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JULY 28 -  
AUGUST 3, 2011



Meet Cuddles and her friends on page 27

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### Unlikely friends



What can we learn from our pets and wildlife.  
See page 27 .

### What's new in Theaters?

Ready to go to the movie theatre but not sure what to see?  
Check out the review on

'Captain America: The First Avenger'  
by Diana Saenger  
on page 14



### Teams head on to State & National



Many local teams are moving up to State and National Championships. See page 24 for more.

# Youth team heads to National Jr. Olympics



Members of the San Diego Cheetahs Youth Track and Field team are heading to the National Jr. Olympics being held in New Orleans. Two of the team-members, sister and brother Carlita and Willie Coleman, are residents of Alpine. Willie Coleman III and Carlita Coleman are team record holders in several categories in their club. Pictured above: San Diego Youth Track and Field team, Willie Coleman III is pictured front row second from right. Sister Carlita Coleman is pictured front row fourth from right. Congratulations team. See story on page 2. Photo credit: Kathy Foster

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# Local News & Events

## Alpine brother and sister heading to National Junior Olympics

by Diana Saenger

The Coleman household in Alpine is particularly busy this time of year. That's because their children, Willie and Carlita, are preparing to participate in Amateur Athletic Union (AAU) National Junior Olympics in New Orleans. Willie Coleman III and Carlita Coleman are team record holders in several categories in their club San Diego Cheetahs Youth Track and Field.

Shelly Coleman said her children showed signs of wanting to be physically active at an early age. "When we lived in Chicago, Willie was just a toddler and when we'd go for a walk, he'd just take off running. He's never stopped. In kindergarten he saw some track events on TV and cried, insisting he wanted to run track."

Willie Coleman III, 9, is the current team record holder in the 800m run; fourth in the United States in the 800m run; 32nd in the United States in the 400m run and 24th in the 500m in his division.

Carlita, her mother said, was a little slower to pick up the sports bug. "While Willie always wanted to run, or exercise and never had to be coached, Carlita at first preferred to stay behind,

but eventually she saw the benefits Willie was having and started to run as well."

Carlita Coleman, 8, is the current team record holder in the shot put and 106th in United States in the 400m run.

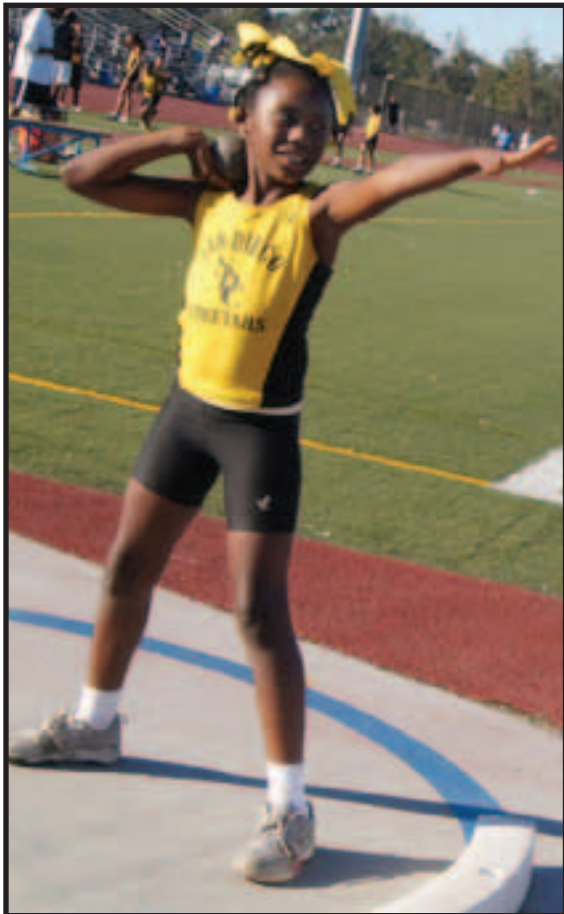
It was after Willie Jr. and Shelly Coleman moved to Alpine in 2009 that their children got serious about competition. After joining the Cheetah Youth Track, the household began to function on the kids' schedules.

"We're always doing something and their competitions and training is a family affair," Shelly Coleman said. "There are snacks to prepare, practices to go to several times a week and constant competitions."

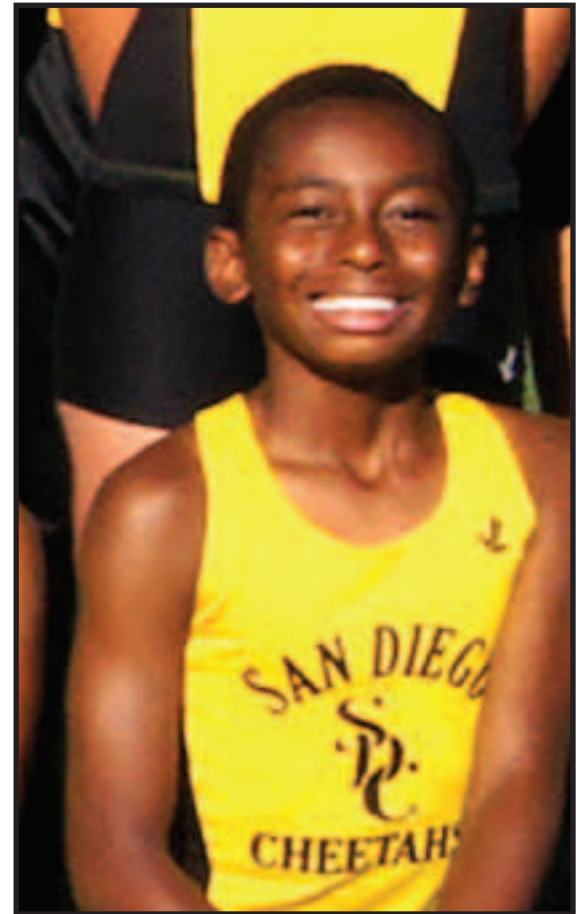
Both brother and sister attend Boulder Oaks Elementary School and excel in reading and writing. One of the benefits to the kids' sports activities is improved focus on their studies.

"There are many benefits we see," Shelly Coleman said. "For Willie we notice a calming peace and happiness when he's running. We've seen changes in more positive attitudes and an encouragement to want to

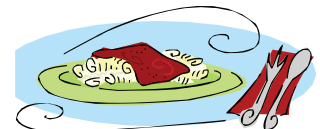
See OLYMPICS page 6



Carlita Coleman gets ready to launch a shot put.  
Photo Credit: Kathy Foster



Willie Coleman III on track. Photo Credit: Kathy Foster



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## — LOCAL NEWS &amp; EVENTS —

# Lakeside Roundup of events



**Outgoing Chamber President James Fread receives a Proclamation from Supervisor Dianne Jacob. Photo credit: Patt Bixby**

**by Patt Bixby**  
The July 14 Lakeside Chamber of Commerce Board of Directors Installation and Awards Ceremony drew a record attendance at Willowbrook Golf Course and Grill on Riverside Ave. First Vice President Neil Rodvold welcomed everyone before Ralf Goodrich of Harvest Christian Fellowship delivered the invocation. The National Anthem was sung by Teen Princess 2011 Paige Lott and Miss Lakeside 2011 Tori Riingen presented the flag salute. Introduction of Dignitary representatives present

included "Mac" McWilliams from Congressman Duncan Hunter's office, Eddie Sprecco from Senator Joel Anderson's office and Gail Ramer from Assemblyman Brian Jones.

Outgoing President James Fread introduced the 2011 recipient of the Harry J. Spence, Lakeside Citizen of the Year award Dr. Stephen Halfaker, who is the past Superintendent of the Lakeside Union School District. Halfaker told the audience how much he enjoyed being a part of the community of Lakeside as its Superintendent. He said as Superintendent he was invited

to Chamber mixers and at first would say "oh a Chamber mixer," but as he watched the mixers grow over the next seven years he changed his tone to say, "OH! A Chamber mixer!" Halfaker thanked the Chamber for this very special acknowledgement.

## The following awards were presented:

Harry J. Spence Citizen of the Year 2011-Dr. Stephen Halfaker

Rick Smith Memorial Award 2011 "Commitment to Community" -Rick Smith (Post Humorously)

Volunteer of the Year 2011-Terry Burke-Eiserling

Board Member of the year 2011- Jerry Mosier

Ambassadors of the Year 2011- Pam & Jim Ourand

Chamber Member of the Year 2011- The Yogurt Barn

Chamber Member of the Year 2011- Eastbound Bar & Grill

Community Leadership/ Organization Award 2011- El Capitan stadium Association

Sponsor of the Year 2011-Barona Band of Mission Indians

**Sponsor of the Year 2011- Daily Disposal, Inc.**

San Diego County Supervisor 2<sup>nd</sup> district Dianne Jacob officiated the swearing in of the 2012 Board of Directors. Jacob congratulated the Lakeside Chamber of Commerce for the fine job they are doing. Jacob told the audience she has been watching the Lakeside Chamber of Commerce as it has grown over the past few years and is impressed with how far they have come.

## Outgoing Directors

Jean Stanzick July 2005-June 2011

Terry Leimbach July 2005-June 2011

Todd Williams July 2005-

June 2011

Mike Anderson July 2005-June 2011

## Outgoing President

James Fread-President-July 2010-June 2011

Outgoing President James Fread passed the gavel to 2012 President Bobbi Buttengbach. She told the audience to please call her Bobbi, then explained how she came to the Chamber a few years in the past as a representative of Partners Therapeutic Horsemanship and got hooked on community service. Buttengbach told everyone she is proud to be a member of the Lakeside community. As the new Chamber President, she is ready to pick up the reins. "Let's ride along together," she said.

The Lakeside Chamber of Commerce installation and Awards Ceremony was sponsored by SDG&E.

## Mobile office

Assemblyman Brian Jones will visit Lakeside with his mobile office on July 30 at Cups and Cones, 9930 Maine Ave. from 10 a.m. to 1 p.m. Representatives will be there to pass out information and take casework information from constituents who have issues with state agencies.

## Dates to Remember

**July 30-** Assemblyman Brian Jones- mobile office, 9930 Maine Ave. 10 a.m. to 1 p.m.

**Aug. 3-** Planning Group, 7 p.m. Lakeside Community Center

**Aug. 10-** Design review, 7 p.m. at Lakeside community Center

**Aug. 18-** Lakeside Chamber Mixer East County Feed, 10845 Woodside Ave., 6 to 7:30 p.m.

The Chamber is located 9924 Vine Street, Lakeside. For more information visit [chamber@lakesideca.com](mailto:chamber@lakesideca.com) or call (619) 561-1031.

## These rocks are a stone's throw away Black Tourmaline — deflect negativity

**by Sharon Denny**  
Angel/Tarot Reader and Yoga Instructor

**T**his week's crystal study is Black Tourmaline. Another name for black tourmaline is Schorl which is an old German mining term. The word tourmaline derives from the Sinhalese word "turmeli" which means "multi-colored" and hence, there is a variety of tourmaline crystals of different colors, such as pink, watermelon (pink and green), green and blue.



Black Tourmaline is particularly interesting though, because it is pyroelectric; that is when it is rubbed or heated, a positive charge develops on one end and a negative charge on the other end. This makes it invaluable around electromagnetic fields created by computers, electronics, cell phones, etc. We all have felt the negative effects of sitting in front of a computer or TV for extended periods of time. Black Tourmaline sitting on your desk, night stand or coffee table will protect and deflect the negativity created by electronics. It is also useful for those exposed to radiation.

But that's just the physical. What about the metaphysical...the subtle energy around your own body created by negative people, environments or situations? And what about the negativity within? No one is balanced physically, mentally, spiritually all the time. We all find ourselves out of balance, out of sorts...just not feeling 100 percent. We really don't know who may be sending us "mental daggers," inappropriate thought patterns, obsessions, projections, judgments, etc. Maybe we're sending mental "gunk" to ourselves rooted in the past.

Once again, this is where the healing properties of Black Tourmaline come in. This stone is known for its strong balancing qualities and it aids the endocrine, immune and autonomic nervous systems helping your body towards homeostasis — the state where your body is working perfectly and everything is in balance. How cool is that! It also helps to create equilibrium in other areas of our lives, such as between work and play, physical and spiritual, ease and pain.

Black Tourmaline is associated with the root or base chakra (the energy center situated at the base of the spine). This chakra is associated with food, clothing, shelter, family; that is, your roots, your base; therefore, it is a grounding stone. Black tourmaline is useful after meditation or a massage as well. It helps to ground you if you feel "spacey" or "blissed out" after these healing modalities.

So, if you are feeling like you are under "psychic attack" or maybe just too much "in the head," try a piece of black tourmaline. It is the stone for dispelling negativity and bringing in positivity. It is your wall of protection.

Don't take my word for it! Try a piece on for size and see what happens...but, of course, to do that you will have to stop in at Home and Soul and let Teri, the owner, help you find just the perfect piece for you. You may like it so much you may want a larger display piece for your living room or maybe you'll like to wear it as a necklace, bracelet or ring. At the very least, you'll want to try a loose piece for your pocket...and then check out our great one hour \$59 massage special this week. I'm pretty sure you will leave feeling balanced, peaceful, grounded and thoroughly cleared of negativity!

Home and Soul is located at 229 Main Street in El Cajon. Call (619) 440.4504 to set up an appointment for a number of wonderful services, such as Reiki, massage, acupuncture or a psychic reading.

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## — LOCAL NEWS &amp; EVENTS —

# El Cajon highlights —

by **Monica Zech,**  
City of El Cajon Public  
Information Officer

## Dance Camp 2011

Spend your summer at Dance Camp! The City of El Cajon Recreation Department is offering their annual Dance Camp from August 1 - 5, from 9 a.m. to 3 p.m. at Kennedy Recreation Center, located at 1675 East Madison Avenue. Ages 7-15 are welcome and NO dance experience is required. Camp fee includes daily instruction in jazz, tap, ballet, and hip hop; as well as swimming, guest performances, crafts and more. Don't miss out...register today! The fee is \$100; resident discount is \$85, for course #18326. For more information, log onto [www.elcajonrec.org](http://www.elcajonrec.org), or call (619) 441-1516.

## Country music at Concerts On The Green this Friday

This Friday, July 29, enjoy country music with the "North County Cowboys" at Concerts on the Green! The concert is from 6 to 8 p.m. at the Prescott Promenade, located at 201 E. Main Street in downtown El Cajon. These "free" concerts are presented by the El Cajon Community Development Corporation and the downtown business district, and sponsored by Sycuan Casino and Taylor Guitars. Bring your family and friends for an evening of music and dine at one of the many wonderful restaurants surrounding the

Prescott Promenade; or pack a picnic and sit back, relax and enjoy the show! For more information, call the El Cajon CDC at (619) 401-8858, or visit them online at [www.downtownelcajon.com](http://www.downtownelcajon.com).

