



PRESORTED
STANDARD
U.S. POSTAGE PAID
EL CAJON, CA 92020
PERMIT NO. 237

SUBSCRIBE
TODAY!
CALL
(619) 444-5774

VOLUME 13
NUMBER 22

Gazette Newspaper Group, [LOCAL, STATE AND NATIONAL AWARD WINNING PUBLICATIONS](#), proudly serves
El Cajon, Rancho San Diego, La Mesa, Spring Valley, Lemon Grove, Ramona, Santee, Lakeside, Alpine, Jamul and the Back Country

OCTOBER 13-19, 2011

American history honored in Alpine



Meet Happy and his friends
on page 18

INSIDE THIS ISSUE

Local	2-9
Inspiration	10
Business	11
Health	12
Entertainment.....	13-15
Best Friends	18
Legals.....	19-23
Kids Page.....	24
MotorSports	25-27
Classifieds	26
Best Friends	27

Plus Super
Savings
inside
this issue!



Fantastic Sams®
HAIR SALONS
HAIRCUT \$11.95 Reg. \$12.95
Good Only at the EL CAJON SALON
Expires Oct. 30, 2011 *Extra Charges may apply for Long or Thick hair.
124 West Main St., Suite 140 El Cajon
(619) 440-0339

**WE CATER
TO GREAT
TASTE**

BARGAIN BUNDLE
4 Small Subs, 4 Chips or
Cookies & 4 Bottled Drinks
for only **\$20**
ONE COUPON PER ORDER. / EXP. 10/30/11
CLU #4420-B

Quiznos Sub
124 W. Main St., El Cajon
(619) **442-6512**

CALL US! WE DELIVER / order online @ [quiznos.com](#)



Rev. Dr. Stan De Long from the National Society Sons of the American Revolution helped celebrate Historical Marker in Alpine.
See story page 2. Photo Credit: Kathy Foster

Local News & Events

Historical marker dedicated to Alpine's first Doctor officially placed in Alpine

by Kathy Foster

On Saturday, Oct. 8, the De Anza DAR (Daughters of the American Revolution) placed an historic marker dedicated to Alpine's first physician, Dr. Sophronia Nichols, at the John DeWhitt Historical Museum located at 2116 Tavern Rd.

Carol Morrison, President of the Alpine Historical Society welcomed one hundred plus guests to the marker dedication. One of the highlights of the day was when Dr. Nichols great-granddaughter, Donna Sisson, did a reenactment of her great-grandmother's life story in period costume. The San Diego Chapter of the Sons of the American Revolution was present in revolutionary attire, and bagpipers presented the colors which included a replica of the Betsy Ross flag.

De Anza DAR member Nancy Eggert-Boone submitted the story about Alpine pioneer Dr. Nichols to the National Society Daughters of the Revolution in Washington,

D.C. to name Dr. Nichols a "Significant Women in History."

Dr. Nichols was born in 1835 in West Tisbury, Duke County Massachusetts. After losing four newborn children, she enrolled in Boston University Medical School to learn how to prevent infant mortality. She graduated in 1874 at the age of 39. The independent Dr. Nichols bobbed her hair and smoked in order to be accepted as a physician in the male-dominated profession. She moved to Alpine in 1884. In 1885 she was issued a California Homeopathic Medical Certificate numbered 26 and became a licensed medical doctor in the state of California. Dr. Nichols practiced medicine from her home, made house calls and formed a school in a room added on to her home. She later participated in the Women's Suffrage Movement. Dr. Nichols died in 1903 and is buried in the Alpine cemetery on Victory.

For more information on The Alpine Historical Society email info@alpinehistory.org or call (619) 659-8740.



Donna Sisson great granddaughter of Doctor Nichols dressed in 1880's period attire.



Carol Morrison President of the Alpine Historical Society, Nancy Eggert-Boone from the DAR and great granddaughter of Doctor Nichols Donna Sisson. On stairs the color guard from the National Society Sons of the American Revolution.



Donna Sisson great granddaughter of Doctor Nichols and history marker

Rockin Blondes

(619) 390-1900

Highlights & Cut \$85

Color & Cut \$65

14110 Olde Highway 80, El Cajon, CA 92021

Next to Marechiari's Off of Lake Jennigns

Lose Weight Now, the Fast & Healthy Way!

Whether you have 20, 40 or 100 lbs to lose, get started today at a Medifast Weight Control Center

- ◆ Lose 2-5 lbs per week*
- ◆ Recommended by 20,000 doctors
- ◆ Clinically proven since 1980
- ◆ One-on-one Consultations
- ◆ www.medifastcenters.com



Medifast
WEIGHT CONTROL CENTERS™

Call Today 1-877-404-3458 • Encinitas • Carmel Mtn Ranch • El Cajon • San Marcos • Chula Vista • Oceanside • Temecula

SAVE
\$100
with
coupon

Call today for a **FREE** consultation and take advantage of our **Fall Special of \$100 off your program***

Call (619) 590-1930

EL CAJON

680 Fletcher Parkway, #200
El Cajon, CA 92020
(619) 590-1930

*Special offer and guaranteed average weight loss of 2-5 lbs per week are based on the purchase of a full-service Medifast Weight Control Center program. Offer expires 10/31/11

Everybody's reading the

East County Gazette

Place your ad today!

(619) 444-5774



BUSINESS & PROFESSIONAL DIRECTORY

It's always best to know who you're dealing with — these local people are your neighbors — they're always here to help you!

HYPNOSIS WORKS!

- Fibromyalgia
- Sleep
- Weight
- Fear



- Chronic Pain
- IBS
- Stress
- Relationships



Smoking Today!

Judy Callihan Warfield

• Certified Hypnotherapist • Certified NLP Practitioner • Certified Therapeutic Imagery

(619) 303-8511

www.successhypnotherapy.com

4730 Palm Ave. #205, La Mesa, Ca. 91941

DB INVESTIGATIONS

DON BERTSLER

Private Investigator

• Domestic • Civil • Criminal • Surveillance • Investigations

(619) 443-4093

Fax (619) 390-4480 Cell (619) 733-4093

email: dbipi@cox.net

P.O. Box 1974, Lakeside, CA 92040

PI
18486

CSS Insurance & Registration Agency

We are next to Department of Motor Vehicles
For Low Cost Insurance

SR-22 MERCURY INSURANCE

(619) 440-2600

Since 1960
0213417

**DRUM ON THE RUN
MUSIC LESSONS**

2 FOR 1 MUSIC LESSONS

619-540-3659

SDMUSICLESSONS@GMAIL.COM

Military Discount

CHAPTER 7 & 13 BANKRUPTCY

- ✓ **DEBT NEGOTIATION**
- ✓ **FREE CONSULTATIONS**

Law Offices of Adam B. Arnold

2552 Fletcher Pkwy #A, El Cajon, CA 92020

619-599-3303

www.ababkfirm.com

STEALTH COMPUTER SERVICES

OPEN SUN-FRI!

Lic.# 017187



- VIRUS REMOVAL
- DIAGNOSTICS AND REPAIRS
- TUNE-UPS AND UPGRADES
- HAND-BUILT DESKTOP PCs
- ...AND MORE!

HOUSE-CALLS AVAILABLE!

MICHAEL ANDERSON • (619) 966-8742
WWW.STEALTH-FIXMYPC.COM

**Ray's
PLUMBING**

"For the Best Plumbing Values in Town"

REPAIR ♦ REPIPE ♦ REMODEL

LIC. # 749354 619 464-5257

DRIVEWAY SPECIALIST

WORK GUARANTEED!

STAMP, COLORED OR STANDARD
DRIVEWAYS & PATIOS

32 years experience — Licensed

Call Ray Tatlock

(619) 447-1497

www.drivewayspecialist.net

VISA/MASTERCARD ACCEPTED



BELL

State Lic. #411756

Plumbing & Drain Service

COMPLETE PLUMBING REPAIRS

Senior Discounts

1069 Bradley Ave., El Cajon
(619) 562-4780 • Cell (619) 206-

Turning 65?

Medicare made simple!

Call Lana Barney
619-415-3425



SecureHorizons® | Live Secure. Be Secure™
by UnitedHealthcare

0011_080520AK01

SHEX08HM3068638_000

BEAUTIFYING YOUR ENVIRONMENT SINCE 1990

Estates Tree Service

- FREE Estimates • Crown Reduction • Pruning
 - Lacing • Shaping • Difficult Removals
 - Palm Tree Trimming • Stump Grinding, Chipping & Hauling
- Serving All Of San Diego & North County

760-440-9138 or 619-258-5828

BBB Lic #896532 • Insured & Workers Comp



Claudia Buys Houses

*and Multi-Family
Condos, Commercial & Self Storage too!*

ANY CONDITION - CASH OR TERMS

No Equity? No Problem!!

Fast close, or as slow as you would like.

It's Simple and it's Hassle Free!

Visit www.ClaudiaBuysHouses.com

(619) 722-\$OLD



Handy-Ma'ams

Specializing in Window Washing

We do anything you can't or don't want to do

- WINDOW WASHING • PRESSURE WASHING
- HOUSE/OFFICE CLEANING • CARPET/UPHOLSTERY CLEANING
- GENERAL REPAIRS • PAINTING • YARD WORK • ORGANIZING
- PARTY SET UP/CLEAN UP • CAR DETAILING & Much More...

Courteous, professional service

Nothing we can't do ... Almost!

(619) 992-9203

Lease Specials
Military Discounts
FREE Appraisals



Hundreds of cars and trucks to choose from

"Lowest Prices Anywhere"

Call John "GEORGIA" Gaskin for details.

Tel: 619-733-9353 or email: johngatford@gmail.com

No Credit?
Bad Credit?
No Problem!!



LIC#835378

OFFICE 619-478-9202 FAX 619-478-2925
sdseptic5@yahoo.com



SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —

Last weekend at a glance



Home Depot staff and volunteers set up at El Cajon Fire & Safety Fair to help kids 12 and under build wooden toys. Photo credits: Debbie Norman



El Cajon Public Information and Safety Officer Monica Zech received a award for 'Outstanding Communication Dedication.'



Mother Goose arrived at the El Cajon Fire & Safety fair to say hello to visitors of the fair.



DICK'S SPORTING GOODS held their grand opening in Westfield Parkway in El Cajon last weekend. Pictured above (L-R) Sales associates Mathew Clayborne, Ismael Estrada, Jaylen Fleer, Richard Baird, Doug Bartone and Jay Contero. Store manager Tom Ziebart said that "this is the first store to open in Southern California. Store hours: Monday - Saturday 7 a.m. to 9:30 p.m., Sunday 10 a.m. to 7 p.m. Photo credit: Kathy Foster

Now Enrolling
Back to School
Special

Mention this ad and receive
FREE registration - \$100 value

**Children's
Choice**

Infants • Preschool • School Age

MEALS INCLUDED - LOWEST RATES

childrenschoicepreschool.com

• Potty training

• Kindergarten readiness

• All meals included

• Lowest rates

• Video surveillance

• Arts and crafts

Madison
(619) 442-4014

Second Street
(619) 442-1685

Lakeside
(619) 561-1178



"It's Playtime" for police dog and El Cajon officer as they demonstrated Police Dogs at the El Cajon Fire & Safety Fair.

Oktoberfest just wouldn't be 'Oktoberfest' without the smells and tastes of German food. Pictured right are just two of the many servers at this year's Oktoberfest event in El Cajon. Photo credits: Debbie Norman



Pictured above and below: Children of all ages enjoy the Chicken Dance at this year's German/American Societies Oktoberfest.



— LOCAL NEWS & EVENTS —

El Cajon highlights —

by Monica Zech,
City of El Cajon Public
Information Officer

*Please note, this coming Friday, October 14, El Cajon City offices will be closed. For a full calendar of operating hours and dates visit the City's website at www.cityofelcajon.us.

El Cajon Police Station dedication

The official dedication of the new El Cajon Police Station will be held Saturday, Nov. 12, from 10 a.m. to 2 p.m. at 100 Civic Center Way in downtown El Cajon. Along with the dedication ceremony, you'll find law enforcement displays, including SWAT and other specialized police units in the parking lot area and tours of the new beautiful high-tech facility.

Prescription Drug Take Back day planned

Another "Prescription Drug Take Back Day" is planned for Saturday, Oct. 29, from 10 a.m. to 2 p.m. in the County. Drop off your unused prescription drugs – no questions asked! Help prevent prescription drug abuse. The drop off location in El Cajon will be at the new El Cajon Police station, located at 100 Civic Center Way. For more information, or to find other drop off locations, please visit: <http://www.dea.gov>. The Rx Abuse Hotline number is (877) 662-6384.

Alley Cat Art Fest October 14 this Friday!

The 6th Annual Alley Cat Art Fest Is Back this Friday, Oct. 14! This family friendly event features prominent artists, music, a classic car show, shopping, plus food, wine and beer tastings. This is a unique combination of community partnership and art excellence. Proceeds will be used to purchase much needed adaptive equipment for the students at Sophie's Gallery, a vocational training ground for people with developmental disabilities. Here they reap the benefits of developing physical and mental skills, social relationships, teamwork, self-esteem, and a sense of community and accomplishment. The cost is free to attend the event; but tickets for wine, beer & food tasting are \$20 in advance, or \$25 at the door. (Must be 21 for wine/beer tasting.) For vendor and ticket information call (619) 442-5129, or visit www.stmsc.org.

A tour of El Cajon's past

Your next chance to tour the Knox House Museum in El Cajon is Saturday, Oct. 15 and it's free! The Knox House is located at 280 N. Magnolia and is open to the public from 11 a.m. to 2 p.m. See how life was about 100 years ago in El Cajon. Learn how Amariah Knox became known as the founder of El Cajon and how many of our streets got their name. For more on the great historical moments of El Ca-

jon's past, visit www.elcajonhistory.org. For more information call (619) 444-3800.

Join the fun! Bowl-A-Thon for area schools

Support our schools through bowling! The Cajon Valley Education Foundation is holding their annual Bowl-A-Thon, Saturday, Oct. 15, from 3 - 5:30 p.m. at Parkway Bowl, located at 1280 Fletcher Parkway in El Cajon. Don't miss out – only 30 lanes will be reserved on a first come, first served basis. This fun-filled event raises funds to be used towards Teacher Grants, Student School Service awards and Stars In Education. Five players per team, \$20 registration fee per bowler, with each team raising a minimum of \$100 in addition to the registration fee. Fees and pledges are due October 14. For more information, visit www.cve.net.

Don't miss the next Sector Watch Community Forum on October 18

The next El Cajon Police Department "Sector Watch Community Forum" is Wednesday, Oct. 18, Sector 8 - Oct. 18 - First Presbyterian Church - 500 Farragut Circle in El Cajon. The topic of discussion is Graffiti. These meetings have been very popular and again involve all five sectors in the City. This is a special opportunity for residents to

ask Police and other City department representatives their questions and to voice any concerns they may have about their neighborhood. It's also the perfect opportunity to sign up for a Neighborhood Watch program. All meetings will be from 6:30 - 8 p.m. Each meeting includes a presentation (approximately 20 minutes) and a question/answer period. The remaining schedule of Police Community Forums are as follows: Sector 9 - October 26 - Meridian Elementary - 651 South 3rd Street, topic: Community Involvement; and Sector 10 - November 2 - El Cajon Police Station - 100 Civic Center Way, topic: Crime Free Multi-Housing. To locate the sector of El Cajon you live in, please see the sector map at www.elcajonneighbors.org and go to "Where is my sector." For more information, please contact Lt. Tim Henton at (619) 579-3366.

A 5K Run & Walk for our youth

Communities Against Substance Abuse (CASA) in El Cajon, will present their first "CASA Fun Run 5K - Steps 4 Health" event on Sunday, Oct. 16, at Mission Trails Regional Park, located at Mast Boulevard and Highway 52. The 5K begins at 8 a.m.; the 1 Mile starts at 8:30 a.m. Bring the kids, bring your dog and race, jog, or walk the course. Proceeds benefit CASA, a

group that works to fight drugs and alcohol in our schools and communities, promoting a healthier lifestyle. Register today. You can download the registration form at www.casa5krun.com, or call (619) 442-2727.

Horsepower Hour at the next Cajon Classic Cruise

The theme is Horsepower Hour: Extreme Blowers at the next Cajon Classic Cruise, Wednesday, Oct. 19. Car shows continue every Wednesday night through October 26 – with a special Halloween themed car show called "Trunk or Treat!" Then it's a special Holiday Parade of Lights Show on December 7, 2011. These free events are located on East Main Street at the Prescott Promenade, just east of Magnolia Avenue. Enjoy classic cars, restaurants, street vendors, and live entertainment. For more information visit www.downtownelcajon.com, or call (619) 401-8858.

Children's Choice Fall Festival

Stop by the 4th Annual Children's Choice Health and Safety Fall Festival on Saturday, Oct. 22, from 1 p.m. to 4 p.m., located at 1465 E. Madison Avenue in El Cajon. Enjoy games, pony rides and hay rides, fire department, a cake walk, Astro jump, crafts, face painting, L & L Barbeque,

prizes and raffle baskets. For more information, call (619) 442-4014.

Yum! Western spaghetti dinner at Wieghorst

Join us for food and entertainment at the Olaf Wieghorst Museum! This fun event is Saturday, Oct. 22, 5:30 p.m. for a complete catered Western Spaghetti dinner. You can wear casual or western attire – but do come in comfortable shoes. This event will be held outside in the cactus garden at 131 Rea Avenue in El Cajon. The cost is \$45 per person. For more information and tickets, call (619) 590-3431.

