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TODAY!

VOLUME 10 NUMBER 49 Gazette Newspaper Group, <u>LOCAL</u>, <u>STATE AND NATIONAL AWARD WINNING PUBLICATIONS</u>, proudly serves El Cajon, Rancho San Diego, La Mesa, Spring Valley, Lemon Grove, Ramona, Santee, Lakeside, Alpine, Jamul and the Back Country

MAY 13-19, 2010



Meet Max page 23

What's new in theatres



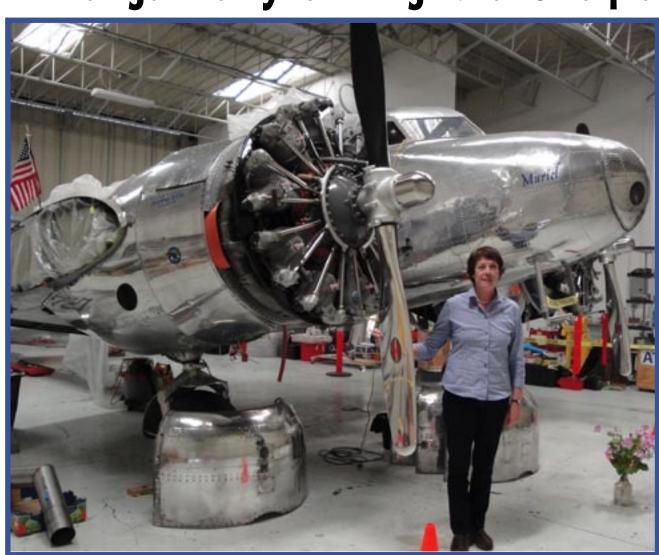
by Diana Saenger on pages 12 & 13 'Babies' and 'Ironman'

Read about



'Avatar' now available at DVD See review page 14

'Muriel' gets ready for 'Wings Over Gillespie'



Grace McGuire getting Muriel ready for her debut at Wings Over Gillespie Air Show June 4, 5, 6. See story on page 21. Photo credit: Diana Saenger







Help Save California and VOTE at the Primary Election: June 8, 2010

LIFE, LIBERTY, AND THE PURSUIT OF HAPPINESS



The Common Sense Conservative for U.S. Senate

California is ripe for political upheaval. Years of over-taxation and heavy-handed regulation have battered California's economy and driven jobs out of state.

Voters are increasingly blaming Barbara Boxer and her ideological allies in Sacramento for this mess California desperately needs its representatives to focus on the basics: jobs, water, domestic energy, and freedom from overbearing government.

The question for Republicans is: who is best able to carry a winning message to the voters? Is it Chuck DeVore, a proven tax-fighter and veteran with a strong grass-roots following; Carly Fiorina, a fired CEO who supported the Wall Street bailout; or Tom Campbell, long-time tax-hiker and moderate politician?

Polls show the conservative DeVore running as strong against Boxer as his moderate opponents. The real issue in the race for the Republican nomination is this: do we want a Republican Party that stands for principles?

Chuck DeVore on the Issues

Jobs, the Economy, Taxes and your Freedom

Burdensome taxes and heavy regulations slow the economy, prevent job creation, reduce wealth and stifle innovation. Chuck prefers a flatter tax structure and a simplified tax code.

National Defense

Chuck believes that America must define and then achieve victory in our current conflicts. If we are not prepared to defeat our enemies, we should not sacrifice our men and women to a lost cause.

American Energy

Senator Barbara Boxer wants to impose a massive energy tax through her cap-and-trade scheme that will increase the cost of fuel and electricity, destroy jobs and cost each American family up to \$2,000 more per year. Chuck believes we should grow our economy AND reduce greenhouse gas emissions by encouraging the development of modern nuclear power.

Securing Our Borders

Unlike Senator Barbara Boxer, Chuck DeVore has a consistent record in the State Assembly of supporting a fence along California's southern border. Every nation has a sovereign right to secure its borders against the threat of drugs, weapons and human smuggling.

Water Management is Critical for California's Growth

As a California State Assemblyman, Chuck DeVore understands how important common sense water management is to our state's growth and economic health. We need clean water for our families, for our farmers and for our future economic growth.



Assemblyman Chuck DeVore: tested, conservative & building momentum

- Elected 3 times to a constituency of 500,000 people: 2004-Present
- Reagan White House appointee in the Pentagon as a Special Assistant for Foreign Affairs: 1986-88
- Lt. Colonel, U.S. Army Reserve
- Married for 22 years, 2 daughters
- Rated highly by conservative groups for consistent small-government, pro-Second Amendment, and traditional values votes
- Endorsed by almost 60% of California's elected Republican officials, including all of his Assembly colleagues and Congressman Tom McClintock
- Endorsed by Senator Jim DeMint, Howard Jarvis Taxpayers Association PAC and the California Small Business Association
- Raised more money than any CA GOP Senate candidate at same point in campaign since 1998 (3 cycles) with 20,000+ contributions, over \$1.5 million to date
- Award-winning New Media effort and strong presence on talk radio

Issue	Chuck DeVore	Tom Campbell	Carly Fiorina	Barbara Boxer
SUPPORTED WALL STREET BAILOUT	NO	YES	YES	YES
SUPPORTED CAP & TRADE OR AB32	NO	YES	YES	YES
SUPPORTED SOTOMAYOR ON THE SUPREME COURT	NO	YES	YES	YES
SUPPORTED BIG CALIFORNIA TAX INCREASES IN 2009	NO	YES	Did not comment	YES

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The shelter is open to the public from 10 AM to 5:30 PM. Tuesday through Saturday and from 1pm-2pm for lunch. The shelter is closed Sunday and Monday. The El Cajon Animal Shelter is not a part of the San Diego County Animal Services.

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SHOP EAST COUNTY



— LOCAL NEWS & EVENTS -

El Cajon highlights

by Monica Zech City of El Cajon Public Information Officer

May is a special month

t Tuesday's City Council meeting the Council proclaimed the month of May to be Building Safety Month in the City of El Cajon. This recognition honors the staff of our Building and Fire Safety Division who help ensure the public's health, safety and general well being by reviewing building and construction plans, issuing building permits and inspecting buildings during and after construction.

The Council also proclaimed the week of May 16 through the 22 as National Public Works Week in the City of El Cajon, to honor the men and women who provide and maintain the infrastructure and services collectively known as Public Works. Their work is vital to the efficient operation of public works systems and programs such as wastewater, streets, storm water collection and traffic safety!

Don't miss the next sector watch meeting

The next Sector Watch meeting is for Sector 8, but if you missed the sector meeting for your area you are still welcome to attend! The El Cajon Police Department is holding a total of five Community Neighborhood Forums called "Sector Watch". Three more are planned - please check the schedule below. These meetings are a great opportunity for residents to ask Police and other City representatives' questions. voice any concerns they may have about their neighborhood, such as traffic, graffiti and gangs. Several residents came by to say "thank you" for a job well done to our officers and/or to sign up for a Neighborhood Watch program.

<u>Police Community Forums</u> <u>are scheduled for the following</u> <u>sectors:</u>

Sector 8 - May 18 - 6 p.m. - First Presbyterian Church, 500 Farragut Circle

Sector 9 - May 26 - 6 p.m. - Meridian Elementary School, 651 S. Third

Sector 10 - June 2 - 6 p.m. - Toyota of El Cajon, 965 Arnele Avenue

Light refreshments are being

provided by the East County Junior Woman's Club. Police Services Officer Samantha Hook will be there with important safety information on protecting your home and property, as well as information on graffiti removal and the Neighborhood Watch program. The El Cajon Community Development Corporation will be on hand with information on the Lend A Hand clean-up program for neighborhoods.

If you are wondering which sector you live in, please visit www.elcajonneighbors.org and click on "Where Is My Sector" on the left hand side of the opening page. For more information please call (619) 579-3364.

The big Jamboree at Holy Trinity is May 21-23

The excitement is growing! The 2010 Cajon Valley Jamboree is just around the corner. This popular event is May 21, 22, and 23 at Holy Trinity Church, located at 405 Ballard Street in El Cajon. Admission is free with live entertainment - including a hypnotist, rides, food, crafters, a live auction and a silent auction. Exact hours: Friday, May 21 - 5 to 10 p.m., Saturday, May 22 - 9 a.m. to 10 p.m., and Sunday - May 23 - 9 a.m. to 5 p.m. For more information on the entertainment and program activity visit www.cajonvalleyjamboree.com.

Gearing Up For Bike to Work Day May 21

Grab your bike and helmet, carpool or use the transit system and join thousands of County residents on Friday, May 21, for National Bike to Work Day (BTWD)! Register now at www.iCommuteSD.com to be eligible for prizes, such as spa gift certificates or an electric bicycle, and print out your receipt for a free BTWD t-shirt! Cruise by one of dozens of pit stops to refuel with beverages, free energizing snacks, and lots of encouragement! Pit stops are open from 6 to 9:30 a.m. Check www.icommutesd.com often to see which pit stops are on your route. The City of El Cajon will have their 12th Annual Pit Stop at the corner of Sulzfeld and East Main Street. Never ridden your bike to work before? Visit www.icommutesd.com to get all the resources you'll need to get started, from bike maps to how to take your bike on transit.

This year's event is sponsored by SANDAG and presented by San Diego County Credit Union. Bike to Work Day could not happen without our many sponsors - please be sure to show them your support. If you would like more information about BTWD or bicycle commuting, e-mail iCommute at biking@sandag.org, or call 511 and say, "iCommute."

Painters needed for mural

On Saturday, May 29, the El Cajon Community De-

be hosting a Lend A Hand Neighborhood Enhancement event from 8 a.m. to 2 p.m., featuring volunteer-friendly mural painting projects in the vicinity of the Cajon Valley Middle School ballpark. Volunteers, participants, sponsors, and materials are still needed for all events. Volunteer your time, materials, or expertise, or support Lend A Hand with a financial donation. To partici-

pate, please register in advance

by calling Christina Burke, the

El Cajon CDC Community

Development Coordinator, at

(619) 401-8858 or email her at

Christina@downtownelcajon.

velopment Corporation will

Don't miss the Tamburitzans on Friday At ECPAC

Friday, May 21, at 7:30 p.m. the Tamburitzans, America's Premier Folk Ensemble, will be performing at the East County Performing Arts Center (ECPAC) located at 210 E.

up to 55

Main Street in El Cajon. Hear the music, songs, and dances of Eastern Europe and neighboring cultures. Reserved seats are \$24 and \$27. For tickets visit www.cytsandiego.org or call (619) 588-0206.

Memorial Day is Monday, May 31 – City offices will be closed in observance of the holiday.

Western Heritage Days!

The first weekend in June is Olaf Wieghorst Museum's Western Heritage Days! This fun event takes over Rea Avenue between Magnolia Avenue and Sulzfeld Street on June 5 - from 10 a.m. to 6 p.m., and June 6 from 11 a.m. to 5 p.m. This is the 8th annual celebration and exhibition of our western heritage, featuring Women Artists of the West juried Art Show, blacksmiths. storutellers, mountain men. artists and artisans, western reenactments, Native American dancers, live western music, Buffalo Soldiers, a Children' Pavilion - and lots of food! FREE admission for this fun family event! For more information see their website at www.wieghorstmuseum.org or call (619) 590-3431.

