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AUGUST 4-10, 2011

Cool Zone is 'Cool' in East County



Meet Chelsea and her friends on page 18

INSIDE THIS ISSUE

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What's new in Theaters?

Ready to go to the movie theatre but not sure what to see? Check out the review on 'Cowboys and Aliens' by Diana Saenger on page 14



Looking for something to do?



Check out page 8, it's full of community events, and pages 13-16 with theatre, movies and on stage events. Pictured above is Gary Spivey, a world-renowned psychic who will be performing at Viejas DreamCatcher.



The Interactive Fountain at Viejas Outlet Center is a favorite 'Cool Zone' among children and parents alike. This fountain is open from 10 a.m. to 5 p.m. most days during summer and is free. Hours are subject to change as conditions, weather and water temperature require. Photo credit: Debbie Norman

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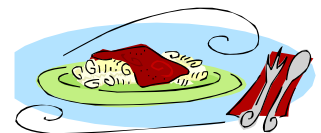
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Local News & Events

City of El Cajon Police, Fire and Safety building in final phase



Effective August 24, 2011, the El Cajon Police Department is moving to 100 Civic Center Way, in El Cajon. Routine police and emergency response will continue as usual. Call 9-1-1 for emergencies and call (619) 579-3311 for non-emergency police requests. For more information on the city see page 4.



**Enjoy a night out or enjoy a dinner-to-go
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SHOP EAST COUNTY

— LOCAL NEWS & EVENTS —

El Cajon highlights —

by Monica Zech,
City of El Cajon Public
Information Officer

City facilities to change operating hours effective

Aug. 22

Most City of El Cajon government facilities will begin longer operating hours beginning Monday, Aug. 22. The new operating hours will allow the public to access City services before and after the traditional 8 a.m. to 5 p.m. work hours on most days. The new operating

hours are part of a new 9/80 work schedule for many of the City's offices. These changes will not impact the San Diego County operations located at the Civic Center.

The new hours are as follows:

City Hall & Fire Administration:

Monday-Thursday: 7:30 a.m. - 5:30 p.m.

Friday: 8 a.m. - 5 p.m.
Closed alternate Fridays listed below.

Police Administration:

Monday-Thursday: 8 a.m. - 5 p.m.

Friday: 9 a.m. - 5 p.m.
Closed alternate Fridays listed below.

Public Works - (Vernon Way facilities):

Monday-Thursday: 6 a.m. - 3:30 p.m.

Fridays: 6 a.m. - 2:30 p.m.
Closed alternate Fridays listed below.

*City offices, except Recreation Centers, and the Animal Shelter, will be closed on the following Fridays in 2011:

September 2
October 14
November 11
December 9
September 16
October 28
November 25
December 23
September 30

A full calendar of operating hours and dates can be found on the City's website at www.cityofelcajon.us. A full calendar of operating hours and dates can be found on the City's website at www.cityofelcajon.us.

New Police Station

Effective Aug. 24, the El Cajon Police Department is moving to 100 Civic Center Way, in El Cajon. Routine police and emergency response will continue as usual. Call 9-1-1 for emergencies and call (619) 579-3311 for non-emergency police requests.

See HIGHLIGHTS page 5

These rocks are a stone's throw away

Rock your world: Carnelian

by Sharon Denny
Angel/Tarot Reader and Yoga Instructor

Carnelian is a translucent semi-precious gem stone found primarily in India and South America. The color ranges from orange to reddish brown. The word carnelian derives from the Latin word caro or carnis meaning flesh. No wonder then that this crystal is used in conjunction with the sacral chakra (think of the word carnal and the color of the stone itself). The sacral chakra is the energy center of the body just below the navel (it is the color orange) and encompasses the reproductive organs, the kidneys, bladder and lower back. It is the energy center for creativity, fertility, and sexual/passionate love. It is associated with our relationships with others and our ability in giving and receiving.



So what does that mean for all you creative agents? It means that the carnelian stone helps to dissolve creative blocks; whether the inhibitors be emotional, physical or mental. It means carnelian is a sex and fertility stimulator whether you are trying to get pregnant, be more sexually creative or just born a creative project that needs new ideas and new energy.

Besides being a vitality stone, the carnelian crystal is also said to be the "present moment" stone...and anyone who has ever created anything knows the best ideas come to you in the here and now! But this powerful little stone holds so much more! To name a few...how about giving courage, promoting positive life choices, dispelling apathy and overcoming abuse? Do you have problems trusting yourself? Try wearing or carrying a piece of carnelian. Do you want to encourage steadfastness or overcome negative conditioning in yourself or another? Why not try carnelian? Replace anger and banish emotional negativity and replace it all with a love of life! Sounds good to me!

Other healing properties: Carnelian treats lower back problems, rheumatism, arthritis, neuralgia; regulates the kidneys and accelerates healing in bones and ligaments. It is used to treat impotence, prostate problems, kidney stones, skin problems, blood disorders and insomnia. If worn near the face, it is said to give the skin a healthy glow. I've never tried that one before, but I like the idea! It is said to increase the appetite.... now depending on what appetite you want to increase, you may want to consider this as well!

So now that I have whetted your appetite for carnelian, I suggest you hurry on over to Home and Soul and check out what's "in store" for you there! Carnelian may just make your day! And while you are there, you might want to combine your "carnal" efforts with some sensational incense, tantalizing oils or soothing candles. And don't forget our every day services, such as massage, acupuncture, Reiki, and psychic readings. Whatever you do, I promise...it will be enjoyable!

NEW OFFICE HOURS

Effective Monday, August 22, 2011

City Hall

Monday through Thursday: 7:30 a.m. - 5:30 p.m.

Alternate Fridays: 8:00 a.m. - 5:00 p.m.

Public Works (Vernon Way location)

Monday through Thursday: 6:00 a.m. - 3:30 p.m.

Alternate Fridays: 6:00 a.m. - 2:30 p.m.

Fire Administration

Monday through Thursday: 7:30 a.m. - 5:30 p.m.

Alternate Fridays: 8:00 a.m. - 5:00 p.m.

(Closed daily from: 12:00 p.m. - 1:30 p.m.)

Offices will be closed on the following Fridays in 2011:

Friday, September 2

Friday, September 16

Friday, September 30

Friday, October 14

Friday, October 28

Friday, November 11

Friday, November 25

Friday, December 9

Friday, December 23

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— LOCAL NEWS & EVENTS —

Highlights ...

Continued from page 4 Interested in becoming a firefighter?

If you, or someone you know, are interested in becoming a firefighter - this program is for you! Heartland Fire & Rescue - El Cajon, is currently accepting applications for the "reserve" portion of the Heartland Fire Academy now through August 12th, 2011. Applications will be accepted Monday through Friday, between the hours of 8 a.m. and 5 p.m. at 100 E. Lexington Avenue in El Cajon. A reserve firefighter is an auxiliary position with Heartland Fire & Rescue serving El Cajon. It's an opportunity for those interested in a fire service career to get invaluable hands-on experience. Participation as a reserve neither implies nor guarantees an offer of employment with Heartland Fire & Rescue; however, it is a valuable resumé builder toward a firefighting career! Reserve Firefighter Duties: After successful completion of the reserve academy, the reserve firefighter is expected to continue personal growth through required monthly training classes, training assignments and ride-along experience. During the ride-along shift, reserves will be assigned as part of an engine company or paramedic unit and experience, firsthand, firefighting, medical aids, rescue calls and other public service activities. Reserve firefighters also gain

experience through participation in fire prevention and fire education programs. Minimum requirements: 18 years of age at time of application, high school graduate or equivalent (GED), and possession of a valid San Diego County EMT-1A. For additional information visit www.elcajonfire.com or www.heartlandfire.org. Applicants are strongly encouraged to refer to these websites frequently for updated information.

Latin Jazz music at the Prescott Promenade

This Friday, Aug. 5, enjoy Latin jazz music with the "Illiana Rose Band" at Concerts on the Green! This concert is from 6 to 8 p.m. at the Prescott Promenade, located at 201 E. Main Street in downtown El Cajon. These "free" concerts are presented by the El Cajon Community Development Corporation and the downtown business district, and sponsored by Sycuan Casino and Taylor Guitars. Bring your family and friends for an evening of music and dine at one of the many wonderful restaurants surrounding the Prescott Promenade; or pack a picnic and sit back, relax and enjoy the show! For more information, call the El Cajon CDC at (619) 401-8858, or visit them online at www.downtownelcajon.com.

*Note - Don't miss the First Friday specials throughout

downtown El Cajon! Enjoy special discount pricing at several downtown businesses and restaurants. Come downtown and check it out!

Antique Show Is August 10

Don't miss the next monthly antique show on Wednesday, Aug. 10. See all the great collectibles, including jewelry, photos, artwork, dolls, textiles, dishes, pottery, glassware and more! This event is held the 2nd Wednesday of every month at the Ronald Reagan Community Center, located at 195 East Douglas Avenue, from 1 to 5 p.m. Parking and admission are free and you can receive one free appraisal. Additional appraisals are \$5 each. There is also a military collectible expert on hand. For more information, or if you would like to be a vendor, call (619) 887-8762.

Cajon Classic Cruise Night

On Wednesday, Aug. 10, the theme of the next Cajon Classic Cruise is "My Little Deuce Coupe!" Enjoy all the classic cars and motorcycles from 5 to 8 p.m. in Downtown El Cajon. This free event is located at the Prescott Promenade, 201 East Main Street, east of Magnolia Avenue. Enjoy great classic motorcycles and cars, a variety of great restaurants, street vendors, special raffles, and live entertainment, and awards for the top cars! The El Cajon Community Development Corporation (CDC)

has extended the Cajon Classic Cruise car show schedule this year through October 26. For more information, call the El Cajon CDC at (619) 401-8858, or visit them online at www.downtownelcajon.com.

Brunch & Fashion Show

On Saturday, Aug. 13, Christ Unity Church will be holding a Brunch and Fashion Show at 311 Highland Avenue in El Cajon. This entertaining event is from 11 a.m. to 2 p.m. and will feature the beautiful fashions from Glamour Girlz Boutique in El Cajon. The cost is \$38 per person before August 5, or \$45 at the door. For more information call (619) 733-3610.

Don't Miss Haute With Heart Fashion Show

Five hundred tickets sold, less than 200 tickets remain for the 34th annual Haute With Heart Fashion Show, benefitting St. Madeleine Sophie's Center in El Cajon. Don't delay, tickets are selling quickly for this special event scheduled for Saturday, Aug. 20, from 10 a.m. to 2 p.m., at the Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive in San Diego. This year's theme is "Big Dreams, Blue Skies!" In addition to the fashion show, this event will feature a boutique area, vendors, auctions, opportunity drawing prizes, music and dance performances from St. Madeleine Sophie's Center's students. All net proceeds from the event will make a difference in the lives of nearly 400 developmentally disabled adults within the San Diego region. For more information

or tickets, call (619) 442-5129, ext. 115.

Stoney's Kids Birthday Party

Stoney's Kids is celebrating the 20th Anniversary of a "Birthday Celebration and Fundraiser Like No Other!" Join us to support East County youth on Thursday, Aug. 25, at 5:30 p.m. on the lawn at Sycuan Resort. Founder Stoney Stone created Stoney's Kids as a "culture of generosity, where it's all about the kids!" This all-

volunteer, non-profit organization has raised over \$650,000 since 1991 to fund programs such as after school youth sports, scholarships for 6th grade camp, recreation, dance, gymnastics, arts, swim classes, toy drives, juvenile diversion, health and wellness, music and more! Over 98 percent of donated funds go directly to these youth programs which help build important life skills and allow kids the opportunity to accomplish their dreams. The

See HIGHLIGHTS page 12

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— LOCAL NEWS & EVENTS —

Westfield Parkway participates in Nationwide Community 'Give Back To School' program

Westfield shopping centers and the Westfield Family program has announced the start of the "Give Back to School" Program. Westfield will donate \$57,500 to the program, including \$2,500 to one school in the Westfield Parkway area. The funds will be used to support such school programs as arts and music, sciences, physical education, libraries and technology resources.

Shoppers also will have the opportunity to help local students by donating new and gently used clothing or backpacks through a local community partnership between Westfield Parkway and Boys & Girls Clubs of East County.

The school designated for support will be chosen by Westfield shoppers themselves. As part of the "Give Back to School" Program,

families who do their back-to-school shopping at Westfield Parkway between August 1 and September 12, 2011 can "vote" for a school in their local neighborhood. Votes are cast by shoppers who present their shopping receipts from Westfield retailers to the Westfield Concierge desk during posted hours. Each dollar spent counts as 1 point for their preferred school, and shoppers can earn additional points for their school by "liking" Westfield Parkway on Facebook. The local school with the most points will win a donation of \$2,500, and a celebration event.

The "Give Back to School" initiative is supported by Westfield retailers that will be offering valuable discounts to help make back-to-school shopping more affordable for shoppers.