Breakfast with the El Cajon Valley Lions Club

The El Cajon Valley Host Lions Club will hold its annual Pancake Breakfast on Sunday, Oct. 23, between 8 a.m. and 12 p.m. at the Ronald Reagan Community Center, 195 E. Douglas Avenue in El Cajon. Five dollars is the total cost for a complete breakfast which includes eggs, sausage, coffee, juice and, of course, unlimited pancakes. You'll also find a classic car show featuring the old 50's you've always enjoyed - plus complimentary music. Tickets are available at the door. All proceeds from this fundraising event will go toward free eye testing and glasses for children in the

See HIGHLIGHTS page 6

Over 40 YEARS IN EAST COUNTY

• Beef
• Ham
• Spare Ribs

the Wrangler
Family BBQ

WEEKLY SPECIAL
BEEF OR HAM SANDWICH PLATE
Limit 1 Coupon Per Plate
\$5.59 (with coupon)

901 EL CAJON BLVD., EL CAJON • 442-1170

Sentimental Fashions
Ladies Resale Boutique

Purses, Shoes, Jewelry and Accessories.
1077 Broadway, El Cajon, CA 92021
(619) 442-3231

Mon-Sat 10-6 closed Sundays

Visit us at:
www.sentimentalfashions.com

MANGIA BENE
RISTORANTE ITALIANO

Med. Pizza w/1 topping, Spaghetti w/meatballs, Garden Salad & Garlic Bread
\$20 Take Out Only tax incl.
Expires OCT. 20, 2011

Buy large pizza, get a medium FREE
Take Out Only, exp. 10/20/11
Not valid with other offers

Buy 1 Entree, Get 1 Free
up to \$10 value (with purchase of 2 beverages)
Sunday and Monday ONLY, not valid holidays
Expires OCT. 20, 2011

221 E. Main Street. • El Cajon • 619-444-0303
Hours: Sunday-Thursday 11am-9pm, Friday 11am-10pm, Saturday 3-10pm

KIDS EAT FREE MONDAY NIGHT
with the purchase of reg. priced entree

Book your party now for any occasion!

Banquet Room up to 55

For more info go to www.mangia-bene.com or info@mangia-bene.com

— LOCAL NEWS & EVENTS —

El Capitan wins donation from Westfield Parkway

Westfield shopping centers and the Westfield Family program announce that El Capitan High School in Lakeside, California will receive a \$2,500 donation through "Give Back to School" Program. Through the national program implemented at 23 centers across the country, Westfield will donate \$57,500 to local schools, to be used to support such school programs as arts and music, sciences, physical education, libraries and technology resources.

The winning school was chosen by Westfield shoppers themselves –families "voted" in-center and online to choose El Capitan High School as the

winner. Votes were cast by shoppers who presented their shopping receipts from Westfield retailers to the Westfield Concierge desk, with each dollar spent counting as 1 point. Additional points were earned by "liking" Westfield Parkway on Facebook.

To celebrate, Westfield Parkway will present the check to night at halftime at the Varsity Football Home Game. Friday, October 7 vs. West Hills.

"Westfield is proud of the outcome of our inaugural "Give Back to School" program, which saw thousands of dollars donated to schools, as well as school supplies donated to local organizations that

support kids and families, says Kirk Thompson, Westfield Vice President of Marketing. "We consider ourselves an integral part of our local communities, just like the families that shop with us, and are thrilled to be able to do our part to give back."

Now offered at 30 centers across the country, Westfield Family continues its successful and popular program elements that make shopping fun and easy for families, including:

- Westfield Family Fun Days - two free activities each month geared toward children ages

2-5, their moms, dads and families. At each themed Fun Day, kids will be able to create a craft with their parent, have a snack and enjoy story time with books that are carefully selected based on the month's theme.

Signature Family Events - "Back to School" and "Spooktacular," return this year to select centers, featuring center-wide activations and event elements geared towards the entire family.

- Westfield Family Calendar - a monthly publication that puts member families on

the inside track for information about family and child-friendly retailer events, activities and offers at participating centers.

- Westfield Family Amenities - preferential, covered parking for families and expectant mothers, play spaces, family dining areas, family lounges/restrooms, and concierge services, all designed to insure that families' trips to

Westfield Shopping Centers are as stress free as possible.

Signing up for the program is simple and can be done online at Westfield.com, through a mail - in postcard, at the Westfield Concierge or management office, or at any of the Westfield Family events. Details about the Westfield "Give Back to School" program can be found on Facebook.com/WestfieldParkway.

Lakeside Roundup

Highlights ...

Continued from page 5

Cajon Valley School District, Alpine Union School District, Dehesa School District, Lakeside Union School District, Santee School District and the Mountain Empire Unified School District. In past years, the Lions Club has paid for as many as 250 annual tests, plus glasses if needed, at no charge to the student or parents. For more information, please call (619) 925-9058.

whole family. Stage performances, El Cajon police and fire displays, along with representatives from the El Cajon Parks & Recreation Department. Hosted by FAMNET - families Network of San Diego County. For more information, visit www.eastcountypalooza.com.

Kittens, cats & dogs available for adoption

If you are looking for a new pet, or a companion for your current pet, the El Cajon Animal Shelter is the perfect place to start your search! The shelter currently has a large population of cats, kittens, and dogs available for adoption. Shelter hours for viewing the animals are Tuesday through Saturday 10 a.m. to 5 p.m.; closed from 1 to 2 p.m. The front office is open until 5:30 p.m. for licenses; and they are closed Sundays, Mondays and holidays. Stop by and adopt a new, loving pet for your family. Adoptions are \$80 for cats & dogs; and if you adopt a senior pet (over 8 years old), the adoption fee is \$30. Dog and cat adoptions include a spayed or neutered pet, registered micro-chip, and up-to-date vaccinations.

In addition to adoptions, the shelter provides many services for the Cities of El Cajon and La Mesa. Be sure to check with shelter staff if you are searching for a lost pet in the event it has been recovered. Most important, consider having your dog micro-chipped to make it easier to find them should they ever become lost. The shelter is located at 1275 N. Marshall in El Cajon, just two blocks north of Fletcher Parkway. For more information, call (619) 441-1580.

Pumpkin Carving Class at Hillside Recreation Center

On Monday, Oct. 24 from 4 - 5 p.m., Hillside Recreation Center is hosting its annual Pumpkin Carve. Children from the ages of 5 - 12 years old are encouraged to explore their creativity by carving a pumpkin masterpiece. Each child will receive one pumpkin to create the scariest, funniest, or most creative pumpkin they can imagine. There will be prizes for all participants. The cost is \$5 to join in on all the fun. Sign-ups are from October 3 - 21. For more information, call (619) 441-1674, or stop in to sign up. Hillside Recreation Center is located at 840 Buena Terrace, just off Fletcher Parkway. Hillside Recreation Center hours are Monday - Thursday from 3 - 6 p.m. and Friday from 3 - 9:30 p.m.

East County Family Palooza in November

The 3rd annual East County Palooza is Saturday, Nov. 5, from 11 a.m. to 3 p.m. at the Prescott Promenade at 201 East Main Street. This is a free community-wide event with games, prizes, music and more for the

Still N Motion



Photography for:
Weddings, engagements,
birthdays, anniversaries and other
special occasions

Visit our site at
www.smmem.com



It's coming!

The Best Little Native Plant Sale in San Diego County".

Join Alpine's native plant expert, Don Hohimer, for the Back Country Land Trust's annual native plant sale.

Visit Alpine's Joan MacQueen Middle School on Saturday, October 29th on south Tavern Road.

Be there early at 8:00 am for Don's "Plant Talk". Plant sales start right after.



Pat Salzarulo, Stewart Winkler and Pony Express car wash employee with guide dogs Kirkland and Cabo. Photo credit: Patt Bixby

by Patt Bixby

Fundraiser guide dogs for the blind

September was National Guide Dog month. On Sunday, Sept. 25, a fundraiser was held for Guide Dogs for the Blind at the Pony Express Car Wash in Lakeside, 9757 Winter Gardens Blvd. The fundraiser raised \$1436.83 thanks to the support of Pony Express Car Wash which donated \$6 on each supreme wash. Cups N Cones donated free cone coupons for each supreme wash and Boll Weevil on Winter Gardens put up a \$125 basket for raffles.

"There are approximately 1000 puppies across nine states in homes with volunteers who love, raise, socialize, teach and give basic training to these special dogs," said Pat Salzarulo, organizer of the fundraiser. Salzarulo has been a volunteer for Guide Dogs for the Blind for six years. The money raised is used to buy harness for the blind persons when they graduate with one of the puppies. The harness cost around \$350.

The blind and visually impaired are flown to San Francisco and driven to San Rafael where they stay in dorms while they are in training with their dog. Each dog is matched up by the life style of the graduate. Training can last anywhere from 28 days to two weeks depending whether it is a first time graduate or returning graduate. The service to the blind or visually impaired is free. Dogs for the Blind is not a government funded; money comes from private donors, companies and generous people.

For more information on Guide Dogs for the Blind go to www.guidedogs.com or call 1-800-295-4050. Stewart Winkler, owner of the Pony Express Car Wash, said he tries to do four or five community fundraisers during the year. Anyone interested in putting on a nonprofit fundraiser should contact Stewart at (619) 647-2127.



HOME LOANS

4.25%
30 Year Fixed
4.362 % APR
Call
Today!

Primary Residential Mortgage, Inc. is a full-service Mortgage Bank and one of the top FHA originators in the nation.

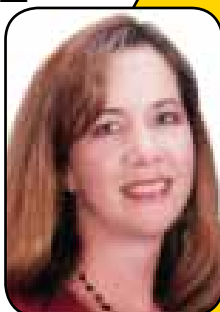
Our Well Rounded Team of Experts Can Help You!

PURCHASE & REFINANCE HOME

- FREE Pre-Approvals — so you can shop with confidence
- GUARANTEED RATES — FREE — We back your rate at application
- FHA, VA, FNMA loans available
- 3.5 percent Cash down to purchase loans up to \$700,000
- FAST CLOSING — We close on time for your family
- Branches Nationwide — Large enough to be secure, small enough to care

**KELLI
KRUEL**

NMLS LICENSE #222434



**CHRIS
WILEY**

NMLS LICENSE #240137

Licensed by the Department
of Corporations under
the California Residential
Mortgage Lending Act.

DID YOU KNOW??

**Veterans — 2 years after a Foreclosure
Short Sale, or BK — 0% down purchase**

**Everyone Else — 2 years after BK and 3 years
after Foreclosure — 3.5% down purchase.**



**CHRISTINE
WAITS**

NMLS LICENSE #222514

OUR REPRESENTATION:

Our branch team members live in your area. We shop at the same stores. Our kids go to the same schools. In short, our branches are knowledgeable about our local market, and we enjoy the backing of a nationwide mortgage lender — you get the strength and flexibility when it comes to your loan.

OUR STRENGTH:

Primary Residential Mortgage is a respected, nationwide mortgage lender. As a direct lender, we control the entire loan process, in-house, from start to finish. Having funded more than 70,000 loans during 10 years in business, we have the strength and experience to get your loan done and make your dream a reality.

———— WE DO OUR HOMEWORK SO YOU CLOSE ON TIME! ————

CALL US TODAY (619) 722-1303

2124 Arnold Way, Alpine, CA 91901

"Your East County Home Loan Professionals"

— COMMUNITY EVENTS CALENDAR —

Out and about in the County

Through Dec. 3: The Ramona Mainstage has upcoming events through Dec. 3. Currently scheduled are: Rob Schneider - Nov. 5 and Christopher Titus - Dec. 3. **Music:** Montrose - Sept. 10 smf Abbamania - Nov. 11. The Ramona Mainstage has free parking, air conditioned and has food drinks and alcoholic drinks. Under 21 admitted with parent or guardian. The Mainstage is located at 626 Main Street, Ramona. (760) 789-7008.

Through Oct. 19: Cajon Classic Cruise Wednesdays through Oct. 26, and Dec. 7, 5 to 8 p.m. on Main Street and Magnolia Avenue in downtown El Cajon. Tune to Downtown El Cajon Radio FM 104.1 during the show.

Cajon Classic Cruise 2011 Season Schedule

Oct. 19 - Horsepower Hour: Extreme Blowers

Oct. 26 - Halloween Trunk or Treat

Dec. 7 - Holiday Parade of Lights

** Schedule subject to change without notice **

(East and West Main Streets will remain fully open to traffic during all car shows - NO Main Street Closures)

For more information visit www.downtownelcajon.com, or by calling the El Cajon CDC at (619) 401-8858.

Through Nov. 20: Thanksgiving is coming and the people of the United Church of Christ of La Mesa (UCCLM) invite you to let Mama do the baking this year! Two of our members, Barbara and Ken, are again helping Mama's Kitchen raise money to provide nutritious meals for San Diego men, women and children affected by HIV/AIDS and cancer. Mama's Kitchen hopes to sell more than 6,000 pies during the six-week sales period, which will raise \$125,000 and fund nearly 40,000 meals. Each pie sold provides more than six home-delivered meals to a neighbor struggling with critical illness. Help by purchasing a pumpkin, pecan, apple, or sugar-free apple pie for \$20 (\$15 of each pie purchased is tax-deductible, and \$20 of each Love-A-Client Raffle Pie is tax-deductible). These may be ordered online at www.mamaskitchen.org now through November 20 (please enter "UCCLM" on the Team Line) or from Barbara and Ken in Friendship Hall following UCCLM's 9 a.m. church service on October 16, 23, 30, November 6 and November 13 (You're welcome to join us in worship, too.) Pies may be picked up at the location of your choice on November 23 from 10 a.m. until 4 p.m.. The church is located at 5940 Kelton Avenue, La Mesa, CA 91942 (619-464-1519, www.ucclm.org).

Oct. 14: Home of Guiding Hands hosts golf fundraiser. The Grossmont Healthcare District, a public agency that supports many non-profit, health-related community programs and services in San Diego's East County region, is a sponsor of the Home of Guiding Hands' 29th annual golf classic fundraiser starting at 8 a.m. at Sycuan Resort, 3007 Dehesa Road in El Cajon. Donation to play golf begins at \$300 per player. The event will include breakfast buffet, putting contest, opportunity drawing, auction items, course contests, buffet dinner and awards. For more event information, contact Rachel Wood, events coordinator at (619) 938-2854 or rachel@guidinghands.org. Home of Guiding Hands provides quality services, training and advocacy for people with developmental disabilities, their families.

Oct. 14: 6th Annual "Alley Cat Art Fest" on from 5-10 p.m. "Alley Cat Art Fest" on Main St., in El Cajon will have music, art shows, food, vendors, a car show and a wine tasting. Receive \$5 off your wristband for the wine/beer/tequila tasting, when you register for "Alley Cat Art Fest" on line at: www.stmsc.org/events. Enter this code at check out to receive discount: silvercreek

Oct. 15: Grossmont College Dance Dept. offers modern and salsa classes. The Grossmont College Dance Department will present two classes with master class instructors on Saturday, Oct. 15 at the college's main dance studio, Building #24, Room #271. The public is invited to attend. A class on modern dance taught by John Malashock will be held from 11:30 a.m. to 1 p.m., followed by a class on salsa dancing taught by Michael John Saltus from 1:15 to 2:45 p.m. Cost to attend is \$10 for one class or \$18 for both classes. The classes are part of the Grossmont College Dance Department's Fall 2011 Master Class Series. Malashock, with 35 years of experience in dance, theater and film, serves as artistic director of the Malashock Dance School and Malashock Dance Company. Malashock has served as guest faculty for the American Dance Festival, Cal State Long Beach, Dance Space New York, ADF/Tokyo, Connecticut College and the University of Utah. Saltus is the founder and co-director of the Positive Energy Dance Company, one of the largest salsa companies in San Diego with more than 30 members and five choreographers. Positive Energy has performed more than 200 shows in the past two years. For more information, visit www.grossmont.edu/dance, or call the Dance Department at 644-7766. Grossmont College is located at 8800 Grossmont College Dr., in El Cajon. For driving directions and a campus map, visit www.grossmont.edu.

Oct. 15-16: "Rock and Gem Roundup" at the Lakeside Rodeo Grounds, located at hwy 67 and Maplevue in Lakeside. A great event for the entire family. The show will include exhibits and demonstrations along with vendors selling rock and mineral specimens, gems, jewelry, and handcrafted items. Event hours are 10am to 5th. Free admission and parking. Sponsored by the El Cajon Gem and Mineral Society. www.ecvgms.com

Oct. 17: Mother Goose Golf Tournament. 1 p.m. shotgun start. Prizes, raffles, fun! Only \$125 per golfer, foursome special of \$450., includes round of golf, cart, lunch and dinner. Sponsorships available. Call (619) 444-5774 for more information.

Oct. 21-23: 46th Annual Borrego Days Desert Festival starting Friday, Oct. 21 and continues onto Saturday, Oct. 22 from 11 a.m. to 7 p.m., and Sunday, Oct. 23 from 9 a.m. to 3 p.m. This FREE three-day event is a perfect way to end a wonderful summer with family and friends! Offering up attractions and activities for everyone to enjoy, this festival includes everything from a sky diving show, parade, craft shops, picnicking entertainment, to a wide array of food stands, a beer garden for the lucky people over 21 years of age, a mini-carnival for the other lucky group small enough for donkey riding and face painting, and much, much more! For more information call (760) 767-5555.

Oct. 22: Hawaiian BBQ plate lunch to benefit Outward Bound for Veterans at The Springs of El Cajon retirement community 11 a.m. to 3 p.m. Many veterans, hardened by the realities of war, face depression, drug and alcohol abuse, failed personal relationships and unemployment as they struggle to readjust to civilian life. The Outward Bound for Veterans program provides challenging learning expeditions to encourage healing and rebuild confidence. Outward Bound for Veterans helps returning service members and recent veterans readjust to life at home through powerful wilderness courses that draw on the teamwork and chal-

lenge through use of the natural world. The Springs of El Cajon, located at 444 Prescott Avenue in El Cajon. To learn more about this event, or how to get involved, please call The Springs of El Cajon at 619-444-9470. Donations can also be made online at www.holidaytouch.com/outwardbound.

Oct 23: Bunco Party. Soroptimists International of Alpine is holding the bunco party at the Alpine Woman's Club, 2156 Alpine Blvd., Alpine. Enjoy a ghoulish game of bunco, freaky raffle prizes and frightening food. Cost is \$20 person. Snacks will be from 1:30 - 2 p.m. Playing time is 2 - 4 p.m. RSVP before Oct. 17. Mail check to: SI Alpine, PO Box 1053, Alpine, 91903. For more information contact Barbara at (619) 972-5096 or Sandy at (619) 980-7579 or email sialpine@soroptimist.net. Proceeds will be used for community projects to improve the lives of women and girls.