Concerts on the Green June 25

On June 25, the first concert of Concerts On The Green begins in Downtown El Cajon with "The Legends" playing oldies music, 6 to 8 p.m. The exact location is to be announced, due to renovations at the Prescott Promenade. Call (619) 401-8858 for more information or visit the El Cajon Community Development Corporation website at www.downtownelcajon.com and see the full line-up of concerts scheduled.

Note: Please keep me informed of your community events by placing me on your mailing or e-mail list. If you have an event in the City of El Cajon that you would like to share, please contact Monica Zech, Public Information Officer for the City of El Cajon, via e-mail at mzech@ci.el-cajon.ca.us, or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

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— LOCAL NEWS & EVENTS -

Bits and pieces around East County | Lakeside round-up of events

New wheels for Meals on Wheels

vcuan is literally delivering on a promise to help Meals-on-Wheels and the people who depend

You may eligible for refund on your California TaxReturn.....

Did you have Mortgage Forgiveness Debt on your Federal return but have to pay California tax? If so, you can now file for a refund in California. On April 12, 2010 California changed forgiveness mortgage going back to 2007. Call or email for help with filing your amended California return.

Income Tax Assist

Debbie Haverly, CPA (619)647-5649 debbie.haverly@ sbcglobal.net

on the agency for their meals. Sycuan is donating a brand new delivery van that will transport warm meals to thousands of seniors throughout San Diego

"Sycuan is honored to support Meals-on-Wheels and their on-going mission to provide nutritious and affordable meals for our elderly. This van takes them one step closer to meeting the needs of the elderly in our community," said Daniel J. Tucker, Chairman of the Sycuan Band of the Kumeyaay Nation.

Sycuan Chairman Daniel J. Tucker helped deliver the first official meal to a senior in the East County. That delivery took place at the Creekside Meadows Complex, located at 1750 Arnold Way #98 in Alpine.

By seeing news accounts of this donation, Sycuan hopes others will be inspired to contribute to Meals-on-Wheels and other worthy charities.

Meals-on-Wheels provides two meals a day, seven days a week, to residents who are 60 years of age and older. The agency's volunteers also check up on seniors to make sure they're doing fine. Quite often, the delivery person will be the only human contact the senior has all day.

Open 24/7 and just 30 minutes from downtown San Diego. Sycuan Casino offers an array of exciting gaming activities, entertainment and delicious food. In addition to our 2,000-plus slots, we have a total of 63 table games, including blackjack, pai gow, mini baccarat and a 24-table non-smoking poker room. Sycuan Casino is also home to a state of the art off-track betting facility. The 1,250-seat Bingo Palace provides traditional and video bingo. And customers have a choice of dining in our international buffet, Wachena

The Sycuan Tribal Government operates the region's premier Indian gaming and resort facilities, the Sycuan Casino and Sucuan Resort. Sucuan demonstrates its strong commitment to the San Diego region through its support of civic and charitable organizations.

Café, Sunset Deli or Bingo

Snack Bar.

East San Diego County League of Women Voters turns 90

The League of Women Voters marked another year of service to East San Diego County and will continue the League's 90th anniversary celebration on May 29 with a brunch and presentation by Grossmont-Cuyamaca Community College District Chancellor Cindy Miles. The event will be held in the Boardroom of the Helix Water District at 7811 University Avenue, La Mesa, beginning at 9 a.m.

Known widely for their voter education efforts, particularly candidate forums, this nonpartisan civic group has been an institution in East San Diego County for decades.

"We take seriously our legacy of providing trustworthy and balanced resources to citizens and lawmakers," said President Lisa Hamann. "Over the last 90 years, the League of Women Voters has left its footprint on American history, and our democracy is stronger for it. From health care to climate change to money in politics, the League remains on the front lines of the most important issues facing our nation. We look forward to continuing this work over the next 90 years. After all, the League is the organization where hands-on activities to safeguard democracy lead to civic improvement."

The East San Diego County

June 19 at 9 a.m. in the Helix Water District Boardroom. Anyone who is interested in learning about the League is invited to both events.

For more information visit www.lwvesdc.org.

The League of Women Voters®, a non-partisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy

Commitment to firefighting upgrades earns Project of the Year Awards

Despite limited resources, cities continue to show their commitment to firefighting services. Two city fire station upgrade projects have earned Project of the Year Awards from the American Public Works Association. The La Mesa Fire Station #13 and City of Encinitas Fire Station #3 are being honored for meeting strict budget requirements and superior planning.

The city of La Mesa's Fire Station #13 was remodeled to provide gender neutral living quarters, expand space and perform seismic upgrades. Firefighter personnel and equipment were relocated due to the complexity and size of the project with no reported incidents of interrupted emergency services while the station was under construction. Further, water tolerant plants replaced the previous landscaping resulting in lower water use. This fire station was completed within budget.

The projects were honored by the San Diego and Imperial Counties Chapter of the American Public Works Association with a Public Works Project of the Year award at the May 14 award ceremony and luncheon.

The San Diego and Imperial Counties Chapter of the American Public Works Association promotes professional excellence, understanding of, and competency and credibility in public works. Its Public Works Project of the Year Award was established to promote excellence and to educate the public on the importance of the contribution of public works to their daily lives: planning, building, managing and operating the heart of our local communities and building the quality of life.

by Patt Bixby

Chipping Day a huge success

n Saturday, May 8, the Eucalyptus Hills Fire Safe Council, On Saturday, May o, the Lucalyptus I line I list Safe Council of San Diego County, Eucalyptus Hills Land Owners Association and the Lakeside Fire Department sponsored a free chipping day at Eucalyptus Hills School (East County Academy of Learning). By 8:30 a.m. people had lined up for the 9 a.m. start. Division Chief/Fire Marshall Greg Schreiner said the minimum goal was beaten by 20 vehicles. The turn out was so great a second chipper was called in by 9 a.m.

Lakeside residents can feel safer as fire season nears because they cleared a defensible space around their homes. Neighbors cut limbs and brush and brought them to the school where free wood chipping was provided. The school site was provided free of charge by the Lakeside School District.

Faith Berry from the Fire Safe Council of San Diego said the Eucalyptus Hills event was one of the most successful community chipping events she has participated in. Everyone followed the rules for limb size and brush. No one was turned away. Some of the brush was green but much was dry, which Fire Marshall Schreiner said is very quick to burn and can burn 10-12 ft high and spreads quickly.

Eucalyptus Hills residents who would like to be informed of any upcoming EHFSC events or projects can email EHLOA@flash.

2010 Lakeside Chamber of Commerce Western Days Parade Float theme winners were:

Best Commercial Entry – KRC Rock & Block

Best Community Theme – San Diego Off Road Coalition

Best Youth Entry - Lakeside American Little League

Best Musical Entry - Seven San Diego Church

Best Band – El Capitan high School

Best Use of Color - Victorian Roses Ladies Riding Society

Best Depiction of Parade Theme - Lakeside Chamber Kid's

Grand Marshall Winner - Winchester Widows

The East County Gazette would like to congratulate all the winners on a job well done!

An evening with Joel Anderson

On May 6 David and Kathy Kassel along with Frank Hilliker co-hosted an evening with Joel Anderson Assemblyman, 77th District. The event, held at the home of the Kassel's, introduced Anderson as the Republican candidate for the State Senate seat which will be vacated by State Senator Dennis Hollingsworth.

Anderson told the crowd of supporters he is proud that he's been able to reach across the isle to work with democrats on a number of very important issues. The Assemblyman said he is well aware, "you don't care what my problems are" and that he's there as an Assemblyman who will be a Senator that represents the people and their issues.

Stop in at the next Lakeside Chamber of Commerce business mixer, Thursday, May 20 business mixer and find out all about the Chamber. The mixer is at the Lakeside Union School District Office, 12335 Woodside Ave. Chamber members \$5, non-members \$8.

Rescheduled Sunrise Powerlink Community Council meeting

SDG&E will hold a Sunrise Powerlink Community Council meeting on Thursday, May 27 at 6 p.m. at the Lakeside VFW Hall, located at 12650 Lindo Lane.

The purpose of this meeting is to continue a two-way dialogue and further discuss the timeline and construction for the Sunrise Powerlink. Lakeside Fire Chief Parr and Sunrise Fire Coordinator Acree Shreve will be in attendance and available to discuss fire mitigation issues. SDG&E is also in the process of creating a computerized visual simulation of the entire Sunrise route. If complete, they will provide a visual simulation presentation on the overhead transmission line through the community of Lakeside.

To RSVP for this meeting, call Sandra Dedic at (858) 654-

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In addition to a down payment, purchasers also need cash for closing costs (the final costs associated with closing the loan). Several newly emerging loan programs not only allow the purchase of a home with no money down but also underwrite closing costs.

Not everyone, however, elects to purchase with little or no money down. Less money down means higher monthly mortgage payments, so most home buyers choose to buy with some cash up front.



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For Health's Sake

2010 'Victories of Spirit' celebration event

harp HealthCare Foundation's 2010 Victories of Spirit celebrates the power of rehabilitation and the strength of the human spirit. The 20th annual Victories of Spirit event will begin at 6 p.m., Friday, June 4, at the Hilton San Diego Bayfront.

"This event is a celebration of the strength of the human spirit" stated David Brown, the System Director of Rehabilitation Services for Sharp HealthCare. "The highlight of the evening is the presentation of the Eagle Spirit Awards to former patients who embody the spirit of courage, strength and possibility. We also recognize their commitment of giving back to the community to benefit others. Each awardee has overcome incredible obstacles and each has an inspirational story to share about their dreams for

Five individuals will be honored with the Eagle Spirit Award, an award that sumbolizes the Navajo sign of the most potent healing power. This year's individual award recipients are Jo Ann Antigiovanni, Ryan Baker, Tom Burke, Jedidiah Diche and Zachery St. Louis. Their compelling stories of determination and compassion will be shared at the event.

2010 Victories of Spirit Eagle Spirit Award Win-

Patient Achievement: Jo Ann Antigiovanni

For over 40 years, Jo Ann worked in the accounting field while volunteering for many organizations including Las Ámigas de los Ninos and the Child Abuse Prevention Foundation of San Diego. In September 2004, she was diagnosed with multiple lung diseases: sarcoidosis, pulmonary hypertension, and scleroderma. Her treatment required the use of oxygen 24 hours a day/7 days a week. Determined to regain her strength and endurance, Jo

Ann sought the help of the Sharp Pulmonary Rehabilitation program. As she learned to manage her disease, her stamina gradually improved and she once again inspired others. Jo Ann became the "Pulmonary Rehab Greeter," and published patient recipes in the "Living Legends" cookbook that raised \$1.800 to support the pulmonary program. In 2008, she completed the "5K Healthy Air Walk" and became a spokesperson for the American Lung As-

Ryan Baker

The day after Ryan completed high school, his family was moving to Colorado when they were involved in a motor vehicle accident in 1991. Rvan sustained a T6 spinal cord injury. He went on to complete college and be active in adaptive sports. From his love of sports came the inspiration to establish the first official Wheelchair Lacrosse team in the nation, experimenting with equipment, skills training and writing play rules. Ryan was also a founding member of the Sharp Rehabilitation Men's Spinal Cord Injury support group, served on the Access 2 Independence steering committee, and is a peer mentor for newly injured patients through Head-North Foundation and Sharp

Rehabilitation.