"During this back-to-school season, Westfield extends our

commitment to the communities we serve by supporting local schools and organizations that focus on the needs of children," explains Kirk Thompson, Westfield Vice President of Marketing. "As families come to our centers for back-to-school shopping, they can make the trip more worthwhile by voting for their school or donating items for children in need through local organizations such as Boys & Girls Club."

Now offered at 30 centers across the country, Westfield Family continues its successful and popular program elements that make shopping fun and easy for families, including:

- Westfield Family Fun Days - two free activities each month geared toward children ages 2-5, their moms, dads and families. At each themed Fun Day, kids will be able to create a craft with their parent, have

a snack and enjoy story time with books that are carefully selected based on the month's theme.

Signature Family Events - "Back to School" and "Spook-tacular," return this year to select centers, featuring center-wide activations and event elements geared towards the entire family.

- Westfield Family Calendar - a monthly publication that puts member families on the inside track for information about family and child-friendly retailer events, activities and offers at participating centers.

- Westfield Family Amenities - preferential, covered parking for families and expectant mothers, play spaces, family dining areas, family lounges/restrooms, and concierge services, all designed to insure that families' trips to Westfield Shopping Centers are as stress free as possible.

Signing up for the program is simple and can be done online at Westfield.com, through a mail-in postcard, at the Westfield Concierge or management office, or at any of the Westfield Family events. Details about the Westfield "Give Back to School" program can be found on Facebook.com/WestfieldParkway.

The Westfield Group (ASX:

WDC), is an Australian-based company with interests in 119 shopping centers in Australia, New Zealand, the United Kingdom and the United States. In the U.S., the Group has a portfolio of 55 shopping centers that are home to more

than 9,000 specialty stores and comprise approximately 63 million square feet of leasable space in California, Connecticut, Florida, Illinois, Indiana, Maryland, Nebraska, New Jersey, New York, North Carolina, Ohio and Washington.

Movie studio celebrates 100 years

The La Mesa Historical Society plans a fun event series on Aug. 12 and 13 at the Historic Wolf Building (current home of Mostly Mission Store), 8360 La Mesa Boulevard, La Mesa.

Most San Diegans aren't aware that East County played home to a Hollywood studio, during the silent film era. Aug. 12 is the 100th anniversary to the day the 'Flying A Studio' was founded.

La Mesa's Tinseltown roots honored Aug. 12, 10 a.m. La Mesa Historical Society honors 100th Anniversary of 'Flying A Movie Studio'

Hollywood's long-forgotten roots in La Mesa will be commemorated on the 100th anniversary of San Diego County's first movie studio with two events honoring the Flying A Movie Company studios, hosted by the La Mesa Historical Society.

outside the historic home of the Flying A Studio on La Mesa Boulevard (across from Third). The date coincides with the 100th anniversary of the day the Flying A Movie Studio opened its doors in La Mesa on Aug. 12, 1911. 'The Flying A Movie Company' produced 100 films until it moved to Santa Barbara in July 1912.

Saturday, Aug. 13, at 10 a.m., UC Santa Barbara film professor Dr. Dana Driskel will present a lecture and show excerpts from some films made at the Flying A Studio. Dr. Driskel is an expert on early filmmaking in California and the "Flying A."

The presentation will take place at the Grossmont Health Care District Auditorium, 9001 Wakarusa Street, La Mesa. It is open to the public.

For more information contact Jim Newland, Historian, La Mesa Historical Society, (619) 204-0051.

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— COMMUNITY EVENTS CALENDAR —

Out and about in the County

Through Sept. 30: Concerts on the Green will be held Fridays, through Sept. 30, from 6 to 8 p.m. on the Prescott Promenade in El Cajon on Main Street.

Concert lineup:

August 5 Illiana Rose Band - Latin jazz
 August 12 Sara Petite & The Sugar Daddies - americana / country
 August 19 Sonos - indie / acappella
 August 26 Aunt Kizzy's Boy's - blues
 September 2 Old Town Road - bluegrass
 September 9 Akayaa & Bolga Zohdoomah - world music / African
 September 16 Scott Martin Latin Soul - Latin jazz
 September 23 The Stoney B Blues Band - blues
 September 30 Sue Palmer & Her Motel Swing Band - boogie woogie / swing
 For more information visit www.downtownelcajon.com, or by calling the El Cajon CDC at (619) 401-8858.

Through August 12: The Mission Trails Regional Park will present an art display, "Midsummer Medley." The exhibition features seven award-winning artists: Stephanie Black, Larry Coleman, Pat Dispenziere, Jenny Ferrone, Carolyn Kenny, Terry Kvitky, and Kurt Lightfoot. "Midsummer Medley" will be on display in the Mission Trails Regional Park Visitor Center Art Gallery from through August 12. For information on the artists and to view examples of their work.

Through Aug. 19: Movies at the Lake. Fridays at Santee Lakes, \$8 per car entrance fee, 6 p.m., come lay out your blanket, bring dinner and enjoy some music and games for the kids. Movie starts at 8 p.m.
 August 5- Tangled
 August 19- Toy Story 3

Through Dec. 3: The Ramona Mainstage has upcoming events through Dec. 3. Currently scheduled are:

Comedy: Bobcat Golthwaite - Aug. 27; Gallagher - Sept. 16; Steve O - Oct. 1; Rob Schneider - Nov. 5 and Christopher Titus - Dec. 3
Music: New Wave of British Heavy Metal - Featuring Diamond Head, Girlschool, Hydrogen and Al Atkins - Aug. 20; Pat Travers - Aug. 26; Montrose - Sept. 10 smf Abbamania - Nov. 11.
 The Ramona Mainstage has free parking, air conditioned and has food drinks and alcoholic drinks. Under 21 admitted with parent or guardian. The Mainstage is located at 626 Main Street, Ramona. (760) 789-7008.

Through Aug. 18: Santee Summer Concert Series, 6:30 p.m. - 8:30 p.m. at the new location — Town Center Community Park East, 550 Park Center Drive in Santee. The new venue has an outdoor amphitheater, raised stage, picnic style event, play ground, concession stand)

Concert lineup:

Aug. 4 - The Alley Cats
 Aug. 11 - Clay Colton Band
 Aug. 18 - The Cat-illacs

Through Oct. 19: Cajon Classic Cruise Wednesdays through Oct. 26, and Dec. 7, 5 to 8 p.m. on Main Street and Magnolia Avenue in downtown El Cajon. Tune to Downtown El Cajon Radio FM 104.1 during the show.

Cajon Classic Cruise 2011 Season Schedule

Aug. 10- My Little Deuce Coupe
 Aug. 17 - 4 x 4s and More!
 Aug. 24 - Dragsters! Dragsters! Dragsters!
 Aug. 31 - Starz Carz Are Out Tonight!
 Sept. 7 - Mustang Evolution
 Sept. 14 - Autumn Cajon Speed Fest
 Sept. 21 - Panels on Promenade
 Sept. 28 - Monster Truck Madness
 Oct. 5 - Tractor Trendz
 Oct. 12 - Auto Graphix
 Oct. 19 - Horsepower Hour: Extreme Blowers
 Oct. 26 - Halloween Trunk or Treat
 Dec. 7 - Holiday Parade of Lights
 ** Schedule subject to change without notice **
 (East and West Main Streets will remain fully open to traffic during all car shows - NO Main Street Closures)
 For more information visit www.downtownelcajon.com, or by calling the El Cajon CDC at (619) 401-8858.

Aug. 5: The Mission Trails Regional Park will present an art display, "Midsummer Medley." The exhibition features seven award-winning artists: Stephanie Black, Larry Coleman, Pat Dispenziere, Jenny Ferrone, Carolyn Kenny, Terry Kvitky, and Kurt Lightfoot. "Midsummer Medley" will be on display in the Mission Trails Regional Park Visitor Center Art Gallery through August 12. More Info: <http://www.mtrp.org/exhibits.asp>

Aug. 6: Gary Spivey, internationally acclaimed psychic, medium and predictor of future events, will appear in the DreamCatcher at Viejas Casino, Southern California's premier gaming and entertainment destination. Presented by Magic 92.5, Spivey brings his entertaining style and remarkable psychic talents to Viejas Casino for one show only on Saturday, August 6. Doors open at 6 p.m. and the show starts at 7 p.m. Tickets are \$20. Spivey is world-renowned for his psychic talents, ability to communicate with those who have "crossed over to the other side," and the remarkable way in which he predicts future events – earning him the nickname "The Modern Day Nostradamus." Spivey's shows are entertaining, enlightening and punctuated with his trademark down home style and jovial personality. For more information on Spivey's show at DreamCatcher, as well as other events and promotions at Viejas Casino, visit www.viejas.com.

Aug. 6: 7 - 9 p.m. Ballet Folklorico en Aztlan Dance Theatre Company and Academy will present "The Herminia Tribute: Flor y Canto 2011" at the Joe and Vi Jacobs Center, 404 Euclid Avenue. The program will celebrate the dance, songs and insight in the life of artist Herminia Acosta Enrique Tecihztin and her legacy of excellence. "Viviana continues the BFA tradition of preserving and sharing our culture, creating a link from our ancestors to the next seven generations," the event flyer states. The performance features 10 regions plus special guest author Dr. Norma Cantu. Tickets cost \$10 in advance (under age 8 free) through August 5 at 5 pm or \$15 at the door. A dinner plate is available for an additional \$6. For more information, visit www.balletfolkloricoenaztlan.org, call (619) 248-8943 or e-mail viviana@balletfolkloricoenaztlan.org.

Aug. 7: Alpine Community Center Concerts in the Park, 5:30 - 7:30 p.m. The Alpine Community Center's Concerts in the Park presents Misty & The Moby's.

Aug. 14: 5:30 - 7:30 p.m. The Alpine Community Center's Concerts in the Park presents Elvis Elite.

Sept. 17: Delightful Dolls of Southern California, Doll Show and Sale will take place at the Al Bahr Temple, 5440 Kearny Mesa Road on Saturday 10 a.m. to 3 p.m. For more information contact Linda Payne Smith at (619) 265-0443 or lpaynesmith@cox.net.

Sept. 18: 'Monarch Mania.' Are you a vendor looking for a "wild" venue? "Monarch Mania," set for Sunday, Sept. 18 at Viejas Outlet Center in Alpine, is for you. A limited number of vendor spaces are available in and around the Show Court of the award-winning Viejas Outlet Center site, and will be assigned on a first-come basis. Products most suited for this venue are garden and/or nature-related, although all applicants will be considered. In addition to the Monarch butterfly release, "Monarch Mania" will include caterpillar races, a plant sale (of specialty butterfly host and nectar plants), caterpillar sale to grow your own butterflies, and a chrysalis tree where onlookers will watch butterflies emerge before their very eyes! Ongoing educational programs will be held throughout the day, with special guests to include live owls, hawks, hummingbirds, snakes, lizards, spiders and more. Event hours are 10 am to 6 pm. Admission to the event will be free. "Monarch Mania" is hosted by CHIRP for Garden Wildlife, Inc., a not-for-profit habitat education corporation. Proceeds benefit habitat education programs for our schoolyards and backyards. For additional information, visit www.chirp.org or phone CHIRP for Garden Wildlife, Inc., at (619) 445-8352.

ONGOING

Wednesdays: Santee Farmer's Market from 3 to 7 p.m. on Mission Gorge, 10445 Mission Gorge

Tuesdays: Spring Valley Certified Farmers' Market will be held every Tuesday 3 to 7 p.m. Farmers' Market will be located at the old Spring Valley Elementary School campus, 3845 Spring Drive, Spring Valley, 91977. Contact Spring Valley Chamber of Commerce for more information (619) 670-9902.

Fridays: La Mesa Farmers Market 3 to 6 p.m. in Allison Ave. parking lot, East of Spring Street.

Julian Doves & Desperados every Sunday (weather permitting) 1 p.m., 2 p.m., 3 p.m.: Historic comedy skits located at the stage area between Cabbages & Kings and the Julian Market & Deli. For more information contact Krisie at (760) 765-1857.

Triangle Club's Old Time Melodrama every Friday, Saturday & Sunday Friday at 7:15 p.m., Saturday at 1:15 p.m. and 7:15 p.m., Sunday at 1:15 p.m. Town Hall. visit: www.julianmelodrama.com

EAST COUNTY GAZETTE

Phone (619) 444-5774 • Fax: (619) 444-5779 •

www.eastcountygazette.com

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For Health's Sake

Eyecare helps avoid future health problems

Did you know that everyone needs a regular eye exam—even someone who doesn't wear glasses?

Most people assume an annual eye exam only checks a lens prescription, but your eye doctor is also checking to make sure your eyes are healthy. The eyes are the only unobstructed, non-invasive view of blood vessels in the body, and they can tell a lot about your overall health.

