classic wood set is also available for \$34.95. Available at Barnes & Noble or <http://www.playjishaku.com/>

an element of surprise when the magnets jump out of position, without warning. Surprise – then laughs – follow as two or more players try to beat force fields with strategic thinking plus careful and precise handling of the game's magnetic stones. The unpredictability of Jishaku turns any get-together into a party! Age 14 and up. SRP is \$19.95. A classic wood set is also available for \$34.95. Available at Barnes & Noble or <http://www.playjishaku.com/>



Ben Hur 50th Anniversary Limited Edition – will please any Charlton Heston fan. Director William Wyler – if he were still around – would be astounded not only to know people still want to watch this classic, but the incredible job Warner Bros. did in remastering and restoring this amazing achievement that won 11 Academy Awards. A \$1 million restoration – frame by frame of the original 65 mm camera negative makes this the highest resolution restoration ever completed by Warner Bros. and on Blu-Ray viewers will think they are sitting in the stands watching chariot races. The Collection includes a feature-length documentary chronicling Heston's life while filming *Ben-Hur*; behind-the-scenes details and home movie footage shot by Heston's wife Lydia while in Rome; Heston family home movies and much more. The Limited Edition, Three-Disc Blu-ray, Five-Disc DVD set and 2-Disc 50th Anniversary Edition are available from video retailers.

Gifts For Family



SCRUBLE Cube – Think the World's Greatest 3-D Word Game and you get configurations that anyone who can spell can play in SCRUBLE Cube. Rated for ages 8 and up the game can be played by one to four players. Like the famous puzzle cubes, players rotate and twist rows and columns of the cube, but instead of trying to align certain colors, the goal is to rearrange letters to create new words. USA toy expert Richard Gottlieb hailed the game and it won Dr. Toy's Best Picks Children's Products Awards Program 2010. SCRUBLE Cube retails for \$24.95 and can be purchased at Barnes & Noble, Toys R Us and other specialty retailers. For more info go to www.scrublecube.com.

Gifts For PETS



Dog's Rule Dog T-shirt – is a 100 percent cotton, baby rib tank just for our four-legged companions. Made of 5.8-oz., cotton with double-needle ribbed binding for durability. List Price: \$11.99. There are also adorable T-shirts for men, women and children and baseball hats that support a love of dogs. Check them out at www.dogsrulegear.com



Deluxe Pro Series Pet Clipper Kit – is how pet lovers can 'shave' costs on pet care by grooming at home. Its contoured and cordless design includes a comfort grip that makes cutting at different angles more convenient. MSRP: \$69.99 Available at www.wahlpet.com

Check out the Toy Industry Association (TIA) guidelines for Fun Play Safe Play:

One to Two Years

In their second year of life, children are explorers. Fueled by curiosity and wonder, toddlers are also incredibly active. A busy toddler needs toys for physical play – walking, climbing, pushing and riding – and ones that encourage experimentation and manipulation. At this age, children imitate adults and enjoy props that help them master life skills. Imaginative and educational toys are also highly beneficial.

Two to Three Years

Older toddlers love testing their physical skills – jumping, climbing and throwing – and enjoy toys for active play. This age group also possesses good hand and finger coordination and enjoys putting these skills to work with basic arts and crafts, puppets, blocks and simple puzzles. Imaginative play also begins in the third year. More guidelines in next week's Gift Guide.

Saenger Syndicate

'Riverdance' the Original International Phenomenon on its farewell tour in San Diego



Riverdance – Experience the Original International Phenomenon. Photo credit: Joan Marcus

Few shows have touched audiences like *Riverdance*, the Original International Phenomenon, the Original International Phenomenon, now on its farewell tour. This thunderous celebration of joyful music, song and dance that has that has tapped its way onto the world stage thrilling millions of people around the globe, will play The Civic Theatre in San Diego, December 2-4, 2011 for 5 performances only.

Composed by Bill Whelan, produced by Moya Doherty and directed by John McCollan, to date, *Riverdance* – now in its 16th phenomenal

year – has played more than 10,000 performances, seen live by more than 22 million people in over 350 venues throughout 40 countries across four continents.

An innovative and exciting blend of dance, music and song, *Riverdance* draws on Irish traditions and the combined talents of the performers propel Irish dancing and music to the present day capturing the imagination of audiences across all ages and cultures. This extraordinarily unique show features an international company all performing to the magic of Bill Whelan's music.

THEATER – TO GO

What: *Riverdance*

When: December 2 – 4, 2011

Where: Broadway San Diego, Civic Theatre Ticket Office 3rd & B Street, downtown San Diego

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East County Gazette

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— AT THE MOVIES —

It's a Muppet riot zone in 'The Muppets'



A scene from *The Muppets*. Photo credit: Andrew Macpherson © The Muppets Studio, LLC

Review by Diana Saenger

Muppets where have you been? That was the cry from various moviegoers throughout the theatre before the big screen revival of *The Muppets* began. The movie is live action with a host of Jim Henson's adorable creatures filling in the simple but funny story. James Bobin directs from a screenplay by co-writers Jason Segel and Nicholas Stoller.

Gary (Jason Segel) is a huge leftover fan of the Muppets so naturally when he

becomes engaged to a very patient Mary (Amy Adams), he suggests a honeymoon in Hollywood, California. Of course, that will include a trip to the studio where *The Muppets* was once filmed. Reluctantly Mary adds this to their to-do list – anything to appease her future husband. She's also not crazy about taking along Gary's likeable and sweet Muppet brother, Walter (voiced by Peter Linz), but again, she doesn't say no.

Mary, Gary and Walter hit Hollywood like Fred Astaire and Ginger Rogers, dancing

and singing their way up and down the streets. While visiting the studio Gary overhears some alarming news about the studio. Tex Richman (Chris Cooper) is a Texas oilman who thinks there's oil under the studio and plans to tear it down once the lease expires in days.

Gary will have none of that, so the trio actually makes a trip to Kermit's house to inform him of this atrocity. They get Kermit all excited about getting all of the Muppets together to do a show to raise the money needed before their lease on the studio runs out.

The journey to find everyone and drag them away from their mediocre jobs is hilarious and inspiring. Kermit is so excited to reunite with Miss Piggy (voiced by Eric Jacobson). However, she's not been hanging around doing nothing; Miss Piggy is the plus-size editor at Paris Vogue and who is her secretary? How about Emily Blunt (*The Devil Wears Prada*)! So Piggy isn't ready to throw up her hands and start over, a disappointment to Kermit, but he keeps a stiff upper lip for the sake of the group.

So can they talk a studio into giving them a TV show? Does Miss Piggy have a change of heart? Does Walter find the place he really belongs? Does Gary grow up before he loses Mary?

Answers to these questions and a whole lot of fun await kids and parents while seeing *The Muppets* – a perfect-for-the-family movie. And young or old, there's nothing better than spending a few hours with the Muppets.

**The Muppets**

Studio: Walt Disney Studios

Gazette Grade: B+

MPAA: "PG" for some mild rude humor

Who Should Go: families

Twilight Saga: Breaking Dawn Part 1

Studio: Summit Entertainment

Gazette Grade: D

MPAA: "PG-13" for disturbing images, violence, sexuality/partial nudity and some thematic elements

Who Should Go: Mature fans of the series

Twilight series dims



Robert Pattinson and Kristen Stewart star in *Twilight Saga: Breaking Dawn Part 1*

Review by Diana Saenger

The stats are all on Rotten Tomatoes.com about *Twilight Saga: Breaking Dawn Part 1*. The movie has only a 28 percent approval rating

from top film critics around the country, but audience approval is 92 percent approval. Truthfully, it's hard to argue with a \$139.5 million opening weekend. So who needs critics anyway?