Tom Burke On April 5, 2006, Tom suffered a devastating stroke while on business in Sacramento . When he was able to return to San Diego , he was admitted to Sharp Grossmont Hospital's Rehabilitation Center. Through hard work and courage, Tom progressed from inpatient rehab through outpatient rehab and the Day Treatment Program. One of Tom's passions prior to his stroke was golf. The Sharp Rehab Recreation Therapy Department adaptive golf program connected Tom with PGA Pro John Klein. Tom now plays a full length golf course at Cottonwood where he is a positive role model for challenged and able-bodied golfers. He shares his story, motivation and inspiration with other stroke survivors, encouraging them to pursue their passion and enjoy a higher quality of life.

Jedidiah Diche

In December 2006, Jedidiah was driving to Christmas Eve church services when he suffered a stroke from a ruptured blood vessel in his brain. He was rushed to the hospital and when able, was transferred to Sharp to receive inpatient and outpatient rehab. Following his rehabilitation, Jedidiah returned to Mesa College and in 2008, he completed his associate degree in applied science and graphic design. He is currently pursuing his bachelor's degree at Platt College and continues to be an honor student. He uses his computer skills and creative abilities to design flyers and posters and to create his own website. Jedidiah reaches out to help others by speaking about his recovery journey, mentoring other brain injury patients, and volunteering in the community for "Hands

and Feet" homeless project and "Beautifying Chula Vista '

Special Recognition: Zachery St. Louis

At the age of 16, Zachery shows all of us the impact a single individual can make in this world. While planning his Eagle Scout Leadership Service Project, he remembered the loving care and attention his mother received at Sharp Hospital following a serious 2003 auto accident. Inspired by "The Ranchero Fund", Zachery committed to building "slide-boards" for patients with spinal cord injuries. These boards assist individuals in transferring from their wheelchair to a bed, chair or car - an essential tool to assist patients both in the hospital and at home. Through his personal initiative, Zachery's Eagle Scout Project exemplifies the best tradition of Scouting - to be of greater service to their community.

Programs Benefiting from 2010 Victories of

Advancing the Future of Rehabilitation

This annual celebration is sponsored by Sharp Health-Care Foundation and will benefit Sharp Rehabilitation Services and its programs, including:

- Adaptive Sports Programs, including adapted water sports, wheelchair tennis and quad rugby - a national championship-winning team.
- Challenged Women's Support Initiative, which provides volunteer and employment opportunities, education and peer support services to women living with physical disabilities in San Diego.
- Traumatic Brain Injury Support Programs, which includes services such as adapted driving assessment and training, community integration services, peer support and mentoring programs, and neuropsychological services.
- General Rehabilitation Fund, which allows Sharp Rehabilitation Services to fund programs and services as needs arise throughout the year.

For more information or to purchase tickets, contact Sharp Rehabilitation Services at 858-939-3085 or visit www.sharp. com/rehab.

Overactive Bladder...



Your senior years should be spent having fun... not on the run.

As we age, OAB symptoms such as sudden urges to urinate and frequent wetting episodes become more common.

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- experience frequent wetting episodes
- have health problems related to aging

If qualified, you:

- · will attend five office visits over a 14-week period
- · will receive the study medication or a placebo (an inactive look-alike pill) and study-related care
- · may be compensated for time and travel

For more information please contact:

Grossmont Center for Clinical Research 8851 Center Dr., Suite 206 La Mesa, CA 91942 619-589-4100

Senior Health Fair

FRIDAY, MAY 14, 10:00AM-1:00PM

Free Health Screenings:

- Blood Pressure
- Blood Glucose (Diabetes)
- Stroke
- Educational Programs
- Volunteer Opportunities
- · Senior Community Services
- Home Care Services
- · Home Safety- Fall Prevention
- Health Information
- Financial Information
- Housing Options
- Nutrition Services
- · Healing Touch demos
- Vials of Life
- Advance Directives
- Samples from Mimi's
- Samples from Target

Santee Trolley Square Shopping Center

9850 Mission Gorge Road, Santee (Near the Amphitheater and the Food Court.) Ask about taking the trolley or bus to the Fair.

Attendee info: (619) 464-0505 Vendor info: (858) 966-3291- Laura Printy

Sponsored by East County Senior Services Providers and







Grossmont Healthcare District, a public agency formed to build Grossmont Hospital, supports many health-related community programs and services in San Diego's East County region. www.grossmonthealthcare.org



— ON STAGE

Out and about in the County

Now: The Pine Valley Players are holding auditions for Oscar Wilde's 'The Importance of Being Earnest.' Three teen boys are needed to complete the cast. Interested parties contact www.facebook.com/ ThePineValleyPlayers

Through June 20: Viejas Casino Hosts 4th Annual Ultimate Music Challenge. -nine of the area's best cover bands will compete at Viejas Casino's DreamCatcher Lounge every Sunday from 6 p.m. to 10 p.m. For more information, including dates, times and participating cover bands, visit http://www.ultimatemusicchallenge.com/dates.html

May 22: The First Annual "Gunsmoke," a night of gamblin and carousin at the Long branch Saloon in Dodge City will be held Saturday at 6 pm in the El Cajon Community Center. Old West with Casino style gaming, great prizes,50-50 drawing and costume contest. Cost is \$50 per person, which includes \$100 worth of gambling chips and Heavy hors d'oevres provided by Downtown Cafe. All proceeds go to the Lions Free sight tests and glasses for the El Cajon Valley School Children. Table sponsorships starting at \$100 are available.

June 19-20: Step back in time to celebrate the "Year of the Miner." In the winter of 1869 when former



The 42nd Miss Alpine and Teen Miss Alpine 2010 were chosen on Monday night at Viejas in the Dream Catcher Theater. In addition to the new Alpine ambassadors two new title holders were chosen, Miss and Teen Mountain View. These two young ladies will be representing the outer East County and areas surrounding Alpine. The Miss Alpine Pageant which is sponsored by The Council for Youth Empowerment (CYE), a non-profit organization, also produces the Little Miss and Junior Miss Alpine Princess Programs. Over the past 42 years over 700 young ladies have taken part in these programs, gaining poise, confidence and community pride! The Associated Pageants of Alpine would like to thank their sponsors who have supported this annual event. Viejas Community Relations, Soroptimist International of Alpine and the Alpine/Mountain Empire Chamber.

Group shot: (L-R) Miss Mt. View Jessica Higgins, Teen Miss Mt. View McLaren Martin, Miss Alpine Chrrissa Banach also chosen as Miss Photogenic, Teen Miss Alpine Kelsey Davie also chosen as Miss Congeneialty, 2010 Court Sydney Olivares, Amanda Hay and Ashley Wiley. Photo credit: Kathy Foster



GOLDEN ACORN CASINO

Even when the sleet is blowing sideways and the wind could knock over a boulder, our expanded bus service is up and operating daily 7 days a week from Chula Vista, National City, El Cajon Spring Valley, Calexico and El Centro. Call for reservations and schedules at 1-800-254-3423. Pay \$10 for the ride and receive \$20 in free play or table match play — Good trade.

BINGO goes on rain, sleet, or whatever, on Mondays and Wednesdays at 2pm and Tuesday, Thursday, and Friday at 11am in the Showroom. Senior Days are Tuesdays and Thursdays. Seniors get extra privileges, and special promotions go on every day. Call us at 619-938-6012 and we'll let you in on what's happening.

By May 29th, our weather will have calmed down just in time for the BULL RIDING Buckle Series on Saturday, May 29th at 2pm. It's a free outdoor show, and the stock is provided by Bucken-U-Bulls. RIDER ENTRY - CALL 619-478-5569.

This will be the first event in the Buckle Series, with more to come in June and August. But, back the May 29th. MMA CAGE FIGHTING. Doors open at 6:30pm and fights begin at 8pm. Tickets are on sale now. Call 619-938-6012. There is an after-party on the Casino floor from 10pm to 1am.

LOOK FORWARD TO . . . June 26th. We will be hosting another Summer Fair and Rodeo. Details to follow.

What a fun way to welcome summer!

slave Fred Coleman discovered gold in a small creek just outside of Julian, it set off a frenzy that became San Diego's own gold rush. Within a few weeks, over 800 prospectors from all over the country were headed to Julian in search of gold. The first producing gold mine, the Washington Mine, was discovered in February 1870 and within days over 40 other claims were registered. This year marks the 140th anniversary of the Julian Gold Rush, a pivotal part in the development of San Diego, and will be the focus of this year's Julian Gold Rush Days in June.

The gold rush lasted off and on for about thirty years, producing almost \$2 million in gold (about \$150 million in today's market). While other nearby gold mining town such as Banner City, Branson City, Cuyamaca City, and Eastwood disappeared over time, Julian continued to thrive with the production of its newest asset—apples.

Julian Gold Rush Days, which takes place Father's Day weekend, June 19-20, celebrates the discovery of gold in this mountain community with a weekend of events including gold panning, living history demonstrations, gold

mine tours, book signings, face painting, old fashioned games, historic skits, and more activities for the entire family

"Julian Gold Rush Days is a great opportunity to `turn back the clock' and give visitors an idea of what Julian was like in its early days," according to Tracy Turner, president of Julian's Merchants Association. "It's entertainment for the whole family!"

Events will be produced throughout the Julian area, including Wynola. For more information, visit www.julianmerchants.org. Julian Gold Rush Days is sponsored by The Julian Merchants Association, a community group representing more than 90 merchants in the greater Julian area -- Julian, Wynola and Santa Ysabel in San Diego County's eastern mountains.

May 22: Monday Nite Car Club of Southern California presents "Run to the Hills #8" from 9 a.m. to 3 p.m.in Pine Valley on Old Highway 80. For more informtion Contact George at (619) 440-6168 or Dave at (619) 449-3159. First 250 registrants recieve a dash plaque & raffle ticket. Proceeds benefit The Mountain Empire Men's Club Schoalrship Fund, various youth programs and the Monday Nite Car Club's Toy Drive for Milltary Famillies. Visit www.mondaynitecarclub.net

ONGOING

A drop-in after school program open to all teens in grades 6-12, up to age 17 is held at the Santee Teen Center at the Lakes. The experienced staff is committed to providing a safe, friendly environment with plenty of outdoor and indoor recreation activities! Become a fan of the Santee Teen Center on Facebook to check out our most up to date information!

Julian Doves & Desperados every Sunday (weather permitting) 1 p.m., 2 p.m., 3 p.m.: Historic comedy skits located at the stage area between Cabbages & Kings and the Julian Market & Deli. For more information please contact Krisie at (760) 765-1857.