Through comprehensive eye exams, eye doctors can see eye conditions like glaucoma and macular degeneration, as well as signs of diseases like diabetes, high blood pressure and high cholesterol. Eye doctors can even identify signs of diabetes up to seven years before a patient would typically show symptoms and be diagnosed by a primary care physician. People are three times more likely to get an eye exam than a

routine physical, so eye exams are a great way to identify the early warning signs of many diseases.

"With healthcare costs skyrocketing, it's more important than ever to diagnose and treat medical conditions as soon as possible—before they become a true burden on a patient's body and wallet," says Jonathan Stein, O.D., a VSP Vision Care provider in Manhattan Beach, Calif. "And with diseases as prevalent as diabetes, hypertension and high cholesterol, regular eye exams become a critical part of managing a patient's overall health."

One condition an eye doctor checks for during a comprehensive eye exam is diabetic retinopathy. The condition is marked by damage to the blood vessels in the retina and can lead to blindness if not treated early. However, with annual eye examinations

and proper follow-up care, 90 percent of all diabetes-related blindness can be prevented.

High cholesterol is another condition eye doctors can detect by looking for waxy, yellowish buildup in the blood vessels of the eyes. In fact, 65 percent of time, eyecare providers detect high cholesterol before any other provider, according to a recent study commissioned by VSP Vision Care, the nation's largest not-for-profit vision benefits company.

By getting annual compre-

hensive eye exams, families and individuals alike can save hundreds if not thousands of dollars on medical costs. Proper preventive care can help avoid costly medical procedures in the future. Even more money can be saved by avoiding medical supplies and medications, time off work and potentially higher-risk insurance premiums for advanced chronic conditions.

For more information on the benefit of eye exams and their role in overall health, visit www.seemuchmore.com.

Laughter is the Best Medicine

Oddities

Can you cry under water?

How important does a person have to be before they are considered assassinated instead of just murdered?

If money doesn't grow on trees then why do banks have branches?

Since bread is square, then why is sandwich meat round?

Why do you have to "put your two cents in"...but it's only a "penny for your thoughts"? Where's that extra penny going to?

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

Why does a round pizza come in a square box?

What did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they "slept like a baby" when babies wake up like every two hours?

If a deaf person has to go to court, is it still called a hearing?

If you drink Pepsi at work in the Coke factory, will they fire you?

Why are you IN a movie, but you are ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

How come we choose from just two people for President and fifty for Miss America?

Why do doctors leave the room while you change? They're going to see you naked anyway.

If a 911 operator has a heart attack, whom does he/she call?

Why is "bra" singular and "panties" plural?

Have a funny joke, story or anecdote you would like to share? Write to Jokes: East County Gazette, P.O. Box 697, El Cajon, CA 92022 or write to www.jokes@ecgazette.com

Sharp Senior Resource Center

Sharp Grossmont Hospital's Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For other programs, call 1-800-827-4277.

FREE BLOOD PRESSURE SCREENING

No appointment necessary. Open to the public. For information, call (619) 740-4214.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, Aug. 19, 9:30 to 11 a.m.

MEDICARE AND YOU

Learn about the basics of Medicare including Parts A, B, C and D. Also learn additional information regarding Medicare Advantage, HMOs, PPOs, etc. Take advantage of Medicare's expanded coverage of Preventive Benefits in 2012. Thursday, Aug. 11 from 10 to 11:30 a.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277 or register online at www.sharp.com

FINDING THE BALANCE IN CAREGIVING

Are you caring for a family member or friend? Attend this free conference sponsored by the San Diego Caregiver Coalition and learn about care options, legal issues, how to cope, find community resources & much more. Free lunch provided. Free respite care. Thursday, August 18, 9 a.m. to 2 p.m. Registration at 8:30. La Mesa Community Center, 4975 Memorial Dr., La Mesa. Registration required. Call 1-800-827-4277 or register online at www.sharp.com

Mother Earth Alternative Health Cooperative opens in El Cajon

First Licensed Medical Marijuana Dispensary in San Diego County

After three weeks of operation, Mother Earth Alternative Health Coop has established a steady stream of East County patrons. Contrary to popular belief, the average age is 40+ and an equal mix of male and female.

California voters approved medical marijuana with a ballot initiative back in 1996, but San Diego Supervisors filed suit to block implementation.

Located at 8157 Wing Avenue in an unincorporated area of El Cajon, the 15,000 square foot commercial building is in an industrial zone next to Gillespie Air Field. The interior is modern with a waiting room similar to that of a medical facility. The coop includes a dispensing center with pri-

vacy booths where members receive consultations about their cannabis therapy from licensed pharmaceutical technicians.

"We are very excited about providing safe, reliable access to patients in San Diego County who suffer from seriously ill and in many cases debilitating conditions" said Bob Reidel, official spokesperson for the coop.

On July 1, 2011, Mother Earth's Alternative Healing Cooperative Inc. received their final permit, "Medical Marijuana Collective Operations Certificate", signed by Sheriff Gore himself, allowing the coop to operate in full compliance with the law. According to Reidel, it has taken over a year of work and planning to meet approval and come into full compliance with the new stringent requirements.

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Inspiration

Mr. Uncle Sam, don't touch my Apple Fritter

Rev. James L. Snyder

I usually live life on an even keel. I once had an odd keel, but fortunately, I had the good sense to throw it back into the water from whence it came. I take pride in maintaining a certain sense of balance in my life. But, there are those times when all balance is thrown out the window.

Just this past week when I was enjoying an unusually wonderful sense of balance in my life, the Gracious Mistress of the Parsonage changed my whole demeanor.

We were watching the news on television. When I say "we," I am not insinuating in any regard that I was paying any attention whatsoever to what was happening on the television screen. I usually have a book in hand I am perusing while I am allegedly watching TV.

Out of nowhere, I heard her exclaim, "They just wouldn't do that."

I continued in my book and paid no attention to her.

"What in the world is wrong

with those people?" I heard her say.

By now, my curiosity had gotten the best of me and I laid my book down and said, "What has got you all riled up tonight?"

"Didn't you hear what they just said?"

"I'm sorry; I was looking at my book."

"Well," she said in a very disgusted manner, "the government is thinking about taxing junk food. Can you imagine anything more ludicrous than that?"

I always like to, at least try to think of the positive side of things. With the way our beloved politicians have been going these days, it is very hard to find the positive side. Although I am not in favor of taxes, I know that as a citizen I need to pay my fair share. I have no problem with that. I'm not, however, in favor of tacking on some new taxes. What's wrong with the old ones?

Then my wife said something that turned my thinking all the way around.

"You do know what junk food is, don't you?"

That was a crazy thing to say. Of course, I knew what junk food was. I stay away from that food category and pride myself in eating healthy food every day. No junk food for me, thank you.

I shrugged it off at the time and replied to my wife, "Oh well, the government has to do whatever it has to do in times like these."

"You do know that Apple Fritters are considered junk food by our government? And when they start taxing junk food they will be taxing your Apple Fritters."

"They don't."

"They wouldn't."

"They better not!"

At this point, my even keel was experiencing some very turbulent tendencies. I try to be a good citizen but there comes a time when a person has to put his foot down. I had come to the point where as that old philosopher who said, "That's all I can stand, I can't stand no more!"

What I want to say to good old Mr. Uncle Sam is simply; do not touch my Apple Fritters. Some things in life are sacred and for somebody to fool with them will only rile the anger of those religious people devoted to Apple Fritter Veneration. Believe me; you do not want the Apple Fritter Gang to get riled.

The Creed of these Apple Fritter followers is simply, an Apple Fritter a day keeps the blues away. Nothing cheers the day like starting it with a freshly

baked Apple Fritter. Regardless of the problems I have to face during the day, if I start with an Apple Fritter the day seems to go much better.

Now, Mr. Uncle Sam, let me explain some of the facts of life to you.

First, "Life, Liberty and the pursuit of Happiness" is one of the most famous phrases in the United States Declaration of Independence and considered by some as part of one of the most well crafted, influential sentences in the history of the English language. These three aspects are listed among the "unalienable rights" or sovereign rights of man. Everybody knows that the phrase "the pursuit of happiness," is a reference to Apple Fritters. No more pure form of happiness exists then enjoying a freshly baked Apple Fritter.

And another thing, why blame the lowly Apple Fritter on the debt problem? I have been associated with Apple Fritters most of my life and I have never known an Apple Fritter to spend money it does not have.

I have given this a lot of thought. Apple Fritters are not responsible for the debt problem in our country but rather politicians are responsible. My thought is simply this. Instead of considering Apple Fritters as "junk food," why not consider politicians as "junk politicians" and tax them. That would make much more sense.

Out in the real world everybody operates along these lines; if you create a debt, you have an obligation to pay that debt and not shove it off on somebody else. The only ones who do this are all those "Junk Politicians" who have no sense of how much a dollar is really worth let alone where it comes from.

I still stand by the words of Jesus. "And he [Jesus] said unto them, Render therefore unto Caesar the things which be Caesar's, and unto God the things which be God's" (Luke 20:25 KJV).

Mr. Uncle Sam, touch my Apple Fritter at your own peril.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

Dear Dr. Luauna



I really love the Lord, but I am always having a hard time with alcohol. I tell myself I'm not going to drink, but then I do. I tell myself I'm not going to check out girls, and I check out girls. I tell myself I'm not going to be angry, and everyday something happens to make me angry. It's like this vicious cycle, maybe I just can't do it. Signed, I Can't Do It

Dear I Can't Do It,

First of all, I commend you for your efforts, but I see a problem which tends to be that of thousands of believers. In *Matthew 26:33-35*, "Peter answered and said to Him, 'Even if all are made to stumble because of You, I will never be made to stumble.' Jesus said to him, 'Assuredly, I say to you that this night, before the rooster crows, you will deny Me three times.' Peter said to Him, 'Even if I have to die with You, I will not deny You!' And so said all the disciples." Jesus knew that Peter was trying to depend on his own flesh. However, you will never serve God in your own strength, it's impossible. You are putting yourself back into the law. *Philippians 3:3*, "For we are the circumcision, who worship God in the Spirit, rejoice in Christ Jesus, and have no confidence in the flesh, though I also might have confidence in the flesh. If anyone else thinks he may have confidence in the flesh, I more so." Paul the Apostle had the ability to put his confidence in his flesh. He had great ability, yet even Paul knew he could not do it by the arm of his flesh. You must allow Christ Jesus to be Lord of your life and come under the cleansing blood of Jesus Christ and His grace, which means His unmerited favor. You have not earned it. Cry out to Jesus, know what He did at the Cross, study everything He did and have confidence in His strength, not your ability.

Our God is great. Know who He is as He can change your circumstances. Start with *Psalms 33:6*, "By the word of the LORD the heavens were made, and all the host of them by the breath of His mouth." His Word and what He did at the Cross has the power over your life with every one of your weaknesses. Here are some other powerful scriptures to read: *Colossians 1:20*, *Colossians 1:22*, and *Colossians 2:13*. Nothing is too hard for God so don't lean on your own strength. Know what He did on the Cross is for your freedom. Jesus loves you.

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The biggest lie

A Minister was walking down the street when he came upon a group of about a dozen boys, all of them between 10 and 12 years of age.

The group had surrounded a dog. Concerned lest the boys were hurting the dog, he went over and asked "What are you doing with that dog?"

One of the boys replied, "This dog is just an old neighborhood stray. We all want him, but only one of us can take him home. So we've decided that whichever one of us can tell the biggest lie will get to keep the dog."

Of course, the reverend was taken aback. "You boys shouldn't be having a contest telling lies!" he exclaimed. He then launched into a ten minute sermon against lying, beginning, "Don't you boys know it's a sin to lie," and ending with, "Why, when I was your age, I never told a lie."

There was dead silence for about a minute. Just as the reverend was beginning to think he'd gotten through to them, the smallest boy gave a deep sigh and said, "All right, give him the dog."

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Community stands behind Bob Bowen Auto Service

Bob Bowen Auto would like to thank everyone who attended the Grand Re-Opening of Bob Bowen's Auto Service! Everyone helped make it the success it was. They appreciate your support and business!

Bob Bowen's Auto Service was founded by Bob Bowen, a Vietnam veteran, who started his business in 1977 in a small shop on La Mesa Blvd. He led the industry with his honest and dependable services accompanied by skilled mechanics that provided quality work. As the company grew, and more space was needed, he moved to the 10,000 sq ft warehouse on Alvarado Rd, where the business currently resides.

He raised the bar in automotive repair, and his standards

stand strong today in a company still bearing his name. Sadly, Bob passed away mid September of 2010, shortly after selling the business, and is deeply missed.

Bob Bowen's Auto Service was purchased by Achieving the Dream, Inc on September 1, 2010. Rob & Claudia Rowsell, president and vice president, have owned a very successful auto repair shop in Alpine since 2004, Alpine Auto Repair. They had been looking to expand for several years, but it was difficult for them to find a shop that met their criteria for excellence. After many years searching, Bob Bowen's Auto Service was that auto repair shop! They were drawn to the exceptional reputation and established certifications that Bob Bowen's Auto Service possessed.