## The Next Cajon Classic Cruise to feature National Night Out

Take a stand against crime on Wednesday, Aug. 3, at the next Cajon Classic Cruise in observance of National Night Out! There will be numerous safety displays and classic cars from 5 to 8 p.m. in Downtown El Cajon. This free event is located at the Prescott Promenade, 201 East Main Street, east of Magnolia Avenue. Bring the whole family and enjoy great classic motorcycles and cars, a variety of restaurants, street vendors, special raffles, and live entertainment, with awards for the top cars! The El Cajon Community Development Corporation (CDC) has extended the Cajon Classic Cruise car show schedule this year through October 26th. For more information, call the El Cajon CDC at (619) 401-8858, or visit them online at [www.downtownelcajon.com](http://www.downtownelcajon.com).

## Fashion & fun at the next Haute With Heart Fashion Show

Tickets are still available for the 34th annual Haute With Heart Fashion Show, benefiting St. Madeleine Sophie's Center in El Cajon. This special

event is scheduled for Saturday, Aug. 20, from 10 a.m. to 2 p.m., at the Sheraton San Diego Hotel & Marina, 1380 Harbor Island Drive in San Diego. This year's theme is "Big Dreams, Blue Skies!" In addition to the fashion show, this event will feature a boutique area, vendors, auctions, opportunity drawing prizes, and music and dance performances from St. Madeleine Sophie's Center's students. All net proceeds from the event will make a difference in the lives of nearly 400 developmentally disabled adults within the San Diego region. For more information or tickets, call (619) 442-5129, ext. 115.

\*St. Madeleine Sophie's Center can be supported by shopping at the Brighton store at El Cajon's Westfield Parkway. From now until July 31, trade in your old handbag toward the purchase of a registered Brighton Handbag and receive a \$25 to \$50 bonus. Call (619) 440-4500 for more details.

## Stoney's Kids Birthday Party

Stoney's Kids is celebrating the 20th Anniversary of a "Birthday Celebration and Fundraiser Like No Other!" Join us to support East County youth on Thursday, Aug. 25, at 5:30 p.m. on the lawn at Sycuan Resort. Founder Stoney Stone created Stoney's Kids as a "culture of generosity, where it's all about the kids!" This all-volunteer, non-profit organization has raised over \$650,000 since 1991 to fund

programs such as after school youth sports, scholarships for 6th grade camp, recreation, dance, gymnastics, arts, swim classes, toy drives, juvenile diversion, health and wellness, music and imagination destination. Over 98 percent of donated funds go directly to these youth programs, which help build important life skills and allow kids the opportunity to accomplish their dreams. Find a way to participate and make this annual community event your charity of choice. The nominal \$25 event entry fee for the party and fundraiser includes a fantastic dinner. There will also be great raffle prizes and auction items. Cash, checks or credit cards are all gladly accepted. See you on Aug. 25! For more information go to [www.stoneyskids.org](http://www.stoneyskids.org), or call (619) 204-8245.

## Qualified first-time homebuyers

If you would like to stop renting and own your first home, the City of El Cajon may be able to help you fulfill that dream with their newest housing development: Birchwood Lane, a Weiland Development project. The Redevelopment Agency is seeking qualified families to purchase one of 26 brand new single-family homes in the Birchwood Lane Project. These beautifully designed homes are located on Birchwood Lane off Ballantyne, just south of Broadway in El Cajon near shopping and the freeway. The first phase of this

project was completed in January 2011 and sold by March. Phase two is now ready for first-time homebuyers to apply and qualify for closing in July and August, with subsequent phases to follow. All units will be affordable to low- and moderate-income "first-time" homebuyers. Substantial first-time homebuyer assistance will be available. A family of four may earn up to \$89,900 and still qualify to purchase one of these homes. Please contact Maureen Judish at Re/Max Pacific (619) 857-6991, or call the City of El Cajon Redevelopment Division at (619) 441-1710 for more information.

The Redevelopment and Housing Division administers several housing programs including First-Time Homebuyer Loans, and Mobile Home and Single-Family Rehabilitation Loans. To obtain more information visit the City website at: [www.cityofelcajon.us](http://www.cityofelcajon.us) and follow the "Quick Links" to "Housing Information" or call (619) 441-1710. City housing programs have income restrictions and qualifications may not be the same for all programs. Funding is limited and loan terms are subject to change without notice.

## County Launches Suicide Prevention Campaign

In the last few months you've been hearing numerous stories in the news about suicide. On average, one San Diegan dies by suicide every day; and

"words" can save a life. A new County suicide prevention campaign is focused on getting people to talk about their mental well-being in an effort to save the lives of those who are contemplating suicide. Last year, 372 suicides were reported in the region. Suicides can be prevented. Know what the warning signs are and be ready to assist a suicidal person in need of help. A new website, [www.ToughTimesSD.org](http://www.ToughTimesSD.org), offers information, resources and help for those who might be going through some very difficult times in their lives. Risk factors of suicide include talking of hurting or killing oneself, divorce, separation, family stress, loss of health, job or home, increasing alcohol or drug use, and isolation from family and friends. When people feel hopeless, helpless, and desperate, they might feel no sense of future, no way to make it better. When a friend or a loved one comes to you for help, take it seriously. Ask if he or she is having thoughts of suicide. That simple conversation can make the difference between life and death. People in suicidal danger should call 9-1-1. Help is also available by calling the County's Access and Crisis Line at (800) 479-3339 or visiting [www.Up2SD.org](http://www.Up2SD.org).

Keep me informed of your community events by placing me on your mailing or e-mail list: [mzech@cityofelcajon.us](mailto:mzech@cityofelcajon.us), or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

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## — LOCAL NEWS &amp; EVENTS —

# Bits and pieces around East County

## Eagles to hold fund raising event

The Fraternal Order of Eagles FOE3973, located at 9317 Shad-owhill Road in Santee, is sponsoring a fundraising event for the "Lew Reed Spinal Cord Injury Fund," on August 7 from 8 a.m. to 5 p.m. The theme is Western Days. There will be a craft fair, chili cook-off and BBQ and bake sale held in the Eagles club parking lot along with live entertainment. This event is open to the public. Proceeds from the event go to spinal cord injury research.

If you wish to participate in the event contact Bill Glen-zer at (619) 277-3112. Evening events for memories and guests include comedy, chicken sit, and western costume contest along with music and dance.

The Fraternal Order of eagles is an international organization which was founded in

the late 1800's on the premise of "People Helping People."

## Alpine Library going to the birds

The Alpine Library is going to the birds Saturday, July 30 at 1 p.m.. This is a free family event at the Alpine Branch, located at 2130 Arnold Way in Alpine. The library will feature exotic birds from all around the world.

Learn about different bird species, their habitat and unusual behaviors. Then play with the birds. The show will be held in the children's area inside the library.

Don't forget a camera to capture the moment, because adults and children — with their parents' permission will be allowed to pet, feed and handle many of the tame exotic birds. Handlers will be there to help and answer any question about the birds.

For more information on

the show, contact the Alpine Library at (619) 445-4221.

## Julian Charter School

The Julian Charter School is an accredited tuition-free public charter school for 9-12 grades. There are flexible schedules with academic instruction by credentialed teachers and two programs to meet the needs of area students. Julian Charter School offers a safe and supportive learning environment for all students.

There will be informational meetings on Wednesday, Aug. 10 at 5 p.m., Wednesday, Aug. 17 at 5 p.m. and Monday, Aug. 22 at 5 p.m. Parents are welcome to schedule an individual meeting as well. The summer office hours are Monday through Thursday 8 a.m. to 4 p.m.

The Julian Charter School is located at 1832 Alpine Boulevard, adjacent to the Alpine Community Center.

## Grossmont College's Career Center helping adults return to school on Aug. 2

The Grossmont College Adult Reentry Program will host "Recreate Yourself," a free orientation meeting for adults interested in returning to school to learn a new career, earn a college diploma or upgrade workplace skills for a job promotion, from 9:30 a.m. to 12:30 p.m. on Tuesday, Aug. 2, in Building #34, Room #107 on the college campus. Admission and parking are free. The closest parking lot is Lot #3. Speakers will include current and former students who successfully returned to the classroom. Counselors will be on hand to answer questions. Information will be available on admission procedures, transfer programs and financial aid. Grossmont College is located at 8800 Grossmont College Dr., in El Cajon. For more information, phone Nancy Davis at (619) 644-7615 or Susan Esparza at (619) 644-7697, or visit [www.grossmont.edu/adultreentry](http://www.grossmont.edu/adultreentry).

## East County based Musician/Instructor.

Rick Favale is a local, San Diego, Musician/Music Coach and Performer.

As a child, Rick studied Piano, for seven years, from age 7 to 14; then drums captured his spirit and he has been playing drums for over 25 years, and teaching drums for 15 years. Guitar has also been a part of Ricks passion, and now he teaches others to play and enjoy creating and performing music. Lessons are taught at your home or at Drum On The Run Studio, Alpine. Rick is a lifetime student and through much prayer, is able to make a living by both teaching Music, and performing (both drumming and singing) with local bands.

Currently Performing with SD Classic Rock Band- Misty and the Moby's and also playing with a former band, 'Kitten with a Whip' plus he is performing in a Jimi Hendrix tribute band and an Elvis tribute band as well.

Rick has been playing Drums, weekly at local San Diego Church's since 1998. He is currently Drumming for a spectacular Worship Team, @ New Life Church, El Cajon ([www.NewLifeSd.com](http://www.NewLifeSd.com)). References available upon request.

Visit [www.MusicLessonsSd.Com](http://www.MusicLessonsSd.Com) to learn more. (619) 540-3659



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c/o California Bank & Trust  
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La Mesa, CA 91942

For more info, please call  
619.204.8245

[www.stoneyskids.org](http://www.stoneyskids.org)

## Olympics ...

### Continued from page 2

do homework. Carlita also does better in school, as she has more clarity and is better focused on the work. It's also great for the kids physically to be running or doing other activities rather than sitting

in a room playing computer games. It's also good for my husband and me, as we walk around a lot at their events."

Willie and Carlita have enjoyed their involvement with San Diego Cheetahs Youth

Track and Field for three years. The organization's mission statement is: to serve the youth of San Diego County with a high quality, teaching based athletic program designed to help them reach their goals on the playing field and off. Our aim is to provide each athlete with an affordable and comprehensive approach to team sports.

The National Junior Olympics in New Orleans is only a week away, and Willie and Carlita are still trying to raise funds for the trip, equipment and shoes. Donations can be made by contacting Cheetahs Coach Marcus Sims at (858) 869-3194. For more information visit <http://www.sandiego-cheetahsyouthtrack.com/>



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— COMMUNITY EVENTS CALENDAR —

Out and about in the County

**Through Sept. 30: Concerts on the Green** will be held Fridays, through Sept. 30, from 6 to 8 p.m. on the Prescott Promenade in El Cajon on Main Street.  
Concert lineup:

July 29 North County Cowboys - country  
August 5 Illiana Rose Band - Latin jazz  
August 12 Sara Petite & The Sugar Daddies - americana / country  
August 19 Sonos - indie / acappella  
August 26 Aunt Kizzy's Boy's - blues  
September 2 Old Town Road - bluegrass  
September 9 Akayaa & Bolga Zohdoomah - world music / African  
September 16 Scott Martin Latin Soul - Latin jazz  
September 23 The Stoney B Blues Band - blues  
September 30 Sue Palmer & Her Motel Swing Band - boogie woogie / swing  
For more information visit [www.downtownelcajon.com](http://www.downtownelcajon.com), or by calling the El Cajon CDC at (619) 401-8858.

**Through August 12: The Mission Trails Regional Park** will present an art display, "Midsummer Medley." The exhibition features seven award-winning artists: Stephanie Black, Larry Coleman, Pat Dispenziere, Jenny Ferrone, Carolyn Kenny, Terry Kvitky, and Kurt Lightfoot. "Midsummer Medley" will be on display in the Mission Trails Regional Park Visitor Center Art Gallery from through August 12. For information on the artists and to view examples of their work.

**Through Aug. 19: Movies at the Lake.** Fridays at Santee Lakes, \$8 per car entrance fee, 6 p.m., come lay out your blanket, bring dinner and enjoy some music and games for the kids. Movie starts at 8 p.m.  
August 5- Tangled  
August 19- Toy Story 3

**Through Dec. 3: The Ramona Mainstage** has upcoming events through Dec. 3. Currently scheduled are:  
**Comedy:** Bobcat Golthwaite - Aug. 27; Gallagher - Sept. 16; Steve O - Oct. 1; Rob Schneider - Nov. 5 and Christopher Titus - Dec. 3  
**Music:** Michael Johns - American Idol Season 7 - June 25; The Rocketz - Rockabilly Fest - July 8; The Motels - July 16; Winger - July 22; Asia - July 23; Ryan Cabrera - July 28; New Wave of British Heavy Metal - Featuring Diamond Head, Girlschool, Hydrogen and Al Atkins - Aug. 20; Pat Travers - Aug. 26; Montrose - Sept. 10 smf Abbamania - Nov. 11.  
The Ramona Mainstage has free parking, air conditioned and has food drinks and alcoholic drinks. Under 21 admitted with parent or guardian. The Mainstage is located at 626 Main Street, Ramona. (760) 789-7008.

**Through Aug. 18: Santee Summer Concert Series,** 6:30

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\* Retirements

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p.m. - 8:30 p.m. at the new location — Town Center Community Park East, 550 Park Center Drive in Santee. The new venue has an outdoor amphitheater, raised stage, picnic style event, play ground, concession stand)  
Concert lineup:

July 28 - Phat Cat Swingers  
Aug. 4 - The Alley Cats  
Aug. 11 - Clay Colton Band  
Aug. 18 - The Cat-illacs

**July 21: Cajon Classic Cruise** Wednesdays through Oct. 26, and Dec. 7, 5 to 8 p.m. on Main Street and Magnolia Avenue in downtown El Cajon. Tune to Downtown El Cajon Radio FM 104.1 during the show.  
**Cajon Classic Cruise 2011 Season Schedule**  
Aug. 3 - National Night Out  
Aug. 10-. My Little Deuce Coupe  
Aug. 17 - 4 x 4s and More!  
Aug. 24 - Dragsters! Dragsters! Dragsters!  
Aug. 31 - Starz Carz Are Out Tonight!  
Sept. 7 - Mustang Evolution  
Sept. 14 - Autumn Cajon Speed Fest  
Sept. 21 - Panels on Promenade  
Sept. 28 - Monster Truck Madness  
Oct. 5 - Tractor Trendz  
Oct. 12 - Auto Graphix  
Oct. 19 - Horsepower Hour: Extreme Blowers  
Oct. 26 - Halloween Trunk or Treat  
Dec. 7 - Holiday Parade of Lights  
\*\* Schedule subject to change without notice \*\*  
(East and West Main Streets will remain fully open to traffic during all car shows - NO Main Street Closures)  
For more information visit [www.downtownelcajon.com](http://www.downtownelcajon.com), or by calling the El Cajon CDC at (619) 401-8858.