Oct. 23: The El Cajon Valley Host Lions Club will hold it's annual Pancake Breakfast between 8 a.m. and 12 noon at the Ronald Regan Community Center 195 E. Douglas El Cajon. \$5 is the total cost for a complete breakfast, which includes eggs, sausage, coffee, juice and of course unlimited pancakes. This is in addition to a classic car show featuring all the old 50's you've always enjoyed plus complimentary music. Tickets are available at the door. The El Cajon High School Leo's club will partner with their sponsoring club and assist in the serving line. All proceeds from this fund raising event will go towards free eye testing and glasses for children in the Cajon Valley School District, Alpine Union School District, Dehesa School District, Lakeside Union School District, Santee School District and the Mountain Empire Unified School District. For more information, call Publicity Chairman Past President Dick Rogers (619) 925-9058.

Oct. 29: ATV Safety Training at Imperial Sand Dunes. Call (800) 887-2887 or visit www.atvsafety.org to enroll online or www.americandesertfoundation.com for more information.

Oct. 30: Cars '4' a Cause. Car show to support Lakeview Elementary School, 9 a.m. to 2 p.m. at host 7-Eleven Los Coches Rd., 8625 Los Coches Road, Lakeside. Day of registration is \$15, pre-registration is \$10. For more information contact Mike Venancia at (619) 249-7860 or (619) 322-5368.

Oct. 31: Harvest in the Park, 5 - 8 p.m. Alpine Community Center Park. Fun, games, hayride, candy, fun jumps, cake walk, rock wall. Fun, safe and free for kids. Hosted by East Valley Christian Fellowship. **For more information contact info@evcf.com or visit www.evcf.com**

You are invited to . . .

THE T.E.A.C.H. STUDENT RIDING EXHIBITION & FALL FUN-DRAISER

Saturday, October 15, 2011

9:30 am - 3 pm

Watch our talented riders show off
their horsemanship skills!

Bid on OVER 70 FANTASTIC SILENT AUCTION
items to benefit the T.E.A.C.H. Center.

Join in on our Cake Walk, BBQ, Kids Raffle, Kid's Book
Table/Games/Kid's Raffle/50-50 Raffle.

BRING THIS ADD FOR A FREE
HOT DOG OR HAMBURGER



Therapeutic Equestrian Activity
Center @ Paladin Ranch -
12620 Willow Road - Lakeside, CA
92040 - 619-596-2025

EAST COUNTY GAZETTE

Phone (619) 444-5774 • Fax: (619) 444-5779 •

www.eastcountygazette.com

1130 Broadway, El Cajon, CA 92021

Publishers: Debbie and Dave Norman Editor-in-Chief: Debbie Norman

Entertainment Editor: Diana Saenger

Office Manager: Brice Gaudette Administrative Assistant: Briana Thomas

Distribution Manager: Dave Norman

Photographers: Kathy Foster, Tom Walko, Michael Black, Kenny Radcliffe

Writers: Patt Bixby, Diana Saenger, Michael Black, Chuck Karaszia, Kenny Radcliffe

Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon), Dr. Luana Stines

Cartoonists: David & Doreen Dotson, Steve Krueger

Advertising: Briana Thomas, Patt Bixby, Kathy Foster

The Gazette is Published each Thursday as a commercial, free-enterprise newspaper. The opinions and views published herein are those of the writers and not the publishers or advertisers. Advertisements designed by the Gazette are property of the Gazette and are not to be used in other publications without written consent of publisher. Deadlines for advertising and press releases are Friday at two.

Send in your letters and opinions to:

Editor, East County Gazette, P.O. Box 697, El Cajon, CA 92022

or e-mail us at: editor@ecgazette.com

The East County Gazette is an adjudicated newspaper of general circulation by the Superior Court of the State of California, San Diego County and the El Cajon Judicial District.

The East County Gazette adjudication number: GIE030790. March 10, 2006.
www.eastcountygazette.com

— COMMUNITY EVENTS CALENDAR —

Out and about in the County

Nov. 4: Alpine Kiwanis Holds Golf Tournament. The Kiwanis Club of Alpine would like to invite you to join them in their 22nd Annual Miracle Mile of Quarters Golf Tournament. All proceeds from the Golf Tournament are donated to Rady Children's Pediatric Trauma Center by the Alpine Kiwanis Foundation which is a 501 (c)(3) non-profit California Corporation. The Tournament is being held at the beautiful Carlton Oaks Golf Club, 9200 Inwood Drive in Santee. The event will include a round of golf plus many amenities; complimentary Golf ers Bag full of goodies, drink tickets, range balls and a delicious dinner. Registration and a donation of \$125, begins at 10 a.m. and a "Shotgun" start at 12 p.m. After the Golfers are finished and during dinner, there will be a raffle/auction where many prizes will be featured. Mark Grant, a well known Radio and Television personality will conduct a lively sports memorabilia auction and raffle drawings. For further information contact Dick Brown, Event Coordinator at (619) 445-9005 and The Kiwanis Web Site, alpinekiwanis.org and click on event tag.

Nov. 5: CRAFT FAIR, hosted by Builders Club, Hillsdale Middle School, 1301 Brabham St., El Cajon. Hours are 10 am. to 3 p.m.

Nov. 5-6: The Catholic Women's Club of Our Lady of Grace Church is again sponsoring their Annual Holiday Craft Fair and Bake Sale on Saturday, Nov. 5 from 10 a.m. to 4 p.m. and Sunday, Nov. 6 from 7 a.m. to 2 p.m. 70 Crafters are participating offering a wide range of homemade items. Baked goods will also be available and breakfast and lunch will be offered for purchase. Our Lady of Grace Church-Moloney Center-is located at 2766 Navajo Road, El Cajon (across from Von's Shopping Center). For more information call (619) 461-2460.

Nov. 18: Open House time at Charley Brown Children's Center. Visit the classrooms, share a variety of parent-child activities and meet the teachers. Punch and cookies will be served. It's happening between 6 and 7 p.m. 5921 Jackson Drive, La Mesa, CA (619) 463-5126. <http://www.ucclm.org/CBCC.htm>. The Center, which is licensed for children ages 6 weeks to 5 years, is a community service of the United Church of Christ of La Mesa, 5940 Kelton Avenue, La Mesa.

Nov. 20: 65th Annual Mother Goose Parade. Enjoy the Mother Goose Parade with the Red Carpet festivities beginning at 7:30 a.m. on Main Street in El Cajon. Parade begins at 10 a.m. on Magnolia and Main. Don't forget to enjoy the Mother Goose Village before and after the parade. The Mother Goose Village will be located at the Prescott Promenade on Main Street. Vendor spots available. Call (619) 444-5774 for more information.

ONGOING

Wednesdays: Santee Farmer's Market from 3 to 7 p.m. on Mission Gorge, 10445 Mission Gorge

Tuesdays: Spring Valley Certified Farmers' Market will be held every Tuesday 3 to 7 p.m. Farmers' Market will be located at the old Spring Valley Elementary School campus, 3845 Spring Drive, Spring Valley, 91977. Contact Spring Valley Chamber of Commerce for more information (619) 670-9902.

Fridays: La Mesa Farmers Market 3 to 6 p.m. in Allison Ave. parking lot, East of Spring Street.

Julian Doves & Desperados every Sunday (weather permit-

ting) 1 p.m., 2 p.m., 3 p.m.: Historic comedy skits located at the stage area between Cabbages & Kings and the Julian Market & Deli. For more information contact Krisie at (760) 765-1857.

Triangle Club's Old Time Melodrama every Friday, Saturday & Sunday Friday at 7:15 p.m., Saturday at 1:15 p.m. and 7:15 p.m., Sunday at 1:15 p.m. Town Hall. visit: www.julianmelodrama.com

Ongoing Giant-screen film—Ocean Oasis Take a fascinating journey into Mexico's beautiful Sea of Cortés and the Baja California desert. San Diego Natural History Museum, 1788 El Prado in Balboa Park. Ocean Oasis is the winner of the Jackson Hole Wildlife Film Festival and the International Wildscreen Film Festival. For more information visit www.sdnhm.org. Produced by the San Diego Natural History Museum, Summerhays Films and PRONATURA A.C. Admission: \$17 for adults; \$15 for seniors; \$12 for military, youth 13-17, students; \$11 for children 3-12. Free for members. For more information call (619) 232.3821.

Ye Olde Fix-It Service Shoppe

Consignment Services or Service Estimate-Free

Specializing in Black Hills Gold & Silver

Custom Gold Smithing Your Gold or Ours - Ringing Sizing

• Watch batteries • Watches • Jewelry • Clock repair

FREE
Prong
Inspection



**WATCH
BATTERY
\$4.99**
Installation
Labor Only.
#264 or #272

Don't Lose Your Diamonds

9773 Maine Ave, Lakeside • 619 634-8389



Custom Massage Therapy

Reiki & Acupuncture

Candles • Incense • Crystals • Jewelry • Clothing

• Statuary Cards

Psychic - Tarot - Astrology Readings

(619) 440-4504

229 E. Main Street, Downtown El Cajon

\$5 off your next purchase of \$15 or more w/this coupon

Start the School Year Right



At Alpine Creek
Town Center.

Shop for the kids' clothes and school supplies, and then enjoy lunch or dinner out at any of the center's great restaurants. Don't forget to dress up your fall style with boutique fashions and salon services all in Alpine's one-stop shopping and dining destination.

Visit Apline Creek Town Center Today.

Ahi Sushi
La Carreta
Mediterraneo
Paparazzi's Restaurant
(Coming Soon)

Ace Hardware
Alpine Cleaners
Alpine Family Medicine
CVS Pharmacy

Daniel's Market
Studio B Salon
Vita Luna Boutique
West Coast Rideshop

JOIN OUR 91901 CLUB AT
www.alpynecreekcenter.com



1347 Tavern Rd., Alpine, CA 91901

Inspiration

My grandfather and that new contraption... the telephone

Rev. James L. Snyder

I was sitting in a restaurant on a Friday afternoon enjoying a leisurely repast with some friends. Somewhere in the middle of our conversation, my cell phone went off. Without even thinking about it, I reached into my shirt pocket, pulled it out and answered it.

It was then I was struck with an awful thought. I am now a child of this contemporary technological world. I never thought I would succumb to this sort of thing. But here I am; I'm not the man I used to be, and I'm not even sure I'm the man I want to be.

On my way home, I thought about how far I have come in this modern world. Then, for some reason I thought of my old grandfather. He died in 1974 and every once in a while I think about him. This was one of those times.

What came to my mind this particular time was when my grandmother got a new contraption for their home. Grandfather was not enthused about some of these modern advances.

My grandfather allowed grandmother to get electricity in the house, but when it came to indoor plumbing he was dead set against it. He had used the old outhouse in the back as far as he could remember. His father had used it before him. As far as grandfather was concerned, he was going to use that outhouse until he died. He did not need

any of this newfangled indoor plumbing. And that was that.

My grandmother said to him at the time, "Pap, is that your last word on the subject?"

"It sure is," my grandfather responded.

Grandmother looked at him and said, "Great, the plumber is coming tomorrow and I won't have to put up with any more of your guff."

The next morning, right on grandmother's schedule, the plumber came and fitted the house with indoor plumbing. Just to be spiteful, my grandfather never used the indoor plumbing. He showed grandmother that he was boss in some certain regard, and used the outhouse for the rest of his life.

Then the time came when the telephone line went down the valley where grandmother and grandfather lived. Knowing the hard time grandfather gave her with the indoor plumbing, she decided not to tell him about the installation of the telephone. She knew he would disapprove, so why ask.

Grandfather came home that night, as usual, and sat down to a very nice supper. So far, he had not noticed the addition in the living room. Grandmother, the diplomat that she was, did not bother to point it out to him.

Grandfather, as was his custom, settled down to read the evening newspaper in the living room completely unaware of

the change that had come to this sanctuary of his.

Grandmother was in the kitchen busy cleaning off the table, washing the dishes and getting her kitchen back into shape before retiring to the living room for an evening of relaxation.

Suddenly, a ringing noise exploded in the living room. Grandfather, not knowing what had happened, jumped out of his chair and exited the living room faster than he had ever done so before.

In the kitchen, grandmother had been so busy with her work she forgot about this new contraption. She too was scared.

The ringing continued without stopping. Grandfather was beside himself and considered getting his shotgun not knowing who or what had invaded his living room.

Then it dawned on grandmother. "Oh," she said with a sigh of relief. "That's the telephone ringing."

"The what?"

"Telephone."

"Who's Phone, and what the world do you want to tell him?"

"No," grandmother said and ran into the living room to answer the phone. "It's the telephone ringing."

By this time, she had got to the telephone and had answered it.

My grandfather stared at her as she talked into the telephone receiver.

"Woman," he said with a great deal of alarm, "what in the world is wrong with you?"

Grandmother ignored him and continued talking on the telephone.

Now grandfather was worried. Watching his wife talk to someone who was not there and even at times laughing when there wasn't anything funny, caused him alarm.

Finally, out of sheer desperation, he went over, took the contraption out of her hand and taking her by the arm said, "Now, dear. There's nothing to worry about. Just come over and sit down here in your chair and everything will be all right."

"But I'm talking to..."

"I know, I know. But you see, dear, there's nobody there. You're just having one of your spells."

Grandfather never came to terms with grandmother's newfangled contraption. To my knowledge, he never used it, never spoke to anybody on it, never listened to anybody talking to him on it. As far as he was concerned, it was one of grandmother's hallucinations.

It has been a long time since I thought about grandmother's telephone. On my way home from my luncheon meeting I thought about all the inventions that have come into our world. I thought of what the Bible said, "Lo, this only have I found, that God hath made man upright; but they have sought out many inventions" (Ecclesiastes 7:29 KJV).

We seem to be quick on our inventions, but rather slow on connecting with God. With all our inventions, are we any better off? Instead of seeking inventions, we would be better served in seeking God.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. E-mail james-snyder2@att.net. The church web site is www.whatafellowship.com.

Dear Dr. Luauna



My wife left me and the kids and the holidays are just around the corner. I'm hurt, angry and trying to stay afloat. We were married for 15 years, and I tried my best to keep her happy. How do I get through this? Signed, Broken

Dear Broken,

I am so sorry that your wife left you and the kids. I am sure there are hardly any words that can bring comfort to the pain you are feeling right now. I have a saying, "When you are hardest hit is when you mustn't quit." Even though right now seems like a valley of darkness all around you, there is light at the end of the tunnel. You cannot put commitment, faithfulness and loyalty into anyone's heart, and it seems as if you were the one trying to always make her happy. Happiness comes from within, so she may have been an unhappy person. Sometimes love blinds our vision. I commend you as you stand fast because your children need you now more than ever. No you can't change the fact that she's gone, but each day ahead you can make brighter.

Know that God really loves you and you are not forsaken, nor rejected. [Deuteronomy 31:8](#) "And the Lord He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed." Jesus will carry you through those trials which are unbearable. Pray, talk to Him everyday, tell Him how you feel and watch Him bring the healing suave of Heaven over your heart. Two things can happen here; this can become a tombstone of death in your life or you can make it a stepping stone to rise to something even greater. I would suggest that you should find some good Christian counseling, make sure you are locked into a good Bible believing church and surround yourself with a godly support system. You will have to be strong for the sake of your children, and I am sure they are wondering what they did to make their mother leave. They have to know, it was not their fault. I was left as a single mother with two children, I promise if you hold onto to God and His promises you will make it through. Romans 8:28, "And we know that all things work together for good to those who love God, to those who are the called according to His purpose."

This is like a fresh, gaping wound with lots of pain, but after awhile it becomes a scar, and in time there is no pain at all. Jesus is the healer, Luke 4:18, "The Spirit of the LORD is upon Me, because He has anointed Me to preach the gospel to the poor; He has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed;"

Please come to church, A Touch From Above Prayer Mountain, 16145 Hwy 67, Ramona, CA., Sunday at 10 a.m.

questions@drluauna.com
www.drluauna.com
www.atouchfromabove.org
Facebook: DrLuauna Stines
760-315-1967

A Spirit-Filled Church

- Need a healing?
 - Economy getting you down?
 - Need a change?
- Jesus is the answer!**

Prayer Mountain—16145 Hwy 67, Ramona, CA 92065

Sunday.....10:00 a.m.....Church Service
Wednesday.....7:00 p.m.....Church Service

www.atouchfromabove.org

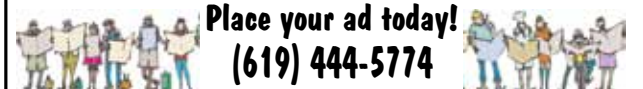
760-789-6207 or 760-315-1967

Television Program—Cox Cable—Tuesday at 9 p.m. on Channel 23

Everybody's reading the
East County Gazette

Place your ad today!

(619) 444-5774



Business/Finance & Real Estate

Mangia Bene continues a family tradition with great food and exceptional service



Mangia Bene Wine Lounge



Lenny Donato - by family wine press

by Diana Saenger

Taking over a family restaurant goes beyond tradition. That decision comes with a big responsibility. Lenny Donato grew up in the extended East County Donato family, so working in an Italian restaurant was very familiar to him. For years he worked hand in hand with his father, Dominic, at Mangia Bene Ristorante Italiano when it opened in 2003. When Domenic retired Lenny Donato took over with a gusto that's brought new ideas, recipes and customers to the thriving business.

"My dad actually retired several years ago but he keeps showing up everyday!" Donato said. "I became the official soul

owner six months ago, but I love having my dad around, and he was instrumental in helping me create a new Wine Lounge."

Donato has a BA in business management that is paralleled with extensive food service business. He worked for casinos and large restaurants like Olive Garden to get to know the business inside and out. "Now I've taken all of my experience in the corporate world as well as years working with the family business and applied that to think outside the box," he said. "You can't wait for people to come to you; you have to be creative to get customers into your business."

One of the ideas Donato put into action was to create a

Wine Lounge in his already picturesque restaurant. A short remodel brought in a lovely wine bar reminiscent of one in a first class restaurant. "I'm very proud of this Wine Lounge; I think it offers something unique to the community. A lot of new customers are finding it a nice place to come and have a glass of wine and relax out on the patio and watch the world go by."