Triangle Club's Old Time Melodrama every Friday, Saturday & Sunday Friday at 7:15 p.m., Saturday at 1:15 p.m. and 7:15 p.m., Sunday at 1:15 p.m. Town Hall. visit: www.julianmelodrama.com







— CLASS ACT —

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'Babies' — an absorbing documentary

Review by Diana Saenger

lmost everyone loves babies. They're cute, joyful, unpredictable, and their constantly-scanning eyes reflect the wonder of seeing new things. Understanding this phenomenon, producer Alain Chabat came up with the idea for Babies. It's an across-the-world observation of four babies from birth through specific times during their first year. He, along with French director Thomas Balmes, have created an intriguing and very unusual documentary.

Chabat explains his idea for *Babies* as follows. "I dreamt of a movie theater audience that would applaud because a baby would stand on their own two feet. These tiny things are huge adventures for them – and we've all been through that, though of course most of us can't remember. I felt we could show the commonalities as well as the differences among these babies."

Four countries and four prospective mothers were chosen for the film. Ponijao, a little girl, was born in rural Namibia. Bayarjargal is a little boy in Mongolia. From Tokyo, the baby girl Mari was selected.

San Francisco offered up the third baby girl, Hattie.

Watching the differences through the lives of these four infants is fascinating, especially considering the different circumstances. Hattie, for instance, has all the luxuries of living in an American home where parents have little problem meeting all of her needs. Mari's parents in Tokyo also seem affluent enough to take care of their daughter who enjoys occasional outings and is often found among a blanket full of toys.

Bayarjargal's story truly reflects his environment. His father is never seen because he's off trying to find cattle for their livelihood. Bayarjargal seems quite content with very little and endures - sometimes with tears - the sibling thrashings from his slightly older brother quite well. It's definitely a very hard life for their mother, but she makes do. This scenario provides some of the funniest moments, particularly when Bayarjargal is barely walking and running around outside pant-less among the cows.

The Namibia scenes are also quite amusing and very telling about the sparse life



Bayarjargal is one of four babies featured in *Babies* Photo credit: Focus Features

these people survive under. In nearly all these scenes, Ponijao appears playing in dirt – or trying to eat it – while his mother rests against a tree with her oldest daughter and baby, who's not too much older than Ponijao.

Babies contains no dialogue or onscreen explanations before or after the film, but I think this might have helped answer the questions viewers will probably have after seeing the documentary. It does include appropriate music fitted to the locale or situation as well as amazing and pure cinema-

tography that captures the real essence of these lives.

This is especially apparent when viewing the Namibia footage. While most Americans might gasp at the lack of an abundance of things we have while raising a baby – food, clothes, diapers, ointments – it's clear these people make do without, or with very little of, these items and are still perfectly content.

Although I found the documentary a bit too long, I enjoyed it and had many laughs. The babies are absolutely precious.



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— CLASS ACT –

'Iron Man 2' is explosive and fun

Review by Diana Saenger

ron Man fans need wait no longer to find out if the sequel stands up to the 2008 release of *Iron Man*. I actually enjoyed this sequel even more. It boasts a plausible plot, explosive action, an adrenaline pacing through most of the movie and great performances.

After a little intro reintroducing the antics of playboy Tony Stark (Robert Downey, Jr.) and his confidante and assistant Pepper Potts (Gwyneth Paltrow), the action gets underway at the Grand Prix in Monaco. That's where Tony and his need-to-feed ego gets behind the wheel of one of

the race cars. After a few laps fans are astonished to watch a mammoth iron-suited Ivan Vanko step onto the race track with his electrically charged whiplash. He almost does Stark in, but then it's just the beginning of the movie so we know that's not going to happen.

Ivan's story and his problem with Tony gets slowly woven into the plot, which brings in another character, Justin Hammer (Sam Rockwell) who teams up with the Russian Ivan to build their own power wite

When Tony rashly makes Pepper CEO of Stark Industries she's hesitant but soon comfortable behind the desk. While her job is clearly defined, the relationship between she and Tony is not. This situation is played out many times in the delightful banter between them as written by screenwriter Justin Theroux (Tropic Thunder). And when Pepper introduces a new assistant (Scarlett Johansson), it's a mystery who she really is - Natalie Rushman or Natasha Romanoff. And what does she actually mean to Stark Industries? Is she an enemy or an ally? Either way, Pepper is not happy to see Tony showing ing character had the script called for it. Johansson proves

In addition to facing one of if not more new enemies – Tony also has problems with the U.S. Government. Because he's been able to keep America safe from evil, officials want to rein him in and also have access to his suits to use for their own deployment. In one comical scene, Stark faces off with Senator Stern (Garry Shandling). It's hard to tell who is having more enjoyment, Downey or Shandling; but it's fun for viewers as well.

There are many fast and high-octane scenes in the film to thrill Iron Man fans. A stand off between Iron Man and his pal Lt. Colonel James "Rhodey" Rhodes (Don Cheadle) inside another of Stark's iron suits against some of Hammer's drones plays like a Fourth of July fireworks with high-grade missiles.

Director Jon Favreau does a good job handling the superstar cast. Rockwell (*Frost/ Nixon*), Paltrow (*Infamous*) and Cheadle (*Hotel for Dogs*) easily adapt to their characters. Rourke (*The Wrestler*) could have been a far more menacing character had the script called for it. Johansson proves her acting skills have come along way from the young teen in *Manny & Lo* (1996). Samuel L. Jackson (*Lakeview Terrace*) is another throw-away character who adds nothing in this film, but may do so in the next outing.

Iron Man 2 - released internationally before in the U.S. - earned 7.5 million dollars in its first screening, so it's no surprise it will set records. That's good for fans of the comic book series and for moviegoers wanting to enjoy an adrenaline rush and some favorite actors. I only hope *Iron Man 3* – already on the books – will be just as entertaining. But let's face it – whether playing Charlie Chaplin or a billionaire with superhero armor, Downey pulls us in every time.



Robert Downey Jr. stars in *Iron Man 2.* Photo credit: Industrial Light & Magic / Marvel

REEL FACTS

Babies

Studio: Focus Features
Gazette Grade: B
MPAA: "PG" for
cultural and maternal
nudity throughout
Who Should Go: Parents
and grandparents

Iron Man 2 Studio: Paramount

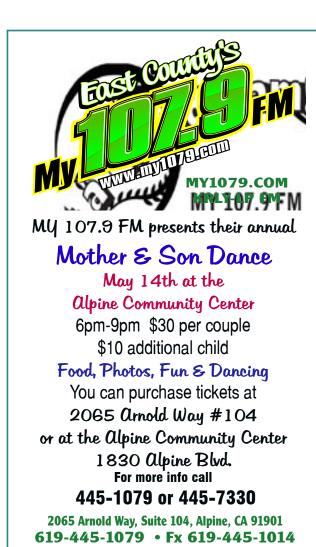
Pictures

Gazette Grade: B + MPAA: "PG-13" for sci-fi action and violence and brief suggestive

Who Should Go: Fans of Iron Man or this cast

Avatar - Blu-Ray & DVD
Studio: 20th Century
Fox Home Entertainment
Gazette Grade: B+
MPAA: "PG-13" for
intense epic battle
sequences and warfare,
sensuality, language
and some smoking.
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— CLASS ACT —

The awesome and hot property 'Avatar' now on Blu-Ray and DVD

Review by Diana Saenger

nyone who has not seen Avatar and is wondering what all the hype is about need only to pick up the Blu-Ray – DVD now on the market. Both discs are in the package. Watching either, but especially the Blu-Ray, is amazingly like watching the movie on the big screen. The colors, visuals, transitions are impeccable. I can easily say this is the best looking film I've ever seen on Blu-Ray. Having already seen the movie twice I still couldn't push that fast-forward button - I was dued to every minute of the film.

The story – that some complain about being too simple or redone – works well. In case anyone hasn't heard, there are basically only seven stories told in movies, it's the creative process that makes them different. And James Cameron certainly took his record-setting *Avatar* to new heights.

The plot finds the United States once again interested in finding a rare ore – this time it's Unobtainium. That's little of the story here though. The problem is the local inhabitants, the Na'vi, live right on top of the biggest deposit. The Na'vi people are tall cat like creatures

with sparkling blue skin and live in harmony with their planet. To better understand these people the US government designs a program that creates a genetically-bred human-Na'vi hybrid and with the use of a sophisticated computer bed to transfer data from the mind of a human into his matching DNA hybrid. This appeals to Jake (Sam Worthington), a marine who lost the use of his legs back on Earth but who will walk again as a Na'vi.

The plot involves an unlikely romance between Jake and the Na'vi princess, Neytiri (voice of Zoe Saldaña). This may

sound trite, but once you're watching the film, you fall for it hook, line and sinker. The plot, however, is really about more important things such as how far should a country go to pursue their own selfish desires? Can people of totally different backgrounds and physical make-up get along? When does greed overcome civility?

Watching the Blu-Ray again, so much popped out at me. Of course the beautiful colors – even the yellow in the tubes on Jake's wheelchair and bars on storage bins bring mundane items to life. When a huge piece of machinery the size of a small



Mark Fellman/WETA/20th Century Fox

house rolls by there are blue arrows in the wheel that may have gone unnoticed except for the brilliant color HD affords the viewers. Everything looks gorgeous, but a few scenes really amaze. The pink palettes of the skies around Pandora are breathtaking and offer a feeling of peace.

The intriguing scene with Jake and Neytiri in the Seeds of the Secret Tree where seeds that look like feathery umbrellas rain down around them tells a lot about the story without using words. The scene that takes place in A Place for Prayer To be Heard follows Jake and Neytiri as they develop their relationship and every time they step down, the area around their foot lights up. One of my favorite scenes that truly speaks to the point of "Can people of totally different backgrounds and physical make-up get along?" is when the Neytiri finally accepts Jake as one of their own. Each one places an arm on the shoulder of another and a beautiful human spider web is formed that looks splendid and hopeful.

The Blu-Ray aspects also bring out a lot in each main character. Jake's constant di-

lemma of trying to live in two worlds is always clearly on his face. Sigourney Weaver plays a botanist who mentors Jake and is interested in finding a peaceful solution to the mining situation. Her strength and determination is always present whether in human form or her Na'vi body. Neytiri also tells her entire life in her wonderful facial expressions, especially when trying to convince her people Jake is a good person.

Stephen Lang is the soul-less Colonel Miles Quaritch who wants whatever he can't have. "If there is a hell you might want to go there for R&R after going to Pandora," Miles says. Lang fills the story with angst every moment he's on screen. "It's my job to keep you alive. I will not succeed," he warns.

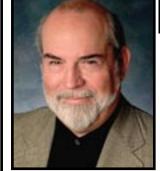
Another enjoyable aspect of Avatar is the very fitting musical score by James Horner. Every scene is backed by subliminal tunes that enhance the story.

