

VOLUME 11 NUMBER 16 Gazette Newspaper Group, LOCAL, STATE AND NATIONAL AWARD WINNING PUBLICATIONS, proudly serves El Cajon, Rancho San Diego, La Mesa, Spring Valley, Lemon Grove, Ramona, Santee, Lakeside, Alpine, Jamul and the Back Country SEPTEMBER 23-29, 2010



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# **Bolts light up blackout**



San Diego Chargers tight end Antonio Gates (85) scores on a 9 yard pass from Phillip Rivers in the second quarter as the San Diego Chargers defeated the Jacksonville Jaguars 38-13 at Qualcomm Stadium. See page 20 for full story. Photo credit: Tom Walko

## Local News & Events

## **Historic Rancho Los Coches turns 150**

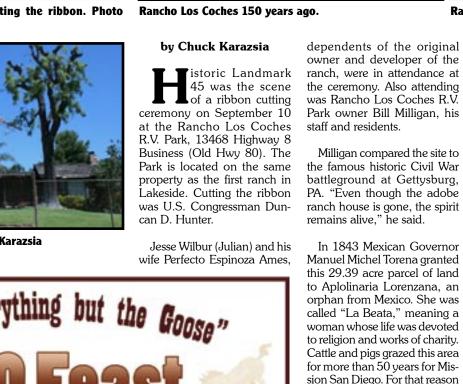


Congressman Duncan D. Hunter cutting the ribbon. Photo credit: Chuck Karazsia



Windmill House. Photo credit: Chuck Karazsia







**Rancho Los Coches today. Photos Courtesy** 

of the Mexican reign, Jesse Julian Ames, a U.S. Army veteran and local politician married Perfecta Espinoza. Together they developed Rancho Los Coches, building the first permanent building - an adobe house - and farmed vegetables, herded sheep and cattle, and grew cactus (from seeds from Spain) to border the ranch. They employed and supervised native Conejos, Jacumbas, and Dieguenos Indians from the area to work the ranch. Artifacts from these Native American Indians remain hewn in stone by as evidence of when they inhabited this area.

Ames built a stone corral used as a stagecoach station for the Butterfield Stage, and "Jackass Mail" routes. Part of this corral still stands. He also erected a gristmill turned by horses to grind the grain.

After the United States Land Commission confirmed title of the property to Anacieto Lestrada, a Los Angeles priest, he deeded to Thaddius Amat. a Los Angeles/Monterey bishop in 1870.

In 1866 attempting to bring a doctor to the ranch for his wife's tenth childbirth, Ames passed away leaving the care of the ranch to his large sibling family. Bishop Amat deeded the ranch to the widowed Perfecta de Ames in 1874

The ranch changed ownership several times and Mr. and Mrs. W.W. Wheatley eventually acquired Rancho Los Coches in 1925. They built the Windmill house, using the windmill to generate power for the house and water pump. Lakeside residents George and Jo Ann Ramstead bought and renovated the ranch in 1984 into the 29-space trailer park. The Windmill still stands on the property in excellent condition.

#### Dear Les

of the Pigs.'

the area became known as

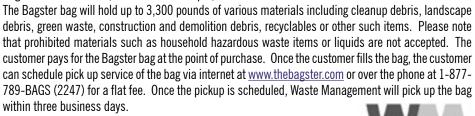
Canada de Los Coches, "Vale

In 1859 toward the end

"I am preparing to clean out my garage. Is there an easy and affordable way for getting rid of my junk?" Signed. Scott B.

#### Dear Scott.

Thanks for your great question. Waste Management has an innovative new waste disposal and recycling service called Bagster. The Bagster service is great for clean ups, home renovation projects, landscaping projects or any other activity that generates large volumes, but not large enough to any other activity that generates large volumes, but not large enough to require a standard bin or roll off box. It is easy to use, convenient, and the Municipal Relations Manager at Waste service is flexible to meet customer needs. Customers can purchase the Management of San Diego. Bagster at retail stores, such as Home Depot, Lowe's or ACE Hardware.



Thank you! Les









### GAZETTE LOCAL NEWS & EVENTS

# **El Cajon highlights**



Heartland Fire Deputy Chief Tim Smith is joined by East County CERT Coordinator Monica Zech in receiving a check from SDG&E to the East County CERT.

by Monica Zech City of El Cajon Public Information Officer

#### Now accepting applications for the Teen Coalition Board

he City of El Cajon Teen Coalition will soon kick off another year of leadership and community service opportunities for teens in El Cajon. Applications are actively circulating at El Cajon middle schools, high schools, and recreation centers. The press release and application are also available on the City's website at www. elcajonrec.org. Teen Coalition candidates must be residents of El Cajon or attend a school within the City limits, in grades 6 through 12, and be under the age of 19 years old as of September 1, 2010. Those interested in becoming coalition members need to complete an application and return it to the Recreation Department at City Hall by September 27, 2010. Members will develop their leadership skills and engage in community service. Apply today and make a difference in your community! For more information call (619) 441-1516.

#### **Applications due by Friday** for El Cajon Firefighter **Reserve Program**

Is your career goal to become a firefighter? Apply for the El Cajon Fire Department's Fire Reserve program. The application period for the 2011 El Cajon Fire Department joint Heartland Firefighter Academy & El Cajon Fire Reserve Firefighter Academy opened September 9 and concludes this Friday, <u>Sept.</u> <u>24</u>. A Reserve Firefighter is an auxiliary position with the El Cajon Fire Department and it's an opportunity for those interested in a fire service career to get invaluable hands-on experience while giving back to the community. Participation as a Reserve neither implies nor guarantees an offer of employment with the El Cajon Fire Department. Visit www. elcajonfire.com for more information and/or to download an application.

#### **Concerts On The Green** concludes Friday

The El Cajon Community **Development Corporation** (CDC) will hold their next and last Concerts On The Green this coming Friday, Sept. 24, 6 to 8 p.m. with Smoke Staxx. This last concert of the season will be held at the Prescott Promenade located on East Main Street, between Claudelle and Magnolia Avenues.

#### The monthly Lend A Hand Clean Up Day is this weekend!

Join fellow residents, business owners, and communityminded individuals as they come together to remove trash and graffiti in the neighborhoods of Downtown El Cajon on Saturday, Sept. 25, from 9 to 11 a.m., at West Park Avenue & Chambers Street. The San Diego Rescue Mission will be present to collect any usable items that the residents of Downtown El Cajon no longer need. So please, donate vour working electronics, furniture, household articles, baby items, or clothes (and remember, vour donations are tax deductible!). For more information contact the El Cajon Community Development Corporation (CDC), at (619) 401-8858, or visit www.downtownelcajon. com. Next month the Lend A Hand clean up will be held on October 30 at Wells and Graves Avenues.

#### **Annual El Cajon Fire Open** House, Safety & Career Expo

This fun free family event is from 10 a.m. to 2 p.m. at 100E. Lexington Avenue. Over 40 health & safety organizations will be represented, free child safety helmets while supplies

last and child I.D.'s. Youngsters will enjoy the Home Depot's Kids Workshop. Core Self Defense will be teaching children about self-defense, while parents learn more about fire safety and disaster preparedness from the Office of Emergency Services and the American Red Cross. San Diego Gas & Electric will have a special display on electrical safety, with information on safety issues concerning natural gas and energy conservation. Visit <u>www.elcajonfire.com</u> to see the full line up of safety National Preparedness Month September is the seventh annual National Preparedness Month. This year, the Ready Campaign helped Americans understand that preparedness goes beyond fire alarms, smoke detectors, dead-bolt locks and extra food in the

pantry to change perceptions about emergency preparedness and help Americans understand what it truly means to be "Ready." Visit www. alertsandiego.org for life saving information about being prepared for disaster, such as an earthquake, or fire. Learn more about Get Ready To Shake Out nationwide earthquake drill at www. shakeout.org planned for October 21.

If you have an event in the City of El Cajon that you would like to share, please contact Monica Zech, Public Information Officer for the City of El Cajon, via e-mail at mzech@ci.el-cajon.ca.us, or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, California 92020.





**Book your party now** for any occasion!

**Banguet Room** 

up to 55

#### **Banguet Room** up to 55

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For more info go to www.mangia-bene.com or info@mangia-bene.com

## **Business/Finance & Real Estate**

## Viejas new marketing director enjoys the | East County Carpet to creativity and team building of her job



Holly O'Brien. Photo courtesy

by Diana Saenger

olly O'Brien, the new Vice President of Marketing at Viejas Casino, had never been to San Diego before coming from her home in Phoenix to interview for the position. She learned about the opening through the new General Manager, David Williams, whom she had worked with before.

"When I arrived here I saw a real jewel," O'Brien said. "This is a property with phenomenal culture and a lot of unusual, distinct and beautiful

Are you a Long-time Resident Homebuyer? You may be eligible for an income tax refund up to \$6,500.

Did you buy a new home after Nov. 6, 2009? Did you live in your prior home for 5 out of the past 8 years? If you can answer yes to both of these questions, call or email for help with filing an amended 2009 tax return.

Income Tax Assist

Debbie Haverly, CPA (619)647-5649 debbie.haverly@ incometaxassist.com

attributes. The location is not just convenient, it's a gorgeous and beautiful setting and that was appealing. And since I came to work here, every person I've met on the floor and throughout the property has been friendly and very welcoming.'

O'Brien earned a Bachelor's degree from Syracuse University's Newhouse School of Public Communications and an M.B.A. from Fordham University. She was a marketing executive at Harrah's Ak-Chin in Phoenix, and at Harrah's St. Louis where she successfully launched two new food outlets, a nightclub and a hotel expansion. As a Director of Marketing at Joe Boxer. she launched sportswear and rolled out concept shops at Macy's nationwide.

After working as a journalist, O'Brien sought a career in marketing for several reasons. "It's creative and analytical and in equal measure," she said. "There aren't that many fields you can say that about, but it's true in the casino industry because several times a day we look at our numbers. And because of the real-time aspects of casino marketing, whether it's concert tickets, promo participation, tournament sign-ups, or meals at your outlets, you have the ability to make change quickly. We also measure performance of our marketing programs against prior programs and against any assumptions we made going in."

Duties that fall under O'Brien's marketing position include handling database marketing, promotions and VIP events, advertising, player development and the Viejas loyalty club. "Other areas of responsibility are marketing research and making sure findings are integrated with our marketing strategies.' O'Brien said. "We all have to know what each other is doing every step of the way because that's the only way marketing can be effective.

O'Brien has seen a lot changes in the marketing industry and understands it's important to remain current with the trends such as using Twitter and Facebook, social networks important to a certain segment of guests in regards to entertainment venues, concert tickets and tournaments.

"We have to be up on new delivery mechanisms in order to meet the needs of our customers, particularity as customers get younger," O'Brien said. "At Viejas we introduced iPads to our hosts so they can walk the floor and in real time deliver premium customer service because they don't have to go into a room to print something. They can take care of guest issues



anywhere, anytime, because information is in our system immediately. That not only saves time for the quests, but instills a confidence in them that we are taking care of them right on the spot.<sup>2</sup>

Along with her duties, O'Brien has set some goals for Viejas Casino. "We're working on a consistent look, feel, and identity in the market place. Viejas has been around 19 years, and we're making some changes, mostly in branding, which is the position in the market place we are going to occupy and the kind of message and voice we use when we communicate what we do, what we stand for, and how the customer will always recognize Viejas. Starting in October, you will see these changes in our advertising, direct mail, and signage.'