Food is extremely important to a restaurant. Many of the recipes at Mangia Bene are from Donato's grandfather, Gian Belvedere. "I've added new products but 25 percent of the recipes have been around for generations. Some of the new items I create are to keep up with the times like serving pastas with cream, pink, béchamel or pomodoro sauces. Our main sauce is more than 50 years old and it's still very popular, and I respect my grandfather's recipes."

Donato knows in addition to great food, a successful restaurant must have exceptional service. "It's very important to me that I have the best service possible," he said. "Out of my five servers, two have been here since we've opened. I continually get compliments about all of them as well as our food."

Covering the walls of Mangia Bene are paintings that create a get-away-feel and old family photos where the young Donato boys are tossing pizza's at early ages. The restaurant is very family oriented. Donato prides himself in getting to know his customers by first names. "I enjoy going up to tables to introduce myself and make sure everything is okay. I value their comments and grateful that over the years they have been very positive."

Donato is big on giving back. He sees his community restaurants as partners in the community rather than competition and feels it's hospitable to visit the owners often. He's a big contributor to organizations with fundraisers such as Mother Goose and Saint Madeleines. He offers specials during the car shows on Wednesday nights in the summer and the concerts at the promenade.

In the back of Mangia Bene is a big banquet room available for wedding receptions and parties. It's well decorated and



Lenny Donato -at the Wine Lounge bar. Corner picture - Lenny age 9.

prices are very reasonable. "I can do a big family meal for \$13.95," Donato said. "Food cost has gone up 40 to 50 percent, but I try to hold those costs down and not pass it on to my customers. I'd rather work with volume. We also have catering and party trays available for pick up, and I do occasional wine paring parties."

With family restaurants around East County including

Mario's, Donatos, and Mamma Rosa's, Donato is proud of his family's tradition. When asked what his secret to success, he replied, "Great food and really good service."

Mangia Bene, open Sunday - Thursday 11 a.m - 9 p.m.; Friday to 10 p.m.; Sunday 3 - 10 p.m., is located at 221 East Main Street, El Cajon, (619) 444-0303. Visit their website at www.mangia-bene.com.

Menu Notes From Mangia Bene

Wine Lounge Specials
Happy Hour 5 - 7 p.m.
Daily Specials - meatball sliders
Wednesdays: \$5 flights
Thursdays: \$3 any glass of wine or draft beer
Fridays: 1/2 off any appetizer with bottle of wine purchase
Wines of the Month

Mangia Bene Dinning Menu

Lunch Buffet: Mon. - Fri. 11 a.m. - 2 p.m.
Sunday Buffet: 11 a.m. - 3 p.m.
Gluten free items
Whole Grain products
Fish - Cioppino, Shrimp & Crab Linguine
Sampler Platters - choose two or three items
Choose A Pasta & Sauce
Senior Hour Special
Children's Menu
Lighter Side Menu
Salads & Soups
Pastas baked & traditional
Sandwiches
Expresso, Teas, Sodas, Specialty waters



Manage Bene Buffet. Photo Credits: Kathy Foster

For Health's Sake

Learning to trust



Judy Callihan Warfield

by Judy Callihan Warfield

Learning to trust is a difficult thing for many people. This issue may arise in personal relationships, but can also arise in professional settings. The inability to trust can stunt growth in both areas. This issue can arise due to bad behavior of others, but it is within one's ability to rise above and not allow other's

bad behavior to continue to hold a person back from their full potential.

Lack of trust can sometimes be an indication of low confidence and self esteem. Lack of trust can indicate a lack of trust in oneself as much as a lack of trust for others. Throughout the day we must use tools to build our trust, confidence, and self esteem.

Unfortunately, a lack of trust falls into those areas of lives that are controlled by habits.

Hypnotherapy is a wonderful, drug free method to begin to shake off those doubts about others and yourself. Now is the time to move forward with trust of oneself and others confidently and securely.

Judy Callihan Warfield is President of Success Hypnotherapy, Inc. 4730 Palm Ave. #205, La Mesa, CA. Please call for free consultation 619-303-8511 or visit www.successhypnotherapy.com or email judy@successhypnotherapy.com.

**STOP
SMOKING!**
Comprehensive, Effective,
and Drug Free
\$99.95+s&h
www.stoptodaymedia.com

Laughter is the Best Medicine

Dear Dogs and Cats

The dishes with the paw print belong to you and contain your food. The rest of the dishes belong to me and contain my food.

Please note, if you put a paw print in the middle of my plate or food, that does not stake a claim for it. It is still mine. I also do not find it aesthetically pleasing in the slightest.

NASCAR did not design the stairway. It is not a racetrack. Trying to beat me to the bottom is not the object. Tripping me will not help you win because I will fall faster than you can run.

A king-sized bed is the largest that is made. I cannot get anything bigger. I am sorry about this. Do not expect me to continue to sleep on the couch to ensure your comfort.

Dogs and cats are capable of curling into a ball when they sleep. It is not necessary to sleep perpendicular next to each other and stretched out to the fullest extent possible.

Sticking your tail out straight and hanging your tongue out the other end to maximize space is nothing but sarcasm.

For the last time, there is no secret exit from the bathroom. If by some miracle I manage to beat you there and get the door shut, it is not necessary to whine, meow, claw, try to turn to doorknob, or squeeze your paw under the door to try to pull it open. I have to exit through the same door I entered.

Also, I have been using the bathroom for many years -- feline or canine attendance is not required.

Have a funny joke, story or anecdote you would like to share? Write to Jokes: East County Gazette, P.O. Box 697, El Cajon, CA 92022 or write to www.jokes@ecgazette.com

Rockin Blondes
(619) 390-1900

Highlights & Cut \$85
Color & Cut \$65

14110 Olde Highway 80, El Cajon, CA 92021
Next to Marechiaro's Off of Lake Jennings

Sharp Senior Programs

Sharp Grossmont Hospital's Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For more information, call (619) 740-4214. For other programs, call 1-800-827-4277 or visit our web site at www.sharp.com.

Carotid Screening

Do you have episodes of slurred speech, facial drooping, temporary loss of vision or one-sided weakness or numbness? This free screening tests the carotid blood flow to the brain. Saturday, Oct. 8, 9 a.m. to 2 p.m. at the Sharp Grossmont Hospital Cardiovascular Services Office (2nd floor of Cancer Center), 5555 Grossmont Center Dr., La Mesa. Appointment required. Call 1-800-827-4277.

Free Blood Pressure Screening

No appointment necessary. Open to the public. For information, call (619) 740-4214.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, Oct. 21, 9:30 to 11 a.m.

Sharp Grossmont Hospital Senior Resource Center, 9000 Wakarusa, La Mesa, Tuesday, November 1, 9:30 to 11 a.m.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, Nov. 18, 9:30 to 11 a.m.

MediCare & Drug Coverage 2012 updates

Attend a free lecture on insurance changes for 2011 for Medicare Part A & B, Part C (HMOs etc.), Medicare Part D (drug benefit) and Medicare Improvements for Patients and Providers Act (MIPPA). MIPPA interacts with enrollment in Medicare Savings Programs (MSP) and Extra Help, the Low Income Subsidy (LIS) Programs. Jean Soderberg, Community Education Specialist, Health Insurance Counseling & Advocacy Program (HICAP) Monday, Oct. 17, 10 to 11:30 a.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St. La Mesa Call 1-800-827-4277 or register online at www.sharp.com.

Treatment Options for Shoulder Arthritis

Do you have pain in your shoulder from arthritis? Do you have limited movement in your shoulder? Learn about surgical and non-surgical treatment options from Dr. Ben DuBois, an orthopedic surgeon. Sponsored by the Arthritis Foundation and the Sharp Grossmont Senior Resource Center.

Monday, Oct. 24, 12 to 1:30 p.m. Grossmont Healthcare District Conference Center, 9001 Wakarusa St. La Mesa. Reservation required. Call 1-800-827-4277 or register online at www.sharp.com

Breast Cancer awareness at Curves

Mark your calendars for Wednesday, Oct. 19 when College Area Curves kicks off a month-long promotion for breast cancer awareness. Curves wants to bring to the attention of all women, young and old, the importance of Breast Cancer facts and awareness.

Curves offers an exercise program that is only thirty minutes of exercise three to four times per week. Their goals are to have community involvement through charitable efforts. They are currently supporting St. Jude's Research Hospital and breast cancer Awareness.

The month of October will be devoted to doing BCA with fun activities and events. Curves will be having a birthday celebration of its members that are survivors and honoring those that have been lost to the disease.

Stop by on Wednesday, Oct. 19 between 7 a.m. and 7 p.m. and check out what Curves has to offer including new ownership of the establishment.

Curves is located at 6784 El Cajon Blvd. Ste. C. Go online for more info www.collegeareacurves.com



Donald Adema, DO
(Board Certified
Family Practice)

Adema
Family Medicine

Most Insurance
Accepted

10201 Mission Gorge Rd., Santee, CA

(619) 596-5445

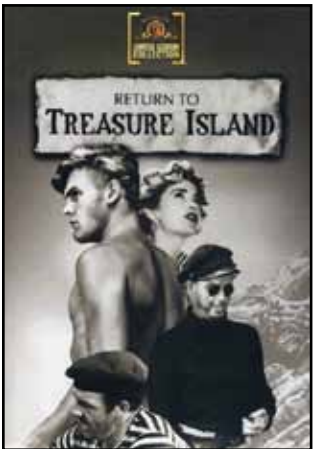
Call today for your appointment!

— HOME ENTERTAINMENT —

More Classic DVDs this month

Reviews by Diana Saenger

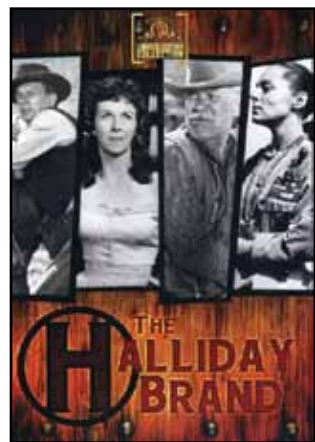
MGM Home Entertainment continues to release more classic DVDs from its **MGM LIMITED EDITION COLLECTION**. One important note attached to the PR release states: These films have been manufactured from the best-quality video master currently available and have not been remastered or restored specifically for these DVD releases. Typically that means not to expect the quality of films produced today, but overall it's the films themselves, or some of the stars that often made them more compelling in these classics than the picture quality. And none of them are exceptionally bad.



'Return To Treasure Island' (1954)

Anyone who enjoys a good yarn might find this simple and somewhat boring tale interesting. Fans of Tab Hunter might be delighted to take a gander as this was Hunter's fifth film. The story centers around a hunt for buried treasure as

told through the recounting academic researcher Clive Stone (Hunter) who is writing a book about pirate lore. In retelling Clive contacts Jamesina 'Hawkins' (Dawn Addams), a direct descendant of Jim Hawkins, about the lost buried treasure on her island. He goes there, but so do others and the struggle between the good and bad guys revolves around many things including caves, codes, the Bible, old guns with flint, dynamite and tricky. The story is predictable, but fans of the above may enjoy it.



'The Halliday Brand' (1957)

Joseph H. Lewis directs this third western with critical and psychoanalytical insight. I was surprised how caught up in this story I got. Sheriff Dan Halliday (Ward Bond) rules with his town with an iron hand and guided by much of his prejudices, which includes racism towards the local Indians. This does not set well for his daughter Martha (Betsy Blair) who has fallen for their ranch hand, Jivaro Burris (Christopher Dark), a half-breed who eventually gets falsely blamed for the murder

of a white man. Dan's two sons Clay (Bill Williams) and Daniel (Joseph Cotton), do not agree with their dad's philosophy but as Dan remains loyal to his dad, Daniel has an eye for justice that creates havoc in the small town. Anyone who likes westerns or Joseph Cotton will enjoy this film.



'Love is A Ball' (1963)

Etienne Pimm (Charles Boyer) is somewhat of a matchmaker in this comedy but it's more for his own gain. He takes unsuspecting rich women and matches them up with broke European aristocrats. When he attempts to match the bankrupt Duke Gaspard Ducluzeau (Ricardo Montalban) with new islander Millicent "Milly" Mehaffey (Hope

Lange), he gets more than he bargained for. Trouble begins when the Duke can't drive so John Lathrop Davis (Glenn Ford) is brought in for a substitute. Mixed identities, funny and embarrassing situations unravel in this delightful story.



'Killer Is Loose' (1956)

This film noir enthralls right from the beginning. Joseph Cotton stars as detective Sam Wagner who while capturing a bank robber accidentally kills the man's wife. When Leon Poole (Wendell Corey) is released years later he's out to settle the score with Wagner. Although some of the situations require one to look over a few noir rules, this is a twister right to the end.



'Jean Arthur Comedy Collection'

Turner Classic Movies (TCM) and Sony Pictures Home Entertainment (SPHE) are joining forces on a new line of DVDs to be made available as part of the *TCM Vault Collection*. This four-disc set featuring the winsome leading lady includes the gems *The Public Menace* (1935), *Adventure in Manhattan* (1936), *More Than a Secretary* (1936) and *The Impatient Years* (1944). Street date for this great collection featuring and iconic early star is Oct. 17, 2011. Saenger Syndicate

East County's
My 107.9 FM
www.my1079.com
MY1079.COM
KRLY-LP FM

2065 Arnold Way, Suite 104, Alpine, CA 91901
619-445-1079 • Fx 619-445-1014

Mother Goose Parade
Sunday, November 20
'Always the Sunday before Thanksgiving'



Join us at Just Between Friends!

SHOP and get fabulous deals on clothes, toys, & more!

SELL your items as a consignor, earn 65%! Sign up online!

VOLUNTEER and shop the best deals first! Details online!

Savings, selection, and convenience!

All this fun under one roof! Don't miss it!

La Mesa • OCTOBER 22-23

La Mesa Woman's Club, 5220 Wilson St.

Sat, 10am-7pm • Sun, 10am-3pm (50% off)

Off Grossmont Blvd, south of Drew Ford & Toys R Us

jbf sale.com *shop. sell. save. smart!™*

Click "San Diego." Benefits in part San Diego family charities.

Contact AmyFernandez@jbf sale.com or 619-247-2096.

Mother Goose Parade Golf Tournament



Monday, Oct. 17 — 1 p.m. Shotgun

Only \$125 *per person in a foursome*

Includes: A round of golf at Cottonwood Golf Club, cart, lunch, dinner, special hole prizes, raffles & a day full of fun!
Sponsorships are still available starting at \$100!

Call the East County Gazette at (619) 444-5774
to reserve your spot!

— IN THE MOVIES —

Smart script and compelling acting steer 'The Ides of March'

Review by Diana Saenger

The mere mention of George Clooney's name connected to a film counteracts any negative thoughts. Personal charm aside, Clooney brings his entire shopping cart of award-winning talents to the checkout stand in *The Ides of March*. The screenplay by Clooney, Grant Heslov and Beau Willimon (based on his play *Farragut North*) about a presidential campaign is clever, expeditious and boasts incisive dialogue that rings true.

However, this film is also somewhat predictable in spots. How can there be a movie about politics without issues of trust, lies and misconceptions? Still, Clooney seems to know what he wants when he steps behind the camera, and he doesn't miss a beat in his

direction here. The talented cast members – including Clooney, Ryan Gosling, Philip Seymour Hoffman, Paul Giamatti, Evan Rachel Wood and Marisa Tomei – deliver compelling characters who keep us guessing their real intent throughout the film.

Stephen Meyers (Gosling), who has worked for Governor Mike Morris (Clooney) for some time, is now the man's press secretary in his run as the Democratic nominee for president of the United States. There's no room for polyanas in politics – and Meyers is completely behind Morris and his clean platform at the beginning of the campaign. As he begins to work with Morris' well-seasoned campaign manager Paul Zara (Philip Seymour Hoffman), Morris is certain he's placed his idealism with the right people.

The plot begins to imitate real life when Morris' opposing candidate's manager Tom Duffy (Paul Giamatti) sets his big foot into the ring. Meyers not only has to contend with him, but also with an intern (Evan Rachel Wood) ready to break all of the rules and a cunning New York Times reporter (Marisa Tomei) who knows how to play the political game all too well.

Clooney is quite believable as Morris with such promises as "I said I wasn't going to make those kinds (backroom) of deals." Gosling does a terrific job traversing the highs, lows, and roadblocks of his character. Hoffman, who said he never wanted to appear in a political movie, makes a great addition to the film, as does Giamatti – even in his small role. Wood creates great



Ryan Gosling stars in *The Ides of March*. Photo Credit: Saeed Adyani / Sony Pictures Entertainment

chemistry with Gosling, giving the film a breather from all the political anxiety.

Intrigue, drama, ro-

mance and even some thriller moments are all there in *The Ides of March*. It's a movie I wouldn't mind seeing twice.

'Real Steel' — Rock 'Em, Sock 'Em, robots



Hugh Jackman and Dakota Goyo star in *Real Steel*. Photo credit: DreamWorks II Distribution Co., LLC

Review by Michael Black

When I first saw the commercials I thought that someone who really loved Rock 'Em Sock 'Em Robots wrote a movie script in honor of that 1964 toy. After some investigating, *Real Steel* is actually based on Richard Matheson's short story *Steel*, a *Twilight Zone* episode that aired in 1963. *Real Steel's* trailers gave me the impression that the movie was going to be a joke, but surprisingly, I actually liked it.

Charlie Kenton (Hugh Jackman) is a former boxer who is now invested in the new popular sport of robot boxing. His investments have not been very profitable. In fact, he is deeply in debt from trying to keep his robot, Ambush, operational. When things couldn't get worse, his son's mother passes away and according to Texas law, he has custody of Max

(Dakota Goyo), who he hasn't seen since birth.

Max's aunt (Hope Davis) desperately wants custody of her sister's child. Charlie sees the opportunity to blackmail her rich husband (James Rebhorn) into getting custody for \$100,000, but Charlie must take care of the boy for a few weeks while Max's legal guardians are out of the county. Luckily for Charlie, Max has quite a knowledge about robot boxing and the technology of the bots as well. While searching for parts in a scrap yard, Max finds an old robot that was thrown away ages ago. Atom is the robot's name on its chest. Max discovers Atom has a unique shadow boxing function and extremely tough armor. Charlie's insight of the sport and Atom's unique features might have the necessary edge they need to win.