Nothing negative about the film can be said to fans who spent long hours outside theatres – often in the cold – waiting for the first showing at midnight. The *Twilight* phenomenon – continuously building since the series' first film *Twilight* in 2008 – is not just for young teens as I witnessed in the screening I attended. Two young women, approximately 18-19, actually swooned out loud every time Robert Pattinson appeared on screen and when he took off his shirt I couldn't image what they were thinking with their loud moans.

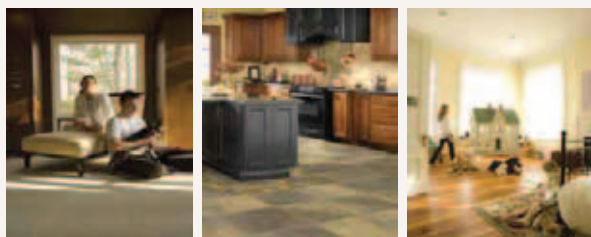
Of course, who doesn't know this movie was about Bella Swan (Kristen Stewart), a young teen human, marrying a 115-year-old vampire, Edward Cullen (Pattinson). They met in high school, which years ago spawned this question in my mind; why is a 115-year-old guy still in high school?

From the critics' viewpoints – mine included – Part 1 lacks continuity, is much ado about nothing, far too graphic in the birth scenes, is slow, other than the nice wedding scene is boring, should not have been stretched out and once again; sees little emotion or acting ability in Stewart. I actually found the inset scene Ellen Degeneres created on her show of her in a tub in Bella and Edward's honeymoon suite while they are standing nearby, more entertaining than watching them.

From the fans – they're ecstatic. One fan said, "Best of the *Twilight* saga so far. The sex scenes are satisfyingly hot." So now all they have to do is keep up that enthusiasm for another year to see how this series ends and who really ends up with the baby. Non fans – don't bother going.

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THEME: AT THE GYM

ACROSS

1. Can cause mass destruction
6. *Part of a strength training set
9. Ball of yarn
13. Fear-inspiring
14. Husk of corn
15. It has two doors

16. "Boy ____ World"
17. "He ____ and drank the precious Words..."
18. Packers QB
19. *Lookout man
21. ____ the Great, king of Persia
23. Rolled grass
24. Colored
25. Socialist, abbr.
28. ____ E. Coyote

30. Silver in a cloud?
35. Often done cold turkey
37. Harsh, as in remark
39. Oil tanker
40. "Do ____ others as you would have them do..."
41. ____ like a dark cloud
43. Bog down
44. Sour in taste
46. Feed storage
47. Don't forget to hit this button when done
48. Ennui
50. *Done to a sparring partner
52. Bear's winter hangout
53. Conservative talkshow host
55. File a suit
57. Red light, green light
60. *Dumbbells and plates
64. Narrow water-filled gorge
65. And not
67. Greek bazaar
68. Raja's wife

69. *Sometimes follows injury
70. Himalayan country
71. * ____ gym, accessible to everyone
72. Kicked in yard game
73. Proficient

DOWN

1. Tailor's actions
2. Sound from rival of #28 Across
3. Black and white treat
4. Catcher's gear, pl.
5. Bequeath
6. Back seat
7. Jack Sprat couldn't do this to fat
8. College president
9. Sweet talk
10. Used in angling
11. "Iliad," e.g.
12. Skin cyst
15. *Exercise of the heart
20. Piaf or Wharton
22. Unagi
24. Ascetic Muslim monk
25. *Glute exercise
26. 1/16th of a pound
27. Recognized
29. Vietnam's neighbor
31. Jodie Foster's " ____ Island" (2008)
32. It describes the siege of Troy
33. Courage to go on
34. Light signal
36. Reality TV actress Spelling
38. "Wilhelm ____" by Friedrich von Schiller
42. Agitate
45. *Often done in four counts
49. Police ____ shot
51. Region of northeastern South America
54. Type of boom
56. Pelted, as with eggs
57. *Congratulatory gesture
58. *Listen to one on headphones while exercising
59. Bad luck predictor
60. Kind of bird
61. It springs eternal?
62. Try not to fall into this
63. Lot's wife turned into a pillar of this
64. "To and ____"
66. South American tuber

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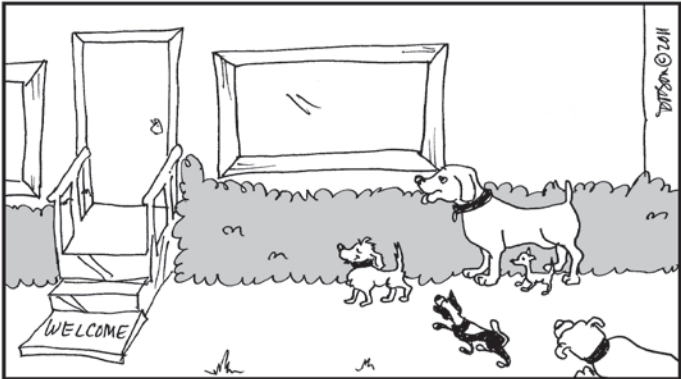
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Whether you are entertaining a large crowd or serving up a small family-style dinner, this Tuscan Roast Turkey will be the centerpiece of your holiday table. The juicy flavors and crisp, golden brown skin come from a Tuscan Herb Paste made with fresh herbs and a blend of olive oils.

After you've tried Olive Oil and Herb Mashed Potatoes, you may never want to go back to plain mashed potatoes again. The creamy texture and robust flavor are a perfect complement to the turkey.

For another amazing side dish, try sweet and salty Brussels Sprouts with Caramelized Onions and Prosciutto — it just might become the family's new favorite.

The rich taste of olive oil promises to elevate your holiday cooking to delicious works of art. For more recipes that will turn any meal into an unforgettable feast, visit www.carapelliusa.com.



Brussels Sprouts with Caramelized Onions and Prosciutto

Serves 12

- 2 pounds fresh Brussels sprouts, blanched, quartered**
- 4 tablespoons Carapelli Premium 100% Italian Extra Virgin Olive Oil**
- 1 onion, julienned**
- 1 1/2 ounces prosciutto, sliced into 1/2-inch strips**
- 4 tablespoons white balsamic vinegar**
- Sea salt**
- Fresh cracked black pepper**

Trim stem end of Brussels sprouts. Discard wilted outside leaves. Boil in salted water until cooked through (about 7 minutes) and just tender. Shock in ice water. Quarter the cooled sprouts.

In large skillet over medium-high heat, caramelize onions in olive oil for 15 to 20 minutes, stirring frequently. Remove from pan. Place in bowl, mix with prosciutto.

In the same skillet, over high heat, lightly brown Brussels sprouts. Add onion-prosciutto mix, toss.

Deglaze by adding white balsamic vinegar and scraping bottom of pan. Season with salt and pepper.

Olive Oil and Herb Mashed Potatoes

Serves 12

- 10 8-ounce potatoes, (about 5 pounds) peeled and cut in half**
- 3/8 teaspoon white pepper**
- 1 1/2 tablespoons kosher salt**
- 1/2 cup Tuscan Herb paste**
- 1/2 cup Carapelli Premium 100% Italian Extra Virgin Olive Oil**
- 1 cup heavy cream, warmed**

Boil potatoes in salted water. When cooked tender, mash potatoes. Mix salt and pepper with Tuscan Herb Paste, olive oil and warm heavy cream. Fold into potatoes.