O'Brien is also excited to have three Tribal interns to mentor in the marketing department. "I taught kindergarten in Harlem, and it was the hardest and most important job I ever had," she said. "I was also a marketing professor at a graduate business school, so I enjoy teaching at all levels. I love seeing the contributions of our interns, and the best part of my position here is that I get to be part of every team member's development.

She is already fitting in at work and O'Brien and her husband, an airline pilot, are enjoying discovering the community. They like to cycle and hike together and O'Brien swims every morning, but her job is something she takes seriously.

"Our guests at Viejas have choices of where they go," she said. "They are on the receiving end of everything we do, so we owe them a wonderful dav.'

#### **Parking Lot Sale at El Cajon Elks Lodge**

The El Cajon Elks Lodge located at 1400 East Washington Avenue, El Cajon, CA 92019 is holding its annual "Parking Lot Sale" on Saturday, Sept. 25 from 8 a.m. until 12 noon.

Spaces are still available if you have items to sell. For more information, call Bill Brown at (619) 390-4117.

# hold Grand Opening event

Chris Priddy, owner of East County Carpet has announced a Grand Opening event Saturday, Oct. 2 and Sunday, Oct. 3 from 10 a.m. to 3 p.m.

"The event should be lots of fun, with snacks, raffles and prizes," said Priddy.

Chris Priddy, a graduate of Santana High School began his carpet business 17-yearsago in Lake Havasu City, Arizona. He recently returned to Santee, with his business because, "This is where my because, "This is wheart is," he stated.

Fibertech and Thor. all Santee businesses before leaving for Arizona.

Now as sole proprietor of the 17 year old business (although operating under another name since you can't very well be Arizona Carpetman in California now can you?) it is still business as usual when it comes to honesty, policy, service, quality and value for your money!

Be sure to stop in at 10149 Prospect Avenue in Santee and say "welcome home" to Chris and enjoy the grand opening celebration! For more information or questions, call (619) 746-1645.

Priddy had worked at Veys',

## Lakeside Chamber ribbon cuttings



Childrens Choice Daycare (Left to right) Chuck Barber, Laura Cyphert, Jaylen McKinney, Jennifer House, Jean Stanzick, Candis Beckwith, Terry Leimbach, Jim Durant, Jerry Mosier, Kathy Kassel. Located at 9748 Los Coches Rd.,Lakeside, CA 92040. Half off registration special \$50 normally \$100. Open Monday through Friday from 6 a.m. to 6 p.m. (619) 561-1178 I



East County Feed (left to right) Jerry Mosier, Jim Durant, Marty Barnard, Dennis Coty, Laura Cyphert, Jean Stanzick, Kathy Kassel (not pictured- Scott Hitz). Located at 10845 Woodside Ave., Santee. open seven days a week with delivery available. Hours: Monday-Friday 8:30 a.m. to 6 p.m., Sat. 8:30 a.m. to 5 p.m., Sun. 10 a.m. to 4 p.m. 562-2208



Spa Parts Depot (left to right) Kathy Kassel, Amy Ruiz, Ed Johnson, Owner Ron Smith holding baby Mackenzie, Stephanie, Kathy, Terry Leimbach, Jean Stanzick, Jim Durant, Jerry Moseir, Chuck Barber. Located at 1677 N. Marshall Ste. B, El Cajon. Hours: Monday- Friday 9 a.m. to 6 p.m., Sat. 9 a.m. to 3 p.m. Closed Sunday. 933-6033. Photo credits: Patt Bixby



# For Health's Sake

## Health screenings and tidbits

Kids Care Fest in La Mesa offers free health care screenings on Sept. 25

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The Grossmont Healthcare District and the City of La Mesa are jointly presenting the ninth annual Kids Care Fest, a free event featuring free health care screenings, to be held from 9 a.m. to 2 p.m. on Saturday, Sept. 25, at Briercrest Park, 9001 Wakarusa St., La Mesa. The public is invited to attend.

Organizers expect more than 1,000 children under age 12, including many from lowincome and under-insured families, will receive free, potentially life-saving, health care screenings, including hearing and vision screenings, from healthcare professionals at the event. Additional free health screenings will include dental, podiatrist and chiropractic, as well as scoliosis spinal exams. Free medical information at more than 50 exhibit booths will include advice from pediatricians, dermatologists and pharmacists.

Additional free, hand-on activities will include arts and crafts, sports activities, bungee and astro jumps and pony rides, along with demonstra-

Donald Adema, DO

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tions and displays from law enforcement, including police and fire officials. Free new reading books, along with coloring books and crayons, will be available for children to take home and keep. A free lunch will be served to children while supplies last.

Other sponsors include La Mesa Park and Recreation Foundation, Sharp Grossmont Hospital , Rady Children's Hospital, KUSI-NEWS, The San Diego Union-Tribune, San Diego Family Magazine and Golden Acorn Casino. The City of La Mesa is coordinating exhibit booths and law enforcement displays. The Grossmont Healthcare District, a public agency that supports healthrelated community programs and services in San Diego's East County, is overseeing event details, including exhibit booths and sports activities. The free lunch and arts and crafts activities will be provided by volunteers with the La Mesa United Methodist Church, Friends of East County Arts, La Mesa Rotary and Major League Baseball player Troy Glaus and La Mesa Arts Alliance.

Kids Care Fest is a smoke-free event. Free parking is available at Sharp Grossmont Hospital 's Brier Patch campus at 9000 Wakarusa St. and Grossmont Medical Arts Building at 8851 Center Dr . For more information, phone (619) 825-5050 or visit www.grossmonthealthcare.org.

#### Prescription Drug Drop Off Day set for September 25 in El Cajon

As part of National Prescription Drug Take-Back Day the El Cajon Police Department and La Mesa Police Department, working in conjunction with the Drug Enforcement Administration, are hosting a prescription drug drop off site on Saturday, Sept. 25, from 10 a.m. - 2 p.m. at the Kaiser Permanente parking lot, 250 Travelodge Drive in El Cajon. El Cajon and La Mesa Police Officers and DEA representatives will staff the site.

Bring your outdated, unused or unwanted prescription pills, ointments, or liquids; no questions asked. This will be a drive-through operation. The public will drive into the lot, hand their medications to the law enforcement personnel, and then continue back out onto the roadway.

This event is part of the American Medicine Chest Challenge that is encouraging residents to get rid of their unused and outdated prescription drugs.

For more information go to <u>www.americanmedicinechest.</u> <u>com</u> or contact Lt. David Bond with the La Mesa Police Department at (619) 667-1412 or Lt. Steve Shakowski with the El Cajon Police Department at (619) 579-3325.



t worked. I was asked back to the Monterey yearly medical meeting of the California Osteopathic Association as a speaker to give more choices. Yes, we are waking up.

The topic was Behavioral Medicine and Medical Co-morbidities. Now, that is a bit broad and vague, so, when I called back for a little clarity I was told, "Just do what you did last year". Talk about carte blanche. After careful consideration of the arrogant and yet paranoid medical mind, we approached dementia and expanded behavioral non-pharmaceutical therapeutic approaches. The DVD included an excellent animated power point on the new prolein rich polypeptide research and the beta amyloid deposits contributing to the shrinkage of the brain in Alzheimer dementia. The Alzheimer Dementia Society has now put this new therapeutic neurtraceutical modality ahead of the Aricept and Namenda combination drug therapy. Stay tuned for more information on that approach.

The second approach to the topic was taking the EEG brain wave measurements to the next level. It truly is Star Trek, "beam me up", "make it so" technology. The patient is connected to the computer with electrodes placed on specific areas of the head and then moves a task or game with his mind, no key board or mouse use. Heralded by UCLA pain management teams, mapping and modifying brain waves or electric potentials is now successfully applied to autism, stroke victims, dyslexia and addictions, for starters. Wow, two therapeutic regimes without side effects or potential drug interactions. When a patient asks as to the side effects of these approaches, our reply is "health".

As fate would have it, the last portion of the DVD/powerpoint did not display on the jumbo trons. After quickly wishing for a glass of one of the fine local Monterey wines, or ten, discussion proceeded without the benefit of the visual. As many physicians approached the stage after the regroup and punt, my friends from residency gave me the high sign and the question and answer session in the foyer continued for another fifteen minutes. Psychiatrists, neurologists, internists and family practitioners were ready to apply something new that did not have multiple risks attached to the approach and that sadly had the required University names attached to the research and application. Again, we are waking up.

PS Does it not concern you that over 71percent of the pertussis cases are in those that were immunized according to protocol? Successful immunization antibodies require three injections, two months apart, to develop a defense to pertussis. Does it not concern you that the recent cry for safety from pertussis requires many to have a quick singular immunization injection? The elderly to the infant just after birth are being approached. It is even offered in the airport. Medicine by fear?

For questions or comments for Dr. Adema, please write to Horse Sense Questions, C/O Adema Family Medicine, 10201 Mission Gorge Road, Santee, CA 92071.



### Laughter is the Best Medicine

#### **Good service**

A man went to church one day and afterward he stopped to shake the preacher's hand. He said, 'Preacher, I'll tell you, that was a damned fine sermon. Damned good!'

The preacher said, 'Thank you sir, but I'd rather you didn't use profanity.'

The man said, 'I was so damned impressed with that sermon I put five thousand dollars in the offering plate!'

The preacher said, 'No s#\*%?'

Submitted by S. Dows

Have something funny to share? Send to Jokes@ecgazette. com or mail to Jokes at EC Gazette, P.O. Box 697, El Cajon, CA 92022.

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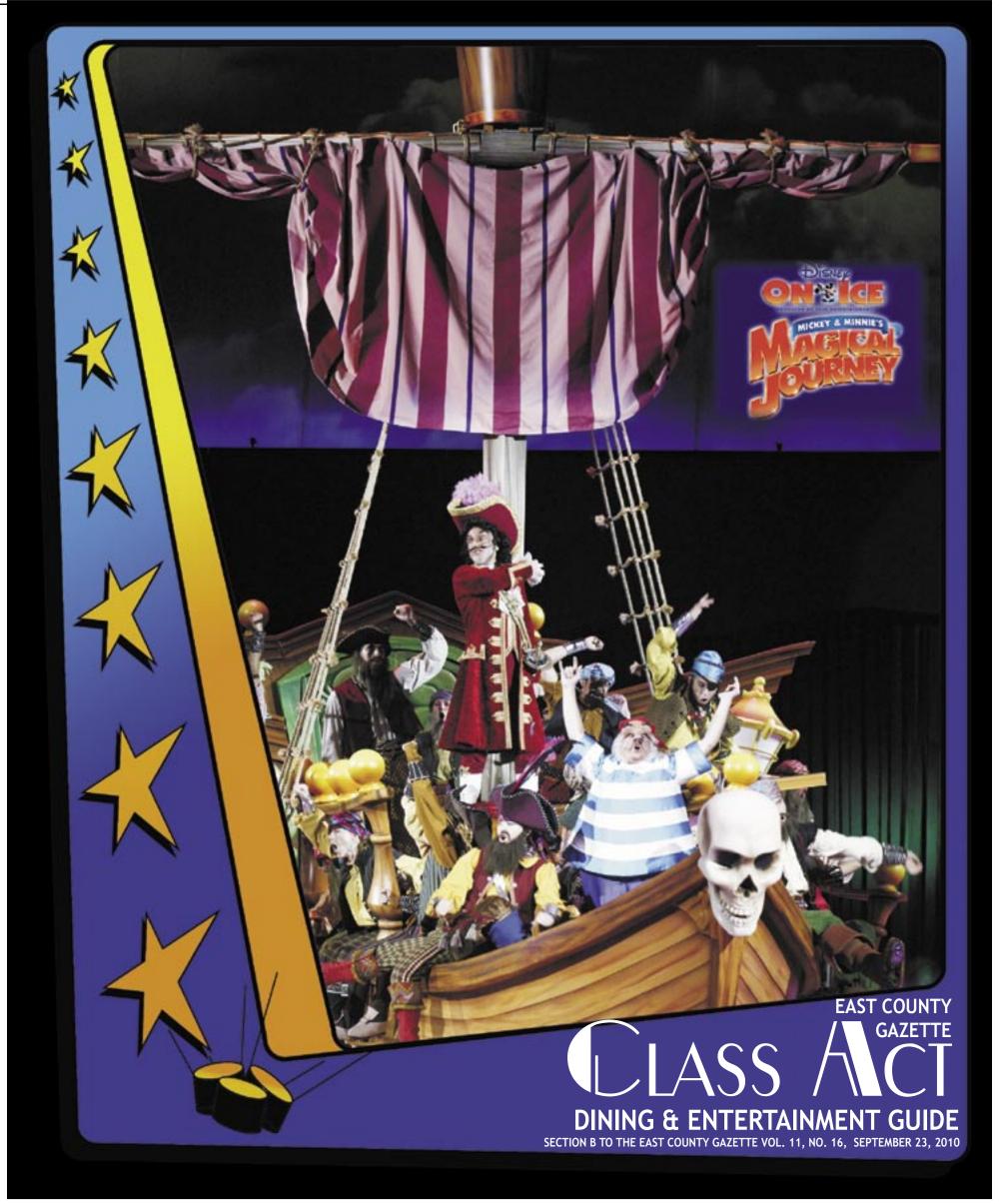
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# Out and about in the County