Continuing to strive for excellence, they offer the same quality of workmanship and are dedicated to continue the exemplary service all of Bob Bowen's Auto Service customer's have come to know, expect and trust.

They are happy to have celebrated their Grand Re-Opening on Thursday, July 21. Thanks to all who participated in donating raffle prizes and all who came out to celebrate! Bob Bowen looks forward to continuing their relationship with the community of La Mesa and all of East County!

So, come in and let Bob Bowen's Auto Service exceed YOUR expectations,

You won't be disappointed!



Re-Grand Opening Ribbon Cutting: from left: Jim Wilson-Service Advisor, Curtis Smith- Technician Stephanie Rowsell, Rob and Claudia Rowsell-Owners, Sheryal Morse- Office Manager, Jeremy Sanchez-Service Manager, Micah Brantle-Parts Assistant along with other community members and local dignitaries.

Highlights ...

Continued from page 5

nominal \$25 entry fee for the party and fundraiser includes a fantastic dinner. There will also be great raffle prizes and auction items. Cash, checks or credit cards are all gladly accepted. For more information go to www.stoneyskids.org, or call (619) 204-8245.

County Launches Suicide Prevention Campaign

Sadly, we continue to hear the tragic stories in the news about suicide. As a result, a new County suicide prevention campaign is focused on getting people to talk about their mental well-being in an effort to save the lives of those who are contemplating suicide. Know what the warning signs are and be ready to assist a suicidal person in need of help. A new website, www.ToughTimesSD.org, offers information, resources and help for those who might be going through some very difficult times in their lives. Risk factors of suicide include talking of hurting or killing oneself, divorce, separation, family stress, loss of health, job or

home, increasing alcohol or drug use, and isolation from family and friends. When people feel hopeless, helpless, and desperate, they might feel no sense of future, no way to make it better. When a friend or a loved one comes to you for help, take it seriously. Ask if he or she is having thoughts of suicide. That simple conversation can make the difference between life and death. People in suicidal danger should call 9-1-1. Help is also available by calling the County's Access and Crisis Line at (800) 479-3339 or visiting www.Up2SD.org.

El Cajon Fire Safety & Career Expo Is coming

I am now in the planning stages of our El Cajon Fire, Safety & Career Expo scheduled for Saturday, Oct. 8, from 10 a.m. to 2 p.m., at 100 E. Lexington Avenue, in El Cajon! Emphasis is on disaster preparedness, fire prevention, driving safety - including a section targeting teen drivers, and a Kids Safety Fun Zone with a safety helmet giveaway (while supplies last), Home Depot's Kids Workshop, and several

fire and law enforcement emergency vehicle displays. If you belong to an organization or company that provides health and/or safety information, and would like to be a part of this major east county event - or be a supporting sponsor, contact Monica Zech, at (619) 441-1737. A big "thank you" to San Diego Gas & Electric for being our major title sponsor of our event, and to Mission Federal Credit Union for being a community sponsor!

Fun Events Are Planned For Our Centennial In 2012!

The excitement is growing as plans continue for the City of El Cajon's Centennial Celebration in 2012. The exact date of the City's 100th Birthday is Monday, November 12, 2012 - but fun events are planned during the months leading up to that date! The Centennial Celebration Committee, led by Councilmember Jillian Hanson-Cox, has been meeting monthly to discuss ideas to make this the event of the century. A special note, we are still looking for old photos of El Cajon, and for those who know of someone who will be turning the age of "100" in 2012 - we would love to hear from you! Join our monthly discussions, submit ideas, or be a part of the celebration as a contributing sponsor. Please contact us through our website at www.elcajon100.com.

If you have an event in the City of El Cajon that you would like to share, contact Monica Zech, Public Information Officer for the City of El Cajon, via e-mail at mzech@cityofelcajon.us, or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.



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— ON STAGE —

Mary Poppins flies into San Diego



Caroline Sheen (Mary Poppins), Katie Balen (Jane Banks), Bryce Baldwin (Michael Banks,) and Nicolas Dromard (Bert) star in *Mary Poppins*. Photo credit: ©Disney/CML. Photo by Joan Marcus

Magician Gary Spivey in person at Dreamcatcher at Viejas

Gary Spivey is world-renowned for his psychic talent, uncanny ability to predict future catastrophic events (its no wonder that people all over the world gave him the nickname 'The Modern Day Nostradamus'), his gift to communicate with those who have crossed over to the other side and for his amazing healing energy.

Spivey is well known for his genuine down-home style and jovial personality. He lectures, teaches and counsels people worldwide.

Check out Viejas' full entertainment schedule at: <http://www.viejasentertainment.com/>



Gary Spivey. Photo credit: courtesy

Preview by Diana Saenger

Broadway/San Diego ~ A Nederlander Presentation and producers Thomas Schumacher of Disney Theatrical Productions and Cameron Mackintosh announced today that the award-winning musical *Mary Poppins* will begin performances at San Diego Civic Theatre on Wednesday, August 10, 2011 for a limited engagement of two weeks, through Sunday, August 21, 2011. The entire original creative team has reunited to bring this magical story of the world's most famous nanny to audiences around North America.

With four productions currently running on three continents, *Mary Poppins* is one of the biggest stage musical successes to emerge from London or New York in recent years. Worldwide to date, the show has grossed over \$457 million and welcomed 6.4 million guests.

Mary Poppins, a co-production of Disney and Cameron Mackintosh, opened on Broadway on November 16, 2006.

Based on P.L. Travers' cherished stories and the classic 1964 Walt Disney film, *Mary Poppins* the stage play features the Academy Award-winning music and lyrics of Richard M. Sherman and Robert B. Sherman. The stage production has been created, in collaboration with Cameron Mackintosh, by Academy Award-winning screenwriter Julian Fellowes, who has written the book, and the Olivier Award-winning team of George Stiles and Anthony Drewe, who have composed new songs and additional music and lyrics.

Olivier Award-winning director Richard Eyre leads the award-winning creative team, with co-direction and choreography by Tony and Olivier Award winner Matthew Bourne. *Mary Poppins* features set and costume design by Tony Award winner Bob Crowley, co-choreography by Olivier Award winner Stephen Mear, lighting design by Howard Harrison, orchestrations by William David Brohn, and music supervision by David Cadick. The tour's creative team includes Tour Director Anthony Lyn, Associate Choreographer Geoffrey Garrett, and Music Director James Dodgson.

ON STAGE — TO-GO

THEATER

Who: *Mary Poppins*

When: Aug. 10 - 21

Where: Broadway San Diego, Civic Theatre Ticket Office

3rd & B Street, downtown San Diego

Tickets: (619) 570-1100, broadwaysd.com or (619) 220-TIXS

PERFORMANCE

Who: Gary Spivey

When: Aug. 6

Where: Dreamcatcher at Viejas, Alpine

Tickets: or information call (619) 659-1996 or (619) 220-TIXS.

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— AT THE MOVIES —

'Cowboys & Aliens' — crazy idea but it works



Harrison Ford and Daniel Craig star in *Cowboys & Aliens*. Photo Credit: Timothy White/Universal Studios and DreamWorks II Distribution Co. LLC

Review by Diana Saenger

The crazy graphic novel title *Cowboys & Aliens* probably began getting hype as soon as Scott Mitchell Rosenberg started

creating the project — written by Fred Van Lente and Andrew Foley — 14 years ago. Unlike strange happenings today that are turned into movies overnight, it took quite a while

for executive producer Steven Spielberg and producer Ron Howard (among many others) to negotiate for the movie rights. Some may laugh at the idea of cowboys being invaded by aliens from outer space, but thanks to the visionary genius of these two Hollywood giants, the film offers viewers an entertaining and exciting two hours at the theater.

Strong performances by the actors helped me buy into this idea hook, line and sinker. Daniel Craig plays Jake, a man who wakes up alone in the desert with minor wounds and a

weird piece of iron around his wrist. When a bunch of stragglers approach and threaten him, he jumps on them with the speed of a werewolf, and soon they're all dead.

That enticing beginning heightens the feel of old westerns. Especially when Jake rides into the nearly defunct mining town of Absolution and discovers those left behind. Sheriff John Taggart (Keith Carradine) has to constantly deal with the rebellious Percy Dolarhyde (Paul Dano) who shoots bullets at people's feet just to watch them do the dance of fear. He feels invincible because his daddy controls most of the town.

Percy finally goes too far and ends up in jail as does Jake. When Percy's cattle baron daddy Woodrow (Harrison Ford) rides into town with his rough riders, he's determined to get his son out of jail. About this time in a traditional western a shoot 'em up would be about to happen. Instead the dark night sky lights up like a Fourth of July. There are explosions, things catching on fire, and people are actually sucked up into the sky.

Jake — a surprise to even him — is the only one who seems to have the power to momentarily stop the huge, slithering monsters in their tracks. During the havoc Jake calls Woodrow "Colonel," which is what others call him, but he tells Jake,

"Nobody calls me Colonel — them that did are dead."

Woodrow's remark represents a warning that there will be no holding hands through this ordeal for the two men. However, he's determined to find out how Jake stopped the aliens during their attacks.

Eventually the men gather their weapons and ride out to fight the unknown creatures and look for their abducted loved ones. Woodrow is determined to get Perry back and the local bartender (Sam Rockwell) wants to rescue his wife (Maria Ana de la Reguera). Also included in those riding out are the sheriff's son (Noah Ringer) and a strange woman (Olivia Wilde) who sticks close to Jake for reasons that slowly unfold in the story.

By the time the cowboys find the alien vessel they are joined by a tribe of Indians who at first want to harm them — but only until some of their people are also killed or snatched up by the vile creatures.

While watching *Cowboys & Aliens*, I couldn't help thinking about the silliness of the story, yet everything about the production kept reeling me in. Craig, who reminded director Jon Favreau of Steve McQueen, takes to a gun and horse like a seasoned pro. Craig seemed really at ease with his character, and said about his role, "I'm wearing a

gun around my waist, I've got cowboy boots on and a hat and I'm riding a horse. I rode on a horse every day and I got paid to do it, so I couldn't have been happier."

Ford handles the part of a mean hombre with great gusto. His shoulders are always square, there's a constant deep furrow above his eyes, and his lips never turn into a smile. Cross him and he'd rather blow your head off than wait for an excuse. But he can deliver a funny line with a poker face like no-one else. For example, when told the aliens want gold, he asks, "What the hell are they gonna do with it — buy something?"

This focus on the characters steers the film, but it's the non-stop action and excitement that keeps the viewer on the edge of his/her seat. Western fans will find there's never a moment when someone is not in danger, and for alien fans, there's lots of razzmatazz in the air. Production designer Scott Chambliss did a great job in creating both worlds.

Among the terrific supporting cast are Adam Beach as an Indian raised by Woodrow and Brendan Wayne (John Wayne's grandson) as Deputy Lyle. In an interview, Wayne said, "*Cowboys & Aliens* is a darn good western and a great sci-fi, too. It's really fun, but it also has a lot of heart."



Cowboys & Aliens

Studio: Universal Pictures

Gazette Grade: B+

MPAA: "PG-13" for intense sequences of western and sci-fi action and violence, some partial nudity and a brief crude reference

Who Should Go: Western, sci-fi, Ford & Craig fans

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— ON STAGE —

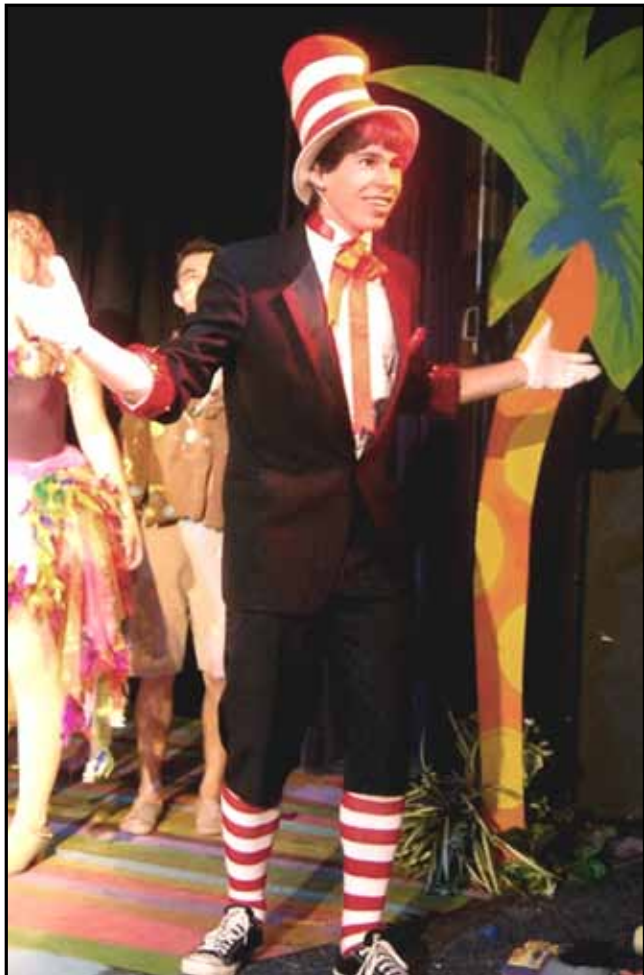
Youth theatre group entertains with lively cast and 'Seussical' fun

by Diana Saenger

Ever wonder where some of those huge talents in big Broadway shows or hit musicals get their start? For many it's in their own neighborhood under the guidance of dedicated teachers and mentors who have the student's training at heart.