Tuscan Roast Turkey

Serves 16

- 1 16-pound young turkey**
- Kosher salt, to taste**
- 1 cup Tuscan Herb Paste**
- 1 teaspoon fennel seeds, crushed**
- 2 teaspoons celery salt**
- 3 fennel stalks with fronds, rough chopped**
- 3 onions, large dice**
- 1 stalk celery, small dice**
- 2 1/4 quarts chicken stock, divided**
- 3 ounces all-purpose flour**

Remove giblets from turkey's cavity, rinse cavity and pat dry, set aside. Season turkey inside and out with kosher salt.

Mix Tuscan Herb Paste with crushed fennel seeds and celery salt. Starting at the neck of the bird, slip your hand between the meat and the skin to loosen.

Rub half the paste mix under skin, and rub remaining paste inside the cavity and over the rest of the turkey.

Place two-thirds of the chopped onion and fennel stalks inside cavity. Truss bird.

Place turkey in a roasting pan. Roast at 400°F for 30 minutes.

Reduce temperature to 325°F and continue cooking the turkey to an internal temperature of 160°F, approximately 2 1/2 to 3 hours. Baste turkey often during cooking with juices from pan. If turkey begins to overbrown, cover it loosely with aluminum foil.

As turkey roasts, simmer giblets (neck, heart and gizzard), the other one-third of the fennel stalk, onion mix and diced celery in 1 quart chicken stock until tender, approximately 1 1/2 hours.

When turkey is done, remove from roasting pan and set aside to rest. Degrease roasting pan, reserving 3 ounces of fat to make a roux.

Deglaze pan with a small amount of chicken stock. Transfer stock to a saucepot, and add remaining stock and broth from giblets. Bring to a simmer and degrease.

Make a blond roux with reserved fat and flour. Add roux to the liquid, whisking well to prevent lumps. Simmer 15 minutes. Strain gravy through a fine-meshed strainer. Adjust seasoning.

Tuscan Herb Paste

Yield: 2 1/4 cups

- 1 tablespoon fresh basil**
- 2 tablespoons fresh rosemary**
- 1/2 packed cup fresh Italian parsley**
- 1 tablespoon fresh thyme**
- 2 tablespoons fresh sage**
- 1/2 teaspoon crushed red pepper**
- 3/4 cup Carapelli Extra Light in Taste Olive Oil**
- 1 cup Carapelli Premium 100% Italian Extra Virgin Olive Oil**

Blend herbs and crushed red pepper with light olive oil using a blender or food processor, then stir in extra virgin olive oil.

Serving Ideas: Rub under the skin of turkey for Tuscan Roast Turkey. Use to flavor vegetables for grilling and mushrooms for roasting.

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-031303 FICTITIOUS BUSINESS NAME(S): a.) Promontory Properties b.) Woodlawn Manor Apartments Located at: 1150 Silverado St., La Jolla, CA 92037 This business is conducted by: A General Partnership The first day of business was: June 16, 1995 This business is hereby registered by the following: Stephen K. Henderson 5334 Westknoll Dr., San Diego, CA 92109; James J. DeFlon 708 Yarmouth Dr., Palos Verdes, CA 90274; Anita D. Henderson 5334 Westknoll Dr., San Diego, CA 92109; JoAnn DeFlon 708 Yarmouth Dr., Palos Verdes, CA 90274 This statement was filed with Recorder/County Clerk of San Diego County on November 08, 2011. East County Gazette- GIE030790 11/17, 11/24, 12/01, 12/08, 2011	FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-031602 FICTITIOUS BUSINESS NAME(S): All American Bookkeeping, Payroll & tax Located at: 314 S. Magnolia Ave., El Cajon, CA 92020 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Katrina M. Withey 8417 Calleja Risa, El Cajon, CA 92021 This statement was filed with Recorder/County Clerk of San Diego County on November 10, 2011. East County Gazette- GIE030790 11/17, 11/24, 12/01, 12/08, 2011
FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-030427 FICTITIOUS BUSINESS NAME(S): Roman's Electronics Located at: 765 Grape St., El Cajon, CA 92021 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Ramon Flores Perez 765 Grape St., El Cajon, CA 92021 This statement was filed with Recorder/County Clerk of San Diego County on October 28, 2011. East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011	FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-029883 FICTITIOUS BUSINESS NAME(S): Stickley on Security Located at: 4215 Miguel View Rd., La Mesa, CA 91941 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: James Nelson Stickley III 4215 Miguel View Rd., La Mesa, CA 91941 This statement was filed with Recorder/County Clerk of San Diego County on October 24, 2011. East County Gazette- GIE030790 11/10, 11/17, 11/24, 12/01, 2011

Assessor's Parcel No. 511-014-16-10 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **Bank of America, N.A. 475 Crosspoint Parkway Getzville NY 14068**. Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has not obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does apply to this notice of sale. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney.** Date: **Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 619-645-7711**

Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0015883 11/17/2011 11/24/2011 12/1/2011

CASE NUMBER 37-2011-00096290-CU-BC-CTL SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): CUTTING EDGE CONSTRUCTION, INC. a California corporation; and DOES 1 through 25, inclusive. **YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE):** GUILLERMO ENTERPRISES, INC., a successor-in-interest to WGA Estes Street, LP, a dissolved California limited partnership; UNITED DEVELOPMENT GROUP, INC., a California corporation and co-successor-in-interest to WGA Estes Street, LP, a dissolved California limited partnership. **NOTICE! You have been sued.** The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 330 West Broadway, San Diego, CA 92101. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Jon H. Epsten, Esq. (SBN 110480), Joyce J. Kapsal, Esq. (SBN 91950), EPSTEN GRINNELL & HOWELL, APC, 9980 Carroll Canyon Rd., Suite 200, San Diego, CA 92131 Phone (858) 527-0111. Date: (Fecha) August 12, 2011. Clerk (Secretario) By: R. vela, Deputy Clerk (Adjunto) East County Gazette GIE030790 Nov. 17, 24, Dec. 1, 8, 2011

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— LEGAL NOTICES —

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-031314
FICTITIOUS BUSINESS NAME(S): Christian's Eternal Outreach aka C.E.O.
Located at: 3147 E. Victoria Dr., Alpine, CA 91901
This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: Tamra L. Todd 3147 E. Victoria Dr., Alpine, CA 91901
Paul E. Todd 3147 E. Victoria Dr., Alpine, CA 91901
This statement was filed with Recorder/County Clerk of San Diego County on November 8, 2011.
East County Gazette- GIE030790 11/10, 11/17, 11/24, 12/01, 2011