**Sept. 24: Gobble with the Goose** at Antique Row Cafe, 1185 E. Main St., El Cajon, from 5 to 8 p.m. Enjoy an evening of dining with the company of Mother Goose. Proceeds to benefit the Mother Goose Parade.

Sept. 25: 5 - 9:30 p.m. The City of Santee Park and Recreation Committee (SPARC) invites you to attend this fund-raising event. The festival will feature wine & beer tasting, food sampling, a silent auction and a variety of Bluegrass music. Funds will benefit municipal parks, community programs and the Voucher Incentive Program which provides financial assistance to qualifying Santee families to participate in recreation activities. \$50 per couple (admittance for 2 people), \$30 per individual (admittance for 1 person). Purchase Tickets Now Online or in person at Santee City Hall, 10601 Magnolia, Bldg. 6. Tickets will also be available at the door. This event is for adults 21 years old & up

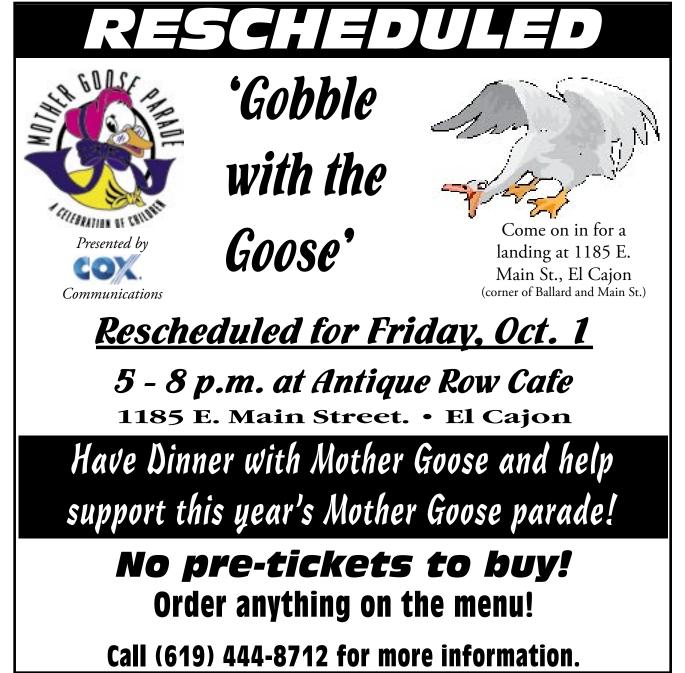
**Sept. 25: Inaugural Viejas Wine Fest**, featuring samples from some of southern California's premier wineries, will be held Saturday, Sept. 25 in the Park at the Viejas Outlet Center east of San Diego. The Viejas Wine Fest, presented by the Kiwanis Club of Alpine Foundation, runs from 3 to 7 p.m. on September 25, and also features the American Liver Foundation's 2<sup>nd</sup> Annual Tri-Tip Throwdown. Proceeds from the events will benefit the children of San Diego County, the Alpine Veterans Wall of Honor and the American Liver Foundation.

Sept. 29: The 2010 Cajon Classic Cruise, the last show of the regular season of Southern California's largest weekly classic car show will be next Wednesday, from 5 to 8 p.m. on Main Street. Admission is free to the Cajon Classic Cruise car show, featuring more than 500 classic, custom and hot rod cars and motorcycles valued at more than \$10 million in a street festival. setting every Two special post-season car shows will be held, including the Halloween Trunk or Treat show on Oct. 27, and the Parade of Lights Holiday show on Dec. 8.

Oct 1-2: El Capitan's Class of 1965 will hold its 45th class reunion, October 1& 2, at the Barona Resort & Casino in Lakeside. The Friday- Break-the-Ice party and Saturday-

Dinner & Dance has an inclusive cost for both events of \$125 per person. Reservations only! NO admittance at the door for either event. Make payments to Barbara (Stallings) Hogue, El Cap 65 Reunion Committee, and send to 580 Camino de la Reina #322, San Diego, CA 92108. For more info call Barbara at (619) 795-1350 or go to <u>bnhogue@att.net</u>. Join us to reconnect and celebrate 45 years. The reunion committee looks forward to seeing everyone. The committee includes Pennie Barrows Mc-Mahon, Georgette Stacy, Patt Mahoney Bixby, Carol Poe Livingston, Barbara Stallings Hogue, Marion Hays Grant and Kristen Cummings Schermerhorn.

Oct. 1 - 3, 8-10: Oktoberfest in El Cajon. The 39<sup>th</sup> annual Oktoberfest is presented by the German American



Societies over the first two weekends. Hours of this traditional, family-friendly festival are Fridays from 5 to 10 p.m., Saturdays from noon until 10 p.m., and Sundays from noon until 9 p.m. Oktoberfest in El Cajon is open to the public with an entry donation of \$5 for age 21 and over (\$3 for club members), those under 21 and all active military are admitted for free. Parking is also free. Visit <u>www.OktoberfestElCajon.com</u>, or phone (619) 442-6637. The address for our Biergarten and clubhouse is 1017 S. Mollison Avenue, El Cajon (from San Diego take I-8 East, exit right on Mollison Avenue).

Oct. 2: Poncho Sanchez at the Dream Catcher Showroom at Viejas Casino. Ages 21 plus only. General admission only. Tickets are available online at: Frontgatetickets. com. If music were about pictures, percussionist Poncho Sanchez's music would best be described as a kaleidoscopic swirl of some of the hottest colors and brightest lights to emerge from either side of the border. At any given show, on any given record, fragments of Latin jazz, swing, bebop, salsa and other infectious grooves collide and churn in a fiery swirl, with results that are no less than dazzling.

Oct. 9: Guardian Angels Church Fall Festival presents "Irish Eyes are Smiling." Friday, Oct. 8 from 5 to 10:30 p.m., Saturday, Oct. 9 from noon to 10:30 p.m. and Sunday Oct. 10 from 9 a.m. to 7 p.m. Game booths, crafts, book booth, entertainment, Multicultural food court, beer garden, live auction, grand raffle with cash prizes! All are welcome. Guardians Angels Church is located at 9310 Dalehurst Rd. in Santee. For more infomration, call Michele or Bernie at 619-258-9824.

Oct. 8: Keith Sweat at the Dream Catcher Showroom at Viejas Casino. Ages 21 plus only. General admission only. Tickets are available online at: Frontgatetickets.com Keith Sweat's sudden emergence on the music scene in the late 80's literally changed the R&B world forever. But his real gift has always been the ability to follow it up time after time, never holding back, always delivering great, powerful music. Like the best of those artists who seem to know just when to re-acquaint themselves with us, we discover through Keith Sweat's music that we're on more than just familiar terms with this charismatic singer/songwriter/producer. His music, always relevant, always easy to embrace, seems to somehow mirror our own emotional journey

**Oct. 24: 3 to 6 p.m. 22nd El Cajon Invitational Art Exhibit,** St. Clair Gallery, 270 E. Douglas Ave., El Cajon, CA 92020

### On the Cover ...

Disney On Ice presents Mickey & Minnie's Magical Journey takes audiences on a fun-filled tour to four exciting destinations filled with favorite Disney friends. With Mickey Mouse and Minnie Mouse as tour guides, guests will visit the enchanting worlds of Disney's The Little Mermaid, The Lion King, Lilo & Stitch and Peter Pan. Produced by Feld Entertainment, Disney On Ice presents Mickey and Minnie's Magical Journey performs at the San Diego Sports Arena, Oct. 6-10.

The San Diego Sports Arena will be filled with music and magic in every scene, including an enchanting undersea kingdom with Ariel and Sebastian, a jungle adventure in the African Pride Lands with Simba and Nala, a Hawaiian luau with Lilo and Stitch and a trip to jolly old London with Peter Pan and Tinker Bell.

See page 11 for price and time information.

Kids! Send the East County Gazette (1130 Broadway, El Cajon, CA 92021) a hand-drawn picture of your favorite Disney character and be enterted to win 4 tickets to Disney on Ice. Pictures must be received by Tuesday, Oct. 5. Make sure you put your name, age, parents names and phone number. Good luck!!

### **ON STAGE -**

## Catch the latest dance craze coming to San Diego in 'Burn the Floor'



One of the dance numbers in the show Photo credit: Joan Marcus

The producers of Burn The Floor, Broadway's Latin and Ballroom dance spectacular, announced today that Vonzell Solomon of TV's American Idol will join the touring company of Burn The Floor on October 12, 2010 in San Diego, Calif., as the show's female vocalist Burn The Floor will heat up San Diego Civic Theatre in a Broadway/San Diego ~ A Nederlander Presentation, on October 12 - 17, 2010.

Vonzell, better known as "Baby V," is an international singer, songwriter, producer, recording artist, model and actress. She was the second runner-up in the 4th season of the FOX Television series *American Idol*. Following her amazing performances on *Idol*, she launched her own record label, Melodic Records. Vonzell is presently putting the finishing touches on her highly anticipated sophomore CD release.

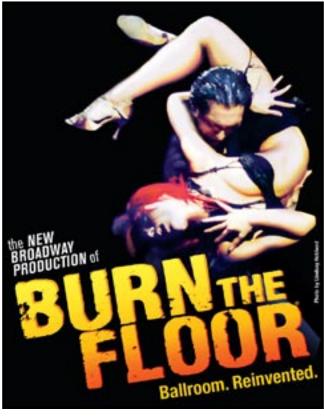
"We are delighted that Vonzell will be joining the US Tour," said Harley Medcalf, *Burn The Floor* creator and producer. Her amazing vocal talents are the perfect match for the energy and athleticism of the dancers."

The fall portion of the tour also features So You Think You Can Dance judge Mary Murphy and alums Anya Garnis, Pasha Kovalev, Ashleigh Di Lello, Ryan Di Lello, Robbie Kmetoni, Janette Manrara and Karen Hauer. All seven have been seen on TV's So You Think You Can Dance in the US (Anya Garnis, Pasha Kovalev, Ashleigh & Ryan Di Lello, Janette Manrara and Karen Hauer, Top 10 Finalists) and Australia (Robbie Kmetoni, 2010 Winner). Burn The Floor is directed and choreographed by Jason Gilkison.