East County's Youth Theatre Conservatory (YTC) is one such place, and this weekend a group of talented kids will perform their final shows of *Seussical the Musical* at Granite Hills High School.

Co-directed by Jim Chatham and Susan Jordon-De-Leon, the show features a huge cast



Austin Blakely plays The Cat in the Hat in *Seussical the Musical*. Photo credit: Youth Theatre Conservatory



Cast of *Seussical the Musical*. Photo credit: Youth Theatre Conservatory

of 21 energetic performers. *Seussical the Musical* with music by Stephen Flaherty and book by Lynn Ahrens and Stephen Flaherty, is based on the works of Dr. Seuss. In this mix of Suess books themes The Cat in the Hat (Austin Blakely) steers a story that mostly follows the adventures featured in *Horton Hears A Who* and *Horton Hatches an Egg*.

YTC is a nonprofit theatre program for students 13-19. Working with local theatre organizations YTC aims to produce excellence in theatre arts. A host of master teachers from the area teach students master classes in voice, acting,

costume design, stage management, theatrical theatre and stage craft to prepare them for work as a professional in theatre.

The cast of *Seussical the Musical* includes Kayla Boughton, Brendan Cahalan, Spencer Caprio, Stewie Caprio, Lizzy Cono, Tim Connolly, Sarah Courson, Ann Marie Cravens, Rachael Jacobs, Jill Jones, Kenon Liebe, Lily Liegner, Sierra Lopez, Denise McMillian, Jake Miller, Emma Nossall, Tyler Owens, Tony Prokop, Brandon Rosenberg, Vlad Vladikoff, and Kale Woodrow.

Blakely, who heads to college in Santa Cruz this fall, played a cautious but amusing Cat in the Hat. Whether telling

the story through song, joining in a lively dance or being a mentor to JoJo (Jill Jones) the little Who – who fights to save her town – he's in command of his role.

Jones has a nice voice and was excellent in portraying the swings of her character's behavior from timid and afraid to commanding. A real standout in the show is Emma Nossall. While her character may have been short on tail feathers, Nossall was captivating throughout the show with a beautiful voice and a solid performance that charmed the audience. Prokop didn't have a powerful voice but was terrific as Horton the elephant. From the ridicule of his neighbors to being tricked by a bird girl

to set on her egg, he elicited just the right empathy for a delightful character. Sarah Courson, Lily Liegner, and Spencer Caprio exhibited their terrific voices several times in the show as the engaging bird girls, cadets and hunters.

Chatham, artist director and president of YTC, may pave the way for young talents to shine, but he gets as much satisfaction back from them as his team gives. "The greatest gift the kids give to me is the excitement they give to the production," he said. "There is not a lot of art in East County, so to see young people come together in a theatrical setting and enjoying it, is priceless."

It's easy to see while watching the talented students in the production that they thoroughly enjoy performing. Many learn talents beyond their expectations. "You learn in a welcoming environment where you can improve your skills even when you have never done something like it before," Blakely said. "I was surprised to learn that I could actually sing. Before theatre I had never really tried anything like that."

Seussical the Musical is an ambitious story that needed lots of behind the scenes talent as well. Susan Jordon-DeLeon (choreography), Kyler Suchey (stage manager), Tom Hodges (Musical Director), Jamie Cabrial (costume designer) and Kirsten Giard (technical facilitator) did not let the students down. This is a great family show and lots of fun.

THEATER – TO GO

Who: *Seussical the Musical*

When: August 4, 5, 6, 2011

Where: Granite Hills High School
1719 E. Madison, El Cajon

Tickets: \$12 (619) 440-3237,
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- ACROSS
1. Heidi's shoe
6. *Superhero team, acr.
9. *Attribute of Casper the Friendly Ghost
13. Like color blue

14. Old-fashioned over
15. Elegant sitting room
16. Based on number 8
17. Pigeon sound
18. Devoutly religious
19. * ___ Incredible ___
21. Sent
23. "Four score and seven years

- ___ "
24. Suite cleaner
25. Beaver construction
28. Tangerine and grapefruit hybrid
30. Reason by deduction
35. Prayer leader in mosque
37. Electrically charged particles
39. Relating to kidneys
40. Cannonballs to cannon
41. Do this before walking
43. Lope de ___, Spanish playwright
44. Wealthy man in the Orient
46. Freight horse cart
47. What Rumpelstiltskin did
48. Relating to anode
50. "All's well that ___ well"
52. Late Kennedy
53. SAT, e.g.
55. You owe who?
57. Has paleness as symptom
60. *America's rank

64. Tropical fruit
65. Romanian money
67. 1/100th of Finnish markka
68. Mary-Kate or Ashley
69. Hole punching tool
70. German surrealist Max
71. Sixth month of civil year
72. Ctrl+Alt+___
73. Atkins and "Cabbage Soup," e.g.

- DOWN
1. See him run
2. Foot curve
3. *Spiderman got his powers after one
4. Nebraska's largest city
5. Popular language in India
6. Opposite of geek in high school?
7. "Anna Karenina" author
8. Smell of baking bread, e.g.
9. Jack and Jill went to fetch this
10. Sunburn aid
11. High in decibels
12. Half the width of ems
15. *It bit Peter Parker
20. Reasonable judgment
22. International help, e.g.
24. Mosque's distinctive feature
25. *Wonder Woman's name
26. Capital of Jordan
27. Cuban dance
29. Master of castle
31. Rpms
32. Incompetent
33. Lacking clarity
34. African antelope
36. ___ ring, 1970s fad
38. Tchaikovsky's fowl
42. Ancient kingdom in Anatolia
45. *His butler is Alfred
49. Hula girl's flower
51. Soaked
54. Often tossed before eating
56. Wombs
57. "___ Lang Syne"
58. Space shuttle Atlantis owner
59. Never without n
60. Reject
61. *Cast as Catwoman in upcoming Batman flick
62. Of the present month
63. Lice eggs
64. India's smallest state
66. One of Bo Peep's flock

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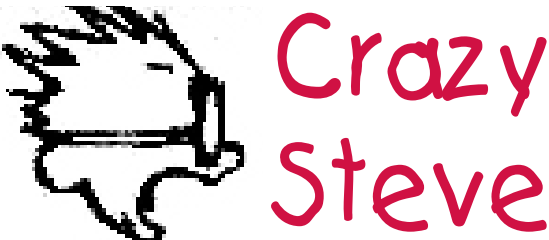
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Our Best Friends

Cat rescued from life threatening situation



Finding a ladder long enough to reach the top was difficult for the rescuers. Photo credit: Nikki Hornsby

by Nikki Hornsby
Mary, an elderly Native American Indian with her adult son, lives on Kristie Lane in El Cajon. She is the owner of a large tabby cat named Dog that snuck out of her apartment and climbed up a tree. Over eight days passed as Mary and her adult son went out early each morning before sunrise to call "Dog" the cat down with food and water, but the fear of strangers and other animals running loose kept "Dog" up the tree.

"Dog" the cat was up high in a 40 foot cypress tree in the extreme heat each day without even water for over a week. Everyone in the complex began to think of ways to help rescue

the cat. After several failed attempts to get help from local animal rescue and fire departments, we reached the right agency — Emergency Animal Rescue, a non-profit, all volunteer organization out of Ramona, came to the rescue.

A man and women arrived carrying a ladder with red tee shirts saying Volunteer Animal Rescue. This ladder was too short so the woman called in for a longer ladder to be brought in to help, which ended up being too short as well.

As the sun was setting the crowd of people, old and young, gathered to watch with concern for both rescuers and the cat named "Dog." The ladder was placed in the flat bed of a neighbor's truck with two men holding the ladder to reach the cat, who was now in mortal fear of anyone. The crowd watched expressing worry and even tears since "Dog" had crawled to the very tip of this cypress tree.

Hours of efforts were spent trying a non harmful way to catch "Dog" the cat from the top of the 40 ft. Cypress Juniper tree. Success came just as darkness arrived. The large crowd cheered and applauded as the cat "Dog" was lowered to Mary's cat carrier and her son took it inside their apartment.

This volunteer organization from Ramona "Emergency Animal Rescue" was again applauded and hugged by many who had watched their many hours of efforts. They never gave up trying to help. As darkness filled the driveway complex it ended a good day for "Dog" the Cat in El Cajon.

"Dog" the tabby cat is now safe inside Mary's apartment and the residents witnessed first hand that there are real heroes who come without hesitation to help our beloved animals. Thanks go to the volunteer Emergency Animal Rescue Non Profit Organization of Ramona.



Cat in the hands of the rescuer is being handed down into the cat carrier. Photo credit: Nikki

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Cuddles is a beautiful brown, DSH calico tabby kitten. Only two months old, Cuddles has a loving and outgoing personality. She loves to climb, run, play with feather toys and chase balls. Cuddles thrives on love and attention and wants to be your new best friend! For more information call (858) 405-0852, or meet Cuddles at our PetSmart Point Loma adoption center at 3610 Rosecrans. Adoption hours are Monday-Friday 5pm-8pm, Saturday 12pm-3pm and 6pm-8pm, and Sunday 1pm-6pm. Cuddles' \$150 adoption fee includes spay, microchip, vaccinations and she is negative for FIV/FELV.

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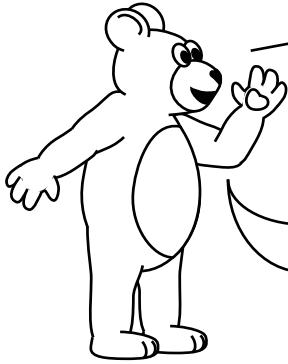
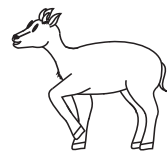


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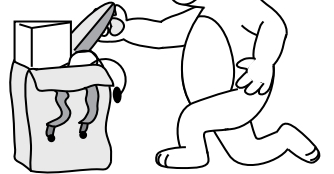
...send us your filled-in form!



Have you packed your things for our weekend away, Glade?

Long Weekends Away!

I've stuffed everything into my pack, Forest!



Long weekends away! More and more families are taking a few long weekends away from home in place of one longer vacation. It still takes a lot of planning to get ready, but people like the change of pace from their weekly routines and feel they get more breaks.

Some families like the idea of visiting three or four different places during the year. It's also a good way to make time to visit relatives and still be able to have a couple of private getaways for just your own family. **Fill in the puzzle with things you might do or places you might visit:**

What Should We Pack?