CASENO: 24-D-09-003564
Circuit Court for Baltimore City
Plaintiff: Ben Ndiritu
Defendant: Theressia Wade
NOTICE (DOM REL 72)
The above Plaintiff has filed a petition/ complaint/motion, entitled: Complaint for Absolute Divorce in which he/she is seeking ABSOLUTE DIVORCE.
Notice is hereby issued by the Circuit Court for Baltimore City, that the relief sought in the aforementioned petition/complaint/motion may be granted, unless cause be shown to the contrary. Defendant is to file the response to the petition/complaint/motion on or before 60 days from date of this publication. Failure to file the response within the time allowed may result in a judgment by default or the granting of the relief sought, provided a copy of this Notice be published in some newspaper published in this country/city, once in each of three (3) successive weeks on or before____.
Signed: Frank M. Conway, Clerk.
Dated: May 24, 2010
East County Gazette- GIE030790 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-028498
FICTITIOUS BUSINESS NAME(S): Smokin Beaver Brewing Company
Located at: 630 Grand Ave., Carlsbad, CA 92008
This business is conducted by: A General Partnership
The business has not yet started.
This business is hereby registered by the following: Christopher K. Danner 4418 Salisbury Dr., Carlsbad, CA 92010
David W. Livingstone 6946 Lalley Lane, San Diego, CA 92119
This statement was filed with Recorder/County Clerk of San Diego County on October 11, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-029887
FICTITIOUS BUSINESS NAME(S): V.I.P. Nails & Spa
Located at: 2260 Otay Lake #107, Chula Vista, CA 91915
This business is conducted by: An Individual
The first day of business was: October 24, 2011
This business is hereby registered by the following: Ly Q. Le 2260 Otay Lake #107, Chula Vista, CA 91915
This statement was filed with Recorder/County Clerk of San Diego County on October 24, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-029689
FICTITIOUS BUSINESS NAME(S): a.) Mangia Bene Ristorante Italiano b.) Mangia Bene Italian Restaurant
Located at: 221 E. Main St., El Cajon, CA 92020
This business is conducted by: An Individual
The first day of business was: October 21, 2011
This business is hereby registered by the following: Leonard J. Donato 1432 So. Magnolia Ave., El Cajon, CA 92020
This statement was filed with Recorder/County Clerk of San Diego County on October 21, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-030444
FICTITIOUS BUSINESS NAME(S): Health Tech
Located at: 8315 Foothill Blvd., Pine Valley, CA 91962
This business is conducted by: A Corporation
The first day of business was: November 01, 2011
This business is hereby registered by the following: Cecena Medical Technologies, INC 8315 Foothill Blvd., Pine Valley, CA 91962
This statement was filed with Recorder/County Clerk of San Diego County on October 28, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

T.S. No. 11-4920-11 Loan No. 0146706122
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/5/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: JESSE PATTON, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 06/11/2007 as Instrument No. 2007-0392772 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 12/14/2011 at 09:00 AM Place of Sale: In The Auction.com Room, Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive, San Diego, CA 92101 Amount of unpaid balance and other charges: \$429,871.74, estimated Street Address or other common designation of real property: 1704 N. 1ST STREET, EL CAJON, CA A.P.N.: 388-201-18-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Date: 11/14/2011 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 (949) 720-9200 Foreclosure Dept. Fax (949) 608-0130 Sale Information Only: (800) 280-2832 Auction.com Renae C. Murray, Foreclosure Manager P893963 11/17, 11/24, 12/01/2011

T.S. No. 11-4551-11 Loan No. 02053399314
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/29/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: RICHARD TOVAR AND TAMMY CAMPBELL-TOVAR, HUSBAND AND WIFE AS JOINT TENANTS Duly Appointed Trustee: THE WOLF FIRM, A LAW CORPORATION Recorded 04/05/2007 as Instrument No. 2007-0228927 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 12/8/2011 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$438,525.25, estimated Street Address or other common designation of real property: 8322 ORA BELLE LANE EL CAJON, CA A.P.N.: 400-510-37-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Date: 11/14/2011 THE WOLF FIRM, A LAW CORPORATION 2955 Main Street, 2nd Floor Irvine, California 92614 (949) 720-9200 Foreclosure Dept. Fax (949) 608-0130 Sale Information Only: (714) 573-1965 Renae C. Murray, Foreclosure Manager P894348 11/17, 11/24, 12/01/2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-029964
FICTITIOUS BUSINESS NAME(S): a.) Artizara b.) Artizara.com c.) Fashion Undercover d.) Fashion Undercover.com e.) Artizaan f.) Artizaan.com
Located at: 14286 Olde Hwy 80, El Cajon, CA 92021
This business is conducted by: A Corporation
The first day of business was: January 1, 2003
This business is hereby registered by the following: Artizara Inc. 14286 Olde Hwy 80, El Cajon, CA 92021
This statement was filed with Recorder/County Clerk of San Diego County on October 24, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-031186
FICTITIOUS BUSINESS NAME(S): Doug's Customs
Located at: 1245 Adobe Lane, El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: November 7, 2011
This business is hereby registered by the following: 1. Douglas Kvanda 1245 Adobe Lane, El Cajon, CA 92021
This statement was filed with Recorder/County Clerk of San Diego County on November 07, 2011.
East County Gazette- GIE030790 11/10, 11/17, 11/24, 12/01, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-030621
FICTITIOUS BUSINESS NAME(S): Mike Leddon Grafix
Located at: 8311 Wintergardens Blvd., Lakeside, CA 92040
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Michael J. Leddon 8311 Wintergardens Blvd., Lakeside, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on November 01, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-029803
FICTITIOUS BUSINESS NAME(S): Frontline Restoration
Located at: 1352 N. Magnolia Ave., El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Koy Strong 13265 Lindo Lane, Lakeside, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on October 24, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2011-00079450-CU-PT-SC
IN THE MATTER OF THE APPLICATION OF SHYNEIECA SMITH ON BEHALF OF MINOR CALEB JAMIR BUCHANAN FOR CHANGE OF NAME PETITIONER: SHYNEIECA SMITH ON BEHALF OF MINOR CALEB JAMIR BUCHANAN HAS FILED FOR AN ORDER TO CHANGE NAME
FROM: CALEB JAMIR BUCHANAN TO: CALEB JAMIE SMITH
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 500 3RD AVE., CHULA VISTA, CA 91910, Department 4 on DECEMBER 14, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON OCTOBER 31, 2011.
East County Gazette – GIE030790 11/03, 11/10, 11/17, 11/24, 2011

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032053
FICTITIOUS BUSINESS NAME(S): Dad's Wood Shoppe
Located at: 2582 Saddle Back St., Chula Vista, CA 91914
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Richard D. Rathburn 2582 Saddle Back St., Chula Vista, CA 91914
This statement was filed with Recorder/County Clerk of San Diego County on November 16, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-030569
FICTITIOUS BUSINESS NAME(S): Tax & Wealth Management 360
Located at: 7777 Alvarado Road #106, La Mesa, CA 91942
This business is conducted by: An Individual
The first day of business was: October 1, 2011
This business is hereby registered by the following: Brian Hoyt 7777 Alvarado Road #106, La Mesa, CA 91942
This statement was filed with Recorder/County Clerk of San Diego County on October 31, 2011.
East County Gazette- GIE030790 11/03, 11/10, 11/17, 11/24, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-031798
FICTITIOUS BUSINESS NAME(S): a. Bailey RSD Self Storage b. Ace Your Storage Place
Located at: 10035 Prospect Ave., Ste. 101, Santee, CA 92071
This business is conducted by: A Limited Partnership
The first day of business was: September 13, 2011
This business is hereby registered by the following: Brad S. Bailey Co, GS 10035 Prospect Ave., Ste. 101, Santee, CA 92071
This statement was filed with Recorder/County Clerk of San Diego County on November 15, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032157
FICTITIOUS BUSINESS NAME(S): HAFa ADAI Entertainment
Located at: 4306 Topaz Ct. #210, La Mesa, CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Vern Lababit 4306 Topaz Ct. #210, La Mesa, CA 91941
This statement was filed with Recorder/County Clerk of San Diego County on November 17, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2011-00070741-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF HASHIM SUMO AND AVIN SUMO ON BEHALF OF MINOR MIDAD HASHIM SUMO FOR CHANGE OF NAME PETITIONER: HASHIM SUMO AND AVIN SUMO ON BEHALF OF MINOR MIDAD HASHIM SUMO HAS FILED FOR AN ORDER TO CHANGE NAME
FROM: MIDAD HASHIM SUMO TO: RYAN HASHIM SUMO
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 330 W. BROADWAY, SAN DIEGO, CA 92101, Department 15 on JANUARY 11, 2012 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON OCTOBER 25, 2011.
East County Gazette – GIE030790 11/03, 11/10, 11/17, 11/24, 2011

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LEGAL NOTICES

NOTICE TO CREDITORS OF SYLVIA A. FRITZ

CASE NO: 37-2011-00152426-PR-NC-CTL

Notice is hereby given to the creditors and contingent creditors of the above-named decedent, Sylvia A. Fritz, that all persons having claims against the decedent are required to file them with the Superior Court of California, County of San Diego, at 1409 4th Avenue, San Diego, CA 92101, and mail or deliver a copy to Stephanie Singer Cohen (Address: 12420 Landale Street, Studio City, CA 91604), as trustee of the The Fritz Family Trust dated: January 8, 1997 ("Trust"). The decedent was the settler of said Trust. All claims must be filed within the later of four (4) months after November 23, 2011 (date of first publication of this notice to creditors), or if notice is mailed or personally delivered to you, thirty (30) days after the date of this notice is mailed or personally delivered to you, or you must petition to file a late claim as provided in Section 9103 of the Probate Code. A claim may be obtained from the court clerk. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested. The Fritz Family Trust u/d/t January 8, 1997 By: Stephanie Singer Cohen Dated: Nov. 10, 2011 THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON NOVEMBER 15, 2011.