Burn The Floor is a breathtaking blend of Latin and Ballroom dance first conceived as a special performance at Sir Elton John's 50th birthday celebration in 1997. Direct from a record-breaking run on Broadway, the international dance sensation features new dances and choreography never seen on tour before. It takes audiences on a journey through the passionate drama of dance. The elegance of the Viennese Waltz, the exuberance of Jive, the intensity of

Support our advertisers ... They Support Your Paper That Supports Your Community! the Paso Doble—audiences experience them all, as well as the Tango, Samba, Mambo, Quickstep and Swing. It's Ballroom—reinvented.

Years before Dancing with the Stars and So You Think You Can Dance turned Ballroom Dancing into must-see TV, Burn The Floor was blazing a new dance trail and igniting stages around the globe. In the show, ballroom dance is totally reinvented. All the dance styles are refreshed and invigorated and leave audiences grinning with delight and screaming for more. You see and feel, live on stage, all the passion, drama and sizzling excitement of 20 gorgeous world champion dancers in a true theatrical experience, and a performance with grace and athleticism. The show is family friendly for preteen and older.



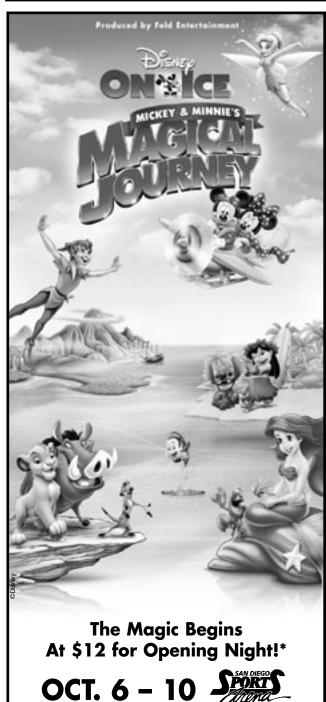


9331 Mission Gorge Rd Santee, CA 92071 (619) 448-9888

.35 cents an ounce

### THEATER - TO GO

What: Burn The Floor When: October 12 - 17, 2010 Where: Civic Theatre, 3<sup>rd</sup> and B Street, downtown San Diego Tickets: (619) 570-1100, broadwaysd.com or (619) 220-TIXS





Buy tickets at **Ticketmaster.com**, *ticketmaster*\* Retail Locations, San Diego Sports Arena Box Office or call **1-800-745-3000** 

Regular Ticket Prices: \$17 - \$23 - \$39 VIP - \$55 Front Row Limited number of Front Row and VIP seats available. Call or go online for details. (Service charges, facility and handling fees may apply.)

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#### THE MOVIES – AT

## Affleck's direction and performance outshine the plot of 'The Town'



Ben Affleck and Jeremy Renner star in *The Town*. Photo credit: Claire Folger / Warner Bros. Pictures

**Review by Diana Saenger** 

owns across America contain diverse sections, and as evidenced in *The Town*. Boston is

no exception. This gritty crime drama, directed, co-written and starring Ben Affleck, has a lot going for it. The plot of the story centers on a team of bank robbers who push the envelope,

but at its heart is a tale about romance, betrayal, and living an objectionable present in order to rectify the past.

Doug MacRay's (Affleck) life

seems on auto pilot. He works at a gravel plant, robs banks on the side, still hangs with the neighborhood bro's he grew up with, and thinks one-night stands are a good substitute for romance.

Although the gang's bank robberies have been accomplished without physical harm to victims, that changes during the current break-in when Jem Coughlin (Jeremy Renner) savagely bashes the assistant bank manager in the head. Lying frightened and horrified on the floor, bank manager Claire Keesey (Rebecca Hall) is watching.

While discussing their heist afterward, Jem reveals he's worried that the manager saw something which might identify them – and since she lives nearby, wants to "take care of her." While Doug seems invested in this take-no-prisoners attitude, he's against harming innocent people and knows



special occasions

Jem's intention. He decides he will keep an eye on the girl to see if she's in contact with the FBI.

What starts as a supposed accidental meeting at the Laundromat, soon turns into a romantic relationship between Doug and Claire. With the next heist demanded to happen almost on the heels of the prior one, Doug is forced to go along without time to question or object.

The story, based on the book Prince of Thieves, The Town by Chuck Hogan, quickly moves from a typical crime thriller to a character-based story about survival. Doug's mother and father split when he was young. His father (Chris Cooper) went to prison and Doug was raised by Jem's family. The only role model Doug had was a criminal, so he followed in his father's footsteps. And while he and his cronies plan out every detail of their next heist with

www.smmem.com

precision, Doug's personal life is pockmarked with bars and one night stands.

In an emotional visit with his father - the only scene with the underused Cooper - Doug announces he's ready to make some changes. Yet when he tells Jem, someone he considers a brother, that he's readu to, "put this town in my rear view mirror," Jem threatens and attacks him. Doug faces even more of an obstacle when he tells this to the real man who plans their heists, a florist named Fergie (Pete Postlethwaite) who threatens to kill Claire if Doug leaves town.

At the heart of belief in this story are the characters, and the cast does an excellent job in accomplishing this. Affleck wears his character like an unzipped jacket. He can't keep the negative aspects out of his life; yet he can't keep the good he's allowed in without getting a new coat entirely. There's rarely a moment in the film when we don't feel Doug's pain and uncertainty.

Renner (The Hurt Locker) turns in another credible performance as a baddie who could have been clichéd, but he adds an emotional arc to his character that heightens the drama of the story. Jon Hamm appears poised as the FBI agent, but I kept thinking his character should have been more assertive. Postlethwaite simply couldn't have been more menacing as the evil mastermind. In the role of Claire, Hall (Frost/Nixon) works but never outshines her co-star.

Robert Elswit's (Salt) superb cinematography perfectly captures the film's tone, place and era. Within minutes of watching this movie it becomes your home town; you smell the salty air; recall the local food and feel it's your bank they're robbing. Clichéd car chases and bloody shoot-outs aside, the engaging script - co-written by Affleck, Peter Craig and Aaron Stockard - is solid and enhanced by excellent and authentic dialogue.

While I was disappointed in the ending of The Town, it didn't take away from the enjoyment of seeing the film. Director Affleck takes a solid script and shows that he's a man who understands all the ins and outs of what's needed to make this story work. Fortunately, he also had enough passion and heart to cast the right lead actor to make it happen.



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### — CLASS ACT ENTERTAINMENT —

## 2010 San Diego Film Festival kicking off in style

an Diego Film Festi-val (SDFF) is a competitive five-day fest where urban edge meets perfect-weather escapism. Held blocks from the ocean in the Gaslamp Quarter-- San Diego's premier downtown entertainment district-- SDFF celebrates its ninth anniversary Sept. 29 - Oct 3, 2010. Co-founded by an award-winning filmmaker, SDFF offers a fresh take on film premieres from American and international features to thought-proving documentaries, short films and music videos. Festivalgoers can create their own experience with everything from industry access through intimate filmmaker and celebrity gatherings and nightly parties that earned SDFF Best Party Fest in The Ultimate Film Festival Survival Guide. San Diego Film Festival has earned more than 12 awards, including Best Beach Fest, Best Regional Film Fest, Best Festival, Top

**PAGE 14** 

25 Fests Worth Your Entry Fee by MovieMaker Magazine and a coveted spot as one of the country's Top 10 Film Festival Vacations. For more information visit www.sdff.org.

#### LOCATION, LOCATION, LOCATION!

Held in the Gaslamp Quarter, the Festival is a part of Southern California's premier dining, shopping and entertainment district, where you'll find a truly eclectic blend of food, fun and culture -- all within the heart of San Diego. The Festival's multiple venues are located throughout the Gaslamp Quarter; all events are a short walk or pedicab ride away.

#### **STAR-STUDDED RED** CARPETS

Past SDFF Guests - Past SDFF guests have included Richard Dreyfuss, William Shatner, Joaquin Phoenix, James Woods, Kevin Connolly, Barry Pepper, Zach Braff, James Van Der Beek, Jennifer Tilly. Joan Collins and more.

#### **CREATIVE PROGRAM-**<u>MING</u>

Co-founded by an awardwinning filmmaker, San Diego Film Festival is dedicated to supporting diverse, independent films. Each year we work hard to program an incredible line-up of nearly 100 films that showcase a wide range from new comers to films that go on to earn commercial success and win multiple Academy Awards.

San Diego Film Festival is redefining the film-going experience with a new take on how you watch films. To us, films are more than just movies. Hopelessly devoted to the inspiration and talent behind each film, SDFF turns every screening into a red-carpet, media-frenzied premiere followed by an amazing afterparty. You will meet the filmmakers, mingle with the actors, and then you will be a part of a special little thing we call EXP to make your film-going experience even more memorable. We love our filmmakers and our film lovers. In case you couldn't tell, we heart film.

All film screenings will be held at the Gaslamp Stadium Theater (formerly known as Pacific Gaslamp 15 Theatre), 701 Fifth Ave. San Diego, CA 92101

#### SEE AND BE SEEN: SDFF PARTIES GQ Opening Night Pre-

miere Party Wednesday, Sept. 29, 9 p.m. - Midnight, Se Hotel Rooftop

Walk the red carpet and kick off the 2010 San Diego Film Festival in style at the Opening Night Feature Film Premiere - held at the Gaslamp Theater. Following the Q&A session, join the filmmakers and

actors for the Opening Night & talent in San Diego then Premiere Party.

#### **Filmmaker Social**

Thursday, September 30, 9 p.m. – Midnight, Analog

#### Limelight Industry Party Friday, October 1, 9 p.m. Midnight, W Hotel

Slip into the industry with music, martinis and mingling! The industry party is a mustattend for anyone already in the business or looking to hang with the hip insiders. Bring your head shot and work the room.

#### **Pool Party & Awards** Celebration

Saturday, October 2, 1 – 3 p.m., Andaz Hotel

San Diego Film Festival's day bash is always hosted poolside at one of San Diego's hottest hotels. This year's pool party is paired with the awards celebration. What better way to honor our talented filmmakers

poolside enjoying cocktails, down-tempo beats and soaking in the rays,

#### New Arrivals in Film Saturday, October 2, 9 p.m. – Midnight, Andaz Hotel

Cool kids and style-drivers, this party's for you, It's a celebration of the hottest new arrivals on the film scene. Filmmakers and talent got their trophies this afternoon, but tonight's the night to really show them how much San Diego loves film.

### **Closing Night Wrap Par-**

Sunday, October 3, 9 p.m. Midnight, Vin de Syrah

Think: unwind, relax, soak it all in. It's been a great escape, and it's not over yet. After a fabulous five days of films, wind down at the official SDFF Wrap Partu

## Local girl selected for Pizza Hut commercial

hone in on what sets Pizza

Hut apart," said Kurt Kane,

Vice-President of Marketing at

Pizza Hut. "Pizza Hut customers know that they'll get great

tasting pizza, pasta or wings

from us. But what keeps them

loyal to the brand is a connec-

tion between our food and the

special moments in their daily

lives. Whether it's family pizza

night or a get together with

friends; at Pizza Hut we believe

every moment deserves to be

To deliver that message,

Pizza Hut and its advertising

agency, The Martin Agency,

turned to actual employees

working at Pizza Hut restau-

rants throughout America.

The employees were chosen

through video submissions

highlighting their personali-

ties and desire to share Pizza

Hut's "Your Favorites" story.