The chemistry between

Jackman and Goyo is charming. Goyo steals the movie in most of the scenes he's in. *Real Steel* does borrow heavily from some previous movies. The final boxing scene is straight from *Rocky*. An underdog that is not taken seriously ends up in a bout with the champ and goes the distance. The father-son relationship is from another Stallone movie, *Over The Top*, where a deadbeat dad must win his son's heart, or several others just like it. And of course, *Transformers*, but without the Michael Bay over-the-top confusing mash of computer graphics that make it hard to tell who is who. But can this junkyard bot really beat Zeus, Midas or Metro?

Jackman had help with his role as Charlie from Sugar Ray Leonard, who was hired as a consultant and also to train Jackman. Extra drama in the film includes the subplot of a romance with Charlie and Bailey (Evangeline Lilly), a woman who runs a gym left to her by her father and who can't get Charlie on the right track to success.

Producer Steven Spielberg and director Shawn Levy brought all the elements together to make the movie believable. *Real Steel* has some cheesy and cliché moments but thanks to some high quality acting, fantastic cinematography, and excellent computer graphics, the movie is surprisingly entertaining.



The Ides of March

Studio: Sony Pictures Entertainment

Gazette Grade: B+

MPAA: "R" for pervasive language and adult themes

Who Should Go: Fans of this cast

Real Steel

Studio: Walt Disney Studios

Gazette Grade: C+

MPAA: PG-13 for some violence, intense action and brief language.

Who Should Go: Hugh Jackman fans and teens

Pernicano's
Since 1946

Italian Restaurant
Pizza

Celebrating
over 65 Years
of service to East
County diners

\$4 OFF
ANY
LARGE
PIZZA
with coupon
exp. 10/30/11

\$2 OFF
ANY
SMALL
PIZZA
with coupon
exp. 10/30/11

LUNCH SPECIALS

(Includes Salad and Garlic Bread)
Spaghetti \$7.95
Lasagna \$8.95

Dinner Specials

(Includes Salad and dinner roll)

Monday:
Lasagna & Spaghetti ... \$10.95
Tuesday:
Zucchini Parmigiana ... \$10.95
Wednesday:
Eggplant Parmigiana ... \$10.95
Thursday:
Ravioli (meat or cheese) \$9.50
Friday:
Tortellini (chicken, cheese or spinach) \$8.85
Saturday:
Half & Half \$8.85
Sunday:
Lasagna \$10.45

CATERING FOR PICK UP,
UP TO 100 PEOPLE

ORDERS TO GO
619-444-4546

1588 E. Main Street
El Cajon

Open 7 Days 11 am

Unique Gifts of Art

Local artist will create an original framed
tribute for a loved one, friend or pet.

- * Birthdays
- * Anniversaries
- * Weddings

Over 200 pieces available in a wide
variety of prices and subjects.

We offer fund-raising opportunities for
schools, churches, organizations, and clubs.

www.gallatinwarfield.com
619-820-9068

SLOTS OF CASH

October 6 thru November 16

Spin & Win

Wednesday drawings at 2pm, 7pm, 8pm & 9pm
Eleven winners every day!

- Club Sycuan members receive one FREE daily electronic entry & can earn additional entries by playing slots, table games, bingo & poker!
- Check in every Wednesday at a Club Sycuan kiosk or desk to activate your electronic entries!

Win Up To
\$1,000,000
INSTANTLY

See Club Sycuan for Official Rules.

COMPLETE RENOVATION – NOW OPEN

SYCUAN
LIVE UP CLOSE



COMING SOON

AARON LEWIS

AMERICAN ENGLISH (BEATLES TRIBUTE)

MONTY PYTHON'S SPAMALOT

TOBIAS RENE

TOWER OF POWER



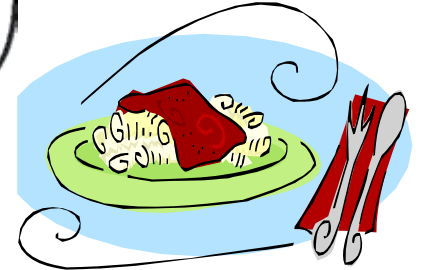
Tickets at sycuan.com
or Casino Box Office

Tickets purchased at Casino Box Office
are 20% off with Club Sycuan card.

Sycuan
CASINO

5469 CASINO WAY, EL CAJON, CA | 619.445.6002 | SYCUAN.COM  

GUESTS MUST BE 18+ TO ENTER CASINO AND RESTAURANTS. MUST BE 21+ TO ENTER THEATRE AND SPORTS BAR. PLEASE PLAY RESPONSIBLY.



**Enjoy a night out or enjoy a dinner-to-go
on any Sunday from 3-9 pm**



at

Mangia Bene Italian Restaurant

and a portion of the proceeds will be donated to the Mother Goose Parade!

***Mother Goose Parade
has been bringing joy to the children of
East County for 65 years!***



***Mother Goose Parade
is presented by
Westfield Parkway
and the
East County Gazette***

Our Best Friends

Animal Behavior College offers San Diego pet lovers dynamic animal career opportunities

It is a great time to find an exciting career working with animals. Come and meet a representative from Animal Behavior College (ABC) who will be on hand to discuss pet career opportunities at the San Diego Pet Expo October 15 and 16. ABC is the one of the largest vocational schools in the United States and offers three dynamic career opportunities to animal lovers; Certified Dog Trainer, Certified Veterinary Assistant,

and Certified Dog Groomer. The San Diego Pet Expo will be held Saturday and Sunday, October 15 -16 at the Del Mar Fairgrounds.

ABC President, Steve Appelbaum says, "During these difficult financial times an excellent industry to explore that is prospering, and in fact growing in size, is the pet business with a projected total spending by the end of 2011 to exceed \$50 billion, a 5.1 percent in-

crease from 2010. There are an estimated 70 million dogs, 90 million cats, 16 million birds, and 7 million horses in the United States alone. That's a huge number of animals and with them come dozens of career path opportunities. With more than 23,000 veterinary hospitals and approximately 75,000 grooming salons, animal industry workers have numerous opportunities to ply their trade all over the country."

ABC's innovative curriculum reaches a broad spectrum of students; ranging anywhere from recent high school graduates, to educators and veterinarians. Since its inception 13 years ago,

ABC has evolved alongside the ever-growing animal industry, meeting the needs of its enthusiasts. To date, the school has helped over 8,500 animal lovers pursue careers in the field, ensur-

ing a brighter future for its students, and the lives of the animals they touch.

The Del Mar Fairgrounds are located at 2260 Jimmy Durante Blvd., Del Mar, CA 92014.

ADOPT-A-PET

Mr. Happy is a 1-year-old cream colored Terrier mix. His ID # is #80888. Mr. Happy is a fun-loving, outgoing guy with lots of spunk. He brings such much joy into the lives of everyone he encounters. This guy has a huge heart of gold and knows how to have fun. He loves to entertain his human companions as well as his canine friends. He will do well in a variety of homes but a home with older children is recommended. Mr. Happy loves to play, cuddle and take long walks to get his exercise. For the *Fall into Love with a Furry Friend* promotion through October 31, his adoption fee is \$25 and includes his neuter, current vaccinations, permanent microchip identification, a certificate for a free veterinary exam and a license if residing in Oceanside or Vista! SAN DIEGO HUMANE SOCIETY AND SPCA NORTH CAMPUS, 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org Adoption Hours: Open daily 10 a.m. -



Tucker is a 5-year-old brown tabby domestic short hair male. He weighs 12.8 pounds. His his id number is #83310. Friendly, affectionate and social, Tucker is easy to love and a joy to be around. He has a curious nature which keeps him excited about the world around him all day long! While he doesn't always like to be held, he has a big heart and can't wait to share all of his love with a special family. He approaches life with lots of enthusiasm and is very inventive. Tucker can turn any ordinary day into an adventure. He will do well in a variety of homes, but would prefer to be the only cat in the home. He would also do best in a home with older children. For our *Fall into Love with a Furry Friend* promotion, through October

31, his adoption fee is \$25 and includes my neuter, current vaccinations, permanent microchip identification, and a certificate for a free veterinary exam! He is available for adoption at PetSmart located at 3420 Marron, Oceanside, CA 92056, off of College. If you have any questions, please contact our North Campus Customer Service Department at 760-757-4357.

Arnie is a 2-year-old black/white Schnauzer mix male. His iD number is 81528. Arnie is a love-bug seeking a special family to cherish! He is a mellow little guy but loves to play too. He enjoys quiet and cozy environments where he can relax, nap, go for walks and enjoy treats! He also enjoys socializing and hanging out with other dogs. While Arnie can be a little shy at first, he warms up as he becomes more comfortable in his environment. Arnie will do well in a variety of homes, but due to his initial shyness, a home without children is recommended. Arnie's adoption fee is just \$25 and includes his neuter, current vaccinations, permanent microchip identification, a certificate for a free veterinary exam and a license if residing in Oceanside or Vista! Arnie is available for adoption at the North Campus of the San Diego Humane Society: 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org Adoption Hours: Open daily 10 a.m. - 5 p.m.



Fenokia is a one-year-old Tortoiseshell domestic short hair female. Her Her ID number is 78892. Fenokia is a gorgeous kitty hoping to find a special family and home to cherish. With bright eyes and an eclectic spirit, she enjoys playing with feather toys, sunbathing and watching birds flutter outside her window. While Fenokia enjoys spending time with her people friends, she is also very comfortable spending time on her own. Fenokia has an independent nature and easy-going spirit! She is an entertaining gal to watch all throughout the day. While she can be a bit shy at first, she warms up as she gets to know her people friends better. Fenokia will do well in a variety of homes but would prefer to be in a home without young children. Her adoption fee is \$25 and includes her spay, current vaccinations and more!. Fenokia is available for adoption at the North Campus of the San Diego Humane Society, 572 Airport Road Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org Adoption Hours: Open daily 10 a.m. - 5 p.m.

Open 7 Days
A Week

Delivery
Available



GOT LEATHER

Need a repair on a favorite
headstall, purse, belt, etc.?

Or just want something new?

Don't forget Fido, maybe he needs a new
leash or custom collar.

Come in and visit. Bring your project or idea.
Whether it's a custom carving or something
you want replicated or repaired, we can help!

**Custom Leather Work
by Marty Barnard**

Open Mon.-Fri.
8:30am-6:00pm
Sat. 8:30am-5pm
Sun. 10am-4pm

619.562.2208
10845 Woodside Ave. • Santee, CA 92071

LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027343**
FICTITIOUS BUSINESS NAME(S): GRC Plumbing
Located at: 11173 Moreno Ave., Lakeside, CA 92040
This business is conducted by: An Individual
The first day of business was: Sept. 21, 2011
This business is hereby registered by the following: Gary Cash Jr. 11173 Moreno Ave., Lakeside, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on September 28, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-025206**
FICTITIOUS BUSINESS NAME(S): Corbin's Cabs
Located at: 829 S. Clementine St., Oceanside, CA 92051
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Steven Corbin 829 S. Clementine St., Oceanside, CA 92051
This statement was filed with Recorder/County Clerk of San Diego County on September 06, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-025856**
FICTITIOUS BUSINESS NAME(S): Bradley Self Storage
Located at: 1771 Graves Avenue, El Cajon, CA 92021
This business is conducted by: A Limited Partnership
The first day of business was: March 13, 1998
This business is hereby registered by the following: Robert Bruce Kleege 12625 High Bluff Drive #310, San Diego, CA 92130
Betty Wolfe 225 Mayfield Lane, Colorado Springs, CO 80906
Rob Taylor 15571 Harrow Lane, Poway, CA 92064
RBK Holdings, Inc. 12625 High Bluff Drive #310, San Diego, CA 92130
This statement was filed with Recorder/County Clerk of San Diego County on September 13, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027877**
FICTITIOUS BUSINESS NAME(S): dnik eb
Located at: 4440 Menlo Ave., San Diego, CA 92115
This business is conducted by: An Individual
The first day of business started: October 3, 2011
This business is hereby registered by the following: Chris R. Hernandez 4440 Menlo Ave., San Diego, CA 92115
This statement was filed with Recorder/County Clerk of San Diego County on October 03, 2011.
East County Gazette- GIE030790
10/13, 10/20, 10/27, 11/03, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026398**
FICTITIOUS BUSINESS NAME(S): Best Snacks 4 U Distribution Company
Located at: 1812 Greenfield Dr., El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: April 1, 2011
This business is hereby registered by the following: Edward DeStefan 1812 Greenfield Dr., El Cajon, CA 92021
This statement was filed with Recorder/County Clerk of San Diego County on September 19, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026615**
FICTITIOUS BUSINESS NAME(S): KM Mobile Auto Glass
Located at: 863 S. Mollison Ave. #5, El Cajon, CA 92020
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Khaled Mikha 863 S. Mollison Ave. #5, El Cajon, CA 92020
This statement was filed with Recorder/County Clerk of San Diego County on September 21, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00098394-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF MUI THI BANH FOR CHANGE OF NAME PETITIONER: MUI THI BANH HAS FILED FOR AN ORDER TO CHANGE NAME
FROM: MUI THI BANH
TO: HA MY HO
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BROADWAY, SAN DIEGO, CA 92101, Department 8 on NOVEMBER 09, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON SEPTEMBER 27, 2011.
East County Gazette – GIE030790
10/06, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026870**
FICTITIOUS BUSINESS NAME(S): Fun Snacks
Located at: 2810 Via Orange Way, Suite C, Spring Valley, CA 91978
This business is conducted by: A Corporation
The first day of business was: September 21, 2011
This business is hereby registered by the following: Dylan & Delilah, Inc. 2810 Via Orange Way, Suite C, Spring Valley, CA 91978
This statement was filed with Recorder/County Clerk of San Diego County on September 23, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00069675-CU-PT-EC IN THE MATTER OF THE APPLICATION OF CHARLES HOWARD BUTTNER FOR CHANGE OF NAME PETITIONER: CHARLES HOWARD BUTTNER HAS FILED FOR AN ORDER TO CHANGE NAME
FROM: CHARLES HOWARD BUTTNER
TO: CHARLES PERRY HOWARD
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN STREET, EL CAJON, CA 92020, Department 14 on DECEMBER 07, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON OCTOBER 4, 2011.
East County Gazette – GIE030790
10/06, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027064**
FICTITIOUS BUSINESS NAME(S): Beres Building Maintenance
Located at: 12505 Royal Rd. #50, El Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: Sept. 26, 2011
This business is hereby registered by the following: Brandon J. Litke 9938 Jeremy St., Santee, CA 92071
This statement was filed with Recorder/County Clerk of San Diego County on September 26, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00070076-CU-PT-EC IN THE MATTER OF THE APPLICATION OF JACKQUELINE M. CUNNINGHAM ON BEHALF OF MINOR SHELBY LYNN HERNADEZ FOR CHANGE OF NAME PETITIONER: JACKQUELINE M. CUNNINGHAM ON BEHALF OF MINOR SHELBY LYNN HERNANDEZ HAS FILED FOR AN ORDER TO CHANGE NAME
FROM: SHELBY LYNN HERNANDEZ
TO: SHELBY LYNN CUNNINGHAM
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020, Department E-14, 4th FLOOR on NOVEMBER 30, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON SEPTEMBER 19, 2011.
East County Gazette – GIE030790
9/29, 10/06, 10/13, 10/20, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00070373-CU-PT-EC IN THE MATTER OF THE APPLICATION OF YOUSIF H. HABIB AND NAJLA S. HABIB ON BEHALF OF MINORS AWAN YOUSIF HABIB AND ANN YOUSIF HABIB FOR CHANGE OF NAME PETITIONER: YOUSIF H. HABIB AND NAJLA S. HABIB ON BEHALF OF MINORS AWAN YOUSIF HABIB AND ANN YOUSIF HABIB HAS FILED FOR AN ORDER TO CHANGE NAME
FROM: AWAN YOUSIF HABIB
TO: ANN YOUSIF HABIB
AND FROM: ANN YOUSIF HABIB
TO: IDAN YOUSIF HABIB
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN STREET, EL CAJON, CA 92020, Department 15 on NOVEMBER 30, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON OCTOBER 6, 2011.
East County Gazette – GIE030790
10/13, 10/20, 10/27, 11/03, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027828**
FICTITIOUS BUSINESS NAME(S): East County Family Dentistry
Located at: 9710 Winter Gardens Blvd., Suite C, Lakeside, CA 92040
This business is conducted by: A Corporation
The first day of business started: September 17, 2011
This business is hereby registered by the following: Homayoun Ardjmand, DDS, Inc. 3114 Via Valesco, Escondido, CA 92029
This statement was filed with Recorder/County Clerk of San Diego County on October 03, 2011.
East County Gazette- GIE030790
10/13, 10/20, 10/27, 11/03, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027632**
FICTITIOUS BUSINESS NAME(S): Curves of Santee
Located at: 50 Town Center Pkwy #B, Santee, CA 92071
This business is conducted by: An Individual
The first day of business was: September 23, 2011
This business is hereby registered by the following: Pamela D. Coble 24125 Wildwood Glen Ln., Alpine, CA 91901
This statement was filed with Recorder/County Clerk of San Diego County on September 30, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027048**
FICTITIOUS BUSINESS NAME(S): a.) Green Cross Weedery b.) Weedery of the Green Cross
Located at: 10123 Del Rio Rd., Spring Valley, CA 91977
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Karen Johnson Courtney 10123 Del Rio Rd., Spring Valley, CA 91977
This statement was filed with Recorder/County Clerk of San Diego County on September 26, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027413**
FICTITIOUS BUSINESS NAME(S): Grand Oasis Hookah Lounge
Located at: 9838 Channel Rd., Lakeside, CA 92040
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Michael N. Mattia 2725 Vista Del Piedra, Jamul, CA 91935
This statement was filed with Recorder/County Clerk of San Diego County on September 28, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027836**
FICTITIOUS BUSINESS NAME(S): a.) Heartland Sustainable Housing b.) Heartland Community Clinic c.) United Climate Action
Located at: 1235 Shafter St., San Diego, CA 92106
This business is conducted by: A Corporation
The first day of business was: October 18, 1998
This business is hereby registered by the following: Heartland Coalition 1235 Shafter St., San Diego, CA 92106
This statement was filed with Recorder/County Clerk of San Diego County on October 3, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027455**
FICTITIOUS BUSINESS NAME(S): Oakdale Heights of La Mesa
Located at: 5740 Lake Murray Blvd., La Mesa, CA 91942
This business is conducted by: A Limited Liability Company
The first day of business was: June 6, 2006
This business is hereby registered by the following: Lake Murray Holding LLC 5740 Lake Murray Blvd., La Mesa, CA 91942
This statement was filed with Recorder/County Clerk of San Diego County on September 28, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027103**
FICTITIOUS BUSINESS NAME(S): a.) Spicy Toast b.) Deep Sea Publishing
Located at: 1169 22nd St., San Diego, CA 92102
This business is conducted by: An Individual
The first day of business was: January 1, 2011
This business is hereby registered by the following: Erika Tryon 1169 22nd St., San Diego, CA 92102
This statement was filed with Recorder/County Clerk of San Diego County on September 26, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

NOTICE OF TRUSTEE'S SALE TS # CA-10-407511-VF Order #: 654967 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/29/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **JOHN S. AMADOR AND GRACIELA G. AMADOR** Recorded: 9/30/2005 as Instrument No. 2005-0850760 in book XXX , page XXX of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: 10/20/2011 at 10:00:00 AM Place of Sale: **At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA** Amount of unpaid balance and other charges: **\$349,661.35** The purported property address is: **269 FIESTA LANE EL CAJON, CA 92019** Assessor's Parcel No. **511-412-03-00** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney.** Date: **Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711** For **NON SALE** information only **Safe Line: 714-573-1965 or Login to: www.priorityposting.com** **Reinstatement Line: 619-645-7711 Ext. 3704**

Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0011503 9/29/2011 10/6/2011 10/13/2011

**CALL (619)
444-5774
to place your
ad today!**

Support your community newspaper
Subscribe Today!