East County Gazette – GIE030790
11/24, 12/01, 12/08, 12/15, 2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2011-00071168-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF ERIC BRANDON MONTEFORTE FOR CHANGE OF NAME PETITIONER: ERIC BRANDON MONTEFORTE HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: ERIC BRANDON MONTEFORTE
TO: ERIC BRANDON LOOMIS
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020 Department 15 on JANUARY 18, 2012 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON NOVEMBER 18, 2011.

East County Gazette – GIE030790
11/24, 12/01, 12/08, 12/15, 2011

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code
Ace Your Storage Place
Located at:
9672 Winter Gardens Blvd
Lakeside, CA 92040
(619) 443-9779
Will sell, by competitive bidding, on December 8th 2011 at 8:00 AM or after .The follow-ing properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:
Carrie Schultz A0022
Monica Larios AU048
Gerald or Barbara Tinnell Jr AU053 Ivan Ryzhov B0025
Tina Miles Bu139
Kevin Meadows C0011
Antoinette Miller C0049
Jeff Stotzel Cu091
Linsey Bollinger DU049
GREGORY MCAFFEE DU086
William k Ritch
West coast auctions State license bla 6401382
760-724-0423
East County Gazette GIE030790 Nov. 24, Dec. 1, 2011

TS # CA-11-463529-AB Order #: 5764575
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/11/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JOSEPH INGLE AND SOLEDAD INGLE, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 08/19/2004 as Instrument No. 2004-0787808 in book xxx, page xxx of Official Records in the Office of the Recorder of SAN DIEGO County, California; Date of Sale: 12/20/2011 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$266,038.12 The purported property address is: 11430 VIA RANCHO SAN DIEGO #111 EL CAJON, CA 92019 Assessors Parcel No. 502-040-37-23 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 866-450-3172 Ext. 3704 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. P893843 11/24, 12/1, 12/08/2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-031920**
FICTITIOUS BUSINESS NAME(S): East County Water & Sports Physical Therapy
Located at: 10225 Austin Dr. Suite 106, Spring Valley, CA 91978
This business is conducted by: A Corporation
The first day of business was: January 4, 2001
This business is hereby registered by the following: Deason Incorporated 13105 Morning Glory Dr., Lakeside, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on November 15, 2011.

East County Gazette- GIE030790
11/24, 12/01, 12/08, 12/15, 2011



CITY OF EL CAJON

NOTICE OF PUBLIC HEARING PROPOSED ADOPTION OF CITY CHARTER

NOTICE IS HEREBY GIVEN that at **3:00 p.m. on Tuesday, December 13, 2011** the El Cajon City Council will hold a public hearing in the City Council Chambers located at 200 Civic Center Way, El Cajon, CA to consider:

PROPOSED ADOPTION OF CITY CHARTER:
This is the first of two public hearings to seek input from members of the public on a proposal for adoption of a City Charter for the City of El Cajon, prior to City Council action to decide whether to submit the measure to voters at a June 5, 2012 Special Municipal Election. If submitted to the voters and approved at the election the City would change from a general law city to a charter city. A city charter allows the city the power to make and enforce all ordinances and regulations with respect to municipal affairs unless preempted by state legislation as matters of statewide concern. The proposed charter would grant the City powers different from many of those described in the Government Code for general law cities. A second public hearing will take place at 7:00 p.m. on Tuesday, January 24, 2012.

A copy of the proposed charter is available for viewing in the City Clerk's office, (619) 441-1763.

The public is invited to attend and participate in this public hearing. Please call the City Clerk's Office (619) 441-1763, if you have any questions regarding this notice of hearing. If you challenge the matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the City Clerk at, or prior to, the public hearing.

The City of El Cajon encourages the participation of disabled individuals in the services, activities, and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the City Council meetings should contact the City Clerk's Office at (619) 441-1763.

KATHIE J. RUTLEDGE, CMC, CITY CLERK
OF THE CITY OF EL CAJON
(619) 441-1763 / (619) 441-1542 (TDD – Hearing Impaired)

Publish: November 17, 2011

East County Gazette- GIE030790
11/17, 12/01/11

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-031052**
FICTITIOUS BUSINESS NAME(S): RT Service & Repair
Located at: 10001 Burrock Dr., Santee, CA 92071
This business is conducted by: An Individual
The first day of business was: October 1, 2011
This business is hereby registered by the following: Richard T. Thomas 10001 Burrock Dr., Santee, CA 92071
This statement was filed with Recorder/County Clerk of San Diego County on November 04, 2011.

East County Gazette- GIE030790
11/24, 12/01, 12/08, 12/15, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-030031**
FICTITIOUS BUSINESS NAME(S): Roy's Trucking
Located at: 9446 Carlton Oaks Unit B, Santee, CA 92071
This business is conducted by: An Individual
The first day of business was: October 25, 2011
This business is hereby registered by the following: Roy Williams 9446 Carlton Oaks Unit B, Santee, CA 92071
This statement was filed with Recorder/County Clerk of San Diego County on October 25, 2011.

East County Gazette- GIE030790
11/03, 11/10, 11/17, 11/24, 2011

TS # CA-11-453840-VF Order #: 110317647-CA-BFI NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/18/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): MICHAEL KHANOUKOV, A SINGLE MAN Recorded: 06/23/2004 as Instrument No. 2004-0586835 in book xxx, page xxx of Official Records in the Office of the Recorder of SAN DIEGO County, California; Date of Sale: 12/20/2011 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$278,563.79 The purported property address is: 1023S MOLLISON AVE EL CAJON, CA 92020 Assessors Parcel No. 493-233-20-02 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 866-450-3172 Ext. 3704 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. P893021 11/24, 12/1, 12/08/2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-029048**
FICTITIOUS BUSINESS NAME(S): a.) Barbershop and Salon Essentials b.) B.A.S.E.
Located at: 800 E. Lexington Ave. #122, El Cajon, CA 92020
This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: Candace L. Gray 800 E. Lexington Ave. #122, El Cajon, CA 92020
Steven L. Gray II 800 E. Lexington Ave. #122, El Cajon, CA 92020
This statement was filed with Recorder/County Clerk of San Diego County on October 14, 2011.