Eight Pizza Hut employees

were chosen from hundreds

Aimee Mullahey of Alpine, is

one of the eight new voices for

Pizza Hut. She has worked as

a cashier at Pizza Hut greeting

of entries.

a favorite moment.<sup>3</sup>



Aimee Mullahey of Alpine

A new Pizza Hut brand campaign – "Your Favorites. Your Pizza Hut." – launches this week with national advertising that celebrates the special bond that Pizza Hut has with its customers. The ads feature real employees from Pizza Hut restaurants across the United States sharing their passion for serving "more than just pizza.

With our new brand campaign we really wanted to

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guests with a smile and making their Pizza Hut experience a favorite for two years.

Other employees selected to become spokespeople for Pizza Hut are: Briana Rico of Long Beach, CA; Ashley Lewis of Highlands Ranch, CO; Carlos Camelo of Jacksonville FL; Ethan Washic of Philipsburg, Penn; Jonathan Kichamu of Cypress, Texas; Michael Spano of Frisco, Texas, and Michelle Leachman of Moscow, Idaho.

Pizza Hut will release exclusive video of the team members participating in the ad shoot, as well as behind-the-scenes videos and winning entries in the coming weeks. Visit social.PizzaHut.com to interact with the brand or for more information visit PizzaHut.com.

#### About Pizza Hut

Pizza Hut, America's Favorite Pizza, delivers more pizza, pasta and wings than any other restaurant. The only pizza company to be named a top ten franchise in 2009 by Entrepreneur Magazine, Pizza Hut began 50 years ago in Wichita, Kansas, and today operates nearly 10,000 restaurants in more than 90 countries. Pizza Hut, Inc. is a subsidiary of Yum! Brands, Inc. (NYSE: YUM). To check out what's new at Pizza Hut visit PizzaHut.com.

SAN DIEGO FILM CRITICS SOCIETY Presents

a comedy/drama about two long-estranged brothers on an eventful, soul-searching road trip before one gets married. More info on the film at IMDB.

> Attending the screening of the 2010 Sundance Film Festival Grand Jury Prize award nominated film will be lead actor Andrew Dickler and filmmakers who will participate in a Q/A session.

Proceeds from the benefit go to the Society's educational fund for scholarships.

Douchebag screens Oct. 19, 7 p.m. at Landmark's Hillcrest Cinemas, 3965 Fifth Ave.

There is a \$10 suggested ticket donation.

Tickets are available at the Gazette office. 1130 Broadway, El Cajon, CA 92021





A benefit screening of Douchebag,

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## **Puzzles & Comics**

	CROSSWORD													
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#### **THEME: HEROES & VILLAINS**

#### ACROSS

- 1. Breathers
- 6. \*The bat signal, so to speak
- 9. \*Both good and bad guys do it in pro wrestling ring
- 13. \*Done by hero to damsel in distress on train tracks
- 14. Twin-\_\_\_ engine

#### **CROSSWORD AND SUDOKU SOLUTIONS** 6 4 2 1 8 5 9 7 3 9 1 2 8 1 S 5 6 4 3 1 1 5 8 899

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#### 15. One of fairytale-telling brothers 16. Formerly known as dropsy 17. "\_\_\_\_ we there yet?"

19. \*It bit Peter Parker?

24. Small ladies' handbag

25. \* heads, a.k.a. Marines

23. \*\_\_\_\_ Holliday of the Old West

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By: David & Doreen Dotson

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18. Spooky

21. \*Green

28. Gorge

30 Pivot fo

- 35. Debtor \_\_\_\_\_ a creditor 37. Matured, as in wine
  - 39. Type of energy
    - 40. Curly-leafed cabbage
    - 41. Pulsating pain
    - 43. Bell-bottoms or Chia Pets, e.g. 44. Author of "All Quiet on the
    - Western Front," given name
    - 46. Falls in December, sometimes
    - 47. \*The Three Musketeers, e.g.
    - 48. Right hand page of book
    - 50. Wet nurse 52. \*Luke Skywalker and Princess
    - Leia
    - 53. Victim of nervous biting
    - 55. Jennifer Affleck \_\_\_\_ Garner
    - 57. \*The Master of Magnetism
    - 61. \*The Dark Knight
    - 64. Between Pisces and Taurus
    - 65. TV's "\_\_\_\_ and a Half Men"

- 67. Director's "baby'
- 69. Rosie the Riveter's hardware 70. Norwegian "Take On Me" band
- 71. Circular island of coral

well"

- 72. Dog trailer
- 73. Chronic drinker
- 74. Handrail post

#### DOWN

1. Street in Paris

- 2. "All's well that 3. One stair
- 4. Shy and cautious
- 5. Seaman or sailor
- 6. \*"The Lion King" villain
- 7. Rowboat "propeller"
- 8. Small, silvery fish
- 9. "Don't about it"
- 10. Italian currency, pl.
- 11. African chieftain
  - 12. \*Worthy mutants 15. \*Unfortunately, villains often have this quality
- 20. Enthusiastic approval
- 22. Elf child
- 24. Continuing forever
- 25. \*"Clown Prince of Crime" 26. Fully informed
- 27. Holy Grail, e.g.
- 29. Exclamations of disgust
- 31. Urban dwelling
- 32. \*a.k.a Superman
- 33. Exact halves of diameters
- 34. Known as fire-raising in Britain
- 36. Dissenting clique
- 38. \*Ambitious doctor without any special powers
- 42. Sir in Africa
- 45. \*Abe Lincoln's nickname
- 49. Scholastic aptitude test
- 51. Cossack general
- 54. Tiny amounts 56. Give emotion to
- 57. \*Roman god of war
  - 58. Seed cover
  - 59. Better to do this than to receive?
  - 60. Pauper's permanent state
  - 61. \*Captain Ahab's domain
  - 62. Swear
  - 63. World's longest river 66. First of Five Ws
  - 68. Right-angle building extension

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SHELLY SAWDEY SOLD

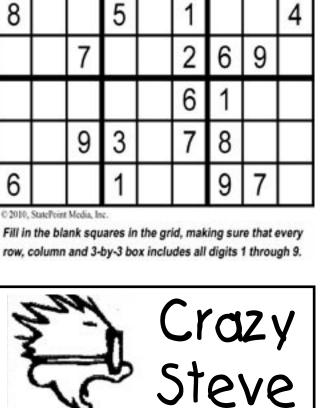
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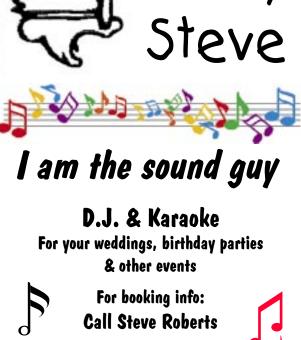
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FOR SELLING

CITY SECRETS

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#### Pernicano's **VFW deep pit barbecue** Since 1946 Italian Restaurant At the Alpine Bert Fuller VFW Post #9578 on September 18, the Deep Pit barbecue was a huge success. The delicious food was plentiful, music great and raffle fun. A record crowd attended Pizza and everyone had a good time. All the proceeds are going to the Alpine Community Center fund for the Alpine Veteran's Wall. Celebrating



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Sunday: Lasagna.





COMMUNITY AT LARGE



Photos by **Diana Saenger** 







## Country Fair in the Park —

The Alpine Community Center held their first "Country Fair in the Park" event on Saturday. Over 200 hundred attendees enjoyed a water slide, sponge toss, face painting the birds of prey show music by and cheer demonstration by Rocket Cheer. The Alpine Kiwanis served up their great hamburgers and hot dogs and the Alpine Inn served up spirits. Sharon Haven, chairperson of the Alpine Community Center's Auxiliary and Community Center Director Sue Roff worked wonders putting this event together.



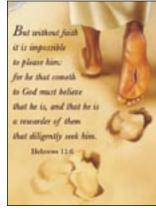


Photos by **Kathy Foster** 





## Inspiration WALKING IN FAITH



#### by Diana Saenger

'hen two guys can become best friends, be there for each other through thick and thin and begin a ministry that inspires them and those they share it with; it's a rare thing. This week Steve Rolf and Bob Schulze will present My Wish, a musical dessert theatre presentation at Sonrise Community Church. In February the duo did a Valentine show based on romance called My Eyes Adore You, and the beautifully decorated 45 tables were filled both nights of the show.

Their shows are written and created together and include a bit of realistic life, with plenty of songs and – anyone who knows Bob & Steve – lots of humor. *My Wish*, filled with great pop and country music, is about two guys in the prime of their life, and who have everything but one thing," Rolf said. "It's a fun journey as they go in search of that one thing."

Rolf and Schulze met at Sonrise where they were both members of the choir. With their standout voices they were invited to become part of a musical worship team and then a quartet. Talent wasn't the only thing that drew them together. "I was in awe of Steve's voice," Schulze said, "and it's unlikely that two singers would become best friends but that's what happened. We, along with our wives, were an immediate foursome and did everything together.

Good fellowship among the couples would soon suffer a setback a few years ago when Schulze' wife passed away. "I'm not sure I could have made it through without the help of people like Steve and Jennifer who were truly there for me," Schulze said. "Steve and I have seen each other through good and bad times, and we always make sure each other is on the right track."

The men's musical dessert presentation of My Eyes Adore You touched on this scenario with a heartfelt and moving story about friendship and moving on with your life. It also reinforced to those who did not already know, what great showmen both men are. Schulze's dynamic voice and commanding presence shines through whether playing a crazy baseball-loving guy or getting the audience toe-tapping with popular tunes from the 50s to the 90s. Schulze began performing in high school and has appeared in community theater. Although he maintains a full time job, he loves his church and performing.

Rolf grew up around theatre and performed at Kansas City Starlight. His terrific voice and energetic and cheerful personality is a perfect blend with Schulze' talent. Rolf never misses a beat, his timing is impeccable and his sense of humor innate. "Bob and I are like Mutt & Jeff, Abbott & Costello, Dean Martin & Jerry Lewis - we are the Bob and Steve show," Rolf said. "Ever since we first performed at Christmas for some groups a few years ago, we've enjoyed every minute of sharing our talents.

Along with the fun and great music, the performers like to accentuate a bit of romance in their stories. Rolf said church is a good place to put marriage in perspective. "The divorce



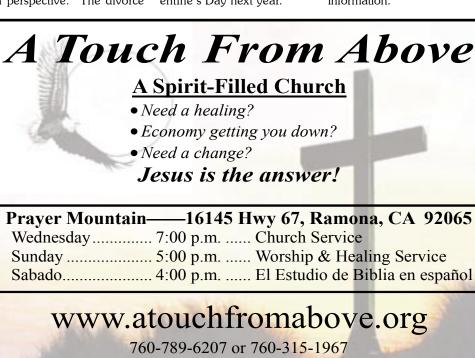
Bob Schulze and Steve Rolf – best friends on and off stage Photo credit: Diana Saenger

rate is about 50 percent both inside and outside the church, and Bob and I realized there is little light shed on romance," he said. "We feel some people may be missing a wonderful marriage if they don't keep romance in the equation. The closet thing to heaven on earth is a good marriage."

Schulze, who is engaged to be married soon, agrees. "Our shows are not preachy at all, we just want to entertain and remind couples it's okay and important to be romantic," he said. *My Wish* is kind of a continuation from our last show, and we're so thrilled with the response to our shows, we're already working on the one for Valentine's Day next year." Both men feel blessed with their lives and hope the inspiration for their faithfulness comes through in their shows. "Anyone is welcome at our shows, couples or singles, and they are going to have a fun time with Bob & Steve," Rolf said.