There's some bad news about this Blu-Ray release and a big decision that consumers need to make. The Blu-Ray has NO bonus features. That's unbelievable in the world of See 'AVATAR' page 15



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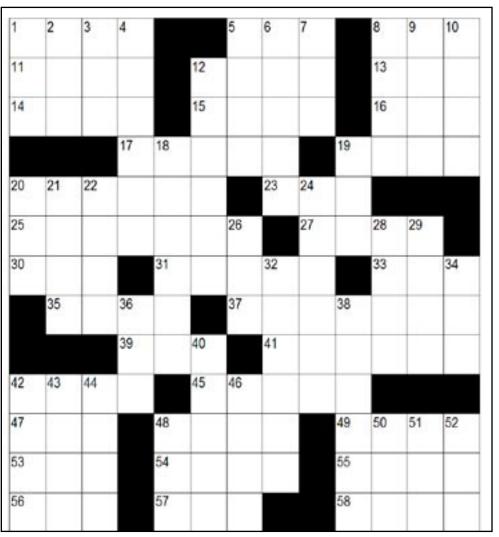
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Across

- Leg
- South southeast
- Mr..'s wife
- Healing plant 11
- 12 Wood cutting tools
- 13 Absent
- 14 Slog
- 15 Part
- 16 Less than two
- 17 Submerges in liquid
- Ferment
- Scale
- Supersonic transport
- Pertaining to the heart 25
- Skirt 27
- 30 Epoch
- 31 Brown
- United States of America
- 35 Information
- 37 To unfasten or withdraw by turning
- 39 Genetic code

SOLUTIONS



- 41 Full skirted dress 42 Entrance
- 45 Birds that make a gaggle
- Talk 47
- 48 German city
- 49 Did well
- 53 Terminal abbr.
- 54 Institution (abbr.)
- Donkey 55
- Bashful
- 57 Tint
- 58 Scream

Down

- Swish
- 2 Queasy
- 3 Cow speak
- Tucked in
- Went into the water
- People from Switzerland
- Eastern Time
- Anchor
- Ancien German character
- Thick soup 10
- Chocolate topped treat 12
- 18 At the same time
- 19 Energy unit
- 20 Whiz
- Japanese dress
- Ocean Spray's drink starters
- Inactiveness Central processing unit
- Shunt
- Secondhand 29 What you do to paragraphs 32
- 34 Hand tool
- Popular president's initials 36
- 38 Soupy
- 40 Torture
- 42 Tints
- 43 Commitment
- 44 Yes
- 46 Otherwise
- Tot 48
- 50 Prompt
- 51 Annex
- 52 Eastern state

Avatar ...

Continued from page 14

"let's add 12 hours of stuff to the DVD" mentality. I guess the overwhelming support of the movie drove the decision to get it out as soon as possible. And since this movie took Cameron nearly 12 years to get on screen, it's no surprise he'd want all the time he could have to prepare for the announced new edition to the hit the shelves in November. The current Blu-Ray does come with a special code that allows online access to exclusive content, including material that will be on the November release

My advice - buy it now and enjoy it until then. To read a review of Avatar go to www.eastcountygazette.com archives Dec. 17, 2009 issue or http://www.reviewexpress. com/review.php?rv=953



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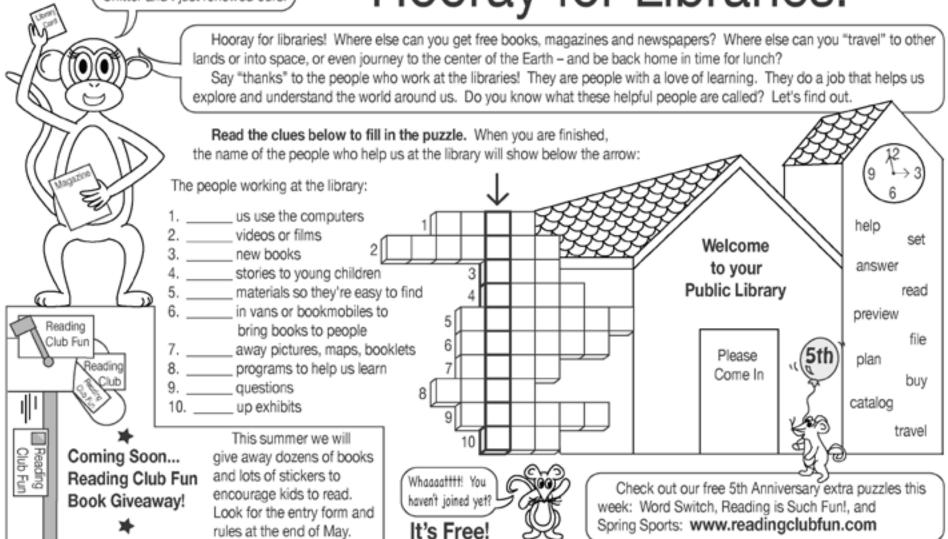


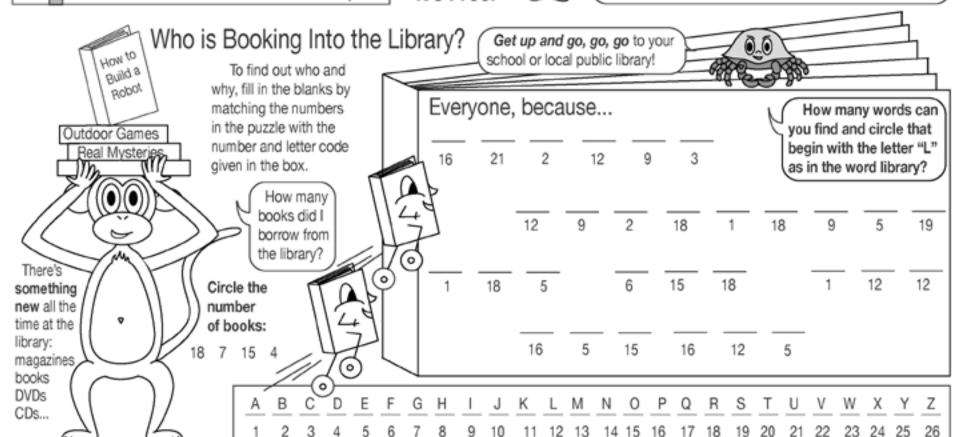
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ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00067518-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: SARAH B. SEATON ON BEHALF OF ISABELLA CONSTANCE BROWN FOR CHANGE OF NAME PETITIONER: SARAH SEATON ON BEHALF OF ISABELLA CONSTANCE BROWN HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

ISABELLA CONSTANCE BROWN TO: ISABELLA CONSTANCE SEATON-BROWN

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department E-14, on JUNE 23, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON MAY 04, 2010.

> Fast County Gazette - GIF030790 5/13, 5/20, 5/27, 6/03, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011452

FICTITIOUS BUSINESS NAME(S): LJK Realty 1 Located at: 1603 Hacienda Dr., El Cajon

This business is conducted by: A Limited

Partnership The first day of business was: November

This business is hereby registered by the

following: LJK Realty 1 A California Limited Partnership 1603 Hacienda Dr., El Cajon,

This statement was filed with Recorder County Clerk of San Diego County on April 23, 2010.

Fast County Gazette- GIF030790 5/06. 5/13. 5/20. 5/27. 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2010-00067620-CU-PT-EC

IN THE MATTER OF THE APPLICATION OF JANICE DESHAWN LOPEZ FOR CHANGE OF NAME PETITIONER: JANICE DESHAWN LOPEZ HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

JANICE DESHAWN LOPEZ TO: JANICE DESHAWN GARCIA

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020 Department 15, on JULY 19, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MAY 06, 2010.

East County Gazette - GIE030790 5/13, 5/20, 5/27, 6/03, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012469

FICTITIOUS BUSINESS NAME(S): Hawk's

Located at: 2566 Descanso Lane, El Caion, CA 92021

This business is conducted by: Husband and Wife

The business has not yet started. This business is hereby registered by the following: Debra Stanfill 2566 Descanso Lane, El Cajon, CA 92021 Monte Stanfill 2566 Descanso Lane, El

Cajon, CA 92021 This statement was filed with Recorder/

County Clerk of San Diego County on May

Fast County Gazette- GIF030790 5/13, 5/20, 5/27, 6/03, 2010



NOTICE OF PUBLIC HEARING FOR PROPOSED ZONE RECLASSIFICATION. **PLANNED UNIT DEVELOPMENT &** TENTATIVE SUBDIVISION MAP

The El Cajon City Council will hold a public hearing at 7:00 p.m., Tuesday, May 25, 2010 in Council Chambers, 200 Civic Center Way, El

ZONE RECLASSIFICATION NO. 2302, PLANNED UNIT DEVELOPMENT NO. 339 AND TENTATIVE SUBDIVISION MAP NO. 653, as submitted by Juan Pinto, requesting to rezone property from the Residential One-Family (R-1-6) zone to the Residential Two-Family (R-2) zone; a planned unit development for a 15-unit common interest residential development and a map for 16 lots for residential purposes. The properties are located on the east side of South Lincoln Avenue between Lynn Place and East Washington Avenue, and are addressed

619-623 Lincoln Avenue.

On April 26, 2010, the Planning Commission adopted Resolution Nos. 10610, 10611 and 10612, recommending City Council approval of Zone Reclassification No. 2302, Planned Unit Development No. 339 and Tentative Subdivision Map No. 653, respectively, subject to conditions. If you have any questions or wish any additional information about the project, please contact TONY SHUTE at (619) 441-1705 or via email at tshute@ci. el-caion ca us and reference "PUD 339" in the Subject line.

The City of El Cajon is endeavoring to be in total compliance with the Americans With Disabilities Act. If you require assistance or auxiliary aids in order to participate at the City Council meeting, please contact the City Clerk's office at (619) 441-1763 as far in advance of the meetings as possible

In case of a court challenge, you may be limited to those issues raised at the public hearing, or in written correspondence delivered to the City Clerk at, or prior to the Public Hearings described in this notice.

Due to construction of the City of El Cajon's Public Safety Center, parking for Council Chambers is available on Lot #2, which is on the north side of Rea Avenue. Kathie J. Rutledge

(619) 441-1763 City of El Cajon Planning Division Fax: (619) 441-1743 Ph: (619) 441-1741

East County Gazette- GIE030790 05/13/10 NOTICE OF PETITION TO

ADMINISTER ESTATE OF RILEY

2010-00151342-PR-PW-CTL To

all heirs, beneficiaries, creditors,

contingent creditors, and persons

who may be otherwise interested

in the will or estate, or both of

RILEY J. LIVELY. A PÉTITION FOR

PROBATE has been filed by ONIE

O. LIVELY AND JOHN S. LIVELY in

the Superior Court of California,

County of San Diego. THE PETITION FOR PROBATE requests

that ONIE O. LIVELY AND JOHN S.

LIVELY be appointed as personal

representative to administer the estate of the decedent.

THE PETITION requests the

decedent's will and codicils, if

any, be admitted to probate.