**July 29: The Ramona Country Fair** is an annual event held in Ramona. Crafts, carnival rides, vendors, live entertainment, great food and lots of animals are the highlights of this event. Admission is free! Bring the whole family!  
Events Jr. Fair Photos  
Note: Events and entertainment will be added quite frequently between now and the fair. Please check back often!  
**Thursday, July 28**  
6 - 6:15 p.m Opening Ceremonies  
6:15 - 11 p.m. Ramona Idol Contest Quarterfinals  
**Friday, July 29**  
6: - 6:15 p.m. Opening Ceremonies  
6:15 - 10 p.m. Ramona Idol Semifinals  
10 - 11 p.m. Karaoke (Time Permitting)  
**Saturday, July 30**  
12 - 12:15 p.m. Opening Ceremonies  
12:15 - 1 p.m. Arts Unlimited Dance Group  
1 - 1:30 p.m. Daniel Yelsits  
1:30 - 2:15 p.m. HATS (Henry & the Seacreatures)  
2:30 - 3:15 p.m. Speaking Idly  
3:15 - 4:15 p.m. Filthy Violets  
4:30 - 6 p.m. Jason Winters  
**Sunday, July 31**  
12 - 12:15 p.m. Opening Ceremonies  
12:30 - 1:15 p.m. Jazz Band  
1:30 - 2:15 p.m. Straight Trippin'  
2:30 - 3:15 p.m. Sherm The Band  
3:30 - 4:15 p.m. The Lost Coyotes  
4:30 - 5:15 p.m. Ginetics Vocal Group  
5:30 - 6:15 p.m. Ramona Martial Arts & Self Defense  
6:30 - 7:15 p.m. Past Idol Winners  
7:30 - 9 p.m. Ramona Idol Awards Ceremony  
9 - 10 p.m. Karaoke (Time Permitting)

**July 29: "Movie Under the Stars"** – featuring "Despicable Me" on Friday July 29 at 8 p.m. with Pre-Show at 7:30 p.m. Bring your lawn chair, spread out a blanket at La Mesita Park, 8855 Dallas Street, La Mesa, 91942. Refreshments will be sold at a nominal price. Remember these movies are FREE Family Movies to the public. For more information call (619) 667-1300.

**July 29-30: Pine Valley Days.** If you're looking for a festival that epitomizes small town America, mark your calendars!. Events include a deep-pit barbecue, parade, live music with starlight

dancing, craft fair, horseshoe tournament, kids' activities, prizes and much more. Festivities kick off Friday the 29 at 5 p.m. in the Pine Valley County Park with what organizers describe as "that famous deep pit BBQ dinner cooked to perfection and served to you by the Mountain Empire Men's Club." Live music and dancing under the stars follows until 10 p.m., with music provided bythe Emerald River Band. On Saturday, start off the day with breakfast burritos at the Pine Valley Clubhouse prepared by the Pine Valley Community Church from 7 to 9 a.m. After that, make get your spots early to watch what's billed as the "best parade in the back country." The parade starts at 9 a.m. and makes its way along historic Old Highway 80 between the library and the Pine Valley school. Following the parade, head on down to the Pine Valley County Park. Here you will find craft vendors, food, fun including a Rock Wall, Extreme Air Trampoline, a horseshoe tournament, Face Painting, Shave Ice, Lemonade, Sweet Tea, Softball Tournament, Mountain Empire High School athletic merchandise, and more. KSON radio will also be on hand with music and prizes throughout the day. Proceeds from Pine Valley Days fund college scholarships for backcountry high school seniors and other community activities such as the Senior Holiday Dinner, Santa's House and more. The Mountain Empire Men's Club is a 501(c)(3) organization. For parade applications or information contact: Lori Lopo, P.O. Box 1412, Pine Valley, CA 91962. (619) 473-8188., or email to: [llopo4pvparade@yahoo.com](mailto:llopo4pvparade@yahoo.com) or [lzmrlpo@sbcglobal.net](mailto:lzmrlpo@sbcglobal.net).

**Aug. 6:** Gary Spivey, internationally acclaimed psychic, medium and predictor of future events, will appear in the DreamCatcher at Viejas Casino, Southern California's premier gaming and entertainment destination. Presented by Magic 92.5, Spivey brings his entertaining style and remarkable psychic talents to Viejas Casino for one show only on Saturday, August 6. Doors open at 6 p.m. and the show starts at 7 p.m. Tickets are \$20. Spivey is world-renowned for his psychic talents, ability to communicate with those who have "crossed over to the other side," and the remarkable way in which he predicts future events – earning him the nickname "The Modern Day Nostradamus." Spivey's shows are entertaining, enlightening and punctuated with his trademark down home style and jovial personality. For more information on Spivey's show at DreamCatcher, as well as other events and promotions at Viejas Casino, visit [www.viejas.com](http://www.viejas.com).

**Sept. 17: Delightful Dolls of Southern California, Doll Show and Sale** will take place at the Al Bahr Temple, 5440 Kearny Mesa Road on Saturday 10 a.m. to 3 p.m. For more information contact Linda Payne Smith at (619) 265-0443 or [lpaynesmith@cox.net](mailto:lpaynesmith@cox.net).

EAST COUNTY GAZETTE

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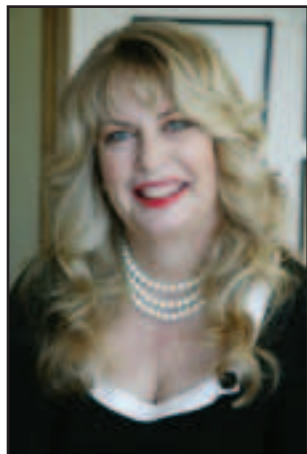
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# For Health's Sake

## Ten ways to improve one's life



by Judy Callihan Warfield

There are many things out of our control these days including the economy, foreign wars, job security, and upcoming elections. So why not take the time to control things we can. Here is a list of 10 ways to improve one's life. Why not give it a try?

1. Reduce stress
2. Stop smoking

3. Lose weight
4. Lower blood pressure
5. Exercise
6. Eat healthy
7. Get involved in your community
8. Pray or meditate
9. Make friends
10. Create healthy relationships with friends/family

Consider each step every day and move forward. Don't set any huge goals just try to make a difference each day. To reduce stress it's necessary to analyze what is really bothering you and begin to take steps to amend it. Exercise will help weight lose, to lower blood pressure, stop smoking and encourage healthy eating habits. Get involved with your community through churches or service organizations. This will help to make friends and improve current relationships.

Clinical Hypnotherapy can help. It's drug free and effective. Creating positive changes

in the things that we do have the ability to control is a great first step.

Judy Callihan Warfield is President of Success Hypno-

therapy, Inc., 4730 Palm Ave. #205, La Mesa. Please call for free consultation 619-303-8511 or visit [www.successhypnotherapy.com](http://www.successhypnotherapy.com) or email [judy@successhypnotherapy.com](mailto:judy@successhypnotherapy.com).

### HEALTH AND WELL-BEING

#### Keep Connected

Positive news for those experiencing cancer, premature birth or serious illness and the people who care for them: Staying connected helps make health journeys easier!

Patients say going online to update family and friends about their health condition positively impacts their healing process. That may be one reason half a million people a day turn to a nonprofit that provides free websites to share health news.

A personal CaringBridge website helps patients and caregivers communicate with family and friends when juggling in-person visits and phone calls with medical appointments is challenging. An online journal allows loved ones to stay up to date before, during or after a hospital stay. Followers are notified whenever it is updated and can post messages of support and encouragement. CaringBridge users find that sharing experiences of coping with health challenges with others reduces feelings of isolation.

Create a free patient website for yourself or a loved one: [www.caringbridge.org](http://www.caringbridge.org).

### Sharp Senior Resource Center

Sharp Grossmont Hospital's Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For other programs, call 1-800-827-4277.

#### STRESS MANAGEMENT

Learn how to recognize your physical, behavioral, and emotional symptoms of stress and learn several practical and effective strategies to improve your ability to cope with stress and regain peace of mind. Geoff Twitchell, PhD, Lead Clinical Psychologist, Sharp Grossmont Behavioral Health Services. Thursday, Aug. 4 from 2 to 3:30 p.m. at Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277 or register online at [www.sharp.com](http://www.sharp.com)

#### FREE BLOOD PRESSURE SCREENING

No appointment necessary. Open to the public. For information, call (619) 740-4214.

Grossmont Senior Resource Center, 9000 Wakarusa, La Mesa, Tuesday, Aug. 2, 9:30 to 11 a.m.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, Aug. 19, 9:30 to 11 a.m.

#### MEDICARE AND YOU

Learn about the basics of Medicare including Parts A, B, C and D. Also learn additional information regarding Medicare Advantage, HMOs, PPOs, etc. Take advantage of Medicare's expanded coverage of Preventive Benefits in 2012. Thursday, Aug. 11 from 10 to 11:30 a.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277 or register online at [www.sharp.com](http://www.sharp.com)

### Laughter is the Best Medicine

#### The water pistol

When my 3-year-old son opened the birthday gift from his grandmother, he discovered a water pistol. He squealed with delight and headed for the nearest sink.

I was not so pleased. I turned to mom and said, "I'm surprised at you. Remember how we used to drive you crazy with water guns?"

Mom smiled and then replied..... "I remember!"

Submitted by Grandma Mary of El Cajon

Have a funny joke, story or anecdote you would like to share? Write to Jokes: East County Gazette, P.O. Box 697, El Cajon, CA 92022 or write to [www.jokes@ecgazette.com](mailto:www.jokes@ecgazette.com)

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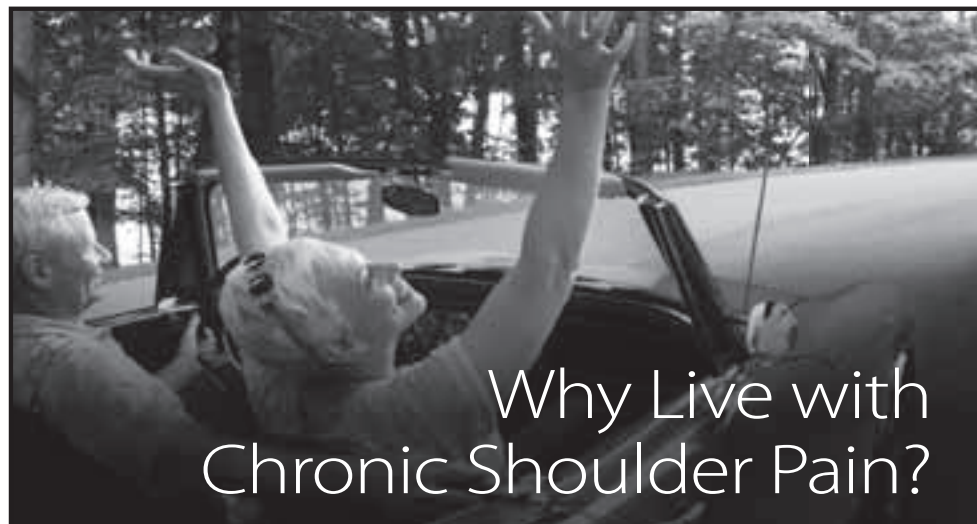
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Presented by Benjamin Dubois, MD  
Grossmont Orthopaedic Medical Group

Tuesday, August 2, 2011

2:30 p.m. - 3:30 p.m. (Check-in begins at 2:00 p.m.)

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Your spouse or guest is welcome to attend. Light refreshments will be served.

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# Inspiration

## Tiptoeing through the 60s

Rev. James L. Snyder

Now that I have safely escaped the infamous 50-something stage of life, I am carefully testing the waters before me. They look calm, but you never can be sure. Moreover, at this juncture of my life I am in no mood for taking chances.

Just the other day the Gracious Mistress of the Parsonage said to me rather sarcastically, "How does it feel to be 60-something?"

I knew she was having too much fun with this so I retorted by saying, "I feel like two 30-year-olds."

"Oh, no," she moaned. "I can't handle more than one of you."

Ha! Ha! Ha! In her old age, she has not lost any of her sense of humor. I was hoping.

I am taking it rather careful, though. I have heard all the rumors about what happens to a person once they pass the

60 mark. For myself, I am determined to enjoy to the fullest every day I live from this day forward regardless of who I annoy. And I do have a list for this.

Some things, I am finding out, are quite true. Just the other night I discovered one of those rumors to be true. I now know why older men go to the bathroom so often during the night.

I had just gone to bed and started my evening dance with the Sandman. As I approached the shores of oblivion, I had the urge to go to the bathroom. I sat up in bed, adjusted my nightcap, put on my slippers, stood up and put on my bathrobe. In somewhat of a daze I headed for the bathroom.

Once I got into the bathroom, I closed the door behind me, turned on the light and stood there. For a moment, I did not know where I was and then I could not remember why I was where I was. I thought for a moment and then turned around, walked back to my bed, took off my bathrobe, removed my

slippers and tucked myself back into bed.

I dozed off for a moment and then, all of a sudden, it occurred to me why I went to the bathroom. So, I sat up in bed, adjusted my nightcap, put on my slippers, stood up and put on my bathrobe. In somewhat of a daze I headed for the bathroom.

I closed the door and tried to turn on the light only to discover I was in the closet. Extricating my body from the closet, I headed once more in the direction of the bathroom. This time I found the bathroom.

I closed the door, turn on the light and looked in the mirror wondering why I was in the bathroom. I lathered up my face and shaved.

I left the bathroom and headed back for bed, removed my slippers and bathrobe and tucked myself snugly under the sheets. Just as I was dozing off, I remembered why I wanted to go to the bathroom so urgently.

I sat up in bed, adjusted my nightcap, put on my slippers, stood up and put on my bathrobe. In somewhat of a daze I headed for the bathroom. It took me a little longer to get to the bathroom this time but as soon as I opened the door, the light went on. In the bathroom was a quart of milk, a pitcher of iced tea, the makings of a salad and some luncheon meat. I poured myself a glass of iced tea, slowly drank it and then headed back for bed.

As I snuggled myself back into bed, I heard the person on the other side of the bed moan and mumbled something, "You

weren't in the kitchen were you?"

"No," I said rather sleepily, "I was in the bathroom."

I soon fell asleep and no sooner did I fall asleep than I awoke with an urge to go to the bathroom. I adjusted my nightcap, put on my slippers, stood up, put on my bathrobe, and made my way toward the bathroom.

This time, when I opened the door the light did not go on so I had to switch the light on myself. I stood there, looked in the mirror, picked up my toothbrush and toothpaste and began brushing my teeth. I gargled good and long with mouthwash, turned off the light and headed back for bed.