Only \$30 will bring the Gazette to your mailbox

OR — \$10 will bring the Gazette to your email box weekly for one year!

Fill out below and send with your check/money order or fill out credit card information and send to:

East County Gazette - P.O. Box 697, El Cajon, CA 92022

Visa/MasterCard # Exp. Date

Name: Address:

City Zip

one year two years

**Lowest rates on
legal notices!
Call us
and see!
(619) 444-5774**

— LEGAL NOTICES —

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026006**
FICTITIOUS BUSINESS NAME(S): Center Cab
Located at: 244 N. Mollison Ave. #16, El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Naseer Yousif 244 N. Mollison Ave. #16, El Cajon, CA 92021
This statement was filed with Recorder/County Clerk of San Diego County on September 14, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026292**
FICTITIOUS BUSINESS NAME(S): a.) Fired-works b.) Firedworks
Located at: 11915 Fuerte Dr., El Cajon, CA 92020
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Stephen Saltzman 11915 Fuerte Dr., El Cajon, CA 92020
This statement was filed with Recorder/County Clerk of San Diego County on September 16, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027114**
FICTITIOUS BUSINESS NAME(S): Tinol Gallery
Located at: 7777 Girard Ave. #103, La Jolla, CA 92037
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Hossein Yekta 3861 Ecohee Ave., San Diego, CA 92117
This statement was filed with Recorder/County Clerk of San Diego County on September 26, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-025710**
FICTITIOUS BUSINESS NAME(S): Valley Motel
Located at: 585 N. Mollison Ave., El Cajon, CA 92021
This business is conducted by: A Corporation
The first day of business was: January 1, 1968
This business is hereby registered by the following: Aboona Inc 585 N. Mollison Ave., El Cajon, CA 92021
This statement was filed with Recorder/County Clerk of San Diego County on September 12, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-024678**
FICTITIOUS BUSINESS NAME(S): Crystal Clean Housekeeping
Located at: 1259 Buckwheat Trl., Campo, CA 91906
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Christine M. Pugliese 1259 Buckwheat Trl., Campo, CA 91906
This statement was filed with Recorder/County Clerk of San Diego County on August 30, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027199**
FICTITIOUS BUSINESS NAME(S): Nation IT Solutions
Located at: 11852 Serena Rd., Lakeside, CA 92040
This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: Charles E. Nation Jr. 11852 Serena Rd., Lakeside, CA 92040
Michele E. Nation 11852 Serena Rd., Lake-side, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on September 27, 2011.
East County Gazette- GIE030790
9/29, 10/6, 10/13, 10/20, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026167**
FICTITIOUS BUSINESS NAME(S): Ecology Car Wash
Located at: 14764 Olive Vista Dr., Jamul, CA 91935
This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: Lee Roy Youngflesh 14764 Olive Vista Dr., Jamul, CA 91935
Mardi Burton Youngflesh 14764 Olive Vista Dr., Jamul, CA 91935
This statement was filed with Recorder/County Clerk of San Diego County on September 15, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-025358**
FICTITIOUS BUSINESS NAME(S): Elite Bartending of San Diego
Located at: 9879 Grandview Dr., La Mesa, CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Michael Dougherty 9879 Grandview Dr., La Mesa, CA 91941
This statement was filed with Recorder/County Clerk of San Diego County on September 07, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026134**
FICTITIOUS BUSINESS NAME(S): Lakeside Liquor
Located at: 9936 Maine Ave., Lakeside, CA 92040
This business is conducted by: A Corporation
The first day of business was: September 15, 2004
This business is hereby registered by the following: Lakeside Liquor Store Inc. 9936 Maine Ave., Lakeside, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on September 15, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-027516**
FICTITIOUS BUSINESS NAME(S): TB Maintenance Services
Located at: 8608 lan Way, Santee, CA 92071
This business is conducted by: A General Partnership
The first day of business was: Sept. 16, 2011
This business is hereby registered by the following: John E. Sullivan 8608 lan Way, Santee, CA 92071; Francisco R. Estrada 8608 lan Way, Santee, CA 92071
This statement was filed with Recorder/County Clerk of San Diego County on September 29, 2011.
East County Gazette- GIE030790
10/6, 10/13, 10/20, 10/27, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026196**
FICTITIOUS BUSINESS NAME(S): a.) Auto 1 Exports b.) Auto 1 Export
Located at: 2667 Camino del Rio South #301-13, San Diego, CA 92108
This business is conducted by: A Limited Liability Company
The first day of business was: April 29, 2011
This business is hereby registered by the following:
Auto A. Brokers, LLC 2667 Camino del Rio South #301-13, San Diego, CA 92108
This statement was filed with Recorder/County Clerk of San Diego County on September 15, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-026291**
FICTITIOUS BUSINESS NAME(S): Next Level Off-Road
Located at: 440 Van Houten Ave. #1, El Cajon, CA 92020
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Joel Batista 440 Van Houten Ave. #1, El Cajon, CA 92020
This statement was filed with Recorder/County Clerk of San Diego County on September 16, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011


**NOTICE OF PLANNING
COMMISSION MEETING:
DOWNTOWN SPECIFIC PLAN
AND RELATED ACTIONS**

NOTICE IS HEREBY GIVEN that the El Cajon Planning Commission will hold a regularly scheduled meeting at **7:00 p.m., Monday, October 24, 2011**, in Council Chambers, 200 Civic Center Way, El Cajon, CA.

**DOWNTOWN SPECIFIC PLAN,
DOWNTOWN DESIGN GUIDELINES AND
STREET DESIGN CROSS SECTIONS**
This is a public hearing on a City-initiated proposal to adopt a new Downtown Specific Plan, new Downtown Design Guidelines and street design cross sections establishing comprehensive land use and development standards, as well as detailed design guidelines and infrastructure plan. This project will govern future development within approximately 541 acres of the downtown generally bounded by I-8 on the West and North, Ballantyne Street and Lincoln Avenue on the East, and Lexington Avenue and Grossmont Avenue on the South. Related CEQA and General Plan discretionary actions will be presented to the Planning Commission under separate reports/agenda items. No final action will occur at this meeting.

**DOWNTOWN SPECIFIC PLAN
ASSOCIATED DISCRETIONARY ACTIONS:
GENERAL PLAN AMENDMENT, REPEAL
OF SP 182, AMEND SP 462 AND REZONING
TO M-U (MIXED USE)**
This is a public hearing on discretionary actions associated with the proposed Downtown Specific Plan, which include a General Plan Amendment, repealing the existing Specific Plan 182, amending Specific Plan 462 and rezoning the area subject to the proposed Downtown Specific Plan to M-U (Mixed Use). No final action will occur at this meeting.

**DOWNTOWN SPECIFIC PLAN PROGRAM
ENVIRONMENTAL IMPACT REPORT,
FINDINGS, STATEMENTS OF OVERRIDING
CONSIDERATIONS AND MITIGATION,
MONITORING AND REPORTING PROGRAM**
This is a public hearing on the Program EIR, Findings, Statements of Overriding Considerations and MMRP in compliance with CEQA (California Environmental Quality Act) for all discretionary actions including and associated with the proposed Downtown Specific Plan. No final action will occur at this meeting.

The City of El Cajon is endeavoring to be in total compliance with the Americans With Disabilities Act. If you require assistance or auxiliary aids in order to participate at the Planning Commission meeting, please contact the Planning Division at (619) 441-1742 as far in advance of the meetings as possible.

Manjeet Ranu, AICP
Planning Manager

DATE: October 11, 2011

City of El Cajon
Planning Division
Fax: (619) 441-1595
Ph: (619) 441-1742
East County Gazette- GIE030790
10/13/11

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-025942**
FICTITIOUS BUSINESS NAME(S): Pacific Mesa Escrow
Located at: 4700 Spring St., Ste. 100, La Mesa, CA 91942
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: La Mesa Partners Inc. 4700 Spring St., Ste. 100, La Mesa, CA 91942
This statement was filed with Recorder/County Clerk of San Diego County on September 14, 2011.
East County Gazette- GIE030790
9/22, 9/29, 10/6, 10/13, 2011


CITY OF EL CAJON
ORDINANCE NO. 4972

**AN ORDINANCE OF THE CITY COUNCIL
OF THE CITY OF EL CAJON AMENDING
SECTIONS 17.105.020 AND 17.115.100
OF TITLE 17 OF THE EL CAJON
MUNICIPAL CODE (ZONING) TO
AUTHORIZE AND REGULATE
OUTDOOR VENDING MACHINES.**

THE CITY COUNCIL OF THE CITY OF EL CAJON DOES ORDAIN AS FOLLOWS:

SECTION 1. The definition of “Kiosk” in Section 17.105.020 of Chapter 17.105 of Title 17 of the El Cajon Municipal Code is hereby repealed.

SECTION 2. A new definition of “Kiosk” is hereby added to Section 17.105.020 of Chapter 17.105 of Title 17 of the El Cajon Municipal Code to read as follows:

“Kiosk” is a small, freestanding, open or partly open, outdoor structure which may be permanent or temporary and which is used to display and/or sell limited merchandise and/or services. For the purposes of this title, a “kiosk” includes the term “stand” but does not include term “outdoor vending machine.”

SECTION 3. A new definition of “Outdoor Vending Machine” is hereby added to Section 17.105.020 of Chapter 17.105 of Title 17 of the El Cajon Municipal Code to read as follows:

“Outdoor vending machine” means a self-contained or connected appliance, machine, or mechanical device located outside or in a non-enclosed space that is used to dispense a retail product or service. Examples of outdoor vending machines include but are not limited to: canned or bottled beverage dispensers, filtered water dispensers, coin-operated amusement rides, video rental machines, cages for the retail sale of propane gas cylinders, and coolers for the retail sale of bagged ice. Kiosks, newspaper racks, automatic teller machines, resource recovery centers, donation boxes, and pay phones are not considered or regulated as outdoor vending machines for the purpose of interpreting this title.

SECTION 4. Section 17.115.100 of Chapter 17.115 of Title 17 of the El Cajon Municipal Code is hereby repealed.

SECTION 5. A new Section 17.115.100 is hereby added to chapter 17.115 of Title 17 of the El Cajon Municipal Code to read as follows:

17.115.100 Outdoor uses.

A. General regulations.
1. Except as specifically permitted in this title, all commercial uses and associated storage shall only be conducted within completely enclosed buildings. Exceptions exist for those uses that are customarily conducted outdoors, although such uses may require a conditional use permit or other permit approval as indicated in this title. Examples of uses that are customarily conducted outdoors in commercial zones include, but are not limited to: outdoor dining areas, vehicle sales lots, plant nurseries and garden centers, sports fields and courts, and outdoor amusements such as go-kart tracks and miniature golf.
2. Certain outdoor commercial, industrial and manufacturing uses such as plant nurseries, garden centers, and outdoor storage areas may require screening measures. The requirement for screening as well as the methods, materials, and appearance of required screening for outdoor uses are subject to the discretion and approval of the director of community development, or in the case of a conditional use permit, the planning commission. The director or commission may require decorative screening materials in visually prominent or visually sensitive areas.
3. Under no circumstances shall outdoor uses and activities be permitted which displace required off-street parking or landscaping improvements. For outdoor use and outdoor storage regulations in the M and C-M zones, refer to Section 17.150.050.

B. Outdoor vending machines.
1. Outdoor vending machines, as defined in

Chapter 17.105 of this title, are permitted along the primary storefront (i.e., that elevation of the building that includes the primary business entrance) of the following principal land uses, when located outside the area governed by Specific Plan No. 182, and subject to the performance standards in subsection C below:

- a. Automotive fueling stations
- b. Convenience markets
- c. Liquor stores
- d. Markets (grocery store)
- e. Motels
- f. Pharmacies
- g. Supermarkets (grocery store)
- h. Transitional living centers

Where the “primary business entrance” is located at the corner of a building outdoor vending machines will be permitted on the side of the business that fronts the street from which the business takes its address.

2. Notwithstanding subsection B.1 above, outdoor vending machines may be approved as an ancillary use to other uses, and within Specific Plan No. 182, where appropriate and compatible, (example: common recreation area of a residential project, or interior courtyard of a downtown motel), with approval of a Minor Conditional Use Permit, and subject to the performance standards listed in subsection C below, provided the outdoor vending machines are also sited in a location that prevents the machines from being visible from the public right-of-way. This requirement shall not be used to permit outdoor vending machines on the side or rear of a commercial establishment outside the view of employees within the business.

C. Outdoor vending machine performance standards. When outdoor vending machines are permitted, they are subject to the following requirements:

1. Outdoor vending machines shall not obstruct pedestrian pathways, driving aisles, parking spaces, or any areas necessary for proper vehicular circulation or loading activities. A clear path of travel at least four feet wide must be provided around outdoor vending machines.

2. Outdoor vending machines shall comply with the provisions of Title 24 of the California Code of Regulations (California Physical Access Laws).

3. Outdoor vending machines shall comply with the requirements of the California Building and Fire Safety Codes.

4. Outdoor vending machines shall not be located within four feet of the public right-of-way, or located in such a manner as to encourage or require customers to stand or park in the right-of-way in order to use the machine.

5. The back of an outdoor vending machine may not be located more than 18 inches from an exterior wall of the primary structure on the lot.

6. If exposed conduits or pipes are required (e.g., to supply the outdoor vending machine with power, coolant for refrigeration, or the product being dispensed), they shall be secured to the building and painted or otherwise screened to match the building exterior. Exposed conduits, pipes, and utility connections shall not bridge a span or gap greater than 18 inches.

7. All outdoor vending machines shall be maintained in a clean and attractive condition. Any graffiti on an outdoor vending machine shall be removed within 24 hours. If the outdoor vending machine is removed, the area shall be cleaned and restored to its previous condition, including the removal of any abandoned pipes, conduits or other connecting hardware.

8. In addition to the other requirements of this Chapter, the following criteria shall apply to outdoor vending machines:

a. Outdoor vending machines shall not block or visually obstruct the sales counter as viewed from outside the establishment.

b. The area occupied by outdoor vending machines may not exceed 20% of the width of the building elevation along which they are located, nor shall the combined width of all vending machines at any one site exceed

30 feet.

c. Sign copy on an outdoor vending machine shall be limited to that which fits on the exterior panels of the machine and shall only advertise the actual product or service provided by the machine.

d. The provisions of this section shall not apply to any property in the M-U zone district. The approved specific plan associated with each M-U zoned property shall address outdoor vending machines on that property.

SECTION 6: This ordinance shall become effective thirty (30) days following its passage and adoption.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Redevelopment Agency Meeting held this 11th day of October, 2011, by the following vote to wit:

AYES: Lewis, Hanson-Cox, Kendrick, McClellan, Wells
NOES: None
ABSENT: None
DISQUALIFY:None

MARK LEWIS
Mayor of the City of El Cajon

ATTEST:
KATHIE RUTLEDGE, CMC
City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4972 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Redevelopment Agency on the 11th day of October, 2011.

/s/ Kathie Rutledge, CMC, City Clerk

East County Gazette- GIE030790
10/13/11

**STATEMENT OF ABANDONMENT
OF USE OF
FICTITIOUS BUSINESS NAME
ORIGINAL FILE NO. 2007-008729-01
FILE NO. 2011-025609**

The following person(s) has/have abandoned the use of the fictitious business name: a.) Notary Public Signings by Alex b.) Mobile Notary Loan Signings by Alex
The Fictitious Business Name Statement was filed on March 06, 2007, in the County of San Diego.
1296 Wenatchee Ave., El Cajon, CA 92021
This business is abandoned by: Alex Quintana 1296 Wenatchee Ave., El Cajon, CA 92021
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON September 09, 2011
East County Gazette GIE 030790
9/22, 9/29, 10/06, 10/13, 2011

**STATEMENT OF ABANDONMENT
OF USE OF
FICTITIOUS BUSINESS NAME
ORIGINAL FILE NO. 2005-036962-01
FILE NO. 2011-027631**

The following person(s) has/have abandoned the use of the fictitious business name: Curves of Santee
The Fictitious Business Name Statement was filed on November 02, 2005, in the County of San Diego.
50 Town Center Parkway #B, Santee, CA 92071
This business is abandoned by:
1. Penny Whitaker 4648 Natalie Dr., San Diego, CA 92115
2. Victor Whitaker 4648 Natalie Dr., San Diego, CA 92115
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON September 30, 2011
East County Gazette GIE 030790
10/06, 10/13, 10/20, 10/27, 2011

— LEGAL NOTICES —

T.S. No. 11-14943 APN: 493-233-14-08 Loan No. 0202223 NOTICE OF TRUSTEE'S SALE

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/20/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ELIZABETH CERVANTES AND CARLOS X. AYON MARTINEZ, WIFE AND HUSBAND AS JOINT TENANTS Duly Appointed Trustee: LAW OFFICES OF LES ZIEVE Deed of Trust recorded 1/24/2006 as Instrument No. 2006-0052484 in book --, page -- of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 11/3/2011 at 10:00 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA 92020 Estimated amount of unpaid balance and other charges: \$330,175.06 Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 980 EAS CHASE AVENUE #8 EL CAJON, CA 92020. Described as follows: As more fully described on said Deed of Trust. A.P.N #: 493-233-14-08 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Dated: 10/10/2011 Law Offices of Les Zieve, as Trustee 18377 Beach Blvd., Suite 210 Huntington Beach, California 92648 For Non-Automated Sale Information, call: (714) 848-7920 Christine O'Brien, Trustee Sale Officer THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE. EPP 6947. 10/13, 10/20, 10/27/2011.