East County Gazette- GIE030790
11/03, 11/10, 11/17, 11/24, 2011

Trustee Sale No. 752086CA Loan No. 0683104210 Title Order No. 110414170-CA-MAI NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/29/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12/16/2011 at 10:00 AM, CALIFORNIA RECONVEYANCE COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 10/01/2004, Book N/A, Page N/A, Instrument 2004-0937559, of official records in the Office of the Recorder of SAN DIEGO County, California, executed by: PHILIP F. BAILEY AND RENEE J. BAILEY, HUSBAND AND WIFE, as Trustor, WASHINGTON MUTUAL BANK, FA, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 EAST MAIN STREET, EL CAJON, CA Legal Description: As more fully described in said Deed of Trust Amount of unpaid balance and other charges: \$343,472.05 (estimated) Street address and other common designation of the real property: 11424 VIA RANCHO SAN DIEGO #85 EL CAJON, CA 92019 APN Number: 502-040-55-05 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that

it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 11/18/2011 CALIFORNIA RECONVEYANCE COMPANY, as Trustee LUCIA ARIAS, ASSISTANT SECRETARY CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. California Reconveyance Company 9200 Oakdale Avenue Mail Stop: CA2-4379 Chatsworth, CA 91311 800-892-6902 For Sales Information: (714) 730-2727 or www.lpsasap.com (714) 573-1965 or www.priority-posting.com P896558 11/24, 12/1, 12/08/2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2011-00071080-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF TRACY IRENE BALL FOR CHANGE OF NAME PETITIONER: TRACY IRENE BALL HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: TRACY IRENE BALL
TO: TRACY IRENE MCGREGOR
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020 Department 15 on JANUARY 11, 2012 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON NOVEMBER 16, 2011.

East County Gazette – GIE030790
11/24, 12/01, 12/08, 12/15, 2011

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AND KNOW HOW = BEST JOB**

— LEGAL NOTICES —

Trustee Sale No. 20618CA Title Order No. 110376106-CA-MAI NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12-06-2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12-16-2011 at 10:00 A.M., MERIDIAN FORECLOSURE SERVICE f/k/a MTDS, INC., A CALIFORNIA CORPORATION DBA MERIDIAN TRUST DEED SERVICE as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 12-13-2005, Book , Page , Instrument 2005-1066109 of official records in the Office of the Recorder of SAN DIEGO County, California, executed by: JEFFREY CARL BUYS AND SHERRI ANN BUYS, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor, MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR HOME LOAN CENTER, INC., DBA LENDINGTREE LOANS, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the trustee for the amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA Legal Description: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST Amount of unpaid balance and other charges: \$300,992.49 The Street address and other common designation of the real property purported as: 999 ALVEDA AVENUE, EL CAJON, CA 92019 APN Number: 514-262-01-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". Date: 11-21-2011 MERIDIAN FORECLOSURE SERVICE f/k/a MTDS, INC., A CALIFORNIA CORPORATION DBA MERIDIAN TRUST DEED SERVICE, As Trustee 3 SAN JOAQUIN PLAZA, SUITE 215, NEWPORT BEACH, CA 92660 Sales Line: (714) 573-1965 or (702) 586-4500 PRIORITY-POSTING.COM JESSE J. FERNANDEZ, PUBLICATION LEAD MERIDIAN FORECLOSURE SERVICE IS ASSISTING THE BENEFICIARY TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. P899718 11/24, 12/1, 12/08/2011

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LEGAL AD
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Firearms and Militaria

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Honest & Trustworthy

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San Diego Gun Buyer

North County 858-248-3540
SanDiegoGunBuyer.com

South County 619-318-9465
SDGunBuyer@gmail.com

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032244
FICTITIOUS BUSINESS NAME(S): Hair International
Located at: 1775 E. Main St., El Cajon, CA 92021
This business is conducted by: Husband and Wife
The first day of business was: February 2, 1989
This business is hereby registered by the following: Jackie Roccoforte 10670 Indigo Blossom Lane, San Diego, CA 92121
Dan Roccoforte 10670 Indigo Blossom Lane, San Diego, CA 92121
This statement was filed with Recorder/County Clerk of San Diego County on November 18, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-031801
FICTITIOUS BUSINESS NAME(S): Eleven 44
Located at: 6702 Delfern St., San Diego, CA 92120
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Marc Alnwick 6702 Delfern St., San Diego, CA 92120
This statement was filed with Recorder/County Clerk of San Diego County on November 15, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032175
FICTITIOUS BUSINESS NAME(S): Mobile Auto Spa Inc.
Located at: 1283 East Main St., El Cajon, CA 92021
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: Mobile Auto Spa, Inc. 1283 East Main St., El Cajon, CA 92021
This statement was filed with Recorder/County Clerk of San Diego County on November 17, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032324
FICTITIOUS BUSINESS NAME(S): Courtesy Liquor
Located at: 3963 Governor Dr., San Diego, CA 92122
This business is conducted by: A Corporation
The first day of business was: November 21, 2011
This business is hereby registered by the following: H&D Ballo Inc. 758 S. Mollison Ave. #41, El Cajon, CA 92020
This statement was filed with Recorder/County Clerk of San Diego County on November 21, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032024
FICTITIOUS BUSINESS NAME(S): East County Bling
Located at: 1716 Monarch Ridge Circle, El Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Matthew William Hess 1716 Monarch Ridge Circle, El Cajon, CA 92019
This statement was filed with Recorder/County Clerk of San Diego County on November 16, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

TS #: CA-09-279793-CL Order #: 090328049-CA-DCO NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/16/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JALIL E HOMMI AND NASMA A HOMMI HUSBAND AND WIFE AS JOINT TENANTS Recorded: 09/24/2004 as Instrument No. 2004-0908207 in book xxx, page xxx of Official Records in the Office of the Recorder of San Diego County, California; Date of Sale: 12/20/2011 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$578,622.88 The purported property address is: 13647 PIPING ROCK LN EL CAJON, CA 92021 Assessors Parcel No. 401-201-05 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 619-645-7711 Ext. 3704 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. P899363 11/24, 12/1, 12/08/2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032047
FICTITIOUS BUSINESS NAME(S): Hell-Bent Motors
Located at: 1674 Buckman Springs Rd., Campo, CA 91906
This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: 1. Michael J. Thing 1674 Buckman Springs Rd., Campo, CA 91906
Sherry M. Thing 1674 Buckman Springs Rd., Campo, CA 91906
This statement was filed with Recorder/County Clerk of San Diego County on November 16, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

TS #: CA-09-319724-CL Order #: 228789 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/23/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): AMER CHARRY, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 12/29/2005 as Instrument No. 2005-1115721 in book XXX, page XXX of Official Records in the Office of the Recorder of SAN DIEGO County, California; Date of Sale: 12/20/2011 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$633,722.05 The purported property address is: 3003 JAMACHA VIEW DR EL CAJON, CA 92019 Assessors Parcel No. 519-331-09 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 619-645-7711 Ext. 3704 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. P899365 11/24, 12/1, 12/08/2011

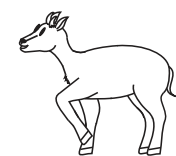



FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-032009
FICTITIOUS BUSINESS NAME(S): a. Xman Home Remodeling b.) Exavier Estrella
Located at: 14462 Wild West Pl., Jamul, CA 91935
This business is conducted by: Co-Partners
The first day of business was: November 15, 2011
This business is hereby registered by the following: Allan Estrella 14462 Wild West Pl., Jamul, CA 91935; Leonardo Estrella 14462 Wild West Pl., Jamul, CA 91935; Washington Estrella 14462 Wild West Pl., Jamul, CA 91935
This statement was filed with Recorder/County Clerk of San Diego County on November 16, 2011.
East County Gazette- GIE030790 11/24, 12/01, 12/08, 12/15, 2011