From the other side of the bed I heard another moan, "Were you brushing your teeth?"

"No," I muttered incoherently, "I got a drink of tea from the kitchen."

"You shouldn't drink tea before you go to bed, it'll make you go to the bathroom."

I soon fell asleep but was awakened with a very urgent need to go to the bathroom. In a panic I stumbled out of bed, could not find my slippers, my bathrobe was nowhere to be found but I had to go to the bathroom.

The next thing I remember the alarm clock was ringing and it was seven o'clock in the morning. I still do not know if I ever went to the bathroom but now I know why older men go to the bathroom so often during the night.

That morning in my devotions, I read from the Psalms. "I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread" (Psalm 37:25 KJV).

I am thinking this 60-something is going to require some fancy footwork.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail james-snyder2@att.net. The church web site is www.whatafellowship.com.

### Dear Dr. Luauna



*I have been married for almost 20 years. My husband is boring, and he never wants to do anything exciting. All he wants to do is go to church. I don't want to go to church. I am not in love with him anymore. I keep looking around at my friends, and they are having so much fun with their new husbands. I feel like my life is just passing me by. Signed, Want Out*

**Dear Want Out,**

I have talked to others who have expressed the same sentiments, and it reminds me of the old saying, "The grass is always greener on the other side." The character traits of dedication, loyalty, faithfulness and a heart to the serve the Lord are more valuable when you weigh them against, temporary fun and excitement.

The dissatisfaction in your heart against your husband will continue to grow until you stop comparing other men to him and other marriages. This is very dangerous for you. *Proverbs 14:1*, "The wise woman builds her house, but the foolish pulls it down with her hands." Try focusing on your husband's good qualities and strong points. I have talked to many women who have the opposite problem. They wish their husband would go to church and serve the Lord with them.

It's normal to go through dry periods in long term marriages, and there is nothing wrong with having fun. The key is to communicate with your husband before you do something drastic and maybe even go to Christian counseling. Over the years I have counseled women who regret leaving their husband for the very reasons you have mentioned. I want to direct you to books by Christian counselor and author, Dr. James Dobson. He is an expert on this subject. I hate to see you make a terrible mistake and throw away something as precious as a 20-year marriage.

We read in *Proverbs 31* if you will submit completely to Christ, let Him be your strength, joy and victory, He will help you become a virtuous woman. Jesus loves you. Please come to church. I do not want to see you jump from the frying pan into the fire.

**questions@drluauna.com**  
**www.drluauna.com**  
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The scientist walked up to God and said, "God, we've decided that we no longer need you. We're to the point that we can clone people and do many miraculous things, so why don't you just go on and get lost."

God listened very patiently and kindly to the man. After the scientist was done talking, God said, "Very well, how about this?"

Let's say we have a man-making contest." To which the scientist replied, "Okay, great!"

But God added, "Now, we're going to do this just like I did back in the old days with Adam."

The scientist said, "Sure, no problem" and bent down and grabbed himself a handful of dirt.

God looked at him and said, "No, no, no. You go get your own dirt!"

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— ON STAGE —

# ‘Much Ado About Nothing’ – features talented actors

Review by K Foster  
and L. O’Brien

Benedick is a confirmed bachelor. Beatrice is an outspoken independent woman. No, these aren’t characters on the latest TV sitcom; they are a 400-year-old couple imagined by William Shakespeare in *Much Ado About Nothing*, currently running at The 2011 Old Globe Summer Shakespeare Festival in Balboa Park.

The story of two different sets of lovers, *Much Ado* features the famous bick-

ering couple, Beatrice and Benedick. Contrary to the sparring couple in *Taming of the Shrew*, Benedick doesn’t try to mold Beatrice into a perfect wife. Benedick and Beatrice meet on common ground and through their ‘merry war’ of wit, and a bit of interference from their friends, they gradually realize that they love each other. In a sub-plot, the other set of lovers, Beatrice’s sister Hero and her suitor Claudio, are the targets of malicious Don John, who interferes by besmirching Hero’s reputation. Seeing *Much Ado* now in 2011, we

realize that the relationship and interaction between men and women has not changed much in 400 years.

The scenic design and costumes suggest the era of Jane Austen. The set features a wrought iron conservatory, with airy glass panes. In the opening scene the women are presented in a tableau of a sewing circle, giving the topic of women in the play a central focus. Women’s strength of character, societal position, and reputation are all touched on in this favorite comedy. It’s also interesting that there are no mothers in this play. The women are either maidens or servants.

Jonno Roberts as Benedick convinces us of his conversion from rake to romantic. Georgia Hatzis as Beatrice is a lovely presence on the stage, but lacks the fire to make sparks fly in this battle of the sexes. Winslow Corbett’s



Georgia Hatzis (Beatrice) and Jonno Roberts (Benedick) star in The Old Globe’s Shakespeare Festival production of William Shakespeare’s *Much Ado About Nothing*. Photo credit: Henry DiRocco.

Hero is charming and girlish, and her lover Claudio is earnestly portrayed by Kevin Alan Daniels. In similar roles

Corbett and Daniels also play the young lovers in *The Tempest*, also currently running at The Festival.

This year’s favorite comic actor is John Cariani, who plays dim-witted Trinculo in *The Tempest* and equally dim Constable Dogberry in *Much Ado*. His malapropisms are delivered one after another with Cariani’s seriously funny tenor voice. “Our watch, sir, have indeed comprehended two auspicious persons.”

Jay Whitaker and Jonno Roberts are impressive in their contrasting characters in this year’s Festival. Whitaker plays the genius Mozart in *Amadeus* and the evil Don John in *Much Ado*. Roberts is practically unrecognizable as the monster Caliban in *The Tempest*. We are fortunate to see such talented actors creating their roles.

### THEATRE TO- GO

**What:** *Much Ado About Nothing*  
**Where:** Old Globe’s Lowell Davies Festival Theatre, Balboa Park  
**When:** now through September 24  
**Tickets:** start at \$26. (619) 234-5623, [www.TheOldGlobe.org](http://www.TheOldGlobe.org)

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## — AT THE MOVIES —

# Steven Spielberg and Peter Jackson talk about their upcoming film

Interview by Diana Saenger

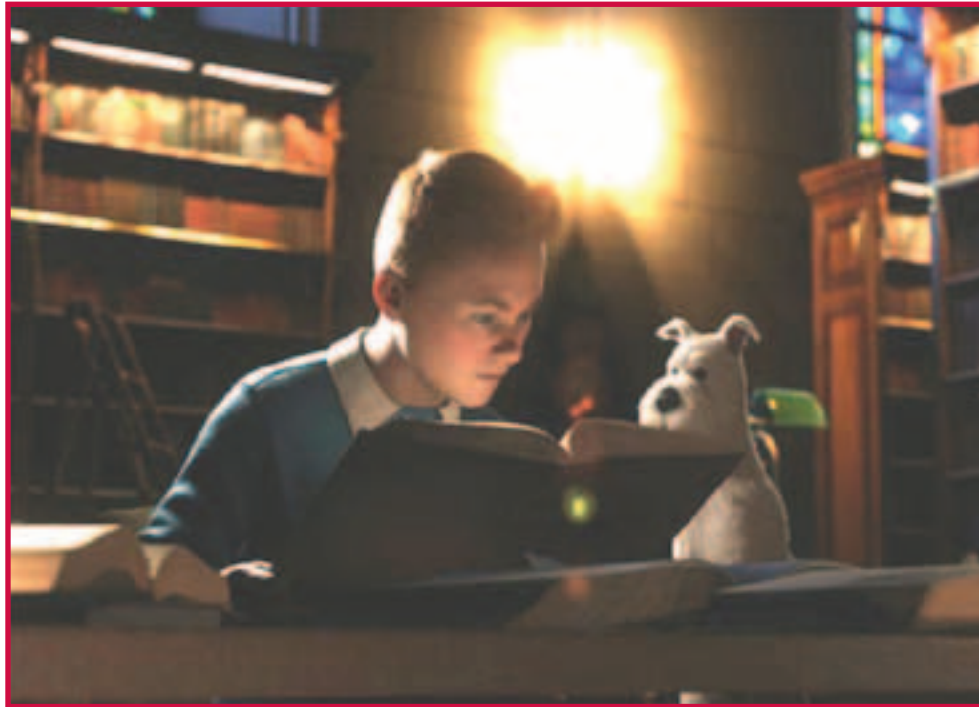
**T**he Adventures of Tintin, based on The Adventures of Tintin series of comic books created by Belgian artist Georges "Hergé" Remi, will be the first animated movie directed by Steven Spielberg. Peter Jackson is on board as a producer and collaborator and set to direct the next film depending on the success of this one. Tintin, the hero of the comic book series, is a young Belgian reporter often aided in his adventures by his faithful fox terrier dog, Snowy. Written by Steven Moffat, Edgar Wright and Joe Cornish, the movie script is based on three of the Tintin stories: *The Crab with the Golden Claws*, *The Secret of the Unicorn* and *Red Rackham's Treasure*. Jamie Bell (Billy Elliott) portrays Tintin and Daniel Craig (Defiance) plays Red Rackham.

tion. You never, never give up once you start something, which is what you go through when making a movie too. Once the train's rolling you have to stick with it.

*What went into your decision to make this movie in motion capture animation?*

**P.J.:** Motion capture is not a genre. It's a tool, a technique, and what we've tried to do is to use motion capture and traditional animation to build up a system. Steven and I are more adept to live action. But we wanted to be able to walk into this virtual world we created with Tintin's characters and locations and to pick up the camera and shoot a live action movie inside this strange hybrid photo real world.

**S.S.:** Five minutes into watching this movie I think everybody will see that the medium is not the message



Tintin and his faithful dog Snowy. Photo Credit: Paramount Pictures.



Peter Jackson and Steven Spielberg at Comic-Con. Photo Credit: Alex Berliner / ABIImages

Steven Spielberg and Peter Jackson were big hits at San Diego's 2011 Comic-con. They did a panel in front of thousands about the film that will be released domestically by Paramount Pictures on December 23, 2011. Saenger Syndicate was also invited to a press conference with Spielberg and Jackson.

*What is it that touched you about Tintin?*

**S.S.:** Speaking for myself, he's an intrepid tenacious reporter who often becomes more of a part of the story than just one reporting the news. I identify with Tintin because he does not take no for an answer, and that's been the story of my life.

**P.J.:** It's about determina-

tion. You never, never give up once you start something, which is what you go through when making a movie too. Once the train's rolling you have to stick with it.

*Costumes and make-up have always helped actors get into their characters. Is this a new challenge with motion capture?*

**S.S.:** I've always found that the costumes the actors wear or the make-up or wigs in a live action movie or big costume drama, even though it does give them a sense of ambiance and environment and they feel like they are in a great court or in the west or chased by hobbits or dinosaurs, it all comes

down to the actors looking each other in the eye. That's where the story is told and where all the drama or comedy happens. Your imagination and skills as a professional actor is what sees you through, not what you are wearing or where you are.

*How are you avoiding the "Dead Eye" problem that's been present in earlier motion capture movies?*

**P.J.:** When you're casting and shooting a movie the eyes are the most important feature of any performer. Any great actor knows how to use their eyes, and as a filmmaker I love those huge close ups because it's those eyes that mean so much to me. When I was doing *Lord Of The Rings* in New Zea-

land on the computer, we built the eyes of the characters we used in a scientific way. I mean you study real life and the way the light affects it like the way the iris reflects emotion.

*In the stories Tintin often falls into a hole. How did you make that cinematic?*

**S.S.:** Tintin does fall in a hole in our story, but he gets out quick enough to allow the story to continue. Look at Hergé's books; there's a lot of narrative, adventure but also a lot of subplot. We take time for Captain Haddock to moan about what brought him to drink and close to ruin and we even go back in the first movie to Captain Haddock's ancestors so we get to know a lot about why Captain Haddock is the man he is today.

*Since movie fans are starting to complain, what do you see as the future of 3D?*

**S.S.:** I certainly hope that 3D gets to the point where people do not notice it, because then it just becomes another tool and an aide to tell the story. And then maybe they can make the ticket price comparable to the 2D movie with the exception

of IMAX where we are getting a premium experience in a premium environment. Not every movie in my opinion should be in 3D.

**P.J.:** Obviously after *Avatar* it survived for a while, but audiences have realized that there are bad movies that can be in 3D and on top of that you're being charged an extra \$5 to see a movie in 3D rather than 2D. There's a natural human response to that, which has to do with the increased ticket prices. I do believe in 3D. But certainly the brightness issue needs to be addressed if it's to have a long time future in cinema. With the right movie it can make a good film a great film and a great film really amazing to see. Like surround sound these things are not new but another step forward; but something has to be done about the experience.

For more information on the film visit <http://www.us.movie.tintin.com/>. For the complete interview with Steven Spielberg and Peter Jackson visit <http://www.reviewexpress.com/review.php?rv=1138>

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## — AT THE MOVIES —

# ‘Captain America’ — is fun, adventurous, enjoyable



Chris Evans and Hayley Atwell star in *Captain America: The First Avenger*. Photo credits: Paramount Pictures / Jay Maidment / Marvel Studios

## Review by Diana Saenger

With so many wars going on in our world today wouldn't it be great if we had a few Captain America's around

to fight along our brave soldiers. While countless Captain America's small and tall roamed the floors this weekend at San Diego's Comic-Con, movie fans can get their lat-

est Captain America fix at the theatre. I think Paramount and Marvel merged their creative juices just right as I found *Captain America: The First Avenger* very entertaining.

Patriotic Steve Rogers (Chris Evans) is trying everything he can to join his comrades who are heading off to fight in the world conflict of 1941. What Steve more than makes up for in spirit and a macho will-power, however, he lacks in physical stature. At a mere 98 pounds and a check list of ailments that get a big "4F" stamp on his papers, Steve is deemed unfit to fight.

This really hits home when Steve takes on one bully after another in a back alley only to be rescued by his buddy, Bucky Barnes (Sebastian Stan). Bucky invites Steve along on a blind date with him and his gal before he leaves the next day for the war. During the evening, Steve steals away and tries yet another in a long list of recruiting offices, but they uncover his previous attempts and send Steve away.

Unbeknownst to Steve, his rantings about wanting to serve were observed by Dr. Abraham Erskine (Stanley Tucci), who has been looking for a subject for a scientific experiment involving the creation of a super-powered human to fight among the regular troops.

What I liked about this movie was that it felt really grounded in the 1940s era where men in uniforms danced their last night in the states away with a pretty girl. That kind of human sacrifice has touched hearts for more than 70 years since. Zapping Steve in a machine that literally blows up the room is a great warning about how different he will be in the theatre of war, but Paramount and Marvel did not go overboard with the special effects so the story remains edgy and verifiable.