The will and any codicils are

available for examination in

the file kept by the court. THE PETITION requests authority to

administer the estate under the Independent Administration of

Estates Act. (This authority will

allow the personal representative

to take many actions without obtaining court approval. Before

taking certain very important actions, however, the personal

representative will be required to

give notice to interested persons

unless they have waived notice

or consented to the proposed

action.) The independent

administration authority will be

granted unless an interested

person files an objection to the petition and shows good cause

why the court should not grant

the authority. A HEARING ON THE PETITION WILL BE HELD

IN THIS COURT AS FOLLOWS: JUNE 10, 2010 AT 9:00 A.M. IN DEPT. PC-1 LOCATED AT 1409

FOURTH AVE., SAN DIEGO, CA 92101 CENTRAL BRANCH. IF YOU

OBJECT to the granting of the

petition, you should appear at the

hearing and state your objections

or file written objections with the

court before the hearing. Your

appearance may be in person or by your attorney. IF YOU ARE

A CREDITOR or a contingent creditor of the deceased, you

must file your claim with the court

and mail a copy to the personal

representative appointed by the court within four months from the

date of first issuance of letters as

provided in Probate Code section 9100. The time for filing claims

will not expire before four months

from the hearing date noticed above. YOU MAY EXAMINE the

file kept by the court. If you

are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of

àn inventory and appraisal of

estate assets or of any petition

or account as provided in Probate Code section 1250. A Request for

Special Notice form is available from the court clerk. Attorney

for Petitioner: MARK D. BOYER

3111 CAMINO DEL RIO N. #1004,

San Diego, CA 92108 (619)

TO PLACE YOUR

LEGAL AD CALL

(619) **444-5774**

EAST COUNTY GAZETTE

-GIE030790 May 13, 20, 27, 2010

LIVELY CASE NUMBER: 37-



CITY OF EL CAJON NOTICE OF AVAILABILITY FOR PUBLIC REVIEW **Draft Analysis of Impediments to** Fair Housing Choice

The draft FY2010-2015 Analysis of Impediments to Fair Housing Choice (AI) is available for a 30-day public review and comment period from April 29, 2010 through May 28, 2010. The draft Al was prepared as a regional analysis with all San Diego County jurisdictions participating. The Al will be for a five-year period from July 1, 2010 through June 30, 2015.

The Al presents a demographic profile of San Diego County, assesses the extent of housing needs among specific income groups, and evaluates the availability of a range of housing choices for residents. The Alialso analyzes the conditions in the private market and public sector that may limit the range of housing choices or impede a person's access to housing. While the Al accesses the nature and extent of housing discrimination, the focus is on identifying impediments that prevent equal housing access and developing solutions to mitigate or remove such impediments.

The draft FY2010-15 Al is available for review at the Downtown El Cajon Library, the City's Redevelopment and Housing ent located at City Hall during regula business hours and on the City's website at

www.ci.el-caion.ca.us. On the Citv's website home page, the draft AI can be found under "Housing Information", then "Draft FY2010-15 Analysis of Impediments to Fair Housing Choice".

you have comments on the draft FY2010-15 Al, please submit them to Xavier Velasco, Senior Management Analyst, by e-mail at xvelasco@ci.el-caion.ca.us: or by mail to City of El Cajon, Redevelopment and Housing, 200 Civic Center Way, El Cajon, CA 92020. If you should have any questions or wish addit information, please call (619) 441-1786. East County Gazette

04/29. 5/13/10

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010082

FICTITIOUS BUSINESS NAME(S): White Mountain Construction Located at: 202 South Ivory Ave., El Caion

This business is conducted by: An Individual The first day of business was: May 20, 1994

This business is hereby registered by the William R. Piper 202 South Ivory Ave., El

Cajon, CA 92019

This statement was filed with Recorder/ County Clerk of San Diego County on April 12, 2010.

East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011857

FICTITIOUS BUSINESS NAME(S): TriStar Property Management ed at: 1651 E. Main St. #200, El Cajon,

CA 92021 This business is conducted by: A

Corporation

The business has not yet started This business is hereby registered by the following:

San Diego Realty & Appraisal Inc. 1238 Pepper Drive, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 27, 2010.

East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012518

FICTITIOUS BUSINESS NAME(S): New Located at: 8715 Rhodes Ct., Santee, CA

92071 This business is conducted by: An

Individual The business has not yet started.

This business is hereby registered by the following: Joseph P. Balestreri III 8715 Rhodes Ct., Santee, CA 92071 This statement was filed with Recorder County Clerk of San Diego County on May 04 2010

East County Gazette- GIE030790 5/13, 5/20, 5/27, 6/03, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012807

FICTITIOUS BUSINESS NAME(S): MANTRAP BEAUTY SALON

Located at: 783 Arnele, EL Caion, CA 92020 This business is conducted by: An Individua The first day of business was: July 2, 2005 This business is hereby registered by the following: Yen Thi Mai 10817 El Nopal, Santee, CA 92071

This statement was filed with Recorder County Clerk of San Diego County on May 06, 2010.

East County Gazette- GIE030790 5/13, 5/20, 5/27, 6/03, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010706

FICTITIOUS BUSINESS NAME(S): Freete Located at: 415 Parkway Plaza 9001, EL Cajon, CA 92020

This business is conducted by: An Individual The first day of business was: April 1, 2010 This business is hereby registered by the following: 1. Paul Woo 10434 Scrip Poway Parkway 113, San Diego, CA 92131 This statement was filed with Recorder County Clerk of San Diego County on April 16 2010

> East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009347

a.) Ho'onani Creations b.) Party Dog Productions

Located at: 5620 Lake Murray Blvd. #B, La Mesa, CA 91942 This business is conducted by: An Individual

The business has not yet starte This business is hereby registered by the following: 1. Susan K. N. Kealoha 1398 Villa View Lane #A, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April

> East County Gazette- GIE030790 4/22, 4/29, 5/06, 5/13, 2010

NOTICE OF PROPOSED AMENDMENT OF EL CAJON MUNICIPAL CODE RE: TITLE 17 (ZONING ORDINANCE AMENDMENT NO. 415)

City Clerk

NOTICE IS HEREBY GIVEN that at 7:00 p.m., Tuesday, May 25, 2010, the El Cajon City Council will hold a public hearing in the City Council Chambers. 200 Civic Center Way, El Cajon, CA, to consider: AMENDMENT OF EL CAJON MUNICIPAL CODE RE: TITLE 17 (20NING ORDINANCE AMENDMENT NO. 415). This is a City-initiated proposal to amend Title 17 of the El Cajon Municipal Code for the purpose of updating the zoning ordinance, including bringing it consistent with State laws, codifying legal findings, streamlining development review processes, cleaning up working classifications, eliminating duplication, and reducing staff costs in its implementation. Also included in this update is a proposal to reclassify the zoning on properties within the City consistent with the new replacement zoning designation titles.

On May 10, 2010, the Planning Commission adopted Resolution No. 10613. recommending City Council approval of Zoning Ordinance Amendment

Any person interested in the above item may appear and speak before the City Council. If you challenge this matter in court, you may be limited to raising only those issues that you or someone else raised at the public hearing, or in written correspondence delivered to the Planning Commission or City Council, at, or prior to, the public hearings.

If you have any questions, or wish any additional information, please contact MELISSA AYRES at (619) 441-1700 or via email at mayres@ci el-cajon ca.us and reference "AM ZO 415" in the Subject line.



- LEGAL NOTICES -

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-011071
FICTITIOUS BUSINESS NAME(S): a.) All Star Demolition b.) All Star Demolition Inc. c.) Allstar Demolition Inc. d.) Allstar Demolition Inc. d. Jamul CA 91935

This business is conducted by: A

Corporation
The first day of business was: March 23,

This business is hereby registered by the following: 1. AllStar Demolition Inc. 15585 Skyline Truck Trail #3, Jamul, CA 91935 This statement was filed with Recorder/ County Clerk of San Diego County on April

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010793

FICTITIOUS BUSINESS NAME(S): Campus Dental Group
Located at: 6244 El Cajon Blvd. #14, San

Diego, CA 92115
This business is conducted by: Joint Venture The first day of business was: August 1,

1997 This business is hereby registered by the following: 1. Dan Dobbs, DMD 3999 Crown Tollowing: 1. Dan Dobbs, DMD 3999 Crown
Point Dr. #31, San Diego, CA 92109; 2. Tom
Waddell, DDS 8382 Morning Mist Ct., San
Diego, CA 92119; 3. Mordecai Lightman,
DDS 5256 College Gardens Court, San
Diego, CA 92115
This statement was filed with Recorder/
Courty Clark of San Diego Courty on April

County Clerk of San Diego County on April

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010868

FICTITIOUS BUSINESS NAME(S): East County Magazine Located at: 1235 Shafter St., San Diego,

CA 92106

This business is conducted by: A Corporation

The first day of business was: October 18, This business is hereby registered by the

following: 1. Heartland Coalition 1235 Shafter St., San Diego, CA 92106 This statement was filed with Recorder County Clerk of San Diego County on April

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010544 FICTITIOUS BUSINESS NAME(S): Clean

& Clear Pools Located at: 5060 Corte Playa Catalina, San Diego, CA 92124

This business is conducted by: An Individual The first day of business was: April 15, 2010 This business is hereby registered by the following: 1. Christopher Norwood 5060 Corte Playa Catalina, San Diego, CA 92124 This statement was filed with Recorder/ County Clerk of San Diego County on April 15, 2010.

East County Gazette- GIE030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012458

FICTITIOUS BUSINESS NAME(S): Mantrop Real Estate Services

Located at: 4155 West Point Loma Blvd. #206. San Diego. CA 92110

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the

following: Marielouise Mantrop 4155 West Point Loma Blvd. #206, San Diego, CA 92110

This statement was filed with Recorder County Clerk of San Diego County on May 03 2010

East County Gazette- GIE030790

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011813

FICTITIOUS BUSINESS NAME(S): Koa Photography

Located at: 8227 Limon Lane, El Cajon,

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the

Kelly Elizabeth Smith 8227 Limon Lane. El Cajon, CA 92021

This statement was filed with Recorder/ County Clerk of San Diego County on April

East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00067176-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: DARI A GIANGREGORIO ON BEHALF OF MINOR GIANNA MARIE GIANGREGORIO FOR CHANGE OF NAME PETITIONER: DARI A GIANGREGORIO ON BEHALE OF MINOR GIANNA MARIE GIANGREGORIO HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

GIANNA MARIE GIANGREGORIO

TO: GIANNA MARIE PARE
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 15, on JUNE 21, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without

a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON East County Gazette - GIE030790

4/29, 5/06, 5/13, 5/20, 2010 FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010129

FICTITIOUS BUSINESS NAME(S): The Gamers Tavern Located at: 5255 Linda Vista Rd., San Diego,

CA 92110 This business is conducted by: A General

Partnership The business has not yet started

This business is hereby registered by the following: 1. Alfredo B. Aflleje 173 Gary Circle, Valleio, CA 94591: 2. Danny Aflleie 552 Richfield Ave., El Cajon, CA 92020; 3. Jenelyn Ceiso 209 South Siena Street, San Diego, CA 92114

This statement was filed with Recorder/ County Clerk of San Diego County on April 12, 2010.

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-010276
FICTITIOUS BUSINESS NAME(S): a.) Lion's Share Marketing b.) Lion's Share Records Located at: 8649 Lake Murray #9, San Diego, CA 92119

This business is conducted by: An Individual

This business is hereby registered by the following: 1. Leo P. Robinson 8649 Lake Murray #9, San Diego, CA 92119 This statement was filed with Recorder/ County Clerk of San Diego County on April 13, 2010.

East County Gazette- GIE030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009704 FICTITIOUS BUSINESS NAME(S): a.) DMV

Solutions b.) Le Plume Located at: 10763 Woodside Ave. Suite B. Santee, CA 92071

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Marion Kim Thornley Galvin

8328 Mono Lake Drive, San Diego, CA 92119 This statement was filed with Recorder County Clerk of San Diego County on April 07. 2010.