Trustee Sale No. 11285 Loan No. MASON Title Order No. 403951 APN 483-340-48-12 TRA No. 03188 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/7/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12/16/2011 at 10:00 AM, ACTION FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 05/09/2008 as Document No. 2008-0252102 of official records in the Office of the Recorder of San Diego County, California, executed by: LEE H. MASON, UN UNMARRIED MAN, as Trustor, 523 GRAVES, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF EXHIBIT A A CONDOMINIUM COMPOSED OF: PARCEL 1: AN UNDIVIDED ONE-TWENTY-FOURTH (1/24TH) INTEREST AS TENANT-IN-COMMON IN AND TO THE FOLLOWING DESCRIBED REAL PROPERTY: LOT 1 OF MARIVILLAS, IN THE CITY OF EL CAJON, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA ACCORDING TO MAP THEREOF NO. 10708 FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUTNY, AUGUST 23, 1983. EXCEPTING THEREFROM THE FOLLOWING: (A) ALL LIVING UNITS SHOWN UPON 523 GRAVES CONDOMINIUM PLAN RECORDED MAY 25, 2006 AS FILE NO. 2006-0370500, IN THE OFFICIAL RECORDS, SAN DIEGO COUNTY, CALIFORNIA ("CONDOMINIUM PLAN") (B) THE EXCLUSIVE RIGHT TO POSSESSION OF THOSE DESIGNATED AREAS AS EXCLUSIVE USE COMMON AREA PARKING SPACE, CARPORT AND YARD AREA AS SHOWN UPON THE CONDOMINIUM PLAN REFERRED TO HEREINABOVE AND WHICH ARE CONVEYED BY GRANTOR TO THE PURCHASER OF ANY LIVING UNIT. PARCEL 2: LIVING UNIT LU-204 AS SHOWN ON THE CONDOMINIUM PLAN REFERRED TO HEREINABOVE. PARCEL 3: THE EXCLUSIVE RIGHT TO THE USE, POSSESSION AND OCCUPANCY OF THOSE PORTIONS OF THE REAL PROPERTY REFERRED TO IN PARCEL 1 ABOVE, DESIGNATED AS EXCLUSIVE USE COMMON AREA YARD AREA, IF APPLICABLE, AS APPURTENANT TO PARCELS 1 AND 2 ABOVE DESCRIBED AND BEARING THE SAME NUMBER DESIGNATION AS THE LIVING UNIT REFERRED TO IN PARCEL 2 ABOVE. PARCEL 4: THE EXCLUSIVE RIGHT TO THE USE, POSSESSION AND OCCUPANCY OF THOSE PORTIONS OF THE REAL PROPERTY REFERRED TO IN PARCEL 1 ABOVE, DESIGNATED AS EXCLUSIVE USE COMMON AREA PARKING SPACE PS-N/A, AS APPURTENANT TO PARCELS 1 AND 2 ABOVE DESCRIBED. PARCEL 5: THE EXCLUSIVE RIGHT TO THE USE, POSSESSION AND OCCUPANCY OF THOSE PORTIONS OF THE REAL PROPERTY REFERRED TO IN PARCEL 1 ABOVE, DESIGNATED AS EXCLUSIVE USE COMMON AREA CARPORT CP-57 AND CP-58, AS APPURTENANT TO PARCELS 1 AND 2 ABOVE DESCRIBED. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 523 GRAVES AVENUE #204, EL CAJON, CA 92020. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any,

under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$189,783.98 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 11/14/2011 ACTION FORECLOSURE SERVICES, INC. 3033 FIFTH AVENUE SUITE 235 SAN DIEGO, CA 92103 (619) 704-1090 AUTOMATED SALES LINE (714) 573-1965 priorityposting.com MIMI OVANESSOFF, TRUSTEE SALE OFFICER P898261 11/24, 12/1, 12/08/2011

TS # CA-08-201344-PJ Order #: E852053 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/27/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): ERROL REX MCNEIL, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 8/3/2006 as Instrument No. 2006-0552390 in book xxx, page xxx of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 12/20/2011 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$1,083,571.88 The purported property address is: 9980 BON VUE DR EL CAJON, CA 92021 Assessor's Parcel No. 393-040-05 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 619-645-7711 Ext. 3704 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit obligations may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. P898927 11/24, 12/1, 12/08/2011

We're having turkey, stuffing...




...cranberry sauce, yams, rolls and pie!

Newspaper Fun!

www.readingclubfun.com

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Happy Thanksgiving!







Grandma helped me bake this pie!

The Pilgrims had few choices of foods when they sailed to America on the Mayflower. There was salted beef, pork, fish and hardtack, a dry biscuit. It is thought that they had dried peas, beans, cheese and some butter, too. They had some fresh water when they started out, but it didn't take long for it to spoil.

Whew! That makes me extra thankful for Mom's and Dad's great cooking.

Today's Thanksgiving is based on the three-day feast and celebration of 53 Pilgrims and about 90 Native Americans held in 1621 in Plymouth, Massachusetts.

It's a time for celebration...a time for sharing traditions with family, friends, neighbors...a time for...



visiting playing

serving giving

sharing making

phoning thinking

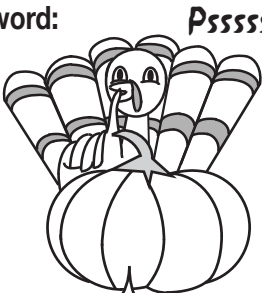
gathering providing

celebrating designing

1 2 3 4 5 6 7 8 9 10 11 12

Read the clues below to fill in the crossword:

- _____ with our family and friends
- _____ our homes
- _____ football
- _____ loved ones across the miles
- _____ a centerpiece for your table
- _____ a large dinner at a shelter
- _____ thanks for all we have
- _____ and helping an elderly person
- _____ food to the birds
- _____ and drawing your family tree
- _____ of people who have helped us
- _____ canned goods for the hungry



Psssst!

Hey, you! Let me know when Thanksgiving is over.

Turkey, nap and football too...




Visit our website to print out new puzzles:
Thanksgiving: Family, Fun and Feast! World of Color, What Happens in the Fall? www.readingclubfun.com

Free Puzzles!

Whaaaaat!!! You haven't joined yet?

A Bitter Berry

A berry named for me? How flattering!



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32

Use the letters to fill in the blanks to see the berry:

Native Americans showed the Pilgrims a bitter berry that was safe to eat. The cranberry plants, with their drooping flowers and long stalks, may have reminded the Pilgrims of some birds with long, curved necks and long legs. They called the plants: _____ berries

It is no surprise that the Pilgrims wanted to celebrate when they had a good harvest. Native Americans nearby, known as the Wampanoag, had introduced the Pilgrims to many new foods and showed them where to gather berries. They shared ideas for planting seeds and catching animals for food. About 90 Wampanoag men joined the Pilgrims for their harvest feast. **Can you find and circle these foods they are thought to have eaten?**

- wild geese

wild ducks

cabbages

boiled pumpkins

bitter wild plums

dried berries

lobsters

corn cakes

wild honey
- carrots

fish

eels

clams

turnips

venison

oysters

onions

turkey

U	Y	T	B	O	I	J	H	R	A	W	D	E	A	F	C	I	T
T	Y	W	I	L	D	H	O	N	E	Y	O	U	R	G	O	G	U
F	W	E	T	N	M	B	F	E	D	C	S	J	E	T	R	E	R
I	I	C	T	K	F	I	S	H	O	L	J	O	Y	G	N	D	K
S	L	E	E	O	J	O	F	E	E	J	F	V	H	F	C	H	E
K	D	D	R	I	E	D	B	E	R	R	I	E	S	G	A	G	Y
P	G	N	W	K	J	I	O	J	B	F	D	N	F	R	K	O	U
B	E	H	I	H	G	F	I	K	J	H	N	I	G	F	E	F	S
C	E	K	L	D	R	I	L	V	H	T	R	S	J	H	S	T	R
T	S	Y	D	T	R	O	E	O	G	S	D	O	Y	H	G	D	J
T	E	Y	P	T	R	O	D	J	B	S	D	N	Y	H	G	D	J
T	S	Y	L	T	R	O	P	J	G	S	D	T	Y	H	G	D	J
Y	E	T	U	K	J	W	U	G	F	R	T	L	O	P	I	J	S
U	N	G	M	K	G	D	M	K	S	U	T	E	D	S	E	R	K
Z	E	T	S	L	H	F	P	H	P	H	Y	T	R	G	F	D	C
C	O	B	M	T	T	K	K	H	I	L	D	U	V	S	K	G	U
B	N	H	S	R	D	S	I	G	N	K	C	P	J	M	L	O	D
F	I	T	P	I	H	G	N	G	R	J	O	Y	E	A	H	G	D
C	O	Y	S	T	E	R	S	H	U	J	G	F	E	L	I	H	L
H	N	I	T	F	H	I	D	S	T	O	R	R	A	C	K	J	I
B	S	K	H	F	C	A	B	B	A	G	E	S	K	I	Y	E	W

Our Best Friends

Don't pay for a purebred — adopt one



Purebred pets are available at animal shelters.