Director and executive producer Joe Johnston believed "less is more" for this highly anticipated tale. "You only really get one chance to do an

origin story. The 1940s were such an energetic era, fueled by the optimistic belief that 'right' triumphs. Cinematically, it is such a toy box of vehicles, fashion and architecture – and we fill it with the Marvel gadgets and weaponry – it just seemed like a great opportunity to do this story first, then move on," he said.

Evans is drawing huge attention in this film and has a full plate of films ahead of him including: Marvel Studios' *The Avengers* – the next chapter in Captain America's story, also starring Robert Downey, Jr., Samuel L. Jackson, Scarlett Johansson and Mark Ruffalo; *Puncture*, based on true story about a drug-addicted lawyer (Evans) and scheduled for release on September 23 this year; and *What's Your Number?* (September 30) with Evans as a womanizer who visits his neighbor's ex-boyfriends to help find the man of her dreams.

Every aspect of his duo/character in *Captain America* is performed perfectly by Evans. His spunky never-take-no for an answer street fighter – enhanced by the visual effects techniques of body slimming and head replacement – set up great charisma for the man who will lead a great cause.

Creating a genuine character as usual is Tommy Lee Jones as Steve/Captain America's Commander, Colonel Phillips. Jones is tough and

had this been a real 40s film his portrayal might have elicited a few of those hiss's audiences showered on unfavorable characters. Hayley Atwell plays Captain America's military liaison Peggy Carter who generates an instant chemistry with Evans. She's his boss but it's difficult for both to maintain a strictly no-hands-on regulation. I did have a problem occasionally buying into Carter running in battle scenes with the Hydra Nazi's wearing a skirt, pressed shirt and perfect make-up. That was a little unrealistic. I also tired of too many scenes of Steve trying to sell war bonds.

Tucci personifies every character he portrays, and with help from some great make-up and a believable accent, he easily transports us back to a lab in the 1940s. Of course every super hero needs a villain to fight, and Hugo Weaving becomes just that as Johann Schmidt/Red Skull, the leader of Hitler's Hydra. In a bit of nostalgia comic book fans get to see inventor Howard Stark (Dominic Cooper), the future father of Tony Stark, aka Iron Man.

My only negative is about the film is one I've complained about too often this summer – the 3D glasses. I watched 85 percent of the movie without them. Glasses on or off, fans will find lots to like about *Captain America: The First Avenger*.

## REEL FACTS

### *Captain America: The First Avenger*

Studio: Paramount Pictures and Marvel Entertainment

Gazette Grade: B+

MPAA: "PG-13" for intense sequences of sci-fi violence and action

Who Should Go: Captain America and comic book fans

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## — AT THE MOVIES —

# Local band members perform songs from their CD in a movie

by Diana Saenger

Sometimes good things occur when least expected. That's what happened a few months ago when the local Dannie Marie Band received an invitation to submit one of their songs for a movie being filmed in San Diego. When Dannie Marie Pupa and her mother and band manager, Laurel, attended the New Music Seminar in Los Angeles to take workshops and network they handed out some of the bands' CDs. One recipient was Tom Voris, founder of the San Diego band the FAB Rudies.

"A few months ago Tom called to say he was working as the music coordinator for a new movie, *Music High* by Angelic Pictures," Dannie Pupa said. "He wanted to pitch one of our country songs to director Mark Maine for a scene where high school kids are in a battle of the bands."

Maine liked the song "Flavor of the Week," one of three on the Dannie Marie Band's CD they recorded at Big Fish Studio in Encinitas and released in December. Within a few weeks Pupa received a contract.

"They also gave our band members the opportunity to appear as extras in the movie although not everyone was able to take time off from their day jobs," Pupa said. "They did crowd scenes with extras until about noon, and then shot close-ups of the bands later in the day. I got to play guitar in the fictional band Silver Springs featured in the film."

Our drummer, Ryan Poole, and I both played members of a country band, a punk rock band, and an acoustic pop band."

Apparently Poole and Pupa's musical talents really came in handy. She taught chords to the actors of the fictional band Silver Springs so they could perform as if they were a real country band. Poole showed the actors how to play the different instruments when the bands changed from one genre of music to another. But the glitz of appearing in a movie was never far from Pupa's mind.

"My favorite part of being on the set was hanging out with the cast and making new friends with people who I've seen on TV shows and films over the years," she said. "Another thing that made the experience so much fun was having Megan Roethlein, one of my best friends, be in our band for the movie."

*Music High* is about a teacher (Jonathan Bennett, *Mean Girls*, *Cheaper By The Dozen 2*) who is trying to save his career by turning around an unruly class of kids who are deeply divided by cliques based on different genres of music. Other local bands that appeared in the movie include FABulous Rudies and Tan Sister Radio. *Music High* is the third in a series of contemporary style and attitude films produced by Angelic Pictures and is slated for distribution in early 2012 by Universal Pictures.



The fictional Silver Springs band in *Music High*; from L to R: Ryan Poole, Megan Roethlein, Dannie Marie, Joe Slaughter, Tanessa Avey Photo Credit: Laurel Pupa

The Dannie Marie Band also includes Coe Schneider (bass), Obediah Byrd (electric guitar) and Josh Gates (acoustic guitar). Since its inception one year ago, it has continued to gain a spotlight. Their song "Marry Me" was a finalist in a wedding competition (check out "The Dannie Marie Band Here Comes the

Bride" on Youtube). They've played at local events, the Del Mar County Fair and the House of Blues. They've sold 250 CDs since December along with download sales from iTunes and CD Baby and appeared on local radio shows.

Pupa, who graduated from

Steele Canyon High School in 2010, was a worship leader at Shadow Mountain Community Church's vacation Bible school program this summer. The band members are also busy writing new songs, and Pupa hopes to proceed with an acting career.

"I am a firm believer that

God has a great plan for everyone's life (Jeremiah 29:11), and I live every day for His glory and can't wait to see what doors He opens next," she said. "When we look back at our experiences since recording our CD, we can connect the dots and see God's hand in giving us this opportunity."

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In *Music High* movie dressing room Dannie Marie shows star Joe Slaughter the chords to her band's song "Flavor of the Week." Photo Credit: Laurel Pupa



# Puzzles and Fun

## CROSSWORD

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THEME: 21st CENTURY

ACROSS

- 1. Involuntary contraction
- 6. Mad Hatter's beverage of choice
- 9. Additional
- 13. "Fear of Flying" author Jong

- 14. Argo propeller
- 15. Whale's lunch
- 16. Language like Chinese, e.g.
- 17. Plays for pay
- 18. Mountain nymph of Greek mythology
- 19. \*Asian disaster, 2004
- 21. Screw up

- 23. \*"\_\_\_ and a Half Men"
- 24. Tropical tuberous root
- 25. Bar association
- 28. 1/36th of a yard
- 30. Give expression to
- 35. Bottle to a baby?
- 37. Student's dwelling
- 39. NE's largest city
- 40. Very dark black
- 41. Double-reed woodwinds
- 43. Miners' passage
- 44. Blood vessel
- 46. \*Author of "Decision Points"
- 47. \*Chilean disaster locale
- 48. \*Did Casey Anthony have one?
- 50. Needlefish
- 52. Jack and Jill did it
- 53. St. Louis attraction
- 55. Flightless bird
- 57. Farthest from point of origin
- 60. \*Has 140 character limit
- 64. Panna \_\_\_\_, dessert

- 65. Promissory note
- 67. Balance zodiac
- 68. Chicago's planetarium
- 69. In good shape
- 70. Antelope with twisted horns
- 71. \*World's fastest man
- 72. \*H1N1
- 73. Central Asia inhabitants, to ancient Greeks

DOWN

- 1. Cobblestone
- 2. Plural of #17 across
- 3. Hokkaido language
- 4. Less than the right amount
- 5. Mozambique neighbor
- 6. Large South African antelope
- 7. A corncob
- 8. Smell of baking bread, e.g.
- 9. Makes a mistake
- 10. "Place" in French
- 11. "Sounds like a plan," acr.
- 12. Old age, archaic
- 15. \*Self-declared independent state, Europe
- 20. World in Italian
- 22. Before, archaic
- 24. Drive-\_\_\_\_\_
- 25. At right angle to length of ship
- 26. Hindi courtesy title
- 27. Terminate, as in mission
- 29. Baseball great infamous for surly temperament
- 31. Allah's cleric
- 32. Rock bottom
- 33. \*Economic behemoth
- 34. Consumed at dinner, e.g.
- 36. Not in favor
- 38. \_\_\_\_ Verde National Park
- 42. Mole relative
- 45. \*Highest-grossing movie ever, 2009
- 49. \*21st century of Common \_\_\_\_
- 51. Upside down frowns
- 54. Vertical rock exposure
- 56. Being of service
- 57. Famously extinct
- 58. It will
- 59. Proofreader's "disregard" word
- 60. \*Portman's character attire, 2010
- 61. Type of ski lift
- 62. European sea eagle
- 63. Radicals
- 64. \*In many cities, this yellow ride got greener
- 66. \*Spilled from the Horizon

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## SUDOKU

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## CROSSWORD SOLUTIONS



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# Business/Finance & Real Estate

## Grossmont College alumnus lauded as planner extraordinaire



**Cindy L. Miles, chancellor of the Grossmont-Cuyamaca Community College District, and Grossmont College secretary Maria Baeza display Baeza's employee award.**

A conga line of well-wishers and an engraved award are among the acknowledgements recently given to Maria Baeza, a Grossmont College employee for 22 years credited as the behind-the-scenes person for the campus' biggest events, including graduation and student elections.

The former Grossmont College student, now a secretary for the Student Affairs office, is the latest recipient of the Grossmont-Cuyamaca Community College District Chancellor/Classified Senate Award, a commendation presented quarterly to outstanding staff.

Baeza's exceptional organizational and interpersonal skills are among the attributes that make her an outstanding employee, said district Chancellor Cindy L. Miles, who presented the employee recognition award to Baeza at the July 19 Governing Board meeting.

"It's obvious that her contributions to the district are long-standing and very deeply felt by students and by her colleagues as well," Miles said.

Baeza's boss, Agustin Albarran, associate dean of student affairs at Grossmont College, also has high praise for Baeza, whom he describes as "thoroughly accommodating and

ters used by the office, including sensitive discipline documents that are now also sent out at Cuyamaca College.

"I have complete confidence in Maria's ability to work with difficult student issues while allowing students to maintain their dignity and confidentiality – a must in this field," Albarran said.

Classified Senate President Wendy Corbin said Baeza is "an absolute example of what classified staff at this district are all about. We are so proud to have her be the example for us and show us what we should strive to achieve ourselves."

Baeza came to Grossmont College in 1988 after graduating from Crawford High School in the Rolando area of San Diego. She finished at the top of her class in a secretarial program offered through the Job Training Partnership Act, and was quickly hired by the



**Co-workers noisily march toward the office of Grossmont College secretary Maria Baeza to inform her of her selection for an employee award.**

college's word processing department, where she worked for 20 years. In 2009, a department reorganization led to her transfer as secretary to the Student Affairs office.

Baeza said she was honored to receive the employee award and was surprised by fellow workers who announced her selection by gathering a large group of employees – and Baeza's husband of 13 years, Mario — who marched into Baeza's office.

"The conga line coming into my office was so much fun and shocking at the same time – it was great!" said Baeza, who lives in Rolando with her hus-

band and sons, Antonio, 9, and Domenick 7.

At Tuesday's governing board meeting, Baeza was presented with an engraved acrylic award, along with a gift certificate from Barnes & Noble and a lunch with Miles and Governing Board President Bill Garrett.

For more information about the district and the colleges, go to [www.gcccd.edu](http://www.gcccd.edu).



**From left, Cindy L. Miles, chancellor of the Grossmont-Cuyamaca Community College District, Grossmont College secretary Maria Baeza and her husband, Mario, pose after a conga line of well-wishers marched through the campus announcing Baeza's selection for the GCCCD Chancellor/Classified Senate employee award.**