East County Gazette- GIE030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012143

FICTITIOUS BUSINESS NAME(S): Always

Located at: 1713 Pepper Drive, El Cajon, CA 92021 This business is conducted by: An Individual

The business is bereby registered by the following: Ashley Weitzel 1713 Pepper Drive, El Cajon, CA 92021 This statement was filed with Recorder/

County Clerk of San Diego County on April East County Gazette- GIE030790 5/06. 5/13. 5/20. 5/27. 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2010-00089883-CU-PT-CTL

IN THE MATTER OF THE APPLICATION OF: BENITA BHARAT MEHTA FOR CHANGE OF NAME PETITIONER: BENITA BHARAT MEHTA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
BENITA BHARAT MEHTA

TO: BENITA JAYMIN PATEL

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BROADWAY, SAN DIEGO, CA 92101. Department D-25, on MAY 25, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes cribed above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 13, 2010.

East County Gazette - GIE030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010764

FICTITIOUS BUSINESS NAME(S): Essence of Therapeutic Massage Located at: 1237 Manor Dr., El Cajon, CA

This business is conducted by: An Individual The first day of business was: August 13, 2002

This business is hereby registered by the following: 1. Carol C. Foster 1237 Manor

Dr., El Cajon, CA 92021 This statement was filed with Recorder/ County Clerk of San Diego County on April 19. 2010.

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-010855
FICTITIOUS BUSINESS NAME(S): San Diego Ride Concepts Located at: 8426 Pueblo Road, Lakeside

This business is conducted by: Husband

and Wife
The business has not yet started This business is hereby registered by the following: 1. Ronald Horstman 8426 Pueblo Road, Lakeside, CA 92040; 2. Lori Horstman 7233 Stanford Ave., La Mesa, CA 91942

This statement was filed with Recorder/ County Clerk of San Diego County on April 19, 2010.

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00066632-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: RAAD IBRAHIM FOR CHANGE OF NAME PETITIONER: RAAD IBRAHIM HAS FILED FOR AN ORDER TO CHANGE NAME

RAAD IBRAHIM TO: RAY IBRAHIM

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on MAY 26, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE

CLERK OF THE SUPERIOR COURT ON MARCH 25, 2010.

East County Gazette - GIE030790

4/22 4/29 5/06 5/13 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010517 FICTITIOUS BUSINESS NAME(S): Panda

Located at: 907 Broadway, El Cajon, CA

This business is conducted by: A Corporation

The business has not yet started. This business is hereby registered by the following: 1. GSST, INC. 907 Broadway, El Cajon, ČA 92021

This statement was filed with Recorder, County Clerk of San Diego County on April 15, 2010.

East County Gazette- GIE030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011332 FICTITIOUS BUSINESS NAME(S): a.) OJN

Productions b.) CB Training c.) Event Fire Safety Consulting
Located at: 16205 Wikiup Rd., Ramona,

CA 92065 This business is conducted by: An Individual The first day of business was: February 1 2010

This business is hereby registered by the following: 1. Conley M. Broome 16205 Wikiup Rd.. Ramona, CA 92065 This statement was filed with Recorder/
County Clerk of San Diego County on April 22, 2010.

East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011530 FICTITIOUS BUSINESS NAME(S): Twelve

Located at: 1730 Alta Vista Way, San Diego

This business is conducted by: A Limited

Liability Company
The business has not yet started.
This business is hereby registered by the following: 1. Marie Fox LLC 1730 Alta Vista Way, San Diego, CA 92109
This statement was filed with Recorder

County Clerk of San Diego County on April 23, 2010. East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011890 FICTITIOUS BUSINESS NAME(S): a.) VIVA

Mobile/Manufactured Homes b) VIVA Located at: 1143 E. Main St., El Cajon, CA 92021

This business is conducted by: A Corporation

The first day of business was: August 2, 2002

This business is hereby registered by the following: 1. VIVA Mobile Manufactured Homes Inc. 1143 E. Main St., El Cajon, This statement was filed with Recorder.

County Clerk of San Diego County on April 27, 2010. East County Gazette- GIE030790 4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012134

FICTITIOUS BUSINESS NAME(S): H&F Located at: 415 National City Blvd., National

City, CA 91950 This business is conducted by: A

Corporation The first day of business was: June 1, 2008 This business is hereby registered by the following: H&P Auto Inc. 415 National City Blvd., National City, CA 91950 This statement was filed with Recorder

County Clerk of San Diego County on April 29, 2010. Fast County Gazette- GIF030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009551

FICTITIOUS BUSINESS NAME(S): 4 Directions Roadside Service Located at: 5476 Kiowa Dr. #17, La Mesa CA 91942

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Franklin Pease 5476 Kiowa Dr. #17 La Mesa CA 91942 This statement was filed with Recorder

County Clerk of San Diego County on April

06, 2010.

Fast County Gazette- GIF030790 5/06, 5/13, 5/20, 5/27, 2010

Dear Dr. Luauna



Just found out my 15 year old daughter is pregnant. Everyone has been advising me to take her to have an abortion. This decision hurts my heart deeply because I cannot imagine taking an innocent life when my daughter made a mistake. What should I do?

Signed, Heart Sick

Dear Heart Sick,

Our society thinks nothing of abor-

tion as the solution to an inconvenient pregnancy, yet you are right, an innocent life is in the balance. Unfortunately, the abortion clinics and their supporters are deceiving our teens to think abortion is just a "procedure," instead of murder and the baby is just a "fetus."

Teenagers are lining up for abortions, because "safe sex" counseling is ineffective. Young women are told they have a right to "choice", yet the choice should be made in the bedroom not the abortion clinic. I do not have room in this column to describe the horrors of the abortion clinic, they are very real.

You should not take your daughter to have an abortion, you will be saving her from another horrible mistake she will have to live with the rest of her life; the guilt and shame of taking an innocent life. Not only will there be physical damage. these young girls are subjected to emotional and psychological damage as well. You should take your daughter to a Christian Pregnancy Care Clinic where she will hear the truth about her pregnancy, find out what the Bible says about abortion and counselors will pray with her. She will hear the truth, not just propaganda.

What does the Bible say about this subject? In Exodus 23:7, it says do not kill the innocent. So many couples who cannot have children would love to adopt a baby. Your instincts are right, please bring your daughter to church, I have worked with many young women in her situation. God loves her and the little baby growing inside! Be strong, I'll be praying for you!

> Send: questions@drluauna.com www.atouchfromabove.org

Join us for Church Services

A Touch From Above Int'l Christian Church San Diego Concourse / Civic Center 202 C Street, San Diego, CA 92101 Sundays at 10:30 a.m.

A Touch From Above -Prayer Mountain 16145 Hwy 67, Ramona, CA 92065 Tuesdays 7:00 p.m. Men Only -Peter H. Zindler Wednesdays 7:00 p.m. Fridays 7:00 p.m.

Dr. Luauna's Television Program

San Diego County, Cox Cable Channel 18 & 23 Tuesdays at 9 p.m. Channel 19 Time Warner, Wednesday at 5 p.m.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2010-005669 FILE NO. 2010-010516

The following person(s) has/have abandoned the use of the fictitious business name: Panda Rice

The Fictitious Business Name Statement was filed on February 26, 2010, in the County of San Diego. Panda Rice 907 Broadway, El Cajon, CA

This business was conducted by:

1. Matt Nguyen 907 Broadway, El Cajon, CA 92021 THIS STATEMENT WAS FILED WITH THE

92021

COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON April 15, 2010 East County Gazette GIE 030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010471 FICTITIOUS BUSINESS NAME(S): a.)

Creative Property Management b.) CPM c.)Creative Real Estate d.) CRC Realty e.) Creative Realty
Located at: 8250 La Mesa Blvd. #300, La Mesa, CA 91942

This business is conducted by: A The first day of business was: February

20. 2001 This business is hereby registered by the following: 1. Creative Real Estate
Consultants, Inc. 8250 La Mesa Blvd. #300, La Mesa. CA 91942

This statement was filed with Recorder/ County Clerk of San Diego County on April 14, 2010.

East County Gazette- GIE030790 4/22, 4/29, 5/06, 5/13, 2010

MORE LEGALS ON PAGE 22

MOTORASPORTS

Cajon Classic Cruise to begin June 30

he 2010 Cajon Classic Cruise, Southern California's largest weekly classic car show, will commence on Wednesday, June 30, from 5 to 8 p.m. on Main Street in the heart of historic Downtown El Cajon. Street closures will be in effect downtown for this opening night of the season. Admission is free to the car show, featuring more than 500 classic, custom and hot rod cars and motorcycles in a street fes-

tival setting every Wednesday evening through September 29. The following Classic Cruise night will be July 7 with the theme Stars & Stripes!

The Cajon Classic Cruise takes place on East Main Street at Prescott Promenade, just east of Main Street and Magnolia Avenue. Stroll El Cajon's downtown district while enjoying the cars, the action, restaurants, street vendors, food,

DJs, and live entertainment in a vibrant small town atmosphere. Presented by Sycuan Casino and the El Cajon Community Development Corporation, the Cajon Classic Cruise offers new attractions each week, including awards for the top cars, parades, special salutes, and variety themed events, like Thunder on Main, National Night Out, and many more. Cajon Classic Cruise will also feature special entertainment,

raffles, and much more - don't miss a single week! Two special post-season car shows will be held, including the Halloween Trunk or Treat show on October 27, and the Parade of Lights Holiday show on December 8

For more information, and to see the complete line-up for the Classic Cruise, visit www.downtownelcajon.com, or call (619) 401-8858.



The East County Gazette will once again be the official newspaper for the Cajon Classic Cruise. We will have all the winning vehicles in full color each week. Again, we will also have a booth set-up on Main Street near Mangia Bene's Italian Restaurant and the Promenade with newspapers, give-aways and prizes. Hope to see you June 30 at the opening day of Cajon Cruise Classic. Pictured above is Brent Norman handing out Gazettes at a previous year's car show.

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Aging

ospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'

Three old guys are out walking.

First one says, 'Windy, isn't it?'

Second one says, 'No, it's Thursday!'

Third one says, 'So am I. Let's go get a beer.'

Have a funny "clean" joke you'd like to share? Send to: jokes@ecgazette.com.

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MOTOR AND SPORT

Aviator to show her pride and joy at Gillespie Air Show

by Diana Saenger

ursuing a dream often means having as much patience as volcanoes spew ash. No one knows this any more than Aviator Grace McGuire. The Gazette covered her arrival at Gillespie Field last September along with her plane Muriel, a Lockheed Electra L -10E. She's an exact replica

Bumper-To-Bumper with Dave Stall

Dave: I went to my dealership for a few problems with my car, but I didn't get any paperwork for the work that was done. I dropped off my vehicle before the dealership opened, dropped the key what needed to be done in an envelope. I picked the car up after hours, and the receptionist on the phone said there was no charge. I asked where the paperwork was and she said call back the next day and asked the service advisor. The car was repaired correctly, but I want to know how important is it to have a copy of the repair order? – Darin.

Darin: You need to speak to the service manager and have him generate a repair order that shows your list of complaints and corrections so you have it for your records. If a technician got paid to fix your car, there was a repair order written. If the repairs were minor you should still have a repair order to help keep your records straight.