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-028320
FICTITIOUS BUSINESS NAME(S): MH \$olutions, LLC
Located at: 3842 Avenida Johanna, La Mesa, CA 91941
This business is conducted by: A Limited Liability Company
The first day of business started: July 4, 2009
This business is hereby registered by the following: MH \$olutions, LLC 3842 Avenida Johanna, La Mesa, CA 91941
This statement was filed with Recorder/ County Clerk of San Diego County on October 07, 2011.

East County Gazette- GIE030790 10/13, 10/20, 10/27, 11/03, 2011

NOTICE OF TRUSTEE'S SALE TS # CA-11-445052-AB Order #: 5425894 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/30/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): KATHLEEN A LIVORNESE Recorded: 8/31/2007 as Instrument No. 2007-0580398 in book xxx , page xxx of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 11/10/2011 at 9:00am PST Place of Sale: At the SHERATON San Diego HOTEL & MARINA, 1380 Harbor Island Drive, San Diego, CA 92101 in the Nautilus Ballroom Amount of unpaid balance and other charges: \$320,424.54 The purported property address is: 605 AVOCADO AVENUE EL CAJON, CA 92020 Assessor's Parcel No. 488-333-27-00 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2891 or Login to: www.auction.com Reinstatement Line: 866-450-3172 Ext. 3704

Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is inten ded to exercise the note holders right's against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0012375 10/13/2011 10/20/2011 10/27/2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-027988
FICTITIOUS BUSINESS NAME(S): Riley Care
Located at: 15580 Sleepy Creek Road, El Cajon, CA 92021
This business is conducted by: A Husband and Wife
The business has not yet started.
This business is hereby registered by the following: Robin Spiering 15580 Sleepy Creek Road, El Cajon, CA 92021
Laurie Spiering 15580 Sleepy Creek Road, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on October 04, 2011.

East County Gazette- GIE030790 10/13, 10/20, 10/27, 11/03, 2011

LOAN: 080515 VISTA LOT 59 OTHER: 92102-1016391-10 FILE: 7928 BGE A.P. NUMBER 514-240-59-00 NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 5/19/2008, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that STATEWIDE RECONVEYANCE GROUP INC., DBA STATEWIDE FORECLOSURE SERVICES, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by EEV SHELTER CONSTRUCTION, INC. , A CALIFORNIA CORPORATION Recorded on 05/23/2008 as Instrument No. 2008-0278161 in Book Page of Official records in the office of the County Recorder of SAN DIEGO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 6/20/2011 in Book, Page, as Instrument No. 2011-0312489 of said Official Records, WILL SELL on 10/20/2011 at AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA at 10:00 AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now hold by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on attached Exhibit A. Declaration of Compliance under California cc section 2923.5 et. Seq., sb1137 and California Foreclosure Prevention act was recorded with the Notice of Default as referenced above. Exhibit A Page 1 4. The land referred to in this Guarantee is situated in the Unincorporated Area, State of California, County of San Diego, and is described as follows: PARCEL "A" PARCEL 2, BEING A PORTION OF LOTS 2 AND 3, SECTION 18, TOWNSHIP 16 SOUTH, RANGE 1 EAST, SAN BERNARDINO BASE AND MERIDIAN, A PORTION OF LOT 13 OF VISTA DEL VALLE, MAP 2124, AND PORTIONS OF PARCELS 3 AND 4 OF PARCEL MAP 2421, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO PARCEL MAP THEREOF NO. 14180, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, FEBRUARY 21, 1986 AS FILE NO. 86-069390. PARCEL "B" AN EASEMENT FOR INGRESS AND EGRESS AND PUBLIC UTILITY PURPOSES, OVER, UNDER, ALONG AND ACROSS THAT PORTION OF PARCEL 3 OF SAID PARCEL MAP NO. 14180 DESCRIBED AS FOLLOWS: BEGINNING AT THE NORTHWESTERLY CORNER OF SAID PARCEL 3; THENCE ALONG THE NORTHERLY LINE THEREOF SOUTH 89° 53' 25" EAST 145.88 FEET; THENCE SOUTH 20° 03' 31" WEST 49.81 FEET TO THE POINT OF CUSP OF A 20.00 FOOT RADIUS CURVE, CONCAVE SOUTHWESTERLY; THENCE NORTHWESTERLY ALONG THE ARC OF SAID CURVE, THROUGH A CENTRAL ANGLE OF 109° 57' 02", AN ARC DISTANCE OF 38.38 FEET; THENCE NORTH 89° 53' 25" WEST 19.89 FEET TO THE BEGINNING OF A TANGENT 20.00 FOOT RADIUS CURVE, CONCAVE SOUTHEASTERLY, THENCE SOUTHWESTERLY ALONG THE ARC OF SAID CURVE, THROUGH CENTRAL ANGLE OF 65° 04' 24", AN ARC DISTANCE OF 22.72 FEET; THENCE TANGENT TO SAID CURVE, SOUTH 25° 02' 11" WEST 225.89 FEET; THENCE SOUTH 6° 05' 44" EAST 63.11 FEET; THENCE SOUTH 83° 54' 16" WEST 20.00 FEET; THENCE NORTH 6° 05' 44" WEST 30.00 FEET; THENCE NORTH 64° 57' 49" WEST 20.00 FEET; THENCE NORTH 25° 02' 11" EAST 236.69 FEET TO THE BEGINNING OF A TANGENT 20.00 FOOT RADIUS CURVE, CONCAVE SOUTHWESTERLY; THENCE NORTHWESTERLY ALONG THE ARC OF SAID CURVE, THROUGH A CENTRAL ANGLE OF, 114° 55' 36" AN ARC DISTANCE OF 40.12 FEET; THENCE NORTH 0° 06' 35" EAST 20.00 FEET TO THE TRUE POINT OF BEGINNING. PARCEL "C" AN EASEMENT FOR INGRESS AND EGRESS FOR ROAD AND UTILITY PURPOSES, DESCRIBED AS PARCEL B-2 IN DEED RECORDED JULY 17, 1974 AS FILE/ PAGE NO. 74-191111 OF OFFICIAL RECORDS OF SAID COUNTY RECORDER AND REFERRED TO AN REFERENCED DEED NO. 3 ON SAID PARCEL MAP NO. 14180. PARCEL "D" AN EASEMENT FOR ROAD AND UTILITY PURPOSES OVER THAT PORTION OF PARCEL 1 OF SAID PARCEL

MAP NO. 14180 DESCRIBED AS FOLLOWS: BEGINNING AT THE MOST NORTHERLY CORNER OF SAID PARCEL 1, SAID CORNER BEING THE INTERSECTION OF THE ARC OF A 75.00 FOOT RADIUS CURVE, CONCAVE SOUTHWESTERLY WITH THE ARC OF A 93.73 FOOT RADIUS CURVE, CONCAVE SOUTHEASTERLY; THENCE SOUTHEASTERLY ALONG THE ARC OF SAID CURVE, THROUGH A CENTRAL ANGLE OF 25° 32' 19" AN ARC DISTANCE OF 33.43 FEET TO AN INTERSECTION WITH THE ARC OF A 60.73 FOOT RADIUS CURVE, CONCAVE SOUTHEASTERLY; THENCE SOUTHERLY ALONG THE ARC OF SAID CURVE, THROUGH A CENTRAL ANGLE OF 29° 54' 00" AN ARC DISTANCE OF 31.69 FEET; THENCE TANGENT TO SAID CURVE, SOUTH 0° 35' 21" EAST 75.17 FEET; THENCE SOUTH 38° 52' 15" EAST 324.09 FEET; THENCE NORTH 89° 53' 25" WEST 32.16 FEET; THENCE SOUTH 38° 52' 15" EAST 25.73 FEET; THENCE SOUTH 89° 53' 25" EAST 24.03 FEET; THENCE SOUTH 0° 06' 35" WEST 20.00 FEET; THENCE NORTH 89° 53' 25" WEST 27.15 FEET; THENCE NORTH 38° 52' 15" WEST 345.77 FEET; THENCE NORTH 0° 35' 21" WEST 108.58 FEET TO THE BEGINNING OF A TANGENT 93.73 FOOT RADIUS CURVE, CONCAVE SOUTHEASTERLY; THENCE NORTHWESTERLY ALONG THE ARC OF SAID CURVE, THROUGH A CENTRAL ANGLE OF, 36° 20' 55" AN ARC DISTANCE OF 59.46 FEET TO THE POINT OF BEGINNING. PARCEL "E" AN EASEMENT AND RIGHT OF WAY FOR INGRESS AND EGRESS FOR ROAD AND PUBLIC UTILITY PURPOSES DESCRIBED IN DEED RECORDED FEBRUARY 5, 1951, AS DOCUMENT NO. 15089, BOOK 3962, PAGE 200, OF OFFICIAL RECORDS OF SAID COUNTY RECORDER AND REFERRED TO AS REFERENCED DEED NO. 2, ON SAID PARCEL MAP NO. 14180, EXCEPTING THAT PORTION OF SAID EASEMENT LYING WITHIN PARCEL "D" HEREINABOVE DESCRIBED. APN: 514-240-59-00 NOTE: FROM INFORMATION OBTAINED FROM THE ASSESSOR'S TAX ROLLS, FOR WHICH THIS COMPANY MAKES NO REPRESENTATION OR WARRANTY, THE STREET ADDRESS(ES) OR OTHER COMMON DESIGNATION OF THE ABOVE DESCRIBED PROPERTY IS: None shown , CA The property address and other common designation, if any, of the real property described above is purported to be: VACANT LAND: DIRECTIONS MAY BE OBTAINED BY WRITTEN REQUEST SUBMITTED TO THE UNDERSIGNED WITHIN TEN DAYS FROM THE FIRST PUBLICATION OF THIS NOTICE. The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$123,920.43 In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal saving and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. Dated: 9/22/2011 STATEWIDE RECONVEYANCE GROUP INC.,, as said Trustee DBA STATEWIDE FORECLOSURE SERVICES STATEWIDE FORECLOSURE SERVICES, PO BOX 2896 LA MESA, CA, 91943-2896 (619)466-6530 By: BRENT G. EDWARDS, TSO AS required by law, you are hereby notified that a negative credit record may be submitted to a credit reporting agency, by the Lender, should you fail to fulfill the terms of your credit obligations. If you have previously been discharged through a bankruptcy, you may have been released of personal liability for this loan, in which case, this notice is intended to exercise the note holder's rights against the real and/or personal property as

applicable. Sale information may be obtained, when available, at www.statewiderecon.com. For the most accurate and up to date information, you must attend the sale. Hold harmless applied to Statewide, its employees and/or agents. Said sale will be made in an "as is" condition. Sale funds must be in cashier's check(s) payable to Statewide. PURSUANT TO CALIFORNIA CIVIL CODE SECTION 2923.5 et seq., sb1137 AND THE CALIFORNIA FORECLOSURE PREVENTION ACT, THE LENDER, AUTHORIZED REPRESENTATIVE AND/OR THE SIGNER HEREIN DECLARES AS FOLLOWS: (1) The Lender HAS () HAS NOT (X) obtained from the Commissioner a final or temporary order of exemption pursuant to Section 2923.5 et seq, that is current and valid as of the date of the Notice of Sale filing. Should the Trustee be unable to convey Title, for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no other recourse. We are assisting the Lender in the collection of a debt and any information obtained, whether received orally or in writing, may be used for that purpose. P881807 9/29, 10/6, 10/13/2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2011-00070061-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF BIANCA HSIEH CHANG AND RICHARD RAY CHIEH CHANG ON BEHALF OF MINOR ETHAN J. CHANG FOR CHANGE OF NAME PETITIONER: BIANCA HSIEH CHANG AND RICHARD RAY CHIEH CHANG ON BEHALF OF MINOR ETHAN J. CHANG HAS FILED FOR AN ORDER TO CHANGE NAME FROM: ETHAN J. CHANG TO: ETHAN HSIEH CHANG

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020, Department 14, on NOVEMBER 09, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON SEPTEMBER 19, 2011.

East County Gazette – GIE030790 9/22, 9/29, 10/06, 10/13, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-026897
FICTITIOUS BUSINESS NAME(S): Simmons Solar Control
Located at: 858 Van Horn Way, El Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Don Simmons 858 Van Horn Way, El Cajon, CA 92019
This statement was filed with Recorder/County Clerk of San Diego County on September 23, 2011.

East County Gazette- GIE030790 9/29, 10/6, 10/13, 10/20, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-028020
FICTITIOUS BUSINESS NAME(S): Royal Optometry
Located at: 528 E. Main St., Suite C, El Cajon, CA 92020
This business is conducted by: An Individual
The first day of business started: October 4, 2011
This business is hereby registered by the following: Manuel R. Zambrano 528 E. Main St., Suite C, El Cajon, CA 92020
This statement was filed with Recorder/ County Clerk of San Diego County on October 04, 2011.

East County Gazette- GIE030790 10/13, 10/20, 10/27, 11/03, 2011

Trustee Sale No. 11-02193-3 CA Loan No. 0030429575 Title Order No. 850800 APN 400-381-08-34 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED February 24, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On October 27, 2011, at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA, Power Default Services, Inc., as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on February 28, 2005, as Instrument No. 2005-0162285 of Official Records in the office of the Recorder of San Diego County, CA , executed by: OSCAR ROMERO, A SINGLE MAN , as Trustor, in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS INC., AS NOMINEE FOR AMERICAN HOME MORTGAGE ACCEPTANCE, INC. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 8444 SNOW WHITE DRIVE, EL CAJON, CA 92021 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining unpaid balance of the obligations secured by and pursuant to the power of sale contained in that certain Deed of Trust (together with any modifications thereto). The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$371,162.87 (Estimated), provided, however, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. DATE: October 7, 2011 POWER DEFAULT SERVICES, INC., Trustee By: Fidelity National Title Company, its agent 135 Main Street, Suite 1900, San Francisco , CA 94105, 415-247-2450 By: Mariah Booker, Authorized Signature SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting.com AUTOMATED SALES INFORMATION PLEASE CALL 714-573-1965 P884487 10/6, 10/13, 10/20/2011

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2007-008729-01 FILE NO. 2011-025609

The following person(s) has/have abandoned the use of the fictitious business name: a.) Notary Public Signings by Alex b.) Mobile Notary Loan Signings by Alex
The Fictitious Business Name Statement was filed on March 06, 2007, in the County of San Diego.
1296 Wenatchee Ave., El Cajon, CA 92021
This business is abandoned by: Alex Quintana 1296 Wenatchee Ave., El Cajon, CA 92021
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON September 09, 2011
East County Gazette GIE 030790 9/22, 9/29, 10/06, 10/13, 2011

[illegible]

Peak is very sure-footed when...

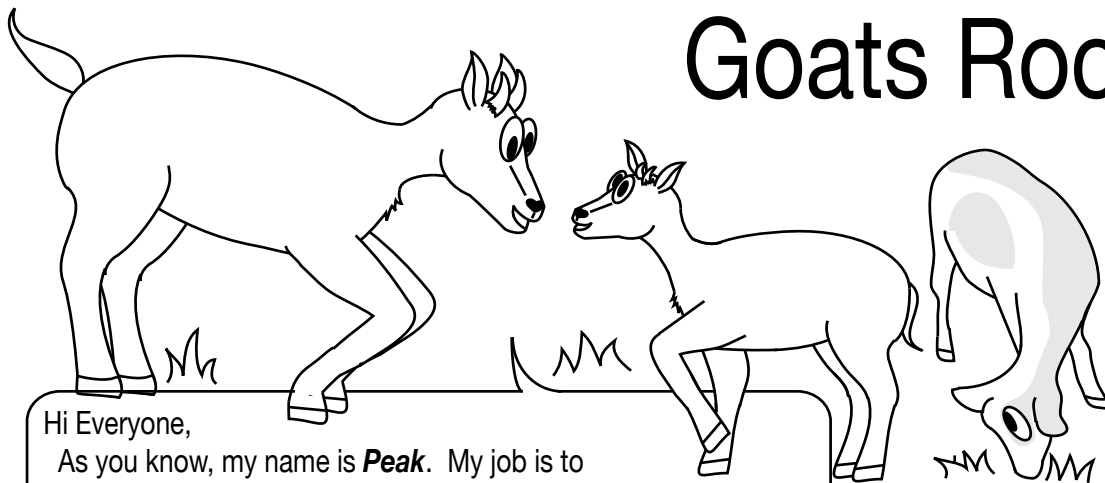
...we go hiking in rocky, hilly areas.

Newspaper Fun!

www.readingclubfun.com

Annimills LLC © 2011 V8-N42

Goats Rock!