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**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019390**  
FICTITIOUS BUSINESS NAME(S): IMEX-PORT OF SAN DIEGO  
Located at: 380 Vernon Way, Suite E, El Cajon, CA 92020  
This business is conducted by: General Partnership  
The business has not yet started.  
This business is hereby registered by the following: Jalal H. Razouki 608 Grape St. #E, El Cajon, CA 92021  
Omar M. Anjou 1732 Horizon HTS Cir, El Cajon, CA 92019  
This statement was filed with Recorder/County Clerk of San Diego County on July 07, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020421**  
FICTITIOUS BUSINESS NAME(S): Island Dancers of San Diego  
Located at: 12191 Cuyamaca College Dr. East, Unit 409, El Cajon, CA 92019  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Amber Nicole Anderson 12191 Cuyamaca College Dr. East, Unit 409, El Cajon, CA 92019  
This statement was filed with Recorder/County Clerk of San Diego County on July 18, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020218**  
FICTITIOUS BUSINESS NAME(S): a.) Walker Distribution b.) West Coast Magazine c.) San Diego Subscribers  
Located at: 4512 Corte Pastel, Oceanside, CA 92056  
This business is conducted by: An Individual  
The first day of business was: June 16, 2006  
This business is hereby registered by the following: Rian L. Walker 4512 Corte Pastel, Oceanside, CA 92056  
This statement was filed with Recorder/County Clerk of San Diego County on July 15, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-018732**  
FICTITIOUS BUSINESS NAME(S): a.) Tru Green Turf b.) Lee Wright Auto Broker  
Located at: 2856 Harper Ranch Rd., Jamul, CA 91935  
This business is conducted by: A Corporation  
The first day of business was: April 18, 2011  
This business is hereby registered by the following: Lee Wright Construction Inc. 2856 Harper Ranch Rd., Jamul, CA 91935  
This statement was filed with Recorder/County Clerk of San Diego County on June 29, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00068375-CU-PT-EC**  
IN THE MATTER OF THE APPLICATION OF JADE MARIE LOVELESS FOR CHANGE OF NAME PETITIONER: JADE MARIE LOVELESS HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: JADE MARIE LOVELESS TO: JADE MARIE HOWARD  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST, EL CAJON, CA 92020, Department 15, 4<sup>TH</sup> FLOOR on AUGUST 17, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 16, 2011.  
East County Gazette – GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-018130**  
FICTITIOUS BUSINESS NAME(S): IBIS Food Market  
Located at: 1112 Ft. Stockton Dr., San Diego, CA 92103  
This business is conducted by: An Individual  
The first day of business was: June 1, 1982  
This business is hereby registered by the following: Hazim D. Simaan 2024 Ontario Ct., El Cajon, CA 92019  
This statement was filed with Recorder/County Clerk of San Diego County on June 22, 2011.  
East County Gazette- GIE030790 6/30, 7/07, 7/14, 7/21, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-014018**  
FICTITIOUS BUSINESS NAME(S): Upcycle  
Located at: 297 S. Marshall Ave., El Cajon, CA 92020  
This business is conducted by: A Corporation  
The first day of business was: February 01, 2011  
This business is hereby registered by the following: One Earth Recycling, Inc. 297 S. Marshall Ave., El Cajon, CA 92020  
This statement was filed with Recorder/County Clerk of San Diego County on May 12, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-017657**  
FICTITIOUS BUSINESS NAME(S): A&A Smog Test Only  
Located at: 935 W. Main St. #A, El Cajon, CA 92020  
This business is conducted by: Husband and Wife  
The business has not yet started.  
This business is hereby registered by the following: Rania Ghosn 765 N. Pierce St., El Cajon, CA 92020  
Wassim Ghosn 765 N. Pierce St., El Cajon, CA 92020  
This statement was filed with Recorder/County Clerk of San Diego County on June 16, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019081**  
FICTITIOUS BUSINESS NAME(S): Falcon Mobile Detailing Service  
Located at: 191 N. Mollison Ave., El Cajon, CA 92021  
This business is conducted by: Husband and Wife  
The first day of business was: July 01, 2011  
This business is hereby registered by the following: Donald E. Glover 191 N. Mollison Ave., El Cajon, CA 92021  
Lavoy P. Glover 191 N. Mollison Ave., El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on July 05, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-016802**  
FICTITIOUS BUSINESS NAME(S): Reef Addiction  
Located at: 1488 Curtis Lane, Alpine, CA 91901  
This business is conducted by: Co-Partners  
The business has not yet started.  
This business is hereby registered by the following: Aaron Vistercil 1488 Curtis Lane, Alpine, CA 91901  
Patrick Plummer 1488 Curtis Lane, Alpine, CA 91901  
This statement was filed with Recorder/County Clerk of San Diego County on June 09, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019889**  
FICTITIOUS BUSINESS NAME(S): East County Creditor Services  
Located at: 2242 Valley Lake Drive, El Cajon, CA 92020  
This business is conducted by: An Individual  
The first day of business was: August 1, 2004  
This business is hereby registered by the following: Sue Lane 2242 Valley Lake Drive, El Cajon, CA 92020  
This statement was filed with Recorder/County Clerk of San Diego County on July 12, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-018654**  
FICTITIOUS BUSINESS NAME(S): S&W Solutions  
Located at: 10373 Chaparral Dr., Santee, CA 92071  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Sterling Wells 10373 Chaparral Dr., Santee, CA 92071  
This statement was filed with Recorder/County Clerk of San Diego County on June 29, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020269**  
FICTITIOUS BUSINESS NAME(S): The Baby Deli  
Located at: 1321 Broadway, El Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Shanel Lara Curtis 1509 E. Washington Ave. Unit 7, El Cajon, CA 92019  
This statement was filed with Recorder/County Clerk of San Diego County on July 15, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00068850-CU-PT-EC**  
IN THE MATTER OF THE APPLICATION OF JUSTIN PATRICK LAGERWEY FOR CHANGE OF NAME PETITIONER: JUSTIN PATRICK LAGERWEY HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: JUSTIN PATRICK LAGERWEY TO: JUSTIN PATRICK MCCORMICK  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST, EL CAJON, CA 92020, Department 14, on SEPTEMBER 14, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 12, 2011.  
East County Gazette – GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019185**  
FICTITIOUS BUSINESS NAME(S): Leasing Unlimited  
Located at: 14372 Old Hwy 80, Suite E, El Cajon, CA 92021  
This business is conducted by: An Individual  
The first day of business was: July 5, 2011  
This business is hereby registered by the following: Bryce Swaim 14372 Old Hwy 80, Suite E, El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on July 06, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-017755**  
FICTITIOUS BUSINESS NAME(S): a.) House of Plenty Studio b.) HOP Studio  
Located at: 338 W. Lexington #214, El Cajon, CA 92020  
This business is conducted by: An Individual  
The first day of business was: June 17, 2011  
This business is hereby registered by the following: Chris Grundy 506 Grape Street, El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on June 17, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-018766**  
FICTITIOUS BUSINESS NAME(S): Revela-tion 1 19  
Located at: 711 Mission Ave. #333, Oceanside, CA 92054  
This business is conducted by: An Unincorporated Association-Other than a Partnership  
The first day of business was: May 15, 2011  
This business is hereby registered by the following: Turtle Creek-101 1193 Greenfield Dr., El Cajon, CA 92021  
Dennis Gray 711 Mission Ave. #333, Oceanside, CA 92054  
This statement was filed with Recorder/County Clerk of San Diego County on June 30, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-018289**  
FICTITIOUS BUSINESS NAME(S): a.) Far From Ya Average b.) F.F.Y.A.  
Located at: 7502 Carey Brook Lane, San Diego, CA 92114  
This business is conducted by: Joint Venture  
The first day of business was: January 1, 2011  
This business is hereby registered by the following: Bernard Smith 7502 Carey Brook Lane, San Diego, CA 92114  
Kenneth Erwin 9725 Channel Rd. #39, Lakeside, CA 92040  
This statement was filed with Recorder/County Clerk of San Diego County on June 23, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-016512**  
FICTITIOUS BUSINESS NAME(S): Yard Sale Software  
Located at: 16466 Bernardo Ctr. Dr. #B200, San Diego, CA 92128  
This business is conducted by: General Partnership  
The first day of business was: September 3, 2010  
This business is hereby registered by the following: Reza Safair 16466 Bernardo Ctr. Dr. #B200, San Diego, CA 92128  
Nathan Cable 16466 Bernardo Ctr. Dr. #B200, San Diego, CA 92128  
This statement was filed with Recorder/County Clerk of San Diego County on June 07, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00068316-CU-PT-EC**  
IN THE MATTER OF THE APPLICATION OF GLORIA LUPE HARMEN FOR CHANGE OF NAME PETITIONER: GLORIA LUPE HARMEN HAS FILED FOR AN ORDER TO CHANGE NAME  
FROM: GLORIA LUPE HARMEN TO: GLORIA L. CRUZ  
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 EAST MAIN ST., EL CAJON, CA 92020, Department 14, on AUGUST 24, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.  
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 05, 2011.  
East County Gazette – GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-017759**  
FICTITIOUS BUSINESS NAME(S): Solo-cosmo Art  
Located at: 506 Grape Street, El Cajon, CA 92021  
This business is conducted by: An Individual  
The first day of business was: January 01, 2011  
This business is hereby registered by the following: Jessica Grundy 506 Grape Street, El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on June 17, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-017793**  
FICTITIOUS BUSINESS NAME(S): Confident Labs  
Located at: 5850 Bari Ct. Apt. B, La Mesa, CA 91942  
This business is conducted by: An Individual  
The first day of business was: June 16, 2011  
This business is hereby registered by the following: Misikir Mentose 5850 Bari Ct. Apt. B, La Mesa, CA 91942  
This statement was filed with Recorder/County Clerk of San Diego County on June 17, 2011.  
East County Gazette- GIE030790 7/21, 7/28, 8/04, 8/11, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-016025**  
FICTITIOUS BUSINESS NAME(S): Rita's Café & Catering  
Located at: 1209 N. 2<sup>nd</sup> St., #108, El Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Rita Aguilar 1209 N. 2<sup>nd</sup> St., #108, El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on June 01, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-016027**  
FICTITIOUS BUSINESS NAME(S): Rita's Mexican Food  
Located at: 1291 E. Main St., #108, El Cajon, CA 92021  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: Rita Aguilar 1291 E. Main St., #108, El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on June 01, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-019943**  
FICTITIOUS BUSINESS NAME(S): Babi's Bakery  
Located at: 910 East Washington Ave., El Cajon, CA 92020  
This business is conducted by: An Individual  
The first day of business was: July 5, 2011  
This business is hereby registered by the following: Waleed Youkhanna 1039 Long Shadow Ct., El Cajon, CA 92019  
This statement was filed with Recorder/County Clerk of San Diego County on July 13, 2011.  
East County Gazette- GIE030790 7/28, 8/04, 8/11, 8/18, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-018767**  
FICTITIOUS BUSINESS NAME(S): Genesis 1 1  
Located at: 711 Mission Ave. #333, Oceanside, CA 92054  
This business is conducted by: An Unincorporated Association-Other than a Partnership  
The first day of business was: May 15, 2011  
This business is hereby registered by the following: Montego-101 948 Blackwood Dr., San Diego, CA 92154  
Dennis Gray 711 Mission Ave. #333, Oceanside, CA 92054  
This statement was filed with Recorder/County Clerk of San Diego County on June 30, 2011.  
East County Gazette- GIE030790 7/07, 7/14, 7/21, 7/28, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-017759**  
FICTITIOUS BUSINESS NAME(S): Solo-cosmo Art  
Located at: 506 Grape Street, El Cajon, CA 92021  
This business is conducted by: An Individual  
The first day of business was: January 01, 2011  
This business is hereby registered by the following: Jessica Grundy 506 Grape Street, El Cajon, CA 92021  
This statement was filed with Recorder/County Clerk of San Diego County on June 17, 2011.  
East County Gazette- GIE030790 7/14, 7/21, 7/28, 8/04, 2011

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\_\_\_\_\_ one year \_\_\_\_\_ two years



— LEGAL NOTICES —

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIEANNE FRANCIS DUGGER CASE NUMBER: 37-2010-00152287-PR-LA-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of MARIEANNE FRANCIS DUGGER, MARIEANNE FRANCIS SCHIRMER, MARIEANNE FRANCIS MOLINAR. A PETITION FOR PROBATE has been filed by EUGENE DUGGER JR. in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that EUGENE DUGGER JR be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: SEPTEMBER 15, 2011 AT 1:30 P.M. IN DEPT. PC-2 LOCATED AT 1409 FOURTH AVE., SAN DIEGO, CA 92101 MADGE BRADLEY. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: EUGENE DUGGER JR. 1066 ALVEDA AVE., EL CAJON, CA 92019 (619) 444-0697

EAST COUNTY GAZETTE –GIE030790  
July 28, Aug. 4, 11, 2010

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00068948-CU-PT-EC**  
IN THE MATTER OF THE APPLICATION OF TAMMARA NICOLE TUKLOFF FOR CHANGE OF NAME PETITIONER: TAMMARA NICOLE TUKLOFF HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: TAMMARA NICOLE TUKLOFF TO: TAMMARA NICOLE BOKMULLER THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST, EL CAJON, CA 92020, Department 14, 4<sup>TH</sup> FLOOR on SEPTEMBER 21, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 19, 2011.

East County Gazette – GIE030790  
7/28, 8/04, 8/11, 8/18, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020686**  
FICTITIOUS BUSINESS NAME(S): P.Q. Health Solutions  
Located at: 9888 Carmel Mountain Road, #G, San Diego, CA 92129  
This business is conducted by: An Individual  
The business has not yet started.  
This business is hereby registered by the following: La Zheng 706 Cliff Dr., Laguna Beach, CA 92651  
This statement was filed with Recorder/County Clerk of San Diego County on July 20, 2011.  
East County Gazette- GIE030790  
7/28, 8/04, 8/11, 8/18, 2011

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00068910-CU-PT-EC**

IN THE MATTER OF THE APPLICATION OF MICHAEL JACOB HEISER FOR CHANGE OF NAME PETITIONER: MICHAEL JACOB HEISER HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: MICHAEL JACOB HEISER TO: MICHAEL JACOB HITCHRICK THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST, EL CAJON, CA 92020, Department 14, 4<sup>TH</sup> FLOOR on SEPTEMBER 21, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 18, 2011.

East County Gazette – GIE030790  
7/28, 8/04, 8/11, 8/18, 2011

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00094587-CU-PT-CTL**

IN THE MATTER OF THE APPLICATION OF PHUONG THI NGOC NGUYEN FOR CHANGE OF NAME PETITIONER: PHUONG THI NGOC NGUYEN HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: PHUONG THI NGOC NGUYEN TO: VICKY PHUONG HOANG

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 W. BROADWAY, SAN DIEGO, CA 92101, Department 8 on AUGUST 30, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JULY 18, 2011.

East County Gazette – GIE030790  
7/28, 8/04, 8/11, 8/18, 2011

Notice of sale of Abandoned Property Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code  
Ace Your Storage Place  
Located at:  
573 Raleigh Avenue El Cajon, CA 92020 (619)440-7867  
Will sell, by competitive bidding, on August 10th 2011 at 8:30 AM or after. The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:  
G002 Dennis Lawrence  
H045 Roger Johnson  
A014 Stephan Johnson  
A010 Jose Arveola  
D026 Stephan Johnson  
H060 Karen Handley  
H062 Leah Howell  
F014 Mark Ritayik

William k Ritch  
West coast auctions  
State license bla 6401382  
760-724-0423  
East County Gazette GIE030790 July 28, Aug. 4, 2011

Trustee Sale No. 11231 Loan No. EVENSON Title Order No. 365738 APN 281-431-04 & 05; 281-431-12 TRA No. 65007 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/15/03. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 8/4/2011 at 10:00AM, ACTION FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 01/21/2003 as Document No. 2003-0070545 of official records in the Office of the Recorder of San Diego County, California, executed by: BRUCE EVENSON, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, as Trustor, HENSEL FINANCIAL, INC., A CALIFORNIA CORPORATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF EXHIBIT "A" LEGAL DESCRIPTION Order No.: 365738 Escrow No: 365738 The land referred to herein is situated in the State of California, County of San Diego, Unincorporated, and described as follows: Parcel 1: Lot 16, in Block 36 of Ramona, in the County of San Diego, State of California, according to Map thereof No. 643, filed in the Office of the County Recorder of San Diego County, October 15, 1890. Except that portion of said Lots lying Southeasterly of the following described line: Beginning at the most Southerly corner of said Lot 14, which bears North 27° 46' 47" East 102.94 feet from a lead and track set in pavement for the intersections of the center line of Main and 4th Streets, as said Streets are shown on said Map; thence from said most Southerly corner North 48° 43' 17" East 180.92 feet to a point which bears North 41° 16' 43" West 50.00 feet radially from Engineer's Station 29 plus 13.94 on the center line of the Department of Public Works Survey between Ramona and 1 mile Northeast, Road XI-SD-198-D1; thence along a tangent curve to the left with a radius of 2550 feet through an angle of 3° 03' 17" a distance of 135.95 feet; thence North 45° 40' East, 78.44 feet to a point on the Northeasterly line of said Lot 20, said point also being on the Southwesterly line of Third Street, distant along said Southwesterly line South 33° 09' 30" East 246.52 feet from a 1/2 inch iron pipe set for the intersection, of said Southwesterly line and the Southeasterly line of "B" Street, as said Streets are shown on plat of County Road Survey 384 and described in Deeds to the County of San Diego recorded in Book 656, Page 89 and in Book 658, Page 98, both of Official Records. Parcel 2: Lot 17 in Block 36 of Ramona, in the County of San Diego, State of California, according to Map thereof No. 643, filed in the Office of the County Recorder of San Diego County, October 15, 1890. Except that portion lying Southeasterly of the following described line: Beginning at the most Southerly corner of said Lot 14 of said Block 36 which bears North 27° 45' 47" East 102.94 feet from a lead and tack set in pavement for the Intersections of the center lines of Main and 4th Streets, as said Streets are shown on said Map; thence from said most Southerly corner North 48° 43' 17" East 180.92 feet to a point which bears North 41° 16' 43" West 50.00 feet radially from Engineer's Station 29 plus 13.94 on the center line of the Department of Public Works Survey between Ramona and 1 mile Northeast, Road XI-SD- 198-D1; thence along a tangent curve to the left with a radius of 2550 feet through an angle of 3° 03' 17", a distance of 135.95 feet; thence North 45° 40' East 78.44 feet to a point on the Northeasterly line of said Lot 20, said point also being on the Southwesterly line of Third Street, distant along said Southwesterly line South 33° 09' 30" East 246.52 feet from a 1/2 inch iron pipe set for the intersections of said Southwesterly line and the Southeasterly line of "B" Street, as said Streets are shown on Plat of County