"Seeing our shows prove that you can have just as much fun in a wholesome Christian environment as anywhere, maybe even more so," Schulze said.

*My Wish* will be performed Friday (sold out) Sept. 24 and Saturday (5 p.m.) Sept. 25, at Sonrise Community Church, 8805 N. Magnolia Ave., Santee. Tickets are \$15 including a great dessert. Call (619) 596-7667 for tickets of information.



#### Television Program—Cox Cable—Tuesday at 9 p.m. on Channel 23

### Dear Dr. Luauna



Thave been in Christian counseling and was told I depend on others to meet my emotional needs. My friends and family say they don't need my drama. Why am I like this? What can I do to change? Signed, Unfulfilled

#### Dear Unfulfilled,

The answer to your first question dates back to the original sin of Adam and Eve. How could that be? They were created in the image of Almighty

God, dwelling in the Garden of Eden, and walking in the literal presence of the Lord in direct communication and fellowship with him. What a beautiful picture and a wonderful existence until they disobeyed theLord's command not to eat the fruit from one tree. They had everything, yet, they traded their blessed life for one taste of the forbidden fruit.

Once they activated the sin nature and went against God there were consequences, consequences we still experience today, one of them deals directly with your issue, Genesis 3:16, "To the woman He said: 'I will greatly multiply your sorrow and your conception; In pain you shall bring forth children; Your desire shall be for your husband, And he shall rule over you."

God did not curse Adam and Eve, He did explain the consequences for their disobedience which forever altered human relationships. Christ was no longer the center, nor was He first in their hearts or priorities. The sin nature of man would shift the woman's desire for her husband above her desire for the Lord. The man would now desire to rule over other humans especially his wife, he would become lord. The solution to repairing this problem is simple, make Jesus the Lord of your entire life! He will make you emotionally complete and meet all your needs so you can turn your attention away from meeting your needs to helping others! God bless!

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## LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adju

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024364 FICTITIOUS BUSINESS NAME(S): Budget

Inn Hotel Located at: 1538 E. Main St., El Cajon, CA

This business is conducted by: A Limited Liability Company

The first day of business was: September 1, 2001

This business is hereby registered by the following: 1. 1538 E. Main LLC 1538 E. Main St., El Cajon, CA 92021 This statement was filed with Recorder/ County Clerk of San Diego County on Sectember 08. 2010.

East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024516

FICTITIOUS BUSINESS NAME(S): Gold Coast Properties Located at: 7364 El Cajon Blvd. #111, San

Diego, CA 92115 This business is conducted by: A Limited Liability Company The business has not yet started. This business is hereby registered by the following: 1. Plousia LLC 7364 El Cajon

Blvd. #111, San Diego, CA 92115 This statement was filed with Recorder/ County Clerk of San Diego County on September 09, 2010. East County Gazette- GIE030790

9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023240

FICTITIOUS BUSINESS NAME(S): a.) The Transaction Coordinating Dept. b.) The TC Dept.

Located at: 9640-B Mission Gorge Rd. #339, Santee, CA 92071

This business is conducted by: A

Corporation The first day of business was: March 9, 2010 This business is hereby registered by the following: 1. CAR-TC, Inc. 9640-B Mission Gorge Rd. #339, Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on August 26, 2010.

East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023903 FICTITIOUS BUSINESS NAME(S): 2 the T Wedding & Event Planning Located at: 13764 Wyeth Rd., El Cajon, CA 92021 This business is conducted by: Husband and Wife The business has not yet started. This business is hereby registered by the following: Carol A. Strickler 13764 Wyeth Rd., El Caion, CA 92021 ff B. Strickler 13764 Wyeth Rd., El Cajon, CA 92021 This statement was filed with Recorder/ County Clerk of San Diego County on ember 02, 2010. East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024400 FICTITIOUS BUSINESS NAME(S): King Market

Located at: 7907 Cajon Road, El Cajon, CA 92021 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Riadh F. Shamoon 3255 Chelsea Park Circle, Spring Valley, CA

91978 This statement was filed with Recorder/ County Clerk of San Diego County on September 08, 2010.

East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024423 FICTITIOUS BUSINESS NAME(S): On the

Spot Handyman Located at: 440 Van Houten Ave. #11, El Cajon, CA 92020 This business is conducted by: An Individual

The first day of business was: September 1, 2010

This business is hereby registered by the following: 1. Dean Malzahn 440 Van Houten Ave. #11, El Cajon, CA 92020 This statement was filed with Recorder/ County Clerk of San Diego County on

September 09, 2010. East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

**Congratulations to Donna & Michael Black** 

on your recent marriage!

From your friends & "Family" at the Gazette

STATEMENT NO. 2010-022939 FICTITIOUS BUSINESS NAME(S): a.) Perkins Family Properties b.) Family Properties Located at: 2435 Washington St., Lemon Grove, CA 91945 This business is conducted by: An Individual The business is not yet started. This business is hereby registered by the following: 1. Kevin Perkins 2435 Washington St., Lemon Grove, CA 91945

FICTITIOUS BUSINESS NAME

This statement was filed with Recorder/ County Clerk of San Diego County on August 23, 2010. East County Gazette- GIE030790

9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024373

FICTITIOUS BUSINESS NAME(S): Point Loma Photography Located at: 2815 Avenida de Portugal, San Diego, CA 92106 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Devin L. Carel 2815 Avenida de Portugal, San Diego, CA 92106 This statement was filed with Recorder/ County Clerk of San Diego Courty on September 08, 2010. East County Gazette- GIE030790

9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024517 FICTITIOUS BUSINESS NAME(S): SD

Restoration Located at: 1939 Friendship Dr. #D, El Cajon, CA 92020

This business is conducted by: A Corporation The business has not yet started

This business is hereby registered by the following: 1. SD Home Improvements Inc. 1939 Friendship Dr. #D, El Cajon, CA 92020 This statement was filed with Recorder/ County Clerk of San Diego County on September 09, 2010.

East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-022697 FICTITIOUS BUSINESS NAME(S): Dumoling Inn

Located at: 4619 Convoy St. #1, San Diego, CA 92111 This business is conducted by: A

Corporation The first day of business was: November

3, 1999 This business is hereby registered by the following: 1. Dumpling Inn Inc 4619 Convoy St. #1, San Diego, CA 92111 This statement was filed with Recorder/ County Clerk of San Diego County on August 20, 2010.

East County Gazette- GIE030790 9/02, 9/9, 9/16, 9/23, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024889 FICTITIOUS BUSINESS NAME(S): German

Canvas Located at: 806 N. 3rd St., El Cajon, CA

92021 This business is conducted by: Husband

and Wife The first day of business was: June 4, 2008

This business is hereby registered by the following: German E. Mora 806 N. 3<sup>rd</sup> St., El Cajon, CA 92021 Ruth M. Mora 806 N. 3<sup>rd</sup> St., El Cajon, CA

92021 This statement was filed with Recorder/ County Clerk of San Diego County on September 14, 2010.

East County Gazette- GIE030790 9/23, 9/30, 10/07, 10/14, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023876

FICTITIOUS BUSINESS NAME(S): Gentle Hearts Home Care Located at: 9661 Riverview Ave., Lakeside, CA 92040 This business is conducted by: An Individual The business is conducted by: An Individual The business is hereby registered by the following: 1. Bruce T. Van Denover 9661 Riverview Ave., Lakeside, CA 92040 This statement was filed with Recorder/ County Clerk of San Diego County on September 01, 2010. East County Gazette- GIE030790 9/9, 9/16, 9/23, 9/30, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024385

FICTITIOUS BUSINESS NAME(S): Ranch Market & Deli Located at: 16236 San Dieguito Rd., Rancho Santa Fe, CA 92067 This business is conducted by: A Limited Liability Company The first day of business was: October 1, 2005 This business is hereby registered by the following: 1. Fairbanks Ranch Deli LLC 16236 San Dieguito Rd., Rancho Santa Fe,

CA 92067 This statement was filed with Recorder/ County Clerk of San Diego County on September 08, 2010.

East County Gazette- GIE030790 9/16, 9/23, 9/30, 10/07, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024178 FICTITIOUS BUSINESS NAME(S): Topstyle Hair and Nails Design Located at: 3915 Mission Ave., #8, Oceanside, CA 92058 This business is conducted by: An Individual The first day of business was: June 4, 2007 This business is hereby registered by the following: 1. Patricia Holk 68 Trinity St.

Oceanside, CA 92057 This statement was filed with Recorder/ County Clerk of San Diego County on September 07, 2010. East County Gazette- GIE030790

9/16, 9/23, 9/30, 10/07, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-025068 FICTITIOUS BUSINESS NAME(S): Expressions Dance and Movement Center

Laptosions January and Morchan Center Located at: 9455 Willowgrove Ave., Santee, CA 92071 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Darcy L. Fagerwold 9455 Willowgrove Ave., Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on September 15, 2010.

East County Gazette- GIE030790 9/23, 9/30, 10/07, 10/14, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024721 FICTITIOUS BUSINESS NAME(S):

Forevermatters.org Located at: 639 Galena Street, El Cajon

CA 92019 This business is conducted by: Husband and Wife

The first day of business was: August 1, 2009

This business is hereby registered by the following: Ronald Gary Barnes 639 Galena

Street, El Cajon, CA 92019 Virginia Elaine Barnes 639 Galena Street, El

Cajon, CA 92019 This statement was filed with Recorder/

County Clerk of San Diego County on September 13, 2010.

East County Gazette- GIE030790 9/23, 9/30, 10/07, 10/14, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-025118 FICTITIOUS BUSINESS NAME(S): Gems

of Juls Located at: 9106 Heatherdale St., Santee,

CA 92071 This business is conducted by: An Individual The first day of business was: August 26,

2010 This business is hereby registered by the following: Julianne Paulsen 9106 Heatherdale St., Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on

September 16, 2010. East County Gazette- GIE030790 9/23, 9/30, 10/07, 10/14, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-025241 FICTITIOUS BUSINESS NAME(S): Sexy

Lily Located at: 13538 Adlai Lane, Lakeside, CA 92040

This business is conducted by: An Individual The first day of business was: August 25, 2010

This business is hereby registered by the following: Christinia Marc 13538 Adlai Lane,

Lakeside, CA 92040 This statement was filed with Recorder/

County Clerk of San Diego County on September 16, 2010.

East County Gazette- GIE030790 9/23, 9/30, 10/07, 10/14, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023992

FICTITIOUS BUSINESS NAME(S): Aladdin Wireless Located at: 175 Thrasher Way, El Cajon,

CA 92020 This business is conducted by: A General Partnership The business has not yet started. This business is hereby registered by the following: May Hassoun 175 Thrasher Way.