To know what you need to pack you have to think about the activities that you will be doing and the weather. **Find and circle these items:**

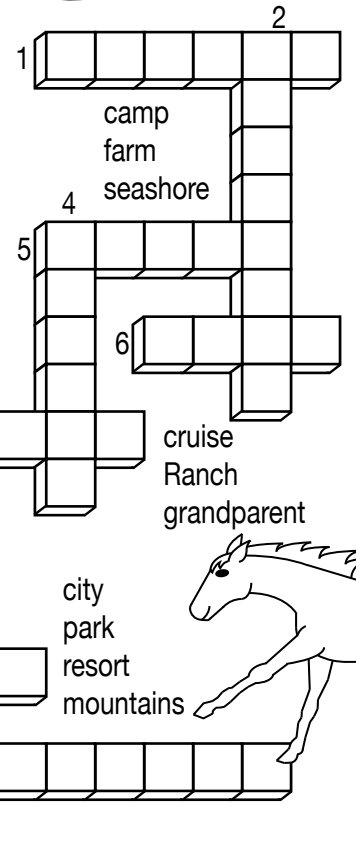
T O O T H B R U S H I O U B M O C T

H J U S O A P T G H T O L C E C A F
A E D R T G F O J G S H I R T K O P
I C F E I H O W J G R O J G R T C J
R T S E O H S E H B E K O P H T F D
B K H B O U T L G F P A J A M A S E
R J G O F S H G B Y P G C V E S T A
U H D R I K H F T E I V I Y G F N U
S H F H I C M O P L L D E S A F A T
H A O T O O T H P A S T E F V J P E
S E A A G S I P K J G T F R E D S W
V Y R B L K J H O O P M A H S H R

S E H T O L C R E D N U K J A

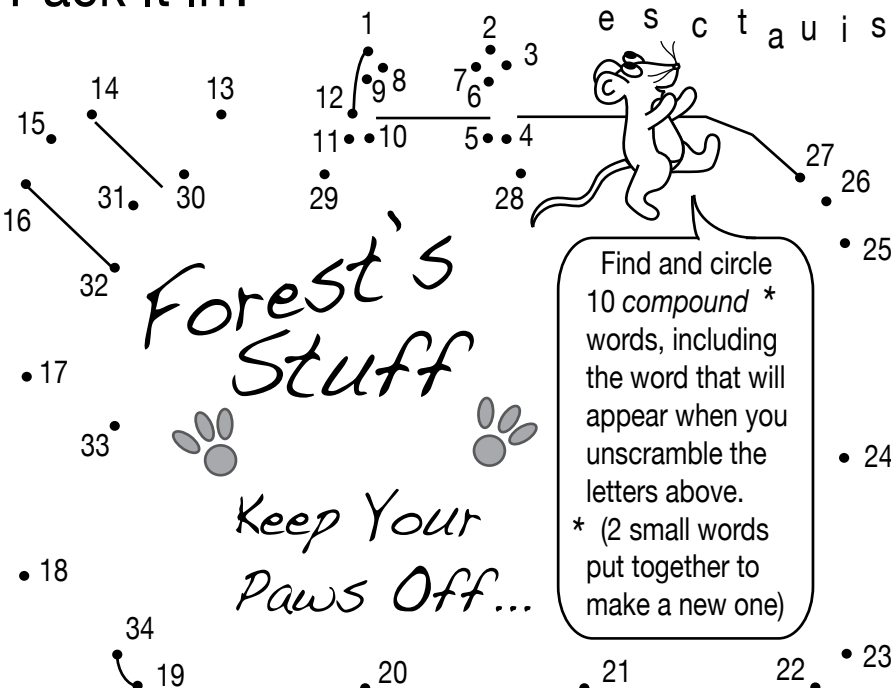
slippers
pajamas
bathrobe
underclothes
hairbrush
comb
toothbrush
toothpaste
soap
shampoo
facecloth
towel
shirt
pants
shoes
socks

1. take a tour on a ship
2. beach
3. your Mom's or Dad's Mom or Dad
4. place to ski and be entertained
5. place to ride horses or herd cattle; a Dude _____
6. learn about raising animals and growing crops on a _____
7. ride a Ferris Wheel at the amusement _____
8. live in a cabin at a _____ near a lake
9. busy place full of people, tall buildings, lights and cars
10. higher than hills; you can see the peaks before you get there



What Will We Pack It In?

You can pack your belongings in a knapsack, nylon bag or use a:



Find and circle 10 compound * words, including the word that will appear when you unscramble the letters above. * (2 small words put together to make a new one)

Enter the Reading Club Fun Book Giveaway

This summer we will give away dozens of books and lots of stickers to encourage kids to read. Just send in this signed form to be entered in the giveaway. No purchase needed. One entry per person per week. (Void where prohibited by law.) Visit **ReadingClubFun.com** for more details.

Cut out & mail this form to:

Reading Club Fun
P.O. Box 646
Canton, CT 06019

★ you may send up to 3 entries for 3 children in one envelope!

Name _____
Age _____ Grade _____ Boy ☐ Girl ☐
Street/Apt. _____
City/Town _____ State _____ Zip _____
Which newspaper is this? _____
Grownup's Last Name _____ First _____
Grownup's signature (over 18) _____
Email address: _____

Please print clearly!

Final Giveaway will be Thursday, September 1, 2011

LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-019390**
FICTITIOUS BUSINESS NAME(S): IMEX-
PORT OF SAN DIEGO
Located at: 380 Vernon Way, Suite E, El
Cajon, CA 92020
This business is conducted by: General
Partnership
The business has not yet started.
This business is hereby registered by the
following: Jalal H. Razouki 608 Grape St. #E,
El Cajon, CA 92021
Omar M. Anjou 1732 Horizon HTS Cir, El
Cajon, CA 92019
This statement was filed with Recorder/County
Clerk of San Diego County on July 07, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-020421**
FICTITIOUS BUSINESS NAME(S): Island
Dancers of San Diego
Located at: 12191 Cuyamaca College Dr.
East, Unit 409, El Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: Amber Nicole Anderson 12191
Cuyamaca College Dr. East, Unit 409, El
Cajon, CA 92019
This statement was filed with Recorder/County
Clerk of San Diego County on July 18, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-020218**
FICTITIOUS BUSINESS NAME(S): a.) Walker
Distribution b.) West Coast Magazine c.) San
Diego Subscribers
Located at: 4512 Corte Pastel, Oceanside,
CA 92056
This business is conducted by: An Individual
The first day of business was: June 16, 2006
This business is hereby registered by the
following:
Rian L. Walker 4512 Corte Pastel, Oceanside,
CA 92056
This statement was filed with Recorder/County
Clerk of San Diego County on July 15, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-018732**
FICTITIOUS BUSINESS NAME(S): a.) Tru
Green Turf b.) Lee Wright Auto Broker
Located at: 2856 Harper Ranch Rd., Jamul,
CA 91935
This business is conducted by: A
Corporation
The first day of business was: April 18, 2011
This business is hereby registered by the
following: Lee Wright Construction Inc. 2856
Harper Ranch Rd., Jamul, CA 91935
This statement was filed with Recorder/
County Clerk of San Diego County on June
29, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00068375-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF
JADE MARIE LOVELESS FOR CHANGE OF
NAME PETITIONER: JADE MARIE LOVE-
LESS HAS FILED FOR AN ORDER TO
CHANGE NAME
FROM: JADE MARIE LOVELESS
TO: JADE MARIE HOWARD
THE COURT ORDERS that all persons
interested in this matter shall appear before
this court (San Diego Superior Court, 250 E.
MAIN ST, EL CAJON, CA 92020, Department
15, 4TH FLOOR on AUGUST 17, 2011 at 8:30
a.m.) to show cause, if any, why the petition
for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection
that includes the reasons for the objection
at least two court days before the matter is
scheduled to be heard and must appear at
the hearing to show cause why the petition
should not be granted. If no written objection
is timely filed, the court may grant the petition
without a hearing.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published in
the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
JUNE 16, 2011.
East County Gazette – GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-018289**
FICTITIOUS BUSINESS NAME(S): a.) Far
From Ya Average b.) F.F.Y.A.
Located at: 7502 Carey Brook Lane, San
Diego, CA 92114
This business is conducted by: Joint Venture
The first day of business was: January 1,
2011
This business is hereby registered by the
following: Bernard Smith 7502 Carey Brook
Lane, San Diego, CA 92114
Kenneth Erwin 9725 Channel Rd. #39,
Lakeside, CA 92040
This statement was filed with Recorder/
County Clerk of San Diego County on June
23, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-014018**
FICTITIOUS BUSINESS NAME(S): Upcycle
Located at: 297 S. Marshall Ave., El Cajon,
CA 92020
This business is conducted by: A
Corporation
The first day of business was: February
01, 2011
This business is hereby registered by the
following: One Earth Recycling, Inc. 297 S.
Marshall Ave., El Cajon, CA 92020
This statement was filed with Recorder/
County Clerk of San Diego County on May
12, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-017657**
FICTITIOUS BUSINESS NAME(S): A&A
Smog Test Only
Located at: 935 W. Main St. #A, El Cajon,
CA 92020
This business is conducted by: Husband
and Wife
The business has not yet started.
This business is hereby registered by the
following: Rania Ghosn 765 N. Pierce St., El
Cajon, CA 92020
Wassim Ghosn 765 N. Pierce St., El Cajon,
CA 92020
This statement was filed with Recorder/
County Clerk of San Diego County on June
16, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-019081**
FICTITIOUS BUSINESS NAME(S): Falcon
Mobile Detailing Service
Located at: 191 N. Mollison Ave., El Cajon,
CA 92021
This business is conducted by: Husband
and Wife
The first day of business was: July 01, 2011
This business is hereby registered by the
following: Donald E. Glover 191 N. Mollison
Ave., El Cajon, CA 92021
Lavoy P. Glover 191 N. Mollison Ave., El
Cajon, CA 92021
This statement was filed with Recorder/County
Clerk of San Diego County on July 05, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-017793**
FICTITIOUS BUSINESS NAME(S):
Confident Labs
Located at: 5850 Bari Ct. Apt. B, La Mesa,
CA 91942
This business is conducted by: An Individual
The first day of business was: June 16,
2011
This business is hereby registered by the
following: Misikir Mentose 5850 Bari Ct. Apt.
B, La Mesa, CA 91942
This statement was filed with Recorder/
County Clerk of San Diego County on June
17, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-019889**
FICTITIOUS BUSINESS NAME(S): East
County Creditor Services
Located at: 2242 Valley Lake Drive, El
Cajon, CA 92020
This business is conducted by: An Individual
The first day of business was: August 1,
2004
This business is hereby registered by the
following: Sue Lane 2242 Valley Lake Drive,
El Cajon, CA 92020
This statement was filed with Recorder/
County Clerk of San Diego County on July
12, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-019943**
FICTITIOUS BUSINESS NAME(S): Babi's
Bakery
Located at: 910 East Washington Ave., El
Cajon, CA 92020
This business is conducted by: An Individual
The first day of business was: July 5, 2011
This business is hereby registered by the
following: Waleed Youkhanna 1039 Long
Shadow Ct., El Cajon, CA 92019
This statement was filed with Recorder/County
Clerk of San Diego County on July 13, 2011.
East County Gazette- GIE030790
7/28, 8/04, 8/11, 8/18, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-020269**
FICTITIOUS BUSINESS NAME(S): The
Baby Deli
Located at: 1321 Broadway, El Cajon,
CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: Shanel Lara Curtis 1509 E. Wash-
ington Ave. Unit 7, El Cajon, CA 92019
This statement was filed with Recorder/County
Clerk of San Diego County on July 15, 2011.
East County Gazette- GIE030790
7/21, 7/28, 8/04, 8/11, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00068850-CU-PT-EC
IN THE MATTER OF THE APPLICATION
OF JUSTIN PATRICK LAGERWEY FOR
CHANGE OF NAME PETITIONER: JUSTIN
PATRICK LAGERWEY HAS FILED FOR AN
ORDER TO CHANGE NAME
FROM: JUSTIN PATRICK LAGERWEY
TO: JUSTIN PATRICK MCCORMICK
THE COURT ORDERS that all persons
interested in this matter shall appear before
this court (San Diego Superior Court, 250 E.
MAIN ST, EL CAJON, CA 92020, Depart-
ment 14, on SEPTEMBER 14, 2011 at 8:30
a.m.) to show cause, if any, why the petition
for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection
that includes the reasons for the objection
at least two court days before the matter is
scheduled to be heard and must appear at
the hearing to show cause why the petition
should not be granted. If no written objection
is timely filed, the court may grant the petition
without a hearing.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published in
the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
JULY 12, 2011.
East County Gazette – GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-019185**
FICTITIOUS BUSINESS NAME(S): Leasing
Unlimited
Located at: 14372 Old Hwy 80, Suite E, El
Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: July 5, 2011
This business is hereby registered by the
following: Bryce Swaim 14372 Old Hwy 80,
Suite E, El Cajon, CA 92021
This statement was filed with Recorder/County
Clerk of San Diego County on July 06, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-017755**
FICTITIOUS BUSINESS NAME(S): a.) House
of Plenty Studio b.) HOP Studio
Located at: 338 W. Lexington #214, El Cajon,
CA 92020
This business is conducted by: An Individual
The first day of business was: June 17, 2011
This business is hereby registered by the
following: Chris Grundy 506 Grape Street, El
Cajon, CA 92021
This statement was filed with Recorder/County
Clerk of San Diego County on June 17, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-021484**
FICTITIOUS BUSINESS NAME(S): Harpy
Global Logistics
Located at: 1451 Brabham St. #101, El
Cajon, CA 92019
This business is conducted by: A Limited
Liability Company
The first day of business was: April 1, 2011
This business is hereby registered by the
following: Del Rincon LLC 1451 Brabham St.
#101, El Cajon, CA 92019
This statement was filed with Recorder/County
Clerk of San Diego County on July 28, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-021087**
FICTITIOUS BUSINESS NAME(S): Heavenly
Hairbows by Heather
Located at: 1686 Hilton Head Ct. Apt. 1307,
El Cajon, CA 92019
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: Heather Redding 1686 Hilton Head
Ct. Apt. 1307, El Cajon, CA 92019
This statement was filed with Recorder/
County Clerk of San Diego County on July
25, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-021267**
FICTITIOUS BUSINESS NAME(S): Twinbros
Tools
Located at: 161 E. Washington Ave., El
Cajon, CA 92020
This business is conducted by: A General
Partnership
The business has not yet started.
This business is hereby registered by the fol-
lowing: Ivan A. Rodriguez 161 E. Washington
Ave., El Cajon, CA 92020
Jorge A. Rodriguez 161 E. Washington Ave.,
El Cajon, CA 92020
This statement was filed with Recorder/County
Clerk of San Diego County on July 27, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**
CASE NO.37-2011-00068316-CU-PT-EC
IN THE MATTER OF THE APPLICATION
OF GLORIA LUPE HARMEN FOR CHANGE
OF NAME PETITIONER: GLORIA LUPE
HARMEN HAS FILED FOR AN ORDER TO
CHANGE NAME
FROM: GLORIA LUPE HARMEN
TO: GLORIA L. CRUZ
THE COURT ORDERS that all persons
interested in this matter shall appear before
this court (San Diego Superior Court, 250
EAST MAIN ST., EL CAJON, CA 92020,
Department 14, on AUGUST 24, 2011 at 8:30
a.m.) to show cause, if any, why the petition
for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection
that includes the reasons for the objection
at least two court days before the matter is
scheduled to be heard and must appear at
the hearing to show cause why the petition
should not be granted. If no written objection
is timely filed, the court may grant the petition
without a hearing.
IT IS FURTHER ORDERED that a copy of
this ORDER TO SHOW CAUSE be published in
the East County Gazette, a newspaper of
general circulation published in this county, at
least once a week for four successive weeks
prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE
CLERK OF THE SUPERIOR COURT ON
JULY 05, 2011.
East County Gazette – GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-020649**
FICTITIOUS BUSINESS NAME(S): a.) Sheri-
dan Way Properties b.) EAMCO
Located at: 25928 E. Old Julian Hwy.,
Ramona, CA 92065
This business is conducted by: A General
Partnership
The first day of business was: Feb. 4, 1986
This business is hereby registered by the
following: Eric Metz 15974 Litten Way, Ra-
mona, CA 92065; Eric A. Metz Family Limited
Partnership 375 N. Stephanie St., Ste 1411
Henderson, NV 89014
This statement was filed with Recorder/County
Clerk of San Diego County on July 20, 2011.
East County Gazette- GIE030790
7/28, 8/04, 8/11, 8/18, 2011