Road Survey 384 and described in Deeds to the County of San Diego recorded in Book 656, Page 89 and in Book 658, Page 98, both of Official Records. Parcel 3: Lot 15 in Block 36 of the Town of Ramona, in the County of San Diego, State of California, according to Map thereof No. 643 filed in the Office of the County Recorder of San Diego County on October 15, 1890. Excepting therefrom that ponion thereor lying within State Highway 78 as condemned and taken by the State or Calirornia by Final Order of Condemnation recorded on October 15, 1951 as Document No. 126108 in Rook 4263, Page 42 of Official Records of San Diego County. APN: 281-431-05-00, 281-431-04-00 and 281-431-12-00 (End of Legal Description) The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 339 MAIN STREET, RAMONA, CA 92065. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$395,189.47 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 7/1/11 ACTION FORECLOSURE SERVICES, INC. 3033 FIFTH AVENUE SUITE 235 SAN DIEGO, CA 92103 (619) 704-1090 AUTOMATED SALES LINE (714) 573-1965 [www.priorityposting.com](http://www.priorityposting.com) MARTINE CARDIN-ALLEN, VICE-PRESIDENT P854924 7/14, 7/21, 07/28/2011

**Notice of sale of Abandoned Property**  
Pursuant to sections 21701-21715 of the business and professions code, section 2328 of the commercial code and section 535 of the penal code  
Ace Your Storage Place  
Located at: 9672 Winter Gardens Blvd Lakeside, CA 92040 (619) 443-9779  
Will sell, by competitive bidding, on August 10 2011 at 8:00 AM or after. The following properties: Miscellaneous personal items, household miscellaneous, miscellaneous construction materials, tools, motorcycle and miscellaneous vehicle parts:

Monica Larios	AU048
Vannita M Wolf	B0004
Kerri M Rowe	BU001
Kevin Meadows	C0011
Laura M.Vikara	C0083
Manuel Amador	CU005
Henry (Paul )Palacios	CU117
Sam A.Obquist	CU119
Linsey Bollinger	DU049
IRVING MCFARLIN	DU076
Kelli Atchison	DU092
Jaqueline Figueroa	PARK2
William k Ritch	
West coast auctions State license bla 6401382	
760-724-0423	

East County Gazette GIE030790  
July 28, Aug. 4, 2011

**FICTITIOUS BUSINESS NAME STATEMENT NO. 2011-020649**

FICTITIOUS BUSINESS NAME(S): a.) Sheridan Way Properties b.) EAMCO  
Located at: 25928 E. Old Julian Hwy., Ramona, CA 92065  
This business is conducted by: A General Partnership  
The first day of business was; Feb. 4, 1986  
This business is hereby registered by the following: Eric Metz 15974 Litten Way, Ramona, CA 92065; Eric A. Metz Family Limited Partnership 375 N. Stephanie St., Ste 1411 Henderson, NV 89014  
This statement was filed with Recorder/County Clerk of San Diego County on July 20, 2011.  
East County Gazette- GIE030790  
7/28, 8/04, 8/11, 8/18, 2011

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM J. WALKER CASE NUMBER: 37-2011-00151740-PR-PW-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of WILLIAM J. WALKER A PETITION FOR PROBATE has been filed by STEPHEN K. WALKER in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that STEPHEN K. WALKER be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedents will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: AUGUST 11, 2011 AT 9 A.M. IN DEPT. PC-1 LOCATED AT 1409 FOURTH AVE., SAN DIEGO, CA 92101 MADGE BRADLEY. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Margaret F. Bearden, Esquire 152 West Park Ave., Suite 250, El Cajon, CA 92020. (619) 444-6184.

EAST COUNTY GAZETTE –GIE030790  
July 14, 21, 28, 2011

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NO.37-2011-00093726-CU-PT-CTL**

IN THE MATTER OF THE APPLICATION OF VERONICA WILSON ON BEHALF OF MINOR ALEXANDRIA ELIZABETH MARIA KARAOU I FOR CHANGE OF NAME PETITIONER: VERONICA WILSON ON BEHALF OF MINOR ALEXANDRIA ELIZABETH MARIA KARAOU I HAS FILED FOR AN ORDER TO CHANGE NAME

FROM: ALEXANDRIA ELIZABETH MARIA KARAOU I

TO: KATT ANA VERO ISABELLE WILSON THE COURT ORDERS that all persons interested

in this matter shall appear before this court (San Diego Superior Court, 330 WEST BROADWAY, SAN DIEGO, CA 92112, Department 14, on AUGUST 11, 2011 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON JUNE 29, 2011.

East County Gazette – GIE030790  
7/14, 7/21, 7/28, 8/04, 2011

Trustee Sale No. 11257 Loan No. DELAO Title Order No. 377996 APN 483-340-48-22 TRA No. 03188 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/15/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 8/11/2011 at 10:00 AM, ACTION FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 09/23/2008 as document No. 2008--504046 of official records in the Office of the Recorder of San Diego County, California, executed by: JAVIER G. DELAO, AN UNMARRIED MAN, as Trustor, 523 GRAVES, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF. EXHIBIT A A Condominium Comprised of: Parcel 1: An undivided one-twenty-fourth (1/24th) interest as tenants in common in and to the following described real property: Lot 1 of Marivillas, in the City of El Cajon, County of San Diego, State of California, according to map thereof No. 10708 filed in the Office of the County Recorder of San Diego County Recorder of San Diego County, August 23, 1983. Except therefrom the following: (A) All living units shown upon 523 Graves Condominium Plan recorded May 25, 2006 as File No. 2006-0370500, in the Official Records, San Diego County, California ("Condominium Plan") (B) The exclusive right to possession of those designated areas as exclusive use common area parking space, carport and yard area as shown upon the Condominium Plan referred to hereinabove and which are conveyed by Grantor to the purchaser of any living unit. Parcel 2: Living Unit LU-214 as shown on the Condominium Plan referred to hereinabove. Parcel 3: The exclusive right to the use, possession and occupancy of those portions of the real property referred to in Parcel 1 above, designated as exclusive use common area yard area, if applicable, as appurtenant to Parcels 1 and 2 above described and bearing the same number designated as the living unit referred to in Parcel 2 above. Parcel 4: The exclusive right to the use, possession and occupancy of those portions of the real property referred to in Parcel 1 above, designated as exclusive use common area parking space PS/NA, as appurtenant to Parcels 1 and 2 above described. Parcel 5: The exclusive right to the use, possession and occupancy of those portions of the real property referred to in the Parcel 1 above, described as exclusive use common area Carport CP-59, as appurtenant to Parcels 1 and 2 above described. APN: 483-340-48-22 The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 523 GRAVES AVENUE, UNIT 214, El Cajon, CA 92020. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$185,238.84 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 7/11/2011 ACTION FORECLCLOSURE SERVICES, INC. 3033 FIFTH AVENUE SUITE 235 SAN DIEGO, CA 92103 (619) 704-1090 AUTOMATED SALES LINE (714) 573-1965 [www.priorityposting.com](http://www.priorityposting.com) MIMI OVANESSOFF, TRUSTEE SALE OFFICER P857495 7/21, 7/28, 08/04/2011



— LEGAL NOTICES —

**NOTICE OF TRUSTEE'S SALE TS #: CA-10-396852-VF** Order #: 100643078-CA-GTI **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/30/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **GEORGETTE E ROGERS, AN UNMARRIED WOMAN** Recorded: 10/31/2007 as Instrument No. 2007-0696612 in book xxx , page xxx of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: 8/18/2011 at 10:00:00 AM Place of Sale: **At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA** Amount of unpaid balance and other charges: **\$159,223.16** The purported property address is: **1475 OAKDALE AVE 10 EL CAJON, CA 92021** Assessor's Parcel No. **511-014-16-10** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **Bank of America 475 Crosspoint Parkway Getzville NY 14068** Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney.** Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: [www.priorityposting.com](http://www.priorityposting.com) Reinstatement Line: 619-645-7711 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is inten ded to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0008002 7/28/2011 8/4/2011 8/11/2011

**NOTICE OF TRUSTEE'S SALE TS #: CA-10-382581-VF** Order #: 560587 **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/13/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **JENNIFER HARTMAN** Recorded: 2/22/2006 as Instrument No. 2006-0125233 in book XXX , page XXX of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: 8/18/2011 at 10:00:00 AM Place of Sale: **At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA** Amount of unpaid balance and other charges: **\$297,692.73** The purported property address is: **1227 GREEN GARDEN DR #4 EL CAJON, CA 92021** Assessor's Parcel No. **388-250-36-36** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **Bank of America 475 Crosspoint Parkway Getzville NY 14068** Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney.** Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: [www.priorityposting.com](http://www.priorityposting.com) Reinstatement Line: 619-645-7711 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is inten ded to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0008187 7/28/2011 8/4/2011 8/11/2011

**NOTICE OF TRUSTEE'S SALE TS #: CA-11-427414-AB** Order #: 5140043 **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/19/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **JOSHUA SANCHEZ AND KRISTY A. SANCHEZ HUSBAND AND WIFE AS JOINT TENANTS** Recorded: 9/24/2007 as Instrument No. 2007-0623435 in book xxx , page xxx of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: 8/4/2011 at 10:00:00 AM Place of Sale: **At the entrance to the east county regional center by statue, 250 E. Main Street, El Cajon, CA** Amount of unpaid balance and other charges: **\$195,823.64** The purported property address is: **855 E LEXINGTON AVE 4 EL CAJON, CA 92020** Assessor's Parcel No. **488-261-88-04** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **Nationstar Mortgage LLC 350 Highland Drive Lewisville TX 75067** Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52. **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney.** Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 or Login to: [www.priorityposting.com](http://www.priorityposting.com) Reinstatement Line: 619-645-7711 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is inten ded to exercise the note holders right's against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0006250 7/14/2011 7/21/2011 7/28/2011

**CASE NUMBER 37-2011-00065973-CU-PA-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO):** Veronica Carey, and DOES 1 to 25. **YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE):** Ashley Simas. **NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contact-ing your local court or county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. **Tiene 30 DIAS DE CALENDARIO** despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California, ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 250 E. Main St., EL Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Joseph Howell (Bar#140710), Law Offices of Joseph A. Howell, 7855 Ivanhoe Avenue, Suite 408, La Jolla, CA 92037 (858) 459-2603, Fax (858) 459-1005. Date: (Fecha) February 22, 2011. Clerk (Secretario) By: G. Miller, Deputy Clerk (Adjunto) East County Gazette GIE030790 July 21, 28, Aug. 4, 11, 2011

**CASE NUMBER 37-2011-00065973-CU-PA-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO):** Antonio Hernandez, and DOES 1 to 25. **YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE):** Ashley Simas. **NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contact-ing your local court or county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. **Tiene 30 DIAS DE CALENDARIO** despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California, ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)) o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of San Diego 250 E. Main St., EL Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Joseph Howell (Bar#140710), Law Offices of Joseph A. Howell, 7855 Ivanhoe Avenue, Suite 408, La Jolla, CA 92037 (858) 459-2603, Fax (858) 459-1005. Date: (Fecha) February 22, 2011. Clerk (Secretario) By: G. Miller, Deputy Clerk (Adjunto) East County Gazette GIE030790 July 21, 28, Aug. 4, 11, 2011

**NOTICE OF TRUSTEE'S SALE TS #: CA-11-435899-AB** Order #: 5272085 **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/28/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **KAREN C. TURNER, AN UNMARRIED WOMAN** Recorded: 2/5/2008 as Instrument No. 2008-0055957 in book xxx , page xxx of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: 8/19/2011 at 9:00am PST Place of Sale: **At the SHERATON San Diego HOTEL & MARINA, 1380 Harbor Island Drive, San Diego, CA 92101** in the Nautilus Ballroom Amount of unpaid balance and other charges: **\$443,364.51** The purported property address is: **1296 HARDIN DR EL CAJON, CA 92020** Assessor's Parcel No. **492-393-13-00** The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, please refer to the referenced legal description for property location. In the event no common address or common designation of the property is provided herein directions to the location of the property may be obtained within 10 days of the date of first publication of this Notice of Sale by sending a written request to **Nationstar Mortgage LLC 350 Highland Drive Lewisville TX 75067** Pursuant to California Civil Code §2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: [1] The mortgage loan servicer has not obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; [2] The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55 . **If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney.** Date: Quality Loan Service Corp. 2141 5th Avenue San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2891 or Login to: [www.auction.com](http://www.auction.com) Reinstatement Line: 619-645-7711 Quality Loan Service, Corp. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is inten ded to exercise the note holders rights ' against the real property only. **THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE.** As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. IDSPub #0006927 7/21/2011 7/28/2011 8/4/2011



Newspaper Fun! Created by Annimills LLC © 2011



# MOTORANDSPORTS

## Championship games underway for many softball teams

### 2011 ASA 18-Under GOLD National Championship bracket play to begin — Major schedule change on Thursday to assist teams

The Amateur Softball Association (ASA) of America 18-Under GOLD National Championship bracket play began on Wednesday morning as the field of 64 teams began their quest for a National title. With teams represented from 25 states, the field completed two days of pool play games on Monday and Tuesday at both Sportsplex championship locations in Santee and Poway.

A major change to the schedule will occur only on Thursday as play from 9 a.m. to 4 p.m. will be postponed in order to accommodate participating team's requests to attend the funeral services of San Diego Renegade athlete Briana "Bree" Williams and her mother Donna Williams who both passed away on Monday, July 18. Play will resume on Thursday with the originally scheduled 9 a.m. games beginning at 4 p.m. at both facilities.