Hi Everyone,

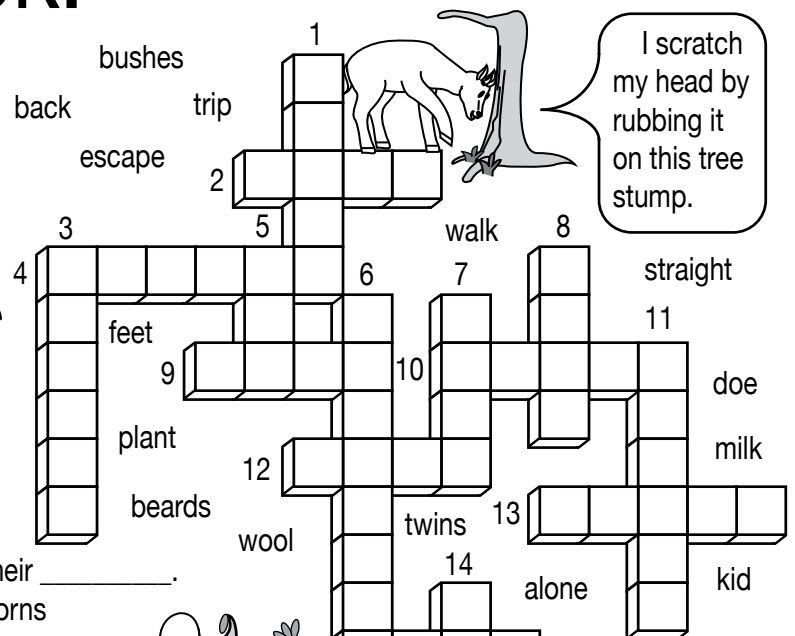
As you know, my name is **Peak**. My job is to represent the farms, grassy hills and rocky, mountainous areas of the world. I see readers everywhere I travel! One of my favorite stories is **The Three Billy Goats Gruff. The Goat Lady** by Jane Bregoli is one of my favorite books.

My family lives on a farm, but we have relatives all over the world. Some live wild in hot, stony regions and others live in cool, grassy fields, watched over by goatherds. We help humans by providing goat milk for drinking and making cheese. Our wool is used to make warm blankets and clothing.

Read all my facts about goats to help you fill in the puzzle!

- Goats are born one at a time or in pairs of _____.
- Dairy goats can produce 2 to 3 quarts of _____ each day for drinking and cheese-making.
- Wild goats will eat leaves, moss, tree bark and _____.
- Both male and female goats can have _____.
- The name for a female goat is a _____.
- A male goat's horns are usually _____.

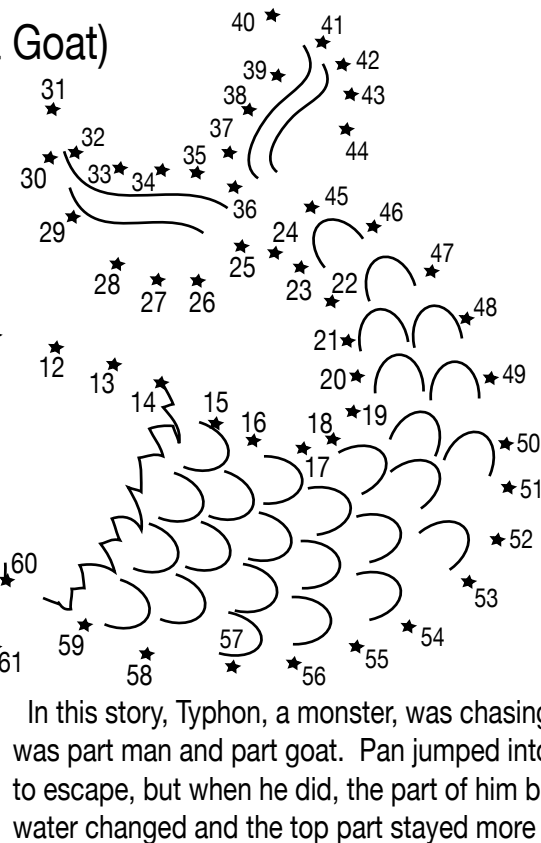
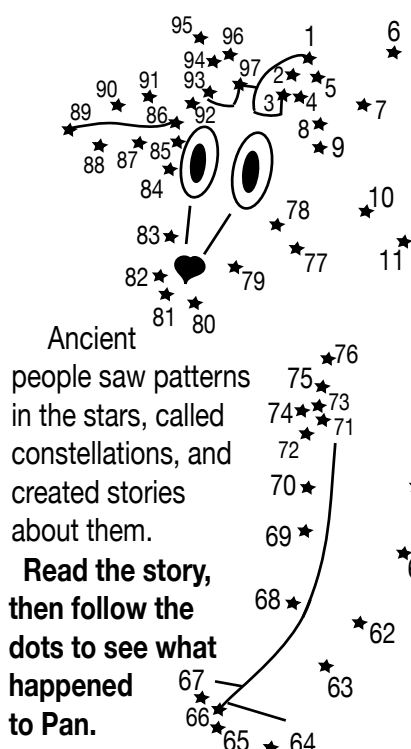
- Some hikers put packs on a goat's _____.
- Goats are raised for milk, meat and their _____.
- Some bucks have horns over two _____ long.
- Female and young goats travel in herds while the males roam _____.
- A clever goat can _____ wire fencing.
- Some goats can _____ on very narrow ledges.
- They will eat all the _____ life in an area.
- A young goat is called a _____.
- A group of goats is called a _____.



Goats in Trees!

Morocco is a country in Africa. It has goats that are very sure-footed. They can go over rugged, dry land and hills. These goats will climb argan trees to eat the leaves and fruit.

Capricorn (The Sea Goat)



Worldly Goats!

There are over 700 million goats in the world. In many countries, goat's milk is more popular than cow's milk. **Read about each type of goat below. Match it to the area of the world that it originates from:**

- Angora and Cashmere goats
- Murcia-Granada
- Nubians
- Ibex
- Saanen
- Rocky Mountain

- found in Spain, are black to brown in color, good in hot and dry conditions; most of the milk is used to make cheese
- found in mountainous regions of Europe, Asia and Africa; kids jump on their first day
- from Switzerland, white or cream colored; likes shade and cooler temperatures
- their wool is soft and sought for clothing; from Asia Minor, have babies one at a time
- African goats; social, outgoing, vocal
- found in U.S. mountains; closely related to antelopes; excellent climbers on rocks

Free Puzzles!

Visit our website to print out some new puzzles: **3 Ways to Help With Fire Safety, Explorers, Fall Family Activities**, Don't forget reading logs too: www.readingclubfun.com

MOTOR AND SPORTS

2012 Porsche Panamera Turbo S



2012 Porsche Panamera Turbo S. Photo credit: Dave Stall

by Dave Stall

Many may remember the review I did last April on the Porsche Panamera; it was a great car. Porsche has kept it promise to give us more with the 2012 Porsche Panamera Turbo S and a lot of horsepower. The last Panamera I tested was the V6, and I didn't have any issues with the power there, but the Twin Turbo S – oh my gosh! This is a beast with 550 horsepower and 553 pound foot of torque backed by a sequential 7-speed PDK transmission (see a local dealer to explain the PDK system).

The interior is splendid and very workable as everything is within easy reach once the owners learn what all the buttons and switches do. But that is half the fun of owning a Porsche. The seating a great at all four corners, beautiful leather with chrome and carbon fiber accents that enhance the look and feel of car.

This Panamera was all wheel drive which planted this car

flat on mountain roads. In fact if I didn't look to the rear I wouldn't even know I was not in a 911 coupe. There are many options when it comes to suspension; two sport settings, or open the exhaust pipes for more throat in the exhaust tunes.

This Turbo S is loaded with options. The base price is \$173,200, add the entire factory installed options and it'll run \$194,665 plus tax and license. Some of the options worth mentioning include seating with cool and heat features, Porsche Ceramic Competition Brakes (a little noise and grabby until they are good and hot) Carbon Fiber illuminating door sills, and a Sport Design Package (see the dealer for more information).

I am impressed with the Porsche warranty, 4-year 50,000 mile basic warranty; but there's an option for a service contract from Porsche to add another four years.

My tester had an aqua blue metallic exterior, a platinum



An inside look at the 2012 Porsche Panamera Turbo S. Photo credit: Dave Stall

gray full-leather interior and a carbon fiber interior treatment. I honestly could not think of anything I would remove from this Panamera S Turbo.

How does it drive in normal traffic? As wild or tame as

anyone wants it to be, or as good as the driver's skills will allow. It's a beautiful ride that gets lots of looks and whistles.

Ah Porsche. No one does it better, but don't believe me, go test drive one yourself.

Need to advertise?
Call us today — (619) 444-5774
You'll be surprised how easy and affordable it can be!
East County Gazette — the paper everyone's reading!



Cottonwood GOLF CLUB

**Get 1 FREE
Green Fee**

with purchase of
3 Green Fees!

Valid anytime. Excludes tournaments.
May not be used with any other specials.
Expires 4/30/12.

**Get 1 FREE
Brunch!**

with purchase of 3 Adult Brunches!

Must be used on the same day. Brunch begins 9am-1pm every Sunday in the Cottonwood Garden. Adults are \$14.99. Seniors and Juniors \$9.99 and children 8 and under eat FREE at the cereal station. Offer expires 4/30/12.

\$30 Green Fee,
Cart and
Hot Dog

after 2pm, 7 Days a Week
on Either The Lakes or Ivanhoe!
It's "The best Time to Play Golf!"

May not be used with any other specials.
Expires 4/30/12.

To make a tee time, call now or visit us on the web: **619.442.9891 • www.cottonwoodgolf.com**

3121 Willow Glen Dr., El Cajon, California

Classified Ads

DEALS → On Wheels

NEW! ONE TIME PRICE!

**NOW ADVERTISE YOUR
AUTOMOBILE**

FOR A ONE TIME FEE OF \$20 

**AND IT WILL RUN AS LONG AS IT
TAKES TO SELL IT! (up to 1 year)**

(3 lines plus photo, extra lines \$2 ea.)

Private parties only, no dealerships



150 Crew cab longbed shell. Has insulation, good condition. \$600 OBO 619-401-3286

BAKE SALE

ADVERTISE
YOUR HELP
WANTED ADS
FREE
FOR THE MONTH
OF OCTOBER.

BUSINESS OPPORTUNITIES

**\$90K IN 90 DAYS...PLUS MONTHLY
RESIDUAL INCOME**

- A. Rock solid 55 year old company
- B. Just acquired by American Multi
Billionaire
- C. Re-branding and re-launching
WORLDWIDE, now open in USA,
Canada, China, Japan, Malaysia,
Mexico and Taiwan, 50 countries and
more by next year.
- D. Endorsed by Oprah Winfrey and
other celebrities
- E. New marketing plans/
compensations called the Dream Plans
where you can make \$90K in 90 days.
- F. Products sell itself, free
memberships when you buy the
New Vitalizers products..for details
check my website [www.bluediamond.
myshaklee.com](http://www.bluediamond.myshaklee.com) or email me at
nprads2000@yahoo.com

JOBS WANTED

Caregiver, CNA, very caring & attentive but affordable, 15 yrs. exp, also w/dementia. Call Cindy 619-656-2299 or 619-869-1823

MISCELLANEOUS FOR SALE

Jim Beam Bourbon Railroad Decanters. Oldtime steam engines. Freight-set, new \$375. sell \$175. Passenger set new \$280, sell \$130. Orig. boxes (619) 448-1434

Rods-Reels-3 total. Deep sea. Pro grade. Used once. No corrosion. Manuals. Exmple:Fenwick rollertip 6 ft, Penn Senator 12/0, new \$645, Sell \$300 619-448-1434

CLASSIFIED ADS

BEST BUY IN TOWN!
Place your Classified Ad with the Gazette for only \$5.00 for three lines.
(Approximately 35 characters per line) -- \$2.00 per line after the first three.
LOST AND FOUND ADS ARE FREE!

[illegible]

**PRIVATE PARTY
ADS ONLY**

Fill out this form and send it with your check/money order to:
The Gazette, P.O. Box 697., El Cajon, CA 92022
(Remember photos are only \$5 extra!)

**Call for
Business Rates
(619) 444-5774**

MOBILE HOMES LEASE/SALE

Mobile Home-Lease or purchase. New paint & wood floors, Air Cond. 1BD/1 BA. Senior park-55 yrs. \$850/mo. EZ move in. ownr fnce 619-618-9442

RENTALS



Rent in Tecate, Baja
3 BD, 2 BA, kitchen, dining & living
m., gated entrance, minutes from US
border. \$500USD Tel: (619) 623-6451

Rentals

Lemon Grove 3468 Citrus
Offices 435sf/\$395 * 730 sf/\$600
HC Zone 1755 sf/\$1500
619-464-6299 or 858-270-3980

SERVICES OFFERED



SERVICES OFFERED

HYPNOSIS WORKS! SMOKING,
WEIGHT, STRESS, CHRONIC PAIN,
SLEEP, HEALTH www.successhypno-therapy.com

Professional House Painting
Interior&Exterior, free quotes.
Lic, bonded, insured and reliable
Call 619-838-3009. Lic #295557

**FREE removal Hot water Tanks,
Furnaces, Appliances, Air
Conditioners, Steel Metals
619-447-0990**

Caregiver, experienced, elderly care, dementia, stroke, etc. 619-303-5682

Beautify Painting and small repairs.
Working mans prices, free estimates,
Lic#295557 bonded and insured. Call
619-838-3009, email [johnnciquote@
yahoo.com](mailto:johnnciquote@yahoo.com)

**To place
your ad
Call
(619) 444-5774**

JUMP'N JACK FLASH MOBILE
MUSIC & ENTERTAINMENT
Weddings, Class Reunions, Anniver-
sary, Company Events

CALL NOW FOR BOOKINGS
(619) 857-7272

Support your community newspaper



Subscribe Today!

Only \$30 will bring the Gazette to your mailbox
OR — \$10 will bring the Gazette to your email box weekly for one year!
 Fill out below and send with your check/money order or fill out credit card information and send to:

East County Gazette
P.O. Box 697, El Cajon, CA 92022

Visa/MasterCard # _____
Exp. Date _____
Name: _____
Address: _____
City _____ **Zip** _____
 _____ **one year** _____ **two years**

— MOTORANDSPORTS —

Bolts get a Rocky Mountain high



Phillip Rivers celebrates 3-yard run touchdown. Photo credits: Tom Walko

by Chuck Karaszia

Improving their record to (4-1), the San Diego Chargers corralled the (1-4) Broncos 29-24 last Sunday in Denver. They sit alone atop the AFC Western Division in first place. One game ahead of the (3-1) Oakland Raiders. The Bolts are off to a great start. The best yet in San Diego for head coach Norv Turner.

Going into the game versus the Chargers. The Broncos were playing good football under new head coach John Fox (Castle Park, SDSU). The one exception was a blowout loss to the Green Bay Packers. The (1-3) record did not indicate their potential. The Broncos were desperately looking for

a win against their divisional rival, the San Diego Chargers.

Having been dominated throughout the entire first half of play. The Broncos rallied from a 13 point 3rd quarter deficit to close the gap. They nearly won on last play of the game.

Brought in to play for the benched Kyle Orton. Quarterback Tim Tebow directed his team to two fourth quarter touchdowns. Scoring the first himself on a 12-yard run with 6:35 left. After a successful two point conversion sliced into the Chargers lead. Denver scored again on a 28-yard Tebow to Moreno pass.

This time the Broncos were denied the ensuing two-point

conversion on the play of the game when it appeared Broncos receiver Brandon Lloyd made a fingertip catch in the end zone. While tackling him Bolts defender Antoine Cason knocked the ball away for an incomplete pass attempt.

It may have been Chargers running back Ryan Mathews best game as a pro. He is proving his worth as a number one draft pick as an every down running back. On Sunday in 24 carries he gained 125 yards.

Mathews was forced to leave the game with a calf injury but returned and took all the snaps at tailback in the third quarter when Mike Tolbert left the game with concussion like symptoms.



Floyd 42-yard run touchdown catch.

When both backs left the game to injuries, in came Jacob Hester.

The former LSU featured back ripped off a couple of nice runs (11-47), made a couple of good pass receptions (2-13), and stepped up when needed. As a fullback he blocks for the backs and plays on all the special teams.

The passing game looked fairly decent. Chargers quarterback Philip Rivers threw for 250 yards (18-of-29, one TD, one INT). Malcolm Floyd led all Chargers with 100 receiving yards, one touchdown. He also had a big late game third down conversion. The O-Line played well opening running lanes, giving up only a couple coverage sacks. The defensive line had zero sacks on the day, and gave up seven yards to Denver runners, but pressured the Denver quarterbacks. Takeo Spikes led the Bolts defense with five tackles. Linebacker Donald Butler had an interception.

Chargers kicker Nick Novack by coming back home, has found a home. Since his arrival, the much traveled veteran is lights out having converted on 11 straight field goals, five in the game Sunday. All of them are important, especially the last one (35 yards) he kicked with 2:55 left in the game. Just as important is the field position he gives the team with his booming kickoffs for touchbacks.

This latest win like several others this season by the Bolts wasn't pretty. But a win is a win, and the Chargers are one of only five teams with a (4-1)

record. Unlike last season they find a way to win. Working through their injuries. Striving to get better.

All purpose back Jacob Hester gave his opinion on the game and the way the season has gone thus far.

He said, "It's great to be (4-1) going into the bye-week. Getting a win (at Denver) was

huge. We get a chance to get healthy on this week off. Got a tough game coming up (in two weeks against the Jets). We're finding ways to win. If it isn't perfect all season and we keep winning. We'll be happy."

The Chargers head into a much needed bye-week to heal their wounded and to review their last five games to see how they can improve.



Floyd celebrates touchdown.

Village Carpets'

FlooringAmerica

With you every step of the way.

BRING IN THIS AD FOR 10% OFF ANY FLOORING OR 1 YEAR INTEREST FREE FINANCING*

Free In Home Estimates

Contact us today at:
1309 N. Magnolia Ave. • El Cajon, CA 92020
619-401-6472 • www.villagecarpetsinc.com
Store Hours: Mon-Fri 9-6 and Sat 10-4

NEXT DAY INSTALLATION
available

StarService

*Offer not valid on prior sales, financing on approved credit. See store for complete details.



SAIL

AWAY

Win Cash & Cruise to Costa Rica
Free October Slot Marathon

Ready?

JUST OFF I-8 AT WILLOWS ROAD
619-445-5400 • VIEJAS.COM

VIEJAS
CASINO