**CALL (619) 444-5774
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**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-021346**
FICTITIOUS BUSINESS NAME(S): Michelle
Elizabeth Fashions
Located at: 4457 Carmen Dr., La Mesa,
CA 91941
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following: Michelle Van Rhyn 4457 Carmen
Dr., La Mesa, CA 91941
This statement was filed with Recorder/
County Clerk of San Diego County on July
27, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-021078**
FICTITIOUS BUSINESS NAME(S): San Diego
Elite Umpires
Located at: 191 N. Mollison Ave. #54, El
Cajon, CA 92021
This business is conducted by: An Individual
The first day of business was: July 25, 2011
This business is hereby registered by the
following:
Ernest E. Walker 191 N. Mollison Ave. #54, El
Cajon, CA 92021
This statement was filed with Recorder/County
Clerk of San Diego County on July 25, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-020963**
FICTITIOUS BUSINESS NAME(S): sd clean oil
Located at: 4440 ½ Menlo Ave., San Diego,
CA 92115
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the
following:
Christopher R. Hernandez 4440 ½ Menlo Ave.,
San Diego, CA 92115
This statement was filed with Recorder/County
Clerk of San Diego County on July 22, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-021601**
FICTITIOUS BUSINESS NAME(S): Un-
disputed
Located at: 117 E. Main St., El Cajon, CA
92020
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the fol-
lowing: Exodus Undisputed Inc. 117 E. Main
St., El Cajon, CA 92020
This statement was filed with Recorder/County
Clerk of San Diego County on July 29, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-017759**
FICTITIOUS BUSINESS NAME(S): Solo-
cosmo Art
Located at: 506 Grape Street, El Cajon,
CA 92021
This business is conducted by: An Individual
The first day of business was: January 01,
2011
This business is hereby registered by the
following: Jessica Grundy 506 Grape Street,
El Cajon, CA 92021
This statement was filed with Recorder/County
Clerk of San Diego County on June 17, 2011.
East County Gazette- GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2011-020649**
FICTITIOUS BUSINESS NAME(S): a.) Sheri-
dan Way Properties b.) EAMCO
Located at: 25928 E. Old Julian Hwy.,
Ramona, CA 92065
This business is conducted by: A General
Partnership
The first day of business was: Feb. 4, 1986
This business is hereby registered by the
following: Eric Metz 15974 Litten Way, Ra-
mona, CA 92065; Eric A. Metz Family Limited
Partnership 375 N. Stephanie St., Ste 1411
Henderson, NV 89014
This statement was filed with Recorder/County
Clerk of San Diego County on July 20, 2011.
East County Gazette- GIE030790
7/28, 8/04, 8/11, 8/18, 2011

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Visa/MasterCard # _____ Exp. Date _____

Name: _____ Address: _____

City _____ Zip _____

_____ one year _____ two years

— LEGAL NOTICES —

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIEANNE FRANCIS DUGGER CASE NUMBER: 37-2010-00152287-PR-LA-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of MARIEANNE FRANCIS DUGGER, MARIEANNE FRANCIS SCHIRMER, MARIEANNE FRANCIS MOLINAR, A PETITION FOR PROBATE has been filed by EUGENE DUGGER JR. in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that EUGENE DUGGER JR be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: SEPTEMBER 15, 2011 AT 1:30 P.M. IN DEPT. PC-2 LOCATED AT 1409 FOURTH AVE., SAN DIEGO, CA 92101 MADGE BRADLEY. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date notified above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: EUGENE DUGGER JR. 1066 ALVEDA AVE., EL CAJON, CA 92019 (619) 444-0697

EAST COUNTY GAZETTE –GIE030790
July 28, Aug. 4, 11, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2011-00068948-CU-PT-EC IN THE MATTER OF THE APPLICATION OF TAMMARA NICOLE TUKLOFF FOR CHANGE OF NAME PETITIONER: TAMMARA NICOLE TUKLOFF HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: TAMMARA NICOLE TUKLOFF TO: TAMMARA NICOLE BOKMULLER THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST, EL CAJON, CA 92020, Department 14, 4TH FLOOR on SEPTEMBER 21, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 19, 2011.

East County Gazette – GIE030790
7/28, 8/04, 8/11, 8/18, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020686
FICTITIOUS BUSINESS NAME(S): P.Q. Health Solutions
Located at: 9888 Carmel Mountain Road, #G, San Diego, CA 92129
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: La Zheng 706 Cliff Dr., Laguna Beach, CA 92651
This statement was filed with Recorder/County Clerk of San Diego County on July 20, 2011.
East County Gazette- GIE030790
7/28, 8/04, 8/11, 8/18, 2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2011-00068910-CU-PT-EC IN THE MATTER OF THE APPLICATION OF MICHAEL JACOB HEISER FOR CHANGE OF NAME PETITIONER: MICHAEL JACOB HEISER HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: MICHAEL JACOB HEISER TO: MICHAEL JACOB HITCHRICK THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST, EL CAJON, CA 92020, Department 14, 4TH FLOOR on SEPTEMBER 21, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 18, 2011.

East County Gazette – GIE030790
7/28, 8/04, 8/11, 8/18, 2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2011-00094587-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF PHUONG THI NGOC NGUYEN FOR CHANGE OF NAME PETITIONER: PHUONG THI NGOC NGUYEN HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: PHUONG THI NGOC NGUYEN TO: VICKY PHUONG HOANG THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 W. BROADWAY, SAN DIEGO, CA 92101, Department 8 on AUGUST 30, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 18, 2011.

East County Gazette – GIE030790
7/28, 8/04, 8/11, 8/18, 2011

Notice of sale of Abandoned Property
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code
Ace Your Storage Place
Located at:
573 Raleigh Avenue El Cajon, CA 92020 (619)440-7867
Will sell, by competitive bidding, on August 10th 2011 at 8:30 AM or after. The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:
G002 Dennis Lawrence
H045 Roger Johnson
A014 Stephan Johnson
A010 Jose Arveola
D026 Stephan Johnson
H060 Karen Handley
H062 Leah Howell
F014 Mark Ritayik

William k Ritch
West coast auctions
State license bla 6401382
760-724-0423
East County Gazette GIE030790 July 28, Aug. 4, 2011

NOTICE OF TRUSTEE'S SALE TS #: CA-09-314861-AL Order #: 209079 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/24/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **STEPHEN C. GIESING, A SINGLE MAN.** Recorded: **8/29/2006** as Instrument No. **2006-0616840** in book **XXX**, page **XXX** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **8/25/2011 at 10:00:00 AM** Place of Sale: **At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA** Amount of unpaid balance and other charges: **\$419,213.40** The purported property address is: **342 NORTH WESTWIND DRIVE EL CAJON, CA 92020** Assessor's Parcel No. **486-160-16** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **AuroraBank, FSB 10350 Park Meadows Dr. Littleton CO 80124** Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgageor, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: www.priorityposting.com Reinstatement Line: 619-645-7711** Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0008828 8/4/2011 8/11/2011 8/18/2011

T.S.No.: 2010-07934 Loan No.: 705792281
NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/3/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: **MICHAEL MENDOZA AVINION, A SINGLE MAN** Duly Appointed Trustee: Western Progressive, LLC Recorded 5/15/2006 as Instrument No. 2006-0342679 in book ---, page --- and rerecorded on --- of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 8/24/2011 at 10:00 AM Place of Sale: Daily at the side entrance to the County Courthouse 220 West Broadway San Diego, CA Amount of unpaid balance and other charges: \$343,101.66 Street Address or other common designation of real property: 1136 Via Loma Vista, El Cajon, CA 92019, A.P.N.: 507-370-44-30

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: The beneficiary or servicing agent declares that it has obtained from the Commissioner of Corporation a final or temporary order of exemption pursuant to California Civil Code Section 2923.53 that is current and valid on the date the Notice of Sale is filed and/or the timeframe for giving Notice of Sale Specified in subdivision (s) of California Civil Code Section 2923.52 applies and has been provided or the loan is exempt from the requirements.

Date: 7/22/2011 Western Progressive, LLC, as Trustee c/o 18377 Beach Blvd., Suite 210 Huntington Beach, California 92648 Automated Sale Information Line: (866) 960-8299 <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> For Non-Automated Sale Information, call: (866) 240-3530 Robin L. Schwab, Trustee Sale Assistant East County Gazette GIE030790 Aug. 4, 11, 18, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019431

FICTITIOUS BUSINESS NAME(S): McNelis Realty
Located at: 10836 Stoney Creek Ct., Santee, CA 92071
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Rob McNelis 10836 Stoney Creek Ct., Santee, CA 92071
This statement was filed with Recorder/County Clerk of San Diego County on July 07, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

TO PLACE YOUR LEGAL AD CALL (619) 444-5774

CASE NUMBER 37-2011-00068239-CL-CL-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO);Barry Pettitt, an Individual; and DOES 1-10, inclusive. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE); Daniel Yauger, an individual. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contact-ing your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 250 E. Main St., El Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Law Offices of Daniel Yauger, Daniel Yauger, Esq., In Pro Per 3170 Fourth Ave., 3rd Floor, San Diego, CA 92103, (619) 296-1600. Date: (Fecha) June 08, 2011. Clerk (Secretario) By: R. Palou, Deputy Clerk (Adjunto) East County Gazette GIE030790 Aug. 4, 11, 18, 25, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019929

FICTITIOUS BUSINESS NAME(S): Ray's Plumbing
Located at: 14667 Sunrise Canyon Rd., Poway, CA 92064
This business is conducted by: An Individual
The first day of business was: July 1, 1998
This business is hereby registered by the following: Gary Edwin Stout 14667 Sunrise Canyon Rd., Poway, CA 92064
This statement was filed with Recorder/County Clerk of San Diego County on July 13, 2011.
East County Gazette- GIE030790
7/28, 8/04, 8/11, 8/18, 2011