Following: May Hassoun 175 Thrasher Way, El Cajon, CA 92020 Hani Alaqqad 175 Thrasher Way, El Cajon,

CA 92020

This statement was filed with Recorder/ County Clerk of San Diego County on

September 02, 2010. East County Gazette- GIE030790 9/23 9/30 10/07 10/14 2010 FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024334

FICTITIOUS BUSINESS NAME(S): T Ranch Management Located at: 15260 Sky High Rd., Escondido, CA 92025 This business is conducted by: An Individual The first day of business was: Sept. 1, 2010 This business is hereby registered by the following: 1. Allan Teravainen 15260 Sky High Rd., Escondido, CA 92025 This statement was filed with Recorder/ County Clerk of San Diego County on September 08, 2010. East County Gazette- GIE030790

9/16, 9/23, 9/30, 10/07, 2010

STATEMENT NO. 2010-025087 FICTITIOUS BUSINESS NAME(S): Foundation Bowling Located at: 10222 Norma Gardens Unit 4, Santee, CA 92071 This business is conducted by: An Individual The business has not yet started. This business is barehy registered by the

This business is hereby registered by the following: David Bird 10222 Norma Gardens Unit 4, Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on September 15, 2010. East County Gazette- GIE030790

> FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023722

This business is conducted by: An Individual

This business is hereby registered by the following: 1. Joanne Snaith 13687 Alta Loma

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-024620

FICTITIOUS BUSINESS NAME(S): Tooties

Located at: 1812 Lola Lane, El Cajon, CA

This business is conducted by: An Individual

following: Marilyn E. Holum 1812 Lola Lane,

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-024080

FICTITIOUS BUSINESS NAME(S): Donuts

Located at: 8575 Los Coches Rd., Suite 10,

This business is conducted by: An Individual

This business is hereby registered by the

This statement was filed with Recorder/ County Clerk of San Diego County on September 03, 2010.

following: 1. William S. Hin 229 E. Elmwood Ave., Unit C, Burbank, CA 91502

> FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023987

FICTITIOUS BUSINESS NAME(S): Yogur

Located at: 9331 Mission Gorge Rd., Ste.

This business is conducted by: An Individual

The first day of business was: July 28, 2010 This business is hereby registered by the following: 1. Sandra Didisse 10256 Kerrigan

This statement was filed with Recorder/

County Clerk of San Diego County on

East County Gazette- GIE030790

9/16, 9/23, 9/30, 10/07, 2010

110, Santee, CA 92071

St., Santee, CA 92071

September 02, 2010.

East County Gazette- GIE030790

9/9, 9/16, 9/23, 9/30, 2010

The business has not yet started.

East County Gazette- GIE030790

9/23, 9/30, 10/07, 10/14, 2010

This business is hereby registered by the

This statement was filed with Recorder/

County Clerk of San Diego County on

The business has not yet started.

El Caion, CA 92019

September 10, 2010.

El Cajon, CA 92021

East County Gazette- GIE030790 9/9, 9/16, 9/23, 9/30, 2010

This statement was filed with Recorder/

County Clerk of San Diego County on

FICTITIOUS BUSINESS NAME(S): Coast

Located at: 16950 Via Tazon, San Diego

The business has not yet started.

Lane, Jamul, CA 91935

August 31, 2010.

Cookies

92019

Ave.

World

to Coast Cafe

CA 92127

9/23. 9/30. 10/07. 10/14. 2010

#### To place your legal ad stop by our office — 1130 Broadway, El Cajon **ONCE YOU STOP** WE FILE WITH THE BY OUR OFFICE. **COUNTY AND SEND** or call <sup>(619)</sup>444-5774 YOU'RE DONE!

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

JUST ONE STOP!

YOU A COPY!

CASE NO.37-2010-00069605-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: LUZ VALENCIA ON BEHALF OF MINOR FERNANDO SANCHEZ JR. FOR CHANGE OF NAME PETITIONER: LUZ VALENCIA ON BEHALF OF MINOR FERNANDO SANCHEZ JR. HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

FERNANDO SANCHEZ JR

TO: FERNANDO JOEL VALENCIA THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 EAST MAIN ST., EL CAJON, CA 92020. Department E-14, on SEPTEMBER 29, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant

the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON AUGUST 31, 2010. East County Gazette - GIE030790

9/2. 9/9. 9/16. 9/23. 2010

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00069886-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF: DEBORAH JOAN SAPP FOR CHANGE OF NAME PETITIONER: DEBORAH JOAN SAPP HAS FILED FOR AN ORDER TO CHANGE NAME FROM: DEBORAH JOAN SAPP

TO: DEBORAH CHANTERELLE

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E, MAIN ST., EL CAJON, CA 92020. Department 15 on OCTOBER 18, 2010 at 8:30 a m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON AUGUST 24, 2010. East County Gazette - GIE030790

9/2, 9/9, 9/16, 9/23, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023351 FICTITIOUS BUSINESS NAME(S):

Reflections by Gallatin Warfield Located at: 2518 Kenda Way, Alpine, CA 91901 This business is conducted by: Husband

and Wife The first day of business was: June 1, 2010

This business is hereby registered by the following: 1. Gallatin Warfield 2518 Kenda Way, Alpine, CA 91901; 2, Judy Warfield 2518 Kenda Way, Alpine, CA 91901 This statement was filed with Recorder/ County Clerk of San Diego County on August 26, 2010.

East County Gazette- GIE030790 9/02, 9/9, 9/16, 9/23, 2010

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00098223-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF: REBECCA CHENG FOR CHANGE OF NAME PETITIONER: REBECCA CHENG HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

REBECCA CHENG

TO: RYAN CHENG THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 330 WEST BROADWAY, SAN DIEGO, CA 92101. Department 25 on OCTOBER 12, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant

the petition without a hearing. IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 18, 2010.

East County Gazette - GIE030790 9/2, 9/9, 9/16, 9/23, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023823 FICTITIOUS BUSINESS NAME(S) Coadings Unlimited

Located at: 8862 Greenridge Ave., Spring Valley, CA 91977 This business is conducted by: A

Corporation business has not yet started

This business is hereby registered by the following: 1. Power Washing Unlimited INC 8862 Greenridge Ave., Spring Valley, CA 91977

This statement was filed with Recorder/ County Clerk of San Diego County on September 01, 2010.

East County Gazette- GIE030790 9/9. 9/16. 9/23, 9/30, 2010

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2010-00070328-CU-PT-EC

IN THE MATTER OF THE APPLICATION OF CONNIE SUZANNE SAKSA FOR CHANGE OF NAME PETITIONER: CONNIE SUZANNE SAKSA HAS FILED FOR AN ORDER TO CHANGE NAME FROM

#### CONNIE SUZANNE SAKSA

TO: CONNIE SUZANNE GRACE THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E, MAIN ST., #1, EL CAJON, CA 92020. Department 14, on NOVEMBER 11, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy

of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON SEPTEMBER 14, 2010.

East County Gazette - GIE030790 9/23. 9/30. 10/07. 10/14. 2010 SUMMONS (Family Law)

NOTICE TO RESPONDENT (Name): BRIGIDA VENTURA LOPEZ BENITEZ

#### YOU ARE BEING SUED. Lo estan demandando. PETITIONER'S NAME IS: EL NOMBRE DEL DEMANDANTE EST AARON BENITEZ LOPEZ CASE NUMBER (Número del Caso):

ED 79288 You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you If you do not file your Response on time, the court may make orders affecting your marriage, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form If you want legal advice, contact a lawyer mediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/ selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org) or by contacting your local county bar association Tiene 30 dias corridos después de haber recibido la entrega legal de esta citación y petición, para presentar una Respuesta (formulario El -120 o El -123) ante la corte y efectuar la entraga legal de una copia al solicitante . Una carta o una llamada telefónica no basta para protegerio. Si no presenta su Repuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareia de hecho.sus bienes y la custoda de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios y costos legales. Si no puede pagar las cuota de presentacion, pida al secretario un formulario de exencion de cuotas

Si desea obtener asesoramiento legal, pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar a un abogado en el Centro de Avuda de las Cortes de California (www.sucorte. ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia. ora) o poniendose en contacto con gio de abogados de su condado NOTICE The restraining orders on the back are effective against both husband and wife until the petition is dismissed, a judgement is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them AVISO Las ordenes de restriccion que figuran en la pagina 2 valenpara ambos conyuges o pareja de hecho hasta que se despida la peticion, se emita un fallo o la corte de otr5as ordenes. Cualquier autoridad de la ley que haya recibido o vista una copia de estas ordenes puede hacerias acatar en cualquier lugar de California. The name and address of the court is: (El nombre y dirección de la corte son): SUPERIOR COURT OF CALIFORNIA, 250 East Main Street same El Cajon, CA 92020 The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, son): AARON BENITEZ I OPEZ 7160 JACAMAR AVE., SAN DIEGO, CA

92114 DATE: NOVEMBER 02, 2009

619-829-1461 Clerk, by (Secretario, por)

C. UTTHAUS

Deputy (Asistente) NOTICE TO THE PERSON SERVED: You are served AVISO A LA PERSONA QUE RECIBIO LA

ENTREGA: Esta entrega se realize As an individual. (a usted como individuo.) Pub. September 23. 30. October 7. 14. 2010

Published in EAST COUNTY GAZETTE

**TO PLACE YOUR** LEGAL AD CALL (619) 444-5774 NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA M. STANGE CASE NUMBER: 37-2010-00151831-PR-PW-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of PATRICIA M. STANGE; RIKI STANGE; PATRICIA M. GRIFFIN. A PETITION FOR PROBATE has been filed by JAMES A MALONEY in the Superior Court of California County of San Diego. THE PETITION FOR PROBATE requests that JAMES A. MALONEY be appointed as personal representative to administer the estate of the decedent THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available fo examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the ersonal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: SEPTEMBER 30, 2010 AT 1:30 P.M. IN DEPT PC-21 OCATED AT 1409 FOURTH AVE., SAN DIEGO, CA 92101 MADGE BRADLEY. IF YOU OBJECT to the granting of the petition, you should appear a the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition of account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: PAUL T. MCDONOUGH PO BOX

FIGUITIOUS BUSINESS NAME STATEMENT NO. 2010-022018

197, Lakeside, CA 92040 (619) 443-6024

EAST COUNTY GAZETTE -GIE030790

Sept. 9, 16, 23, 2010

FICTITIOUS BUSINESS NAME(S): a. Oopsy daisy, Fine Art for Kids b.) Studio Avo

Located at: 789 Gateway Center Way, San Diego, CA 92102 This business is conducted by: A Corporation The first day of business was: May 7. 2002

This business is hereby registered by the following: 1. No Boundaries, Inc. 789 Gateway Center Way, San Diego, CA 92102 This statement was filed with Recorder

County Clerk of San Diego County on August 13, 2010. East County Gazette- GIE030790

9/9. 9/16. 9/23. 9/30. 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-024153 FICTITIOUS BUSINESS NAME(S) Premiere Hair and Nails Located at: 638 Jamacha Road, El Caion CA 92019 This business is conducted by: An Individual The first day of business was: September 1.2010

This business is hereby registered by the following: 1. Tracy Van Phan 3259 55th Street, San Diego, CA 92105 This statement was filed with Recorder/ County Clerk of San Diego County on September 03, 2010.

East County Gazette- GIE030790 9/9, 9/16, 9/23, 9/30, 2010

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00098419-CU-PT-CTL IN THE MATTER OF THE APPLICATION OF: JENNIFER MICHELLE WEIGLE ON BEHALF OF MINOR AURELIO CHRISTOPHER ESPARZA FOR CHANGE OF NAME PETITIONER: JENNIFER MICHELLE WEIGHE ON BEHALE OF MINOR ALIBELIO CHRISTOPHER ESPARZA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

AURELIO CHRISTOPHER ESPARZA TO: CHRISTOPHER AURELIO WEIGLE THE COURT ORDERS that all persons

interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BROADWAY, SAN DIEGO, CA 92101 Department D-25, on OCTOBER 07, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON

AUGUST 20, 2010. East County Gazette - GIE030790 9/2, 9/9, 9/16, 9/23, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023273 FICTITIOUS BUSINESS NAME(S):

California Registration Services Located at: 593 El Cajon Blvd., El Cajon CA 92020

This business is conducted by: An Individual The first day of business was: Novembe 1997

This business is hereby registered by the following: 1. Jessica Cunningham 3005 Shelby Dr., National City, CA 91950 This statement was filed with Recorder/ County Clerk of San Diego County on August 26, 2010.