Are you looking for a certain kind of furry family member? Consider adoption as an option. Despite popular belief, not all pets needing homes are mixed breeds. In fact, as many as 25 percent of the 8 million dogs and cats in the care of animal welfare agencies are recognizable breeds. All kinds of pets end up homeless for a variety of reasons—frequently due to “people issues” rather than

problems with the pets themselves. As a result, local animal shelters and breed-specific rescue groups are great options for people interested in adding a specific breed of pet to their family.

For example, when Destini Hollis decided to get a dog, she had her heart set on a Bouvier des Flandres, a large dog originally bred in Belgium. Rather than turning to

a breeder, Destini sought out rescue groups that specialized in caring for homeless dogs of her preferred breed. She soon found her match: Baku, a 113-pound gentle giant whose family could not keep him in their small apartment.

“We did our research,” Destini said, “and we found exactly what we wanted. I highly recommend searching out a purebred rescue group if you want a specific type of dog.”

Narrowing down your options can be tough, but some online tools can help prospective pet parents with their search for the right pet and the right adoption agency. The PetSmart Charities Adoptable Pet Locator, found on its People Saving Pets website (www.peoplesavingpets.org), allows you to search for local adoptable pets based on criteria such as size, gender and breed.

Many homeless pets end up

that way because their original owners couldn't provide what they needed. Every breed has websites that can help you find the right match for you. Here are some basic criteria to consider:

1. Space: Some pets do just fine in an apartment; others need more room. Energy is the key, rather than size. Many large-dog breeds spend lots of time sleeping and are content with daily outings and play, while some small and medium breeds need more opportunities to run and explore.

2. Time and energy: Herding, hunting and other types of dogs—and several cat breeds—need to keep their brains and bodies busy. Some others are napping professionals. The time needed for training, attention, play and

outings can vary depending on breed type.

3. Coat: Some dog and cat breeds must be professionally groomed to stay healthy and to keep you happy. Almost all dogs and cats shed, so ask yourself how much hair you are ready to handle.

Most pets available through adoption come spayed or neutered, vaccinated, licensed and often microchipped for a very affordable adoption fee.

A listing of local adoption agencies is available by using a zip code to search on www.peoplesavingpets.org.

Lisa's FurBabies
Pet Sitting

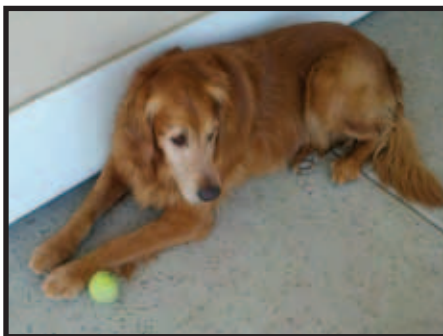
Serving: Lakeside, Alpine, Santee, & El Cajon
Overnights Available**Large Dog Boarding
Licensed**Bonded**Insured

www.EastCountyPetSitter.com

619-971-4625
LisasFurBabies1@aol.com


Lisa O'Connell Owner

LOST DOG - REWARD

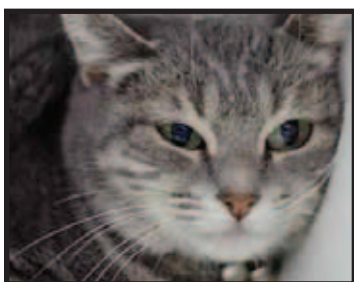
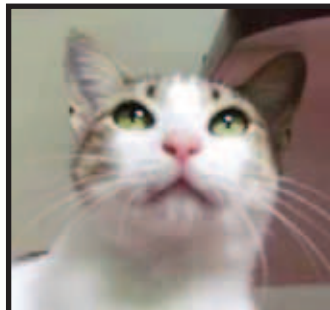


Rusty is an 8-year-old, indoor 85 lb. Golden Retriever. He is very lanky and tall. He left our yard on Bobcat Lane on 11/11/11. Please call (619) 933-8480 or (619) 733-7697 if you have any information.

Rusty is very timid and may bark, but that's just his way of saying hello. Any information helps!

ADOPT-A-PET

Ava is a 5-year-old white domestic short hair. Her adoption fee is \$90 and her identification number is 78227. Ava is a gorgeous kitty with bright eyes hoping to find a special home to cherish. While she can be a bit shy at first, she warms up quickly in new environments and enjoys the companionship of her people friends. She has a loving personality. Ava will do well in a variety of homes, but she would prefer a home with no young children. Her adoption fee is \$80 and includes her spay, current vaccinations and more! Ava is available for adoption at the North Campus of the San Diego Humane Society: 572 Airport Road, Oceanside, CA 92058 - (760) 757-4357 www.sdhumane.org. Adoption Hours: Open daily 10 a.m. - 5 p.m.



Nutella is a 5-year-old domestic medium hair, blue tabby/white female. Her adoption fee is \$80 and her id number is 81432. She is a gorgeous kitty hoping to find a special family and home to cherish. With bright eyes and a charming spirit, she has a mellow and easy going personality. While Nutella enjoys spending time with her people friends, she likes to take her time approaching new situations. She can be shy at first but quickly warms up with a little love. She is an entertaining gal to watch all throughout the day. Nutella will do well in a variety of homes, including a home with older children. Nutella is available for adoption at the North Campus of the San Diego Humane Society: SAN DIEGO HUMANE SOCIETY AND SPCA NORTH CAMPUS, 572 Airport Road, Oceanside, CA 92058. (760) 757-4357 www.sdhumane.org. Adoption Hours: Open daily 10 a.m. - 5 p.m.

Open 7 Days
A Week



Delivery
Available

GOT LEATHER

Need a repair on a favorite headstall, purse, belt, etc.?

Or just want something new?

Don't forget Fido, maybe he needs a new leash or custom collar.

Come in and visit. Bring your project or idea. Whether it's a custom carving or something you want replicated or repaired, we can help!

**Custom Leather Work
by Marty Barnard**

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Are you ready to be in the next ad?

 <p>\$7,500 Santa Barbara Experience</p>	 <p>\$3,750</p>	 <p>\$3,750</p>	
<p>VAHAN 11/20/2011</p>	<p>DAVID PATRONE</p>	<p>ROWENA 11/20/2011</p>	<p>GUDELIA 11/20/2011</p>



\$5,000

DAVID
11/01/2011



\$4,000

DENA
11/01/2011



\$10,000

ISIAH
10/29/2011



\$10,150

MELVIN
10/29/2011



\$8,915

RICHARD
10/29/2011



\$9,000

DAVID
10/20/2011

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