Trustee Sale No. 11257 Loan No. DELAO Title Order No. 377996 APN 483-340-48-22 TRA No. 03188 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/15/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 8/11/2011 at 10:00 AM, ACTION FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 09/23/2008 as document No. 2008--504046 of official records in the Office of the Recorder of San Diego County, California, executed by: JAVIER G. DELAO, AN UNMARRIED MAN, as Trustor, 523 GRAVES, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF. EXHIBIT A A Condominium Comprised of: Parcel 1: An undivided one-twenty-fourth (1/24th) interest as tenants in common in and to the following described real property: Lot 1 of Marivillas, in the City of El Cajon, County of San Diego, State of California, according to map thereof No. 10708 filed in the Office of the County Recorder of San Diego County Recorder of San Diego County, August 23, 1983. Except therefrom the following: (A) All living units shown upon 523 Graves Condominium Plan recorded May 25, 2006 as File No. 2006-0370500, in the Official Records, San Diego County, California ("Condominium Plan") (B) The exclusive right to possession of those designated areas as exclusive use common area parking space, carport and yard area as shown upon the Condominium Plan referred to hereinabove and which are conveyed by Grantor to the purchaser of any living unit. Parcel 2: Living Unit LU-214 as shown on the Condominium Plan referred to hereinabove. Parcel 3: The exclusive right to the use, possession and occupancy of those portions of the real property referred to in Parcel 1 above, designated as exclusive use common area yard area, if applicable, as appurtenant to Parcels 1 and 2 above described and bearing the same number designated as the living unit referred to in Parcel 2 above. Parcel 4: The exclusive right to the use, possession and occupancy of those portions of the real property referred to in the Parcel 1 above, designated as exclusive use common area parking space PS/NA, as appurtenant to Parcels 1 and 2 above described. Parcel 5: The exclusive right to the use, possession and occupancy of those portions of the real property referred to in the Parcel 1 above, described as exclusive use common area Carport CP-59, as appurtenant to Parcels 1 and 2 above described. APN: 483-340-48-22 The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 523 GRAVES AVENUE, UNIT 214, El Cajon, CA 92020. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$185,238.84 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 7/11/2011 ACTION FORECLCLOSURE SERVICES, INC. 3033 FIFTH AVENUE SUITE 235 SAN DIEGO, CA 92103 (619) 704-1090 AUTOMATED SALES LINE (714) 573-1965 www.priorityposting.com MIAMI OVANESSOFF, TRUSTEE SALE OFFICER P857495 7/21, 7/28, 08/04/2011

— LEGAL NOTICES —

Notice of sale of Abandoned Property
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code
Ace Your Storage Place
Located at: 9672 Winter Gardens Blvd
Lakeside, CA 92040 (619) 443-9779
Will sell, by competitive bidding, on August 10 2011 at 8:00 AM or after .The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

Monica Larios	AU048
Vannita M Wolf	B0004
Kerri M Rowe	BU001
Kevin Meadows	C0011
Laura M.Vikara	C0083
Manuel Amador	CU005
Henry (Paul)Palacios	CU117
Sam A.Obquist	CU119
Linsey Bollinger	DU049
IRVING MCFARLIN	DU076
Kelli Atchison	DU092
Jaqueline Figueroa	PARK2
William k Ritch	

West coast auctions State license bla 6401382
760-724-0423
East County Gazette GIE030790
July 28, Aug. 4, 2011

FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020932
FICTITIOUS BUSINESS NAME(S): The RAND Group
Located at: 1494 Union St., Ste. 405, San Diego, CA 92101
This business is conducted by: A Limited Liability Company
The first day of business was; July 15, 2011
This business is hereby registered by the following:
Project RAND LLC 1494 Union St., Ste. 405, San Diego, CA 92101
This statement was filed with Recorder/County Clerk of San Diego County on July 22, 2011.
East County Gazette- GIE030790
8/04, 8/11, 8/18, 8/25, 2011

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2011-00093726-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF VERONICA WILSON ON BEHALF OF MINOR ALEXANDRIA ELIZABETH MARIA KARAOUI FOR CHANGE OF NAME PETITIONER: VERONICA WILSON ON BEHALF OF MINOR ALEXANDRIA ELIZABETH MARIA KARAOUI HAS FILED FOR AN ORDER TO CHANGE NAME FROM: ALEXANDRIA ELIZABETH MARIA KARAOUI

TO: KATT ANA VERO ISABELLE WILSON THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 330 WEST BROADWAY, SAN DIEGO, CA 92112, Department 14, on AUGUST 11, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 29, 2011.

East County Gazette – GIE030790
7/14, 7/21, 7/28, 8/04, 2011

**TO PLACE
YOUR AD CALL
(619)444-5774**

CASE NUMBER 37-2011-00066347-CU-OR-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO):MONTE PROULX, an individual; BANK OF AMERICA, N.A.; ALL PERSONS UNKNOWN CLAIMING ANY INTEREST IN THE PROPERTY; and DOES 1 through 10, inclusive.. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): MORNING WATERS, an individual. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contact-ing your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 250 E. Main St., EL Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Joseph Howell (Bar#140710), Law Offices of Joseph A. Howell, 7855 Ivanhoe Avenue, Suite 408, La Jolla, CA 92037 (858) 459-2603, Fax (858) 459-1005. Date: (Fecha) February 22, 2011. Clerk (Secretario) By: T. DETTLOFF, Deputy Clerk (Adjunto) East County Gazette GIE030790 Aug. 4, 11, 18, 25, 2011

CASE NUMBER 37-2011-00065973-CU-PA-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): Veronica Carey, and DOES 1 to 25. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): Ashley Simas. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contact-ing your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 250 E. Main St., EL Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Joseph Howell (Bar#140710), Law Offices of Joseph A. Howell, 7855 Ivanhoe Avenue, Suite 408, La Jolla, CA 92037 (858) 459-2603, Fax (858) 459-1005. Date: (Fecha) February 22, 2011. Clerk (Secretario) By: G. Miller, Deputy Clerk (Adjunto) East County Gazette GIE030790 July 21, 28, Aug. 4, 11, 2011

CASE NUMBER 37-2011-00065973-CU-PA-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO):Antonio Hernandez, and DOES 1 to 25. YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): Ashley Simas. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contact-ing your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 250 E. Main St., EL Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Joseph Howell (Bar#140710), Law Offices of Joseph A. Howell, 7855 Ivanhoe Avenue, Suite 408, La Jolla, CA 92037 (858) 459-2603, Fax (858) 459-1005. Date: (Fecha) February 22, 2011. Clerk (Secretario) By: G. Miller, Deputy Clerk (Adjunto) East County Gazette GIE030790 July 21, 28, Aug. 4, 11, 2011

NOTICE OF TRUSTEE'S SALE TS #: CA-11-435899-AB Order #: 5272085 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/28/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **KAREN C. TURNER, AN UNMARRIED WOMAN** Recorded: 2/5/2008 as Instrument No. 2008-0055957 in book xxx , page xxx of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: 8/19/2011 at 9:00am PST Place of Sale: **At the SHERATON San Diego HOTEL & MARINA, 1380 Harbor Island Drive, San Diego, CA 92101 in the Nautilus Ballroom** Amount of unpaid balance and other charges: **\$443,364.51** The purported property address is: **1296 HARDIN DR EL CAJON, CA 92020** Assessor's Parcel No. **492-393-13-00** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **Nationstar Mortgage LLC 350 Highland Drive Lewisville TX 75067**. Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has not obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55 . **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee, or the Mortgagee's Attorney. Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2891 or Login to: www.auction.com Reinstatement Line: 619-645-7711** Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is inten ded to exercise the note holders rights' against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0006927 7/21/2011 7/28/2011 8/4/2011

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PRELIMINARY AGENDA/PUBLIC NOTICE
NOTE MEETING PLACE!

- DATE: 7 pm, August 8, 2011
- PLACE: Dehesa School, 4612 Dehesa Road, El Cajon
1. **Call to order/Pledge of Allegiance/Roll call/Approval** of June 3, 2011 meetings minutes, Expense Reimbursement requests.
 2. **Announcements.**
 3. **Open forum followed by Group Forum:** An opportunity for members of the public/Planning Group to speak on items within the jurisdiction of the Planning Group but not on the agenda. Time limit 3 minutes; no discussion, no vote
 4. **Committee Reports:**
(a) General Plan Update Report (Vandover)
 5. **Private project proposal:**
(a) None
 6. **Public Project Proposal**
(a) Single Family Residential Design Guideline Draft (Vandover)
 7. **Unfinished Business**
(a) Discussion and action on the preservation of the Stone Monument at La Cresta Road and Park Drive near the community building.
 8. **New Business**
(a) Discussion of vacant seat #14 in Granite Hills Adjournment

Planning Group Members:			
Crest:	1. Judy Bowen	2. Pat Ulm	3. Ralph Slagill
Dehesa:	5. Lorraine Walls	6. Herb Krickhahn	7. Wally Riggs
Harbison Canyon	9. Mary Manning	10. Jack Vandover	11. Jason Harris
Granite Hills	13. Phil Hertel	14. Vacant	15. Mark Gabler
			12. Jeff Myrick

Final agenda will be posted at the Dehesa School 72 hours prior to meeting.

Chairman	Vice-chairman
Wally Riggs	Jason Harris
(619) 442-4612	(619) 659-9675
wrplanning@aol.com	harris@nautilus.com

What Belongings
Would You Need?

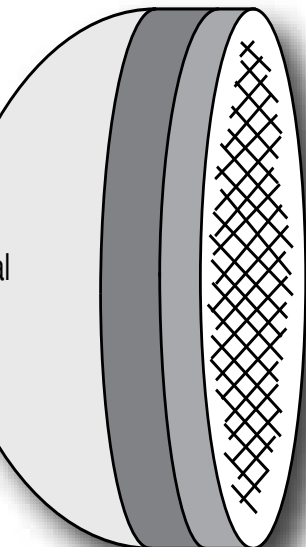
When you travel away for a long weekend you need to think about what you need to bring. Match the things in the first column with items you would need in the second column:

Ugggh!
Heavy!
I need
to find
my book.



For:

- | | |
|---------------------|-------------------|
| 1. sleeping | A. umbrella |
| 2. rain | B. sleeping bag |
| 3. directions | C. First Aid kit |
| 4. comfort | D. cooler |
| 5. boating | E. stuffed animal |
| 6. small cuts | F. radio |
| 7. seeing | G. flashlight |
| 8. news and weather | H. life vests |
| 9. drinks | I. books |
| 10. reading fun | J. maps |



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2011 Chevy Camaro SS



2011 Chevy Camaro SS. Photo credit: Dave Stall

by Dave Stall

As a big time Chevy fan, but not all that fond of convertibles, I was hesitant in testing one. I'm so glad I did. Most press events are jam packed with information I have to understand in one to two days. At the launch of the SS convertible I had the Camaro convertible for a week, and I loved it.

Although Rally Yellow is not my color choice it fits the Ca-

maro and from front to back it had an appealing look. There's dual exhaust with chrome tips, a rear spoiler, heated outside power mirrors, Halogen headlights, daytime running lights, fog lamps, and ultrasonic rear park assist. I prefer a back up camera, but the ultrasound worked just fine.

This Camaro has a 6.2-liter V8 engine that produces 400 horsepower. Choose the six-speed manual transmission and horsepower jumps to 426. The

car averages 16 MPG in the city and 25 on the open road. My tester came with an optional six-speed electronically controlled automatic transmission with tap shift and remote start, position traction rear wheel drive. The SS package comes with 20 by 8 inch front wheels and 20 by 9 inch in the rear.

The interior is well done with a lot of retro features like a gauge package in the center console with climate and audio controls that reflect the 1953-54 Chevy Bel Air. The top is electric – twist a center latch, push the down button and the sun comes roaring in.



Top down on the Chevy Camaro SS. Photo credit: Dave Stall

The black top tonneau cover from the trunk easily snaps into place, looks terrific and stays in place with no wind getting under it like one of Camaro's competitors.

The steering controls help in daily driving but take a little getting used to as they are small and mounted in an awkward position on the steering wheel. I never did figure out how to turn on the fog lights.

So how did it drive? I drove the V6 and V8 Camaro's, and really liked the performance of the V6 with 300 horsepower. Yet I also liked the 400 horse



A back view of the 2011 Chevy Camaro SS. Photo credit: Dave Stall

V8. Looks like I need two Camaros!

The price for the V6 convertible starts at \$29,275. My tester started at \$39,650 and went out the door (minus tax and license) for \$43,780. Drivers who like running around with the top down should test both the stick and the automatic, and the V6 versus the V8.

I put a lot of miles on this Camaro most of it with the top down. My lovely wife bought

me a nice little driving cap, and off we went. I feel driving a convertible with the top down at night is the best way to go.

Check out www.chevrolet.com to see all the specifications and features available to custom build a Camaro, find out cost and maybe even order it all from home.

Listen to the You Auto Know Show on KCBQ for everything automotive, Sunday evenings, 7 p.m., KCBQ AM 1170.

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Best of Show - Richard Torres, 1937 Ford

I Believe in Downtown
ELCAJON!
Cajon Classic Cruise Trophy Winners - July 21, 2011



Bike - Harley Davidson, Charles Baker



Ford - Bonnie Smith



Pete - 1958 Chevy Bel Air



1968 Chevelle - Peter Ortman



S&S - Ted Shilts, 1956 Ford



Fred Everson - Chevelle



Mike Ghorring - 1932 Ford



Andrew & Mary Ingrassia - 1951 Chevy Bel Air Deluxe



1965 Chevy Cobra - Tim Crain

The Gazette has been receiving calls about the photos for the Cajon Classic Cruise. We are putting them in the paper each week as we receive them from the CDC. The CDC had missing photographers and also went through a move and the photos got behind for print. We regret the delay, but every winner's photo that is received by the Gazette will be printed.

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