"Given the tragic situation one of our tournament teams is going through we wanted to adjust our schedule to meet the needs of all," said ASA Tournament Representative

Chris Chance. "Our hearts and prayers go out to all in the ASA softball community who have been affected from this tragedy."

With the assistance of the cities of Santee and Poway, along with Sportsplex USA management, tournament officials were able to realign tournament brackets in order to still crown a champion on Saturday evening.

"The San Diego softball community deeply mourns the tragic loss of one of our own," said Bill Berghoff, President of Sportsplex USA. "Our thoughts and prayers go out to the Renegade family."

Championship play began on Wednesday at 9 a.m. with the championship concluding on Saturday with a 4 p.m. championship game and 6 p.m. if necessary game.

For complete tournament coverage including streaming of Santee Fields 1,2,3 and live stats courtesy of Pointstreak, Inc. log on to [gold.asasoftball.com](http://gold.asasoftball.com).

The Amateur Softball Association, founded in 1933, is the National Governing Body of softball in the United States and a member of the United States Olympic Committee. The ASA has become one of the nation's largest sports organizations and now sanctions competition in every state through a network of 76 local associations. The ASA has grown from a few hundred teams in the early days to over 210,000 teams today, representing a membership of more than three million. For more information on the ASA, visit <http://www.asasoftball.com/>.



**East County Girls are Southern California Champions**

**The 2011 East County ASA 14 and under Girls Softball All Stars are state champions after winning the So. Cal "B" District Tournament in Lancaster, CA. These girls finished in first place out of 32 competing teams and went undefeated in the six game tournament. This was a first-ever in East County ASA history**

**They are now headed to Spokane, WA to compete in the Western National Championship in the first week of August.**

**Congratulations to these champion All Stars and their coaches for this historic East County achievement and hopes for continued success in the National Tournament. Photo credit: Tammy Erickson.**

## Monday Cottonwood BBQ Scrambles For 2011

Open to all, 9 hole scramble 5 pm shotgun for all dates.  
(Monday, Aug. 8, 22 & Sept. 12, 26)

Dinner, door prizes and fun!

Make your own foursome or we will pair you up.

\$35 per person.

Call the ProShop to sign up today!

**(619) 442-9891**  
**ext. 3**



## JUNIOR SUMMER GOLF CAMP For all kids, boys & girl ages 6-15

Golf instruction for beginners and advanced junior golfers  
Covering putting, chipping & pitching; and irons, fairway woods and drivers on the range and short-game area

**TWO SEPARATE CAMPS OFFERED EACH WEEK**

**Monday, Tuesday, Wednesday & Thursday**

**Morning Camp: 9 am - Noon**

**Afternoon Camp: 1 pm - 4 pm**

**Limited to 10 Kids per Camp.**

Aug. 1-4 • Aug. 8-11

Only \$149 per camp

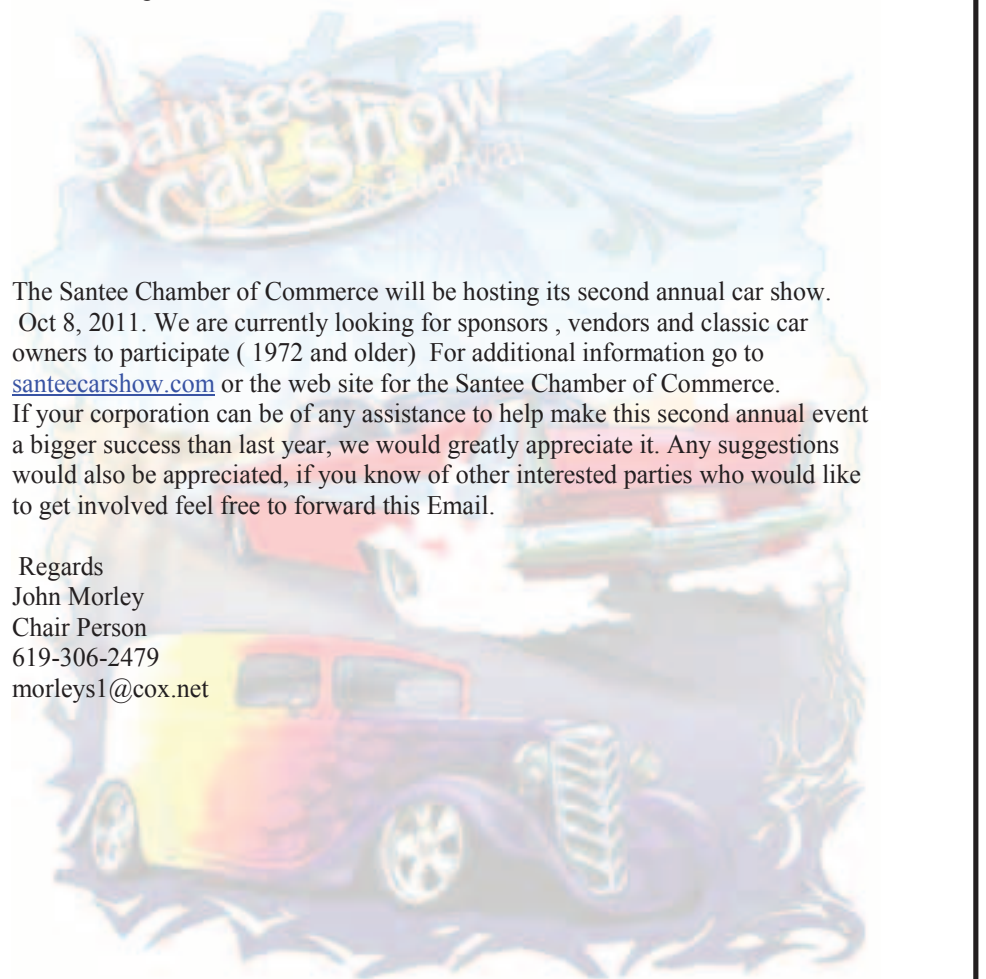
**Contact Rex Cole at (619) 889-1491 to register**

Upcoming Event  
Santee Car Show  
Oct 9th 2011  
9:00 to 5:00 pm



The Santee Chamber of Commerce will be hosting its second annual car show. Oct 8, 2011. We are currently looking for sponsors, vendors and classic car owners to participate (1972 and older). For additional information go to [santeecarshow.com](http://santeecarshow.com) or the web site for the Santee Chamber of Commerce. If your corporation can be of any assistance to help make this second annual event a bigger success than last year, we would greatly appreciate it. Any suggestions would also be appreciated, if you know of other interested parties who would like to get involved feel free to forward this Email.

Regards  
John Morley  
Chair Person  
619-306-2479  
[morleys1@cox.net](mailto:morleys1@cox.net)





## —MOTORandSPORTS—

# 2011 Nissan Murano Cross Cabriolet



2011 Nissan Murano Cross Cabriolet. Photo credit: Dave Stall

by Dave Stall

**W**hen I first saw the 2011 Nissan Murano Cross Cabriolet at the Los Angeles auto Show I was not impressed. I started hearing positive remarks concerning the Cross Cabriolet, so I ordered one.

It's a good thing I am used to eating crow on a regular basis as the 2011 Murano is a hoot to drive especially sitting high in the saddle with a view

that's forever. Well, it's a little restricted with the top up but what convertible doesn't have that issue?

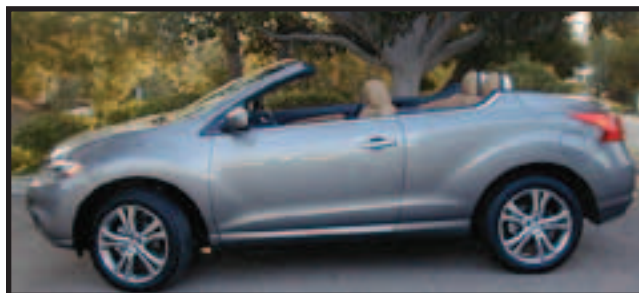
Nissan started with a Murano SUV and transformed it into a 2 door SUV convertible that still uses the 265 horsepower DOHC 3.5-liter V6 with a CVT transmission backing it up. Fuel mileage is decent considering the weight of the vehicle, 17 MPG in the city and 22 on the open road – not bad. The exterior has a unique

look to it that will grow on any driver who is not a fan or is a no-brainer for fans.

The interior of my tester was a beautiful Camel-colored leather with wood accents that made the Murano pop. Seating for four adults includes easy access to the back seats that have center cup holders as well. The driver and passenger seats have plenty of adjustments for their comfort level. Front seats have seat heaters that work like a charm, 8-way power for the driver seat and 4-way for the passenger. The leather wrapped steering wheel is heated too and there's a shift knob. The

steering wheel telescopes and tilts electronically for maximum comfort and the cruise control and audio controls are right at the driver's finger tips. This model has a great navigation system that is easy to operate and a Bose sound system with satellite radio.

The top is a snap to open and close. Just put the Murano in park, push on the brake pedal, and push the switch that is located on the center console to open. The windows will drop and the top folds back into the trunk area for a clean crisp look. I think the real joy in driving this Murano is driving with the top down. There's



Top down on Nissan Murano Cross Cabriolet. Photo credit: Dave Stall



Top folding down with ease on the 2011 Nissan Murano Cross Cabriolet. Photo credit: Dave Stall

plenty of visibility and since the ride is high, it's a dream on the open road or in the hills of East County.

Safety is very important to Nissan and this is noticeable by looking at the convertible top as there is a window just above the back seat head rests. Why? If the Murano was to roll over the car is designed to deploy the two head rest outward, they would not rip through the top during testing so Nissan

installed a window that would break away and allow the roll bars to fully extend.

I felt the Murano Cross Cabriolet should have been in the Infiniti line up not Nissan. The Murano is truly luxurious with a price tag of \$46,390 and out the door minus tax and license \$47,700. For anyone into riding topless the Murano may be just the ticket. Check one out at the nearest Nissan dealer.

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# Our Best Friends

## What we can learn from pets and wildlife

As humans, we're social animals. We need family, friends, and regular social banter to be happy.

But apparently, we're not the only social animals. There are many things we can learn from pets and wildlife about friendships and taking care of each other. In fact new research has shown that animals of different species can even develop deep friendships with each other.

A new book titled "Unlikely Friendships: 47 Remarkable Stories from the Animal Kingdom" is hitting the bestsellers' lists and showing the world about the prevalent but unique bonds between different animal species across the world.

"I expect that anyone who loves animals, and even those who don't, can't help but be touched by these unusual partnerships," says author and National Geographic writer Jennifer Holland. "They remind us that kindness can rise above anything, even instinct."

For example, when Hurricane Katrina slammed into

New Orleans in 2005, many pet owners were forced to abandon their pets as they rushed to high ground. As domesticated animals were forced to fend for themselves, some formed packs for protection.

Among them were Bob Cat, a male cat, and Bobbi, a female dog, each with a bobbed tail. The fact that Bob Cat was fully blind made the animals' relationship all the more touching. Bobbi the dog had been keeping Bob Cat safe by barking or nudging him in the right direction.

But such strong bonds are not seen only in domesticated animals.

In China, staff at a natural reserve witnessed an unusual bond between an abandoned rhesus monkey and white dove believed to be part of a bird migration study. For two months, the macaque and dove shared a space and snacked on corn together. The monkey even showed affection, hugging the dove. If only the dove had hands and arms with which to hug back!

Of course, the most surprising interspecies bonds can sometimes be between humans and other animals, particularly predators. When National Geographic photographer Paul Nicklen was assigned to shoot leopard seals in the Antarctic, he was determined to shoot fast and get out quick. Leopard seals have been known to attack humans.

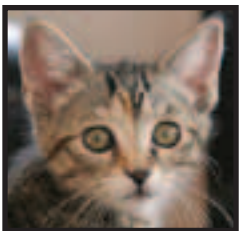
But a 12-foot female took a liking to Nicklen. The seal hovered around him, as if posing for the camera. She then hunted and killed a penguin -- the seal's usual prey -- and offered it to Nicklen repeatedly. When the photographer ignored her offering, the seal then brought him live penguins and blew bubbles in his face, as if exasperated with his passive nature. For more stories of remarkable friendships in the animal kingdom, check out "Unlikely Friendships."

"If animals can do it, humans can also learn to accept their differences, big and small, and believe in the power of friendship," says Holland. "After all, it's in our nature."



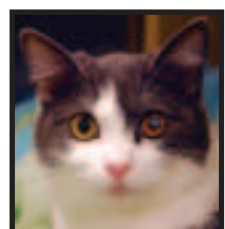
Animals can teach us about love and friendship. PHOTO SOURCE: (c) CNImaging/Photoshot

### ADOPT-A-PET



Cuddles is a beautiful brown, DSH calico tabby kitten. Only two months old, Cuddles has a loving and outgoing personality. She loves to climb, run, play with feather toys and chase balls. Cuddles thrives on love and attention and wants to be your new best friend! For more information call (858) 405-0852, or meet Cuddles at our PetSmart Point Loma adoption center at 3610 Rosecrans. Adoption hours are Monday-Friday 5pm-8pm, Saturday 12pm-3pm and 6pm-8pm, and Sunday 1pm-6pm. Cuddles' \$150 adoption fee includes spay, microchip, vaccinations and she is negative for FIV/FELV.

My name is Boone and I am a 6 year old Lab/mix. I need a good home with a fenced yard. I like to run and play but I accidentally ran out into the street and I was hit by a car, hence I temporarily I have this big white cone around my head. I went to Animal Medical Center on Broadway in El Cajon and they were wonderful to me and fixed me real good!!!!!! I have a few stitches that will be out in a few more days and I will be ready to go to my new home. My current family does not have a fenced yard and they are willing to give me to a very good home, because I am a very good dog, as long as you have a fenced yard so that I will stay out of the way of cars. I currently live in the country but I also know that I would love to live in the city. I am a sweet gentle giant of a love, I like other dogs and people. I like to play with other dogs and I am very quiet, happy and friendly. I would be a GREAT addition to my new family. I do not, yet, know how to e-mail but I am learning because I am very smart. So please e-mail Lynn if you would like to meet me and the best would be for you to take me home with you. Lynn Endicott, Silver Creek Fine Art Gallery & Custom Framing, 120 East Main Street, El Cajon, CA 92020 P.S. I do not live at the Gallery but let Lynn know so we can meet you sometime soon.



Say hello to Mishka! This gentle girl is a beautiful nine-pound, grey and white DSH who loves to play with many toys and enjoys a calm household. She gets along with other cats, and would love a feline buddy. For more information call (858) 405-0852, visit <http://www.focas-sandiego.org/adopt/miska.htm>, or meet Mishka at our PetSmart Point Loma adoption center at 3610 Rosecrans 92110. Adoption hours are Monday-Friday 5pm-8pm, Saturday 12pm-3pm and 6pm-8pm, and Sunday 1pm-6pm. Mishka's \$100 adoption fee includes spay, microchip, vaccinations and she is negative for FIV/FELV.

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