East County Gazette- GIE030790 9/02, 9/9, 9/16, 9/23, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO 2010-023045

FICTITIOUS BUSINESS NAME(S): Pine Valley's Best Beef Jerky Located at: 9525 Mission Gorge Rd. #7, Santee, CA 92071 This business is conducted by: A General Partnership The business has not yet started

This business is hereby registered by the following: 1. Paul Henshall 9525 Mission Gorge Rd. #7, Santee, CA 92071; 2. Derek Henderson 2316 Bancroft St., San Diego CA 92104

This statement was filed with Recorder/ County Clerk of San Diego County on August 24, 2010.

East County Gazette- GIE030790 9/02, 9/9, 9/16, 9/23, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023764

FICTITIOUS BUSINESS NAME(S): a. Pacific Reliant b.) Pacific Reliant Realty c.) Pacific Reliant Real Estate d.) Pacific Reliant Properties e.) Pacific Reliant Property Management f.) DS Hancock Real Estate g.) DS Hancock Realty

Located at: 3680 Park Blvd. #5. San Diego CA 92103 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the

following: 1. Douglas Shane Hancock 3680 Park Blvd. #5, San Diego, CA 92103 This statement was filed with Recorder/ County Clerk of San Diego County on ber 01, 2010.

East County Gazette- GIE030790 9/9, 9/16, 9/23, 9/30, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-023033 FICTITIOUS BUSINESS NAME(S): Elite

Salon & Spa Located at: 2990 Jamacha Rd., Suite 156 El Caion. CA 92019 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Ashlee N. Looney 29901 Hwy 94, Campo, CA 91906 This statement was filed with Recorder/ County Clerk of San Diego County on August 24, 2010. East County Gazette- GIE030790

9/02, 9/9, 9/16, 9/23, 2010

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00069966-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: BASAM R. HANISH FOR CHANGE OF NAME PETITIONER: BASAM R. HANISH HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

#### BASAM R. HANISH TO:

BRIAN BASAM HANISH THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. Main St., El Caion, CA 92020, Department 15, on OCTOBER 25, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON AUGUST 26, 2010

East County Gazette - GIE030790 9/09, 9/16, 9/23, 9/30, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00069621-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: KENNETH DUANE OWENS FOR CHANGE OF NAME PETITIONER: KENNETH DUANE OWENS HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

#### KENNETH DUANE OWENS TO:

KENNETH CHABLES WOODS THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BROADWAY, SAN DIEGO, CA 92101. Department 14, on OCTOBER 06, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name anges described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.

THIS STATEMENT WAS FILED WITH THE

East County Gazette - GIE030790

9/09, 9/16, 9/23, 9/30, 2010

CLERK OF THE SUPERIOR COURT ON

AUGUST 09, 2010.

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### 

## **Chargers roll over Jaguars**



San Diego Chargers wide receiver Buster Davis (84) dives to the 1 yard line after a 21 yard reception from Phillip Rivers setting up a 1 yard touchdown run by Michael Tolbert as the San Diego Chargers defeated the Jacksonville Jaguars 38-13 at Qualcomm Stadium. Photo credit: Tom Walko

by Chuck Karazsia

ess than a week after losing the season opener in a downpour of rain on a slippery field at Arrowhead Stadium in Kansas City, the Chargers on a beautiful sunny day at Qualcomm Stadium mauled the Jacksonville Jaguars 38-13, dominating the line of scrimmage on both sides of the ball.

A pre-game ceremony paid tribute to the lives and accomplishments of the late great head coach Don "Air" Coryell and defensive lineman Gary "Big Hands" Johnson . Both had passed away earlier in the year.

Charging out of their tunnel fired up by the drone of the helicopter's flying by the stadium and the roar of the home crowd, the blue and gold took the field.

"It is so nice to have our crowd. To understand how much difference it makes. Our guy's were yelling and screaming. It's great to be home in our stadium and I love the way our fans responded." Chargers head coach Norv Turner said.

For the first time in a long time a Chargers home game was not sold out. A local mandated NFL television blackout was enforced.

The game itself wasn't pretty. The Chargers made a lot of mistakes (3 turnovers, punt blocked). With all that stated they still crushed a good Jaguar football team, forcing 6 turnovers (4 interceptions, 2 forced fumbles) while scoring 38 points.

Sixty two thousand plus fans left the stadium satisfied knowing their Bolts in a fistfight won a brawl with an impressive TKO. This was a performance Charger fans were glad to witness.

Churning out nearly 500 yards of offense, the Chargers and quarterback Philip Rivers overcame two 2'nd quarter interceptions. He finished the game 22-of-29 for 334 yards, 3 TD's (Gates/ 4 and 9 yds.) (Floyd / 54 yards).

Gaining 151 yards on the ground the Bolts ran rampant over the Jags. Undrafted free agent Mike Tolbert gained a career high 82-yards and scored 2 TD's filling in for the injured Ryan Mathews (sprained ankle). Tolbert was on a mission looking for people to run over. The O-line blew open holes and did a good job protecting Philip Rivers.

The Chargers defense played stellar. Led by Jacques Cesaire, Brandon Siler, and Antoine Cason, they held Jacksonville to 2 field goals and one meaningless touchdown.

Cason starting at the cornerback spot had a great Sunday with 2 INT's and a forced fumble.

After the game he said, "I pride myself going out there each week doing something extra to get back to where I can get. I feel like I can get better, and I will. It feels good to be confident in myself and in my abilities, and the defense of course, and to go out there and make plays."

Chargers head coach Norv Turner proud of his team after the home opening victory commented, " It was hard on everyone Monday night (loss at KC). Our guy's regrouped and did what they had to do on a short week."

The (1-1) Chargers visit the (1-1) Seahawks this Sunday in Seattle.



Sycuan Casino's Best of Show Winner: Rex Ryan and his 1942 Lincoln Continental



The East County Gazette's Winner: John Ventura and his Classic Thunderbird



Barona 1/8 Mile Drag Strip's Winner: Andy Ingrassia Sr. and his 1951 Chevy Deluxe Model

Fleet Week Coronado Speed Festival's Winner: Norv & June Hollinger and their 1928 Ford





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atriot Painting's Winner: Terry Lilmer and his **1970 Plymouth** Road Runner

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#### **Photos by Pete Liebig**



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### **GARAGE/YARD** RUMMAGE SALE

Saturday, September 18th, 8am-2pm(no early birds) at 1776 La Force Rd. Alpine CA. 91901, furniture, housewares, books, electronics, collectibles, exercise equipment, DVD's, clothes and so much more. Everything must go. Cash only no checks

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## Our Best Friends

## Pointers on protecting your pets from poisoning

B danger, you may be able to keep your precious pets from poisoning themselves.

#### The problem

Pet owners often joke about pets being like vacuum cleaners--literally eating anything put in front of them. Unfortunately, that lack of dietary discretion too often results in pets ingesting toxic substances, emergency visits to the veterinarian and large medical bills.

#### The top troublemakers

The nation's oldest and largest provider of pet health insurance has analyzed its database of nearly half a million pets to find the sources behind the thousands of poisoning claims it receives each year. Here is a ranking of the 13 most-common pet poisoning claims Veterinary Pet Insurance Co. (VPI) sees:

1. Accidental ingestion of medications (pet or human drugs)

2. Rodenticide (mouse and rat poison)

3. Methylxanthine toxicity (chocolate and caffeine)

- 4. Plant poisoning
- 5. Household chemical
- 6. Metaldehyde (snail and slug poison)
- 7. Insecticide
- 8. Heavy metal toxicity (lead and zinc)
- 9. Toad poisoning
- 10. Antifreeze poisoning
- 11. Walnut poisoning
- 12. Alcohol toxicity
- 13. Strychnine.

Accidental ingestion of pet or human medications is the most common type of poisoning. The most expensive type of poisoning, heavy metal poisoning, can cost more than \$1,000 to treat.

#### What to look for

It helps if pet owners are alert to signs of trouble. "Depending on what substance the pet has ingested and the amount, the reaction can be sudden, with the animal exhibiting alarming symptoms such as staggering, vomiting, drooling, seizures and even loss of consciousness," said veterinarian Carol McConnell. "We recommend that pet owners be aware of which items around their homes can be harmful to their pets--medications, insect poisons, chocolate and certain nuts--and keep these items safely out of reach."

#### An example

Consider the case of Patricia Reinhold of North Las Vegas, Nev. She spent nearly \$500 at her veterinarian's office after her Pomeranian Baxter managed to sip up a spilled beer. She knew something was wrong when Baxter began to stumble and fall over.

"Most people might not worry about this, or think it was funny, but I wasn't about to take a chance with Baxter," said Reinhold. "We took him to the vet, who put him on an IV and flushed his kidneys to get the alcohol out of his system. He recovered, but a couple weeks later we had to take him in for a precautionary liver test to make sure that he had all his enzymes and liver function."

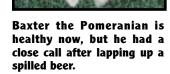
Reinhold's quick thinking highlights the importance of preparation in the event of a pet emergency. Pet owners should keep the phone number of their pets' regular veterinarian and a number for an emergency veterinary hospital handy at all times and have a financial plan for handling unexpected pet expenses.

"I'm the kind of person who

wouldn't hesitate to spend \$10,000 on my pets," said Reinhold. "So for me, having pet insurance isn't about never having to pay for my pets' veterinary bills or saving money but getting help with the things I know I will have to pay for, and I like knowing that help is there. Because you can guarantee that with a dog like Baxter, I haven't seen the end of it."

#### Learn more

For more information about pet poisoning prevention and poisoning first aid, visit the Pet Poison Helpline at www.petpoisonhelpline. com. For more information about pet health insurance, visit www.petinsurance. com.







Scout is a 60-pound bundle of love! Slightly timid at first, this 1 year, 7 month old Pit Bull mix is quickly all about kisses and cuddling. He already knows the command for "sit", walks politely on his leash, and takes treats gently. He loves to prance outside carrying his toy in his mouth and knows all the rules of fetch! Can you give this sweetheart his forever home? Meet Scout at the County Animal Shelter at 5480 Gaines Street, or for more information call 858-205-9974. His \$69 adoption fee includes license, vaccinations, microchip, and neuter.

Dublin is a 3-yaer-old Red Tabby and White male. He is a playful cat hoping to find a special family and home to cherish. With bright eyes and an eclectic spirit, he enjoys playing with feather toys, sunbathing and watching birds outside his window. While Dublin enjoys spending time with her people friends, he is also very comfortable spending time on her own. He has an independent nature and youthful personality! Dublin will do well in a variety of homes, but a home with children 16 years and older is recommended. His adoption fee is \$75 and his neuter, current vaccinations, permanent microchip identification, a certificate for a free veterinary exam and a license if residing in Oceanside or Vista! Dublin is available for adoption at the North Campus of the San Diego Humane Society:, 2905 San Luis Rey Rd., Oceanside, CA 92058, (760) 757-4357. www.sdhumane.org\_ Adoption Hours: Open daily 10 a.m. - 5 p.m.





Samantha is waiting for you! A 2-year-old, 45-pound Pit Bull blend, Samantha is sweet and mellow with a social, playful side. She loves attention and is a smart girl who seems to know the command for "sit." Almost done caring for her litter of puppies, she will soon be ready for a home of her own where she can receive some pampering herself! Come meet Samantha today - visit her at the County Animal Shelter at 5821 Sweetwater Rd., or for more information call 858-205-9974. Her \$69 adoption fee includes license, vaccinations, microchip, and spay. **PAGE 24** 

# SWEET CELEBRATION!

### A tasty way to win at Viejas Casino!

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