Dave: I took the hubcaps off my car and noticed that the front wheels have a small cap in the center of the wheel. But only one side had this cap. I looked close and saw a pin and a little grease and flat washer but on the other side there was a dented cap. So how important is that cap? Why isn't there one on the rear wheels and what is behind the cap? If I decide not to put a cap on the wheel will the hubcaps do the same job as the little cap? - Jason.

Jason: The cap is a dust cap, and behind that cap is a set of wheel bearings that your wheel hub rides on. It must stay clean and dry so the wheel bearings do not get rusted and you end up paying for a new hub and bearing set. That pin and flat washer is there to hold the bearing set in place. No the hubcap does not do the same protection the cap does. They are not that expensive and are easy to install.

her historic flight where she and navigator Fred Noonan disappeared before completing the flight.

McGuire intended to recreate the flight in the 1980s, but she acquired Lyme disease which set her back nearly a decade. Setbacks only seem to instill McGuire with more determination. On any one day her hangar can be wall to wall with parts on the floor and the next it looks like it's ready for a military inspection.

"It has to be done mostly by me," McGuire said. "It's my life that will be on the line when I'm piloting her on the trip, so I'm the one to make sure every nut and bolt is in working order and the right place. The engines have been rebuilt and certified by an outside source. and I'll have an aeronautics mechanic make sure the wiring and VHF radio is in working order."

Frankie Clemens, a member of the San Diego Chapter of the Ninety-Nines (an organization started by Amelia Earhart) the International Organization of Women Pilots, calls McGuire – also a Ninety-Nines member - a genius.

"She is so true and so dedicated to her work, and we are lucky to have her in San

is an extraordinary piece of history that Grace found and is restoring. It's a joy for us to have her in town.

News of McGuire's plans are jetting through the aviation world. Her Electra L - 10A, purchased by Pratt and Whitney years ago to be used for training McGuire in her attempt to recreate Earhart's intended around the world flight, is on loan at the New England Air Museum - http://www.neam. org/visit/visit.asp . This past week McGuire was a guest on the warbirdradio show where excited aviator fans phoned in

Peter Drinkwater, Director of Airports for County of San Diego Department of Public Works Airports, is among many local supporters of McGuire's efforts. "Muriel, the 1935 Lockheed Electra L-10E, being on display at Wings Over Gillespie serves as an inspiration to modern day aviation adventure," Drinkwater said. "Grace's plans to retrace the original Amelia Earhart flight route in the original tupe aircraft connects historical aviation events to modern day aviation adventure!'

McGuire has several milestones to complete before heading out for her estimated three and a half month flight

with questions.

Grace McGuire is interviewed by Joe Solazzo, CTN producer. Photo credit: Kathy Foster

around the world. There's an expedition to where she believes Amelia crashed and flight plans to ready. At the moment McGuire spends 12 hours a day or more to ready Muriel for the Wings Over Gillespie Air Show June 4, 5, 6.

"She's looking more beautiful everyday," McGuire said. "I'm excited to get her wings on and out on that runway and let aviation fans have a good look at her.'

For more information about the airshow visit http://www. wingsovergillespie.org/



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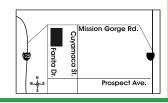
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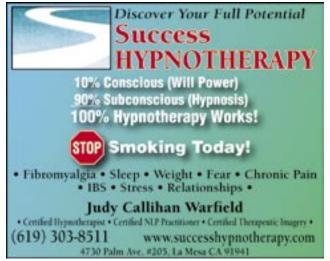


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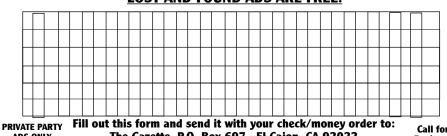
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LEGAL **NOTICES**

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO.37-2010-00067646-CU-PT-EC

IN THE MATTER OF THE APPLICATION OF: WOLDEGABRIEL PAULOS GUTEMA FOR CHANGE OF NAME PETITIONER: WOLDEGABRIEL PAULOS GUTEMA HAS FILED FOR AN ORDER TO CHANGE NAME FROM: WOLDEGABRIEL PAULOS GUTEMA

TO: GABRIEL PAULOS GUTEMA THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 EAST MAIN ST., EL CAJON, CA 92020. Department 14, on JUNE 30, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MAY 7, 2010.

East County Gazette – GIE030790 5/13, 5/20, 5/27, 6/03, 2010

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Publishers: Debbie and Dave Norman Editor: Debbie Norman Office Manager: Briana Thomas Assistant Office Mgr. Brice Pedrin **Entertainment Editor: Diana Saenger** Photographers: Michael Black, Kathy Foster Writers: Patt Bixby, Diana Saenger, Michael Black,

Chuck Karazsia, Nan Arthur Cartoonists: David & Doreen Dotson, Michael Black, Thomas Ebert Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon) Advertising: Briana Thomas, Patt Bixby, Kathy Foster, Tom Schaefer

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Our Best Friends

ask a trainer How to prevent jumping

by Sarah Surritt, AKC CGC Evaluator, APDT Member

Dear Trainer,

Te are the proud new parents of a cute little 16 week old Labrador puppy. She's doing so well...except for the jumping! She loves to jump to say hi to everyone! It's cute now but I know she's going to get a lot bigger and I don't want her being a jumping dog. I also don't want my kids to get knocked over as she gets stronger. I push her off occasionally but she still seems to jump. What suggestions do you have that can help her become more successful? Sincerely, Jumping Around

Dear Jumping,

Congratulations on you new family member! Puppies have a lot to learn when brought into our world. Jumping is usually a behavior that's on our dog's list of things to do but not on

our list. The goal is to formulate your desirable behavior list early on when you acquire your dog so you can help teach, build and reinforce these right off the bat and slow down or eliminate attention given to the undesirable behaviors, i.e.: iumping.

Jumping is just that for most of us: undesirable. It's not a bad behavior, it's just dog behavior. Knowing that you want to eliminate this behavior will make training a lot easier on your pup as she grows to be a part of your life, but it will take clarity and consistency on vour part.

First, what is your dog trying to accomplish when she iumps!? Mostly....attention! It's fun for her right!? She surely is getting lots of reinforcement for it. Sometimes she might get squeaks and screams from your children which is like a game to her. Or, perhaps other

times she gets some fun pets and rough housing hugs as a result of jumping up on you. On occasion, as you said, you put hands on her to push her away which may be combined with verbal off cues or no cues. Even though in your mind it worked, the message your sending to the dog is interpreted as attention. All of the above interactions are reinforcing to her and if repeated often will work for what she's trying to obtain. It will be important to help teach your pup what it means to earn your attention calmly and to say hello.

The Three Cs will help you through the training process: Calmness, Clarity and Consistency. Remember, your puppy has received fun stuff by jumping and may not know what you want. So, what do you want? Try to think in terms of what you want out of your dog and train that. Get her to want to do what you want her to do! Make it fun for your dog and help her get it right each time versus focusing on the negative. It's more fun when people tell us we're doing a good job versus we messed up, right!?

Helping your dog learn how to relax and be calm is first and foremost. Pay attention to her nothing behaviors (i.e.: lying calmly on her bed, sitting quietly outside the kitchen) and reinforce them. Quietly walk past her and drop a treat on her bed or say good girl. Though you might really think of these as nothing behaviors they are exactly what you want to reinforce! Calm and quiet choices on her part! Some calm petting and massaging also helps to calm your puppy and teach her that hands coming at her don't always mean play! Teaching your puppy or dog to relax on a mat is another great way to build some foundation calmness.

It is important to be Clear with what you are training and reinforcing. Start giving her attention for four paws on the floor! Teach her all your attention is presented to her when she has four paws on the floor or offers any other desirable behaviors such as sit or settle. It will be essential to not present her with opportunities to jump. For example, bending down to her level to pet her would be ideal rather than coaxing her to jump up on you. For children, to reduce the likelihood of jumping up to get the treat, have them place treats on the floor instead of delivering them by hand. Not only will this help your puppy learn what works with your children but other people's children too! If she jumps on you unexpectedly practice taking away your attention both verbally and physically. Remember!...hands on your dog or verbals still give the dog a certain level of attention. These reactions aren't teaching her what you want since she has already jumped and been

reinforced for the jump. It's best to ignore the dog when she does jump to show her that behavior doesn't result in your attention. However, you also need to teach her what does work for your attention. Four paws on the floor is a lovely choice! You'll need to be consistent!

Consistency is the key. If you send mixed messages to your dog it will result in confusion for her. If you do the doggy dance with her one time and another time you insist on her not jumping, how is she to know what vou really want? That will result in her continuing to try it since it might work. It will be harder to move the unwanted behavior lower on her list of things to do. Keep your messages clear and

Remember, think Calm, Clearly and Consistently and you'll help your dog learn exactly what message you're trying to send. Keep it pawsitive!



Charming and handsome - that's Max! This goofy guy is a joy: energetic and playful, prances when he walks, and LOVES to play in water. Max is a 2 year old black Lab/Shepherd blend that weighs 65 pounds. He loves people and other dogs. Due to his high-energy and exuberance, we recommend no very young children. He takes treats gently, knows "sit" and "shake". He's very ready for continued obedience training. Max is in foster care through the FOCAS Rescue program: Friends of County AnimaL Shelters www.focas-sandiego.org To learn more or to arrange a meeting, call Kathy at 858.205.9974 His \$150 adoption fee includes neuter, microchip, license and vaccinations.

Shady is a 9-year-old Brown Lab mix. She is a mature girl with a vibrant spirit looking for a loving active home! Friendly, affectionate, and social are great words to describe Shady. She will enjoy long walks with her human and doggie companions. Her playfulness and youthfulness do not match her age. Shady will do well in a stable environment with a variety of homes with older children. Shady's adoption fee is \$50 and includes her spay, current vaccinations, permanent microchip identification, certificate for a free veterinary exam, and license for Oceanside and Vista residents! Jerry is available for adoption at the North Campus of the San Diego Humane Society: Humane Society: 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org Adoption Hours: Open daily 10 a.m. - 5 p.m.





Looking for a playful & athletic dog to spend time with? Consider Lila - a 2 year old Shepherd/Pit blend who weighs 47 pounds. Lila has a true "wiggle body" when she's excited - come see for yourself! Lila is at the County Animal Shelter at 5821 Sweetwater Rd. in Bonita. To learn more, call Kathy at 858.205.9974 or visit the FOCAS (Friends of County Animal Shelters) website www.focas-sandiego.org her \$69 adoption fee includes spay, microchip, license and vaccinations.

Jacqueline is a 4-year-old spayed female short hair. She has a beautiful name for a beautiful cat! Friendly and affectionate are two personality traits that Jacqueline exudes. You will know she is happy as she talks your ear off. Her inquisitive nature will be happy with an active home with lots of toys and other kitties. Jacqueline will do well with many types of families, including a home with children. Her adoption fee is \$75 and includes her spay, current vaccinations, free vet exam, and microchipping! Jacqueline is available for adoption at the Oceanside PetSmart at 3420 Marron Road through the San Diego Humane Society: Humane Society: 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org







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